What has this year meant to you? What have you learned, how have you grown, and where do you go from here? These are the key questions to ask yourself as you craft your year in review, which will be documented within your learning portfolio. You are required to complete a year in review page for each year you participate in the University Honors Program.

The following questions are intended to guide your response. Page 2 has additional questions to consider based on where you are in your collegiate experience. In thinking through these questions, consider learning and growth that happened in the classroom, in a student activity, within your interpersonal relationships, or some other context entirely.

Part I: What? So What?
Please incorporate elements from at least two of the following questions to guide your reflection.

- What is something new that you learned this year? Why is that learning significant and how has this enhanced your ability to contribute academically or otherwise?
- What is the most significant event, experience, or challenge you overcame this year and what did you learn from that experience? How is experience influential in terms of how you see yourself today?
- What significant relationships or connections have you developed this year? How have those relationships impacted your experience?
- What is one thing you would change about this year? Why?
- What connections/patterns can you identify within your involvement and choices? What is the significance of the connections/patterns you noted?
- How have you used your gifts and talents to give back to the community and society?

Part II: Now What?
Please be sure to address three of the following questions, focused on where you will go from here.

- What piece of advice would you like to give yourself as you prepare for the upcoming year, be that academically, personally, or both?
- How have your thoughts about who you are and what you want to do changed or evolved this year? How will that inform your next steps?
- What is at least one goal that you have set for yourself for the upcoming year?
- How will you use your gifts and talents to give back to the community and society?

Identify a format or style that seems ideal for your year in review. Potential ideas to consider:

- A 400-600 word written reflection
- A 5-10 minute video reflection
- A 5-minute TED Talk (examples: [http://www.ted.com/](http://www.ted.com/))
- Original art work that represents you
- Something else entirely (if in doubt, check with your honors advisor)

Create a page in your learning portfolio to share your year in review.

- Keep in mind that if you use multimedia or original art work for your year in review, basic descriptions or supporting explanations need to accompany your creativity.
- Consider your audience along the way, and make sure that a reviewer can come away with a well-defined sense of your learning and growth over the last year.
Other questions to consider
Consider these additional questions, based on where you are in your collegiate experience.

Transition to the University of Cincinnati
- What did you learn about yourself in the transition to college? Why is that important?
- What strategies did you employ in the face of challenges stemming from the transition to college? Were they effective? Why or why not?
- How have your perspectives/ideas been challenged or broadened as a result of your time in college?
- What is a resource or community at UC that supported your success this year? How did you get connected with the identified resource/community? How did the resource/community contribute to your success?
- As a result of the assignments/activities in HNRS1010, what did you learn about yourself? Which activity or assignment was most significant and why?

Mid-Collegiate years
- What is a goal you’ve been working toward and how have you made progress towards and/or achieved that goal?
- What is a passion you have identified and how have you actively pursued that passion?
- What is a decision you made this year that has been transformative, empowering, or disastrous? What and who informed your decision making process? What and who challenged that decision?
- If “your story” of this year had a title, what would that title be? How does your learning portfolio tell your unique story in a dynamic way?
- How have you integrated your curricular and co-curricular pursuits? In what ways and settings have you been able to apply your learning and how was that experience?

Preparing for graduation
- Thinking broadly about your experience at UC, describe the three most significant events, experiences, or challenges that happened since you began your college career.
  o  How were those experiences influential in terms of how you see yourself today?
- In what way(s) do you feel you have changed or grown the most since coming to UC? How have you been transformed by your University Honors experience?
- How do you integrate your experiences as a student, person, citizen, and professional? What is the value of such integration?
- What is your personal brand and how have you developed it?
- What role has reflection played in your time at UC? How will you purposefully and actively reflect in the future and why is that method effective and meaningful for you?