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SPRING 2016



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Your World,
Learn
Something
New!*



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Sports & Adventure • Test Preparation... and more

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Enrich Your Life with Quality Courses Where Community Meets University

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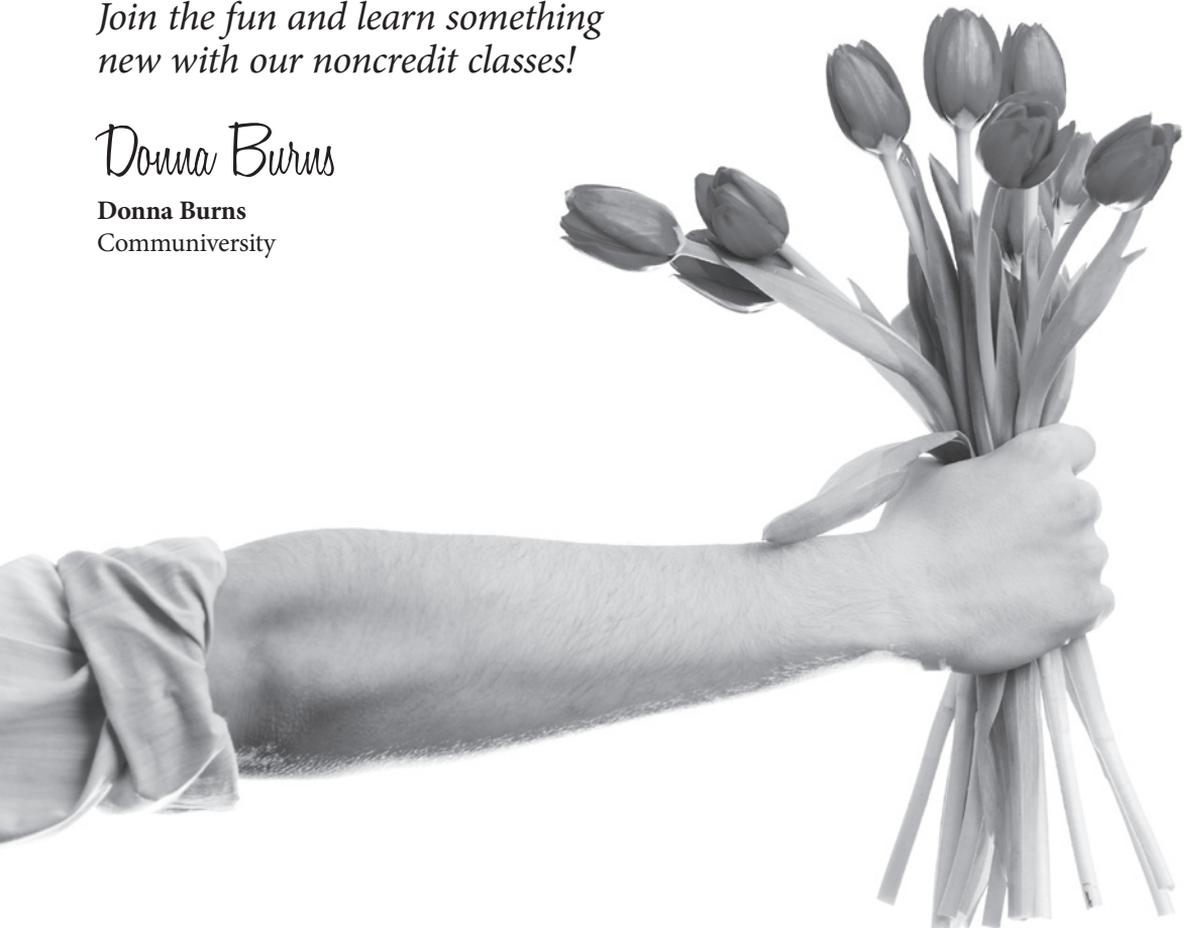
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*Join the fun and learn something
new with our noncredit classes!*

Donna Burns

Donna Burns
Communiversy



Contents

By topics of interest

Arts & Handicrafts

Bead Jewelry Making	4
Creating in Clay	4
Doodling Masterpieces	4
Earrings: Make and Take Away	4
Glass Fusing Primer	5
Jewelry Making Classes	6
Lead Panel Stained Glass	5
Polymer Clay Figurines	6
Preserving the Past: From Mounds to Mariemont	6
Stained Glass for Beginners	5
Watercolor in a Day	6

Astronomy

Binocular Astronomy	7
Constellations of the Season	7
Dance of the Gods: Motions of the Planets	7
From Attic to Cellar: The Cincinnati Observatory	7
Optics: Inside the Telescope	8

Business & Career

An Introduction to Voiceovers	9
Breaking into Film Production	9
Ego and Soul of Leadership	9
Introduction to Inventing	8
Landlord Fundamentals	9
Licensing Help & Inventing	8

Certificate Programs for Professional Development

25 Online Certificate Programs Available	10
--	----

Communication & Writing

How to Have an Awful Marriage	12
Write On! Writer's Boot Camp	12

Explore the World

Australia and New Zealand Travel	13
Intrepid Traveler: Savvy Travel Tips	13
Intrepid Traveler: Solo Travel	13
Intrepid Traveler: Travel Logistics	13

Fitness & Health

Fitness Flex Pass with Pat	15
Beyond Prescription Medications: Natural Healing	14
Bones for Life: Better Working Hips & Knees	14
Boot Camp Lite	15
Cancer Survivorship Community Program	14
Core Mobility and Stability: A Feldenkrais Workshop	14
Debunking Myths about Dietary Supplements	14
Face Lift Massage: Do It Yourself	14
Health-Smart Cooking	16
How to Detoxify Your Life	17
Massage for Two	16
PainLESS	16
Shape Up with Belly Dance	16
Sleep Hypnosis	17
Tai Chi for Beginners	17
Weight Loss Hypnosis	17
Yoga Basics	17
Zumba® Fitness	15
Zumba® Toning	15

Home & Garden

Create an Edible Garden: From Tower to Table	18
Selling Your Home - Fast and For Top Dollar	18
Steps to a Successful Home Purchase	18
Verma Composting	18

Language

Arabic for Beginners	19
Beginning Mandarin Chinese	19
French for Beginners	19
German for Beginners	19
Italian for Beginners	19
Spanish for Beginners	20
Spanish II	20

Music & Dance

Celtic Drumming	22
Dancing for Two: Ballroom-style	20
Dancing for Two: The Next Step	20
Fiddling for Beginners Level I	21
Fiddling for Beginners Level II	21
Guitar for Beginners	21
Native American Flute	21
Piano Basics I	22
Piano Basics II	22
Ukulele for Advanced	22
Ukulele for Intermediates	22

Online Instructor-Facilitated Classes

Visit www.ed2go.com/uc to see all 200 class titles and details; new classes begin each month	23
--	----

Personal Development

Contemporary Social and Business Dining Etiquette	24
Finishing Touches	24
Fortune Telling	24
Heart of Meditation: Tranquility and Insight	24
Herbs and Oils	25
Hypnosis for Stress Management	25
Professional Make-Up Skills	25
What to Wear and How to Wear It	25

Photography

Photographing People	26
Photography: The Next Level	26

Sports & Adventure

Aviation: Is Flying in Your Future?	27
Celebrating Baseball	27
Golf Fore Women	28
Golf: Beginning	28
Golf: Intermediate	28
Tennis for Beginners	28
Tennis for Intermediates	28

Test Preparation

ACT Preparation	29
LSAT Preparation	29
SAT Preparation	29
TOEFL Ibt Preparation Class	29

Arts & Handicrafts

Bead Jewelry Making I

Make your own unique jewelry using a wide variety of sterling silver and glass beads. Learn basic beading techniques including bead selection, clasp attachment, and bracelet, necklace and earring design. Use your new skills in class to fashion two pieces of jewelry (your choice between earrings, bracelet or 16" necklace - with \$1 per extra inch wanted). Come away with the skills to not only create more jewelry on your own but also to repair broken jewelry. No experience necessary.

Megan Painter will guide you through the process of creating professional looking jewelry.

Thurs., 7-9 pm; April 21; \$29 (no discounts), plus \$20 supply fee payable to instructor in class (includes all beads, wire, clasps, and supplies to complete the in-class projects); #3668-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Creating in Clay

Design a small clay tray with two matching bowls that are embossed on the outside with stamped patterns. During the first class you will form the tray and bowls by hand and then add texture to the outsides. The pieces will be bisque-fired before the second class when you will glaze them to highlight the textured surface. After a glaze-firing they are ready for you to pick up. Your finished pieces will be dishwasher and microwave safe.

Rick Hoffman has over twenty-five years of experience making pottery and teaching others how to make it. He currently owns, runs and teaches at Covington Clay - a pottery studio and gallery in Covington, KY.

Sat., 10 am-12 pm; April 30 & May 14; \$45 (no discounts), plus \$20 for materials, equipment and firing payable to the instructor at the first class; #3153-01

Location: Covington Clay, Covington KY (Historic Business District)

**“Megan was wonderful!
Very patient and kind.
Good selection of
materials.”**

*—Student in Megan Painter’s
Jewelry Class*



Doodling Masterpieces

Tangle art. Meditative drawing. Zentangle®. Pattern drawing. All are names for basically the same thing: making artistic drawings out of patterns. In this class you will learn how to combine simple forms, circles, lines, and dots into eye-catching patterns. Next, you will learn how to use those patterns to create unique pieces of art. **No drawing skills required.** People of all skill levels are invited to join this class to experience how enjoyable making artistic illustrations from patterns can be.

Alisa Strauss, MA, PhD, is an exhibiting artist, adjunct assistant professor, and is currently finishing an MDes in graphic design.

Sun., 1:30-4 pm; May 15; \$29, plus \$15 fee payable to instructor in class for all art supplies needed including pigment pens, papers, pencils, ruler, erasers, handouts. Must enroll by 4 pm on 5/5/16 so instructor may order supplies; #3154-01

Location: UC main campus

Earrings: Make and Take Away

Making wire-wrapped jewelry is easy! Make and take away two finished earrings--one basic tear-drop earring set and one swirly earring set (hoop design with swirls and beads). You will also take away the techniques and skills to make great pieces on your own to wear, sell, or give as gifts, plus some resources for project ideas. Preferred prereq: either our Wire Wrap Jewelry Making class OR prior experience wire wrapping.

Megan Painter will guide you through the process of making professional-looking jewelry.

Wed., 7-9 pm; March 9; \$29 (no discounts), plus \$25 supply fee payable to instructor in class. This includes all beads, silver plated or copper wire (upgrade to sterling silver for \$10 more), ear wires, and supplies to complete the in-class projects; #3720-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)



Creating Glass Art

Mary Jane Riggi has an abundance of skill as a stained glass artisan and instructor.

Location: *Artist's Studio*

2214 West North Bend Rd. 45239

Lunch not included--bring your own or order pizza with the group (for all day classes)

Supplies: Some studio tools may be available for use by students; others may be purchased from instructor. Registered students must call instructor a few days in advance to discuss project ideas and tools

Glass Fusing Primer

Focus on fundamentals of kiln forming and warm glass work as you create your own fused glass pieces. Popular choices of items include candlesticks, plates, bowls or jewelry. Learn about glass cutting, setting up a kiln, shelf preparation, glass compatibility, annealing cycles and slumping. You'll prepare several pieces for firing; then return to the studio 2 weeks after the class to retrieve your fused glass pieces.

Sat., 10:30 am-4 pm; May 14; \$69 (no discounts), plus between \$50-75 for tools and supplies payable to instructor at class; #3707-01

Lead Panel Stained Glass

In a one day class learn the "old" method of stained glass, assembling with lead channel instead of copper foil. For those with stained glass experience and those new to the craft. Learn glass selection, cutting, assembly and soldering techniques. Patterns available from instructor (most about 11"x17").

Your choice of dates:

Sat., 10:30 am-4:30 pm; March 12; 1 day; \$75 (no discounts), see below for info on supplies

Sat., 10:30 am-4:30 pm; April 30; 1 day; \$75 (no discounts), plus \$40-150 for tools, supplies (discuss with instructor prior to class), payable to instructor in class; #3677-01

Stained Glass for Beginners

Begin with the basics of building a Tiffany style panel using the copper foil method. Learn types of glass, glass cutting techniques, grinding, foiling, soldering and framing a panel. Complete a panel of your choosing (sizes vary; average is 11 x 17").

Sat., 10 am-4 pm; April 16; 1 day; \$75 (no discounts), plus \$125-150 for materials and toolkit payable to instructor in class; #3500-01

Jewelry Making: Mixed Media Necklace and Matching Earrings

Combine two jewelry techniques to create a contemporary, unique pendant necklace and a pair of matching earrings. Learn how to make wraps, coils, charms and to boost jewelry by adding diverse materials to create a pendant necklace and matching earrings. The instructor will bring jewelry tools but you are welcome to bring your own (plier sets) if you have them. No prior experience needed.

Banu Kesavalu is an experienced beading and polymer clay artist.

Sat., 11:30 am-1:30 pm; June 11; \$29, plus \$20 supply fee payable to instructor in class (includes jewelry findings, leather cord, ribbons, fiber, Swarovski crystals, metal chain, and supplies to complete the in-class projects); #3727-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Jewelry with Epoxy Clay: Rings and Earrings

Create a pair of finger or toe rings plus matching earrings with epoxy clay which is a no-bake, fast drying jewelry clay. In this workshop, you will make two rings using different techniques. Learn how to condition and shape epoxy clay, then embellish with rhinestones and gold dust on a ring base. The instructor will bring all materials needed to complete the projects, including jewelry tools (pliers and cutters) but you are welcome to bring your own tools if you have them. No prior experience is needed.

Banu Kesavalu is a beading and clay artist.

Sat., 11:30 am-1:30 pm; March 12; \$29 (no discounts), plus \$20 supply fee payable to instructor in class (includes epoxy clay, colorful rhinestones, metallic dust, Swarovski crystals, jewelry findings and cord); #3730-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Polymer Clay Figurines

Create your choice of two figurines using polymer clay (oven-bake clay) which is a versatile medium that gives you flexibility to create fascinating projects. In this class, you will learn how to condition and color mix the clay to create two figurines (choose from Penguin, Bear, Owl, Dragon, Standing Mouse, Bumble Bee, Sheep, Cow, Snail and Turtle). You will also learn how to bake the clay at the right temperature. Instructor will bring all the materials to complete the projects. No prior experience needed.

Banu Kesavalu is an experienced beading and polymer clay artist.

Sat., 11:30 am-1:30 pm; June 4; \$29 (no discounts), plus \$20 supply fee payable to instructor in class (includes polymer clay - various colors, oven to bake the projects and gloss to complete the in-class projects); #3723-01

Location: UC Victory Pkwy Campus

Watercolor in a Day

Try something new, you'll like it! Learn the basics, explore a wealth of tips and techniques, and delve into composition and color mixing. Jean teaches through demonstration, hands-on experience, and individual coaching. Experience the joy of painting, of self-expression, and of seeing the world in a new way as you create your own original paintings. All are welcome, no experience necessary.

Jean Vance, MFA, OWS, MA, has that rare combination of being a talented artist and a gifted teacher; and she especially enjoys introducing adults to the fun of painting.

Sat., 10 am-4 pm; April 16; 1 day; \$69 (no discounts), plus lab fee of \$40 (payable to instructor in class) for use of brushes, paper, paint, mixing palettes, and all supplies used in class, plus all handouts. No supplies needed. Bring a bag lunch or snack if you wish; #3508-01

Location: UC Victory Pkwy Campus

Preserving the Past: From Mounds to Mariemont

This class was listed in the winter catalog and filled; we have added a May 14 section; check online for details.



Astronomy Classes at Cincinnati Observatory Center are held atop Mt. Lookout in one of our city's true treasures, where the views are great (and the parking is free!)

Binocular Astronomy

Sure, binoculars aren't exactly the Hubble Space Telescope, but they are actually quite capable astronomical instruments that provide a unique and refreshing view of the Celestial Heavens. When both of your eyes get involved with seeing, a synergy takes place in your brain that enhances the image beyond what a single retina can deliver. Even common binoculars will reveal the constellations more intimately, the phases of Venus or the moons of Jupiter. There are even dozens of "deep sky" objects (galaxies, nebulae, and such) visible in inexpensive binoculars. Large or small, name brand or not, bring along your binoculars; we might be able to do some viewing if the weatherman permits. If you are in the market for binoculars and would like to find out what kind would be most practical for you, come join the party. We'll talk quite a bit about the sky as well - there's a lot more up there than you might realize!

Dave Bosse is an instructor of astronomy and has been teaching at UC for over 35 years.

Mon., 7-9 pm; May 16; \$29, #1042-01

Location: Cincinnati Observatory Center (Hyde Park)

Constellations of the Season

There are more stars in the sky than you can ever count; but you'll see that finding your way around the sky has never been more interesting. Explore the imaginative figures we call constellations as you learn to use a planisphere to find any constellation at any given time and date. Further appreciate the night sky as we share some of the stories of the stars - how these clusters were identified, named, and achieved fame. Weather permitting, we will go outside to find many of the brighter constellations and you may also look through the observatory telescope.

Dean Regas is the outreach astronomer with the Cincinnati Observatory Center, the co-host of the syndicated astronomy program Star Gazers, frequent guest of NPR's "Science Friday," and recipient of Astronomy Magazine's "Out-of-this-World" Award for astronomy education.

Tues., 8-10 pm; April 19; \$29, plus \$4 optional materials fee for star chart payable to instructor at class; #1044-01

Location: Cincinnati Observatory Center (Hyde Park)

Dance of the Gods: Motions of the Planets

For thousands of years our ancestors believed that our Earth was the immovable center of the Universe. Not until the European Renaissance did we finally glimpse the true nature of the motions of the planets and realize for the first time Earth's place in the solar system. Travel with us through history to investigate the model of Ptolemy and how scientists who came more than a thousand years later deciphered nature's clues to the understanding of the complex motions of the planets. We will discuss ideas and observations of Copernicus, Tycho, Kepler and Galileo and how these great scientists solved the mystery of "The Dance of the Gods" Weather permitting, telescope viewing with the 1845 telescope will be part of the evening's activities.

Terry Flesch is an astronomer and a presenter at the Cincinnati Observatory Center.

Fri., 7-9 pm; March 11; \$29, #1218-01

Location: Cincinnati Observatory Center (Hyde Park)

From Attic to Cellar: The Cincinnati Observatory

Dating back to the 1840's, the Cincinnati Observatory well may be the oldest astronomical observatory in the country. As such, it is a treasure-trove of telescopes and related scientific instruments, apparatus, hand-written records, and publications. Here is your rare opportunity to experience, in person, antique telescopes, exquisite clocks, sundials, quadrants, astrolabes, chronographs, and more -- and learn how they were used throughout the decades and centuries. You'll also get to gaze (weather permitting) through the oldest professional astronomical telescope in the Western Hemisphere!

R. A. Davis, Ph.D., is in charge of the museum collection at the Cincinnati Observatory. He is Professor Emeritus of Biology and Geology at Mount St. Joseph University and a former, long-time curator at the Cincinnati Museum of Natural History.

John Ventre is the Historian with the Cincinnati Observatory Center and is a member of the Board of Trustees there.

Tues., 7-9 pm; May 3; \$29, #1241-01

Location: Cincinnati Observatory Center (Hyde Park)

Astronomy CONTINUED

Optics: Inside the Telescope

Looking through a telescope is always fun; but did you ever wonder how the darn thing works? How are magnification and focus achieved? Why is the view upside-down in an astronomical telescope, but upside-right in binoculars? And is bigger really better? We'll answer these questions and many more as we explore the inner workings of the "magic tube." Fun, visually dramatic experiments will make the mysteries of lenses and mirrors crystal clear, even for those who are not friendly with physics. We'll also peek inside a variety of working telescopes, and, weather permitting, view the heavens through some of them.

Dave Bosse is an instructor of astronomy at the University of Cincinnati where he has taught for over 35 years.

Wed., 7-9 pm; May 25; \$29, #1225-01

Location: Cincinnati Observatory Center (Hyde Park)

Business & Career



Introduction to Inventing

So you have an idea for the next big thing...now what? Launching a new product or bringing an idea to market can be overwhelming. This class is designed to cover the basics of what every inventor should know, from idea development through commercialization. Topics will include: ways to protect your idea; understanding patents; packaging and staging your product; selling, licensing or starting your own company; plus an exploration of marketing venues. Join us and find the encouragement and motivation you need to get your idea off the ground. To get deeper into the topic of licensing, see special "Licensing Help" description.

Ryan McAleer, MBA, co-owner of Lean4Ward, Inc., specializes in creating training programs, inventor coaching and product design. He has been a product manager and marketing manager with several Fortune 500 companies and is working on bringing the next big thing to market.

Mon., 6:30-8:30 pm; April 11; \$29, #1118-01

Location: UC main campus

Licensing Help & Inventing

So you've invented the next big thing and you believe it will make you rich. Now what do you do? How do you license and bring that big idea or thing to market? Getting your product on the shelves in a retail store is by far the hardest part of any product venture. Licensing your invention is necessary and can significantly increase the money you make on your product. There are many different considerations and terms that need to be negotiated when licensing a product. In this class we will cover the ins and outs of proper product licensing, including how licensing works, royalties, retailer expectations, and product development. For other related topics, see "Intro to Inventing" class description.

Ryan McAleer, MBA, co-owner of Lean4Ward, Inc., specializes in creating training programs, inventor coaching and product design. He has been a product manager and marketing manager with several Fortune 500 companies and is working on bringing the next big thing to market.

Mon., 6:30-8:30 pm; April 18; \$29, #1161-01

Location: UC main campus

Ego and Soul of Leadership

Take a new look at leadership. Twentieth century styles no longer get the desired outcomes—especially among millennials. Successful leaders attend to the ego and soul needs of self and others. Those who lack ambition-ego seldom lead. Soul needs have to do with mission and purpose. Why am I here and what cause greater than myself do I serve? Great leaders balance and emphasize both qualities. Drive and Inspire!

Larry Wells, MDiv, MSW, CADC, is a master practitioner and certified trainer of Neuro Linguistic Programming, an executive coach and a corporate consultant.

Sat., 10 am-12:30 pm; April 9; \$60 (no discounts), #1160-01

Location: Future Life Now (Northside)

An Introduction to Voiceovers: Class

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, “I could do that”? If so, then you could have what it takes to begin working as a professional voiceover artist. The current voiceover trends have made it easy and affordable for just about anyone to get involved. In this fun and empowering two-hour introductory workshop, you will learn about the different types of voiceovers and what tools are needed in order to find success in the voiceover industry. You will have the opportunity to get a taste of what it’s like to be a voice actor as you perform a real voiceover script. You will be recorded so that you can receive professional voiceover evaluation later. Come ready to laugh, learn and be inspired...

Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.

Tues., 6:30-8:30 pm; April 26; \$39 (no discounts), #1140-01

Location: UC main campus

An Introduction to Voiceovers: One-on-One Live

See preceding description. Receive the same information you would get in the traditional class (above) but in a one-on-one format. After enrolling with us, you’ll schedule a one-and a half hour time slot with your instructor, at your mutual convenience. The online format may be through IChat, Skype, or by phone - your choice.

Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.

Arrange when you wish - 1.5 hours; \$49 (no discounts), #1150-01

Location: Taught through IChat, Skype or over the phone - your choice

Breaking into Film Production

A veteran feature film and documentary producer offers first-hand advice on how to break into the competitive field of film production. Beyond just “who do you know,” a candid discussion covers the do’s and don’ts of getting that first or even that tenth job on a film or commercial shoot. What kinds of skills are expected from producers? What to include on a resume and what is the range of pay? Learn how to get your foot in the door and increase your chances of landing that film production job!

Chris Hilsabeck began his movie and commercial production career in Los Angeles. He is a frequent guest speaker to film and digital media students and has participated in panel discussions at SXSW and the Atlanta Film Festival.

Sat., 1-5 pm; April 16; \$69, #1157-01

Location: UC main campus

Landlord Fundamentals

Do you already own rental units or are thinking of becoming a landlord? Being a landlord is so much more than just collecting the rent. Those who are unaware of their responsibilities can find themselves with legal difficulties that create just the opposite situation from the income-producing project they imagined. Likewise, failure to properly select and manage tenants can turn a small side venture into a time-consuming nightmare. Focus on basic principles and strategies to guide you through your rental enterprise. Topics include: complying with responsibilities through federal, state (Ohio), and local laws; identifying ways to reduce liability, decrease evictions, and reduce crime and damage to rental units; implementing landlord rights; and operating rentals as an effective business.

Nancy Dashner is a landlord and trainer. As a rental property owner herself, she discovered that managing rentals was not an inherent ability; yet there was no manual to consult. Through practical experience, study, and much research, she developed her own unique and structured approach to “land lording” as a business.

Sat., 9 am-2 pm; May 14; \$69 (no discounts), plus bring a bag lunch or snack if you wish; #1102-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Online Classes Available Visit ed2go.com/uc

Select “Business;” click on “Start Your Own Business” to explore careers in Event Planning; Arts & Crafts; Consulting; Medical Coding; Tour Director; and more...

Certificate Programs Online

for Professional Development

Online Certificates and Courses Begin April 4 • May 2 • June 6

- Led by expert instructors
- Interactive discussion areas
- 24/7 access; work at own pace
- Audio/slide presentations
- Supplemental readings included
- Retake class at no charge (up to 12 months)

See “Online Certificates” at www.uc.edu/ce for course content, outlines, objectives, instructor bios, and how to enroll.

Take all courses in a category to earn a certificate (most programs are comprised of stand-alone courses that you may take individually) Fees and course lengths vary.

QUESTIONS? CALL 513-556-6932

BUSINESS

Business Research Certificate

Get the skills needed to effectively communicate research results to a specific audience for maximum impact and effective decision making. For business professionals, entrepreneurs, and anyone who needs specific information about a business or about a particular topic such as market potential, competitive intelligence, standard industry practice, productivity improvement, etc. Acquire the specific knowledge you need to succeed in your research quest.

Accounting and Finance for Non-Finance Managers Certificate

Get a foundation in the seven steps in the accounting cycle; discover how to maximize cash flow; and see how business reports are assessed and analyzed to help you make smart decisions in budgeting, setting goals, and assessing performance within your own area of influence.

Customer Research Certificate

Find out how to get feedback, information and answers from your customers to improve your organization's services, marketing, and bottom-line finances. Our 8-Stage Needs Assessment model will give you a step-by-step proven approach to researching and selecting new services, products or activities.

Data Analysis Certificate

Data Analysis is quickly becoming one of the most sought-after skills in the workplace. Add a whole new skill set to your portfolio. Learn how to compare groups for differences, know the statistics behind these groups and variables; learn how to perform inquiries, and gain skills to communicate results through graphs and text that your fellow employees will understand.

Effective Surveys Certificate

Find out how to design a survey, analyze the results, and segment your audience by demographics and behavior. Find your seven primary audience segments and why they are so important. Learn to access web-based data sites, use Excel to sort data and find web-based templates, and acquire tools to better present your survey results with advanced presentation tools and techniques.

Entrepreneurship Certificate

Boost your chances of success for your new or small business and reduce your risks. Get the latest on planning your business, learn how to create a business plan, discover a step by step approach to attract and keep customers; learn to identify abilities required of successful entrepreneurs.

Entrepreneurship Finance Certificate

Get the latest on planning your business, brainstorming business ideas and a checklist for going into business. Create a business plan, including assessing business feasibility and prepare the management and financial plans. Discover a step by step approach to attract and keep customers, with an emphasis on customer-driven marketing decisions and building a strong brand. Learn to identify abilities required of successful entrepreneurs and how to acquire them, develop goals to help establish your business plus techniques to successfully manage and market it.

BUSINESS COMMUNICATIONS

Customer Service Certificate

Learn to improve your customer service skills to enhance your career skill set, improve productivity, and increase your organization's success.

Presentation Media Certificate

Whether your presentation is online or in-person, media not only enhance your message but can make it more effective. Find out how to use Prezi, the slide software that goes beyond one-dimensional presentations, and the finer points of Photoshop for presentations. Then discover design elements to create visual presentations for success using any media. You will come away with the latest, most advanced practical and design knowledge in presentation media.

Self-Publishing and eBooks Certificate

A book can help you expand your business in the way no form of advertising can. Gain an understanding of this often-complicated marketplace as you learn about publishing options and selecting the best pathways given your objectives. Discover what makes a great eBook and how to create, format, publish, and market it.

Certificate Programs Online

for Professional Development CONTINUED

Workplace Communication Certificate

Receive intensive preparation with skills and techniques you can put to use, including conflict management, negotiation skills for a win-win outcome, and using personality profiles for better work performance.

HUMAN RESOURCES

Business Coaching Certificate

Mentoring and coaching are being used more frequently in organizations to improve leadership competencies and provide employee support. It has benefits for both employer and employee. Acquire skills to develop, implement, and support coaching and mentoring programs in your workplace. Improve your employees' performance and create a working environment they will find truly rewarding.

LEADERSHIP

Leadership Development Certificate

Discover your style of leadership. Discuss task completion, building relationships, changes in the workplace, utilizing your emotions in an effective manner, and addressing challenging goals.

Executive Leadership Certificate

Leadership today demands increasingly more sophisticated skills, requiring perspective on the external environment, as well as tools to shape their internal organizational structure and ways of doing business. Position your organization for success as you review cases of real leaders in business, education, and government; learn about fatal leadership errors, leadership styles, traits, and values. Find out how leaders behave and speak differently from others in order to be effective and supportive. Discover why empowering leaders are more successful than others.

MANAGEMENT

Non-Profit Administration Certificate

Build revenue streams for your non-profit organization. Find out how to improve your evaluation, planning, data collection, data analysis and data use. Focus is on revenue generation and program evaluations; come away with the latest best information from instructors who train people in nonprofits.

Project Management Certificate

Gain the skills, tools and templates to confidently develop and maintain a project, including an overview of salaries, certification costs, education and experience requirements. Learn about five Project Management Processes and discover the ten Project management Knowledge Areas.

Management Certificate

Enhance your management skills as you delve into topics such as creating expectations, motivating employees, time and productivity, and generational differences in the workplace.

Supervisory & Leadership Certificate

Ensuring the efficiency of your team is the key to your success and is your most important responsibility. Get practical, easy to understand, and insightful methods for new and even experienced supervisors and managers. Learn about effective delegation, performance management, and writing performance reviews. Discuss the specifics of the supervisor's role and responsibilities, and strategies for improving your overall effectiveness as a leader.

NEW MEDIA MARKETING

eMarketing Essentials Certificate

Learn all about eMarketing, including improving email promotions, analyzing your web site traffic, doing search engine optimization, and how to successfully employ online advertising. You need have no eMarketing experience to take this course; if you are already at an advanced level, know that your instructors are experts who can provide the latest most advanced information and answer your toughest questions.

Inbound Marketing Certificate

Inbound marketing is a way to help potential customers find you through organic search, which is a process of using your website to attract visitors naturally through search engines, the blogosphere, and social media. Inbound marketing is more effective than outbound marketing, where you push sales messages to potential customers. Discover how to attract customers to your site, what kind of content to share with them, how to use landing pages and forms to collect names and email address, and how to implement lead-nurturing campaigns that result in sales.

Mobile Marketing Certificate

Retain and gain customers via location-based marketing, mobile payments, QR codes, applications, creating cell phone apps, and mobile coupons.

Video Marketing Certificate

Discover how to use simple online video to quickly command attention, bond with your viewer, drive traffic to your website, boost business and build brand awareness. Find out how to shoot simple, effective videos without costly fancy equipment or savvy technical skills. Learn how to dominate Google and YouTube with your video and to strategically use YouTube.

Certificate Programs Online

for Professional Development CONTINUED

SOCIAL MEDIA FOR BUSINESS

Managing Social Media Platforms Certificate

Get a skill set for working and managing different social media platforms. Then find out what you can be doing, what you should be doing, and formulate a plan to integrate social networks into your communication and marketing. You will get a firm foundation in Twitter, LinkedIn, and Facebook, plus practical, how-to techniques to integrate social networks into your organization.

Social Media for Business Certificate

Get in on this exciting and growing way to interact with customers and clients. From Facebook to Twitter, blogging, YouTube, LinkedIn, and more, discover new principles of communication; see how these specific social networks behave and the possible uses for your organization. Find out what you can be doing, what you should be doing, and formulate a plan to integrate social media into your communication and marketing.

TRAINING AND EDUCATION

Designing Webinars Certificate

Find out 4 key strategies to make webinars successful, 5 secrets to creating high response surveys, when and how often to promote, how to generate more leads, the ideal planning timeline, and our unique needs assessment model.

Plus...Individual Classes are also available

Most certificate courses are comprised of three stand-alone classes. Check out those titles; you are welcome to take individual classes if that meets your needs better.

For a complete listing, see "Online Certificates" at uc.edu/ce

Communication & Writing

How to Have an Awful Marriage

Just kidding... but since this is a funny workshop with the focus on communication in marriage, there will be lots of tongues in cheeks and you'll probably come away laughing. Have you noticed that men and women seem to speak a different language? Words can come between us in our relationships. Learn how the "purpose of conversation" is totally different for men than for women, as are questions, silence, gift giving, tears and more. Practice translating male and female language, and you'll be able to reduce 60-80% of your arguments and miscommunications. Both couples and singles are welcome.

Karen Gail Lewis, MSW, EdD in Consulting Psychology and Family Therapy is a marriage and family therapist and an author of numerous books. She has been on faculty with UC College of Medicine, Virginia Tech, and Johns Hopkins.

Fri., 6:30-8:30 pm; March 18; \$39 (no discounts), per individual; includes book "Why Don't You Understand?" #6154-01

Location: UC Victory Parkway Campus (historic Edgecliff by Eden Park)

Write On! Writer's Boot Camp

Do you have a writing project in mind - something you have thought about for a long time but you don't know where to start? Do you feel too distracted by work, kids, Netflix? Do you think you aren't "good enough" to write it? Do you have some other miscellaneous "but" in your life? Yeah, we can fix that. Come to writer's boot camp. We talk about some simple skills that will get you focused on and excited about writing again; how to develop your very own writer's habit if you only have a few minutes a day; and how to plan your project so you know what to do.

Brian L Meyers, MA, is an entertaining and inspiring educator and writer who has taught writing for many years.

Sat., 12-2 pm; April 9; \$29, #3319-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Online Classes Available Visit ed2go.com/uc

Select "Writing & Publishing;" see Grant Writing, Business Writing, and a Variety of Specialized Creative Writing Topics.

Explore the World



Australia and New Zealand Travel

Let's hit the highlights! How does one begin to approach travel and sightseeing in Australia? After all, it's a country that's larger than the USA. And you'll want to see how you can add New Zealand to your itinerary. It has so much to offer--from its fjords and farms to its lush gardens and breathtaking beauty. We will help you focus on what parts of these countries might be "must-sees" for your trip. Some people like to "see it all" from a bus; others like to drive, hike or even ride a camel through the Australian desert! Whatever your style, this class will help you plan an unforgettable trip. Learn where to go, how much it will cost, how to get around, where to stay and what to see when you get there.

Simone Kuzma is an intrepid traveler and educator who is founder of Wanderlust: Wanderlearn.

Mon., 6:30-8:30 pm; April 4; \$24, #1059-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Intrepid Traveler: Savvy Travel Tips

This information-packed session will make a savvy traveler out of you! Learn industry secrets and save a bundle. Topics include: travel insurance and health insurance; immunizations and health concerns; money tips; safety tips; electronics and adapters; cell phones and communication; packing and luggage; plus tipping while traveling.

Simone Kuzma is the founder of Wanderlust: Wanderlearn, a Cincinnati-based company specializing in travel education and experiential trips.

Mon., 6:30-8:30 pm; May 2; \$29, #1550-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Intrepid Traveler: Solo Travel

Some people dream of seeing the world but hesitate to venture out by themselves. Turn traveling solo to your advantage as you learn valuable information about the challenges and opportunities available to those who travel on their own. Find out practical tips on how to travel smart (following local customs, safety) while having a great time. Learn where to go, how to travel solo and what to expect as you explore a variety of travel experiences. Please see "Travel Logistics" and "Travel Savvy" for details on topics Simone covers in her other classes.

Simone Kuzma has traveled solo all over the world and gives personal as well as professional insights. She is the founder of Wanderlust: Wanderlearn, a Cincinnati-based company specializing in travel education and experiential trips.

Mon., 6:30-8:30 pm; May 9; \$29, #1060-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Intrepid Traveler: Travel Logistics

Whether you're a novice traveler or your passport is worn thin, come empower yourself to become a more capable, confident, and independent traveler. Topics include: how to choose a destination; how to create a budget; passports and visas / entry requirements; international travel safety programs; plane tickets; accommodations and ground transportation.

Simone Kuzma specializes in travel education and experiential trips and is the founder of Wanderlust: Wanderlearn.

Mon., 6:30-8:30 pm; April 25; \$29, #1548-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Beyond Prescription Medications: Natural Healing, Health and Hope

Focus on evidence-based ways to improve sleep, manage stress, and stay balanced without prescription medications. Learn safe and effective ways to use dietary supplements to enhance your nutrition for better health and how to integrate body mind and spiritual practices into your personal health regimen.

Cathy Rosenbaum, PharmD, MBA, RPh, CHC, is a Holistic Clinical Pharmacist and a Member of the Academy of Integrative Health and Medicine. She is Founder & CEO Rx Integrative Solutions.

Sat., 10:30 am-12 pm; April 23; \$33 (no discounts), #4369-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Bones for Life: Better Working Hips & Knees

Develop your movement intelligence with this unique exercise program. Bones for Life is modeled after the uniquely efficient way African water carriers stand and walk. Good for people struggling with movement as well as for those looking to get more out of walking, biking or running. Sessions are done in sitting, lying and standing positions. Bring a mat and bath towel for support. Shoes will be removed.

Cynthia Allen is a Guild Certified Feldenkrais Practitioner and Senior Trainer in Movement Intelligence. She trains and certifies Bones for Life teachers from around the country.

Thurs., 6:30-7:45 pm; March 31 - April 21; 4 wks; \$60 (no discounts), #4373-01

Location: Location: Future Life Now (Northside)

Core Mobility and Stability: A Feldenkrais Workshop

Balancing the muscles of the front, back and pelvic floor allows for safe flexibility as well as for the stability needed for upright posture and activities such as weightlifting. Appropriate for active or athletic individuals who want to use their brain and movement to reorganize their bodies for maximum potential. Sessions are done in sitting, lying and standing positions. Bring a mat and bath towel for support. Shoes will be removed.

Cynthia Allen is a Guild Certified Feldenkrais Practitioner and Senior Trainer in Movement Intelligence. She trains and certifies Bones for Life teachers from around the country.

Sat., 9 am-2 pm; May 14; \$60 (no discounts), #4374-01

Location: Location: Future Life Now (Northside)

Cancer Survivorship Program: Healthy Eating

Healthy eating is important for everyone. For cancer survivors, eating foods that provide nutritional benefit is especially important. Tammy will discuss healthy eating guidelines and share some of her favorite recipes.

Tammy Ward, RD, CSO, LD, is an Oncology Dietitian at the UC Barrett Cancer Center.

Mon., April 11; 6-7:15 pm; no fee; you must call 791-4060 to reserve your spot; #4400-01

Location: Cancer Support Community (Cooper Rd)

Debunking Myths about Dietary Supplements

Acquire an understanding of safe and effective use of dietary supplements to enhance health in various categories including heart, bone, joint, general health. Learn how to choose quality products. Find out what the top drug/supplement interactions are to watch out for and how to manage them.

Cathy Rosenbaum, PharmD, MBA, RPh, CHC, is a Holistic Clinical Pharmacist and a Member of the Academy of Integrative Health and Medicine. She is Founder & CEO Rx Integrative Solutions.

Sat., 10:30 am-12 pm; April 30; \$33 (no discounts), #4368-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Face Lift Massage: Do It Yourself

Acquire some simple techniques so that you can give yourself a face lift massage -- or bring a partner and work on each other. Through demonstration and self-application, you can learn to tone and condition your skin, tighten and lift your facial muscles, reduce the stress you carry there, and look and feel more youthful. Learn to work with trigger points - 30 different muscles - in your cheeks, jaw, eyes, scalp, brow, nose, neck, and shoulders. Discuss the best sequence of strokes, how to build massage into your routine, what you need to know about oils, and the profound effect that massage can have.

Stephanie Scruggs is a trained medical massage therapist who is licensed by the Ohio Medical Massage Board; she is dedicated to providing quality therapeutic massage.

Mon., 5-7 pm; April 18 & 25; 2 wks; \$59 (no discounts), for your comfort bring along a small pillow for your back plus a small blanket or throw; #4361-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

“Fitness Flex Pass” with Pat

The flexibility you’ve asked for! Take any of Pat Woellert’s scheduled classes - see details of Zumba Toning; Zumba Fitness; or Boot Camp Lite. Depending on the size of the pass you purchase, you have the right to attend any of Pat’s classes - until either you’ve used up your pass or the expiration date of your Flex Pass has come and gone. When that happens, simply buy another pass! Please note that passes do expire on the end date listed and may not be carried over into another term.

Pat Woellert, MED in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a licensed Zumba® Instructor through Zumba® Fitness, LLC.

Come Tues., Wed., and/or Thurs.

6-Class Pass; \$40 (no discounts), #4363-06

12-Class Pass; \$79 (no discounts), #4363-12

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Boot Camp Lite

No fear here - you can do it! This kinder, gentler boot camp is designed to improve your cardiovascular endurance, muscular strength, balance, and flexibility with fun, easy-to-follow drills. Bring a pair of hand held weights suitable to your fitness level, a mat for floor work, and supportive aerobic shoes. Pat Woellert, M.Ed in Health Education, is ACE-certified (the American Council on Exercise) in group fitness and personal training.

Thurs., 5:35-6:35 pm; March 31 - June 23 (no class May 26); 12 wks; \$79 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4339-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Zumba® Fitness

This unique workout is a “feel-happy” approach to fitness. Its high energy, motivating music and rhythms are a fusion of Latin and International dance themes. Great for the body and great for the mind, this workout combines fast and slow rhythms designed to sculpt the body, burn calories and fat, and tone you up. Bring floor mat and wear supportive aerobic shoes.

Pat Woellert, MED in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a licensed Zumba® Instructor through Zumba® Fitness, LLC.

Wed., 5:35-6:35 pm; March 30 - June 22 (no class May 25); 12 wks; \$79 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4352-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Zumba® Toning

Zumba® Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba® moves to create a calorie-torching, strength-training dance fitness-party. You will learn how to use light weights (1-2 pounds) to tone all your target zones, including arms, abs, glutes and thighs. Sculpt your body naturally while having a total blast. Bring 1-2 pound dumbbells, a mat for floorwork, and wear supportive aerobic shoes.

Pat Woellert, MEd in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a licensed Zumba® Instructor through Zumba® Fitness, LLC.

Tues., 5:35-6:35 pm; March 29 - June 21 (no class May 24); 12 wks; \$79 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4311-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)



Health-Smart Cooking

Discover how healthy and tasty meals can be prepared quickly and simply in this fun, informal, and interactive class series. As your instructor dices, chops, sautés, and stir fries her way to preparing two delicious meals each week, you'll see how easy and enjoyable cooking can be. Sessions will include creative fridge/pantry cooking, what foods to eat to promote good nutrition and health, plus an emphasis on Asian, Mexican, and Mediterranean cooking. Then, the best part of all -- time to eat!

Peachy Seiden, MS, RD is a nutrition consultant who maintains her own private practice, the Cincinnati Nutrition Counseling Center. She finds that one of the best ways to get people to eat healthy is to show them how to cook that way!

Sat., 12-1:30 pm; April 9 - May 14; 6 wks; \$139 (no discounts), includes all materials and food; #8124-01

Location: Cincinnati Nutrition Center (Silverton)

Shape Up with Belly Dance

Dance your way into shape with this captivating combo of low impact exercise and natural dance that celebrates the personal beauty of all women - of all sizes, all ages. These stretching and swaying movements, electrifying shimmies, and flowing arms are rooted in thousands of years of feminine history. Belly dance promotes flexibility, strength and grace; it helps you unwind and inspires a positive attitude. Learn authentic steps, correct techniques and appealing dance routines. From your fingertips to your toes, and from your head to your heart, this dance will draw you in.

Nanci Glendening's teaching experience as well as her stage experience is extensive.

Mon., 6:45-7:45 pm; April 11 - May 16; 6 wks; \$69 (no discounts), wear bike shorts, leotard or yoga clothes and bring a scarf to tie around your hips. Wear ballet slippers or socks; #5261-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Massage for Two

Bring your partner! Whether you pair up with your spouse, mom, or your best friend, you'll take turns mastering some massage basics that you can use to help relax tension and offer some relief to aching muscles--without tiring yourself out. We will focus on different areas of the body, including head, neck, shoulders, arms, legs, and back. You can also learn individual techniques (primarily Swedish massage) for you or your partner's specific muscle needs. Please dress in shorts and t-shirts.

Stephanie Scruggs is a highly trained medical massage therapist and is licensed by the Ohio Medical Massage Board. She is dedicated to providing quality therapeutic massage and educating people about wellness.

Mon., 5-7 pm; April 4 & 11; 2 wks; \$59 (no discounts), per person; wear shorts and t-shirt; bring a mat, a small blanket or throw and a bath towel to class; #4348-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

PainLESS

This dynamic, collaborative approach to reversing the spiral of chronic pain can put you back in control of your life. This workshop features presentations on pain science and neuroplasticity, gentle experiences in Feldenkrais Awareness Through Movement®, guided meditation, Sounder Sleep®, and demos of private Feldenkrais® and Neuro Linguistic Programming sessions. Participants will have exclusive access to on-line resources for three months.

Cynthia Allen and Larry Wells have witnessed the transformation of many lives out of pain and despair into dynamic, productive ones at their joint practice, Future Life Now. Cynthia is a Guild Certified Feldenkrais Practitioner. Larry is a master practitioner and certified trainer of Neuro Linguistic Programming.

Wed., 6-8 pm; April 6 & 13; 2 wks; \$65 (no discounts), #4349-01

Location: Location: Future Life Now (Northside)

Sleep Hypnosis

Counting sheep not working for you? Can't stop the mind chatter? Relief may be at hand! Topics include de-stressing, preparing yourself for sleep, what sleep is supposed to look like and what happens when you sleep. Calculate your sleep debt and how much sleep you really need. Then figure out your best bedtime and be hypnotized to go to sleep, stay asleep and wake up refreshed. Class includes a 45-minute hypnosis induction; you will learn how to practice these same techniques on your own at home. For your comfort, we recommend that you bring a mat and blanket for the hypnosis - or if you prefer, you may sit in a chair.

Natalie McKerrell, PhD in holistic health sciences, is a certified hypnotherapist; she has studied at the Cincinnati School of Hypnosis.

Wed., 6:30-9 pm; March 9; \$29, plus \$15 for sleep hypnosis CD payable to instructor in class; #4359-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Tai Chi for Beginners

This is a great introduction to Tai Chi. You'll get all of the fundamentals with this easy to learn short set of moves. Focus is on the Yang style 8 movement form. Join us for fun, stress reduction, coordination, enhanced muscle tone and balance.

Ralph Dehner is a Certified Personal Trainer, Certified Tai Chi Instructor and one of 16 USA Master/Trainers in Dr. Paul Lam's Tai Chi for Health Programs.

Your choice of days - or take them both!

Mon., 6-7 pm; April 4 - May 23; 8 wks; \$99 (no discounts), #4510-01

Thurs., 5-6 pm; April 7 - May 26; 8 wks; \$99 (no discounts), #4510-02

Location: Mighty Vine Wellness Club (on Vine)

How to Detoxify Your Life

We live in an age where we are exposed to more chemicals on a daily basis than ever before. If you've ever wondered about the long lists of chemicals in your packaged foods, cosmetics, personal care and cleaning products, and wanted to do something about it, this class is for you. Learn practical and affordable steps to begin reducing overall chemical load during this eye-opening workshop.

Theresa Marsh, registered healthcare professional, is passionate about the impact our surroundings have on health and seeks to inspire and educate others on important lifestyle changes.

Sat., 10 am-12 pm; April 23; \$29, #4372-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Weight Loss Hypnosis

Our focus is weight loss; however, with hypnosis, there is no "diet." The premise is that over-eating is a habit and hypnosis can stop the habit. Begin by identifying the stressors in your life and be hypnotized for stress reduction. The next week, explore what habits control your eating and be hypnotized to change those habits. Finally, discuss ways to make exercise a safe, healthy and enjoyable part of your day. A third hypnosis helps instill the desire to incorporate exercise as part of your life. Change your life as you experience hypnosis as a tool to reduce stress and change eating and exercise habits.

Natalie McKerrell, PhD in holistic health sciences, is a certified hypnotherapist; she has studied at the Cincinnati School of Hypnosis.

Thurs., 6:30-8:30 pm; March 31 - April 14; 3 sessions; \$69, plus \$35 CDs and material fee payable to instructor at first class; #6120-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Yoga Basics

Are you interested in replacing your stress with serenity, your fatigue with vitality and your tension with flexibility and your instability with greater balance? We will assist you with accessing these benefits of yoga and more. This is a wonderful class for those new to yoga and recommended to other more experienced yogis who want to enhance their body awareness and start fresh with a beginner's mind. Enjoy a relaxing atmosphere that is open to any body.

Anna Ferguson, BA, RYT, CYTA, has studied with many remarkable teachers and master yoga practitioners; she has completed both 200-hour and 500-hour teacher training courses.

Your choice of days - or take them both!

Tues., 5:15-6:15 pm; April 5 - May 24; 8 wks; \$99 (no discounts), #4325-01

Thurs., 5:15-6:15 pm; April 7 - May 26; 8 wks; \$99 (no discounts), #4325-02

Location: World Peace Yoga & Motion Studio (Clifton near Ludlow)

**"Enjoyable, interesting,
and beneficial!"**

**—Student in Weight Loss
Hypnosis Class**



Create an Edible Garden: From Tower to Table

Learn how to grow a farmer's market on your back porch! More and more people are looking for healthier, easier, and smarter ways to grow fruits and vegetables for themselves and their families. Aeroponics is an emerging clean, green farming technology that helps to maximize resources, space and effort. Enjoy learning how a vertical, soil-less aeroponic system works and its many advantages. Class will include an interactive demo and tips for getting started at home.

Meghan Fronduti is an independent nutrition and aeroponic gardening consultant with NSA, providing wellness workshops across the country.

Tues., 6:15-8:15 pm; May 3; \$29 (no discounts), #8412-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Steps to a Successful Home Purchase

Explore essential topics in this fact-filled class such as determining the best way to go about finding that property you want, what you can afford, using the MLS, plus the ins and outs of contracts, financing, and insurance. Class is strictly educational in nature; learn from the pro's about buying smart in today's market.

Gary Rossignol, course facilitator, has been a practitioner in real estate since 1986. Guest experts include an attorney, a mortgage broker, and a home inspector.

Tues., 6:30-9 pm; April 19 & 26; 2 wks; \$59, #8401-01

Location: UC main campus

Selling Your Home - Fast and for Top Dollar

Invest two hours in learning the ins and outs of how to sell your home and the returns could be enormous. Find out the key points of pricing, marketing, and showing your home to maximum advantage. Learn critical information about state requirements, inspections, documentation and financing. If you do consider listing with an agent, how do you interview and select one? And what's the #1 most common mistake in selling a house? Come and find out!

Gary Rossignol has been a practitioner in real estate since 1986 and is a certified instructor in Ohio and Kentucky for realtor continuing education courses. Course is strictly educational in nature.

Tues., 6:30-9 pm; April 12; \$29, #8344-01

Location: UC main campus

Verma Composting

Composting with worms (that's what "verma composting" means) is a simple, natural method for converting fruit and vegetable scraps from your yard and kitchen into rich nutrients. The worms, with help from microorganisms, convert the bedding and food waste into compost within a few weeks. Worm composting is so simple that it can be done virtually anywhere. Gain an understanding of worms and then learn, by demonstration, how you can create a compost bin yourself using everyday products.

Teresa Nared is a committed composter who is eager to share the ins and outs of successful verma composting with others.

Sat., 11 am-1 pm; April 9; \$29, includes take-home video; #8402-01

Location: UC main campus

Language

Beginning Mandarin Chinese

We'll introduce you to the basics of pronunciation, grammar, and everyday vocabulary of Mandarin, the official language of China. You will focus on speaking and listening comprehension, though an introduction to Chinese characters will also be included. Whether your aim is to access China's explosive economic market, broaden your exposure to Chinese culture, or prepare for travel, you're sure to have fun and learn much from this course.

Amy Zhao teaches in an encouraging and relaxed atmosphere. She has received her Chinese Language Teaching Certificate from the Shanghai International Language Institute and has over a decade of experience teaching Chinese to Americans.

Mon., 6-8 pm; April 4 - June 13 (no class May 30); 10 wks; \$215 (no discounts), plus text "Ni Hao I" (ISBN: 978-1876739065) and workbook (ISBN: 978-1876739072) -- both available at UC and DuBois bookstores plus online booksellers. Additional \$10 materials fee payable to instructor at first class; #7510-01

Location: UC main campus

Arabic for Beginners

Acquire a basic understanding of the Arabic language and learn to express yourself in that language as you focus on alphabet recognition, basic structures and vocabulary. Emphasis will be on pronunciation, expressions and basic communication skills. You should also be prepared to work on your own outside of class in order to get the most out of this experience.

Youssef Costandi, MD, was past president of the Egyptian-American Club and has an abiding desire to help others learn the basics of his native language. Dr. Costandi is multi-lingual; he received his early education in a French school which was directed by the Jesuit Fathers in Cairo.

Mon., 6-8 pm; April 11 - May 23; 7 wks; \$179, plus \$10 for vocabulary CD plus 100 pages of resource material--payable to instructor at first class; #7502-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

French for Beginners

Master the basics of the most romantic of the romance languages. Simple dialogues, questions, basic vocabulary, and expressions for travel and everyday situations will be the focus. Enjoy learning correct pronunciation and how to communicate while traveling as you explore aspects of life in modern French speaking countries.

Joe Costandi, MD, received his early education in the French school, College de la Sainte Famille, which was directed by the Jesuit fathers in Cairo. He speaks French fluently and is an active member of the Alliance Francaise.

Thurs., 6-8 pm; April 14 - May 26; 7 wks; \$179, plus text "Learn French the Fast and Fun Way" and companion CD by Bourquin-Leete, published by Barron's (ISBN: 978-1438074948) available at UC and DuBois Bookstores plus online booksellers; #7002-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

German for Beginners

Deutsch macht spass - German is fun, and learning is easier than you think. Master the basics as you focus on the fundamentals -- basic structures and useful expressions (for travel and for conducting business), plus simple dialogs and vocabulary. Then put them into practice, boost your skills, and find out how rewarding it is to improve a little each week. The language as well as the culture of Germany will come alive for you in this class.

Theresia Marsh has been studying and speaking German for many years. She enjoys teaching and introducing others to German language and culture.

Mon., 6:30-8:30 pm; April 4 - May 23; 8 wks; \$189, plus bring text "German with Two Audio CDs: A Teach Yourself Guide" by Smith (3rd ed. by Fast Tracks) ISBN: 978-0071738422 AND "German in 10 Minutes a Day" by Kershul (workbook only) ISBN 0944502202 (available at UC and DuBois Bookstores plus online booksellers); #7044-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Italian for Beginners

Learn to communicate in this beautiful, musical language. You'll acquire the basics of pronunciation, vocabulary, grammar and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation, plus special expressions for travelers. Tips on traveling, sightseeing, and enjoying the culture of Italy will also be included.

Antonio Iemmola specializes in introducing adults to the language of his native country.

Thurs., 6:30-8:30 pm; March 31 - May 12; 7 wks; \$179, plus text "Italian: A Self Teaching Guide" by E. Lebano (ISBN: 978-0471359616) available at UC and DuBois bookstores plus online booksellers; #7004-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Language CONTINUED

Spanish for Beginners

Become acquainted with one of the world's loveliest languages. Focus on the fundamentals, learn basic structures and useful expressions, and then put them into practice. Find out how easy it is to boost your skills and to improve a little each week. No previous exposure to Spanish required.

Patricia Paz enjoys sharing her native language and culture with others. In addition to teaching Spanish at the Horizon Science Academy (Ohio teachers license), she teaches Argentine native dances and folklore here and abroad.

Thurs., 6-8 pm; April 7 - May 26; 8 wks; \$189, plus text *Avancemos! Student Edition Level 1* (ISBN 978-0618594061) AND companion *Avancemos! Level 1 Workbook* (ISBN 978-0618782185). To save money, purchase these materials USED online through Amazon for \$15 or so each; bring both to class; #7076-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Spanish II

Do you already have some basic knowledge of the Spanish language but want to learn a little more? Refresh your skills and increase your confidence as you focus on pronunciation, vocabulary and grammar, with special emphasis on conversational skills.

Patricia Paz enjoys sharing her native language and culture with others. In addition to teaching Spanish at the Horizon Science Academy, she teaches Argentine native dances and folklore here and abroad.

Wed., 6-8 pm; April 6 - May 25; 8 wks; \$189, plus text *Avancemos! Student Edition Level 1* (ISBN 978-0618594061) AND companion *Avancemos! Level 1 Workbook* (ISBN 978-0618782185). To save money, purchase these materials USED online through Amazon for \$15 or so each; bring both to class; #7093-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Music & Dance



Dancing for Two: Ballroom-Style

Tired of watching all the fun and ready to join in? Transform yourself into a dancer as you learn the basics of the beautiful, ballroom-style dances -- slow fox trot, waltz, mambo, cha-cha, and rumba. This is an introductory level, especially for those who have had no prior dance classes. Both couples and singles are welcome, although we cannot guarantee partners for singles. Wear smooth hard leather soled shoes to enable turns and changes in direction.

Jeff Greatorex is a dance enthusiast and experienced teacher of dance.

Fri., 7:45-8:45 pm; April 1 - May 20; 8 wks; \$89, #4211-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Dancing for Two: The Next Step

Expand your knowledge of the Waltz, Foxtrot, Cha Cha, and Rumba, as you devote two weeks to each of these dances. Each class will begin with a review of the basics and then will move into variations. We will be doing some traveling and stationary/pivot turns. Wear smooth hard leather soled shoes to enable turns and changes in direction. If you have attended our "Dancing for Two: Ballroom" class or have equivalent experience with these dances, this class is for you!

Jeff Greatorex is a dance enthusiast and experienced teacher of dance.

Fri., 8:45-9:45 pm; April 1 - May 20; 8 wks; \$89, #5258-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Fiddling for Beginners Level I

Do you love the toe-tapping excitement of Irish music or American old-time, but never picked up a fiddle before? Rest assured, by the end of this class you'll have a solid foundation on the instrument and a handful of great tunes! Along the way you'll see how easy it is to learn music by ear (no sheet music required), get a taste of music history and theory, and, of course, have fun in the process. Learn how most music is built on simple patterns, enabling you to learn any tune you hear. Explore proper fiddle ergonomics so that you can enjoy a lifetime of playing. This is the class for you if you can't play a tune or don't even know how to hold the instrument and bow.

Justin Bonar-Bridges has been playing and teaching various styles of traditional music in the U.S., Ireland, and Canada for over twenty years. Since 2001 he has taught at the Riley School of Irish Music and has played in the celebrated traditional band Silver Arm.

Wed., 6:25-7:25 pm; March 30 - May 4; 6 wks; \$139 (no discounts), plus you'll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town and can be had for as little as \$13 per month; #4226-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Fiddling for Beginners Level II

This is a continuation of the preceding course. Using the foundational skills and ear training learned in Level I, we'll tackle some trickier tunes and explore techniques that will make your playing shine. If you've already learned some tunes by ear and have a background on fiddle or violin, or you've previously taken Fiddling for Beginners I, this class is for you.

Taught by Justin Bonar-Bridges.

Wed., 7:30-8:30 pm; March 30 - May 4; 6 wks; \$139 (no discounts), plus you'll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town and can be had for as little as \$13 per month; #4227-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Guitar for Beginners

Explore varying styles of music as you conquer the fundamentals of guitar technique, reading music, and chord study in a group setting. Increase your enjoyment of playing as you establish proper playing techniques. Bring an acoustic (not electric) guitar to all classes and find out that anyone can read music and anyone can play!

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music, is an active performer and guitar teacher.

Tues., 8-9 pm; March 29 - May 10; 7 sessions; \$159, plus text "The FJH Young Beginner Guitar Method: Lesson Book 1" (G1016 - CD not required) available from UC or DuBois Bookstores plus online booksellers; #5224-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Native American Flute

The sound of the Native American flute is entrancing, soothing and enchanting - and it is surprisingly easy to learn. Even those with no musical background can pick up a flute and play right away - no need to read music. Be prepared to practice on your own outside of class; and then by the end of the three session "playshop," you will have built a solid foundation on this instrument.

Pia Al-Ubaidi is a professional performance artist, composer and teacher, as well as the founder of the Cincinnati Native American Flute Circle. She performs across the state at Native American centered events and has studied this instrument with nationally known artists.

Wed., 6:30-8:30 pm; May 11-25; 3 wks; \$75 (no discounts), plus high quality flutes will be available to borrow and purchase; students are not able to take flutes home, and are highly encouraged to purchase a flute for out-of-class practicing. Note: All students must use a Native American Flute in the key of A minor; #4225-01

Location: UC Victory Parkway Campus (historic Edgecliff by Eden Park)

"You get a lot of satisfaction in a very short time—going from knowing nothing at all to playing songs is fabulous!"

—Student in Fiddling I Class

Piano Basics I

Using the “Musical Moments, Book One”, we will learn to read music and play by chords. No previous musical experience needed. Students with previous experience are welcome to skip to Piano Basics II. Your success is attributed to the comfortable pacing and logical sequencing of the materials. We will meet in a state-of-the art piano facility; each piano has headphones. You will progress with the aid of some home practice, but it is understood you are busy--this is a guilt-free class. You may repeat this course as many times as desired. If you are not sure which level to sign up, please contact the instructor through the CM office: 513-556-6932.

Dr. Sophie Wang, teacher and performer of piano, is affiliated with the University of Cincinnati College-Conservatory of Music and is trained in Recreational Music Making.

Tues., 6:30-7:30 pm; March 29 - May 17; 8 wks; \$160 (no discounts), plus purchase and bring to class “Musical Moments: A Recreational Music Making Program: Book One with CD.” Available online at: <http://www.musicalmomentsrmm.com/our-store.html> or UC Bookstore; #4216-01

Location: UC main campus

Piano Basics II

We will continue and finish the “Musical Moments, Book One.” Additional pop chord charts and reading will be supplemented. We will meet in a state-of-the art piano facility; each piano has headphones. You will progress with the aid of some home practice, but it is understood you are busy--this is a guilt-free class. You may repeat this course as many times as desired. If you are not sure which level to sign up, please contact the instructor through the CM office: 513-556-6932.

Hye-Eun Suh, teacher and performer of piano, is affiliated with the University of Cincinnati College-Conservatory of Music and is trained in Recreational Music Making.

Tues., 6:30-7:30 pm; March 29 - May 17; 8 wks; \$160 (no discounts), plus purchase and bring to class “Musical Moments: A Recreational Music Making Program: Book One with CD.” Available online at: <http://www.musicalmomentsrmm.com/our-store.html> or UC Bookstore; #5217-01

Location: UC main campus

Ukulele for Advanced

If you’ve mastered the fundamentals (tuning, holding and finger placement), you’re ready for the next step. Further refine your skills as you go more in-depth into chords, strumming, playing up the neck, and trying out some variations and tempos. Bring your ukulele and let’s make some music!

Saul Meyerson-Knox, MM in classical guitar performance with UC’s College Conservatory of Music would love to get you playing that ukulele.

Tues., 6:40-7:55 pm; March 29 - May 10; 7 wks; \$159 (no discounts), bring your own ukulele (soprano, concert, or tenor - no baritone) to class, instructor will provide materials; #4218-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Ukulele for Intermediates

Join in on the fun in this continuation class for beginners. You are ready for this class if you have a basic knowledge of chords already. Our focus will be on using more complicated chords and playing in higher positions. Bring your ukulele, learn, and have fun!

Saul Meyerson-Knox, MM in classical guitar performance with UC’s College Conservatory of Music would love to get you playing that ukulele.

Tues., 5:15-6:30 pm; March 29 - May 10; 7 wks; \$159 (no discounts), bring your own ukulele (soprano, concert, or tenor - no baritone) and text for Hal Leonard Ukulele Method Book 2 (CD not required) only about \$9; #4217-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Celtic Drumming

Experience the fun of Celtic drumming as you learn something new. No musical background needed to join in - just an interest in the art and technique of playing snare drum (a la the type you’d find in a bagpipe band). Master the basics of the grip, music notation, flams, paradiddles, drags and rolls.

Jeff Craig has been a member of the Cincinnati Caledonian Pipes and Drums since 1992 where he currently serves as President and as Drum Sergeant.

Wed., 6:30-8:30 pm; May 18 - June 8; 4 wks; \$99 (no discounts), plus \$22 for drum sticks payable to instructor. Bring to class a drum pad (recommended Real Feel pad); #4232-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

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Writer's Workshop for Beginners: Get a taste of the writer's life and improve your writing skills in this intro to writing creatively.

A to Z Grant Writing: Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns, and prepare proposals.

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Java Programming: An experienced Java programmer introduces important Java topics with clear, step-by-step instructions. Intro and intermed. levels available

Grammar Refresher: Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

CSS3 and HTML5: Learn to create state-of-the-art Web sites using modern CSS3 and HTML5 techniques. Available in intro and intermediate levels.

Illustrator: Learn to design and draw vector art, work with shape gradients, and manipulate color images using Adobe Illustrator.

Microsoft Access: Find out how to store, locate, print, and automate access to all types of information. Intro and intermediate levels.

Mastering Your Digital SLR Camera: Take your photography to the next level with your digital SLR camera by learning how to master lenses, apertures, shutter speed, exposure settings, and more.

Advanced Fiction Writing: Explore advanced fiction writing techniques with a published novelist.

Supervision and Management I & II: Learn how to be an effective manager or supervisor. Master the basics of communicating effectively, and learn tools for developing your own interpersonal skills.

Achieving Success with Difficult People: Learn how to have more successful relationships with difficult bosses, co-workers, students, neighbors, or relatives.

Creating Mobile Apps with HTML5: Learn to use HTML5, CSS3, JavaScript, jQuery, and Web APIs to create cross-platform mobile apps and mashups.

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Intro to Networking: Upon completion of the course, you will be capable of performing basic computer networking tasks, such as DSL connectivity or configuring connections to an Internet Service Provider.

Languages: Spanish, Italian, Japanese, French: Your choice! Prepare to speak a new language in a wide variety of settings and situations and you will enrich your experiences while traveling.

Beginner's Guide to Getting Published: Published writer shows you how to give yourself the credibility you need to get your books and articles published.

Comp TIA A+: Start preparing for CompTIA A+ certification as you learn PC basics and troubleshoot in a real world PC environment.

Creating WordPress Websites I and II: Master the technical elements of WordPress; learn how to organize a blog or website, create appealing content, and achieve better positions on search engines.

Explore a Career or Start Your Own Business in: Admin. Ass't; Arts & Crafts; Plants; Pet Sitting; Event Planning; Consulting Practice; Medical Coding; Medical Writing; Home-Based Business; and more.

Grammar for ESL: If English is your second language and you're headed to college, this course will teach you the principles of grammar and structure you'll need to succeed.

Intermediate Microsoft Access: Learn how to build more intuitive and powerful databases.

PHP and My SQL: Learn how to create an interactive Web site, allowing visitors to post and retrieve information provided by you or your site's visitors. Intro & intermed. levels.

Publish and Sell Your E-Books: Learn how to use free tools to publish an e-book, and then list and sell your e-books in the world's largest online bookstores.

Real Estate Investing: Specially designed worksheets and hands-on activities help take the guesswork out of your investing efforts.

Secrets of Better Photography: Learn how to take better pictures by understanding your camera and how to use it in a variety of situations.

Writing Essentials: Master the essentials of writing so you can excel at business communications, express yourself clearly online, and take your creative literary talents to a new level.

Designing Effective Websites: Learn powerful graphic design techniques and build Web sites that are both attractive and wickedly effective.

How to Get Started

1. Visit our Online Learning Center for all the details: www.ed2go.com/uc
2. Browse or Search the catalog for the courses you want. Click any title to view course details, syllabus, instructor bio, requirements, student reviews and course demos.
3. Enroll and pay for your classes at www.ed2go.com/uc Or choose from three other ways to enroll on page 31. Fees: Most online classes are only \$119 (no discounts).
4. Return to our Online Learning Center and click the My Classroom tab when your course starts. To begin your studies, simply log in with the name and password you provided during enrollment.
5. Start Dates: A new section of every online course will begin on the following dates:

March 16 • April 13 • May 18 • June 15

Personal Development

Contemporary Social and Business Dining Etiquette

Knowing how to conduct yourself over the table provides a tremendous advantage throughout life. Learn to be comfortable in any dining situation, whether formal, informal, business or social. Join Ms. Glendening at deSha's as you polish your table manners in an enjoyable, private setting over a delicious dinner. Topics include: navigating the table; the silent service code; forms of service; and the five most common dining mistakes. From "How do I eat this?" to "Faux Pas Recovery 101," we'll have fun while learning some important lessons in this unforgettable class!

Nanci Glendening, co-founder and past president of the Association of Image Consultants International OH-PA Chapter, has conducted appearance and etiquette programs for all types of organizations.

Mon., 6:45-8:45 pm; April 4; \$39 (no discounts), plus \$32 for five-course dinner, taxes and gratuities payable to instructor at beginning of class; #6045-01

Location: DeSha's (Harper Point)

Finishing Touches

A polished image, a pulled-together appearance and knowing what to do and say in any situation develops self-confidence and prepares you for new relationships and experiences. Discover and master many concepts: contemporary social etiquette; the art of conversation and charisma; what goes into good grooming, fashion, wardrobe, hair, and makeup; how to use body language and posture to your advantage; plus pointers on personality and aesthetics. You can practice and learn the techniques you'll need to present yourself at your personal and professional best.

Nanci Glendening, co-founder and past president of the Association of Image Consultants International OH-PA Chapter, has conducted appearance and etiquette programs for all types of organizations.

Wed., 6:30-8:30 pm; April 20 - May 11; 4 wks; \$159 (no discounts), #6046-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Fortune Telling

Learn about how anthropologists categorize the wide variety of fortune telling (divination) techniques used around the world and discuss examples from a wide variety of cultures, both past and present. After looking at the many ways that one can accomplish an act of divination, we will then put our knowledge into practice by learning how to use at least two fortune telling methods (tarot and runes).

Alisa Strauss, PhD, teaches in the Anthropology Department at UC. She is especially interested in the study of mythology, folklore, magic, and religion both cross-culturally and through time.

Sun., 1:30-4 pm; March 20; \$29, plus \$25 payable to instructor in class for tarot cards and runes. Must enroll by 4 p.m. on March 10 so instructor may order supplies; #6157-01

Location: UC main campus

Heart of Meditation: Tranquility and Insight

Focus on the key domains of Buddhist mediation - tranquility and insight - as we approach the great questions that are present in each moment of our living. What is my authentic nature? How is complete love possible? How can fear and separation be overcome? What is the path to wholeness of being? Begin to see the depth that each moment offers and learn to live more fully, vitally and meaningfully. We will provide chairs and meditation cushions; try to avoid eating for an hour before class. No particular belief system required--just a desire to find the clarity and peace that mediation can bring.

Bonnie Beverage, a teacher in the Theravada Tradition, is one of the founding members of the Dharma Center. She has taught History of Buddhism at UC and is the author of "Take-Home Dharma."

Thurs., 7-8:30 pm; April 14 - May 5; 4 wks; \$59, #6064-01

Location: Dharma Center of Cincinnati (Upper Northside)



Herbs and Oils

Have fun in this series exploring some of the types, properties, and uses of our instructor's favorite essential oils and natural herbs. We'll hit the highlights as you learn about these main areas: personal/body care; around the house; and home remedies. You'll see demonstrations and get some hands-on experience creating some of these hand-crafted products as you learn how to make such things as herbal teas, potpourri, room diffuser spray, and soaps for laundry and for body. Also learn about some important precautions to take when using these oils and herbs.

Kristy A. Brandabur, RMA, CHLC, CMBFC, RA (AHHA), is the owner of Metamorphosis: Holistic Wellness Center LLC. She has been in the health and fitness industry for over 25 years.

Sat., 10 am-12:30 pm; April 9 & 16; 2 sessions; \$54 (no discounts), plus \$15 supply fee payable to instructor at first class for oils, herbs, and all materials; #6052-01

Location: Metamorphosis: Holistic Wellness Center LLC (historic district Columbia Tusculum)

Hypnosis for Stress Management

Hypnosis is an excellent way to start "de-stressing" as you enjoy a deep state of relaxation where you can begin to let go of everything for a while. Sheer will power is not the remedy for stress relief. Effective and permanent relief responds to desensitization, which can be brought about through hypnosis. Experience hypnotic stress reduction in this session; and along with continued periodic use of the CD or tape, you can reap the benefits for the rest of your life. For your comfort, we recommend that you bring a mat and blanket for the hypnosis - or if you prefer, you may sit in a chair.

Natalie McKerrell has earned her PhD in Holistic Health Sciences with the Clayton College of Natural Health. She is a certified hypnotherapist and studied at the Cincinnati School of Hypnosis.

Thurs., 6:30-9 pm; May 12; \$29, plus \$20 CD and materials fee payable to instructor at first class; #6128-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

**"Great tips on new looks
– and how to use what you
have to the most!"**

*—Student in Professional
Make-Up Class*



Professional Make-Up Skills

Do you want to learn professional techniques and secrets to doing your own make-up -- without the sales pitch and the very public department store environment? In this fun, relaxed class, you'll bring in your own make-up bag. Find out what your make-up will do for you, what basics you really need, how to select and purchase make-up, and how to handle some of the tools. Explore daytime and evening looks, how to minimize flaws, and how to take care of your skin. The second session is really hands-on, so come fresh-faced. We'll be starting from scratch as you learn how to apply your make-up as if it was done professionally every day.

Meredith McClain is a professional make-up artist. She does not represent any company and does not sell any products; she currently works in the industry for a variety of companies.

Mon., 6:30-8:30 pm; May 2-16; 3 wks; \$69 (no discounts), plus \$5 materials fee payable to instructor for use of supplies in class; remember to bring in your own make-up to learn application techniques. Also bring a small hand mirror - a stand-up one would be ideal; #6138-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

What to Wear and How to Wear It

From wardrobe planning and accessories to discovering your best colors and most flattering styles, find out how you can achieve that "put together" look. Focus on personal appearance and polish, find out about image killers, and do's and don'ts.

Nanci Glendening, of Glendening Image Research, is co-founder and past-president of the Association of Image Consultants International OH-PA Chapter. She also modeled in Miami FL and was a former Miss Cincinnati USA.

Wed., 6:30-8:30 pm; April 13; \$29, #6156-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Photography

Photographing People

What makes a good photograph? That's the focus of this class. Learn how to create lasting memories of your children, family and friends using your digital camera (SLR, point and shoot, film cameras are fine, too). Explore how to compose and light your photos to capture people candidly as well as how to best pose them for portraits. Topics include the rule of thirds, scale, and framing your subject, plus many types of lighting. We'll cover how to use sunlight to back light, front light and side light your subject, as well as using a flash. Bring your camera--we'll have in-class photo shoots and exercises so you can learn by doing. Note: You must be familiar with your camera's basic functions, settings, and image review.

John Engelman is a professional photographer specializing in commercial, portraiture, and fine art images; he is also an experienced photography instructor.

Thurs., 7:30-8:50 pm; April 14 - May 19; 6 wks; \$129 (no discounts), plus bring your camera (any type) to class; #3825-01

Location: UC main campus

Photography: Taking It to the Next Level

So you bought a nice camera and you feel a bit overwhelmed with all of the buttons and dials. This course is designed to help you understand the controls of the camera to help you create better pictures. Your pictures will improve and you will have a better understanding of your camera after the first class. We'll begin with a discussion of the technical aspects of photography but emphasis will be placed on telling stories with pictures and how to share them online or in print. You'll be encouraged to create a personal narrative based on your individual interests. Classes will include interactive lecture, demonstrations, and sharing of each other's images.

John Engelman is a professional photographer specializing in commercial, portraiture, and fine art images; he is also an experienced photography instructor.

Thurs., 6-7:20 pm; April 14 - May 19; 6 wks; \$159 (no discounts), plus bring your camera (any type) to class; #3824-01

Location: UC main campus

Online Classes Available Visit ed2go.com/uc
Select "Personal Development;" click on "Digital Photography" to see PhotoShop and Making Movies classes.

Sports & Adventure

Aviation: Is Flying in Your Future?

Ever dreamed of flying an airplane or wondered how they work? In this exploratory class, you'll discover the basic aerodynamic forces that make flight possible and learn about airplanes, their controls and their basic instruments. Enhance your understanding of climbs, descents, and turns through a realistic computer-generated video. Find out about the possibilities of general aviation, whether for business, personal, or just plain fun. Each lesson may put you a step closer to the pilot seat, since you may decide to sign up for an introductory flight in a new Cessna 172 with your instructor, following completion of the class series. Flights are entirely optional and will be arranged at a special price with your instructor through Sporty's Academy.

Tom Baresel is an FAA Certified Flight Instructor working with Sporty's Academy, the home of the world's largest pilot shop. Tom has extensive experience in the cockpit and holds a Commercial Pilot license and instrument rating along with the Flight Instructor certificate.

Sat., 11:30 am-2 pm; April 30 & May 7; 2 meetings; \$59, #4103-01

Location: UC main campus

Celebrating Baseball

Hit the highlights of the history of the Cincinnati Reds, from the early days as the first professional franchise, through the Big Red Machine Era of the 70's, to present day. Gary will bring vintage books and other publications, postcards, autographs, and other collectibles for you to see. Further celebrate our area's rich baseball history by learning where to find and how to visit: the old Crosley Field; one of the best autograph and memorabilia collections outside of the Baseball Hall of Fame; what the Cincinnati Art Museum and Museum Center have that are Reds-related; vintage baseball, where they play using 19th century rules and no gloves; and a dozen more!

Gary Crouch has been a Cincinnati Reds fan since he was 9 years old. He has had many articles published on the Cincinnati Reds and sports collectibles. He is employed at the Cincinnati Museum Center, working on a book about the Reds, and is a volunteer at the Reds Hall of Fame.

Thurs., 6-8 pm; April 7 & 14; 2 sessions; \$29, #4110-01

Location: UC main campus

Golf: Beginning

Don't want to be left out of the golf outing again this year? Just want to feel more at ease playing with friends? This class is designed to prepare new or beginner golfers to feel comfortable with the fundamentals of the game. Topics will include putting, chipping, pitching, and the full swing with irons and woods. We will also cover basic rules and etiquette with one on-course playing class to make you more confident in taking your game to the golf course. Bring your own clubs if you can; if not, equipment will be provided.

*Tom Bach and Brian Fennen are PGA professionals.
Heather McKee is a PGA apprentice.*

Your choice of start dates, times & class length:

Wed., 6:15-7:45 pm; April 6 - May 18; 7 wks; \$119 (no discounts), plus a one-time \$14 practice range fee payable at first class (includes all range balls); #4101-01
Thurs., 6:15-7:45 pm; April 7 - May 19; 7 wks; \$119 (no discounts), plus a one-time \$14 practice range fee payable at first class (includes all range balls); #4101-02
Sat., 9-10 am; May 28 - June 25; 5 wks; \$99 (no discounts), plus a one-time \$10 practice range fee payable at first class (includes all range balls); #4101-03

Location: Sharon Woods Golf Course

Golf: Intermediate

Instruction will focus on refinement of strokes and strategy in the areas of driving, long and short iron play, and putting. It is designed for golfers beyond the beginner level who want to improve their game. It is preferable that you have your own clubs but it is not required.

*Tom Bach and Brian Fennen are PGA professionals.
Heather McKee is a PGA apprentice.*

Your choice of start dates, times & class length:

Tues., 6:15-7:45 pm; April 5 - May 17; 7 wks; \$119 (no discounts), plus a one-time \$14 practice range fee (payable at first class--includes all range balls); #4104-01
Sat., 9-10 am; April 16 - May 14; 5 wks; \$99 (no discounts), plus a one-time \$10 practice range fee (payable at first class--includes all range balls); #4104-02

Location: Sharon Woods Golf Course



Golf Fore Women

These beginner ladies-only classes are designed to give you the skills and knowledge to play the game with your friends while making new friends. Golf Fore Women will give you the comfort of learning this difficult game in a low pressure fun atmosphere! Topics include etiquette, short game, and the full swing.

*Tom Bach and Brian Fennen are PGA professionals.
Heather McKee is a PGA apprentice.*

Your choice of start dates and times:

Mon., 5-6 pm; April 18 - May 16; 5 wks; \$99 (no discounts), includes clubs and lesson balls; #4112-01
Sat., 1-2 pm; May 28 - June 25; 5 wks; \$99 (no discounts), includes clubs and lesson balls; #4112-02

Location: Sharon Woods Golf Course

Tennis Rain Or Shine at Anderson Mercy Healthplex

Indoor tennis classes are facilitated by Anderson Mercy Healthplex tennis professionals.

Tennis for Beginners

Get in shape with tennis! Work on hand-eye coordination, racquet skills, basic strokes, and scoring. This experience is designed for the player who has never played the game or is unfamiliar with the rules. Bring your own racquet.

Classes taught by tennis professionals with Mercy Healthplex.

Sun., 4-5 pm; April 3 - June 5; 10 wks; \$143 (no discounts), #4105-01

Location: Mercy Healthplex Anderson

Tennis for Intermediates

This is an enjoyable way to get in shape and stay in shape! You are ready for this experience if you have had some previous instruction or if you can hit ground strokes and serves in play from the baseline with reasonable success. You'll have the chance to work on strokes with movement, rally skills, overheads, and volleys. And for those who are ready, you may practice getting that first serve in, adding spin, net play, strategy, and control. Bring your own racquet.

Classes taught by tennis professionals with Mercy Healthplex.

Sun., 5-6 pm; April 3 - June 5; 10 wks; \$143 (no discounts), #4107-01

Location: Mercy Healthplex Anderson

Test Preparation

ACT Preparation

Losing sleep and getting anxious about test day? In this intensive class, you'll build confidence and make the most of your potential by studying strategies for taking the ACT and by reviewing topics covered by the ACT (math, writing and reading comprehension). Learn a variety of test taking methods and work with the instructor to adapt the ones that best suit your own unique style and personal strengths. You'll get support for questions and concerns; plus discussions, PowerPoints, use of TPR materials, and lots of concrete examples. Discover approaches to increase your odds on each question type, how to use a process of elimination, construct a well-defined essay (optional) on this test, plan your critical reading passage strategy, and learn when it's good to guess.

Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.

2 days; \$159 (no discounts), plus bring calculator and text "Real ACT Prep Guide," a publication of The ACT, ISBN 978-1119236412. Lunch and book not included - bring your own

Your choice of sections and dates:

Sun., 9 am-2 pm; March 6 & 13; #4604-02

Sun., 9 am-2 pm; May 15 & 22; #4604-05

Location: UC main campus

TOEFL iBT Preparation Class

The Test of English as a Foreign Language (TOEFL) is used to measure English language proficiency. It is the most accepted test in the world; and Internet-based testing has made it even more accessible. This course will help you prepare to take the TOEFL as you focus on the main features of the test, test-taking strategies, exercises, and practice. We will cover the types of skills evaluated by the various sections of the test, including reading, listening, writing and speaking.

Jennifer Wiebe, EdM, is a graduate of U of Illinois Urbana-Champaign; she is an experienced teacher who has a love of languages.

Wed. 6:30-8:30 pm; April 6 - May 25; 8 wks; \$189 (no discounts), plus \$35 material fee payable to instructor at first class for text "Delta's Key to the TOEFL iBT: Advanced Skill Practice" (2011, includes CD's) plus "McGraw-Hill Education 400 Words for the TOEFL" (2nd ed.); #4602-01

Location: UC main campus

Online Classes Available Visit ed2go.com/uc

Select "Personal Development;" click on "Test Prep" for other options.

LSAT Preparation

The key to success on the Law School Admission Test is practice, strategy, and timing. Delve into a detailed analysis of each LSAT problem type: reading comprehension, analytical reasoning, and logical reasoning. By discussing the problems and explanations, you'll develop the ability to approach the LSAT as a series of intellectual games to which you can apply strategies studied in class. You will also benefit from the instructor's critique of your LSAT writing samples. The course culminates in a full-length mock exam. Using actual questions from previous tests, under timed conditions, will prepare you for the real environment. In addition, and outside of classroom hours, the instructor offers individualized assistance with the personal statement essay required for all law school applications.

Sara Barry, JD, is currently a staff attorney for the Montgomery County Court of Common Pleas, with previous private practice experience in plaintiff's civil litigation.

Sun., 10 am-2 pm; April 3 - May 1 (no class April 24); 4 sessions; \$299 (no discounts), plus "Barron's LSAT" (ISBN: 978-1438002323) by Cutts & Mares (2013) ~ must have this book for immediate use in class sessions 1, 2 & 3; plus "The Official LSAT SuperPrep" by the Law School Admission Council (ISBN: 978-0979305061) for use in class session 4 & for self-study; #4601-01

Location: UC Main Campus

SAT Preparation

Gain confidence and make the most of your potential by studying strategies for taking the SAT and by reviewing topics covered by the SAT. You will learn specific techniques for taking the math, writing and reading comprehension parts of the test. Discover how the test is structured, effective methods for solving each problem type, and what to expect. Acquire an arsenal of tools to help you succeed, including how to use a process of elimination, construct a well-defined essay on test day, plan your critical reading passage strategy, and decide how to handle the conundrum "to guess or not to guess."

Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.

Sun., 9 am-2 pm; April 24 & May 1; 2 days; \$159 (no discounts), plus text "Official SAT Study Guide" 2016 edition," a publication of The College Board (ISBN: 978-1457304309 available from UC and DuBois bookstores plus online booksellers). Lunch and book not included - bring your own; #4603-04

Location: UC main campus

Program Information

Information on Location and Parking, Material and Supply Fees, Discounts, and more!

Enroll Early

Courses can fill up quickly! To ensure a space in the class of your choice, please enroll now. We will accept registrations as long as there is room.

If the class you want is filled, we'll put you on a wait list and notify you as soon as possible. You may choose to remain on the wait list, transfer to another class, or receive a refund (if you paid by credit card you will not be charged). Every effort will be made to accommodate you — we've even been known to create new class sections to meet your needs.

Designed for You

Our courses are designed for anyone interested in learning something new. Classes are short-term and focused to accommodate busy schedules. Truly “learning for learning’s sake,” we offer a no-pressure option (no tests, grades or papers) to continuing education for all adults. We also extend a welcome to high school students interested in test preparation classes.

Class Changes

We don't like to make changes, but sometimes it's unavoidable. We reserve the right to change times, locations or instructors. If we must cancel a class, we will make every effort to notify you immediately. Please provide daytime phone numbers so that we may contact you. You may then choose to transfer to another class or receive a full refund.

Location and Parking

Our classes are held online, face-to-face, at UC's Main Campus, at UC's Victory Parkway Campus, and at 20 other locations around town — see the last line of each description for the class location.

Exact room and building locations, parking information, and directions will be mailed to you with confirmation of your enrollment.

If you have a disability and need specialized services, call the Disability Services Office at 513-556-6823 well in advance of your class to discuss your needs.

Confirmation of Enrollment

If you have not received confirmation within two days of starting date for your class, please call 513-556-6932. Office hours are 8 am–5 pm Monday-Friday.

Material and Supply Fees

Some classes require additional fees for supplies or materials — they are noted in the class listing. *These fees are to be paid to the instructor at the first class session.* These fees are nonrefundable and discounts do not apply to them.

Books

A few courses require the purchase of book(s); those are noted in the description. Typically, you may buy from either local or online booksellers. When possible, we have made special arrangements with UC (513-556-1400) and DuBois (513-281-4120) Bookstores. Call the bookstore to ensure that your book has been ordered, is in, and is shelved in the special Community section, before stopping by.

Discounts

In order to take advantage of these discounts, you must request your discount at the time you first enroll. Only one discount may apply per class. Classes not available at a discount are marked with a “no discounts” notation.

UC Faculty and Staff Discount

Full-time UC faculty and staff may take one class per quarter at half-price. Spouses and dependents are ineligible. This discount requires special handling and is not available online. Call 513-556-6932 to arrange.

Senior Citizens Discount

Golden Buckeye card holders are eligible for a 20 percent discount on many of our classes — be sure to provide us with your card number, please.

Refunds

A refund of the enrollment fee can be made up to 48 hours before the first session. We regret that no refunds may be made anytime thereafter.

However, we do stand behind our programs and will do whatever it takes to ensure your satisfaction.

4 Easy Ways to Enroll

Choose what is simplest for you — online, phone, in-person or mail. See details on the next page.

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CALL us **513-556-6932**

Office hours are 8am–5pm Monday–Friday.



VISIT our office.

UC Victory Pkwy, Admin Bldg–Ste. 208,

2220 Victory Pkwy, 45206.

(No cash accepted.) Office hours listed above.



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