

WINTER 2016

UNIVERSITY OF 
Cincinnati

Communiversiti

Enrich Your Life with Quality Courses



***Expand Your World,
Learn Something New!***



See Inside for Noncredit Courses:

Business & Career • Travel • Culture • Language • Music & Dance
Sports & Adventure • Test Preparation... and more

uc.edu/ce/commu

Welcome!

January, February and March Classes

Communiversity Invites You To...

- understand your world in a new way
- explore a variety of rich cultural experiences
- discover something new about yourself
- transform your life
- develop a new talent or interest
- whet your intellectual appetite
- acquire skills designed to help you succeed
- balance education with real-world experience



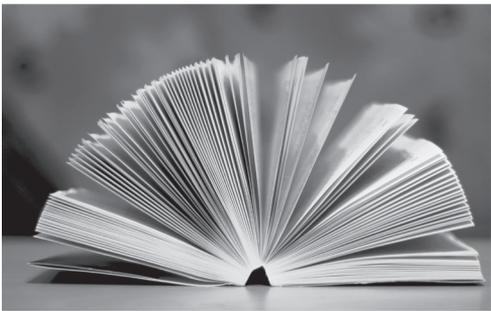
**Our classes are “pressure-free” (no tests, grades or papers to worry about).
On or off-campus, face-to-face and online options abound, with lots of hands-on learning in just a little time!**

Enrollment is easy — just a quick phone call **513-556-6932**
or a few mouse clicks away **uc.edu/ce/commu**

*Join the fun and learn something new
with our noncredit classes!*

Donna Burns

Donna Burns
Director, Communiversity



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Arts & Handicrafts

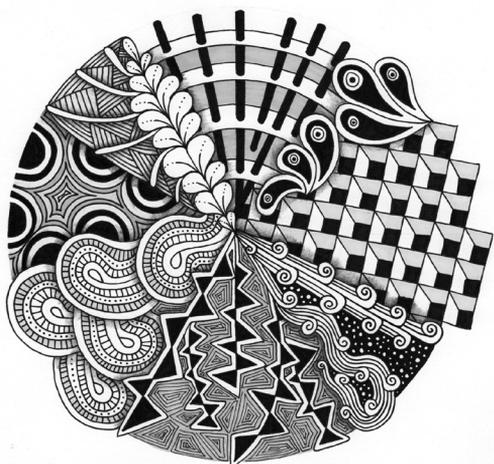
Doodling Masterpieces

Tangle art. Meditative drawing. Zentangle®. Pattern drawing. All are names for basically the same thing: making artistic drawings out of patterns. In this class you will learn how to combine simple forms, circles, lines, and dots into eye-catching patterns. Next, you will learn how to use those patterns to create unique pieces of art. **No drawing skills required.** People of all skill levels are invited to join this class to experience how enjoyable making artistic illustrations from patterns can be.

Alisa Strauss, MA, PhD, is an exhibiting artist, adjunct assistant professor, and is currently finishing an MDes in graphic design.

Sun., 1:30-4 pm; Jan. 31; \$29, plus \$15 fee payable to instructor in class for all art supplies needed including pigment pens, papers, pencils, ruler, erasers, and handouts. Must enroll by 4 pm on 1/20/16 so instructor may order supplies; #3154-01

Location: UC main campus



Earrings: Make and Take Away

Making wire-wrapped jewelry is easy! Make and take away two finished earrings--one basic tear-drop earring set and one swirly earring set (hoop design with swirls and beads). You will also take away the techniques and skills to make great pieces on your own to wear, sell, or give as gifts, plus some resources for project ideas. Preferred prereq: either our Wire Wrap Jewelry Making class OR prior experience wire wrapping.

Megan Painter will guide you through the process of making professional-looking jewelry.

Wed., 7-9 pm; March 9; \$29 (no discounts), plus \$25 supply fee payable to instructor in class. This includes all beads, silver plated or copper wire (upgrade to sterling silver for \$10 more), ear wires, and supplies to complete the in-class projects; #3720-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Jewelry with Epoxy Clay: Rings and Earrings

Create a pair of finger or toe rings plus matching earrings with epoxy clay which is a no-bake, fast drying jewelry clay. In this workshop, you will make two rings using different techniques. Learn how to condition and shape epoxy clay, then embellish with rhinestones and gold dust on a ring base. The instructor will bring all materials needed to complete the projects, including jewelry tools (pliers and cutters) but you are welcome to bring your own tools if you have them. No prior experience is needed.

Banu Kesavalu is a beading and clay artist.

Sat., 11:30 am-1:30 pm; March 12; \$29 (no discounts), plus \$20 supply fee payable to instructor in class (includes epoxy clay, colorful rhinestones, metallic dust, Swarovski crystals, jewelry findings and cord); #3730-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Oriental Brush Painting in a Day

Begin with the basics and end with beautiful paintings! You'll learn simple, quick strokes that can enhance your painting skills while learning the Oriental way of the brush. No drawing needed; you will produce paintings of flowers, animals or landscapes using only brush strokes. Experience painting with unique brushes, ink and paper for a relaxing and creative day.

Jean Vance, MFA, MA, has that rare combination of being a talented artist and a gifted teacher; and she especially enjoys introducing adults to the fun of painting. She has studied Oriental Brush Painting since 1982 as the demonstrating artist with the First Ohio Trade Fair in Wuhan, China.

Sat., 10 am-4 pm; Feb. 27; 1 day; \$69 (no discounts), plus lab fee of \$30 for Oriental paper, Chinese brushes, ink stone and ink sticks, colored inks and painting pads used in class, plus all handouts - payable to instructor in class. No supplies needed. Bring a bag lunch or snack if you wish; #3717-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

“Megan adjusts to work with everyone’s pace as they catch on.”

— Student in “Wire Wrap” class

Polymer Clay Textured Jewelry: Necklace and Earrings

Make a textured pendant necklace and a pair of matching earrings using polymer clay (oven bake) which is a versatile medium. Learn how to condition and color mix the clay, create dimensional effects using texture sheets to make a cool pendant and a pair of matching earrings. Other techniques include bead piercing and baking the clay at the right temperature. The instructor will bring all materials needed to complete the project, including pliers and cutters, but you are welcome to bring your own tools if you have them. No prior experience needed.

Banu Kesavalu is an experienced beading and polymer clay artist.

Sat., 11:30 am-1:30 pm; March 5; \$29 (no discounts), plus \$20 supply fee payable to instructor in class (includes polymer clay - various colors, texture sheets, findings, cords); #3726-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Preserving the Past: From Mounds to Mariemont

Native American mounds were discovered and saved; and they in turn saved a village. Mariemont's charm, with its English village atmosphere, was in jeopardy when a new section of SR32 was proposed to cut through its 80 acre park. Meet first in the 1820 Ferris House, where historic preservationists Dr. Ann Grooms and Mayor Dan Palicastro describe the importance of the mounds and their impact on this community. Next we tour one of the Village's original houses. Then after lunch, it's off to Newtown. We will visit those Native American mounds; then tour a house dating from 1835; and finally, tour two restored and repurposed (former) churches. Dating from the mid-1800s, they function as the American Indian Education Center and the Motz Group Building. See beautiful examples of Tudor Revival and Greek Revival styles and hear tales of triumphant historic preservation from the owners.

Frank Farmer Loomis IV is a fine arts appraiser, author, journalist, lecturer and NPR talk show host.

Sat., 10 am-3:30 pm; March 12; 1 day; \$59 (no discounts), plus lunch together at your own expense and travel in own car; #3119-01

Location: Meet at the Ferris House (Mariemont)

Creating Glass Art

Mary Jane Riggi has an abundance of skill as a stained glass artisan and instructor.

Location: *Artist's Studio*

2214 West North Bend Rd. 45239

Lunch not included--bring your own or order pizza with the group (for all day classes)

Supplies: Some studio tools may be available for use by students; others may be purchased from instructor. Registered students must call instructor a few days in advance to discuss project ideas and tools

Lead Panel Stained Glass

In a one day class learn the "old" method of stained glass, assembling with lead channel instead of copper foil. For those with stained glass experience and those new to the craft. Learn glass selection, cutting, assembly and soldering techniques. Patterns available from instructor (most about 11"x17").

Sat., 10:30 am-4:30 pm; March 12; 1 day; \$75 (no discounts), plus \$40-150 for tools, supplies payable to instructor in class (discuss with instructor prior to class); #3677-01

Mosaics

Make a stunning mosaic tray, table top, panel or project of your choice using the direct mosaic method. Learn tips on glass selection, cutting, gluing and grouting. Bring your own item and add a mosaic design to it or choose from items available at the studio. If you've got some old cups or plates, bring them and a hammer to turn them into works of art.

Sat., 10:30 am-4 pm; March 5; 1 day; \$69 (no discounts), plus \$15-49 for supplies and equipment (depending on project chosen) payable to instructor in class; #3711-01

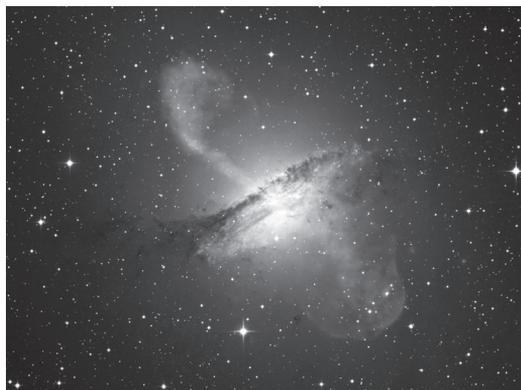
Stained Glass for Beginners

Begin with the basics of building a Tiffany style panel using the copper foil method. Learn types of glass, glass cutting techniques, grinding, foiling, soldering and framing a panel. Complete a panel of your choosing (sizes vary, average is 11 x 17").

Sat., 10 am-4 pm; Feb. 27; 1 day; \$75 (no discounts), plus \$125-150 for materials and toolkit payable to instructor in class; #3500-01

Astronomy

Astronomy Classes at Cincinnati Observatory Center are held atop Mt. Lookout in one of our city's true treasures, where the views are great (and the parking is free!)



Behind the Scenes at the Observatory

Look to the heavens through the oldest continuously used telescope in the world; explore the depths of the 1873 observatory including its attic and basement; and learn why President Adams laid the observatory's original cornerstone in 1843. Hear the fascinating history of the founding of the observatory; investigate how the 19th century astronomers determined time for the city of Cincinnati; discover why the observatory was designated a National Historic Landmark; and find out what is in store for the future. The Moon will be viewed through the telescope following the program, weather permitting.

John Ventre is the historian with the Cincinnati Observatory Center.

Wed., 7-9 pm; Feb. 17; \$29, #1207-01

Location: The Cincinnati Observatory Center (Hyde Park/Mt. Lookout)

Mysteries of the Universe

Why do some stars broadcast radio signals? Where do black holes come from? What is an X-ray galaxy? The more astronomers discover, the more strange and mysterious the Universe gets. This class reviews some of the current explanations for some of the most puzzling astronomical phenomena.

Terry Endres is a presenter with the Cincinnati Observatory Center and teaches astronomy at Cincinnati State.

Tues., 7-9 pm; Feb. 23; \$29, #1201-01

Location: The Cincinnati Observatory Center (Mt. Lookout/Hyde Park)

Dance of the Gods: Motions of the Planets

For thousands of years our ancestors believed that our Earth was the immovable center of the Universe. Not until the European Renaissance did we finally glimpse the true nature of the motions of the planets and realize for the first time Earth's place in the solar system. Travel with us through history to investigate the model of Ptolemy and how scientists who came more than a thousand years later deciphered nature's clues to the understanding of the complex motions of the planets. We will discuss ideas and observations of Copernicus, Tycho, Kepler and Galileo and how these great scientists solved the mystery of "The Dance of the Gods" Weather permitting, telescope viewing with the 1845 telescope will be part of the evening's activities.

Terry Flesch is an astronomer and a presenter at the Cincinnati Observatory Center.

Fri., 7-9 pm; March 11; \$29, #1218-01

Location: The Cincinnati Observatory Center (Hyde Park/Mt. Lookout)

Constellations of the Season

There are more stars in the sky than you can ever count; but you'll see that finding your way around the sky has never been more interesting. Explore the imaginative figures we call constellations as you learn to use a planisphere to find any constellation at any given time and date. Further appreciate the night sky as we share some of the stories of the stars - how these clusters were identified, named, and achieved fame. Weather permitting, we will go outside to find many of the brighter constellations and you may also look through the observatory telescope.

Dean Regas is the outreach astronomer with the Cincinnati Observatory Center, the co-host of the syndicated astronomy program Star Gazers, frequent guest of NPR's "Science Friday," and recipient of Astronomy Magazine's "Out-of-this-World" Award for astronomy education.

Wed., 7-9 pm; March 2; \$29, plus \$4 optional materials fee for star chart payable to instructor at class; #1044-01

Location: The Cincinnati Observatory Center (Hyde Park/Mt. Lookout)

An Introduction to Voiceovers: Class

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, “I could do that”? If so, then you could have what it takes to begin working as a professional voiceover artist. The current voiceover trends have made it easy and affordable for just about anyone to get involved. In this fun and empowering two-hour introductory workshop, you will learn about the different types of voiceovers and what tools are needed in order to find success in the voiceover industry. You will have the opportunity to get a taste of what it’s like to be a voice actor as you perform a real voiceover script. You will be recorded so that you can receive professional voiceover evaluation later. Come ready to laugh, learn and be inspired...

Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.

Mon., 6:30-8:30 pm; Feb. 29; \$39 (no discounts), #1140-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

An Introduction to Voiceovers: One-on-One Live

See preceding description. Receive the same information you would get in the traditional class (above) but in a one-on-one format. After enrolling with us, you’ll schedule a one-and a half hour time slot with your instructor, at your mutual convenience. The online format may be through IChat, Skype, or by phone - your choice.

Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.

Arrange when you wish; 1.5 hours; \$49 (no discounts), #1150-01

Location: Taught through IChat, Skype or over the phone - your choice

Technique in Voiceover

Go beyond our introductory class with this one-on-one experience! You’ll have access to a working voiceover coach for a deeper dive into script reading and basic voiceover techniques. This class is tailored for Intro students considering voiceover but first wanting to know what area of voiceover their voice is best suited. * Required: “Introduction to Voiceovers” is the prerequisite course and must be completed prior to taking “Technique in Voiceover.”

Arrange when you wish; 1.5 hours; \$49 (no discounts), #1158-01

Location: Taught through IChat, Skype or over the phone - your choice

Ego and Soul of Leadership

Take a new look at leadership. Twentieth century styles no longer get the desired outcomes—especially among millennials. Successful leaders attend to the ego and soul needs of self and others. Those who lack ambition-ego seldom lead. Soul needs have to do with mission and purpose. Why am I here and what cause greater than myself do I serve? Great leaders balance and emphasize both qualities. Drive and Inspire!

Larry Wells, MDiv, MSW, CADC, is a master practitioner and certified trainer of Neuro Linguistic Programming, an executive coach and a corporate consultant.

Wed., 6-8:30 pm; Jan. 27; \$75 (no discounts), #1160-01

Location: Future Life Now (Northside)

Introduction to Inventing

So you have an idea for the next big thing...now what? Launching a new product or bringing an idea to market can be overwhelming. This class is designed to cover the basics of what every inventor should know, from idea development through commercialization. Topics will include: ways to protect your idea; understanding patents; packaging and staging your product; selling, licensing or starting your own company; plus an exploration of marketing venues. Join us and find the encouragement and motivation you need to get your idea off the ground. To get deeper into the topic of licensing, see special “Licensing Help” description.

Ryan McAleer, MBA, co-owner of Lean4Ward, Inc., specializes in creating training programs, inventor coaching and product design. He has been a product manager and marketing manager with several Fortune 500 companies and is working on bringing the next big thing to market.

Mon., 6:30-8:30 pm; Jan. 25; \$29, #1118-01

Location: UC main campus

“Really exciting and informative!”

“Makes people aware of their sound quality, range, rate, improvements, etc.”

—Students in “Intro to Voiceovers” class

Licensing Help

So you've invented the next big thing and you believe it will make you rich. Now what do you do? How do you license and bring that big idea or thing to market? Getting your product on the shelves in a retail store is by far the hardest part of any product venture.

Licensing your invention is necessary and can significantly increase the money you make on your product. There are many different considerations and terms that need to be negotiated when licensing a product. In this class we will cover the ins and outs of proper product licensing, including how licensing works, royalties, retailer expectations, and product development. For other related topics, see "Intro to Inventing" class description .

Ryan McAleer, MBA, co-owner of Lean4Ward, Inc., specializes in creating training programs, inventor coaching and product design. He has been a product manager and marketing manager with several Fortune 500 companies and is working on bringing the next big thing to market.

Mon., 6:30-8:30 pm; Feb. 8; \$29, #1161-01

Location: UC main campus

NLP Skills for Rapidly Building and Maintaining Rapport

Ever "hit it off" with someone the very first time you met? Some people easily and naturally establish rapport with others. The good news: Using Neuro Linguistic Programming, it's possible for the rest of us to learn how to rapidly build and maintain rapport. This workshop will benefit teachers, leaders, managers, sales personnel, counselors, coaches, and all who want to be effective communicators and influencers (not manipulators) of people.

Larry Wells, MDiv, MSW, CADC, is a master practitioner and certified trainer of Neuro Linguistic Programming, an executive coach and a corporate consultant.

Wed., 6-8:30 pm; Feb. 17; \$75 (no discounts), #1159-01

Location: Future Life Now (Northside)

Online Classes Available Visit ed2go.com/uc

Select "Business;" click on "Start Your Own Business" to explore careers in Event Planning; Arts & Crafts; Consulting; Medical Coding; Tour Director; and more...

Online Certificate Programs for Professional Development

Online Certificates and Courses Begin Feb. 1 • March 7 • April 4

- Led by expert instructors
- Interactive discussion areas
- 24/7 access; work at own pace
- Audio/slide presentations
- Supplemental readings included
- Retake class at no charge (up to 12 months)

See "Online Certificates" at www.uc.edu/ce for course content, instructor bios, and how to enroll.

Take all courses in a category to earn a certificate (many certificate programs are comprised of stand-alone courses that you may take individually) Fees and course lengths vary.

QUESTIONS? CALL 513-556-6932

BUSINESS

Business Research Certificate

Get the skills needed to effectively communicate research results to a specific audience for maximum impact and effective decision making. For business professionals, entrepreneurs, and anyone who needs specific information about a business or about a particular topic such as market potential, competitive intelligence, standard industry practice, productivity improvement, etc. Acquire the specific knowledge you need to succeed in your research quest.

Accounting and Finance for Non-Finance Managers Certificate

Understanding the financial concepts and accounting processes used in most businesses and will provide practical techniques that will increase your effectiveness and career. First, get a foundation in the seven steps in the accounting cycle and come away with the knowledge to analyze resource allocation and evaluate financial performance. Then discover how to maximize cash flow, learn the importance of cash and find out your role in cash flow success. Finally, see how business reports are assessed and analyzed to help you make smart decisions in budgeting, setting goals, and assessing performance within your own area of influence.

Online Certificate Programs

for Professional Development CONTINUED



Customer Research Certificate

Your customers hold the key to the future success of your organization. You can find out what your customers know by engaging and interacting with your customers. Find out how to get feedback, information and even answers from your customers. With our low- and no-cost methods of customer research, you will discover new techniques for collecting information that will improve your organization's products or services, promotion and marketing, and even bottom-line finances. Whether you work in a for-profit or nonprofit environment, our 8-Stage Needs Assessment model will give you a step-by-step proven approach to researching and selecting new services, products or activities.

Data Analysis Certificate

Data Analysis is quickly becoming one of the most sought-after skills in the workplace. Add a whole new skill set to your portfolio. Learn how to compare groups for differences, know the statistics behind these groups and variables; learn how to perform inquiries, and gain skills to communicate results through graphs and text that your fellow employees will understand.

Effective Surveys Certificate

Surveys are an increasingly common and important way to understand your audience's wants and needs. First, find out how to design a survey and analyze the results. Then learn how to segment your audience by demographics and behavior, finding your seven primary audience segments and why they are the most important people to survey. Finally, take away advanced information on how to access various web-based data sites, use Excel to sort data and utilize available web-based templates, and acquire what you need to know to do to better present your survey results with advanced presentation tools and techniques.

Entrepreneurship Certificate

Boost your chances of success for your new or small business and reduce your risks. Get the latest on planning your business, learn how to create a business plan, discover a step by step approach to attract and keep customers, learn to identify abilities required of successful entrepreneurs.

Entrepreneurship Finance Certificate

Boost your chances of success for your new or small business and reduce your risks. Get the latest on planning your business, brainstorming business ideas and a checklist for going into business. Then learn how to create a business plan, including assessing business feasibility and prepare the management and financial plans. Discover a step by step approach to attract and keep customers, with an emphasis on customer-driven marketing decisions and building a strong brand. Learn to identify abilities required of successful entrepreneurs and how to acquire them, develop goals to help establish your business, develop an outline for your plan, and take home techniques to successfully manage and market your new business.

BUSINESS COMMUNICATIONS

Customer Service Certificate

Learn to improve your customer service skills to enhance your career skill set, improve productivity, and increase your organization's success.

Workplace Communication Certificate

Receive intensive preparation with skills and techniques you can put to use, including conflict management, negotiation skills for a win-win outcome, and using personality profiles for better work performance.

Online Certificate Programs

for Professional Development CONTINUED

Presentation Media Certificate

Presentation media are keys to communication, sales, speeches and any other effective presentations today. Whether your presentation is online or in-person, presentation media not only enhance your message but often make your message successful. Find out how to use Prezi, the new slide software that goes beyond one-dimensional presentations, and the finer points of Photoshop for presentations. Then discover the design elements to creating visual presentations for success using any media. Take away critical skills for both training yourself and others in your organization. You will come away with the latest, most advanced practical and design knowledge in presentation media.

Self-Publishing and eBooks Certificate

A book can help you expand your business in the way no form of advertising can. This practical certificate is designed to help entrepreneurs, businesses, and organizations self-publish as well as gain a complete understanding of this often-complicated marketplace. Learn how to understand your publishing options and how to select the best pathways given your business and personal objectives. Discover what makes a great ebook and how to go about creating, formatting and publishing your eBook. Finally acquire the keys to marketing your book or eBook. Most importantly, you will create a marketing plan so you can map out your marketing steps all the steps from start to finish.

HUMAN RESOURCES

Business Coaching Certificate

Mentoring and coaching are being used more frequently in organizations to improve leadership competencies and provide employee support. It has benefits for both employer and employee. Acquire skills to develop, implement, and support coaching and mentoring programs in your workplace. Improve your employees' performance and create a working environment they will find truly rewarding.

LEADERSHIP

Leadership Development Certificate

Discover your style of leadership. Discuss task completion, building relationships, changes in the workplace, utilizing your emotions in an effective manner, and addressing challenging goals.

Executive Leadership Certificate

Leadership today demands increasingly more sophisticated skills. Executives need to know traditional leadership principles and standard practices. At the same time, we are moving swiftly into the new economy of the Internet, knowledge and innovation. Leaders now require a new perspective on the external envi-

ronment, as well as new tools to shape their internal organizational structure and ways of doing business. This unique certificate program addresses both these sets of skills. Take away a new perspective about how to position your organization for success as you review cases of real leaders in business, education, and government who experienced initial success but ultimately failed because of their own actions. Find out the leading fatal leadership errors and learn about leadership styles, traits, and values. Find out how leaders behave and speak differently from others in the organization in order to be effective and supportive. Discover why empowering leaders are more successful than others.

MANAGEMENT

Non-Profit Administration Certificate

Non-profits today need to be run like a business in many respects. You have competition, a need to generate income and a surplus, and staff need to be even more productive. Get the best training on revenue generation for nonprofits, and program evaluation for nonprofits, with our Certificate in NonProfit Administration. You will come away with the latest best information from instructors who train people in nonprofits.

Project Management Certificate

Through continuous monitoring, early detection of variations to plan, schedule, and budget can be communicated to stakeholders for quick resolution, including project cancelation. Project management is one of the fastest paths to promotion by increasing your network through greater exposure. First, gain the skills, tools and templates to confidently develop and maintain a project. An overview of salaries, certification costs, education and experience requirements are provided. Then learn about five Project Management Processes and finally, discover the ten Project management Knowledge Areas and their support role and relationships to the five Project Management Processes.

Management Certificate

Enhance your management skills as you delve into topics such as creating expectations, motivating employees, time and productivity, and generational differences in the workplace.

Supervisory & Leadership Certificate

Ensuring the efficiency of your team is the key to your success and is your most important responsibility. Get practical, easy to understand, and insightful methods for new and even experienced supervisors and managers. Learn about effective delegation, performance management, and writing performance reviews. Discuss the specifics of the supervisor's role and responsibilities, and strategies for improving your overall effectiveness as a leader.

Online Certificate Programs

for Professional Development CONTINUED

NEW MEDIA MARKETING

eMarketing Essentials Certificate

Learn all about eMarketing, including improving email promotions, analyzing your web site traffic, doing search engine optimization, and how to successfully employ online advertising. You need have no eMarketing experience to take this course; if you are already at an advanced level, know that your instructors are experts who can provide the latest most advanced information and answer your toughest questions.

Inbound Marketing Certificate

Inbound marketing is a way to help potential customers find you through organic search, which is a process of using your website in a way that it attracts visitors naturally through search engines, the blogosphere, and social media. Inbound marketing is more effective than outbound marketing, where you push sales messages to your potential customers. Inbound marketing is the future of the way we will market in the 21st century. Discover how to attract customers to your site, what kind of content to share with them, how to use landing pages and forms to collect names and email address, and how to implement lead-nurturing campaigns that result in sales.

Mobile Marketing Certificate

More than half of U.S. consumers who've made purchases on their smartphone have done so in response to a mobile marketing message. Analysts forecast that smartphones' sales will exceed 1 billion by the end of 2016. The way consumers are interacting with brands and connecting to the world is changing because of mobiles. Find out about location-based marketing, mobile payments, QR codes, applications, and mobile coupons. You will learn how mobile marketing can increase your capabilities to retain current customers and gain new ones.

Video Marketing Certificate

Sight, sound and motion are much more compelling than static words on a page. Video is very hypnotic and it quickly speeds up the "know, like and trust" factor with your audience. Discover how to use simple online video to quickly command attention, bond with your viewer, drive traffic to your website, boost business and build brand awareness. Find out how to shoot simple, effective videos without costly fancy equipment or savvy technical skills. Learn how to dominate Google and YouTube with your video and to strategically use YouTube to market your business 24/7 -- even while you sleep.

SOCIAL MEDIA FOR BUSINESS

Managing Social Media Platforms Certificate

Different social networks have distinct characteristics, different features, and are used to develop a two-way communication and marketing strategy for your organization. Get a skill set for working and managing different social media platforms. Then find out what you can be doing, what you should be doing, and take back a plan to integrate social networks into your communication and marketing. You will get a firm foundation in Twitter, LinkedIn, and Facebook platforms. Come away with both an understanding of these social networks and practical, how-to techniques to integrate social networks into your organization or business. Your instructors are outstanding practitioners who also speak, write, and train others on social networks.

Social Media for Business Certificate

Get in on this exciting and growing way to communicate, market and serve your customers and clients. From Facebook to Twitter, blogging, YouTube, LinkedIn, and more, discover the new principles of communication that apply across all networks and how these specific social networks work and the possible uses for your organization. Learn how social media is used to develop a two-way communication and marketing strategy for your organization. Then find out what you can be doing, what you should be doing, and formulate a plan to integrate social media into your communication and marketing.

TRAINING AND EDUCATION

Designing Webinars Certificate

Find out 4 key strategies to make webinars successful, 5 secrets to creating high response surveys, when and how often to promote, how to generate more leads, the ideal planning timeline, and our unique needs assessment model. Market research can be simple, no-cost and effective, lowering your risks.

Plus... Many Individual Classes also available

Month-long classes are also available in the following areas: Cyber Security for Managers, Photoshop for Presentations, Effective Copywriting, Spanish for Medical Professionals, Applying Lean Sigma Practices to HR Functions, Google Analytics ... and more.

**For a complete listing, see
"Online Certificates" at uc.edu/ce**

Communication & Writing

How to Have an Awful Marriage

Just kidding... but since this is a funny workshop with the focus on communication in marriage, there will be lots of tongues in cheeks and you'll probably come away laughing. Have you noticed that men and women seem to speak a different language? Words can come between us in our relationships. Learn how the "purpose of conversation" is totally different for men than for women, as are questions, silence, gift giving, tears and more. Practice translating male and female language, and you'll be able to reduce 60-80% of your arguments and miscommunications. Both couples and singles are welcome.

Karen Gail Lewis, MSW, EdD in Consulting Psychology and Family Therapy is a marriage and family therapist and an author of numerous books. She has been on faculty with UC College of Medicine, Virginia Tech, and Johns Hopkins.

Fri., 6:30-8:30 pm; March 18; \$39 (no discounts), per individual; includes book "Why Don't You Understand?" #6154-01

Location: UC Victory Parkway Campus (historic Edgecliff by Eden Park)

Writing to Publish

Learn the nuts and bolts of publishing your work, how to research the markets, and make contact with editors, publishers and agents in your genre. Explore the pros and cons of traditional vs. self-publishing. Topics include putting together queries and proposals, building and managing your career, and earning money.

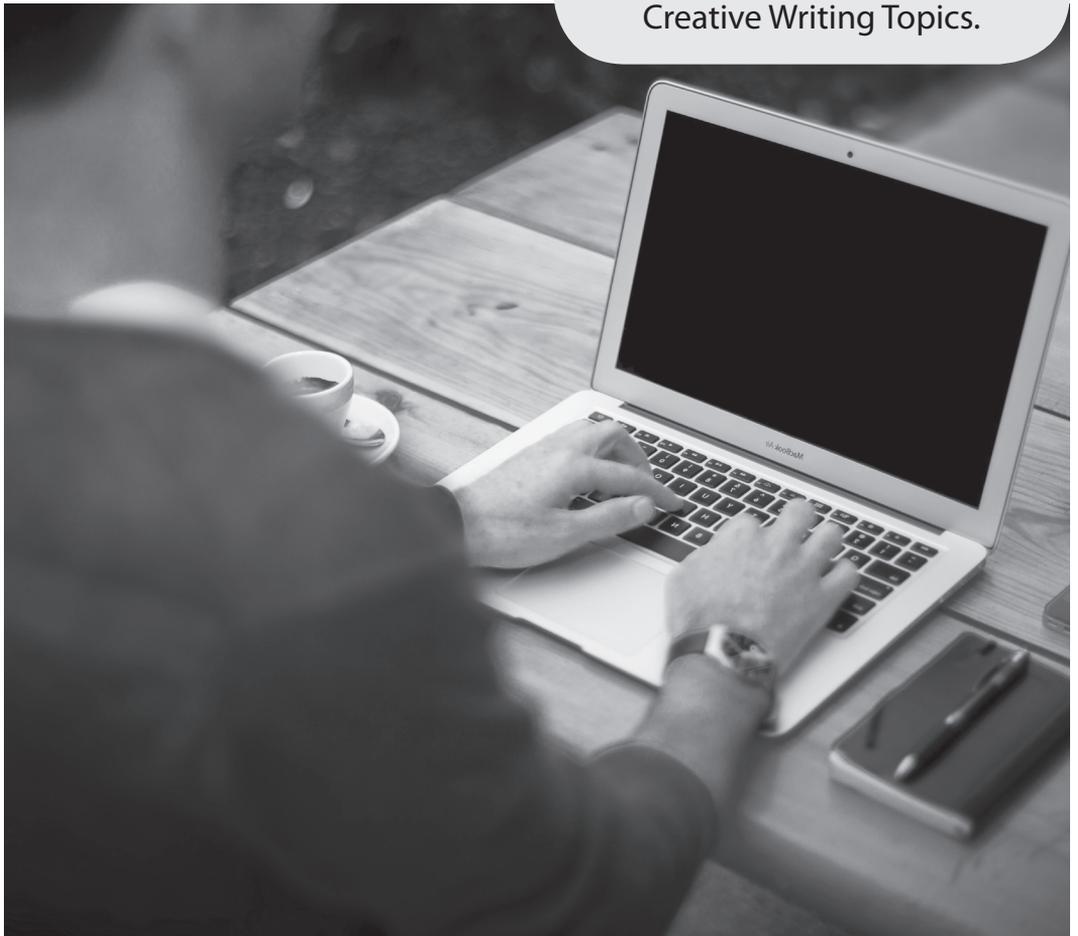
Wendy Hart Beckman, MA, is an award-winning freelance writer, editor, "book doctor," college instructor and corporate writer.

Sat., 10 am-4 pm; Feb. 13; \$79, plus bring brown bag lunch; #3317-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Online Classes Available Visit ed2go.com/uc

Select "Writing & Publishing;" see Grant Writing, Business Writing, and a Variety of Specialized Creative Writing Topics.



Explore the World



Germany: An Insider's Guide

Explore Germany from an insider's perspective! A country rich in history, culture and geography, Germany is more than most travelers imagine. From the Alps and the Black Forest in the south, to the wine producing Rhein Valley to the sandy beaches in the north, we'll discuss the pros and cons to each region. Learn about transportation options (trains, planes and rental cars) and accommodation selections from grand hotels to unique bungalows. Whether you are looking to bike and hike across Germany or take it easy, we'll answer all your questions about travel in Germany. Los geht's! (Let's go!)

Simone Kuzma spent many years living and working in Germany and is the founder of Wanderlust: Wanderlearn, a Cincinnati-based company specializing in travel education and experiential trips.

Tues., 6:30-8:30 pm; Feb. 16; \$29 (no discounts), #1070-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Intrepid Traveler: Savvy Travel Tips

This information-packed session will make a savvy traveler out of you! Learn industry secrets and save a bundle. Topics include: travel insurance and health insurance; immunizations and health concerns; money tips; safety tips; electronics and adapters; cell phones and communication; packing and luggage; plus tipping while traveling.

Simone Kuzma is the founder of Wanderlust: Wanderlearn, a Cincinnati-based company specializing in travel education and experiential trips.

Tues., 6:30-8:30 pm; Feb. 2; \$29, #1550-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Intrepid Traveler: Solo Travel

Some people dream of seeing the world but hesitate to venture out by themselves. Turn traveling solo to your advantage as you learn valuable information about the challenges and opportunities available to those who travel on their own. Find out practical tips on how to travel smart (following local customs, safety) while having a great time. Learn where to go, how to travel solo and what to expect as you explore a variety of travel experiences. Please see "Travel Logistics" and "Travel Savvy" for details on topics Simone covers in her other classes.

Simone Kuzma has traveled solo all over the world and gives personal as well as professional insights. She is the founder of Wanderlust: Wanderlearn, a Cincinnati-based company specializing in travel education and experiential trips.

Tues., 6:30-8:30 pm; Feb. 9; \$29, #1060-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Intrepid Traveler: Travel Logistics

Whether you're a novice traveler or your passport is worn thin, come empower yourself to become a more capable, confident, and independent traveler. Topics include: how to choose a destination; how to create a budget; passports and visas / entry requirements; international travel safety programs; plane tickets; accommodations and ground transportation.

Simone Kuzma specializes in travel education and experiential trips and is the founder of Wanderlust: Wanderlearn.

Tues., 6:30-8:30 pm; Jan. 26; \$29, #1548-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

“Fitness Flex Pass” with Pat

The flexibility you’ve asked for! Take any of Pat Woellert’s scheduled classes - see details of Zumba Toning; Zumba Fitness; or Boot Camp Lite. Depending on the size of the pass you purchase, you have the right to attend any of Pat’s classes - until either you’ve used up your pass or the expiration date of your Flex Pass has come and gone. When that happens, simply buy another pass! Please note that passes do expire on the end date listed and may not be carried over into another term.

Pat Woellert, MEd in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a licensed Zumba® Instructor through Zumba® Fitness, LLC.

6-Class Pass; \$40 (no discounts), #4363-06

12-Class Pass; \$79 (no discounts), #4363-12

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Boot Camp Lite

No fear here - you can do it! This kinder, gentler boot camp is designed to improve your cardiovascular endurance, muscular strength, balance, and flexibility with fun, easy-to-follow drills. Bring a pair of hand held weights suitable to your fitness level, a mat for floor work, and supportive aerobic shoes.

Pat Woellert, M.Ed in Health Education, is ACE-certified (the American Council on Exercise) in group fitness and personal training.

Thurs., 5:35-6:35 pm; Jan. 7 - March 24; 12 wks; \$79 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4339-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Zumba® Fitness

This unique workout is a “feel-happy” approach to fitness. Its high energy, motivating music and rhythms are a fusion of Latin and International dance themes. Great for the body and great for the mind, this workout combines fast and slow rhythms designed to sculpt the body, burn calories and fat, and tone you up. Bring floor mat and wear supportive aerobic shoes.

Pat Woellert, MEd in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a licensed Zumba® Instructor through Zumba® Fitness, LLC.

Wed., 5:35-6:35 pm; Jan. 6 - March 23; 12 wks; \$79 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4352-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Zumba® Toning

Zumba® Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba® moves to create a calorie-torching, strength-training dance fitness-party. You will learn how to use light weights (1-2 pounds) to tone all your target zones, including arms, abs, glutes and thighs. Sculpt your body naturally while having a total blast. Bring 1-2 pound dumbbells, a mat for floor work, and wear supportive aerobic shoes.

Pat Woellert, MEd in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a licensed Zumba® Instructor through Zumba® Fitness, LLC.

Tues., 5:35-6:35 pm; Jan. 5 - March 22; 12 wks; \$79 (no discounts), we encourage you to enroll through our “Fitness Flex Pass”; #4311-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Beyond Prescription Medications: Natural Healing, Health and Hope

Focus on evidence-based ways to improve sleep, manage stress, and stay balanced without prescription medications. Learn safe and effective ways to use dietary supplements to enhance your nutrition for better health and how to integrate body mind and spiritual practices into your personal health regimen.

Cathy Rosenbaum, PharmD, MBA, RPh, CHC, is a Holistic Clinical Pharmacist and a Member of the Academy of Integrative Health and Medicine. She is Founder & CEO Rx Integrative Solutions.

Sat., 10:30 am-12 pm; Jan. 9; \$33 (no discounts), #4369-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Bones for Life: Balance, Posture and Power

Posture and alignment are big buzzwords, but most people actually don’t know how to stand tall. Bones for Life is modeled after the uniquely efficient way African water carriers stand and walk. Good for people struggling with movement as well as for those looking to get more out of walking, biking or running. Sessions done in sitting, lying and standing. Bring a mat and bath towel for support. Shoes will be removed.

Cynthia Allen is a Guild Certified Feldenkrais Practitioner and Senior Trainer in Movement Intelligence. She trains and certifies Bones for Life teachers from around the country.

Thurs., 6:30-7:45 pm; Jan. 28 - Feb. 25; 5 wk; \$75 (no discounts), #4371-01

Location: Future Life Now (Northside)

Health-Smart Cooking

Discover how healthy and tasty meals can be prepared quickly and simply in this fun, informal, and interactive class series. As your instructor dices, chops, sautés, and stir fries her way to preparing two delicious meals each week, you'll see how easy and enjoyable cooking can be. Sessions will include creative fridge/pantry cooking, what foods to eat to promote good nutrition and health, plus an emphasis on Asian, Mexican, and Mediterranean cooking. Then, the best part of all -- time to eat!

Peachy Seiden, MS, RD is a nutrition consultant who maintains her own private practice, the Cincinnati Nutrition Counseling Center. She finds that one of the best ways to get people to eat healthy is to show them how to cook that way!

Sat., 12-1:30 pm; Jan. 30 - March 5; 6 wks; \$139 (no discounts), includes all materials and food; #8124-01

Location: Cincinnati Nutrition Center (Silverton)

Debunking Myths about Dietary Supplements

Acquire an understanding of safe and effective use of dietary supplements to enhance health in various categories including heart, bone, joint, general health. Learn how to choose quality products. Find out what the top drug/supplement interactions are to watch out for and how to manage them.

Cathy Rosenbaum, PharmD, MBA, RPh, CHC, is a Holistic Clinical Pharmacist and a Member of the Academy of Integrative Health and Medicine. She is Founder & CEO Rx Integrative Solutions.

Sat., 10:30 am-12 pm; Jan. 16; \$33 (no discounts), #4368-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Hypnotherapy for Pain Relief

Put another tool in your pain management toolbox as you explore hypnotherapy. Recognize various contributing factors to pain and experience hypnosis inductions for stress and for pain. Come away with a CD and materials to help you continue on your way to being able to control and understand pain. For your comfort, we recommend that you bring a mat and blanket for the hypnosis - or if you prefer, you may sit in a chair.

Natalie McKerrell, PhD in holistic health sciences, is a certified hypnotherapist; she has studied at the Cincinnati School of Hypnosis.

Wed., 6:30-9 pm; March 2; \$29 (no discounts), plus \$15 CD and materials fee payable to instructor at first class; #6047-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Sleep Hypnosis

Counting sheep not working for you? Can't stop the mind chatter? Relief may be at hand! Topics include de-stressing, preparing yourself for sleep, what sleep is supposed to look like and what happens when you sleep. Calculate your sleep debt and how much sleep you really need. Then figure out your best bedtime and be hypnotized to go to sleep, stay asleep and wake up refreshed. Class includes a 45-minute hypnosis induction; you will learn how to practice these same techniques on your own at home. For your comfort, we recommend that you bring a mat and blanket for the hypnosis - or if you prefer, you may sit in a chair.

Natalie McKerrell, PhD in holistic health sciences, is a certified hypnotherapist; she has studied at the Cincinnati School of Hypnosis.

Wed., 6:30-9 pm; March 9; \$29, plus \$15 for sleep hypnosis CD payable to instructor in class; #4359-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Weight Loss Hypnosis

Our focus is weight loss; however, with hypnosis, there is no "diet." The premise is that over-eating is a habit and hypnosis can stop the habit. Begin by identifying the stressors in your life and be hypnotized for stress reduction. The next week, explore what habits control your eating and be hypnotized to change those habits. Finally, discuss ways to make exercise a safe, healthy and enjoyable part of your day. A third hypnosis helps instill the desire to incorporate exercise as part of your life. Change your life as you experience hypnosis as a tool to reduce stress and change eating and exercise habits.

Natalie McKerrell, PhD in holistic health sciences, is a certified hypnotherapist; she has studied at the Cincinnati School of Hypnosis.

Wed., 6:30-8:30 pm; Jan. 20 - Feb. 3; 3 sessions; \$69, plus \$35 CDs and material fee payable to instructor at first class; #6120-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

“Communiversity is one of the best treasures UC has to offer.”

—Student of many classes over the years

These Feet Were Made for Walking: A Feldenkrais® Series

Let's get your feet back to providing a healthy foundation for better balance, quality walking, and upright posture. Using Feldenkrais Awareness Through Movement® lessons, clarify the way you use your pelvis and feet in walking, and even get some help from your shoulder girdle for healthier, more comfortable feet. These sessions will be done in sitting, lying and standing. A mat and a bath towel for support are required. Shoes will be removed.

Cynthia Allen is a Guild Certified Feldenkrais Practitioner and Senior Trainer in Movement Intelligence. She trains and certifies Bones for Life teachers from around the country and is co-founder and owner of Future Life Now, an integral health practice.

Mon., 6-7:15 pm; Jan. 18 - Feb. 22; 6 wks; \$90 (no discounts), #4370-01

Location: Future Life Now (Northside)

Shape Up with Belly Dance

Dance your way into shape with this captivating combo of low impact exercise and natural dance that celebrates the personal beauty of all women - of all sizes, all ages. These stretching and swaying movements, electrifying shimmies, and flowing arms are rooted in thousands of years of feminine history. Belly dance promotes flexibility, strength and grace; it helps you unwind and inspires a positive attitude. Learn authentic steps, correct techniques and appealing dance routines. From your fingertips to your toes, and from your head to your heart, this dance will draw you in.

Nanci Glendening's teaching experience as well as her stage experience is extensive.

Mon., 6:45-7:45 pm; Feb. 8 - March 14; 6 wks; \$69 (no discounts), wear bike shorts, leotard or yoga clothes and bring a scarf to tie around your hips. Wear ballet slippers or socks; #5261-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Tai Chi for Beginners

This is a great introduction to Tai Chi. You'll get all of the fundamentals with this easy to learn short set of moves. Focus is on the Yang style 8 movement form. Join us for fun, stress reduction, coordination, enhanced muscle tone and balance.

Ralph Dehner is a Certified Personal Trainer, Certified Tai Chi Instructor and one of 16 USA Master/Trainers in Dr. Paul Lam's Tai Chi for Health Programs.

Your choice of days - or take them both!

Mon., 6-7 pm; Jan. 25 - March 14; 8 wks; \$99 (no discounts), #4510-01

Thurs., 5-6 pm; Jan. 28 - March 17; 8 wks; \$99 (no discounts), #4510-02

Location: Mighty Vine Wellness Club (on Vine)

Yoga Basics

Are you interested in replacing your stress with serenity, your fatigue with vitality and your tension with flexibility and your instability with greater balance? We will assist you with accessing these benefits of yoga and more. This is a wonderful class for those new to yoga and recommended to other more experienced yogis who want to enhance their body awareness and start fresh with a beginner's mind. Enjoy a relaxing atmosphere that is open to any body.

Anna Ferguson, BA, RYT, CYTA, has studied with many remarkable teachers and master yoga practitioners; she has completed both 200-hour and 500-hour teacher training courses.

Your choice of days - or take them both!

Tues., 5:15-6:15 pm; Jan. 26 - March 15; 8 wks; \$99 (no discounts), #4325-01

Location: World Peace Yoga & Motion Studio (Clifton near Ludlow)

Thurs., 5:15-6:15 pm; Jan. 28 - March 17; 8 wks; \$99 (no discounts), #4325-02

Location: World Peace Yoga & Motion Studio (Clifton near Ludlow)





Selling Your Home - Fast and for Top Dollar

Invest two hours in learning the ins and outs of how to sell your home and the returns could be enormous. Find out the key points of pricing, marketing, and showing your home to maximum advantage. Learn critical information about state requirements, inspections, documentation and financing. If you do consider listing with an agent, how do you interview and select one? And what's the #1 most common mistake in selling a house? Come and find out!

Gary Rossignol has been a practitioner in real estate since 1986 and is a certified instructor in Ohio and Kentucky for realtor continuing education courses. Course is strictly educational in nature.

Tues., 6:30-9 pm; Feb. 2; \$29, #8344-01

Location: UC main campus

Steps to a Successful Home Purchase

Explore essential topics in this fact-filled class such as determining the best way to go about finding that property you want, what you can afford, using the MLS, plus the ins and outs of contracts, financing, and insurance. Class is strictly educational in nature; learn from the pro's about buying smart in today's market.

Gary Rossignol, course facilitator, has been a practitioner in real estate since 1986. Guest experts include an attorney, a mortgage broker, and a home inspector.

Tues., 6:30-9 pm; Feb. 16 & 23; 2 wks; \$59, #8401-01

Location: UC main campus

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Language

Responsive, friendly and supportive, our experienced teachers are there to help you learn practical language skills in a small group setting.

Arabic for Beginners

Acquire a basic understanding of the Arabic language and learn to express yourself in that language as you focus on alphabet recognition, basic structures and vocabulary. Emphasis will be on pronunciation, expressions and basic communication skills. You should also be prepared to work on your own outside of class in order to get the most out of this experience.

Youssef Costandi, MD, was past president of the Egyptian-American Club and has an abiding desire to help others learn the basics of his native language. Dr. Costandi is multi-lingual; he received his early education in a French school which was directed by the Jesuit Fathers in Cairo.

Mon., 6-8 pm; Jan. 25 - March 7; 7 wks; \$179, plus \$10 for vocabulary CD plus 100 pages of resource material - payable to instructor at first class; #7502-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Italian for Beginners

Learn to communicate in this beautiful, musical language. You'll acquire the basics of pronunciation, vocabulary, grammar and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation, plus special expressions for travelers. Tips on traveling, sightseeing, and enjoying the culture of Italy will also be included.

French for Beginners

Master the basics of the most romantic of the romance languages. Simple dialogues, questions, basic vocabulary, and expressions for travel and everyday situations will be the focus. Enjoy learning correct pronunciation and how to communicate while traveling as you explore aspects of life in modern French speaking countries.

Joe Costandi, MD, received his early education in the French school, College de la Sainte Famille, which was directed by the Jesuit fathers in Cairo. He speaks French fluently and is an active member of the Alliance Francaise.

Thurs., 6-8 pm; Jan. 28 - March 10; 7 wks; \$179, plus text "Learn French the Fast and Fun Way" and companion CD by Bourquin-Leete, published by Barron's (ISBN: 978-1438074948 available at UC and DuBois Bookstores plus online booksellers); #7002-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Antonio Iemmola specializes in introducing adults to the language of his native country.

Thurs., 6:30-8:30 pm; Jan. 21 - March 24; 10 wks; \$239, plus text "Italian: A Self Teaching Guide" by E. Lebano (ISBN: 978-0471359616 available at UC and DuBois bookstores plus online booksellers); #7004-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Spanish for Beginners

Become acquainted with one of the world's loveliest languages. Focus on the fundamentals, learn basic structures and useful expressions, and then put them into practice. Find out how easy it is to boost your skills and to improve a little each week. No previous exposure to Spanish required.

Patricia Paz enjoys sharing her native language and culture with others. In addition to teaching Spanish at the Horizon Science Academy (Ohio teachers license), she teaches Argentine native dances and folklore here and abroad.

Wed., 6-8 pm; Jan. 20 - March 9; 8 wks; \$189, plus text Avancemos! Student Edition Level 1 AND companion Avancemos! Level 1 Workbook (2007). Purchase text USED online through Amazon for \$15 or less; also purchase workbook for \$15; bring both to class; #7076-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Spanish II

Do you already have some basic knowledge of the Spanish language but want to learn a little more? Refresh your skills and increase your confidence as you focus on pronunciation, vocabulary and grammar, with special emphasis on conversational skills.

Patricia Paz enjoys sharing her native language and culture with others. In addition to teaching Spanish at the Horizon Science Academy, she teaches Argentine native dances and folklore here and abroad.

Thurs., 6-8 pm; Jan. 21 - March 10; 8 wks; \$189, plus text Avancemos! Student Edition Level 1 AND companion Avancemos! Level 1 Workbook (2007). Purchase text USED online through Amazon for \$15 or less; also purchase workbook for \$15; bring both to class; #7093-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Music & Dance

Dancing for Two: Ballroom-Style

Tired of watching all the fun and ready to join in? Transform yourself into a dancer as you learn the basics of the beautiful, ballroom-style dances -- slow fox trot, waltz, mambo, cha-cha, and rumba. This is an introductory level, especially for those who have had no prior dance classes. Both couples and singles are welcome, although we cannot guarantee partners for singles. Wear smooth hard leather soled shoes to enable turns and changes in direction.

Jeff Greatorex is a dance enthusiast and experienced teacher of dance.

Fri., 7:45-8:45 pm; Jan. 22 - March 18 (no class Feb. 26); 8 wks; \$89, #4211-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Swing Dances: An Introduction

From Jitterbug (Single Time Swing) to East Coast Swing (Triple Time), you'll be picking up your feet and having a ball. Swing to music from the '50s and '60s, honky-tonk, C & W, and even rock. Gain self-confidence in maneuvering around a dance floor and increase your repertoire of fast dance movements as you learn these always popular styles of dance. You'll begin by mastering the basics and then add some new combinations as you go. Wear leather soled shoes to allow for smooth turning, please. Partner recommended but not required.

Jeff Greatorex is a dance enthusiast and experience teacher of dance.

Fri., 8:45-9:45 pm; Jan. 22 - March 18 (no class Feb. 26); 8 wks; \$89, #5262-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Drumming in a Bagpipe Band

We will introduce you to the art and technique of playing snare drum in a bagpipe band. Drumming in a pipe band is unique and has developed a strong identity. Drummers from marching bands may find similarities but should expect a few key differences. Beginners with no musical background will be able to start in this course. Topics include basic rudiments of the grip, music notation, flams, paradiddles, drags and rolls, plus a chronicle of how drumming became part of bagpipe bands.

Jeff Craig has been a member of the Cincinnati Caledonian Pipes and Drums since 1992 where he currently serves as President and as Drum Sergeant. He also plays events to honor police, fire and US servicemen with the Cincinnati Emerald Society Pipe Band; plus, he has been competing with the 87th Cleveland Pipe Band at contests since 2011.

Wed., 6:30-8:30 pm; Jan. 20 - Feb. 24; 6 wks; \$139 (no discounts), plus \$22 for drum sticks payable to instructor. Bring to class a drum pad (recommended Real Feel pad); #4232-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Salsa and Merengue Dance

Capture the spirit and the rhythm of these popular Latin dances as you learn their special moves, steps, shines, and styles. Focus will be on the Cuban style Salsa and the Merengue, a quick even-stepping hip-moving dance which originated from the Dominican Republic. You'll practice holds, hand positions, and turns as you gain confidence in adjusting your moves to the speed of the music and flowing from one move to the next. Both couples and singles are welcome, although we cannot guarantee partners for singles. Class is geared for beginners. You must wear soft-soled shoes (leather or others that allow for smooth turning).

Doni Jessen, MBA, has a wealth of experience teaching, performing and choreographing Latin dance.

Thurs., 7-8 pm; Jan. 21 - March 10; 8 wks; \$89, plus \$8 materials fee for cd, payable to instructor at first class; #5229-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Native American Flute

The sound of the Native American flute is entrancing, soothing and enchanting - and it is surprisingly easy to learn. Even those with no musical background can pick up a flute and play right away - no need to read music. Be prepared to practice on your own outside of class; and then by the end of the three session "playshop," you will have built a solid foundation on this instrument.

Pia Al-Ubaidi is a professional performance artist, composer and teacher, as well as the founder of the Cincinnati Native American Flute Circle. She performs across the state at Native American centered events and has studied this instrument with nationally known artists.

Wed., 6:30-8:30 pm; Feb. 3-17; 3 wks; \$75 (no discounts), plus high quality flutes will be available to borrow and purchase; students are not able to take flutes home, and are highly encouraged to purchase a flute for out-of-class practicing. Note: All students must use a Native American Flute in the key of A minor; #4225-01

Location: UC Victory Parkway Campus (historic Edgecliff by Eden Park); park free

Fiddling for Beginners Level I

Do you love the toe-tapping excitement of Irish music or American old-time, but never picked up a fiddle before? Rest assured, by the end of this class you'll have a solid foundation on the instrument and a handful of great tunes! Along the way you'll see how easy it is to learn music by ear (no sheet music required), get a taste of music history and theory, and, of course, have fun in the process. Learn how most music is built on simple patterns, enabling you to learn any tune you hear. Explore proper fiddle ergonomics so that you can enjoy a lifetime of playing. This is the class for you if you can't play a tune or don't even know how to hold the instrument and bow.

Justin Bonar-Bridges has been playing and teaching various styles of traditional music in the U.S., Ireland, and Canada for over twenty years. Since 2001 he has taught at the Riley School of Irish Music and has played in the celebrated traditional band Silver Arm.

Thurs., 6:25-7:25 pm; Jan. 21 - Feb. 25; 6 wks; \$139 (no discounts), plus you'll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town and can be had for as little as \$13 per month; #4226-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Fiddling for Beginners Level II

This is a continuation of the preceding course. Using the foundational skills and ear training learned in Level I, we'll tackle some trickier tunes and explore techniques that will make your playing shine. If you've already learned some tunes by ear and have a background on fiddle or violin, or you've previously taken Fiddling for Beginners I, this class is for you.

Justin Bonar-Bridges has been playing and teaching various styles of traditional music in the U.S., Ireland, and Canada for over twenty years. Since 2001 he has taught at the Riley School of Irish Music and has played in the celebrated traditional band Silver Arm.

Thurs., 7:30-8:30 pm; Jan. 21 - Feb. 25; 6 wks; \$139 (no discounts), plus you'll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town and can be had for as little as \$13 per month; #4227-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)



Ukulele for Advanced Beginners

If you've mastered the fundamentals (tuning, holding and finger placement), you're ready for the next step. Further refine your skills as you go more in-depth into chords, strumming, playing up the neck, and trying out some variations and tempos. Bring your ukulele and let's make some music!

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music would love to get you playing that ukulele.

Tues., 6:40-7:55 pm; Jan. 12 - Feb. 23; 7 wks; \$159 (no discounts), bring your own ukulele (soprano, concert, or tenor - no baritone) and text for Hal Leonard Ukulele Method Book 2 (CD not required) only about \$9; #4217-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Ukulele for Beginners

Ukuleles aren't just for luaus! You'll be amazed at the variety of styles you can play - from blues and country to pop and light rock. After mastering the fundamentals (tuning, holding and finger placement), we'll focus on really getting comfortable with your instrument. Watch, listen, and play along as you build on the basics of chords, strumming, playing up the neck, and trying out some variations and tempos. No musical experience needed. Bring your ukulele and let's make some music!

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music would love to get you playing that ukulele.

Tues., 5:15-6:30 pm; Jan. 12 - Feb. 23; 7 wks; \$159 (no discounts), bring your own ukulele (soprano, concert, or tenor - no baritone) and text for Hal Leonard Ukulele Method Book 1 with audio CD (only about \$9); #4214-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Guitar for Beginners

Explore varying styles of music as you conquer the fundamentals of guitar technique, reading music, and chord study in a group setting. Increase your enjoyment of playing as you establish proper playing techniques. Bring an acoustic (not electric) guitar to all classes and find out that anyone can read music and anyone can play!

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music, is an active performer and guitar teacher.

Tues., 5:15-6:30 pm; Jan. 12 - Feb. 23; 7 sessions; \$159, plus text "The FJH Young Beginner Guitar Method: Lesson Book 1" (G1016 - CD not required) available from UC or DuBois Bookstores plus online booksellers; #5224-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Piano Basics I

Using the "Musical Moments, Book One", we will learn to read music and play by chords. No previous musical experience needed. Students with previous experience are welcome to skip to Piano basics II. Your success is attributed to the comfortable pacing and logical sequencing of the materials. We will meet in a state-of-the art piano facility; each piano has headphones. You will progress with the aid of some home practice, but it is understood you are busy--this is a guilt-free class. You may repeat this course as many times as desired. If you are not sure which level to sign up, please contact the instructor through the CM office: 513-556-6932.

Hye-Eun Suh, teacher and performer of piano, is currently pursuing D.M.A degree at University of Cincinnati College-Conservatory of Music, and is trained in Recreational Music Making.

Tues., 6:10-7:10 pm; Jan. 26 - March 15; 8 wks; \$160 (no discounts), plus purchase and bring to class "Musical Moments: A Recreational Music Making Program: Book One with CD." Available online at: <http://www.musicalmomentsrmm.com/our-store.html> or UC Bookstore; #4216-01

Location: UC main campus

Piano Basics II

We will continue and finish the "Musical Moments, Book One." Additional pop chord charts and reading will be supplemented. Students with previous piano experience are welcome to skip to Piano: Beyond the Basics III. We will meet in a state-of-the art piano facility; each piano has headphones. You will progress with the aid of some home practice, but it is understood you are busy--this is a guilt-free class. You may repeat this course as many times as desired. If you are not sure which level to sign up, please contact the instructor through the CM office: 513-556-6932.

Dr. Sophie Wang, teacher and performer of piano, is affiliated with the University of Cincinnati College-Conservatory of Music and is trained in Recreational Music Making.

Tues., 6:10-7:10 pm; Jan. 26 - March 15; 8 wks; \$160 (no discounts), plus purchase and bring to class "Musical Moments: A Recreational Music Making Program: Book One with CD." Available online at: <http://www.musicalmomentsrmm.com/our-store.html> or UC Bookstore; #5217-01

Location: UC main campus

Piano: Beyond the Basics III

Take the next step with us in this continuation class and gain skills in playing beyond 5-finger position with finger crossing, reading sharps/flats and enjoying ensemble opportunities. We will be using the "Musical Moments, Book Two" and supplementing with additional solo and ensemble repertoire. We will meet in a state-of-the art piano facility; each piano has headphones. You will progress with the aid of some home practice, but it is understood you are busy--this is a guilt-free class. You may repeat this course as many times as desired. If you are not sure which level to sign up, please contact the instructor through the CM office: 513-556-6932.

Dr. Sophie Wang, teacher and performer of piano, is affiliated with the University of Cincinnati College-Conservatory of Music and is trained in Recreational Music Making.

Tues., 7:20-8:20 pm; Jan. 26 - March 15; 8 wks; \$160 (no discounts), plus "Musical Moments: A Recreational Music Making Program: Book Two with CD." Available online at: <http://www.musicalmomentsrmm.com/our-store.html> or at UC Bookstore; #5236-01

Location: UC main campus

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Writer's Workshop for Beginners: Get a taste of the writer's life and improve your writing skills in this intro to writing creatively.

A to Z Grant Writing: Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns, and prepare proposals.

Creating Web Pages: Acquire the basics of HTML so you can design, create, and post your very own site. Advanced Web Pages also offered.

Photoshop and Photoshop Elements: Learn how to create original images and to fix and process photos. Levels I & II; Creating Web Graphics. In Photoshop Elements, you'll learn to edit and correct digital images to repair deficiencies and bring out the best in your photographs.

Java Programming: An experienced Java programmer introduces important Java topics with clear, step-by-step instructions. Intro and intermed. levels available

Grammar Refresher: Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

CSS3 and HTML5: Learn to create state-of-the-art Web sites using modern CSS3 and HTML5 techniques. Available in intro and intermediate levels.

Illustrator: Learn to design and draw vector art, work with shape gradients, and manipulate color images using Adobe Illustrator.

Microsoft Access: Find out how to store, locate, print, and automate access to all types of information. Intro and intermediate levels.

Mastering Your Digital SLR Camera: Take your photography to the next level with your digital SLR camera by learning how to master lenses, apertures, shutter speed, exposure settings, and more.

Advanced Fiction Writing: Explore advanced fiction writing techniques with a published novelist.

Supervision and Management I & II: Learn how to be an effective manager or supervisor. Master the basics of communicating effectively, and learn tools for developing your own interpersonal skills.

Achieving Success with Difficult People: Learn how to have more successful relationships with difficult bosses, co-workers, students, neighbors, or relatives.

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Creating Mobile Apps with HTML5: Learn to use HTML5, CSS3, JavaScript, jQuery, and Web APIs to create cross-platform mobile apps and mashups.

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Human Anatomy and Physiology: Learn the basic characteristics of the four main types of tissues, the general and special senses, cellular metabolism, body chemistry, and significant events in the life span, from fertilization through old age.

InDesign: Learn how to use Adobe InDesign software to design and produce professional-quality letterhead, brochures, business cards, and more.

Intro to Networking: Upon completion of the course, you will be capable of performing basic computer networking tasks, such as DSL connectivity or configuring connections to an Internet Service Provider.

Languages: Spanish, Italian, Japanese, French: Your choice! Prepare to speak a new language in a wide variety of settings and situations and you will enrich your experiences while traveling.

Beginner's Guide to Getting Published: Published writer shows you how to give yourself the credibility you need to get your books and articles published.

Comp TIA A+: Start preparing for CompTIA A+ certification as you learn PC basics and troubleshoot in a real world PC environment.

Creating WordPress Websites I and II: Master the technical elements of WordPress; learn how to organize a blog or website, create appealing content, and achieve better positions on search engines.

Explore a Career or Start Your Own Business
in: Admin. Ass't; Arts & Crafts; Plants; Pet Sitting; Event Planning; Consulting Practice; Medical Coding; Medical Writing; Home-Based Business; and more.

Grammar for ESL: If English is your second language and you're headed to college, this course will teach you the principles of grammar and structure you'll need to succeed.

Intermediate Microsoft Access: Learn how to build more intuitive and powerful databases.

PHP and My SQL: Learn how to create an interactive Web site, allowing visitors to post and retrieve information provided by you or your site's visitors. Intro & intermed. levels.

Publish and Sell Your E-Books: Learn how to use free tools to publish an e-book, and then list and sell your e-books in the world's largest online bookstores.

Real Estate Investing: Specially designed worksheets and hands-on activities help take the guesswork out of your investing efforts.

Secrets of Better Photography: Learn how to take better pictures by understanding your camera and how to use it in a variety of situations.

Writing Essentials: Master the essentials of writing so you can excel at business communications, express yourself clearly online, and take your creative literary talents to a new level.

Designing Effective Websites: Learn powerful graphic design techniques and build Web sites that are both attractive and wickedly effective.

How to Get Started:

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3. Enroll and pay for your classes at www.ed2go.com/uc Or choose from three other ways to enroll on page 31. Fees: Most online classes are only \$119 (no discounts).
4. Return to our Online Learning Center and click the My Classroom tab when your course starts. To begin your studies, simply log in with the name and password you provided during enrollment.
5. Start Dates: A new section of every online course will begin on the following dates:
Dec. 9 • Jan.13 • Feb.10 • March 16

For complete Online Course Catalog, see www.ed2go.com/uc.

Personal Development

Contemporary Social and Business Dining Etiquette

Knowing how to conduct yourself over the table provides a tremendous advantage throughout life. Learn to be comfortable in any dining situation, whether formal, informal, business or social. Join Ms. Glendening at deSha's as you polish your table manners in an enjoyable, private setting over a delicious dinner. Topics include: navigating the table; the silent service code; forms of service; and the five most common dining mistakes. From "How do I eat this?" to "Faux Pas Recovery 101," we'll have fun while learning some important lessons in this unforgettable class!

Nanci Glendening, co-founder and past president of the Association of Image Consultants International OH-PA Chapter, has conducted appearance and etiquette programs for all types of organizations.

Mon., 6:45-8:45 pm; Jan. 25; \$39 (no discounts), plus \$32 for five-course dinner, taxes and gratuities payable to instructor at beginning of class; #6045-01

Location: DeSha's (Harper Point)



What to Wear and How to Wear It

From wardrobe planning and accessories to discovering your best colors and most flattering styles, find out how you can achieve that "put together" look. Focus on personal appearance and polish, find out about image killers, and do's and don'ts.

Nanci Glendening, of Glendening Image Research, is co-founder and past-president of the Association of Image Consultants International OH-PA Chapter. She also modeled in Miami FL and was a former Miss Cincinnati USA.

Wed., 6:30-8:30 pm; Jan. 20; \$29, #6156-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Professional Make-Up Skills

Do you want to learn professional techniques and secrets to doing your own make-up -- without the sales pitch and the very public department store environment? In this fun, relaxed class, you'll bring in your own make-up bag. Find out what your make-up will do for you, what basics you really need, how to select and purchase make-up, and how to handle some of the tools. Explore daytime and evening looks, how to minimize flaws, and how to take care of your skin. The second session is really hands-on, so come fresh-faced. We'll be starting from scratch as you learn how to apply your make-up as if it was done professionally every day.

Meredith McClain is a professional make-up artist. She does not represent any company and does not sell any products; she currently works in the industry for a variety of companies.

Mon., 6:30-8:30 pm; Feb. 1-15; 3 wks; \$69 (no discounts), plus \$5 materials fee payable to instructor for use of supplies in class; remember to bring in your own make-up to learn application techniques. Also bring a small hand mirror - a stand-up one would be ideal; #6138-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Finishing Touches

A polished image, a pulled-together appearance and knowing what to do and say in any situation develops self-confidence and prepares you for new relationships and experiences. Discover and master many concepts: contemporary social etiquette; the art of conversation and charisma; what goes into good grooming, fashion, wardrobe, hair, and makeup; how to use body language and posture to your advantage; plus pointers on personality and aesthetics. You can practice and learn the techniques you'll need to present yourself at your personal and professional best.

Nanci Glendening, co-founder and past president of the Association of Image Consultants International OH-PA Chapter, has conducted appearance and etiquette programs for all types of organizations.

Wed., 6:30-8:30 pm; Feb. 24 - March 16; 4 wks; \$159 (no discounts), #6046-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

"Learned how to look better and feel better about how I look!"

— Student in "What to Wear" class



Become a Master Homebrewer with Listermann Brewery!

At one time Cincinnati hosted more breweries than anywhere in the world! Currently Cincinnati is experiencing a rebirth of the local brewing community, with a strong rise of both local and regional breweries. Join Listermann Brewery and instructor Rob Westendorf in a hands-on, three part class that will provide the history, tools and process for brewing amazing beer. Enrollment is limited to 30 people.

January 21, 6-10 pm: Learn the basics of homebrewing, brew an entire batch from start to finish, and bottle a previously brewed batch. At the end of the class you'll leave with a deluxe equipment kit (The Brewer's BEAST®), including everything necessary to brew at home. See detailed list of what is included in the kit in our online catalog.

You'll also select the ingredient kit of your choice (brews 5 gallons), including various *American, English, Belgian and farmhouse styles*. Before your third meeting you'll brew your own batch at home.

February 4, 6-10 pm: Review the past, present, and future of Cincinnati brewing; learn how to evaluate

and judge beers. Understand what ingredients and processes produce the flavors that appeal to you.

February 25, 6-10 pm: Gather to taste everyone's first brewing effort and enjoy the foods that compliment them. You'll have the option of a full critical evaluation, including a Beer Judge Certification Program (BJCP) scoresheet, or a more casual evaluation and conversation with several certified judges from the BJCP. The judges will help you understand why certain flavors are present or absent, and steer you on the path to better brewing in the future.

Rob Westendorf has been a homebrewer for over 20 years and has collaborated with many professional breweries to develop new beers. A national judge in the BJCP, he is active in several national committees of the American Homebrewers Association.

Cost: \$295 (no discounts), includes: The Brewer's BEAST® Equipment Kit, 24 bottles and caps, ingredient kit of your choice (brews 5 gallons), 4 official UC pint glasses, instruction from master homebrewer and food at the third meeting; #6166-01

Location: Listermann Brewery (Evanston)

Fortune Telling

Learn about how anthropologists categorize the wide variety of fortune telling (divination) techniques used around the world and discuss examples from a wide variety of cultures, both past and present. After looking at the many ways that one can accomplish an act of divination, we will then put our knowledge into practice by learning how to use at least two fortune telling methods (tarot and runes).

Alisa Strauss, PhD, teaches in the Anthropology Department at UC. She is especially interested in the study of mythology, folklore, magic, and religion.

Sun., 1:30-4 pm; March 20; \$29, plus \$25 payable to instructor in class for tarot cards and runes. Must enroll by 4 p.m. on March 10 so instructor may order supplies; #6157

The Heart of Meditation: The Open Path

The ancient and direct practice of meditation fosters and cultivates an awakened perspective, allowing the mind to become quiet, and the heart to open. Explore the subtle wisdom of the open path. We will provide chairs and meditation cushions; try to avoid eating for an hour before class. No particular belief system required--just a desire to find the clarity and peace that meditation can bring.

Bonnie Beverage, a teacher in the Theravada Tradition, is one of the founding members of the Dharma Center. She has taught History of Buddhism since 1998 at UC. She is also the author of "Take-Home Dharma" and "Impermanence: The Only Lesson You Will Ever Need."

Thurs., 7-8:30 pm; Feb. 4-25; 4 wks; \$59, #6044-01

Location: Dharma Center of Cincinnati (Upper Northside)

Personal Safety and Survival: What's Your Plan?

Learn simple and effective self-defense strategies so that you can be prepared...just in case. We will dispel many of the myths created by the media as we introduce you to the proper mindset for self-defense. Topics include assaults in public, home invasions, armed assailants, rape defense, the use weapons and legal considerations, common weapons to use at home, and effective striking methods.

Daryl Tate has over 20 years of law enforcement experience. He is a former Defensive Tactics and Use of Force Coordinator for the State of Oregon; he worked on the Mayor's Executive Protection Unit while working in Atlanta; and has trained hundreds of officers and civilians in self-defense techniques.

Sat., 11 am-1 pm; Feb. 6-20; 3 wks.; \$69 (no discounts), #6161-01

Location: UC main campus

Herbs and Oils

Have fun in this series exploring some of the types, properties, and uses of our instructor's favorite essential oils and natural herbs. We'll hit the highlights as you learn about these main areas: personal/body care; around the house; and home remedies. You'll see demonstrations and get some hands-on experience creating some of these hand-crafted products as you learn how to make such things as herbal teas, potpourri, room diffuser spray, and soaps for laundry and for body. Also learn about some important precautions to take when using these oils and herbs.

Kristy A. Brandabur, RMA, CHLC, CMBFC, RA (AHHA), is the owner of Metamorphosis: Holistic Wellness Center LLC. She has been in the health and fitness industry for over 25 years.

Sat., 10 am - 12:30 pm; Feb. 13 & 20; 2 sessions; \$54 (no discounts), plus \$15 supply fee payable to instructor at first class for oils, herbs, and all materials; #6052-01

Location: Metamorphosis: Holistic Wellness Center LLC (historic district Columbia Tusculum)



Quick Tips from a Pro: IT Security Series

Choose one, two or all three of these special IT evenings.

Instructors: Matt Williams, Asst. Director and Bo Vykhovanyuk, Asst. VP, are with the Office of Information Security, IT@UC; and they also teach as adjunct faculty with the University of Cincinnati. Either one or both will be on hand to lead this class and to provide their professional expertise on these vital topics.

Location: UC main campus

Fighting ID Theft: Quick Tips from a Pro

Focus on password storage do's and don'ts and the best way to protect yourself. The spotlight will also be on your online identity, including social media and your home (private) email accounts. Find out how to best guard your information, where you have the most exposure and what the most important things are that you need to do to protect your identity in these environments.

Tues., 6:30-8 pm; Feb. 9; \$49 (no discounts), #6163-01

Home Security Essentials: Quick Tips from a Pro

Your home should be your haven - find out what you should be doing to keep yourself safe there. Focus will be on two main areas: how to set up your home wireless network for maximum security plus how to limit your exposure and vulnerabilities on your personal PC.

Tues., 6:30-8 pm; March 8; \$49 (no discounts), #6165-01

Securing Your Portable Devices: Quick Tips from a Pro

How smart have you been about securing your smart phone? Your laptop? Your tablet? Find out some practical pointers to keep your business and personal data private. Bring your device and come away with some simple steps to ramp up your level of security while on the go.

Tues., 6:30-8 pm; Feb. 23; \$49 (no discounts), #6164-01

Photography

Digital Photography: Basic Level

Get started with the basics in this introductory class. Bring your Point and Shoot digital camera to class as we explain some of the most common functions and features; i.e., focus, zoom, flash, shutter speed, ISO, white balance, storing images, and composition. Become familiar with some of the terminology and basic photo editing as well (sizing, cropping, toning and printing). We'll incorporate some feedback of images you take outside of class, so you can learn by doing. The focus is on taking better pictures -- while your camera is left in the automatic mode.

John Engelman is a professional photographer specializing in commercial, portraiture, and fine art images; he is also experienced teaching classes in lighting, nature, travel and fundamentals.

Thurs., 5:45-7:15 pm; Feb. 4 - March 10; 6 wks; \$129 (no discounts), #3823-01

Location: UC main campus



Photography: Taking It to the Next Level

So you bought a nice camera and you feel a bit overwhelmed with all of the buttons and dials. This course is designed to help you understand the controls of the camera to help you create better pictures. Your pictures will improve and you will have a better understanding of your camera after the first class. We'll begin with a discussion of the technical aspects of photography but emphasis will be placed on telling stories with pictures and how to share them online or in print. You'll be encouraged to create a personal narrative based on your individual interests. Classes will include interactive lecture, demonstrations, and sharing of each other's images.

John Engelman is a professional photographer specializing in commercial, portraiture, and fine art images; he is also an experienced photography instructor.

Thurs., 7:30-9 pm; Feb. 4 - March 10; 6 wks; \$159 (no discounts), plus bring your camera (any type) to class; #3824-01

Location: UC main campus

Online Classes Available Visit ed2go.com/uc

Select "Personal Development;" click on "Digital Photography" to see PhotoShop and Making Movies classes.

Sports & Adventure

Tennis Rain Or Shine at Anderson Mercy Healthplex

Indoor tennis classes are facilitated by Anderson Mercy Healthplex tennis professionals.

Tennis for Beginners

Get in shape with tennis! Work on hand-eye coordination, racquet skills, basic strokes, and scoring. This experience is designed for the player who has never played the game or is unfamiliar with the rules. Bring your own racquet.

Classes taught by tennis professionals with Mercy Healthplex.

Sun., 4-5 pm; Jan. 17 - March 20; 10 wks; \$143 (no discounts), #4105-01

Location: Mercy Healthplex Anderson

Tennis for Intermediates

This is an enjoyable way to get in shape and stay in shape! You are ready for this experience if you have had some previous instruction or if you can hit ground strokes and serves in play from the baseline with reasonable success. You'll have the chance to work on strokes with movement, rally skills, overheads, and volleys. And for those who are ready, you may practice getting that first serve in, adding spin, net play, strategy, and control. Bring your own racquet.

Classes taught by tennis professionals with Mercy Healthplex.

Sun., 5-6 pm; Jan. 17 - March 20; 10 wks; \$143 (no discounts), #4107-01

Location: Mercy Healthplex Anderson

Sports & Adventure CONTINUED

Rock Climbing Fundamentals

Learn and practice basic rock climbing techniques and skills with an emphasis on safety, top-ropeing, bouldering, belaying and sequencing a route. Come find out about drop-knee, dyno, stem and matching as you get experience indoors on the climbing wall.

Alex Brock is a long-time rock climbing enthusiast and former competitor. In 2000, he won the youth national championship of the American Bouldering Series.

Skiing

All levels of skiers will have the chance to get the most out of skiing! Groups will be formed with people of similar capabilities so that you may learn at your own pace. Please arrive 30 minutes early the first night. In order to start your one-hour lesson promptly, we need to allow time to assign the groups.

Perfect North Slopes professional staff concentrates on making skiing easy by using the American Teaching System.

Your Choice of Sections:

Tues., Jan. 5, 12, 19 & 26; #2010-01

Thurs., Jan. 7, 14, 21 & 28; #2010-02

Your choice of start times: 6 or 7 p.m. – come when it suits you best

Fees: (Total for all four weekly lessons)

\$30 paid to UC for instruction (no discounts)

\$50 paid to Perfect North for ski and boot rental (optional)*

\$130 paid to Perfect North for lift tickets (required)*

*Fees to Perfect North to be paid by 12/30/15 online with special password provided in your confirmation letter.

Note: Equipment rental and lift tickets are good for up to 8 hours each visit.

Location: Perfect North Slopes, Lawrenceburg, Indiana

Wed., 7-9 pm; Jan. 20 - March 16; 9 wks; \$99 (no discounts), plus \$120 paid to Climb Time at first class to cover use of the facility and equipment over the 9-session class (shoe rental is optional for \$45 or wear gym shoes); #2003-01

Location: Climb Time of Blue Ash

Snowboarding

All levels of boarders will have the opportunity to enhance their riding ability. Groups will be formed with people of similar capabilities so that you may learn at your own pace. Please arrive 30 minutes early the first night. In order to start your one-hour lesson promptly, we need to allow time to assign the groups.

Perfect North Slopes professional staff strives to gear lessons to individual needs.

Your Choice of Sections:

Tues., Jan. 5, 12, 19 & 26; #4136-01

Thurs., Jan. 7, 14, 21 & 28; #4136-02

Your choice of start times: 6 or 7 p.m. – come when it suits you best

Fees: (Total for all four weekly lessons)

\$30 paid to UC for instruction (no discounts)

\$50 paid to Perfect North for snowboard and boot rental (optional)*

\$130 paid to Perfect North for lift tickets (required)*

*Fees to Perfect North to be paid by 12/30/15 online with special password provided in your confirmation letter.

Note: Equipment rental and lift tickets are good for up to 8 hours each visit.

Location: Perfect North Slopes, Lawrenceburg, Indiana

Test Preparation

ACT Preparation

Losing sleep and getting anxious about test day? In this intensive class, you'll build confidence and make the most of your potential by studying strategies for taking the ACT and by reviewing topics covered by the ACT (math, writing and reading comprehension). Learn a variety of test taking methods and work with the instructor to adapt the ones that best suit your own unique style and personal strengths. You'll get support for questions and concerns; plus discussions, PowerPoints, use of TPR materials, and lots of concrete examples. Discover approaches to increase your odds on each question type, how to use a process of elimination, construct a well-defined essay (optional) on this test, plan your critical reading passage strategy, and learn when it's good to guess.

Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.

2 days; \$159 (no discounts), plus bring calculator and text "Real Act Prep Guide with CD" (3rd edition), a publication of The ACT: ISBN # 978-0768934403. Lunch and book not included - bring your own.

Sun., 9 am-2 pm; Jan. 17 & 24; #4604-01

Sun., 9 am-2 pm; March 6 & 13; #4604-02

Location: UC main campus

Test Preparation

GRE Preparation: Concentrated

Our concentrated content and small class size will help you lay the foundation for success on the GRE test. You'll work with authentic questions and responses and gain confidence by learning helpful strategies in our team-taught course. The English instructor provides the intro to the GRE, including common misconceptions, time management tips, and insights into how to study; his focus is on teaching analytical writing and verbal reasoning skills. The math instructor teaches quantitative reasoning skills along with a review of concepts of algebra and geometry.

Allen Feibelman, MA, is an associate professor at Chatfield College and has taught with the UC English Department. Allen has also taught for Princeton Review.

Jane Allen, MEd in mathematics, teaches College Preparatory and Honors Math at Kings High School.

Sat., 9 am-4 pm; Feb. 20 & 27; 2 sessions; \$149 (no discounts), plus text "The Official Guide to the GRE revised General Test with CD-ROM," 2nd ed., a publication of the Educational Testing Service (ISBN: 978-0071791236) available from UC and DuBois bookstores plus online booksellers; #4608-01

Location: UC main campus

LSAT Preparation

The key to success on the Law School Admission Test is practice, strategy, and timing. Delve into a detailed analysis of each LSAT problem type: reading comprehension, analytical reasoning, and logical reasoning. By discussing the problems and explanations, you'll develop the ability to approach the LSAT as a series of intellectual games to which you can apply strategies studied in class. You will also benefit from the instructor's critique of your LSAT writing samples. The course culminates in a full-length mock exam. Using actual questions from previous tests, under timed conditions, will prepare you for the real environment. In addition, and outside of classroom hours, the instructor offers individualized assistance with the personal statement essay required for all law school applications.

Sara Barry, JD, is currently a staff attorney for the Montgomery County Court of Common Pleas, with previous private practice experience in plaintiff's civil litigation.

Sun., 10 am-2 pm; Jan. 3-31; 4 sessions (no class Jan. 17); \$299 (no discounts), plus "Barron's LSAT" (ISBN: 978-1438002323) by Cutts & Mares (2013) ~ must have this book for immediate use in class sessions 1, 2 & 3; plus "The Official LSAT SuperPrep" by the Law School Admission Council (ISBN: 978-0979305061) for use in class session 4 & for self-study; #4601-01

Location: UC College of Law, UC Main Campus

SAT Preparation

Gain confidence and make the most of your potential by studying strategies for taking the SAT and by reviewing topics covered by the SAT. You will learn specific techniques for taking the math, writing and reading comprehension parts of the test. Discover how the test is structured, effective methods for solving each problem type, and what to expect. Acquire an arsenal of tools to help you succeed, including how to use a process of elimination, construct a well-defined essay on test day, plan your critical reading passage strategy, and decide how to handle the conundrum "to guess or not to guess."

Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.

Sun., 9 am-2 pm; Feb. 14 & 21; 2 days; \$159 (no discounts), plus text "Official SAT Study Guide" 2016 edition," a publication of The College Board (ISBN: 978-1457304309 available from UC and DuBois bookstores plus online booksellers). Lunch and book not included - bring your own; #4603-01

Location: UC main campus

TOEFL iBT Preparation Class

The Test of English as a Foreign Language (TOEFL) is used to measure English language proficiency. It is the most accepted test in the world; and Internet-based testing has made it even more accessible. This course will help you prepare to take the TOEFL as you focus on the main features of the test, test-taking strategies, exercises, and practice. We will cover the types of skills evaluated by the various sections of the test, including reading, listening, writing and speaking.

Jennifer Wiebe, EdM, is a graduate of U of Illinois Urbana-Champaign; she is an experienced teacher who has a love of languages.

Wed. 6:30-8:30 pm; Jan. 20 - March 9; 8 wks; \$189 (no discounts), plus \$35 material fee payable to instructor at first class for text "Delta's Key to the TOEFL iBT: Advanced Skill Practice" (2011, includes CD's) plus "McGraw-Hill Education 400 Words for the TOEFL" (2nd ed.); #4602-01

Location: UC main campus

Online Classes Available
Visit ed2go.com/uc

Select "Personal Development;" click on "Test Prep" for other options.

Program Information

Information on Location and Parking, Material and Supply Fees, Discounts, and more!

Enroll Early

Courses can fill up quickly! To ensure a space in the class of your choice, please enroll now. We will accept registrations as long as there is room.

If the class you want is filled, we'll put you on a wait list and notify you as soon as possible. You may choose to remain on the wait list, transfer to another class, or receive a refund (if you paid by credit card you will not be charged). Every effort will be made to accommodate you — we've even been known to create new class sections to meet your needs.

Designed for You

Our courses are designed for anyone interested in learning something new. Classes are short-term and focused to accommodate busy schedules. Truly “learning for learning’s sake,” we offer a no-pressure option (no tests, grades or papers) to continuing education for all adults. We also extend a welcome to high school students interested in Mini Medical College, test preparation classes, plus some of our special topics just for teens.

Class Changes

We don't like to make changes, but sometimes it's unavoidable. We reserve the right to change times, locations or instructors. If we must cancel a class, we will make every effort to notify you immediately. Please provide daytime phone numbers so that we may contact you. You may then choose to transfer to another class or receive a full refund.

Location and Parking

Our classes are held online, face-to-face, at UC's Main Campus, at UC's Victory Parkway Campus, and at 20 other locations around town — see the last line of each description for the class location.

Exact room and building locations, parking information, and directions will be mailed to you with confirmation of your enrollment.

If you have a disability and need specialized services, call the Disability Services Office at 513-556-6823 well in advance of your class to discuss your needs.

Confirmation of Enrollment

If you have not received confirmation within two days of starting date for your class, please call 513-556-6932. Office hours are 8 am–5 pm Monday-Friday.

Material and Supply Fees

Some classes require additional fees for supplies or materials — they are noted in the class listing. *These fees are to be paid to the instructor at the first class session.* These fees are nonrefundable and discounts do not apply to them.

Books

A few courses require the purchase of book(s); those are noted in the description. You may buy them from local or online booksellers. If you buy your books from UC (513-556-1400) or DuBois (513-281-4120), you will find them in a special Communiversity section.

Discounts

In order to take advantage of these discounts, you must request your discount at the time you first enroll. Only one discount may apply per class. Classes not available at a discount are marked with a “no discounts” notation.

UC Faculty and Staff Discount

Full-time UC faculty and staff may take one class per quarter at half-price. Spouses and dependents are ineligible. This discount requires special handling and is not available online. Call 513-556-6932 to arrange.

Senior Citizens Discount

Golden Buckeye card holders are eligible for a 20 percent discount on many of our classes — be sure to provide us with your card number, please.

Refunds

A refund of the enrollment fee can be made up to 48 hours before the first session. We regret that no refunds may be made anytime thereafter.

However, we do stand behind our programs and will do whatever it takes to ensure your satisfaction.

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