

## **REACH Employee Assistance Bearcat Welcome Program**

Whether you are new to Cincinnati or just new to the UC community, we are here to help you get on board.

- ❖ REACH offers new hires and their families
  - Assistance with locating services and amenities including:
    - Local schools, places of worship, public transportation services, restaurants, theatres, contacts for legal, financial and housing matters. . . we're here to help.
- ❖ REACH Counselors are trained, experienced, compassionate and resourceful.
- ❖ Our services are free for all UC employees and their dependents and can be accessed by phone, e-mail or in person.
- ❖ REACH provides:
  - Short-term counseling, mental health and substance abuse assessments and assistance with work related problems or personal issues.
  - REACH assists supervisors, directors, managers and deans in recognizing employees who may be struggling with personal issues that are affecting job performance.
- ❖ UC values the contribution of their employees and is committed to making this transition to the university and the community a smooth one.

**“HELP IS WITHIN REACH”**

Location – 7130 Edwards One (West Campus)

Hours – Monday – Friday 8:30 – 6:30 and 24/7 by phone

Phone – 556-2506

[www.uc.edu/uhs/reach](http://www.uc.edu/uhs/reach).