University of CINCINNATI | COLLEGE OF NURSING

Clinical Requirements
Psychiatric-Mental Health NP DNP

Psychiatri Mental Health Nurse Practitioner

Clinical Course	Clinical Focus	Acceptable Clinical Sites	Acceptable Preceptors
ANPS8028: Internship I Supervised Clinical Practice Across the Lifespan 1 credit **168 clinical hours total** (12 hours/week on average) • ***Focus: Psychotherapy*** ***PLEASE SEE ASTERISK BELOW THIS CHART IF YOU INTEND TO COMPLETE CLINICAL ACTIVITY IN CALIFORNIA.**	• Learn initial aspects of Assessment and Diagnosis of Psychiatric Disorders using DSM 5 • Utilize theory and best practices in the choice of counseling techniques with individuals exhibiting specific diagnoses • Conduct an on-going risk assessment for suicide, homicide, violence, etc. • Assess the impact of acute and chronic medical problems on psychiatric treatment • Apply components of culture, diversity, and recovery to the development of a treatment plan • Plan systems interventions utilizing evidence-based practice • Incorporate screening guidelines into plan of care to foster health promotion/ risk reduction. • Plan educational interventions to foster patient understanding of mental illness and treatment. • Show skill at maintaining the therapeutic relationship with individual and group clients • Apply evidence-based therapy with individuals or groups	**This clinical is exclusively focused on psychotherapy.** Clinic examples include: o Outpatient o Inpatient o Substance use o Correctional o Private practice o Partial hospitalization o Intensive outpatient o Schools	Preceptor must be licensed to do psychotherapy in their state and have a minimum of a master's degree. Examples include: o Social Workers o Counselors/Therapists o Psychologists o Substance Abuse Counselors o Group therapists Providers must be able to meet with student to discuss therapy sessions and to supervise/assist student's growth as a psychotherapist. ****Psych NPs and Psychiatrists do not qualify, as they tend not to focus enough on psychotherapy to provide adequate learning opportunities for students.**
ANPS8030: Internship II Supervised Clinical Practice Across the Lifespan 1 credit **168 clinical hours total** (12 hours/week on average) • *Telepsych OK per guidelines* • ***Focus: Diagnostics & Medication Management***	• Become skilled in the Assessment and Diagnostic processes • Perform a comprehensive mental status exam on a variety of patients and integrate physical and mental health findings • Construct a plan of care based on evidence-based practice and current guidelines within cultural and financial constraints • Begin initial ability to collaborate and contribute to the ongoing team • Begin to integrate psychopharmacology into treatment • Function independently in the diagnostic process and the development of the treatment plan • Plan educational interventions to foster patient understanding of mental illness and treatment	Clinic examples include: o Outpatient o Inpatient o Substance use o Correctional o Private practice o Partial hospitalization o Intensive outpatient o Schools o Telepsychiatry	The acceptable preceptors listed below must have prescribing privileges: o PMHNP-BC o PMHCNS-BC o Psychiatrist (board certified or board eligible)
ANPS8032: Internship III Supervised Clinical Practice Across the Lifespan 1 credit **168 clinical hours total** (12 hours/week on average) • *Telepsych OK per guidelines* • ***Focus: Synthesis of all Learnings***	• Demonstrate competence in the assessment, diagnosis, care, and evaluation of patient care utilizing pharmacological and non-pharmacological interventions, including group and individual therapy. • Apply evidence-based practices • Construct a plan of care and evaluate outcomes utilizing evidence-based practice and current guidelines within cultural, legal, ethical and financial constraints • Collaborate with the healthcare team in making patient care decisions and evaluating outcomes • Illustrate the Psychiatric-Mental Health Nurse Practitioner role	Clinic examples include: o Outpatient o Inpatient o Substance use o Correctional o Private practice o Partial hospitalization o Intensive outpatient o Schools o Telepsychiatry	The acceptable preceptors listed below must have prescribing privileges: o PMHNP-BC o PMHCNS-BC o Psychiatrist (board certified or board eligible)

* For students planning to complete clinical activity in California for ANPS8028: Internship I: The California Board of Registered Nursing outlines that preceptors must be an NP, physician, psychiatrist (pending approval from the program director), or clinical psychologists. Therapists and counselors are not considered appropriate preceptors for these clinical experiences in California.

- It is acceptable to have more than 1 preceptor for each clinical course; however, a student should not have more than 2 preceptors per semester. A Minimum of three preceptors is required prior to graduation.
- A minimum of 40 hours with each preceptor is required. Students who wish to acquire additional hours (over 168 hr) during clinical 1 or 2 must obtain permission from Dr. Tyson, the program director. Additional hours may be obtained during clinical 3 with no special permission.
- At least 100 hours are required with each age group (pediatric 0-17, adult 18-61, and geriatric 62+) prior to graduation
- PA may be permitted on a case-by-case basis and for a limited number of hours at the discretion of the program director.