

## The Process:

### *The Community Food Security Movement*

*Community food security is a condition in which all community residents obtain a safe, culturally acceptable, nutritionally adequate diet through a sustainable food system that maximizes community self-reliance and social justice.*

Community food security strives to link and integrate diverse fields, including community economic development, anti-hunger, social justice, local and sustainable agriculture, public health, nutrition, and environmentalism. Common goals of the throughout the movement include:

- Improving access to food for all people
- Eliminating hunger and food insecurity
- Locally supported agriculture and economic practices.
- Creating a more democratic food production and distribution system among local communities.
- Forming a more equitable and socially just food system
- Developing and environmentally sensitive food production and distribution system.
- Teaching following generations about food production, preparation, and how to connect food issues with other community concerns.
- Preserving and celebrating diverse cultures food.

Conventional "food security" programs focus on the individual or household level of need, mostly as food assistance and social welfare programs. Many focus on increasing the availability of locally, organically, or sustainably produced food. They also focus on political structure of food system controls and support.

#### Food system activities

- Production
- Processing
- Distribution
- Consumption
- Recycling of food system wastes

Promoting  
community  
food security

#### Community Development Objectives

- Preventing Hunger
- Enhancing Community health
- Strengthening local economy
- Revitalizing neighborhoods
- Conserving natural resources
- Developing just, equitable social processes and outcomes.
- Preserving cultural heritage

#### Strategies for community change

- Mobilizing the community (organizing, coalition-building, collaboration)
- Community education and awareness
- Policy and legal advocacy
- Program design and development
- Social services development

#### Community Food Assessment

#### Community & food system participants

- Individuals
- Nonprofit & community-based organizations & coalitions
- Public agencies
- Private firms