

COMMUNIVERSITY

WINTER 2018

DREAM BIG • SET GOALS

CREATE A *Vision* FOR YOUR *future*



DO THE NEW YEAR RIGHT:

MOTIVATION & GOAL SETTING

Discover your purpose and passion and create real, positive change in your life.

THE COMPLETE FINANCIAL MANAGEMENT WORKSHOP

Become more confident making decisions to pursue your family's overall financial goals.

A.R.E.A.L. LEADERS' TOOLBOX

Build a strong foundation in leadership skills that will ensure your success.



#LearnSomethingNew

Communiversity at the University of Cincinnati offers convenient and innovative classes designed to boost your career and enrich your life.

Classes are noncredit, informal and fun!
Online and face-to-face class options.

It's that time of year when I look back over the past 12 months and take stock of the many blessings in my life: a good job, supporting family, good health, and countless others. With each new year, it is also important to look ahead and consider where you want to be one year from today.

Throughout this term, UC Communiversity is offering several classes to help you set goals for meaningful areas of your life: financial, spiritual, physical, personal and professional development.

New this term is a wide variety of financial classes in investing, personal finance, accounting and retirement planning at no or very low cost. A meditation class, in partnership with the Dharma Center, that helps to calm your mind and open your heart. We also have several fitness classes on campus and the surrounding communities, as well as new classes on goal setting, simplifying communication, leadership, and over 400 online classes and certificates to support your professional success.

You have a vision for your future self and we want to help you see that vision become reality.

*Dream Big. Set Goals. Take Action.
Janet Staderman, Program Director*

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REGISTER EARLY FOR THE BEST SELECTION

You can register at any time, prior to the class start date. However, some classes have limited enrollment, so register early to get into the classes you want.

online: uc.edu/ce/commu

phone: (513) 556-6932

mail-in: University of Cincinnati

2220 Victory Parkway

Administration Building, Suite 208

Cincinnati, Ohio 45206

CLASS LOCATIONS & PARKING

The majority of our classes are held at UC's Victory Parkway Campus with ample free parking in the rear lot. If class is being held at another location, it is noted. Addresses/maps for all locations are provided online.

WAIT LISTS

If a class you want is full, you may place yourself on a wait list. If a spot opens in that class, anyone on the wait list will receive an email. We will make every effort to accommodate you.



**MAKE EXTRA MONEY TEACHING
NON-CREDIT CLASSES! CALL 513-
556-6932 FOR MORE INFO!**

GROUP DISCOUNTS

Organize a group of 6 or more students and you will receive your class free. All students must participate in the same class and online classes/certificates are excluded. Call 556-6932 for group registration information.

UC FACULTY & STAFF DISCOUNTS

Full-time UC & UC Health employees receive a 50% discount off one class per term. *Online courses/certificates, gift certificates, Food & Drink and Test Preparation classes are excluded from all available discounts. Call 556-6932 to take advantage of this discount.

CLASS CANCELLATIONS

Classes may be cancelled due to insufficient enrollment. Every attempt will be made to contact students by email or telephone and offer alternative accommodations before the class meets.

EMERGENCY CANCELLATIONS

UC Communiversity classes are automatically cancelled when there is a weather or other emergency and when UC Main Campus is closed. Closing notifications will be sent via email. Check your email for a detailed message from our office for school closings.

100% SATISFACTION GUARANTEE

We are proud of the quality of our programming and our instructors. We want you to love your Communiversity experience, which is why your satisfaction is 100% guaranteed. If you are ever less than completely satisfied with a Communiversity class, we will issue a credit for the registration fee toward a future Communiversity class. Please contact us at ce@uc.edu or (513) 556-6932 within 7 days of completing your class.

Instructor bios available online at uc.edu/ce/commu

ARTS & HANDICRAFTS

NEW! MONET IN THE SPRINGTIME

Claude Monet is one of the most loved Impressionist painters and produced many paintings of springtime. Learn the basics of mixing color, composition and the differentiation of shapes, and produce your own creative response to a Monet painting on a canvas. Utilizing the overall spontaneous approach of Claude Monet, we will create a personalized, simplified image of a Claude Monet painting. You will receive one gallery-wrapped stretched 11 x 14" fine art canvas, a set of brushes, and a full set of acrylic paints in a wide spectrum of colors at no extra cost.

Instructor: Kevin McCarty

Saturday, March 10, 12–4 pm, \$89

NEW! CREATIVE PAINTING A LA REMBRANDT

One of the most revered artists of all time, Rembrandt is famous for his work, with his greatest creative triumphs being self-portraits, illustrations of biblical scenes and etchings/portraits of his 17th century contemporaries. His use of shadows and light set the tone for the Dutch Golden Age of art. Join this class to create your own version of one of Rembrandt's iconic figures using acrylic paints. Learn about Rembrandt's style and use a simplified technique, with step by step instructions, to produce your own creative response to one of his paintings. You will receive one gallery-wrapped, stretched 11 x 14" fine art canvas, a set of brushes, and a full set of acrylic paints in a wide spectrum of colors, at no extra cost.

Instructor: Kevin McCarty

Saturday, March 24, 12–4 pm, \$89



WATERCOLOR PORTRAITS IN A DAY

Come with a photo and leave with a portrait. During this class, you will learn the fundamentals of drawing and painting with watercolors. Our instructor will demonstrate and explain the step-by-step process of creating a likeness to your personal portrait. Individual attention is emphasized. All supplies will be provided: archival paper, artist grade paint, brushes and all incidentals

Instructor: Jean Vance

Saturday, February 24, 10 am–4 pm, \$89, plus supply fee

START YOUR OWN ARTS & CRAFTS BUSINESS: ONLINE

Stop dreaming and learn how to start your own successful small business. In this online course, you will learn how to start your own arts and crafts business from a professional artist, discover how to find your niche within your chosen craft and how to create your own unique business identity. You will also see what makes marketing in the arts and crafts business different from marketing in most other enterprises, and find a sales approach that meshes with your personality and preserves your creative integrity.

Instructor: Teri King

Six week online course, Sessions start monthly, \$119



NEW! SPRING FLORAL ARRANGEMENTS WORKSHOP

Welcome spring with a bright, fresh flower centerpiece for your home! Join Evelyn of Eve Floral Co. for a hands-on guided informational class where students not only learn how to make a unique flower arrangement, but also experience what's blooming in Ohio this season. With florals provided from local Ohio farms, join Evelyn for a night with friends, flowers and fun! No experience necessary, all supplies included and students will be able to take home their arrangements after class.

Instructor: Evelyn Streeter

Thursday March 29, 6:30–8:30 pm, \$85

CREATING GLASS ART

Instructor: Mary Jane Rigg

Location: All classes held at the Artist's Glass Studio

Some studio tools may be available for use by students and others may be purchased from the instructor. Registered students must call us a few days in advance of the class to discuss project ideas and tools.

STAINED GLASS FOR BEGINNERS

Begin with the basics of building a Tiffany style panel using the copper foil method. Learn types of glass, glass cutting techniques, grinding, foiling, soldering and framing a panel. Complete a panel of your choosing (sizes vary but the average is 11 x 17).

Saturday, February 17, 10:30 am–4:30 pm \$79

GLASS FUSING PRIMER

Focus on warm glass work as you create your own fused glass pieces. Choices of items include vases, plates, bowls or jewelry. Learn glass cutting, setting up a kiln, shelf preparation, glass compatibility, annealing cycles and slumping. Several pieces will be prepared for firing; then return to the studio 2-3 weeks after class to retrieve your fused pieces.

Saturday, March 3, 10:30 am–4:30 pm, \$69

LEAD PANEL STAINED GLASS

Learn the "old" method of stained glass, assembling with lead channels. Instruction includes: glass selection, method of cutting glass, leading and soldering. Patterns available from instructor (approximate size of project is 11x17).

Saturday, March 24, 10:30 am–4:30 pm, \$79



"It was a lot of fun and very challenging for a beginner, but well worth the time."

- student from our Fall Welding class

Astrology 101

Ancient Babylonians came up with the idea that gods and other celestial beings live among the stars and are able to impose their will on humanity. Interest in astrology has persisted throughout the centuries. A horoscope is an astrological chart or diagram representing the positions of the Sun, Moon, planets, and stars at the time of a specific event, such as the moment of your birth. Learn how to create your own birth chart, a horoscope based on your moment of birth, and explore which celestial objects that may influence your personality and destiny.

Alisa Strauss, PhD, is an adjunct assistant professor in Anthropology at UC and has years of experience researching and teaching about religious practices around the world at the undergraduate and graduate levels. This includes instructing people methods of divination (a.k.a. fortune telling) including Tarot, Runes, and Astrology. In this class, Alisa will teach you about the history of Western astrology and how it has changed over time, work using simplified methods to cast your own horoscope, and explore what insights the positions of the planets and stars in the sky at the time of your birth provide.

Tuesday, January 23

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WELDED METAL SCULPTURE WORKSHOP

Two unique workshops offered in partnership with UC College of Engineering and Applied Science.

Instructor: Jordan Graff

Location: UC Victory Parkway Campus,
Science Building, North Laboratory

Class fee includes materials, lab coat, and appropriate welding gloves.

BEGINNERS WORKSHOP

This welding class is perfect for anyone who has an interest in welding and making creative metal art! After an introduction to the workshop and personal safety, along with equipment instruction and sculptural design instruction, you will learn the basics of MIG and Stick welding while creating your own one-of-a-kind welded sculpture. Following some basic welding instruction and practice, you will be given as much creative freedom as you want to create your very own welded sculpture to display in your home or garden.

Saturdays, February 17–March 3, 3 weeks, 1–4 pm, \$279

INTERMEDIATE WORKSHOP

Take your basic welding knowledge to the next level with this 4-session intermediate welded sculpture course. Refine your welding skills and learn new techniques of metal fabrication with the introduction of the oxy-acetylene torch. After some more advanced welding instruction and practice, you will be given as much creative freedom as you want to create a welded sculpture or functional work of art. Your heated, bent and welded work of art will then be taken home.

Saturdays, March 17–April 7, 4 weeks, 1–4 pm, \$329

ASTRONOMY

Location: All classes held at the Cincinnati Observatory Center



The Cincinnati Observatory strives to share the universe and our historic site with all our visitors, and to comply with ADA guidelines, will make all reasonable accommodations to ensure a positive experience when visiting the Observatory. However, please note that there are limitations imposed by our architecture, being a National Historic Landmark, and our being a functioning astronomical observatory. The physical act of getting to the telescope's eyepiece for viewing can also be an issue. The eyepieces on our two main telescopes can be anywhere from 4 feet to over 14 feet above the floor, which typically requires climbing a stepped platform to reach.

LONGITUDE: JOHN HARRISON AND HIS CLOCKS

Knowing what time, it is, exactly, has been part and parcel to knowing where you are on the planet, especially at sea. Comparing sky-time with your clock-time told you where you were, your longitude. This was a nearly impossible task with the mechanisms of early time keeping up to the 18th century, but all of that changed in the 1700's because of the life-long work of a third-grade educated, back-woods carpenter, who took on the scientific establishment of his day and brought us into the world of modern accurate time-keeping. John Harrison's clocks and advances in clock making told us what time it is, exactly, and set records in accuracy that stood for centuries, even into the 21st century. Let's find out what makes clocks tick, literally.

Instructor: Aaron Eiben

Tuesday, February 27, 7-9 pm, \$35

TOUR OF THE UNIVERSE

Explore space from the Earth and beyond! Fly past the moon, the planets, the stars, and galaxies to the edge of what is known. Bring your questions about the Cosmos, and our Observatory Scientist will answer as many as he can. View through the oldest operational telescope in the country, weather permitting. Ad Astra!

Instructor: Aaron Eiben

Tuesday, March 13, 7-9 pm, \$35

OPTICS: THROUGH THE TELESCOPE

Looking through a telescope is always fun; but did you ever wonder how the darn thing works? How are magnification and focus achieved? Why is the view upside-down in an astronomical telescope, but upside-right in binoculars? And is bigger really better? We'll answer these questions and many more as we explore the inner workings of the "magic tube." Fun, visually dramatic experiments will make the mysteries of lenses and mirrors crystal clear. We'll also peek inside a variety of working telescopes, and, weather permitting, view the heavens through some of them.

Instructor: Dave Bosse

Wednesday, March 21, 7-9 pm, \$35

NEW! SPACEBALLS

How would a home run look on Mars? Could you hit a baseball off the Moon? Answering these questions requires knowledge of physics, mathematics, and planetary science, but it's not as hard as one might think. With the right information, anyone can figure it out! Join local astrophysicist Aaron Eiben at the Cincinnati Observatory to see just how. If the sky is clear, we will also gaze through the best telescope in town!

Instructor: Aaron Eiben

Sunday, March 25, 1-3 pm, \$35

BEHIND THE SCENES AT THE OBSERVATORY

Hear the fascinating history of the founding of the observatory; investigate how the 19th century astronomers determined time for the city of Cincinnati; discover why the observatory was designated a National Historic Landmark; and find out what is in store for the future. The Moon will be viewed through the oldest continuously used telescope following the program, weather permitting.

Instructor: John Ventre

Sunday, March 4, 1-3 pm, \$35

BUSINESS AND CAREER

PROJECT MANAGEMENT PROFESSIONAL® CERTIFICATION COURSE

Upon successful completion of this course, students will be able to: get started with project management fundamentals; identify organizational influences and project life cycle; work with project management processes; initiate a project; plan a project; plan for project time management; plan project budget, quality, and communications; plan for risk, procurements, and stakeholder management; execute a project; manage project work, scope, schedules, and cost; control a project; and close a project

This course is offered in collaboration with Cincinnati State Workforce Development Center.

Instructors: David Hatter

Mondays, February 5-March 5, 5 weeks, 8:30 am-5 pm, \$2,599

GETTING STARTED IN VOICE ACTING

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, "I could do that"? This fun and empowering two-hour introductory class covers the different types of voiceovers and what tools are needed in order to find success in the industry. You'll be coached as you perform a real voiceover script and be recorded so that you can receive a professional voiceover evaluation later. After this one class, you will have gained the knowledge necessary to help you decide if this is something you'd like to pursue. For ages 18 and over

Instructor: Taught by a professional voice actor from the Voice Acting training company, Voices For All

Monday, February 12, 6:30-8:30 pm, \$39

Fun, one-on-one, video chat class to get started in Professional Voice Acting, covering some of the many details of the industry. Receive professional voice evaluation. Class length is 90 minutes. The online format may be through Chat, Skype or by phone (your choice). \$49

CERTIFICATE IN BASIC GAME DESIGN: ONLINE

Games are increasingly recognized as a tool that can serve many business purposes beyond entertainment. This Certificate provides you with a general introduction to what goes into the design and development of both video and analog games, with a particular focus on the use of games outside of consumer entertainment. By successfully completing this certificate, you will have taken the first steps into understanding game design and being able to create your own games.

Instructors: Moses Wolfenstein and Jean Haefner

Two-month online certificate, February 5–March 30, \$395

CERTIFICATE IN OFFICE OPERATIONS: ONLINE

Efficient office operations can mean the difference between success and not-so-much; between being in the black and being in the red. Moving from you and your employees working harder to working smarter, the strategies and benchmarks of office operations increases the productivity of every person in your organization. Position yourself in your organization as the one who knows what to get done, and how to get things done in office operations.

Instructors: Stan Waddell, Greg Marsello and Kelly S. Gearhart

Three-month online certificate, February 5–April 27, \$495

Instructor bios available online at uc.edu/ce/commu

CERTIFICATE IN PROJECT MANAGEMENT: ONLINE

In today's business environment, there is a need for good project management. Project management provides visibility of project health to the business and the customer. Through continuous monitoring, early detection of variations to plan, schedule and budget can be communicated to stakeholders for quick resolution, including project cancellation. Acquire a well-rounded knowledge of the five Project Management Processes relating to the Project Management Body of Knowledge (PMBOK) Guide. This basic information will assist you in learning the beginnings of Project Management, whether you are interested in project management, in a project management field, or in any line of work.

Instructors: Christina Martinez and Ronald DeCamp

Three-month online certificate, February 5–April 27, \$495

CERTIFICATE IN SALES: ONLINE

Social media and digital technologies, when understood and leveraged effectively, can enable you to find new clients and motivate these clients to take action in more efficient and strategic ways. Whether you are a beginner new to the sales process or a seasoned professional who loves selling, understanding the basic steps of sales and freeing your mind of negativity is the foundation to your business success. Gain a better understanding of the importance of the sales function and learn new skills in relationship management, prospecting, customer management, and delivering a compelling sales presentation. Move yourself or your sales team to increased success.

This course has met HR Certification Institute's® (HRCI®) criteria for recertification credit.

Instructors: Tim Street and Maria Coons

Three-month online certificate, February 5–April 27, \$495

DEALING WITH DIFFICULT PEOPLE IN THE WORKPLACE: ONLINE

Dealing with difficult personalities and broaching challenging subjects is a workplace necessity and takes skill, tact and confidence. Gain skills to be an effective team member and leader in the workplace by taking control of the conversation, managing your reactions, and navigating problematic interactions with ease. These skills will guide you to find your voice and communicate effectively in workplace interactions, making day-to-day interactions run smoothly.

Instructor: Dr. Kate Webster

One-month online course, February 5–March 2, \$245

ENTREPRENEURSHIP CERTIFICATE: ONLINE

Boost your chances of success for your new or small business and reduce your risks. Get the latest on planning your business, brainstorming business ideas and a checklist for going into business. Then learn how to create a business plan, including assessing business feasibility and prepare the management and financial plans. Take home a step by step approach to attract and keep customers, with an emphasis on customer-driven marketing decisions and building a strong brand.

Instructors: Conrad Brian Law, Mary Beth Izard and Kathy Nadlman

Three month online certificate, February 5–April 27, \$495

CERTIFICATE IN DATA ANALYSIS: ONLINE

Data Analysis is quickly becoming one of the most sought-after skills in the workplace. Companies have vast amounts of data, but it is rare to have someone with the ability to analyze that data to see trends and make predictions. Add a whole new skill set to your portfolio and make a big difference in the success of your organization by acquiring data analysis skills. Whether your business is home based or a large company, this certificate will take you to the next level where important decision-making is concerned.

Instructors: John Rutledge and Mary I. Dereshiwsky

Three month online certificate, February 5–April 27, \$495

NEW! CHANGE MANAGEMENT SKILLS: ONLINE

Strategically applying/utilizing the various disciplines in order to cause organizational change and add value is often referred to as "change management." Managers and aspiring leaders in the workplace are increasingly being asked to develop the personal skills and attitudes for implementing change as well as a technical understanding of how to apply the tools for change. Learn how to successfully plan, implement, communicate, create employee involvement and commitment, and add value during change.

Instructor: Sally Schmall

One-month online course, March 5–30, \$195

YOUR OPINION MATTERS

As a Communiversity student, your input and feedback are important to helping us continue to provide high-quality programming and exceptional instruction. Please complete a class evaluation at uc.edu/ce/commu.

BUSINESS AND CAREER (CONT'D)

SUPERVISORY & LEADERSHIP CERTIFICATE: ONLINE

Your employees are your most valuable resources. Ensuring the efficiency of your team is the key to your success and is your most important responsibility. Get practical, easy to understand and insightful methods for new and even experienced supervisors and managers. Learn about effective delegation, performance management and writing performance reviews. Discuss the specifics of the supervisor's role and responsibilities and strategies for improving your overall effectiveness as a leader.

This course has met HR Certification Institute's® (HRCI®) criteria for recertification credit.

Instructor: Sally Klauss

Two-month online certificate, February 5–March 30, \$395

MANAGEMENT CERTIFICATE: ONLINE

Nothing creates success like a solid foundation in management. Enhance your management skills through this program for supervisors, managers and emerging leaders. Discover the keys for effectively managing your employees. Find out how to create clear expectations, engage and motivate employees, and increase your effectiveness. Then learn how to improve your management of time and productivity. Time is even more valuable in this century than in the last. Get tips and techniques for managing time and increasing productivity and the keys to manage different generations in your workplace. Discover what motivates each generation at work, what incentives they respond to and what messages they value.

Instructors: Sally Klauss, William A. Draves and Kassia Dellabough

Three-month online certificate, February 5–April 27, \$595

ONBOARDING NEW EMPLOYEES: ONLINE

Ensure a smooth transition from best candidate to star employee. Onboarding is the process of socializing new employees into the organization. Onboarding of employees begins well before traditional new-hire orientation and has long reaching implications. At the conclusion of the class, you will have constructed an onboarding program for use in your own organization.

Instructor: Anita Orozco

One-month online course, February 5–March 2, \$195

SIX SIGMA GREEN BELT CERTIFICATION: ONLINE

Six Sigma professionals are in strong demand by organizations around the world. On the front-lines of Six Sigma efforts are Green Belts. This Green Belt training teaches participants problem-solving skills, using the DMAIC (Define, Measure, Analyze, Improve and Control) model. After completing this challenging course, Six Sigma Green Belts serve their organizations as a trained specialist able to work on Six Sigma projects that benefit the organization. Although not required, participants are strongly encouraged to have a project during the course. The instructors and mentors work closely with the class to not only teach the material, but to guide candidates as they work projects.

Instructor: Scott Follett

Three-month online certificate, February 5–April 27, \$495

APPLYING LEAN SIGMA PRACTICES TO HR FUNCTIONS: ONLINE

Develop the mindset of Lean Operational Excellence, an advanced problem-solving approach that facilitates continuous improvement within the organization through the identification and elimination of waste. Lean principles can also be used to streamline processes in the human resource functions such as recruiting, hiring, training, compensating and managing performance. Find out about Lean concepts, tools, and methods with which you can benchmark and assess problems, and lead continuous improvement efforts to resolve them. After taking this course, you will have an expanded capacity to facilitate small groups and teams using Lean Process Improvement principles and methodologies to create change within your organization.

This course has met HR Certification Institute's® (HRCI®) criteria for recertification credit.

Instructor: Sally Schmall

One-month online course, March 5–30, \$245

CHANGE IN THE WORKPLACE: ONLINE

Most people do not like change even when they know that change is inevitable and will happen with or without your consent. A recent Gallup study found that nearly 70% of the American workforce is disengaged from their jobs. They perceive changes in careers to be too difficult to accomplish or they are too old, not skilled enough and may lack the funds to change their skill set. The good news is that those who are willing to embrace change are much more likely to thrive under new conditions. Through this course, you will know how to deal with changes in your work environment and even how to introduce changes to your workplace culture.

Instructor: Brenton Rolle

One-month online course, March 5–30, \$195

NEW! FOUNDATIONS OF SUPPLY CHAIN MANAGEMENT: ONLINE

Supply Chain Management is on the radar for C-Level executives as both a competitive threat and opportunity. Do you have a strategy for your supply chain? Is it aligned? Do you know and understand the decisions and tradeoffs you have to make? If you answered no to any of these questions, you need to attend this program. Upon completion of this course you will not only understand the above, you will have a completed plan created for your own supply chain.

Instructor: Chuck Nemer

One-month online course, March 5–30, \$245

LEAN SIX SIGMA: ONLINE

In today's world, Lean is a part of the business environment. Lean Six Sigma attacks inefficiencies, non-value-added wastes caused by defects, non-value-added flow of information or materials, non-productive time, data storage, stacks of inventory, overproduction and extra processing. With Lean Six Sigma techniques, you will have the skills to lead successfully in both service and manufacturing industries. No pre-requisites required!

Instructor: Scott Follett

One-month online course, April 2–27, \$245

Instructor bios available online at uc.edu/ce/commu

ENTREPRENEURSHIP SUITE: ONLINE

Committing your idea to paper in the form of a business plan not only increases your chances of obtaining financing, but also in keeping your business strategically focused. With the support of your instructor and a network of like-minded students, you'll work through all of the major components of writing a business plan and emerge with your first draft in hand. You'll learn how to develop proven marketing techniques to easily build sales. And, you'll master cost-effective strategies including strategic partnerships, local marketing, search engine optimization, social networking, e-mail marketing, lead generation, and niche marketing.

Instructors: Kris Solie-Johnson and Glynns Thomas

Twelve-week online course, Sessions start monthly, \$261

LEGAL OFFICE ADMINISTRATION: ONLINE

This course is a bridge-course designed to help you develop a thorough understanding of legal office procedures including database management, legal document preparation including research, legal accounting methods, legal analysis, communications and ethics. At the conclusion of the course, you will be able to improve communication methods, improve the productivity within the legal office by obtaining effective tools that promote a smoother operation. You will also get a better understanding of the importance of competency, confidentiality and the administration of ethics in a legal office environment.

Instructor: LaSania Hamilton

One-month online course, April 2-27, \$245

WORKPLACE CONFLICT SOLUTIONS CERTIFICATE: ONLINE

In today's business environment, employers expect employees to have a solid set of interpersonal skills. The ability to solve problems quickly and effectively is a critical interpersonal skill well worth developing. First, find out how to deal with difficult personalities and broach challenging subjects in the workplace. Gain skills to be an effective team member and leader in the workplace by taking control of the conversation, managing your reactions, and navigating problematic interactions with ease. Then understand how to approach the delicate matter of bullying in the workplace. Both females and males need to understand about relational aggression in the workplace.

Instructors: Dr. Kate Webster, Dr. Lisa M. S. Barrow and Cathy Niven

Three-month online certificate, February 5–April 27, \$495

YOUR WORKPLACE, YOUR EMPLOYEES & THE LAW: ONLINE

Designed for non-lawyers, this course will provide business owners, managers, supervisors and HR professionals with a roadmap for effectively handling complicated employee-related issues that affect today's legal-prone work environment. Each class contains guidelines, step-by-step compliance instructions and practical leadership skills, methods and techniques proven for successfully managing employees and for complying with state and federal workplace laws.

This course has met HR Certification Institute's® (HRCI®) criteria for recertification credit.

Instructor: Lupe McElroy

One-month online course, March 5–30, \$195

BUSINESS COACHING CERTIFICATE: ONLINE

Mentoring and coaching have come to be used more frequently in organizations to improve leadership competencies. It has benefits for the employer and employee. This course offers the much-awaited toolkit to improve your employees' performance and create the working environment that your employees will find truly rewarding. The knowledge you gather will change the way you see yourself in the workplace.

This course has met HR Certification Institute's® (HRCI®) criteria for recertification credit.

Instructor: Sherri Restauri

Two-month online certificate, February 5–March 30, \$395

PROJECT MANAGEMENT APPLICATIONS: ONLINE

A successful project begins with process definition, data collection, and the scoping of project requirements. Every project ends with a motivated project team able to accomplish objectives on time and within budget. Winning projects rely on accurate cost and time estimates, identification of the critical path, and use of tracking and control tools. In this course, an experienced Project Management Professional® will teach you the same powerful tools and techniques that experienced project management professionals rely on every day.

The course also includes essential information that will help you prepare for the Project Management Professional (PMP)® and the Certified Associate in Project Management (CAPM®) exams offered by the Project Management Institute (PMI)®. Certification Magazine recently identified PMP certification as "the highest-paying certification" of the year.

Instructor: Tony Swaim

Six-week online course, Session start monthly, \$119

The Stories Your Chakras Tell

Spiritual and healing communities believe chakras are whirling sources of energy in our bodies, connecting your spiritual bodies with your physical body. You have seven major chakras and several other minor ones. At times, chakras can become blocked due to stress, emotional or physical problems. If energy cannot flow freely, it is likely that physical problems will manifest. This March, join Eva Borho, owner of Ascension Holistic Healing, on a chakra healing journey. In this class, you will apply the framework of the Chakra system and explore how to move through blocks and live a more empowered life to better handle the seemingly unseen forces of daily living.

Eva has a passion for learning, writing and teaching about self-improvement. She earned her Masters and Bachelors of Art degrees in Communication from the University of Cincinnati. She also holds an Associates of Science degree from Cincinnati State for Medical Massage Therapy. As a licensed massage therapist, Holy Fire Reiki Master, and student of life, Eva is constantly collecting tools to help people improve their lives.



Thursdays, March 8–29, 4 weeks
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CINCINNATI LOCAL

NEW! LOST CINCINNATI

Cincinnati earned its nickname of "Queen City of the West" with a wealth of fine theaters and hotels, a burgeoning brewery district and the birth of professional baseball. Though many of these treasures have vanished, they left an indelible mark on the city. Revisit the favorite locales from old Coney Island to Crosley Field. Celebrate lost gems such as the palatial Albee Theater and the historic Burnet House, where Generals Grant and Sherman plotted the end of the Civil War. Along the way, author Jeff Suess uncovers some uniquely Cincinnati quirks from the inclines and the canal to the infamous incomplete subway. Join Suess as he delves into the mystery and legacy of Cincinnati's lost landmarks. Fee includes autographed copy of Jeff Suess' book, *Lost Cincinnati*.

Instructor: Jeff Suess

Thursday, February 15, 6:30–8:30 pm, \$39

NEW! QUEEN CITY GOTHIC & THE ARMCHAIR DETECTIVE

Think you're an ace amateur sleuth or crack armchair detective? Then, come match wits with local crime historian and Queen City Gothic author, JT Townsend, as he exhumes Cincinnati's most infamous murder mysteries in this riveting 4-week class. Help Townsend thaw out these cold cases, scrutinize the evidence, and name the killers! Along the way, you will learn the rules for armchair detectives. Rule #1: A mystery can't be solved, but a puzzle always has answers. Fee includes autographed copy of JT Townsend's book, *Queen City Gothic*.

Instructor: JT Townsend

Thursdays April 5–April 26, 4 weeks, 6:30–8:30 pm, \$79

Fee includes autographed copy of JT Townsend's book, *Queen City Gothic*

NEW! THE FIRST GREENHOUSES: FROM EUROPE TO AMERICA

During Victorian times, greenhouses were almost de rigueur for Gilded Age mansions. Yet, their origins go further back in history. Louis XIV created the King's Kitchen Garden in Versailles and George Washington, wishing to serve his guest pineapple, built a greenhouse at Mount Vernon. In this class, you will explore the history of this technological wonder and greenhouses of today. Since the English often referred to their greenhouses as "conservatories," it is fitting that we include a personal tour of Cincinnati's version of the Crystal Palace, Krohn Conservatory in Eden Park. Then, we will visit a local Victorian home with a still-in-use conservatory.

Instructor: Frank Farmer Loomis

Sunday, February 25, 1–5 pm, \$59

ON-SCREEN CINCINNATI

Whether you want to be in front of or behind the camera or feature your own home or business in a movie or commercial, our veteran feature film and documentary producer, Chris Hilsabeck, will guide you on how to get that big break. With the Ohio film tax incentive, feature film production continues to flourish throughout our region. Learn tips and tricks on how to sell yourself or your place (as a film location) on the next Hollywood film or commercial that lands in our own backyard! Resources will be shared on how to be cast as an extra, work on the crew or list your property for location scout access.

Instructor: Chris Hilsabeck

Saturday, March 3, 10 am–12 pm, \$35

COMMUNICATION & WRITING

NEW! BEGINNING WRITER'S WORKSHOP: ONLINE

If you've always wanted to write but have no idea where to start, this course will demystify the process for you. You'll get a taste of the writing life, improve your writing skills, and develop new ways to stretch your creative muscles. Our emphasis in this course is on developing your skills through practice, so you'll spend more time writing than reading. You'll master important concepts by completing enjoyable writing exercises and assignments, and you'll discover a variety of strategies and techniques the pros use to develop characters, create a compelling point of view, build interest through dialogue, and add meaning to your stories.

Instructor: Ann Linquist

Six-week online course, Sessions start monthly, \$119

READING & WRITING CONTEMPORARY POETRY

Do words fascinate you? Do you find verses forming in your head? Participants will learn about the fundamental elements of poetry through critical reading; study various classic forms of poetry; see how contemporary poets adapt today; and write their own poetry through guided prompts. The course includes workshop sessions which allows you to improve your craft by sharing your work with other participants for constructive feedback.

Instructor: Cassie Lipp

Mondays, March 5–26, 6:30–8:30 pm, \$79

THE COMPLETE WRITERS WORKSHOP

Sign up for both *Bringing Characters to Life* and *Plotting the Plot* at one discounted price of \$79!

Instructor: Brian L. Meyers

BRINGING CHARACTERS TO LIFE

Have you ever noticed how great stories and novels leave you just a little nostalgic at the end – like maybe you have said goodbye to a really good friend? Part of what makes these novels and stories great is that they have characters that we come to love. In this workshop, we will discuss questions like: What makes really lovable and memorable characters? How to bring them to life? We will also talk about character development and how to give characters permission to do and say outrageous things that we sometimes wish we could do in real life. This workshop is appropriate for anyone who is interested in fiction writing.

Saturday, February 24, 1–3 pm, \$45

PLOTTING THE PLOT

A good plot is a key part of any novel or short story. If you have it, your story will really take off. The question is, how do you develop a really good plot? In this workshop, we will look at each of the seven traditional plot lines and compare them to different genres of fiction. We can also look at different plot lines as tools for developing your own stories and novels. Plot does not have to be as difficult as you imagine. Join us for a lively, entertaining discussion.

Saturday, March 3, 1–3 pm, \$45

COMMUNICATION & WRITING (CONT'D) EXPLORE THE WORLD

TRAVEL WRITING: ONLINE

Do you desire to translate what is seen, heard, tasted, touched, smelled and felt (intuitively and physically) into publishable articles and books? In this course, you will develop the skills of a travel writer. You'll understand the writing styles and methods needed to sell material in today's competitive market (including the how-to's of technical aspects of lead paragraphs, descriptive passages and the uses of interviews, quotes and facts). By the end of the course, you'll have the ability to write for the travel market.

Instructor: Eva Shaw

Six-week online course, Session start monthly, \$119

PRESENTATION SKILLS CERTIFICATE: ONLINE

Learn how to effectively deliver a presentation to one person across the table, in front of a small group in a boardroom, from on-stage for a large audience, and host tele-seminars or webinars online. This certificate will provide you with ideas on how to maintain eye contact, what to do when your equipment fails, the Top 10 things you must do before you present and how your audience processes your information. You'll find simple, key ideas that will maximize your presentation for all learning styles.

Instructor: Bridget Brady

Three-month online certificate, February 5–April 27, \$495

NEW! CERTIFICATE IN BUSINESS WRITING: ONLINE

Discover the keys to successful writing for the workplace. Whether you are writing a report, memo, letter or publicity notice, business writing has some defined characteristics for success. Successful communicators in the workplace move forward, others move back. Enhance your career by improving this critical communication skill.

Instructors: Dionne (Dee) Felix and Kathryn Will

Three-month online certificate, February 5–April 27, \$495

CERTIFICATE IN WORKPLACE COMMUNICATION: ONLINE

Good communication in the workplace is more important than ever and critical to your career advancement and success. In this course, you will receive a comprehensive and intensive preparation with skills and techniques you can put to use on Monday morning. You will review a workable conflict management model, along with successful and practical conflict management strategies. You will also work with a pro to learn how to improve your negotiation skills for a win-win outcome, including helping others to get what they want, so you get what you want.

Instructor: Sally Klauss

Three-month online certificate, February 5–April 27, \$595

NEW! EFFECTIVE BUSINESS WRITING: ONLINE

Discover the keys to successful writing for the workplace. Whether you are writing a report, memo, letter or publicity notice, business writing has some defined characteristics for success. Successful communicators in the workplace move forward, others move back. Enhance your career by improving this critical communication skill.

Instructors: Ann Linquist

Six-week online course, Sessions start monthly, \$119

THE COMPLETE INTREPID TRAVELER

Sign up for all 3 Intrepid Traveler classes at a 20% discount! \$85

Instructor: Simone Kuzma



INTREPID TRAVELER: TRAVEL LOGISTICS

Whether you're a novice traveler or your passport is worn thin, come empower yourself to become a more capable, confident, and independent traveler. Topics include: how to choose a destination; how to create a budget; passports and visas / entry requirements; international travel safety programs; plane tickets; accommodations and ground transportation.

Monday, January 15, 6:30–8:30 pm, \$35

INTREPID TRAVELER: SAVVY TRAVEL

This information-packed session will make a savvy traveler out of you! Learn industry secrets and save a bundle. Topics include: travel insurance and health insurance; immunizations and health concerns; money tips; safety tips; electronics and adapters; cell phones and communication; packing and luggage; plus, tipping while traveling.

Monday, January 22, 6:30–8:30 pm, \$35

INTREPID TRAVELER: SOLO TRAVEL

Some people dream of seeing the world but hesitate to venture out by themselves. Turn traveling solo to your advantage as you learn valuable information about the challenges and opportunities available to those who travel on their own. Find out practical tips on how to travel smart (following local customs, safety) while having a great time. Learn where to go, how to travel solo and what to expect as you explore a variety of travel experiences. Please see "Travel Logistics" and "Travel Savvy" for details on topics Simone covers in her other classes.

Thursday, January 25, 6:30–8:30 pm, \$35

TRAVEL HACKING 101

Using Points, Memberships, and Bonuses for Almost-Free Travel! Ever wonder how people claim to travel for "free" or "almost free"? No, they are not panhandling or hitchhiking their way around the world, they are using popular travel offers and incentives, memberships and points, to earn free flights, free hotel rooms, free trips and more, oftentimes without even stepping out of their living room. In this Travel Hacking 101 class, learn how to start putting these opportunities to work for you and get on your way to free travel!

Wednesday, January 24, 6:30–8:30 pm, \$35



FINANCE & ACCOUNTING

Please note: Our seminars are educational in nature. The University does not endorse or promote any products, strategy or views. Any presented are those of the instructor only.

YOUR FINANCIAL PLANNING FOR RETIREMENT

This comprehensive personal finance course is for those in the early stages of retirement or those planning for retirement. Drawing from extensive academic research, it addresses the many challenges of retirement and gives you strategies to help you achieve financial peace-of-mind. The goal is to provide a step-by-step outline of how to manage your finances successfully. You will learn the different facets of the retirement success equation, such as effectively managing and preserving your assets, making smarter financial decisions, and setting up a plan that can last you through your retirement years.

These 2-week workshops are FREE, but registration is required.

Instructor: Horter Investment Management, LLC

Check our website for dates and locations. uc.edu/ce/commu

PERSONAL FINANCE FOR WOMEN

Women often have a unique view on life that affects their financial perspective. Although women are becoming an increasingly stronger voice in the home when it comes to retirement planning, in general, women save less money than men do, according to Women save less (The American Association of University Women 2016). Women also live an average of five years longer than men. Women live longer (Scientific American March 2015) which may leave us facing retirement alone. This presentation is about taking the right step toward your personal retirement and estate planning strategies. You will create strategies for your portfolio; set short, interim and long-term goals; and potentially gain tax advantages for today and the long term. Ultimately, the goal is for you to have a better probability of achieving your goals during and beyond your working years and work successfully through your life-stage milestones.

This is a FREE class, but registration is required.

Instructor: Glynnis Reinhart

Tuesday & Thursday, February 6 & 8, 6:30–8:30 pm

NEW! THE COMPLETE FINANCIAL MANAGEMENT WORKSHOP

This comprehensive workshop is well-suited for working individuals who need to make sound financial decisions to help protect their families and their assets. Gain a strong foundation in 6 key areas of personal finance – risk management, cash management, investment concepts, tax management, retirement planning, and estate planning. You will receive a 164-page interactive workbook packed with checklists and self-analysis quizzes. You will also receive dynamic instruction on concepts and strategies, including insurance and investment products.

You will develop healthy approaches to your personal finances and retirement planning. With the knowledge that you gain, you will become more confident making financial decisions to pursue your family's overall financial goals and improve your financial future.

This course has been approved by the Supreme Court of Ohio Commission on Continuing Legal Education for 6.00 total CLE hour(s) instruction.

Instructor: Gary E. Hollander, CFP®

Mondays, February 5–19, 3 weeks, 6:30–8:30 pm, \$59

NEW! INVESTING 101

Whether you're new or an experienced investor, you're sure to gain something from this course. The course is designed to give you a good understanding of a wide range of topics. We will cover investing in stocks, bonds, mutual funds, ETF's, and Annuities. Understanding the risk associated with each, along with your risk tolerance. Fundamental differences as well as the pros and cons of each. Exploring common strategies and philosophies for constructing your own portfolio. Online webinar access is available.

Instructor: Doug Wondrely

Wednesday, February 7, 6:30–8:30 pm, \$25

NEW! RETIREMENT PLANNING FOR SMALL BUSINESS OWNERS

You pursued your dreams and created the perfect small business! The downside is that you're the owner, so you are solely responsible for you and your employee's retirement plan. The good news is that no matter where you are in your career, there is a retirement plan available to you! Of course, the earlier you start the better; but deciphering your options can be confusing. During this 2-hour class, we will explore what plans are available to you, which plan is right for you, and how best to take advantage of them. You will learn how small business owners can utilize a 401k and the differences between an IRA and a ROTH IRA. Online webinar access is available.

Instructor: Doug Wondrely

Wednesday, January 31, 6:30–8:30 pm, \$25

NEW! PROTECTING YOUR ASSETS: WILLS, TRUSTS, POWERS OF ATTORNEY

Estate planning is typically focused on what happens to your property after your death, but it can also include decisions about your property while you are living. During this 2-hour class, we will review the essentials of planning and protecting your estate. You will learn the differences between wills, trusts and powers of attorney. We will review the probate process and how to position your assets in order to avoid it. We will reveal the potential fees associated with settling an estate. Lastly, we will explain how to protect your portfolio during a market down turn. Online webinar access is available.

Instructor: Doug Wondrely

Wednesday, March 21, 6:30–8:30 pm, \$25

NEW! NAVIGATING THE MEDICARE MAZE

In this class, we will take a close look at important topics that affect your retirement; such as, how to maximize Social Security, when to file for benefits, what are the benefits for couples, widows, and ex-spouses. We will also review how federal or state pension plans affect your Social Security benefits. Lastly, you will learn a strategy to avoid Medicare penalties. Online webinar access is available.

Instructor: Doug Wondrely

Wednesday, March 28, 6:30–8:30 pm, \$25



"For the cost, it was a good deal. It was very worthwhile and certainly a good introduction into a topic. Thank you for the offering."
- student from our online Travel Writing class

FINANCE & ACCOUNTING (CONT'D)

CERTIFICATE IN ACCOUNTING & FINANCE FOR NON-FINANCE MANAGERS: ONLINE

Every successful person in the workplace utilizes financial information to aid effective decision making. This certificate explains the financial concepts and accounting processes used in most businesses and will provide practical techniques that will increase your effectiveness and career. An understanding of this information will help you make smart decisions when it comes to budgeting, setting goals and assessing performance within your own area of influence.

Instructors: Sharon deFonteny and Jodie Trana

Three-month online program, February 5–April 27, \$495

ENTREPRENEURSHIP FINANCE CERTIFICATE: ONLINE

Finance is a key to entrepreneurial success. The lack of financial knowledge about business and business start-ups is one of the leading causes of failure for entrepreneurial ventures. As an entrepreneur, you have limited time and you certainly have limited resources. So, knowing where to put your valuable time and your limited resources is critical to the success of your new venture.

Instructors: Sharon deFonteny and Jodie Trana

Three-month online program, February 5–April 27, \$495

RETIRE RICH, SMART RETIREMENT STEPS FOR 20 AND 30 SOMETHINGS: ONLINE

Do you want to achieve financial independence and true freedom to indulge in whatever makes you happy? Do you want to live life to the fullest, while only working when you want to? Imagine how great it would be to spend all of your time doing the things that matter most to you, all the while knowing you are financially secure. This course will show you how. If you follow the simple, easy to follow principles explained in this course, you will achieve success.

Instructor: Betsy Flanagan

One-month online course, February 5–March 2, \$195

IDENTITY THEFT: ONLINE

Identity theft continues to grow. Now more than 50% of identity theft occurs in the workplace. Learn to address both private and workplace concerns. You will receive information about the basic, common sense steps necessary to protect your identity and assets. Then develop comprehensive expertise in how to deter data theft, detect fraud, and minimize the impact of any damage inflicted.

Instructor: George Vroustouris

One-month online course, March 5–30, \$195

THE BASICS OF BOOKKEEPING: ONLINE

Join us to build a foundation to understand the accounting equation and create accurate financial ledgers. Come away with the knowledge to maintain monthly records and create a chart of accounts to match the needs of your business. After taking this course, you will be able to: evaluate the financial transactions and events of a business; record these transactions in the appropriate accounts; balance the general ledger at month's end; and complete the accounting equation.

Instructor: Sharon deFonteny

One-month online course, March 5–30, \$195

KEYS TO SUCCESSFUL MONEY MANAGEMENT: ONLINE

Contrary to popular opinion, most of us don't achieve true wealth through luck or an accident of fate. Just about anybody can build wealth. All it takes is organization, discipline and a firm knowledge of how to proceed. In this course, a certified financial planner will walk you through the steps you need to take in order to achieve true financial success. You'll become comfortable with the broad array of investment choices available to you right now, and you'll discover the best ways to acquire and accumulate both cash and real property. We'll also discuss the tax implications of your investment decisions, along with steps you can take to protect any wealth you acquire.

Instructor: Kirsten Iseminger

Six-week online course, Sessions start monthly, \$119

NEW! REAL ESTATE INVESTING: ONLINE

In this course, you'll learn how to make money in any area, in good times and bad, even if you have little money to start with. You will start by developing a plan for your own investing efforts based on your personality and investing objectives. We will cover the proven methods used every day by full-time, professional real estate investors. You will learn how to invest in foreclosures, manage a rehab project, and build your team of real estate professionals (title officers, lawyers, accountants, mortgage brokers, appraisers, and more). By the end of the course, you'll be working toward your first (or next) deal.

Instructor: Josh Fuhrer

Six-week online course, Sessions start monthly, \$119

ACCOUNTING FUNDAMENTALS SERIES: ONLINE

Demand for accounting professionals currently exceeds supply. If you're interested in increasing your financial awareness while also gaining a marketable skill, this series of courses is perfect for you. Whether you're a sole proprietor looking to manage your business finances or you simply want to gain an understanding of accounting basics for career advancement or for personal use, these courses will give you a solid foundation in financial matters.

Instructor: Charlene Messier

Two 6-week online courses, Sessions start monthly, \$174



COMMUNIVERSITY IS LOOKING FOR INSTRUCTORS!

Do you have a hobby or skill that you would like to share with others? Are you interested in earning extra money? Communiversity is currently looking for qualified instructors to expand our adult enrichment classes. Please submit a Course Proposal Form which can be found online at uc.edu/ce/commu/Apply_to_Teach or call our office at (513) 556-4354.

FITNESS & HEALTH

NEW! INTRODUCTION TO EMBODIYOGA®: SOMATIC PRINCIPLES

Welcome to yoga as your body remembers it to be; an authentic, natural intelligence expression from embryological and developmental roots of your being. You will explore how the intention, relationship, language, and practice allows a deepening of the experience and embodiment of yoga as a functional movement modality. Yoga as a dimensional consciousness, welcome to a fresh lens on your yoga practice. Space limited to 12 yogis, please register early.

Instructor: Becky Morrissey

Location: Future Life Now

Wednesdays, January 17–February 7, 4 weeks, 6–8 pm, \$79

HOW TO DETOXIFY YOUR LIFE

Simply put, we live in a toxic world and we all carry residues of chemicals in our bodies, and sorting through the massive amounts of information (or disinformation) on what's safe and what's not can be daunting. Add to that the fact the average grocery store now carries 40,000+ items and it's enough to make your head spin. Come join us as we sort through the hard data and the hype to learn simple yet practical steps to begin reducing overall chemical load during this eye-opening and fun workshop.

Instructor: Theresia Marsh

Saturday, January 27, 10 am–12:30 pm, \$35

HEALTHY LIVING SUITE: ONLINE

In this course, you'll learn how to establish a healthy approach to successful weight loss and weight maintenance for a lifetime. You'll learn how to save money and prepare home-cooked meals that are fast, easy, and delicious, and how to grow nutritious fruit and vegetables that can be used in your meals.

Instructor: Donna Acosta

Three 6-week online courses, Sessions start monthly, \$261

TAI CHI FOR BEGINNERS

This is a great introduction to Tai Chi. You will get all of the fundamentals with this easy to learn short set of moves. Focus is on the Yang style 8 movement form. Join us for fun, stress reduction, coordination, enhanced muscle tone and balance.

Instructor: Ralph Dehner

Location: The Eddy of Cincinnati

Mondays, February 5–March 26, 8 weeks, 6–7 pm, \$99

Location: Ikron Building

Thursdays, February 8–March 29, 8 weeks 5–6 pm, \$99

FITNESS FLEX WITH PAT

Purchase a pass to attend Zumba® Toning, Zumba® Fitness or Boot Camp Lite. All classes are held at UC's Victory Parkway Campus. If you use up all your sessions, simply buy another pass! Please note that passes may not be carried over into another term

Instructor: Pat Woellert

Choose either a 6-week pass for \$45 or a 12-week pass for \$79.

Try Pat's classes risk free: Get a pass for one free week!

ZUMBA® FITNESS

This unique workout is a "feel-happy" approach to fitness. Its high energy, motivating music and rhythms are a fusion of Latin and International dance themes. Great for the body and great for the mind, this workout combines fast and slow rhythms designed to sculpt the body, burn calories and fat, and tone you up. Bring floor mat and wear supportive aerobic shoes.

Wednesdays, January 3–March 21, 12 weeks, 5:35–6:35 pm, \$79

ZUMBA® TONING

Zumba® Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba® moves to create a calorie-torching, strength-training dance fitness-party. You will learn how to use light weights (1-2 pounds) to tone all your target zones, including arms, abs, glutes and thighs. Sculpt your body naturally while having a total blast. Bring 1-2 pound dumbbells, a mat for floor work, and wear supportive aerobic shoes.

Tuesdays, January 2–March 20, 12 weeks, 5:35–6:35 pm, \$79

BOOT CAMP LITE

No fear here - you can do it! This kinder, gentler boot camp is designed to improve your cardiovascular endurance, muscular strength, balance, and flexibility with fun, easy-to-follow drills. Bring a pair of hand held weights suitable to your fitness level, a mat for floor work, and supportive aerobic shoes..

Thursdays, January 4–March 22, 12 weeks, 5:35–6:35 pm, \$79



YOUR OPINION MATTERS



As a Communiversity student, your input and feedback are important to helping us continue to provide high-quality programming and exceptional instruction. Please complete a class evaluation at uc.edu/ce/commu.

YOGA BY MARIETTA

Instructor: Marietta Bucalo

Location: Earth Connection, Mount St. Joseph University

INTRODUCTION TO YOGA

For participants who have never tried yoga. This class will introduce each practitioner to a progression of Pranayama (breathing techniques), focus of Gaze, and Asanas (postures) leading to a unique practice for each participant. Modifying each posture to allow for individual needs. Developing a moving meditation. Building strength, flexibility, and relieving stress. Back, neck, and other joint issues will be addressed to create an individual practice for each student. Understanding how to create alignment, allowing each joint to flow, each muscle to strengthen and stretch in a protective nurturing movement, while calming the mind, and guiding your true self to blossom.

Each 4-week session is 6–7 pm, \$99

Tuesdays or Thursdays, January 2–January 25

Tuesdays or Thursdays, January 30–February 22

Tuesdays or Thursdays, March 6–March 29

YOGA FOR THE BACK

Our Yoga for the Back classes focus on stretching and strengthening. You will learn a sequence of postures to soothe and nurture the neck, shoulders, upper, middle and lower Back. This is a therapeutic practice helping to align and strengthen your back. No Experience in yoga needed. Vinyoga Inspired.

Wednesdays, January 3–January 31, 5 weeks, 7:15–8 pm, \$65

VINYASA FLOW

This class is designed for Yogis with experience. Practicing a gentle progression of postures and easing into a fulfilling Ashtanga Practice. Each class will include the basic sequence of postures. Creating energy, heat, and progressing to new postures allowing each participant a broad experience of yoga asanas (postures) and alignment modification. Guiding students to practice developing their moving meditation beyond instruction. Helping to bring practitioner to a place where they begin to acknowledge their body, mind, and spirit needs. Creating their own practice. Focusing on the Victorious Breath (ujjayi Breathing), focus of the gaze (drishti), and engaging energy levels (prana). Finding the right alignment for the moment, connecting to their inner voice, and their inner teacher, reflecting their heart, soul, and unique edge.

Mondays or Wednesdays, January 1–February 28, 6–7 pm, 4 weeks, \$59 or 8 weeks, \$99



MEDICAL MARIJUANA: THE HEALTH CARE PROFESSIONAL'S PERSPECTIVE

Although, on June 8, 2016, Governor Kasich signed into law HB 523 which legalized medical marijuana for approved medical conditions, the program will not be fully operational until September 8, 2018. This leaves many of us with questions like: what are the qualifying medical conditions; which doctors will be allowed to recommend cannabis; who will monitor the growers and dispensaries; what are the potential side effects or drug interactions with marijuana; and many other safety concerns for patients and caregivers.

In this class, you have the opportunity to discuss these questions and concerns with a local clinical pharmacist and award-winning author, Dr. Cathy Rosenbaum. She will review the history and legal landscape for medical marijuana in Ohio and the U.S. She will discuss the pharmacological mechanisms of action for the two main cannabis constituents, THC and CBD. Dr. Rosenbaum will list the 21 indications for use in Ohio; various routes of administration; and describe the role of the physician, pharmacist, and nurse in managing medical marijuana in Ohio.

Attention Registered Nurses and Pharmacists: Program will provide 2.0 total continuing education contact hours for nurses (0.5 CECH as advanced pharmacology) OBN Approver Unit at the University of Cincinnati College of Nursing (OBN-011- 93). Ohio Pharmacist CEU credits are available.

Instructor: Cathy Rosenbaum

Location: The Carnegie Center of Columbia Tusculum

Sunday, March 18, 1–3 pm, \$35

OSHA #7845 RECORDKEEPING RULE SEMINAR

NEW Electronic Submission Process

This seminar covers OSHA requirements for maintaining and posting records of occupational injuries and illnesses, and reporting specific cases to OSHA. Course topics: Specific OSHA recordkeeping requirements; Exceptions to exemptions for small employers and employers in low-hazard industries; Mechanics of OSHA recordkeeping; Location, retention and maintenance of records; Maintenance of the log (OSHA No. 300); Deciding if work-related injuries are recordable; Lost workday cases, reporting fatalities and multiple hospitalizations; Penalties for failure to comply with recordkeeping obligations. Upon course completion students will have the ability to identify OSHA requirements for recordkeeping, posting and reporting and to complete OSHA Form 300 Log of Work-Related Injuries and Illnesses, OSHA Form 300A Summary of Work-Related Injuries and Illnesses, and OSHA Form 301 Injury and Illness Incident Report. 4 CEUs.

Dates offered: January 25, March 22, May 25, 8 am–1 pm

Register at www.greatlakesosha.org/course-catalog or call 513-558-1730



Department of Environmental Health
Continuing Education Programs



Instructor bios available online at uc.edu/ce/commu

FOOD & DRINK

COFFEE 101: A CUP OF EXCELLENCE

Experience the exciting world of craft coffee with Cincinnati's master roaster, Chuck Pfahler. In this class, you will learn where coffee grows, how it's processed, the journey from crop to cup, and how all of that affects taste. Then, you will take part in the art and science of manual brewing and how different brew devices create different aroma and flavor characteristics. Through a guided hands-on brewing and tasting exercises, you will learn how to make the perfect cup of coffee every time!

Instructor: Chuck Pfahler

Tuesday, February 20, 6:30–8:30 pm, \$35



NEW! THE ART OF GRINDING COFFEE

As consumers we are told that it is best to grind immediately before brewing but which grind setting should we use? Should we use a blade grinder or a burr grinder? What's the difference between a conical burr vs a flat burr? The options seem limitless and daunting to navigate. This course will dive into understanding the differences between grinders and brewing one coffee with one recipe across a variety of different coffee grinders to demonstrate those differences and how to best select the correct grind setting for your specific brewing method. Taking the Coffee 101 is recommended, but not required.

Instructor: Chuck Pfahler

Tuesday, February 27, 6:30–8:30 pm, \$35



NEW! GRAIN TO GLASS: AN INTRODUCTION TO HOME-BREWING

As our town continues to enjoy the renaissance of beer making and resurgence of local craft breweries, many Cincinnatian's have turned to home brewing and crafting their own styles and flavors of beer. In this four-week introductory workshop, you will learn about different parts of the brewing process from an expert in the field, Garrett Hickey, Streetside Brewery's founder and managing brewer. You will learn the importance of style and yeast selection; review the equipment that all brewers need; identify various materials and beer ingredients, including hops, malt, yeast and adjuncts; explain the brewing process—from grain to glass; and distinguish different beer flavoring. The class ends with beer tastings and you will learn how to drink and evaluate beer.

Instructor: Garrett Hickey

Tuesdays, March 13–April 3, 4 weeks, 6:30–8:30 pm, \$139

NEW! CHEESE 101

Cheese is life. Have you been wanting to learn more about the delicious world of cheese? This class is for you. Join The Rhined's owner and operator, Stephanie Webster, as we taste through and discuss seven different families of cheese. By the end of the class, the fear factor of the cheese case will be gone! Every cheese has its story and we will explore each one in this fun-filled cheese class. This class includes a cheese tasting journal and 7 tastings of cheese from different families as well as baguette to cleanse the palate. Wine and beer will be available for purchase.

Instructor: Stephanie Webster

Location: The Rhined in OTR

Tuesday, January 30, 6:30–8 pm, \$39

NEW! CHEESE + WINE CLASS

Cheese and wine is always fun, but certain combinations will bring out new flavors in both that will make your taste buds sing. Join The Rhined's owner and operator, Stephanie Webster, as we pair 5 wines with 5 cheeses and learn insider tips on how to find the perfect pairing on your own.

Instructor: Stephanie Webster

Location: The Rhined in OTR

Tuesday, February 20, 6:30–8 pm, \$49

NEW! HOW TO SHOP FOR GOOD WINE

Increase your enjoyment of drinking wine with a little bit of knowledge. Our fun and educational classes will provide you with insider knowledge on the language that wine professionals use; how to read the wine labels with particular attention to the varietal, region, producer and vintage; and information on wine from around the world. All of this will help you navigate wine shop shelves with confidence. There is no better way to discover wine than by tasting everything! You will taste five different wines, while touring the wine store.

Instructor: Patrick Heekin

Location: Country Fresh Produce & Wine Depot

Thursday, January 25, 6–7:30 pm, White Wines, \$29

Thursday, February 1, 6–7:30 pm, Red Wines, \$29



FINDLAY KITCHEN

CHARLOTTE & EDWARD UNNEWEHRS

COOKING CLASSES WITH THE JADED FORK

Instructor: Chef Lindsey Cook, owner of The Jaded Fork

Location: Findlay Kitchen

Included with the class, each participant will get:

- A recipe and class information packet to take home.
- Two hours of hands on culinary lab exercises and lecture.
- A meal to create and eat during the class and the opportunity to bring home a special gift.

Register for 2 classes and you'll get your 3rd class for half the price!

NEW! COOKING WITH COFFEE

Experience the exciting world of craft coffee with Cincinnati's master roaster, Chuck Pfahler as he teams up with Chef Lindsey Cook of The Jaded Fork to offer a coffee focused cooking class. Chef Lindsey will guide you through a menu that infuses coffee into each dish. An appetizer, main dish and dessert will be crafted through this hands-on cooking and coffee experience. Chuck will be pairing each dish with the perfect cup of coffee including unique espresso infused cocktails. Plus, you will get to make your own savory coffee rub to take home.

Wednesday January 24, 6-8:30 pm, \$85

NEW! RAVIOLIS & ROMANCE COOKING CLASS

Join The Jaded Fork as they invite Russo's Raviolis to Findlay Kitchen for a special Valentine's date night cooking class. Garrison Jennings of Russo's Raviolis will demonstrate and assist with custom ravioli making. Each attendee will get to prepare their own appetizer, pasta entrée with sauces and enjoy a special Valentine's dessert by The Jaded Fork. A complimentary champagne toast will start the night off and local beer and wine will be available for purchase throughout the class.

Tuesday, February 14, 6-8 pm, \$60 or \$99 for two!

NEW! COOKING WITH HERBS, SPICES AND SEASONINGS

Let us help you master the art of seasoning! Chef Lindsey of The Jaded Fork will provide a guided tasting through dozens of spices, seasonings and herbs. Chef Lindsey will demonstrate through a variety of cooking techniques and applications why food always taste just a little bit better with some seasoning. You will prepare a combination of appetizer and entrée dishes to identify the what, when and whys of proper seasoning. Plus, you will get to customize your very own barbecue seasoning blend to take home.

Friday, March 16, 6-8 pm, \$49

NEW! MEAT AND KNIVES: BASICS OF BUTCHERING

Chef Lindsey of The Jaded Fork will provide an introduction to the basics of hands on butchering techniques. Chicken fabrication, fish cleaning and meat carving will be practiced. You will get to cook several dishes utilizing a variety of fabricated meat cuts. A discussion on the uses of meat bones will provide insight into stock and broth making. Chef Lindsey will showcase a variety of knives, their purposes as well as some basic knife sharpening techniques. Plus, you will be provided a special bone broth making kit to take home!

Wednesday, February 28, 6-8 pm, 6-8 pm, \$55

NEW! MINDFUL MEAL PREP

Join The Jaded Fork for this fun, creative, and flavorful, 6 ingredients or less meal prep cooking class. Chef Lindsey cook will show you how to plan, shop, prep and cook several days' worth of meals, utilizing 6 ingredients or less in each dish. A variety of cultural cuisines and styles of cooking will be showcased and attendees will get to customize each dish to their liking. Attendees will get to choose a dish to eat during class and will get to bring the rest home to fill up the fridge!

Wednesday, March 28, 6-8:30 pm \$99

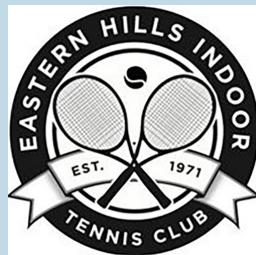


Communiiversity Serves Up New Partnership

This Fall, Communiiversity began a new partnership with Eastern Hills Tennis Club (EHI). Brian Clark, Director at of Tennis, has been incredible to work with and he is excited to welcome UC Communiiversity students to his club! EHI opened in 1971 and its goal of providing a clean and comfortable club with top quality courts and programming has never changed.

Communiiversity moved its tennis program to EHI in November and we are offering eight-week sessions starting Jan. 7 for both beginner and intermediate players. The court time is set aside exclusively for Communiiversity students. The fee is less than \$20/week and each lesson lasts 1 ½ hours. Our classes are limited to 12 people for the intermediate class and 8 people for the beginner's class, so register early to ensure your spot!

Tuesdays, January 7–February 25
→ See page 25



HOLISTIC WELLNESS

NEW! THE HEART OF MEDITATION: THE OPEN PATH

The ancient and direct practice of meditation fosters and cultivates an awakened perspective, allowing the mind to become quiet, and the heart to open. Explore the subtle wisdom of the open path. We will provide chairs and meditation cushions; try to avoid eating for an hour before class. No particular belief system required--just a desire to find the clarity and peace that meditation can bring.

Instructor: Sue Noble

Location: The Dharma Center of Cincinnati

Thursdays, February 1-22, 4 weeks, 7-8:30 pm, \$59

NEW! THE STORIES YOUR CHAKRAS TELL

The stories we tell ourselves are key to unraveling some of life's mysteries. Using the framework of the Chakra system, this class will share how to move through blocks and live a more empowered life to better handle the seemingly unseen forces of daily living. You will learn about the basics of the chakra system and how to re-write your conscious and unconscious stories to reach your greatest potential.

Instructor: Eva Borho

Thursdays, March 8-29, 4 weeks, 6:30-8:30 pm, \$79

NEW! YOGA BY MARIETTA LECTURE SERIES

Instructor: Marietta Bucalo

Location: Earth Connection, Mount Saint Joseph University

Register for all 3 parts & receive a \$20 discount! Call 556-6932

PART ONE: ASHTANGA

Study the 8 limbs of yoga philosophy, easing your way into the understanding of a practice, thousands of years old, used to observe the 'self' - mind, body, and spirit. Helping each practitioner to refresh and renew their relationship with their 'True Self' and the world around them. Using breathing techniques and movement to stay in the moment, letting go of all distractions, bringing all your awareness within to heal and nurture self..

Mondays, February 5–February 19, 3 weeks, 7:15-8:15 pm, \$49
Must register by January 29, 2018

PART TWO: CHAKRAS

Study the subtle body. Learn important correlations between the energy channels of the chakras, the use of asanas (yoga postures and movement), pranayama (breathing techniques), and meditations to bring wellness to your body, mind, and spirit.

Mondays, February 26–April 2, 6 weeks, 7:15-8:15 pm, \$99
Must register by February 12, 2018

PART THREE: AYURVEDA

Ayurveda, the Science of Life, is considered by many to be the oldest healing science. It gives structure to the balancing of individuals constitution, linking nutrition, physical movement, mental & emotional being, inner spiritual being, elements of energy, and giving guidelines bringing about wellness when imbalance arises. Finding the Mind Body Spirit Balance utilizing the knowledge of how the Doshas work together.

Mondays, April 9–April 30, 4 weeks, 7:15-8:15 pm, \$69
Must register by March 26, 2018

HOMEGROWN MEDICINAL TEAS

In this class, we will compare various herbal preparations on the market (e.g., spices, teas/infusions, decoctions, tinctures, extracts, dietary supplements, sachets, essential oils); discuss homegrown medicinal teas by category (antioxidant/anti-inflammatory, gastrointestinal, headache, sleep/relaxation); and you will learn how to make own tea from fresh herbs.

You will also receive a signed copy of Dr. Rosenbaum's book, *Don't Sweep It Under the Drug*.

Instructor: Cathy Rosenbaum

Saturday, March 10, 10 am-12 pm, \$35

HOME & GARDEN

HOW TO BUY A HOME FROM START TO FINISH

Avoid the deadly mistakes buyers make when purchasing a new home. In this fact-filled class, we will explore essential topics like how to find the right home and for a price that you can afford. You will learn how to use the MLS, plus vital "ins and outs" of contracts, financing and insurance. This class is strictly educational in nature and products or services will not be sold to you. Simply join a discussion with the pro's about buying smart in today's market.

Instructor: Gary Rossignol

Tuesday, February 6, 6:30-8:30 pm, \$35

SELLING YOUR HOME FAST & FOR TOP DOLLAR

Invest over 2 hours in learning the ins and outs of how to sell your home and the returns could be enormous. Find out the key points of pricing, marketing, and showing your home to maximum advantage. Learn critical information about state requirements, inspections, documentation and financing. If you do consider listing with an agent, how do you interview and select one? And what's the #1 most common mistake in selling a house? Come and find out!

Instructor: Gary Rossignol

Tuesday, February 13, 6:30-8:30 pm, \$35

THE BUZZ ABOUT BEEKEEPING

This course is an introduction to beekeeping, and is intended for beginners and will cover the basics from purchasing and starting a hive, all the way through to your first winter. Topics will include: basic biology of honey bees and why they are important; different types of bees, including where and when to buy them; tools of a beekeeper, installation of a hive, and how to acclimate a queen bee; when to feed or treat your bees; plus, we will review the common problems or issues that may arise. Plus, an empty hive box and the components of the hive will be displayed during class.

Instructor: Luke Jett

Mondays, January 22–29, 2 weeks, 6:30-8:30 pm, \$59



"It was interesting and our projects turned out wonderful!"

- student from our Glass Art class

LANGUAGE

Most classes required a text book, please refer to course details online.

FRENCH FOR BEGINNERS

Master the basics of the most romantic of the romance languages. Simple dialogues, questions, basic vocabulary, and expressions for travel and everyday situations will be the focus. Enjoy learning correct pronunciation and how to communicate while traveling as you explore aspects of life in modern French speaking countries.

Instructor: Sylvain Fasciottto

Thursdays, February 15–March 29, 7 weeks, 6:30–8:30 pm, \$189

GERMAN FOR BEGINNERS

Deutsch macht spass - German is fun and learning is easier than you think. Master the basics as you focus on the fundamentals, basic structures, useful expressions (for travel and for conducting business), plus simple dialogs and vocabulary. Then put them into practice, boost your skills, and find out how rewarding it is to improve a little each week.

Instructor: Acacia Moraes Diniz

Mondays, February 26–April 2, 6 weeks, 6:30–8:30 pm, \$179

GERMAN FOR ADVANCED BEGINNERS

Go beyond the basics of the German language, in preparation for travel or just for fun. As a continuation of our German for Beginners course, you will continue to master the basics of the German language. Vocabulary will reflect real life situations that you would experience if you were in Germany or getting to know someone from a German speaking country. This course will be low stress, fun and loaded with culture!

Instructor: Acacia Moraes Diniz

Tuesdays, February 27–April 3, 6 weeks, 6:30–8:30 pm, \$179

SPANISH FOR BEGINNERS

Become acquainted with one of the world's loveliest languages. Focus on the fundamentals, learn basic structures and useful expressions, and then put them into practice. Find out how easy it is to boost your skills and to improve a little each week. No previous exposure to Spanish required.

Instructor: Patricia Paz

Mondays, February 5–March 19, 7 weeks, 6–8 pm, \$ 189

SPEED SPANISH SERIES: ONLINE

Imagine yourself speaking, reading and writing Spanish. Now you can with Speed Spanish! This course is designed for anyone who wants to learn Spanish pronto. You'll learn six easy recipes for gluing Spanish words together to form sentences. In no time at all, you'll be able to go into any Spanish speaking situation and converse in Spanish. ¡Qué Bueno!

Instructor: Dan Mikels

Three 6-week online classes, Sessions start monthly, \$261



"Excellent teacher, very encouraging. Just all around terrific!"

- student from our Watercolor class

ENGLISH AS A SECOND LANGUAGE: CONVERSATION & PRONUNCIATION

This course is designed to improve students' ability to communicate in clear, easy to understand English through practicing conversation. This class also covers the aspects of pronunciation: sounds, stress, rhythm and intonation. You will be tested at the end of each week to track your pronunciation and communicative abilities. You are expected to demonstrate comprehensibility in individual pronunciation skills taught and show an aggregate of good to excellent skills in the areas of communication, grammar, vocabulary, conversation strategy and fluency in their conversation communicative ability.

Location: Conversa Language Center Cincinnati

Monday–Thursday, Choose your 4-week session: January 29–February 22 or February 26–March 22, 2–3 pm, \$225

EXPRESS ENGLISH

This course is a combination of grammar, reading, writing, listening and conversation divided into themed units that focus on specific vocabulary and grammar. You will become familiar with common and useful words, phrases and grammar used in everyday English situations. The course objective is to improve your ability to communicate naturally and effectively by developing and advancing reading, speaking, writing and listening skills. Units are taught in order since grammar and vocabulary taught in earlier lessons will be recycled and reused in later units. This process of building and reusing structures and vocabulary builds a strong command of the language.

Location: Conversa Language Center Cincinnati

Monday & Wednesday, Choose your 4-week session: January 29–February 21 or February 26–March 23, 4 weeks, 5–8 pm, \$375

ITALIAN FOR BEGINNERS

Learn to communicate in this beautiful, musical language. You'll acquire the basics of pronunciation, vocabulary, grammar and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation, plus special expressions for travelers. Tips on traveling, sightseeing, and enjoying the culture of Italy will also be included.

Instructor: Antonio Iemmola

Mondays, February 5–March 19, 7 weeks, 6:30–8:30 pm, \$189

CONVERSATIONAL JAPANESE: ONLINE

Whether you want to learn conversational Japanese for travel or just for fun, you'll find this course makes it easy and enjoyable for beginners to master the essentials of the Japanese language. Guided by a native Japanese instructor, you'll also gain cultural knowledge only an insider has. In each lesson, you'll learn useful conversational phrases and vocabulary words particular to a specific area of travel. You'll practice these in drills, interactive exercises, and dialogues. Throughout the course, you'll find helpful audio aids and Japanese words written in the English alphabet. With this, you'll be bypassing one of the biggest obstacles for most beginners of Japanese: the letter system.

Instructor: Ririko Hayashi

Six-week online course, Sessions start monthly, \$119

LEADERSHIP & MANAGEMENT

NEW! A R.E.A.L. LEADERS' TOOLBOX

You've heard someone mention "if you're not learning, you're dying," right? Learning is fundamental to your success as a leader. Invest in your personal growth and examine key leadership concepts during this 3-week course. You will discover how building relationships with those you lead is vital to your success; gain an understanding and embrace your leadership failures; learn how equipping others to succeed along with your attitude will drive results; and, finally, build a strong foundation in leadership skills that will ensure your success!

Instructor: Jay Browning

Thursdays, February 8–February 22, 3 weeks, 6:30–8:30 pm, \$129

NEW! LEADING AND MANAGING VIRTUAL TEAMS

CERTIFICATE: ONLINE

Almost every business in North America uses virtual teams. As the move to virtually teaming accelerates, gain the knowledge and skills to develop high performance virtual teams and contribute to their success. This certificate is designed to benefit anyone who is a leader or member of a team that leverages virtual meeting and collaboration tools. If you are the formal leader of a virtual team, an informal leader or want to become one, you will learn how to lead a virtual team, leverage virtual meeting tools and help lead that team to a higher level of performance. At the end of this three-course certificate, you will come away with an in-depth knowledge of what you can do to make a difference on the teams that you are part of. Take away actionable skills, tips and processes that you can apply with your virtual team.

Instructor: Andy Stanhope

Three-month online program, February 5–April 27, \$495

NEW! SUPERVISION AND MANAGEMENT SERIES: ONLINE

Whether you're new to managing employees or are a seasoned pro, these courses will help you brush up on your leadership and interpersonal communication skills, to help you lead your team to success. If you have recently been promoted to a supervisory or management position or want to learn how to become a more effective manager, this course will help you master the basics of business by learning the language of management.

Instructor: Patricia Addesso

Twelve-week online course, Sessions start monthly, \$174

CERTIFICATE IN LEADERSHIP IN THE 21ST CENTURY: ONLINE

Leadership today demands increasingly more sophisticated skills. Executives need to know traditional leadership principles and standard practices. This unique certificate addresses both these sets of skills. Begin with information not available anywhere else about how the marketplace and business is changing. Find out what you as an executive need to know about the external environment and how the workplace is changing rapidly internally. Take away a new perspective about how to position your organization for success, and what new leadership skills executives in the 21st century.

Instructors: Henry J. Findlay, Constance Yates and William A. Draves

Three-month online program, February 5–April 27, \$495

NEW! NEW MANAGER SUITE: ONLINE

Learn how to be an effective manager or supervisor by developing leadership skills that can help you gain the respect and admiration of others, while also allowing you to enjoy success in your career. You will also learn how to master the basics of business and organizations, the people skills required to motivate and delegate, the tools for solving problems and resolving conflicts, and the basics of communicating effectively.

Instructor: Patricia Addesso and Lynne Morton

Three 6-week online courses, Sessions start monthly, \$261

CERTIFICATE IN NONPROFIT ADMINISTRATION: ONLINE

Non-profits today need to be run like a business in many respects. You have competition, a need to generate income and a surplus, and staff need to be even more productive. Get the best training on revenue generation for nonprofits, and program evaluation for nonprofits, with our Certificate in Nonprofit Administration. You will come away with the latest best information from instructors who train people in nonprofits.

Instructors: Fred Bayley and Myia Welsh

Two-month online certificate, February 5–April 27, \$595

From Grain to Glass: an intro to Homebrewing

As our city continues to enjoy the renaissance of beer making and resurgence of local craft breweries, many Cincinnati's have turned to home brewing and crafting their own styles and flavors of beer. In this four-week introductory workshop, you will learn the different parts of the brewing process from an expert in the field—Garrett Hickey, Streetside Brewery's founder and managing brewer. You will learn the importance of style and yeast selection; review the equipment that all brewers need; identify various materials and beer ingredients, including hops, malt, yeast and adjuncts; understand the brewing process—from grain to glass; and distinguish different beer flavoring. The class ends with beer tastings where you will drink and evaluate craft brews.

Garrett Hickey, is a graduate of Brewlab in Sunderland, England with high honors.

Garrett has taken a home-brewing hobby and turned it into a career. He has brewed professionally at Maxim Brewery, Three Kings Brewery and a number of other breweries in England, as well as Labrewatory in Portland, Ore., and Rivertown Brewing Company in Cincinnati.



Tuesdays, March 13 – April 3,
4 weeks → See page 16

MUSIC & DANCE

PIANO

Instructors: Sophie Wang and Hye-Eun Suh
Location: UC Main Campus, Mary Emery Hall

If you are not sure which level to sign up,
please contact our office at 513-556-6932.

PIANO BASICS I

Using the "Musical Moments, Book One", we will learn to read music and play by chords. No previous musical experience needed. Students with previous experience are welcome to skip to Piano Basics II. Your success is attributed to the comfortable pacing and logical sequencing of the materials. We will meet in a state-of-the art piano facility; each piano has headphones. You will progress with the aid of some home practice, but it is understood you are busy--this is a guilt-free class. You may repeat this course as many times as desired.

Tuesday, February 6–March 27, 8 weeks, 7:10–8:10 pm, \$179, plus required text (refer to online course description)

PIANO BASICS II

We will continue and finish the "Musical Moments, Book One." Additional pop chord charts and reading will be supplemented. We will meet in a state-of-the art piano facility; each piano has headphones. You will progress with the aid of some home practice, but it is understood you are busy--this is a guilt-free class. You may repeat this course as many times as desired.

Tuesday, February 6–March 27, 8 weeks, 7:10–8:10 pm, \$179, plus required text (refer to online course description)



GUITAR FOR BEGINNERS

Explore varying styles of music as you conquer the fundamentals of guitar technique, reading music, and chord study in a group setting. Increase your enjoyment of playing as you establish proper playing techniques. Bring an acoustic (not electric) guitar to all classes and find out that anyone can read music and anyone can play!

Instructor: Kevin Topmiller

Tuesdays, February 20–March 27, 6 weeks, 8–9 pm, \$169, plus required text (refer to online course description)

UKULELE FOR BEGINNERS

Ukuleles aren't just for luaus! You'll be amazed at the variety of styles you can play - from blues and country to pop and light rock. After mastering the fundamentals (tuning, holding and finger placement), we'll focus on really getting comfortable with your instrument. Watch, listen, and play along as you build on the basics of chords, strumming, playing up the neck, and trying out some variations and tempos. No musical experience needed. Bring your ukulele and let's make some music.

Instructor: Kevin Topmiller

Tuesdays, February 20–March 27, 6 weeks, 5:15–6:30 pm, \$169 plus required text (refer to online course description)

UKULELE FOR INTERMEDIATES

Join in on the fun in this continuation class for beginners. You are ready for this class if you have a basic knowledge of chords already. Our focus will be on using more complicated chords and playing in higher positions. Bring your ukulele, learn, and have fun!

Instructor: Kevin Topmiller

Tuesdays, February 20–March 27, 6 weeks, 6:30–7:55 pm, \$169, plus required text (refer to online course description)

BALLROOM DANCING

Tired of watching all the fun and ready to join in? Transform yourself into a dancer as you learn the basics of the beautiful, ballroom-style dances -- slow fox trot, waltz, mambo, cha-cha, and rumba. This is an introductory level, especially for those who have had no prior dance classes. Both couples and singles are welcome, although we cannot guarantee partners for singles. Wear smooth hard leather soled shoes to enable turns and changes in direction.

Instructor: Jeff Greatorex

Fridays, February 9–March 30, 8 weeks, 7:45–8:45 pm, \$79, Dancing for two: \$129

SHAPE UP WITH BELLY DANCE

Dance your way into shape with this captivating combo of low impact exercise and natural dance that celebrates the personal beauty of all women - of all sizes, all ages. These stretching and swaying movements, electrifying shimmies, and flowing arms are rooted in thousands of years of feminine history. Belly dance promotes flexibility, strength and grace; it helps you unwind and inspires a positive attitude. Learn authentic steps, correct techniques and appealing dance routines. From your fingertips to your toes, and from your head to your heart, this dance will draw you in.

Instructor: Nanci Glendening

Monday, January 29–March 5, 6 weeks, 6:45–7:45 pm, \$79

SWING DANCING

From Jitterbug (Single Time Swing) to East Coast Swing (Triple Time), you'll be picking up your feet and having a ball. Swing to music from the '50s and '60s, honky-tonk, C & W, and even rock. Gain self-confidence in maneuvering around a dance floor and increase your repertoire of fast dance movements as you learn these always popular styles of dance. You'll begin by mastering the basics and then add some new combinations as you go. Wear leather soled shoes to allow for smooth turning, please. Partner recommended but not required.

Instructor: Jeff Greatorex

Fridays, February 9–March 30, 8 weeks, 8:45–9:45 pm, \$79, Dancing for two: \$129

NEW MEDIA MARKETING

INBOUND MARKETING CERTIFICATE: ONLINE

Inbound marketing is a process of using your website in a way that attracts visitors naturally through search engines, the blogosphere, and social media. Inbound marketing is more effective than outbound marketing, where you push sales messages to your potential customers. Discover how to attract customers to your site, what kind of content to share with them, how to use landing pages and forms to collect names and email address, and how to implement lead-nurturing campaigns that result in sales.

Instructor: Dan Belhassen, Susan Hurrell and Michael Weiss

Three-month online certificate, February 5–April 27, \$495

PODCASTING: ONLINE

Podcasting is experiencing a rebirth since mobile devices are everywhere. The intimate nature of the audio medium allows potential clients to get to know who you are and determine if you are the kind of company with which they want to do business. Learn how to take your business or hobby and turn it into a podcast. This step-by-step class will take you from start to finish and cover the required elements needed to get your show online. Come to class with your idea and end with your show!

Instructor: Travis Allison

One-month online course, February 5–March 2, \$245

SOCIAL MEDIA FOR BUSINESS CERTIFICATE: ONLINE

Get in on this exciting and growing way to communicate, market and serve your customers and clients. For businesses, nonprofits, government, and other organizations, discover new principles of communication that apply across all networks (Facebook, Twitter, blogging, YouTube, LinkedIn, and more) and how these specific social networks work and the possible uses for your organization.

Instructors: Nicole Siscaretti and Jennifer H. Selke

Three-month online certificate, February 5–April 27, \$495

NEW! INSTAGRAM FOR BUSINESS: ONLINE

With over 100 million users, Instagram is a marketing gold mine. Discover ways to have your audience generate excellent content for you. Build your community while doing it. Learn how to make hashtags work for you, how to make and keep your followers happy and how a small input can cause exponential growth. We'll also explore Do's and Don'ts of Instagram to get you on the fast track to success. Make the most of Instagram and lead your business to unending exposure.

Instructor: Nicole Siscaretti

One-month online course, February 5–March 2, \$195

MOBILE MARKETING CERTIFICATE: ONLINE

The way consumers are interacting with brands and connecting to the world is changing because of mobiles. Find out about location-based marketing, mobile payments, QR codes, applications and mobile coupons. You will learn how mobile marketing can increase your capabilities to retain current customers and gain new ones across multiple smartphone platforms. Get the knowledge needed to implement proximity marketing, mobile marketing metrics, and developing a mobile marketing campaign for your organization.

Instructors: Dan Belhassen, Susan Hurrell and Simon Salt

Three-month online certificate, February 5–April 27, \$595

Instructor Spotlight: Jay Browning

UC Communiversity is thrilled to partner with Jay Browning in the new year! Jay is a 15-year veteran of the U.S. Marine Corps, has over twenty years' experience in professional fund raising, and held leadership roles in non-for-profit, corporate and government organizations. As an Executive Director of The John Maxwell Team, Jay is certified to facilitate, speak, train and coach individuals and groups in the areas of leadership development, professional skills and personal growth.

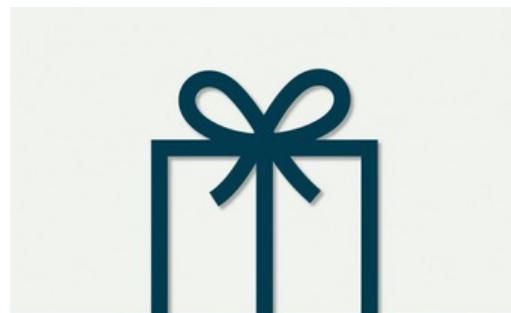
New Year resolutions are a wonderful notion of positive intent, but as you will learn in Jay's first class, *Do the New Year Right*, a better alternative is to develop new goals for your future. Once you have set your goals, invest in your personal growth during Jay's 3-week course, *A REAL Leader's Toolbox*. In this 3-week course, you will discover how building Relationships with those you lead is vital to your success; gain a better understanding of how Equipping others to succeed, along with your Attitude will determine the level and depth of your own success; and, finally, build a strong foundation in Leadership talents that will ensure your success! By the end of the class, you will have acquired the skills necessary to be a *REAL* and effective leader.



> **Do The New Year Right: Motivation and Goal Setting,**
Tuesday, January 23
→ See page 23

> **A REAL Leader's Toolbox,**
Tuesday, January 23
→ See page 20

Instructor bios available online at uc.edu/ce/commu



*Give the gift of
Lifelong Learning with a
Communiversity Gift Certificate!*

PERSONAL DEVELOPMENT

NEW! DO THE NEW YEAR RIGHT: MOTIVATION & GOAL SETTING

Rock the new year like never before by living out your dreams! In this 2-hour workshop, you will reveal common pitfalls which keep you from reaching your goals. You will discover your purpose and passion and learn about motivation, the goal setting process and leave with knowledge about real, positive change in your personal and professional life. John Maxwell said, "...there are two great days in a person's life: the day you were born and the day you discover why." This workshop will start your journey in reaching your goals!

Instructor: Jay Browning

Thursday, February 1, 6:30–8:30 pm, \$35

NEW! RELATIONSHIP RESCUE: SIMPLIFYING COMMUNICATION

Do you and your spouse seem to have the same argument over and over? Are you feeling emotionally disconnected from your partner? If you said yes, this workshop is for you! You will become more aware of and improve control over your behavior. You will recognize what you contribute to your relationship and be able to define and implement strategies of direct communication. All of which will deepen and enhance your relationship! Couples or singles welcome.

Instructor: Debbie Woodall Carroll

Wednesday, February 7, 6:30–8:30 pm, \$35

NEW! ASTROLOGY 101: CAST YOUR OWN HOROSCOPE

Learn how to create your own birth chart, a horoscope based on your moment of birth, and explore what it means. In this class, you will learn a bit about the history of Western astrology and how it has changed over time, work using simplified methods to cast your own horoscope, and explore what insights the positions of the planets and stars in the sky at the time of your birth provide.

Instructor: Alisa Strauss

Location: The Carnegie Center of Columbia Tusculum

Tuesday, January 23, 6:30–8:30 pm, \$39

CONTEMPORARY SOCIAL & BUSINESS DINING ETIQUETTE

Knowing how to conduct yourself over the table provides a tremendous advantage throughout life. Learn to be comfortable in any dining situation, whether formal, informal, business or social. Join Ms. Glendening at deSha's as you polish your table manners in an enjoyable, private setting over a delicious dinner. Topics include: navigating the table; the silent service code; forms of service; and the five most common dining mistakes. From "How do I eat this?" to "Faux Pas Recovery 101," we'll have fun while learning some important lessons in this unforgettable class!

Instructor: Nanci Glendening

Location: deSha's Harpers Station

Monday, February 26, 6:30–8:30 pm, \$35, plus fee for five-course dinner

NEW! INDIVIDUAL EXCELLENCE: ONLINE

Develop career-enhancing skills in a single course that covers twelve popular one-day seminar topics, including goal setting, time management, and personal organization. You'll learn how to improve your creative abilities, gain confidence with financial matters, and how to minimize conflict in your life. Develop a fulfilling career plan and improve relationships with co-workers, friends, and family.

Instructor: Becky and Tony Swaim

Six-week online course, Sessions start monthly, \$119

NEW! SKILLS FOR MAKING GREAT DECISIONS: ONLINE

Learn how to make excellent everyday decisions from an experienced counselor and life coach. In this course, you'll learn about some wonderful abilities we're born with for figuring things out and making good decisions. You'll also see why our instincts and intuition sometimes deceive us and how self-knowledge can help us guard against becoming overly confident. You'll discover the steps necessary to achieve your goals, as well as the power that ordinary, everyday decisions can have over the quality of your life.

Instructor: Donna Brown

Six-week online course, Sessions start monthly, \$119

NEW! LISTEN TO YOUR HEART AND SUCCESS WILL FOLLOW: ONLINE

Intelligently facilitated and fast-paced, Listen to Your Heart, and Success Will Follow will help you enjoy the rewards that come from doing what really makes you happy! Your instructor and a caring community of students will help you begin designing a life that really works for you. With a complete understanding of your own interests, values, needs and abilities, you'll learn how you can use work to express yourself and share your interests and talents. Your every day will be filled with joy and inspiration, and a greater depth of meaning will be added to everything you do. This course program is skillfully crafted to weave experiential learning with the conceptual presentation, giving you time to experience, understand, and implement each new strategy as it is introduced.

Instructor: Cynthia Christianson

Six-week online course, Sessions start monthly, \$119

NEW! 12 STEPS TO A SUCCESSFUL JOB SEARCH: ONLINE

Get the job you want quickly and easily and in any economy. In this course, a world-renowned author and career advisor will help you identify the job that is best for your needs. You'll then be given complete step-by-step instructions on how to get that job, regardless of your level of expertise or state of the economy. You will learn how to build rapport with any interviewer, both verbally and non-verbally, while mastering the six phases of a successful job interview. This motivational course will increase your confidence, help you feel great about yourself, and provide you with the foundation you need to get the job you want.

Instructor: Todd Bermont

Six-week online course, Sessions start monthly, \$119



"Definitely worth it. Can't wait for the next class"

- student from our online Excel class

WHAT TO WEAR & HOW TO WEAR IT

From wardrobe planning and accessories to discovering your best colors and most flattering styles, find out how you can achieve that put together look. Focus on personal appearance and polish, find out about image killers, and do's and don'ts.

Instructor: Nanci Glendening

Wednesday, February 21, 6:30–8:30 pm, \$39

FINISHING TOUCHES: PRESENT A POLISHED IMAGE

In your personal and professional life, people automatically accept the role for which you have packaged yourself. Your presentation affects how others perceive your capabilities to be and how interesting you may be. A polished appearance along with knowing what to do and say builds confidence and prepares you for new opportunities in your business and social world. In this course, we will cover topics such as body language and poise; charisma; civility, communication and conversation; contemporary social grace; and how to pull together a polished appearance. You will learn and practice techniques to present yourself in a credible way that helps give others a great experience of you.

Instructor: Nanci Glendening

Wednesdays, February 28–March 14, 3 weeks, 6:30–8:30 pm, \$99

FOR PARENTS OF BOYS: ONLINE

Boys learn differently than girls, get worse grades than girls, and face certain challenges in school. Find out how you can help your son succeed more in school. Discover why males do 30% less school work than females, fidget more, like new and hard challenges, and more. Explore 9 tips for helping your boy learn and succeed more in school. You'll also find out something new about how you learn. eBook included.

Instructor: William A. Draves

One month online course, February 5–March 2, \$95

RESUME WRITING WORKSHOP: ONLINE

Create an effective resume or improve the one you already have. Transform your resume into a powerful tool that will get you interviews. This workshop will lead you through a self-assessment series so you will have extensive knowledge about the product you are marketing YOU! Learn different resume formats and the advantages and disadvantages of each. Write an employment objective that shows potential employers that you have direction. Make the most of your work experience. Know what to reveal in a resume, and what to keep to yourself. Learn to overcome gaps in work history and age discrimination. Discover how to use references to your advantage. This course includes the use of online resumes and Internet Resume Secrets

Instructor: Stephanie Donaldson

Six-week online course, Sessions start monthly, \$119



THINK YOU DON'T HAVE TIME TO TAKE A COURSE? Think again.

WITH **OVER 200 TITLES** TO CHOOSE FROM, WE CAN HELP YOU LEARN ONLINE, ANYTIME AND ANYWHERE

- 24/7 classroom access
- Led by an expert instructor
- Interactive discussion areas
- Download your lessons as you go to create a resource manual
- Learn by doing—assignments and activities included
- Award of completion with a passing score
- 6 weeks; 12 lessons
- New sessions begin monthly

OUR TOP 20 COURSES

Microsoft Excel • SQL • Project Management Fundamentals, Applications or Certification Prep • Accounting Fundamentals • Writing's Workshop • A to Z Grant Writing • Creating Web Pages • Java Programming; Mastering Your Digital SLR Camera • Creating WordPress Websites I & II • Microsoft Access; Creating Mobile Apps with HTML5 • Grammar Refresher • CSS3 and HTML5 • Illustrator • PMP Certification 1 & 2 • Advanced Fiction Writing; Comp TIA A+ • Effective Business Writing • Fundamentals of Technical Writing

SEE [LINK](#) BELOW FOR MANY MORE CHOICES

Visit ed2go.com/uc

Communiversity partners with ed2go to offer a wide variety of online classes and certificates. Use the search field to quickly find your courses or browse topics to the left. View detailed outlines, descriptions, student reviews, and class demos; then choose one and enroll.

Want more of an explanation about how online learning works? Contact us at (513) 556-6932 with your questions!

PHOTOGRAPHY

PHOTOGRAPHY: TAKING IT TO THE NEXT LEVEL

So, you bought a nice camera and you feel a bit overwhelmed with all of the buttons and dials. This course is designed to help you understand the controls of the camera so you can create better pictures. Your pictures will improve after the first class. We'll begin with a discussion of the technical aspects of photography but emphasis will be placed on telling stories with pictures and how to share them online or in print. We will also discuss how to photograph in various situations, from fleeting moments, wildlife, scenery, and people, plus the best time of day to photograph. This is a non-threatening, non-critiquing atmosphere of inspiration for people willing to invest some time and creativity in an effort to make stronger photographs.

Instructor: John Engelman

Thursdays, February 22–March 29, 6 weeks, 6–7:20 pm, \$169

ADVANCED PHOTOGRAPHY

This class will begin with a review of the fundamentals of exposure and lighting and then delve into more advanced techniques designed to inspire your creativity and imagery. Subjects covered will include enhanced natural lighting techniques, lighting with flash, HDR (high dynamic range), panoramas, portraiture, and post processing. You will be challenged to build on the skills you have already. The goal of this class is to make you feel more confident when shooting and to expand your horizons photographically.

Instructor: John Engelman

Thursdays, February 22–March 29, 6 weeks, 7:30–8:50 pm, \$169

PHOTOGRAPHY SUITE: ONLINE

Learn everything from photography fundamentals to advanced portrait techniques to advance your photography hobby or turn it into a business. You'll explore a broad overview of the basics of digital photography, including equipment, software, and practical uses. We'll discuss different types of digital cameras, from phones and tablets to digital SLRs, all of which offer a wide array of photographic options. We'll also help you decide what type of equipment fits your needs, and you'll have hands-on exercises so you can explore the areas that interest you.

Instructor: Beverly Richards Schulz

Three 6-week online courses, Sessions start monthly, \$261



SPORTS & ADVENTURE

TENNIS FOR BEGINNERS

Get in shape with tennis! Work on hand-eye coordination, racquet skills, basic strokes, and scoring. This experience is designed for the beginner player who has played some tennis but needs instruction on basic techniques or is learning to keep the ball in play but needs to improve court positioning and consistency.

Location: Eastern Hills Indoor Tennis

Sundays, January 7–February 25, 8 weeks, 3–4:30 pm, \$159

TENNIS FOR INTERMEDIATES

This is an enjoyable way to get in shape and stay in shape! You are ready for this experience if you have had some previous instruction or if you can hit ground strokes and serves in play from the baseline with reasonable success. You'll have the chance to work on strokes with movement, rally skills, overheads, and volleys. And for those who are ready, you may practice getting that first serve in, adding spin, net play, strategy, and control.

Location: Eastern Hills Indoor Tennis

Sundays, January 7–February 25, 8 weeks, 4:30–6 pm, \$159

ROCK CLIMBING

Enjoy the exhilaration of rock climbing in a sport that is getting interest worldwide! Located in the northern Cincinnati suburb of Sharonville, you are just a stone's throw away from seeing what indoor climbing is all about. You don't have to be an athlete, you just need a desire to try something new and different. Don't worry, we'll be sure you are prepared to climb at your ability level. There has never been a better alternative to the "workout gym" until now!

Location: Rockquest Climbing Center

Fridays, February 2–March 9, 6 weeks, 7–9 pm

How to Detoxify Your Life

Simply put, we live in a toxic world and we all carry residues of chemicals in our bodies. But, we also live in the age of information. Information, however, is not knowledge and sorting through the massive amounts of information (or disinformation) on what's safe and what's not can be daunting. Add to that the thousands of products being offered as healthy and natural—it's enough to make your head spin.

This new year, invest in your health and learn how to sort through the hard data and the hype! You will learn simple, yet practical, steps to begin reducing overall chemical load during this eye-opening and fun workshop.

Theresia Marsh, registered healthcare professional, is passionate about the impact our surroundings have on health and loves sharing the knowledge she has gained on her own path to improved wellness.

Saturday, January 27
→See page 14



TECHNOLOGY

NEW! 3D PRINTING FOR EDUCATORS: ONLINE

There has been a lot of excitement about the use of 3D printers in education, but educators can have trouble both getting started with the technology and figuring out what to do with it. This two-class certificate covers both aspects, starting with how the technology works and then moving on to how to use it effectively. If participants already have 3D printers, the instructors will customize the class as much as possible so participants can follow along on the hardware they have. If a participant does not yet have access to a 3D printer, the instructors can help with helping participants define criteria to make decisions about appropriate hardware to buy.

Instructors: Joan Horvath and Rich Cameron

Two-month online course, February 5–March 30, \$345

CERTIFICATE IN MASTERING EXCEL: ONLINE

A must-have skill to succeed in business, whether an entrepreneur or a valued employee, is the ability to create, edit and manage spreadsheets. Microsoft Excel is the most used spreadsheet tool in the world. Begin with learning how an Excel worksheet is constructed, populated with content, and edited for delivery. Then, discover how various menu items, commands, settings and processes affects the look of your Excel worksheets and workbooks. This certificate will help you discover how to attractively visualize your data into meaningful information with confidence.

Instructors: Betsy Flanagan, John Rutledge and Cindy Miller

Three-month online certificate, February 5–April 27, \$495

MASTERING COMPUTER SKILLS FOR THE WORKPLACE: ONLINE

Must-have skills to succeed in the workplace include the ability to create, edit and manage presentations in MS PowerPoint, documents in MS Word, email and calendars in MS Outlook, and spreadsheets in MS Excel. Microsoft Office Suite of applications is the most used software tool in the world. Stay current with this class, as it is always up-to-date and will change as the features of MS Office change over time. Master the most common uses so that you can work faster and more efficiently and can take your computer skills from plain and drab to exciting and engaging.

Instructor: Betsy Flanagan

One-month online course, February 5–March 2, \$195

INTRODUCTION TO WEB DESIGN: ONLINE

Online users say a website's design is the number one criteria for deciding whether a company is credible or not, according to recent research. Understanding what it takes to produce effective web design is essential in today's market of highly saturated digital competition. Discover the basics of web design using HTML and CSS. The No prior knowledge of HTML or web design is required. Throughout the course you will get the info you need to plan and design effective web pages, know how to implement web pages by writing HTML and CSS code, and discover ways to enhance web pages with the use of page layout techniques, text formatting, graphics, and images.

Instructors: Joan Horvath and Rich Cameron

Two-month online course, February 5–March 30, \$345

WORDPRESS CERTIFICATE: ONLINE

WordPress is the most popular content management system (CMS) for website and blog design. During the first week, you will learn or refresh your knowledge of all the initial steps and the required elements for having a website. Topics include introduction to CMS, WordPress installation and setup, page and content creation, administration, themes (selection, purchase, installation and setup), working with widgets and plugins, and more. After successfully completing the WordPress Certificate you will know how to build a WordPress website or blog, customize your WordPress site by hand-coding HTML, CSS, and PHP, understand necessary regular WordPress maintenance, create WordPress website backup, and how to apply SEO techniques in WordPress.

Instructor: Andy Helmi

Two-month online course, February 5–April 6, \$495

CERTIFICATE IN DESIGNING WEBINARS: ONLINE

Webinars are a popular format for delivering information. They can be very successful for your organization, IF you have good webinar presentations and good management and marketing. Discover the power of successful webinars for your business organization. Learn four key strategies to make your webinars more successful. Acquire techniques and tips that will make your webinars winners with your audiences. Then acquire the webinar planning skills involved in budgeting, pricing, and marketing webinar meetings. This certificate provides you with the latest and best information about presenting webinars, as well as managing and marketing them.

Instructor: William A. Draves

Two-month online course, March 5–April 27, \$345

INFOGRAPHICS: ONLINE

The course begins with a history of Infographics and the types of infographics used in business, education and industry. In this course, you will be exposed to Pinterest and other web-based sources of infographics. You will be review various user-friendly infographic creation websites and learn the basics of designing infographics and be able to make their own simple infographic.

Instructors: Jeff Kritzer

One-month online course, February 5–March 2, \$195

BASIC COMPUTER SKILLS SUITE: ONLINE

Most jobs today require a working knowledge of certain computer skills. This course is a great introduction to Windows 10 and Office 2016 and is designed to provide the fundamental computer competencies you need to survive and prosper in today's fast-changing workplace. When you finish this course, you will have learned why employers consider technological literacy so critical to the success of any organization.

Instructors: Scott Jernigan, Kathy Van Pelt and Dave Paquin

Three 6-week online courses, Sessions start monthly, \$261

INTRODUCTION TO CODING: ONLINE

After taking this course, you will be introduced to the basics of computer programing and various programing languages. New technologies allow people outside of the computer science field to be able to create their own web pages using code. Students will learn the basics of HTML, CSS, and Java Script in this course, as well as the practical uses for each.

Instructor: Jeff Kritzer

One-month online course, February 5–March 2, \$195

MICROSOFT EXCEL 2016 SERIES: ONLINE

A total of 2,712,362 job posts within the last year have listed knowledge of Microsoft Excel as a critical skill for the role, and it's not just within the finance and accounting industries. Everyone from Human Resources professionals to Retail Salespersons are using Excel in their day-to-day functions. This Series combines three Microsoft Excel 2016 courses, to give you a thorough understanding of how to use this software to supplement your career.

Instructor: Chad Wambolt

Three 6-week online courses, Sessions start monthly, \$324

COMPTIA® NETWORK+ CERTIFICATION PREP: ONLINE

This course will teach you everything you need to know to take and pass the challenging CompTIA Network+ certification exam and become an excellent network technician. You'll learn about the OSI Seven-Layer model, protocol suites, modern network operating systems, network hardware, cabling standards, remote connectivity, Internet connections, cloud computing, network security, network troubleshooting, and more. This course will prepare you for the current exam objectives (N10-006).

Instructor: Scott Jernigan

Six-week online course, Sessions start monthly, \$159

CERTIFICATE IN WEB DESIGN: ONLINE

Online users say a website's design is the number one criteria for deciding whether a company is credible or not, according to recent research. Understanding what it takes to produce effective web design is essential in today's market of highly saturated digital competition. At the end of this course, you will have a functioning web application hosted on a web server that is both accessible and Search Engine Optimized. Plus, you will learn about responsive design process, advanced layout and design features using the Bootstrap framework and much more.

Instructor: Tonya D. Wright

Three-month online certificate, February 5–April 27, \$595

DIGITAL MARKETING CERTIFICATE: ONLINE

Get a fundamental, yet advanced, introduction to eMarketing, including improving email promotions, analyzing your web site traffic, doing search engine optimization, and how to successfully employ online advertising. Relevant for any type of organization, including businesses, companies, non-profits, and government agencies. No eMarketing experience or expertise is necessary. If you are already at an advanced level, your instructors are experts and can provide the latest most advanced information and answer your toughest questions

Instructors: Beverly Richards Schulz

Six-week online course, Sessions start monthly, \$119

PHOTOSHOP FOR THE DIGITAL PHOTOGRAPHER: ONLINE

Adobe Photoshop CC (also known as Photoshop Creative Cloud) is a powerful subscription software solution providing support and specialized editing tools for digital photographers and graphic artists. In this course, you'll master techniques to edit and enhance your digital images and add a professional polish to your work. Designed for those with no image-editing experience, this class will take you from novice to accomplished photo editor

Instructor: Tonya D. Wright

Three-month online certificate, February 5–April 27, \$595

How Online Courses Work



ABOUT ONLINE LEARNING

Online learning is a fun, enjoyable and very productive way to learn. Millions of people are learning online each year. You will engage and get to know your instructor and other participants in the class. You may even make friends.

It's easy. It's fun.

HOW THE COURSE WORKS

It is easy to participate in your online course. After you register, you will be given a web address to go to get into your online classroom. You will use your email address and create a password to gain access.

PARTICIPATE WHEN YOU WANT

You can participate any time of day or evening. The online classroom is open 24 hours a day, 7 days a week. There are no live real-time requirements or meetings. You decide when you participate. For the best learning, participants should log into the course on 2-3 different days of the week.

WHAT YOU WILL DO

For each Unit, you will:

- Access the online readings
- Listen to the audio presentation for the Unit and view the slides
- Take a self-quiz to see how much you have learned
- Engage in written online discussion with your instructor and other participants

The content (readings, audio lectures, slides) and self quizzes are accessible for the entire course, so you can work ahead, or go back and review again, at your convenience.

Communiiversity partners with Ed2Go and UGotClass to offer a wide variety of online courses and certificates.

TEST PREPARATION

ACT PREPARATION

Losing sleep and getting anxious about test day? In this intensive class, you'll build confidence and make the most of your potential by studying strategies for taking the ACT and by reviewing topics covered by the ACT (math, writing and reading comprehension). Learn a variety of test taking methods and work with the instructor to adapt the ones that best suit your own unique style and personal strengths. You'll get support for questions and concerns; plus discussions, PowerPoints, use of TPR materials, and lots of concrete examples. Discover approaches to increase your odds on each question type, how to use a process of elimination, construct a well-defined essay (optional) on this test, plan your critical reading passage strategy, and learn when it's good to guess.

Instructor: Allen Feibelman

Location: UC Main Campus, Edwards Hall

Sundays, January 28–February 4 or March 18–March 25, 2 weeks, 9 am – 2 pm, \$159, plus required textbook (refer to online course description)

PSAT/SAT PREPARATION

Gain confidence and make the most of your potential by studying strategies for taking the SAT and by reviewing topics covered by the SAT. You will learn specific techniques for taking the math, writing and reading comprehension parts of the test. Discover how the test is structured, effective methods for solving each problem type, and what to expect. Acquire an arsenal of tools to help you succeed, including how to use a process of elimination, construct a well-defined essay on test day, plan your critical reading passage strategy, and decide how to handle the conundrum "to guess or not to guess."

This class is also beneficial for Juniors who are taking the PSAT in the Fall and are trying to earn National Merit status. The test material is exactly the same (PSAT is simply not as long).

Instructor: Allen Feibelman

Location: UC Main Campus, Edwards Hall

Sundays, February 18–25, 2 weeks, 9 am–2 pm, \$169 plus required textbook (refer to online course description)

LSAT PREPARATION

The key to success on the Law School Admission Test is practice, strategy, and timing. Delve into a detailed analysis of each LSAT problem type: reading comprehension, analytical reasoning, and logical reasoning. By discussing the problems and explanations, you'll develop the ability to approach the LSAT as a series of intellectual games to which you can apply strategies studied in class. You will also benefit from the instructor's critique of your LSAT writing samples. The course culminates in a full-length mock exam. Using actual questions from previous tests, under timed conditions, will prepare you for the real environment. In addition, and outside of classroom hours, the instructor offers individualized assistance with the personal statement essay required for all law school applications.

Instructor: Sara Berry, JD

Location: UC Main Campus, College of Law

Sundays, January 14–February 4, 3–7 pm, 4 weeks, \$299, plus required textbook (refer to online course description)

Relationship Rescue: Simplifying Communication

Do you find that you continue to have the same argument over and over? Do you feel emotionally disconnected from your partner? It's okay to get angry in a relationship—everyone does at some point. Communicating isn't always easy, but open, honest communication is integral to every healthy relationship.

This February, join Debbie's new class, Relationship Rescue, where you will recognize what you contribute to your relationship and be able to define and implement strategies of direct communication. You will also become more aware of and improve control over your behavior. All of which will deepen and enhance your relationship! Couples or singles welcome!

Debbie Woodall Carroll, MA, LPCC-S, is an independent contractor with Inspired Living in Madera, Ohio. She works with clients from adolescents to seniors and one of her specialties is working with couples. Through her professional experiences, Debbie has developed a clear understanding of the fundamental dynamics of personal interaction and communication.



Wednesday, February 7
→See page 23

LEED V4 GREEN ASSOCIATE EXAM PREP & STUDY GROUP: ONLINE

This course covers the fundamental concepts of green building and is intended for design, construction and real estate professionals, building owners, or anyone who wants to develop their knowledge in this area. The course will prepare students to earn the LEED Green Associate credential from the Green Building Certification Institute. Students examine case studies of LEED certified building projects, concepts of integrated design, third-party verification and the LEED administration process.

Instructor: Kelly Gearhart

Two-month online course, February 5–March 30, \$695

TOEFL IBT PREPARATION CLASS

The Test of English as a Foreign Language (TOEFL) is used to measure English language proficiency. It is the most accepted test in the world; and Internet-based testing has made it even more accessible. This course will help you prepare to take the TOEFL as you focus on the main features of the test, test-taking strategies, exercises, and practice. We will cover the types of skills evaluated by the various sections of the test, including reading, listening, writing and speaking.

Instructor: Jennifer Wiebe

Wednesdays, January 31–March 21, 8 weeks, 6:30–8:30 pm, \$199

GRE PREP SERIES: ONLINE

With GRE Preparation – Part 1 and Part 2, you'll be prepared for all aspects of the computerized GRE® revised General Test. GRE Preparation – Part 1 (Verbal) takes you through all the question types on the verbal reasoning and analytical writing sections, including reading comprehension, text completion, sentence equivalence questions, and both essay tasks. You'll also gain pointers on time management, anxiety relief, scoring, and general standardized test-taking. Be prepared to excel on exam day to achieve your best potential score! GRE Preparation – Part 2 (Quantitative) features a math review and techniques for tackling the quantitative comparison, data interpretation, and standard math questions that make up the quantitative reasoning sections, as well as how to tackle the GRE's unique new question formats. You'll find pointers on time management, anxiety relief, scoring, and general standardized test-taking, too. Be prepared to excel on exam day and to achieve your best potential score!

Instructors: Laura Davis and Jessie Stellini

Twelve-week online course, Sessions start monthly, \$174

GMAT PREPARATION: ONLINE

Applying to graduate business and management schools usually means taking the GMAT (Graduate Management Admission Test). Our GMAT Preparation Course is a must. Taking this course will provide you with test-taking techniques and methods for improving your score and saving time on all GMAT question types. You'll review the more familiar questions and learn how to approach question types that may be new to you, like critical reasoning and data sufficiency. In the verbal lessons, we will discuss how to do your best on reading comprehension questions, sentence correction questions, critical reasoning questions, and the analytical writing assessment. In the quantitative lessons, we provide a comprehensive math review and techniques for tackling both problem solving and data sufficiency questions. You will practice on actual GMAT tests from previous years, which is the best way to prepare for any standardized test.

Instructor: Benjamin N. Gialloreto

Six-week online course, Sessions start monthly, \$119

PMP PREP SERIES: ONLINE

Learn how to prepare for the Project Management Institute's prestigious PMP® certification exam. Master A Guide to the Project Management Body of Knowledge (PMBOK® Guide), 5th edition—the essential resource for the PMP® certification exam. Please make sure you have a copy of the 5th Edition PMBOK® Guide for this course prior to your start date

Instructors: Tony Swaim

Six-week online course, Sessions start monthly, \$183, plus required textbook, refer to online course description



"I thought this was a good class: organized and informative. I was new to many of the platforms discussed and feel like I have a good base from which to continue learning."

- student from our Social Media in Business online course

REFRESH: ONLINE

If you've been out of school for a while, it may be a good idea to brush up on your academic skills or perhaps learn some new skills.

- Grammar Refresher
- Math Refresher
- Introduction to Statistics
- Introduction to Algebra

Each online course is filled with practical exercises and information that you can put to immediate use in college and beyond.

Six-week online courses, Sessions start monthly, \$119

Instructor bios available online at uc.edu/ce/commu

Financial Management: The Complete Workshop

During times of economic uncertainty, people recognize the need to make sound financial decisions to improve their fiscal well-being and prepare for the future. This is your opportunity to enhance your financial knowledge that could have a lifelong impact on your life and financial future.

This comprehensive workshop is well-suited for working individuals who need to make sound financial decisions to help protect their families and their assets. Through this course, you will gain a strong foundation in 6 key areas of personal finance—risk management, cash management, investment concepts, tax management, retirement planning, and estate planning. The time-tested financial principles presented to you can be applied to a variety of financial situations.

Gary E. Hollander, CFP® and the staff of Hollander & Associates LLC have experience and professionalism in financial planning, investments and insurance for individuals and families, as well as the ability to provide a full range of employee benefits for small to mid-size businesses. Hollander & Associates LLC has been helping people make the most of their finances for over 41 years.



**Mondays, February 5–19
3 weeks → See page 12**

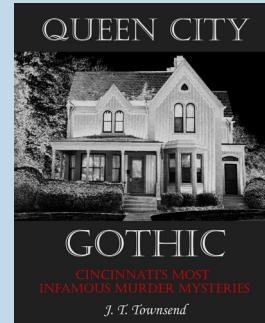
Think you're an ace amateur sleuth or crack armchair detective? Then, come match wits with local crime historian and Queen City Gothic author, JT Townsend. JT Townsend is a True Crime Historian, freelance writer and lifelong resident of Cincinnati. Formerly with Snitch Magazine, JT's work has appeared in the Cincinnati Enquirer, Cincinnati Magazine, Word Magazine, and Clews. In addition, JT appeared in the 2008 British documentary, Conversations with a Serial Killer.

JT's first book, *Queen City Gothic*, was a regional best-seller showcasing 13 of Cincinnati's most gripping, unsolved cold cases. His new book, *Queen City Notorious*, features Cincinnati's most scandalous gothic murders. Join JT Townsend for this 4-week course as he exhumes Cincinnati's most infamous murder mysteries. Help Townsend thaw out these cold cases, scrutinize the evidence and name the killers! Along the way, you will learn the rules for armchair detectives.

Rule #1: A mystery can't be solved, but a puzzle always has answers.
In this riveting program, you will learn about:

- **Wayward Women and Street Urchins:**
The Cumminsville Ripper and the Missing Girls of Mohawk (1905-1922)
- **The Bridal Shower and The Sleazy Motel:**
The mysterious slayings of Frances Brady and Sophia Baird (1936-1943)
- **The Society Matron and the Cheerleader:**
The high-profile murders of Audrey Pugh and Patty Rebolz (1956-1963)
- **An Infamous Cold Case and A Serial Killer:**
The Bricca murders in the shadow of the Cincinnati Strangler (1965-1967)

If you like turning mysteries into puzzles, extradite yourself to THIS class.
Because you have the right to remain fascinated...



Thursdays, April 5-26
4 weeks → See page 10

Queen City Gothic & the Armchair Detective

Become an Intrepid Traveler with UC Communiversity!

Don't let the cold weather keep you from hitting the road or taking to the air for adventure!

A local travel education organization, Wanderlust:Wanderlearn, offers a series of classes, through UC Communiversity, designed to turn the tepid traveler into an intrepid one. Simone Kuzma founded this travel organization, in 2007, after traveling and living abroad for 10 years. Wanderlust:Wanderlearn's mission is to empower people to become more capable and confident independent travelers.

"Being 'capable' means having the 'skills.' Our goal with Wanderlust:Wanderlearn is to give folks the tools they need to be more skillful travelers," said Kuzma. One way to alleviate the stress of travel and become a skillful traveler is to register for UC Communiversity's Intrepid Traveler classes.



Save 20% when you sign up for all three classes!
See page 11

The series begins with **Travel Logistics**, on January 15, at UC's Victory Parkway campus. New and experienced travelers will learn about passports and visas, entry requirements, how to choose a destination, how to create a budget, and international travel safety programs.

Once the flights are booked or Google Maps has planned out the route for your road trip, join Kuzma, on January 22, for **Savvy Travel Tips** and learn how to save money on travel and health insurance, cell phones and communication, electronics and adapters, plus discussion on immunizations, health concerns, and safety.

Solo and aspire to yolo? On January 25, Kuzma will offer **Solo Travel** and share information about the challenges and opportunities available to those who travel on their own, plus tips on how to travel smart — including following local customs and being safe — where to go, and how to travel solo.

4 Easy Ways to Enroll

Register Early for Best Selection

ONLINE



Online at uc.edu/ce/commu

CALL



Call us (513) 556-6932

Office hours are 9:30 am–6:30 pm Monday–Friday.

VISIT



Visit our office.

UC Victory Pkwy, Admin Bldg-Ste. 208
2220 Victory Pkwy, Cincinnati, OH 45206

Office hours listed above

Payment Options: We kindly accept check, credit or debit card.

MAIL



Mail this form with a check to:

UC Communiversity
c/o PNC Bank
P.O. Box 933134
Cleveland, OH 44193
(Make check payable to University of Cincinnati)



MAIL IN ENROLLMENT FORM (Enclose Check)

Name _____

Email Address _____

Mailing Address _____

City _____ State _____ ZIP _____

Phone (home) (_____) _____ Phone (cell) (_____) _____ Date of Birth _____

I am registering in the following classes:

Title _____ Fee _____

Title _____ Fee _____

Title _____ Fee _____

If you are registering more than one person, please include the name, email address and birthdate for each participant below:

1. _____

2. _____

3. _____



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