

RETIREMENT & FINANCIAL

Retirement Plan Information include Tax Deferred Savings Opportunities

To learn more your retirement plan options and tax deferred savings opportunities, log on to the following website: www.uc.edu/hr/benefits/.

Employee Discounts

For information on employee discounts, log on to the following website:
<http://www.uc.edu/hr/benefits/discou>
[nts.html](http://www.uc.edu/hr/benefits/discou).

Tuition Remission

To learn more about Tuition Remission available to you and your eligible dependents, log on to the following site: www.uc.edu/hr/benefits/tuition_remission.

Prepared for you by:

The Human Resources Department



University of Cincinnati

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EMPLOYEE BENEFIT PROVIDER INFORMATION

**University of
Cincinnati**

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HEALTH & WELLNESS

Humana – Medical and Dental

To obtain information through Humana for your medical and dental plans, including prescription drug benefits, log on to their Web site www.humana.com, or use the UC link at <http://uc.humana.com> (do not use “www”). As a Humana member many online features are available including viewing medical and dental claim status, locating network providers, and ordering mail order prescriptions. The following Humana medical plans are available to UC employees HMO Premier, National POS Open Access and First 1000-National POS.

To speak with a Humana customer service representative, call toll free at 800-448-6262 for all Medical inquiries and 800-233-4013 for Dental questions. You can contact Humana’s Nurse Advice line (available 24/7) by calling 800-622-9529.

EyeMed Vision Discount Program

To obtain information through EyeMed on discounts available for the purchase of eyeglasses, contact lenses, and Lasik vision correction, and to use the Online Provider Locator, log on to <http://eyemedvisioncare.com>. Just beneath MEMBERS, click on LOGIN/REGISTER (do not enter a User Name or Password). Scroll down and click on “H.” Select Humana Discount Select (9242587) to see the discounts, benefits and providers. Show your Humana Medical Card to receive the discount.

HEALTH & WELLNESS

Employee Assistance Plan (EAP)

Impact Solutions is the university’s Employee Assistance Plan (EAP) provider. Impact EAP offers employees unlimited phone consultation with a live mental health professional 24 hours a day, 365 days a year. Face to face counseling is also available, with up to 5 sessions included per problem occurrence. Additional features include: Web portal with daily living/wellness articles, resources and interactive features; legal, financial and identity theft recovery assistance; child and elder care referral assistance; and referrals to community resources. You can reach Impact at 800-227-6007.

For additional information, logon to the web at www.myimpactsolution.com.

Your member log in: bearcats.

Chard Snyder – Flexible Spending Account Administrator

To obtain information about our Health Care or Dependent Daycare Flexible Spending Account (FSA), log on to www.chard-snyder.com. Click on “Participants” and then “FSA” on the left hand side of the page. To speak with a Chard Snyder customer service representative, call toll free at 800-982-7715. You can fax FSA claims to 513-459-9947.

HEALTH & WELLNESS

Life and Personal Accident Insurance

Minnesota Life is our Life and Personal Accident Insurance carrier. To speak with a customer service representative, call toll free at 1-866-293-6047.

Unum Life Insurance Company of America – Long-Term Disability Insurance

To obtain information through Unum regarding the Long Term Disability Plan, log on to their Web site at www.unum.com. To speak with a Unum customer service representative, call toll free at 800-343-5406.

Employee Wellness

Information about Employee Wellness is available on the Wellness website at: www.uc.edu/hr/wellness_programs.

Check out our lunch and learn sessions.

If you have questions or concerns, contact the UC Human Resources Department at 513-556-6381.

YOU  **HR**