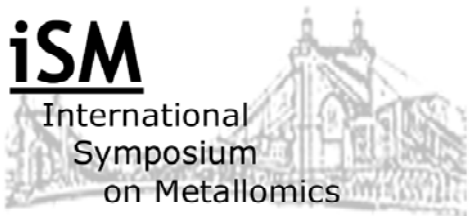


iSM

International
Symposium
on Metallomics



RESTAURANT GUIDE

For further details or special requests about restaurants, menus, organization, directions or transportation, please contact:

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Renee Easter: keplerrn@gmail.com

-DOWNTOWN CINCINNATI-

Asian, Chinese, Japanese

Benihana

126 East 6th Street
Cincinnati, OH 45202

<http://www.benihana.com/locations/cincinnati-oh-cn>

Winner of the Cincinnati Magazine Reader Choice Awards for "Best Japanese Restaurant."
At Benihana your food is not only cooked it's choreographed. Our chefs will have you craving for more as they slice and dice your meal right before your eyes. Highly skilled and well-trained, your personal chef will entertain you as they cook such favorites as steak, chicken, seafood and fresh vegetables in traditional Japanese style on a hibachi table. So, come in today and witness firsthand what has become the longest running dinner show in the world. Reservations are recommended.

American

Palomino's

505 Vine Street

Cincinnati, OH 45202

<http://www.palomino.com/>

Palomino's is the upbeat city restaurant and bar famous for its rich and stylish ambiance. Guests love Palomino's European-inspired regional American Cuisine. Only Palomino offers such a versatile menu in extraordinary surroundings at reasonable prices.

Palace Restaurant

601 Vine Street

Cincinnati, OH 45202

<http://www.palacecincinnati.com/>

Welcome to The Palace, offering fine dining within the historic Cincinnati Hotel. Our elegant dining room, innovative menu and seamless, classic service create a one-of-a-kind dining experience. We hope to share this experience with you soon, at breakfast, lunch or dinner. And, please explore our Cricket Lounge bistro also located within our historic, AAA Four-Diamond, Mobil Four Star hotel, the Cincinnati, accommodating Cincinnatians, Cincinnati tourists, and Cincinnati's business community since 1882.

Orchids at Palm Court

35 West Fifth Street

Cincinnati, OH 45202

<http://www.orchidsatpalmcourt.com/index.html>

Located in the Art Deco masterpiece that is the Hilton Cincinnati Netherland Plaza in downtown, Orchids is a destination just for the historic beauty of the architecture and surroundings - urban and elegant with echoes of a bygone era.

AAA Four-Diamond rated restaurant with a seasonally updated contemporary menu featuring creative cuisine by Executive Chef Todd Kelly. Also serving an award-winning Sunday brunch.

First Watch

700 Walnut Street

Cincinnati, OH 45202

<http://www.firstwatch.com/>

Breakfast, brunch, lunch. At First Watch, we believe in putting our customers first. We begin each day at the crack of dawn, slicing fresh fruits and vegetables, baking muffins and whipping up our French toast batter from scratch. We're committed to freshness—using some

of the finest ingredients available—never compromising quality. Our unique Breakfast, Brunch and Lunch creations are freshly prepared to each order. When you arrive, we welcome you with a pot of our Sunrise Select® Premium Blend coffee, complimentary newspapers and Wi-Fi Internet access. We strive to provide unexpectedly extraordinary experiences to our customers everyday. It's all part of our "YOU FIRST™" service philosophy—our commitment to doing whatever it takes to make our customers' visits memorable.

Gold Star Chili

28 West 4th Street

Cincinnati, OH 45202

<http://www.goldstarchili.com/>

The Greater Cincinnati area is *Chilitown USA™*, with more chili restaurants concentrated in the market area than anywhere else in the nation. The distinctive, spicy Cincinnati-style chili is the town's "official" hometown dish, served most often on hot dogs with cheese (cheese coney) and over spaghetti, topped with cheese (a 3-Way), beans (a 4-Way) or all of the preceding, with onions (a 5-Way). Cincinnati-style chili has a devoted, "cult-like" following throughout the region and increasingly, throughout the nation.

The Great Steak & Potato Company

28 West Fourth Street

Cincinnati, OH 45202

<http://www.thegreatsteak.com/>

Since 1982, The Great Steak and Potato Company has been serving the finest Cheesesteak sandwiches in hundreds of locations throughout the United States, Canada and abroad. We're now known simply as "Great Steak" to our many loyal customers. Our recipe - freshness. We use the finest ingredients prepared while you watch, to ensure the freshest, most delicious eating experience.

Italian

Via Vite

520 Vine Street

Cincinnati, OH 45202

<http://www.viaviterestaurant.com/>

“2009 Top Ten Restaurants: Via Vite #4”

It's one of the fundamental rules for food writing: Observe what others are eating. If you notice a majority of diners with a particular dish, order it. During one of my 2008 visits to Via Vite, I was struck by how many people were gnawing on huge lamb shanks. It was a very carnal scene, and naturally, I was intrigued. Several menus in the city feature similar shanks, but none of them touch Via Vite's. Perhaps it's the depth of flavor, or the infinite tenderness of the meat. Maybe it's the obscenely good polenta underneath: creamy and plush with Parmigiano-Reggiano and rivulets of lamb jus. It's sexy, and I'm mad about it. With its Fountain Square spot, contemporary glass and steel structure, curvaceous details, and bursts of color, Via Vite could get by on good looks and location alone. That the Pietoso family (owners of Nicola's) has ignored simply meeting the standard in favor of working to create a trattoria that buzzes with energy and exemplary dishes is a testament to their solid restaurant genes and passion for food. Thick spears of grilled asparagus, roasted beets, and smears of goat cheese doused in cracked pepper is a salad I often turn to for lunch. For a light dinner, an airy tumble of arugula dressed in lemon and olive oil, tossed with toasted pine nuts and shards of Parmigiano, and paired with a bowl of dark, wickedly seasoned cioppino, is an unbeatable combination for its nuance and intensity. With a steak and side of sautéed mushrooms in brown butter vinaigrette, it's culinary feng shui. Cocktails, late night, lunch, and dinner are all delivered, for the most part, with warm and comfortably hip service (the outdoor deck is most susceptible to inconsistency), making Via Vite an axis both of the city center's rechristening and the restaurant community at large.

Campanello's Italian Restaurant

414 Central Avenue

Cincinnati, OH 45202

<http://www.campanellos.com/>

For over 25 years, Cincinnati's most popular Italian restaurant. Located within walking distance from all downtown hotels as well as the Duke Energy Convention Center.

Steak & Seafood

Jeff Ruby's

700 Walnut Street

Cincinnati, OH 45202

<http://www.jeffruby.com/>

Mr. Ruby writes a story line for every one of his restaurants. Much like a Broadway show, everything follows that tale. This restaurant tells the story of his life growing up in the restaurant business in New York and New Jersey.

Jeff Ruby's Steakhouse is a 1940's French Art Deco New York Steakhouse that has a vibrant atmosphere where you'll feel like you've been treated to a show. That's why virtually every national sports star, Hollywood star and rock star choose to dine at Jeff Ruby's Steakhouse when they visit Cincinnati.

Boi Na Braza

441 Vine Street

Cincinnati, OH 45202

<http://www.boinabraza.com/>

The Dining Tradition from the Pampas of Southern Brazil

For any occasion, our award-winning restaurant offers a truly enjoyable and memorable dining experience.

- Sumptuous salad bar with delectable items to whet your appetite.
- Beef, pork, lamb and poultry ~ 15 selections deliciously seasoned and roasted over an open-fire.
- Brazilian Gauchos, continuously serving you tableside and at your convenience.
- Desserts, traditional or Brazilian specialties, will complete your meal.
- Extensive list of exquisite wines, champagnes, liquors and after dinner drinks.

Whether an intimate dinner for two, an employee lunch for 10 or a business meeting and meal for 50, our Brazilian Steak House is the perfect place.

Our fixed-price menu includes Brazilian Cheese bread and appetizers, the salad bar with hot side dishes, and all 15 selections of beef, pork, lamb and poultry. You enjoy as much as you want and when you want it - with our unique Rodizio-style service. Our elegant yet fun atmosphere along with private and customized dining areas will accommodate almost any need.

We are proud to share with you our food, traditions and culture ~ all in a beautiful setting. We invite you to explore our web site and learn more about our authentic Churrascaria style of dining

McCormick & Schmick's Seafood

21 East Fifth Street
Cincinnati, OH 45202

<http://www.mccormickandschmicks.com/>

Since the 1970's, McCormick and Schmick's Seafood Restaurants have been sourcing and preparing the freshest seafood for our guests. We are committed to preparing our menus twice daily to reflect what we are able to source fresh each day. In addition, our bars feature a famous bar food menu and hand-crafted, blender-free cocktails using fresh squeezed juices. Guests have come to recognize our service as second to none, which is refreshing in this day and age.

One visit to our restaurant and you will know that with McCormick and Schmick's, freshness is everything.

Morton's, The Steakhouse

28 West Fourth Street
Cincinnati, OH 45202

<http://www.mortons.com/>

USDA prime-aged steak is just part of the Morton's story. Behind each of the 80 worldwide locations is a thriving team of people whose commitment, passion and loyalty create the foundation for success.

The Best Product... Genuine Hospitality... an Experience to Remember. For 30 years, we have served only the finest quality foods, featuring USDA prime-aged beef, fresh fish and seafood, hand-picked produce, delicious appetizers and elegant desserts. Our servers strive to provide unparalleled hospitality to each and every guest. We're not happy until your filet is perfect, your lobster succulent and your vegetables are steaming. Rich mahogany, crisp linens and superior service combined with the superior product and the dedicated people at Morton's create an experience you won't soon forget.

-NORTH KENTUCKY-

Applebee's

1 Madison Ave.

Covington Landing

Covington, KY

<http://www.applebees.com/>

Applebee's is a full-service casual dining restaurant and bar that offers a wide variety of appetizers, entrees, beverages and desserts at affordable prices.

Barleycorns Yacht Club

Riverboat Row

Newport, KY

(859) 292-2978

The friendliest and most affordable riverboat dining in town. Features homemade soup, Texas-style chili, potato skins, giant hot sandwiches, seafood favorites & giant screen TV. Spectacular view of the riverfront.

Behle Street Cafe

50 E. River Center Blvd.

Covington, KY

(859) 291-4100

Be casual, be comfortable. Featuring our special fat free pastas, Caesar and Greek salads. Open 11:00 a.m. to 1:00a.m. Serving great food until midnight.

Cancun Mexican Restaurant

3029 Dixie Hwy

Edgewood, KY

<http://www.cancunmexicanrest.com/>

holidays Lunch from \$3.50, dinners starting at\$5.50. Best fajitas in town. Voted Best margaritas by Cincinnati Magazine. Everything cooked fresh daily. 10 minutes from downtown.

Chart House

405 Riverside Dr.

Newport, KY 41071

<http://www.chart-house.com/>

Breathtaking riverside dining. Panoramic view of Cincinnati skyline. Comfortable elegance. Spectacular American cuisine. 35-year Chart House tradition of dining and service excellence. Reservations recommended.

Coach and Four Restaurant

214 Scott Blvd.

Covington, KY

<http://www.coachandfour.com/>

Voted one of top ten favorite restaurants in Ohio by Ohio Magazine. Seasonal fish. Specialty blackened steaks. Unique pasta dishes. 5% discount, convention delegates.

Commonwealth Hilton Grand Cafe

I-75 & Turfway Rd.

Florence, KY

(859) 371-4400

Casual cuisine featuring fresh seafood, homemade bread, pasta, aged beef, decadent desserts. Unique atmosphere enhanced by extensive wine cellar, live entertainment and dancing. Award winning Sunday Brunch.

Covington Landing

Foot of Madison Ave.

Covington, KY;

(859) 491-3100

(on the Ohio River, west of Suspension Bridge). The country's largest floating entertainment complex featuring T.G.I. Fridays, Pizza Hut, Howl at the Moon, Applebees, boat cruises, all with a spectacular view of the river and downtown Cincinnati.

Crocketts River Cafe & Topside Bar & Grill

1 Riverboat Row

Newport, KY

(859) 581-2800

Spectacular view of downtown and the river from two different restaurants. American menu includes steaks, chops and fresh seafood, and sandwiches, pizzas and pastas. Outstanding raw bar.

Dee Felice Cafe

529 Main St.

Covington, KY

<http://www.deefelice.com/index.htm>

A dynamic combination of Cajun food, pastas, steak and old fashioned New Orleans decor, complements the best live jazz in the area.

Dijon Restaurant & Bar

724 Madison Ave.

Covington, KY

(859) 581-5646

Lively atmosphere with entertainment nightly featuring an exciting menu of everything from French to vegetarian. Great homemade desserts. Parking available behind Dijon off of 7th street.

El Coyote Southwestern Grille

3041 Dixie Hwy

Edgewood, KY

<http://www.elcoyotecincy.com/>

Award-winning restaurant. Cincinnati Magazine-Best fajitas, best Tex-Mex, best Mexican, best beef from fajitas to filets, best New York strip Outstanding margaritas! Private party rooms.

Mike Fink Restaurant

Foot of Greenup St.

Covington, KY;

<http://www.mikefink.com/>

Mon.-Sat., B & D Sun. Cincinnati's only authentic riverboat restaurant. Spectacular view of river, Cincinnati skyline. American menu features beef, fresh seafood, raw bar. On the National Historic Register.

Pompilios

6th & Washington Ave.

Newport, KY,

<http://www.pompilios.com/>

Established in 1933, Pompilios has continued to provide authentic Italian food for 60 years. Pompilios offers a full menu specializing in Italian foods.

The Waterfront

14 Pete Rose Pier,
Covington, KY

<http://www.jeffruby.com/waterfront.html>

Two floating restaurants with spectacular views. Windows on the Water is the only Mobil 3-star restaurant in Northern Ky. Fresh seafood & great steaks.

For further details or special requests about restaurants, menus, organization, directions or transportation, please contact:

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