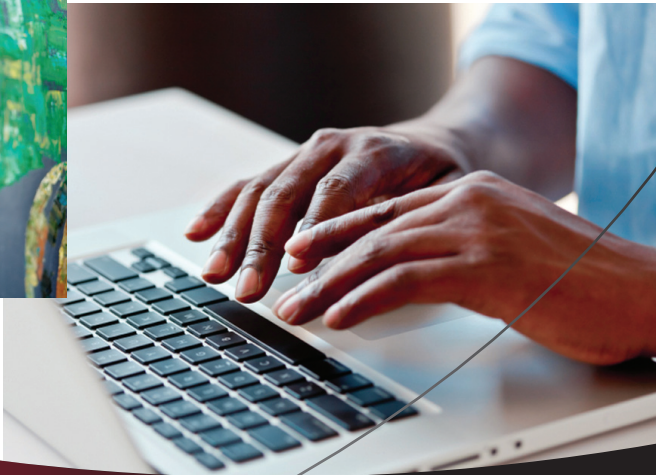


▶ Spring 2013

# Communiversality

*Enrich Your Life with Quality Courses*

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hand at  
***Something  
New!***



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▶ [www.uc.edu/ce/commu/](http://www.uc.edu/ce/commu/)

UNIVERSITY OF   
Cincinnati

Whether you are into painting pictures or taking them, shaking it up on the dance floor or waking up a hidden talent, Communiversity has classes to meet *your* needs.

Enrich yourself (*no test, grades or papers*) as you experience hands-on learning.

On or off-campus, face-to-face and online options abound.

Enrollment is easy—just a quick phone call (513-556-6932) or a few mouse clicks away ([uc.edu/ce/commu](http://uc.edu/ce/commu)).

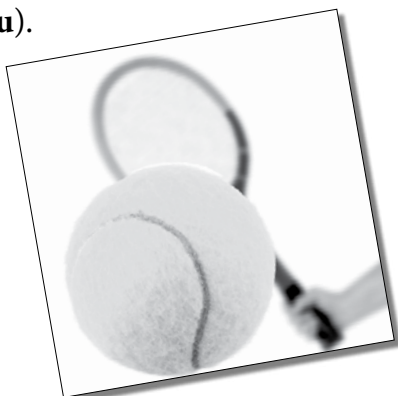
Come and try your hand at something new!

Come, join us,

*Donna Burns*

Donna Burns

Director, Communiversity



*Play Tennis!*



*Paint a Picture!*



*Pick up New  
Computer Skills!*

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# Arts and Handicrafts

Classes in antiques, art, bead jewelry, painting, pottery, stained glass



## Bead Jewelry Making I

Make your own unique jewelry using a wide variety of sterling silver and glass beads. Learn basic beading techniques including bead selection, clasp attachment, and bracelet, necklace and earring design. Use your new skills in class to fashion two pieces of jewelry (your choice between earrings, bracelet or 16" necklace – with \$1 per extra inch wanted). Come away with the skills to not only create more jewelry on your own but also to repair broken jewelry. No experience necessary.

*Megan Painter will guide you through the process of creating professional looking jewelry.*

• Wed., 7-9 pm; April 10; \$24 (no discounts), plus \$20 supply fee payable to instructor in class (includes all beads, wire, clasps, and supplies to complete the in-class projects); #3668-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Cincinnati's Artistic Heritage

Discover some of the best that Cincinnati has to offer. This Frank Farmer Loomis excursion begins in the classroom as you are introduced to some of the most outstanding artists, furniture makers and silversmiths that have graced the Queen City. Then see some of their works for yourself as you explore together the riches of the Cincinnati Art Museum's Cincinnati Wing. If you'd like to continue the conversation, those who are interested may meet for lunch together with the instructor at the Terrace Café.

*Frank Farmer Loomis IV is a fine arts appraiser, author, journalist, lecturer and NPR talk show host.*

• Sat., 10 am-1:30 pm; April 20; \$36, for lecture and tour (lunch optional and on your own); #3112-01

Location: UC Victory Pkwy Campus (near Eden Park) and Art Museum (Eden Park)

## Create a Covered Butter Dish

Amaze your family and friends when you serve the butter for their summer corn in a covered dish that you made. During the first class you will hand-build the dish and lid. You'll texture the bottom with corn kernels and the lid with husks. They will then be bisque-fired before the second class when you will glaze them. After a glaze-firing they are ready for you to pick-up.

*Rick Hoffman has over 20 years of experience making pottery and teaching others how to make it. He owns, runs and teaches at Covington Clay - a pottery studio and gallery in Covington, KY.*

• Sat., 10 am-12 pm; April 13 & May 4; 2 sessions; \$45 (no discounts), plus \$20 for materials, equipment and firing fee payable to the instructor at the first class; #3152-01

Location: Covington Clay, Covington KY (Historic Business District)

## Create Oriental Paintings in a Weekend

Begin with the basics and end with beautiful paintings! You'll learn simple, quick strokes that can enhance your painting skills while learning the Oriental way of the brush. No drawing needed; you will produce paintings of flowers, animals or landscapes using brush strokes only. A great background for beginners, it will also boost brush handling skills of those who have painted before. Experience painting with unique brushes, ink and paper for a relaxing and creative weekend.

*Jean Vance, MFA, MA, has that rare combination of being a talented artist and a gifted teacher; and she especially enjoys introducing adults to the fun of painting. She has studied Oriental Brush Painting since 1982 as the demonstrating artist with the First Ohio Trade Fair in Wuhan, China.*

• Sat. and Sun. 10 am-4 pm; May 4 & 5; 2 days; \$139 (no discounts), plus \$20 lab fee payable to instructor first day to defray cost of special papers, paints and inks used in class, plus handouts. Purchase and bring one pad or roll of Oriental painting/calligraphy paper (also called Sumi paper), two or three brushes in a variety of sizes - specifically for Oriental painting, plus bring ink stone and stick of ink and/or bottle of ink.; #3717-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Prospective Instructors

**We welcome new class ideas and proposals.**

If you'd like to be considered, call Donna at 513-556-9197 or see "Apply to Teach" at our web site.

## Earrings: Make and Take Away

Making wire-wrapped jewelry is easy! Make and take away two finished earrings--one basic tear-drop earring set and one swirly earring set (hoop design with swirls and beads). You will also take away the techniques and skills to make great pieces on your own to wear, sell, or give as gifts, plus some resources for project ideas. Prereq: either our Wire Wrap Jewelry Making class OR prior experience wire wrapping.

*Megan Painter will guide you through the process of making professional-looking jewelry.*

- Wed., 7-9 pm; April 24; \$24 (no discounts), plus \$25 supply fee payable to instructor in class. This includes all beads, anti-tarnish silver plated or copper wire (upgrade to sterling silver for \$10 more), clasps, and supplies to complete the in-class projects; #3720-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Fused Glass Jewelry

Come to create your own one-of-a-kind fused glass jewelry pieces. You'll be able to make all manner of jewelry, including earrings, necklaces, pins, tie tacks, and barrettes to give as gifts or keep for yourself. Learn basic glass cutting and fusing techniques; then create several pieces of jewelry using the glass you have cut. Return to the studio 1-2 weeks after class to retrieve fused pieces and attach findings.

*Mary Jane Riggi has a wealth of experience as a stained glass artisan and teacher.*

- Sat., 10 am-1 pm; April 6; \$39 (no discounts), plus \$35 supply fee includes tools, findings and glass payable to instructor at first class; #3506-01

Location: Artist's Studio (Mt. Airy)

## Jewelry Collecting

Do you enjoy jewelry? Then, add to your pleasure by learning more about what you love. Whether antique, fine, or costume jewelry, you'll discover some of the things collectors know. From how they are crafted to what they are made of, topics will include metals and findings, man-made materials, natural materials from the land, from the sea, from animals, stones and specialties. When finished, you should be able to identify most of the jewelry you see at antique stores and elsewhere, or even what grandma left you!

*Linda Ellis, MA, has officially been collecting jewelry for over 10 years; but she has loved jewelry since she was a child.*

- Tues., 6:45-8:45 pm; May 7; \$24, #3721-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)



## Try Your Hand at Quilting!

### Jewelry through the Ages

You'll be on the fast track (and a fascinating one, too) as we bring the history of jewelry to life for you in this short class. From the Ancients to our own contemporary times we'll paint a picture of what jewelry has represented and the wide range of materials from which it has been created. Its fulfillment of needs, functions, and fashion and how it relates to culture make for some amazing insights.

*Linda Ellis, MA, has officially been collecting jewelry for over ten years; but she has loved jewelry since she was a child.*

- Tues., 6:45-8:45 pm; May 14; \$24 (no discounts), #3722-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

### Lead Panel Stained Glass

Using the old lead channel method (instead of copper foil), you'll create a panel (about 11" x 17") in one afternoon--your choice of pattern and glass.

*Mary Jane Riggi has an abundance of experience as a stained glass artisan and instructor.*

- Sat., 10 am-4 pm; April 20; 1 day; \$75 (no discounts), plus anywhere from \$40-140 for materials and equipment (depending on the project you choose) payable to instructor in class. You may use some of the studio tools during class. Lunch not included--bring your own or order pizza with the group; #3677-01

Location: Artist's Studio (Mt. Airy)

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## Mosaics

Make a stunning mosaic tray, table top, panel or project of your choice using the direct mosaic method. Learn tips on glass selection, cutting, gluing and grouting. Bring your own item and add a mosaic design to it or choose from items available at the studio. If you've got some old cups or plates, bring them and a hammer to turn them into works of art.

*Mary Jane Riggi has an abundance of experience as a stained glass artisan and instructor.*

• Sat., 10:30 am-4 pm; May 4; 1 day; \$69 (no discounts), plus \$15-49 for supplies and equipment (depending on project chosen) payable to instructor in class. You may use some of the studio tools during class.; #3711-01

Location: Artist's Studio (Mt. Airy)

## Plein-Air Landscape Painting

Plein-Air is a French expression meaning "in the open air." Experience the pleasure of painting, self-expression, and seeing the world in a new way as you meet at various locations and scenic parks around Cincinnati to learn to sketch and to paint with oils. Drawing on ideas of impressionism, you'll practice techniques needed to complete painted sketches, including basic composition, value, pattern, color spotting, and covering the canvas. Building on those skills, you will complete a larger landscape painting that captures the impression of light and color of the Cincinnati landscape. In case of rain, we'll meet indoors or in parks with overhead cover. Details and directions to the various locations will be given in class. No experience needed.

*Richard Lushek studied classical painting under Boston painter Paul Ingbretson for three years after earning his BFA degree with UC's DAAP program. He is a working artist who maintains his own art studio.*

• Sat., 10 am-1 pm; April 13-June 1; 8 wks; \$199 (no discounts), supplies are the student's responsibility. A list will be sent with your enrollment confirmation or see [uc.edu/content/dam/uc/ce/docs/Commu/Classes/paintingsupplies.pdf](http://uc.edu/content/dam/uc/ce/docs/Commu/Classes/paintingsupplies.pdf); #3715-01

Location: First class meets at artist's studio in Eden Park; then at various parks thereafter

## Quilt Making in a Day: Fundamentals

Learn the basics of quilt making, including planning, color, design, cutting, stitching, quilting, and binding. Learn the correct, time honored techniques which result in treasures to cherish for years to come. At the end of the day, take home your completed project to enjoy as either a table runner or wall hanging, in your choice of color scheme. Bring to class your sewing machine plus a mastery of simple sewing skills - how to thread machine, operate, and wind bobbins, sew backwards and forwards.

*Pamela Reising founded and owned Comforts of Home quilt shop, was a columnist for Sew Business Magazine and a contributor to needle-work publications.*

• Sat., 9 am-4 pm; April 6; one session; \$69 (no discounts), plus \$89 supply fee for quality fabrics, batting, a universal template, plus basic quilting tools to continue using to create projects on your own. Bring a brown bag lunch plus your sewing machine; #6625-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Wire Wrap Jewelry Making

In this class, you will make a wire wrap linked bracelet and earrings (or a pendant if you'd rather) using head pins. Both pieces will incorporate anti-tarnish silver plated wire and glass beads (we'll give you a variety to choose from in class). Learn to wrap, twist, and sculpt wire using simple tools and materials (you will not wrap beads or stones). After practicing a bit, you'll find you can create your own unique jewelry to get the same effect you see in pieces in upscale boutiques.

*Taught by Megan Painter.*

• Wed., 7-9 pm; April 17; \$24 (no discounts), plus \$20 supply fee payable to instructor in class (includes all beads, wire, clasps, and supplies to complete the in-class projects); #3708-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## What People Like Best...

**"It was fun. Instruction was great. And I actually got a project done!"**

*Students in "Stained Glass" class*



**Astronomy Classes at Cincinnati Observatory Center** are held atop Mt. Lookout (near Hyde Park) in one of our city's true treasures, where the views are great (and the parking is free)!

## Astronomy on Your Computer

Put the entire universe on your computer. There are several great, free sky simulation programs that can help you reach for the stars, and keep up with what's up in the sky. This class will cover installation and use of free downloadable planetarium type programs as well as a live tutorial on how to get the most out of them. Then we will cover the best astronomy apps for your mobile devices. Please bring your laptops and/or mobile devices to class (others will be provided if you don't have them). Viewing of the real sky through the historic telescopes will follow (weather permitting).

*Dean Regas is the outreach astronomer with the Cincinnati Observatory Center.*

- Tues., 8-10 pm; May 7; \$22, #1233-01

Location: The Cincinnati Observatory Center (Hyde Park/Mt. Lookout); free parking

## Behind the Scenes at the Observatory

Look to the heavens through the oldest continuously used telescope in the world; explore the depths of the 1873 observatory including its attic and basement; and learn why President Adams laid the observatory's original cornerstone in 1843. Hear the fascinating history of the founding of the observatory; investigate how the 19th century astronomers determined time for the city of Cincinnati; discover why the observatory was designated a National Historic Landmark; and find out what is in store for the future.

*John Ventre is the historian with the Cincinnati Observatory Center.*

- Mon., 7-9 pm; April 22; \$22, #1207-01

Location: The Cincinnati Observatory Center (Hyde Park/Mt. Lookout); free parking

## Mysteries of the Universe

Why do some stars broadcast radio signals? Where do black holes come from? What is an X-ray galaxy? The more astronomers discover, the more strange and mysterious the Universe gets. This class reviews some of the current explanations for some of the most puzzling astronomical phenomena.

*Terry Endres is a presenter with the Cincinnati Observatory Center and teaches astronomy at Cincinnati State.*

- Wed., 7-9 pm; April 17; \$22, #1201-01

Location: The Cincinnati Observatory Center (Mt. Lookout/Hyde Park); free parking

## Saturn

Saturn is perhaps the prettiest of all the planets with its rings and moons. A guaranteed wow view! We will discuss how our understanding of Saturn and its moons has changed from the days of Galileo to the Voyager and Cassini spacecraft missions. Learn about the disappearing rings phenomenon and Galileo's puzzlement. Learn about the recently discovered ice geysers on Saturn's moon Enceladus and the possibility of liquid water. If weather permits, you will see this beautiful planet through the observatory telescope.

*Basil Rowe is a board member of the Cincinnati Observatory Center.*

- Mon., 7:30-9:30 pm; May 13; \$22, #1309-01

Location: Cincinnati Observatory Center (Hyde Park/Mt. Lookout); free parking

## Stargazing 101

Constellations change in the heavens from season to season. In this class you will study the imaginative figures we call constellations. Learn to use a planisphere to find any constellation at any given time and date. If the weather is clear, we will go outside to find many of the brighter constellations; and you will also have the option of looking through the observatory telescope.

*Dean Regas is the outreach astronomer with the Cincinnati Observatory Center.*

- Tues., 8-10 pm; April 16; \$22, plus \$4 optional materials fee for star chart payable to instructor at class; #1209-01

Location: The Cincinnati Observatory Center (Mt. Lookout/Hyde Park); free parking

Join Communiversity on **facebook**.

# Business and Career

Classes in business analytics, job seeking, career selection, floral business, inventing, land lording, social media, voice acting



## An Introduction to Voiceovers: Class

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, “I could do that”? If so, then you could have what it takes to begin working as a professional voiceover artist. The current voiceover trends have made it easy and affordable for just about anyone to get involved. In this fun and empowering two-hour introductory workshop, you will learn about the different types of voiceovers and what tools are needed in order to find success in the voiceover industry. You will have the opportunity to get a taste of what it’s like to be a voice actor as you perform a real voiceover script. You will be recorded so that you can receive professional voiceover evaluation later. Come ready to laugh, learn and be inspired...

*Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.*

### Your choice of two different formats:

- One-on-One Live (1.5 hours): arrange your personal session with your instructor at your mutual convenience – through our office; \$49 (no discounts); #1150-01  
Location: Taught through IChat, Skype or over the phone - your choice
- Tues., 6-8 pm; April 9; \$39 (no discounts), #1140-01  
Location: UC main campus

## High Style Flower Arranging

Using store bought or home grown flowers and herbs, learn the basic principles of floral arranging and create beautiful centerpieces. In addition, you will discover ways to care and treat fresh cut flowers to maximize their use. You may apply class experience towards obtaining a job in the floral industry (the instructor has numerous contacts and leads) or simply use what you’ve learned in your own home or office decorating.

*Peachy Seiden founded, owned, managed and operated Peachy’s Blossoms, Inc. for 25 years.*

- Sat., 2-4 pm; April 13-May 18; 6 wks; \$149 (no discounts), plus \$90 to cover entire cost of all greenery and fresh flowers for the series; it will be payable to your instructor at the first class. You create an arrangement each week and you get these materials at cost. Bring sharp scissors, vase or container (maybe something fun like a teapot or a watering can); #1145-01  
Location: 7400 Montgomery Rd. (Silverton)

## Landlord Fundamentals

Do you already own rental units or are thinking of becoming a landlord? Being a landlord is so much more than just collecting the rent. Those who are unaware of their responsibilities can find themselves with legal difficulties that create just the opposite situation from the income-producing project they imagined. Likewise, failure to properly select and manage tenants can turn a small side venture into a time-consuming nightmare. Focus on basic principles and strategies to guide you through your rental enterprise. Topics include: complying with responsibilities through federal, state (Ohio), and local laws; identifying ways to reduce liability, decrease evictions, and reduce crime and damage to rental units; implementing landlord rights; and operating rentals as an effective business.

*Nancy Dashner is a landlord and trainer. As a rental property owner herself, she discovered that managing rentals was not an inherent ability; yet there was no manual to consult. Through practical experience, study, and much research, she developed her own unique and structured approach to “land lording” as a business.*

- Sat., 9 am-2 pm; April 13; \$69 (no discounts), #1102-01  
Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## The Next Big Thing: From Idea to Market

So you have an idea for the next big thing...now what? Launching a new product or bringing an idea to market can be overwhelming. This class is designed to cover the basics of what every inventor should know, from idea development through commercialization. Topics will include: ways to protect your idea; understanding patents; packaging and staging your product; selling, licensing or starting your own company; plus an exploration of marketing venues. Join us and find the encouragement and motivation you need to get your idea off the ground.

*Ryan McAleer, MBA, co-owner of Lean4Ward, Inc., specializes in creating training programs, inventor coaching and product design. He has been a product manager, associate brand manager, and marketing manager with several Fortune 500 companies.*

- Tues., 6:30-8:30 pm; May 7; \$29, #1118-01  
Location: UC main campus

# Business & Career Online with UGotClass



## Online Certificates and Courses

*Get Skills for the 21<sup>st</sup> Century ~  
Boost your organization's bottom line.*

- Led by an expert instructor
- Interactive discussion areas
- 24/7 classroom access
- Audio/slide presentations
- Supplemental readings included
- Retake class at no charge (up to 12 months)
- Work at your own pace

See course details: content, outlines, objectives, outcomes, instructor bios, and how to enroll at [yougotclass.org/catalog.cfm/Ucincinnati](http://yougotclass.org/catalog.cfm/Ucincinnati).

**Questions?** Just call 513-556-6932

## CERTIFICATES

*Take all courses in a category to earn a certificate (or just take individual courses that interest you). Fees vary (no discounts).*

### Business Coaching Certificate

Acquire skills to develop, implement, and support coaching and mentoring programs and see your employees' performance improve.

*Two-month online course, \$295, begins April 1*

### Business Research Certificate

Learn to succeed in research, utilizing the best and most appropriate data for decision making. Find out how to communicate results for maximum impact. Comprised of 3 courses: Intro to Business Research; Business Statistics; and Qualitative Business Research; \$495, begins April 1

### eMarketing Essentials Certificate

Relevant for any organization—including companies, non-profits, and government agencies.

- Improving Email Promotions (\$195, April 1)
- Boosting Your Web Site Traffic (\$195, May 6)
- Online Advertising (\$195, June 3)

*Three one-month online courses; take all three for just \$495 to earn certificate*

### Mobile Marketing Certificate

Find out about location-based marketing, mobile payments, QR codes, applications, and mobile coupons so that you may increase capabilities to retain current customers and gain new ones.

- Mobile Marketing (\$195, April 1)
- Creating Cell Phone Apps (\$245, May 6)
- Adv. Mobile Marketing (\$245, June 3)

*Three one-month online courses; take all three for just \$595 to earn certificate*

## Social Media for Business Certificate

Communicate, market, and serve your customers:

- Intro to Social Media (\$195, April 1)
- Marketing with Social Media (\$195, May 6)
- Integrating SM in Your Org. (\$195, June 3)

*Three one-month online courses; take all three for just \$495 to earn certificate*

## Supervisory & Leadership Certificate

Get practical and insightful methods for new and even experienced supervisors and managers.

*Two-month online program; \$395, begins April 1*

## Video Marketing Certificate

Use simple online video to quickly bond with your viewer, drive traffic to your website, boost business, and build brand awareness.

- Video Marketing (\$245, April 1)
- YouTube for Business (\$245, May 6)

*Two one-month online courses; take both for just \$395 to earn certificate*

## Other April Certificate Programs:

- Customer Service Certificate
- Managing Telework Certificate
- Online Teaching Certificate

## COURSES (details at web link below)

### Beginning April 1:

Entrepreneur Boot Camp  
PhotoShop  
Program Evaluation: Nonprofits  
Recruiting/Retaining Gen X & Y  
Revenue Generation: Nonprofits

### Beginning May 6:

Content Marketing  
Cyber Security for Managers  
Design Successful Webinars  
Facebook for Business  
Google Analytics  
Management Boot Camp  
Media Buying Strategies  
Spanish for Medical Professionals  
Successful Survey Techniques  
The Business Plan  
Twitter  
Using Personality Profiles

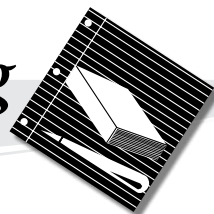
**Visit**

[yougotclass.org/catalog.cfm/Ucincinnati](http://yougotclass.org/catalog.cfm/Ucincinnati)  
**for all the details about these classes!**



# Communication & Writing

Classes in communication, public speaking, relationships, writing, fiction, nonfiction



## What People Like Best...

**“Good examples,  
good suggestions, good  
toolset to help people  
communicate better  
and grow together.”**

*Student in “How to Have an  
Awful Marriage” class*

## How to Have an Awful Marriage

Just kidding...but since this is a funny workshop with the focus on communication in marriage, there will be lots of tongues in cheeks and you'll probably come away laughing. Have you noticed that men and women seem to speak a different language? Words can come between us in our relationships. Learn how the “purpose of conversation” is totally different for men than for women, as are questions, silence, gift giving, tears and more. Practice translating male and female language, and you'll be able to reduce 60-80% of your arguments and miscommunications. Both couples and singles are welcome.

*Karen Gail Lewis, MSW, EdD in consulting psychology and family therapy is a marriage and family therapist and an author of numerous books. She has been on faculty with UC College of Medicine, Virginia Tech, and Johns Hopkins.*

• Fri., 6:30-8:30 pm; April 19; \$29 (no discounts), per individual; plus \$10 (optional) for “Why Don't You Understand? The World's First Gender Relationship Dictionary” payable to instructor in class; #6154-01

Location: UC Victory Parkway Campus (historic Edgecliff by Eden Park); park free

## Writing Nonfiction

The internet has opened up vast new vistas and opportunities for writers. The way to take advantage of it is to hone your writing skills. Do you want to write blogs? Online articles? Magazines? Essays? If you are interested in these or other forms of nonfiction, this crash course definitely is for you. We will look at economy of language, story structure, and other techniques for polishing your prose and making your work stand out.

*Brian L. Meyers, MA, is an engaging, informative educator, writer, and journalist.*

• Tues., 6:30-8:30 pm; April 9-30; 4 sessions; \$99 (no discounts), #3312-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Online Classes Also Available:

**See [ed2go.com/uc](http://ed2go.com/uc)**

select “Writing & Publishing;”  
see Grant Writing, Business Writing, and a variety of specialized creative Writing Topics



*Improve your  
communication skills!*

Join Communiversity on **facebook**.

# Explore the World

Classes in trip planning, destination travel, sightseeing, cultures of the world



*These destination travel classes will give you valuable information about pre-trip planning, transportation options, accommodations, points of interest, local customs and culture. Vicky Mary shares her enthusiasm and love for travel along with her wealth of professional experience. She is the owner and president of Victoria Travel.*

## Best of the British Isles

Follow our travel pro's trail through England, Wales and Scotland as you explore some of the most popular and some of the more out-of-the-way places to visit. First, focus on points of interest; then turn your attention to the nuts and bolts of transportation within the British Isles, from the rail passes to the bus passes to the London Visitor Card. Finally, look at alternative accommodations, such as manor houses, B & B's, apartments in London, pub stays in the countryside, and hotels with good values. From considerations such as "Should we base ourselves in London and take day trips to the countryside, or get a rental car and meander," careful pre-trip planning can make all the difference.

• Mon., 7-9 pm; April 29; \$24, #1074-01

Location: UC Victory Pkwy Campus  
(historic Edgecliff by Eden Park)

## Greece, Croatia, Turkey: Mediterranean Travel

Explore what Greece has to offer - from the ancient to the modern, from the mainland to the exotic islands. Learn about the variations between the many islands, about accommodations in villas or in small beach resorts, and about cruises that offer an economical alternative to land trips. Dip up into Croatia - rich with history, culture, and natural beauty, from the Dalmatian Coast to Montenegro. Then find out about travel to Turkey--with its wealth of well-preserved ancient sites, such as Ephesus and Troy, and its colorful modern sites, such as the bazaars of Istanbul. Find out about pre-trip planning, transportation options, accommodations, points of interest, local customs and culture.

• Mon., 7-9 pm; May 6; \$24, #1510-01

Location: UC Victory Pkwy Campus  
(historic Edgecliff by Eden Park)

## Solo Travel

Some people dream of seeing the world but hesitate to venture out by themselves. Turn traveling solo to your advantage as you learn valuable information about the challenges and opportunities available to those who travel on their own. Find out practical tips on how to travel smart (following local customs, safety) while having a great time. Learn where to go, how much it will cost and what to expect as you explore a variety of vacation and travel experiences. And learn how to cope with the ever-present "single supplement" for hotels and on cruises. Vicky Mary has traveled solo all over the world and gives you personal as well as professional insights.

• Mon., 7-9 pm; April 15; \$24, #1060-01

Location: UC Victory Pkwy Campus  
(historic Edgecliff by Eden Park)

## Your Travel Guide to Central America

Learn about travel to our Central American neighbors, including amazing scuba and snorkel vacations in Belize, adventure travel in Costa Rica with its fantastic rainforests and canopies, horseback riding and whitewater rafting. Also explore Nicaragua and Guatemala, including the wonders of the vast ancient ruins of Tikal, lush mountain stays and language classes. Where to stay, how to fly, how to travel around these countries, what to eat, and what to see--all of these questions will be addressed by someone who has been there.

• Mon., 7-9 pm; May 13; \$24, #1328-01

Location: UC Victory Pkwy Campus  
(historic Edgecliff by Eden Park)

# Fitness and Health

Classes in healthy cooking, hypnosis, massage, movement, tai chi, yoga, zumba



## “Fitness Flex Pass” with Pat

The flexibility you’ve asked for! Take any of Pat Woellert’s scheduled classes—see details of Zumba Gold; Zumba Toning; Zumba Fitness; or Boot Camp Lite. Depending on the size of the pass you purchase, you have the right to attend any of Pat’s classes—until either you’ve used up your pass or the expiration date of your Flex Pass has come and gone. When that happens, simply buy another pass! Please note that passes do expire on the end date listed and may not be carried over into another term.

- 5-Class Pass; \$22 (no discounts), #4363-05
- 10-Class Pass \$44 (no discounts), #4363-10

*About your instructor: Pat Woellert, MEd in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a licensed Zumba® instructor through Zumba® Fitness, LLC.*

## Boot Camp Lite

No fear here—you can do it! This kinder, gentler boot camp is designed to improve your cardiovascular endurance, muscular strength, balance, and flexibility with fun, easy-to-follow drills. Bring a pair of hand held weights suitable to your fitness level, a mat for floor work, and supportive aerobic shoes.

*Taught by Pat Woellert, MEd in health education.*

• Thurs., 5:35-6:35 pm; March 28-June 6 (no class May 23); 10 wks; \$48 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4339-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Zumba Gold®

This is a dance-fitness class that feels friendly, and most of all, fun. All of the elements that Zumba is known for are here: the zesty Latin music; the exhilarating, easy-to-follow moves; and the invigorating, party-like atmosphere. What’s different is that the moves and pacing have been modified to suit the needs of those just starting their journey to a fit and healthy lifestyle and those who want to move in a gentler way but still have the fun of Zumba. Bring floor mat and wear supportive aerobic shoes.

*Taught by Pat Woellert, licensed Zumba® instructor.*

• Mon., 5:35-6:35 pm; March 25-June 10 (no class May 20 or 27); 10 wks; \$48 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4362-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Zumba® Fitness

This unique workout is a “feel-happy” approach to fitness. Its high energy, motivating music and rhythms are a fusion of Latin and international dance themes. Great for the body and great for the mind, this workout combines fast and slow rhythms designed to sculpt the body, burn calories and fat, and tone you up. Bring floor mat and wear supportive aerobic shoes.

*Taught by Pat Woellert, MEd in health education, and licensed Zumba® instructor.*

Wed., 5:35-6:35 pm; March 27-June 5 (no class May 22); 10 wks; \$48 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4352-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Zumba® Toning

Zumba® Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba® moves to create a calorie-torching, strength-training dance fitness-party. You will learn how to use light weights (1-2 pounds) to tone all your target zones, including arms, abs, glutes and thighs. Sculpt your body naturally while having a total blast. Bring 1-2 pound dumbbells, a mat for floorwork, and wear supportive aerobic shoes.

*Taught by Pat Woellert, licensed Zumba® instructor.*

• Tues., 5:35-6:35 pm; March 26 -June 4 (no class May 21); 10 wks; \$48 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4311-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

## Beginner's Mind~Yoga Basics

Learn the foundational yoga postures typically practiced in a yoga-asana sequence. A wonderful experience for those new to yoga, just learning the basics of alignment, breath and intention, these classes include an introduction to sun salutations, standing postures, backbends, forward bends, twists, inversions, restorative poses, breathing, relaxation and more. Come and enjoy a relaxing atmosphere with soothing music and gentle movements for any body.

*Anna Ferguson, BA, RYT, CYTA, has studied with many remarkable teachers and master yoga practitioners over the years; she has completed both 200-hour and 500-hour teacher training courses.*

### Your choice of days - or take them both!

- Tues., 5:15-6:15 pm; April 2-May 21; 8 wks; \$99 (no discounts), #4325-01
- Thurs., 5:15-6:15 pm; April 4-May 23; 8 wks; \$99 (no discounts), #4325-02

Location: World Peace Yoga & Motion Studio (Clifton near Ludlow)

## Face Lift Massage: Do It Yourself

Acquire some simple techniques so that you can give yourself a face lift massage—or bring a partner and work on each other. Through demonstration and self-application, you can learn to tone and condition your skin, tighten and lift your facial muscles, reduce the stress you carry there, and look and feel more youthful. Learn to work with trigger points—30 different muscles—in your cheeks, jaw, eyes, scalp, brow, nose, neck, and shoulders. Discuss the best sequence of strokes, how to build massage into your routine, what you need to know about oils, and the profound effect that massage can have.

*Stephanie Nelms is a trained medical massage therapist who is licensed by the Ohio Medical Massage Board; she is dedicated to providing quality therapeutic massage.*

- Mon., 6:30-8:30 pm; April 8 & 15; 2 wks; \$59 (no discounts), per person; for your comfort bring along a small pillow for your back plus a small blanket or throw; #4361-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)



*Yoga for You!*

## Reiki Energy Healing

A unique natural healing and pain management practice, Reiki has been part of the wisdom of many cultures since ancient times. Originating in Japan, this “laying on of hands” light touch technique allows you to tap into an unlimited supply of life force energy to improve health and enhance the quality of life. You will receive the Reiki attunement; and you will learn and practice self-healing techniques. Other topics include chakras and auras, the three pillars of Reiki, and how Reiki works. Please dress comfortably.

*Natalie McKerrell has earned her Reiki master teacher credential from William Rand who is the founder of the International Center for Reiki Training in Michigan.*

- Thurs., 6:30-9 pm; April 11-25; 3 sessions; \$99 (no discounts), plus \$50 for manual and certificate payable to instructor at first class (free parking); #6121-01

Location: Essex Studios (by the Taft Rd Exit off I-71S and by the Reading Rd Exit off I-71N)

## Tai Chi for Beginners

This is a great introduction to Tai Chi. You'll get all of the fundamentals with this easy to learn short set of moves. Focus is on the Yang style 8 movement form. Join us for fun, stress reduction, enhanced athletic performance and balance.

*Ralph Dehner is a certified personal trainer, certified Tai Chi instructor and one of 16 USA master/trainers in Dr. Paul Lam's Tai Chi for health programs.*

### Your choice of dates & locations:

- Thurs., 5-6 pm; April 11-May 30; 8 wks; \$99 (no discounts), #4510-01

Location: Mighty Vine Wellness Club (on Vine) or

- Wed., 7-8 pm; April 10-May 29; 8 wks; \$99 (no discounts), #4510-02

Location: Instructor's Studio (Fairfield)



## Massage for Two

Bring your partner! Whether you pair up with your spouse, mom, or your best friend, you'll take turns mastering some massage basics that you can use to help relax tension and offer some relief to aching muscles—without tiring yourself out. We will focus on different areas of the body, including head, neck, shoulders, arms, legs, and back. You can also learn individual techniques (primarily Swedish massage) for you or your partner's specific muscle needs. Please dress in shorts and t-shirts.

*Stephanie Nelms is a highly trained medical massage therapist and is licensed by the Ohio Medical Massage Board. She is dedicated to providing quality therapeutic massage and educating people about wellness.*

• Mon., 6:30-8:30 pm; April 22 & 29; 2 wks; \$59 (no discounts), per person; wear shorts and t-shirt; bring a mat, a small blanket or throw and a bath towel to class; #4348-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Shape Up with Belly Dance

Dance your way into shape with this captivating combo of low impact exercise and natural dance that celebrates the personal beauty of all women - of all sizes, all ages. These stretching and swaying movements, electrifying shimmies, and flowing arms are rooted in thousands of years of feminine history. Belly dance promotes flexibility, strength and grace; it helps you unwind and inspires a positive attitude. Learn authentic steps, correct techniques and appealing dance routines. From your fingertips to your toes, and from your head to your heart, this dance will draw you in.

*Nanci Glendenning's teaching experience as well as her stage experience is extensive.*

• Mon., 6:45-7:45 pm; April 15-May 20; 6 wks; \$69 (no discounts), wear bike shorts, leotard or yoga clothes and bring a scarf to tie around your hips. Wear ballet slippers or socks; #5261-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## The Natural Spa

Create your own personal "spa" at home - starting in your kitchen! Find out about lots of natural products you usually have on hand (like fruits, eggs, honey, and avocado); then learn how to prepare and use them to benefit you. Discover simple and natural ways to cleanse, tighten, strengthen and moisturize your hair, nails, and skin.

*Stephanie Nelms is a licensed esthetician (skin care specialist) who also teaches "Face Lift Massage" with Communiversity.*

• Mon., 6:30-8:30 pm; May 6; \$29 (no discounts), bring a towel and a bowl to class; #4367-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Weight Loss Hypnosis

Our focus is weight loss; however, with hypnosis, there is no "diet." The premise is that over-eating is a habit and hypnosis can stop the habit. Begin by identifying the stressors in your life and be hypnotized for stress reduction. The next week, explore what habits control your eating and be hypnotized to change those habits. Finally, discuss ways to make exercise a safe, healthy and enjoyable part of your day. A third hypnosis helps instill the desire to incorporate exercise as part of your life. Change your life as you experience hypnosis as a tool to reduce stress and change eating and exercise habits.

*Natalie McKerrell, PhD in holistic health sciences, is a certified hypnotherapist; she has studied at the Cincinnati School of Hypnosis.*

• Sat., 10 am-12 pm; April 13-27; 3 sessions; \$79, plus \$35 CDs and material fee payable to instructor at first class; #6120-01

Location: Essex Studios (at Taft and I-71)

## What People Like Best...

**"I learned some valuable techniques to give and receive."**

*Student in "Massage for Two" class*

# Food

Classes in healthy eating, cooking, menu planning, nutrition



## Greek Yogurt & Yogurt Cheese

See demonstrations, taste samples, get detailed instructions and recipes, and learn to follow the steps in the process. This recipe uses no chemical or preservatives and it's easy to make using basic kitchen supplies (you probably have the items in your kitchen already!) By the end of class, you'll have enough information to spread your wings and make your own Greek yogurt and yogurt cheese at home.

*Peggy Lisnek has been a teacher for many years and is eager to share how to make these pure, natural and delicious products.*

• Mon., 7-8:30 pm; April 22; \$19, #8103-01

Location: UC Victory Pkwy Campus  
(historic Edgecliff by Eden Park)

## Simple Health-Smart Cooking: With An Ethnic Flair

In this fun, informal, and interactive class series, you'll discover how healthy and tasty meals can be prepared quickly and simply. As your instructor dices, chops, sautés, and stir fries, you'll see how easy and enjoyable cooking can be. Join in with your comments and questions. Sessions will include: Asian, Mexican, and Mediterranean cooking; creative fridge/pantry cooking; and all will emphasize what foods to eat to promote healthy hearts, bones, and bodies. Then, the best part of all – time to eat!

*Peachy Seiden, MS, RD is a nutrition consultant who has maintained her own private practice, the Cincinnati Nutrition Counseling Center, since 1990. She has found that one of the best ways to get people to eat healthy is to show them how to cook that way!*

• Sat., 12-1:30 pm; April 13-May 18; 6 wks;  
\$139 (no discounts), includes all materials and food; #8124-01

Location: Cincinnati Nutrition Center  
(Silverton)

# Home and Garden

Classes in interior decorating, interior design, real estate



## Be Your Own Designer

Have you ever walked into a home and immediately felt "at home?" Are you attracted to certain colors but hesitant to use them? Do you wish your home expressed more of your personality? In this course, you'll learn placement, color, lighting and accessory theories. Discover how to express your personality through the interior design of your home. As part of the class, you will design a room of your choice that captures your preferences and accommodates your lifestyle.

*Tim Mendenhall, MEd, has been an interior designer for some of the finest residential design firms in the area. He now owns and operates his own firm.*

• Thurs., 6:30-8:45 pm; April 11-25; 3 wks;  
\$69, #8338-01

Location: UC main campus

## Buying a House in a Down Market

Whether a first time or step up seasoned buyer, all will benefit from this fact-filled fun class. It is still a buyer's market and we will keep you up to date on all the latest changes. Explore essential topics such as determining the best way to go about finding that property you want, what you can afford, using the MLS, and the ins and outs of contracts, financing, and insurance. Class is strictly educational in nature; learn from the pro's about buying smart in today's market.

*Gary Rossignol, course facilitator, has been a practitioner in real estate since 1986. Guest experts include an attorney, a mortgage broker, and a home inspector.*

• Tues., 6:30-9 pm; April 9 & 16; 2 wks; \$59,  
#8401-01

Location: UC main campus

## Home Design: Re-doing Your Kitchen and Master Suite

Focus on getting an updated look for your kitchen and master suite (bedroom and bath) and bring some “sizzle” into your home decor. These two rooms bring the highest rate of return on any home improvement you could do. Explore ways to incorporate some new design ideas and how to use old, familiar materials in creative new ways. Helpful, but not required, are measurements of your master bedroom and bath as well as your kitchen so that you can apply these design ideas specifically to your home.

*Tim Mendenhall, MEd, has been an interior designer for some of the finest residential design firms in the area. He now owns and operates his own design firm.*

- Thurs., 6:30-8:45 pm; May 9-23; 3 wks; \$69, includes optional one-half hour one-on-one meeting with instructor to discuss your personal design; #8345-01

Location: UC main campus

## Selling Your Home in a Buyer's Market - Fast and for Top Dollar

Invest two hours in learning the ins and outs of how to sell your home and the returns could be enormous. Find out the key points of pricing, marketing, and showing your home to maximum advantage. Learn critical information about state requirements, inspections, documentation and financing. If you do consider listing with an agent, how do you interview and select one? And what's the #1 most common mistake in selling a house? Come and find out!

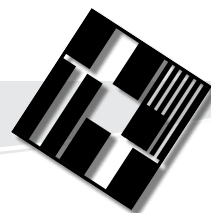
*Gary Rossignol has been a practitioner in real estate since 1986 and is a certified instructor in Ohio and Kentucky for realtor continuing education courses. Course is strictly educational in nature.*

- Tues., 6:30-8:30 pm; April 23; \$29, #8344-01

Location: UC main campus

# Language

*Classes in Arabic, Chinese, ESL, French, Hindi, Italian, Spanish*



## Arabic for Beginners

Acquire a basic understanding of the Arabic language and learn to express yourself in that language as you focus on alphabet recognition, basic structures and vocabulary. Emphasis will be on pronunciation, expressions and basic communication skills. You should also be prepared to work on your own outside of class in order to get the most out of this experience.

*Youssef Costandi, MD, was past president of the Egyptian-American Club and has an abiding desire to help others learn the basics of his native language. Dr. Costandi is multi-lingual; he received his early education in a French school which was directed by the Jesuit Fathers in Cairo.*

- Mon., 6-8 pm; April 8-May 20; 7 wks; \$169, plus \$10 for vocabulary CD plus 100 pages of resource material—payable to instructor at first class; #7502-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## English as a Second Language: Conversation & Pronunciation

### Daytime Classes

Practice speaking and improve your conversation skills in a small group setting. Pronunciation exercises focus on difficult sounds and will help you speak clearer English. While grammar is not the focus of this class, instructors will politely correct speaking mistakes. Teachers will select exercises and topics that are best tailored to your particular needs.

*Conversa's English instructors will make you feel comfortable so you can speak, practice and improve.*

- Tues. & Thurs., 1-2:30 pm; April 2-25; 8 sessions;(class meets 2 days a week for 4 wks); \$190 (no discounts), plus \$15 materials fee payable to Conversa at first class; #7006-01

Location: Conversa Language Center (Downtown)

## French for Beginners

Master the basics of the most romantic of the romance languages. Simple dialogues, questions, basic vocabulary, and expressions for travel and everyday situations will be the focus. Enjoy learning correct pronunciation and how to communicate while traveling as you explore aspects of life in modern French speaking countries.

*Joe Costandi, MD, received his early education in the French school, College de la Sainte Famille, which was directed by the Jesuit fathers in Cairo. He speaks French fluently and is an active member of the Alliance Francaise.*

• Thurs., 6-8 pm; April 11-May 30; 8 wks; \$179, plus text “Learn French the Fast and Fun Way” and companion CD by Bourquin-Leete, published by Barron’s (ISBN: 978-0764176890 available at UC and DuBois Bookstores plus online booksellers); #7002-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## French for Advanced Beginners

Do you already have a passing acquaintance with this beautiful language but want to learn a little more? This course will help you with simple conversations, dialogs, vocabulary, pronunciation, expressions for travel and everyday situations. Come and have fun while you freshen up your French.

*Colette Wiltz is an experienced instructor of French who enjoys teaching her native language to others.*

• Tues., 6:15-8:15 pm; April 2-May 21; 8 wks; \$179, plus text “Learn French the Fast and Fun Way” and companion CD by Bourquin-Leete, published by Barron’s (ISBN: 978-0764176890 available at UC and DuBois bookstores plus online booksellers); #7003-01

Location: UC main campus

## Hindi: Conversational

Whether you want to learn Hindi for travel, business, or to speak with friends or relatives, this introductory course will get you off to a great start. Develop the ability to converse on a variety of everyday topics in different social situations. All will be reinforced in a supportive atmosphere through use of role play, rhymes, catchy and repetitive songs, and flash cards--anything to enhance your memory.

*Nidhi Mehrotra, MBA, is a native Hindi speaker from India. She has been part of the American corporate world for 10 years, is well-versed in cultural and linguistic differences, and has conducted classes for adults with diverse backgrounds and needs.*

• Wed., 6:30-8:30 pm; April 3-May 22; 8 wks; \$179, plus text (optional) “Speak Hindi with Confidence” by R. Snell with 3 cd’s (ISBN: 978-0071736053 available from UC and DuBois bookstores plus online booksellers); supplemental materials such as flash cards may be purchased from instructor in class (also optional); #7514-01

Location: UC main campus

## Italian for Beginners

Learn to communicate in this beautiful, musical language. You’ll acquire the basics of pronunciation, vocabulary, grammar and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation, plus special expressions for travelers. Tips on traveling, sightseeing, and enjoying the culture of Italy will also be included.

*Antonio Iemmola specializes in introducing adults to the language of his native country.*

• Thurs., 7-9 pm; April 11-May 30; 8 wks; \$179, plus text “Italian: A Self Teaching Guide” by E. Lebano (ISBN: 978-0471359616 available at UC and DuBois bookstores plus online booksellers); #7004-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Italian for Advanced Beginners

This refresher class is geared for those who had some Italian and would like to improve their conversational skills in this beautiful, musical language. Come and discover Italy’s rich traditions while you advance your language abilities. Build your vocabulary, learn some elements of grammar and sentence structure, and gain confidence in carrying on simple conversations, as well as special expressions for travelers.

*Taught by Antonio Iemmola.*

• Tues., 7-9 pm; April 9-May 28; 8 wks; \$179, plus text “Italian: A Self Teaching Guide” by E. Lebano (ISBN: 978-0471359616 available at UC and DuBois bookstores plus online booksellers); #7090-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Join Communiversity on 



# Money Matters

Classes in finance, money management, retirement planning



**Please note:** Our seminars are educational in nature. The university does not endorse or promote any products, strategy or views. Any presented are those of the instructor only

## Personal Finance

Take control of your personal finances by understanding your options. Focus on these essential topics: your money personality; roadblocks to financial security; managing wealth/managing risk; personal cash flow; securities; equity markets; mutual funds; tax considerations; financial planning principles and process; and determining your investment profile. Confusion, procrastination and fear of finance prevent many from developing a financial plan. Don't let it stop you. Join us!

*Suzan B. Kotler, CFP, has devoted her career to helping people with money matters. Knowledgeable and motivating, she has been recognized by Cincinnati Magazine as a five star wealth manager for four consecutive years.*

• Sat., 10 am-1 pm; April 13 & 20; 2 sessions; 6 hrs total; \$69, includes workbook and all materials; #9040-01

Location: UC main campus

## Retirement Planning

Acquire the tools necessary to make more informed decisions regarding your financial future. Learn to assess the costs associated with retirement, determine your sources of retirement income, improve your investment potential, reduce your financial risk, and help preserve your estate for your heirs. You'll also find out how to fight the effects of inflation, avoid unnecessary taxes, and protect yourself from the potentially devastating costs associated with long-term-care expenses. You may bring a spouse or guest at no additional charge.

*Marc Leavy, CFP of The Financial Network Group, Ltd., is a registered investment advisor and seasoned teacher.*

### Your choice of sections and dates:

- Tues., 6:30-9:30 pm; March 5 & 12; \$59 (no discounts) includes book; #9019-16
- Thurs., 6:30-9:30 pm; March 14 & 21; \$59 (no discounts) includes book; #9019-17
- Sat., 9 am-12 pm; March 16 & 23; \$59 (no discounts) includes book; #9019-19

Location: All 3 class sections will be held at UC Victory Parkway Campus

# Music and Dance

Classes in ballroom dance, hula, salsa dance, swing dance, tango, Celtic fiddle, guitar, piano



## Celtic Fiddling for Beginners Level I

Do you want to play Irish or Scottish fiddle music, but have never picked up a fiddle? Rest assured, by the end of this class you'll have a solid foundation on the instrument and a handful of great tunes! Along the way you'll see how easy it is to learn music by ear (no sheet music required), get a taste of music history and theory, and, of course, have fun in the process! Learn how Irish tunes are built on simple patterns, enabling you to learn any tune you hear. Explore proper fiddle ergonomics so that you can enjoy a lifetime of playing. This is the class for you if you can't play a tune or don't even know how to hold the instrument and bow.

*Justin Bonar-Bridges has been playing Irish music in the U.S., Ireland, and Canada for nearly 20 years, studying with some of the tradition's greatest masters and winning international accolades. Since 2001 he has taught at the Riley School of Irish Music and has played in the celebrated Celtic band Silver Arm.*

• Thurs., 6:25-7:25 pm; April 11-May 23 (no class May 2); 6 wks; \$139 (no discounts), You'll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town (East-siders can look up "Strings 'N Things" or "Antonio Violins," West-siders try "Baroque Violin" or "A Violin Makers Workshop") and can be had for as little as \$13 per month. Also bring any recording device (cassette, mp3, laptop, cell phone) to record at least three minutes of music per week.; #4207-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Celtic Fiddling for Beginners: Level II

This is a continuation of the preceding course. Using foundation skills and ear training learned in Level I, we'll tackle some trickier tunes and explore techniques that will help your playing sound Irish or Scottish. We may even dive into some of the other Celtic lands for inspiration! If you've already learned some tunes by ear and have a background on the fiddle, or you've previously taken Celtic Fiddling for Beginners I, this class is for you.

*Justin Bonar-Bridges has been playing Irish music in the U.S., Ireland, and Canada for nearly twenty years, studying with some of the tradition's greatest masters and winning international accolades. Since 2001 he has taught at the Riley School of Irish Music and has played in the celebrated Celtic band Silver Arm.*

- Thurs., 7:35-8:35 pm; April 11-May 23 (no class May 2); 6 wks; \$139 (no discounts), You'll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town (East-siders can look up "Strings 'N Things" or "Antonio Violins," West-siders try "Baroque Violin" or "A Violin Makers Workshop") and can be had for as little as \$13 per month. Also bring any recording device (portable cassette, mp3 recorder, laptop, cell phone) to record at least three minutes of music per week.; #4208-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Argentine Tango Introduction

Experience the unique flavor and style of the traditional Argentine Tango featuring beautiful and sensual movements and figures. Learn to master the basics, including the walking embrace, the connection, line and cross walking, and the contra body position. This is a partner dance, so please be sure your partner signs up too; and do wear shoes that allow for smooth turning. Now, start the music and count on having fun!

*Patricia Paz was born in Buenos Aires and has had two careers, physical education and Argentine native dances and folklore. She is an experienced performer and teacher of dance here and abroad.*

- Fri., 6-7 pm; April 12-May 17; 6 wks; \$69 (no discounts), plus \$5 materials fee for CD payable to instructor at first class; #5259-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Dancing for Two: Ballroom-Style

Tired of watching all the fun and ready to join in? Transform yourself into a dancer as you learn the basics of the beautiful, ballroom-style dances –slow fox trot, waltz, mambo, cha-cha, and rumba. This is an introductory level, especially for those who have had no prior dance classes. Both couples and singles are welcome, although we cannot guarantee partners for singles. Wear smooth hard leather soled shoes to enable turns and changes in direction.

*Jeff Greator is a dance enthusiast and experienced teacher of dance.*

- Fri., 7:40-8:40 pm; April 5-May 31 (no class May 24); 8 wks; \$79, #4211-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Dancing for Two: The Next Step

Expand your knowledge of the waltz, Foxtrot, Cha Cha, and Rumba, as you devote two weeks to each of these dances. Each class will begin with a review of the basics and then will move into variations. We will be doing some traveling and stationary/pivot turns. Wear smooth hard leather soled shoes to enable turns and changes in direction. If you have attended our "Dancing for Two: Ballroom" class or have equivalent experience with these dances, this class is for you!

*Jeff Greator is a dance enthusiast and experienced teacher of dance.*

- Fri., 8:45-9:45 pm; April 5-May 31 (no class May 24); 8 wks; \$79, #5258-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Getting in Tune with Your Ukulele

Ukuleles aren't just for luaus! You'll be amazed at the variety of styles you can play - from blues and country to pop and light rock. After mastering the fundamentals (tuning, holding and finger placement), we'll focus on really getting comfortable with your instrument. Watch, listen, and play along as you build on the basics of chords, strumming, playing up the neck, and trying out some variations and tempos. No musical experience needed. Bring your ukulele and let's make some music!

*Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music would love to get you in tune with your ukulele and keep you playing.*

- Tues., 5:15-6:30 pm; April 9-May 21; 7 wks; \$159 (no discounts), bring your own ukulele (soprano, concert, or tenor - no baritone) and text for Hal Leonard Ukulele Method Book 1 with audio CD (only about \$9); #4214-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Join Communiversity on **facebook**.

## Guitar

Explore varying styles of music as you conquer the fundamentals of guitar technique, reading music, and chord study in a group setting. Increase your enjoyment of playing as you establish proper playing techniques. Bring an acoustic (not electric) guitar to all classes and find out that anyone can read music and anyone can play!

*Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music, is an active performer and guitar teacher.*

• Tues., 6:40-7:55 pm; April 9-May 21; 7 wks; \$159, plus text "Hal Leonard Guitar Method: Book 1" (CD not required) available from UC or DuBois bookstores plus online booksellers; #5224-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Guitar II

Refine and hone your guitar playing! The focus is on more in-depth coverage of technique, reading music, and chord study. You must be able to read notes on the guitar in first position and know basic chords. Bring an acoustic guitar to all classes.

*Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music, is an active performer and guitar teacher.*

• Tues., 8-9:15 pm; April 9 - May 21; 7 wks; \$159, plus text "Hal Leonard Guitar Method: Book 2" (CD not required) available from UC or DuBois bookstores plus online booksellers; #5225-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Harmonica Workshop

It will only take two hours in this workshop to teach you to play the harmonica. We will explore how to read harmonica music, how to play the instrument and how to translate any song into harmonica tablature so that you can play it on the harmonica. Receive your own harmonica to take home and leave the workshop having played at least 10 songs. Please note that uniformity is a key feature of this unique workshop; even if you already own an instrument, it will not be suitable to use it during this class. No prior musical training is necessary.

*Joe Zsigray is based in Bowling Green, Ohio, and he tours Ohio, Michigan and Indiana offering this special and fun learning experience.*

• Sat., 12:30-2:30 pm; May 11; \$36 (no discounts), plus \$20 materials fee payable to instructor in class, includes handouts, music and harmonica (this is the instrument you will all learn on in class and will keep); #5234-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Mandolin for Beginners

Looking for an instrument with a lot of versatility that won't break the bank? Maybe you're interested in playing chords along with your favorite songs, or you want to learn a few Irish or bluegrass tunes and jam with your friends. With a mandolin you'll have it all - you can play chords for accompaniment or take the lead with melodies. This is a course for those who have never played mandolin before and are looking to build a solid foundation on the instrument. You'll start by learning how to hold and maintain your mandolin, but by the end of the course you'll be playing tunes and know some basic chords - and you'll have learned it all by ear!

*Justin Bonar-Bridges has played in the celebrated Celtic band Siver Arm; and he has taught various stringed instruments for over a decade.*

• Thurs., 5:15-6:15 pm; April 11-May 23 (no class May 2); 6 wks; \$139 (no discounts), you will need a mandolin, an electronic tuner, and any recording device that will record about three minutes of music each week (cassette tape, mp3 recorder, smart phone, etc). If you don't already have a mandolin that is in working order, playable mandolins such as the Rogue RM-100A can be obtained online for as little as \$50.; #4215-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Mountain Dulcimer Workshop

People who live in the Appalachian region of the United States have played the mountain dulcimer for decades. Come learn to play this wonderful 3-stringed American instrument. Receive your own mountain dulcimer to take home and learn to play at least 10 songs on the dulcimer during this one 3-hour workshop. No prior musical training or experience is necessary. Even if you have never played any instrument before, this is the place to start. Please note that uniformity is a key feature of this unique workshop; even if you already own an instrument, it will not be suitable to use during this class.

*Joe Zsigray has been playing the mountain dulcimer for over 20 years; he has so much fun giving these special workshops and empowering others to play!*

• Sat., 9 am-12 pm; May 11; \$44 (no discounts), plus \$38 materials fee payable to instructor in class, includes handouts, music and dulcimer (this is the instrument you will all learn on in class and will keep); #5233-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Piano I

Always wanted to learn the piano but didn't have the opportunity? Here is your chance! Based on the "Musical Moments" curriculum, you will begin to read music and play the basic C, F and G chords. You'll start with the fundamentals, with your hand position staying in one place and hands together optional. Learn on a state-of-the-art electronic piano (with headphones), enabling you to go at your own pace, with lots of interaction from the instructor. Let this be your first step, then continue on with Piano II in the spring, covering more notes on the staff, more hand positions and more chords.

*Susan C. Ha has been an active teacher and performer throughout the U.S. Her teaching experience includes working at major music festivals; and she instructs music majors at CCM while pursuing her doctoral degree in piano.*

- Tues., 6-7:15 pm; April 2-May 28 (no class April 30); 8 wks; \$179 (no discounts), includes optional "open piano lab" time for one-half hour prior to each class to practice on your own. Purchase and bring to class "Musical Moments: A Recreational Music Making Program: Book One with CD (available online at: [everylife-needsmusic.com/MMOrdering.htm](http://everylife-needsmusic.com/MMOrdering.htm)—or at UC Bookstore; #5268-01

Location: UC main campus

## Piano II

Take the next step with us in this continuation class and we'll help you gain more skills in reading, chord playing, and hand positions. Learn on a state-of-the-art electronic piano (with headphones), enabling you to go at your own pace, with lots of interaction from the instructor. Class is designed for those who have taken Piano I with us or who possess the equivalent skills.

*Susan C. Ha has been an active teacher and performer throughout the U.S. In 2008, she completed the training for Yamaha Clavinova Recreational Music Making. Her teaching experience includes working at major music festivals; and she instructs music majors at CCM while pursuing her doctoral degree in piano.*

- Tues., 7:20-8:35 pm; April 2-May 28 (no class April 30); 8 wks; \$179 (no discounts), plus purchase and bring to class "Musical Moments: A Recreational Music Making Program: Book One with CD." Available online at: [everylife-needsmusic.com/MMOrdering.htm](http://everylife-needsmusic.com/MMOrdering.htm) or UC Bookstore; #5217-01

Location: UC main campus

## Salsa and Merengue Dance

Capture the spirit and the rhythm of these popular Latin dances as you learn their special moves, steps, shines, and styles. Focus will be on the Cuban style Salsa and the Merengue, a quick even-stepping hip-moving dance which originated from the Dominican Republic. You'll practice holds, hand positions, and turns as you gain confidence in adjusting your moves to the speed of the music and flowing from one move to the next. Both couples and singles are welcome, although we cannot guarantee partners for singles. Class is geared for beginners. You must wear soft-soled shoes (leather or others that allow for smooth turning).

*Doni Jessen, MBA, has a wealth of experience teaching, performing and choreographing Latin dance.*

- Thurs., 7-8 pm; April 4-May 23; 8 wks; \$89, plus \$8 materials fee for tape, payable to instructor at first class; #5229-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Ukulele Workshop

Pacific Islanders have played the ukulele for years. Portuguese sailors who played the ukulele spread the instrument throughout the Pacific region. In this workshop, you will learn to play this fun 4-stringed instrument. Receive your own ukulele to take home and learn to play at least seven songs. Please note that uniformity is a key feature of this unique workshop; even if you already own an instrument, it will not be suitable to use it during this class. You will learn to strum the instrument properly, tune the ukulele in both standard and open tuning, and learn how to read a chord chart. No prior musical training or experience is necessary.

*Taught by Joe Zsigray.*

- Sat., 3-5 pm; May 11; \$39 (no discounts), plus \$38 materials fee payable to instructor in class, includes handouts, music and ukulele (this is the instrument you will all learn on in class and keep); #5235-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Shape Up with Belly Dance

Please see page 13 for details.



# Online Classes with ed2go



## Here's a sample from the 200 titles you have to choose from

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## Check Out Our Top 20 Courses:

### Project Management Fundamentals & Applications

Gain the skills you'll need to succeed in the fast-growing project management field. Experienced project manager teaches you tricks of the trade in these two classes.

### Creating Web Pages

Acquire the basics of HTML so you can design, create, and post your very own site.

### Microsoft Excel Intro, Intermed, Adv

Discover the secrets to setting up fully formatted worksheets quickly and efficiently.

### Accounting Fundamentals I and II

Gain a marketable new skill by learning the basics of double-entry bookkeeping and financial reporting. Then go to the next level with dividends, plant assets, depreciation, accrued revenue and expenses, retained earnings, stockholders' equity, and financial reports.

### PHP and My SQL

Learn how to create an interactive Web site, allowing visitors to post and retrieve information provided by you or your site's visitors. Intro & intermed. levels.

### Writer's Workshop for Beginners

Get a taste of the writer's life and improve your writing skills in this intro to writing creatively.

### Photoshop Elements: Digital Photographer I, II

Learn to edit and correct digital images to repair deficiencies and bring out the best in your photographs.

### Microsoft Access

Find out how to store, locate, print, and automate access to all types of information. Intro and intermediate levels.

### Java Programming

An experienced Java programmer introduces important Java topics with clear, step-by-step instructions. Intro and intermed. levels available.

### Explore a Career or Start Your Own Business in:

Administrative Medical Assistant; Medical Coding; or Medical Transcription; Event Planning; Consulting Practice; Publishing; Home-Based Business; and more.

### SQL

Gain a solid working knowledge of the most powerful database programming language in the introductory class. Go beyond the basics in the intermediate level.

### Secrets of Better Photography

Explore strategies and a variety of tricks to create excellent photographs in all types of situations.

### Illustrator

Gain confidence and skills to use this powerful software tool for graphic arts.

### PMP Certification Prep 1 & 2

This comprehensive preparation for the exam is offered by the Project Management Institute.

### InDesign

Learn how to use this software to design and produce professional-quality letterhead, brochures, business cards, and more.

### CSS and XHTML

Learn how to create state-of-the-art Web sites, taking your existing HTML skills to the next level. Start building sites like the pros. Intro and intermed. levels.

## Learn online anytime, anywhere!

A new section of every course in our online catalog will begin on the following dates:

MARCH 20 • APRIL 17 • MAY 15

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### **Dreamweaver Intro, Intermed**

A veteran designer helps you master the industry-standard tool for building professional Web sites.

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Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

### **Photoshop**

Learn how to create original images and to fix and process photos. Levels I & II; Creating Web Graphics.

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Create powerful, interactive, community-based sites.

### **Flash**

Learn how to create engaging Web sites, Flash movies, animation, and interactive applications.

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Gain the tools to create and modify documents with the world's most popular word processor.

### **QuickBooks**

Quickly and efficiently gain control over the financial aspects of your business. Performing Payroll offered too.

### **Microsoft PowerPoint**

Create dazzling slide presentations with multimedia, charts, outlines, graphs, clip art, and hypertext links.

### **Effective Business Writing**

Improve your prospects by developing powerful written documents that draw readers in and keep them!

### **Technical Writing**

Apply technical writing conventions, interviewing skills, documentation management, publishing and formatting techniques; get tips on how to get that first job.

### **Research Methods for Writers**

Learn the most efficient and effective methods to conduct research for any writing project.

### **Effective Editing**

If you aspire to be an editor, we can teach you the basics of top-notch editing for both fiction and nonfiction.

### **Write Fiction Like a Pro**

Hollywood writer shows how professional writers use story outlines to structure any type of story.

### **A to Z Grant Writing**

Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns, and prepare proposals.

### **Languages: Spanish, Italian, Japanese, French**

Your choice! Prepare to speak a new language in a wide variety of settings and situations and you will enrich your experiences while traveling.

### **Certification Preparation:**

Note price exception: \$159 each (no discounts).  
CompTIA Network+ Certification Prep  
CompTIA A+ Certification Prep (All Levels)  
CompTIA Security+ Certification Prep

### **Microsoft Project**

Discover how to effectively plan, implement, and control projects using Microsoft Project 2010, the world's most popular project management software.

### **Supervision and Management I & II**

Learn how to be an effective manager or supervisor. Master the basics of communicating effectively, and learn tools for developing your own interpersonal skills.

### **GRE Preparation Parts 1 & 2**

Identify powerful strategies for success in the verbal and analytical sections. Then acquire a variety of useful techniques for tackling the math section.

Also offered:

LSAT Preparation Parts 1 & 2

GMAT Preparation

SAT/ACT Preparation Parts 1 & 2

### **How to Get Started:**

1. Visit our Online Learning Center for all the details: [ed2go.com/uc](http://ed2go.com/uc)
2. Browse or Search the catalog for the courses you want. Click any title to view course details, syllabus, instructor bio, requirements, student reviews and course demos.
3. Enroll and pay for your classes at [ed2go.com/uc](http://ed2go.com/uc) Or choose from three other ways to enroll on page 31. Fees: Most online classes are only \$119 (no discounts).
4. Return to our Online Learning Center and click the My Classroom tab when your course starts. To begin your studies, simply log in with the name and password you provided during enrollment.
5. Start Dates: A new section of every online course will begin on the following dates:

MARCH 20 • APRIL 17 • MAY 15

For complete Online Course Catalog,  
see [ed2go.com/uc](http://ed2go.com/uc).

# Personal Development and Special Interest

*Classes in meditation, mindfulness, pet care, make-up, wardrobe, image, finding your purpose*

## Building Resilience in Chaotic Times

This interactive course is designed to provide you with a “toolbox” of positive, nurturing techniques to maintain wellness, strengthen resilience, connectivity and effectively manage everyday life. Each class introduces simple techniques that increase the ability to quiet the mind, focus, stay present, gain control, listen effectively, communicate from the heart, resolve conflict and develop empathy. Techniques include: mindfulness, guided meditation, breath awareness, heart-centered communication, reflection and journaling.

*Sherry McHenry is a stress management consultant, guiding individuals and groups in developing life skills that help reduce stress, change behavior patterns and create healthier, more balanced lives*

• Tues., 6-7:30 pm; April 23-May 7; 3 wks; \$69, plus \$25 materials fee (includes relaxation audio) payable to instructor at first class; #6049-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Contemporary Social and Business Dining Etiquette

Knowing how to conduct yourself over the table provides a tremendous advantage throughout life. Learn to be comfortable in any dining situation, whether formal, informal, business or social. Join Ms. Glendenning at deSha’s as you polish your table manners in an enjoyable, private setting over a delicious dinner. Topics include: navigating the table; the silent service code; forms of service; and the five most common dining mistakes. From “How do I eat this?” to “Faux Pas Recovery 101,” we’ll have fun while learning some important lessons in this unforgettable class!

*Nanci Glendenning, co-founder and past president of the Association of Image Consultants International OH-PA Chapter, has conducted appearance and etiquette programs for all types and sizes of organizations.*

• Mon., 6:45-8:45 pm; April 8; \$39 (no discounts), plus \$32 for five-course dinner, taxes and gratuities payable to instructor at beginning of class; #6045-01

Location: DeSha’s (Harper Point)

## Couponing: A Crash Course

“Saving money is the same as making money,” is what our instructor says. Do you ever wonder how the coupon queens get all that stuff for free? Do you want to learn how to coupon like a pro? And this class is about so much more than saving a few dollars a week with a few coupons. It’s all about how to eat healthy and how to realistically adopt some not-so-extreme coupon skills into your life. Some of the concepts covered: meal planning; where to find coupons; organizing your coupons; buying in bulk; stockpiling with sense; finding your own deals; and matching coupons with sales.

*Cindy Ewing, domestic savings specialist, began by teaching herself how to slash her grocery budget as a hobby; then it became a passion, and then a career. She is eager to teach you how you can cut your grocery bills in half.*

• Tues., 6:30-9 pm; April 2; \$29, #6037-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Finishing Touches

A polished image, a pulled-together appearance and knowing what to do and say in any situation develops self-confidence and prepares you for new relationships and experiences. Discover and master many concepts: contemporary social etiquette; the art of conversation and charisma; what goes into good grooming, fashion, wardrobe, hair, and makeup; how to use body language and posture to your advantage; plus pointers on personality and aesthetics. You can practice and learn the techniques you’ll need to present yourself at your personal and professional best.

*Nanci Glendenning, co-founder and past president of the Association of Image Consultants International OH-PA Chapter, has conducted appearance and etiquette programs for all types and sizes of organizations.*

• Wed., 6:30-8:30 pm; April 17-May 8; 4 wks; \$159 (no discounts), #6046-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## Heart of Meditation: Inner Quiet

Beyond the chatter and clutter which so often occupy our minds is a deep reservoir of inner quiet. Meditation is the path to this internal oasis. The awareness we find here makes all of life fresher and clearer, fosters spontaneity and kindness, and provides a refuge in the midst of difficulty. Explore with us the subtle wisdom of this ancient path. We will provide chairs and mediation cushions; try to avoid eating for an hour before class. No particular belief system required—just a desire to find the clarity and peace that mediation can bring.

*Bonnie Beverage, a teacher in the Theravada Tradition, is one of the founding members of the Dharma Center. She has taught History of Buddhism since 1998 at UC. She is also the author of “Take-Home Dharma” and “Impermanence: the Only Lesson You will Ever Need.”*

• Thurs., 7-8:30 pm; April 11-May 2; 4 wks; \$59, #6043-01

Location: Dharma Center of Cincinnati (Upper Northside)

## Hypnotherapy for Pain Relief

Put another tool in your pain management toolbox as you explore hypnotherapy. Recognize various contributing factors to pain, benefit from group sharing and perspective, and experience hypnosis inductions for stress, for pain, and for sleep. Come away with cd's to help you continue on your way to being able to control and understand pain.

*Natalie McKerrell, PhD in holistic health sciences, is a certified hypnotherapist; she has studied at the Cincinnati School of Hypnosis.*

• Sat., 10 am-12 pm; May 4-18; 3 sessions; \$79 (no discounts), plus \$35 CD and materials fee payable to instructor at first class; #6047-01

Location: Essex Studios (near Taft and I-71)

## Magic Close Up

Learn to perform magic tricks within two feet of onlookers. We will explore the techniques of performing each trick as well as how to present the illusion to an audience of one or more. You will learn at least 10 tricks consisting of coin, rope, restoration, and card illusions.

*Joe Zsigray is adept at offering this special learning experience.*

• Sat., 5:30-7 pm; May 11; \$36 (no discounts), plus \$20 materials fee payable to instructor in class, includes magic supplies for use in class and to take home afterwards; #6095-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free



*Learn to care for  
your furry friends!*

## Pet Care & First Aid

Perfect for pet owners or pet professionals, this class is a combination of lecture, demonstration, and hands-on skill practice. No furry friends will actually be in the classroom; all demos are done using life like stuffed animals. You will learn: the 3 things you should do for your pet every day; ABC's of pet first aid; snout-to-tail assessment; pet CPR; rescue breathing; 10 situations that require immediate veterinary care; and how to assemble your own pet first aid kit.

*Darlene Ehlers is a Pet Tech, Inc. pet first aid instructor and a member of Emergency Animal Rescue Service (EARS), TriState County Animal Response Team (CART), and founder of PETS Network of SW Ohio. She was Pet Sitters International 2006 Pet Sitter of the Year and operates her own professional pet sitting business.*

• Sat., 10 am-2 pm; April 20; \$64 (no discounts), plus \$15 for workbook and certificate payable to instructor in class. Bring a brown bag lunch if you'd like; #6158-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## What to Wear and How to Wear It

From wardrobe planning and accessories to discovering your best colors and most flattering styles, find out how you can achieve that “put together” look. Focus on personal appearance and polish, find out about image killers, and do's and don'ts.

Nanci Glendening, of Glendening Image Research, is co-founder and past-president of the Association of Image Consultants International OH-PA Chapter. She also modeled in Miami FL and was a former Miss Cincinnati USA.

• Wed., 6:30-8:30 pm; April 10; \$29, #6156-01  
Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)



## Professional Make-Up Skills

Do you want to learn professional techniques and secrets to doing your own make-up –without the sales pitch and the very public department store environment? In this fun, relaxed class, you'll bring in your own make-up bag. Find out what your make-up will do for you, what basics you really need, how to select and purchase makeup, and how to handle some of the tools. Explore daytime and evening looks, how to minimize flaws, and how to take care of your skin. The second session is really hands-on, so come fresh-faced. We'll be starting from scratch as you learn how to apply your make-up as if it was done professionally every day.

*Nora Fink is a professional wardrobe stylist and make-up artist. She does not represent any company and does not sell any products; she currently works in the industry for a variety of companies.*

- Wed., 6:30-8:30 pm; May 1-15; 3 wks; \$69 (no discounts), plus \$10 fee payable to instructor for use of supplies in class; remember to bring in your own make-up to learn application techniques; #6138-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

**Find other Personal Interest Classes** throughout this catalog; i.e., Health-Smart Cooking; Flower Arranging; Massage for Two; Facial Massage; Jewelry Collecting; The Natural Spa

# Photography

*Classes in digital cameras, digital photography, art photography*



## Digital Photography: Advanced Level (for D-SLR only)

Are you ready to shoot in manual exposure with your digital single lens reflex (D-SLR) camera? We will introduce you to the control of your D-SLR's features; i.e., shutters, apertures, lens characteristics, custom white balance, sensor resolution and go into more detail with all of the other topics listed in our Basic Level I description. Bring your camera and your camera's manual to class as we move you into the realm of D-SLR photography. We'll incorporate critiques of images you take outside of class, so you can learn by doing. The focus is on taking better pictures—while your camera is in the manual mode.

*Mark Bealer and Vickie Daniels are co-owners of Studio 66 LLC, a Cincinnati-based wedding and studio photography business.*

- Thurs., 7-8:30 pm; April 18-May 30 (no class May 2); 6 wks; \$159 (no discounts), #3824-01

Location: UC main campus

## Digital Photography: Basic Level

Get started with the basics in this introductory class. Bring your Point and Shoot digital camera and camera manual to class as we explain some of the most common functions and features; i.e., focus, zoom, flash, shutter speed, ISO, white balance, storing images, and composition. Become familiar with some of the terminology and basic photo editing as well (sizing, cropping, toning and printing). We'll incorporate some feedback of images you take outside of class, so you can learn by doing. The focus is on taking better pictures — while your camera is left in the automatic mode.

*Mark Bealer and Vickie Daniels are co-owners of Studio 66 LLC, a wedding and studio photography business. Vickie has an associate degree in photography and has worked as a professional photographer since 2005. Our lead instructor, Mark, has been a professional photographer since 1988.*

- Thurs., 5:30-6:55 pm; April 18-May 30 (no class May 2); 6 wks; \$129 (no discounts), #3823-01

Location: UC main campus

## Online Classes Also Available:

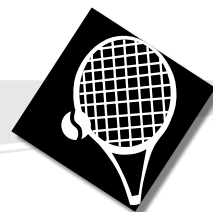
**See [ed2go.com/uc](http://ed2go.com/uc)**

select "Personal Development;"  
click on "Digital Photography" to see  
PhotoShop and Making Movies classes

Join Communiversity on **facebook**.

# Sports and Adventure

Classes in aviation, golf, tennis, tree climbing, scuba diving



## Golf: Beginning

Don't want to be left out of the golf outing again this year? Just want to feel more at ease playing with friends? This class is designed to prepare new or beginner golfers to feel comfortable with the fundamentals of the game. Topics will include putting, chipping, pitching, and the full swing with irons and woods. We will also cover basic rules and etiquette with one on-course playing class to make you more confident in taking your game to the golf course. Bring your own clubs if you can; if not, equipment will be provided.

*Tom Bach, Kyle Voska and Brian Fennen are PGA professionals. Tyler Foley is a PGA apprentice.*

### Your choice of start dates, times & class length:

- Wed., 6:15-7:45 pm; April 10-May 22; 7 wks; \$119 (no discounts), plus a one-time \$14 practice range fee payable at first class (includes all range balls); #4101-01

- Sat., 9:30-10:30 am; April 13-May 11; 5 wks; \$99 (no discounts), plus a one-time \$10 practice range fee payable at first class (includes all range balls); #4101-02

- Wed., 6:15-7:15 pm; June 5-July 3; 5 wks; \$99 (no discounts), plus a one-time \$10 practice range fee payable at first class (includes all range balls); #4101-03

- Sat., 9:30-10:30 am; June 8-July 6; 5 wks; \$99 (no discounts), plus a one-time \$10 practice range fee payable at first class (includes all range balls); #4101-04

Location: Sharon Woods Golf Course



*Get in the Swing!*

## Golf: Intermediate

Instruction will focus on refinement of strokes and strategy in the areas of driving, long and short iron play, and putting. It is designed for golfers beyond the beginner level who want to improve their game. It is preferable that you have your own clubs but it is not required.

*Tom Bach, Kyle Voska and Brian Fennen are PGA professionals. Tyler Foley is a PGA apprentice.*

### Your choice of start dates, times & class length:

- Tues., 6:15-7:45 pm; April 9-May 21; 7 wks; \$119 (no discounts), plus a one-time \$14 practice range fee (payable at first class--includes all range balls); #4104-01

- Thurs., 6:15-7:45 pm; April 11-May 23; 7 wks; \$119 (no discounts), plus a one-time \$14 practice range fee (payable at first class--includes all range balls); #4104-02

- Tues., 6:15-7:15 pm; June 4-July 2; 5 wks; \$99 (no discounts), plus a one-time \$10 practice range fee (payable at first class--includes all range balls); #4104-03

Location: Sharon Woods Golf Course

## Scuba Diving: The Basics

Experience the same sense of fun and excitement shared by scuba divers throughout the world - but within the safe confines of a pool. All students must be present for first class session. If you wish to go on to earn open water SCUBA Certification, you must complete four open water dives. Travel and equipment costs for these open water certification dives are not included as part of this course.

*Taught by professional staff of Scuba Unlimited, which is the exclusive dive center of the Newport Aquarium.*

- Tues., 6:30-10:30 pm; April 9-May 21; 7 wks; \$85 (no discounts), \$85 instructional fee, plus supply fees payable to Scuba Unlimited at first class: \$180 for in-class equipment rental and insurance and \$60 for PADI crewpak. Bring own mask, fins and snorkel (or purchase in class - packages start at \$170); #4502-01

Location: Scuba Unlimited (Blue Ash)

Join Community on **facebook**

## Earthjoy Tree Adventures

Create your own safe place high in the trees! Do you ever dream about a special place...where you can go to and hide out just with your thoughts and dreams? Where you can be gently rocked to sleep? And feel safe too? And be able to play for hours? At our next tree climb class we teach you how to get in and out of the Hammock trees safely using the DRT system. Learn how to ascend and descend in the trees—always on rope. You will be climbing Casper the Friendly Sycamore at AJ Jolly Park.

*Shelly and Bill Byrne, founder of Earthjoy LLC, have been climbing professionally since 2004, having received training with Tree Climbing USA. By day, Shelly has been practicing as a licensed PT for 20 years and Bill is an electrical engineer.*

• Sat., 1-3pm; April 13; \$49 (no discounts) plus \$15 equipment rental fee payable to your instructor at start of class (for climbing helmet, certified arborist ropes, locking carabiners and saddles provided for your use during class); #4121-01

Location: White Sycamore (aka “Casper the Friendly Sycamore”) - AJ Jolly Park - Campbell County KY Park)



*Enjoy tennis...  
for fitness and fun!*

## What People Like Best...

**“Fun, great exercise  
and great instructor.”**

*Students in “Intermediate Tennis” class*

### **TENNIS RAIN OR SHINE At Anderson Mercy Healthplex**

Indoor tennis classes are facilitated by Joe Foley, winner of over 100 tournaments and former captain of the best tennis team in UC's history.

#### **Tennis for Beginners**

Get in shape with tennis! Work on hand-eye coordination, racquet skills, basic strokes, and scoring. This experience is designed for the player who has never played the game or is unfamiliar with the rules. Bring your own racquet.

*Joe Foley has introduced this sport to thousands of people who continue to play for a lifetime.*

• Sun., 4-5 pm; April 7-May 12; 6 wks; \$69 (no discounts), #4105-01

Location: Mercy Healthplex Anderson

#### **Tennis for Intermediates**

This is an enjoyable way to get in shape and stay in shape! You are ready for this experience if you have had some previous instruction or if you can hit ground strokes and serves in play from the baseline with reasonable success. You'll have the chance to work on strokes with movement, rally skills, overhands, and volleys. And for those who are ready, you may practice getting that first serve in, adding spin, net play, strategy, and control. Bring your own racquet.

Facilitated by Joe Foley.

• Sun., 5-6 pm; April 7-May 12; 6 wks; \$69 (no discounts), #4107-01

Location: Mercy Healthplex Anderson

# Test Preparation

Classes in ACT Prep, SAT Prep, GRE Prep, GMAT Prep, LSAT Prep, TOEFL Prep



## ACT Preparation

Losing sleep and getting anxious about test day? In this intensive class, you'll build confidence and make the most of your potential by studying strategies for taking the ACT and by reviewing topics covered by the ACT (math, writing and reading comprehension). Learn a variety of test taking methods and work with the instructor to adapt the ones that best suit your own unique style and personal strengths. You'll get support for questions and concerns; plus discussions, PowerPoints, use of TPR materials, and lots of concrete examples. Discover approaches to increase your odds on each question type, how to use a process of elimination, construct a well-defined essay (optional) on this test, plan your critical reading passage strategy, and learn when it's good to guess.

*Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.*

### Your choice of sections and dates:

- Sat. & Sun., 9 am-2 pm; April 6 & 7; 2 days; #4604-01
- Sun., 9 am-2 pm; May 19 & 26; 2 days; #4604-02

Fees and Materials: \$154 (no discounts), plus bring calculator and text "Cracking the ACT" 2013 edition, a publication of The Princeton Review (available from UC and DuBois bookstores plus online booksellers). Lunch—bring your own or a few dollars extra to order pizza with the group.

Location: UC main campus

## GMAT Preparation

Are you in the market for a business school? Enhance your chances of acceptance with this structured study of the Graduate Management Admission Test. The course is team taught. The English instructor covers the analytical writing assessment and verbal sections while the math instructor covers the quantitative and integrated reasoning sections. Concepts of algebra and geometry will be reviewed. You'll work with authentic test questions and responses and gain confidence by learning helpful strategies.

- To register for the GMAT test, call 1-800-717-GMAT or see [www.mba.com](http://www.mba.com)
- To register for this GMAT test prep class, call 513-556-6932 or visit [uc.edu/ce/commu](http://uc.edu/ce/commu)

*Allen Feibelman, MA, is an associate professor at Chatfield College and has taught with the UC English Department. Allen has also taught for Princeton Review.*

*Jane Allen, MEd in mathematics, has taught for 17 years. Currently, she is teaching College Preparatory and Honors Math at Kings High School.*

- Sat., 9 am-1 pm; April 13-May 18; 6 wks; \$269 (no discounts), plus text "The Official Guide for GMAT Review" (13th Ed.), Wiley Publishing, Inc. (ISBN: 978-1118109793 available from UC and DuBois bookstores plus online booksellers); #4600-01

Location: UC main campus

## GRE Preparation

Do you want to maximize your ability to score well on the GRE and get admitted to graduate school? In a relaxed atmosphere, you'll lay the foundation for success as you're guided through actual test questions, enhancing your answer strategy. The course is team taught. The math instructor teaches quantitative reasoning skills; and the English instructor, analytical writing and verbal reasoning. Concepts of algebra and geometry will be reviewed. You will work with authentic test questions and responses and gain confidence by learning helpful strategies.

- To register for the GRE test at UC, call 513-556-7173
- To register for this GRE test prep class, call 513-556-6932 or visit [uc.edu/ce/commu](http://uc.edu/ce/commu)

*Jane Allen, MEd in mathematics, has taught for 17 years. Currently, she is teaching College Preparatory and Honors Math at Kings High School.*

*Allen Feibelman, MA, is an associate professor at Chatfield College and has taught with the UC English Department. Allen has also taught for Princeton Review.*

- Sat., 9 am-1 pm; April 13-May 18; 6 wks; \$269 (no discounts), plus text "The Official Guide to the GRE revised General Test with CD-ROM," 2nd ed., a publication of the Educational Testing Service (ISBN: 978-0071791236) available from UC and DuBois bookstores plus online booksellers; #7142-01

Location: UC main campus

## LSAT Preparation

The key to success on the Law School Admission Test is practice, strategy, and timing. Delve into a detailed analysis of each LSAT problem type: reading comprehension, analytical reasoning, and logical reasoning. By discussing the problems and explanations, you'll develop the ability to approach the LSAT as a series of intellectual games to which you can apply strategies studied in class. You will also benefit from the instructor's critique of your LSAT writing samples. The course culminates in a full-length mock exam. Using actual questions from previous tests, under timed conditions, will prepare you for the real environment. In addition, and outside of classroom hours, the instructor offers individualized assistance with the personal statement essay required for all law school applications.

*Mina Ludwig, JD, UC College of Law, is currently in private practice and counsel for the Hamilton County Board of Mental Health and Recovery Services.*

- Sat., 12-4 pm; May 4-June 1 (no class May 25); 4 mtgs; \$299 (no discounts), plus "Barron's LSAT" (ISBN: 978-0764140846) by Bobrow (13 Ed.) ~ must have this text for immediate use in class sessions 1, 2 & 3; plus "The Official LSAT SuperPrep" by the Law School Admission Council (ISBN: 978-0979305061) for use in class session 4 & for self-study—both available from UC and DuBois bookstores plus online booksellers; #4601-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

## What People Like Best...

**"It was a very helpful  
preview and a  
great value!"**

*Students in "GMAT Prep" class*

## SAT Preparation

Gain confidence and make the most of your potential by studying strategies for taking the SAT and by reviewing topics covered by the SAT. You will learn specific techniques for taking the math, writing and reading comprehension parts of the test. Discover how the test is structured, effective methods for solving each problem type, and what to expect. Acquire an arsenal of tools to help you succeed, including how to use a process of elimination, construct a well-defined essay on test day, plan your critical reading passage strategy, and decide how to handle the conundrum "to guess or not to guess."

*Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.*

- Sun., 9 am-2 pm; April 21 & 28; 2 days; \$154 (no discounts), plus text "Cracking the SAT" 2013 edition, a publication of The Princeton Review (ISBN: 978-0307944788 available from UC and DuBois bookstores plus online booksellers). Lunch is not included—bring your own or a few dollars extra to order pizza with the group; #4603-01

Location: UC main campus

## TOEFL iBT Preparation

The Test of English as a Foreign Language (TOEFL) is used to measure English language proficiency. It is the most accepted test in the world; and Internet-based testing has made it even more accessible. This course will help you prepare to take the TOEFL as you focus on the main features of the test, test-taking strategies, exercises, and practice. We will cover the types of skills evaluated by the various sections of the test, including reading, listening, writing and speaking.

- To register for the TOEFL iBT test with UC call 513-556-7173 or see [uc.edu/testing-services.html](http://uc.edu/testing-services.html)

- To register for this TOEFL test preparation class, call 513-556-6932 or visit [uc.edu/ce/commu](http://uc.edu/ce/commu)

*Jennifer Wiebe, EdM, is a graduate of U of Illinois Urbana-Champaign; she is an experienced teacher who has a love of languages.*

- Wed. 6:30-8:30 pm; April 17-June 5; 8 wks; \$189 (no discounts), plus text "Cracking the TOEFL iBT with audio CD" (13th Ed.) by Princeton Review; #4602-01

Location: UC main campus

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# Program Information

## Enroll Early

*Courses can fill up quickly! To ensure a space in the class of your choice, please enroll now. We will accept registrations as long as there is room.*

If the class you want is filled, we'll put you on a wait list and notify you as soon as possible. You may choose to remain on the wait list, transfer to another class, or receive a refund (if you paid by credit card you will not be charged). Every effort will be made to accommodate you — we've even been known to create new class sections to meet your needs.

## For Adults

While most of our classes are designed for adults (18 and over) there are exceptions. Our ACT Prep, SAT Prep, and Mini Medical College classes welcome high school students. If you're a 16 and 17 year-old interested in challenging yourself and learning something new, you are welcome to many of our other classes (we are not able to admit you to physical classes which require release forms since they aren't valid if signed by minors).

## Class Changes

We don't like to make changes, but sometimes it's unavoidable. We reserve the right to change times, locations or instructors. If we must cancel a class, we will make every effort to notify you immediately. Please provide daytime phone numbers so that we may contact you. You may then choose to transfer to another class or receive a full refund.

## Location and Parking

*Our classes are held online, face-to-face, at UC's Main Campus, at UC's Victory Parkway Campus, and at 20 other locations around town — see the last line of each description for the class location.*

Exact room and building locations, parking information, and directions will be mailed to you with confirmation of your enrollment.

If you have a disability and need specialized services, call the Disability Services Office at 513-556-6823 well in advance of your class to discuss your needs.

## Confirmation of Enrollment

If you have not received confirmation within two days of starting date for your class, please call 513-556-6932. Office hours are 8 am-5 pm Monday-Friday.

## Material and Supply Fees

Some classes require additional fees for supplies or materials — they are noted in the class listing. *These fees are to be paid to the instructor at the first class session.* These fees are nonrefundable and discounts do not apply to them.

## Books

A few courses require the purchase of book(s); those are noted in the description. You may buy them from local or online booksellers. If you buy your books from UC (513-556-1400) or DuBois (513-281-4120), you will find them in a special *Communiversity* section.

## Discounts

In order to take advantage of these discounts, you must request your discount at the time you first enroll. Only one discount may apply per class. Classes not available at a discount are marked with a "no discounts" notation.

### *UC Faculty and Staff Discount*

Full-time UC faculty and staff may take one class per quarter at half-price. Spouses and dependents are ineligible. This discount requires special handling and is not available online. Call 513-556-6932 to arrange.

### *Senior Citizens Discount*

Golden Buckeye card holders are eligible for a 20 percent discount on many of our classes — be sure to provide us with your card number, please.

## Refunds

A refund of the enrollment fee can be made up to 48 hours before the first session. We regret that no refunds may be made anytime thereafter.

However, we do stand behind our programs and will do whatever it takes to ensure your satisfaction.

## 4 Easy Ways to Enroll

Choose what is simplest for you — online, phone, in-person or mail. See details on the next page.

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## Communiversity Course Catalog<sup>®</sup> 2013

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uc.edu/ce/commu

# 4 Easy Ways to Enroll



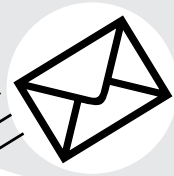
**ONLINE** at [uc.edu/ce/commu](http://uc.edu/ce/commu)



**CALL 513-556-6932**, press 2.  
Office hours are 8 a.m.-5 p.m. Monday-Friday.



**COME** to our office, UC Victory Pkwy, Admin Bldg—Ste. 208,  
2220 Victory Pkwy, 45206. (No cash accepted.) Office hours listed above.



**MAIL** this convenient form along with your payment.  
Make checks payable to University of Cincinnati.  
Send to: Communiversi  
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Cincinnati, OH 45221-0093

## MAIL IN ENROLLMENT FORM (Enclose Check)

Name \_\_\_\_\_

Additional Names \_\_\_\_\_

E-mail Address \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (home) (\_\_\_\_) \_\_\_\_\_ Phone (work) (\_\_\_\_) \_\_\_\_\_

### I am enrolling for:

Title \_\_\_\_\_ Course # \_\_\_\_\_ Fee \_\_\_\_\_

Title \_\_\_\_\_ Course # \_\_\_\_\_ Fee \_\_\_\_\_

Title \_\_\_\_\_ Course # \_\_\_\_\_ Fee \_\_\_\_\_

**TOTAL** \_\_\_\_\_

Preferred Customer No.: 9

# Communiversity

*Enrich Your Life with Quality Courses*

▶ Spring 2013  
Course Catalog



*You'll find our **classes**...*

- ▶ On Victory Parkway (next to Eden Park)
- ▶ On the links
- ▶ Online
- ▶ On the UC campus
- ▶ Plus a dozen other Off-Campus locations!