**Strengths**

*Please note: This activity will cost $10 per participant*

**Time:** 90 Minutes

**Materials**

- Purchased Access Code for each participant
- Strengths Evaluation Tools
- Strengths Activities

**Description:** Learn your talents and understand how they influence the way you approach work in and out of the classroom.

**Preparation**

- Purchase access codes for all students participating.
  - You will have access to the *StrengthsQuest* book online via each code purchase, or you may purchase a new version of the *StrengthsQuest* book which will have one access code in it.
- Choose Strengths Activities that best suit your group. We suggest:
  - *Getting the Most Out of Your Clifton StrengthsFinder Report*
  - *My Strengths and How I Use Them*
  - *Five Clues to Talent*

**Instructions**

1. Have each participant log in to [www.strengthsquest.com](http://www.strengthsquest.com) and register with their purchased access code.
2. Have students print their strengths and print and disclose their Signature Theme Report results to you, the instructor.
3. Have students print their Strengths Insight and Action-Planning Guide
4. Create Nametags with each member’s strengths and name
5. Fill out the strengths grid for your group
6. Distribute chosen StrengthsQuest activities

*If interested in follow up Strengths activities, please reach out to SALD in 455 Steger Student Life Center and we can discuss a faculty led workshop.*

**Notes:**

______________________________
______________________________
______________________________