

► Autumn 2012

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Welcome to Communiversity — where learning never ends!

Enrich yourself (no tests, grades or papers) as you experience our noncredit, informal, fun classes.

We've got lots of variety – of locations, instructors and topics. Choose online or face-to-face options.

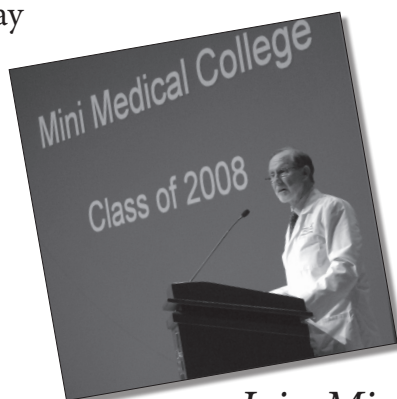
Enrolling is easy—just a quick phone call (513-556-6932) or a few mouse clicks away at www.uc.edu/ce/commu

Come, join us,

Donna Burns

Donna Burns

Director, Communiversity



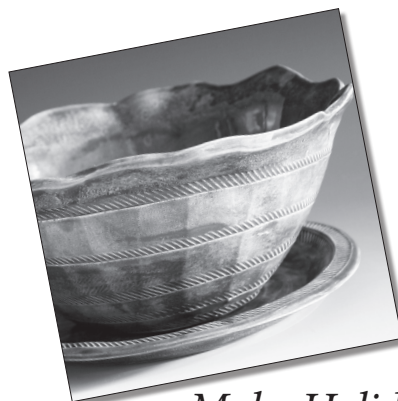
Join Mini Med!

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Work Your Body!



Make Holiday Gifts!

Arts and Handicrafts

Classes in antiques, art, bead jewelry, painting, pottery, stained glass



Create Oriental Paintings in a Weekend

Begin with the basics and end with beautiful paintings! Learn simple, quick strokes that can enhance your painting skills while learning the Oriental way of the brush. No drawing needed; you will produce paintings of flowers, animals or landscapes using brush strokes only. A great background for beginners, it will also boost brush handling skills of those who have painted before. Experience painting with unique brushes, ink and paper for a relaxing and creative weekend.

Jean Vance, MFA, MA, has that rare combination of being a talented artist and a gifted teacher. She has studied Oriental Brush Painting since 1982 as the demonstrating artist with the First Ohio Trade Fair in Wuhan, China.

- Sat. and Sun. 10 am-4 pm; Oct. 20 & 21; 2 days; \$124 (no discounts), plus \$20 lab fee payable to instructor first day to defray cost of special papers, paints and inks used in class, plus handouts. Purchase and bring one pad or roll of Oriental painting/calligraphy paper (also called Sumi paper), two or three brushes in a variety of sizes—specifically for Oriental painting, plus bring ink stone and stick of ink and/or bottle of ink; #3717-01

Location: UC Victory Pkwy Campus

Create a Pottery Planter and Saucer

Choose between Paperwhite Narcissus or Italian Large Leaf Basil to grow in the pottery planter that you make in this workshop. First you will hand-build a planter and saucer from clay. The piece will then be bisque-fired before the second class when you will decorate and glaze it. After a glaze-firing they are ready for you to pick-up. These make great holiday gifts.

Rick Hoffman has over 20 years of experience making pottery. He owns, runs, and teaches at Covington Clay - a pottery studio and gallery in Covington, KY.

- Sat., 10 am-12 pm; Oct. 27 & Nov. 17; 2 meetings; \$45 (no discounts), plus a \$20 materials, equipment and firing fee payable to the instructor at the first class; #3150-01

Location: Covington Clay, Covington KY

Jewelry Making with Megan

Megan Painter will guide you through the process of making professional-looking jewelry in her three classes which are held at the UC Victory Parkway Campus.

Bead Jewelry Making I

Fashion your own unique jewelry using a wide variety of sterling silver and glass beads. Learn basic beading and design techniques; use your new skills in class to fashion two pieces of jewelry (your choice between earrings, bracelet or 16" necklace, with \$1 per extra inch wanted).

- Wed., 7-9 pm; Sept. 26; \$19 (no discounts), plus \$20 supply fee payable to instructor in class (includes all supplies to complete the in-class projects); #3668-01

Wire Wrap Jewelry Making

Create a wire wrap linked bracelet and earrings (or a pendant if you'd rather) using head pins. Both pieces will incorporate anti-tarnish silver plated wire and glass beads. Learn to wrap, twist, and sculpt wire using simple tools and materials (you will not wrap beads or stones). After some practice, you can create your own unique jewelry to get the same effect you see in pieces in upscale boutiques.

- Wed., 7-9 pm; Oct. 3; \$19 (no discounts), plus \$20 supply fee payable to instructor in class (includes all supplies to complete the in-class projects); #3708-01

Earrings: Make and Take Away

Make and take away two finished earrings -one basic tear-drop set and one swirly design (hoop with swirls and beads). Also take away the techniques and skills to make great pieces on your own to wear, sell, or give as gifts, plus some resources for project ideas. Prereq: our Wire Wrap Jewelry Making class OR prior experience wire wrapping.

- Wed., 7-9 pm; Oct. 10; \$19 (no discounts), plus \$25 supply fee payable to instructor in class (includes all beads, anti-tarnish silver plated or copper wire—upgrade to sterling silver for \$10 more), clasps, and supplies to complete in-class projects); #3720-01

Frank Lloyd Wright: The Westcott House

Experience first-hand the timeless genius of Frank Lloyd Wright, the legendary architect who was the trailblazer of modern design. We shall visit the newly restored Westcott House in Springfield, Ohio. This 1908 masterpiece fully surrounds you in Wright's streamlining artistic principle which influenced (and still does) everything from dinner plates to skyscrapers. First, meet on UC's campus for an orientation which includes a film about the restoration of the Westcott House plus a primer about Frank Lloyd Wright. Then, we'll reconvene on Saturday at the Westcott House. After our tour there, we'll have lunch, then a walk along High Street (once known as "Millionaires Row") to compare the master's work to other houses that were built shortly before construction began on the Westcott House. The differences are astounding and really reveal the genius of the man from Oak Park, Illinois.

Frank Farmer Loomis IV is a fine arts appraiser, author, journalist, lecturer, and NPR talk show host.

• Sept. 12--class and orientation from 6:30-8:30 pm at UC's Victory Pkwy Campus; and Sat., Sept. 15 meet at 10:30 am at the Westcott House, Springfield OH. Field trip ends at 4 pm.; \$49 (no discounts), plus transportation, lunch and house admission expenses are on your own; #3124-01

Persian Carpet Weaving

A renowned expression of Persian culture and art, carpet weaving dates back to ancient times. We'll introduce you to Persian carpets, the weaving process and the tools used. Learn about two kinds of basic knots and various weaves. Then, pick your favorite - that's the one you'll learn on in class. You'll start out small—remember, those large carpets can take years to make! In class, you'll create a mini fringed carpet that will look beautiful as a table decoration or as a pad under your computer mouse (we'll let you use our tools in class to create your project).

Nakisa Azari holds an associate degree in Persian carpet weaving, Azaad University, Esfahan and a BA in handicraft and fine art, cultural heritage, Tehran University.

• Sun., 1-4 pm; Sept. 16-Nov. 18; 10 wks; \$179 (no discounts), plus \$50 materials fee for loom and threads payable to instructor at first class; #3143-01

Location: UC main campus

Plein-Air Landscape Painting

Plein-Air is a French expression meaning "in the open air." Experience the pleasure of painting, self-expression, and seeing the world in a new way as you meet at various locations and scenic parks around Cincinnati to learn to sketch and to paint with oils. Drawing on ideas of impressionism, you'll practice techniques needed to complete painted sketches, including basic composition, value, pattern, color spotting, and covering the canvas. Building on those skills, you will complete a larger landscape painting that captures the impression of light and color of the Cincinnati landscape. In case of rain, we'll meet indoors or in parks with overhead cover. Details and directions to the various locations will be given in class. No experience needed.

Richard Lushek studied classical painting under Boston painter Paul Ingbretson for three years after earning his BFA degree with UC's DAAP program. He is a working artist who maintains his own art studio.

• Sat., 10 am-1 pm; Sept. 15-Nov. 3; 8 wks; \$199 (no discounts), supplies are the student's responsibility. A list will be sent with your enrollment confirmation or see www.uc.edu/content/dam/uc/ce/docs/Commu/Classes/paintingsupplies.pdf; #3715-01

Location: First class meets at artist's studio in Eden Park; then at various parks thereafter

Simple Wisdom Art Dolls

Create a soft-body doll that really makes a statement! Your message is printed on the body and may be wise, inspirational or humorous—your choice. You'll design a pattern, cut and transfer to fabric, assemble and stuff the body, add hair and a face, and select a message or quote to add. Embellish with stamps, paints, ribbons, beads, shells, sequins, buttons, lace, silk flowers and more (bring some trimmings of your own if you'd like to use for yourself—or have fun sharing with others). Dolls are about a foot high, fun and easy to make. Display them as decorations or soft sculpture or give them as gifts - but be sure to keep one for yourself.

Natalie McKerrell, PhD holistic health sciences, loves to share her joy in making dolls with others.

• Sat., 10 am-1 pm; Nov. 10; \$33 (no discounts), plus \$15 materials fee payable to instructor at first class—includes fabric, thread, some embellishments, plus use of paints, markers, stamps. Please bring scissors; #3109-01

Location: Essex Studios (near Taft and I-71)

Join Communiversity on **facebook**.

Creating Glass Art with Mary Jane Riggi, stained glass artisan and instructor.

Location: 2214 West North Bend Rd. 45239

Lunch: Bring your own or order pizza with the group (for all day classes)

Fees & Supplies: You may use some studio tools in class; you may buy others from instructor. Call Mary Jane a few days in advance to discuss project ideas and tools. No discounts; supply fees are listed below and are payable to instructor in class.

Lead Panel Stained Glass

Using the old lead channel method (not copper foil), you'll create a panel (about 11 x 17") in one day - your choice of pattern and glass.

- Sat., 10 am-4 pm; Sept. 15; 1 day; \$75, plus anywhere from \$40-140 for materials and equipment (depending on the project you choose); #3677-01

Beginning Stained Glass

Learn the basics of building a Tiffany style panel with the copper foil method. Learn types of glass, cutting techniques, grinding, foiling, soldering and framing. Complete a panel of your choosing (average size 11" x 17").

- Sat., 10 am-4 pm; Oct. 6; 1 day; \$75, plus \$125-150 for materials and toolkit; #3500-01

Mosaics in an Afternoon

Make a mosaic tray, table top, panel or project of your choice with the direct mosaic method. Learn tips on glass selection, cutting, gluing and grouting. Bring your own item and add a mosaic design to it or choose items at the studio. If you've got some old cups or plates, bring them and a hammer to turn them into works of art.

- Sat., 10:30 am-4 pm; Sept. 29; 1 day; \$69, plus \$15-49 for supplies and equipment (depending on project you choose); 3711-01

Glass Fusing Primer

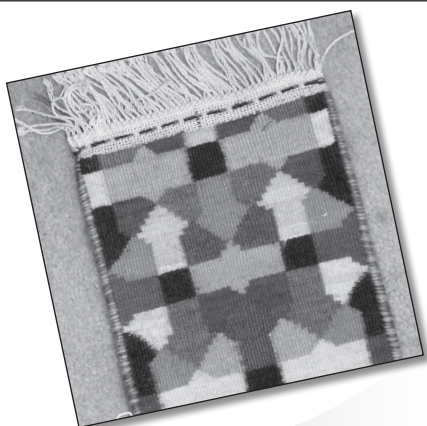
Focus on fundamentals of kiln forming and warm glass work as you create your own fused glass pieces, including decorative and functional items and jewelry. Techniques include glass cutting, setting up a kiln, shelf preparation, glass compatibility, annealing cycles and slumping. You'll prepare several pieces for firing; then return to the studio later to retrieve your fired pieces.

- Sat., 11 am-4 pm; Oct. 20; \$69, plus \$50-75 for tools and supplies; #3707-01

Wine Glasses: Paint, Etch and Embellish a Set

Create up to four wine glasses in class using etching cream and glass paints. Add wine charms from glass jewels and other embellishments for a unique look.

- Sat., 12-4 pm; Nov. 3; \$35, plus \$25 supply fee for glasses, charms, paints and etching cream; #3501-01

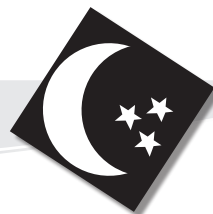


Weave a Mini Carpet!

Prospective Instructors

We welcome new class ideas and proposals.

If you'd like to be considered,
call Donna at 513-556-9197 or see
"Apply to Teach" at our web site.



Astronomy Classes at the COC are held atop Mt. Lookout (near Hyde Park) in one of our city's true treasures, where the views are great (and the parking is free)!

Behind the Scenes at the Observatory

Look to the heavens through the oldest continuously used telescope in the world; explore the depths of the 1873 observatory including its attic and basement; and learn why President Adams laid the building's original cornerstone in 1843. Hear the fascinating history of the founding of the observatory; investigate how the 19th century astronomers determined time for the city of Cincinnati; discover why the observatory was designated a National Historic Landmark; and find out what is in store for the future.

John Ventre is the historian with the Cincinnati Observatory Center.

- Mon., 7-9 pm; Oct. 22; \$18, #1207-01

Stargazing 101

Constellations change in the heavens from season to season. In this class you will study the imaginative figures we call constellations. Learn to use a planisphere to find any constellation at any given time and date. If the weather is clear, we will go outside to find many of the brighter constellations; and you will also have the option of looking through the observatory telescope.

Dean Regas is the outreach astronomer with the Cincinnati Observatory Center.

- Wed., 7-9 pm; Nov. 14; \$18, plus \$3 optional materials fee for star chart payable to instructor at class; #1209-01

Mysteries of the Universe

Why do some stars broadcast radio signals? Where do black holes come from? What is an X-ray galaxy? The more astronomers discover, the more strange and mysterious the Universe gets. This class reviews some of the current explanations for some of the most puzzling astronomical phenomena.

Terry Endres is a presenter with the Cincinnati Observatory Center and teaches astronomy at Cincinnati State.

- Mon., 7-9 pm; Oct. 1; \$18, #1201-01

Optics: Inside a Telescope

Looking through a telescope is always fun; but did you ever wonder how the darn thing works? How are magnification and focus achieved? Why is the view upside-down in an astronomical telescope, but upside-right in binoculars? And is bigger really better? We'll answer these questions and many more as we explore the inner workings of the "magic tube." Fun, visually dramatic experiments will make the mysteries of lenses and mirrors crystal clear, even for those who are not friendly with physics. We'll also peek inside a variety of working telescopes, and, weather permitting, view the heavens through some of them.

Leo Sack is the outreach educator with the Cincinnati Observatory Center.

- Tues., 7-9 pm; Oct. 30; \$18, #1225-01



*Space the
Final Frontier!*

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Business and Career

Classes in business analytics, job seeking, career selection, floral business, inventing, land lording, social media, voice acting



An Introduction to Voiceovers

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, "I could do that"? If so, then you could have what it takes to begin working as a professional voiceover artist. Current trends have made it easy and affordable for just about anyone to get involved. In this fun and empowering experience, you will learn about the different types of voiceovers and what tools are needed in order to find success in the industry. You will have the opportunity to get a taste of what it's like to be a voice actor as you perform a real voiceover script. You will be recorded so that you can receive professional voiceover evaluation later. Gain the knowledge to help you decide if this is something you'd like to pursue. Come ready to laugh, learn and be inspired.

Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.

Your choice of two different formats:

- One-on-One Live (1.5 hrs): arrange your personal session with your instructor at your mutual convenience—through our office; \$49 (no discounts), #1150-01

Location: Taught through IChat, Skype or over the phone - your choice

- Group Class (2-hrs): Mon., 6-8 pm; Sept. 17; \$39 (no discounts), #1140-01

Location: UC main campus

High Style Flower Arranging

Using store bought or home grown flowers and herbs, learn the basic principles of floral arranging and create beautiful centerpieces. In addition, discover ways to care and treat fresh cut flowers to maximize their use. You may apply class experience towards obtaining a job in the floral industry (the instructor has numerous contacts and leads) or simply use what you've learned in your own home or office decorating.

Peachy Seiden founded, owned, managed and operated Peachy's Blossoms, Inc. for 25 years.

- Sat., 2-4 pm; Oct. 6-Nov. 10; 6 wks; \$149 (no discounts), plus \$90 to cover entire cost of all greenery and fresh flowers for the series; it will be payable to your instructor at the first class. You create an arrangement each week and you get the materials at cost. Bring sharp scissors, vase or container (maybe something fun like a teapot or a watering can); #1145-01

Location: 7400 Montgomery Rd. (Silverton)

Business Analytics Boot Camp: A First Course in Data Mining

Following the deluge of data over the past few years, businesses are inundated and looking for qualified help. This course will give you the knowledge you need to get the edge in your current job or start your new career. You will learn how to find relationships in data, spot trends, find mistakes in reports and construct meaningful visualizations with charts and graphs. Our last session will show you how to find data analytics jobs. No prior experience necessary.

Rex Daisey, MBA, is a practicing director of analytics; drawing from over ten years of experience leading and mentoring analytics teams, he teaches from real life experience and is ready to coach you through the nuts and bolts of this exciting field.

- Tues., 6:15-8:15 pm; Sept. 18-Oct. 16; 5 wks; \$199 (no discounts), bring a laptop computer to every class since this will be hands-on and interactive; #1149-01

Location: UC Victory Parkway Campus

Landlord Fundamentals

Do you already own rental units or are thinking of becoming a landlord? Being a landlord is so much more than just collecting the rent. Those who are unaware of their responsibilities can find themselves with legal difficulties that create just the opposite situation from the income-producing project they imagined. Likewise, failure to properly select and manage tenants can turn a small side venture into a time-consuming nightmare. Focus on basic principles and strategies to guide you through your rental enterprise. Topics include: complying with responsibilities through federal, state (Ohio), and local laws; identifying ways to reduce liability, decrease evictions, and reduce crime and damage to rental units; implementing landlord rights; and operating rentals as an effective business.

Nancy Dashner is a landlord and trainer. As a rental property owner herself, she discovered that managing rentals was not an inherent ability; yet there was no manual to consult. Through practical experience, study, and much research, she developed her own unique and structured approach to "land lording" as a business.

- Sat., 9 am-2 pm; Oct. 13; \$59 (no discounts), #1102-01

Location: UC Victory Parkway Campus

So You Think You Want to Be a Wedding Planner

There's more to being a wedding planner than meets the eye. And if you're considering a career in this field, it's best to go into it with your eyes open! This introductory course will cover all the essentials you'll need to consider, from getting started in the business, creating a preliminary business plan, marketing ideas, client services, what's needed to stay on top of your business, plus steps to working with the client from beginning to completion.

Joyce C. Smith, MEd, is a master bridal consultant™ with the Association of Bridal Consultants (ABC). She travels internationally for ABC, teaching novice classes to those considering a career in bridal consulting.

• Thurs., 6-9 pm; Oct. 11 & 18; 2 mtgs; 6 hrs total \$129 (no discounts), includes all materials; #1119-01

Location: UC main campus

The Next Big Thing: From Idea to Market

So you have an idea for the next big thing...now what? Launching a new product or bringing an idea to market can be overwhelming. This class is designed to cover the basics of what every inventor should know, from idea development through commercialization. Topics will include: ways to protect your idea; understanding patents; packaging and staging your product; selling, licensing or starting your own company; plus an exploration of marketing venues. Join us and find the encouragement and motivation you need to get your idea off the ground.

Ryan McAleer, MBA, co-owner of Lean4Ward, Inc., specializes in creating training programs, inventor coaching and product design. He has been a product manager, associate brand manager, and marketing manager with several Fortune 500 companies.

• Mon., 6:30-8:30 pm; Sept. 24; \$29, #1118-01

Location: UC main campus

Social Media Classes are taught by *Nikki Means, MBA, is the CEO of Project Socialize, LLC. She has created strategies for successful social media programs while leveraging eight years of project and process management to ensure seamless implementation. All of Nikki's classes are held at the UC Victory Parkway Campus, near Eden Park.*

Social Media: Back to the Basics

New to social media? Don't know what Twitter is or find posting on Facebook and LinkedIn uncomfortable? Attend this class to learn about the most frequently used social media sites and how they are used professionally. Learn the differences between top social media platforms, plus do's and don'ts while online.

• Mon., 6:30-9 pm; Sept. 17; \$59 (no discounts), bring your laptop, smart phone, or tablet with WiFi capability; #1151-01

Social Media: Connect with Facebook & Twitter

Facebook and Twitter have become household names. Businesses encourage you to find and comment on their pages, your kids or younger sibs login daily, even the spellcheck function on your computer recognizes these social media site names. In this class you'll create your profile, add friends and followers, and learn about the new Timeline functionality. It's time to get connected!

• Mon., 6:30-9 pm; Oct. 8; \$59 (no discounts), bring your laptop or tablet with WiFi capability; #1153-01

Social Media: Establish Yourself on LinkedIn

LinkedIn is the world's largest professional networking site online. Recruiters actively use it to find new employees for open positions and business owners use it in to connect with peers and prospective clients. By not having a LinkedIn account and completed profile, you are hindering the growth of your professional network. Create your profile in class, add connections, and learn about LinkedIn's core functions.

• Mon., 6:30-9 pm; Oct. 1; \$59 (no discounts), bring your laptop or tablet with WiFi capability; #1152-01

Social Media: Networking & Job Searching in Action

Over 73 percent of companies now use social media for recruiting. We'll focus on four key areas - LinkedIn, Facebook, Twitter, and Blogs—with specific strategies for getting noticed. Learn to build your professional network online and enhance your job search. By strategically using social media tools, target companies, locate positions, connect with hiring managers and recruiters, and establish yourself as an expert in your industry. Pre-req: You must have a LinkedIn account, started your profile, and loaded your resume. Note: Enroll in our three other social media classes this term and take this class for only \$39. Call 513-556-6932 to enroll for this special offer.

• Mon., 6:30-9 pm; Oct. 15; \$59 (no discounts), bring your laptop, smartphone, or tablet with WiFi capability; #1154-01

Business & Career Online with UGotClass



Online Certificates and Courses

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Boost your organization's bottom line.*

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- 24/7 classroom access
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- Work at your own pace

See course details: content, outlines, objectives, outcomes, instructor bios, and how to enroll at www.yougotclass.org/catalog.cfm/Ucincinnati.

Questions? Just call 513-556-6932

CERTIFICATES

Take all courses in a category to earn a certificate (or just take individual courses that interest you). Fees vary (no discounts).

Business Coaching Certificate

Acquire skills to develop, implement, and support coaching and mentoring programs and see your employees' performance improve.

Two-month online course, \$295, begins Sept 4

Business Research Certificate

Learn to succeed in research, utilizing the best and most appropriate data for decision making. Find out how to communicate results for maximum impact. Comprised of 3 courses: Intro to Business Research; Business Statistics; and Qualitative Business Research; \$495, begins Sept 4

eMarketing Essentials Certificate

Relevant for any organization—including companies, non-profits, and government agencies.

- Improving Email Promotions (\$195, Sept 4)
- Boosting Your Web Site Traffic (\$195, Oct. 1)
- Online Advertising (\$195, Nov 5)

Three one-month online courses; take all three for just \$495 to earn certificate

Mobile Marketing Certificate

Find out about location-based marketing, mobile payments, QR codes, applications, and mobile coupons so that you may increase capabilities to retain current customers and gain new ones.

- Mobile Marketing (\$195, Sept 4)
- Creating Cell Phone Apps (\$245, Oct 1)
- Adv. Mobile Marketing (\$245, Nov 5)

Three one-month online courses; take all three for just \$595 to earn certificate

Social Media for Business Certificate

Communicate, market, and serve your customers:

- Intro to Social Media (\$195, Sept 4)
- Marketing with Social Media (\$195, Oct 1)
- Integrating SM in Your Org. (\$195, Nov 5)

Three one-month online courses; take all three for just \$495 to earn certificate

Supervisory & Leadership Certificate

Get practical and insightful methods for new and even experienced supervisors and managers.

Two-month online program; \$395, begins Sept 4

Video Marketing Certificate

Use simple online video to quickly bond with your viewer, drive traffic to your website, boost business, and build brand awareness.

- Video Marketing (\$245, Sept 4)
- YouTube for Business (\$245, Oct 1)

Two one-month online courses; take both for just \$395 to earn certificate

Other September Certificate Programs:

Certified Webinar Planner
Customer Service Certificate
LEED Green Associate Exam Prep
Managing Telework Certificate

COURSES (details at web link below)

Beginning Sept. 4:

Entrepreneur Boot Camp
PhotoShop
Program Evaluation: Nonprofits
Recruiting/Retaining Gen X & Y
Revenue Generation: Nonprofits

Beginning Oct. 1:

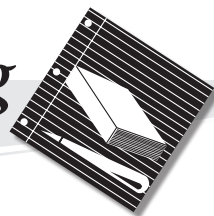
Adv. Web Strategies
Cyber Security for Managers
Design Successful Webinars
Facebook for Business
Google Analytics
Management Boot Camp
Media Buying Strategies
Successful Survey Techniques
Twitter
Using Personality Profiles

Visit

www.yougotclass.org/catalog.cfm/Ucincinnati
for all the details about these classes!

Communication & Writing

Classes in communication, public speaking, relationships, writing, fiction, nonfiction



How to Have an Awful Marriage

Just kidding...but since this is a funny workshop with the focus on communication in marriage, there will be lots of tongues in cheeks and you'll probably come away laughing. Have you noticed that men and women seem to speak a different language? Words can come between us in our relationships. Learn how the "purpose of conversation" is totally different for men than for women, as are questions, silence, gift giving, tears and more. Practice translating male and female language, and you'll be able to reduce 60-80 percent of your arguments and miscommunications. Both couples and singles are welcome.

Karen Gail Lewis, MSW, EdD in consulting psychology and family therapy is a marriage and family therapist and an author of numerous books. She has been on faculty with UC College of Medicine, Virginia Tech, and Johns Hopkins.

- Fri., 6:30-8:30 pm; Oct. 12; \$29 (no discounts), per individual; plus \$10 (optional) for "Why Don't You Understand? The World's First Gender Relationship Dictionary" payable to instructor in class; #6154-01

Location: UC Victory Parkway Campus

How to Write Your Internet Dating Profile

Your online dating profile is more than merely a list of your hobbies or a description of the person you seek. It's a concise and compelling piece of writing. Your online profile must engage your reader. It has to be part introduction, part marketing, part flash-fiction, part essay, and part easy cheese dip. Better than a late-night, TV infomercial, this course examines the mechanics of language, the buzz words people use and what they really mean, how to use language to stand out from the crowd, how to target specific readers, how to engage them, and what sorts of photographs to use so that you attract the sort of people you want and compel them to respond. Come to our boot camp and find out ten ideas designed to increase your chances of meeting your ideal date online.

Brian L. Meyers, MA, is an engaging, informative educator, writer, former community journalist, and veteran of the internet dating scene.

- Thurs., 6:30-8:30 pm; Nov. 1-15; 3 wks; \$59, #3306-01

Location: UC Victory Parkway Campus

Presenting...Yourself!

Learn to present yourself at your best by becoming more effective in your speaking. Prepare to create your own speaking style that is conscious, clear, confident, and commanding. You will have ample opportunities for practice and feedback in this fun, highly-concentrated, empowering class. Not only will you get constructive advice from an expert, but just as importantly, you'll learn how to self-evaluate and self-correct—then you'll be on the road to continuous improvement beyond the class.

Christy Demetrakis is president and founder of The Empowered Speaker, a communication skills training company. Christy has spent the last 16 years working in Fortune 500 companies in Sales and Management.

- Tues., 7-9 pm; Oct. 2-23; 4 wks; \$199 (no discounts), plus \$10 materials fee for Speakers Training Camp™ Workbook payable to instructor at first class; #3374-01

Location: UC main campus

Writing Genre Fiction: Sci-Fi, Fantasy, Paranormal

Science fiction, fantasy, and paranormal are three of the hottest, best-selling genres of fiction writing today. The question is, since everyone is doing it, how do you write something that is original and compelling? They say science is encroaching on science fiction; fantasy is becoming ordinary; and vampires have sucked the life out of paranormal fiction. They say there is nothing new under the sun. That's not true. There are ten essential ingredients for writing compelling genre fiction; among them are plot, character, drama, setting, action and gimmick – this course will explore all of them.

Brian L. Meyers, MA, is an engaging, informative educator, writer, and former community journalist. He is currently plotting for more action.

- Thurs., 6:30-8:30 pm; Sept. 27-Oct. 25; 5 wks; \$99, #3308-01

Location: UC Victory Pkwy Campus

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Writing to Publish

Do you have a desire to write but can't seem to get started or to stay on track? You can develop a practical set of skills to help you bust that writer's block. One important first step is to explore various genres of writing and then decide what genre is the best one for you. Then, consider how writing differs depending on what age range you target for your audience. Explore the pros and cons of traditional vs. self-publishing. Learn the nuts and bolts of publishing your work, how to research the markets, and make contact with editors, publishers and agents in your genre. Topics include putting together queries and proposals, building and managing your career, and earning money.

Wendy Hart Beckman, MA, is an award-winning freelance writer, editor, "book doctor," college instructor and corporate writer. She has published five books and more than 250 freelance articles.

• Mon., 6:15-8:15 pm; Sept. 10-Oct. 22; 6 meetings (instructor must skip either Oct. 1 or 15 (TBD – check web for update); \$119, #3310-01

Location: UC Victory Pkwy Campus

Explore the World

Classes in trip planning, destination travel, sightseeing, cultures of the world



Destination travel classes give you valuable information about pre-trip planning, transportation and accommodations options, points of interest, and local culture. **Vicky Mary**, owner and president of Victoria Travel, shares her enthusiasm for travel along with her wealth of professional experience.

Cruising!

Savvy travelers have learned that booking your cruise before January results in substantial savings. Come and find out how you can get the most out of YOUR cruise, how to get the best value for your money, how to best match yourself to the right cruise for you, and which ports of call to include on your itinerary. Discover the ins and outs of cruising, learn about differences in cruise lines, how to choose your cabin and much more.

• Mon., 7-9 pm; Sept. 24; \$18, #1500-01

Location: UC Victory Pkwy Campus

Enjoying Europe

Learn tips from a travel pro, including how to do careful pre-trip planning, what you need to know about tours, how to put together a do-it-yourself trip, making the most of the wonderful public transportation system, and alternative accommodation ideas (pensiones, B & B's, first class hotels with good value, even university dorms). Whether going to Europe is a definite vacation plan or a distant dream, you'll enjoy this "talking tour" through England, Germany, Italy, Switzerland, Austria, Spain and Portugal.

• Mon., 7-9 pm; Oct. 29; \$18, #1039-01

Location: UC Victory Pkwy Campus

Australia and New Zealand Travel

Let's hit the highlights! How does one begin to approach travel and sightseeing in Australia? After all, it's a country that's larger than the USA. And you'll want to see how you can add New Zealand to your itinerary. It has so much to offer—from its fjords and farms to its lush gardens and breathtaking beauty. We will help you focus on what parts of these countries might be "must-sees" for your trip. Some people like to "see it all" from a bus; others like to go drive, hike or even ride a camel through the Australian desert! Whatever your style, this class will help you plan an unforgettable trip. Learn where to go, how much it will cost, how to get around, where to stay and what to see when you get there.

• Mon., 7-9 pm; Oct. 8; \$18, #1059-01

Location: UC Victory Pkwy Campus

I Love Paris! City of Light

Whether you are a first time or a repeat traveler, learn to make the most of your visit to the City of Light. Paris can be filled with magic, but it can sometimes be overwhelming. Know what to expect and prepare before you go. Find out the best ways to get around in the city and about great day-trips, too. Acquire an insider's tips about museum and metro passes, timing your trip, choosing accommodations (hotels, short-term apartments, and B & B's), sights to see, and the best way to see them.

• Mon., 7-9 pm; Oct. 22; 18, #1540-01

Location: UC Victory Pkwy Campus

Discover the Age of the Early Church

Beginning in Europe, we'll examine lives of the early martyrs as well as some of the sects considered to be heretical. Then, we'll travel to England, exploring early Celtic settlements, the Roman occupation, and Anglo-Saxon influences. Other areas will include monastic life and culture, plus the Frankish church and Charlemagne. Also doing a star turn across our page of English history will be six important men – Theodore of Tarsus, Alfred the Great, Edward the Confessor, King Henry II and Thomas Becket, and John Wyclif.

Kathy Simcox is pleased to share her passion for British history as well as morsels she has gleaned during her studies at the International Summer School, University of Cambridge.

- Sat., 10 am-12 pm; Nov. 17-Dec. 8 (no class Nov. 24); 3 wks; \$59, #1067-01

Location: UC main campus

Fitness and Health

Classes in healthy cooking, hypnosis, massage, movement, tai chi, yoga, zumba



Alexander Technique: A Proactive Approach to Better Health & Performance

Are aches and pains slowing you down? Wish it was easier to get-up-and-go? Learn to consciously apply the basic principles of natural poise, carriage and coordination that can help you feel lighter, taller, looser and calmer. Embraced by performing artists, athletes and others who need to use their bodies for maximum efficiency and endurance, the Alexander Technique has been helping people from all walks of life to excel at their work, play and daily activities with ease and joy for over one hundred years. This introductory class is suitable for people of all levels of fitness and health.

Claire Rechnitzer, certified Alexander Technique teacher, has personally benefited from the Technique by learning to stop poor postural habits that were causing lower back pain and muscle spasms.

- Wed., 6:30-8 pm; Nov. 7-Dec. 12; 6 wks; \$129 (no discounts), bring a mat or towel to lie on and a thick phone book; #4354-01

Location: UC Victory Pkwy Campus

Beginner's Mind—Yoga Basics

Learn the foundational yoga postures typically practiced in a yoga-asana sequence. A wonderful experience for those new to yoga, just learning the basics of alignment, breath and intention, these classes include an introduction to sun salutations, standing postures, backbends, forward bends, twists, inversions, restorative poses, breathing, relaxation and more. Come and enjoy a relaxing atmosphere with soothing music and gentle movements for any body.

Anna Ferguson, BA, RYT, CYTA, has studied with many remarkable teachers and master yoga practitioners over the years; she has completed both 200-hour and 500-hour teacher training courses.

- Tues., 5:15-6:15 pm; Sept. 25-Nov. 13; 8 wks; \$99 (no discounts), #4325-01

- Thurs., 5:15-6:15 pm; Sept. 20-Nov. 15 (no class Oct. 11); 8 wks; \$99 (no discounts), #4325-02

Location: World Peace Yoga & Motion Studio (Clifton near Ludlow)

Face Lift Massage: Do It Yourself

Acquire some simple techniques so that you can give yourself a face lift massage—or bring a partner and work on each other. Through demonstration and self-application, you can learn to tone and condition your skin, tighten and lift your facial muscles, reduce the stress you carry there, and look and feel more youthful. Learn to work with trigger points—30 different muscles—in your cheeks, jaw, eyes, scalp, brow, nose, neck, and shoulders. Discuss the best sequence of strokes, how to build massage into your routine, what you need to know about oils, and the profound effect that massage can have.

Stephanie Nelms is a trained medical massage therapist who is licensed by the Ohio Medical Massage Board; she is dedicated to providing quality therapeutic massage.

- Mon., 6:30-8:30 pm; Oct. 1 & 8; 2 wks; \$59 (no discounts), per person; for your comfort bring along a small pillow for your back plus a small blanket or throw; #4361-01

Location: UC Victory Pkwy Campus

“Fitness Flex Pass” with Pat

The flexibility you’ve asked for! Take any of Pat Woellert’s scheduled classes—see details of Zumba Gold; Zumba Toning; Zumba Fitness; or Boot Camp Lite. Depending on the size of the pass you purchase, you have the right to attend any of Pat’s classes—until either you’ve used up your pass or the expiration date of your Flex Pass has come and gone. When that happens, simply buy another pass! Please note that passes do expire on the end date listed and may not be carried over into another term.

- 6-Class Pass; \$27 (no discounts), #4363-06
- 12-Class Pass \$54 (no discounts), #4363-12

***About your instructor:** Pat Woellert, MEd in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a certified Zumba® Instructor through Zumba® Fitness, LLC.*

Boot Camp Lite

No fear—here you can do it! This kinder, gentler boot camp is designed to improve your cardiovascular endurance, muscular strength, balance, and flexibility with fun, easy-to-follow drills. Bring a pair of hand held weights suitable to your fitness level, a mat for floor work, and supportive aerobic shoes.

Taught by Pat Woellert, MEd in health education.

• Thurs., 5:35-6:35 pm; Sept. 20-Dec. 13 (no class Nov. 22); 12 wks; \$54 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4339-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Zumba Gold®

This is a dance-fitness class that feels friendly, and most of all, fun. All of the elements that Zumba is known for are here: the zesty Latin music; the exhilarating, easy-to-follow moves; and the invigorating, party-like atmosphere. What’s different is that the moves and pacing have been modified to suit the needs of those just starting their journey to a fit and healthy lifestyle and those who want to move in a gentler way but still have the fun of Zumba. Bring floor mat and wear supportive aerobic shoes.

Taught by Pat Woellert, certified Zumba® instructor.

• Mon., 5:35-6:35 pm; Sept. 17-Dec. 1 (no class Nov. 12); 12 wks; \$54 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4362-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Zumba® Fitness

This unique workout is a “feel-happy” approach to fitness. Its high energy, motivating music and rhythms are a fusion of Latin and International dance themes. Great for the body and great for the mind, this workout combines fast and slow rhythms designed to sculpt the body, burn calories and fat, and tone you up. Bring floor mat and wear supportive aerobic shoes.

Taught by Pat Woellert, certified Zumba® instructor.

• Wed., 5:35-6:35 pm; Sept. 19-Dec. 5; 12 wks; \$54 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4352-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Zumba® Toning

Zumba® Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba® moves to create a calorie-torching, strength-training dance fitness-party. You will learn how to use light weights (1-2 pounds) to tone all your target zones, including arms, abs, glutes and thighs. Sculpt your body naturally while having a total blast. Bring 1-2 pound dumbbells, a mat for floorwork, and wear supportive aerobic shoes.

Taught by Pat Woellert, certified Zumba® instructor.

• Tues., 5:35-6:35 pm; Sept. 18-Dec. 4; 12 wks; \$54 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4311-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Massage for Two

Bring your partner! Whether you pair up with your spouse, mom, or your best friend, you'll take turns mastering some massage basics that you can use to help relax tension and offer some relief to aching muscles—without tiring yourself out. We will focus on different areas of the body, including head, neck, shoulders, arms, legs, and back. You can also learn individual techniques (primarily Swedish massage) for you or your partner's specific muscle needs. Please dress in shorts and t-shirts.

Stephanie Nelms is a highly trained medical massage therapist and is licensed by the Ohio Medical Massage Board. She is dedicated to providing quality therapeutic massage and educating people about wellness.

• Mon., 6:30-8:30 pm; Oct. 15 & 22; 2 wks; \$59 (no discounts), per person; wear shorts and t-shirt; bring a mat, a small blanket or throw and a bath towel to class; #4348-01

Location: UC Victory Pkwy Campus

Reiki Energy Healing

A unique natural healing and pain management practice, Reiki has been part of the wisdom of many cultures since ancient times. Originating in Japan, this “laying on of hands” light touch technique allows you to tap into an unlimited supply of life force energy to improve health and enhance the quality of life. You will receive the Reiki attunement; and you will learn and practice self-healing techniques. Other topics include chakras and auras, the three pillars of Reiki, and how Reiki works. Please dress comfortably.

Natalie McKerrell has earned her Reiki master teacher credential from William Rand who is the founder of the International Center for Reiki Training in Michigan.

• Sat., 10 am-1 pm; Oct. 13-27; 3 sessions; \$99 (no discounts), plus \$50 for work book, lineage documentation and certification payable to instructor at first class; #6121-01

Location: Essex Studios (at Taft and I-71)

Shape Up with Belly Dance

Dance your way into shape with this captivating combo of low impact exercise and natural dance that celebrates the personal beauty of all women—of all sizes, all ages. These stretching and swaying movements, electrifying shimmies, and flowing arms are rooted in thousands of years of feminine history. Belly dance promotes flexibility, strength and grace; it helps you unwind and inspires a positive attitude. Learn authentic steps, correct techniques and appealing dance routines. From your fingertips to your toes, and from your head to your heart, this dance will draw you in.

Nanci Glendenning's teaching experience as well as her stage experience is extensive.

• Mon., 6:45-7:45 pm; Oct. 1-Nov. 5; 6 wks; \$69 (no discounts), wear bike shorts, leotard or yoga clothes and bring a scarf to tie around your hips. Wear ballet slippers or socks; #5261-01

Location: UC Victory Pkwy Campus

Simple Health-Smart Cooking: With An Ethnic Flair

In this fun, informal, and interactive class series, you'll discover how healthy and tasty meals can be prepared quickly and simply. As your instructor dices, chops, sautés, and stir fries, you'll see how easy and enjoyable cooking can be. Join in with your comments and questions. Sessions will include: Asian, Mexican, and Mediterranean cooking; creative fridge/pantry cooking; and all will emphasize what foods to eat to promote healthy hearts, bones, and bodies. Then, the best part of all—time to eat!

Peachy Seiden, MS, RD is a nutrition consultant who has maintained her own private practice, the Cincinnati Nutrition Counseling Center, since 1990. She has found that one of the best ways to get people to eat healthy is to show them how to cook that way!

• Sat., 12-1:30 pm; Oct. 6-Nov. 10; 6 wks; \$139 (no discounts), includes all materials and food; #8124-01

Location: Cincinnati Nutrition Center (Silverton)

Tai Chi for Beginners: Sun Style

Easy to learn and fun to do, this simplified introductory version of the Sun style 12 movement form is especially good for beginners. Get the fundamentals as you have fun, reduce stress, and focus on balance and coordination.

Ralph Dehner is a certified personal trainer, certified Tai Chi instructor and one of 16 USA master/trainers in Dr. Paul Lam's Tai Chi for Health Programs.

• Thurs., 6-7 pm; Sept. 20-Nov. 8; 8 wks; \$99 (no discounts), #4356-01

Location: Mighty Vine Wellness (on Vine)

Tai Chi for Beginners: Yang Style

This is a great introduction to Tai Chi! You'll get all of the fundamentals with this easy to learn short set of moves. Focus is on the Yang style eight movement form. Join us for fun, stress reduction, enhanced athletic performance and balance.

Ralph Dehner is a certified personal trainer, certified Tai Chi instructor and one of 16 USA master/trainers in Dr. Paul Lam's Tai Chi for Health Programs.

Your choice of locations:

- Mon., 6-7 pm; Sept. 17-Nov. 5; 8 wks; \$99 (no discounts), #4510-01

Location: Mighty Vine Wellness Club (on Vine)

- Wed., 7-8 pm; Sept. 19-Nov. 7; 8 wks; \$99 (no discounts), #4510-02

Location: Instructor's Home Studio (Fairfield)

Weight Loss Hypnosis

Our focus is weight loss; however, with hypnosis, there is no "diet." The premise is that over-eating is a habit and hypnosis can stop the habit. Begin by identifying the stressors in your life and be hypnotized for stress reduction. The next week, explore what habits control your eating and be hypnotized to change those habits. Finally, discuss ways to make exercise a safe, healthy and enjoyable part of your day. A third hypnosis helps instill the desire to incorporate exercise as part of your life. Change your life as you experience hypnosis as a tool to reduce stress and change eating and exercise habits.

Natalie McKerrell, PhD in holistic health sciences, is a certified hypnotherapist; she has studied at the Cincinnati School of Hypnosis.

- Sat., 10 am-12 pm; Sept. 15-29; 3 sessions;

\$59, plus \$35 CDs and material fee payable to instructor at first class; #6120-01

Location: Essex Studios (at Taft and I-71)

Weight Loss Hypnosis: Re-Boot

Designed for those who have attended our three-week series at any time previously and who have been asking for a quick refresher session, this class will help to keep you on track. Just as in our series, the focus is on habits, stressors, and using hypnosis as a tool to change eating and exercise habits. Hints, tips, information and motivation will be shared in this interactive class. Get a jump on re-newing your commitment to weight loss with us. For your comfort during the hypnosis portion, bring a mat or blanket.

Natalie McKerrell, PhD in holistic health sciences, is a certified hypnotherapist; she has studied at the Cincinnati School of Hypnosis.

- Sat., 10 am-12 pm; Oct. 6; \$22 (no discounts), #4364-01

Location: Essex Studios (at Taft and I-71)

Home and Garden

Classes in interior decorating, interior design, real estate



Be Your Own Designer

Have you ever walked into a home and immediately felt "at home?" Are you attracted to certain colors but hesitant to use them? Do you wish your home expressed more of your personality? In this course, you'll learn placement, color, lighting and accessory theories. Discover how to express your personality through the interior design of your home. As part of the class, you will design a room of your choice that captures your preferences and accommodates your lifestyle.

Tim Mendenhall, MEd, has been an interior designer for some of the finest residential design firms in the area. He now owns and operates his own firm.

- Thurs., 6:30-8:45 pm; Sept. 20 - Oct. 4; 3

wks; \$59, #8338-01

Location: UC main campus

Selling Your Home in a Buyer's Market—Fast and for Top Dollar

Invest two hours to learn the ins and outs of selling your home and the returns could be enormous. Find out the key points of pricing, marketing, and showing your home to maximum advantage. Learn critical information about state requirements, inspections, documentation and financing. If consider listing with an agent, how do you interview and select one? What's the most common mistake selling a house? Come find out!

Gary Rossignol has been a practitioner in real estate since 1986 and is a certified instructor in Ohio and Kentucky for realtor continuing education courses. Course is strictly educational in nature.

- Tues., 6:30-8:30 pm; Sept. 18; \$29, #8344-01

Location: UC main campus

Buying a House in a Down Market

Whether a first time or step up seasoned buyer, all will benefit from this fact-filled fun class. It is still a buyer's market and we will keep you up to date on all the latest changes, such as new FHA guidelines, grant money for Ohio college graduates, and the effects of government first time buyer tax credits. Explore essential topics such as determining the best way to go about finding that property you want, what you can afford, using the MLS, and the ins and outs of contracts, financing, and insurance. Delve into a few special areas like buying foreclosure property, for sale by owner, and is cash king? Also get the scoop on what to look for in roofs, furnaces, electrical systems, plumbing, structures, and more. Class is strictly educational in nature; learn from the pro's about buying smart in today's market.

Gary Rossignol, course facilitator, has been a practitioner in real estate since 1986. Guest experts include an attorney, an appraiser, a mortgage broker, and a home inspector.

• Tues., 6:30-9 pm; Sept. 25-Oct. 30 (no class Oct. 16); 5 wks; \$59, #8401-01

Location: UC main campus

Home Design: Re-doing Your Kitchen and Master Suite

Focus on getting an updated look for your kitchen and master suite (bedroom and bath) and bring some "sizzle" into your home decor. These two rooms bring the highest rate of return on any home improvement you could do. Explore ways to incorporate some new design ideas and how to use old, familiar materials in creative new ways. Helpful, but not required, are measurements of your master bedroom and bath as well as your kitchen so that you can apply these design ideas specifically to your home.

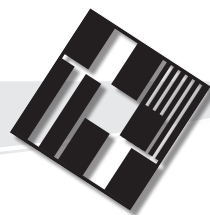
Tim Mendenhall, MEd, has been an interior designer for some of the finest residential design firms in the area. He now owns and operates his own design firm.

• Thurs., 6:30-8:45 pm; Oct. 25-Nov. 8; 3 wks; \$59, includes optional one-half hour one-on-one meeting with instructor to discuss your personal design; #8345-01

Location: UC main campus

Language

Classes in Arabic, Chinese, ESL, French, Hindi, Italian, Spanish



Arabic for Beginners

Acquire a basic understanding of the Arabic language and learn to express yourself in that language as you focus on alphabet recognition, basic structures and vocabulary. Emphasis will be on pronunciation, expressions and basic communication skills. You should also be prepared to work on your own outside of class in order to get the most out of this experience.

Youssef Costandi, MD, was past president of the Egyptian-American Club and has an abiding desire to help others learn the basics of his native language. Dr. Costandi is multi-lingual; he received his early education in a French school which was directed by the Jesuit Fathers in Cairo.

• Mon., 6-8 pm; Sept. 24-Nov. 5; 7 wks; \$169, plus \$10 for vocabulary CD plus 100 pages of resource material--payable to instructor at first class; #7502-01

Location: UC Victory Pkwy Campus

Beginning Mandarin Chinese

We'll introduce you to the basics of pronunciation, grammar, and everyday vocabulary of Mandarin, the official language of China. You will focus on speaking and listening comprehension, though an introduction to Chinese characters will also be included. Whether your aim is to access China's explosive economic market, broaden your exposure to Chinese culture, or prepare for travel, you're sure to have fun and learn much from this course.

Amy Zhao teaches in an encouraging and relaxed atmosphere. She has received her Chinese Language Teaching Certificate from the Shanghai International Language Institute and has over a decade of experience teaching Chinese to Americans.

• Mon., 6-8 pm; Oct. 1-Dec. 10 (no class Nov. 12); 10 wks; \$215 (no discounts), plus text "Ni Hao I" by Fredlein, S. and workbook by Fredlein, P. Additional \$10 materials fee payable to instructor at first class; #7510-01

Location: UC main campus

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English as a Second Language

If you are a non-native speaker of English, join us for this introduction to oral and written English communications. Focus on social expectations and interactions, how to get around (transportation by car, bus, train), and transactions (shopping, rental leases, acquiring services). Find out about looking for employment, filling out applications, and interviewing. Other topics will include how to get involved in the community, social activities and events; additional topics will be added based on your interests and needs. Increase your confidence and your communication abilities.

Eun Chong Yang, EdD, is a graduate of UC's Teaching ESL program; she has a wealth of experience with adult non-native speakers.

- Mon., 6:30-8:30 pm; Oct. 1-Nov. 26 (no class Nov. 12); 8 wks; \$169 (no discounts), plus \$10 materials fee payable to instructor at first class; #7519-01

Location: UC main campus

French for Beginners

Master the basics of the most romantic of the romance languages. Simple dialogues, questions, basic vocabulary, and expressions for travel and everyday situations will be the focus. Enjoy learning correct pronunciation and how to communicate while traveling as you explore aspects of life in modern French speaking countries.

Joe Costandi, MD, received his early education in the French school, Collège de la Sainte Famille, which was directed by the Jesuit fathers in Cairo. He speaks French fluently and is an active member of the Alliance Française.

- Thurs., 6-8 pm; Sept. 27-Nov. 15; 8 wks; \$169, plus text "Learn French the Fast and Fun Way" and companion CD by Bourquin-Leete, published by Barron's; #7002-01

Location: UC Victory Pkwy Campus

French for Advanced Beginners

Do you already have a passing acquaintance with this beautiful language but want to learn a little more? This course will help you with simple conversations, dialogs, vocabulary, pronunciation, expressions for travel and everyday situations. Come and have fun while you freshen up your French.

Colette Wiltz is an experienced instructor of French who enjoys teaching her native language.

- Tues., 6:15-8:15 pm; Sept. 18-Nov. 6; 8 wks; \$169, plus text "Learn French the Fast and Fun Way" and companion CD by Bourquin-Leete, published by Barron's; #7003-01

Location: UC main campus

German for Beginners

Deutsch macht spass—German is fun, and learning is easier than you think. Whether you have never taken a German class before or you'd like to refresh forgotten skills, this class is for you. Learn the fundamentals of sentence structure and build your vocabulary with the goal of developing basic conversation skills. Along the way, you'll pick up some useful travel tips and enrich your knowledge of German culture.

Jennifer Goff has been studying and speaking German for more than 20 years. She enjoys teaching and introducing others to German language and culture.

- Wed., 6:30-8:30 pm; Sept. 19-Nov. 14 (no class Oct. 31); 8 wks; \$159, plus purchase text, workbook and CD from instructor in class (about \$20); #7044-01

Location: UC main campus

Hindi: Conversational

Whether you want to learn Hindi for travel, business, or to speak with friends or relatives, this introductory course will get you off to a great start. Develop the ability to converse on a variety of everyday topics in different social situations. All will be reinforced in a supportive atmosphere through use of role play, rhymes, catchy and repetitive songs, and flash cards—anything to enhance your memory.

Nidhi Mehrotra, MBA, is a native Hindi speaker from India. She has been part of the American corporate world for 10 years, is well-versed in cultural and linguistic differences, and has conducted classes for adults with diverse backgrounds and needs.

- Sat., 10 am-12 pm; Sept. 15-Dec. 1 (no class Oct. 6 or Nov. 24); 10 wks; \$199, plus text (optional) "Speak Hindi with Confidence" by R. Snell with three cd's; supplemental materials such as flash cards may be purchased from instructor in class (also optional); #7514-01

Location: UC main campus

Italian for Beginners

Learn to communicate in this beautiful, musical language. You'll acquire the basics of pronunciation, vocabulary, grammar and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation, plus special expressions for travelers. Tips on traveling, sightseeing, and enjoying the culture of Italy will also be included.

Antonio Iemmola specializes in introducing adults to the language of his native country.

- Thurs., 7-9 pm; Sept. 20-Nov. 8; 8 wks; \$169, plus text "Italian: A Self Teaching Guide" by E. Lebano; #7004-01

Location: UC Victory Pkwy Campus

Italian for Advanced Beginners

This refresher class is geared for those who had some Italian and would like to improve their conversational skills in this beautiful, musical language. Come and discover Italy's rich traditions while you advance your language abilities. Build your vocabulary, learn some elements of grammar and sentence structure, and gain confidence in carrying on simple conversations, as well as special expressions for travelers.

Taught by Antonio Iemmola.

- Tues., 7-9 pm; Sept. 18-Nov. 6; 8 wks;

\$169, plus text "Italian: A Self Teaching Guide" by E. Lebano; #7090-01

Location: UC Victory Pkwy Campus

Spanish for Beginners

Whether you plan to travel or not, you can find a foreign experience right here in town as you study the culture and language of Spanish speakers. Become acquainted with one of the world's loveliest languages. Focus on the fundamentals, learn basic structures and useful expressions, and then put them into practice. Find out how easy it is to boost your skills and to improve a little each week. No previous exposure to Spanish required.

Aimelin Schweitzer is an adjunct assistant professor with Romance Languages and Literature Department at UC.

- Thurs., 6-8 pm; Sept. 27-Nov. 15; 8 wks; \$169, plus text "Spanish Now! Level 1 with CD's" published by Barron's 2005; #7076-01

Location: UC main campus

Mini-Medical College



Mini Medical College is back!

If you are interested in learning what the ER is really like, how robotics are used in surgery, or how an organ transplant happens then Mini Medical College is just what you are looking for. Join us for Mini Medical College October 3, 10, 17, and 24 (Four Wednesdays) from 6:30-8:30 pm.

Each evening of Mini Medical College you will have the opportunity to hear from two different faculty members from the University of Cincinnati College of Medicine. This means eight different topics will be covered during your time in Mini Medical College! Parking in the adjacent Eden Garage, program booklet, and T-shirt are included in your \$70 registration fee for the program; #7704-01.

Visit www.uc.edu/ce/minimed for a full listing of presenters and topics.

Sponsored by the UC College of Medicine.

Location: UC College of Medicine (Medical Sciences Building) on Albert Sabin Way

Money Matters

Classes in finance, money management, retirement planning



Women & Finance Essentials

Focus on topics such as the female factor, your money personality, roadblocks to financial security, how the Federal Income Tax system works (it's not what you make, it's what you get to keep), tax planning strategies, retirement planning (how much is enough?), basic investment principles and "will" power (the American way of leaving). Confusion, ignorance, procrastination and fear of finance prevent many women from developing a financial plan. Don't let it stop you. Join us!

Suzan B. Kotler, CFP, has devoted her career to helping people with money matters. She has been recognized by Cincinnati Magazine as a five star wealth manager for three consecutive years.

- Sat., 10 am-1 pm; Sept. 15 & 22; 2 mtgs; 6 hrs total; \$69, includes workbook. Please note: Our seminars are educational in nature. The university does not endorse or promote any products, strategy or views. Any presented are those of the instructor only; #9031-01

Location: UC main campus

Music and Dance

Classes in ballroom dance, hula, salsa dance, swing dance, tango, Celtic fiddle, guitar, piano



Argentine Tango Introduction

Experience the unique flavor and style of the traditional Argentine Tango featuring beautiful and sensual movements and figures. Learn to master the basics, including the walking embrace, the connection, line and cross walking, and the contra body position. This is a partner dance, so please be sure your partner signs up too; and do wear shoes that allow for smooth turning. Now, start the music and count on having fun!

Patricia Paz was born in Buenos Aires and has had two careers, physical education and Argentine native dances and folklore. She is an experienced performer and teacher of dance here and abroad.

• Fri., 6-7 pm; Sept. 21-Oct. 26; 6 wks; \$69 (no discounts), plus \$5 materials fee for CD payable to instructor at first class; #5259-01

Location: UC Victory Pkwy Campus

Celtic Fiddling for Beginners

Want to play Irish or Scottish fiddle music? And have fun doing it? Rest assured, there is no need to read music since Celtic fiddling is an oral tradition. Learn to 'hear' the tune and play it by ear; and we'll introduce you to music notation—if and when you want. Play a jig, a reel and other tunes; and learn the difference between these time signatures, as well as the techniques and tricks to make your tune sound really Irish or Scottish. Each class will consist of learning tunes in sections, then putting the sections all together, with some music history, technique, warm-ups and listening games, plus some tips on playing with others. This class is for you if you can't play a tune and if you don't even know how to hold the instrument and bow.

Justin Bonar-Bridges has been playing Irish music in the U.S., Ireland, and Canada for nearly 20 years, studying with some of the tradition's greatest masters and winning international accolades. Since 2001 he has taught at the Riley School of Irish Music and has played in the celebrated Celtic band Silver Arm.

• Thurs., 6-7 pm; Oct. 4-Nov. 8; 6 wks; \$139 (no discounts); you'll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town (East-siders can look up "Strings 'N Things" or "Antonio Violins," West-siders try "Baroque Violin" or "A Violin Makers Workshop") and can be had for as little as \$13 per month. Also bring a recording device (cassette, mp3, laptop, cell) to record at least three minutes of music per week; #4207-01

Location: UC Victory Pkwy Campus

Celtic Fiddling for Intermediates

See preceding description for Celtic Fiddling for Beginners. It's essentially the same class and is taught by the same instructor; but this one is for anyone who can already play two or three tunes.

Taught by Justin Bonar-Bridges.

• Thurs., 7:15-8:15 pm; Oct. 4-Nov. 8; 6 wks; \$139 (no discounts); bring a fiddle/violin to each session, including the first. Rentals are available all over town (see Celtic Fiddling for Beginners for details on rentals). Also bring a recording device (cassette, mp3, laptop, cell) to record three minutes of music per week; #4208-01

Location: UC Victory Pkwy Campus

Dancing for Two: Ballroom-Style

Tired of watching all the fun and ready to join in? Transform yourself into a dancer as you learn the basics of the beautiful, ballroom-style dances—slow fox trot, waltz, mambo, cha-cha, and rumba. This is an introductory level, especially for those who have had no prior dance classes. Both couples and singles are welcome, although we cannot guarantee partners for singles. Wear smooth hard leather soled shoes to enable turns and changes in direction.

Jeff Greatorex is a dance enthusiast and experienced teacher of dance.

• Fri., 7:40-8:40 pm; Sept. 21-Nov. 9; 8 wks; \$69, #4211-01

Location: UC Victory Pkwy Campus

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Getting in Tune with Your Ukulele

Ukuleles aren't just for luaus! You'll be amazed at the variety of styles you can play—from blues and country to pop and light rock. After mastering the fundamentals (tuning, holding and finger placement), we'll focus on really getting comfortable with your instrument. Watch, listen, and play along as you build on the basics of chords, strumming, playing up the neck, and trying out some variations and tempos. No musical experience needed. Bring your ukulele and let's make some music!

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music would love to get you in tune with your ukulele and keep you playing.

• Tues., 5:15-6:15 pm; Sept. 18-Oct. 30; 7 wks; \$99 (no discounts), bring your own ukulele (soprano, concert, or tenor—no baritone) and text for Hal Leonard Ukulele Method Book 1 with audio CD (only about \$9); #4214-01
Location: UC Victory Pkwy Campus

Guitar

Explore varying styles of music as you conquer the fundamentals of guitar technique, reading music, and chord study in a group setting. Increase your enjoyment of playing as you establish proper playing techniques. Bring an acoustic (not electric) guitar to all classes and find out that anyone can read music and anyone can play!

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music, is an active performer and guitar teacher.

• Tues., 6:15-7:45 pm; Sept. 18-Oct. 30; 7 wks; \$159, plus text "The FJH Young Beginner Guitar Method: Book 1" (G1016 - CD not required) available from UC or DuBois bookstores plus online booksellers; #5224-01

Location: UC Victory Pkwy Campus

Guitar II

Refine and hone your guitar playing! The focus is on more in-depth coverage of technique, reading music, and chord study. You must be able to read notes on the guitar in first position and know basic chords. Bring an acoustic guitar to all classes.

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music, is an active performer and guitar teacher.

• Tues., 7:45-9:15 pm; Sept. 18-Oct. 30; 7 wks; \$159, plus text "The FJH Young Beginner Guitar Method: Book 2" (CD not required) available from UC or DuBois bookstores plus online booksellers; #5225-01

Location: UC Victory Pkwy Campus

Harmonica Workshop

It will only take two hours in this workshop to teach you to play the harmonica. We will explore how to read harmonica music, how to play the instrument and how to translate any song into harmonica tablature so that you can play it on the harmonica. Receive your own harmonica to take home and leave the workshop having played at least 10 songs. Please note that uniformity is a key feature of this unique workshop; even if you already own an instrument, it will not be suitable to use it during this class. No prior musical training is necessary.

Joe Zsigray is based in Bowling Green, Ohio, and he tours Ohio, Michigan and Indiana offering this special and fun learning experience.

• Sat., 12:30-2:30 pm; Dec. 8; \$30 (no discounts), plus \$20 materials fee payable to instructor in class, includes handouts, music and harmonica (this is the instrument you will all learn on in class and will keep); #5234-01

Location: UC Victory Pkwy Campus

Hula for Beginners

Discover the graceful dances of Hawaii. For centuries, Hawaiians have used dance as a way to tell stories about their ancestors, gods and culture. Find out the meaning behind the dance and why you "keep your eyes on the hands." You will learn basic steps of the hula and two dances, one hapa haole (lyrics in English) and one sung in Hawaiian. Wear comfortable clothes; instructor will discuss other clothing options at the first class.

Wendy Dunning is a partner in Na Mea Hula O Cincinnati, a local Polynesian dance group. She has studied ethnic dance for 15 years, taught hula for five years, and performs regularly.

• Wed., 6:45-7:45 pm; Sept. 19-Oct. 24; 6 wks; \$69, #4203-01

Location: UC Victory Pkwy Campus



*You Can Dance
if you Want to!*

Mountain Dulcimer Workshop

People who live in the Appalachian region of the United States have played the mountain dulcimer for decades. Come learn to play this wonderful 3-stringed American instrument. Receive your own mountain dulcimer to take home and learn to play at least 10 songs on the dulcimer during this one 3-hour workshop. No prior musical training or experience is necessary. Even if you have never played any instrument before, this is the place to start. Please note that uniformity is a key feature of this unique workshop; even if you already own an instrument, it will not be suitable to use during this class.

Joe Zsigray has been playing the mountain dulcimer for over 20 years; he has so much fun giving these special workshops and empowering others to play!

- Sat., 9 am-12 pm; Dec. 8; \$34 (no discounts), plus \$40 materials fee payable to instructor in class, includes handouts, music and dulcimer (this is the instrument you will all learn on in class and will keep); #5233-01

Location: UC Victory Pkwy Campus

Salsa and Merengue Dance

Capture the spirit and the rhythm of these popular Latin dances as you learn their special moves, steps, shines, and styles. Focus will be on the Cuban style Salsa and the Merengue, a quick even-stepping hip-moving dance which originated from the Dominican Republic. You'll practice holds, hand positions, and turns as you gain confidence in adjusting your moves to the speed of the music and flowing from one move to the next. Both couples and singles are welcome, although we cannot guarantee partners for singles. Class is geared for beginners. You must wear soft-soled shoes (leather or others that allow for smooth turning).

Doni Jessen, MBA, has a wealth of experience teaching, performing and choreographing Latin dance.

- Thurs., 7-8 pm; Sept. 20-Nov. 15 (no class Oct. 25); 8 wks; \$89, plus \$8 materials fee for tape, payable to instructor at first class; #5229-01

Location: UC Victory Pkwy Campus

What People Like Best...

"It's not intimidating and you really can play the instrument by the end of the class!"

Student in "Dulcimer" class

Swing Dances: An Introduction

From Jitterbug (Single Time Swing) to East Coast Swing (Triple Time), you'll be picking up your feet and having a ball. Swing to music from the '50s and '60s, honky-tonk, C & W, and even rock. Gain self-confidence in maneuvering around a dance floor and increase your repertoire of fast dance movements as you learn these always popular styles of dance. You'll begin by mastering the basics and then add some new combinations as you go. Wear leather soled shoes to allow for smooth turning, please. Partner recommended but not required.

Jeff Greatorrex is a dance enthusiast and experience teacher of dance.

- Fri., 8:45-9:45 pm; Sept. 21-Nov. 9; 8 wks; \$69, #5262-01

Location: UC Victory Pkwy Campus

Ukulele Workshop

Pacific Islanders have played the ukulele for years. Portuguese sailors who played the ukulele spread the instrument throughout the Pacific region. In this workshop, you will learn to play this fun 4-stringed instrument. Receive your own ukulele to take home and learn to play at least seven songs. Please note that uniformity is a key feature of this unique workshop; even if you already own an instrument, it will not be suitable to use it during this class. You will learn to strum the instrument properly, tune the ukulele in both standard and open tuning, and learn how to read a chord chart. No prior musical training or experience is necessary.

Taught by Joe Zsigray.

- Sat., 3-5 pm; Dec. 8; \$34 (no discounts), plus \$35 materials fee payable to instructor in class, includes handouts, music and ukulele (this is the instrument you will all learn on in class and keep); #5235-01

Location: UC Victory Pkwy Campus

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Learn how to create an interactive Web site, allowing visitors to post and retrieve information provided by you or your site's visitors. Intro & intermed. levels.

Writer's Workshop for Beginners

Get a taste of the writer's life and improve your writing skills in this intro to writing creatively.

Photoshop Elements: Digital Photographer I, II

Learn to edit and correct digital images to repair deficiencies and bring out the best in your photographs.

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Find out how to store, locate, print, and automate access to all types of information. Intro and intermediate levels.

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An experienced Java programmer introduces important Java topics with clear, step-by-step instructions. Intro and intermed. levels available.

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Business in: Administrative Medical Assistant; Medical Coding; or Medical Transcription; Event Planning; Consulting Practice; Publishing; Home-Based Business; and more.

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Gain a solid working knowledge of the most powerful database programming language in the introductory class. Go beyond the basics in the Intermediate level.

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Creating WordPress Websites

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Dreamweaver Intro, Intermed

A veteran designer helps you master the industry-standard tool for building professional Web sites.

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Apply technical writing conventions, interviewing skills, documentation management, publishing and formatting techniques; get tips on how to get that first job.

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Learn the most efficient and effective methods to conduct research for any writing project.

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If you aspire to be an editor, we can teach you the basics of top-notch editing for both fiction and nonfiction.

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Contemporary Social and Business Dining Etiquette

Knowing how to conduct yourself over the table provides a tremendous advantage throughout life. Learn to be comfortable in any dining situation, whether formal, informal, business or social. Join Ms. Glendenning at deSha's as you polish your table manners in an enjoyable, private setting over a delicious dinner. Topics include: navigating the table; the silent service code; forms of service; and the five most common dining mistakes. From "How do I eat this?" to "Faux Pas Recovery 101," we'll have fun while learning some important lessons in this unforgettable class!

Nanci Glendenning, co-founder and past president of the Association of Image Consultants International OH-PA Chapter, has conducted appearance and etiquette programs for all types and sizes of organizations.

• Mon., 6:45-8:45 pm; Sept. 24; \$39 (no discounts), plus \$32 for five-course dinner, taxes and gratuities payable to instructor at beginning of class; #6045-01

Location: DeSha's (Harper Point)

Couponing: A Crash Course

"Saving money is the same as making money," is what our instructor says. Do you ever wonder how the coupon queens get all that stuff for free? Do you want to learn how to coupon like a pro? And this class is about so much more than saving a few dollars a week with a few coupons. It's all about how to eat healthy and how to realistically adopt some not-so-extreme coupon skills into your life. Some of the concepts covered: meal planning; where to find coupons; organizing your coupons; buying in bulk; stockpiling with sense; finding your own deals; and matching coupons with sales.

Cindy Ewing, domestic savings specialist, began by teaching herself how to slash her grocery budget as a hobby; then it became a passion, and then a career. She is eager to teach you how you can cut your grocery bills in half.

• Tues., 6:30-9 pm; Sept. 25; \$29, #6037-01

Location: UC Victory Pkwy Campus

Finishing Touches

A polished image, a pulled-together appearance and knowing what to do and say in any situation produces subtle magic that develops self-confidence and prepares you for new relationships and experiences. Focus on finishing touches as you work in-depth on the five pillars of a polished image, including visual poise; style; inner beauty; social grace; and charisma. We'll discover and master many concepts: contemporary social and dining etiquette; the art of conversation and magnetism; what goes into good grooming, fashion, wardrobe, hair, and makeup; how to use body language and posture to your advantage; plus pointers on personality and aesthetics. You can practice and learn the techniques you'll need to present yourself at your personal and professional best.

Nanci Glendenning, co-founder and past president of the Association of Image Consultants International OH-PA Chapter, has conducted appearance and etiquette programs for all types and sizes of organizations.

• Wed., 6:30-8:30 pm; Sept. 26-Oct. 24; 5 wks; \$199 (no discounts), #6046-01

Location: UC Victory Pkwy Campus

Heart of Meditation: The Basics

Learning to meditate, we have access to a clarity and contentment rarely available when our minds are busy and distracted. We will explore the techniques which have been at the heart of the Buddhist tradition for 2500 years: awareness, concentration, insight, and mindfulness. If you are learning how to meditate for the first time, you will find a firm foundation here. If you are a seasoned meditator who wants to review the basics simply and profoundly, welcome back. We will provide chairs and meditation cushions; try to avoid eating for an hour before class. No particular belief system required - just a desire to find the clarity and peace that meditation can bring.

Bonnie Beverage, a teacher in the Theravada Tradition, is one of the founding members of the Dharma Center. She has taught History of Buddhism since 1998 at UC. She is also the author of "Take-Home Dharma" and "Impermanence: the Only Lesson You will Ever Need."

• Thurs., 7-8:30 pm; Sept. 20-Oct. 11; 4 wks; \$49, #6091-01

Location: Dharma Center of Cincinnati (Upper Northside)

Magic Close Up

Learn to perform magic tricks within two feet of onlookers. We will explore the techniques of performing each trick as well as how to present the illusion to an audience of one or more. You will learn at least 10 tricks consisting of coin, rope, restoration, and card illusions.

Joe Zsigray is adept at offering this special learning experience.

• Sat., 5:30-7 pm; Dec. 8; \$20 (no discounts), plus \$20 materials fee payable to instructor in class, includes magic supplies for use in class and to take home afterwards; #6095-01

Location: UC Victory Pkwy Campus

Pet Care & First Aid

Perfect for pet owners or pet professionals, this class is a combination of lecture, demonstration, and hands-on skill practice. No furry friends will actually be in the classroom; all demos are done using life like stuffed animals. You will learn: the three things you should do for your pet every day; ABC's of pet first aid; snout-to-tail assessment; pet CPR; rescue breathing; 10 situations that require immediate veterinary care; and how to assemble your own pet first aid kit.

Darlene Ehlers is a Pet Tech, Inc. pet first aid instructor and a member of Emergency Animal Rescue Service (EARS), TriState County Animal Response Team (CART), and founder of PETS Network of SW Ohio. She was Pet Sitters International 2006 Pet Sitter of the Year and operates her own professional pet sitting business.

• Sat., 10 am-2 pm; Oct. 27; \$64 (no discounts), plus \$15 for workbook and certificate payable to instructor in class. Bring a brown bag lunch if you'd like; #6158-01

Location: UC Victory Pkwy Campus

Sleep Hypnosis

Counting sheep not working for you? Relief may be at hand! Topics include resting techniques, preparing yourself for sleep, shutting off the mind chatter, de-stressing, and how to get a better night's sleep. Class includes a 45-minute full body relaxation; you will learn how to practice these same techniques on your own at home. For your comfort, we recommend that you bring a mat and blanket for the hypnosis - or if you prefer, you may sit in a chair.

Natalie McKerrell, PhD in holistic health sciences, is a certified hypnotherapist; she has studied at the Cincinnati School of Hypnosis.

• Sat., 10 am-1 pm; Nov. 3; \$33, plus \$15 for sleep hypnosis CD payable to instructor in class; #4359-01

Location: Essex Studios (at Taft and I-71)

Professional Make-Up Skills

Do you want to learn professional techniques and secrets to doing your own make-up—without the sales pitch and the very public department store environment? In this fun, relaxed class, you'll bring in your own make-up bag. Find out what your make-up will do for you, what basics you really need, how to select and purchase makeup, and how to handle some of the tools. Explore daytime and evening looks, how to minimize flaws, and how to take care of your skin. The second session is really hands-on, so come fresh-faced. We'll be starting from scratch as you learn how to apply your make-up as if it was done professionally every day.

Nora Fink is a professional wardrobe stylist and make-up artist. She does not represent any company and does not sell any products; she currently works in the industry for a variety of companies.

• Wed., 6:30-8:30 pm; Nov. 7-21; 3 wks; \$54 (no discounts), plus \$10 fee payable to instructor for use of supplies in class; remember to bring in your own make-up to learn application techniques; #6138-01

Location: UC Victory Pkwy Campus

Wedding Planning 101

Are you a bride, groom or mother who would like some guidance on how to plan a beautiful wedding on any budget? Discuss average costs of all bridal services, pitfalls to avoid when choosing vendors and insider secrets to help you ask the right questions to get what you want. Find out ways to personalize your wedding and how to navigate through the planning process. Bring your senses - you'll get to see color, theme and design ideas, feel fabric swatches, hear music samples, and experience video clips from real weddings - plus you'll have access to a library of notebooks full of inspiring ideas!

Brigid Horne-Nestor, owner of I-do Weddings & Events, is a professional bridal consultant. Since 1995 she's been helping brides plan beautiful weddings and is an active member of the Association of Bridal Consultants.

• Tues., 7-9 pm; Oct. 9; \$29 (no discounts), #6036-01

Location: i-do- Boutique (O'Bryonville)

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What to Wear and How to Wear It

From wardrobe planning and accessories to discovering your best colors and most flattering styles, find out how you can achieve that “put together” look. Focus on personal appearance and polish, find out about image killers, and do’s and don’ts.

Nanci Glendening, of Glendening Image Research, is co-founder and past-president of the Association of Image Consultants International OH-PA Chapter. She also modeled in Miami FL and was a former Miss Cincinnati USA.

• Wed., 6:30-8:30 pm; Sept. 19; \$29, #6156-01
Location: UC Victory Pkwy Campus



Find out the best looks for you!

Photography

Classes in digital cameras, digital photography, art photography



Digital Photography: Basic Level

Get started with the basics in this introductory class. Bring your Point and Shoot digital camera and camera manual to class as we explain some of the most common functions and features; i.e., focus, zoom, flash, shutter speed, ISO, white balance, storing images, and composition. Become familiar with some of the terminology and basic photo editing as well (sizing, cropping, toning and printing). We’ll incorporate some feedback of images you take outside of class, so you can learn by doing. The focus is on taking better pictures—while your camera is left in the automatic mode.

Mark Bealer and Vickie Daniels are co-owners of Studio 66 LLC, a wedding and studio photography business. Vickie has an associate degree in photography and has worked as a professional photographer since 2005. Our lead instructor, Mark, has been a professional photographer since 1988.

• Thurs., 5:30-6:55 pm; Oct. 4-Nov. 15 (no class Nov. 1); 6 wks; \$119 (no discounts), #3823-01

Location: UC main campus

Digital Photography: Advanced Level (for D-SLR only)

Are you ready to shoot in manual exposure with your digital single lens reflex (D-SLR) camera? We will introduce you to the control of your D-SLR’s features; i.e., shutters, apertures, lens characteristics, custom white balance, sensor resolution and go into more detail with all of the other topics listed in our Basic Level I description. Bring your camera and your camera’s manual to class as we move you into the realm of D-SLR photography. We’ll incorporate critiques of images you take outside of class, so you can learn by doing. The focus is on taking better pictures—while your camera is in the manual mode.

Mark Bealer and Vickie Daniels are co-owners of Studio 66 LLC, a Cincinnati-based wedding and studio photography business.

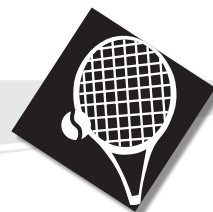
• Thurs., 7-8:30 pm; Oct. 4-Nov. 15 (no class Nov. 1); 6 wks; \$159 (no discounts), #3824-01

Location: UC main campus

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Sports and Adventure

Classes in aviation, golf, tennis, tree climbing, scuba diving



Golf for Beginners: Early Fall

Fall is one of the most enjoyable times to play golf, when the grass becomes green again and the trees become so colorful. Focus on the fundamentals, including driving, putting and course strategy. Bring clubs if you have them; if not, equipment will be provided.

Kyle Voska and Tom Bach are PGA professionals.

- Wed., 5:45-7:15 pm; Sept. 5-Oct. 17; 7 wks; \$99 (no discounts), plus \$10 practice range fee payable at first class (includes all range balls); #4119-01

Location: Sharon Woods Golf Course

Golf for Intermediates: Early Fall

Want to take your game to the next level? This class is designed for golfers beyond the beginner level who would like to cut strokes off their score and improve their mechanics. Instruction will focus on refinement of strokes and strategy in the areas of putting, chipping, pitching, and the full swing; there will be one on-course playing class included. It is preferable that you have your own clubs, but it is not required.

Kyle Voska and Tom Bach are PGA professionals.

- Thurs., 5:45-7:15 pm; Sept. 6-Oct. 18; 7 wks; \$99 (no discounts), plus \$10 practice range fee payable at first class (includes all range balls); #4120-01

Location: Sharon Woods Golf Course

Scuba Diving: The Basics

Experience the same sense of fun and excitement shared by scuba divers throughout the world—but within the safe confines of a pool. All students must be present for first class session. If you wish to go on to earn Open Water SCUBA Certification, you must complete four open water dives. Travel and equipment costs for these open water certification dives are not included as part of this course.

Taught by professional staff of Scuba Unlimited, the exclusive dive center of Newport Aquarium.

- Tues., 6:30-10:30 pm; Oct. 2-Nov. 13; 7 wks; \$85 (no discounts), \$85 instructional fee, plus supply fees payable to Scuba Unlimited at first class: \$180 for in-class equipment rental and insurance and \$60 for PADI crewpak. Bring own mask, fins and snorkel (or purchase in class - packages start at \$170); #4502-01

Location: Scuba Unlimited (Blue Ash)

TENNIS RAIN OR SHINE

At Anderson Mercy Healthplex

Joe Foley, winner of over 100 tournaments and former captain of the best tennis team in UC's history, facilitates these indoor sessions.

Tennis for Beginners

Get in shape with tennis! Work on hand-eye coordination, racquet skills, basic strokes, and scoring. This experience is designed for the player who has never played the game or is unfamiliar with the rules. Bring your own racquet.

Joe Foley has introduced this sport to thousands of people who continue to play for a lifetime.

- Sun., 4-5 pm; Sept. 23-Oct. 28; 6 wks; \$69 (no discounts), #4105-01

- Sun., 4-5 pm; Nov. 4-Dec. 9; 6 wks; \$69 (no discounts), #4105-02

Location: Mercy Healthplex Anderson

Tennis for Intermediates

This is an enjoyable way to get in shape and stay in shape! You are ready for this experience if you have had some previous instruction or if you can hit ground strokes and serves in play from the baseline with reasonable success. You'll have the chance to work on strokes with movement, rally skills, overheads, and volleys. And for those who are ready, you may practice getting that first serve in, adding spin, net play, strategy, and control. Bring your own racquet.

Facilitated by Joe Foley.

- Sun., 5-6 pm; Sept. 23-Oct. 28; 6 wks; \$69 (no discounts), #4107-01

- Sun., 5-6 pm; Nov. 4-Dec. 9; 6 wks; \$69 (no discounts), #4107-02

Location: Mercy Healthplex Anderson

Test Preparation

Classes in ACT Prep, SAT Prep, GRE Prep, GMAT Prep, LSAT Prep, TOEFL Prep



ACT Preparation

Losing sleep and getting anxious about test day? In this intensive class, you'll build confidence and make the most of your potential by studying strategies for taking the ACT and by reviewing topics covered by the ACT (math, writing and reading comprehension). Learn a variety of test taking methods and work with the instructor to adapt the ones that best suit your own unique style and personal strengths. You'll get support for questions and concerns; plus discussions, PowerPoints, use of TPR materials, and lots of concrete examples. Discover approaches to increase your odds on each question type, how to use a process of elimination, construct a well-defined essay (optional) on this test, plan your critical reading passage strategy, and learn when it's good to guess.

Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.

Your choice of sections and dates:

- Sun., 9 am-2 pm; Oct. 14 & 21; 2 days; #4604-01
- Sun., 9 am-2 pm; Nov. 25 & Dec. 2; 2 days; #4604-02

Fees and Materials: \$154 (no discounts), plus bring calculator and text "Cracking the ACT" 2012 edition, a publication of The Princeton Review (available from UC and DuBois bookstores plus online booksellers). Lunch—bring your own or a few dollars extra to order pizza with the group.

Location: UC main campus

GMAT Preparation

Are you in the market for a business school? Enhance your chances of acceptance with this structured study of the Graduate Management Admission Test. The English instructor covers the analytical writing assessment and verbal sections in the first three weeks while the math instructor covers the quantitative section in the latter half of the course. Concepts of algebra and geometry will be reviewed. You'll work with authentic test questions and responses and gain confidence by learning helpful strategies.

Allen Feibelman, MA, associate professor at Chatfield College, has taught with UC English Department and for Princeton Review.

Jane Allen, MEd in mathematics, teaches College Preparatory and Honors Math at Kings High School.

- Sat., 9 am-1 pm; Oct. 13-Nov. 17; 6 wks; \$259 (no discounts), plus text "The Official Guide for GMAT Review" (13th Ed.), Wiley Publishing, Inc.; #4600-01

Location: UC main campus

GRE Preparation

Do you want to maximize your ability to score well on the GRE and get admitted to graduate school? In a relaxed atmosphere, you'll lay the foundation for success as you're guided through actual test questions, enhancing your answer strategy. The math instructor teaches quantitative reasoning skills in the first three weeks and the English instructor completes the course with analytical writing and verbal reasoning. Concepts of algebra and geometry will be reviewed. You will work with authentic test questions and responses and gain confidence by learning helpful strategies. Jane Allen, MEd in mathematics, teaches College Preparatory and Honors Math at Kings High School.

Allen Feibelman, MA, associate professor at Chatfield College, has taught with UC English Department and for Princeton Review.

- Sat., 9 am-1 pm; Oct. 13-Nov. 17; 6 wks; \$259 (no discounts), plus text "The Official Guide to the GRE revised General Test with CD-ROM," 2nd ed., a publication of the Educational Testing Service; #7142-01

Location: UC main campus

What People Like Best...

"I learned new study habits and feel more comfortable going into the test."

Students in "ACT Prep" class

LSAT Preparation

The key to success on the Law School Admission Test is practice, strategy, and timing. Delve into a detailed analysis of each LSAT problem type: reading comprehension, analytical reasoning, and logical reasoning. By discussing the problems and explanations, you'll develop the ability to approach the LSAT as a series of intellectual games to which you can apply strategies studied in class. You will also benefit from the instructor's critique of your LSAT writing samples. The course culminates in a full-length mock exam. Using actual questions from previous tests, under timed conditions, will prepare you for the real environment. In addition, and outside of classroom hours, the instructor offers individualized assistance with the personal statement essay required for all law school applications.

Mina Ludwig, JD, UC College of Law, is currently in private practice and counsel for the Hamilton County Board of Mental Health and Recovery Services.

- Sat., 12-4 pm; Oct. 27-Nov. 17; 4 mtgs; \$299 (no discounts), plus "Barron's LSAT" by Bobrow (13 Ed.) plus "The Official LSAT SuperPrep" by the Law School Admission Council; #4601-01

Location: UC Victory Pkwy Campus

PSAT Preparation

You've already done the long-term preparation by taking challenging high school courses and actively engaging in reading and problem-solving. Now, improve your chances of scoring well on this standardized test that is so crucial to the college-bound. Benefit from a class led by an experienced test prep instructor as you focus on the approach to questions measuring your skills in the areas of critical reading, math, and writing. You'll gain early practice for the SAT and an opportunity to qualify for a National Merit Scholarship.

Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.

- Sat. & Sun., 9 am-2 pm; Oct. 6 & 7; 2 days; \$154 (no discounts), plus text "Cracking the PSAT/NMSQT" 2013 edition, a publication of The Princeton Review. Lunch is not included—bring your own or a few dollars extra to order pizza with the group; #4606-01

Location: UC Victory Pkwy Campus

SAT Preparation

Gain confidence and make the most of your potential by studying strategies for taking the SAT and by reviewing topics covered by the SAT. You will learn specific techniques for taking the math, writing and reading comprehension parts of the test. Discover how the test is structured, effective methods for solving each problem type, and what to expect. Acquire an arsenal of tools to help you succeed, including how to use a process of elimination, construct a well-defined essay on test day, plan your critical reading passage strategy, and decide how to handle the conundrum "to guess or not to guess."

Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.

- Sun., 9 am-2 pm; Sept. 23 & 30; 2 days; \$154 (no discounts), plus text "Cracking the SAT" 2013 edition, a publication of The Princeton Review. Lunch is not included—bring your own or a few dollars extra to order pizza with the group; #4603-01

Location: UC main campus

TOEFL iBT Preparation

The Test of English as a Foreign Language (TOEFL) is used to measure English language proficiency. It is the most accepted test in the world; and Internet-based testing has made it even more accessible. Prepare to take the TOEFL as you focus on the main features of the test, test-taking strategies, exercises, and practice. We will cover the types of skills evaluated by the various sections of the test, including reading, listening, writing and speaking.

Eun Chong Yang, EdD, is a graduate of UC's Teaching ESL program; she has a wealth of experience with adult non-native speakers.

- Tues. 6:30-8:30 pm; Oct. 2-Nov. 20; 8 wks; \$169 (no discounts), plus text selected and announced by instructor at first class. All handouts for first two classes will be provided by instructor; #4602-01

Location: UC main campus

Program Information

Enroll Early

Courses can fill up quickly! To ensure a space in the class of your choice, please enroll now. We will accept registrations as long as there is room.

If the class you want is filled, we'll put you on a wait list and notify you as soon as possible. You may choose to remain on the wait list, transfer to another class, or receive a refund (if you paid by credit card you will not be charged). Every effort will be made to accommodate you — we've even been known to create new class sections to meet your needs.

For Adults

While most of our classes are designed for adults (18 and over) there are exceptions. Our ACT Prep, SAT Prep, and Mini Medical College classes welcome high school students. If you're a 16 and 17 year-old interested in challenging yourself and learning something new, you are welcome to many of our other classes (we are not able to admit you to physical classes which require release forms since they aren't valid if signed by minors).

Class Changes

We don't like to make changes, but sometimes it's unavoidable. We reserve the right to change times, locations or instructors. If we must cancel a class, we will make every effort to notify you immediately. Please provide daytime phone numbers so that we may contact you. You may then choose to transfer to another class or receive a full refund.

Location and Parking

Our classes are held online, face-to-face, at UC's Main Campus, at UC's Victory Parkway Campus, and at 20 other locations around town — see the last line of each description for the class location.

Exact room and building locations, parking information, and directions will be mailed to you with confirmation of your enrollment.

If you have a disability and need specialized services, call the Disability Services Office at 513-556-6823 well in advance of your class to discuss your needs.

Confirmation of Enrollment

If you have not received confirmation within two days of starting date for your class, please call 513-556-6932. Office hours are 8 am-5 pm Monday-Friday.

Material and Supply Fees

Some classes require additional fees for supplies or materials — they are noted in the class listing. ***These fees are to be paid to the instructor at the first class session.*** These fees are nonrefundable and discounts do not apply to them.

Books

A few courses require the purchase of book(s); those are noted in the description. You may buy them from local or online booksellers. If you buy your books from UC (513-556-1400) or DuBois (513-281-4120), you will find them in a special *Communiversity* section.

Discounts

In order to take advantage of these discounts, you must request your discount at the time you first enroll. Only one discount may apply per class. Classes not available at a discount are marked with a "no discounts" notation.

UC Faculty and Staff Discount

Full-time UC faculty and staff may take one class per quarter at half-price. Spouses and dependents are ineligible. This discount requires special handling and is not available online. Call 513-556-6932 to arrange.

Senior Citizens Discount

Golden Buckeye card holders are eligible for a 20 percent discount on many of our classes — be sure to provide us with your card number, please.

Refunds

A refund of the enrollment fee can be made up to 48 hours before the first session. We regret that no refunds may be made anytime thereafter.

However, we do stand behind our programs and will do whatever it takes to ensure your satisfaction.

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Office hours are 8 a.m.-5 p.m. Monday-Friday.



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