

**LIKE US ON FACEBOOK**  
SEARCH: OLLI at University of Cincinnati



**WINTER 2015**  
JAN. 20 – MAR. 6

# Course Catalog

Osher Lifelong Learning Institute  
at the **University of Cincinnati**

*A Vibrant Learning Community*

- **REGISTRATION BEGINS JAN. 5, 9AM**
- **WINTER-WEATHER INFO (P. 2)**
- **NEW WAIT LIST POLICY (P. 3)**
- **IMPORTANT CHANGES FOR WINTER (P. 4)**



**REGISTER ONLINE!**  
[www.uc.edu/ce/olli](http://www.uc.edu/ce/olli)



You've spent years  
focused on your career  
and raising a family ...

*Now's the time to  
rediscover the  
joy of learning.*

Osher Lifelong Learning  
Institute (OLLI) at the University of  
Cincinnati offers great classes and terrific  
teachers in a relaxed, informal environment—and  
*you don't have to worry about tests or grades.*

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## CLASS DATES

### Winter Quarter 2015

January 20 – March 6

### Spring Quarter 2015

March 30 – May 22



*Osher Lifelong Learning Institute at the University of Cincinnati is part of a network of 117 Osher Lifelong Learning Institutes throughout America and shares the resources of such quality institutions as Brandeis, Carnegie Mellon, Duke, Emory, New York University, Northwestern, Penn State, California-Berkeley, University of Illinois, University of Michigan, and Vanderbilt.*

## HOW TO USE THIS CATALOG

Courses are listed three ways in this catalog:

- 1. By Category** alphabetically by course title. Begin here if you are looking for classes on a particular topic. Use the course number to find the complete course description and moderator biography.
- 2. By Course Number** including complete descriptions of course content and biography of the moderator. Browse them all to discover what OLLI has to offer. Courses meet once per week for the seven weeks of the quarter unless a specific date or date range is listed under the course title.
- 3. Schedule-at-a-Glance** organized by location/day/time. If you are available only on a particular day of the week or interested in taking classes at only a single location, use this section printed on buff-colored paper in the center of the catalog. The Schedule-at-a-Glance is also a handy pull-out guide to keep track of the classes that interest you while you browse the catalog.

### WINTER WEATHER INFORMATION

#### At all locations except Sycamore Senior Center:

No OLLI classes on days UC is closed. Check local media, call 513-556-3333, or go online at [www.uc.edu](http://www.uc.edu).

For delays, classes that begin after UC opens will take place. Adath Israel, Llanfair Retirement Community, or Spring Grove Cemetery may close when UC is open, in which case, OLLI classes at those locations will be cancelled. Check local media.

#### At Sycamore Senior Center (SSC):

SSC is closed when Sycamore Schools are closed. Check local media or call (513) 984-1234. Programs at SSC take place whether or not UC is open as long as Sycamore Schools are open.

## HOW OLLI WORKS

### Classes Offered

Each school year, OLLI offers more than 400 courses ranging from eight-week seminars to hour presentations on a wide range of topics. Along with professors and other educators, volunteer moderators who lead each class include medical doctors, professionals from nearly every field, and passionate hobbyists.

### Olli Membership

Anyone aged 50 or older is eligible to join OLLI and take OLLI courses. The only other prerequisite is a desire to learn. You do not need a college degree to join OLLI.

### Cost

For a single payment of \$85 per quarter, OLLI members may register for as many classes as they desire. Most people sign up for at least three courses. Some courses may require an additional fee, which is listed in the course description.

### Scholarships

Financial assistance is available to cover the full membership fee for those who need it. We are grateful for scholarship gifts from Neal Jeffries in memory of his wife, Karen Jeffries; Cecilia and Tom Kloecker; and the Friends of OLLI. For scholarship application information, please call 513-556-9186 or email [olli@uc.edu](mailto:olli@uc.edu).

### Wait Lists

If a class you want is full, you may now opt to be placed on a wait list. If a place opens in that class, the first person on the list will receive a call and have 24 hours to respond before the place is offered to the next person on the list. If you do not receive a call, there is not a place for you in the class. Please do not attend classes for which you are not registered even if you are on the wait list.

### Registration Restrictions

You may not register for more than one class that meets at the same time. If you send in a registration that includes two or more classes that meet simultaneously, you will be registered for only the first one.

### Attendance

Although attendance is not mandatory, your presence in the courses for which you register enhances the learning experience for you and your classmates. If you attend classes for which you are not registered, you will be taking a space reserved by someone who is registered, and you may be asked to leave the classroom.

### Teaching a Class

If you would like to share your expertise with the OLLI community, please consider becoming a volunteer moderator. Visit [www.uc.edu/ce/olli](http://www.uc.edu/ce/olli) or call 513-556-9186.

### Volunteering

OLLI at UC runs on volunteer power! Volunteers moderate classes, select curriculum, distribute catalogs, assist with registration, work on publicity and marketing, organize special events, welcome and orient members during the first week of classes, and much more. For more information about volunteer opportunities, call 513-556-9186.

### Disclaimer

The views and opinions expressed in OLLI courses are strictly those of the moderators and their guest speakers. Course content has not been reviewed by the Osher Lifelong Learning Institute at the University of Cincinnati. Consult your financial advisor before acting on any implied or actual recommendations concerning the investment of your money. Consult your doctor before following any medical, nutritional, or exercise program or advice.

## CLASS LOCATIONS & PARKING

**Tangeman University Center (TUC)**—University of Cincinnati Uptown-West Campus, Cincinnati, OH 45221. OLLI will provide passes for free parking on main campus. You must request a pass before class starts by calling the office at 513-556-9186 or emailing your request to [laughlin@uc.edu](mailto:laughlin@uc.edu). OLLI can no longer reimburse parking expenses after the fact.

**Adath Israel (ADI)**—3201 E. Galbraith Rd., Cincinnati, OH 45236 (Amberley). Park for free in the adjacent parking lot. Absolutely no food or drink is permitted at this facility.

**Sycamore Senior Center (SSC)**—4455 Carver Woods Dr., Cincinnati, OH 45242 (Blue Ash). Park for free in the adjacent parking lot.

**Llanfair Retirement Community (LRC)**—1701 Llanfair Ave., Cincinnati, OH 45224 (College Hill). Park for free in visitor parking.

**Spring Grove Cemetery (SGC)**—4521 Spring Grove Ave., Cincinnati, OH 45232. Park for free in the adjacent lot.

**See pages 36-37 for** maps of each major location. Parking instructions and the addresses of other locations are listed within the individual course descriptions.



## IMPORTANT CHANGES FOR WINTER

- All Blue Ash classes moved to Adath Israel. NOTE: Adath Israel is kosher facility. No outside food or beverages allowed.
- At Adath Israel, the programs formerly called Brown Bag Lunches are now OLLI Samplers and offered 10:35 a.m.–12 p.m. No food or beverages allowed!
- Most classes begin week of Jan. 20 and run for 7 weeks only, unless otherwise noted in the course description.
- Online and phone registration begins Jan. 5, 9 a.m. Mailed registrations received earlier will be processed beginning Jan. 5, 9 a.m.
- You may now opt to be placed on a wait list for a full course. See “WAIT LISTS” on p. 3.

## REGISTRATION OPTIONS

1. Register online using a credit card at [www.uc.edu/ce/olli](http://www.uc.edu/ce/olli). This is the fastest way to submit your registration. Instructions are below and on the online registration page. You will know immediately whether or not the classes you want are available.
2. Complete and mail in the registration form inside the back cover of this catalog. Include payment by check or credit card. Your registration will be processed in order of postal cancellation date. Because we have limited staff, it may take as long as 24 hours from when we receive your registration to when we are able to process it.
3. Call the office at 513-556-9186. Have your course list and credit card information ready. Be advised that we have only one telephone line and limited staff. It may take as long as 24 hours from when we take your call to when we are able to process your registration.

## ONLINE REGISTRATION INSTRUCTIONS

**NEW & IMPROVED!** You can now register for your membership and classes in one transaction. See the new, easier instructions below.

1. **LOGIN.** Go to [www.uc.edu/ce/olli](http://www.uc.edu/ce/olli) and click on Register near the top left. Click **Login** in the shaded box at top left. If you are a new member, follow the instructions to **Create a New Account**. All others, login with email address. Each person must have an individual account and register separately.
2. **SUBSCRIBE.** Select your membership by clicking **Subscriptions** near the top of the shaded menu box. To select, click **View Dates, Select,** and **Add to Shopping Cart**. Skip this step if you purchased an annual membership in the fall or purchased your winter membership in advance.
3. **REGISTER FOR CLASSES.** From your **Shopping Cart/Pending Schedule**, click **Add Another Class**. To select courses, use the category listings in the shaded menu box on the left. For each course, click **View Dates to Select** and **Add to Shopping Cart**. Continue to **Add Another Class** to your **Pending Schedule** in this manner. Use **Remove Class** and **Recalculate Shopping Cart** to remove errors or duplicates.
4. **CHECK OUT.** When your **Pending Schedule** is complete, scroll to the bottom of the screen to select **Check-out and Complete Registration**. Complete all payment information and **Submit Payment**. You will receive an email confirming your payment and class schedule.

## TROUBLE SHOOTING!

1. You cannot register for courses that meet at the same time on the same day. If you want to attend a one-time class or Extra Treat that meets during one of your multi-week classes, call the office at 513-556-9186. We can add the one-time class to your schedule.
2. If you have any questions or problems while you are registering, call the office at 513-556-9186. We are happy to help! Office hours are Monday–Friday, 9 am.–5 p.m. Be advised: the phones are very busy during registration.

## Art & Art History

- 4317 Behind the Scenes in the Arts (TUC-THU)
- 4917 Making Art, Making Friends—Community-Based Art with Jan Brown Checco (TUC-THU)

## Computers & Technology

- 3403 Become the Boss of Your iPhone/iPad (ADI-TUE)
- 3502 Become the Boss of Your iPhone/iPad (ADI-TUE)

## Current Events, Law & Politics

- 3614 Current Events Discussion (ADI-THU)
- 3202 Discussion of Controversial Issues (ADI-TUE)
- 3401 Federal Regulations—What They Are and How They Work (ADI-TUE)
- 6014 Getting the Scoop: Maryanne Zeleznik at WVXU News (LRC-FRI)
- 4209 Let's Talk Current Events (TUC-TUE)
- 3406 The Modern Presidency (ADI-TUE)
- 6010 A Price Hill Community Living Green (LRC-FRI)
- 3002 ProKids Discusses Family Violence—And What You Can Do (ADI-TUE)
- 6016 Reflections on the US Secret Service: Past and Present (LRC-FRI)
- 3004 Was Women's Lib a Success? (ADI-TUE)

## Exercise, Health & Wellness

- 3213 Easy-Does-It Exercise (ADI-TUE)
- 3308 Eating to Live (ADI-TUE)
- 4505 Essentials for Healthy Homes (TUC-THU)
- 4102 Gentle Taiji and Qigong (TUC-TUE)
- 4921 Hospice 101: Debunking the Myths (TUC-THU)
- 4409 Move into Ease (TUC-THU)
- 3103 My Friend Has Dementia. What Can I Do for Her/Him? (ADI-THU)
- 3003 Neuro-Integration (ADI-TUE)
- 3218 Nutrition, Your Health, and Disease Prevention (ADI-TUE)
- 3619 Tai Chi 16+ (ADI-THU)
- 3327 Tai Chi Experience (ADI-TUE)
- 5035 Take Time for Your Thyroid (SSC-WED)
- 4212 Understanding Vipassana Meditation (TUC-TUE)
- 4507 Vipassana Meditation Practice (TUC-THU)
- 3900 Visits with Integrative and Alternative Medical Specialists (ADI-THU)

## Financial & Retirement Planning

- 4508 Financial Workshop for Retirees (TUC-THU)
- 3402 Hands-on Financial Planning Workshop (ADI-TUE)
- 3102 Housing Rights and You (ADI-THU)
- 3100 Incorporating Housing Wealth in Retirement Distribution Income Streams (ADI-THU)
- 4916 Make My Final Wish Green: Green Burial and Final Disposition (TUC-THU)
- 3104 Making Your Soul Grow (ADI-THU)
- 3106 Medicare and You (ADI-THU)
- 4410 Planning Your Second Adulthood (TUC-THU)
- 4213 Your Retirement Quest—Ten Secrets for Creating and Living a Fulfilling Retirement (TUC-TUE)

## Foreign Language

- 3220 Beginning ASL (American Sign Language) (ADI-TUE)
- 4311 French Conversation (TUC-THU)

## Gardening & Landscape

- 3718 Hydroponics and Indoor Gardening (ADI-THU)
- 7104 A Pruning Seminar for the Homeowner (SGC-TUE)
- 7114 Tree Planting Techniques (SGC-TUE)

*continued on next page*



## RESEARCH VOLUNTEERS NEEDED



Interested in co-developing products and services with students at the University of Cincinnati? Your participation will help advance our research and help improve the quality of life across the lifespan.

**To learn more about the Live Well Collaborative or to contact us about volunteer opportunities visit our website at:**

[LIVEWELLCOLLABORATIVE.ORG/GET-INVOLVED/VOLUNTEER/](http://LIVEWELLCOLLABORATIVE.ORG/GET-INVOLVED/VOLUNTEER/)

Find the detailed class descriptions (listed by **class number**) beginning on page 8.

- |                                   |                                |
|-----------------------------------|--------------------------------|
| ADI—Adath Israel                  | SSC—Sycamore Senior Center     |
| LRC—Llanfair Retirement Community | TUC—Tangeman University Center |
| SGC—Spring Grove Cemetery         | OTHER—all other locations      |

# Classes by CATEGORY

## History & Social Sciences

- 5038 1776: The New York Campaign (SSC-WED)
- 3800 20th-Century European History (ADI-THU)
- 5034 Abe Lincoln Speaks (SSC-WED)
- 3501 BBC *History of World War II*, Part 2 (ADI-TUE)
- 3005 Critters in the White House (ADI-TUE)
- 5037 "The Crowd Goes Wild: A Day at the Gladiatorial Games" and "Pompeii: Life from the Ashes" (SSC-WED)
- 3219 Economics 101—And this Time You Will Understand It! (ADI-TUE)
- 6015 Everest and the People Who Climbed It (LRC-FRI)
- 3324 Geography's Revenge (ADI-TUE)
- 4918 George Remus Is Back with Whiskey in Hand (TUC-THU)
- 3400 Historical Events that Shaped Today's Taiwan (ADI-TUE)
- 3208 History of Immigration to Cincinnati (ADI-TUE)
- 4915 History of the Buffalo Soldiers (TUC-THU)
- 3901 Lewis and Clark: Journey to another America (ADI-THU)
- 3805 Mythology with Joseph Campbell, Part 1 (ADI-THU)
- 8401 National Underground Railroad Freedom Center Tour (OTHER-FRI)
- 3719 Older and Wiser: Wisdom in the 21st Century (ADI-THU)
- 4920 Once a Nazi (TUC-THU)
- 3905 Social Anthology of Culture in Kenya (Using Transportation) (ADI-THU)
- 4819 The Story behind the Best Book Written about Cincinnati (TUC-TUE)
- 4824 Taft's Band of Brothers (TUC-TUE)
- 3217 Western Civilization Foundations—Greek Voices, Part 2 (ADI-TUE)
- 4825 Women Who Raised the Presidents of the US (TUC-TUE)
- 3801 WWII and the Holocaust in France as Experienced by the Moderator (ADI-THU)

## Hobbies, Sports & Other

- 8200 Art and Hobby Workshop (OTHER-WED)
- 4822 Italian Themes on United States Postage Stamps (TUC-TUE)
- 3617 Paper Bead Jewelry-Making Workshop (ADI-THU)
- 3803 Pet First Aid with OTC Drugs and Supplies and Then Some (ADI-THU)
- 4208 What's New in Genealogy Today? (TUC-TUE)
- 6013 Your Family Tree: An Introduction to Genealogy (LRC-FRI)

## Literature & Drama

- 3618 Detective Fiction as a Window on History and Social Issues of WWI (ADI-THU)
- 4315 Frank O'Connor: Collected Stories (TUC-THU)
- 3405 History of British Theatre (ADI-TUE)
- 8405 Pursuit of the American Dream in Four Novels (OTHER-FRI)
- 3707 A Twist on How Plays Can Help in Understanding Families (ADI-THU)
- 4823 What Makes a Rare Book Rare? (TUC-TUE)

## Music

- 3407 A Brief History of Classical Music, Part 2 (ADI-TUE)
- 4104 Exploring Opera (TUC-TUE)
- 4408 For the Love of Music (TUC-THU)
- 3328 A Look at Country Music and Its Many Country Cousins (ADI-TUE)
- 5032 A One-of-a-Kind Event: Local Songwriters and Performers (SSC-WED)
- 3906 Preview of Opera (ADI-THU)
- 8302 Sing Karaoke (SSC-THU)
- 3503 What's On (ADI-TUE)

## Philosophy & Religion

- 3500 A-E-I-O-U-Y of H-I-N-D-U-I-S-M (ADI-TUE)
- 6009 Exploring the Sacred Path of the Labyrinth (LRC-FRI)
- 4316 Ideas in Philosophy: Ethics (TUC-THU)
- 3101 Philosophy, Religion, Wisdom, and Humor in One Sampler (ADI-THU)
- 3903 Understanding the New Testament in the Context of the Qur'an (ADI-THU)



Students shared their personal histories in *Memoir Writing—Begin or Continue Your Life Story*.

Find the detailed class descriptions (listed by **class number**) beginning on page 8.

ADI—Adath Israel

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## Speakers Bureau

### HELP US SPREAD THE JOY OF LEARNING

**We welcome the opportunity to speak to your church, club, or professional organization about OLLI. We will provide a 15-minute presentation on OLLI and bring brochures and catalogs to share.**

Contact Sally Peterson at [speterson@fuse.net](mailto:speterson@fuse.net)

#### Photography

- 3615 Adventuring into Photography (ADI-THU)
- 8000 Beyond the Snapshot: Digital Foundations (SSC-MON)
- 3703 Intermediate Digital Photography Workshop (ADI-THU)
- 4211 Lightroom without Fear, Processing Your Photographs (TUC-TUE)
- 8203 Photography Workshop Challenges (SSC-WED)
- 3603 Yes! You Can Become a Better Photographer (ADI-THU)

#### Science, Math & Psychology

- 5033 Big Science, Little Science: Technologies that Will Improve Our Lives (SSC-WED)
- 3710 C. G. Jung Study/Discussion Group (ADI-THU)
- 5039 Exotic Animals Visit OLLI (SSC-WED)
- 4002 Human Genetics: Science, Technology, and Social/Ethical Issues (TUC-TUE)
- 4506 The Nature of Earth, Part 2 (TUC-THU)
- 4003 Reading between the Lines: An Introduction to Handwriting Analysis (TUC-TUE)
- 3000 The Search for Life on Mars and Beyond (ADI-TUE)
- 6012 Secrets of the Winter Night Sky Revealed (LRC-FRI)
- 4821 The Toyota Production System (TUC-TUE)

#### Self-Improvement

- 3802 Be Happy. Think Positive. Accept Change. (ADI-THU)
- 3329 Breaking Bad Habits (ADI-TUE)
- 3620 Doodling, Discourse, and Donuts (ADI-THU)
- 3616 Eldership: Leadership in the Second Half of Life (ADI-THU)
- 3404 Personal and Business Win-Win Negotiating (ADI-TUE)
- 3311 Understanding Yourself and Others with the Enneagram (ADI-TUE)
- 3105 Where the Journey Has Taken Me (ADI-THU)

#### Stage & Screen

- 6011 Footprints on the Air: Television Legends of Cincinnati (LRC-FRI)
- 4820 *Have Gun-Will Travel*: '50s TV Western as Ethical Drama (TUC-TUE)
- 3326 So Who Loves a Good Sci-Fi Movie? (ADI-TUE)

#### Travel

- 4919 Chimp Trekking in Tanzania (TUC-THU)
- 3806 England Inside Out (ADI-THU)
- 3001 Germany—A Tale of Two Cities (ADI-TUE)
- 3006 Information on OLLI's 2015 Road Scholar Charters (ADI-TUE)
- 4105 London: Exploring the City in Depth (ADI-THU)
- 5036 Through-Hiking the Appalachian Trail (SSC-WED)
- 3711 Travel Seminar (ADI-THU)

#### Writing

- 3325 Guided Autobiography (ADI-TUE)
- 3902 Memoir Writing—Continue Your Life Story (ADI-THU)
- 4103 Poetry Writing Workshop (TUC-TUE)
- 3804 Writing for Children (ADI-THU)

## CREATIVE VOICES

Each spring, OLLI at UC publishes a literary and art magazine to celebrate the talents of our members and moderators. We accept submissions of short fiction, essays, poetry, photography, and two-dimensional graphic art such as drawings, prints, and paintings. For information about how to submit work for consideration, visit: [www.uc.edu/ce/olli/creative-voices.html](http://www.uc.edu/ce/olli/creative-voices.html) or call the office at 513-556-9186.

Find the detailed class descriptions (listed by **class number**) beginning on page 8.

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# Class descriptions by CLASS NUMBER

## **3000 The Search for Life on Mars and Beyond**

Tuesday, Jan. 20, 10:35 am–12 pm (ADI)

The primary emphasis will be on the search for past and present life on Mars, but the search for life on other planets and moons in our solar system and beyond will be covered also. Over the ages, humankind has been pondering the question: Are we alone? We are fortunate to be living in a time when our robotic probes and telescopes have improved to the point that they might provide proof of extraterrestrial life within the next 20 years.

Moderator: Gerald Black

## **3001 Germany—A Tale of Two Cities**

Tuesday, Jan. 27, 10:35 am–12 pm (ADI)

Germany—A Tale of Two Cities visits a large German city and a sleepy village along the Rhine, noting historical and cultural similarities between the two locations.

Moderator: Janet Dieman

## **3002 ProKids Discusses Family Violence— And What You Can Do**

Tuesday, Feb. 3, 10:35 am–12 pm (ADI)

Learn about family violence and how to identify the signs of trauma in partners and children. Find out ways to help and resources in our community for those affected. This session will be presented by Kathy King, a ProKids CASA manager and founder of Steps to Peace, a program that trains volunteers and professionals on family violence issues.

Moderator: Kathy King

## **3003 Neuro-Integration**

Tuesday, Feb. 10, 10:35 am–12 pm (ADI)

It has been said that nature never abandons a system that works but instead builds new and more efficient systems upon the old, and when integrated, these systems offer an open-ended potential, an ability to rise and transcend. Neuro-integration utilizes hand patterns and acupuncture to increase the efficiency of the nervous system. Meet Therese Altemeier and learn how to rise and transcend.

Moderator: Therese Altemeier

## **3004 Was Women's Lib a Success?**

Tuesday, Feb. 17, 10:35 am–12 pm (ADI)

Your life is different from your mother's... and your daughter's/granddaughter's are different from yours. Have we arrived yet? Join us for a lively "gab session" extraordinaire on women's lives, past and present.

Moderator: Karen Zaugg

## **3005 Critters in the White House**

Tuesday, Feb. 24, 10:35 am–12 pm (ADI)

Almost every president arrived at the White House with at least one four-legged companion. Come and be introduced to George Washington's Vulcan and Sweetlips and Teddy Roosevelt's one-legged rooster. Lions, and tigers and ????? Find out more!

Moderator: Debra Price

## **3006 Information on OLLI's 2015 Road Scholar Charters**

Tuesday, Mar. 3, 10:35 am–12 pm (ADI)

The OLLI Road Scholar committee will give all the details on our June trip to St Louis and September trip to Gettysburg. We will answer any questions you might have. Don't miss the fun.

Moderator: Barbara Burke

## **3100 Incorporating Housing Wealth in Retirement Distribution Income Streams**

Thursday, Jan. 22, 10:35 am–12 pm (ADI)

The FHA HECM reverse mortgage is one of the best-engineered financial tools of our generation, designed to meet a wide spectrum of senior needs, from repairing the roof of their home to paying for their grandchildren's education to meeting expected and unexpected contingencies. Yet the program elicits negative reactions from large segments of the media, whose distorted descriptions of the HECM program are scaring off millions of seniors whose lives could be enriched by it.

Moderator: Michael Bowers

## **3101 Philosophy, Religion, Wisdom, and Humor in One Sampler**

Thursday, Jan. 29, 10:35 am–12 pm (ADI)

Herb Bass is back, sharing his intelligence and good humor with both old and new friends. Be prepared to learn and laugh



as Herbie discusses both his ecumenical love of people and his knowledge of religion. His co-counsel, Nancy Schpatz, contributes her belief that it is optimism that enables us to meet the challenges of change.

Co-Moderators: Herb Bass, Nancy Schpatz

## **3102 Housing Rights and You**

Thursday, Feb. 5, 10:35 am–12 pm (ADI)

Downsizing? Considering condo or apartment living? As a resident of such housing, or even as part of a homeowners association, you have rights—especially if you have or develop a disability. Under the federal Fair Housing Act, housing providers must allow reasonable changes to policies or physical changes to properties so that residents with disabilities can use and enjoy their homes just as other residents do. Learn more about housing rights for yourself or a loved one and what you can do if those rights are being violated.

Moderator: Myra Calder

## **3103 My Friend Has Dementia. What Can I Do for Her/Him?**

Thursday, Feb. 12, 10:35 am–12 pm (ADI)

Talking points and communication strategies on how to relate with a loved one suffering from Alzheimer's or dementia.

Moderator: Jerry Craft

## **3104 Making Your Soul Grow**

Thursday, Feb. 19, 10:35 am–12 pm (ADI)

You know what you retired from. Do you know what you retired to? Hear six OLLI moderators relate how sharing their passion with members has added to their retirement experience. We'll hear from Bill Deitzer, Gary Hollander, Kathy Richardson, Ken Schneider, Kathy Womer, and Karen Zaugg who will encourage you to do the same.

Moderator: Gary Hollander

## **3105 Where the Journey Has Taken Me**

Thursday, Feb. 26, 10:35 am–12 pm (ADI)

In three years, Rosemary Deitzer has given her presentation, "The Miracle of the North Platte Canteen," 25 times to more than 1,200 people. She'll relate her personal experiences of meeting some of the canteen volunteers on her 2014 trip to North Platte with photos and videos. Relating the stories

of North Platte and the canteen has been a transforming personal experience for her. She'll encourage you to follow your passion to see where your journey will take you.

Moderator: Rosemary Deitzer

## **3106 Medicare and You**

Thursday, Mar. 5, 10:35 am–12 pm (ADI)

The Ohio Senior Health Insurance Information Program (OSHIIIP) provides Medicare education and support for Ohio consumers. OSHIIIP is funded through CMS (Centers for Medicare and Medicaid Services) and sits within the Ohio Department of Insurance. This presentation is intended for Medicare beneficiaries, their caregivers, anyone new to Medicare, and the general public. We also operate a hotline and provide numerous print materials as additional support.

Moderator: Mary Leep-Pichert

## **3202 Discussion of Controversial Issues**

Tuesdays, 9–10:25 am (ADI)

The topics will be selected by the class, and the moderator will enter the discussion on the side that seems to have the least support. This should be a lot of fun. We will be using the Great Courses lectures. The first class will be led by Jim Miller and will be devoted to a Great Courses lecture and discussion.

Moderator: Edward Levy describes himself as a professional has-been. To name just a few examples: CEO, athlete, and lay member of the institutional review board at UC Medical School. The board's function is to review proposals for medical research. As a lay member, he represents the research subjects and deals with ethical issues.

## **3208 History of Immigration to Cincinnati**

UPDATED

Tuesdays, 9–10:25 am (ADI)

The course traces the journey of different ethnic groups to their settlements in Cincinnati. Members of the group are invited to participate and share their family stories.

Moderator: Josephine Gately was born and educated in England and has child-welfare experience in both England and Canada. After completing graduate studies at Smith College, she immigrated to the US and fulfilled a career in psychiatric settings. From her own experience and those of others, she has delved into the lives of immigrants to Cincinnati.

# Class descriptions by CLASS NUMBER

## 3213 Easy-Does-It Exercise

Tuesdays, 9:25–10:10 am (ADI)

CLASS LIMIT: 30

Enjoy a wide variety of moving, stretching, and toning plus breathing, balance, body awareness, relaxation—and a smile. (No floor exercise. No routines to learn.) Music makes the time fly. NOTE that this 50-minute-long class STARTS at 9:25 am.

Moderator: Linda Kegg taught yoga and other fitness classes for more than 30 years (at Blue Ash YMCA, etc.). Her OLLI classes include *The Tudors*, *Extraordinary Women of the Past*, *Hamlet*, *Origami*, etc.

## 3217 Western Civilization Foundations— Greek Voices, Part 2 NEW

Tuesdays, 9–10:25 am (ADI)

How did the classical Greek ideas originate and later influence ancient Greek culture? In this second of three courses, we will read and discuss selections from literature and history from the Classical period that helped shape Western civilization. Among the readings will be selections from Aeschylus, Sophocles, Euripides, Aristophanes, Herodotus, and Thucydides, Plato, and Plutarch. If interested, join us and acquire a copy of Bernard Knox's (ed) *Norton's Book of Classical Literature* (1993—about \$14 used). Please read selections, pp. 300–334 for the first class.

Co-Moderators: Dean Moore—precollege and college educator, three degrees, Ohio Univ. and UC; Kathy Baker—precollege history and Chinese cooking teacher, BA and BS, UC; Sally A. Peterson—BA, Texas Christian Univ., and MA, Georgia State Univ. (French/English); Betty Beaumont—BA, classics, Univ. of Tennessee, MBA, Univ. of North Carolina.

## 3218 Nutrition, Your Health, and Disease Prevention

Tuesdays, 9–10:25 am (ADI)

6-WEEK COURSE: Jan. 20–Feb. 24

Nutrition is an ongoing science of continuous research. New and additional information and literature are the result of these ongoing studies. A responsible healthcare practitioner studies the current research and ensures that the distributed information is not only sound and current but exemplary as well as ethical.

Moderator: Peachy Seiden, MS, RD, LD, a registered dietitian

with a nutrition consulting practice in Cincinnati where she helps people with weight loss and maintenance, disease prevention, and health promotion using the principles of mind-body interaction and integrative nutrition. She obtained her master's degree in clinical nutrition from Rush Univ. in Chicago and is a PhD candidate in health education at UC.

## 3219 Economics 101—And this Time You Will Understand It!

Tuesdays, 9–10:25 am (ADI)

4-WEEK COURSE: Jan. 20–Feb. 10

You took Econ 101 back in college and passed but never really understood it. Now, try it again! By focusing on just a few basic concepts (opportunity cost, supply and demand, elasticity, costs and profits) and using real-world examples and a dash of humor, economics can be demystified. You will discover that economics is at the heart of many current news stories and global issues. And you will be able to understand it all!

Moderator: Marcha Hunley is former honors chairperson and professor emeritus at Cincinnati State Technical and Community College, where she taught Introduction to Economics for 30 years. As a member of the Center for Economic Education at UC, she worked with students from kindergartener to graduate school.

## 3220 Beginning ASL (American Sign Language)

Tuesdays, 9–10:25 am (ADI)

CLASS LIMIT: 20

This course offers an introduction to ASL, including fingerspelling and basic sign vocabulary as well as the history and culture of the Deaf community. Students will be able to use ASL (without talking) to introduce themselves and ask and answer simple questions.

Moderator: Maggi Cobb-Wessling originally taught Deaf students. She was then selected as the first high school teacher in SW Ohio to teach ASL for foreign language credit. She is currently a freelance sign language interpreter.

## 3308 Eating to Live

Tuesdays, 10:35 am–12 pm (ADI)

CLASS LIMIT: 20

With hundreds of food choices on the supermarket shelf, what should one choose to ensure better health for the entire person, not just for the tongue's taste buds? This course will help you make informed choices and eat healthier and better without breaking your budget.

Moderator: Jeba Moses, pastor of the Clifton Adventist Church, doctorate in theology with secondary emphasis in health.

**3311 Understanding Yourself and Others with the Enneagram**

Tuesdays, 10:35 am–12 pm (ADI)

The Enneagram personality system describes basic motivations behind behavior. You will develop an understanding of the system as a whole as well as your personal preferences. This can lead to the development of underused capacities for living your life and relating with others.

Co-Moderators: Tom Flautt is retired from P&G, where he developed an interest in what makes people tick. He is certified as an Enneagram teacher by major Enneagram schools. He also teaches an OLLI course on the psychology of Carl Jung. Nancy Shayeson is a certified Enneagram teacher by Helen Palmer and David Daniels and has been employed as a licensed practical nurse, master’s level therapist in a day treatment program, and elementary school teacher.

**3324 Geography’s Revenge** 

Tuesdays, 10:35 am–12 pm (ADI)

How does geography influence the behavior and relations of nations? In this course, we’ll discuss what the author calls “critical pivots” from history and recent world hot spots. We’ll look at famous geographers’ ideas about geography’s influence through topography, climate, and location proximities to other lands. Then examine issues, goals, personalities, and lessons that are likely to affect cultural areas—Europe, Russia, China, India, Turkey, Iran, Arab Middle East, and US/Mexico. If interested, acquire Robert Kaplan’s *The Revenge of Geography*, Random House, 2012, and read chapters 1–4 for the first class.

Co-Moderators: Dean Moore—precollege and college educator, three degrees, Ohio Univ. and UC; Kathy Womer—member of the Hamilton County Chapter Ohio Genealogical Society who has been researching her own and her husband’s families for seven years.

**3325 Guided Autobiography**

Tuesdays, 10:35 am–12 pm (ADI)

CLASS LIMIT: 12

Write the stories of your life two pages at a time. I will guide you with priming questions that will unlock stories filed away in your memory but not forgotten.

Moderator: Melissa Kotler Schwartz is a certified guided autobiography instructor from the James E. Birren School of Autobiography. She’s also a blogger and teacher. Find her blog at [www.strangersihaveknown.com](http://www.strangersihaveknown.com)

**3326 So Who Loves a Good Sci-Fi Movie?** 

Tuesdays, 10:35 am–12 pm (ADI)

What makes you a sci-fi movie junkie? We’ll explore the history of this genre from the humble beginnings to today’s blockbusters with special attention paid to the drive-in heydays. Class participation is encouraged and expected.

Moderator: Shannon Womer has a BA in psychology from UC and is a retired employee of the healthcare field who has enjoyed sci-fi movies going on 60 years.

**3327 Tai Chi Experience** 

Tuesdays, 10:35 am–12 pm (ADI)

CLASS LIMIT: 50

This course offers an introduction to the graceful, soft martial art of tai chi. Patient instruction allows individuals to proceed at their own pace and ability. As a gentle physical exercise form, doing tai chi can lead to increased stamina and muscle tone, improved balance, and more effective breathing. As a form of “meditation in motion,” tai chi can provide mental benefits of stress reduction and relaxation. Performing tai chi can be used as a convenient and effective regular exercise program.

Moderator: David Schiel is a tai chi enthusiast.

**3328 A Look at Country Music and Its Many Country Cousins** 

Tuesdays, 10:35 am–12 pm (ADI)

CLASS LIMIT: 12

Do you love country music? Did you know that there are many subcategories of country music that we call the “country cousins”? From back in the days before radio and records and from the start of commercial country music with Jimmie Rodgers and the Carter family, we’ll look at old-time, bluegrass, western swing, cowboy, honkytonk, and a dozen other types of music that are directly related to country music and form a large and fascinating family of the most popular music in this country. We’ll also look at how Cincinnati almost became the country music capital of America.

# Class descriptions by CLASS NUMBER

Moderator: Chuck Black is currently the host of *The Old Time Music Radio Show* on WOBO-FM 88.7 in Batavia, OH. He is also a sound engineer and historian for the Queen City Balladeers, a folk and roots music organization founded at UC in 1963. He plays folk, old-time, and bluegrass music in the Cincinnati area.

## 3329 Breaking Bad Habits

Tuesdays, 10:35 am–12 pm (ADI)

This course will explain how and why good and bad habits are formed. We will also explore how to form new habits to replace old ones and break the bad ones. From non-life-threatening habits, we will move on to the more serious habit of addiction and how different kinds of treatment, therapy, and medication can help the addicted person live a productive and non-using life. At the end of the course, we will look at how to approach life when freed from unwanted habits and when the addicted person is in recovery.

Moderator: Charley Sroufe, LICDC-CS, LSW, is a drug and alcohol counselor and social worker who retired from the State of Ohio and for the past 20-plus years has worked with the dually diagnosed population (mental illness and substance abuse). He continues to work part-time with the same population in an intensive outpatient hospital setting.

## 3400 Historical Events that Shaped Today's Taiwan

Tuesdays, 1–2:25 pm (ADI)

6-WEEK COURSE: Jan. 27–Mar. 3

Inhabited since the Austronesian age, Taiwan has an economic, cultural, and political history that includes Western connections (Portugal, the Dutch, Spain), Sino connections (Ming and Qing dynasties), Japanese connection (1895–1945), and now occupation by the People's Republic of China (since Taiwan's surrender in 1949). Taiwan's indigenous residents and immigrants are struggling with identity and fighting against the Chinese threats for its political survival as an independent, democratic island nation.

Co-Moderators: Taitzer and Judy Wang were born in Taiwan and are longtime US citizens and followers of their native land. Together, they translated Bruce Herschensohn's monumental work *Taiwan: The Threatened Democracy*. Taitzer holds a PhD in chemistry and was on UC College of Medicine faculty for 14 years. Judy has an MS in microbiology.

## 3401 Federal Regulations— What They Are and How They Work

Tuesdays, 1–2:25 pm (ADI)

CLASS LIMIT: 20

The history of federal regulations and the legal processes controlling all federal agencies will be reviewed. We will discuss current events and the role of the various federal agencies in carrying out the will of the people. Citizens' rights and responsibilities will be explored as well as how they are being shaped by current cases before the Supreme Court.

Moderator: Lee Tougas is past adjunct professor of administrative law at Concordia Univ., River Forest, IL; retired global entrepreneur; and Navy captain, retired.

## 3402 Hands-on Financial Planning Workshop

Tuesdays, 1–2:25 pm (ADI)

Financial planning works best when it is an interactive process. Discover what comprises a well-constructed financial plan. From retirement planning to investments, estate planning, long-term care, and gifting strategies—we cover it all. Appropriate for all levels—advanced or beginners. Warning... this class does involve “homework.”

Moderator: Bob Carroll is a veteran OLLI moderator and managing director of Carnegie Investment Counsel in Cincinnati. He is both a CPA and a Certified Financial Planner.

## 3403 Become the Boss of Your iPhone/iPad

Tuesdays, 1–2:25 pm (ADI)

6-WEEK COURSE: Feb. 3–Mar. 10

CLASS LIMIT: 15

These are computers that can enrich your life in many ways. We will look at what you can do and why you'd want to do that. Learn to manage your device by using settings. Then we'll look at all the standard “stuff” that came with it along with tools for learning about your i-device. Then there are apps: travel, news and weather, health, learning, utilities, and more. Hands on: bring your device and questions to class!

Moderator: Jill Mitchell bought an Apple II in 1982 and taught herself to program. Retired from computer software development and support. Gave up her flip phone for an iPhone because of the calendar. Still thrilled each time she finds something new to do with these toys. Her jaded past includes a BS Ed OSU and various graduate courses at North Carolina State, UC, and XU.



**3404 Personal and Business Win-Win Negotiating**

Tuesdays, 1–2:25 pm (ADI)

This class will cover the principles and practices involved in successfully negotiating to reach win-win agreements. It will address personal situations as well as business-related ones, from purchasing a car to reaching agreement on a board or committee. Handouts will be provided, and guest speakers will offer their perspectives.

Moderator: Donald Rhoad, 30 years of management experience in purchasing and supply management at P&G, Bethesda Hospitals, LensCrafters, and Jacobs Engineering. For five years, he served as a SCORE business counselor, providing guidance to small-business owners. He brings extensive experience in purchasing, contract negotiation, and business leadership.

**3405 History of British Theatre**

Tuesdays, 1–2:25 pm (ADI)

This illustrated course will trace the rich heritage and development of British theatre from the Greek period to the present day. We will explore the relationship between socioeconomic conditions and their representation in theatrical terms as well as examples of various genres being presented in an entertaining way.

Moderator: Keith Marriott, MEd, former professor of education and traveler with a love of teaching and lifelong learning.

**3406 The Modern Presidency** 

Tuesdays, 1–2:25 pm (ADI)

This course examines the major dimensions of the central institution in American government. The goal is to familiarize members with the powers, different roles, and limitations of the presidency. In particular, we will look at the electoral process, the relationship between the president and the other branches of government, and presidential policymaking. Scholars do not agree on whether the presidency is a weak or strong office. We will discuss that issue.

Moderator: Alan Brody, BA, Cleveland State Univ.; MA and ABD, UC.

**3407 A Brief History of Classical Music, Part 2** 

Tuesdays, 1–2:25 pm (ADI)

The three-part course continues with the history of the classical concert music of the 19th and early 20th centuries,

including the great Romantic composers Schumann, Brahms, Mendelssohn, Chopin, Liszt, Berlioz, Bizet, Rimsky-Korsakoff, Mahler, Rachmaninoff, Strauss, and Grieg.

Moderator: Rafael de Acha has enjoyed a 50-year career in the performing arts and now continues to share his passion for music with his OLLI friends.

**3500 A-E-I-O-U-Y of H-I-N-D-U-I-S-M** 

Tuesdays, 2:35–4 pm (ADI)

India plays a huge role in today's world, and relations between the US and India are in its prime time. Therefore, it is vitally important that Hinduism, the major religion of India, is understood in both historical and modern contexts. Understanding Hinduism can be a daunting task, even for Hindus, and can be especially confusing to non-Hindus. This course presents basic tenets of Hinduism in a comprehensive and objective fashion, highlighting the eternal wisdom enshrined in it, which anybody can benefit from in our ever-shrinking world.

Moderator: Koti Sreekrishna, PhD, studied biochemistry and is currently a senior scientist in the Global Biotechnology division at P&G. His interests include philosophy, inter-religious dialogue, public speaking, and studying the Hindu scriptures. He serves as religious counselor of the Hindu Society of Greater Cincinnati.

**3501 BBC History of World War II, Part 2** 

Tuesdays, 2:35–4 pm (ADI)

Even if you missed Part 1, you will still find this of interest. More about the Nazis, the wild east, the road to Treblinka, fighting to the end, the battle of the Atlantic, and battlefields. After each episode, I will add content to the subject if I feel it will add to your knowledge.

Moderator: Saul Marmer, BBA, UC; certified pedorthist, Ball State Univ., Northwestern, NYU, and UCLA; president of Marmer's Shoes; president of Ohio Shoe Retailer's Association; board of directors of National Shoe Retailer's of America; president and founder of National Prescription Footwear Association.

# Class descriptions by CLASS NUMBER

## **3502 Become the Boss of Your iPhone/iPad**

Tuesdays, 2:35–4 pm (ADI)

*6-WEEK COURSE: Feb. 3–Mar. 10*

*CLASS LIMIT: 15*

These are computers that can enrich your life in many ways. We will look at what you can do and why you'd want to do that. Learn to manage your device by using settings. Then we'll look at all the standard "stuff" that came with it along with tools for learning about your i-device. Then there are apps: travel, news and weather, health, learning, utilities, and more. Hands on: bring your device and questions to class!

Moderator: Jill Mitchell bought an Apple II in 1982 and taught herself to program. Retired from computer software development and support. Gave up her flip phone for an iPhone because of the calendar. Still thrilled each time she finds something new to do with these toys. Her jaded past includes a BS Ed OSU and various graduate courses at North Carolina State, UC, and XU.

## **3503 What's On**

Tuesdays, 2:35–4 pm (ADI)

What's On, as its name implies, provides a weekly overview of the week's happenings in the music scene in Cincinnati. The informal course features guest speakers from various musical organizations in the Queen City and Rafael's own insights into the music being played and the artists who play it.

Moderator: Rafael de Acha continues to have an active life in the arts as a teacher, critic, writer, and arts promoter in Cincinnati.

## **3603 Yes! You Can Become a Better Photographer**

Thursdays, 9–10:25 am (ADI)

*CLASS LIMIT: 12*

This beginner-level workshop is about becoming a better photographer. As in any visual art form, good photographs are created by what one sees. Becoming more aware allows the images you see to become the photographs you want. People using inexpensive digital cameras can and do take good—even great—photographs. This is a basic working class with photography field assignments each week. We will learn from each other as we share each week's assignment results.

Moderator: Muriel Foster is an award-winning photographer

whose fine art photographs are in corporate and private collections. Her exhibition experience includes major regional competitions, national shows, and four one-woman shows. She is a published writer and photographer with a studio and gallery at the Loveland Artist Studios on Main where she teaches private classes.

## **3614 Current Events Discussion**

Thursdays, 9–10:25 am (ADI)

We'll discuss local, national, and international news events from the past week focusing on controversial political, religious, economic, and other matters where there is diversity of opinions. Our goal will be to respectfully discuss the various viewpoints on such events.

Moderator: Jerry Teller is one of four founding partners of the law firm Katz, Teller, Brant & Hild. He is a frequent moderator for OLLI on numerous subjects and guest speaker at OLLI Brown Bag Lunches.

## **3615 Adventuring into Photography**

Thursdays, 9–10:25 am (ADI)

Don't throw your camera into the river: take this course. Have fun with photography while we figure out the elements of good photographs and practice making and sharing them. We'll examine great photographs and listen to what experts say about making good ones. You'll shoot the subjects you like and astound family and friends on how well you're doing. After you register, please email me at [pnord@fuse.net](mailto:pnord@fuse.net) so that I may send you instructions for the class.

Moderator: Peter Nord, PhD, has more than 50 years' experience in various aspects of photography.

## **3616 Eldership: Leadership in the Second Half of Life**

Thursdays, 9–10:25 am (ADI)

*CLASS LIMIT: 12*

Becoming an "elder" has lost most of its meaning in our culture. Yet eldership presents the promise of wise leadership for the greater good. Many key thought leaders, from psychologist Carl Jung to contemporary theologian Richard Rohr, have pointed toward the two halves of life and their corresponding tasks and gifts. Only those in the second half of life can bring the necessary wisdom of a true elder and mature leader. This course will explore the potentially transformative nature of aging, becoming an elder, and the importance of developing wise leadership in the second half of life.

Moderator: Rick Warm has a PhD in leadership and change

from Antioch Univ. and is director of the Center for Wisdom in Leadership, a newly founded research and educational organization based in Cincinnati.

**3617 Paper Bead Jewelry-Making Workshop** 

Thursdays, 9–10:25 am (ADI)

*CLASS LIMIT: 12*

In this course, participants will learn to make paper beads using a simple tool: a bead roller. After making a collection of paper beads, the fundamentals of jewelry making will be taught, so that each person can make their own jewelry. Basic materials will be provided to enable each participant to complete earrings, a bracelet, and a necklace during the course. Participants are welcome to bring additional materials they might like to incorporate into their jewelry. No prior artistic experience is required.

Moderator: Grace Severyn is a member of the Kennedy Heights Arts Center Collective and sells paper bead jewelry in its gift shop. She has taught paper bead making to teens at the public library and has volunteered to lead biweekly paper bead jewelry workshops at a nursing home.

**3618 Detective Fiction as a Window on History and Social Issues of WWI** 

Thursdays, 9–10:25 am (ADI)

*6-WEEK COURSE: Jan. 22–Feb. 26*

*CLASS LIMIT: 20*

Typically, detective fiction has provided a view of the social and political mores of relatively closed communities. Over the past decade or so as we have approached the centenary of WWI, contemporary writers have used the “war to end all wars” as a vehicle to provide readers historical understanding of the war itself as well as to comment on the lasting impact of the war on (mainly British) society. Participants will read and discuss offerings from four current series and one stand-alone novel.

Moderator: Jennifer Manoukian holds a BA in English from North Central College and MEd from UC. Before retiring in 2012, she taught high school (Naperville, IL, and Sycamore Community Schools) and college (UC RWC) English for 31 years and served as assistant director of curriculum and instruction for grades 6–12 at Sycamore Community Schools. She has been a lifelong avid reader of detective fiction.

**3619 Tai Chi 16+**

Thursdays, 9–10:25 am (ADI)

*CLASS LIMIT: 20*

Learn a short 16-step form created by one of China’s living masters. Other steps may be added when appropriate. The Harvard Medical School credits tai chi with improving leg strength, flexibility, balance, efficiency of breathing, and active relaxation among other benefits. Our tai chi will be supplemented with elements of qigong such as meditation, focus on internal organs and energy flow to increase self-awareness, relaxation, and heightening the body’s immune response.

Moderator: Larry Murray has been practicing tai chi since 2004 and in recent years has increased his focus on qigong.

**3620 Doodling, Discourse, and Donuts** 

Thursdays, 9–10:25 am (ADI)

Recent research in psychology and neuroscience has shown that doodling can help people concentrate, focus, grasp new concepts, process and retain information, solve problems, reduce stress, and express their emotions! Doodling provides just the right amount of stimulation to prevent the brain from wandering into the fantasy world of daydreaming. The best thing about doodling: you don’t have to be artistic. Grab your pens, pencils, or crayons, and come enjoy learning some new doodle designs and conversing with fellow doodlers! Conversational topics to be determined by participants.

Moderator: Dr. Lynn Ritchey is a professor of sociology at UCBA. Her area of expertise is social psychology with an emphasis on self-concept, interactional processes, and successful aging.

**3703 Intermediate Digital Photography Workshop** 

Thursdays, 10:35 am–12 pm (ADI)

*CLASS LIMIT: 12*

This intermediate-level workshop will help those of you with a basic understanding of photography and a desire to learn more at the next skill level. You will learn to train your eyes to find artistic photo opportunities and to make choices, thus turning what you see into photos you will be proud to show as works of art. This is not a technology class. We are learning to see differently with a camera as a tool. Weekly assignments are combined with sharing the results to advance your knowledge and abilities beyond the basic level.

# Class descriptions by CLASS NUMBER

Moderator: Muriel Foster is an award-winning photographer whose fine art photographs are in corporate and private collections. Her exhibition experience includes major regional competitions, national shows, and four one-woman shows. She is a published writer and photographer with a studio and gallery at the Loveland Artist Studios on Main where she teaches private classes.

## **3707 A Twist on How Plays Can Help in Understanding Families**

Thursdays, 10:35 am–12 pm (ADI)

*6-WEEK COURSE: Jan. 22–Feb. 26*

The twist is that we will all be moderators because of our passion for plays and studying issues pertaining to families. We will be reading three plays: *On Golden Pond* by Ernest Thompson (1/22, 1/29), *The Dining Room* by A. R. Gurney (2/5, 2/12), and *Vanya & Sonia & Masha & Spike* by Christopher Durang (2/19, 2/26). Discussion themes will include, but are not limited to, parenting, siblings, gender roles, love/hate, trust, and trans-generational issues. We will be a fun, interactive class. Having each play read by its scheduled dates is not required but enriches discussion and participation.

Moderator: Debbie Zook was a teacher for more than 25 years and now enjoys spending time with her grandchildren, gardening, traveling, reading, and cooking.

## **3710 C. G. Jung Study/Discussion Group**

Thursdays, 10:35 am–12 pm (ADI)

Carl Jung developed a vast work concerning self-knowledge, personal development, art, culture, and spirituality. The class will start by reviewing basic concepts of Jungian psychology. Then participants will have the opportunity to learn in greater depth the part of Jung's teaching that has special interest for them by researching and presenting a topic for class discussion. The moderators will suggest resources to help your journey of discovery.

Co-Moderators: Sally Moore, coordinator of Greater Cincinnati Friends of Jung and retired director of Research Services, Convergys, Inc.; Joan Murray, occupational therapist and chemical dependency counselor; Tom Flautt, PhD, retired P&G executive, involved in organizational development, executive coaching, and personality research.

## **3711 Travel Seminar**

Thursdays, 10:35 am–12 pm (ADI)

This course will focus on travel tips, how to find the best prices, and information on "hot" destinations. Learn about car rentals, travel insurance, European rail travel, etc.

Moderator: David Yockey, AB, MEd, MA, DS, retired as a department head at Milford HS and has worked as an independent travel consultant with Provident Travel for the past 22 years. He has traveled extensively.

## **3718 Hydroponics and Indoor Gardening**

Thursdays, 10:35 am–12 pm (ADI)

Learn how to successfully grow herbs, vegetables, and flowering plants indoors using water as a growing medium. Understand plants' needs, growth habits, and nutrient requirements to keep you green thumb alive during the winter.

Moderator: Karen Kaiser is a Master Gardener and owner of The Bubbling Bucket Hydroponics Shop in Blue Ash. Gardening, both indoors and out, has been her passion for more than two decades, and she has worked in the industry for 15 years. She is a former teacher and children's librarian, earning her BS and MLS from Florida State Univ.

## **3719 Older and Wiser: Wisdom in the 21st Century**

Thursdays, 10:35 am–12 pm (ADI)

The topic of wisdom has become in vogue in recent years. There has been extensive empirical research on the subject as well as increased availability of wisdom literature and philosophies from different cultures. Excitingly, there is increased evidence that both individuals and humankind in general can actually become wiser. This class will explore the notion of wisdom from different perspectives and examine various possibilities for developing wisdom—understanding that becoming "wise" is not the point of the journey.

Moderator: Rick Warm has a PhD in leadership and change from Antioch Univ. and is director of the Center for Wisdom in Leadership, a newly founded research and educational organization based in Cincinnati.



**3800 20th-Century European History**

Thursdays, 1–2:25 pm (ADI)

The course will begin with the causes of WWI and then cover the major events of the 20th century. Topics will include WWI, the Russian revolution and Communist dictatorship, the Great Depression, the rise of fascism, WWII, the Cold War, and the post-WWII rise of Western Europe as a major political and economic power.

Moderator: Ken Schneider has a BA in European history from Miami Univ. and MA in European history from UC. He has taught European history for five years at Madeira and 37 years at Indian Hill. He has presented workshops for the College Board for 17 years.

**3801 WWII and the Holocaust in France as Experienced by the Moderator**



Thursdays, 1–2:25 pm (ADI)

CLASS LIMIT: 30

We'll study in depth the historical, cultural, and political themes of the moderator's recent book, *Whisper Your Name into My Ear: A Memoir of Survival*, in which she described her experiences of WWII in France during the Nazi occupation: the mass exodus from Paris, tweaking the family's papers as a teenager, and living incognito in the French Alps with her family as Christians, eventually joining the French Resistance. The course material is based on thorough research and personal experiences; original documents are used throughout.

Moderator: Marguerite Levy-Feibelman was born in Mannheim, Germany, and educated in Paris at the Sorbonne (philosophy) and New York City at Columbia Univ. (MA, sociology). In the US, she built an import business and then spent 20 years writing and researching her WWII memoir.

**3802 Be Happy. Think Positive. Accept Change.**



Thursdays, 1–2:25 pm (ADI)

Life is an incredible journey. Sure, it has sad and imperfect moments, but it is still extraordinary. Join us as we explore some techniques we can use to support positive attitudes. Professional analysis is not on our agenda. However, we do promise to share some insights and life skills that can help all of us feel more confident and secure as we make this ever-changing voyage.

Moderator: Nancy Schpatz, JD, George Washington Univ. Law School, is a member of the OLLI Curriculum Committee and is a positive and happy moderator on a variety of OLLI subjects.

**3803 Pet First Aid with OTC Drugs and Supplies and Then Some**

Thursdays, 1–2:25 pm (ADI)

Learn how to take care of simple medical problems for your pets with over-the-counter medications and supplies that are easily available at your drugstore. Dr. Zeke Zekoff will give you simple instructions on doses and techniques for taking care of simple medical emergencies that you may encounter with your pets at home. This course was originally used to help police officers in canine units who ran across medical emergencies for their partners while on duty at night.

Moderator: Dr. Zeke Zekoff, Auburn Univ. College of Veterinary Medicine, 1983, founded and has operated Towne Square Animal Clinic in Blue Ash since 1986. In addition to a number of leadership positions in the past for local and state veterinary organizations, he is founder of United Pet Fund—a nonprofit dedicated to providing support services to the more than 150 animal rescues and services in the Tristate area.

**3804 Writing for Children**

Thursdays, 1–2:25 pm (ADI)

CLASS LIMIT: 12

Do you have an idea for a children's book? This class will take you from that idea to a creative manuscript that could be submitted to an editor for publishing. We will discuss the pros and cons of self-publishing. Students will be asked to review their favorite children's book. The first 15 minutes of class will be freestyle creative writing on an assigned topic. In-class writing, book reviews, lectures, guest speakers, and marketing tools will help the student create a written story of ten pages or fewer that is suitable for children aged three through early teens.

Moderator: Connie Trounstine was a reporter for the Kentucky Post for 29 years. She is author of *The Worst Christmas Ever*, a chapter book for middle-grade students. Her newest book, *Fingerprints on the Table*, a picture book about a table that has been in the White House since President Ulysses S. Grant, was published by the White House Historical Association in 2013.

# Class descriptions by CLASS NUMBER

## 3805 **Mythology with Joseph Campbell, Part 1**

Thursdays, 1–2:25 pm (ADI)

This new course series will feature seven classes studying mythology through viewing a set of lectures by Joseph Campbell. An interactive classroom discussion will take place after each lecture.

Moderator: Jim Slouffman has been an artist and educator for more than 40 years. He received his BFA from Wright State Univ. in 1972 and MFA from UC in 1976. He taught at the Art Academy of Cincinnati, NKU, and UC Evening College prior to starting a lengthy tenure at Antonelli College. He now devotes most of his time between the two arts organizations he founded.

## 3806 **England Inside Out**

Thursdays, 1–2:25 pm (ADI)

Come and take a trip around Jolly Old England and enjoy this illustrated presentation that includes visits to some of the popular attractions of the country as well as some locations off the beaten track. Hopefully, this course will provide the incentive for you to take an actual vacation! If not, just become an armchair traveler, relax, and enjoy the ride!

Moderator: Keith Marriott, MEd, former professor of education and traveler with a love of teaching and lifelong learning.

## 3900 **Visits with Integrative and Alternative Medical Specialists**

Thursdays, 2:35–4 pm (ADI)

Each week, we will have a different presenter describe an area of alternative medicine that has taken root alongside traditional medicine. Included will be specialists on acupuncture, herbal medicine, dietary supplements and diets, massage therapy, yoga and tai chi, meditation, biofeedback, and behavior-modification therapy.

Moderator: Richard G. Wendel, MD, MBA, retired urologist and published author.

## 3901 **Lewis and Clark: Journey to another America**

Thursdays, 2:35–4 pm (ADI)

Journey with Lewis and Clark on their spectacular expedition through the unknown wilderness to the Pacific Northwest. We will discuss how American attitudes, national and

international politics, contacts with American Indians, and economic pressures shaped expansion across North America at the turn of the 19th century. The class will feature slides and documents that will be the basis for discussion.

Moderator: Stephen Appel, AB, MBA, Univ. of Chicago; retired vice president, May Department Stores and Federated Department Stores; Chairman Emeritus of OLLI at UC.

## 3902 **Memoir Writing: Continue Your Life Story**

Thursdays, 2:35–4 pm (ADI)

CLASS LIMIT: 14

Tell your own personal story, bit by bit: short funny or sad incidents that your kids and grandkids will enjoy and want to know someday. Show how different life was then: the fun, mischief, or difficulties you encountered. Participants write at home on subjects to read in class. This course is limited to students who have previously taken the earlier version of this memoir writing class.

Moderator: Jean Fredette was editor of *Novel and Short Story Writers Market* and acquisitions editor for the writing books at F&W. She also wrote newsletters, press releases, and speeches for a federal government organization and has published widely. She's currently in a writing group specializing in personal stories.

## 3903 **Understanding the New Testament in the Context of the Qur'an**

Thursdays, 2:35–4 pm (ADI)

The four Gospels and Acts and letters of the Apostles will be discussed as concepts, and such concepts will be contrasted with verses from the Qur'an to illustrate similarities and differences between Christianity and Islam. The first four lectures will be on the Gospels of Mathew, Mark, Luke, and John. The fifth and sixth lectures will discuss the teachings of the Apostle Paul. The last two lectures will discuss other parts of the Bible. A Christian scholar may join the moderator on occasion.

Moderator: B. S. Foad, MD, has lectured about Islam for the past 25 years and has taught at UC, XU, Hebrew Union College, and other places. A founding member of the Islamic Center, he is responsible for adult education there, has written several books on Islam, and has been active in interreligious dialogue for many years.

*Continued on page 23*

**ADATH ISRAEL**  
No food/drink allowed.

**OLLI SAMPLER**

**Tuesdays**

**10:35 AM–12 PM**

Jan. 20: The Search for Life on Mars and Beyond  
3000 Gerald Black

Jan. 27: Germany—A Tale of Two Cities  
3001 Janet Dieman

Feb. 3: ProKids Discusses Family Violence—And What You Can Do  
3002 Kathy King

Feb. 10: Neuro-Integration  
3003 Therese Altemeier

Feb. 17: Was Women's Lib a Success?  
3004 Karen Zaugg

Feb. 24: Critters in the White House  
3005 Debra Price

Mar. 3: Information on OLLI's 2015 Road Scholar Charters  
3006 Barbara Burke

**OLLI SAMPLER**

**Thursdays**

**10:35 AM–12 PM**

Jan. 22: Incorporating Housing Wealth in Retirement Distribution Income Streams  
3100 Michael Bowers

Jan. 29: Philosophy, Religion, Wisdom, and Humor in One Sampler  
3101 Herb Bass, Nancy Schpatz

Feb. 5: Housing Rights and You  
3102 Myra Calder

Feb. 12: My Friend Has Dementia. What Can I Do for Her/Him?  
3103 Jerry Craft

**ADATH ISRAEL**  
No food/drink allowed.

Feb. 19: Making Your Soul Grow  
3104 Gary Hollander

Feb. 26: Where the Journey Has Taken Me  
3105 Rosemary Deitzer

Mar. 5: Medicare and You  
3106 Mary Leep-Pichert

**TUESDAY**

**9–10:25 AM**

Discussion of Controversial Issues  
3202 Edward Levy

History of Immigration to Cincinnati  
3208 Josephine Gately

Easy-Does-It Exercise  
3213 Linda Kegg

Western Civilization Foundations—Greek Voices, Part 2  
3217 Dean Moore, Kathy Baker, Sally A. Peterson, Betty Beaumont

Nutrition, Your Health, and Disease Prevention  
3218 Peachy Seiden

Economics 101—And this Time You Will Understand It!  
3219 Marcha Hunley

Beginning ASL (American Sign Language)  
3220 Maggi Cobb-Wessling

**TUESDAY**

**10:35 AM–12 PM**

Eating to Live  
3308 Jeba Moses

Understanding Yourself and Others with the Enneagram  
3311 Tom Flautt, Nancy Shayeson

**ADATH ISRAEL**  
No food/drink allowed.

Geography's Revenge  
3324 Dean Moore, Kathy Womer

Guided Autobiography  
3325 Melissa Schwartz

So Who Loves a Good Sci-Fi Movie?  
3326 Shannon Womer

Tai Chi Experience  
3327 David Schiel

A Look at Country Music and Its Many Country Cousins  
3328 Chuck Black

Breaking Bad Habits  
3329 Charley Sroufe

**TUESDAY**

**1–2:25 PM**

Historical Events that Shaped Today's Taiwan  
3400 Taitzer and Judy Wang

Federal Regulations—What They Are and How They Work  
3401 Lee Tougas

Hands-on Financial Planning Workshop  
3402 Bob Carroll

Become the Boss of Your iPhone/iPad  
3403 Jill Mitchell

Personal and Business Win-Win Negotiating  
3404 Donald Rhoad

History of British Theatre  
3405 Keith Marriott

The Modern Presidency  
3406 Alan Brody

A Brief History of Classical Music, Part 2  
3407 Rafael de Acha

**ADATH ISRAEL**  
No food/drink allowed.

**TUESDAY**

**2:35–4 PM**

A-E-I-O-U-Y of H-I-N-D-U-I-S-M  
3500 Koti Sreekrishna

BBC History of World War II, Part 2  
3501 Saul Marmar

Become the Boss of Your iPhone/iPad  
3502 Jill Mitchell

What's On  
3503 Rafael de Acha

**THURSDAY**

**9–10:25 AM**

Yes! You Can Become a Better Photographer  
3603 Muriel Foster

Current Events Discussion  
3614 Jerry Teller

Adventuring into Photography  
3615 Peter Nord

Eldership: Leadership in the Second Half of Life  
3616 Rick Warm

Paper Bead Jewelry-Making Workshop  
3617 Grace Severyn

Detective Fiction as a Window on History and Social Issues of WWI  
3618 Jennifer Manoukian

Tai Chi 16+  
3619 Larry Murray

Doodling, Discourse, and Donuts  
3620 Lynn Ritchey

**THURSDAY**

**10:35 AM–12 PM**

Intermediate Digital Photography Workshop  
3703 Muriel Foster

# SCHEDULE-AT-A-GLANCE

## ADATH ISRAEL

No food/drink allowed.

### THURSDAY

**10:35 AM–12 PM** *continued*

A Twist on How Plays Can Help  
in Understanding Families  
3707 Debbie Zook

C. G. Jung Study/Discussion  
Group

3710 Sally Moore, Joan  
Murray, Tom Flautt

Travel Seminar  
3711 David Yockey

Hydroponics and Indoor  
Gardening  
3718 Karen Kaiser

Older and Wiser: Wisdom in  
the 21st Century  
3719 Rick Warm

### THURSDAY

**1–2:25 PM**

20th-Century European  
History  
3800 Ken Schneider

WWII and the Holocaust in  
France as Experienced by  
the Moderator  
3801 Marguerite Levy-  
Feibelman

Be Happy. Think Positive.  
Accept Change.  
3802 Nancy Schpatz

Pet First Aid with OTC Drugs  
and Supplies and Then  
Some  
3803 Zeke Zekoff

Writing for Children  
3804 Connie Trounstine

Mythology with Joseph  
Campbell, Part 1  
3805 Jim Slouffman

England Inside Out  
3806 Keith Marriott

## ADATH ISRAEL

No food/drink allowed.

### THURSDAY

**2:35–4 PM**

Visits with Integrative and  
Alternative Medical  
Specialists  
3900 Richard G. Wendel

Lewis and Clark: Journey to  
another America  
3901 Stephen Appel

Memoir Writing—Continue  
Your Life Story  
3902 Jean Fredette

Understanding the New  
Testament in the Context  
of the Qur'an  
3903 B. S. Foad, David Hawley

Social Anthology of  
Culture in Kenya (Using  
Transportation)  
3905 M. Tambura Omoiele

Preview of Opera  
3906 Richard Sininger

## TANGEMAN UNIV. CENTER

### TUESDAY

**9–10:25 AM**

Human Genetics: Science,  
Technology, and Social/  
Ethical Issues  
4002 Various

Reading between the Lines:—  
An Introduction to—  
Handwriting Analysis  
4003 Helene Robinson

### TUESDAY

**10:35 AM–12 PM**

Gentle Taiji and Qigong  
4102 Ivy Glennon

Poetry Writing Workshop  
4103 Cate O'Hara, Judi  
Morress

Exploring Opera  
4104 Richard Goetz

London: Exploring the City in  
Depth  
4105 Mary Lou Batt

### TUESDAY

**1:30–3 PM**

What's New in Genealogy  
Today?  
4208 Karen Everett

Let's Talk Current Events  
4209 Len Harding, David  
Kempton

Lightroom without Fear,  
Processing Your  
Photographs  
4211 Peter Nord

Understanding Vipassana  
Meditation  
4212 Manit Vichitchot

Your Retirement Quest—  
Ten Secrets for Creating  
and Living a Fulfilling  
Retirement ————  
4213 Carl Reiser —

## TANGEMAN UNIV. CENTER

### THURSDAY

**9–10:25 AM**

French Conversation  
4311 Gloria Giannestras

Frank O'Connor: Collected  
Stories  
4315 Robert Shanklin

Ideas in Philosophy: Ethics  
4316 Rollin Workman

Behind the Scenes in the Arts  
4317 Janelle Gelfand

### THURSDAY

**10:35 AM–12 PM**

For the Love of Music  
4408 Dick Waller, Charles  
Parsons

Move into Ease  
4409 Karen Zaugg

Planning Your Second  
Adulthood  
4410 Kent Friel

### THURSDAY

**1:30–3 PM**

Essentials for Healthy Homes  
4505 Bill Menrath

The Nature of Earth, Part 2  
4506 Richard Longshore

Vipassana Meditation Practice  
4507 Manit Vichitchot

Financial Workshop for  
Retirees  
4508 Brandon Blackford



**TANGEMAN UNIV. CENTER**  
**BROWN BAG LUNCHES**  
**Pack your own lunch.**

**Tuesdays**  
**12:15–1:15 PM**

- Jan. 20: The Story behind the Best Book Written about Cincinnati  
 4819 Greg Hand
- Jan. 27: *Have Gun-Will Travel: '50s TV Western as Ethical Drama*  
 4820 Kate Spencer
- Feb. 3: The Toyota Production System  
 4821 Doug MacCurdy
- Feb. 10: Italian Themes on United States Postage Stamps  
 4822 Gerardo Perrotta
- Feb. 17: What Makes a Rare Book Rare?  
 4823 Kevin Grace
- Feb. 24: Taft's Band of Brothers  
 4824 Frank Carpenter
- Mar. 3: Women Who Raised the Presidents of the US  
 4825 Caryl Miller

**Thursdays**  
**12:15–1:15 PM**

- Jan. 22: History of the Buffalo Soldiers  
 4915 Reginald Murray
- Jan. 29: Make My Final Wish Green: Green Burial and Final Disposition  
 4916 E. Todd Fowler
- Feb. 5: Making Art, Making Friends—Community-Based Art with Jan Brown Checco  
 4917 Jan Brown Checco
- Feb. 12: George Remus Is Back with Whiskey in Hand  
 4918 Mark Plageman

**TANGEMAN UNIV. CENTER**

- Feb. 19: Chimp Trekking in Tanzania  
 4919 Nancy Herbert
- Feb. 26: Once a Nazi  
 4920 Hirsh Cohen
- Mar. 5: Hospice 101: Debunking the Myths  
 4921 Shelby Duncan, Jim Vaden

**SYCAMORE SENIOR CENTER**  
**WEDNESDAY WOWS!**

**Wednesdays**  
**9 AM–12 PM**

- Jan. 14: A One-of-a-Kind Event: Local Songwriters and Performers  
 5032 Various
- Jan. 21: Big Science, Little Science: Technologies that Will Improve Our Lives  
 5033 K. John Morrow Jr.
- Jan. 28: Abe Lincoln Speaks  
 5034 Stan Wernz
- Feb. 4: Take Time for Your Thyroid  
 5035 David Steward, Abid Yaqub
- Feb. 11: Through-Hiking the Appalachian Trail  
 5036 Jeff Smith
- Feb. 18: "The Crowd Goes Wild: A Day at the Gladiatorial Games" and "Pompeii: Life from the Ashes"  
 5037 Kathleen M. Lynch
- Feb. 25: 1776: The New York Campaign  
 5038 Stephen Appel
- Mar. 4: Exotic Animals Visit OLLI  
 5039 Mike Dulaney

**LLANFAIR RET. CMTY.**  
**FAB FRIDAYS!**

**FRIDAY**  
**9 AM–12 PM**

- Jan. 16: Exploring the Sacred Path of the Labyrinth  
 6009 Tracy Jo Duckworth
- Jan. 23: A Price Hill Community Living Green  
 6010 Jim Schenk
- Jan. 30: Footprints on the Air: Television Legends of Cincinnati  
 6011 Mary Jo Schottelkotte
- Feb. 6: Secrets of the Winter Night Sky Revealed  
 6012 Terry Endres
- Feb. 13: Your Family Tree: An Introduction to Genealogy  
 6013 Kathy Womer
- Feb. 20: Getting the Scoop: Maryanne Zeleznik at WVXU News  
 6014 Maryanne Zeleznik
- Feb. 27: Everest and the People Who Climbed It  
 6015 Bill Deitzer
- Mar. 6: Reflections on the US Secret Service: Past and Present  
 6016 James Meyers



Moderator Sam Hollingsworth (left) challenged OLLI members to explore *Art of Our Time: Modern and Contemporary*.

# SCHEDULE-AT-A-GLANCE

## SPRING GROVE CEMETERY

### TUESDAY

**9:30–11:30 AM**

Mar. 2: A Pruning Seminar for the Homeowner  
7104 Spring Grove horticulture staff

Feb. 17: Tree Planting Techniques

7114 Spring Grove horticulture staff

## OTHER LOCATIONS

### MONDAY

**2:30–4 PM**

#### **Sycamore Senior Center**

Beyond the Snapshot: Digital Foundations  
8000 Howard Todd

### WEDNESDAY

**1–2:30 PM**

#### **Maple Knoll Village**

Art and Hobby Workshop  
8200 Glenn King

### WEDNESDAY

**2:30–4 pm**

#### **Sycamore Senior Center**

Photography Workshop Challenges  
8203 Howard Todd,  
Bernadette Clemens-Walotka

### THURSDAY

**2:40–4 pm**

#### **Sycamore Senior Center**

Sing Karaoke  
8302 Glenn King, George Kalomeres

## OTHER LOCATIONS

### FRIDAY

**10:30 AM–12 PM**

#### **Joseph-Beth Booksellers**

Pursuit of the American Dream in Four Novels  
8405 John Bossert

### FRIDAY

**1–4 PM**

#### **Natl. Underground Railroad Freedom Center**

Jan. 23: National Underground Railroad Freedom Center Tour  
8401 John Berten



Students shared their personal histories in Memoir Writing—Begin or Continue Your Life Story.



OLLI members picked up classroom assignments and cookies while renewing friendships on the first day of fall quarter.

**3905 Social Anthology of Culture in Kenya (Using Transportation)** 

Thursdays, 2:35–4 pm (ADI)

*CLASS LIMIT: 25*

The moderator used a novel blend of ethnography and photography to study Kenya’s culture. The anthology comprises various modes of transportation along with the images and symbols displayed that help to define a social construct in Kenya. The means of transportation facilitated motion, movement, and mobility that signified human ingenuity and technology. The old cliché that a picture is worth a thousand words has never been so true: more than 700 photos illustrate religion, politics, education, human ingenuity, and technology. Each chapter is accompanied by a brief history or background of the photos.

Moderator: M. Tambura Omoiele lived and taught in Nairobi, Kenya, for two and half years, researching transportation as a means to study Kenya’s culture. She currently is an adjunct professor of sociology at Cincinnati State Technical and Community College; developed an undergraduate degree program in criminal justice at the United States International Univ. in Kenya; and taught for nine years at Univ. of Wisconsin-Madison. She has a PhD from Union Institute and Univ., master’s from XU, and bachelor’s from Wright State Univ.

**3906 Preview of Opera** 

Thursdays, 2:35–4 pm (ADI)

We will study in-depth some of the operas to be presented in the area either by Cincinnati Opera or UC College-Conservatory of Music. Included will be recorded performances of the complete operas.

Moderator: Richard Sininger, AB, Oberlin College; MEd, Miami Univ.; English teacher, Forest Hills School District for more than 31 years, mostly teaching American literature; lifelong love for and interest in opera; attended more than 1,600 performances of more than 300 operas.

**4002 Human Genetics: Science, Technology, and Social/Ethical Issues** 

Tuesdays, 9–10:25 am (TUC)

*CLASS LIMIT: 20*

Topics in this lecture series include the genetic basis of human disease, DNA forensics, ethical considerations of genetic testing, the human genome project, genetics of common diseases, psycho-social aspects of gene test results, and the impact of genetics research on everyday life.

Co-Moderators: Genetic counselors, physicians, and laboratory specialists from Cincinnati Children’s Hospital Medical Center.

~~4003 Reading between the Lines~~  **An Introduction to Handwriting Analysis**

Tuesdays, 9–10:25 am (TUC)

*CLASS LIMIT: 12*      CANCELLED!

Handwriting has been called “brain writing” because the impulse to write or even to scribble passes so quickly from brain to hand that the strokes that transfer to the writing surface are a direct reflection of how our minds operate. This course is an introduction to handwriting strokes and what they reveal, based on the work of M. N. Bunker, founder of the school of Graphoanalysis. We will focus on the global traits that can be seen at a glance. Subtle traits must be carefully evaluated by a professional analyst.

Moderator: Helene Robinson is a retired French teacher, AB, French language and literature, Boston Univ.; MA, French, Millersville (PA) Univ.; Certified Graphoanalyst, 1980; National Board for Professional Teaching in World Languages, French, 2003; 19 years’ teaching in Beaufort County schools; 19 years’ teaching in Greenville County, most recently at the SC Governor’s School for the Arts and Humanities.

# Class descriptions by CLASS NUMBER

## 4102 Gentle Taiji and Qigong

Tuesdays, 10:35 am–12 pm (TUC)

CLASS LIMIT: 20

The flowing movements of taiji (alternate spelling of tai chi) and nurturing moving and still meditations of qigong promote not only calmness and equanimity but also bone and muscle strength, balance, and agility. This course teaches a seven form set of taiji movements as well as moving, standing, and sitting qigong meditation. This Evidence Based Qigong and Taiji (EBQT) was developed by 19th-generation Chen taiji master Dr. Yang Yang. To learn more, peruse [www.chentaiji.com](http://www.chentaiji.com). Please wear loose clothing and supportive closed-toed shoes (athletic shoes are fine) to class.

Moderator: Dr. Ivy Glennon, 15-year student of Chen taiji and qigong through Master Yang Yang's Center for Taiji Studies in Illinois, recently moved to Cincinnati after retiring from the Institute of Communications Research at the Univ. of Illinois. A certified teacher of EBQT since 2008, she can be reached at [ivy.taiji@gmail.com](mailto:ivy.taiji@gmail.com).

## 4103 Poetry Writing Workshop

Tuesdays, 10:35 am–12 pm (TUC)

CLASS LIMIT: 20

Whether you are a practiced or private penner of poems, join us for a fun, interactive experience putting pen to paper (or fingers to keyboard). We'll talk about themes, forms, literary devices, and favorite poems while we write and share together in a supportive atmosphere. For the first session, please bring a favorite poem by any poet and be ready to tell us what you like about it. We welcome newcomers and those who've taken the course before with new content each week.

Co-Moderators: Cate O'Hara has an MA in English from Univ. of California, Berkeley, and has taken and taught poetry workshops for many years. Judi Morress is a published poet and member of the Monday Morning Writers Group; she plans to publish a book of her poems soon.

## 4104 Exploring Opera

Tuesdays, 10:35 am–12 pm (TUC)

This quarter, we will view and discuss Verdi's *Otello*, Richard Strauss's *Arabella*, and Jake Hegge's *Moby Dick*.

Moderator: Richard Goetz, PhD, is a retired industrial chemical research manager who has been attending opera since 1949.

## 4105 London: Exploring the City in Depth

Thursdays, 2:35–4 pm (ADI)

Upgrade your travel experience and learn about this 2,000-year-old city directly from someone who has explored London and its environs in depth. You will learn to navigate the city and its public transportation, exploring its various neighborhoods and covering well-known and off-the-beaten-path sites. We will talk about housing, food, shopping, museums, historical sites, theater, and side trips. Find out why London is my favorite city in the world. Expanded from the four-week fall quarter course using similar content but covering it in more depth.

Moderator: Mary Lou Batt is a retired P&G manager who has lived and worked in Europe and Asia.

## 4208 What's New in Genealogy Today?

Tuesdays, 1:30–3 pm (TUC)

Something old, something new, something borrowed, and something more fascinating than a mystery novel because it involves YOU and YOUR family. New sources for information are almost endless. WARNING! Your search may be addictive. Moderator is an experienced genealogist dedicated to helping the novice or the experienced researcher.

Moderator: Karen Everett, BS, education, magna cum laude, UC; post grad, Mount St. Joseph, XU, UC, Miami; 30 years district librarian; education director, Hamilton County Chapter of Ohio Genealogical Society; member, First Families of Hamilton County, Ohio; recipient, DAR Service Award and Hamilton County Genealogical Society Distinguished Service Award.

## 4209 Let's Talk Current Events

Tuesdays, 1:30–3 pm (TUC)

This course is intended to deal with the political, economic and social events of the day.

Co-Moderators: Len Harding is a semi-retired, but not at all retiring, person who has not had a traditional career and is not locked into any particular view of anything. He has been, by turns, an adjunct instructor of history, technical writer, architectural specifications writer, and LEED (green construction) contract administrator in Las Vegas. David Kempton, AS, history and government from Ohio Univ., MS, education from UC, worked for the Hamilton County Board of Developmental Disability Services for 35 years where his primary job was to assist students with developmental disabilities transition from school to work.



**4211 Lightroom without Fear, Processing Your Photographs** 

Tuesdays, 1:30–3 pm (TUC)

We will demonstrate processing your photographs with Adobe Lightroom and Photoshop Elements. Beginners invited. You do not need to bring a computer to class nor be a current Lightroom user. The techniques learned will be applicable to other post processing programs. You should learn enough to manage your photographs on your computer, improve their look, share photos online, and perhaps make a photobook, nice print, or slide show. We'll learn a few things about photography as well. Email me at pnord@fuse.net for getting started instructions. If it isn't fun, we won't do it.

Moderator: Peter Nord, PhD, has more than 50 years' experience in various aspects of photography.

**4212 Understanding Vipassana Meditation** 

Tuesdays, 1:30–3 pm (TUC)

CLASS LIMIT: 15

This class offers an understanding about meditation practices. The emphasis will be on concepts of Vipassana (insight) Meditation. The meditation practice will be introduced step-by-step. One will learn how to slowly develop insights by close attentiveness to and experiential investigation of one's own mind-body process. The Buddha introduced this practice; however, this is a non-religious class. Everyone who has an interest or wants to fulfill their curiosity is welcome.

Moderator: Manit Vichitchot was a Vipassana Meditation instructor at the International Meditation Study and Retreat Center, Wat Mahadhat Yuwarachrangsarit, Bangkok, Thailand, during 2009–13.

~~4213 Your Retirement Quest~~   
**Ten Secrets for Creating and Living a Fulfilling Retirement**

Tuesdays, 1:30–3 pm (TUC)

CLASS LIMIT: 25 CANCELLED!

A third of the workforce is over 50, and 10,000 baby boomers are retiring every day. Many are facing their remaining work years and transition into retirement with anxiety. Less than 10 percent of prospective retirees have developed a plan for the future, and few have paid attention to anything other than the financial aspects. Financial security is only one of ten identified key elements for a successful retirement. This course will take you through all the stages of preparing and

implementing a successful life plan.

Moderator: Carl Reisen spent 29 years as a financial services professional, beginning as a financial consultant at Merrill Lynch and subsequently becoming branch manager, complex manager, and senior vice president-district manager at other firms with responsibilities for multiple offices in several states. He holds a bachelor's degree from the Univ. of Pittsburgh and MBA from Rensselaer Polytechnic Institute.

**4311 French Conversation**

Thursdays, 9–10:25 am (TUC)

Take this opportunity to improve your speaking skills and brush up on the structural components of one of the most beautiful languages of the world by applying them in a systematic conversational format. Some basic knowledge of French is required, because this course is conducted primarily in French.

Moderator: Gloria Giannestras attended only French-speaking schools until college. She holds a BA from the College of William and Mary in French and Spanish.

**4315 Frank O'Connor: Collected Stories** 

Thursdays, 9–10:25 am (TUC)

CLASS LIMIT: 15

The Irish writer Frank O'Connor was prolific in many literary forms, but it is his short stories that propelled him into the ranks of a world master. His stories inform the human heart, intellect, and above all the imagination. We will read (slowly) and discuss. The edition is *Frank O'Connor: Collected Stories* (Vintage Books). Please read "The Late Henry Conran" prior to the first class.

Moderator: Robert Shanklin, OLLI moderator for the past 7 or 8 years, always on literary fiction or poetry, one of the loves of his life. He has moderated many classes on the writer Flannery O'Connor who has served as his training ground.

**4316 Ideas in Philosophy: Ethics**

Thursdays, 9–10:25 am (TUC)

Philosophical views on what is morally good, right, obligatory, and just. Class format: lectures as needed with as much class discussion as possible.

Moderator: Rollin Workman, retired UC professor of philosophy.

# Class descriptions by CLASS NUMBER

## 4317 Behind the Scenes in the Arts

UPDATED

Thursdays, 9–10:25 am (TUC)

Back by popular demand, we invite arts leaders from many disciplines—dance, opera, symphony, or visual arts—to discuss, enlighten, and debate. Janelle will talk about behind-the-scenes changes in the newspaper industry as well.

Moderator: Janelle Gelfand has written for the Cincinnati Enquirer since 1991 and has been its classical music critic since 1993. BA, music, Stanford; master's, PhD, UC College-Conservatory of Music. CCM instructor, music history, for three years. Articles, reviews in local and national music publications.

## 4408 For the Love of Music

UPDATED

Thursdays, 10:35 am–12 pm (TUC)

"Listening to great music has always affected my entire being. This course will continue to share the wonder of great music and how it enriches our lives. There will be different composers and some of my performing colleagues to add to the mix," says Dick Waller. The counterpoint between the moderators: gentle, retired CSO principal clarinetist (1960–94) Dick Waller and the guru of things musical and operatic, Charles Parsons, sparks interest, love, and loyalty.

Co-Moderators: Dick Waller, artistic director, Linton Chamber Music Series, 1976–2009; and Charles Parsons, retired librarian, UC College of Law; author; lecturer, UC College-Conservatory of Music; honorary PhD, Univ. of Wales, Lampeter.

## 4409 Move into Ease

Thursdays, 10:35–11:35 am (TUC)

CLASS LIMIT: 25

A touch of yoga, some energizing movement, a time for relaxation, soulful stretching, and pumping life into each cell. This ONE-HOUR class oils your joints and breathes ease into your bones, like giving yourself a massage. Wear comfortable, loose clothing and bring a mat or towel on which to lie. Expect to feel rejuvenated!

Moderator: Karen Zaugg brings a lifetime of dance training, yoga, and a variety of bodywork experiences to welcome you to exercise and a sense of wellbeing.

## 4410 Planning Your Second Adulthood

Thursdays, 10:35 am–12 pm (TUC)

CLASS LIMIT: 20

Would you like to continue an active, contributing life after retirement? Do you need to earn income, or are you mostly interested in volunteering? Are you having trouble figuring out how to move forward with your interests? This course will explore your interests and needs, assist you in reviewing and defining your skills, help you prepare a resume, identify outlets for your interests, and assist you with strategies to accomplish your goals.

Moderator: Kent Friel, MBA, UC, 1965; retired senior vice president of Lee Hecht Harrison, world's leading career services firm. He recently served as a community fellow with KnowledgeWorks Foundation.

## 4505 Essentials for Healthy Homes

NEW

Thursdays, 1:30–3 pm (TUC)

CLASS LIMIT: 25

This course will help you understand the connection between health and housing and to identify and resolve problems that threaten the health and well-being of residents. It identifies root causes of health problems in a home and links them to seven principles of healthy housing: keep it dry; keep it clean; keep it pest-free; keep it ventilated; keep it safe; keep it contaminant-free; and keep it maintained. Course participants will have a better understanding of how to make their home a place that protects the health of the occupants.

Moderator: Bill Menrath researched environmental and occupational contaminants at the UC College of Medicine for the past 25 years. He is one of the original Training Partners in the National Center for Healthy Housing Training Center and Network and recently received an award from the Department of Housing and Urban Development for his leadership in the area of healthy housing training. He recently retired from his position as the director of the Great Lakes OSHA Educational Center.

## 4506 The Nature of Earth, Part 2

NEW

Thursdays, 1:30–3 pm (TUC)

This course will include such topics as volcanic activity, weathering, glaciers, and geological structures. This is a continuation of the first quarter's series and will consist of all new topics. Each class will include one or two 30-minute DVD lectures narrated by Dr. John Renton from The Great Courses Company as well as additional comments from the moderator. It is not necessary to have attended the first session to take

the second course.

Moderator: Richard Longshore, retired family physician with an interest in geology. Most course material will come from The Great Course Company's DVDs titled *The Nature of Earth: An Introduction to Geology*.

**4507 Vipassana Meditation Practice** 

Thursdays, 1:30–3:30 pm (TUC)

CLASS LIMIT: 8

This is a two-hour class. The class is offered to those who have learned the fundamentals of Vipassana practice. It is an opportunity to cultivate the Buddha's way of liberation through the practice of ethics, meditation, and insight. The session starts with a short talk and chant before the walking and sitting practices. Thorough discussion about the practice will follow. The session is concluded with an extended loving-kindness observation.

Moderator: Manit Vichitchot was a Vipassana Meditation instructor at the International Meditation Study and Retreat Center, Wat Mahadhat Yuwarachrangsarit, Bangkok, Thailand, during 2009–13.

**4508 Financial Workshop for Retirees**

Thursdays, 1:30–3 pm (TUC)

Retirement can be complicated. In this class, we help you make sense of planning and living a successful retirement by going back to the fundamentals. Topics covered will be the foundations of investing, the rules of the road, building an investment income, making your money last, healthcare and Medicare, protecting what's important, and preparing your estate plan. Guest speakers will include a Medicare specialist and an estate-planning attorney.

Moderator: Brandon Blackford, AAMS®, CRPC®, has been a financial advisor with Edward Jones for three years helping families with retirement income planning and asset preservation. He is also actively involved in the community, serving on two nonprofit boards.

**4819 The Story behind the Best Book Written about Cincinnati**

Tuesday, Jan. 20, 12:15–1:15 pm (TUC)

The book is known as "The Cincinnati Guide" or "The WPA Guide to Cincinnati," although its actual title is *Cincinnati: A Guide to the Queen City and Its Neighbors*, published in 1943 and written by the workers of the Federal Writers Project. In the seven decades since publication, it has become an

essential starting point for historians of Cincinnati. For this discussion, Greg Hand, retired UC spokesperson, will talk about the Great Depression and the WPA in Cincinnati and Ohio. He will review the development of the Cincinnati guide, its reception on publication, and a great deal about the post-WPA life of its editor.

Moderator: Greg Hand

**4820 Have Gun-Will Travel: '50s TV Western as Ethical Drama**

Tuesday, Jan. 27, 12:15–1:15 pm (TUC)

In contrast to its popular rivals, *Gunsmoke*, *Bonanza*, and *Wagon Train*, the series *Have Gun-Will Travel* used a mass medium to address serious cultural issues, most remarkably the role of minorities and women in American society, thanks to the influence of star Richard Boone.

Moderator: Kate Spencer

**4821 The Toyota Production System**

Tuesday, Feb. 3, 12:15–1:15 pm (TUC)

The Toyota production system was called "the machine that changed the world." Find out how the automotive industry was transformed in North America—a brief history and description.

Moderator: Doug MacCurdy

**4822 Italian Themes on United States Postage Stamps**

Tuesday, Feb. 10, 12:15–1:15 pm (TUC)

The United States is the only country that enjoys a truly multiethnic society and recognizes their many contributions. Postage stamps are one of the many ways that highlight the appreciation of their culture. We'll take a look at the Italian and Italian American component.

Moderator: Gerardo Perrotta

**4823 What Makes a Rare Book Rare?**

Tuesday, Feb. 17, 12:15–1:15 pm (TUC)

Medieval manuscripts? Huckleberry Finn? Fine press books? How is the rarity of books determined? Is it just cost or age? Actually, it is a great deal more, and this talk will discuss criteria that rare book experts use in appraising books to be

## Class descriptions by CLASS NUMBER

importantly valuable or not as well as talk about UC's rare books collection—why it has certain strengths, how it is developed, and how it is used by both the UC community and the general public.

Moderator: Kevin Grace

### **4824 Taft's Band of Brothers**

Tuesday, Feb. 24, 12:15–1:15 pm (TUC)

This talk will cover the periods from 1899 when William H. Taft arrived in the Philippines through 1904 when he began as Secretary of War and 1909 when as president he counseled and promoted all the major senior army officers when they entered World War I. The moderator will also share stories about his father, who worked with Taft, Pershing, and others.

Moderator: Frank Carpenter

### **4825 Women Who Raised the Presidents of the US**

Tuesday, Mar. 3, 12:15–1:15 pm (TUC)

Each president got his early education from Mom, and some of them were real “pips”! From Washington's mother to Barbara Bush, we'll reveal some interesting secrets about the first mothers.

Moderator: Caryl Miller

### **4915 History of the Buffalo Soldiers**

Thursday, Jan. 22, 12:15–1:15 pm (TUC)

National Park Ranger Reginald Murray will dress in period costume and bring extra equipment to present information about the life and times of the Buffalo Soldiers, African American members of the US Army who fought against the American Indians beginning in 1866.

Moderator: Reginald Murray

### **4916 Make My Final Wish Green: Green Burial and Final Disposition**

Thursday, Jan. 29, 12:15–1:15 pm (TUC)

The educational nonprofit Funeral Consumers Alliance of Greater Cincinnati presents “Make My Final Wish Green.” This lecture features a visual presentation that explores current burial practices that damage our planet and provides solutions to becoming more green in our burial practices.

Moderator: E. Todd Fowler

### **4917 Making Art, Making Friends—Community-Based Art with Jan Brown Checco**

Thursday, Feb. 5, 12:15–1:15 pm (TUC)

Studio artist and arts administrator Jan Brown Checco designs inclusive public artworks created with professionals and novices. In 2003, she was Post Corbett's “Individual in the Arts” for Clay, Color and Fire, a public mosaic at the Theodore M. Berry International Friendship Park, created with eight international ceramic masters and local apprentices. She created a unique drawing exchange matching local artists with those from our Sister Cities, winning an “Innovation” award in 2008 from Sister Cities International. She has also designed and art-directed seven international Butterfly Shows at Krohn Conservatory.

Moderator: Jan Brown Checco

### **4918 George Remus Is Back with Whiskey in Hand**

Thursday, Feb. 12, 12:15–1:15 pm (TUC)

On October 6, 1927, George Remus, King of the Bootleggers, shot and killed his wife in Eden Park on the morning of his divorce trial. He was tried for first degree murder by Charles P. Taft, son of William Howard Taft, Chief Justice of the Supreme Court. Remus was acquitted on the basis of temporary insanity to the astonishment of the nation. Now, a new whiskey named for Remus will be marketed by Molly Wellmann of Japp's bar.

Moderator: Mark Plageman

### **4919 Chimp Trekking in Tanzania**

Thursday, Feb. 19, 12:15–1:15 pm (TUC)

See what chimp trekking in Jane Goodall's Gombe Stream National Park in southern Tanzania looks like and learn what you need to know to get there and fully enjoy the experience.

Moderator: Nancy Herbert

### **4920 Once a Nazi**

Thursday, Feb. 26, 12:15–1:15 pm (TUC)

We will view and discuss a controversial documentary about an esteemed Canadian professor who admits after almost 50 years his past life and who becomes the sole witness at the trial of a former SS officer in Germany.

Moderator: Hirsh Cohen



**4921 Hospice 101: Debunking the Myths**

Thursday, Mar. 5, 12:15–1:15 pm (TUC)

A description of what hospice is and is not. Discussion of how hospices serve Cincinnati and how community involvement is integral to the hospice's continuum of care.

Co-Moderators: Shelby Duncan and Jim Vaden

**5032 A One-of-a-Kind Event: Local Songwriters and Performers**

Wednesday, Jan. 14, 9 am–12 pm (SSC)

Cincinnati's renowned performing musical talents can be enjoyed in every kind of musical genre. One local talent less well known or publicized is creative songwriting. Several local musicians and performers who successfully write music will talk about their craft and careers, what inspires them, how they see the music business from their perspectives, and will share their stories and, even better, their songs and creative results. Here's a rare opportunity to hear from those with a passion—and the talent—to create songs and music of all kinds from folk, Americana, country, and rock to opera/classical.

Co-Moderators: Wes Pence, songwriter, Americana and rock; Mark Utley, singer-songwriter, folk and Americana (of the band Bulletville); David Kisor, songwriter/composer, genres including show tunes and children's music; Dallas Moore, "outlaw" country singer/songwriter (think Johnny Cash or Willie Nelson), with a couple of number-one hits under his belt; also invited, a songwriter/composer of opera.

**5033 Big Science, Little Science: Technologies that Will Improve Our Lives**

Wednesday, Jan. 21, 9 am–12 pm (SSC)

Three hundred years ago, scientists worked independently, many as unpaid amateurs. Over time, scientific research became more institutionalized, requiring complex instruments and large teams of investigators. Today, megascience projects are underway in the fields of medicine, genetics, and neuroscience. How did we get from there to here? We'll look at Big Science projects, how they are organized and funded, whether they pay off, and how much is hype versus real discovery. We'll also look into at some predictions about where this Big Science trend will carry us and how it might change the field of medicine.

Moderator: K. John Morrow Jr., PhD, is a biotechnology writer and consultant living in Newport, KY.

**5034 Abe Lincoln Speaks**

Wednesday, Jan. 28, 9 am–12 pm (SSC)

In honor of Abraham Lincoln's birthday, renowned Lincoln impersonator Stan Wernz will appear as Abe to talk about his life and the Civil War. With new material not included in his previous OLLI appearance, Stan will cover the 1862 Siege of Cincinnati and the 1863 Siege of Vicksburg, often overlooked because of the simultaneous Battle of Gettysburg. His monologues, taken directly from writings, speeches, and documented reports about Lincoln, conclude with audience participation in questions and answers.

Moderator: Stan Wernz has dressed in Lincoln attire and presented the life, thoughts, and comments of our 16th President for 45 years. He is a life member of the Association of Lincoln Presenters and has served as its president since 2005. He has been a teacher, principal, and superintendent of schools—most notably 33 years at North College Hill.

**5035 Take Time for Your Thyroid**

Wednesday, Feb. 4, 9 am–12 pm (SSC)

Your thyroid weighs less than an ounce, but it influences virtually every cell in your body. Thyroid disease can be damaging at any stage of life, but problems are common in those over 60. Its symptoms can be subtle and few in number and are often attributed to aging, which makes it difficult to suspect a thyroid problem. Seniors especially should become familiar with the symptoms and body changes of thyroid disease, which is more common than diabetes or heart disease. We will discuss how the thyroid (and parathyroid) function, dysfunctional symptoms, treatments for problems, and related topics.

Co-Moderators: David Steward, MD, is professor of otolaryngology/head and neck surgery and director of the Parathyroid/Thyroid Surgery Program in the Division of Head and Neck Surgery at UC, where he also currently serves as director of Clinical Research. Abid Yaqub, MD, FACP, FACE, FCPS, is associate professor of medicine in the Division of Endocrinology, Diabetes and Metabolism, UC College of Medicine. He also directs the Endocrinology Fellowship Training Program at UC and is medical director of the endocrinology practice at UC Health Physicians in West Chester.

# Class descriptions by CLASS NUMBER

## **5036 Through-Hiking the Appalachian Trail**

Wednesday, Feb. 11, 9 am–12 pm (SSC)

Jeff “Blazer” Smith successfully through-hiked the Appalachian Trail March 19–August 23, 2013. The Appalachian Trail is a 2,185-mile footpath from Springer Mountain in Georgia to Mount Katahdin in Maine. His presentation will cover the basic steps he used to prepare for his hike along with the joys and hardships of trekking across the Appalachian mountain range.

Moderator: Jeff Smith retired in 2013 after 30 years of working for the Madeira City School District. In 2007, he took his first backpacking trip, and backpacking became his hobby. In the last few years before his retirement, he thought about through-hiking the Appalachian Trail every day. The closer he got to retirement, the more he thought about making his dream a reality.

## **5037 “The Crowd Goes Wild: A Day at the Gladiatorial Games” and “Pompeii: Life from the Ashes”**

Wednesday, Feb. 18, 9 am–12 pm (SSC)

In the first part of this program, we will learn why the spectacle of the gladiatorial games in Rome’s Colosseum was a forerunner of our modern spectator sports. The history of the Colosseum, types of gladiators, and their training and their armor are among the topics that will be covered. Next, we will travel to Pompeii and learn about the life and times of its citizens before they were buried in the volcanic eruption of 79 AD.

Co-Moderators: PhD candidates in Department of Classics, UC. Kathleen M. Lynch, associate professor, Department of Classics.

## **5038 1776: The New York Campaign**

Wednesday, Feb. 25, 9 am–12 pm (SSC)

When thousands of British and Hessian troops arrive in New York, George Washington’s untested patriots must face the world’s finest professional army. We will discuss New York’s strategic importance to the British and Washington’s plans to defend it. Then, starting with Long Island (the largest battle of the Revolutionary War), we will follow the action as General Howe takes advantage of Washington’s inexperience, even as Washington keeps eluding him—preserving the American army to fight another day.

Moderator: Stephen Appel, AB and MBA, Univ. of Chicago; past OLLI chairman and program director; vice president-research, Federated Department Stores and May Co. Department Stores.

## **5039 Exotic Animals Visit OLLI**

Wednesday, Mar. 4, 9 am–12 pm (SSC)

Do you like seeing exotic animals close up? Do you like hearing about their care and individual personalities? For this program, Mike Dulaney, curator of mammals at the Cincinnati Zoo and Botanical Garden, will bring a few of his special zoo animals to meet us.

Moderator: Mike Dulaney has been involved with the Cincinnati Zoo for almost 50 years. He was a charter member of its Junior Zoologist Club in the 1960s, spent several summers working in the Children’s Zoo during high school, and started his full-time career in 1974. He spent the first 21 years as an animal keeper in several different departments and the last 19 as a curator specializing in mammals.

## **6009 Exploring the Sacred Path of the Labyrinth**

Friday, Jan. 16, 9 am–12 pm (LRC)

The labyrinth has been used for thousands of years to help us draw closer to the divine. Learn the history of this ancient walking meditation practice. Explore the sacred space that walking a labyrinth creates and get information on local labyrinths to visit. Note: Participants will not walk an actual labyrinth in this class.

Moderator: Tracy Jo Duckworth is a licensed massage therapist, aromatherapist, yoga instructor, workshop facilitator, and consultant. She has been walking, creating, installing, and sharing information about labyrinths since 1994 and has led hundreds of people into a deeper understanding of the sacred space of the labyrinth.

## **6010 A Price Hill Community Living Green**

Friday, Jan. 23, 9 am–12 pm (LRC)

Enright Ridge Urban Eco-Village, Price Hill ([www.enrightecovillage.org](http://www.enrightecovillage.org)), is a community fostering environmental sustainability in an existing urban neighborhood. The community promotes preserving the planet through social involvement, economic responsibility, and healthy lifestyles, demonstrating a way to revitalize our cities using these principles.

Moderator: Jim Schenk founded Imago ([www.imagoearth.org](http://www.imagoearth.org)), a grassroots environmental education organization, with

his wife, Eileen, in 1978. He was director for 28 years and now is program coordinator. Jim lives in and is involved in creating the Enright Ridge Urban Eco-Village as a national model for sustainable urban living.

**6011 Footprints on the Air: Television Legends of Cincinnati**

Friday, Jan. 30, 9 am–12 pm (LRC)

Footprints on the Air: Television Legends of Cincinnati is a work-in-progress documentary about the pulse between local and network creativity during the developing stages of early television, celebrating the Queen City's innovative broadcasting legacy and exploring the unique experience of growing up with the advent of television in America. The program will highlight the importance of preserving this history now and the process of independent filmmaking from the presenter's experience.

Moderator: Mary Jo Schottelkotte is a writer/producer from Cincinnati with a BFA from UC-DAAP in film and video production. Through her company, 9th Child Productions, LLC, her mission is to create work that inspires positive change with stories that teach us about our potential and our ultimate connection to each other.

**6012 Secrets of the Winter Night Sky Revealed**

Friday, Feb. 6, 9 am–12 pm (LRC)

Experience a fascinating introduction to the stars and objects visible in the winter nighttime sky. Learn about where, when, and how these stars and other celestial objects appear in the heavens just above your own backyard.

Moderator: Terry Endres was four years old when he saw Saturn through his brother's telescope. Fifty-four years later he's still marveling at the evening sky. He is president of the Cincinnati Astronomical Society and teaches introductory astronomy for Cincinnati State Technical and Community College and UC Clermont.

**6013 Your Family Tree: An Introduction to Genealogy**

Friday, Feb. 13, 9 am–12 pm (LRC)

This general introduction to researching your ancestors is for everyone who has always said, "I'm going to do this someday." Maybe this is the day you'll begin! We'll discuss how to get started, where to find information, and what to do with all the facts you will collect. Whether you prefer to use a computer or do your research without one, you'll learn some pointers about delving into your family's past.

Moderator: Kathy Womer is a graduate of UC and member of the Hamilton County Genealogical Society. She has been researching her family members for eight years as well as teaching classes for OLLI and at Twin Towers Retirement Community.

**6014 Getting the Scoop: Maryanne Zeleznik at WVXU News**

Friday, Feb. 20, 9 am–12 pm (LRC)

Join a local news director for a discussion of how news/journalism has changed during the past couple of decades as well as the ins and outs of National Public Radio. Find out how local reporters get stories on the network and how NPR works closely with its member stations. What is Scott Simon really like? Does Carl Kasell really do magic tricks? Does Ken Rudin really know all that stuff about politics? And more.

Moderator: Maryanne Zeleznik has been covering news in Cincinnati for nearly 30 years. Since 2005, she has been news director at WVXU (91.7 FM) where she is also local host of Morning Edition. Previously, she served for 20 years as news director at NKU's public radio station, WNKU (89.7 FM).

**6015 Everest and the People Who Climbed It**

Friday, Feb. 27, 9 am–12 pm (LRC)

Hear fascinating stories of the people who climbed the tallest mountain in the world. How, when, and why was it accomplished? You'll hear about the Sherpas who paved the route for them and those who lost their lives trying to scale Mount Everest.

Moderator: Bill Deitzer has hiked in 51 National Parks and in all 50 US states. He has completed seven hikes to the bottom of the Grand Canyon. He is retired as CFO of Cincinnati State Technical and Community College.

**6016 Reflections on the US Secret Service: Past and Present**

Friday, Mar. 6, 9 am–12 pm (LRC)

Get an overview of the US Secret Service, its growth as a global agency, and the moderator's experience as a Secret Service special agent during the Nixon and Ford administrations. Investigations, Watergate, and unique stories from the White House will be covered. Attendees will get a glimpse of the operational responsibilities of the Secret Service and how it has changed over time.

# Class descriptions by CLASS NUMBER

Moderator: James Meyers is a graduate of Gettysburg College, member of the Association of Former Agents of the US Secret Service, combat (Vietnam) veteran, US Marine officer, and member of the Marine Corps League Detachment #968 and American Legion NE Post #960. He is a retired medical device manufacturing executive.

## **7104 A Pruning Seminar for the Homeowner**

Tuesday, Mar. 2, 9:30–11:30 am (SGC)

*CLASS LIMIT: 50*

Learn from the horticulture staff of Spring Grove Cemetery and Arboretum how proper pruning can make all the difference for your trees and shrubs. They'll show you how you can apply the right techniques and tools for your yard. Walking one mile is required. Meet at Spring Grove's Norman Chapel. Dress for the weather: we will be outside.

Moderator: Spring Grove horticulture staff

## **7114 Tree Planting Techniques**

Tuesday, Feb. 17, 9:30–11:30 am (SGC)

*CLASS LIMIT: 50*

Join us for a lecture where we will teach the fundamentals of properly siting, installing, and maintaining new trees. We will cover proper planting techniques for bare root, ball, burlap, and container plant stock. Planting a tree that will live for its full natural life requires more knowledge than most people suspect is needed. Looking around, one can readily see that more healthy trees are needed in our urban landscape. Be ready to plant a tree in the spring. Meet at Spring Grove's Norman Chapel.

Moderator: Spring Grove horticulture staff

## **8000 Beyond the Snapshot: Digital Foundations**

Mondays, 2:30–4 pm (SSC)

*CLASS LIMIT: 14*

Photography is the use of technology to create artistic images. In this beginner class, we combine both aspects to make a good photograph by increasing our technical knowledge to improve the artistic quality of our photographs. The sessions weave together the power and limitations of the camera with the basics of visual composition. Any digital camera will work for this class. We will discuss inexpensive digital cameras at the first class meeting for those who don't have one. There

will be weekly assignments between classes to try out the techniques. You will learn by doing.

Moderator: Howard Todd is a professor at UC and lifelong photographer.

## **8200 Art and Hobby Workshop**

Wednesdays, 1–2:30 pm (Maple Knoll Village)

*CLASS LIMIT: 8*

Come share your hobby or art talent in a casual atmosphere. We love creative people. It's your call. Bring what you need with you and get ready to have a good time. Large tables are waiting in a sunny, pleasant room. We enjoy talking and getting to know how talented our wonderful OLLI members are. Help is available on your project if requested. Maple Knoll Village, 11200 Springfield Pike, Cincinnati, OH 45246.

Moderator: Glenn King, BFA, Univ. of Texas and L'Ecole des Beaux-Arts in Paris, France. She is currently illustrating a series of books on child safety for Trauma Service at Children's Hospital.

## **8203 Photography Workshop Challenges**

Wednesdays, 2:30–4 pm (SSC)

*CLASS LIMIT: 14*

In this workshop, the moderators serve as facilitators and coaches. Participants will share their work, and all will participate in gentle discussion. Each week, we will have a challenge assignment of six photos to share. The workshop is designed for participants who have previously completed a photography course, have a basic working knowledge of their camera, and want to engage at the next level. For beginners, other OLLI photography classes are available.

Co-Moderators: Howard Todd is a professor at UC and lifelong photographer. Bernadette Clemens-Walatka is an award-winning photographer.

## **8302 Sing Karaoke**

Thursdays, 2:40–4 pm (SSC)

*CLASS LIMIT: 16*

You love to sing but have never tried karaoke? You want to learn or are a real pro? Come join Glenn and George for a musical afternoon of fun. We have a large list of songs to choose from, and who wouldn't enjoy singing with the accompaniment of a big band? We will encourage you to share your voice, but if you would rather listen, we can always use an audience.



Co-Moderators: Glenn King and George Kalomeres have been singing with Martin White's karaoke entertainment group for several years and are continuing his course by request.

**8401 National Underground Railroad Freedom Center Tour** 

Friday, Jan. 23, 1–4 pm (NURFC)

*CLASS LIMIT: 30*

On this tour of the permanent and temporary exhibits at the National Underground Railroad Freedom Center (NURFC), we will discuss the introduction of African slaves to our shores as far back as 1619. Our discussions will take us through the history of our state and country to the present time including how Ohio played an important part in the Underground Railroad system. Admission is \$11, payable at the door, and paid parking is available under the museum. NURFC, 50 E. Freedom Way, Cincinnati, OH 45202.

Moderator: John Berten, retired GE executive, volunteer tour guide at NURFC since its opening ten years ago, extensive tour experience with visitors of all ages and nationalities.

**8405 Pursuit of the American Dream in Four Novels**

Fridays, 10:30 am–12 pm (Joseph Beth Booksellers)

*4-WEEK COURSE: Jan. 16, Jan. 30, Feb. 13, Feb. 27*

*CLASS LIMIT: 15*

In this course, we will use the following novels to discuss the American Dream: *The Jungle* by Upton Sinclair, *Revolutionary Road* by Richard Yates, *House of Sand and Fog* by Andre Dubus III, and *The Tortilla Curtain* by T. C. Boyle. Please read the first novel for the first meeting.

Moderator: John Bossert, retired physician with a lifelong interest in literature.



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*Clockwise, from the top:*

**Professional instructors at Dare to Dance taught OLLI members a different dance each week for Ballroom Dancing.**

**Joanna and Kirt Hobler enjoyed the food and company at the annual Back-to-School Party in September.**

**Promont House hosted a tour and tea for OLLI members in October.**

**More than 250 OLLI members signed up for the OLLI Summer Series and learned about history, the FBI, Cincinnati Enquirer, volcanoes, and more.**



## University of Cincinnati

2600 Clifton Ave.  
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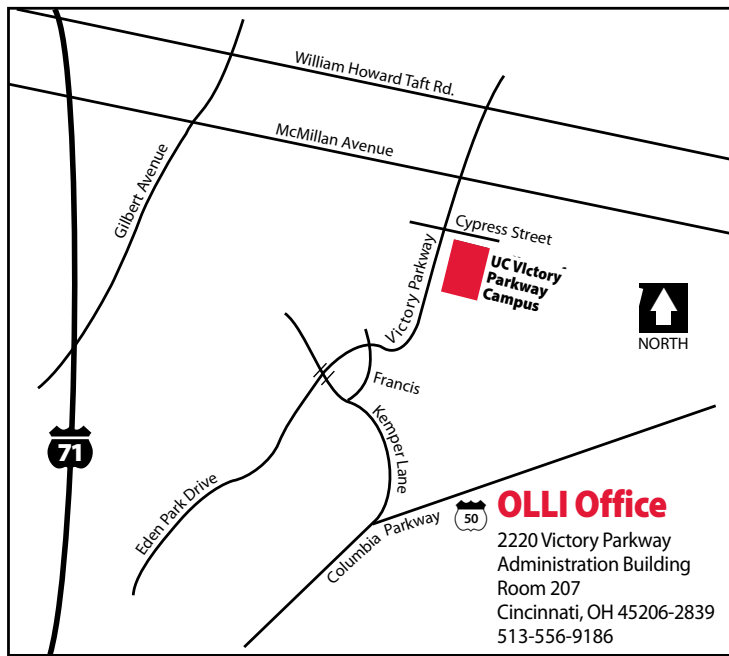
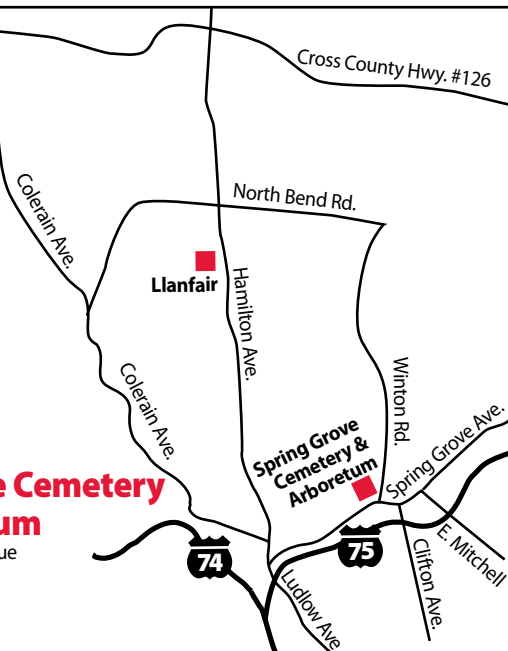


**Llanfair Retirement Community**

1701 Llanfair Ave.  
Cincinnati, OH 45224  
513-681-4230

**Spring Grove Cemetery and Arboretum**

4521 Spring Grove Avenue  
Cincinnati, OH 45232  
513-681-7526

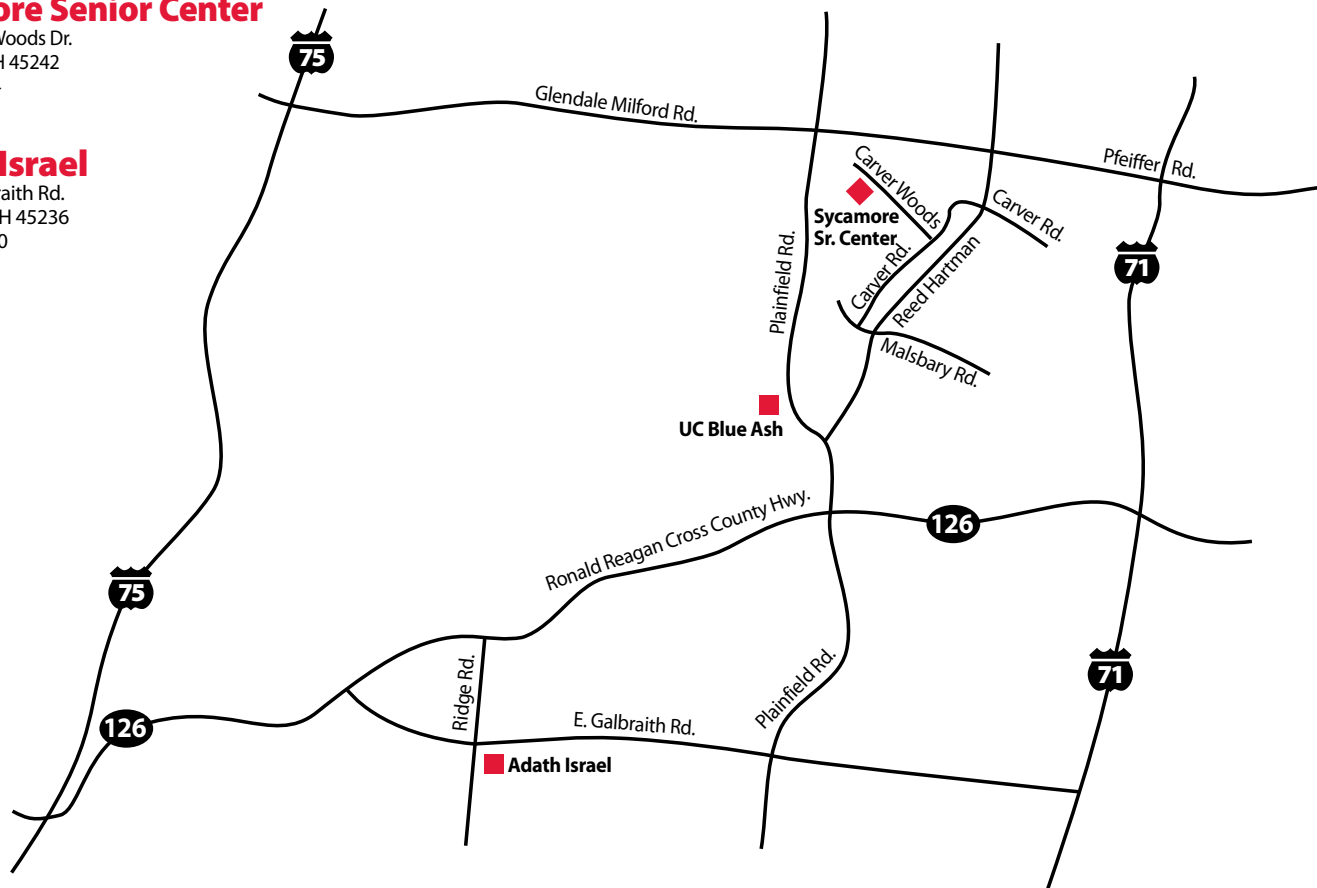


**Sycamore Senior Center**

4455 Carver Woods Dr.  
Cincinnati, OH 45242  
513-984-1234

**Adath Israel**

3201 E. Galbraith Rd.  
Cincinnati, OH 45236  
513-793-1800





## Who makes OLLI Great? You do!

Whether a veteran member or new to our program, each school year you can experience the exceptional courses, tours, lectures, and special events that support OLLI's mission of providing opportunities for lifetime learning and social interaction to the mature residents of Greater Cincinnati.

You'll stretch your intellectual and social muscles—reach out and try something new and meet others who share your love of learning.

### OLLI changes lives:

- Judi M. realized that most of her friends are people she has met through OLLI and is now teaching a class—even though she never went to college.
- Ralph M. tried Ballroom Dancing, lost weight, improved his balance and

health, and participated in a dance showcase with his dance instructor.

- Larry P. has taken classes in nearly every subject, but his passion is photography. Through his OLLI experience, he has exhibited and won prizes for his photographs.
- You can all explore art, history, new technologies, current events, financial planning, French and Spanish conversation, exercise, nutrition, literature, science, music, philosophy, religion, writing, travel, and much more.

Please consider showing your love for OLLI with a tax-deductible gift to Friends of OLLI. Your gift will be put to good use to ensure OLLI's viability for years to come, keep fees low, purchase necessary classroom equipment, and provide scholarships for your fellow members with financial need.



Please accept my gift for:

\$1,000  \$500  \$250  \$100

Other \$ \_\_\_\_\_

In memory of \_\_\_\_\_

In honor of \_\_\_\_\_

- Gifts of \$1000 or more will also receive recognition and benefits through UC's Charles McMicken Society, including free OLLI tuition, free campus parking, bookstore discounts, and more.
- Your tax-deductible gift can be doubled or tripled with a matching gift from your employer. Many companies match gifts from retirees. Please check with your human resources department.

Name \_\_\_\_\_ Today's Date \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_ Telephone \_\_\_\_\_

### PAYMENT OPTIONS

Pledge: Payments will begin \_\_\_\_\_

And will be paid  Quarterly  Semi-Annually  Annually

Check enclosed (*payable to UC Foundation/OLLI*)

MasterCard  VISA  Discover

Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

My employer matches gift contributions

My matching gift form is enclosed

Mail form and donation to:  
OLLI at UC  
PO Box 6249  
Cincinnati, OH 45206



# AVOID DELAYS REGISTER ONLINE!

[www.uc.edu/ce/olli](http://www.uc.edu/ce/olli)

## OLLI registration form

Take as many courses as you wish for one \$85 fee.  
You'll receive confirmation of your registration.

**PLEASE SEND ENTIRE FORM  
OR REGISTER ONLINE**

PLEASE PRINT

SECOND REGISTRANT

Name

Address

City/State/ZIP

Telephone

Email address

Year of birth

I would like to enroll in the following course(s):

Course #      Course Title

Course #	Course Title

PAYMENT

\$85/person

or

\$170/2 persons

*(If you cannot afford to pay the \$85, scholarships are available.  
Contact the OLLI office for information.)*

Check

Visa

MasterCard

Discover

Card Number

Expiration Date

Name on Card

Name

Address

City/State/ZIP

Telephone

Email address

Year of birth

I would like to enroll in the following course(s):

Course #      Course Title

Course #	Course Title

Make check payable to University of Cincinnati.  
Please mail completed registration form and payment to:  
OLLI at UC  
PO Box 6249  
Cincinnati, OH 45206

TUC Parking Pass needed

**QUESTIONS? Contact :**

Phone: 513-556-9186

Email: [olli@uc.edu](mailto:olli@uc.edu)



*If you receive a duplicate copy,  
 please share it with a friend.*

**TIME SENSITIVE MATERIAL!**

### Class Dates

Winter classes begin on  
 January 20, 2015

### Vision Statement

OLLI is the premier organization offering educational and social experiences to the mature residents of Greater Cincinnati by:

- Nourishing intellect, expanding knowledge, and exploring new ideas
- Sharing interests and experiences
- Cultivating friendships
- Being a resource of UC and supporting its goals

### Mission Statement

OLLI provides opportunities for lifetime learning and social interaction to the mature residents of Greater Cincinnati.

### OLLI Contacts

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 olli@uc.edu

#### Website

[www.uc.edu/ce/olli](http://www.uc.edu/ce/olli)

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 (1918–2004)

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