

LIKE US ON FACEBOOK
SEARCH: OLLI at University of Cincinnati

**OSHER
LIFELONG
LEARNING
INSTITUTE** OLLI

SPRING 2015
MAR. 30 - MAY 22

Course Catalog

Osher Lifelong Learning Institute
at the **University of Cincinnati**

A Vibrant Learning Community

- **REGISTRATION BEGINS
MAR. 10, 9AM**
- **HOW OLLI WORKS (P. 3)**



REGISTER ONLINE!
www.uc.edu/ce/olli

UNIVERSITY OF
Cincinnati

You've spent years
focused on your career
and raising a family ...

*Now's the time to
rediscover the
joy of learning.*

Osher Lifelong Learning
Institute (OLLI) at the University of
Cincinnati offers great classes and terrific
teachers in a relaxed, informal environment—and
you don't have to worry about tests or grades.

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CLASS DATES

Spring Quarter 2015

March 30 – May 22

No class at Llanfair Retirement Community Apr. 3.

No classes at Adath Israel Apr. 9.

OLLI Summer Series

Wednesdays, Jul. 8–Aug. 19, 10 am–12 pm

Sycamore Senior Center



Osher Lifelong Learning Institute at the University of Cincinnati is part of a network of 117 Osher Lifelong Learning Institutes throughout America and shares the resources of such quality institutions as Brandeis, Carnegie Mellon, Duke, Emory, New York University, Northwestern, Penn State, California-Berkeley, University of Illinois, University of Michigan, and Vanderbilt.

HOW TO USE THIS CATALOG

Courses are listed three ways in this catalog:

1. By Category alphabetically by course title. Begin here if you are looking for classes on a particular topic. Use the course number to find the complete course description and moderator biography.

2. By Course Number including complete descriptions of course content and biography of the moderator. Browse them all to discover what OLLI has to offer. Courses meet once per week for the eight weeks of the quarter unless a specific date or date range is listed under the course title.

3. Schedule-at-a-Glance organized by location/day/time. If you are available only on a particular day of the week or interested in taking classes at only a single location, use this section printed on buff-colored paper in the center of the catalog. The Schedule-at-a-Glance is also a handy pull-out guide to keep track of the classes that interest you while you browse the catalog.



Moderator Greg Hand discussing The Story behind the Best Book Written about Cincinnati

HOW OLLI WORKS

Classes Offered

Each school year, OLLI offers more than 400 courses ranging from eight-week seminars to hour presentations on a wide range of topics. Along with professors and other educators, volunteer moderators who lead each class include medical doctors, professionals from nearly every field, and passionate hobbyists.

Olli Membership

Anyone aged 50 or older is eligible to join OLLI and take OLLI courses. The only other prerequisite is a desire to learn. You do not need a college degree to join OLLI.

Cost

For a single payment of \$85 per quarter, OLLI members may register for as many classes as they desire. Most people sign up for at least three courses. Some courses may require an additional fee, which is listed in the course description.

Scholarships

Financial assistance is available to cover the full membership fee for those who need it. We are grateful for scholarship gifts from Neal Jeffries in memory of his wife, Karen Jeffries; Cecilia and Tom Kloecker; and the Friends of OLLI. For scholarship application information, please call 513-556-9186 or email olli@uc.edu.

Wait Lists

If a class you want is full, you may now opt to be placed on a wait list. If a place opens in that class, the first person on the list will receive a call and have 24 hours to respond before the place is offered to the next person on the list. If you do not receive a call, there is not a place for you in the class. Please do not attend classes for which you are not registered even if you are on the wait list.

Registration Restrictions

You may not register for more than one class that meets at the same time. If you send in a registration that includes two or more classes that meet simultaneously, you will be registered for only the first one.

Attendance

Although attendance is not mandatory, your presence in the courses for which you register enhances the learning experience for you and your classmates. If you attend classes for which you are not registered, you will be taking a space reserved by someone who is registered, and you may be asked to leave the classroom.

Teaching a Class

If you would like to share your expertise with the OLLI community, please consider becoming a volunteer moderator. Visit www.uc.edu/ce/olli or call 513-556-9186.

Volunteering

OLLI at UC runs on volunteer power! Volunteers moderate classes, select curriculum, distribute catalogs, assist with registration, work on publicity and marketing, organize special events, welcome and orient members during the first week of classes, and much more. For more information about volunteer opportunities, call 513-556-9186.

Disclaimer

The views and opinions expressed in OLLI courses are strictly those of the moderators and their guest speakers. Course content has not been reviewed by the Osher Lifelong Learning Institute at the University of Cincinnati. Consult your financial advisor before acting on any implied or actual recommendations concerning the investment of your money. Consult your doctor before following any medical, nutritional, or exercise program or advice.

CLASS LOCATIONS & PARKING

Tangeman University Center (TUC)—University of Cincinnati Uptown-West Campus, Cincinnati, OH 45221. OLLI will provide passes for free parking on main campus. You must request a pass before class starts by calling the office at 513-556-9186 or emailing your request to laughlin@uc.edu. OLLI can no longer reimburse parking expenses after the fact.

Adath Israel (ADI)—3201 E. Galbraith Rd., Cincinnati, OH 45236 (Amberley). Park for free in the adjacent parking lot. Absolutely no food or drink is permitted at this facility.

Sycamore Senior Center (SSC)—4455 Carver Woods Dr., Cincinnati, OH 45242 (Blue Ash). Park for free in the adjacent parking lot.

Llanfair Retirement Community (LRC)—1701 Llanfair Ave., Cincinnati, OH 45224 (College Hill). Park for free in visitor parking.

Spring Grove Cemetery (SGC)—4521 Spring Grove Ave., Cincinnati, OH 45232. Park for free in the adjacent lot.

See pages 40-41 for maps of each major location. Parking instructions and the addresses of other locations are listed within the individual course descriptions.

IMPORTANT CHANGES FOR SPRING

- All Blue Ash classes moved to Adath Israel. NOTE: Adath Israel is kosher facility. No outside food or beverages allowed.
- At Adath Israel, the programs formerly called Brown Bag Lunches are now OLLI Samplers and offered 10:35 a.m.–12 p.m. No food or beverages allowed!
- Online and phone registration begins Mar. 10, 9 a.m. Mailed registrations will be processed beginning Mar. 10, 9 a.m.
- You may now opt to be placed on a wait list for a full course. See “WAIT LISTS” on p. 3.

REGISTRATION OPTIONS

1. Register online using a credit card at www.uc.edu/ce/olli. This is the fastest way to submit your registration. Instructions are below and on the online registration page. You will know immediately whether or not the classes you want are available.
2. Complete and mail in the registration form inside the back cover of this catalog. Include payment by check or credit card. Your registration will be processed in order of postal cancellation date. Because we have limited staff, it may take as long as 24 hours from when we receive your registration to when we are able to process it.
3. Call the office at 513-556-9186. Have your course list and credit card information ready. Be advised that we have only one telephone line and limited staff. It may take as long as 24 hours from when we take your call to when we are able to process your registration.

ONLINE REGISTRATION INSTRUCTIONS

NEW & IMPROVED! You can now register for your membership and classes in one transaction. Instructions follow.

1. **LOGIN.** Go to www.uc.edu/ce/olli and click on Register near the top left. Click **Login** in the shaded box at top left. If you are a new member, follow the instructions to **Create a New Account**. All others, login with email address. Each person must have an individual account and register separately.
2. **SUBSCRIBE.** Select your membership by clicking **Subscriptions** near the top of the shaded menu box. To select, click **View Dates, Select,** and **Add to Shopping Cart**. Skip this step if you purchased an annual membership in the fall or purchased your spring membership in advance.
3. **REGISTER FOR CLASSES.** From your **Shopping Cart/Pending Schedule**, click **Add Another Class**. To select courses, use the category listings in the shaded menu box on the left. For each course, click **View Dates to Select** and **Add to Shopping Cart**. Continue to **Add Another Class** to your **Pending Schedule** in this manner. Use **Remove Class** and **Recalculate Shopping Cart** to remove errors or duplicates.
4. **CHECK OUT.** When your **Pending Schedule** is complete, scroll to the bottom of the screen to select **Check-out and Complete Registration**. Complete all payment information and **Submit Payment**. You will receive an email confirming your payment and class schedule.

TROUBLE SHOOTING!

1. You cannot register for courses that meet at the same time on the same day. If you want to attend a one-time class or Extra Treat that meets during one of your multi-week classes, call the office at 513-556-9186. We can add the one-time class to your schedule.
2. If you have any questions or problems while you are registering, call the office at 513-556-9186. We are happy to help! Office hours are Monday–Friday, 9 am.–5 p.m. Be advised: the phones are very busy during registration.

Art & Art History

- 3623 Art of Our Time, Part 2, Modern and Contemporary (ADI-THU)
- 8521 Cincinnati Art Museum Tour: Art of Japan (OTHER-FRI)
- 8523 Cincinnati Art Museum Tour: Fashion (OTHER-FRI)
- 6020 The Columbus, Indiana, Community Inspires Great Architects (LRC-FRI)
- 8522 Rookwood Pottery Company Tour (OTHER-FRI)

Computers & Technology

- 3403 Become the Boss of Your iPhone/iPad (ADI-TUE)
- 3502 Become the Boss of Your iPhone/iPad (ADI-TUE)
- 3814 iPhones/iPads for Seniors—Advanced (Prerequisites) (ADI-THU)

Current Events, Law & Politics

- 3401 Federal Regulations—What They Are and How They Work (ADI-TUE)
- 3505 Foreign Policy (ADI-TUE)
- 5045 The Invisible War—Military Sexual Assault (SSC-WED)
- 4209 Let's Talk Current Events (TUC-TUE)
- 5041 The Lowdown on Domestic Violence (SSC-WED)
- 5047 Police Canines (SSC-WED)
- 2903 Presidential Performance (ADI-MON)
- 6018 Steve Chabot, Kevin Flynn: Is Our Government Broken? (LRC-FRI)

Exercise, Health & Wellness

- 4928 The Aging Brain: What Can You Change about Your Loss of Memory? (TUC-THU)
- 4106 Aging, Dementia, and Brain Health (TUC-TUE)
- 2902 Beginner Hatha Yoga (ADI-MON)
- 2711 Brain Health: How to Flex Your Mental Muscle as You Age (ADI-THU)
- 4914 Community Paramedicine Is Coming to Ohio (TUC-THU)
- 3213 Easy-Does-It Exercise (ADI-TUE)
- 6023 Ebola (LRC-FRI)
- 2709 An Introduction to Dynamic-Eating Psychology and Mind-Body Nutrition (ADI-THU)
- 2713 The Mind, Body, Spirit Connection for Living a Stellar Life (ADI-THU)
- 4409 Move Into Ease (TUC-THU)
- 5040 A Pancreas Transplant Changed My Life—And Still Does (SSC-WED)
- 3619 Tai Chi + (ADI-THU)
- 3327 Tai Chi Experience (ADI-TUE)
- 4212 Understanding Vipassana Meditation (TUC-TUE)

- 4507 Vipassana Meditation Practice (TUC-THU)
- 3909 Visits with Medical Specialists and Medical Experts (ADI-THU)
- 2503 We Hope You Won't Fall for This! (ADI-MON)
- 3335 Your Health Matters (ADI-TUE)

Financial & Retirement Planning

- 2835 Active Lifestyle Issues for Boomers Plus (ADI-MON)
- 3624 The Economics of Investing (ADI-THU)
- 3012 Financial Workshop for Retirees (ADI-MON)
- 3110 Hands-on Financial Planning Workshop (ADI-MON)
- 2632 How to Beat the High Cost of Dying (ADI-TUE)
- 2638 The Joys of Downsizing (ADI-TUE)
- 4510 Money Issues and Answers (TUC-THU)
- 3224 Plan a Comfortable Financial Future (ADI-TUE)
- 3408 Pros and Cons of Condos (ADI-TUE)
- 3508 Wealth Preservation (ADI-TUE)

Foreign Language

- 4006 Beginning American Sign Language (ASL) (TUC-TUE)
- 4311 French Conversation (TUC-THU)
- 3700 Spanish Conversations (ADI-THU)

continued on next page



RESEARCH VOLUNTEERS NEEDED



Interested in co-developing products and services with students at the University of Cincinnati? Your participation will help advance our research and help improve the quality of life across the lifespan.

To learn more about the Live Well Collaborative or to contact us about volunteer opportunities visit our website at:

LIVEWELLCOLLABORATIVE.ORG/GET-INVOLVED/VOLUNTEER/

Find the detailed class descriptions (listed by **class number**) beginning on page 8.

- ADI—Adath Israel
- SSC—Sycamore Senior Center
- LRC—Llanfair Retirement Community
- TUC—Tangeman University Center
- SGC—Spring Grove Cemetery
- OTHER—all other locations

Classes by CATEGORY

Gardening & Landscape

- 4924 The Art of Bonsai (TUC-THU)
- 7115 Blooms of Spring Grove (SGC-TUE)
- 2637 Growing Food in One Small Garden (ADI-TUE)
- 3812 Kitchen Gardening (ADI-THU)
- 6019 One Small Garden—Growing in Contained Spaces (LRC-FRI)

History & Social Sciences

- 5043 Amazing Ohio (SSC-WED)
- 5044 The Andrews Raid (SSC-WED)
- 3507 BBC *History of World War II*, Part 3 (ADI-TUE)
- 2712 Blacks in the Holocaust: The Rhineland Bastards (ADI-THU)
- 3410 Causes of WWII and the Cold War (ADI-TUE)
- 2509 Cincinnati Underground (ADI-MON)
- 2707 “Don’t Slice the Ham Too Thin” (ADI-THU)
- 6021 Every Bite a Taste of History: Food in History (LRC-FRI)
- 8205 Eyewitness Accounts of the Holocaust (OTHER-WED)
- 3113 First Ladies, Part 1 (ADI-MON)
- 2636 Gold Star Mothers: Pilgrimage of Remembrance (ADI-TUE)
- 4831 The Great American Eclectic: Professor John Uri Lloyd (TUC-TUE)
- 3009 History of Ireland, Part 2 (ADI-MON)
- 4004 Life in Ancient Greece and Rome (TUC-TUE)
- 8517 “Living Museum”: Tour and Tea at the Home of Bette Sherman (Morning) (OTHER-FRI)
- 8518 “Living Museum”: Tour and Tea at the Home of Bette Sherman (Afternoon) (OTHER-FRI)
- 8401 National Underground Railroad Freedom Center Tour (OTHER-FRI)
- 3334 Older and Wiser: Wisdom in the 21st Century (ADI-TUE)
- 2507 Once a Nazi (ADI-MON)
- 2506 Presidential Retreats: Where They Went and Why (ADI-MON)
- 2631 Remarkable Women You Should Know (ADI-TUE)
- 4832 Songs of Stephen Foster (TUC-TUE)
- 3010 War of the World, Part 2 (ADI-MON)
- 3223 Western Civilization Foundations, Part 3: Ancient Rome (ADI-TUE)
- 8520 World Peace Bell (OTHER-FRI)
- 4007 Work and Society (TUC-TUE)

Hobbies, Sports & Other

- 8200 Art and Hobby Workshop (OTHER-WED)
- 8100 Ballroom Dancing (OTHER-TUE)
- 2505 Baseball and the Presidency (ADI-MON)

- 4830 Before Labeling a Child: Parents/Grandparents as Advocates (TUC-TUE)
- 4925 Cincinnati Parks Volunteerism... Bringing on the Green (TUC-THU)
- 3808 Cincinnati Happenings (ADI-THU)
- 3108 Cincinnati Reds (ADI-MON)
- 2714 Classic Ball Parks of the Past (ADI-THU)
- 2635 How to Make a Radio Show or Series (ADI-TUE)
- 4926 Improvisation for Adults (TUC-THU)
- 8204 Lawn Bowling 101 (OTHER-WED)
- 2833 Origami (Paper-Folding) (ADI-MON)
- 4927 Restaurants We Have Known and Loved (TUC-THU)
- 3330 The Smiles Clinic (ADI-TUE)
- 2710 Stylized Floral Design Workshop (ADI-THU)
- 2905 Tarot—A Study of the Court Cards and the Minor Arcana (ADI-MON)
- 4828 Upstairs-Downstairs: Life and Times in a Bed and Breakfast (TUC-TUE)
- 3904 Wine Appreciation (ADI-THU)

Literature & Drama

- 3622 Best American Short Stories of 2014 (ADI-THU)
- 2900 The Color of Water (ADI-MON)
- 3411 Hero’s/Heroine’s Journey: *Henry IV, Part I* (ADI-TUE)
- 3111 James Joyce’s *Ulysses*, Part 2 (ADI-MON)
- 8406 Middle-to-Late 20th-Century Southern Novelists (OTHER-FRI)
- 2904 People in Poetry (ADI-MON)
- 3112 The Play’s the Thing (ADI-MON)
- 3331 Shakespeare Alive (ADI-TUE)
- 3908 Three Short Novels by John Steinbeck (ADI-THU)
- 3707 A Twist on How Plays Help in Understanding Families (ADI-THU)
- 3811 What’s Love Got to Do with It?...in 19th-Century Russia (ADI-THU)

Music

- 3409 Brief History of Classical Music, Part 3 (ADI-TUE)
- 3011 Enjoyment of Singing (ADI-MON)
- 4104 Exploring Opera (TUC-TUE)
- 4408 For the Love of Music (TUC-THU)
- 3504 Harmonica for Fun and Enjoyment (ADI-TUE)
- 2633 Music and Dance in Passionate Collaboration: Fanchon and Bonia Shur z”I (ADI-TUE)
- 2901 Music of the Greatest Composers of All Time (ADI-MON)
- 3906 Preview of Opera (ADI-THU)
- 8302 Sing Karaoke (SSC-THU)

Find the detailed class descriptions (listed by **class number**) beginning on page 8.

ADI—Apath Israel

LRC—Llanfair Retirement Community

SGC—Spring Grove Cemetery

SSC—Sycamore Senior Center

TUC—Tangeman University Center

OTHER—all other locations

- 8519 Symphony Rehearsal and Lunch (OTHER-FRI)
- 3007 *Wagner* Film Biography by Tony Palmer (ADI-MON)
- 3813 *Wagner Redux: Preludes and Highlights* (ADI-THU)
- 3503 *What's On* (ADI-TUE)

Philosophy & Religion

- 3506 *Bhagavad-Gita: The Most Renowned and Redeemable Hindu Book* (ADI-TUE)
- 3333 *By the Book—Jewish Sacred Liturature* (ADI-TUE)
- 6022 *Eastern Religions: A Different Approach to Faith* (LRC-FRI)
- 4215 *The Existentialist Movement* (TUC-TUE)
- 4922 *Fear, Fell Creatures, and Feudal Christians* (TUC-THU)
- 4318 *Ideas in Philosophy: Metaphysics* (TUC-THU)
- 3222 *Natural Philosophy 101* (ADI-TUE)
- 3910 *An Objective Look at the Sunday Bible Readings* (ADI-THU)
- 3809 *Religion beyond Dogma* (ADI-THU)

Photography

- 2834 *Adventuring into Photography* (ADI-MON)
- 3221 *The History of Photography and the Great Photographers* (ADI-TUE)
- 3703 *Intermediate Digital Photography Workshop* (ADI-THU)
- 4211 *Lightroom without Fear: Processing Your Photographs* (TUC-TUE)
- 4827 *Meet a Photojournalist for the Cincinnati Enquirer* (TUC-TUE)
- 8203 *Photography Workshop Challenges* (SSC-WED)
- 3603 *Yes! You Can Become a Better Photographer* (ADI-THU)

Science, Math & Psychology

- 4826 *Cincinnati Observatory Center: Birthplace of American Astronomy* (TUC-TUE)
- 3722 *Development of Commercial Aviation* (ADI-THU)
- 4511 *Historical Geography of Ohio* (TUC-THU)
- 2504 *The Human Faces of Climate Change* (ADI-MON)
- 4509 *The Nature of Earth, Part 3* (TUC-THU)
- 2502 *Saving Species with Science at the Cincinnati Zoo* (ADI-MON)
- 3807 *Steps into Space, Part 16* (ADI-THU)
- 2508 *Why Does Paleontology Matter? Relevance of the Past to the Present and the Future* (ADI-MON)

Self-Improvement

- 3721 *Breaking Bad Habits* (ADI-THU)
- 3204 *Clean Up the Clutter* (ADI-TUE)
- 4214 *Dispute Resolution: Negotiating and Mediating through Conflict* (TUC-TUE)

- 3225 *Eldership 2.0—The Conversation Continues* (ADI-TUE)
- 4818 *Hospice Philosophy as a Way of Life* (TUC-TUE)
- 3107 *How to Improve Your Memory* (ADI-MON)
- 3612 *You Can Change How You Feel* (ADI-THU)

Stage & Screen

- 6017 *The Amazing Career of Cincinnati's Doris Day* (LRC-FRI)
- 5042 *Downton Abbey, Season 5—Beyond the Frame* (SSC-WED)
- 5046 *Fun with Laurel and Hardy: Har, Har!* (SSC-WED)
- 3621 *Hooray for Hollywood Musicals, Part 5* (ADI-THU)
- 3720 *"Loesser" Known Broadway Musicals, Part 8* (ADI-THU)

Travel

- 2634 *110 Days In China* (ADI-TUE)
- 4923 *The Mysteries of Easter Island* (TUC-THU)
- 3008 *The Stately Homes of England* (ADI-MON)

Writing

- 3810 *Fiction Writing* (ADI-THU)
- 3723 *Master the Magic of Wordcraft* (ADI-THU)
- 4829 *OLLI Writers Read* (TUC-TUE)
- 4103 *Poetry Writing Workshop* (TUC-TUE)
- 3109 *Take Hold of Your Life by Journaling* (ADI-MON)
- 4005 *Writing from Life* (TUC-TUE)

Speakers Bureau

**HELP US SPREAD
THE JOY OF
LEARNING**

We welcome the opportunity to speak to your church, club, or professional organization about OLLI. We will provide a 15-minute presentation on OLLI and bring brochures and catalogs to share.

Contact Sally Peterson at speterson@fuse.net

Find the detailed class descriptions (listed by **class number**) beginning on page 8.

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Class descriptions by CLASS NUMBER

2502 Saving Species with Science at the Cincinnati Zoo

Monday, Mar. 30, 10:35 am–12 pm (ADI)

The Carl Lindner Family Center for the Conservation and Research of Endangered Wildlife (CREW) at the Cincinnati Zoo and Botanical Garden is a state-of-the-art facility staffed by internationally recognized scientists. These scientists are at the forefront of research dedicated to saving endangered plants and animals from extinction. Come and listen to what is currently happening at CREW.

Moderator: Fouad Ezra

2503 We Hope You Won't Fall for This!

Monday, Apr. 6, 10:35 am–12 pm (ADI)

Why and how do falls typically happen? The Butler County Fall Prevention Task Force will be providing solutions on how to prevent falls and what to look for in your home environment that would be a potential for causing a fall.

Co-Moderators: Jane Ripberger and Terri Ellsworth

2504 The Human Faces of Climate Change

Monday, Apr. 13, 10:35 am–12 pm (ADI)

Kam n bane ni mauri. Welcome to Kiribati, a nation vanishing because of the effects of climate change. I am sharing with you the stories of friends and families who live under the constant threat of ecological disaster. This is not a discussion about the science of or politics of climate change. This is a story about the human faces of climate change. Come and hear their experiences. See what their lives have been like for more than a decade and what ours may soon be.

Moderator: Michael Roman

2505 Baseball and the Presidency

Monday, Apr. 20, 10:35 am–12 pm (ADI)

This 75-minute PowerPoint presentation (including questions) is entertaining, informative, and appealing to anyone who is interested in our two national pastimes: baseball and the presidency. Since 2008, I have presented this program at the Eisenhower, Truman, Ford, FDR, and Lincoln presidential libraries and museums, the Baseball Hall of Fame in Cooperstown, NY, and the Smithsonian American Art Museum.

Moderator: Mel Marmer

2506 Presidential Retreats: Where They Went and Why

Monday, Apr. 27, 10:35 am–12 pm (ADI)

Even the presidents of the United States need to get away. Some chose the mountains, others the seashore. From Jefferson and FDR to Kennedy and more, come hear about their special retreats.

Moderator: Deb Price

2507 Once a Nazi

Monday, May 4, 10:35 am–12 pm (ADI)

A controversial documentary about an esteemed Canadian professor who admits after almost 50 years his past life and who becomes the sole witness at the trial of a former SS Officer in Germany. We will view and discuss this documentary.

Moderator: Hirsh Cohen

2508 Why Does Paleontology Matter? Relevance of the Past to the Present and the Future

Monday, May 11, 10:35 am–12 pm (ADI)

Paleontology is often thought of as an esoteric science without much application to modern questions. Yet, the entire foundation of what we know about Earth and its processes comes from the scientific legacy of paleontology. This lecture will delve into the reasons why paleontology has direct relevance to the biggest scientific questions of our time.

Moderator: Brenda Hunda

2509 Cincinnati Underground

Monday, May 18, 10:35 am–12 pm (ADI)

No, this is not about our city's almost subway! We will "visit" some of the region's most famous cemeteries and their "residents" who made this corner of Ohio famous.

Moderator: Deb Price

2631 Remarkable Women You Should Know

Tuesday, Mar. 31, 10:35 am–12 pm (ADI)

March is Women's History Month. Come meet Nobel and Pulitzer prize winners, architects, doctors, lawyers, and even an Indian chief. Many of these remarkable women you may not have heard of.

Moderator: Deb Price

2632 How to Beat the High Cost of Dying

Tuesday, Apr. 7, 10:35 am–12 pm (ADI)

An overview as how simple funeral pre-planning can save hundreds and even thousands of dollars while also eliminating the severe emotional stress on children, family members, or friends who would have to make difficult decisions of your behalf at the time of death.

Moderator: Jim Milner

2633 Music and Dance in Passionate Collaboration: Fanchon and Bonia Shur z"l

Tuesday, Apr. 14, 10:35 am–12 pm (ADI)

The music of Bonia Shur z"l and his rhythm and sound techniques and Fanchon Shur's choreographies together create inspirational sources for communities, audiences, and individuals to express the full range of human emotion, awaken courage, and seamlessly evoke vitality. Students will view films of sacred ceremonies and breakthrough choreographies that evoke states of mind and being, and Fanchon will teach excerpts in motion, guiding students in dance, embodiment, sound, rhythm, and form that invite greater freedom and vitality. Wear comfortable clothing and dance or athletic shoes. Physical participation is not required.

Moderator: Fanchon Shur

2634 110 Days In China, Part 3

Tuesday, Apr. 21, 10:35 am–12 pm (ADI)

My wife, Joan, and I would like to tell you about our trip to China in 2013. We spent almost four months there teaching high school. We would like to focus on the short trips we took in and around Guangxi when we had holidays.

Co-Moderators: Gene and Joan Jessee

2635 How to Make a Radio Show or Series

Tuesday, Apr. 28, 10:35 am–12 pm (ADI)

Learn how to produce a radio show from initial conception, conducting research, finding music or content, planning the elements, and recording/editing the show.

Moderator: Jim Milner

2636 Gold Star Mothers: Pilgrimage of Remembrance

Tuesday, May 5, 10:35 am–12 pm (ADI)

From 1930 to 1933, the US government took more than 6,500

World War I mothers and widows overseas to visit their loved ones' graves. My talk draws upon my recent book and PBS documentary to tell a fascinating and forgotten story. Please visit my website <http://www.pilgrimageofremembrance.com> to learn more.

Moderator: John Graham

2637 Growing Food in One Small Garden

Tuesday, May 12, 10:35 am–12 pm (ADI)

The power of knowing and growing a small bit of one's own food is much greater than the space and tools needed. Learn to weigh the considerations and how to implement some simple techniques for growing living soils and food in the confines of small spaces. Learn how to achieve macro growth with micro effort in one small garden.

Moderator: Juliann Gardner

2638 The Joys of Downsizing

Tuesday, May 19, 10:35 am–12 pm (ADI)

Shedding a lifetime accumulation of furniture and home accessories can be difficult. But it's often liberating, and you can help great causes in the process.

Moderator: Anne Arenstein

2707 "Don't Slice the Ham Too Thin"

Thursday, Apr. 2, 10:35 am–12 pm (ADI)

The story of Fred Harvey and the Harvey Girls. Beginning in 1875 and for more than 60 years, Fred Harvey "branded" the West with his hotels, restaurants, bookstores, southwest tourism, and arts and crafts. He was a pioneer in the employment of women and partnered with the Santa Fe Railroad to civilize the West.

Moderator: Bill Deitzer

2709 An Introduction to Dynamic-Eating Psychology and Mind-Body Nutrition

Thursday, Apr. 16, 10:35 am–12 pm (ADI)

Originated by Marc David, founder and director of the Institute for the Psychology of Eating, this certified coach will reveal the psycho-physiology of how thoughts, feelings, beliefs, and stress impact our digestion, calorie burning, and nutritional status. This course will change the way you view

Class descriptions by CLASS NUMBER

eating, body image, and nourishment as you are introduced to the world of mind-body nutrition and dynamic-eating psychology.

Moderator: Debbie Leimgruber

2710 Stylized Floral Design Workshop

Thursday, Apr. 23, 10:35 am–12 pm (ADI)

CLASS LIMIT: 24

Create your own contemporary floral arrangement with the expert help of Michelle Knue, owner of Peter Gregory Florist. You'll learn basic floral design, proper care of cut flowers, plus the opportunity to ask your own questions. Important: workshop fee of \$15 payable in class. Fee includes fresh flowers, container, foam, greenery, and floral supplies. We'll use the floral container Michelle provides. Please bring \$15 correct change or a check made out to Peter Gregory Florist.

Moderator: Michelle Knue

2711 Brain Health: How to Flex Your Mental Muscle as You Age

Thursday, Apr. 30, 10:35 am–12 pm (ADI)

Developing a brain disease or injury as you age depends on a mix of your family's genes, environment, and health choices. Presenter Tom Rotz will offer insights into brain health as you age, including good health and the aging brain, threats to brain health, and tips for maintaining and improving brain health, as recommended by the National Institutes of Health and the CDC.

Moderator: Tom Rotz

2712 Blacks in the Holocaust: The Rhineland Bastards

Thursday, May 7, 10:35 am–12 pm (ADI)

German women bore children by African soldiers during the war. Hitler ordered the biracial children be taken away from their mothers. The boys were castrated ensuring they could not impregnate any German women. The children met with the same fate as their Jewish counterparts: they were placed in the concentration camps awaiting execution. The Holocaust Museum in Washington, DC, has photos of these unknown and forgotten children in their archives. Suggested reading: *Destined to Witness: Growing Up Black in Nazi Germany* by Hans J. Massaquoi (1999).

Moderator: Tambura Omoiele

2713 The Mind, Body, Spirit Connection for Living a Stellar Life

Thursday, May 14, 10:35 am–12 pm (ADI)

What are the connections among mind, body, spirit, and aging? In this presentation, Tom Rotz will review how mental, physical, and spiritual fitness is connected to overall health and aging. He'll also offer tips to reduce stress, improve health, and make good choices to help you age gracefully and enjoy a stellar life in retirement!

Moderator: Tom Rotz

2714 Classic Ball Parks of the Past

Thursday, May 21, 10:35 am–12 pm (ADI)

This course will explore classic ball parks of the past. It will cover important games in each venue, stadium architecture and dimensions, and the key individuals behind the construction of each ball park. Cincinnati's Palace of the Fans and Crosley Field will be included in the course.

Co-Moderators: Mark Bricker and Gary Thiergartner

2833 Origami (Paper-Folding)

Mondays, 9:15–10:15 am (ADI)

6-WEEK COURSE: Mar. 30–May 4

CLASS LIMIT: 12

You will learn one or two origami figures per class (repeating each, in a variety of paper, as time allows). Become a "master" at making Hopping Frog, Flying Bird, Bunny Face, 4x6 Photo Frame, Star Box, Nodding Dog, Sailboat, and Tulip with Stem and Leaf. In your first class, the instructor will collect a fee of \$3 for the materials she provides for your origami projects. NOTE that this hour-long class begins at 9:15 am.

Moderator: Linda Kegg struggled to learn origami from books. She wants to make it easier—and a lot more fun—for you.

2834 Adventuring into Photography

Mondays, 9–10:25 am (ADI)



Don't throw your camera into the river: take this course. Have fun with photography while we figure out the elements of good photographs and practice making and sharing them. We'll examine great photographs and listen to what experts say about making good ones. You'll shoot the subjects you like and astound family and friends on how well you're doing. After you register, please email me at pnord@fuse.net so that I may send you instructions for the class.

Moderator: Peter Nord, PhD, has more than 50 years' experience in various aspects of photography.

2835 Active Lifestyle Issues for Boomers Plus

Mondays, 9–10:25 am (ADI)

Maintaining an active lifestyle is credited with living a healthy and productive life for seniors. Staying active in retirement by engaging in hobbies, remaining mobile, maintaining friendships, and dealing with stress helps to reduce isolation and depression. This is true for healthy seniors and those with mobility limitations. This course will address eight varied topics that provide important strategies and ideas for maintaining an active and engaged lifestyle. Presented by Cincinnati Senior Connection, a group of experienced local professionals providing resources relative to the senior community such as advocacy, independent living solutions, transitioning from the home, and financial management.

Moderator: Beth McCarty OTR/L, ATP, is an occupational therapist who specializes in technology, home modifications, and independent living solutions for seniors. She is a member of Cincinnati Senior Connection.

2900 The Color of Water

Mondays, 10:35 am–12 pm (ADI)

6-WEEK COURSE: Mar. 30–May 4

CLASS LIMIT: 22

Enjoy this riveting story that begins in 1942 when an Orthodox Jewish woman marries an African American man. Learn about the family's struggle for acceptance as they struggle to find a place to belong among the two communities. Marvel at the successes of her 12 children. Intergrated in the class discussion will be a review of the civil rights movement during relevant time periods.

Moderator: Barbara Solomon has been a lifelong teacher and lover of history. Because she taught in a Columbus inner-city school during the 1970s, she has some firsthand knowledge of the struggle to integrate our schools.

2901 Music of the Greatest Composers of All Times

Mondays, 10:35 am–12 pm (ADI)

We will listen to and discuss the music of the great composers: Bach, Beethoven, Chopin, etc. Included will be biographical details and the general evolution of music from the Baroque to the 20th century.

Moderator: Cliff Pleatman is a retired physician who has played piano for 50 years and listened to and studied music throughout his life. Music is his passion. He studied piano with concert pianist Sergei Polusmiak.

2902 Beginner Hatha Yoga

Mondays, 10:35 am–12 pm (ADI)

A first step into Hatha Yoga and Yoga Philosophy. Participants will take home a yoga asana (posture/poses) practice as well as pranayama (breathwork) and meditation.

Moderator: Pamela Brown, 200 hour RYT, Yoga Therapist level one, Trauma Sensitive Yoga Therapist level one.

2903 Presidential Performance

Mondays, 10:35 am–12 pm (ADI)

CLASS LIMIT: 25

One's style, world view, and personality shape performance in the White House. These affect and are affected by public opinion, economic conditions, and security issues.

Moderator: Dennis O'Keefe, PhD, political science, experienced professor of American politics.

2904 People in Poetry

Mondays, 10:35 am–12 pm (ADI)

CLASS LIMIT: 25

Gain insight into your life as you reflect on universal experiences of memorable characters created by Shakespeare, Milton, Dickinson, Robinson, Frost, Hughes, Collins, Olds, and others. What do characters in poetry show us about human relationships and the challenges and possibilities we face in our journeys through life? How have others coped with the changing world, an aging body, raising children, or experiencing injustice, disillusionment, loss, death, and war? What insight into ourselves and society do we gain from reading about others' experiences? Poems will be read and interpreted in class and then related to our lives and society.

Moderator: Kathy Richardson taught English and history and served as an administrator at Seven Hills School for 42 years. She also taught in Wuhan, China, in 1982. Now she volunteers with Cincinnati-Liuzhou Sister Cities committee, reads for Radio Reading Services, and takes and teaches courses at OLLI.

Class descriptions by CLASS NUMBER

2905 Tarot—A Study of the Court Cards and the Minor Arcana **NEW**

Mondays, 10:35 am–12 pm (ADI)

CLASS LIMIT: 15

Emphasis on the Tarot Court and numbered cards from a variety of vintage and modern decks with a focus on symbolism, artistic design, and interpretive techniques. Recommended text: *78 Degrees of Wisdom* by Rachel Pollack (\$15, Amazon.com).

Moderator: Donata Glassmeyer, MA, English literature, UC. Additional studies in Jungian archetypes and cross-cultural symbolism.

3007 Wagner Film Biography **NEW** by Tony Palmer

Mondays, 1–2:25 pm (ADI)

CLASS LIMIT: 30

Eight classes studying Richard Wagner's biography as presented in the seven-hour epic film *Wagner* by Tony Palmer. This amazing film features Richard Burton as Wagner and an outstanding international cast. A class discussion will follow each viewing session.

Moderator: Jim Slouffman has been an artist and educator for more than 40 years. He received his BFA from Wright State Univ. and MFA from UC. He taught at the Art Academy of Cincinnati, NKU, and UC Evening College prior to starting a lengthy tenure at Antonelli College. He now devotes most of his time between two arts organizations he founded.

3008 The Stately Homes of England **NEW**

Mondays, 1–2:25 pm (ADI)

This eight week course will take OLLI students on a tour of some of the most spectacular (and less well known) stately homes of England. This will be an opportunity to see where monarchs and nobles once walked, lived, and played. History, architecture, decor, art, and beautiful gardens all combine to give a unique insight into how the rich and famous once (and still do) occupied these magnificent homes.

Moderator: Keith Marriott, MEd, former professor of education and traveler with a love of teaching and lifelong learning.

3009 History of Ireland, Part 2

Mondays, 1–2:25 pm (ADI)

Ireland preserved civilization when barbarians overran Europe, sent missionaries to revitalize the Continent, absorbed Viking and Norman invaders, and for 850 years has resisted domination by Great Britain. Part 2 will begin with the Irish Potato Famine and end with "The Troubles" in Northern Ireland of the past few years.

Moderator: Philip S. Thompson's major fields of study are history, political science, law, management, and literature.

3010 War of the World, Part 2 **NEW**

Mondays, 1–2:25 pm (ADI)

This is a continuation of the earlier course, starting in 1920 and tracing what the Great War revealed about the direction of the 20th century and what we are still dealing with in this unending dialectical process—the continuing collapse of the Russian economy, the growing economic oligarchy in the US, and the Middle Eastern civil war find their mirrors in the revelations of WWI, Versailles, and Sèvres.

Moderator: Bob Sauerbrey has taught literature, classical languages, theater, and theology in high school and college since 1967. He has an AB in philosophy and classical languages from Loyola Univ., Chicago; MEd in social, psychological, and philosophical foundations in education from UC; and MA in theology from XU.

3011 Enjoyment of Singing **UPDATED**

Mondays, 1–2:25 pm (ADI)

CLASS LIMIT: 35

This class is for men and women who have studied singing and for those who would like to. We will focus on breath, posture, tone, and body presence in a supportive and relaxed atmosphere. Songs from the classical, musical theater, and folk repertoire will be used in solo, duet, and group situations. Ability to read music is helpful but not necessary.

Moderator: Elizabeth Dodd, professor of music performance (vocal) for almost 30 years at Univ. of Tulsa, OK, and Univ. of Evansville, IN. Performed professionally in opera, music theater, and oratorio. Taught at Operafestival di Roma, Rome, Italy, for 14 summers.

3012 Financial Workshop for Retirees

Mondays, 1–2:25 pm (ADI)

Retirement can be complicated. In this class, we help you make sense of planning and living a successful retirement by going back to the fundamentals. Topics covered will be the foundations of investing, the rules of the road, building an investment income, making your money last, healthcare and Medicare, protecting what's important, and preparing your estate plan. Guest speakers will include a Medicare specialist and an estate-planning attorney.

Moderator: Brandon Blackford, AAMS®, CRPC®, has been a financial advisor with Edward Jones for three years helping families with retirement income planning and asset preservation. He is also actively involved in the community, serving on two nonprofit boards.

3107 How to Improve Your Memory

Mondays, 2:35–4 pm (ADI)

Recent research has indicated that there are “super seniors” whose brains have withstood dementia diseases through education and exercise. To improve memory, this course will use such brain exercises as rhyming pegs, links, phonic pegs, and several mnemonic devices. It should be a fun and useful experience.

Moderator: Neal Jeffries is an engineer who teaches OLLI courses on new technology, memory improvement, current affairs, and adventure travel. This memory course has been revised to be more effective in actually improving the memories of the participants, not just talking about it.

3108 Cincinnati Reds

Mondays, 2:35–4 pm (ADI)

The course will include a fresh look at some familiar topics and questions in Reds history, from greatest players to greatest seasons, from 1869 to 2015. This course includes two field trips to be held during regular course meeting time. Moderator Greg Rhodes has written several books on the Reds and will be joined for some classes by guest speakers.

Moderator: Greg Rhodes is the Cincinnati Reds team historian and former director of the Reds Hall of Fame and Museum. He has written several books on the Reds, including one on the 1869–70 Red Stockings.

3109 Take Hold of Your Life by Journaling

Mondays, 2:35–4 pm (ADI)

2-WEEK COURSE: Mar. 30–Apr. 6

This two-session course will focus on the many facets of journaling and will include an outside journaling exercise between classes. The journaling subjects will include great well-known journalists, benefits of journaling, various ways to journal, creative journaling, journaling prompts, meditative journaling, spiritual journaling, writing techniques, getting to know yourself better by journaling, and deciding what kind of journaling suits you.

Co-Moderators: Carol Braddock published *The Prayor: One Who Prays*, a yearlong daily journal with Bible verses and prayers to encourage readers to create a journal of prayers. In spring 2013, she participated in the OLLI course African American Women Stirring the Waters, presenting her author icon, Maya Angelou. Patricia Ellis is a nationally known public speaker who focuses on African American history and civil rights. She taught in the Hamilton, OH, public schools for 34 years and is currently one who journals.

3110 Hands-on Financial Planning Workshop

Mondays, 2:35–4 pm (ADI)

CLASS LIMIT: 25

Financial planning works best when it is an interactive process. Discover what comprises a well constructed financial plan. From retirement planning to investments, estate planning, long-term care, and gifting strategies—we cover it all. Appropriate for all levels—advanced or beginners. Warning... this class does involve “homework.”

Moderator: Bob Carroll is a veteran OLLI moderator and managing director of Carnegie Investment Counsel in Cincinnati. He is both a CPA and a Certified Financial Planner.

3111 James Joyce's Ulysses, Part 2

Mondays, 2:35–4 pm (ADI)

The few, the proud, the readers of *Ulysses*. If you love literature, Joyce wrote *Ulysses* for you. Astonishingly humorous, it is a story of journey, love, life, and redemption. Joyce does not interpret *Ulysses* but allows you to construct its meaning for yourself. Text: *Ulysses*, Gabler Edition. We will read the second half of the novel in this course. Please read chapter 10, “Wandering Rocks,” for the first session.

Moderator: Philip S. Thompson's major fields of study are history, political science, law, management, and literature.

Class descriptions by CLASS NUMBER

3112 The Play's the Thing

UPDATED

Mondays, 2:35–4 pm (ADI)

CLASS LIMIT: 25

Comedies, tragedies, one-act plays, improvisations... we do them all. And all without memorizing a single word. Whether you are inexperienced or have acted previously, you are going to find our class enjoyable and entertaining. You may help choose the plays, read parts, direct/produce, or just be part of the audience. The choice—and the fun—is yours.

Co-Moderators: Flo Sterman-Schott and Karen Zaugg are theater enthusiasts.

3113 First Ladies, Part 1

UPDATED

Mondays, 2:35–4 pm (ADI)

CLASS LIMIT: 30

Jackie Kennedy hated the term “First Lady” because she said it made her sound like a show horse, while Martha Washington never heard it at all. Love it or hate it, it is probably one of the more complicated jobs in the world, and she is neither asked if she wants to do it nor gets paid to carry it out. Throughout 233 years of American history, 50 women have served 44 presidents as partner and hostess. Their stories are often glossed over or lost to posterity. In this class, we will revisit and reclaim them all.

Moderator: Judith Sauerbrey is a retired professor of women's studies and director emerita of women's studies at the College of Mt. St. Joseph. She is an avid reader, lifelong student of history, writer, and hopelessly addicted quilter.

3204 Clean Up the Clutter

UPDATED

Tuesdays, 9–10:25 am (ADI)

CLASS LIMIT: 25

Have you been trying (unsuccessfully) to organize clutter? You cannot organize clutter; you must get rid of it. Learn to deal with the emotional attachment to clutter. Don't leave years of indecision/clutter behind to burden your loved ones. Recycle what you don't need, use, or love. Close the accountability gap between intentions and results. Just 15 minutes a day to do it your way. Enjoy the peace of clean, clear uncluttered spaces. Less is more; More is less, Clean Up the Clutter; Get rid of the mess. Make it fun, and it WILL get done. This class is FUN!

Moderator: Carol L. Kormelink is a retired clutter consultant. She will share what has/has not been helpful in her journey to retire perfectionism.

3213 Easy-Does-It Exercise

Tuesdays, 9:25–10:15 am (ADI)

CLASS LIMIT: 35

Enjoy a wide variety of low-key exercise (sitting in a chair or standing) for range-of-motion, balance, posture, breathing, and muscle tone—and a smile! No floor exercise. No routines to learn. Music makes the time fly. Before you begin any exercise program, get your doctor's advice. NOTE: this 50-minute-long class starts at 9:25 am.

Moderator: Linda Kegg taught yoga and “Move to Music” classes for more than 30 years at Blue Ash Recreation Center, Blue Ash YMCA, etc.

3221 The History of Photography and the Great Photographers

NEW

Tuesdays, 9–10:25 am (ADI)

CLASS LIMIT: 14

If you're interested in photography, you owe it to yourself to become familiar with its history and with some of the greats. The first session will lay the foundation for future discussions. We'll cover the development of photography, some of its 19th-century pioneers, and the Pictorialist movement of the late-19th and early-20th centuries. During the later sessions we'll discuss photographers such as Stieglitz, Weston, Adams, and Cartier-Bresson, among many others. Pre-class, you will read online biographical information, and during class we'll review high points of their careers and look at and discuss some of their famous photographs.

Moderator: Michael Stoyak retired from the IRS in 2012 after 29 years mostly teaching and managing nationwide leadership training programs. A long-time photography hobbyist, he became interested in the great photographers after reading *The Daybooks of Edward Weston* and a biography of Alfred Stieglitz. Other interests include playing the double bass and golf.

3222 Natural Philosophy 101

UPDATED

Tuesdays, 9–10:25 am (ADI)

In the global information age, how do we answer eight timeless questions that our grandchildren might ask about nature and knowing: what are time, matter, energy, heat, light, life, information, and what does it all mean? We will focus on the evolution of the best scientific and philosophical theories in current use. Through timelines and dialogue, we will try to construct answers that are simple but not too simple. Suggested reading: *Galileo's Finger* by Peter Atkins and *The Grand Design* by Stephen Hawking and Leonard Mlodinow.

Moderator: Kirtland E. Hobler, MS, MD; retired general surgeon.

3223 Western Civilization Foundations, Part 3: Ancient Rome 

Tuesdays, 9–10:25 am (ADI)
CLASS LIMIT: 26

Roman literature and history conclude our study of two ancient classical civilizations. Weekly, we'll read and discuss history and literature (Lucretius, Catullus, Livy, Virgil, Ovid, and others). Further, we'll explore samples of Rome's contribution to Western culture—engineering, laws, philosophy, the arts, religion, and significant republic and empire leaders and events. If interested, please acquire a copy of Bernard Knox's *Norton Book of Classical Literature*, W.W. Norton, 1993, and read the Rome preface and selections on Lucretius, Catullus, and Livy for the first class.

Co-Moderators: Dean Moore—precollege and college educator, three degrees, Ohio Univ. and UC; Kathy Baker—precollege history and Chinese cooking teacher, BA and BS, UC; Sally A. Peterson—BA, Texas Christian Univ., and MA, Georgia State Univ. (French/English); Betty Beaumont, BA, classics, Univ. of Tennessee, MBA, Univ. of North Carolina.

3224 Plan a Comfortable Financial Future 

Tuesdays, 9–10:25 am (ADI)
CLASS LIMIT: 25

Take control of your financial affairs. Learn about the world of finances in retirement. Learn how to make your own plan. Address real-life concerns with tools that will last a lifetime. This knowledge will help you become more confident in making intelligent decisions to pursue your overall goals and improve your financial future. Full-color graphics to explain financial concepts will be used. Moderator will provide a 164-page interactive workbook packed with self-analysis quizzes as well as colorful charts, graphs, and explanations that follow the course. This valuable resource helps participants apply what they learn to their personal financial situations.

Moderator: Gary E. Hollander, CFP, has been providing financial educational workshops for more than 39 years and has been awarded "FIVE STAR Best in Client Satisfaction Wealth Manager" for the past 7 years by Cincinnati Magazine. He is president of Hollander & Associates LLC since 1976.

3225 Eldership 2.0—The Conversation Continues 

Tuesdays, 9–10:25 am (ADI)
CLASS LIMIT: 15

Becoming an "elder" has lost most of its meaning in our culture. Yet eldership presents the promise of wise leadership for the greater good. Continuing our exploration of the topic, we will take a more focused look at the concept of eldership from different authors and perspectives with the goal of creating an intentional eldership stance and practice. This course will explore the potentially transformative nature of aging and the importance of developing wisdom in the second half of life. Please join us whether you have taken the previous eldership course or not.

Moderator: Rick Warm has a PhD in leadership and change from Antioch Univ. and is director of the Center for Wisdom in Leadership, a newly founded research and educational organization based in Cincinnati.

3327 Tai Chi Experience

Tuesdays, 10:35 am–12 pm (ADI)
CLASS LIMIT: 50

This course offers an introduction to the graceful, soft martial art of tai chi. Patient instruction allows individuals to proceed at their own pace and ability. As a gentle physical exercise form, doing tai chi can lead to increased stamina and muscle tone, improved balance, and more effective breathing. As a form of "meditation in motion," tai chi can provide mental benefits of stress reduction and relaxation. Performing tai chi can be used as a convenient and effective regular exercise program.

Moderator: David Schiel is a tai chi enthusiast.

3330 The Smiles Clinic 

Tuesdays, 10:35 am–12 pm (ADI)
CLASS LIMIT: 26

Are you interested in the history of American humor and the comedians who taught you to smile? Are you sometimes depressed and feel like you have been run over by a Chinese terracotta army? Well get off your couch and join our Smiles Clinic where we will not only learn about comedy but also watch comedians in action and learn to write jokes. Access a copy of Laurence Maslon's *Make 'Em Laugh: The Funny Business of America*, 2008. Please read introduction through Harpo Marx of chapter 1 for the first class.

Co-Moderators: Dean Moore, precollege and college educator, three degrees from Ohio Univ. and UC. Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for several years.

Class descriptions by CLASS NUMBER

3331 Shakespeare Alive

UPDATED

Tuesdays, 10:35 am–12 pm (ADI)

Discover the joy of reading Shakespeare aloud in a relaxed, informal atmosphere. We will cover *Henry IV, Part 1*, and *The Merry Wives of Windsor* during the eight-week session. Class members will read the different parts and participate in a lively discussion. No memorizing or acting experience required—just a love of Shakespeare. Bring a copy of the play to the first class.

Co-Moderators: Heather Arden is a retired UC professor and medievalist. She has taught early and modern French drama and has enjoyed a lifelong enthusiasm for Shakespeare's plays. Sally Moore is a graduate of the London School of Economics, retired director of Research Services, Convergys, Inc., and admirer of Shakespeare's genius and relevance to today.

3333 By the Book— Jewish Sacred Literature

NEW

Tuesdays, 10:35 am–12 pm (ADI)

Jews have wrestled with understanding holiness and revealing its presence in the world for 3,000 years. Records of this effort are preserved in sacred writing passed from generation to generation. The wisdom and insights contained within some of these writings have impacted the entire world. Some have shaped the Jewish community, others are known but to a few. We will learn about some of these sacred texts and read short excerpts to discover some of their wisdom for ourselves.

Moderator: Rabbi Eric Slaton, a graduate of Hebrew Union College in Cincinnati, serves the Conservative synagogue Beth Israel in Hamilton, OH. He has taught at Univ. of KY, Transylvania Univ., Miami Univ. ILR, and Temple Bible College. He has worked as a prison and civilian Air Force chaplain.

3334 Older and Wiser: Wisdom in the 21st Century

Tuesdays, 10:35 am–12 pm (ADI)

The topic of wisdom has become in vogue in recent years. There has been extensive empirical research on the subject as well as increased availability of wisdom literature and philosophies from different cultures. Excitingly, there is increased evidence that both individuals and humankind in general can actually become wiser. This class will explore the notion of wisdom from different perspectives and examine various possibilities for developing wisdom—understanding that becoming “wise” is not the point of the journey.

Moderator: Rick Warm has a PhD in leadership and change from Antioch Univ. and is director of the Center for Wisdom in Leadership, a newly founded research and educational organization based in Cincinnati.

3335 Your Health Matters

UPDATED

Tuesdays, 10:35 am–12 pm (ADI)

CLASS LIMIT: 30

National Geographic magazine showcased Seventh Day Adventists as one of three people groups in the world with noteworthy health habits. This course will look at the Adventist perspective on health habits, including topics such as nutrition, exercise, water, stress management, moderation, pure air, rest, etc.

Moderator: Jeba Moses, pastor of the Clifton Adventist Church, doctorate in theology with secondary emphasis in health.

3401 Federal Regulations— What They Are and How They Work

UPDATED

Tuesdays, 1–2:25 pm (ADI)

CLASS LIMIT: 25

The history of federal regulations and the legal processes controlling all federal agencies will be reviewed. We will discuss current events and the role of the various federal agencies in carrying out the will of the people. Citizens' rights and responsibilities will be explored as well as how they are being shaped by current cases before the Supreme Court.

Moderator: Lee Tougas is past adjunct professor of administrative law at Concordia Univ., River Forest, IL; retired global entrepreneur; and Navy captain, retired.

3403 Become the Boss of Your iPhone/iPad

UPDATED

Tuesdays, 1–2:25 pm (ADI)

CLASS LIMIT: 10

These are computers that can enrich your life in many ways. We will look at what you can do and why you'd want to do that. Learn to manage your device by using settings. Then we'll look at all the standard “stuff” that came with it along with tools for learning about your i-device. Then there are apps: travel, news and weather, health, learning, utilities, and more. Hands on: bring your device and questions to class!

Moderator: Jill Mitchell bought an Apple II in 1982 and taught herself to program. Retired from computer software development and support. Gave up her flip phone for an

iPhone because of the calendar. Still thrilled each time she finds something new to do with these toys. Her jaded past includes a BS Ed. OSU and various graduate courses at NC State, UC, and XU.

3408 Pros and Cons of Condos 

Tuesdays, 1–2:25 pm (ADI)

If you are thinking of buying into a community association (condominium or landominium) or if you have already purchased one, this class can be your source of helpful and practical information. Nancy Schpatz has more than 30 years' experience living in, administering, and teaching about the advantages and disadvantages of condo living. She will discuss the general principles of condo living as well as address your specific, individual condo questions.

Moderator: Nancy Schpatz, a native of Washington, DC, received her JD from George Washington Univ. She works as a mediator to facilitate solutions for community association disputes. She also lectures, writes, and serves as a consultant on a variety of homeowner association issues.

3409 Brief History of Classical Music, Part 3 

Tuesdays, 1–2:25 pm (ADI)

Rafael continues his three-part history of music course with a survey of the great composers of concert music in the 20th century and in our day.

Moderator: Rafael de Acha has enjoyed a 50-year career in the performing arts and now continues to share his passion for music with his OLLI friends.

3410 Causes of WWII and the Cold War

Tuesdays, 1–2:25 pm (ADI)

CLASS LIMIT: 40

1. The peace that failed Versailles, 2. The Communist dictatorship and the Weimar Republic, 3. The rise of fascism, 4. Fascism on the march, 5. WWII, 1939–41, 6. WWII, 1941–43, 7. WWII, 1943–45, 8. The beginning of the Cold War.

Moderator: Ken Schneider, BA, European history, Miami Univ., 1967; MA, European history, UC, 1977; history teacher, 5 years at Madeira HS, 36 years at Indian Hill HS; 21 years teaching advanced placement European history; presenter of Advanced Placement Summer Institutes in European History since 1996.

3411 Hero's/Heroine's Journey: Henry IV, Part I 

Tuesdays, 1–2:25 pm (ADI)

We will read, view, and discuss Shakespeare's *Henry IV, Part I*. Our objectives for the course will be to grow in our appreciation of the play as dramatic art and to benefit from the unparalleled depth of insights it offers us about our human condition. I will use the Oxford World's Classics edition of the play for the class.

Moderator: James Bridgeland Jr.: BA, Akron Univ.; MA, Harvard Graduate School of Arts and Sciences; JD, Harvard Law School; advanced studies in literature, Oxford and Cambridge universities.

3502 Become the Boss of Your iPhone/iPad 

Tuesdays, 2:35–4 pm (ADI)

CLASS LIMIT: 10

These are computers that can enrich your life in many ways. We will look at what you can do and why you'd want to do that. Learn to manage your device by using settings. Then we'll look at all the standard "stuff" that came with it along with tools for learning about your i-device. Then there are apps: travel, news and weather, health, learning, utilities, and more. Hands on: bring your device and questions to class!

Moderator: Jill Mitchell bought an Apple II in 1982 and taught herself to program. Retired from computer software development and support. Gave up her flip phone for an iPhone because of the calendar. Still thrilled each time she finds something new to do with these toys. Her jaded past includes a BS Ed. OSU and various graduate courses at NC State, UC, and XU.

3503 What's On 

Tuesdays, 2:35–4 pm (ADI)

What's On, as its name implies, provides a weekly overview of the week's happenings in the music scene in Cincinnati. The informal course features guest speakers from various musical organizations in the Queen City and Rafael's own insights into the music being played and the artists who play it.

Moderator: Rafael de Acha continues to have an active life in the arts as a teacher, critic, writer, and arts promoter in Cincinnati.

Class descriptions by CLASS NUMBER

3504 Harmonica for Fun and Enjoyment

Tuesdays, 2:35–4 pm (ADI)

You don't have to play the harmonica to enjoy this course. We will learn the history of the harmonica, hear the harmonica played in different ways, and learn the different sounds of this fascinating instrument. Presenting in the class will be a professional harmonica player, a harmonica group, and others to entertain you. If you wish, you can learn how to play the harmonica or just observe. This class is guaranteed to be fun. Join us. Harmonicas are available for \$5.

Moderator: Bob Dreyer, president of the Queen City Harmonica Club; former president of Michigan Rose City Harmonica Club; retired high school teacher, coach, and principal; real estate broker; and irrepressible harmonica lover.

3505 Foreign Policy

Tuesdays, 2:35–4 pm (ADI)

One may argue that the US has been in too many wars lately with less than satisfactory results. Perhaps it is time to reevaluate the justification for military intervention. Should the US continue to have an aggressive policy, or should we rely more on diplomacy? What is the compelling interest that requires military intervention? It certainly isn't isolation, as that strategy has been tried and found to be insufficient. These are some of the questions that need to be resolved.

Moderator: Alan Brody, BA, Cleveland State Univ.; MA and ABD, UC.

3506 *Bhagavad-Gita: The Most Renowned and Redeemable Hindu Book*

Tuesdays, 2:35–4 pm (ADI)

CLASS LIMIT: 30

Bhagavad-Gita is the sermon of Lord Krishna as charioteer to warrior Arjuna at the Mahabharata war, BC 3136, that was fought to settle a royal family dispute in ancient India. Krishna's advice to Arjuna is a timeless classic anyone can benefit from. It is also a window to India's spiritual heritage. Krishna is the Hindu equivalent of Jehovah, David, Solomon, Zarathushtra, Jesus, Mohammad, and Martin Luther. This is the first Hindu book to reach America as found in the words of Emerson and Thoreau. I will present new insights and will also introduce three versions of translation that I co-authored.

Moderator: Koti Sreekrishna, PhD, biochemistry, is a senior scientist in the Global Biotechnology division at P&G. His

interests include philosophy, inter-religious dialogue, public speaking, and studying the Hindu scriptures. He has authored a translation of the *Purusha Suktam*, a Hindu creation theme, and co-authored three versions (New, Easy, and Complete) of translation of *Bhagavad-Gita*. *Gita* is his favorite book, which he had memorized by age nine.

3507 BBC History of World War II, Part 3

Tuesdays, 2:35–4 pm (ADI)

In Part 1, we followed each country in the 1920s and 1930s as each led up to WWII. In Part 2, we dug deeper into Germany during that period and beyond. We also lived through Britain's Battle of the Atlantic. In Part 3, we go full bore into WWII from the ally's side of the story "From D-Day to Berlin." Then we will focus on "The War of the Century," which was Germany's, Russia's, and Hitler's greatest miscalculation. In week eight, I will present my experiences on occupation duty after the war in Berlin.

Moderator: Saul Marmer, BBA, UC; certified pedorthist, Ball State Univ., Northwestern, NYU, and UCLA; president of Marmer's Shoes; president of Ohio Shoe Retailer's Association; board of directors of National Shoe Retailer's of America; president and founder of National Prescription Footwear Association.

3508 Wealth Preservation

Tuesdays, 2:35–4 pm (ADI)

This course will help you navigate the investment universe in today's volatile times. We will focus on increasing income in a low-interest-rate economy as well as preserving and protecting our savings and investments. We will discuss how to make money in a recession or with inflation. Equity linked notes, master limited partnerships, and other income producing investments will be covered. We will also learn how to distinguish between "good" and "bad" mutual funds and annuities. Estate tax savings tools and IRA protection strategies will also be covered.

Moderator: Edward L. Apfel is a first vice president and Financial Planning Specialist at Morgan Stanley with 19 years of experience. He received his bachelor's degree from UC.

3603 Yes! You Can Become a Better Photographer

Thursdays, 9–10:25 am (ADI)

This beginner-level workshop is about becoming a better photographer. As in any visual art form, good photographs are created by what one sees. Becoming more aware allows

the images you see to become the photographs you want. People using inexpensive digital cameras can and do take good—even great—photographs. This is a basic working class with photography field assignments each week. We will learn from each other as we share each week’s assignment results.

Moderator: Muriel Foster is an award-winning photographer whose fine art photographs are in corporate and private collections. Her exhibition experience includes major regional competitions, national shows, and four one-woman shows. She is a published writer and photographer with a studio and gallery at the Loveland Artist Studios on Main where she teaches private classes.

3612 You Can Change How You Feel

Thursdays, 9–10:25 am (ADI)

CLASS LIMIT: 30

While anger, fear, and hurt are normal feelings, sometimes we have too much of them for our own good. This session will introduce you to the Albert Ellis, PhD, method to change feelings. Rational Emotive Therapy (RET) is a self-help skill that you can use to manage stress or change negative self-talk.

Moderator: Mike Shryock is a licensed professional clinical counselor with many years of experience using RET. He is also a facilitator for Smart Recovery, a program using RET for people with addiction.

3619 Tai Chi +

Thursdays, 9–10:25 am (ADI)

5-WEEK COURSE: Apr. 2, Apr. 16–May 7

CLASS LIMIT: 20

Focus will be on sections of the 16 form which can be practiced as independent sets. The Harvard Medical School credits tai chi with improving leg strength, flexibility, balance, efficiency of breathing, and active relaxation among other benefits. Our tai chi will be supplemented with elements of qigong such as meditation, focus on internal organs and energy flow to increase self-awareness, relaxation, and heightening the body’s immune response.

Moderator: Larry Murray has been practicing tai chi since 2004 and in recent years has increased his focus on qigong.

3621 Hooray for Hollywood Musicals, Part 5 

Thursdays, 9–10:25 am (ADI)

We’ll continue our journey through Hollywood musicals and background music for movies from the 1940s featuring the road movies of Bing Crosby and Bob Hope, Fred Astaire, Gene Kelly and Frank Sinatra. etc.

Moderator: Doug Iden is a retired financial advisor and a big fan of Broadway musicals with an extensive collection of Broadway scores and movies.

3622 Best American Short Stories of 2014 

Thursdays, 9–10:25 am (ADI)

We will read two stories a week. The format is a discussion group, but participation is not mandatory. The text is *Best American Short Stories of 2014* edited by Jennifer Egan. For the first session, read the first two stories in the book.

Moderator: Stella Holding has an MA in English from Akron Univ., where she taught writing and literature courses for several years. She has moderated this course for a number of years and enjoys the camaraderie that a common interest in reading generates in the class.

3623 Art of Our Time, Part 2, Modern and Contemporary 

Thursdays, 9–10:25 am (ADI)

This is continuation of Modern and Contemporary Art appreciation begun in the fall. We will discuss art created from the late 1960s to today, such as minimalism, conceptual art, postmodernism, installation art, performance art, graffiti as art, digital and internet art, photography as art, and studio glass. We will also discuss the crazy art world today.

Moderator: Sam Hollingsworth is a graduate of UC, College of DAAP, with studies at the Art Academy of Cincinnati. He is an exhibiting artist represented by Agora Gallery in NYC and Marta Hewett Gallery in Cincinnati. He has taught art appreciation classes at OLLI for seven years.

Class descriptions by CLASS NUMBER

3624 The Economics of Investing

Thursdays, 9–10:25 am (ADI)

4-WEEK COURSE: Apr. 16–May 7

What can economics teach us about how to invest? Why do financial markets fluctuate? How should we build and analyze our investment portfolio? Why does human behavior affect financial market decision-makers? We will discuss six economists whose answers to these questions won them the Nobel Prize. Also, we will highlight tax issues to consider when investing and suggest reliable media sources of investment data and ideas—publications, websites, and books.

Moderator: Dan Nagel is a retired CPA with an MBA in finance and a lifelong interest in investing.

3700 Spanish Conversations

Thursdays, 10:35 am–12 pm (ADI)

Consider this an opportunity to practice your growing expertise in one of the world's most beautiful and important languages in an atmosphere that is informal and a lot of fun. A basic knowledge of Spanish is required to help you enjoy the course.

Moderator: Kenneth Schonberg, retired CEO of Schonberg Associates, Inc., was born in Buenos Aires, Argentina.

3703 Intermediate Digital Photography Workshop

Thursdays, 10:35 am–12 pm (ADI)

This intermediate-level workshop will help those of you with a basic understanding of photography and a desire to learn more at the next skill level. You will learn to train your eyes to find artistic photo opportunities and to make choices, thus turning what you see into photos you will be proud to show as works of art. This is not a technology class. We are learning to see differently with a camera as a tool. Weekly assignments are combined with sharing the results to advance your knowledge and abilities beyond the basic level.

Moderator: Muriel Foster is an award-winning photographer whose fine art photographs are in corporate and private collections. Her exhibition experience includes major regional competitions, national shows, and four one-woman shows. She is a published writer and photographer with a studio and gallery at the Loveland Artist Studios on Main where she teaches private classes.

3707 A Twist on How Plays Help in Understanding Families

Thursdays, 10:35 am–12 pm (ADI)

6-WEEK COURSE: Apr. 9–May 14

The twist is that we will all be moderators because of our passion for plays and studying issues pertaining to families. We'll read three plays: *The Other Place* by Sharr White (4/9, 4/16), *The Real Thing* by Tom Stoppard (4/23, 4/30), *PIGmalion* by Mark Dunn (5/7, 5/14). Discussion themes will include, but are not limited to, parenting, siblings, gender roles, love/hate, trust, and transgenerational issues. We will be a fun, interactive class. Having each play read by its scheduled dates is not required but enriches discussion and participation.

Moderator: Debbie Zook was a teacher for more than 25 years and now enjoys spending time with her grandchildren, gardening, traveling, reading, and cooking.

3720 “Loesser” Known Broadway Musicals, Part 8 NEW

Thursdays, 10:35 am–12 pm (ADI)

We'll conclude our tribute to lesser-known Broadway composers and lyricists with a discussion of the Gershwins, Kurt Weill, and Meredith Willson.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for several years.

3721 Breaking Bad Habits

Thursdays, 10:35 am–12 pm (ADI)

This course will explain how and why good and bad habits are formed. We will also explore how to form new habits to replace old ones and break the bad ones. From non-life-threatening habits, we will move on to the more serious habit of addiction and how different kinds of treatment, therapy, and medication can help the addicted person live a productive and non-using life. At the end of the course, we will look at how to approach life when freed from unwanted habits and when the addicted person is in recovery.

Moderator: Charley Sroufe, LICDC-CS, LSW, is a drug and alcohol counselor and social worker who retired from the State of Ohio and for the past 20-plus years has worked with the dually diagnosed population (mental illness and substance abuse). He continues to work part-time with the same population in an intensive outpatient hospital setting.

Continued on page 25

ADATH ISRAEL
No food/drink allowed.

OLLI SAMPLER

Mondays
10:35 AM–12 PM

- Mar. 30: Saving Species with Science at the Cincinnati Zoo
2502 Fouad Ezra
- Apr. 6: We Hope You Won't Fall for This!
2503 Jane Ripberger, Terri Ellsworth
- Apr. 13: The Human Faces of Climate Change
2504 Michael Roman
- Apr. 20: Baseball and the Presidency
2505 Mel Marmer
- Apr. 27: Presidential Retreats: Where They Went and Why
2506 Deb Price
- May 4: Once a Nazi
2507 Hirsh Cohen
- May 11: Why Does Paleontology Matter? Relevance of the Past to the Present and the Future
2508 Brenda Hunda
- May 18: Cincinnati Underground
2509 Deb Price
- Tuesdays**
10:35 AM–12 PM
- Mar 31: Remarkable Women You Should Know
2631 Deb Price
- Apr. 7: How to Beat the High Cost of Dying
2632 Jim Milner
- Apr. 14: Music and Dance in Passionate Collaboration: Fanchon and Bonia Shur z"l
2633 Fanchon Shur
- Apr. 21: 110 Days In China, Part 3
2634 Gene and Joan Jessee

ADATH ISRAEL
No food/drink allowed.

- Apr. 28: How to Make a Radio Show or Series
2635 Jim Milner
- May 5: Gold Star Mothers: Pilgrimage of Remembrance
2636 John Graham
- May 12: Growing Food in One Small Garden
2637 Juliann Gardner
- May 19: The Joys of Downsizing
2638 Anne Arenstein
- Thursdays**
10:35 AM–12 PM
- Apr. 2: "Don't Slice the Ham Too Thin"
2707 Bill Deitzer
- Apr. 16: An Introduction to Dynamic-Eating Psychology and Mind-Body Nutrition
2709 Debbie Leimgruber
- Apr. 23: Stylized Floral Design Workshop
2710 Michelle Knue
- Apr. 30: Brain Health: How to Flex Your Mental Muscle as You Age
2711 Tom Rotz
- May 7: Blacks in the Holocaust: The Rhineland Bastards
2712 Tambura Omoiele
- May 14: The Mind, Body, Spirit Connection for Living a Stellar Life
2713 Tom Rotz
- May 21: Classic Ball Parks of the Past
2714 Mark Bricker, Gary Thiergartner

ADATH ISRAEL
No food/drink allowed.

MONDAY
9–10:25 AM
Origami (Paper-Folding)
2833 Linda Keggs

Adventuring into Photography
2834 Peter Nord

Active Lifestyle Issues for Boomers Plus
2835 Beth McCarty

MONDAY
10:35 AM–12 PM
The Color of Water
2900 Barbara Solomon

Music of the Greatest Composers of All Time
2901 Cliff Pleatman

Beginner Hatha Yoga
2902 Pamela Brown

Presidential Performance
2903 Dennis O'Keefe

People in Poetry
2904 Kathy Richardson

Tarot—A Study of the Court Cards and the Minor Arcana
2905 Donata Glassmeyer

MONDAY
1–2:25 PM
Wagner Film Biography by Tony Palmer
3007 Jim Slouffman

The Stately Homes of England
3008 Keith Marriott

History of Ireland, Part 2
3009 Philip Thompson

War of the World, Part 2
3010 Bob Sauerbrey

Enjoyment of Singing
3011 Elizabeth Dodd

Financial Workshop for Retirees
3012 Brandon Blackford

ADATH ISRAEL
No food/drink allowed.

MONDAY
2:35–4 PM
How to Improve Your Memory
3107 Neal Jeffries

Cincinnati Reds
3108 Greg Rhodes

Take Hold of Your Life by Journaling
3109 Carol Braddock, Patricia Ellis

Hands-on Financial Planning Workshop
3110 Bob Carroll

James Joyce's *Ulysses*, Part 2
3111 Philip Thompson

The Play's the Thing
3112 Flo Sterman-Schott, Karen Zaugg

First Ladies, Part 1
3113 Judith Sauerbrey

TUESDAY
9–10:25 AM
Clean Up the Clutter
3204 Carol Kormelink

Easy-Does-It Exercise
3213 Linda Keggs

The History of Photography and the Great Photographers
3221 Michael Stoyak

Natural Philosophy 101
3222 Kirtland Hobler

Western Civilization Foundations, Part 3: Ancient Rome
3223 Dean Moore, Kathy Baker, Sally Peterson, Betty Beaumont

Plan a Comfortable Financial Future
3224 Gary Hollander

SCHEDULE-AT-A-GLANCE

ADATH ISRAEL

No food/drink allowed.

TUESDAY

9–10:25 AM *continued*

Eldership 2.0—
The Conversation Continues
3225 Rick Warm

TUESDAY

10:35 AM–12 PM

Tai Chi Experience
3327 David Schiel

The Smiles Clinic
3330 Dean Moore, Doug Iden

Shakespeare Alive
3331 Heather Arden, Sally
Moore

By the Book—Jewish Sacred
Liturature
3333 Eric Slaton

Older and Wiser: Wisdom in
the 21st Century
3334 Rick Warm

Your Health Matters
3335 Jeba Moses

TUESDAY

1–2:25 PM

Federal Regulations—What
They Are and How They
Work
3401 Lee Tougas

Become the Boss of Your
iPhone/iPad
3403 Jill Mitchell

Pros and Cons of Condos
3408 Nancy Schpatz

Brief History of Classical Music,
Part 3
3409 Rafael de Acha

Causes of WWII and the Cold
War
3410 Ken Schneider

Hero's/Heroine's Journey:
Henry IV, Part I
3411 James Bridgeland Jr.

ADATH ISRAEL

No food/drink allowed.

TUESDAY

2:35–4 PM

Become the Boss of Your
iPhone/iPad
3502 Jill Mitchell

What's On
3503 Rafael de Acha

Harmonica for Fun and
Enjoyment
3504 Bob Dreyer

Foreign Policy
3505 Alan Brody

*Bhagavad-Gita: The
Most Renowned and
Redeemable Hindu Book*
3506 Koti Sreekrishna

*BBC History of World War II,
Part 3*
3507 Saul Marmer

Wealth Preservation
3508 Edward Apfel

THURSDAY

9–10:25 AM

Yes! You Can Become a Better
Photographer
3603 Muriel Foster

You Can Change How You Feel
3612 Mike Shryock

Tai Chi +
3619 Larry Murray

Hooray for Hollywood
Musicals, Part 5
3621 Doug Iden

Best American Short Stories
of 2014
3622 Stella Holding

Art of Our Time, Part
2, Modern and
Contemporary
3623 Sam Hollingsworth

The Economics of Investing
3624 Dan Nagel

ADATH ISRAEL

No food/drink allowed.

THURSDAY

10:35 AM–12 PM

Spanish Conversations
3700 Kenneth Schonberg

Intermediate Digital
Photography Workshop
3703 Muriel Foster

A Twist on How Plays Help in
Understanding Families
3707 Debbie Zook

"Loesser" Known Broadway
Musicals, Part 8
3720 Doug Iden

Breaking Bad Habits
3721 Charley Sroufe

Development of Commercial
Aviation
3722 James Rauf

Master the Magic of Wordcraft
3723 Barry Raut

THURSDAY

1–2:25 PM

Steps into Space, Part 16
3807 Harold Brown

Cincinnati Happenings
3808 Elaine Brown

Religion beyond Dogma
3809 Dan Weyand-Geise

Fiction Writing
3810 George Weber

What's Love Got to Do with
It?...in 19th-Century Russia
3811 Pamela Kuby

Kitchen Gardening
3812 Jack Bishop

Wagner Redux: Preludes and
Highlights
3813 Charles Bretz

IPhones/iPads for Seniors—
Advanced (Prerequisites)
3814 Roger Giesel

ADATH ISRAEL

No food/drink allowed.

THURSDAY

2:35–4 PM

Wine Appreciation
3904 Mary Fruehwald

Preview of Opera
3906 Richard Sininger

Three Short Novels by John
Steinbeck
3908 Barbara Kuroff

Visits with Medical Specialists
and Medical Experts
3909 Richard Wendel

An Objective Look at the
Sunday Bible Readings
3910 Wesley Hinton

TANGEMAN UNIV. CENTER

TUESDAY

9–10:25 AM

Life in Ancient Greece and
Rome
4004 Kathleen Lynch

Writing from Life
4005 Tracy Connor

Beginning American Sign
Language (ASL)
4006 Maggi Cobb-Wessling

Work and Society
4007 Marcha Hunley

TUESDAY

10:35 AM–12 PM

Poetry Writing Workshop
4103 Cate O'Hara, Judi
Morress

Exploring Opera
4104 Richard Goetz

Aging, Dementia, and Brain
Health
4106 Janet Milne

SCHEDULE-AT-A-GLANCE

TANGEMAN UNIV. CENTER

TUESDAY 1:30–3 PM

Let's Talk Current Events
4209 Charles Jung, Rick Marra

Lightroom without Fear:
Processing your
Photographs
4211 Peter Nord

Understanding Vipassana
Meditation
4212 Mani Vichitchot

Dispute Resolution:
Negotiating and Mediating
through Conflict
4214 James Lawrence

The Existentialist Movement
4215 Charles Seibert

THURSDAY 9–10:25 AM

French Conversation
4311 Deanna Hurtubise

Ideas in Philosophy:
Metaphysics
4318 Rollin Workman

THURSDAY 10:35 AM–12 PM

For the Love of Music
4408 Dick Waller, Charles
Parsons

Move Into Ease
4409 Karen Zaugg

THURSDAY 1:30–3 PM

Vipassana Meditation Practice
4507 Mani Vichitchot

The Nature of Earth, Part 3
4509 Richard Longshore

Money Issues and Answers
4510 Karen Rosenthal

Historical Geography of Ohio
4511 Jody Howison

TANGEMAN UNIV. CENTER BROWN BAG LUNCHES

Pack your own lunch.

Tuesdays 12:15–1:15 PM

Mar. 31: Hospice Philosophy
as a Way of Life
4818 Jim Vaden

Apr. 7: Cincinnati Observatory
Center
4826 Sue Terwilliger

Apr. 14: Meet a
Photojournalist for the
Cincinnati Enquirer
4827 Cara Owsley

Apr. 21: Upstairs-Downstairs:
Life and Times in a Bed
and Breakfast
4828 Nancy Niehaus

Apr. 28: OLLI's Writers Read
4829 Cate O'Hara, Judi
Morress

May 5: Before Labeling a Child:
Parents/Grandparents as
Advocates
4830 Caryl Miller

May 12: The Great American
Eclectic: Professor John Uri
Lloyd
4831 Anna Heran

May 19: Songs of Stephen
Foster
4832 Stephen Collins Foster

Thursdays 12:15–1:15 PM

Apr. 2: Community
Paramedicine Is Coming
to Ohio
4914 Lawrence Bennett

Apr. 9: Fear, Fell Creatures, and
Feudal Christians
4922 Len Harding

Apr. 16: The Mysteries of
Easter Island
4923 Nancy Herbert

Apr. 23: The Art of Bonsai
4924 Dave Radlinski

TANGEMAN UNIV. CENTER BROWN BAG LUNCHES

Pack your own lunch.

Apr. 30: Cincinnati Parks
Volunteerism... Bringing
on the Green
4925 Cheryl Lackey

May 7: Improvisation for
Adults
4926 Tracy Connor

May 14: Restaurants We Have
Known and Loved
4927 Deb Price

May 21: The Aging Brain: What
Can You Change about
Your Loss of Memory?
4928 Kenneth Manges

SYCAMORE SENIOR CENTER WEDNESDAY WOWS!

WEDNESDAY 9 AM–12 PM

Apr. 1: A Pancreas Transplant
Changed My Life—And
Still Does
5040 John Flaherty

Apr. 8: The Lowdown on
Domestic Violence
5041 Kendall Fisher

Apr. 15: *Downton Abbey*,
Season 5—Beyond the
Frame
5042 Patti Myers, Alan
Flaherty

Apr. 22: Amazing Ohio
5043 Deb Price

Apr. 29: The Andrews Raid
5044 Ralph Arnold

May 6: The Invisible War—
Military Sexual Assault
5045 Kori Cioca

May 13: Fun with Laurel and
Hardy: Har, Har!
5046 Gene Sorkin

May 20: Police Canines
5047 Todd Stewart, Paul
Hartinger

LLANFAIR RET. CMTY. FAB FRIDAYS!

FRIDAY 9 AM–12 PM

Apr. 10: The Amazing Career of
Cincinnati's Doris Day
6017 Paul Brogan

Apr. 17: Steve Chabot, Kevin
Flynn: Is Our Government
Broken?
6018 John Stone, Steve
Chabot, Kevin Flynn

Apr. 24: One Small Garden—
Growing in Contained
Spaces
6019 Juliann Gardner

May 1: The Columbus, Indiana,
Community Inspires Great
Architects
6020 Steve Risting

May 8: Every Bite a Taste of
History: Food in History
6021 Jonathan T. Reynolds

May 15: Eastern Religions:
A Different Approach to
Faith
6022 Robert Kenney, Koti
Sreekrishna, Richard
Blumberg, Jamyang Lama

May 22: Ebola
6023 Bill Menrath

SPRING GROVE CEMETERY

TUESDAY 9:30–11:30 AM

May 5: Blooms of Spring Grove
7115 Dave Gressley

SCHEDULE-AT-A-GLANCE

OTHER LOCATIONS

TUESDAY

3–3:45 PM

Dare-to-Dance

Ballroom Dancing
8100 Marco Mechelke

WEDNESDAY

1–2:30 PM

Maple Knoll Village

Art and Hobby Workshop
8200 Glenn King

2:30–4 PM

Sycamore Senior Center

Photography Workshop
Challenges
8203 Howard Todd, Bernadette
Clemens-Walatka

May 13

1–2:30 PM

Little Miami Golf Center

Lawn Bowling 101
8204 John Huesman

1:30–3 PM

Center for Holocaust & Humanity Education

Eyewitness Accounts of the
Holocaust
8205 Sarah Weiss

THURSDAY

2:40–4 PM

Sycamore Senior Center

Sing Karaoke
8302 Glenn King, Lynne Curtiss

FRIDAY

Apr. 10

1–4 PM

Natl. Underground Railroad Freedom Center

National Underground
Underground Railroad
Freedom Center Tour
8401 John Berten

OTHER LOCATIONS

FRIDAY

10:30 AM–12 PM

Joseph-Beth Booksellers

Middle-to-Late 20th-Century
Southern Novelists
8406 John Bossert

EXTRA TREATS

FRIDAY

Apr. 10

10 AM–12 PM

8517 "Living Museum": Tour
and Tea at the Home of
Bette Sherman (Morning)

Apr. 10

2–4 PM

8518 "Living Museum":
Tour and Tea at the
Home of Bette Sherman
(Afternoon)

Apr. 17

9:30 AM–2 PM

8519 Symphony Rehearsal
and Lunch

Apr. 24

10:30 AM–2 PM

8520 World Peace Bell

May 1

1:30–3 PM

8521 Cincinnati Art Museum
Tour: Art of Japan

May 8

10 AM–12 PM

8522 Rookwood Pottery
Company Tour

May 15

1–2:30 PM

8523 Cincinnati Art Museum
Tour: Fashion



Moderator Karen Kaiser revealing the secrets of Hydroponics and Indoor Gardening



OLLI member Robin Roland sharing his writing in Poetry Writing Workshop

3722 Development of Commercial Aviation

Thursdays, 10:35 am–12 pm (ADI)

We will discuss the history and development of worldwide commercial aviation by reviewing the changes that have taken place over the years in the airline industry. We will talk about some of the changes in the technical (not too technical) aspects of airplanes, power plants, and air traffic control systems. We will also review the roles that governments have played in the airline industry: technical support and economic and safety regulations. We will also talk a little about some of the pioneers of aviation and how their visions and work helped shape the modern airline industry.

Moderator: James P. Rauf, BA, physics, Thomas More College; BME, mechanical engineering, Univ. of Detroit. He is retired from GE Aircraft Engines where he was a manager and principal engineer in the commercial engines product support group.

3723 Master the Magic of Wordcraft

Thursdays, 10:35 am–12 pm (ADI)

CLASS LIMIT: 12

Travel in time. Summon the spirits. Fly like Harry Potter. Tell the future. Read minds. Win *Dancing with the Stars*. Join the circus. If you can write it, you can see it, smell it, hear it, taste it, and feel it. Is it wordcraft, or is it witchcraft? Does it matter? Powdered bat's wing and eye of newt not included.

Moderator: Barry Raut, BS in business administration, liberal arts focus on English and European literature, creative writing, Miami Univ.; writes novel-length fiction, short stories, memoirs, art pieces, travel essays; author of *Devil's Gold*, a novel about art masterpieces stolen by the Nazis in Paris during WWII.

3807 Steps into Space, Part 16

Thursdays, 1–2:25 pm (ADI)

Grand tour of our solar system visiting each of the planets, the asteroid belt, the former planet Pluto, and the Kuiper Belt where comets are born. Will describe what we know about each planet and the major space missions that have provided the information.

Moderator: Harold Brown is a retired engineer from GE Aviation where he was the manager of Advanced Controls. He has worked in the fields of jet engine simulation and space mission analysis for more than 50 years. He is listed in *Who's Who in Science and Engineering*.

3808 Cincinnati Happenings

Thursdays, 1–2:25 pm (ADI)

The focus of the class is on what's happening in Cincinnati. Typical sessions could include speakers from the symphony, ballet, opera, news media, or local museums, providing a behind-the-scenes look at local institutions. Others could include wine experts or how-to tips on entertaining.

Moderator: Elaine Brown, BS, nursery school education. She is a recipe and cookbook collector and has compiled her own cookbook of favorite recipes for family and friends. She enjoys gourmet cooking, wine tasting, playing bridge, and entertaining.

3809 Religion beyond Dogma

Thursdays, 1–2:25 pm (ADI)

CLASS LIMIT: 35

Each week, a different panel of religious leaders will discuss their various beliefs. Panelists will include Catholic, Islamic, Jewish, and Protestant teachers/leaders. This course does not seek to reduce faith to a common denominator; rather, it attempts to identify areas of agreement and disagreement among individuals of different religions. Panelists will express their own views of faith with the understanding that, even within a single religious tradition, individual believers may not always agree. We will also discuss how or whether the different faith groups should work together or individually to make the world more peaceful and just.

Moderator: Dan Weyand-Geise has served as pastor of First United Church of Christ in College Hill since 2000. He is currently president of the Metropolitan Area Religious Coalition of Cincinnati and chairs the UCC's Mission Priority Board for Southern Ohio and Northern Kentucky. He earned his undergraduate degree from the Univ. of Dayton and his master of divinity from the Athenaeum of Ohio (Mt. St. Mary's) in Cincinnati.

3810 Fiction Writing

Thursdays, 1–2:25 pm (ADI)

CLASS LIMIT: 12

Write, critique, rewrite—that's our class. In-class assignments will be given. This group promises not a Pulitzer Prize but a door prize.

Moderator: George Weber is an old guy who writes—slowly.

Class descriptions by CLASS NUMBER

3811 What's Love Got to Do with It?... in 19th-Century Russia

Thursdays, 1–2:25 pm (ADI)

CLASS LIMIT: 22

Marriage, adultery, and murder in works by Turgenev, Tolstoy, and Chekhov. For the first class, read “First Love” by Ivan Turgenev (*First Love and Other Stories*, Oxford World Classics, trans. Richard Freeborn). In following weeks, Tolstoy’s “Family Happiness” and “The Kreutzer Sonata” and Chekhov’s “Three Years,” will be read and discussed.

Moderator: Pamela Kuby has taught Chekhov’s short stories at OLLI.

3812 Kitchen Gardening

Thursdays, 1–2:25 pm (ADI)

CLASS LIMIT: 20

Kitchen gardening is a comprehensive program for vegetable and herb gardening success dealing with all aspects from preparing the soil to storing the harvest. Topics include garden size and location, preparing the soil, choosing seeds and plants, intensive and consecutive planting techniques, uniqueness of each variety, dealing with pests, saving seeds, starting plants from seeds, and organic gardening methods.

Moderator: Jack Bishop, MS, chemistry, Purdue Univ., taught at Civic Garden Center, Clermont County Adult Enrichment Program, Mt. St. Joseph Life Learn program, and Forest Hills Community Education program. He is retired from the pharmaceutical industry and teaching at Univ. of Dayton.

3813 Wagner Redux: Preludes and Highlights

Thursdays, 1–2:25 pm (ADI)

This will be a class devoted entirely to listening to the music of Richard Wagner—no DVDs, no parsing of the text! Rather, we will focus on the sheer beauty and power of his music by listening to most of the preludes as well as many of the highlights from his operas sung by virtuoso Wagnerian singers of the 20th and 21st centuries. Members of the class will be encouraged to share preludes and highlights that they particularly enjoy.

Moderator: Charles Bretz has been attending operas throughout the US for his entire adult life. His love of the art form began as a teenager when he was introduced to opera at the Cincinnati Zoo.

3814 iPhones/iPads for Seniors— Advanced (Prerequisites)

Thursdays, 1–2:25 pm (ADI)

CLASS LIMIT: 15

1. Review contacts, messages, emailing, pictures, maps, SIRI.
2. Use iTunes and sync.
3. Transfer music, books, pictures, documents.
4. iPhone as microphone for dictation.
5. Picture editing: edit, correct, organize, send, manipulate.
6. Send large files—FTP programs.
6. How to Skype.
7. Enter audio books and listen—Audible, ripped CDs, library downloads.
8. Transfer and read library books.
9. Enter and save personal documents, medical history. Manipulate and save data.
10. Import and export contacts, email messages, calendars.
11. Write letters: memoirs, stories, and documents, save and transfer.
12. Convert and save document to PDF.

Moderator: Dr. Roger Giesel is a retired Cincinnati pediatrician. He has taught for 13 years at the Anderson Senior Center multiple five-week courses on Excel, Word, Picasa, Photostory, Internet and email, Paint Shop Pro, Print Shop Pro, and others. He is now retired and has taught many sessions on using iPhones/iPads for seniors at his home, the Deupree House in Hyde Park.

3904 Wine Appreciation

Thursdays, 2:35–4 pm (ADI)

7-WEEK COURSE: Apr. 2–23, May 7–21

CLASS LIMIT: 50

Wine appreciation includes views of various wine-producing countries, their wines, history, and traditions. There will be discussion on how to taste wine, including the recognition of various wine characteristics. Emphasis will be on good-value wines.

Moderator: Mary Fruehwald owned The Wine Store for 14 years and is a certified judge of the American Wine Society.

3906 Preview of Opera

Thursdays, 2:35–4 pm (ADI)

CLASS LIMIT: 40

We will study in-depth some of the operas to be presented in the area either by Cincinnati Opera or UC College-Conservatory of Music. Included will be recorded performances of the complete operas.

Moderator: Richard Sininger, AB, Oberlin College; MEd, Miami Univ.; English teacher, Forest Hills School District for more than 31 years, mostly teaching American literature; lifelong love for and interest in opera; attended more than 1,600 performances

of more than 300 operas.

3908 Three Short Novels by John Steinbeck 

Thursdays, 2:35–4 pm (ADI)

In awarding Steinbeck the 1962 Nobel Prize for Literature, the Nobel Committee described him as “an independent expounder of the truth, with an unbiased instinct for what is genuinely American.” We will read and discuss Steinbeck’s *The Winter of Our Discontent* (1961); *Cannery Row* (1945); and *Of Mice and Men* (1937) and explore the universal themes each presents. Please read the first seven chapters of *The Winter of Our Discontent* before the first class.

Moderator: Barbara Kuroff has loved reading great literature since childhood. She has a BA in literature and creative writing from UC and worked as a book editor for most of her professional life until retiring as editorial director of Writer’s Digest Books. A member of Cincinnati Writers Project, she is currently working on a novel and a collection of short stories.

3909 Visits with Medical Specialists and Medical Experts

Thursdays, 2:35–4 pm (ADI)

CLASS LIMIT: 40

Each week a different medical specialist will visit and take the audience’s questions.

Moderator: Richard G. Wendel, MD, MBA, retired urologist and published author.

3910 An Objective Look at the Sunday Bible Readings 

Thursdays, 2:35–4 pm (ADI)

Christian denominations use nearly identical scripture selections on a given Sunday. What is the origin of these readings? What was the original writer’s actual intent and worldview? What is the historical context? How does this compare with what these lessons have come to mean? Each week, we’ll look at the lessons for the coming Sunday. The timing of the 2015 Spring Quarter just happens to begin with Easter Sunday and ends with Pentecost. This course is not intended to evangelize, and all denominations, religions, and non-religious who simply want to know more are welcome.

Moderator: The Rev. Canon Wesley W. Hinton is a retired, ordained clergy member of the Episcopal Church. He served locally at St. Thomas Episcopal Church in Terrace Park and at Christ Church Cathedral.

4004 Life in Ancient Greece and Rome 

Tuesdays, 9–10:25 am (TUC)

This course will explore aspects of life and culture of ancient Greece and Rome. Doctoral students from the department of classics will present a series of engaging presentations such as “You are What You Eat: Dining in the Ancient World,” “The Crowd Goes Wild: Gladiators in Rome,” “Heroes and Monsters,” “The Birth of Sports,” “What Do Archaeologists Do, Anyway?” and many others. Participants will learn the importance of the classical past to modern values and traditions.

Moderator: Kathleen Lynch is an associate professor of classics and chair of the Classics Outreach Program. She won UC’s 2014 Cohen Teaching Award, and her recent book on ancient Greek pottery won the 2013 Archaeological Institute of America Wiseman Book Award.

4005 Writing from Life 

Tuesdays, 9–10:25 am (TUC)

CLASS LIMIT: 30

Journal/write each week and share with the class. This is writing done without a net. Freerfall into other lives through the stories you hear and the stories you read. Realize something about yourself in the process. You write daily and read from your writing in class.

Moderator: Tracy Connor is a writer, improviser, and actress. A Los Angeles resident for 18 years, she worked with poet Jack Grapes and created her first chapbook. A resident of Cincinnati since 2007, she produces a quarterly literary salon, Tongue & Groove/Cincinnati, in Clifton that features local writers, poets, storytellers, and musicians.

4006 Beginning American Sign Language (ASL)

Tuesdays, 9–10:25 am (TUC)

CLASS LIMIT: 20

This course offers an introduction to ASL, including fingerspelling and basic sign vocabulary as well as the history and culture of the Deaf community. Students will be able to use ASL (without talking) to introduce themselves and ask and answer simple questions.

Moderator: Maggi Cobb-Wessling originally taught Deaf students. She was then selected as the first high school teacher in SW Ohio to teach ASL for foreign language credit. She is currently a freelance sign language interpreter.

Class descriptions by CLASS NUMBER

4007 Work and Society

NEW

Tuesdays, 9–10:25 am (TUC)

5-WEEK COURSE: Apr. 7–May 5

CLASS LIMIT: 20

What does our society really believe about work? Does hard work build character? Or is hard work for suckers? By examining film, literature, and language, we will discuss our complex, nearly schizophrenic set of beliefs about work and its place in our lives.

Moderator: Marcha Hunley is former Honors chairperson and professor emeritus at Cincinnati State Technical and Community College, where she taught courses related to employment, labor, and economics.

4103 Poetry Writing Workshop

UPDATED

Tuesdays, 10:35 am–12 pm (TUC)

CLASS LIMIT: 20

Whether you are a practiced or private penner of poems, join us for a fun, interactive experience putting pen to paper (or fingers to keyboard). We'll talk about themes, forms, literary devices, and favorite poems while we write and share together in a supportive atmosphere. For the first session, please bring a favorite poem by any poet and be ready to tell us what you like about it. We welcome newcomers and those who've taken the course before with new content each week.

Co-Moderators: Cate O'Hara has an MA in English from Univ. of California, Berkeley, and has taken and taught poetry workshops for many years. Judi Morress is a published poet and member of the Monday Morning Writers Group; she plans to publish a book of her poems soon.

4104 Exploring Opera

UPDATED

Tuesdays, 10:35 am–12 pm (TUC)

This quarter we will view and discuss Verdi's *La Forza del Destino*, Wagner's *Lohengrin* and Adamo's *Little Women*.

Moderator: Richard Goetz, PhD, is a retired industrial chemical research manager who has been attending opera since 1949.

4106 Aging, Dementia, and Brain Health

NEW

Tuesdays, 10:35 am–12 pm (TUC)

This course will address cognitive changes associated with aging and differences between typical aging, dementia, and Alzheimer's: early stage Alzheimer's, behaviors and

communication challenges associated with Alzheimer's disease and other related dementias, legal and financial implications, community resources and supportive services for families affected by dementia, public policy related to Alzheimer's, and brain health research. With more than 10,000 individuals turning 65 daily and more than 50,000 in the Tristate already impacted, this course will offer education for a variety of constituents.

Moderator: Janet Milne, geriatric nurse practitioner, has been with the Alzheimer's Association of Greater Cincinnati for six years. Previously, she was a palliative care nurse practitioner at The Christ Hospital. A graduate of XU (undergraduate) and UK (master's), she has an extensive knowledge of Alzheimer's and is an expert educator in the community.

4209 Let's Talk Current Events

UPDATED

Tuesdays, 1:30–3 pm (TUC)

This course is intended to deal with the political, economic, and social events of the day.

Co-Moderators: Charles Jung is a retired federal worker who spent 23 years with the Department of Housing and Urban Development. He graduated from UC with a BA in political science and an MA in economics and spent four years as a linguist/voice processing specialist in the US Air Force. Rick Marra is a retired chemical engineer having had assignments all over the world. He has a BS and ME in chemical engineering from Rensselaer Polytechnic Institute. He has a keen interest in politics and current events and is well read and well versed in these topics.

4211 Lightroom without Fear: Processing your Photographs

UPDATED

Tuesdays, 1:30–3 pm (TUC)

We will demonstrate processing your photographs with Adobe Lightroom. Beginners invited. You do not need to bring a computer to class nor be a current Lightroom user. The techniques learned will be applicable to other post-processing programs. You should learn enough to manage your photographs on your computer, improve their look, share photos online, and perhaps make a photobook, nice print, or slide show. We'll learn a few things about photography as well. Email me at pnord@fuse.net for getting started instructions. If it isn't fun, we won't do it.

Moderator: Peter Nord, PhD, has more than 50 years' experience in various aspects of photography.

4212 Understanding Vipassana Meditation 

Tuesdays, 1:30–3 pm (TUC)

CLASS LIMIT: 15

This class offers an understanding about meditation practices. The emphasis will be on concepts of Vipassana (insight) Meditation. The meditation practice will be introduced step-by-step. One will learn how to slowly develop insights by close attentiveness to and experiential investigation of one's own mind-body process. The Buddha introduced this practice; however, this is a non-religious class. Everyone who has an interest or wants to fulfill their curiosity is welcome.

Moderator: Manit Vichitchot was a Vipassana Meditation instructor at the International Meditation Study and Retreat Center, Wat Mahadhat Yuwarachrangsarit, Bangkok, Thailand, during 2009–13.

4214 Dispute Resolution: Negotiating and Mediating through Conflict 

Tuesdays, 1:30–3 pm (TUC)

CLASS LIMIT: 25

An insider's examination of how public and private disputes have been resolved through negotiation, facilitation, and other dispute-resolution strategies. Analysis behind the scenes of successful and failed negotiations to uncover the value of determining each party's interests, creating options for settlement, communicating and listening purposefully, assessing the parties' alternatives to agreement, and developing a good working relationship with the other side. Interactive video and role-playing are used to demonstrate and discuss successful negotiation and mediation skills and strategies.

Moderator: James K. L. Lawrence. OSU, BA, JD. Labor and employment law and dispute resolution advocate as a member of Frost Brown Todd LLC for 44 years. Adjunct professor of negotiation, mediation, and dispute resolution at OSU and UC colleges of law. Former adjunct at Straus Institute for Dispute Resolution at Pepperdine Univ.

4215 The Existentialist Movement 

Tuesdays, 1:30–3 pm (TUC)

CLASS LIMIT: 30

After World War II, Americans began discussing some European writers called Existentialists. Dostoevsky, Kierkegaard, Heidegger, Sartre, and Camus are among the familiar names. These writers affected not only philosophy but also theology, literature, art, drama, and psychology. What did

they write, what was their appeal, and why do they continue to echo in American culture?

Moderator: Charles H. Seibert, PhD, professor emeritus of philosophy, McMicken College of Arts and Sciences, UC, has published translations and original scholarship on Martin Heidegger.

4311 French Conversation 

Thursdays, 9–10:25 am (TUC)

Brush up on your speaking and listening comprehension of one of the most beautiful languages in the world in a relaxed but structured setting. There is some grammatical review, but a basic knowledge of French is required. This course is conducted primarily in French.

Moderator: Deanna Hurtubise is a retired high school French teacher. She earned her MA in French language and civilization from UC and is currently a children's author of several picture books and a series of French historical fiction for middle schoolers.

4318 Ideas in Philosophy: Metaphysics 

Thursdays, 9–10:25 am (TUC)

Views held by philosophers from Plato to the present on what sorts of things exist and how they are related. Class format: lectures as needed with as much class discussion as possible to clarify, comment upon, dispute, and/or add to the ideas presented.

Moderator: Rollin Workman, retired UC professor of philosophy.

4408 For the Love of Music 

Thursdays, 10:35 am–12 pm (TUC)

"Listening to great music has always affected my entire being. This course will continue to share the wonder of great music and how it enriches our lives. There will be different composers and some of my performing colleagues to add to the mix," says Dick Waller. The counterpoint between the moderators: gentle, retired CSO principal clarinetist (1960–94) Dick Waller and the guru of things musical and operatic, Charles Parsons, sparks interest, love, and loyalty.

Co-Moderators: Dick Waller, artistic director, Linton Chamber Music Series, 1976–2009; and Charles Parsons, retired librarian, UC College of Law; author; lecturer, UC College-Conservatory of Music; honorary PhD, Univ. of Wales, Lampeter.

Class descriptions by CLASS NUMBER

4409 Move Into Ease

Thursdays, 10:35–11:35 am (TUC)

CLASS LIMIT: 25

A touch of yoga, some energizing movement, a time for relaxation, soulful stretching, and pumping life into each cell. This ONE-HOUR class oils your joints and breathes ease into your bones, like giving yourself a massage. Wear comfortable, loose clothing and bring a mat or towel on which to lie. Expect to feel rejuvenated!

Moderator: Karen Zaugg brings a lifetime of dance training, yoga, and a variety of bodywork experiences to welcome you to exercise and a sense of wellbeing.

4507 Vipassana Meditation Practice

Thursdays, 1:30–3:30 pm (TUC)

CLASS LIMIT: 8

This is a two-hour class. The class is offered to those who have learned the fundamentals of Vipassana practice. It is an opportunity to cultivate the Buddha's way of liberation through the practice of ethics, meditation, and insight. The session starts with a short talk and chant before the walking and sitting practices. Thorough discussion about the practice will follow. The session is concluded with an extended loving-kindness observation.

Moderator: Manit Vichitchot was a Vipassana Meditation instructor at the International Meditation Study and Retreat Center, Wat Mahadhat Yuwarachangsarit, Bangkok, Thailand, during 2009–13.

4509 The Nature of Earth, Part 3

Thursdays, 1:30–3 pm (TUC)

5-WEEK COURSE: Apr. 2–30

CLASS LIMIT: 25

This course is about the development of different parts of the Earth. In each class either one or two lectures by Dr. John Renton as recorded on DVDs from The Great Courses will be shown. Additional material will be added by the moderator. This is a continuation of the previous two quarters. You do not need to have taken a previous course to take this one. All the material presented will be new. We will discuss Karst topography, earthquakes, damage from earthquakes, seismology, the formation of the Appalachian mountains, and orogenic styles. You do not need a science background to take this course.

Moderator: Richard Longshore, retired family physician with an interest in geology. Most course material will come from The Great Courses Company's DVDs titled *The Nature of Earth: An Introduction to Geology*.

4510 Money Issues and Answers

Thursdays, 1:30–3 pm (TUC)

Knowledge is power, right? Are there gaps in your knowledge about financial issues you may face in retirement? This up-to-date and timely course may help you enjoy life better and smarter. Speakers are professionals whose expertise includes investing and saving for retirement, estate planning, charitable giving, Social Security strategies, and extended care planning. Other topics are Medicare, retirement distribution planning using housing wealth, identity theft prevention, and internet security. Discussion encouraged!

Moderator: Karen Rosenthal, CLTC, MHA (XU), is an independent LTC insurance specialist. She has helped people mitigate the long-term care problem with affordable, appropriate solutions since 1996. She is a board member of nonprofit Cincinnati Senior Connection Foundation, a group of experts committed to educating seniors and their families. Course speakers are members.

4511 Historical Geography of Ohio

Thursdays, 1:30–3 pm (TUC)

Geography, like everything else, changes over time, both physically and culturally. For instance, did you know that in the 1750s mature Ohio trees grew 200 feet tall and had trunks up to 15 feet in diameter? That in the 1850s Cincinnati was the fastest growing city in the entire world? And that as late as the 1950s it was still safe to drink the water straight out of Lake Erie? You'll learn tons of such gems in this course.

Moderator: Jody Howison, BA, MA, and PhD in geography from UC; has taught physical geography, climatology, and historical geography in UC's College of Arts and Sciences longer than many of you have been alive. In addition, she's explored every corner of Ohio, using back roads to do so.

4818 Hospice Philosophy as a Way of Life

Tuesday, Mar. 31, 12:15–1:15 pm (TUC)

Hospice is a worldwide movement in which the terminally ill are cared for holistically: physical, emotional, mental, and spiritual components are assessed, and healthcare professionals seek to provide support, help, counseling, and encouragement in each area. What if we looked at our lives in this holistic way before our impending death? How

would that impact our lives in real, practical ways to improve ourselves and aid in making a positive impact on those around us? We will explore in detail the hospice philosophy and discuss how preparing for death can empower us to live fuller, more meaningful lives now.

Moderator: Jim Vaden

4826 Cincinnati Observatory Center: Birthplace of American Astronomy

Tuesday, Apr. 7, 12:15–1:15 pm (TUC)

Learn about the history, telescopes, and programs at the Cincinnati Observatory Center. See some of the objects that are typically viewed through the telescopes.

Moderator: Sue Terwilliger

4827 Meet a Photojournalist for the Cincinnati Enquirer

Tuesday, Apr. 14, 12:15–1:15 pm (TUC)

I will speak about the wide range of subject matter I cover in Cincinnati and the surrounding area for the only daily newspaper in Cincinnati. I will also show videos and still images of my work.

Moderator: Cara Owsley

4828 Upstairs-Downstairs: Life and Times in a Bed and Breakfast

Tuesday, Apr. 21, 12:15–1:15 pm (TUC)

Ever wonder what it would be like to run a bed and breakfast? Nancy Niehaus, owner of the Clifton House, will share some of her fun, zany, strange, and not-so-fun experiences as a bed and breakfast host. After pursuing a career in another field, she changed course, purchased the 1900 home in gaslight Clifton, and turned it into a bed and breakfast.

Moderator: Nancy Niehaus

4829 OLLI's Writers Read

Tuesday, Apr. 28, 12:15–1:15 pm (TUC)

The moderators of OLLI's Poetry Writing Workshop have invited their students as well as OLLI members whose work is selected for publication in *Creative Voices* to read their poems and short personal essays. Inspired by their lives, loves, losses, grandchildren, ancestors, nature, and more, OLLI members have produced a wealth of writing that they look forward to sharing with the wider OLLI community.

Co-Moderators: Cate O'Hara and Judi Morress

4830 Before Labeling a Child: Parents/Grandparents as Advocates

Tuesday, May 5, 12:15–1:15 pm (TUC)

IEPs, 504s—there are titles and educational pitfalls for a child with special needs: learning disability, autism, or dyslexia, etc. We will navigate the labels, options, and educational successes that can be found for a student with unique needs and interests.

Moderator: Caryl Miller

4831 The Great American Eclectic, Professor John Uri Lloyd

Tuesday, May 12, 12:15–1:15 pm (TUC)

World-famous pharmacist, scientist, and author John Uri Lloyd (1849–1936) magically returns to Cincinnati to remember his career including his training as a pharmacist during the Civil War, the founding of the Lloyd Brothers Pharmacists firm in the 1880s, his role as the "Great American Eclectic" developing medicines derived from plants, and the legacy left to the world in the Lloyd Library and Museum still in downtown Cincinnati. He will be introduced by Anna Heran, exhibits curator and community outreach, Lloyd Library and Museum.

Moderator: Anna Heran

4832 Songs of Stephen Foster

Tuesday, May 19, 12:15–1:15 pm (TUC)

Come meet the composer and enjoy the music of America's most beloved songwriter, Stephen Collins Foster (1826–1864), returning to Cincinnati where he began his career in 1846. Mr. Foster, appearing by courtesy of the Cincinnati History Museum at Cincinnati Museum Center, will tell us his personal story and accompany himself on accordion in sharing some of his famous songs—inviting the audience to join in as they like.

Moderator: Stephen Collins Foster

4914 Community Paramedicine Is Coming to Ohio

Thursday, Apr. 2, 12:15–1:15 pm (TUC)

Minnesota, Maine, Colorado, and North Carolina all have Community Paramedicine programs. Community Paramedicine is an emerging field in healthcare where EMTs and paramedics operate in expanded roles in an effort to

Class descriptions by CLASS NUMBER

connect underutilized resources to underserved populations, including seniors. Legislation is expected to pass in 2015 to authorize programs in Ohio. UC Fire Science and Emergency Management has established a course, working with UC College of Medicine, UC Nursing, and UC School of Social Work. Find out what this can mean to our community.

Moderator: Lawrence Bennett

4922 Fear, Fell Creatures, and Feudal Christians

Thursday, Apr. 9, 12:15–1:15 pm (TUC)

A speculative proposal based on the proposition that our linguistic belief in monsters predisposed westerners to accept Christianity. I was thinking of calling it “Werewolves and Jesus: Epistemological Third Cousins; Theological Bookends,” but that might be offensive to some. I am proposing that early Christianity was a Levantine religion that morphed into a European religion, and thereby lost its Arab base—ultimately to Islam. It’s for thought and discussion; I’m not presenting it as a fact.

Moderator: Len Harding

4923 The Mysteries of Easter Island

Thursday, Apr. 16, 12:15–1:15 pm (TUC)

Easter Island is one of the world’s most remote islands—more than 1,200 miles from its nearest inhabited island neighbor and more than 2,100 miles from mainland Chile. The island is home to more than 880 stone statues, called *moai*. Where did the island’s inhabitants come from? Why did they build these statues, and how were these multi-ton statues moved into place?

Moderator: Nancy Herbert

4924 The Art of Bonsai

Thursday, Apr. 23, 12:15–1:15 pm (TUC)

Dave Radlinski has been involved with the Bonsai Society of Cincinnati for more than 23 years. He will explain the Japanese art of bonsai and demonstrate the “training” of plants in class with the initial cutting of a new plant specimen.

Moderator: Dave Radlinski

4925 Cincinnati Parks Volunteerism... Bringing on the Green

Thursday, Apr. 30, 12:15–1:15 pm (TUC)

Did you know that the Cincinnati Parks system has more than 100 parks and greenspaces? This fabulous local resource includes riverfront parks like Smale Riverfront Park and Magrish Preserve, large parks like Mt. Airy Forest and Eden Park featuring the renowned Krohn Conservatory, and small spaces including Hyde Park Square and Northside’s Buttercup Valley. Learn from Cheryl Lackey, volunteer coordinator, about getting your hands dirty while learning gardening techniques, being in the center of exciting community events, working with nature programs, and more.

Moderator: Cheryl Lackey

4926 Improvisation for Adults

Thursday, May 7, 12:15–1:15 pm (TUC)

Actress Tracy Connor will share the basics of improv and teach a few improv games. Great for writers, actors, and those playful in general.

Moderator: Tracy Connor

4927 Restaurants We Have Known and Loved

Thursday, May 14, 12:15–1:15 pm (TUC)

Although they exist only in our memories today, we have enjoyed some great restaurants, both locally and regionally. We will revisit Shuller’s Wigwam, Grafton’s, The Maisonette, and Prime ‘n’ Wine. We may not be able to sample their cuisine, but recipes will be available.

Moderator: Deb Price

4928 The Aging Brain: What Can You Change about Your Loss of Memory?

Thursday, May 21, 12:15–1:15 pm (TUC)

Although we may not be leaving the keys in the refrigerator, our memory lapses and senior moments may have become a nuisance. Not all memory lapses can be changed, but new scientific evidence supports ways that we can turn on better memory mechanisms. Find out how our brains acquire memory through the lifespan, how to make lasting changings, and where to get help when needed. Dr. Kenneth Manges, a clinical and forensic psychologist in practice more than 40 years, assists in the diagnosis and treatment of memory problems due to trauma and aging.

Moderator: Kenneth Manges

5040 A Pancreas Transplant Changed My Life— And Still Does

Wednesday, Apr. 1, 9 am–12 pm (SSC)

This will be a presentation about a pancreas transplant. About the wait, and the surgery, and the recovery. And how it changed my health and my outlook on life.

Moderator: John Faherty is a married father of four children. He grew up in Chicago and Boston. He moved to Cincinnati three years ago for work, and now he never wants to leave. He is a columnist with the Cincinnati Enquirer.

5041 The Lowdown on Domestic Violence

Wednesday, Apr. 8, 9 am–12 pm (SSC)

It can—and does—happen to family members, neighbors, friends, and coworkers. Violence between intimate partners is all too common, affecting all economic levels. Learn about what it is, who it impacts, why survivors don't just leave, and what resources are available. Be prepared to do what you can and what you should.

Moderator: Kendall Fisher has served as executive director of Women Helping Women since 2008, bringing years of experience in victim advocacy and training.

5042 Downton Abbey, Season 5— Beyond the Frame

Wednesday, Apr. 15, 9 am–12 pm (SSC)

In season five, the cast of *Downton Abbey* moves into 1924, as old mores continue to evolve to new social structures in Britain. Building on the relationships and patterns from the first four seasons, this class explores how season 5 relates to the realities of the Roaring Twenties in Britain and the world. The class content will presume familiarity with the major characters and themes from all five seasons. Discussion will be encouraged.

Co-Moderators: Patti Myers and Alan Flaherty are avid *Downton Abbey* fans who have moderated two previous OLLI courses on the topic.

5043 Amazing Ohio

Wednesday, Apr. 22, 9 am–12 pm (SSC)

Ohio is truly at the heart of it all. We have villains, heroes, writers, and comedians. We will get to know the inventors and trail blazers who make our state great!

Moderator: Deb Price taught at UC in vocational education and for Wilmington College at a prison. She has been a swim

instructor for 46 years, loves reading, and is a master gardener.

5044 The Andrews Raid

Wednesday, Apr. 29, 9 am–12 pm (SSC)

This ill-fated raid behind Confederate lines to wreck the Western and Atlantic Railroad became known as the Great Locomotive Chase. The Andrews Raid will be examined by lecture, slides, and film.

Moderator: Ralph A. Arnold, PhD, is a member of Cincinnati Northern Kentucky and Sumter Civil War Round Tables.

5045 The Invisible War—Military Sexual Assault

Wednesday, May 6, 9 am–12 pm (SSC)

Hear from a survivor about her experiences in the US Coast Guard. Kori Cioca will show a 50-minute version of *The Invisible War*, an Academy Award nominated documentary about the epidemic of rape in the US military and her efforts as an advocate for survivors.

Moderator: Kori Cioca, is a Coast Guard veteran and sexual assault survivor. She was a lead witness in a landmark lawsuit against the Department of Defense for failing to adequately investigate and prosecute cases of sexual assault. She was featured in *The Invisible War*.

5046 Fun with Laurel and Hardy: Har, Har!

Wednesday, May 13, 9 am–12 pm (SSC)

Come and laugh out loud as you view great favorites from the early days of film, watching comedians Stan Laurel and Oliver Hardy and the Little Rascals. Gene Sorkin will review their lives and contributions to big screen history as well as show some films from the era of silent movies into talkies. Get answers to your questions about these pioneers of comedy. Join the nostalgia to see times long gone.

Moderator: Gene Sorkin, Grand Sheik of The Chimp Tent with the Sons of the Desert, Oasis #279, in Cincinnati, the local Laurel and Hardy Appreciation Society, and previous OLLI presenter.

5047 Police Canines

Wednesday, May 20, 9 am–12 pm (SSC)

Meet Cash, a police canine. We will be introduced to the role of canines in law enforcement: narcotics detection, search for articles and missing or lost persons, apprehension of fleeing

Class descriptions by CLASS NUMBER

suspects, protection of handler. How does the dog's nose work? How much force is in its bite? What varieties of canines work in law enforcement? What limits do they have? Where does the dog live? What special training is needed for dog and handler? When can they be used legally? There will be a demonstration of canine skills and capabilities. Students may have to move outside or into a larger room.

Co-Moderators: Todd Stewart started his police career in 2004 at the Miami Univ. Police Department where he was a canine handler and came to Blue Ash in 2008. He was assigned to canine patrol in 2014. Paul Hartinger has been a police officer for 30 years, 25 with the City of Blue Ash Police Department. He has been a command staff leader for the past six years and was promoted to chief of police in 2013.

6017 The Amazing Career of Cincinnati's Doris Day

Friday, Apr. 10, 9 am–12 pm (LRC)

Doris Day (nee Doris Kappelhoff) remains to this day the number one female box-office film star of all time, and there is certainly a reason for this. As a singer, dancer, actress, and advocate, she has excelled in everything she has done. There's a lot more to Doris Day than freckles and daisies, as you'll find out from personal stories, film, and music clips. Hometown personal recollections from the audience will be welcomed.

Moderator: Paul Brogan has been a friend of Doris Day for more than 50 years and has facilitated more than a dozen OLLI film classes in New Hampshire. A published author, he decided it was time to share his love for film and especially Doris Day with her hometown.

6018 Steve Chabot, Kevin Flynn: Is Our Government Broken?

Friday, Apr. 17, 9 am–12 pm (LRC)

Congressman Steve Chabot and Cincinnati Councilman Kevin Flynn will discuss this topic separately from the national point of view to the local level. John Stone will provide some background history on how the US was governed during the Civil War in a time of crisis. They'll welcome your input and questions.

Co-Moderators: John Stone is an authority on Abraham Lincoln. Steve Chabot is congressman for the 1st District in Ohio. Kevin Flynn is a Cincinnati City Councilman.

6019 One Small Garden— Growing in Contained Spaces

Friday, Apr. 24, 9 am–12 pm (LRC)

Building successful living floral and food growth in small spaces takes a few good tricks. Learn about the trade tools for success: design, soils, growth, seasons, and some proven formulas. Demonstrations and discussion will cover different kinds of containers with some whys and why nots and how to garden for year-round growth. Learn to create, instill, and maintain some personal growth along the way.

Moderator: Juliann Gardner, in her 20 years' experience as a container gardener, has developed a knowledge of design and installation care techniques. A self-professed foodie, she worked closely with the development of one of our area's first certified organic farms as a friend, laborer, and CSA member.

6020 The Columbus, Indiana, Community Inspires Great Architects

Friday, May 1, 9 am–12 pm (LRC)

Columbus, Indiana, is internationally known for its modern architecture, designed by some of the world's most prominent architects. This course will review many of those buildings within the context of making Columbus a better community to live, work, play, worship, and learn. The community's strategy and values, which endorsed this design excellence dating from 1942 through today, will be explored.

Moderator: Steve Risting is an architect who has worked on many prominent building projects in Columbus. He co-chaired an American Institute of Architects Committee on Design Conference in Columbus and edited the book on Columbus architecture *Columbus, Indiana: A Look at Modern Architecture and Art*. A graduate of Harvard Univ. Graduate School of Design, he is also adjunct instructor of architecture at Ball State Univ. and president of the board of directors for the Columbus, Indiana, Architectural Archives.

6021 Every Bite a Taste of History: Food in History

Friday, May 8, 9 am–12 pm (LRC)

Most people don't realize it, but every time they take a bite of food, they are experiencing world history. By examining the food we eat and asking just how we came to eat it, we can both complicate and enrich our understanding of the past. This talk will use a series of case studies from a period of roughly 10,000 years to examine how food sheds light on the history of technology, the environment, and even politics.

Moderator: Jonathan T. Reynolds, PhD, is professor of history at NKU. His specialties include African, world, and food history.



Don't stop the music!

Whether you're a beginner to violin, viola, cello or bass, or returning to music after many years, you're welcome at New Horizons Orchestra of Cincinnati. We look forward to making music with you! Fall rehearsals on Wednesdays (intermediates) or Saturdays (beginners) 10:30 a.m.-12:30 p.m.



BettyAnne Gottlieb, director

More info online at:
ccm.uc.edu/prep/adult/horizons
Or call:
513-556-2595



6022 Eastern Religions: A Different Approach to Faith

Friday, May 15, 9 am–12 pm (LRC)

A Hindu spiritual counselor, a teacher of Buddhist basics, and a Tibetan Buddhist monk share their approaches to religion and life. Topics covered will include basic beliefs, value and practices of meditation, and social consciousness with compassion. Additional topics are war and violence, death and dying, and attitudes toward women and sexuality. Questions will be welcomed.

Co-Moderators: Dr. Robert B. Kenney is a retired lecturer in religious studies and philosophy at NKU. Koti Sreekrishna, PhD, is a senior scientist in the Global Biotechnology division at P&G and religious counselor of the Hindu Society of Greater Cincinnati. Richard Blumberg has studied Buddhism and the Buddha's teachings for more than 40 years; he is a practicing Buddhist and has led a dharma study group at the Cincinnati Buddhist Dharma. Ven. Jamyang Lama is teacher and translator for the Gaden Samdrupling Buddhist Monastery in Cincinnati.

6023 Ebola

Friday, May 22, 9 am–12 pm (LRC)

On Sept. 30, 2014, Thomas Eric Duncan from Monrovia, Liberia, was diagnosed with Ebola virus disease after a

positive test result in Dallas, Texas. Later that day, the Centers for Disease Control and Prevention (CDC) made a public announcement that Ebola had arrived in the US. Duncan died on Oct. 8, becoming the first person to die of Ebola in the US. By Oct. 15, two nurses who cared for Duncan tested positive for Ebola. Both have fully recovered. We will discuss the nature of Ebola, what went wrong in the US, how healthcare workers are protected, and the risks to the public.

Moderator: Bill Menrath is the former director of the Great Lakes OSHA (Occupational Safety and Health Administration) Education Center at the UC College of Medicine. Prior to holding that position, he trained people in the proper use of personal protective equipment, which is integral to protecting workers from the Ebola virus.

7115 Blooms of Spring Grove

Tuesday, May 5, 9:30–11:30 am (SGC)

CLASS LIMIT: 24

See what blooms "later" in the season. See a variety of late blooming trees, dogwoods, magnolias, spirea, lilac, viburnums, etc. Dress for the weather and prepare yourself for a spectacular tram tour through the dazzling spring collection of bulbs and ornamental plants. Meet at Spring Grove's Norman Chapel.

Moderator: Dave Gressley, director of horticulture since Sept. 2013, has worked more than 30 years in the horticulture field.

8100 Ballroom Dancing

UPDATED

Tuesdays, 3–3:45 p.m. (Dare to Dance)

CLASS LIMIT: 60

It's never too late to learn to dance. In this course, you'll learn the basics of the waltz, foxtrot, cha-cha, swing, and rumba. And you'll have fun no matter what your level of dance experience is. Classes are taught by top-rated professional dancers in the beautiful studios at Dare to Dance, 11256 Cornell Park Dr., Suite 500, Cincinnati, OH 45242.

Co-Moderators: Marco Mechelke and other dance instructors.

8200 Art and Hobby Workshop

Wednesday, 1–2:30 pm (Maple Knoll Village)

CLASS LIMIT: 8

Come share your hobby or art talent in a casual atmosphere. We love creative people. It's your call. Bring what you need

Class descriptions by CLASS NUMBER

with you and get ready to have a good time. Large tables are waiting in a sunny, pleasant room. We enjoy talking and getting to know how talented our wonderful OLLI members are. Help is available on your project if requested. Maple Knoll Village, 11200 Springfield Pike, Cincinnati, OH 45246.

Moderator: Glenn King, BFA, Univ. of Texas and L'Ecole des Beaux-Arts in Paris, France. She is currently illustrating a series of books on child safety for Trauma Service at Children's Hospital.

8203 Photography Workshop Challenges

Wednesdays, 2:30–4 pm (SSC)

7-WEEK COURSE: Apr. 1–May 13

CLASS LIMIT: 14

In this workshop, the moderators serve as facilitators and coaches. Participants will share their work, and all will participate in gentle discussion. Each week, we will have a challenge assignment of six photos to share. The workshop is designed for participants who have previously completed a photography course, have a basic working knowledge of their camera, and want to engage at the next level. For beginners, other OLLI photography classes are available.

Co-Moderators: Howard Todd is a professor at UC and lifelong photographer. Bernadette Clemens-Walatka is an award-winning photographer.

8204 Lawn Bowling 101

Wednesday, May 13, 1–2:30 pm (Little Miami Golf Center)

CLASS LIMIT: 30

Suitable for all ages, lawn bowling is a game requiring skill and strategy that can be played with one- to three-person teams. The object is to roll a grapefruit-sized resin ball on a flat grass green and get closest to the target ball, thus scoring a point. The balls are slightly lopsided and curve when rolled, making it more challenging and fun. Rain date is May 27. Be prepared to pay an entry fee charged by Great Parks of Hamilton County (\$3 daily, \$10 yearly). For more information visit www.lawnbowling.org. Little Miami Golf Center, 3811 Newtown Rd., Cincinnati, OH 45244, 513-561-5650.

Moderator: John Huesman, member of Cincinnati Lawn Bowling Club.

8205 Eyewitness Accounts of the Holocaust NEW

Wednesdays, 1:30–3 pm

(Center for Holocaust and Humanity Education)

CLASS LIMIT: 75

Through the personal presentations of Holocaust survivors and eyewitnesses, members of the Center for Holocaust and Humanity Education Speakers' Bureau will share their unique experiences during the Holocaust and their journeys to Cincinnati. From concentration camp survivors, refugees, and liberators, the course will highlight local connections to the Holocaust and its lessons. Center for Holocaust and Humanity Education, 8401 Montgomery Rd., Cincinnati, OH 45236.

Moderator: Sarah Weiss is director of the Center for Holocaust and Humanity Education.

8302 Sing Karaoke

Thursdays, 2:40–4 pm (SSC)

CLASS LIMIT: 15

Do you love to sing but have never tried karaoke? Do you want to learn, or are you a real pro? Come join Glenn and Lynne for a musical afternoon of fun. We have a large list of songs to choose from, and who wouldn't enjoy singing with the accompaniment of a big band. We will encourage you to share your voice, but if you would rather listen, we can always use an audience.

Co-Moderators: Glenn King and Lynne Curtiss have been singing with Martin White's karaoke entertainment group for several years and are continuing his course by request.

8401 National Underground Railroad Freedom Center Tour

Friday, Apr. 10, 1–4 pm (NURFC)

CLASS LIMIT: 30

On this tour of the permanent and temporary exhibits at the National Underground Railroad Freedom Center (NURFC), we will discuss the introduction of African slaves to our shores as far back as 1619. Our discussions will take us through the history of our state and country to the present time including how Ohio played an important part in the Underground Railroad system. Admission is \$11, payable at the door, and paid parking is available under the museum. NURFC, 50 E. Freedom Way, Cincinnati, OH 45202.

Moderator: John Berten, retired GE executive, volunteer tour guide at NURFC since its opening ten years ago, extensive tour experience with visitors of all ages and nationalities.

8406 Middle-to-Late 20th-Century Southern Novelists 

Fridays, 10:30 am–12 pm (Joseph-Beth Booksellers)

4-WEEK COUSE: Apr. 10, Apr. 24, May 8, May 22

CLASS LIMIT: 15

In this course, we will read the following novels in chronological order: *The Last Gentleman* by Walker Percy, 1966; *The Optimist's Daughter* by Eudora Welty, 1972; *Summons to Memphis* by Peter Taylor, 1986; and *Dirty Work* by Larry Brown, 1990. Please have the first novel read by the first class on April 10.

Moderator: John Bossert, retired physician with a lifelong interest in literature.

8517 "Living Museum": Tour and Tea at the Home of Bette Sherman (Morning)

Friday, Apr. 10, 10 am–12 pm

COST: \$20

PROGRAM LIMIT: 20

Take a guided tour of three floors of antiques and collectibles in this turn-of-the-century home that serves as an artfully arranged "living museum." You will admire vintage clothing and accessories, bridal memorabilia, perfume and cosmetics, and an internationally recognized collection of beaded and mesh handbags. Also on display are items that would have filled the shelves of an early 20th-century general store such as coffee, tobacco, and syrup containers, and signs and displays advertising a variety of other merchandise. After cake and coffee or tea, your hostess will spirit you on a nostalgic trip to times long past. Address and parking instructions will be sent to enrollees.

Moderator: Bette Sherman, fashion historian and collector for 35 years, has shared her wit and knowledge with groups throughout the US and aboard cruise ships. Her collections have been featured in books on collecting and antique periodicals. She has worked with set decorators and stylists on television shows and feature films.

8518: "Living Museum": Tour and Tea at the Home of Bette Sherman (Afternoon)

Friday, Apr. 10, 2–4 pm

COST: \$20

PROGRAM LIMIT: 20

Take a guided tour of three floors of antiques and collectibles in this turn-of-the-century home that serves as an artfully arranged "living museum." You will admire vintage clothing

and accessories, bridal memorabilia, perfume and cosmetics, and an internationally recognized collection of beaded and mesh handbags. Also on display are items that would have filled the shelves of an early 20th-century general store such as coffee, tobacco, and syrup containers, and signs and displays advertising a variety of other merchandise. After cake and coffee or tea, your hostess will spirit you on a nostalgic trip to times long past. Address and parking instructions will be sent to enrollees.

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8519 Symphony Rehearsal and Lunch

Friday, Apr. 17, 9:30 am–2 pm

COST: \$2

PROGRAM LIMIT: 60

Attend a Cincinnati Symphony Orchestra (CSO) rehearsal featuring the influential and acclaimed American composer and conductor John Adams with violinist Leila Josefowicz, who brings her "gleaming sound and supple technique" (New York Times) to the program. For more information, visit <http://cincinnati-symphony.org/>. Bring your own lunch and stay after the rehearsal for a talk by a CSO musician.

Please arrive promptly at 9:30 am and enter Music Hall through the double glass doors marked Symphony Office on the left front of the building. Music Hall, 1243 Elm St., Cincinnati, OH 45202.

8520 World Peace Bell

Friday, Apr. 24, 10:30 am–2 pm

COST: \$31

PROGRAM LIMIT: 40

This Extra Treat will ring your bell! We'll begin the day at the World Peace Bell in Newport, the world's largest swinging bell, to hear the history of how it was cast and moved to the riverfront. Executive Director Jack Moreland will ring the bell for all to hear and enjoy. Then we'll walk across the street to the Newport Syndicate for a buffet lunch and a historical presentation on Newport's famous gangsters. Price includes parking adjacent to the Peace Bell, buffet lunch, and gangster presentation. Detailed information will be emailed to enrollees.

Class descriptions by CLASS NUMBER

8521 Cincinnati Art Museum Tour: Art of Japan

Friday, May 1, 1:30–3 pm

TOUR LIMIT: 50

The Cincinnati Art Museum's knowledgeable docents will lead you through two exciting exhibitions that explore ancient to contemporary Japanese art. *Masterpieces of Japanese Art* will feature more than 100 exquisite artworks selected from the permanent collection of the Cincinnati Art Museum, including paintings, screens, ceramics, lacquer and metal wares, ivory carvings, arms and armor, dolls, masks, cloisonné, textiles, and costumes, many displayed for the first time. *Modern Voices in Japanese Ceramics and Prints* pairs 35 modern and contemporary prints and ceramics. Shown together, these works disclose a brilliant dialogue through shared rhythms, patterns, textures, emotions, and ideas.

Meet in the main lobby near the gift shop. Parking is free for museum members and \$4 for others. Cincinnati Art Museum, 953 Eden Park Dr., Cincinnati, OH 45202.

8522 Rookwood Pottery Company Tour

Friday, May 8, 10 am–12 pm

TOUR LIMIT: 40

Tour the Rookwood Pottery Company and find out what has made Rookwood a treasured possession and highly collected art form for more than 100 years. Rookwood traces its roots to Cincinnati and continues this proud tradition in still being produced here today. World-renowned for impeccable design and craftsmanship, Rookwood produces quality artisan products such as architectural and art tile, art pottery, corporate gifts, and special commissions for designers, architects, homeowners, and businesses. After the tour, take time to enjoy the beautiful offerings of the shop located on the premises. NOTE: The entire tour is indoors. During the tour, attendees will traverse the equivalent of a football field, and some demonstrations are within small spaces.

Rookwood Pottery Company, 1920 Race St., Cincinnati, OH, 45202. Very limited parking is available on site; additional parking on the street or at nearby Findlay Market.

8523 Cincinnati Art Museum Tour: Fashion

Friday, May 15, 1–2:30 pm

TOUR LIMIT: 30

Join Cynthia Amneus, director of the fashion department at the Cincinnati Art Museum, for an exclusive behind-the-

scenes tour of the fashion storage department together with a tour and gallery talk of *The Total Look: The Creative Collaboration between Rudi Gernreich, Peggy Moffitt, and William Claxton*. Featured are about 60 garments by Gernreich, whose focus in the 1960s and '70s was minimalist body-conscious clothing in dramatically psychedelic colors that sought to change social attitudes about women and promote equality between the sexes.

Meet in the main lobby near the gift shop. Parking is free for museum members and \$4 for others. Cincinnati Art Museum, 953 Eden Park Dr., Cincinnati, OH 45202.



OLLI members practicing finger spelling in Beginning American Sign Language



OLLI members participating in a discussion in Understanding the New Testament in the Context of the Qur'an

CREATIVE VOICES

Each spring, OLLI at UC publishes a literary and art magazine to celebrate the talents of our members and moderators. We accept submissions of short fiction, essays, poetry, photography, and two-dimensional graphic art such as drawings, prints, and paintings. For information about how to submit work for consideration, visit: www.uc.edu/ce/olli/creative-voices.html or call the office at 513-556-9186.

OLLI Summer Series

Wednesdays, 10 am – 12 pm
Sycamore Senior Center

4465 Carver Woods Dr., Cincinnati OH 45242



Seven weeks – seven topics  *Just \$10 for the entire series*

July 8

**Major League Baseball's
All Star Game and the
Reds Connection**

Ralph Arnold

July 15

**Exploring Cincinnati
through Restaurants**

Polly Campbell

July 22

**The Aubrey Rose Foundation:
Intimate Relationships Between
Physicians, Patients in Critical
Care, and Their Families**

Nancy & Jerry Hollenkamp

July 29

**An Underappreciated
Route to Career Success:
Vocational and
Technical Training**

Maggie Hess & Joe Behymer

August 5

Policing in Cincinnati

Garry Connor

August 12

**The Educational and
Personal Joys of
Extended Travel**

Doug Iden

August 19

**Our Cultural Legacy —
Arts in 21st-Century Schools**

David Bell

Watch for details coming soon!

MAPS

University of Cincinnati

2600 Clifton Ave.
Cincinnati, OH 45221

DIRECTIONS TO TANGEMAN UNIVERSITY CENTER

From Jefferson Avenue, turn onto Corry Blvd.
Continue on Corry Blvd. to CCM Garage down ramp.

After parking at CCM garage:

- Take Electronic Media elevator to 4th floor
- Exit left and then left again at first doors
- Cross bridge and enter TUC straight ahead
- Take first elevators on right to 4th floor

OLLI provides passes for

FREE PARKING on main campus.

Call 513-556-9186

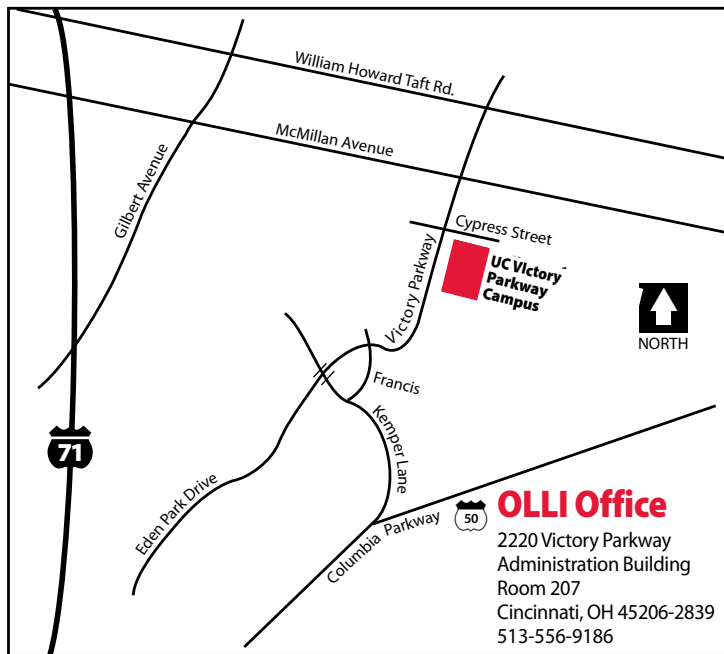
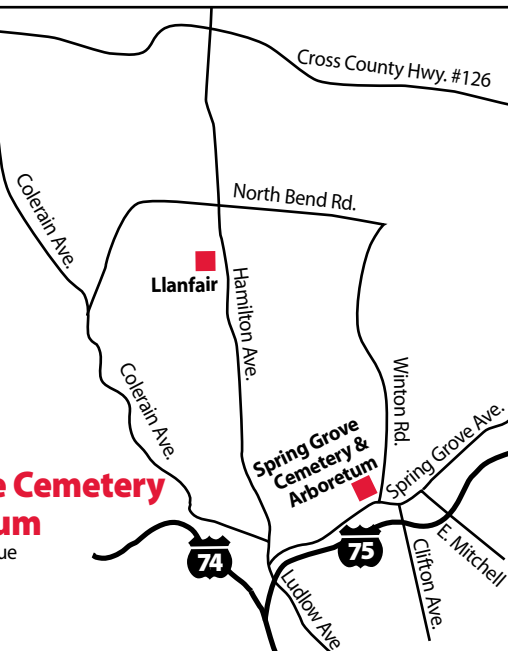


Llanfair Retirement Community

1701 Llanfair Ave.
Cincinnati, OH 45224
513-681-4230

Spring Grove Cemetery and Arboretum

4521 Spring Grove Avenue
Cincinnati, OH 45232
513-681-7526

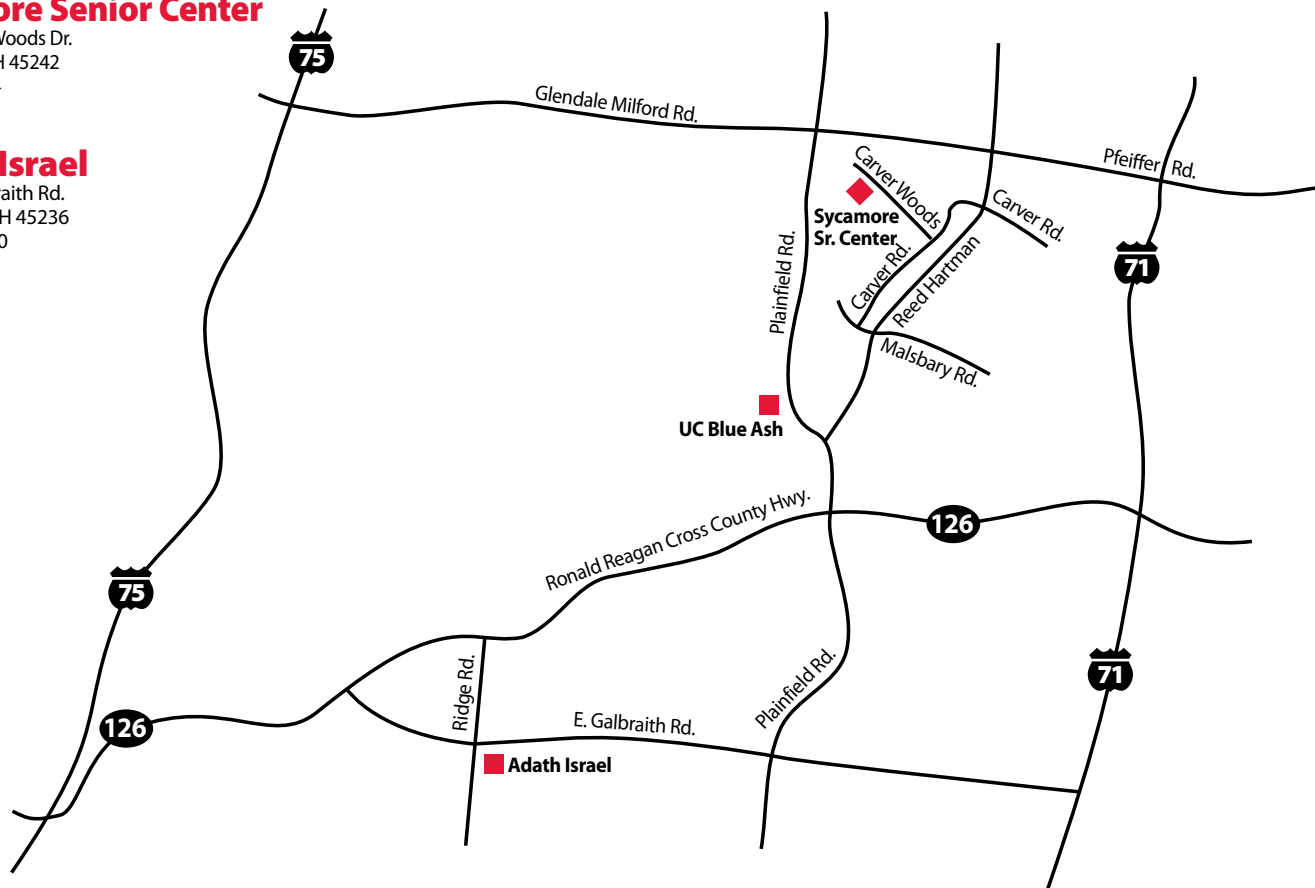


Sycamore Senior Center

4455 Carver Woods Dr.
Cincinnati, OH 45242
513-984-1234

Adath Israel

3201 E. Galbraith Rd.
Cincinnati, OH 45236
513-793-1800





Who makes OLLI Great? You do!

Whether a veteran member or new to our program, each school year you can experience the exceptional courses, tours, lectures, and special events that support OLLI's mission of providing opportunities for lifetime learning and social interaction to the mature residents of Greater Cincinnati.

You'll stretch your intellectual and social muscles—reach out and try something new and meet others who share your love of learning.

OLLI changes lives:

- Judi M. realized that most of her friends are people she has met through OLLI and is now teaching a class—even though she never finished college.
- Ralph M. tried Ballroom Dancing, lost weight, improved his balance and

health, and participated in a dance showcase with his dance instructor.

- Larry P. has taken classes in nearly every subject, but his passion is photography. Through his OLLI experience, he has exhibited and won prizes for his photographs.
- You can all explore art, history, new technologies, current events, financial planning, French and Spanish conversation, exercise, nutrition, literature, science, music, philosophy, religion, writing, travel, and much more.

Please consider showing your love for OLLI with a tax-deductible gift to Friends of OLLI. Your gift will be put to good use to ensure OLLI's viability for years to come, keep fees low, purchase necessary classroom equipment, and provide scholarships for your fellow members with financial need.



Please accept my gift for:

\$1,000 \$500 \$250 \$100

Other \$ _____

In memory of _____

In honor of _____

- Gifts of \$1000 or more will also receive recognition and benefits through UC's Charles McMicken Society, including free OLLI tuition, free campus parking, bookstore discounts, and more.
- Your tax-deductible gift can be doubled or tripled with a matching gift from your employer. Many companies match gifts from retirees. Please check with your human resources department.

Name _____ Today's Date _____

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Pledge: Payments will begin _____

And will be paid Quarterly Semi-Annually Annually

Check enclosed (*payable to UC Foundation/OLLI*)

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Card Number _____ Expiration Date _____

My employer matches gift contributions

My matching gift form is enclosed

Mail form and donation to:
OLLI at UC
PO Box 6249
Cincinnati, OH 45206



AVOID DELAYS REGISTER ONLINE!

www.uc.edu/ce/olli

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Take as many courses as you wish for one \$85 fee.
You'll receive confirmation of your registration.

**PLEASE SEND ENTIRE FORM
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PLEASE PRINT

SECOND REGISTRANT

Name

Address

City/State/ZIP

Telephone

Email address

Year of birth

I would like to enroll in the following course(s):

Course # Course Title

Course #	Course Title

Name

Address

City/State/ZIP

Telephone

Email address

Year of birth

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Course # Course Title

Course #	Course Title

PAYMENT

\$85/person

or

\$170/2 persons

*(If you cannot afford to pay the \$85, scholarships are available.
Contact the OLLI office for information.)*

Check

Visa

MasterCard

Discover

Card Number

Expiration Date

Name on Card

Make check payable to University of Cincinnati.
Please mail completed registration form and payment to:
OLLI at UC
PO Box 6249
Cincinnati, OH 45206

TUC Parking Pass needed

QUESTIONS? Contact :

Phone: 513-556-9186

Email: olli@uc.edu



*If you receive a duplicate copy,
 please share it with a friend.*

TIME SENSITIVE MATERIAL!

Class Dates

Spring classes begin on
 March 30, 2015

Vision Statement

OLLI is the premier organization offering educational and social experiences to the mature residents of Greater Cincinnati by:

- Nourishing intellect, expanding knowledge, and exploring new ideas
- Sharing interests and experiences
- Cultivating friendships
- Being a resource of UC and supporting its goals

Mission Statement

OLLI provides opportunities for lifetime learning and social interaction to the mature residents of Greater Cincinnati.

OLLI Contacts

Program Director

Cate O'Hara
 513-556-9174
 catherine.ohara@uc.edu

Program Coordinator

Gay Laughlin
 513-556-9186
 gay.laughlin@uc.edu

Address

OLLI at UC
 PO Box 210093
 Cincinnati, OH 45221-0093
 olli@uc.edu

Website

www.uc.edu/ce/olli

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