Be Well UC Launch: 2015
Overview of participation stats from Be Well UC programming

Launch Day:

8/17/15

8 On Campus Screenings
1353 Health Assessments Completed
45 Lunch & Learns Offered

Portal Login as of 12/14/15:
1529 users:

5805 EE's Eligible
1012 Individuals Screened
6728 Total Logins to Portal

26%

63 Wellness Ambassadors Spreading the Word!

Upcoming Monthly Themes:

DEC
"BE A GIFT TO OTHERS"

JAN
"I CAN & I WILL"

FEB
"HOW MUCH IS YOUR HEALTH WORTH?"

MAR
"SLOW DOWN: FUEL UP DAILY"

APR
"TO LIVE IS TO KEEP MOVING (FORWARD)"

Next Steps/Moving Ahead:

Utilize Health Claims Data to Redefine Programming

Analyze Data from Health Screening/Assessments for Quality Assurance & Program Growth

Health Coaching

Tobacco Cessation Policy

Support/Resource Group Implementation

Pop-Up Events are growing in popularity!

Hoping to grow #BeWellUC: @PrezOno has begun to tweet us!