2017 Benefits & Wellness Sessions
Come See What UC Has to Offer!

Benefits Sessions:

**Tuesday 10/17**
- 1:1 Benefit Sessions 2-4:30pm Muntz 351
  *Registration required.

**Thursday 11/9 (all in Walters 100)**
- Town Hall 1-1:45pm Walters 100
- 1:1 Benefit Sessions* 2:30-4:30pm, Registration required

**Tuesday 11/14 (all in Muntz 117)**
- NEW Vision Plan with VSP 12-12:30pm
- LTD & Critical Illness/Accident Insurance with Unum 12:30-1pm
- EAP with IMPACT Solutions 1-1:30pm

**Friday 11/17**
- Financial & Retirement Planning with Apprisen 11am-12pm Muntz 170

**Monday 11/27 (all in Walters 100)**
- Understanding the Anthem Medical Plans 1-1:45pm
- HSA Overview 2-2:45pm

Be Well UC Sessions:

**Monday 10/2**
- “Stress Less” with Work Well
  11am-12pm Walters 100

**Tuesday 10/31**
- “Breathing & Mindfulness” with Work Well
  11-11:30am Muntz 351
- Flu Shots & Biometric Screenings
  1-3pm Muntz 119 (theater)
- Mammography Van
  1-3pm Outside Muntz

**Wednesday 11/8**
- Be the Beat Drumming
  12-12:30pm Muntz 351

**Friday 11/17**
- We’ve Got Your Back with Airrosti
  12-1pm Muntz 351

How to Register:

- Mammo Van: Call (513) 584-PINK (7465)

Visit [www.uc.edu/hr/benefits/benefitsfair](http://www.uc.edu/hr/benefits/benefitsfair) for details