

► Winter 2012

# Communiversality

*Enrich Your Life with Quality Courses*

**Expand Your World,  
*Learn Something New!***



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UNIVERSITY OF  
**Cincinnati**

# Welcome and Contents

## Expand Your World

and Your Mind with our wide variety of personal and professional development classes —

Informal and noncredit.

Face to face or online.

Enrollment is easy — just a quick phone call (513-556-6932) or a few mouse clicks away ([www.uc.edu/ce/commu](http://www.uc.edu/ce/commu)).

*Come, join us!*

*Donna Burns*

Donna Burns

Director, Communiversity

*For Fun!*



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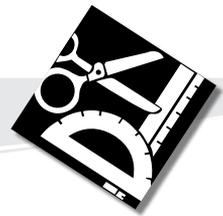


*For Success!*



*For You!*

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## Auction Primer plus a Victorian Mansion

In this new one-day Frank Farmer Loomis excursion, meet for a tour of Milford's famed Promont Mansion, an 1865 Italianate Victorian home situated high on a hill with panoramic views, stained glass windows, and other wonders. Then it's a short drive to Padrino for lunch and a seminar about Promont and auctions. Afterwards just down the street, we'll visit Early's Auctions, a fourth generation firm. Steve Early, a nationally known auctioneer, will tell us the do's and the "avoiders" about buying, selling, bidding plus the current state of the market. If time allows, a walk down Milford's charming Main Street tops off the day.

*Frank Farmer Loomis IV is a fine arts appraiser, author, journalist, lecturer and NPR talk show host.*

• Sat., 10:30 am-3:30 pm; Feb. 25; one day; \$33 (no discounts), plus lunch and \$5 admission fee at own expense; #3108-01

Location: Milford, OH (Meet at Promont House)

## Bead Jewelry Making I

Make your own unique jewelry using a wide variety of sterling silver and glass beads. Learn basic beading techniques including bead selection, clasp attachment, and bracelet, necklace and earring design. Use your new skills in class to fashion two pieces of jewelry (your choice between earrings, bracelet or 16" necklace — with \$1 per extra inch wanted). Come away with the skills to not only create more jewelry on your own but also to repair broken jewelry. No experience necessary.

*Megan Painter will guide you through the process of creating professional looking jewelry.*

• Tues., 7-9 pm; Jan. 24; \$19 (no discounts), plus \$20 supply fee payable to instructor in class (includes all beads, wire, clasps, and supplies to complete the in-class projects); #3668-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Creating in Clay

Design a square, triangular or free-form plate to complement sushi or your favorite comfort food. During the first class you will fashion a plate from a clay slab, add feet and decorate with color. Your plate will be bisque-fired before the second class when you will glaze it. After a glaze-firing, it's ready for you to pick-up. Your finished piece will be lead-free, dishwasher and microwave safe.

*Rick Hoffman has over 20 years of experience making pottery and teaching others how to make it. He currently owns, runs and teaches at Covington Clay — a pottery studio and gallery in Covington, KY.*

• Sat., 10 am-12 pm; Feb. 4 & 18; 2 meetings; \$45 (no discounts), plus \$20 materials, equipment and firing fee payable to the instructor at the first class; #3142-01

Location: Covington Clay, Covington KY (Historic Business District)

## Drawing Mandalas: Expression through Circular Designs

Learn to create and design your own mandalas, circular designs created through the use of repeated images and geometries. In one evening you will learn the basics of circular geometry, how to divide spaces, and how to use that knowledge to create wonderful artworks to treasure and share. Use the skills and supplies you acquire in the class to create as many designs as you like. No previous art experience is necessary. If you can, please sign up five days in advance so instructor can order supplies at the best price.

*Alisa Strauss has years of experience creating and designing stained glass pieces, blown glass sculptures, jewelry, graphic designs, and pencil and ink artworks. She has won a variety of awards and has been featured in museum exhibits and art shows.*

• Tues., 6:30-9 pm; Feb. 21; \$29, plus \$20 supply fee payable to instructor for complete kit so you can make multiple designs in and out of class; #3718-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Working with Glass

*Mary Jane Riggi has an abundance of skill as a stained glass artisan and instructor.*

**Location:** 2214 West North Bend Rd. 45239

**Lunch:** not included—bring your own or order pizza with the group (for all day classes)

**Supplies:** Some studio tools may be available for use by students; others may be purchased from instructor. Registered students must call instructor a few days in advance to discuss project ideas and tools

### Beginning Stained Glass

Learn the basics of building a Tiffany style panel using the copper foil method to complete a panel of your choosing. Learn types of glass, glass cutting techniques, grinding, foiling, soldering and framing a panel. Panel sizes will vary, with the average being 11" x 17"

**Choose from these dates and times:**

- Sat., 10 am-4 pm; Jan. 21; 1 day; \$99 (no discounts), plus \$125-150 for materials and toolkit payable to instructor in class; #3500-01

- Thurs., 10 am-4 pm; Jan. 19; 1 day; \$99 (no discounts), plus \$125-150 for materials and toolkit payable to instructor in class; #3500-02

### Wine Glasses: Paint, Etch & Embellish a Set

Let your imagination go wild creating your own one-of-a-kind wine glasses — just in time for Valentine's Day. Create up to four wine glasses in this class using etching cream and glass paints. Add wine charms from glass jewels and other embellishments for a unique look.

- Sat., 12-4 pm; Feb. 11; \$35 (no discounts), plus \$25 supply fee payable to instructor in class for all 4 glasses, charms, paints and etching cream; #3501-01

### Glass Fusing Primer

Learn the steps of warm glass work in this hands-on class. Focus on fundamentals of kiln forming while experiencing the excitement of creating your own fused glass pieces. Techniques include: glass cutting techniques, setting up a kiln, shelf preparation, glass compatibility, annealing cycles and slumping. You'll prepare several pieces for firing and observe glass slumping. Return to the studio 1-2 weeks after the class to retrieve your fired pieces.

- Sat., 11 am-4 pm; Feb. 25; \$80 (no discounts), plus between \$50-75 for tools and supplies payable to instructor at class; #3707-01

### Create a Kaleidoscope

Construct a beautiful kaleidoscope in class to give as a gift or keep for yourself. No previous glass cutting experience required; basic glass cutting and soldering techniques will be taught. Patterns and supplies will be available from the instructor.

- Sat., 10:30 am-4 pm; Feb. 4; 1 day; \$69 (no discounts), plus approximately \$39-59 for supplies payable at class; #3605-01

### Mosaics in an Afternoon

Make a stunning mosaic panel, serving tray, table top or project of your choice using the direct mosaic method. Learn tips on glass selection, cutting, gluing and grouting. Bring your own item and add a mosaic design to it or choose from items available at the studio. Have some old cups, saucers and plates around? Bring them and a hammer to turn that chipped cup into a work of art!

- Sat., 10:30 am-4 pm; March 10; 1 day; \$69 (no discounts), plus \$15-49 for supplies and equipment (depending on project chosen) payable to instructor in class; #3711-01



*See the World in a  
whole New Way!*

### **Earrings: Make and Take Away**

Making wire-wrapped jewelry is easy and enjoyable. Make and take away two finished earrings—one basic tear-drop earring set and one swirly earring set (hoop design with swirls and beads). You will also take away the techniques and skills to make great pieces on your own to wear, sell, or give as gifts, plus some resources for project ideas. Prereq: either our Wire Wrap Jewelry Making class OR prior experience wire wrapping.

*Megan Painter will guide you through the process of making professional-looking jewelry.*

• Tues., 7-9 pm; Feb. 7; \$19 (no discounts), plus \$25 supply fee payable to instructor in class (includes all beads, anti-tarnish silver plated or copper wire (upgrade to sterling silver for \$10 more), clasps, and supplies to complete the in-class projects); #3720-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

### **Wire Wrap Jewelry Making**

In this class, you will make a wire wrap linked bracelet and a pendant using head pins. Both pieces will incorporate sterling silver and glass beads (we'll give you a variety to choose from in class). Learn to wrap, twist, and sculpt wire using simple tools and materials (you will not wrap beads or stones). After practicing a bit, you'll find you can create your own unique jewelry to get the same effect you see in pieces in upscale boutiques.

*Taught by Megan Painter.*

• Tues., 7-9 pm; Jan. 31; \$19 (no discounts), plus \$20 supply fee payable to instructor in class (includes all beads, wire, clasps, and supplies to complete the in-class projects); #3708-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

### **Watercolor Weekend Workshop**

Learn the basics, explore a wealth of tips and techniques, and delve into composition and color mixing. Beginners and more advanced painters are welcome. Jean teaches through demonstration, hands-on experience, and individual coaching. She'll also introduce you to some fun experimental techniques such as pouring, masa paper, and yupo. Experience the joy of painting, of self-expression, and of seeing the world in a new way as you create your own original paintings.

*Jean Vance, MFA, MA, has that rare combination of being a talented artist and a gifted teacher; and she especially enjoys introducing adults to the fun of painting.*

• Sat. & Sun., 10 am-4 pm; Feb. 18 & 19; 2 days; \$124 (no discounts). Supplies will be furnished by students and a web link to that list will be sent with your confirmation of enrollment OR see <http://uc.edu/dam/uc/ce/docs/Commu/Classes/color.pdf>. You may bring a brown bag lunch if you wish, or you may take a break and have lunch on your own at an area restaurant; #3503-01

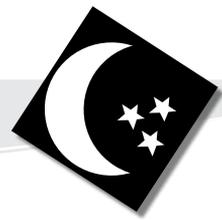
Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

### **What People Like Best...**

**“It changes how you see  
the world — and your  
own abilities to create.**

**Jean is so supportive and  
knowledgeable!”**

*Student in “Watercolor” class*



## At the Cincinnati Observatory Center

*These classes are held atop Mt. Lookout in one of our city's true treasures, where the views are great (and the parking is free)!*

### Binocular Stargazing

Discover how much of the night sky can be revealed by even a modest pair of binoculars! Follow along on a guided viewing mini-marathon of planets, star clusters, nebulae, and more. Track satellites and space stations as they soar across the sky. And see for yourself why a giant telescope is NOT always the best tool for the job! This particular night promises to have an incredible assortment of dramatic and binocular-friendly objects, well worth braving February weather to see. Please dress warmly; we will be outside. This program is BYOB – Bring Your Own Binoculars.

*Leo Sack is the Outreach Educator with the Cincinnati Observatory Center.*

• Mon., 7-9 pm; Feb. 27; (rain date: Feb. 28. If in doubt call 513-556-9176 two hours prior to hear class status message); \$18, #1042-01

Location: Cincinnati Observatory Center

### Keeping Time by the Stars

Astronomers have always been the ultimate authorities on the measurement of time. Join us as we explore - and recreate! - the Cincinnati Observatory's key role in the history of time-keeping. We'll tell the story of how the Observatory's meridian transit telescope was used to measure time by the motion of the stars, and how its master clocks and time ball were used to maintain and communicate time for the rest of the city. Then, we'll try some timekeeping of our own, using telescopes and the bright stars of Orion to set our modern clocks. Bring a watch, and take your hand-measured Time home with you.

*Leo Sack is the Outreach Educator with the Cincinnati Observatory Center.*

• Wed., 7-9 pm; Feb. 15; \$18, #1227-01

Location: Cincinnati Observatory Center

## Dance of the Gods: Motions of the Planets

For thousands of years our ancestors believed that our earth was the immovable center of the universe. The apparent motions of the five naked-eye “wandering stars” (planets) presented a great challenge to anyone attempting to explain their changing locations in the night sky. Not until the European Renaissance did we finally glimpse the true nature of the motions of the planets and realize for the first time earth's place in the solar system. Travel with us through history to investigate the model of Ptolemy and how scientists who came more than a thousand years later deciphered nature's clues to the understanding of the complex motions of the planets. We will discuss ideas and observations of Copernicus, Tycho, Kepler and Galileo and how these great scientists solved the mystery of “The Dance of the Gods.” Weather permitting, telescope viewing with the 1845 telescope will be part of the evening's activities.

*Terry Flesch is an astronomer and a presenter at the Cincinnati Observatory Center.*

• Fri., 7-9 pm; Feb. 17; \$18, #1218-01

Location: Cincinnati Observatory Center

### Stargazing 101

Constellations change in the heavens from season to season. In this class you will study the imaginative figures we call constellations. Learn to use a planisphere to find any constellation at any given time and date. If the weather is clear, we will go outside to find many of the brighter constellations; and you will also have the option of looking through the observatory telescope.

*Dean Regas is the outreach astronomer with the Cincinnati Observatory Center.*

• Tues., 7-9 pm; Feb. 21; \$18, plus \$3 optional materials fee for star chart payable to instructor at class; #1209-01

Location: Cincinnati Observatory Center



## **Business Analytics Boot Camp: A First Course in Data Mining**

Following the deluge of data over the past few years, businesses are inundated and looking for qualified help. This course will give you the knowledge you need to get the edge in your current job or start your new career. You will learn how to find relationships in data, spot trends, find mistakes in reports and construct meaningful visualizations with charts and graphs. Our last session will show you how to find data analytics jobs. No prior experience necessary.

*Rex Daisey, MBA, is a practicing director of analytics; drawing from over 10 years of experience leading and mentoring analytics teams, he teaches from real life experience and is ready to coach you through the nuts and bolts of this exciting field.*

- Tues., 6:15-8:15 pm; Jan. 31-March 6 (no class Feb. 14); 5 wks; \$199 (no discounts), bring a laptop computer to every class since this will be hands-on and interactive; #1149-01

Location: UC main campus

## **Getting Started in Voice Acting: One-on-One Live**

Fun and empowering, this one hour experience introduces you to the different types of voiceovers and what tools are needed to find success. This is your opportunity to work individually with an instructor who will coach you in this one-on-one, online setting as you read from real scripts. Notes will be taken on your performance so you can receive a professional voice evaluation later. Acquire the knowledge you'll need to help you decide if this is something you'd like to pursue. This class is taught through IChat, Skype, or over the phone - your choice. After enrolling with us, the class will be scheduled between just you and your instructor, at your mutual convenience.

*Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.*

- Arrange your one hour session when you wish during this time span: Jan. 18-Feb. 29; \$59 (no discounts), #1150-01

Location: Taught through IChat, Skype or over the phone—your choice

## **Getting Started in Voice Acting Class**

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, "I could do that"? If so, then you could have what it takes to begin working as a professional voiceover artist. The current voiceover trends have made it easy and affordable for just about anyone to get involved. In this fun and empowering two-hour introductory workshop, you will learn about the different types of voiceovers and what tools are needed in order to find success in the voiceover industry. You will have the opportunity to get a taste of what it's like to be a voice actor as you perform a real voiceover script. You will be recorded so that you can receive professional voiceover evaluation later. Come ready to laugh, learn and be inspired...

*Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.*

- Mon., 6-8 pm; Feb. 20; \$39 (no discounts), #1140-01

Location: UC main campus

## **Job Search on Steroids: A How-to Guide**

Amp up your job search by using social media in this newly expanded class! Over 73 percent of companies now use social media for recruiting. We'll focus on four key areas—LinkedIn, Facebook, Twitter, and Blogs—with specific strategies for getting noticed, plus do's and don'ts. Within each of these online platforms, you'll learn how to develop your profile, how to use the tools within each platform, and how to use each tool to enhance your job search. By strategically using social media tools, you can target companies, locate positions, connect with hiring managers and recruiters, and establish yourself as an expert or thought leader in your industry.

*Nikki Means, MBA, is founder and managing partner of Project Socialize, LLC. She has created a strategy for successful social media programs while leveraging eight years of project and process management to ensure seamless implementation.*

- Mon., 6:30-9 pm; Feb. 6-27; 4 wks~10 hrs total; \$179 (no discounts). Bring laptop, smart phone, or tablet with WiFi capability if you wish to be hands-on. If not, don't worry - it's not necessary — we'll project all of the information on an overhead and you'll be able to follow along; #1117-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## So You Think You Want to Be a Wedding Planner

There's more to being a wedding planner than meets the eye. And if you're considering a career in this field, it's best to go into it with your eyes open! This introductory course will cover all the essentials you'll need to consider, from getting started in the business, creating a preliminary business plan, marketing ideas, client services, what's needed to stay on top of your business, plus steps to working with the client from beginning to completion.

*Joyce C. Smith, MEd, is a master bridal consultant™ with the Association of Bridal Consultants (ABC). She travels internationally for ABC, teaching novice classes to those considering a career in bridal consulting.*

- Thurs., 6-9 pm; Feb. 2 & 9; 2 mtgs—6 hrs total; \$129 (no discounts), includes all materials; #1119-01

Location: UC main campus

## The Next Big Thing: From Idea to Market

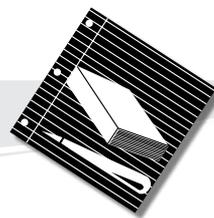
So you have an idea for the next big thing...now what? Launching a new product or bringing an idea to market can be overwhelming. This class is designed to cover the basics of what every inventor should know, from idea development through commercialization. Topics will include: ways to protect your idea; understanding patents; packaging and staging your product; selling, licensing or starting your own company; plus an exploration of marketing venues. Join us and find the encouragement and motivation you need to get your idea off the ground.

*Ryan McAleer, MBA, is co-owner of Lean4Ward, Inc., where he specializes in the creation of training programs, inventor coaching and product design. He has previously served as product manager, associate brand manager, and marketing manager with several Fortune 500 companies.*

- Mon., 6:30-8:30 pm; Feb. 6; \$29, #1118-01

Location: UC main campus

# Communication and Writing



## How to Have an Awful Marriage

Just kidding...but since this is a funny workshop with the focus on communication in marriage, there will be lots of tongues in cheeks and you'll probably come away laughing. Have you noticed that men and women seem to speak a different language? Words can come between us in our relationships. Learn how the "purpose of conversation" is totally different for men than for women, as are questions, silence, gift giving, tears and more. Practice translating male and female language, and you'll be able to reduce 60-80 percent of your arguments and miscommunications. Both couples and singles are welcome.

*Karen Gail Lewis, MSW, EdD in consulting psychology and family therapy is a marriage and family therapist and an author of numerous books. She has been on faculty with UC College of Medicine, Virginia Tech, and Johns Hopkins.*

- Fri., 6:30-8:30 pm; Feb. 10; \$29 (no discounts), per individual; plus \$10 (optional) for "Why Don't You Understand? The World's First Gender Relationship Dictionary" payable to instructor in class; #6154-01

Location: UC Victory Parkway Campus (historic Edgecliff by Eden Park); park free

## Writing to Publish: Level II

You already know the nuts and bolts of being a writer. In this series, we'll take your book idea, select one target publication and submit a query/proposal (as appropriate, according to genre and publisher). Prepare to come with one focused, solid idea and know who the audience is for that subject. We will also workshop your writing in at least one class. We recommend that you have completed at least one of Wendy's other courses, such as "Discover Your Writer Within" or "Writing to Publish I."

*Wendy Hart Beckman, MA, is an award-winning freelance writer, editor, "book doctor," college instructor and corporate writer. She has published five books and more than 250 freelance articles; she frequently leads workshops and mentors writers in becoming published authors.*

- Thurs., 6:15-8:15 pm; Jan. 19-Feb. 23; 6 weeks; \$119, #3302-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

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# Business & Career Online with UGotClass



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- 24/7 classroom access
- Audio/slide presentations
- Supplemental readings included
- Retake class at no charge (up to 12 months)
- Work at your own pace

See course details: content, outlines, objectives, outcomes, instructor bios, and how to enroll at [www.yougotclass.org/catalog.cfm/Ucincinnati](http://www.yougotclass.org/catalog.cfm/Ucincinnati).

**Questions?** Just call 513-556-6932

Choose from these online certificates and courses:

## CERTIFICATES

*Take all courses in a category to earn a certificate (or just take individual courses that interest you). Fees vary (no discounts).*

### LEED Green Associate Exam Prep

Acquire fundamental concepts of green building; then prepare yourself to take exam and earn the LEED Green Associate credential from the Green Building Certification Institute.

*Two month course, begins Feb. 6; \$695*

### Social Media for Business Certificate

Communicate market and serve your customers:

- Intro to Social Media (Feb. 6; \$195)
- Marketing with Social Media (Mar. 5; \$195)
- Integrating SM in Your Organization (Apr. 2; \$195)

*Three one-month online courses; take all three to earn certificate for just \$495*

### eMarketing Essentials

Relevant for any type of organization, including companies, non-profits, and government agencies.

- Improving Email Promotions (Feb. 6; \$195)
- Boosting Your Web Site Traffic (Mar. 5; \$195)
- Online Advertising (Apr. 2; \$195)

*Three one-month online courses; take all three to earn certificate for just \$495, includes readings.*

### Business Coaching Certificate

*Two-month online course; begins Feb. 6; \$295*

## Supervisory & Leadership Certificate

Get practical and insightful methods for new and even experienced supervisors and managers.

*One two-month online certificate program; begins Feb. 6; \$395*

## Business Research Certificate

Gain specific knowledge to succeed in researching and utilizing the best and most appropriate data for decision making. Learn to communicate results to your audience for maximum impact. Components: Intro to Business Research; Business Statistics; and Qualitative Business Research.

*Three one-month online course; begins Feb. 6; only available as certificate option; \$495.*

## Webinar Planner Certificate

Learn about various synchronous distance meeting formats; the technology of producing distance meetings; keys to effective meeting design; managing virtual meetings; earn your CVM designation.

*Ten-week online course, begins Feb. 6; only available as a certificate option; \$795.*

## INDIVIDUAL COURSES (one-month-long)

### Returning Favorites:

**Creating Cell Phone Apps** begin Mar. 5; \$245

**Cyber Security** begin Mar. 5; \$245

**Design Successful Webinars** begin Mar. 5; \$195

**Entrepreneur Boot Camp** begin Feb. 6; \$195

**Extraordinary Customer Service** begin Feb. 6; \$145

**Facebook for Business** begin Mar. 5; \$245

**Google Analytics** begin Mar. 5; \$195

**Green Workplace** begin Feb. 6; \$195

**Practical Math for the Workplace** begin Feb. 6; \$145

**Recruiting/Retaining Gen X & Y** begin Feb. 6; \$175

**Successful Survey Techniques** begin Mar. 5; \$395

**Twitter** begin Mar. 5; \$195

**YouTube for Business** begin Mar. 5; \$195

### NEW this term:

**Adv. Web Strategies** begin Mar. 5; \$195

**Media Buying Strategies** begin Mar. 5; \$195

**Mobile Marketing** begin Mar. 5; \$195

**PhotoShop** begin Feb. 6; \$195

**Video Marketing** begin Mar. 5; \$195

Visit [www.yougotclass.org/catalog.cfm/Ucincinnati](http://www.yougotclass.org/catalog.cfm/Ucincinnati) for all the details about these classes!



## Explore the World with Vicky Mary

*These destination travel classes will give you valuable information about pre-trip planning, transportation options, accommodations, points of interest, local customs and culture. Vicky Mary shares her enthusiasm and love for travel along with her wealth of professional experience. She is the owner and president of Victoria Travel.*

### Alaska: Grand American Destination

Going to Alaska sometime in the near future or just want to know more about it? Come with us on this “talking tour” and explore Alaska, from its coastline to its heartland. Learn about Denali Park, rugged Fairbanks, the wild west town of Skagway, and the rich Indian and Eskimo culture. Small yacht tours of glacial areas, whale watching, and the Alaska Ferry System are just a few of the ways you can enjoy some incredible scenery! Careful and creative pre-trip planning can make all the difference.

- Mon., 7-9 pm; Feb. 6; \$18, #1311-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

### Costa Rica, Belize and Beyond

Learn about travel to our Central American neighbors, including amazing scuba and snorkel vacations in Belize, adventure travel in Costa Rica with its fantastic rainforests and canopies, horseback riding and whitewater rafting. Also explore Guatemala, including the wonders of the vast ancient ruins of Tikal, lush mountain stays and language classes. Where to stay, how to fly, how to travel around these countries, what to eat, and what to see--all of these questions will be addressed by someone who has been there.

- Mon., 7-9 pm; Jan. 30; \$18, #1328-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

### Ireland: The Emerald Isle

Ireland’s rich past combined with its cultural and musical traditions make it a must-see destination. It is possible to travel Ireland on your own and in this class, we will explore topics such as how to meet the wonderful people of Ireland, using bed and breakfast vouchers, plus transportation options, including rental cars, trains, buses, and escorted tours. Travel to Northern Ireland will also be discussed. From the quaint villages to the gorgeous gardens to the lush green of this special island, you can plan your own unforgettable trip.

- Mon., 7-9 pm; Feb. 20; \$18, #1526-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

### Italy Insights

Join us on a “talking tour” to survey this region, from the historic, pre-Roman areas of southern Italy, through the scenic Tuscany hill towns and Renaissance wonders of Florence to romantic Venice and the Alpine lakes. Learn about some of the less explored areas too, such as Sicily and the Veneto. Take a look at special interest travel like spas and cooking schools; then examine the pros and cons of rental cars and rail passes. We’ll discuss accommodations, such as pensions, economical villa and apartment rentals, and even some famous palaces that are available to tourists.

- Mon., 7-9 pm; Feb. 13; \$18, #1314-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## The Moundbuilders: Exploring the Ancient Earthworks of the Ohio Valley

Who were the Moundbuilders? Why did they build so many complex earthworks? Examine archaeological data about the earthworks in the region surrounding present day Cincinnati to learn how the prehistoric inhabitants built their impressive monuments. Learn how changes in society over time are reflected in the types of monuments people built, art and artifact styles, and burial customs. This is the ideal course for anyone who wants to see and learn about the prehistory of the region.

*Alisa Strauss, PhD, teaches in the Anthropology Dept. at UC; she is especially interested in prehistoric pottery and projectile points, American Indian food techniques, mythology and religion.*

- Thurs., 6:30-9 pm; Feb. 2; \$29, #1543-01

Location: UC main campus



## Alexander Technique: An Introduction

As children, our coordination and balance develop instinctively and movement is naturally poised. Over the years, as we spend hours slouching at desks, sitting cross-legged, squinting and craning our necks, many of us develop unconscious behaviors that aggravate or cause pain, tension, fatigue and anxiety. The Alexander Technique helps you recognize your own harmful habits and replace them with conscious conduct. With increased awareness and guiding directions you can feel lighter, taller, looser and calmer. Poor posture? Nothing can help as much as the Alexander Technique.

*Claire Rechnitzer, certified Alexander Technique teacher, has benefited personally from the technique by learning to stop habits that were causing lower back pain and muscle spasms. She enjoys teaching others to reduce their tensions.*

• Tues., 6:30-8 pm; Feb. 7-March 13; 6 wks; \$129 (no discounts), bring a mat or towel to lie on and a thick phone book; #4354-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Basic Japanese Karate/Self Defense

This introduction to both authentic Japanese karate and self defense will help you learn and understand a basic array of techniques, to build on these each week, and to practice and hone your skills under the guidance of an exceptional teacher. Along the way, you'll also soak up some Japanese language and culture and learn some relevant tidbits about the origins of karate. No fear of contact with the floor in this class since there won't be mats or throws involved. It's a great way to become involved on a different level as you lay down an excellent foundation in this martial art.

*Dwight Holley has been passionate about the practice, study and teaching of Japanese karate/self defense his whole life. He has a wealth of experience, both here and abroad; and he is ranked as an 8th Dan Black Belt.*

• Mon., 7:45-9 pm; Jan. 23-March 12; 8 wks; \$119 (no discounts), #4357-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Beginners Vinyasa Yoga

Enjoy this soft flowing class using deep rhythmic breathing and a balanced stream of postures that are connected in a gentle manner, easing into each yoga asana in a moving and meditative state. Sure to leave you with feelings of love in your heart and peace in your mind. Gentle sun salutations, inversions, forward bends, back bends, twists and standing postures among other positions will be introduced.

*Anna Ferguson, BA, RYT, CYTA, has studied with many remarkable teachers and master yoga practitioners over the years; she has completed both 200-hour and 500-hour teacher training courses.*

• Tues., 6:30-7:45 pm; Jan. 24-March 13; 8 wks; \$99 (no discounts), #4328-01

Location: World Peace Yoga & Motion Studio (Clifton near Ludlow)

## Beginner's Mind~Yoga Basics

Learn the foundational yoga postures typically practiced in a yoga-asana sequence. A wonderful experience for those new to yoga, just learning the basics of alignment, breath and intention, these classes include an introduction to sun salutations, standing postures, backbends, forward bends, twists, inversions, restorative poses, breathing, relaxation and more. Come and enjoy a relaxing atmosphere with soothing music and gentle movements for any body.

*Betsi Heithaus combines her two passions – serving as a sign language interpreter and teaching yoga. She has completed the 300-hour yoga teacher training through World Peace Yoga and Motion Studio.*

• Tues., 5:15-6:15 pm; Jan. 24-March 13; 8 wks; \$99 (no discounts), #4325-01

Location: World Peace Yoga & Motion Studio (Clifton area–near Ludlow & Clifton intersection)

## Boot Camp Lite

No fear here—you can do it! This kinder, gentler boot camp is designed to improve your cardiovascular endurance, muscular strength, balance, and flexibility with fun, easy-to-follow drills. Bring a pair of hand held weights suitable to your fitness level, a mat for floor work, and supportive aerobic shoes.

*Pat Woellert, MEd in health education, is ACE-certified (the American Council on Exercise) in group fitness and personal training.*

• Thurs., 5:35-6:35 pm; Jan. 12-March 15; 10 wks; \$44 (no discounts), #4339-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Shape Up with Belly Dance

Dance your way into shape with this captivating combo of low impact exercise and natural dance that celebrates the personal beauty of all women - of all sizes, all ages. These stretching and swaying movements, electrifying shimmies, and flowing arms are rooted in thousands of years of feminine history. Belly dance promotes flexibility, strength and grace; it helps you unwind and inspires a positive attitude. Learn authentic steps, correct techniques and appealing dance routines. From your fingertips to your toes, and from your head to your heart, this dance will draw you in.

*Nanci Glendenning's teaching experience as well as her stage experience is extensive.*

• Mon., 6:45-7:45 pm; Jan. 30-March 5; 6 wks; \$69 (no discounts), wear bike shorts, leotard or yoga clothes and bring a scarf to tie around your hips. Wear ballet slippers or socks; #5261-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Simple Health-Smart Cooking: With An Ethnic Flair

In this fun, informal, and interactive class series, you'll discover how healthy and tasty meals can be prepared quickly and simply. As your instructor dices, chops, sautés, and stir fries, you'll see how easy and enjoyable cooking can be. Join in with your comments and questions. Sessions will include: Asian, Mexican, and Mediterranean cooking; creative fridge/pantry cooking; and all will emphasize what foods to eat to promote healthy hearts, bones, and bodies. Then, the best part of all -- time to eat!

*Peachy Seiden, MS, RD is a nutrition consultant who has maintained her own private practice, the Cincinnati Nutrition Counseling Center, since 1990. She has found that one of the best ways to get people to eat healthy is to show them how to cook that way!*

• Sat., 12-1:30 pm; Jan. 28-March 3; 6 wks; \$139 (no discounts), includes all materials and food; #8124-01

Location: Cincinnati Nutrition Center (Silverton)

## Sleep Hypnosis

Counting sheep not working for you? Relief may be at hand! Topics include resting techniques, preparing yourself for sleep, shutting off the mind chatter, de-stressing, and how to get a better night's sleep. Class includes a 45-minute full body relaxation; you will learn how to practice these same techniques on your own at home. For your comfort, we recommend that you bring a mat and blanket for the hypnosis – or if you prefer, you may sit in a chair.

*Natalie McKerrell, PhD in holistic health sciences, is a certified hypnotherapist; she has studied at the Cincinnati School of Hypnosis.*

• Sat., 10 am-1 pm; Feb. 11; \$39, plus \$15 for sleep hypnosis CD payable to instructor in class; #4359-01

Location: Essex Studios (near Taft and I-71)

## Sun Style Tai Chi Introduction

Sun style is the newest of the major styles of Tai Chi. Developed in 1912 by Sun Lu Tang, it is performed with higher stances and has powerful qigong movements within the sequence to promote health, healing and relaxation. This introductory set is a simplified set especially good for beginners, people with arthritis, hypertension or balance challenges. It is easy to learn and fun to do.

*Ralph Dehner is a certified personal trainer, certified Tai Chi instructor and one of 16 USA master/trainers in Dr. Paul Lam's Tai Chi for Health Programs.*

• Thurs., 6-7 pm; Feb. 2-March 22; 8 wks \$99 (no discounts), #4356-01

Location: Mighty Vine Wellness (on Vine)

## Tai Chi for Beginners

Tai Chi is often described as “meditation in motion.” Discover the fundamentals and some basic movements of Yang Style Tai Chi Chuan (also known as Taijiquan or Tai Chi) with us. Originally taught only as a martial art, Tai Chi has been used to improve athletic performance, reduce stress, improve balance, coordination and overall function for adults of all ages.

*Ralph Dehner is a certified personal trainer and certified Tai Chi instructor.*

• Mon., 6-7 pm; Jan. 23-March 12; 8 wks; \$99 (no discounts), #4510-01

Location: Mighty Vine Wellness (on Vine)

• Wed., 7-8 pm, Feb. 1-March 21; 8 wks; \$99 (no discounts); #4510-02

Location: Instructor Studio (Fairfield)

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## Weight Loss Hypnosis

Our focus is weight loss; however, with hypnosis, there is no “diet.” The premise is that over-eating is a habit and hypnosis can stop the habit. Begin by identifying the stressors in your life and be hypnotized for stress reduction. The next week, explore what habits control your eating and be hypnotized to change those habits. Finally, discuss ways to make exercise a safe, healthy and enjoyable part of your day. A third hypnosis helps instill the desire to incorporate exercise as part of your life. Change your life as you experience hypnosis as a tool to reduce stress and change eating and exercise habits.

*Natalie McKerrell, PhD in holistic health sciences, is a certified hypnotherapist; she has studied at the Cincinnati School of Hypnosis.*

### Your choice of sections & dates:

- Sat., 10 am-12 pm; Jan. 7-21; 3 sessions; \$59, plus \$35 CDs and material fee payable to instructor at first class; #6120-01
- Thurs., 6:30-8:30 pm; Feb. 2-16; 3 sessions; \$59, plus \$35 CDs and material fee payable to instructor at first class; #6120-02
- Sat., 10 am-12 pm; March 3-17; 3 sessions; \$59, plus \$35 CDs and material fee payable to instructor at first class; #6120-03

Location: Essex Studios (at Taft and I-71)

## Yoga by Chair...and Anywhere!

You can do yoga almost anywhere in a chair! Great for people who sit a lot, work in offices, or just want to incorporate more fitness into their day. You'll learn and practice a sequence of simple exercises, stretches, and breathing techniques that are designed to reduce tension and to improve balance and flexibility. The exercises demand very little time and can easily be done off and on throughout your day – whether at your desk or at home!

*Melissa Berling, nationally certified in Ashtanga Vinyasa Yoga, has modified many gentle yoga poses for use in a chair in order to help you de-stress quickly and unobtrusively so you stay fresh and energized wherever you are.*

- Wed., 6:15-7:15 pm; March 7 & 14; 2 sessions; \$18, #4360-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Zumba®

This unique workout is a “feel-happy” approach to fitness. Its high energy, motivating music and rhythms are a fusion of Latin and International dance themes. Great for the body and great for the mind, this workout combines fast and slow rhythms designed to sculpt the body, burn calories and fat, and tone you up. Bring floor mat or towel and wear supportive aerobic shoes.

*Pat Woellert, MEd in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a certified Zumba® instructor through Zumba® Fitness, LLC.*

- Mon., 5:35-6:35 pm; Jan. 9-March 19 (no class Jan. 16); 10 wks; \$44 (no discounts), #4352-01

- Wed., 5:35-6:35 pm; Jan. 11-March 14; 10 wks; \$44 (no discounts), #4352-02

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Zumba® Toning

Zumba® Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba® moves to create a calorie-torching, strength-training dance fitness-party. You will learn how to use light weights (1-2 pounds) to tone all your target zones, including arms, abs, glutes and thighs. Sculpt your body naturally while having a total blast. Bring 1-2 pound dumbbells, a mat for floorwork, and wear supportive aerobic shoes.

*Pat Woellert, MEd in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a certified Zumba® instructor through Zumba® Fitness, LLC.*

- Tues., 5:35-6:35 pm; Jan. 10-March 13; 10 wks; \$44 (no discounts), #4311-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free



*Work Your Body  
and your mind!*



## Buying a House in a Down Market

Whether a first time or step up seasoned buyer, all will benefit from this fact-filled fun class. It is still a buyer's market and we will keep you up to date on all the latest changes, such as new FHA guidelines, grant money for Ohio college graduates, and the effects of government first time buyer tax credits. Explore essential topics such as determining the best way to go about finding that property you want, what you can afford, using the MLS, and the ins and outs of contracts, financing, and insurance. Delve into a few special areas like buying foreclosure property, for sale by owner, and is cash king? Also get the scoop on what to look for in roofs, furnaces, electrical systems, plumbing, structures, and more. Class is strictly educational in nature; learn from the pro's about buying smart in today's market.

*Gary Rossignol, course facilitator, has been a practitioner in real estate since 1986. Guest experts include an attorney, an appraiser, a mortgage broker, and a home inspector.*

• Tues., 6:30-9 pm; Jan. 31-Feb. 28; 5 wks; \$59, #8401-01

Location: UC main campus

## Home Makeover Essentials

You can learn to apply some basic skills, tips and techniques that professional interior designers use to transform homes. The focus of this class is on brightening up your home with colors and patterns--it's a relatively simple and inexpensive path toward a home makeover! Topics include basic color theories, patterns and textures as they apply to space, and choosing a color palette based on hue, value, intensity, and mood. Find out how to use colors and patterns effectively throughout every room while making one cohesive statement.

*Timothy Mendenhall, MEd, has been an interior designer for some of the finest residential design firms in Cincinnati. He works independently with Tim Mendenhall Interior Design Group, a full-service interior design firm.*

• Thurs., 6:30-8:45 pm; March 1-15; 3 wks; \$59, includes optional one-half hour one-on-one meeting with instructor to discuss your color schemes; #8339-01

Location: UC main campus

## Interior Decorating Introduction

Are you ready to rejuvenate your home at a minimal cost by applying some tried and true professional decorating principles? Acquire some fundamental knowledge of interior design in the all-important areas of function, furniture, lighting, scale, line, proportion, balance, and focal points. Explore your creative potential as you define a home project you'd like to tackle.

*Timothy Mendenhall, MEd, has been an interior designer for some of the finest residential design firms in Cincinnati.*

• Thurs., 6:30-8:45 pm; Jan. 26-Feb. 9; 3 wks; \$59, includes optional one-half hour one-on-one meeting with instructor to discuss your design; #8341-01

Location: UC main campus

## Do-It-Yourself Landscape Design

Save money and express your creativity at the same time. Learn from a pro just how to go about getting your own unique landscape plan ready before planting season. Make sure you're planting things to complement the architecture and not compete with it. Learn how to apply landscape design principles to your own home for maximum curb appeal. Focus on the process of design and how to choose and place plantings for maximum effect—from trees and shrubs to plants and perennials. Bring six photos of your own home to class and you'll receive a personal commentary. You can save even more money by installing the plantings yourself.

*Martha Wassermann, MA, is an award winning landscape designer.*

• Tues., 6:30-9 pm; Feb. 7-March 6; 5 wks; \$145 (no discounts), plus \$18 materials fee payable to instructor at first class; #8343-01

Location: UC main campus

## Selling Your Home in a Buyer's Market — Fast and for Top Dollar

Invest two hours in learning the ins and outs of how to sell your home and the returns could be enormous. Find out the key points of pricing, marketing, and showing your home to maximum advantage. Learn critical information about state requirements, inspections, documentation and financing. If you do consider listing with an agent, how do you interview and select one? And what's the #1 most common mistake in selling a house? Come and find out!

*Gary Rossignol has been a practitioner in real estate since 1986 and is a certified instructor in Ohio and Kentucky for realtor continuing education courses. Course is strictly educational in nature.*

• Tues., 6:30-8:30 pm; Jan. 24; \$29, #8344-01  
Location: UC main campus



## Arabic for Beginners

Acquire a basic understanding of the Arabic language and learn to express yourself in that language as you focus on alphabet recognition, basic structures and vocabulary. Emphasis will be on pronunciation, expressions and basic communication skills. You should also be prepared to work on your own outside of class in order to get the most out of this experience.

*Youssef Costandi, MD, was past president of the Egyptian-American Club and has an abiding desire to help others learn the basics of his native language. Dr. Costandi is multi-lingual; he received his early education in a French school which was directed by the Jesuit Fathers in Cairo.*

• Thurs., 6-8 pm; Jan. 19-March 1; 7 wks; \$169, plus \$10 for vocabulary CD plus 100 pages of resource material—payable to instructor at first class; #7502-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Beginning Mandarin Chinese

We'll introduce you to the basics of pronunciation, grammar, and everyday vocabulary of Mandarin, the official language of China. You will focus on speaking and listening comprehension, though an introduction to Chinese characters will also be included. Whether your aim is to access China's explosive economic market, broaden your exposure to Chinese culture, or prepare for travel, you're sure to have fun and learn much from this course.

*Amy Zhao teaches in an encouraging and relaxed atmosphere. She has received her Chinese Language Teaching Certificate from the Shanghai International Language Institute and has over a decade of experience teaching Chinese to Americans.*

• Mon., 6-8:15 pm; Jan. 30-March 26; 9 wks; \$215 (no discounts), plus text "Ni Hao I" (ISBN: 978-1876739065) and workbook (ISBN: 978-1876739072) – both available at UC and DuBois bookstores plus online booksellers. Additional \$10 materials fee payable to instructor at first class; #7510-01

Location: UC main campus

## English as a Second Language: Everyday Life

If you are a non-native speaker of English, join us for this introduction to oral and written English communications where you will focus on social expectations and interactions, how to get around (transportation by car, bus, train), transactions (shopping, rental leases, acquiring services), and safety and security. Find out about looking for employment, filling out applications, and interviewing. Other topics will include how to get involved in the community, social activities and events; additional topics will be added based on your interests and needs. Increase your confidence and your communication abilities.

*Eun Chong Yang, EdD, is a graduate of the Teaching ESL program at UC and she has a wealth of experience working with adult non-native speakers.*

• Mon., 6:30-8:30 pm; Jan. 30-March 19; 8 wks; \$169 (no discounts), plus \$10 materials fee payable to instructor at first class; #7519-01

Location: UC main campus

## French for Beginners

Learn the basics of the most romantic of the romance languages! This eight-week course will offer a foundation of French pronunciation, vocabulary, and grammar designed to make sense to American beginners. You will become acquainted with contemporary French culture and geography and develop basic conversational skills useful for travel and everyday situations, all in an informal, encouraging atmosphere.

*Mary Helen Weber has an excellent background in French through training and travel, and experience as an instructor. She is a fluent speaker and enjoys sharing this beautiful language with others.*

• Sat., 10:30 am-12:30 pm; Jan. 21-March 10; 8 wks; \$169, plus text "French: A Self-Teaching Guide," 2nd Edition by Suzanne A. Hershfield-Haims (ISBN: 0-471-36958-6 available at UC and DuBois Bookstores plus online booksellers); #7007-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Italian for Beginners

Learn to communicate in this beautiful, musical language. You'll acquire the basics of pronunciation, vocabulary, grammar and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation, plus special expressions for travelers. Tips on traveling, sightseeing, and enjoying the culture of Italy will also be included.

*Antonio Iemmola specializes in introducing the language of his native country to adults in the Greater Cincinnati area.*

- Thurs., 7-9 pm; Jan. 19-March 8; 8 wks; \$169, plus text "Italian: A Self Teaching Guide" by E. Lebano (ISBN: 978-0471359616 available at UC and DuBois bookstores plus online booksellers); #7004-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free



*Explore new worlds  
through language!*

## Money Matters



### Women and Finance: Lessons Mother Never Taught You

Consider these stunning statistics: 2/3 of all recent first marriages will end in divorce; 1/3 of all women who have ever been widowed were under age 50; and nearly 80 percent of all married women will become widows. Whether you're married or single, you need to understand those financial issues that affect you as a woman. This program is a primer that teaches financial survival tactics for the real world. If you've ever entertained questions you were afraid or too embarrassed to ask, join us. Learn how to protect yourself from financial catastrophe.

*Suzan B. Kotler, CFP, has devoted her career to helping people with money matters. Knowledgeable and motivating, she has been recognized by Cincinnati Magazine as a five star wealth manager for three consecutive years.*

- Sat., 10 am-1 pm; Jan. 21 & 28; 2 mtgs — 6 hrs total; \$69, includes workbook. Please note: Our seminars are educational in nature. The university does not endorse or promote any products, strategy or views. Any presented are those of the instructor only; #9030-01

Location: UC main campus

# Music and Dance



## Argentine Tango Introduction

Experience the unique flavor and style of the traditional Argentine Tango featuring beautiful and sensual movements and figures. Learn to master the basics, including the walking embrace, the connection, line and cross walking, and the contra body position. This is a partner dance, so please be sure your partner signs up too; and do wear shoes that allow for smooth turning. Now, start the music and count on having fun!

*Patricia Paz was born in Buenos Aires and has had two careers, physical education and Argentine native dances and folklore. She is an experienced performer and teacher of dance here and abroad.*

• Fri., 6-7 pm; Feb. 3-March 9; 6 wks; \$69 (no discounts), plus \$5 materials fee for CD payable to instructor at first class; #5259-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## British Invasion

Join us for an enjoyable journey back to the 1960's where we look at how Britain's popular music and culture exploded into the American consciousness. Britain and the U.S. have been playing transatlantic musical ping pong ever since! There will be lots of fun bits - hearing snatches of songs, participating in a pub quiz, and exploring the connections and influences of performers such as the Beatles, Rolling Stones, James Taylor, Eric Clapton, and Rod Stewart.

*Liz Archer, higher national diploma in music and performing arts, has over 20 years experience as a singer, recording artist, and voice teacher. Originally from Britain, she cut her teeth singing in the clubs and halls of northern England.*

• Sat., 10 am-12 pm; March 3; \$29, #4209-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Celtic Fiddling for Beginners

Want to play Irish or Scottish fiddle music? And have fun doing it? Rest assured, there is no need to read music since Celtic fiddling is an oral tradition. Learn to 'hear' the tune and play it by ear; and we'll introduce you to music notation - if and when you want. Play a jig, a reel and other tunes; and learn the difference between these time signatures, as well as the techniques and tricks to make your tune sound really Irish or Scottish. Each class will consist of learning tunes in sections, then putting the sections all together, with some music history, technique, warm-ups and listening games, plus some tips on playing with others. This class is for you if you can't play a tune and if you don't even know how to hold the instrument and bow.

*Justin Bonar-Bridges has been playing Irish music in the U.S., Ireland, and Canada for nearly 20 years, studying with some of the tradition's greatest masters and winning international accolades. Since 2001 he has taught at the Riley School of Irish Music and has played in the celebrated Celtic band Silver Arm.*

• Thurs., 6-7 pm; Jan. 26-March 1; 6 wks; \$139 (no discounts). You'll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town (East-siders can look up "Strings 'N Things" or "Antonio Violins," West-siders try "Baroque Violin" or "A Violin Makers Workshop") and can be had for as little as \$13 per month. Also bring a recording device (portable cassette, mp3 recorder, laptop, cell phone) to record at least 3 minutes of music per week. If you haven't got a recording device, most office supply stores sell very nice mp3 recorders for as little as \$20; #4207-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

**(See Celtic Fiddling Intermediate, next page)**

## Celtic Fiddling for Intermediates

See preceding description, please, for Celtic Fiddling for Beginners. It's essentially the same class and is taught by the same instructor; but this one is for anyone who can already play two or three tunes (from any culture).

*Justin Bonar-Bridges has been playing Irish music in the U.S., Ireland, and Canada for nearly twenty years, studying with some of the tradition's greatest masters and winning international accolades. Since 2001 he has taught at the Riley School of Irish Music and has played in the celebrated Celtic band Silver Arm.*

• Thurs., 7:15-8:15 pm; Jan. 26-March 1; 6 wks; \$139 (no discounts). You'll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town (East-siders can look up "Strings 'N Things" or "Antonio Violins," West-siders try "Baroque Violin" or "A Violin Makers Workshop") and can be had for as little as \$13 per month. Also bring a recording device (portable cassette, mp3 recorder, laptop, cell phone) to record at least 3 minutes of music per week. If you haven't got a recording device, most office supply stores sell very nice mp3 recorders for as little as \$20; #4208-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Club Dances

For those who have already taken swing or ballroom dance classes and are looking for a bit more challenge, this is certain to add variety to your dancing. Beginners are welcome, too. Learn the basics of Night Club 2 Step (great for slow ballads) and West Coast Swing (very versatile dance for blues, pop, rock, country) and you'll be able to fit in on the dance floor wherever you decide to go! Wear smooth hard leather soled shoes to enable turns and changes in direction. Both couples and singles are welcome, although we cannot guarantee partners for singles.

*Jeff Greatorex is a dance enthusiast who has been involved in the study and teaching of dance for many years.*

• Fri., 8:45-9:45 pm; Jan. 20-March 9; 8 wks; \$69, #5264-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Dancing for Two: Ballroom-Style

Tired of watching all the fun and ready to join in? Transform yourself into a dancer as you learn the basics of the beautiful, ballroom-style dances—slow fox trot, waltz, mambo, cha-cha, and rumba. This is an introductory level, especially for those who have had no prior dance classes. Both couples and singles are welcome, although we cannot guarantee partners for singles. Wear smooth hard leather soled shoes to enable turns and changes in direction.

*Jeff Greatorex is a dance enthusiast who has been involved in the study and teaching of dance for many years.*

• Fri., 7:40-8:40 pm; Jan. 20-March 9; 8 wks; \$69, #4211-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Guitar

Explore varying styles of music as you conquer the fundamentals of guitar technique, reading music, and chord study in a group setting. Increase your enjoyment of playing as you establish proper playing techniques. Bring an acoustic (not electric) guitar to all classes and find out that anyone can read music and anyone can play!

*Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music, is an active performer and guitar instructor.*

• Thurs., 6-7:15 pm; Jan. 26-March 8; 7 wks; \$159, plus text "The FJH Young Beginner Guitar Method: Book 1" (G1016 - CD not required) available from UC or DuBois bookstores plus online booksellers; #5224-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Guitar II

Refine and hone your guitar playing in this continuation class. Focus will be on the same major topics from Guitar I, but they will be covered in more depth. You must be able to read notes on the guitar in first position and know basic chords. Bring an acoustic guitar to all classes.

*Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music, is an active performer and guitar instructor.*

• Thurs., 7:30-8:45 pm; Jan. 26-March 8; 7 wks; \$159, plus text "The FJH Young Beginner Guitar Method: Book 2" (CD not required) available from UC or DuBois bookstores plus online booksellers; #5225-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Piano I

It's never too late to learn! Whether you're a true beginner or whether you've been away from piano since childhood and want to return, this class will get you into the fun of playing. You will go at your own pace, with lots of interaction from the instructor; and each student will play on a state-of-the-art electronic piano. Learn the fundamentals of reading music, chords, music rhythm and basic piano technique; and by the end of class, you'll be playing some popular tunes. (To get the most out of the class, you should have a piano available for practice between sessions.)

*Yukiko Kaneko has taught piano for over 10 years to students of all ages and levels; she is currently pursuing a doctorate degree in piano with CCM. Previously, at the U. of Illinois, she was awarded the Teaching Excellence Award, rated "Outstanding", for three consecutive years.*

• Tues., 6:10-7:10 pm; Jan. 24-March 13; 8 wks; \$159 (no discounts), plus "Musical Moments: A Recreational Music Making Program: Book One with CD." Available online at: [www.everylifeneedsmusic.com/MMOrdering.htm](http://www.everylifeneedsmusic.com/MMOrdering.htm)—or at UC Bookstore; #5268-01

Location: UC main campus

## Piano II: More Musical Moments

This continuation class will help you gain more skills in reading, chord playing, and the background of music making. Progress at your own pace, with lots of interaction from the instructor; each student will play on a state-of-the-art electronic piano. (To get the most out of the class, you should have a piano available for practice between sessions.) Class is designed for those continuing from Piano I or for those with nearly one year of experience.

*Susan C. Ha has been an active teacher and performer throughout the U.S. Her teaching experience includes working at major music festivals; and she instructs music majors at CCM while pursuing her doctoral degree in piano.*

• Tues., 6:10-7:10 pm; Jan. 24-March 13; 8 wks; \$159 (no discounts), plus "Musical Moments: A Recreational Music Making Program: Book One with CD" plus "Reflective Moments Book I with CD." Available online at: [www.everylifeneedsmusic.com/MMOrdering.htm](http://www.everylifeneedsmusic.com/MMOrdering.htm), or other online booksellers; #5217-01

Location: UC main campus

## Piano III: Making Music

Progress at your own pace, with lots of interaction from the instructor. Each of you will play on a state-of-the-art electronic piano; we'll introduce you to reading beyond the five-finger position, 8<sup>th</sup> notes, 7<sup>th</sup> chords, and more pop music. To get the most out of the class, you should have a piano available for practice between sessions. Class is designed for those continuing from Piano II or for those with at least one year of piano experience.

*Susan C. Ha has been an active teacher and performer throughout the U.S. Her teaching experience includes working at major music festivals; and she instructs music majors at CCM while pursuing her doctoral degree in piano.*

• Tues., 7:15-8:15 pm; Jan. 24-March 13; 8 wks; \$159 (no discounts), plus "Musical Moments: A Recreational Music Making Program: Book Two with CD." Available online at: [www.everylifeneedsmusic.com/MMOrdering.htm](http://www.everylifeneedsmusic.com/MMOrdering.htm) or at UC Bookstore; #5236-01

Location: UC main campus

## Piano IV: Making More Music

Progress at your own pace, with lots of interaction from the instructor. Each of you will play on a state-of-the-art electronic piano; we'll introduce you to reading beyond the five-finger position, 8<sup>th</sup> notes, 7<sup>th</sup> chords, and more pop music. To get the most out of the class, you should have a piano available for practice between sessions. Class is designed for those continuing from Piano III or for those with at least one year of piano experience.

*Yukiko Kaneko has taught piano for over 10 years to students of all ages and levels; she is currently pursuing a doctorate degree in piano with CCM. Previously, at the U. of Illinois, she was awarded the Teaching Excellence Award, rated "Outstanding", for three consecutive years.*

• Tues., 7:15-8:15 pm; Jan. 24-March 13; 8 wks; \$159 (no discounts), plus "Musical Moments: A Recreational Music Making Program: Book Three with CD." Available online at: [www.everylifeneedsmusic.com/MMOrdering.htm](http://www.everylifeneedsmusic.com/MMOrdering.htm) or at UC Bookstore; #4202-01

Location: UC main campus

## Hula for Beginners

Discover the graceful dances of Hawaii. For centuries, Hawaiians have used dance as a way to tell stories about their ancestors, gods and culture. Find out the meaning behind the dance and why you “keep your eyes on the hands.” You will learn basic steps of the hula and two dances, one hapa haole (lyrics in English) and one sung in Hawaiian. Wear comfortable clothes; instructor will discuss other clothing options at the first class.

*Wendy Dunning is a partner in Na Mea Hula O Cincinnati, a local Polynesian dance group. She has studied ethnic dance for 15 years, taught hula for four years, and performs regularly in the area.*

• Tues., 6:45-7:45 pm; Jan. 24-March 13; 8 wks; \$89, #4203-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free



*Dance a new step*

## Swing Dances: An Introduction

From Jitterbug (Single Time Swing) to East Coast Swing (Triple Time), you'll be picking up your feet and having a ball. Swing to music from the '50s and '60s, honky-tonk, C & W, and even rock. Gain self-confidence in maneuvering around a dance floor and increase your repertoire of fast dance movements as you learn these always popular styles of dance. You'll begin by mastering the basics and then add some new combinations as you go. Wear leather soled shoes to allow for smooth turning, please. Partner recommended but not required.

*Taught by Jeff Greator.*

• Tues., 8-9 pm; Jan. 17-March 6; 8 wks; \$69, #5262-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Salsa and Merengue Dance

Capture the spirit and the rhythm of these popular Latin dances as you learn their special moves, steps, shines, and styles. Focus will be on the Cuban style Salsa and the Merengue, a quick even-stepping hip-moving dance which originated from the Dominican Republic. You'll practice holds, hand positions, and turns as you gain confidence in adjusting your moves to the speed of the music and flowing from one move to the next. Both couples and singles are welcome, although we cannot guarantee partners for singles. Class is geared for beginners. You must wear soft-soled shoes (leather or others that allow for smooth turning).

*Doni Jessen, MBA, has a wealth of experience training, instructing choreography, and performing Latin dance.*

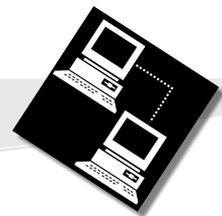
• Thurs., 7-8 pm; Jan. 19-March 8; 8 wks; \$89, plus \$8 materials fee for tape, payable to instructor at first class; #5229-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free



*Play a new song*

# Online Classes with Ed2go



## ONLINE CLASSES with [www.ed2go.com/uc](http://www.ed2go.com/uc)

Here's a sampling from the 200 titles you have to choose from – for *all* options, visit [www.ed2go.com/uc](http://www.ed2go.com/uc)

Think you don't have time to take a course? Think again. *Learn online —anytime, anywhere.*

- 24/7 classroom access
- Learn by doing—assignments and activities included
- Print lessons as you go to create a resource manual
- Led by an expert instructor
- Interactive discussion areas
- 6 weeks; 12 lessons
- New sessions begin monthly

### How to Get Started:

1. **Visit** our Online Learning Center at: [www.ed2go.com/uc](http://www.ed2go.com/uc)
2. **Browse or Search** the catalog for the courses you want. Click any title to view course details, syllabus, instructor bio, requirements, student reviews and course demos.
3. **Enroll:** You may enroll yourself and pay for your classes at [www.ed2go.com/uc](http://www.ed2go.com/uc). Plus, three other ways to enroll are available (see page 31).
4. **Return** to our Online Learning Center and click the My Classroom tab when your course starts. To begin your studies, simply log in with the name and password you provided during enrollment.

**Start Dates:** A new section of every online course will begin on the following dates:

Dec. 14 Jan. 18 Feb. 15 Mar. 21

**Requirements:** All courses require Internet access, e-mail, and the Microsoft Internet Explorer or Mozilla Firefox Web browser. Some may have additional requirements — visit our Online Learning Center for details.

**Fees:** Most classes are just \$119.  
(Note: no discounts for online classes).

## WEB AND COMPUTER PROGRAMMING

### CSS and XHTML

Learn how to create state-of-the-art Web sites, taking your existing HTML skills to the next level. Start building sites like the pros. Intro and intermediate levels

### Creating Web Pages

Acquire the basics of HTML so you can design, create, and post your very own site.

### Dreamweaver

A veteran designer helps you master the industry-standard tool for building professional Web sites. Intro. and intermed. levels available.

### Java Programming

An experienced Java programmer introduces important Java topics with clear, step-by-step instructions. Intro and intermediate levels available.

### PHP and My SQL

Learn how to create an interactive Web site, allowing visitors to post and retrieve information provided by you or your site's visitors. Intro and intermed. levels.

### Other class titles available:

#### Introduction to Programming

#### Achieving Top Search Engine Positions

#### ASP.Net

#### Flash

#### Ajax, Java, Perl, Python, and Ruby Programming

## COMPUTER APPLICATIONS

### Microsoft Excel

Discover the secrets to setting up fully formatted worksheets quickly and efficiently. Beginning, intermediate and advanced levels.

### Microsoft Access

Find out how to store, locate, print, and automate access to all types of information. Beginning and Intermediate levels.

### Microsoft Word

Gain the tools to create and modify documents with the world's most popular word processor. Beginning, intermediate and advanced levels.

### QuickBooks

Quickly and efficiently gain control over the financial aspects of your business. Also offered: Performing Payroll in QuickBooks.

## Microsoft PowerPoint

Create dazzling slide presentations with multimedia, charts, outlines, graphs, clip art, and hypertext links.

### *Learn online anytime, anywhere!*

A new section of every course in this online section will begin on the following dates:

DEC. 14    JAN. 18    FEB. 15    MAR. 21

[www.ed2go.com/uc](http://www.ed2go.com/uc)

## WRITING AND PUBLISHING

### Beginning Writer's Workshop

Get a taste of the writer's life and improve your writing skills in this intro to writing creatively.

### Effective Business Writing

Improve your prospects by developing powerful written documents that draw readers in and keep them motivated to continue to the end.

### Technical Writing

Apply technical writing conventions, interviewing skills, documentation management, publishing and formatting techniques; get tips on how to get that first job.

### Magazine Writing

Are you a determined new writer? Acquire the skills you need to get published.

### Effective Editing

If you aspire to be an editor, this course will teach you the fundamentals of top-notch editing for both fiction and nonfiction.

### Grammar Refresher

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

### Other class titles available:

#### Poetry

**Special Topics** (i.e., SitCom, Non Fiction, Life Story, Children's, Travel Writing)

#### Write Fiction Like a Pro

#### Writing Essentials

#### Writing & Selling Self-Help Books

## DATABASE MANAGEMENT

### SQL

Gain a solid working knowledge of the most powerful database programming language in the introductory class. Go beyond the basics in the intermediate level.

### C# Intro and Intermed Classes

Learn to program in C#, even if you have no prior programming experience.

## Crystal Reports

Make the points you want to make by converting raw database or accounting information into impressive and meaningful reports.

## Visual Basic

Learn to create Windows applications using the popular and easy-to-master Visual Basic. Available in intro and intermediate levels.

### Other class titles available:

#### C++ Programming

#### Oracle

## GRANT WRITING AND NONPROFIT

### Choose from these classes:

#### A to Z Grant Writing

Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns, and prepare proposals.

### Other class titles available:

#### Nonprofit Management

#### Marketing/Starting a Nonprofit

## HEALTHCARE CAREERS

### Explore a Career in:

#### Medical Transcription

#### Medical Coding

#### Admin. Medical Assistant

## LANGUAGES

### Spanish, Italian, Japanese, French, English

Your choice! Prepare to speak a new language in a wide variety of settings and situations and you will enrich your experiences while traveling.

## ACCOUNTING

### Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

### Accounting Fundamentals II

Gain practical experience working with dividends, plant assets, depreciation, accrued revenue and expenses, retained earnings, stockholders' equity, and various financial reports.

## TECHNOLOGY

### Networking

Learn the fundamentals of networking and prepare for a career in a new and fast-growing field. Also available at intermediate level.

### PC Security

Security expert teaches the fundamentals of PC and network security.

## PC Troubleshooting

Decipher and solve problems with your PC.

## Certification Prep

Note price exception: Certification Prep courses are \$149 each (no discounts).

### CompTIA Network+ Certification Prep

### CompTIA A+ Certification Prep (All Levels)

### CompTIA Security+ Certification Prep

## Window 7

Get up to speed quickly on Microsoft Windows 7 with this fun and easy hands-on course for beginners.

## BUSINESS

### Project Management Fundamentals

Gain the skills you'll need to succeed in the fast-growing field of project management.

### Project Management Applications

Experienced project manager teaches you tricks of the project management trade.

### PMP Certification Prep 1 & 2

Comprehensive preparation for exam offered by Project Management Institute.

### Start Your Own Business – Your choice!

Discover how to translate your passion into a profitable business. Classes available in these specialty areas:

#### Event Planning

#### Art & Crafts

#### Consulting Practice

#### E-Bay Buying & Selling

#### Home Based Business

#### Interior Design

#### Pet Sitting

#### Publishing

### Other class titles available:

#### Computer Skills for the Workplace

#### Keys to Effective Communication

#### Real Estate Investing

#### Supervision and Management Levels I & II

## GRAPHICS AND MULTIMEDIA DESIGN

### Photoshop Elements

Learn to edit and correct digital images to repair deficiencies and bring out the best in all your photographs. Level II also available.

### Photoshop

Learn how to use Photoshop to fix and process photos and create original images. Beginning, intermediate, and Creating Web Graphics available.

## Secrets of Better Photography

Explore strategies and learn a variety of tricks to create excellent photographs in all types of situations.

### Other class titles available:

#### Illustrator

#### InDesign

#### Photographing People

#### Travel Photography for Digital

## TEST PREPARATION

### GMAT Preparation

Discover powerful test-taking techniques and methods for improving your score on the GMAT.

### GRE Preparation Parts 1 & 2

Identify powerful strategies for success in the verbal and analytical sections. Then acquire a variety of useful techniques for tackling the math section.

### LSAT Preparation Parts 1 & 2

Learn about law school entrance procedures, developing analytical reasoning skills, and improving your test-taking skills. Then, improve your reading comprehension and logical reasoning skills, and discover proven approaches for selecting correct exam answers.

### SAT/ACT Preparation Parts 1 & 2

Master the reading, writing, English, and science questions on the ACT and new SAT. Then, prepare for the math questions on these tests.

### More courses available (200 in all)

Visit our Online Instruction Center:

**[www.ed2go.com/uc](http://www.ed2go.com/uc)**

for all of the details.



Online learning  
anytime, anywhere...  
just a click away!

**[www.ed2go.com/uc](http://www.ed2go.com/uc)**

# Personal Development and Special Interest

## Aromatherapy: An Introduction

Become acquainted with the basics of aromatherapy—what it is, how to apply it to your daily life, how to use it to help reduce anxiety and stress, uplift your moods, and bring balance to your life naturally. Find out about and experience essential oils.

*Gloria Charlier, RN, BSN, is a member of the American Holistic Nurses' Association. She has pursued her professional education by continuing her studies in accredited seminars and workshops in areas such as healing touch, aromatherapy, and herbal studies.*

• Wed., 6:30-8:30 pm; Jan. 18; \$25, plus \$8 supply fee payable to instructor for oils used in class and booklet; #6081-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Aromatherapy: Oils of Egypt and The Bible

About 40 different essential oils are mentioned in the Bible—oils like spikenard, frankincense, myrrh, hyssop, and galbanum, to name a few. These oils had very specific purposes and uses. Enrich your understanding of people and events in Egypt and at the time of Christ as you learn to link our current knowledge of the properties of various oils with the uses of these oils in the past. Find out how these oils are still used today.

*Gloria Charlier, RN, BSN, is a member of the American Holistic Nurses' Association. She has pursued her professional education by continuing her studies in accredited seminars and workshops in areas such as healing touch, aromatherapy, and herbal studies.*

• Wed., 6:30-8:30 pm; Feb. 29; \$25, plus \$8 fee for booklet and sample oils payable to instructor at class; #6088-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Fortune Telling

Learn about how anthropologists categorize the wide variety of fortune telling (divination) techniques used around the world and discuss examples from a wide variety of cultures, both past and present. After looking at the many ways that one can accomplish an act of divination, we will then put our knowledge into practice by learning how to use at least two fortune telling methods (tarot and runes).

*Alisa Strauss, PhD, teaches in the Anthropology Department at UC. She is especially interested in the study of mythology, folklore, magic, and religion both cross-culturally and through time.*

• Tues., 6:30-9 pm; Jan. 24; \$29, plus \$20 supply fee for your own deck of tarot cards, set of Viking runes, and instructional materials payable to instructor in class; #6157-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Instant Mittens

Learn to knit with a fun and “instant” project—mittens! You will learn casting on, the knit stitch, the purl stitch and knitting in the round. This is a great introduction to knitting and will give you the tools to move on to more complex projects.

*Audra Morrison has been knitting, spinning, and weaving for over 20 years; she is a talented teacher who loves to knit and to share her knowledge.*

• Wed., 6-8 pm; Feb. 22-March 7; 3 wks; \$49, plus about \$20 materials fee for special yarn and needles payable to instructor in class; #3607-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free



*Find out the best  
looks for you!*

Join Communiversity on **facebook**.

## Managing Your Digital Profile

Are you active on Facebook, Twitter, LinkedIn or Google+ ? Do you know what's currently out there on the Web about you? There's a lot you need to know about investigating, amending, and managing your digital reputation. Learn basic ins and outs of creating profiles, posting messages, connecting with others, joining groups, uploading photos, security settings and more.

*Katelyn Salyers, owner of Your Social Status: Social Technology Services, has had hands-on experience in various industries, specializing in internet marketing and social media.*

• Mon., 6:15-8:15 pm; Jan. 30-March 5; 6 wks; \$129, bring your laptop computer (or e-tablet) to every class since this is a hands-on, interactive experience; #6035-01

Location: UC main campus

## Professional Make-Up Skills

Do you want to learn professional techniques and secrets to doing your own make-up -- without the sales pitch and the very public department store environment? In this fun, relaxed class, you'll bring in your own make-up bag. Find out what your make-up will do for you, what basics you really need, how to select and purchase makeup, and how to handle some of the tools. Explore daytime and evening looks, how to minimize flaws, and how to take care of your skin. The second session is really hands-on, so come fresh-faced. We'll be starting from scratch as you learn how to apply your make-up as if it was done professionally every day.

*Nora Fink is a professional wardrobe stylist and make-up artist. She does not represent any company and does not sell any products; she currently works in the industry for a variety of companies.*

• Wed., 6:30-8:30 pm; Feb. 1-15; 3 wks; \$54 (no discounts), plus \$10 fee payable to instructor for use of supplies in class; remember to bring in your own make-up to learn application techniques; #6138-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Wedding Planning: Tying the Knot without Breaking the Bank

Acquire loads of practical information and specific tips on how to plan a beautiful wedding on any budget. No matter how much you have to spend, this class will help you spend your wedding dollar more wisely. We will cover average costs of all bridal services, pitfalls to avoid when choosing vendors, and insider secrets to save money without compromising quality. In addition you'll learn the 7 biggest regrets of brides, unique ideas to personalize your wedding, and how to maintain your sanity throughout the planning process. Come join the fun as brides, grooms, parents and friends share ideas and learn valuable information from a local expert.

*Brigid Horne-Nestor, owner of I-do Weddings & Events, is a professional bridal consultant. Since 1995 she's been helping brides plan beautiful weddings and is an active member of the Association of Bridal Consultants.*

• Wed., 7-9:30 pm; Feb. 8-15; 2 meetings; \$44, #6108-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## What to Wear and How to Wear It

From wardrobe planning and accessories to discovering your best colors and most flattering styles, find out how you can achieve that "put together" look. Focus on personal appearance and polish, find out about image killers, and do's and don'ts.

*Nanci Glendening, of Glendening Image Research, is co-founder and past-president of the Association of Image Consultants International OH-PA Chapter. She also modeled in Miami, FL and was a former Miss Cincinnati USA.*

• Wed., 6:30-8:30 pm; Feb. 1; \$29, #6156-01  
Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## What People Like Best...

**"It was a real treat to find out what colors work best for you!"**

*Students in "What to Wear" class*

# Photography



## Digital Photography: Advanced Level (for D-SLR only)

Are you ready to shoot in manual exposure with your digital single lens reflex (D-SLR) camera? We will introduce you to the control of your D-SLR's features; i.e., shutters, apertures, lens characteristics, custom white balance, sensor resolution and go into more detail with all of the other topics listed in our Basic Level I description. Bring your camera and your camera's manual to class as we move you into the realm of D-SLR photography. We'll incorporate critiques of images you take outside of class, so you can learn by doing. The focus is on taking better pictures—while your camera is in the manual mode.

*Mark Bealer and Vickie Daniels are co-owners of Studio 66 LLC, a Cincinnati-based wedding and studio photography business.*

• Sun., 3-4:30 pm; Feb. 5-March 11; 6 wks;  
\$159 (no discounts), #3824-01  
Location: UC main campus

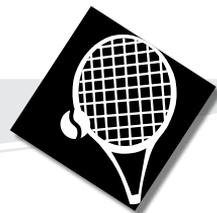
## Digital Photography: Basic Level

Get started with the basics in this introductory class. Bring your Point and Shoot digital camera and camera manual to class as we explain some of the most common functions and features; i.e., focus, zoom, flash, shutter speed, ISO, white balance, storing images, and composition. Become familiar with some of the terminology and basic photo editing as well (sizing, cropping, toning and printing). We'll incorporate some feedback of images you take outside of class, so you can learn by doing. The focus is on taking better pictures—while your camera is left in the automatic mode.

*Mark Bealer and Vickie Daniels are co-owners of Studio 66 LLC, a wedding and studio photography business. Vickie has an associate degree in photography and has worked as a professional photographer since 2005. Our lead instructor, Mark, has been a professional photographer since 1988.*

• Sun., 1:30-2:55 pm; Feb. 5-March 11; 6 wks; \$119 (no discounts), #3823-01  
Location: UC main campus

# Sports and Adventure



## Ice Skating

Learn the fundamentals of this fascinating sport. Even if you've never been on the ice before, you can begin to master forward and backward stroking, turns, stops, very basic starter jumps and the elements of spinning. One-half hour will include specific instruction in figure skating techniques. If you wish, you may stay on and skate until 4 pm as part of the "open skate" (included in fee) to spend time on your own practicing and perfecting your skills.

*Heidi Hartley, NSA Figure Skating Instructor, is skating director at Northland Ice Skating.*

• Sat., 1:30-2 pm; Jan. 21-Feb. 25; 6 wks;  
\$75 (no discounts), includes rink admission and skate rental plus "open skate" time until 4 pm to practice on your own; #4517-01

Location: Northland Ice Skating (Evendale)

## Scuba Diving: The Basics

Experience the same sense of fun and excitement shared by scuba divers throughout the world - but within the safe confines of a pool. All students must be present for first class session. If you wish to go on to earn Open Water SCUBA Certification, you must complete 4 open water dives. Travel and equipment costs for these open water certification dives are not included as part of this course.

*Taught by professional staff of Scuba Unlimited, which is the exclusive dive center of the Newport Aquarium.*

• Tues., 6:30-10:30 pm; Jan. 17-Feb. 28; 7 wks; \$85 (no discounts), \$85 instructional fee, plus supply fees payable to Scuba Unlimited at first class: \$180 for in-class equipment rental and insurance and \$60 for PADI crewpak. Bring own mask, fins and snorkel (or purchase in class - packages start at \$170); #4502-01

Location: Scuba Unlimited (Blue Ash)

## Skiing

All levels of skiers will have the chance to get the most out of skiing! Perfect North Slopes is open from 9:30 a.m. until 9:30 p.m.; it has 3 triple chair lifts and two quads, carpet lifts, 100% snowmaking capability and lighted slopes. Groups will be formed with people of similar capabilities so that you may learn at your own pace. Please arrive at least 30 minutes early the first night. In order to start your lesson promptly, we need to allow time to process your pass and to assign the groups.

*Perfect North Slopes professional staff concentrates on making skiing easy by utilizing the American Teaching System (ATS).*

**TIMES:** Your choice of start times for each one-hour lesson: 6, 7 or 8 p.m.

No matter your level of skiing ability, come when it suits you best!

**FEES:** (Four-week lesson program)

\$40 paid to UC for instruction (no discounts)

\$46 paid to Perfect North for ski and boot rental (optional)\*

\$50 paid to Perfect North for lift tickets (required)\*

\*Fees to Perfect North to be paid at first class. Please note: Equipment rental and lift tickets are good for up to 8 hours each visit. Each lift ticket also includes snow tubing

**YOUR CHOICE OF SECTIONS & DATES:**

• Tues., Jan. 10-31; 4 one-hour lessons;

#2010-01

• Thurs., Jan. 12-Feb. 2; 4 one-hour lessons;

#2010-02

Location: Perfect North Slopes, Lawrenceburg, Indiana

## TENNIS RAIN OR SHINE at Anderson Mercy Healthplex

*Indoor tennis classes are facilitated by Joe Foley, winner of over 100 tournaments and former captain of the best tennis team in UC's history.*

### Tennis for Beginners

Get in shape with tennis! Work on hand-eye coordination, racquet skills, basic strokes, and scoring. This experience is designed for the player who has never played the game or is unfamiliar with the rules. Bring your own racquet.

*Joe Foley has introduced tennis to thousands of people who continue to play this sport for a lifetime.*

• Sun., 4-5 pm; Jan. 22 -Feb. 26; 6 wks; \$69 (no discounts), #4105-01

• Sun., 4-5 pm; March 18-Apr. 29 (no class April 8); 6 wks; \$69 (no discounts), #4105-02

Location: Mercy Healthplex Anderson

## Snowboarding

All levels of boarders will have the opportunity to enhance their riding ability. Groups will be formed with people of similar capabilities so that you may learn at your own pace. Please arrive at least 30 minutes early the first night. In order to start your lesson promptly, we need to allow time to process your pass and to assign the groups.

*Perfect North Slopes professional staff strive to make snowboarding lessons geared to individual needs.*

**TIMES:** Your choice of start times for each one-hour lesson: 6, 7 or 8 p.m.

No matter your level of ability, come when it suits you best!

**FEES:** (Four-week lesson program)

\$40 paid to UC for instruction (no discounts)

\$46 paid to Perfect North for snowboard and boot rental (optional)\*

\$50 paid to Perfect North for lift tickets (required)\*

\*Fees to Perfect North to be paid at first class. Please note: Equipment rental and lift tickets are good for up to 8 hours each visit. Each lift ticket also includes snow tubing

**YOUR CHOICE OF SECTIONS & DATES:**

• Tues., Jan. 10-31; 4 one-hour lessons;

#4136-01

• Thurs., Jan. 12-Feb. 2; 4 one-hour lessons;

#4136-02

Location: Perfect North Slopes, Lawrenceburg, Indiana

### Tennis for Intermediates

This is an enjoyable way to get in shape and stay in shape! You are ready for this experience if you have had some previous instruction or if you can hit ground strokes and serves in play from the baseline with reasonable success. You'll have the chance to work on strokes with movement, rally skills, overheads, and volleys. And for those who are ready, you may practice getting that first serve in, adding spin, net play, strategy, and control. Bring your own racquet.

*Facilitated by Joe Foley.*

• Sun., 5-6 pm; Jan. 22-Feb. 26; 6 wks; \$69 (no discounts), #4107-01

• Sun., 5-6 pm; March 18-Apr. 29 (no class April 8); 6 wks; \$69 (no discounts), #4107-02

Location: Mercy Healthplex Anderson

# Test Preparation



## ACT Preparation

Losing sleep and getting anxious about test day? In this intensive class, you'll build confidence and make the most of your potential by studying strategies for taking the ACT and by reviewing topics covered by the ACT (math, writing and reading comprehension). Learn a variety of test taking methods and work with the instructor to adapt the ones that best suit your own unique style and personal strengths. You'll get support for questions and concerns; and there will be discussions, PowerPoints, use of TPR materials, and lots of concrete examples. Discover approaches to increase your odds on each question type, how to use a process of elimination, construct a well-defined essay (optional) on this test, plan your critical reading passage strategy, and learn when it's good to guess.

*Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.*

- Sun., 9 am-3 pm; Jan. 29 & Feb. 5; 2 days; \$154 (no discounts), plus bring text "Cracking the ACT" 2012 edition, a publication of The Princeton Review (available from UC and DuBois bookstores plus online booksellers). Lunch not included—bring own or a few dollars extra to order pizza with the group; #4604-01

Location: UC main campus

## GMAT Preparation

Are you in the market for a business school? Enhance your chances of acceptance with this structured study of the Graduate Management Admission Test. The English instructor covers the analytical writing assessment and verbal sections in the first three weeks while the math instructor covers the quantitative section in the latter half of the course. Concepts of algebra and geometry will be reviewed. You'll work with authentic test questions and responses and gain confidence by learning helpful strategies.

- To register for the GMAT test, call 1-800-717-GMAT or see [www.mba.com](http://www.mba.com)

- To register for this GMAT test prep class, call 513-556-6932 or visit [www.uc.edu/ce/commu](http://www.uc.edu/ce/commu)

*Allen Feibelman, MA, is an associate professor at Chatfield College and has taught with the UC English Department. Allen has also taught for Princeton Review.*

*Jane Allen, MEd in mathematics, has taught for 17 years. Currently, she is teaching College Preparatory and Honors Math at Kings High School.*

- Sat., 9 am-1 pm; Jan. 21-Feb. 25; 6 wks; \$259 (no discounts), plus text "The Official Guide for GMAT Review" (12th Ed.), Wiley Publishing, Inc. (ISBN: 978-0470449745 available from UC and DuBois bookstores plus online booksellers); #4600-01

Location: UC main campus

## GRE Preparation

Do you want to maximize your ability to score well on the GRE and get admitted to graduate school? In a relaxed atmosphere, you'll lay the foundation for success as you're guided through actual test questions, enhancing your answer strategy. The math instructor teaches quantitative reasoning skills in the first three weeks and the English instructor completes the course with analytical writing and verbal reasoning. Concepts of algebra and geometry will be reviewed. You will work with authentic test questions and responses and gain confidence by learning helpful strategies.

- To register for the GRE test at UC, call 513-556-7173

- To register for this GRE test prep class, call 513-556-6932 or visit [www.uc.edu/ce/commu](http://www.uc.edu/ce/commu)

*Jane Allen, MEd in mathematics, has taught for 17 years. Currently, she is teaching College Preparatory and Honors Math at Kings High School.*

*Allen Feibelman, MA, is an associate professor at Chatfield College and has taught with the UC English Department. Allen has also taught for Princeton Review.*

- Sat., 9 am-1 pm; Jan. 21-Feb. 25; 6 wks; \$259 (no discounts), plus text "The Official Guide to the GRE revised General Test with CD-ROM," a publication of the Educational Testing Service (ISBN: 978-0071700528) and the 4th edition of the paperback "Word Smart" (ISBN: 978-0375765759) – both publications available from UC and DuBois bookstores plus online booksellers; #7142-01

Location: UC main campus

## LSAT Preparation

The key to success on the Law School Admission Test is practice, strategy, and timing. Delve into a detailed analysis of each LSAT problem type: reading comprehension, analytical reasoning, and logical reasoning. By discussing the problems and explanations, you'll develop the ability to approach the LSAT as a series of intellectual games to which you can apply strategies studied in class. You will also benefit from the instructor's critique of your LSAT writing samples. The course culminates in a full-length mock exam. Using actual questions from previous tests, under timed conditions, will prepare you for the real environment. In addition, and outside of classroom hours, the instructor offers individualized assistance with the personal statement essay required for all law school applications.

*Mina Ludwig, JD, UC College of Law, is currently in private practice and counsel for the Hamilton County Board of Mental Health and Recovery Services.*

- Sat., 12-4 pm; Jan. 7-28; \$299 (no discounts), plus "Barron's LSAT" (ISBN: 978-0764140846) by Bobrow (13 Ed.) ~ must have this text for immediate use in class sessions 1, 2 & 3; plus "The Official LSAT SuperPrep" by the Law School Admission Council (ISBN: 978-0979305061) for use in class session 4 & for self-study -- both available from UC and DuBois bookstores plus online booksellers.; #4601-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## TOEFL iBT Preparation

The Test of English as a Foreign Language (TOEFL) is used to measure English language proficiency. It is the most accepted test in the world; and Internet-based testing has made it even more accessible. This course will help you prepare to take the TOEFL as you focus on the main features of the test, test-taking strategies, exercises, and practice. We will cover the types of skills evaluated by the various sections of the test, including reading, listening, writing and speaking.

- To register for the TOEFL iBT test with UC call 513-556-7173 or see [www.uc.edu/sas/testing\\_services/](http://www.uc.edu/sas/testing_services/)

- To register for this TOEFL test preparation class, call 513-556-6932

*Eun Chong Yang, EdD, is a graduate of the Teaching ESL program at UC and she has a wealth of experience working with adult non-native speakers.*

- Tues. 6:30-8:30 pm; Jan. 24-March 13; 8 wks; \$169 (no discounts), plus the text "Cracking the TOEFL iBT with audio CD" by Princeton Review (any edition from 2009 and after is fine); #4602-01

Location: UC main campus

## SAT Preparation

Gain confidence and make the most of your potential by studying strategies for taking the SAT and by reviewing topics covered by the SAT. You will learn specific techniques for taking the math, writing and reading comprehension parts of the test. Discover how the test is structured, effective methods for solving each problem type, and what to expect. Acquire an arsenal of tools to help you succeed, including how to use a process of elimination, construct a well-defined essay on test day, plan your critical reading passage strategy, and decide how to handle the conundrum "to guess or not to guess."

*Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.*

- Sun., 9 am-3 pm; Jan. 15 & 22; 2 days; \$154 (no discounts), plus text "Cracking the SAT" 2012 edition, a publication of The Princeton Review (ISBN: 978-0375428296 available from UC and DuBois bookstores plus online booksellers). Lunch is not included--bring your own or a few dollars extra to order pizza with the group; #4603-01

Location: UC main campus

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# Program Information

## Enroll Early

*Courses can fill up quickly! To ensure a space in the class of your choice, please enroll now. We will accept registrations as long as there is room.*

If the class you want is filled, we'll put you on a wait list and notify you as soon as possible. You may choose to remain on the wait list, transfer to another class, or receive a refund (if you paid by credit card you will not be charged). Every effort will be made to accommodate you — we've even been known to create new class sections to meet your needs.

## For Adults

While most of our classes are designed for adults (18 and over) there are exceptions. Our ACT Prep, SAT Prep, and Mini Medical College classes welcome high school students. If you're a 16 and 17 year-old interested in challenging yourself and learning something new, you are welcome to many of our other classes (we are not able to admit you to physical classes which require release forms since they aren't valid if signed by minors).

## Class Changes

We don't like to make changes, but sometimes it's unavoidable. We reserve the right to change times, locations or instructors. If we must cancel a class, we will make every effort to notify you immediately. Please provide daytime phone numbers so that we may contact you. You may then choose to transfer to another class or receive a full refund.

## Location and Parking

*Our classes are held online, face-to-face, at UC's Main Campus, at UC's Victory Parkway Campus, and at 20 other locations around town — see the last line of each description for the class location.*

Exact room and building locations, parking information, and directions will be mailed to you with confirmation of your enrollment.

If you have a disability and need specialized services, call the Disability Services Office at 513-556-6823 well in advance of your class to discuss your needs.

## Confirmation of Enrollment

If you have not received confirmation within two days of starting date for your class, please call 513-556-6932. Office hours are 8 am-5 pm Monday-Friday.

## Material and Supply Fees

Some classes require additional fees for supplies or materials — they are noted in the class listing. *These fees are to be paid to the instructor at the first class session.* These fees are nonrefundable and discounts do not apply to them.

## Books

A few courses require the purchase of book(s); those are noted in the description. You may buy them from local or online booksellers. If you buy your books from UC (513-556-1400) or DuBois (513-281-4120), you will find them in a special *Communiversity* section.

## Discounts

In order to take advantage of these discounts, you must request your discount at the time you first enroll. Only one discount may apply per class. Classes not available at a discount are marked with a "no discounts" notation.

### *UC Faculty and Staff Discount*

Full-time UC faculty and staff may take one class per quarter at half-price. Spouses and dependents are ineligible. This discount requires special handling and is not available online. Call 513-556-6932 to arrange.

### *Senior Citizens Discount*

Golden Buckeye card holders are eligible for a 20 percent discount on many of our classes — be sure to provide us with your card number, please.

## Refunds

A refund of the enrollment fee can be made up to 48 hours before the first session. We regret that no refunds may be made anytime thereafter.

However, we do stand behind our programs and will do whatever it takes to ensure your satisfaction.

## 4 Easy Ways to Enroll

Choose what is simplest for you — online, phone, in-person or mail. See details on the next page.

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# 4 Easy Ways to Enroll



**ONLINE** at [www.uc.edu/ce/commu](http://www.uc.edu/ce/commu)



**CALL** 513-556-6932, press 2. Office hours are 8 a.m.-5 p.m. Monday-Friday.



**COME** to our office, UC Victory Pkwy, Admin Bldg—Ste. 208, 2220 Victory Pkwy, 45206.  
(No cash accepted.) Office hours listed above.



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Phone (home) (\_\_\_\_) \_\_\_\_\_ Phone (work) (\_\_\_\_) \_\_\_\_\_

**I am enrolling for:**

Title \_\_\_\_\_ Course # \_\_\_\_\_ Fee \_\_\_\_\_

Title \_\_\_\_\_ Course # \_\_\_\_\_ Fee \_\_\_\_\_

Title \_\_\_\_\_ Course # \_\_\_\_\_ Fee \_\_\_\_\_

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Charge Card Number \_\_\_\_\_ Exp. Date \_\_\_\_\_

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# Communiversi**ty**

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