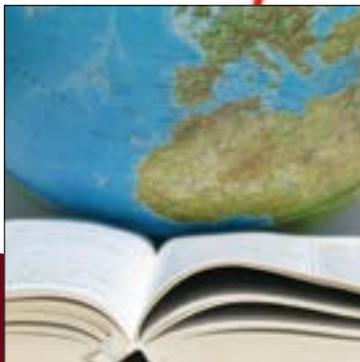


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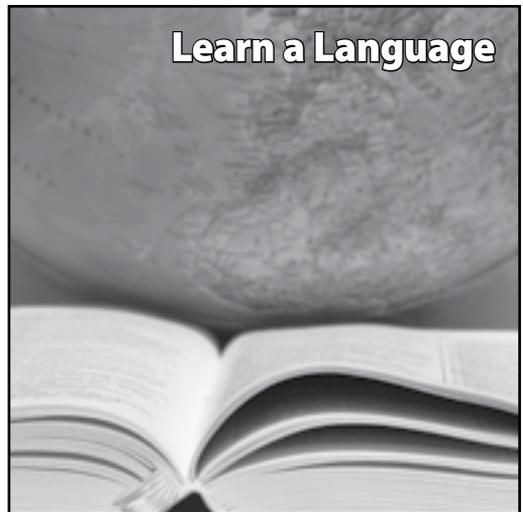
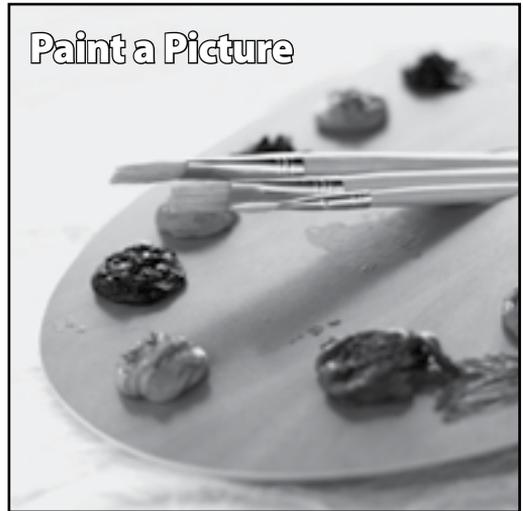
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and learn something new!*

Donna Burns

Donna Burns
Director, Communiversiity



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Arts & Handicrafts

Classes in antiques, art, bead jewelry, painting, pottery, stained glass, etc.

Bead Jewelry Making

Make your own unique jewelry using a wide variety of sterling silver and glass beads. Learn basic beading techniques including bead selection, clasp attachment, and bracelet, necklace and earring design. Use your new skills in class to fashion two pieces of jewelry (your choice between earrings, bracelet or 16" necklace — with \$1 per extra inch wanted). Come away with the skills to not only create more jewelry on your own but also to repair broken jewelry. No experience necessary.

Megan Painter will guide you through the process of creating professional looking jewelry.

Wed., 7–9 pm; Oct. 22; \$24 (no discounts), plus \$20 supply fee payable to instructor in class (includes all beads, wire, clasps, and supplies to complete the in-class projects); #3668-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Create a Pair of Tall Whimsical Mugs

Create a pair of tall whimsical mugs to keep for yourself or to give as gifts. During the first class you will hand-build your mugs from extruded clay tubes. The pair will then be bisque-fired before the second class when you will decorate and glaze them. After a glaze-firing they are ready for you to pick-up.

Rick Hoffman has over twenty years of experience making pottery and teaching others how to make it. He currently owns, runs and teaches at Covington Clay — a pottery studio and gallery in Covington, KY.

Sat., 10 am–12 pm; Sept. 20 & Oct. 4; 2 sessions; \$45 (no discounts), plus \$20 for materials, equipment and firing fee payable to the instructor at the first class; #3151-01

Location: Covington Clay, Covington KY (Historic Business District)

Drawing Mandalas: Expression through Circular Designs

Learn to create and design your own mandalas, circular designs created through the use of repeated images and geometries. In one session you will learn the basics of circular geometry, how to divide spaces, and how to use that knowledge to create wonderful artworks to treasure and share. Use the skills and supplies you acquire in the class to create as many designs as you like. No previous art experience is necessary. If you can, please sign up 5 days in advance so instructor can order supplies at the best price.

Alisa Strauss has years of experience creating and designing stained glass pieces, blown glass sculptures, jewelry, graphic designs, and pencil and ink artworks. She has won a variety of awards and has been featured in museum exhibits and art shows.

Sun., 1:30–4 pm; Oct. 5; \$29, plus \$20 supply fee payable to instructor for complete kit so you can make multiple designs in and out of class; #3718-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Historic Homes & Heritage around Town

Here's a rare opportunity to step back into Cincinnati of the 1880's and tour the Benn Pitman House, an Italianate villa overlooking the Ohio River. Ornate and nearly 3-D, the masterful woodcarvings by Benn himself adorn ceiling beams, baseboards and doors. Other features include stained glass, a cathedral room, widow's walk and fireplace tiles. Next on our tour is the ultra-modern house built by a former occupant of the Pitman House — right next door! Then, on to lunch at the Cincinnati Art Museum Terrace Café, followed by a visit to the galleries where Benn Pitman woodcarvings are on display. Our last stop will be to nearby DeSales corner where we will tour the private residence of the man who has taken a leading role in revitalizing the area.

Frank Farmer Loomis IV is a fine arts appraiser, author, journalist, lecturer and NPR talk show host.

Sat., 10 am–3:30 pm; Oct. 18; one day; \$49 (no discounts), plus lunch together at your own expense and travel in own car; #3117-01

Location: Meet at the UC Victory Parkway Campus (near Eden Park) for orientation

Jewelry Making with Epoxy Clay

Make a stunning pendant embellished with rhinestones and flower bead caps and matching earrings with epoxy clay, which is a no-bake, fast drying jewelry clay. Learn how to condition the epoxy clay, string the pendant in a jewelry cord, finish it with clasps and jump rings, and embellish it with jewelry components and metallic dust. The instructor will bring jewelry tools but you are welcome to bring your own (plier sets) if you have them. No prior experience needed.

Banu Kesavalu is a beading and polymer clay artist with experience of 15 years.

Sat., 11 am–1 pm; Sept. 20; \$24, plus \$20 supply fee payable to instructor in class (includes epoxy clay, colorful rhinestones, metallic dust, Swarovski crystals, jewelry findings, jewelry cord and supplies to complete the in-class projects); #3724-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Jewelry Making: Polymer Clay: Image Transfer Technique

Create and take home an image transferred pendant necklace and a pair of matching earrings with polymer clay, which is oven bake clay! In one class, learn how to condition the clay, to transfer your favorite images on to it; to bake and gloss polymer clay, and to pierce holes through polymer clay beads/charms to make the pendant and earrings. The instructor will bring an oven and tools but you are welcome to bring your own jewelry tools (plier sets) if you have them. No prior experience needed.

Banu Kesavalu is a beading and Polymer Clay artist with experience of 15 years.

Sat., 11 am–1 pm; Sept. 27; \$24 (no discounts), plus \$20 supply fee payable to instructor in class (includes polymer clay, transfer paper, high quality image sheets, gloss, bead piercing pins, jewelry findings, jewelry cord and supplies to complete the in-class projects); #3729-01

Location UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Lead Panel Stained Glass

Using the old lead channel method (instead of copper foil), you'll create a panel (about 11"×17") in one afternoon — your choice of pattern and glass.

Mary Jane Riggi has an abundance of experience as a stained glass artisan and instructor.

Sat., 10 am–4 pm; Oct. 25; 1 day; \$75 (no discounts), plus anywhere from \$40–140 for materials and equipment (depending on the project you choose) payable to instructor in class. You may use some of the studio tools during class. Lunch not included — bring your own or order pizza with the group; #3677-01

Location: Artist's Studio (Mt. Airy)

Gift Ideas



For that special birthday or holiday gift, consider giving something special.

Make a Gift in one of our "Arts & Handicrafts" classes OR **Give the Gift of Class** with a Gift Certificate for the class of your choice!

Call **513-556-6932**
to arrange your gift.

Oriental Brush Painting in a Day

Begin with the basics and end with beautiful paintings! You'll learn simple, quick strokes that can enhance your painting skills while learning the Oriental way of the brush. No drawing needed; you will produce paintings of flowers, animals or landscapes using only brush strokes. Experience painting with unique brushes, ink and paper for a relaxing and creative day.

Jean Vance, MFA, MA, has that rare combination of being a talented artist and a gifted teacher; and she especially enjoys introducing adults to the fun of painting. She has studied Oriental Brush Painting since 1982 as the demonstrating artist with the First Ohio Trade Fair in Wuhan, China.

Your choice of days — or take them both!

Sun., 10 am–4 pm; Aug. 24; 1 day; \$69 (no discounts), see all details below; #3717-01

Sun., 10 am–4 pm; Oct. 12; 1 day; \$69 (no discounts), plus lab fee of \$20 for Oriental paper, Chinese brushes, ink stone and ink sticks, colored inks and painting pads used in class, plus all handouts — payable to instructor in class. No supplies needed. Bring a bag lunch or snack if you wish; #3717-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Plein-Air Landscape Painting

Plein-Air is a French expression meaning "in the open air." Experience the pleasure of painting, self-expression, and seeing the world in a new way as you meet at various locations and scenic parks around Cincinnati to learn to sketch and to paint with oils. Drawing on ideas of impressionism, you'll practice techniques needed to complete painted sketches, including basic composition, value, pattern, color spotting, and covering the canvas. Building on those skills, you will complete a larger landscape painting that captures the impression of light and color of the Cincinnati landscape. In case of rain, we'll meet indoors or in parks with overhead cover. Details and directions to the various locations will be given in class. No experience needed.

Richard Luscek studied classical painting under Boston painter Paul Ingbretson for three years after earning his BFA degree with UC's DAAP program. He is a working artist who maintains his own art studio.

Sat., 10 am–1 pm; Sept. 20–Nov. 8; 8 wks; \$199 (no discounts), supplies are the student's responsibility. A list will be sent with your enrollment confirmation (or see uc.edu/content/dam/uc/ce/docs/Commu/Classes/paintingsupplies.pdf); #3715-01

Location: First class meets at artist's studio in Eden Park; then at various parks thereafter

Quilt Making in a Day: Fundamentals

Learn the basics of quilt making, including planning, color, design, cutting, stitching, quilting, and binding. Learn the correct, time honored techniques which result in treasures to cherish for years to come. At the end of the day, take home your completed project to enjoy as either a table runner or wall hanging, in your choice of color scheme. Bring to class your sewing machine plus a mastery of simple sewing skills — how to thread machine, operate, and wind bobbins, sew backwards and forwards.

Pamela Reising founded and owned Comforts of Home quilt shop, was a columnist for Sew Business Magazine and a contributor to needlework publications.

Sun., 9 am–4 pm; Nov. 9; one session; \$69 (no discounts), plus \$89 supply fee payable to instructor in class. Covers cost of quality fabrics, batting, a universal template, plus basic quilting tools to continue using to create projects on your own. Bring a brown bag lunch plus your sewing machine; #6625-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Stained Glass for Beginners

Begin with the basics of building a Tiffany style panel using the copper foil method. Learn types of glass, glass cutting techniques, grinding, foiling, soldering and framing a panel. Complete a panel of your choosing (sizes vary; average is 11"×17").

Mary Jane Riggi is experienced in the art of stained glass, from design and building to teaching.

Sat., 10 am–4 pm; Oct. 11; 1 day; \$75 (no discounts), plus \$125-150 for materials and toolkit payable to instructor in class. You may use some of the studio tools during class. Lunch not included--bring your own or order pizza with the group; #3500-01

Location: Artist's Studio (Mt. Airy)

Watercolor in a Day

Try something new, you'll like it! Learn the basics, explore a wealth of tips and techniques, and delve into composition and color mixing. Jean teaches through demonstration, hands-on experience, and individual coaching. Experience the joy of painting, of self-expression, and of seeing the world in a new way as you create your own original paintings. All are welcome, no experience necessary.

Jean Vance, MFA, OWS, MA, has that rare combination of being a talented artist and a gifted teacher; and she especially enjoys introducing adults to the fun of painting.

Your choice of days — or take them both!

Sat., 10 am–4 pm; Aug. 23; 1 day; \$69 (no discounts), see all details below; #3508-01

Sat., 10 am–4 pm; Oct. 11; 1 day; \$69 (no discounts), plus lab fee of \$30 (payable to instructor in class) for use of brushes, paper, paint, mixing palettes, and all supplies used in class, plus all handouts. No supplies needed. Bring a bag lunch or snack if you wish; #3508-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Wire Wrap Jewelry Making

In this class, you will make a wire wrap linked bracelet and earrings (or a pendant if you'd rather) using head pins. Both pieces will incorporate anti-tarnish silver plated wire and glass beads (we'll give you a variety to choose from in class). Learn to wrap, twist, and sculpt wire using simple tools and materials (you will not wrap beads or stones). After practicing a bit, you'll find you can create your own unique jewelry to get the same effect you see in pieces in upscale boutiques.

Megan Painter will guide you through the process of creating professional looking jewelry.

Wed., 7–9 pm; Aug. 27; \$24 (no discounts), plus \$20 supply fee payable to instructor in class (includes all beads, wire, clasps, and supplies to complete the in-class projects); #3708-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)



Try your hand at Quilting



Astronomy

Classes in planets, sun, moon, stars, galaxies and constellations.

Astronomy Classes at Cincinnati Observatory Center are held atop Mt. Lookout in one of our city's true treasures, where the views are great (and the parking is free)!

Behind the Scenes at the Observatory

Look to the heavens through the oldest continuously used telescope in the world; explore the depths of the 1873 observatory including its attic and basement; and learn why President Adams laid the observatory's original cornerstone in 1843. Hear the fascinating history of the founding of the observatory; investigate how the 19th century astronomers determined time for the city of Cincinnati; discover why the observatory was designated a National Historic Landmark; and find out what is in store for the future. The Moon will be viewed through the telescope following the program, weather permitting.

John Ventre is the historian with the Cincinnati Observatory Center.

Wed., 7–9 pm; Oct. 29; \$22, #1207-01

Location: The Cincinnati Observatory Center (Hyde Park/Mt. Lookout)

Mythology of Ancient Civilizations

Come and discover the intriguing world of archaeoastronomy through mythology. Various interpretations of astronomical mythology will take you on a journey to a plethora of places such as Egypt, China, Greece, and South America. Travel to a time when the Egyptian goddess Nut was praised and to an age when the myth of the golden chariot of Helios was believed. Hear the stories of the Ancients and how the skies, the sun and the stars governed much of their lives, including religious customs, economic practices and overall structures of society. We will finish up this wonderful experience by doing some stargazing of our own through the oldest public telescope in the country. If the weather does not permit viewing, we shall go on a tour of the Cincinnati Observatory.

Aashi Mital is a historical consultant at the Cincinnati Observatory and is a professional archaeologist who focuses on the Archaic Period of Greece and Egyptology.

Wed., 7–9 pm; Nov. 5; \$22, #1239-01

Location: Cincinnati Observatory Center (Hyde Park/Mt. Lookout)

Search for Life on Other Worlds

Throughout the millennia, people have looked in awe at the vast, starry sky and asked, "What is out there?" In this session we will investigate the possibilities for life on other planets within our solar system and on planets orbiting other stars. We will discuss what conditions are thought to be necessary to sustain life, the wide variety of extreme conditions in which life thrives on Earth, how we will be able to identify alien life if we find it, and how signs of life might be found even on very remote planets. You will also learn about some citizen science projects that invite you to participate in the search for extrasolar planets and possibly even intelligent alien life. Saturn will be viewed through the telescope following the program, weather permitting.

Michele Lierl is a physician, long time presenter for the Cincinnati Observatory Center and president of the Friends of the Observatory.

Mon., 7–9 pm; Sept. 22; \$22, #1238-01

Location: Cincinnati Observatory Center (Hyde Park/Mt. Lookout)

Stargazing 101

Constellations change in the heavens from season to season. In this class you will study the imaginative figures we call constellations. Learn to use a planisphere to find any constellation at any given time and date. If the weather is clear, we will go outside to find many of the brighter constellations; and you will also have the option of looking through the observatory telescope.

Dean Regas is the outreach astronomer with the Cincinnati Observatory Center.

Wed., 7–9 pm; Oct. 15; \$22, plus \$4 optional materials fee for star chart payable to instructor at class; #1209-01

Location: The Cincinnati Observatory Center (Mt. Lookout/Hyde Park)



Business & Career

Classes in business analytics, job seeking, career selection, floral business, inventing, land lording, social media, voice acting, etc.

An Introduction to Voiceovers: Class

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, “I could do that”? If so, then you could have what it takes to begin working as a professional voiceover artist. The current voiceover trends have made it easy and affordable for just about anyone to get involved. In this fun and empowering two-hour introductory workshop, you will learn about the different types of voiceovers and what tools are needed in order to find success in the voiceover industry. You will have the opportunity to get a taste of what it’s like to be a voice actor as you perform a real voiceover script. You will be recorded so that you can receive professional voiceover evaluation later. Come ready to laugh, learn and be inspired...

Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.

Tues., 6–8 pm; Oct. 21; \$39 (no discounts), #1140-01

Location: UC main campus

An Introduction to Voiceovers: One-on-One Live

See preceding description. Receive the same information you would get in that traditional class but in a one-on-one format. After enrolling with us, you’ll schedule a one-and a half hour time slot with your instructor, at your mutual convenience. The online format may be through iChat, Skype, or by phone — your choice.

Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.

Arrange when you wish anytime; Sept. 15–Dec. 15; 1.5 hours; \$49 (no discounts), #1150-01

Location: Taught through iChat, Skype or over the phone — your choice — during the above date span

Social & Business Dining Etiquette

See details on page 24

What to Wear & How to Wear It

See details on page 26

Breaking into Film Production

A veteran feature film and documentary producer offers first-hand advice on how to break into the competitive field of film production. Beyond just “who do you know,” a candid discussion covers the do’s and don’ts of getting that first or even that tenth job on a film or commercial shoot. What kinds of skills are expected from producers? What to include on a resume and what is the range of pay? Learn how to get your foot in the door and increase your chances of landing that film production job!

Chris Hilsabeck began his movie and commercial production career in Los Angeles. He is a frequent guest speaker to film and digital media students and has participated in panel discussions at SXSW and the Atlanta Film Festival.

Sat., 1–5 pm; Sept. 27; \$69, #1157-01

Location: UC main campus

Getting Noticed: Using PR to Your Advantage

Public relations can produce huge results for far less money than traditional marketing. Used correctly, it can be a great vehicle for getting the word out about your business, product, or yourself. It’s also a wonderful way to increase your audience and customer base. Learn about authentic PR and how it’s different from marketing; then acquire specific tools and tactics for putting PR to work for yourself.

Mary Beth Weaver, MS, has 15 years of experience in public relations, media relations, and communications. She has been a spokesperson for a \$3-billion publicly traded company, managed social media for a web development company with a worldwide audience, and managed promotions for a variety of special event projects.

Tues., 6:15–8:15 pm; Oct. 7 & 14; 2 wks; \$59, #1155-01

Location: UC main campus

Landlord Fundamentals

Do you already own rental units or are thinking of becoming a landlord? Being a landlord is so much more than just collecting the rent. Those who are unaware of their responsibilities can find themselves with legal difficulties that create just the opposite situation from the income-producing project they imagined. Likewise, failure to properly select and manage tenants can turn a small side venture into a time-consuming nightmare. Focus on basic principles and strategies to guide you through your rental enterprise. Topics include: complying with responsibilities through federal, state (Ohio), and local laws; identifying ways to reduce liability, decrease evictions, and reduce crime and damage to rental units; implementing landlord rights; and operating rentals as an effective business.

Nancy Dashner is a landlord and trainer. As a rental property owner herself, she discovered that managing rentals was not an inherent ability; yet there was no manual to consult. Through practical experience, study, and much research, she developed her own unique and structured approach to "land lording" as a business.

Sat., 9 am–2 pm; Oct. 4; \$69 (no discounts), plus bring a bag lunch or snack if you wish; #1102-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

The Next Big Thing: From Idea to Market

So you have an idea for the next big thing... now what? Launching a new product or bringing an idea to market can be overwhelming. This class is designed to cover the basics of what every inventor should know, from idea development through commercialization. Topics will include: ways to protect your idea; understanding patents; packaging and staging your product; selling, licensing or starting your own company; plus an exploration of marketing venues. Join us and find the encouragement and motivation you need to get your idea off the ground.

Ryan McAleer, MBA, co-owner of Lean4Ward, Inc., specializes in creating training programs, inventor coaching and product design. He has been a product manager, associate brand manager, and marketing manager with several Fortune 500 companies.

Tues., 6:30–8:30 pm; Oct. 28; \$29, #1118-01

Location: UC main campus



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Questions? Call 513-556-6932

Take all courses in a category to earn a certificate (many certificate programs are comprised of stand-alone courses that you may take individually) Fees and course lengths vary.

Courses Begin Sept. 2; Oct. 6; Nov. 3

Business Coaching Certificate

Acquire skills to develop, implement, and support coaching and mentoring programs and see your employees' performance improve.

Business Research Certificate

Succeed in research, using the best and most appropriate data for decision making; communicate results for maximum impact. Take 3 courses: Intro to Business Research; Business Statistics; and Qualitative Business Research.

Data Analysis Certificate

Add a new skill set to your portfolio as you learn how to compare groups for differences, know the statistics behind these groups and variables, learn to perform inquiries, and gain skills to communicate results through graphs and text.

eMarketing Essentials Certificate

- Improving Email Promotions (Sept.2)
- Boosting Your Web Site Traffic (Oct. 6)
- Online Advertising (Nov.3)

Inbound Marketing Certificate

Help customers find you through organic search, using your website to attract visitors naturally through search engines, the blogosphere, and social media; use landing pages and forms to collect names and email address, and implement lead-nurturing campaigns that result in sales.

- Intro to Inbound Marketing (Sept.2)
- Content Marketing (Oct.6)
- Advanced Inbound Marketing (Nov.3)

Individual Classes Online

Month-long classes also available in topics such as: Accounting & Finance for Non-Financial Managers; Marketing with Images; Media Buying Strategies, Google Analytics, and a dozen more. For a complete listing, visit online at yougotclass.org/catalog.cfm/Ucincinnati

Managing Social Media Platforms Certificate

Integrate and manage social networks as part of your communication and marketing strategies.

- Twitter (Sept.2)
- Facebook for Business (Oct.6)
- Linked In (Nov.3)

Mobile Marketing Certificate

Retain and gain customers via location-based marketing, mobile payments, QR codes, applications, mobile coupons and more.

- Mobile Marketing (Sept.2)
- Creating Cell Phone Apps (Oct.6)
- Adv. Mobile Marketing (Nov.3)

Presentation Media Certificate

- Prezi (Sept.2)
- PhotoShop for Presentations (Oct.6)
- Creating Visual Presentations (Nov.3)

Self-Publishing and eBooks Certificate

- Growing Your Business (Sept.2)
- Self-Publishing eBooks (Oct. 6)
- Marketing eBooks (Nov. 3)

Social Media for Business Certificate

- Intro to Social Media (Sept.2)
- Marketing with Social Media (Oct.6)
- Integrating SM in Your Org. (Nov.3)

Supervisory and Leadership Certificate

Get practical and insightful methods for new and even experienced supervisors and managers. Two-month online program; begins Sept. 2

Other Certificate Programs:

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Visit yougotclass.org/catalog.cfm/Ucincinnati for all the details about these courses!
Or call David at 513-556-6932



Communication & Writing

Classes in communication, public speaking, relationships, writing, fiction, nonfiction, etc.

How to Write Your Memoir

Memoirs: The story of your experience. There are many reasons why you should write yours. You may want to pass along your legacy to your descendants. You may want to remember a trip you took. Maybe, yours is a journey of personal development and discovery. Maybe, you want to write the story of your expertise and establish yourself as guru in your field. Sure, you could simply list the events and facts of your life. Write interesting! In class, Meyers will reveal some of writing's greatest secrets: the things that aren't even whispered in the late-night TV infomercials. These are simple, easy to use, concrete ideas that will make your writing better. You don't have to be brilliant to be a great writer, but you do have to sign up before class fills up.

Brian L. Meyers, MA, is an entertaining and inspiring educator and writer. He has taught writing for many years.

Tues., 6:30–8:30 pm; Oct. 7–28; 4 wks; \$99, #3314-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)



Online Classes Available Visit ed2go.com/uc

Then select "Writing & Publishing;" see Grant Writing, Business Writing, and a Variety of Specialized Creative Writing Topics.

Also see "Self-Publishing and eBooks" in our Certificate Program for Professional Development Category – preceding page).



Explore the World

Classes in trip planning, destination travel, sightseeing, cultures of the world, etc.

Intrepid Traveler: Savvy Travel Tips

This information-packed session will make a savvy traveler out of you! Learn industry secrets and save a bundle. Topics include: travel insurance and health insurance; immunizations and health concerns; money tips; safety tips; electronics and adapters; cell phones and communication; packing and luggage; plus tipping while traveling.

Simone Kuzma is the founder of Wanderlust: Wanderlearn, a Cincinnati-based company specializing in travel education and experiential trips.

Mon., 6:30–8:30 pm; Nov. 3; \$29, #1550-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Intrepid Traveler: Travel Logistics

Whether you're a novice traveler or your passport is worn thin, come empower yourself to become a more capable, confident, and independent traveler. Topics include: how to choose a destination; how to create a budget; passports and visas/entry requirements; international travel safety programs; plane tickets; accommodations and ground transportation.

Simone Kuzma is the founder of Wanderlust: Wanderlearn, a Cincinnati-based company specializing in travel education and experiential trips.

Mon., 6:30–8:30 pm; Oct. 6; \$29, #1548-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Paris: A Real Insider's Guide

Learn what the guidebooks don't tell you about this beautiful, fascinating city from someone who lives there. You will learn to navigate French airports, trains, the Metro, cafes, food, housing, shopping, art scene, off-the-beaten track neighborhoods as well as side trips. We'll also cover cultural differences and the French people.

Gene Johnston is an American/Parisienne living in Paris and the USA who is eager to help others make the most out of their travels to the City of Light.

Mon., 6–8 pm; Oct. 6–20; 3 wks; \$69; #1069-01

Location: UC main campus



Fitness and Health

Classes in healthy cooking, hypnosis, massage, movement, tai chi, yoga, zumba, etc.

“Fitness Flex Pass” with Pat

The flexibility you’ve asked for! Take any of Pat Woellert’s scheduled classes — see details of Zumba Toning; Zumba Fitness; or Boot Camp Lite. Depending on the size of the pass you purchase, you have the right to attend any of Pat’s classes — until either you’ve used up your pass or the expiration date of your Flex Pass has come and gone. When that happens, simply buy another pass! Please note that passes do expire on the end date listed and may not be carried over into another term.

- 6-Class Pass; \$29 (no discounts), #4363-06
- 12-Class Pass; \$58 (no discounts), #4363-12

Pat Woellert, MED in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a licensed Zumba® Instructor through Zumba® Fitness, LLC.

Boot Camp Lite

No fear here — you can do it! This kinder, gentler boot camp is designed to improve your cardiovascular endurance, muscular strength, balance, and flexibility with fun, easy-to-follow drills. Bring a pair of hand held weights suitable to your fitness level, a mat for floor work, and supportive aerobic shoes.

Pat Woellert, M.Ed in Health Education, is ACE-certified (the American Council on Exercise) in group fitness and personal training.

Thurs., 5:35–6:35 pm; Sept. 18–Dec. 11 (no class Nov. 27); 12 wks; \$58 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4339-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Zumba® Fitness

This unique workout is a “feel-happy” approach to fitness. Its high energy, motivating music and rhythms are a fusion of Latin and International dance themes. Great for the body and great for the mind, this workout combines fast and slow rhythms designed to sculpt the body, burn calories and fat, and tone you up. Bring floor mat and wear supportive aerobic shoes.

Pat Woellert, MEd in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a licensed Zumba® Instructor through Zumba® Fitness, LLC.

Wed., 5:35–6:35 pm; Sept. 17–Dec. 10 (no class Nov. 26); 12 wks; \$58 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4352-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Zumba® Toning

Zumba® Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba® moves to create a calorie-torching, strength-training dance fitness-party. You will learn how to use light weights (1-2 pounds) to tone all your target zones, including arms, abs, glutes and thighs. Sculpt your body naturally while having a total blast. Bring 1–2 pound dumbbells, a mat for floorwork, and wear supportive aerobic shoes.

Pat Woellert, MEd in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a licensed Zumba® Instructor through Zumba® Fitness, LLC.

Tues., 5:35–6:35 pm; Sept. 16–Dec. 9 (no class Nov. 11); 12 wks; \$58 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4311-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Beginner's Mind~Yoga Basics

Learn the foundational yoga postures typically practiced in a yoga-asana sequence. A wonderful experience for those new to yoga, just learning the basics of alignment, breath and intention, these classes include an introduction to sun salutations, standing postures, backbends, forward bends, twists, inversions, restorative poses, breathing, relaxation and more. Come and enjoy a relaxing atmosphere with soothing music and gentle movements for any body.

Anna Ferguson, BA, RYT, CYTA, has studied with many remarkable teachers and master yoga practitioners over the years; she has completed both 200-hour and 500-hour teacher training courses.

Your choice of days — or take them both!

Tues., 5:15–6:15 pm; Sept. 23–Nov. 11; 8 wks; \$99 (no discounts), #4325-01

Thurs., 5:15–6:15 pm; Sept. 25–Nov. 13; 8 wks; \$99 (no discounts), #4325-02

Location: World Peace Yoga & Motion Studio (Clifton near Ludlow)

Face Lift Massage: Do It Yourself

Acquire some simple techniques so that you can give yourself a face lift massage — or bring a partner and work on each other. Through demonstration and self-application, you can learn to tone and condition your skin, tighten and lift your facial muscles, reduce the stress you carry there, and look and feel more youthful. Learn to work with trigger points — 30 different muscles — in your cheeks, jaw, eyes, scalp, brow, nose, neck, and shoulders. Discuss the best sequence of strokes, how to build massage into your routine, what you need to know about oils, and the profound effect that massage can have.

Stephanie Scruggs is a trained medical massage therapist who is licensed by the Ohio Medical Massage Board; she is dedicated to providing quality therapeutic massage.

Mon., 6:30–8:30 pm; Sept. 22 & 29; 2 wks; \$59 (no discounts), for your comfort bring along a small pillow for your back plus a small blanket or throw; #4361-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Massage for Two

Bring your partner! Whether you pair up with your spouse, mom, or your best friend, you'll take turns mastering some massage basics that you can use to help relax tension and offer some relief to aching muscles — without tiring yourself out. We will focus on different areas of the body, including head, neck, shoulders, arms, legs, and back. You can also learn individual techniques (primarily Swedish massage) for you or your partner's specific muscle needs. Please dress in shorts and t-shirts.

Stephanie Scruggs is a highly trained medical massage therapist and is licensed by the Ohio Medical Massage Board. She is dedicated to providing quality therapeutic massage and educating people about wellness.

Mon., 6:30–8:30 pm; Oct. 20 & 27; 2 wks; \$59 (no discounts), per person; wear shorts and t-shirt; bring a mat, a small blanket or throw and a bath towel to class; #4348-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Pilates Mat Class

How can this whole body fitness workout using mat Pilates benefit you? You'll find you can build strength without bulk, increase flexibility, develop core and back muscles, and improve your posture while reducing aches and pains. Other benefits typically include an increase in energy, and improved breath work and concentration, as well as balance and coordination. Mat classes are a good way for beginners to be introduced to the whole concept of Pilates. You should be in good health with no physical problems that would be aggravated by exercising. Mats will be provided during class.

Kristy Brandabur is certified in Pilates and Yoga through the Spencer Institute. She has been in the Health and Fitness Industry for over 25 years; her undergraduate degree is in Exercise Science and Health Promotion; and her master's degree is expected (2014).

Your choice of days — or take them both!
Sat., 10–11 am; Sept. 27–Nov. 15; 8 wks; \$99 (no discounts), #4330-01

Mon., 5:30–6:30 pm; Sept. 22–Nov. 10; 8 wks; \$99 (no discounts), #4330-02

Location: Metamorphosis: Holistic Wellness Center LLC (historic district Columbia Tusculum)

Reiki Energy Healing

A unique natural healing and pain management practice, Reiki has been part of the wisdom of many cultures since ancient times. Originating in Japan, this “laying on of hands” light touch technique allows you to tap into an unlimited supply of life force energy to improve health and enhance the quality of life. You will receive the Reiki attunement; and you will learn and practice self-healing techniques. Other topics include chakras and auras, the three pillars of Reiki, and how Reiki works. Please dress comfortably.

Natalie McKerrell has earned her Reiki Master Teacher credential from William Rand who is the founder of the International Center for Reiki Training in Michigan.

Wed., 6:30–9 pm; Oct. 29–Nov. 12; 3 sessions; \$99 (no discounts), plus \$50 for manual and certificate payable to instructor at first class; #6121-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Shape Up with Belly Dance

Dance your way into shape with this captivating combo of low impact exercise and natural dance that celebrates the personal beauty of all women - of all sizes, all ages. These stretching and swaying movements, electrifying shimmies, and flowing arms are rooted in thousands of years of feminine history. Belly dance promotes flexibility, strength and grace; it helps you unwind and inspires a positive attitude. Learn authentic steps, correct techniques and appealing dance routines. From your fingertips to your toes, and from your head to your heart, this dance will draw you in.

Nanci Glendening's teaching experience as well as her stage experience is extensive.

Mon., 6:45–7:45 pm; Oct. 6–Nov. 10; 6 wks; \$69 (no discounts), wear bike shorts, leotard or yoga clothes and bring a scarf to tie around your hips. Wear ballet slippers or socks; #5261-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Tai Chi for Beginners

This is a great introduction to Tai Chi. You'll get all of the fundamentals with this easy to learn short set of moves. Focus is on the Yang style 8 movement form. Join us for fun, stress reduction, enhanced athletic performance and balance.

Ralph Dehner is a Certified Personal Trainer, Certified Tai Chi Instructor and one of 16 USA Master/Trainers in Dr. Paul Lam's Tai Chi for Health Programs.

Your choice of days — or take them both!

Mon., 6–7 pm; Sept. 29–Nov. 17; 8 wks; \$99 (no discounts), #4510-01

Thurs., 5–6 pm; Oct. 2–Nov. 20; 8 wks; \$99 (no discounts), #4510-02

Location: Mighty Vine Wellness Club (on Vine)

Weight Loss Hypnosis

Our focus is weight loss; however, with hypnosis, there is no “diet.” The premise is that over-eating is a habit and hypnosis can stop the habit. Begin by identifying the stressors in your life and be hypnotized for stress reduction. The next week, explore what habits control your eating and be hypnotized to change those habits. Finally, discuss ways to make exercise a safe, healthy and enjoyable part of your day. A third hypnosis helps instill the desire to incorporate exercise as part of your life. Change your life as you experience hypnosis as a tool to reduce stress and change eating and exercise habits.

Natalie McKerrell, PhD in holistic health sciences, is a certified hypnotherapist; she has studied at the Cincinnati School of Hypnosis.

Wed., 6:30–8:30 pm; Sept. 24–Oct. 8; 3 sessions; \$69, plus \$35 CDs and material fee payable to instructor at first class; #6120-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

What People Like Best...

“Good exercise & great movement. I was surprised by how much I genuinely enjoyed it and looked forward to it!”

Students in “Belly Dancing” course



Food

Classes in healthy eating, cooking, menu planning, nutrition, etc.

Health-Smart Cooking

Discover how healthy and tasty meals can be prepared quickly and simply in this fun, informal, and interactive class series. As your instructor dices, chops, sautés, and stir fries her way to preparing two delicious meals each week, you'll see how easy and enjoyable cooking can be. Sessions will include creative fridge/pantry cooking, what foods to eat to promote good nutrition and health, plus an emphasis on Asian, Mexican, and Mediterranean cooking. Then, the best part of all — time to eat!

Peachy Seiden, MS, RD is a nutrition consultant who has maintained her own private practice, the Cincinnati Nutrition Counseling Center, since 1990. She has found that one of the best ways to get people to eat healthy is to show them how to cook that way!

Sat., 11:30 am–1 pm; Oct. 4–Nov. 8; 6 wks;
\$139 (no discounts), includes all materials and food;
#8124-01

Location: Cincinnati Nutrition Center (Silverton)



Home and Garden

Classes in interior decorating, interior design, real estate, gardening, etc.

Buying a House in a Changing Market

Whether a first time or step up seasoned buyer, all will benefit from this fact-filled fun class. We will keep you up to date on all the latest changes in the market. Explore essential topics such as determining the best way to go about finding that property you want, what you can afford, using the MLS, and the ins and outs of contracts, financing, and insurance. Class is strictly educational in nature; learn from the pro's about buying smart in today's market.

Gary Rossignol, course facilitator, has been a practitioner in real estate since 1986. Guest experts include an attorney, a mortgage broker, and a home inspector.

Tues., 6:30–9 pm; Oct. 7 & 14; 2 wks; \$59,
#8401-01

Location: UC main campus

Selling Your Home — Fast and for Top Dollar

Invest two hours in learning the ins and outs of how to sell your home and the returns could be enormous. Find out the key points of pricing, marketing, and showing your home to maximum advantage. Learn critical information about state requirements, inspections, documentation and financing. If you do consider listing with an agent, how do you interview and select one? And what's the #1 most common mistake in selling a house? Come and find out!

Gary Rossignol has been a practitioner in real estate since 1986 and is a certified instructor in Ohio and Kentucky for realtor continuing education courses. Course is strictly educational in nature.

Tues., 6:30–8:30 pm; Sept. 30; \$29, #8344-01
Location: UC main campus



Language

Classes in Arabic, Chinese, ESL, French, Hindi, Italian, Spanish, etc.

Responsive, friendly and supportive, our experienced, teachers are there to help you learn practical language skills in a small group setting.

Arabic for Beginners

Acquire a basic understanding of the Arabic language and learn to express yourself in that language as you focus on alphabet recognition, basic structures and vocabulary. Emphasis will be on pronunciation, expressions and basic communication skills. You should also be prepared to work on your own outside of class in order to get the most out of this experience.

Youssef Costandi, MD, was past president of the Egyptian-American Club and has an abiding desire to help others learn the basics of his native language. Dr. Costandi is multi-lingual; he received his early education in a French school which was directed by the Jesuit Fathers in Cairo.

Mon., 6–8 pm; Sept. 22–Nov. 3; 7 wks; \$169, plus \$10 for vocabulary CD plus 100 pages of resource material — payable to instructor at first class; #7502-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

English as a Second Language: Reading & Writing Class

Daytime Classes — Build your reading and writing skills so that you may communicate with and understand written communication within the context of everyday American life. This course may also be helpful in your success in a university. Classes are kept small so that you may have personal attention. There are five levels from beginning to advanced; and you are tested during orientation to determine the best level for you.

Conversa's English instructors will make you feel comfortable so you can read, write, practice and improve.

Tues. & Thurs. 1–2:30 pm; Sept. 30–Oct. 23; 8 sessions; \$190 (no discounts), plus \$15 materials fee payable to Conversa at first class. Note: You must register no later than 10 a.m. on 9/25/14 and attend a 3-hour placement and orientation session beginning at 10 a.m. on that date; #7009-01

Location: Conversa Language Center (Downtown)

French for Beginners

Master the basics of the most romantic of the romance languages. Simple dialogues, questions, basic vocabulary, and expressions for travel and everyday situations will be the focus. Enjoy learning correct pronunciation and how to communicate while traveling as you explore aspects of life in modern French speaking countries.

Joe Costandi, MD, received his early education in the French school, College de la Sainte Famille, which was directed by the Jesuit fathers in Cairo. He speaks French fluently and is an active member of the Alliance Francaise.

Thurs., 6–8 pm; Sept. 25–Nov. 6; 7 wks; \$169, plus text “Learn French the Fast and Fun Way” and companion CD by Bourquin-Leete, published by Barron's (available at UC and DuBois Bookstores plus online booksellers); #7002-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

French Refresher

Do you already have a passing acquaintance with this beautiful language, but want to refresh and reinforce your knowledge and learn a little more? This course gently reviews basics and then moves ahead to enable you to speak and comprehend more when traveling and in everyday situations. We will polish pronunciation and expand vocabulary through friendly conversation in French during each session. We will also touch upon highlights of French culture, geography, and travel tips, as well as reading in French.

Mary Helen Weber has an excellent background in French through training and travel, and experience as an instructor. She is a fluent speaker and enjoys sharing this beautiful language with others.

Sat., 11 am–1 pm; Sept. 27–Nov. 15; 8 wks; \$189, plus text “French: A Self-Teaching Guide,” 2nd Edition by Suzanne A. Hershfield-Haims (available at UC and DuBois Bookstores plus online booksellers); #7003-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

German for Beginners

Deutsch macht spass — German is fun, and learning is easier than you think. Learn the fundamentals of sentence structure and build your vocabulary with the goal of developing basic conversation skills. Along the way, you'll pick up some useful travel tips and enrich your knowledge of German culture.

Theresa Marsh has been studying and speaking German for many years. She enjoys teaching and introducing others to German language and culture.

Tues., 6:30–8:30 pm; Sept. 23–Nov. 4; 7 wks; \$169, plus text “German with Two Audio CDs: A Teach Yourself Guide” by Smith (3rd ed. by Fast Tracks); #7044-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Italian for Beginners

Learn to communicate in this beautiful, musical language. You'll acquire the basics of pronunciation, vocabulary, grammar and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation, plus special expressions for travelers. Tips on traveling, sightseeing, and enjoying the culture of Italy will also be included.

Antonio Iemmola specializes in introducing adults to the language of his native country.

Thurs., 7–9 pm; Oct. 2–Nov. 20; 8 wks; \$189, plus text “Italian: A Self Teaching Guide” by E. Lebano (available at UC and DuBois bookstores plus online booksellers); #7004-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)



Spanish for Beginners

Become acquainted with one of the world's loveliest languages. Focus on the fundamentals, learn basic structures and useful expressions, and then put them into practice. Find out how easy it is to boost your skills and to improve a little each week. No previous exposure to Spanish required.

Patricia Paz enjoys sharing her native language and culture with others. In addition to teaching Spanish at the Horizon Science Academy (Ohio teachers license), she teaches Argentine native dances and folklore here and abroad.

Wed., 6–8 pm; Sept. 24–Nov. 19; 8 wks; (no class on one Wed., TBD); \$189, includes materials; #7076-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

We Offer Our Classes at Convenient Locations around Town...

Here's a partial listing:

- UC Victory Parkway Campus (Edgecliff)
- UC main campus (Clifton Avenue)
- Historic homes (various)
- Peachy's Health Smart (Silverton)
- Artist's Studio (Mt. Airy)
- Cincinnati Observatory Center (Mt. Lookout)
- Conversa Language Center (Downtown)
- Covington Clay (Covington)
- DeSha's Restaurant (Harper's Point)
- Dharma Center (Northside)
- Mercy Healthplex (Anderson)
- Metamorphosis (Columbia Tusculum)
- Mighty Vine Wellness Club (Downtown)
- Northland Ice Skating (Evendale)
- Perfect North Slopes (Laurenceburg)
- Yoga Studio (Clifton)
- And more...



Mini-Medical College

Annual October Program, all new topics

Our 15th Annual Mini Medical College is entertaining, educational, and enlightening. No medical or scientific background needed — just an inquiring mind and an interest in how the human body works!

If you are interested in learning more about how various surgeries are performed, cutting edge research taking place in Cincinnati, and general health, then Mini Medical College is just what you are looking for.

Join us for Mini Medical College October 1, 8, 15, and 22 from 6–8 pm at the University of Cincinnati College of Medicine.

Each evening of Mini Medical College you will have the opportunity to hear from two different faculty members from the University of Cincinnati College of Medicine. This means eight different medical topics will be covered during your time in Mini Medical College!

Dates/Times: October 1, 8, 15, and 22 (four Wednesdays) from 6:00–8:00 pm

Details: Visit uc.edu/ce/minimed for a full listing of presenters and topics or to register (or feel free to call us at 513-556-6932); #7704-01

Fee: \$70 (no discounts), includes all four evenings of presentations, program booklet, and a Mini Medical T-shirt. No additional fee if you park in the adjacent Eden Avenue Garage

Location: UC College of Medicine (Medical Sciences Building) on Albert Sabin Way



Money Matters

Classes in finance, money management, retirement planning, etc.

Personal Finance

Take control of your personal finances by understanding your options. Focus on these essential topics: your money personality; roadblocks to financial security; managing wealth/managing risk; personal cash flow; securities; equity markets; mutual funds; tax considerations; financial planning principles and process; and determining your investment profile. Confusion, procrastination and fear of finance prevent many from developing a financial plan. Don't let it stop you. Join us!

Suzan B. Kotler, CFP, has devoted her career to helping people with money matters. Knowledgeable and motivating, she has been recognized by Cincinnati Magazine as a five star wealth manager for five consecutive years.

Sat., 10 am–1 pm; Oct. 18 & 25; 2 sessions – 6 hours total; \$69, includes workbook and all materials. Please note: Our seminars are educational in nature. The University does not endorse or promote any products, strategy or views. Any presented are those of the instructor only; #9040-01

Location: UC main campus



Music and Dance

Classes in ballroom dance, hula, salsa dance, swing dance, tango, Celtic fiddle, guitar, piano, etc.

Dancing for Two: Ballroom-Style

Tired of watching all the fun and ready to join in? Transform yourself into a dancer as you learn the basics of the beautiful, ballroom-style dances — slow fox trot, waltz, mambo, cha-cha, and rumba. This is an introductory level, especially for those who have had no prior dance classes. Both couples and singles are welcome, although we cannot guarantee partners for singles. Wear smooth hard leather soled shoes to enable turns and changes in direction.

Jeff Greatorex is a dance enthusiast and experienced teacher of dance.

Fri., 7:45–8:45 pm; Sept. 26–Nov. 14; 8 wks; \$79, #4211-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Fiddling for Beginners Level I

Do you love the toe-tapping excitement of Irish music or American old-time, but never picked up a fiddle before? Rest assured, by the end of this class you'll have a solid foundation on the instrument and a handful of great tunes! Along the way you'll see how easy it is to learn music by ear (no sheet music required), get a taste of music history and theory, and, of course, have fun in the process. Learn how most music is built on simple patterns, enabling you to learn any tune you hear. Explore proper fiddle ergonomics so that you can enjoy a lifetime of playing. This is the class for you if you can't play a tune or don't even know how to hold the instrument and bow.

Justin Bonar-Bridges has been playing and teaching various styles of traditional music in the U.S., Ireland, and Canada for over twenty years. Since 2001 he has taught at the Riley School of Irish Music and has played in the celebrated traditional band Silver Arm.

Thurs., 6:55–7:55 pm; Sept. 25–Oct. 30; 6 wks; \$139 (no discounts), plus you'll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town and can be had for as little as \$13 per month; #4226-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Fiddling for Beginners Level II

This is a continuation of the preceding course. Using the foundational skills and ear training learned in Level I, we'll tackle some trickier tunes and explore techniques that will make your playing shine. If you've already learned some tunes by ear and have a background on fiddle or violin, or you've previously taken Fiddling for Beginners I, this class is for you.

Justin Bonar-Bridges has been playing and teaching various styles of traditional music in the U.S., Ireland, and Canada for over twenty years. Since 2001 he has taught at the Riley School of Irish Music and has played in the celebrated traditional band Silver Arm.

Thurs., 8–9 pm; Sept. 25–Oct. 30; 6 wks; \$139 (no discounts), plus you'll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town and can be had for as little as \$13 per month; #4227-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Guitar for Beginners

Explore varying styles of music as you conquer the fundamentals of guitar technique, reading music, and chord study in a group setting. Increase your enjoyment of playing as you establish proper playing techniques. Bring an acoustic (not electric) guitar to all classes and find out that anyone can read music and anyone can play!

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music, is an active performer and guitar teacher.

Tues., 8–9 pm; Sept. 16–Nov. 4 (no class Oct. 14); 7 wks; \$159, plus text "The FJH Young Beginner Guitar Method: Lesson Book 1" (G1016 – CD not required) available from UC or DuBois Bookstores plus online booksellers; #5224-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Guitar III

Take your guitar playing to the next level as you focus on advanced note reading on all strings, key signatures, and main chord shapes as we have fun with some popular songs. Bring an acoustic guitar to all classes.

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music, is an active performer and guitar teacher.

Tues., 6:40–7:55 pm; Sept. 16–Nov. 4 (no class Oct. 14); 7 wks; \$159, plus text “The FJH Young Beginner Guitar Method: Lesson Book 2” (G1034- CD not required) available from UC or DuBois Bookstores plus online booksellers; #4213-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Irish Session Class

Bring your instrument of choice and have a few tunes! The first hour will be instruction — learning a new tune and learning about playing with others. The second hour will be a guided Irish-style “session” where you’ll get comfortable playing with others and sharing new ideas. We’ll have a lot of fun getting out of the living room and making music together! This class is open to anyone who has completed the Celtic Fiddling I class, the beginning Banjo and Mandolin class, or advanced beginners to intermediate-level players of any instrument — we’ll find a way to get everyone playing together!

Justin Bonar-Bridges has played in the celebrated Celtic band Silver Arm; and he has taught various stringed instruments for over a decade.

Thurs., 6:30–8:30 pm; Nov. 6; \$24 (no discounts), plus you will need to bring your own instrument to the session; #4222-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Piano One: Recreational Music Making

Using the “Musical Moments” curriculum, developed by Debra Perez and Will Bailey, you’ll learn to read music and to play by chords. Your success is attributed to the comfortable pacing and logical sequencing of the materials. Emphasis is placed on wellness and the joy of making music, right from the first lesson! You will meet in a state-of-the-art piano facility; each piano has a headphone and groups are kept small. This introductory course does not require a piano at home, although it is recommended.

Dr. Sophie Wang, teacher and performer of piano, is affiliated with the University of Cincinnati College-Conservatory of Music and is trained in Recreational Music Making.

Tues., 6:10–7:10 pm; Sept. 30–Nov. 25 (no class Nov. 11); 8 wks; \$160 (no discounts), plus purchase and bring to class “Musical Moments: A Recreational Music Making Program: Book One with CD.” Available online at everylifeneedsmusic.com/MMOrdering.htm or UC Bookstore; #4216-01

Location: UC main campus



Dance a New Step

Salsa and Merengue Dance

Capture the spirit and the rhythm of these popular Latin dances as you learn their special moves, steps, shines, and styles. Focus will be on the Cuban style Salsa and the Merengue, a quick even-stepping hip-moving dance which originated from the Dominican Republic. You’ll practice holds, hand positions, and turns as you gain confidence in adjusting your moves to the speed of the music and flowing from one move to the next. Both couples and singles are welcome, although we cannot guarantee partners for singles. Class is geared for beginners. You must wear soft-soled shoes (leather or others that allow for smooth turning).

Doni Jessen, MBA, has a wealth of experience teaching, performing and choreographing Latin dance.

Thurs., 7–8 pm; Sept. 25–Nov. 13; 8 wks; \$89, plus \$8 materials fee for cd, payable to instructor at first class; #5229-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Swing Dances: An Introduction

From Jitterbug (Single Time Swing) to East Coast Swing (Triple Time), you'll be picking up your feet and having a ball. Swing to music from the '50s and '60s, honky-tonk, C & W, and even rock. Gain self-confidence in maneuvering around a dance floor and increase your repertoire of fast dance movements as you learn these always popular styles of dance. You'll begin by mastering the basics and then add some new combinations as you go. Wear leather soled shoes to allow for smooth turning, please. Partner recommended but not required.

Jeff Greateorex is a dance enthusiast and experience teacher of dance.

Fri., 8:45-9:45 pm; Sept. 26 - Nov. 14; 8 wks; \$79, #5262-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Tenor Banjo or Mandolin for Beginners

Maybe you're interested in playing chords along with your favorite songs, or you want to learn a few Irish or bluegrass tunes and jam with your friends. With an Irish-style tenor banjo or a mandolin you'll have it all — you can play chords for accompaniment or take the lead with melodies. This is a course for those who have never played before and are looking to build a solid foundation on either of these instruments. Note that the five-string banjo is tuned and played differently than the tenor banjo and is unsuitable for this course.

Justin Bonar-Bridges has played in the celebrated Celtic band Silver Arm; and he has taught various stringed instruments for over a decade.

Thurs., 5:45-6:45 pm; Sept. 25-Oct. 30; 6 wks; \$139 (no discounts), plus you will need to bring to each class a tenor banjo or a mandolin and an electronic tuner; #4219-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

The Art of the Native American Flute

It is rare to find a person who is not entranced by the soothing and enchanting sound of the Native American flute. Fortunately, the popularity of this instrument is growing in our cultural mainstream — and it is so easy to learn. Find out how even those with no musical background can pick up a flute and play right away — no need to read music. By the end of the three session “playshop,” you will have built a solid foundation on this instrument.

Pia Al-Ubaidi is a professional performance artist, composer and teacher who performs across the state at various Native American centered events. She studied this instrument with nationally known and award winning recording artists.

Wed., 6:30-8:30 pm; Oct. 1-15; 3 wks; \$75 (no discounts), plus quality flutes will be available for use in class OR for purchase if you wish (“flute straws” provided which fit snugly into the opening of the flute and prevent lip/mouth contact with the flute). Note: All students must use a Native American flute in the key of A Minor for this class; #4225-01

Location: UC Victory Parkway Campus (historic Edgecliff by Eden Park)

Ukulele for Advanced Beginners

If you've mastered the fundamentals (tuning, holding and finger placement), you're ready for the next step. Further refine your skills as you go more in-depth into chords, strumming, playing up the neck, and trying out some variations and tempos. Bring your ukulele and let's make some music!

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music would love to get you playing that ukulele.

Tues., 5:15-6:30 pm; Sept. 16-Nov. 4 (no class Oct. 14); 7 wks; \$159 (no discounts), bring your own ukulele (soprano, concert, or tenor — no baritone) and text for Hal Leonard Ukulele Method Book 2 (CD not required) only about \$9; #4217-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

What People Like Best...

“Very well suited to beginners even without any musical background — Justin had a great attitude!”

Student in “Fiddle” class



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Check Out Our Top 20 Courses:

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Discover the secrets to setting up fully formatted worksheets quickly and efficiently. Introductory, intermediate, and advanced levels are available.

Writer's Workshop for Beginners

Get a taste of the writer's life and improve your writing skills in this intro to writing creatively.

SQL

Gain a solid working knowledge of the most powerful database programming language in the introductory class. Go beyond the basics in the Intermediate level.

Creating WordPress Websites I and II

Master the technical elements of WordPress; learn how to organize a blog or website, create appealing content, and achieve better positions on search engines.

Accounting Fundamentals I and II

Gain a marketable new skill by learning the basics of double-entry bookkeeping and financial reporting. Then go to the next level with dividends, plant assets, depreciation, accrued revenue and expenses, retained earnings, stockholders' equity, and financial reports.

Creating Web Pages

Acquire the basics of HTML so you can design, create, and post your very own site. Advanced Web Pages also offered.

Advanced Web Pages

Take your Web development skills to the next level as you learn to create advanced websites using CSS, HTML5, media queries for mobile devices, interactive forms, and embedded video.

Project Management:

Fundamentals, Applications, or Certification Prep

Gain the skills you'll need to succeed in the fast-growing project management field. Experienced project manager teaches you tricks of the trade in these two classes. PMP Test Prep also available.

Java Programming

An experienced Java programmer introduces important Java topics with clear, step-by-step instructions. Intro and intermed. levels available

QuickBooks

Quickly and efficiently gain control over the financial aspects of your business. Performing Payroll offered too. Introductory and intermediate levels are available.

A to Z Grant Writing

Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns, and prepare proposals.

Creating Mobile Apps with HTML5

Learn to use HTML5, CSS3, JavaScript, jQuery, and Web APIs to create cross-platform mobile apps and mashups.

Grammar Refresher

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

C++ Programming Introduction

Learn to program in C++, even if you have no prior programming experience!

Effective Business Writing

Improve your prospects by developing powerful written documents that draw readers in and keep them!

GMAT Test Prep

Discover powerful test-taking techniques and methods for improving your score on the GMAT.

Keys to Effective Editing

If you aspire to be an editor, this course will teach you the fundamentals of top-notch editing for both fiction and nonfiction.

Achieving Success with Difficult People

Learn how to have more successful relationships with difficult bosses, co-workers, students, neighbors, or relatives.

Learn online anytime, anywhere!

A new section of every course in our online catalog will begin on the following dates:

Sept 17 • Oct 15 • Nov 12 • Dec 10

ed2go.com/uc

Visual Basics

Learn how to write code for Windows applications using the Visual Basic programming language and development environment. Intermediate level also available.

Secrets of Better Photography

Learn how to take better pictures by understanding your camera and how to use it in a variety of situations.

Other Popular Course Titles include:

Languages: Spanish, Italian, Japanese, French

Your choice! Prepare to speak a new language in a wide variety of settings and situations and you will enrich your experiences while traveling.

Stocks, Bonds & Investing

Learn how to make wise investment decisions so that you have enough money to live comfortably through your retirement.

Writing Essentials

Master the essentials of writing so you can excel at business communications, express yourself clearly online, and take your creative literary talents to a new level.

Supervision and Management I & II

Learn how to be an effective manager or supervisor. Master the basics of communicating effectively, and learn tools for developing your own interpersonal skills.

CSS3 and HTML5

Learn to create state-of-the-art Web sites using modern CSS3 and HTML5 techniques. Available in intro and intermediate levels.

Photoshop and PhotoShop Elements

Learn how to create original images and to fix and process photos. Levels I & II; Creating Web Graphics. In PhotoShop Elements, you'll learn to edit and correct digital images to repair deficiencies and bring out the best in your photographs.

Personal Finance

Protect your assets and discover how best to achieve all your financial goals.

PMP Certification

Prepare to take — and pass — the Project Management Institute's PMP® certification exam.

Publish and Sell Your E-Books

Learn how to use free tools to publish an e-book, and then list and sell your e-books in the world's largest online bookstores.

Write Fiction Like a Pro

A Hollywood writer and author teaches you how professional writers use story outlines to structure any type of story.

Explore a Career or Start Your Own Business

In Admin. Ass't; Arts & Crafts; Gift Baskets; Plants; Pet Sitting; Event Planning; Consulting Practice; Publishing; Home-Based Business; and more.

Human Anatomy and Physiology

Learn the basic characteristics of the four main types of tissues, the general and special senses, cellular metabolism, body chemistry, and significant events in the life span, from fertilization through old age.

InDesign

Learn how to use Adobe InDesign software to design and produce professional-quality letterhead, brochures, business cards, and more.

Microsoft Access

Find out how to store, locate, print, and automate access to all types of information. Intro and intermediate levels.

Intro to Networking

Upon completion of the course, you will be capable of performing basic computer networking tasks, such as DSL connectivity or configuring connections to an Internet Service Provider.

Real Estate Investing

Specially designed worksheets and hands-on activities help take the guesswork out of your investing efforts.

Designing Effective Websites

Learn powerful graphic design techniques and build Web sites that are both attractive and wickedly effective.

PHP and My SQL

Learn how to create an interactive Web site, allowing visitors to post and retrieve information provided by you or your site's visitors. Intro & intermed. levels.

How to Get Started:

1. Visit our Online Learning Center for all the details: ed2go.com/uc
2. Browse or Search the catalog for the courses you want. Click any title to view course details, syllabus, instructor bio, requirements, student reviews and course demos.
3. Enroll and pay for your classes at ed2go.com/uc Or choose from three other ways to enroll on page 31. Fees: Most online classes are only \$119 (no discounts).
4. Return to our Online Learning Center and click the My Classroom tab when your course starts. To begin your studies, simply log in with the name and password you provided during enrollment.
5. Start Dates: A new section of every online course will begin on the following dates:

SEPT 17 • OCT 15 • NOV 12 • DEC 10

For complete Online Course Catalog,
see ed2go.com/uc.



Personal Development and Special Interest

Classes in meditation, mindfulness, pet care, make-up, wardrobe, image, finding your purpose, etc.

Contemporary Social and Business Dining Etiquette

Knowing how to conduct yourself over the table provides a tremendous advantage throughout life. Learn to be comfortable in any dining situation, whether formal, informal, business or social. Join Ms. Glendening at deSha's as you polish your table manners in an enjoyable, private setting over a delicious dinner. Topics include: navigating the table; the silent service code; forms of service; and the five most common dining mistakes. From "How do I eat this?" to "Faux Pas Recovery 101," we'll have fun while learning some important lessons in this unforgettable class!

Nanci Glendening, co-founder and past president of the Association of Image Consultants International OH-PA Chapter, has conducted appearance and etiquette programs for all types and sizes of organizations.

Mon., 6:45–8:45 pm; Sept. 29; \$39 (no discounts), plus \$32 for five-course dinner, taxes and gratuities payable to instructor at beginning of class; #6045-01

Location: DeSha's (Harper Point)

Finishing Touches

A polished image, a pulled-together appearance and knowing what to do and say in any situation develops self-confidence and prepares you for new relationships and experiences. Discover and master many concepts: contemporary social etiquette; the art of conversation and charisma; what goes into good grooming, fashion, wardrobe, hair, and makeup; how to use body language and posture to your advantage; plus pointers on personality and aesthetics. You can practice and learn the techniques you'll need to present yourself at your personal and professional best.

Nanci Glendening, co-founder and past president of the Association of Image Consultants International OH-PA Chapter, has conducted appearance and etiquette programs for all types and sizes of organizations.

Wed., 6:30–8:30 pm; Oct. 8–29; 4 wks; \$159 (no discounts), #6046-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Fortune Telling

Learn about how anthropologists categorize the wide variety of fortune telling (divination) techniques used around the world and discuss examples from a wide variety of cultures, both past and present. After looking at the many ways that one can accomplish an act of divination, we will then put our knowledge into practice by learning how to use at least two fortune telling methods (tarot and runes).

Alisa Strauss, PhD, teaches in the Anthropology Department at UC. She is especially interested in the study of mythology, folklore, magic, and religion both cross-culturally and through time.

Sun., 1:30–4 pm; Oct. 19; \$29, plus \$20 supply fee for your own deck of tarot cards, set of Viking runes, and instructional materials payable to instructor in class; #6157-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Heart of Meditation: The Basics

Learning to meditate, we have access to a clarity and contentment rarely available when our minds are busy and distracted. We will explore the techniques which have been at the heart of the Buddhist tradition for 2500 years: awareness, concentration, insight, and mindfulness. If you are learning how to meditate for the first time, you will find a firm foundation here. If you are a seasoned meditator who wants to review the basics simply and profoundly, welcome back. We will provide chairs and meditation cushions; try to avoid eating for an hour before class. No particular belief system required — just a desire to find the clarity and peace that meditation can bring.

Bonnie Beverage, a teacher in the Theravada Tradition, is one of the founding members of the Dharma Center. She has taught History of Buddhism since 1998 at UC. She is also the author of "Take-Home Dharma" and "Impermanence: the Only Lesson You will Ever Need."

Thurs., 7–8:30 pm; Sept. 25–Oct. 16; 4 wks; \$59, #6091-01

Location: Dharma Center of Cincinnati (Upper Northside)

Herbs and Oils

Have fun in this series exploring some of the types, properties, and uses of our instructor's favorite essential oils and natural herbs. We'll hit the highlights as you learn about these main areas: personal/body care; around the house; and home remedies. You'll see demonstrations and get some hands-on experience creating some of these hand-crafted products as you learn how to make such things as herbal teas, potpourri, room diffuser spray, and soaps for laundry and for body. Also learn about some important precautions to take when using these oils and herbs.

Kristy A. Brandabur, RMA, CHLC, CMBFC, RA (AHHA), is the owner of Metamorphosis: Holistic Wellness Center LLC. She has been in the health and fitness industry for over 25 years.

Sat., 10–11:30 am; Oct. 11–25; 3 wks; \$54 (no discounts), plus \$15 supply fee payable to instructor at first class for oils, herbs, and all materials; #6052-01

Location: Metamorphosis: Holistic Wellness Center LLC (historic district Columbia Tusculum)

Hypnotherapy for Pain Relief

Put another tool in your pain management toolbox as you explore hypnotherapy. Recognize various contributing factors to pain, and experience a hypnosis induction for pain. Come away with a cd to help you continue on your way to being able to control and understand pain.

Natalie McKerrell, PhD in holistic health sciences, is a certified hypnotherapist; she has studied at the Cincinnati School of Hypnosis.

Wed., 6:30–8:30 pm; Oct. 22; \$24, plus \$15

CD and materials fee payable to instructor in class; #6054-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Pet Care & First Aid

Perfect for pet owners or pet professionals, this class is a combination of lecture, demonstration, and hands-on skill practice. No furry friends will actually be in the classroom; all demos are done using life like stuffed animals. You will learn: the 3 things you should do for your pet every day; ABC's of pet first aid; snout-to-tail assessment; pet CPR; rescue breathing; 10 situations that require immediate veterinary care; and how to assemble your own pet first aid kit.

Darlene Ehlers is a Pet Tech, Inc. pet first aid instructor and a member of Emergency Animal Rescue Service (EARS), TriState County Animal Response Team (CART), and founder of PETS Network of SW Ohio. She was Pet Sitters International 2006 Pet Sitter of the Year and operates her own professional pet sitting business.

Your choice of dates:

Sat., 10 am–2 pm; Aug. 23; see all details below; #6158-01

Sat., 10 am–2 pm; Nov. 1; \$64 (no discounts), plus \$15 for workbook and certificate payable to instructor in class. Bring a brown bag lunch if you'd like; #6158-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Preparing a New Generation for Success: Finishing Touches for Teens

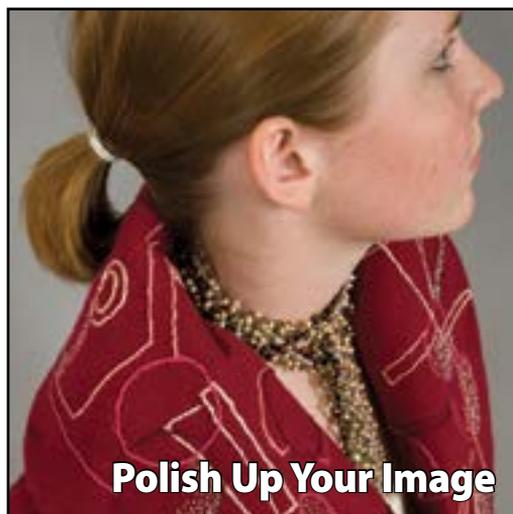
Discover how to project a positive appearance, learn what to do and say in any situation as you prepare for new relationships and new experiences (school, college, job, party, or an important event). Topics include: posture and body language, what to wear, grooming, beauty basics, personality, dining etiquette tips, civility, art of conversation, and social skills. We are offering two sections of this course — Mondays is Basic Training for Young Men; and Wednesdays is Finishing for Young Women.

Nanci Glendening, co-founder and past president of the Association of Image Consultants International OH-PA Chapter, has conducted appearance and etiquette programs for all types and sizes of organizations.

Mon., 4–6 pm; Oct. 6–27; 4 wks; \$159 (no discounts), For Young Men; #6051-01

Wed., 4–6 pm; Oct. 8–29; 4 wks; \$159 (no discounts), For Young Women; #6051-02

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)



Polish Up Your Image

Professional Make-Up Skills

Do you want to learn professional techniques and secrets to doing your own make-up — without the sales pitch and the very public department store environment? In this fun, relaxed class, you'll bring in your own make-up bag. Find out what your make-up will do for you, what basics you really need, how to select and purchase makeup, and how to handle some of the tools. Explore daytime and evening looks, how to minimize flaws, and how to take care of your skin. The second session is really hands-on, so come fresh-faced. We'll be starting from scratch as you learn how to apply your make-up as if it was done professionally every day.

Meredith McClain is a professional make-up artist. She does not represent any company and does not sell any products; she currently works in the industry for a variety of companies.

Mon., 6:30–8:30 pm; Sept. 29–Oct. 13; 3 wks; \$69 (no discounts), plus \$10 fee payable to instructor for use of supplies in class; remember to bring in your own make-up to learn application techniques. Also bring a small hand mirror — a stand-up one would be ideal; #6138-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

What to Wear and How to Wear It

From wardrobe planning and accessories to discovering your best colors and most flattering styles, find out how you can achieve that “put together” look. Focus on personal appearance and polish, find out about image killers, and do's and don'ts.

Nanci Glendening, of Glendening Image Research, is co-founder and past-president of the Association of Image Consultants International OH-PA Chapter. She also modeled in Miami FL and was a former Miss Cincinnati USA.

Wed., 6:30–8:30 pm; Oct. 1; \$29, #6156-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

What People Like Best...

“Fun!

**Hands-on opportunity
and also individualized
attention.”**

Student in “Professional Make-Up Skills” class



Sports and Adventure

Classes in aviation, golf, tennis, tree climbing, scuba diving, etc.

Aviation: Is Flying in Your Future?

Ever dreamed of flying an airplane or wondered how they work? In this exploratory class, you'll discover the basic aerodynamic forces that make flight possible and learn about airplanes, their controls and their basic instruments. Enhance your understanding of climbs, descents, and turns through a realistic computer-generated video. Find out about the possibilities of general aviation, whether for business, personal, or just plain fun. Each lesson may put you a step closer to the pilot seat, since you may decide to sign up for an introductory flight in a new Cessna 172 with your instructor, following completion of the class series. Flights are entirely optional and will be arranged at a special price with your instructor through Sporty's Academy.

Tom Baresel is an FAA Certified Flight Instructor working with Sporty's Academy, the home of the world's largest pilot shop. Tom has extensive experience in the cockpit and holds a Commercial Pilot license and instrument rating along with the Flight Instructor certificate.

Sat., 11:30 am–2 pm; Oct. 4 & 11; 2 meetings; \$59, #4103-01

Location: UC main campus

Golf: Beginning

Don't want to be left out of the golf outing? Just want to feel more at ease playing with friends? This class is designed to prepare new or beginner golfers to feel comfortable with the fundamentals of the game. Topics will include putting, chipping, pitching, and the full swing with irons and woods. We will also cover basic rules and etiquette with one on-course playing class to make you more confident in taking your game to the golf course. Bring your own clubs if you can; if not, equipment will be provided.

Tom Bach and Brian Fennen are PGA professionals. Heather McKee is a PGA apprentice.

Sat., 10–11 am; Sept. 6–Oct. 4; 5 wks; \$99 (no discounts), plus a one-time \$10 practice range fee payable at first class (includes all range balls); #4101-05

Location: Sharon Woods Golf Course

Golf: Intermediate

Instruction will focus on refinement of strokes and strategy in the areas of driving, long and short iron play, and putting. It is designed for golfers beyond the beginner level who want to improve their game. It is preferable that you have your own clubs but it is not required.

Tom Bach and Brian Fennen are PGA professionals. Heather McKee is a PGA apprentice.

Thurs., 6:15–7:15 pm; Aug. 28–Sept. 25; 5 wks; \$99 (no discounts), plus a one-time \$10 practice range fee (payable at first class — includes all range balls); #4104-05

Location: Sharon Woods Golf Course

Learning about Locating Games

Want to add a little adventure — or even competitiveness — to your walks or hikes? Orienteering, geocaching, and letterboxing are outside recreation activities that can bring a fun challenge as well as exercise to all ages. All of these activities can bring a new dimension to your walk, whether you're at the same park or mall or trying out a new trail. Learn about each of these locating games, what some of the variations are, local resources, and how to get started.

Gary Crouch is a teacher and writer (and former navigator in the U.S. Air Force) who has lots of experience with locating games and is eager to introduce these activities to others.

Mon., 6–8 pm; Sept. 22 & 29; 2 sessions; \$29, #4113-01

Location: UC main campus

TENNIS RAIN OR SHINE at Anderson Mercy Healthplex

Indoor tennis classes are facilitated by Joe Foley, winner of over 100 tournaments and former captain of the best tennis team in UC's history.

Tennis for Beginners

Get in shape with tennis! Work on hand-eye coordination, racquet skills, basic strokes, and scoring. This experience is designed for the player who has never played the game or is unfamiliar with the rules. Bring your own racquet.

Joe Foley has introduced this sport to thousands of people who continue to play for a lifetime.

Your choice of sections and dates:

Sun., 4–5 pm; Sept. 21–Oct. 26; 6 wks; \$69 (no discounts), #4105-01

Sun., 4–5 pm; Nov. 2–Dec. 7; 6 wks; \$69 (no discounts), #4105-02

Location: Mercy Healthplex Anderson

Tennis for Intermediates

This is an enjoyable way to get in shape and stay in shape! You are ready for this experience if you have had some previous instruction or if you can hit ground strokes and serves in play from the baseline with reasonable success. You'll have the chance to work on strokes with movement, rally skills, overheads, and volleys. And for those who are ready, you may practice getting that first serve in, adding spin, net play, strategy, and control. Bring your own racquet.

Facilitated by Joe Foley.

Your choice of sections and dates:

Sun., 5–6 pm; Sept. 21–Oct. 26; 6 wks; \$69 (no discounts), #4107-01

Sun., 5–6 pm; Nov. 2–Dec. 7; 6 wks; \$69 (no discounts), #4107-02

Location: Mercy Healthplex Anderson



Test Preparation

Classes in ACT Prep, SAT Prep, GRE Prep, GMAT Prep, LSAT Prep, TOEFL Prep, etc.

ACT Preparation

Losing sleep and getting anxious about test day? In this intensive class, you'll build confidence and make the most of your potential by studying strategies for taking the ACT and by reviewing topics covered by the ACT (math, writing and reading comprehension). Learn a variety of test taking methods and work with the instructor to adapt the ones that best suit your own unique style and personal strengths. You'll get support for questions and concerns; plus discussions, PowerPoints, use of TPR materials, and lots of concrete examples. Discover approaches to increase your odds on each question type, how to use a process of elimination, construct a well-defined essay (optional) on this test, plan your critical reading passage strategy, and learn when it's good to guess.

Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.

Your choice of three sections and dates:

Sun., 9 am–2 pm; Aug. 31 & Sept. 7; 2 days; \$154 (no discounts); see details below; #4604-01

Sun., 9 am–2 pm; Oct. 12 & 19; 2 days; \$154 (no discounts) see details below; #4604-02

Sat. & Sun., 9 am–2 pm; Nov. 29 & 30; 2 days; \$154 (no discounts), plus bring calculator and text “Cracking the ACT with 3 Practice Tests” (2014), a publication of The Princeton Review. Lunch not included — bring own or a few dollars extra to order pizza with the group; #4604-03

Location: UC main campus

Communi-versity is CELEBRATING its 20 years of offering GRE and GMAT Prep Classes with a PRICE ROLLBACK to our 1994 rates! Try our value-packed courses with our seasoned instructors to gain confidence, reduce anxiety and prepare for test day!

GMAT Preparation: Concentrated

Our concentrated course is team-taught and class size is kept small to enhance your learning experience. The English instructor provides an intro to the Graduate Management Admission Test, including common misconceptions, time management tips, and insights into how to study. He covers the analytical writing assessment and verbal sections. The math instructor teaches the quantitative and integrated reasoning sections and reviews concepts of algebra and geometry. You'll work with authentic test questions and responses and arm yourself with skills and confidence by learning helpful strategies.

Allen Feibelman, MA, is an associate professor at Chatfield College and has taught with the UC English Department. Allen has also taught for Princeton Review.

Jane Allen, MEd in mathematics, teaches College Preparatory and Honors Math at Kings High School.

Sat., 9 am–1 pm; Oct. 11–Nov. 1; 4 wks; \$199 (no discounts), plus text “The Official Guide for GMAT Review” (2015), Wiley Publishing, Inc. (available from UC and DuBois bookstores plus online booksellers); #4607-01

Location: UC main campus

GRE Preparation: Concentrated

Our concentrated content and small class size will help you lay the foundation for success on the GRE test. You'll work with authentic questions and responses and gain confidence by learning helpful strategies in our team-taught course. The English instructor provides the intro to the GRE, including common misconceptions, time management tips, and insights into how to study; his focus is on teaching analytical writing and verbal reasoning skills. The math instructor teaches quantitative reasoning skills along with a review of concepts of algebra and geometry.

Allen Feibelman, MA, is an associate professor at Chatfield College and has taught with the UC English Department. Allen has also taught for Princeton Review.

Jane Allen, MEd in mathematics, teaches College Preparatory and Honors Math at Kings High School.

Sat., 9 am–1 pm; Oct. 11–Nov. 1; 4 wks; \$199 (no discounts), plus text “The Official Guide to the GRE revised General Test with CD-ROM,” 2nd ed., a publication of the Educational Testing Service (available from UC and DuBois bookstores plus online booksellers); #4608-01

Location: UC main campus

Advanced Placement (AP) Course & Exam Prep: History & English

Get the most out of your AP class this fall and improve your score on the next test. Focus on test-taking strategies, critical reasoning skills for reviewing course materials, and the AP essay composition. You will be exposed to real questions and essays from previous exams and will learn where to find useful resources to aid your study. The goal of this course is to give you the tools you need to successfully complete assignments, engage in group conversation, and prepare for tests in AP classes and the AP exam itself. This course is geared toward students taking AP history (Euro, world, US, art) or English (language, literature, composition) as the exams for these subjects have similarities in the ways in which they are written. This course is NOT meant for students taking language, science, music, or math APs.

Cherish Bolton, MA, is a doctoral candidate at the University of California, Irvine, where she focuses on modern European and world history. Part of her study includes reviewing history curriculum at the undergraduate and AP levels, and she has privately tutored high school AP students for the last four years.

Wed., 6–7:30 pm; Oct. 15–Dec. 10; 8 wks; (no class Nov. 26); \$159 (no discounts), plus REA AP study book and "crash course" book associated with the course you are taking — instructor will discuss at first class; #4610-01

Location: UC main campus

LSAT Preparation Class

Prepare to take the LSAT by spending 4 Saturday afternoons delving into a detailed analysis of each LSAT problem type, getting critiques of your writing samples, taking a full-length mock exam, and developing strategies along with a sense of timing and confidence.

Taught by Mina Ludwig.

Class is offered two times each year; once in April (Spring term); and again beginning on August 9, 2014 (Summer/Fall term).

PSAT Preparation

You've already done the long-term preparation by taking challenging high school courses and actively engaging in reading and problem-solving. Now, improve your chances of scoring well on this standardized test that is so crucial to the college-bound. Benefit from a class led by an experienced test prep instructor as you focus on the approach to questions measuring your skills in the areas of critical reading, math, and writing. You'll gain early practice for the SAT and an opportunity to qualify for a National Merit Scholarship.

Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at

UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.

Sun., 9 am–2 pm; Sept. 28 & Oct. 5; 2 days; \$154 (no discounts), plus text "Cracking the PSAT/NMSQT" 2015 edition, a publication of The Princeton Review (available from UC and DuBois bookstores plus online booksellers). Lunch is not included—bring your own or a few dollars extra to order pizza with the group; #4606-01

Location: UC main campus

SAT Preparation

Gain confidence and make the most of your potential by studying strategies for taking the SAT and by reviewing topics covered by the SAT. You will learn specific techniques for taking the math, writing and reading comprehension parts of the test. Discover how the test is structured, effective methods for solving each problem type, and what to expect. Acquire an arsenal of tools to help you succeed, including how to use a process of elimination, construct a well-defined essay on test day, plan your critical reading passage strategy, and decide how to handle the conundrum "to guess or not to guess."

Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.

Sun., 9 am–2 pm; Sept. 14 & 21; 2 days; \$154 (no discounts), plus text "Cracking the SAT" 2015 edition, a publication of The Princeton Review (available from UC and DuBois bookstores plus online booksellers). Lunch is not included — bring your own or a few dollars extra to order pizza with; #4603-01

Location: UC main campus

TOEFL iBT Preparation

The Test of English as a Foreign Language (TOEFL) is used to measure English language proficiency. It is the most accepted test in the world; and Internet-based testing has made it even more accessible. This course will help you prepare to take the TOEFL as you focus on the main features of the test, test-taking strategies, exercises, and practice. We will cover the types of skills evaluated by the various sections of the test, including reading, listening, writing and speaking.

Jennifer Wiebe, EdM, is a graduate of U of Illinois Urbana-Champaign; she is an experienced teacher who has a love of languages.

Wed. 6:30–8:30 pm; Sept. 24–Nov. 12; 8 wks; \$189 (no discounts), plus text "Delta's Key to the TOEFL iBT: Advanced Skill Practice" (2011, includes CD's) and "McGraw-Hill Education 400 Words for the TOEFL" (2nd ed.); #4602-01

Location: UC main campus



Program Information

Information on Location and Parking, Material and Supply Fees, Discounts, and more!

Enroll Early

Courses can fill up quickly! To ensure a space in the class of your choice, please enroll now. We will accept registrations as long as there is room.

If the class you want is filled, we'll put you on a wait list and notify you as soon as possible. You may choose to remain on the wait list, transfer to another class, or receive a refund (if you paid by credit card you will not be charged). Every effort will be made to accommodate you — we've even been known to create new class sections to meet your needs.

Designed for You

Our courses are designed for anyone interested in learning something new. Classes are short-term and focused to accommodate busy schedules. Truly “learning for learning’s sake,” we offer a no-pressure option (no tests, grades or papers) to continuing education for all adults. We also extend a welcome to high school students interested in Mini Medical College, test preparation classes, plus some of our special topics just for teens.

Class Changes

We don't like to make changes, but sometimes it's unavoidable. We reserve the right to change times, locations or instructors. If we must cancel a class, we will make every effort to notify you immediately. Please provide daytime phone numbers so that we may contact you. You may then choose to transfer to another class or receive a full refund.

Location and Parking

Our classes are held online, face-to-face, at UC's Main Campus, at UC's Victory Parkway Campus, and at 20 other locations around town — see the last line of each description for the class location.

Exact room and building locations, parking information, and directions will be mailed to you with confirmation of your enrollment.

If you have a disability and need specialized services, call the Disability Services Office at 513-556-6823 well in advance of your class to discuss your needs.

Confirmation of Enrollment

If you have not received confirmation within two days of starting date for your class, please call 513-556-6932. Office hours are 8 am–5 pm Monday-Friday.

Material and Supply Fees

Some classes require additional fees for supplies or materials — they are noted in the class listing. *These fees are to be paid to the instructor at the first class session.* These fees are nonrefundable and discounts do not apply to them.

Books

A few courses require the purchase of book(s); those are noted in the description. You may buy them from local or online booksellers. If you buy your books from UC (513-556-1400) or DuBois (513-281-4120), you will find them in a special Communiversity section.

Discounts

In order to take advantage of these discounts, you must request your discount at the time you first enroll. Only one discount may apply per class. Classes not available at a discount are marked with a “no discounts” notation.

UC Faculty and Staff Discount

Full-time UC faculty and staff may take one class per quarter at half-price. Spouses and dependents are ineligible. This discount requires special handling and is not available online. Call 513-556-6932 to arrange.

Senior Citizens Discount

Golden Buckeye card holders are eligible for a 20 percent discount on many of our classes — be sure to provide us with your card number, please.

Refunds

A refund of the enrollment fee can be made up to 48 hours before the first session. We regret that no refunds may be made anytime thereafter.

However, we do stand behind our programs and will do whatever it takes to ensure your satisfaction.

4 Easy Ways to Enroll

Choose what is simplest for you — online, phone, in-person or mail. See details on the next page.

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