

▶ Summer 2013

Communiversality

Enrich Your Life with Quality Courses

Try your
hand at
***Something
New!***



Bookmark Us!

▶ uc.edu/ce/commu/

UNIVERSITY OF 
Cincinnati

Welcome

JUNE • JULY • AUGUST CLASSES

Bring your sense of fun, adventure, and curiosity as you choose from our wide variety of classes.

Enrich yourself (no test, grades or papers) as you experience hands-on learning.

On or off-campus face-to-face and online options abound.

Enrollment is easy—just a quick phone call 513-556-6932 or a few mouse clicks away uc.edu/ce/commu.

Won't you join us?

Donna Burns

Donna Burns

Director, Communiversity



Play Around!

Contents

Arts and Handicrafts	3
Astronomy	5
Business & Career	6
Business & Career Online	7
Computer Skills	15
Communication & Writing	8
Explore the World	8
Fitness & Health	9
Languages	11
Money Matters	18
Music & Dance	12
Online Classes with ed2go	15
Personal Development	17
Photography	4
Sports & Adventure	19
Test Preparation	20
Program Information	22
4 Easy Ways To Enroll	23



Polish Your Image!



Explore Your World!

Arts and Handicrafts

Classes in antiques, art, bead jewelry, painting, pottery, stained glass



Cincinnati's Architectural Treasures

What would you consider to be the most fascinating and noteworthy buildings in Cincinnati? Why not come on this Frank Farmer Loomis excursion and find out what his picks are — and why! You will discover some of these together in the classroom. Meet in a treasure of a building — the French Renaissance style Walnut Hills Library; then on to lunch at the historic Rookwood Restaurant (former pottery studio), overlooking the city. Then, proceed downtown together to visit a few more sites in person. Who knows — you might find yourself in the old Shillito's department store atrium! Tales will be told and you'll find a new way of looking at some of our city's older architectural treasures.

Frank Farmer Loomis IV is a fine arts appraiser, author, journalist, lecturer and NPR talk show host.

• Sat., 10 am-4 pm; July 13; one day; \$49 (no discounts), Fee includes lectures and tours. Transportation, lunch and parking are on your own.; #3113-01

Location: Walnut Hills Library Meeting Room (at 10 a.m.). Directions to other stops given in class.

Create a Kaleidoscope

Construct a beautiful kaleidoscope in class to give as a gift or keep for yourself. No previous glass cutting experience required; basic glass cutting and soldering techniques will be taught. Patterns and supplies will be available from the instructor.

Mary Jane Riggi has a wealth experience as a stained glass artisan and teacher.

• Sat., 10 am-4 pm; July 27; one day; \$59 (no discounts), plus approximately \$60-70 for supplies payable to instructor in class; you may use some of the studio tools during class. Lunch not included—bring your own or order pizza with the group; #3605-01

Location: Artist's Studio (Mt. Airy)

Plein-Air Painting: Cincinnati Landscape

Using impressionistic painting techniques, we'll meet in scenic parks to work outdoors. We'll scout out a desired spot, then do sketches and color studies to prepare and finish a larger painting that captures the impression of light and color of the Cincinnati landscape. Designed for both those with previous oil painting experience and those who have taken the beginning plein-air class, this class will take you beyond the basics.

Richard Lushek studied classical painting under Boston painter Paul Ingbretson for three years after earning his BFA degree from UC DAAP. He is a working artist who maintains his own art studio.

• Sat., 9:30 am-1 pm; (bring a brown bag lunch or snack if you wish); June 22-July 13; 4 wks; \$110 (no discounts), supplies are the student's responsibility. A list will be sent with your enrollment confirmation or see uc.edu/content/dam/uc/ce/docs/Commu/Classes/paintingsupplies.pdf.; #3505-01

Location: First class meets at artist's studio in Eden Park; then at various parks thereafter

Stained Glass for Beginners

Begin with the basics of building a Tiffany style panel using the copper foil method. Learn types of glass, glass cutting techniques, grinding, foiling, soldering and framing a panel. Complete a panel of your choosing (sizes vary, average is 11 x 17").

Mary Jane Riggi is experienced in the art of stained glass, from design and building to teaching.

• Sat., 10 am-4 pm; July 13; one day; \$75 (no discounts), plus \$125-150 for materials and toolkit payable to instructor in class. You may use some of the studio tools during class. Lunch not included—bring your own or order pizza with the group; #3500-01

Location: Artist's Studio (Mt. Airy)

Prospective Instructors

We welcome new class ideas and proposals.

If you'd like to be considered, call Donna at 513-556-9197 or see "Apply to Teach" at our web site.

Join Communiversity on **facebook**

Jewelry Making with Megan

Megan Painter will guide you through the process of making professional looking jewelry in her three classes which are held at the UC Victory Parkway Campus.

Bead Jewelry Making

Make your own unique jewelry using a wide variety of sterling silver and glass beads. Learn basic beading and design techniques; use your new skills in class to fashion two pieces of jewelry (your choice between earrings, bracelet or 16" necklace - with \$1 per extra inch wanted).

- Wed., 7-9 pm; June 19; \$24 (no discounts), plus \$20 supply fee payable to instructor in class (includes all beads, wire, clasps, and supplies to complete the in-class projects); #3668-01

Wire Wrap Jewelry Making

Create a wire wrap linked bracelet and earrings (or a pendant if you'd rather) using head pins. Both pieces will incorporate anti-tarnish silver plated wire and glass beads. Learn to wrap, twist, and sculpt wire using simple tools and materials (you will not wrap beads or stones). After some practice, you can create unique jewelry and get the same effect you see in pieces in upscale boutiques.

- Wed., 7-9 pm; June 26; \$24 (no discounts), plus \$20 supply fee payable to instructor in class (includes all beads, wire, clasps, and supplies to complete the in-class projects); #3708-01

Earrings: Make and Take Away

Make and take away two finished earrings—one basic tear-drop earring set and one swirly earring set (hoop design with swirls and beads). Also take away the techniques and skills to make great pieces on your own to wear, sell, or give as gifts, plus some resources for project ideas. Prereq: our Wire Wrap Jewelry Making class OR prior experience wire wrapping.

- Wed., 7-9 pm; July 10; \$24 (no discounts), plus \$25 supply fee payable to instructor in class. This includes all beads, anti-tarnish silver plated or copper wire (upgrade to sterling silver for \$10 more), clasps, and supplies to complete the in-class projects; #3720-01

Digital Photography: Advanced Level (for D-SLR only)

Are you ready to shoot in manual exposure with your digital single lens reflex (D-SLR) camera? Bring your camera and camera manual to class. We will introduce you to the control of your D-SLR's features; i.e., shutters, apertures, lens characteristics, custom white balance, sensor resolution. We'll also go into detail with other topics such as focus, zoom, ISO, storing images and composition. We'll incorporate critiques of images you take outside of class, so you can learn by doing. The focus is on taking better pictures -- while your camera is in the manual mode.

Mark Bealer and Vickie Daniels are co-owners of Studio 66 LLC, a Cincinnati-based wedding and studio photography business.

- Thurs., 7-8:30 pm; July 11-Aug. 15; 6 wks; \$159 (no discounts), #3824-01

Location: UC main campus

Tiffany Panel Lamp Class

Make a four or six panel Tiffany-style lamp in this two-day class. Learn the basics of selecting stained glass for your lamp, plus glass cutting, grinding, foiling and soldering techniques. Choose from some simple patterns and create your own one-of-kind heirloom piece.

Mary Jane Riggi has an abundance of experience as a stained glass artisan and instructor.

- Sat., 10 am-4 pm; June 8 & 22; 2 days; \$125 (no discounts), plus \$150-175 for tools and supplies, payable to instructor in class. You may use some of the studio tools during class. Lunch not included—bring your own or order pizza with the group; #3507-01

Location: Artist's Studio (Mt. Airy)

Watercolor Weekend Workshop

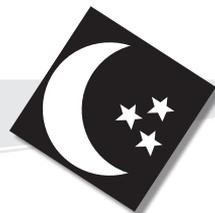
Experience the joy of painting, of self-expression, and of seeing the world in a new way as you create your own original paintings. Learn the basics, explore a wealth of tips and techniques, and delve into composition and color mixing. Jean teaches through demonstration, hands-on experience, and individual coaching. She'll also introduce you to some fun experimental techniques such as pouring, masa paper, and yuppo. Beginners as well as more advanced painters are welcome.

Jean Vance, MFA, MA, has that rare combination of being a talented artist and a gifted teacher; and she especially enjoys introducing adults to the fun of painting.

- Sat. & Sun., 10 am-4 pm; July 27 & 28; 2 days; \$124 (no discounts), supplies will be furnished by students, see web for details; #3503-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Join Communiversity on **facebook**



Astronomy Classes at Cincinnati Observatory Center are held atop Mt. Lookout (near Hyde Park) in one of our city's true treasures, where the views are great (and the parking is free)!

Behind the Scenes at the Observatory

Look to the heavens through the oldest continuously used telescope in the world; explore the depths of the 1873 observatory including its attic and basement; and learn why President Adams laid the observatory's original cornerstone in 1843. Hear the fascinating history of the founding of the observatory; investigate how the 19th century astronomers determined time for the city of Cincinnati; discover why the observatory was designated a National Historic Landmark; and find out what is in store for the future.

Craig and Valerie Niemi are with the Cincinnati Observatory Center.

- Mon., 7-9 pm; July 22; \$22, #1226-01

Location: The Cincinnati Observatory Center (Hyde Park/Mt. Lookout); free parking

Planetology: Unlocking the Secrets of the Solar System

Believe it or not, the current exploration of the solar system has little to do with astronomy. Find out how knowledge of the Earth itself and an understanding of its physical processes help us grasp the very nature of other terrestrial planets.

Terry Endres is a presenter with the Cincinnati Observatory Center.

- Tues; 7-9 pm; June 25; \$22, #1234-01

Location: Cincinnati Observatory Center (Mt. Lookout/Hyde Park); free parking



*Examine
Worlds Beyond!*

Space Rocks: Meteorites and More

You'll have the chance to touch and handle many meteorites as you learn about these rocks that have come from space. They provide us with clues on the formation of the planets and solar system. Many of them are older than the Earth. Learn how to identify a meteorite from a "meteor wrong" and what to do if you find one of these stones in your back yard. You will also learn how these stones are related to meteor showers and discuss what happens when they fall from space.

John Ventre has taught astronomy courses for UC since 1973, and he is the historian for The Cincinnati Observatory Center.

- Wed., 7-8 pm; July 10; \$12, #1213-01

Location: Cincinnati Observatory Center (Mt. Lookout/Hyde Park); free parking

Stargazing 101

Constellations change in the heavens from season to season. In this class you will study the imaginative figures we call constellations. Learn to use a planisphere to find any constellation at any given time and date. If the weather is clear, we will go outside to find many of the brighter constellations; and you will also have the option of looking through the observatory telescope.

Dean Regas is the outreach astronomer with the Cincinnati Observatory Center.

- Tues., 8-10 pm; July 30; \$22, plus \$4 optional materials fee for star chart payable to instructor at class; #1209-01

Location: The Cincinnati Observatory Center (Mt. Lookout/Hyde Park); free parking

Share the Knowledge

Let your friends or colleagues know about Communiversity

- Wide variety of topics
- Engaging teachers
- Pressure-free learning

Business and Career

Classes in business analytics, job seeking, career selection, floral business, inventing, land lording, social media, voice acting



An Introduction to Voiceovers: Class

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, “I could do that”? If so, then you could have what it takes to begin working as a professional voiceover artist. The current voiceover trends have made it easy and affordable for just about anyone to get involved. In this fun and empowering two-hour introductory workshop, you will learn about the different types of voiceovers and what tools are needed in order to find success in the voiceover industry. You will have the opportunity to get a taste of what it’s like to be a voice actor as you perform a real voiceover script. You will be recorded so that you can receive professional voiceover evaluation later. Come ready to laugh, learn and be inspired...

Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.

Your choice of two different formats:

- One-on-One Live (1.5 hours): arrange your personal session with your instructor at your mutual convenience – through our office; \$49 (no discounts); #1150-01

Location: Taught through IChat, Skype or over the phone – your choice

- Face-to-Face Class: Mon., 6-8 pm; June 24; \$39 (no discounts), #1140-01

Location: UC Victory Parkway Campus (historic Edgecliff by Eden Park)

High Style Flower Arranging

Using store bought or home grown flowers and herbs, learn the basic principles of floral arranging and create beautiful centerpieces. In addition, you will discover ways to care and treat fresh cut flowers to maximize their use. You may apply class experience towards obtaining a job in the floral industry (the instructor has numerous contacts and leads) or simply use what you’ve learned in your own home or office decorating.

Peachy Seiden founded, owned, managed and operated Peachy’s Blossoms, Inc. for 25 years.

- Sat., 2-4 pm; July 20-Aug. 24; 6 wks; \$149 (no discounts), plus \$90 to cover entire cost of all greenery and fresh flowers for the series; it will be payable to your instructor at the first class.

You create an arrangement each week and you get these materials at cost. Bring sharp scissors, vase or container (maybe something fun like a teapot or a watering can); #1145-01

Location: 7400 Montgomery Rd. (Silverton)

Shared Leadership in the Workplace

Building a better workplace starts with you! In this six-module shared leadership workshop, you will earn C.A.R.E. Certification (the acronym stands for Courage to take Action Relevant to Everyone). Gain access to real case studies and lessons learned from experts with over thirty years of real corporate workplace experience. Master nine key components, delve into workplace concerns, motives and mentors, C.A.R.E. efficiency assessments, and effect changes your teammates, co-workers and supervisors will notice. Learn how to revolutionize your career by enhancing your relevance and becoming a “go-to” person in the workplace. Once C.A.R.E. certification is achieved, you will be looked upon as a leader, mentor and partner, NOT just a resource.

Charlie Lobosco is a certified seminar leader, author and technology VP with almost 40 years of experience in the corporate workplace. His C.A.R.E. brand was awarded the Presidents service award in 2012. Eva Lewandowski is a certified life coach and consultant with over 25 years of experience in the corporate workplace. Together they bring incredible energy and enthusiasm to the classroom.

- Sat., 10 am-4 pm; June 22 & 29; 2 days; \$99, includes workbook, C.A.R.E. pin and certification; #1156-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Online Classes Also Available:

See ed2go.com/uc; select “Business;” click on “Start You Own Business” to explore careers in Event Planning; Arts & Crafts; Consulting; Pet Sitting; Tour Director, and more...

What People Like Best...

“Very good value for two hours of time invested. Excellent overview of the industry and [success].”

Students in “Voiceovers” class

Business & Career Online with UGotClass



Online Certificates and Courses

*Get Skills for the 21st Century ~
Boost your organization's bottom line.*

- Led by an expert instructor
- Interactive discussion areas
- 24/7 classroom access
- Audio/slide presentations
- Supplemental readings included
- Retake class at no charge (up to 12 months)
- Work at your own pace

See course details: content, outlines, objectives, outcomes, instructor bios, and how to enroll at yougotclass.org/catalog.cfm/Ucincinnati.

Questions? Just call 513-556-6932

CERTIFICATES

Take all courses in a category to earn a certificate (or just take individual courses that interest you). Fees vary (no discounts).

Business Coaching Certificate

Acquire skills to develop, implement, and support coaching and mentoring programs and see your employees' performance improve.
Two-month online course, \$295, begins April 1

Business Research Certificate

Learn to succeed in research, utilizing the best and most appropriate data for decision making. Find out how to communicate results for maximum impact. Comprised of three courses over a three month period: Intro to Business Research; Business Statistics; and Qualitative Business Research; \$495, begins June 3

eMarketing Essentials Certificate

Relevant for any organization—including companies, non-profits, and government agencies. Topics include: Improving Email Promotions; Boosting Your Web Site Traffic; and Online Advertising; *Three-month online program, \$495 begins June 3*

Mobile Marketing Certificate

Find out about location-based marketing, mobile payments, QR codes, applications, creating cell phone apps, and mobile coupons so that you may increase capabilities to retain current customers and gain new ones; *Three-month online program; \$595, begins June 3*

Social Media for Business Certificate

Communicate, market, and serve your customers. Topics include: Intro to Social Media; Marketing with Social Media; and Integrating SM in Your Organization; *Three-month online program; \$495, begins June 3*

Supervisory & Leadership Certificate

Get practical and insightful methods for new and even experienced supervisors and managers.
Two-month online program; \$395, begins June 3

Video Marketing Certificate

Use simple online video to quickly bond with your viewer, drive traffic to your website, boost business, and build brand awareness. Topics include: Video Marketing and YouTube for Business; *Two-month online program; \$395, begins June 3*

Other June Certificate Programs:

- Customer Service Certificate
- LEED Exam Prep
- Online Teaching Certificate

INDIVIDUAL CLASSES

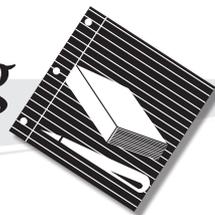
*(Sample list of topics available.
Details at web link below)*

- Beginning June 3 or July 1:**
- Entrepreneur Boot Camp
 - Design Successful Webinars
 - Google Analytics
 - Media Buying Strategies
 - Twitter
 - Using Personality Profiles

**Visit yougotclass.org/catalog.cfm/Ucincinnati
for all the details about these classes!
Or call us at 513-556-6932.**

Communication & Writing

Classes in communication, public speaking, relationships, writing, fiction, nonfiction



Writing Unforgettable Fiction

Heighten, deepen and energize your writing as you learn how to bring your characters to life. Using specific, concrete strategies and ideas, we'll help you learn to create compelling, memorable, and enduring characters and put wonderful words in their mouths. Also explore ideas for putting your characters into the thick of the action and building a compelling backstory to explain how they got there.

Brian L. Meyers, MA, is an engaging, informative educator, writer, and former community journalist.

• Wed., 6:30-8:30 pm; Aug. 7-28; 4 wks; \$99, #3303-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Online Classes Also Available: See ed2go.com/uc; select “Writing & Publishing,” see Grant Writing, Business Writing, and a Variety of Specialized Creative Writing Topics

Explore the World

Classes in trip planning, destination travel, sightseeing, cultures of the world



These destination travel classes will give you valuable information about pre-trip planning, transportation options, accommodations, points of interest, local customs and culture. Vicky Mary shares her enthusiasm and love for travel along with her wealth of professional experience. She is the owner and president of Victoria Travel.

France's Many Faces

France is a country of many dimensions with “something for everyone.” It contains one of the most exciting and sophisticated cities in the world - Paris. Or if you prefer the countryside, there's the hill country of Provence, the chateaux in the Loire Valley, specially designed vineyard or restaurant itineraries, or even bicycle tours. There are Roman ruins near Avignon and prehistoric artifacts in the Dordogne region for history buffs. From the Riviera to the famous museums and cathedrals, this class will help you make the most of your sightseeing, transportation, and accommodations options.

• Mon., 7-9 pm; July 15; \$24, #1301-01

Location: UC Victory Pkwy Campus (historic Edgecliff next to Eden Park)

Spain, Portugal and Morocco Sojourns

Do castanets and towering castles pique your interest? Join us for a talking tour of the Iberian Peninsula. Various itineraries will be considered, such as Barcelona, Costa del Sol (including Seville), historic towns in the north, plus Portugal's Algarve coast, Lisbon, and its many charming towns. We will also discuss Morocco—just across the Strait of Gibraltar (think Casablanca, Tangier and Fez). Explore traditional accommodations plus other alternatives like paradores and pousadas (inns). Consider transportation options and pick up plenty of travel tips.

• Mon., 7-9 pm; June 17; \$24, #1313-01

Location: UC Victory Pkwy Campus (historic Edgecliff next to Eden Park)

Hawaiian Islands

The rich diversity, natural beauty, and cultural history of these islands are unparalleled. Explore travel options and alternatives such as accommodations (like bed and breakfasts and the National Parks), points of interest, local customs and culture. Learn about the most popular islands: Kauai, the Garden Island; Hawaii, the Big Island; and Maui, everyone's favorite. Also explore some of the lesser-known isles, such as Molokai and Lana'i. Find out about snorkeling tours, hiking trails, parks, and where to find the best beaches!

• Mon., 7-9 pm; July 22; \$24, #1310-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Travel Savvy

Don't spend your precious travel dollars needlessly. You can find bargains and adventures if you are willing to think outside the box. Get creative with accommodations, find the best deals for transportation, and discover the best times of year to travel. Learn an insider's tips, tricks and techniques for traveling smart from a professional who has assisted thousands of travelers.

- Mon., 7-9 pm; July 8; \$24, #1334-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Fitness and Health

Classes in healthy cooking, hypnosis, massage, movement, tai chi, yoga, zumba



“Fitness Flex Pass” with Pat

The flexibility you've asked for! Take any of Pat Woellert's scheduled classes—see details of Zumba Toning; Zumba Fitness; or Boot Camp Lite. Depending on the size of the pass you purchase, you have the right to attend any of Pat's classes—until either you've used up your pass or the expiration date of your Flex Pass has come and gone. When that happens, simply buy another pass! Please note that passes do expire on the end date listed and may not be carried over into another term.

- 5-Class Pass; \$24 (no discounts), #4363-05
- 10-Class Pass \$48 (no discounts), #4363-10

About your instructor: Pat Woellert, MEd in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a licensed Zumba® instructor through Zumba® Fitness, LLC.

Boot Camp Lite

No fear here—you can do it! This kinder, gentler boot camp is designed to improve your cardiovascular endurance, muscular strength, balance, and flexibility with fun, easy-to-follow drills. Bring a pair of hand held weights suitable to your fitness level, a mat for floor work, and supportive aerobic shoes.

Taught by Pat Woellert, MEd in health education.

- Thurs., 5:35-6:35 pm; June 20-Aug. 29 (no class July 4); 10 wks; \$48 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4339-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Zumba® Fitness

This unique workout is a “feel-happy” approach to fitness. Its high energy, motivating music and rhythms are a fusion of Latin and international dance themes. Great for the body and great for the mind, this workout combines fast and slow rhythms designed to sculpt the body, burn calories and fat, and tone you up. Bring floor mat and wear supportive aerobic shoes.

Taught by Pat Woellert, MEd in health education, and licensed Zumba® instructor.

- Mon., 5:35-6:35 pm; June 17-Aug. 19; 10 wks; \$48 (no discounts); #4352-01
- Wed., 5:35-6:35 pm; June 19-Aug. 21; 10 wks; \$48 (no discounts); #4352-02

We encourage you to enroll through our “Fitness Flex Pass”

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Zumba® Toning

Zumba® Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba® moves to create a calorie-torching, strength-training dance fitness-party. You will learn how to use light weights (1-2 pounds) to tone all your target zones, including arms, abs, glutes and thighs. Sculpt your body naturally while having a total blast. Bring 1-2 pound dumbbells, a mat for floorwork, and wear supportive aerobic shoes.

Taught by Pat Woellert, licensed Zumba® instructor.

- Tues., 5:35-6:35 pm; June 18-Aug. 20; 10 wks; \$48 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4311-01
- Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Beginner's Mind–Yoga Basics

Learn the foundational yoga postures typically practiced in a yoga-asana sequence. A wonderful experience for those new to yoga, just learning the basics of alignment, breath and intention, these classes include an introduction to sun salutations, standing postures, backbends, forward bends, twists, inversions, restorative poses, breathing, relaxation and more. Come and enjoy a relaxing atmosphere with soothing music and gentle movements for any body.

Anna Ferguson, BA, RYT, CYTA, has studied with many remarkable teachers and master yoga practitioners over the years; she has completed both 200 and 500-hour teacher training courses.

Your choice of days - or take them both!

- Tues., 5:15-6:15 pm; June 18-Aug. 6; 8 wks; \$99 (no discounts), #4325-01
 - Thurs., 5:15-6:15 pm; June 20-Aug. 15 (no class July 4); 8 wks; \$99 (no discounts), #4325-02
- Location: World Peace Yoga & Motion Studio (Clifton near Ludlow)

Face Lift Massage: Do It Yourself

Acquire some simple techniques so that you can give yourself a face lift massage—or bring a partner and work on each other. Through demonstration and self-application, you can learn to tone and condition your skin, tighten and lift your facial muscles, reduce the stress you carry there, and look and feel more youthful. Learn to work with trigger points—30 different muscles - in your cheeks, jaw, eyes, scalp, brow, nose, neck, and shoulders. Discuss the best sequence of strokes, how to build massage into your routine, what you need to know about oils, and the profound effect that massage can have.

Stephanie Nelms is a trained medical massage therapist who is licensed by the Ohio Medical Massage Board; she is dedicated to providing quality therapeutic massage.

- Mon., 6:30-8:30 pm; June 17 & 24; 2 wks; \$59 (no discounts), for your comfort bring along a small pillow for your back plus a small blanket or throw; #4361-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Massage for Two

Bring your partner! Whether you pair up with your spouse, mom, or your best friend, you'll take turns mastering some massage basics that you can use to help relax tension and offer some relief to aching muscles—without tiring yourself out. We will focus on different areas of the body, including head, neck, shoulders, arms, legs, and back. You can also learn individual techniques (primarily Swedish massage) for you or your partner's specific muscle needs. Please dress in shorts and t-shirts.

Stephanie Nelms is a highly trained medical massage therapist and is licensed by the Ohio Medical Massage Board. She is dedicated to providing quality therapeutic massage and educating people about wellness.

- Mon., 6:30-8:30 pm; July 8 & 15; 2 wks; \$59 (no discounts), per person; wear shorts and t-shirt; bring a mat, a small blanket or throw and a bath towel to class; #4348-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Shape Up with Belly Dance

Dance your way into shape with this captivating combo of low impact exercise and natural dance that celebrates the personal beauty of all women - of all sizes, all ages. These stretching and swaying movements, electrifying shimmies, and flowing arms are rooted in thousands of years of feminine history. Belly dance promotes flexibility, strength and grace; it helps you unwind and inspires a positive attitude. Learn authentic steps, correct techniques and appealing dance routines. From your fingertips to your toes, and from your head to your heart, this dance will draw you in.

Nanci Glendenning's teaching experience as well as her stage experience is extensive.

- Mon., 6:45-7:45 pm; June 24-July 29; 6 wks; \$69 (no discounts), wear bike shorts, leotard or yoga clothes and bring a scarf to tie around your hips. Wear ballet slippers or socks; #5261-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Simple Health-Smart Cooking: With An Ethnic Flair

In this fun, informal, and interactive class series, you'll discover how healthy and tasty meals can be prepared quickly and simply. As your instructor dices, chops, sautés, and stir fries, you'll see how easy and enjoyable cooking can be. Join in with your comments and questions. Sessions will include: Asian, Mexican, and Mediterranean cooking; creative fridge/pantry cooking; and all will emphasize what foods to eat to promote healthy hearts, bones, and bodies. Then, the best part of all — time to eat!

Peachy Seiden, MS, RD is a nutrition consultant who has maintained her own private practice, the Cincinnati Nutrition Counseling Center, since 1990. She has found that one of the best ways to get people to eat healthy is to show them how to cook that way!

- Sat., 12-1:30 pm; July 20-Aug. 24; 6 wks; \$139 (no discounts), includes all materials and food; #8124-01

Location: Cincinnati Nutrition Center (Silverton)

Weight Loss Hypnosis

Our focus is weight loss; however, with hypnosis, there is no “diet.” The premise is that over-eating is a habit and hypnosis can stop the habit. Begin by identifying the stressors in your life and be hypnotized for stress reduction. The next week, explore what habits control your eating and be hypnotized to change those habits. Finally, discuss ways to make exercise a safe, healthy and enjoyable part of your day. A third hypnosis helps instill the desire to incorporate exercise as part of your life. Change your life as you experience hypnosis as a tool to reduce stress and change eating and exercise habits.

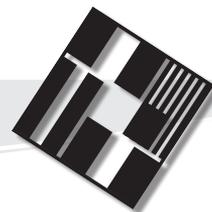
Natalie McKerrell, PhD in holistic health sciences, is a certified hypnotherapist; she has studied at the Cincinnati School of Hypnosis.

• Tues., 6:30-8:30 pm; June 11-25; 3 sessions; \$69, plus \$35 CDs and material fee payable to instructor at first class; #6120-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Language

Classes in Arabic, Chinese, ESL, French, Hindi, Italian, Spanish



French for Beginners

Learn the basics of the most romantic of the romance languages! Simple dialogues, questions, basic vocabulary, and expressions for travel and everyday situations will be the focus. Enjoy learning correct pronunciation and how to communicate while traveling as you explore aspects of life in modern French speaking countries.

Colette Wiltz is an experienced instructor of French who enjoys teaching her native language to others.

• Tues., 6:15-8:15 pm; June 25-Aug. 13; 8 wks; \$179, plus text “Learn French the Fast and Fun Way” and companion CD, published by Barron’s (ISBN: 978-0764176890 available at UC and DuBois bookstores plus online booksellers); #7507-01

Location: UC main campus

French for Advanced Beginners

Do you already have a passing acquaintance with this beautiful language but want to learn a little more? This course will help you with simple conversations, dialogs, vocabulary, pronunciation, expressions for travel and everyday situations. Come and have fun while you freshen up your French.

Colette Wiltz is an experienced instructor of French who enjoys teaching her native language to others.

• Thurs., 6:15-8:15 pm; June 20-Aug. 15 (no class July 4); 8 wks; \$179, plus text “Learn French the Fast and Fun Way” and companion CD by Bourquin-Leete, published by Barron’s (available at UC and DuBois bookstores plus online book-sellers); #7003-01

Location: UC main campus

Italian for Beginners

Learn to communicate in this beautiful, musical language. You’ll acquire the basics of pronunciation, vocabulary, grammar and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation, plus special expressions for travelers. Tips on traveling, sightseeing, and enjoying the culture of Italy will also be included.

Antonio Iemmola specializes in introducing adults to the language of his native country.

• Thurs., 7-9 pm; July 11-Aug. 29; 8 wks; \$179, plus text “Italian: A Self Teaching Guide” by E. Lebano (available at UC and DuBois bookstores plus online booksellers); #7004-01
Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Spanish for Beginners

Become acquainted with one of the world’s loveliest languages. Focus on the fundamentals, learn basic structures and useful expressions, and then put them into practice. Find out how easy it is to boost your skills and to improve a little each week. No previous exposure to Spanish required.

Patricia Paz enjoys sharing her native language and culture with others. In addition to teaching Spanish at the Horizon Science Academy (Ohio teachers license), she teaches Argentine native dances and folklore here and abroad.

• Thurs., 6:30-8:30 pm; June 20-Aug. 15 (no class July 4); 8 wks; \$189, plus text “Spanish Now! Level 1 with CD’s” published by Barron’s 2005 (available at UC and DuBois bookstores plus online booksellers); #7076-01

Location: UC Victory Parkway campus

English as a Second Language: Conversation & Pronunciation

Daytime Classes

Practice speaking and improve your conversation skills in a small group setting. Pronunciation exercises focus on difficult sounds and will help you speak clearer English. While grammar is not the focus of this class, instructors will politely correct speaking mistakes. Teachers will select exercises and topics that are best tailored to your particular needs.

Conversa's English instructors will make you feel comfortable so you can speak, practice and improve.

- Mon., Wed., and Fri. 12:45-2:30 pm; July 1-26; 12 sessions; class meets 3-days a week for 4 wks; Note Times: 12:45-2:30 p.m. on Mon. & Wed. and 12-1 p.m. Fridays; \$190 (no discounts), plus \$15 materials fee payable to Conversa at first class; #7006-01

Location: Conversa Language Center
(Downtown)

German for Advanced Beginners

Do you already have some basic knowledge of this language but want to learn a little more? This course will help you build your confidence in speaking and understanding German. Expand your vocabulary and increase your knowledge of the German speaking culture.

Jennifer Goff has been studying and speaking German for more than 20 years. She enjoys teaching and introducing others to German language and culture.

- Wed., 6:15 pm-8:45 pm; July 31-Aug. 21; 4 wks; \$129, plus \$25 materials fee payable to instructor at first class (unless you are a continuing student and have your materials from Level I, then you may use those); 7049-01

Location: UC main campus

Music and Dance

Classes in ballroom dance, hula, salsa dance, swing dance, tango, Celtic fiddle, guitar, piano



Celtic Fiddling for Beginners Level I

Do you want to play Irish or Scottish fiddle music, but have never picked up a fiddle? Rest assured, by the end of this class you'll have a solid foundation on the instrument and a handful of great tunes! Along the way you'll see how easy it is to learn music by ear (no sheet music required), get a taste of music history and theory, and, of course, have fun in the process! Learn how Irish tunes are built on simple patterns, enabling you to learn any tune you hear. Explore proper fiddle ergonomics so that you can enjoy a lifetime of playing. This is the class for you if you can't play a tune or don't even know how to hold the instrument and bow.

Justin Bonar-Bridges has been playing Irish music in the U.S., Ireland, and Canada for nearly 20 years, studying with some of the tradition's greatest masters and winning international accolades. Since 2001 he has taught at the Riley School of Irish Music and has played in the celebrated Celtic band Silver Arm.

- Thurs., 6:25-7:25 pm; July 11-Aug. 15; 6 wks; \$139 (no discounts), plus you'll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town and can be had for as little as \$13 per month; #4207-01

Location: UC Victory Pkwy Campus
(historic Edgecliff by Eden Park); park free

Celtic Fiddling for Beginners: Level II

This is a continuation of the preceding course. Using foundation skills and ear training learned in Level I, we'll tackle some trickier tunes and explore techniques that will help your playing sound Irish or Scottish. We may even dive into some of the other Celtic lands for inspiration! If you've already learned some tunes by ear and have a background on the fiddle, or you've previously taken Celtic Fiddling for Beginners I, this class is for you.

Justin Bonar-Bridges has been playing Irish music in the U.S., Ireland, and Canada for nearly 20 years, studying with some of the tradition's greatest masters and winning international accolades. Since 2001 he has taught at the Riley School of Irish Music and has played in the celebrated Celtic band Silver Arm.

- Thurs., 7:35-8:35 pm; July 11-Aug. 15; 6 wks; \$139 (no discounts), plus you'll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town and can be had for as little as \$13 per month; #4208-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Club Dances

Learn the basics of Night Club 2 Step (great for slow ballads) and West Coast Swing (very versatile dance for blues, pop, rock, country) and you'll be able to fit in on the dance floor wherever you decide to go! If you've already taken swing or ballroom classes, this is certain to add variety to your dancing; but beginners are welcome, too. Wear smooth hard leather soled shoes to enable turns and changes in direction. Both couples and singles are welcome, although we cannot guarantee partners for singles.

Jeff Greatorex is a dance enthusiast who has been involved in the study and teaching of dance for many years.

• Fri., 8:45-9:45 pm; June 14-Aug. 9 (no class July 5); 8 wks; \$79, #5264-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Dancing for Two: Ballroom-Style

Tired of watching all the fun and ready to join in? Transform yourself into a dancer as you learn the basics of the beautiful, ballroom-style dances—slow fox trot, waltz, mambo, cha-cha, and rumba. This is an introductory level, especially for those who have had no prior dance classes. Both couples and singles are welcome, although we cannot guarantee partners for singles. Wear smooth hard leather soled shoes to enable turns and changes in direction.

Jeff Greatorex is a dance enthusiast and experienced teacher of dance.

• Fri., 7:40-8:40 pm; June 14-Aug. 9 (no class July 5); 8 wks; \$79, #4211-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Getting in Tune with Your Ukulele

Ukuleles aren't just for luaus! You'll be amazed at the variety of styles you can play - from blues and country to pop and light rock. After mastering the fundamentals (tuning, holding and finger placement), we'll focus on really getting comfortable with your instrument. Watch, listen, and play along as you build on the basics of chords, strumming, playing up the neck, and trying out some variations and tempos. No musical experience needed. Bring your ukulele and let's make some music!

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music would love to get you in tune with your ukulele and keep you playing.

• Tues., 5:15-6:30 pm; June 18-July 30; 7 wks; \$159 (no discounts), bring your own ukulele (soprano, concert, or tenor - no baritone) and text for Hal Leonard Ukulele Method Book 1 with audio CD (only about \$9); #4214-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Guitar

Explore varying styles of music as you conquer the fundamentals of guitar technique, reading music, and chord study in a group setting. Increase your enjoyment of playing as you establish proper playing techniques. Bring an acoustic (not electric) guitar to all classes and find out that anyone can read music and anyone can play!

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music, is an active performer and guitar teacher.

• Tues., 6:40-7:55 pm; June 18-July 30; 7 wks; \$159, plus text "Hal Leonard Guitar Method: Book 1" (CD not required) available from UC or DuBois bookstores plus online booksellers; #5224-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Guitar II

Refine and hone your guitar playing! The focus is on more in-depth coverage of technique, reading music, and chord study. You must be able to read notes on the guitar in first position and know basic chords. Bring an acoustic guitar to all classes.

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music, is an active performer and guitar teacher.

• Tues., 8-9:15 pm; June 18-July 30; 7 wks; \$159, plus text "Hal Leonard Guitar Method: Book 2" (CD not required) available from UC or DuBois bookstores plus online booksellers; #5225-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Join Communiversity on **facebook**.

Mandolin for Beginners

Looking for an instrument with a lot of versatility that won't break the bank? Maybe you're interested in playing chords along with your favorite songs, or you want to learn a few Irish or bluegrass tunes and jam with your friends. With a mandolin you'll have it all - you can play chords for accompaniment or take the lead with melodies. This is a course for those who have never played mandolin before and are looking to build a solid foundation on the instrument. You'll start by learning how to hold and maintain your mandolin, but by the end of the course you'll be playing tunes and know some basic chords - and you'll have learned it all by ear!

Justin Bonar-Bridges has played in the celebrated Celtic band Siver Arm; and he has taught various stringed instruments for over a decade.

- Thurs., 5:15-6:15 pm; July 11-Aug. 15; 6 wks; \$139 (no discounts), you will need a mandolin, an electronic tuner, and a simple recording device. If you don't already have a mandolin, playable mandolins such as the Rogue RM-100A can be obtained online for as little as \$50; #4215-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Recreational Music Making at the Piano

Using the "Musical Moments" curriculum, developed by Debra Perez and Will Bailey, you'll learn to read music and to play by chords. Your success is attributed to the comfortable pacing and logical sequencing of the materials. Emphasis is placed on wellness and the joy of making music, right from the first lesson! You will be using a state-of-the-art group piano facility-each piano having a headphone. This introduction to piano course does not require a piano at home, although it is recommended.

Sophie Wang, teacher and performer of piano, is affiliated with the University of Cincinnati College-Conservatory of Music and is trained in Recreational Music Making.

- Tues., 6:15-7:30 pm; July 9-Aug. 27; 8 wks; \$189 (no discounts), plus purchase and bring to class "Musical Moments: A Recreational Music Making Program: Book One with CD." Available online at: everylifeneedsmusic.com/MMOrdering.htm or UC Bookstore; #4216-01

Location: UC main campus

What People Like Best...

**"Allows you to learn
at a good pace —
clear and dynamic!"**

Students in "Guitar" class

Salsa and Merengue Dance

Capture the spirit and the rhythm of these popular Latin dances as you learn their special moves, steps, shines, and styles. Focus will be on the Cuban style Salsa and the Merengue, a quick even-stepping hip-moving dance which originated from the Dominican Republic. You'll practice holds, hand positions, and turns as you gain confidence in adjusting your moves to the speed of the music and flowing from one move to the next. Both couples and singles are welcome, although we cannot guarantee partners for singles. Class is geared for beginners. You must wear soft-soled shoes (leather or others that allow for smooth turning).

Doni Jessen, MBA, has a wealth of experience teaching, performing and choreographing Latin dance.

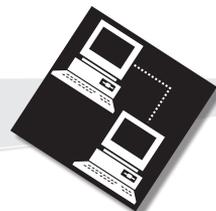
- Thurs., 7-8 pm; June 20-Aug. 15 (no class July 4); 8 wks; \$89, plus \$8 materials fee for CD, payable to instructor at first class; #5229-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

How Convenient!

***Lots of hands-on learning
in just a little time
We're ready when you are —
new courses start continually***

Online Classes with ed2go



Here's a sample from the 200 titles you have to choose from

Think you don't have time to take a course?
Think again. *Learn online* —*anytime, anywhere.*

- 24/7 classroom access
- Learn by doing—assignments and activities included
- Print lessons as you go to create a resource manual
- Led by an expert instructor
- Interactive discussion areas
- 6 weeks; 12 lessons
- New sessions begin monthly
- Very affordable — most classes only \$119

**For complete Online Course Catalog,
see ed2go.com/uc.**

Check Out Our Top 20 Courses:

Project Management Fundamentals & Applications

Gain the skills you'll need to succeed in the fast-growing project management field. Experienced project manager teaches you tricks of the trade in these two classes.

Creating Web Pages

Acquire the basics of HTML so you can design, create, and post your very own site.

Microsoft Excel Intro, Intermed, Adv

Discover the secrets to setting up fully formatted worksheets quickly and efficiently.

Accounting Fundamentals I and II

Gain a marketable new skill by learning the basics of double-entry bookkeeping and financial reporting. Then go to the next level with dividends, plant assets, depreciation, accrued revenue and expenses, retained earnings, stockholders' equity, and financial reports.

PHP and My SQL

Learn how to create an interactive Web site, allowing visitors to post and retrieve information provided by you or your site's visitors. Intro & intermed. levels.

Writer's Workshop for Beginners

Get a taste of the writer's life and improve your writing skills in this intro to writing creatively.

Photoshop Elements: Digital Photographer I, II

Learn to edit and correct digital images to repair deficiencies and bring out the best in your photographs.

Microsoft Access

Find out how to store, locate, print, and automate access to all types of information. Intro and intermediate levels.

Java Programming

An experienced Java programmer introduces important Java topics with clear, step-by-step instructions. Intro and intermed. levels available.

Explore a Career or Start Your Own Business in:

Administrative Medical Assistant; Medical Coding; or Medical Transcription; Event Planning; Consulting Practice; Publishing; Home-Based Business; and more.

SQL

Gain a solid working knowledge of the most powerful database programming language in the introductory class. Go beyond the basics in the intermediate level.

Secrets of Better Photography

Explore strategies and a variety of tricks to create excellent photographs in all types of situations.

Illustrator

Gain confidence and skills to use this powerful software tool for graphic arts.

PMP Certification Prep 1 & 2

This comprehensive preparation for the exam is offered by the Project Management Institute.

InDesign

Learn how to use this software to design and produce professional-quality letterhead, brochures, business cards, and more.

CSS and XHTML

Learn how to create state-of-the-art Web sites, taking your existing HTML skills to the next level. Start building sites like the pros. Intro and intermed. levels.

Learn online anytime, anywhere!

A new section of every course in our online catalog will begin on the following dates:

JUNE 19 • JULY 17 • AUG. 21

ed2go.com/uc

Creating WordPress Websites

Master the technical elements of WordPress; learn how to organize a blog or website, create appealing content, and achieve better positions on search engines.

Dreamweaver Intro, Intermed

A veteran designer helps you master the industry-standard tool for building professional Web sites.

Grammar Refresher

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

Photoshop

Learn how to create original images and to fix and process photos. Levels I & II; Creating Web Graphics.

Other Popular Course Titles include:

ASP.Net

Create powerful, interactive, community-based sites.

Flash

Learn how to create engaging Web sites, Flash movies, animation, and interactive applications.

Microsoft Word Intro, Intermed, Adv

Gain the tools to create and modify documents with the world's most popular word processor.

QuickBooks

Quickly and efficiently gain control over the financial aspects of your business. Performing Payroll offered too.

Microsoft PowerPoint

Create dazzling slide presentations with multimedia, charts, outlines, graphs, clip art, and hypertext links.

Effective Business Writing

Improve your prospects by developing powerful written documents that draw readers in and keep them!

Technical Writing

Apply technical writing conventions, interviewing skills, documentation management, publishing and formatting techniques; get tips on how to get that first job.

Research Methods for Writers

Learn the most efficient and effective methods to conduct research for any writing project.

Effective Editing

If you aspire to be an editor, we can teach you the basics of top-notch editing for both fiction and nonfiction.

Write Fiction Like a Pro

Hollywood writer shows how professional writers use story outlines to structure any type of story.

A to Z Grant Writing

Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns, and prepare proposals.

Languages: Spanish, Italian, Japanese, French

Your choice! Prepare to speak a new language in a wide variety of settings and situations and you will enrich your experiences while traveling.

Certification Preparation:

Note price exception: \$159 each (no discounts).

CompTIA Network+ Certification Prep

CompTIA A+ Certification Prep (All Levels)

CompTIA Security+ Certification Prep

Microsoft Project

Discover how to effectively plan, implement, and control projects using Microsoft Project 2010, the world's most popular project management software.

Supervision and Management I & II

Learn how to be an effective manager or supervisor. Master the basics of communicating effectively, and learn tools for developing your own interpersonal skills.

GRE Preparation Parts 1 & 2

Identify powerful strategies for success in the verbal and analytical sections. Then acquire a variety of useful techniques for tackling the math section.

Also offered:

LSAT Preparation Parts 1 & 2

GMAT Preparation

SAT/ACT Preparation Parts 1 & 2

How to Get Started:

1. Visit our Online Learning Center for all the details: ed2go.com/uc
2. Browse or Search the catalog for the courses you want. Click any title to view course details, syllabus, instructor bio, requirements, student reviews and course demos.
3. Enroll and pay for your classes at ed2go.com/uc
Or choose from three other ways to enroll on page 31.
Fees: Most online classes are only \$119 (no discounts).
4. Return to our Online Learning Center and click the My Classroom tab when your course starts. To begin your studies, simply log in with the name and password you provided during enrollment.
5. Start Dates: A new section of every online course will begin on the following dates:

JUNE 19 • JULY 17 • AUG. 21

For complete Online Course Catalog,
see ed2go.com/uc.

Personal Development and Special Interest

Classes in meditation, mindfulness, pet care, make-up, wardrobe, image, finding your purpose

Contemporary Social and Business Dining Etiquette

Knowing how to conduct yourself over the table provides a tremendous advantage throughout life. Learn to be comfortable in any dining situation, whether formal, informal, business or social. Join Ms. Glendenning at deSha's as you polish your table manners in an enjoyable, private setting over a delicious dinner. Topics include: navigating the table; the silent service code; forms of service; and the five most common dining mistakes. From "How do I eat this?" to "Faux Pas Recovery 101," we'll have fun while learning some important lessons in this unforgettable class!

Nanci Glendenning, co-founder and past president of the Association of Image Consultants International OH-PA Chapter, has conducted appearance and etiquette programs for all types and sizes of organizations.

• Mon., 6:45-8:45 pm; June 17; \$39 (no discounts), plus \$32 for five-course dinner, taxes and gratuities payable to instructor at beginning of class; #6045-01

Location: DeSha's (Harper Point)

Finishing Touches

A polished image, a pulled-together appearance and knowing what to do and say in any situation develops self-confidence and prepares you for new relationships and experiences. Discover and master many concepts: contemporary social etiquette; the art of conversation and charisma; what goes into good grooming, fashion, wardrobe, hair, and make-up; how to use body language and posture to your advantage; plus pointers on personality and aesthetics. You can practice and learn the techniques you'll need to present yourself at your personal and professional best.

Nanci Glendenning, co-founder and past president of the Association of Image Consultants International OH-PA Chapter, has conducted appearance and etiquette programs for all types and sizes of organizations.

• Wed., 6:30-8:30 pm; July 10-31; 4 wks; \$159 (no discounts), #6046-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Fortune Telling

Learn about how anthropologists categorize the wide variety of fortune telling (divination) techniques used around the world and discuss examples from a wide variety of cultures, both past and present. After looking at the many ways that one can accomplish an act of divination, we will then put our knowledge into practice by learning how to use at least two fortune telling methods (tarot and runes).

Alisa Strauss, PhD, teaches in the Anthropology Department at UC. She is especially interested in the study of mythology, folklore, magic, and religion both cross-culturally and through time.

• Fri., 6:30-9 pm; June 21 (the summer solstice); \$29, plus \$20 supply fee for your own deck of tarot cards, set of Viking runes, and instructional materials payable to instructor in class; #6157-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Heart of Meditation Concentration and Insight

Learn to live in the present moment by developing a meditative practice of mindful awareness. This class offers an exploration of that process, emphasizing concentration and insight. Special attention will be given to mind states that can interrupt our progress. Learn how to work with sleepiness, worry, anger, desire, and doubt in order to deepen our practice all along the path. We provide chairs and meditation cushions; try to avoid eating for an hour before class. No particular belief system required—just a desire to find the clarity and peace that meditation can bring.

Bonnie Beverage, a teacher in the Theravada Tradition, is one of the founding members of the Dharma Center. She has taught History of Buddhism since 1998 at UC. She is also the author of "Take-Home Dharma" and "Impermanence: the Only Lesson You Will Ever Need."

• Thurs., 7-8:30 pm; July 11-Aug. 1; 4 wks; \$59, #6042-01

Location: Dharma Center of Cincinnati (Upper Northside)

Join Communiversity on [facebook](#).

Introduction to the Labyrinth

Did you know that Greater Cincinnati has more than a dozen labyrinths, including one at the new Smale Riverfront Park? The labyrinth is not a maze; you can't get lost. Labyrinths are used for stress reduction, self-awareness, and fun. Join us to learn more about the labyrinth, its history, how and where to walk labyrinths locally, and experience an indoor labyrinth walk. Please bring a pair of clean socks to class.

Sallie Hilvers is a Veriditas-trained labyrinth facilitator and member of The Labyrinth Society. She has walked labyrinths around the country and in Great Britain and has taught labyrinth workshops locally.

- Sat., 9-11 am; June 15; \$19, #6048-01
Location: Centennial Barn (Wyoming OH)

What to Wear and How to Wear It

From wardrobe planning and accessories to discovering your best colors and most flattering styles, find out how you can achieve that “put together” look. Focus on personal appearance and polish, find out about image killers, and do's and don'ts.

Nanci Glendening, of Glendening Image Research, is co-founder and past-president of the Association of Image Consultants International OH-PA Chapter. She also modeled in Miami FL and was a former Miss Cincinnati USA.

- Wed., 6:30-8:30 pm; June 26; \$29, #6156-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Professional Make-Up Skills

Do you want to learn professional techniques and secrets to doing your own make-up—without the sales pitch and the very public department store environment? In this fun, relaxed class, you'll bring in your own make-up bag. Find out what your make-up will do for you, what basics you really need, how to select and purchase makeup, and how to handle some of the tools. Explore daytime and evening looks, how to minimize flaws, and how to take care of your skin. The second session is really hands-on, so come fresh-faced. We'll be starting from scratch as you learn how to apply your make-up as if it was done professionally every day.

Nora Fink is a professional wardrobe stylist and make-up artist. She does not represent any company and does not sell any products; she currently works in the industry for a variety of companies.

- Wed., 6:30-8:30 pm; July 17-31; 3 wks; \$69 (no discounts), plus \$10 fee payable to instructor for use of supplies in class; remember to bring in your own make-up to learn application techniques; #6138-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Money Matters

Classes in finance, money management, retirement planning



Please note: Our seminars are educational in nature. The university does not endorse or promote any products, strategy or views. Any presented are those of the instructor only

Women & Finance: Lessons Mother Never Taught You

Consider these stunning statistics: 2/3 of all recent first marriages will end in divorce; 1/3 of all women who have ever been widowed were under age 50; and nearly 80 percent of all married women will become widows. Whether you're married or single, you need to understand those financial issues that affect you as a woman. This program is a primer that teaches financial survival tactics for the real world. If you've ever entertained questions you were afraid or too embarrassed to ask, join us. Learn how to protect yourself from financial catastrophe.

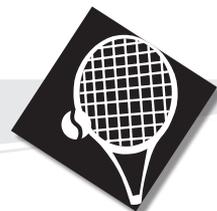
Suzan B. Kotler, CFP, has devoted her career to helping people with money matters. Knowledgeable and motivating, she has been recognized by Cincinnati Magazine as a five star wealth manager for four consecutive years.

- Sat., 10 am-1 pm; July 13 & 20; 2 sessions; 6 hrs total; \$69, includes workbook; #9030-01
Location: UC main campus

Join Communiversity on **facebook**

Sports and Adventure

Classes in aviation, golf, tennis, tree climbing, scuba diving



Golf: Beginning

Don't want to be left out of the golf outing again this year? Just want to feel more at ease playing with friends? This class is designed to prepare new or beginner golfers to feel comfortable with the fundamentals of the game. Topics will include putting, chipping, pitching, and the full swing with irons and woods. We will also cover basic rules and etiquette with one on-course playing class to make you more confident in taking your game to the golf course. Bring your own clubs if you can; if not, equipment will be provided.

Tom Bach, Kyle Voska and Brian Fennen are PGA professionals. Tyler Foley is a PGA apprentice.

Your choice of June, July or August Classes

- Wed., 6:15-7:15 pm; June 5-July 3; 5 wks; \$99 (no discounts), plus a one-time \$10 practice range fee payable at first class (includes all range balls); #4101-03

- Sat., 9:30-10:30 am; June 8-July 6; 5 wks; \$99 (no discounts), plus a one-time \$10 practice range fee payable at first class (includes all range balls); #4101-04

- Wed., 6:15-7:15 pm; July 17-Aug. 14; 5 wks; \$99 (no discounts), plus a one-time \$10 practice range fee payable at first class (includes all range balls); #4101-01

- Wed., 6:15-7:15 pm; Aug. 28-Sept. 25; 5 wks; \$99 (no discounts), plus a one-time \$10 practice range fee payable at first class (includes all range balls); #4101-02

Location: Sharon Woods Golf Course

Golf: Intermediate

Instruction will focus on refinement of strokes and strategy in the areas of driving, long and short iron play, and putting. It is designed for golfers beyond the beginner level who want to improve their game. It is preferable that you have your own clubs but it is not required.

Tom Bach, Kyle Voska and Brian Fennen are PGA professionals. Tyler Foley is a PGA apprentice.

Your choice of June, July or August Classes

- Tues., 6:15-7:15 pm; June 4-July 2; 5 wks; \$99 (no discounts), plus a one-time \$10 practice range fee (payable at first class—includes all range balls); #4104-03

- Thurs., 6:15-7:15 pm; July 18-Aug. 15; 5 wks; \$99 (no discounts), plus a one-time \$10 practice range fee (payable at first class—includes all range balls); #4104-01

- Thurs., 6:15-7:15 pm; Aug. 29-Sept. 26; 5 wks; \$99 (no discounts), plus a one-time \$10 practice range fee (payable at first class—includes all range balls); #4104-02

Location: Sharon Woods Golf Course

Announcing New 5 Lesson Format

Featuring:

- One lesson a week for 5 weeks
- Small groups (classes limited to 12)
- Affordable, convenient and fun!

TENNIS RAIN OR SHINE at Anderson Mercy Healthplex

Indoor tennis classes are facilitated by Joe Foley, winner of over 100 tournaments and former captain of the best tennis team in UC's history.

Tennis for Beginners

Get in shape with tennis! Work on hand-eye coordination, racquet skills, basic strokes, and scoring. This experience is designed for the player who has never played the game or is unfamiliar with the rules. Bring your own racquet.

Joe Foley has introduced this sport to thousands of people who continue to play for a lifetime.

- Sun., 4-5 pm; June 16-July 21; 6 wks; \$69 (no discounts), #4105-01

Location: Mercy Healthplex Anderson

Tennis for Intermediates

This is an enjoyable way to get in shape and stay in shape! You are ready for this experience if you have had some previous instruction or if you can hit ground strokes and serves in play from the baseline with reasonable success. You'll have the chance to work on strokes with movement, rally skills, overheads, and volleys. And for those who are ready, you may practice getting that first serve in, adding spin, net play, strategy, and control. Bring your own racquet.

Facilitated by Joe Foley.

- Sun., 5-6 pm; June 16-July 21; 6 wks; \$69 (no discounts), #4107-01

Location: Mercy Healthplex Anderson

Test Preparation

Classes in ACT Prep, SAT Prep, GRE Prep, GMAT Prep, LSAT Prep, TOEFL Prep



ACT Preparation

Losing sleep and getting anxious about test day? In this intensive class, you'll build confidence and make the most of your potential by studying strategies for taking the ACT and by reviewing topics covered by the ACT (math, writing and reading comprehension). Learn a variety of test taking methods and work with the instructor to adapt the ones that best suit your own unique style and personal strengths. You'll get support for questions and concerns; plus discussions, PowerPoints, use of TPR materials, and lots of concrete examples. Discover approaches to increase your odds on each question type, how to use a process of elimination, construct a well-defined essay (optional) on this test, plan your critical reading passage strategy, and learn when it's good to guess.

Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.

- Sun., 9 am-2 pm; Sept. 8 & 15; 2 days; \$154 (no discounts), plus bring calculator and text "Cracking the ACT" 2013 edition, a publication of The Princeton Review (available from UC and DuBois bookstores plus online booksellers). Lunch not included—bring own or a few dollars extra to order pizza with the group; #4604-01

Location: UC main campus

GMAT Preparation

Are you in the market for a business school? Enhance your chances of acceptance with this structured study of the Graduate Management Admission Test. The course is team taught. The English instructor covers the analytical writing assessment and verbal sections while the math instructor covers the quantitative and integrated reasoning sections. Concepts of algebra and geometry will be reviewed. You'll work with authentic test questions and responses and gain confidence by learning helpful strategies.

- To register for the GMAT test, call 1-800-717-GMAT or see mba.com

- To register for this GMAT test prep class, call 513-556-6932 or visit uc.edu/ce/commu

Allen Feibelman, MA, is an associate professor at Chatfield College and has taught with the UC English Department. Allen has also taught for Princeton Review.

Jane Allen, MEd in mathematics, has taught for 17 years. Currently, she is teaching College Preparatory and Honors Math at Kings High School.

- Sat., 9 am-1 pm; June 29-Aug. 3; 6 wks; \$269 (no discounts), plus text "The Official Guide for GMAT Review" (13th Ed.), Wiley Publishing, Inc., available from UC and DuBois bookstores plus online booksellers); #4600-01

Location: UC main campus

GRE Preparation

Do you want to maximize your ability to score well on the GRE and get admitted to graduate school? In a relaxed atmosphere, you'll lay the foundation for success as you're guided through actual test questions, enhancing your answer strategy. The course is team taught. The math instructor teaches quantitative reasoning skills; and the English instructor, analytical writing and verbal reasoning. Concepts of algebra and geometry will be reviewed. You will work with authentic test questions and responses and gain confidence by learning helpful strategies.

- To register for the GRE test at UC, call 513-556-7173

- To register for this GRE test prep class, call 513-556-6932 or visit uc.edu/ce/commu

Jane Allen, MEd in mathematics, has taught for 17 years. Currently, she is teaching College Preparatory and Honors Math at Kings High School.

Allen Feibelman, MA, is an associate professor at Chatfield College and has taught with the UC English Department. Allen has also taught for Princeton Review.

- Sat., 9 am-1 pm; June 29-Aug. 3; 6 wks; \$269 (no discounts), plus text "The Official Guide to the GRE revised General Test with CD-ROM," 2nd ed., a publication of the Educational Testing Service, available from UC and DuBois bookstores plus online booksellers; #7142-01

Location: UC main campus

Join Communiversity on **facebook**.

LSAT Preparation

The key to success on the Law School Admission Test is practice, strategy, and timing. Delve into a detailed analysis of each LSAT problem type: reading comprehension, analytical reasoning, and logical reasoning. By discussing the problems and explanations, you'll develop the ability to approach the LSAT as a series of intellectual games to which you can apply strategies studied in class. You will also benefit from the instructor's critique of your LSAT writing samples. The course culminates in a full-length mock exam. Using actual questions from previous tests, under timed conditions, will prepare you for the real environment. In addition, and outside of classroom hours, the instructor offers individualized assistance with the personal statement essay required for all law school applications.

Mina Ludwig, JD, UC College of Law, is currently in private practice and counsel for the Hamilton County Board of Mental Health and Recovery Services.

• Sat., 12-4 pm; Aug. 24-Sept. 21 (no class Aug. 31); 4 sessions; \$299 (no discounts), plus "Barron's LSAT" by Bobrow (13 Ed.) ~ must have this text for immediate use in class sessions 1, 2 & 3; plus "The Official LSAT SuperPrep" by the Law School Admission Council for use in class session 4 & for self-study — both available from UC and DuBois bookstores plus online booksellers; #4601-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)



*Prepare for
Exam Success!*

TOEFL iBT Preparation

The Test of English as a Foreign Language (TOEFL) is used to measure English language proficiency. It is the most accepted test in the world; and Internet-based testing has made it even more accessible. This course will help you prepare to take the TOEFL as you focus on the main features of the test, test-taking strategies, exercises, and practice. We will cover the types of skills evaluated by the various sections of the test, including reading, listening, writing and speaking.

- To register for the TOEFL iBT test with UC call 513-556-7173 or see uc.edu/testing-services.html
- To register for this TOEFL test preparation class, call 513-556-6932 or visit uc.edu/ce/commu

Jennifer Wiebe, EdM, is a graduate of U of Illinois Urbana-Champaign; she is an experienced teacher who has a love of languages.

- Wed. 6:30-8:30 pm; June 19-Aug. 21 (no class July 3 or 31); 8 wks; \$189 (no discounts), plus text "Cracking the TOEFL iBT with audio CD" (13th Ed.) by Princeton Review; #4602-01
Location: UC main campus

What People Like Best...

**"It was a very helpful
preview and a
great value!"**

Students in "GMAT Prep" class

Online Classes Also Available:

See ed2go.com/uc; select "Personal Development;" click on "Test Prep" for other options.

Program Information

Enroll Early

Courses can fill up quickly! To ensure a space in the class of your choice, please enroll now. We will accept registrations as long as there is room.

If the class you want is filled, we'll put you on a wait list and notify you as soon as possible. You may choose to remain on the wait list, transfer to another class, or receive a refund (if you paid by credit card you will not be charged). Every effort will be made to accommodate you — we've even been known to create new class sections to meet your needs.

For Adults

While most of our classes are designed for adults (18 and over) there are exceptions. Our ACT Prep, SAT Prep, and Mini Medical College classes welcome high school students. If you're a 16 and 17 year-old interested in challenging yourself and learning something new, you are welcome to many of our other classes (we are not able to admit you to physical classes which require release forms since they aren't valid if signed by minors).

Class Changes

We don't like to make changes, but sometimes it's unavoidable. We reserve the right to change times, locations or instructors. If we must cancel a class, we will make every effort to notify you immediately. Please provide daytime phone numbers so that we may contact you. You may then choose to transfer to another class or receive a full refund.

Location and Parking

Our classes are held online, face-to-face, at UC's Main Campus, at UC's Victory Parkway Campus, and at 20 other locations around town — see the last line of each description for the class location.

Exact room and building locations, parking information, and directions will be mailed to you with confirmation of your enrollment.

If you have a disability and need specialized services, call the Disability Services Office at 513-556-6823 well in advance of your class to discuss your needs.

Confirmation of Enrollment

If you have not received confirmation within two days of starting date for your class, please call 513-556-6932. Office hours are 8 am-5 pm Monday-Friday.

Material and Supply Fees

Some classes require additional fees for supplies or materials — they are noted in the class listing. *These fees are to be paid to the instructor at the first class session.* These fees are nonrefundable and discounts do not apply to them.

Books

A few courses require the purchase of book(s); those are noted in the description. You may buy them from local or online booksellers. If you buy your books from UC (513-556-1400) or DuBois (513-281-4120), you will find them in a special *Communiversity* section.

Discounts

In order to take advantage of these discounts, you must request your discount at the time you first enroll. Only one discount may apply per class. Classes not available at a discount are marked with a "no discounts" notation.

UC Faculty and Staff Discount

Full-time UC faculty and staff may take one class per quarter at half-price. Spouses and dependents are ineligible. This discount requires special handling and is not available online. Call 513-556-6932 to arrange.

Senior Citizens Discount

Golden Buckeye card holders are eligible for a 20 percent discount on many of our classes — be sure to provide us with your card number, please.

Refunds

A refund of the enrollment fee can be made up to 48 hours before the first session. We regret that no refunds may be made anytime thereafter.

However, we do stand behind our programs and will do whatever it takes to ensure your satisfaction.

4 Easy Ways to Enroll

Choose what is simplest for you — online, phone, in-person or mail. See details on the next page.

Communiversity Course Catalog[®] 2013

Published by:

Continuing Education
University of Cincinnati
PO Box 210093
Cincinnati, OH 45221-0093

Phone: 513-556-6932
Fax: 513-556-0873
E-mail: ce@uc.edu
uc.edu/ce/commu

4 Easy Ways to Enroll



ONLINE at uc.edu/ce/commu



CALL 513-556-6932, press 2.
Office hours are 8 a.m.-5 p.m. Monday-Friday.



COME to our office, UC Victory Pkwy, Admin Bldg—Ste. 208,
2220 Victory Pkwy, 45206. (No cash accepted.) Office hours listed above.



MAIL this convenient form along with your payment.
Make checks payable to University of Cincinnati.
Send to: Communiversi
PO Box 210093
Cincinnati, OH 45221-0093

MAIL IN ENROLLMENT FORM (Enclose Check)

Name _____

Additional Names _____

E-mail Address _____

Mailing Address _____

City _____ State _____ Zip _____

Phone (home) (____) _____ Phone (work) (____) _____

I am enrolling for:

Title _____ Course # _____ Fee _____

Title _____ Course # _____ Fee _____

Title _____ Course # _____ Fee _____

TOTAL _____

Preferred Customer No.: 9

Communiversity

Enrich Your Life with Quality Courses

▶ **Summer 2013
Course Catalog**

You'll find our *classes*...

- ▶ **On Victory Parkway (next to Eden Park)**
- ▶ **On the links**
- ▶ **Online**
- ▶ **On the UC campus**
- ▶ **Plus a dozen other Off-Campus locations!**

