

OLLI FALL 2026 COURSE CATALOG

IMPORTANT DATES

Fall Term: September 22–November 18, 2026

No classes Veterans Day, Wednesday, November 11.

Check individual course listings for specific meeting dates.

NEW REGISTRATION PROCESS

- **Classes listed in RED with *STARS* open for registration on August 18, 10am.**
- **All other classes open August 1 for online or mail-in registration.**
- **Phone registration begins August 19, 9am.**

CLASS INFORMATION

Both in-person and online classes are offered. No tests! No grades! No pressure! Class format and location are indicated in the course descriptions.

Download free [Zoom](#) app for the best online class experience. Online classes are offered in real time, are interactive, and are **NOT** recorded.

Along with professors and other educators, OLLI classes are taught by professionals from many fields as well as passionate hobbyists. A brief biography of each class moderator is included with the course description.

OLLI MEMBERSHIP

OLLI programs are designed for adults aged 50 and better. The only prerequisite is a desire to learn.

PRICING & REFUNDS

Fall Term Membership: \$90

- Most multiweek classes: \$5 with membership
- Most one-time programs: \$0 with membership
- Fieldtrips: \$0–\$45 with membership

Refunds after the term begins at director's discretion.

Moderators of multiweek Fall courses and UC Foundation Tower of Strength donors receive complimentary membership. Please notify the office before trying to register if you are eligible for a free membership: 513-556-9186.

FINANCIAL ASSISTANCE

Financial assistance is available to all who need it, thanks to generous donations from Friends of OLLI and a grant from MassMutual Ascend. Send a short statement of need to olli@uc.edu to request a scholarship or call 513-556-9186 for information.

WAIT LISTS

If a class you want is full, you should place yourself on the wait list. If a place opens in that class, the first person on the list will be notified by phone or email and will have a limited amount of time to respond before the place is offered to the next person on the list. You are not charged for wait-listed classes unless you are enrolled. Do not attend classes for which you are wait listed or not enrolled.

TEACHING FOR OLLI

If you would like to share your expertise with the OLLI community, please consider volunteering to moderate a class. Visit the [OLLI website](http://uc.edu/olli) (uc.edu/olli) or call 513-556-9186.

DISCLAIMER

The views and opinions expressed in OLLI courses are strictly those of the moderators and their guest speakers. Course content has not been reviewed by the Osher Lifelong Learning Institute at the University of Cincinnati. Consult your financial advisor before acting on any implied or actual recommendations concerning the investment of your money. Consult your physician before following any medical, nutritional, or exercise program or advice.

LOCATIONS & PARKING

UC Victory Parkway Campus (VPC)—2220 Victory Pkwy, 45206. Permits for free parking in the East Lot accessed from Cypress St are distributed during the first week of classes and available later in the OLLI office (VPC Admin 207).

Adath Israel (ADI)—3201 E Galbraith Rd, 45236. Free parking in the adjacent lot. Thanks to the Foundation for Cincinnati Jewish Seniors for supporting OLLI classes at ADI.

Ohio Living Llanfair (OHLL)—1701 Llanfair Ave, 45224. Free parking in the adjacent lot. Look for the OLLI signs.

Other locations as indicated in course descriptions.

CONTACT US

EMAIL: olli@uc.edu

PHONE: 513-556-9186

VISIT: 2220 Victory Pkwy, Admin 207, Cincinnati, OH 45206

MAIL: OLLI at UC, PO Box 210093, Cincinnati, OH 45221-0093

WEB: www.uc.edu/olli

CLASSES BY CATEGORY

ART & ART HISTORY

- *9020 Cincinnati Art Museum Tour: The Art of Charley Harper (Other-Fri)*
 2502/2503 Dare to Stare: 19th-Century Circus and Sideshow Portraits (VPC/Zoom-Thu)
 1208/1209 Edie McKee Harper: Modernist at Play (VPC/Zoom-Mon)
 9014 Joseph Clark Gallery Arts of Africa Tour (Other-Wed)
 2604 Making Sense of Modern Art: 1886-1913 (VPC-Thu)
 1200/1201 The Art of Charley Harper: Creatures Wild and Tame (VPC/Zoom-Mon)
 8004 Treasures of the Cincinnati Art Museum (Other-Wed)

ART & CRAFT HANDS ON

- 4901 Beginning Knitting, Pt 2 (ADI-Thu)
 4701 DIY Polish Folk Art Nativity Scenes (ADI-Tue)
 1006 Found Objects and Your Imagination (VPC-Mon)
 8000 Fundamentals of Hand-Building with Clay (Other-Mon)
 2110 Holiday Card Workshop: Fall/Winter Themes (VPC-Wed)
 1102 Knitting for Newbies: Design and Knit a Hat (VPC-Mon)
 4501 Knitting Special Holiday Gifts (ADI-Tue)
 2106 Making Comics (VPC-Wed)
 4700 Nature Journaling (ADI-Tue)
 4802 Origami (Creating Folded-Paper Figures) (ADI-Thu)
 4503 Sketchy Abstractions—A Drawing Experience (ADI-Tue)

COMPUTERS & TECHNOLOGY

- *5102 Artificial Intelligence (AI) for Seniors (ADI-Thu)*
 1606 Become the Boss of Your iPhone/iPad (VPC-Tue)
 2903 Generative AI: Time to Put These Tools to Work (VPC-Fri)
 2605 iPhone Next (VPC-Thu)
 9013 iPhone Not-So-Genius Bar Night at Oriental Wok (Other-Tue)

CURRENT EVENTS, LAW & POLITICS

- 2305/2306 Adapting to the New World Order (VPC/Zoom-Thu)
 1909 Aging in Ohio and the U.S. (VPC-Wed)
 3002 Behind Closed Doors: Understanding Child Welfare and Juvenile Justice (OHLL-Fri)
 3001 Changing U.S. Demographics: What It Means Now and in Future Generations (OHLL-Fri)
 1505 Current Events Discussion (VPC-Tue)
 3004 Effective Governance: Democratic Ideals and Realistic Expectations (OHLL-Fri)
 1303 Failure of a Political System That Was Already Broken (VPC-Mon)
 1401 Finding Solutions to America's Problems (VPC-Tue)
 4601 First Amendment Matters: Saving Our Constitutional Rights (ADI-Tue)
 2207 "Good Events"—Stories that Give Off Positive Vibes (VPC-Wed)
 9002 Hamilton County Emergency Communications Center (Other-Wed)
 4604 Iran Beyond the Headlines: Family, Hopes, Fears (ADI-Tue)
 2201 "On Tyranny" and "On Freedom" by Timothy Snyder (VPC-Wed)
 1001 Political Polarization: History, Sources, Impact, and Tools (VPC-Mon)
 1307 Race and Racism in Cincinnati: A Three-Part Docuseries (VPC-Mon)
 1912/1913 Significant Constitutional Controversies 3.0 (VPC/Zoom-Wed)
 2500/2501 Your Vote, Your Voice: Understanding Today's Voting Landscape (VPC/Zoom-Thu)

FIELD TRIPS

- *9004 Abolitionists and African Americans of Walnut Hills Walking Tour (Other-Fri)*
 9020 Cincinnati Art Museum Tour: The Art of Charley Harper (Other-Fri)
 9007/9023 Cincinnati Observatory Tour (Other-Tue)
 9008 Crayons and Beyond: Tour, Lunch, and Project (Other-Wed)
 9022 Dinner and a Show (Other-Thu)
 9009 Fall Fashion and Fun at Threads Boutique (Other-Thu)

- *9002 Hamilton County Emergency Communications Center (Other-Wed)*
 9003 Happy Hour at Slatts Pub and Grill (Other-Thu)
 9012 Hops, Barley, Yeast! Esoteric Brewery Tour (Other-Tue)
 9013 iPhone Not-So-Genius Bar Night at Oriental Wok (Other-Tue)
 9014 Joseph Clark Gallery Arts of Africa Tour (Other-Wed)
 9019 OLLI on Tap at West Side Brewing (Other-Mon)
 9000 Pub Night at Miamiville Trailyard (Other-Tue)
 9015/9016 Spring Grove Cemetery Tram Tour: Back to School (Other-Thu)
 9017 Spring Grove Cemetery Walking Tour: Fall Colors (Other-Thu)
 9018 Tea-Tasting Experience at Churchill's Fine Teas (Other-Fri)
 9021 Tour Mt. Rumpke: Colerain Township Landfill (Other-Thu)
 9001 Tour the Winkler Center for the History of the Health Professions (Other-Tue)
 9011 Tri-State Warbird Museum Tour (Other-Sat)
 9005 Voice of America Museum Tour (Other-Sat)
 9006 Voice of America Museum Tour (Other-Sun)
 9010 Walnut Hills Redevelopment Walking Tour (Other-Fri)

FINANCE & RETIREMENT

- 4605 Advance Directives and End-of-Life Planning: The Gifts of Clarity (ADI-Tue)
 1507 Baby Boom Turns 80 (VPC-Tue)
 4402 Financial Terms (ADI-Tue)
 5103 Future of Personal Finance: We're Not in Kansas Anymore Edition (ADI-Thu)
 1506 Having the Best Life Possible with the Money You Have (VPC-Tue)
 4405 How the Aging Network Helps (ADI-Tue)
 2901 Medicare 101 (Zoom-Fri)
 2402 Navigating End-of-Life Decisions: Legal, Medical, and Emotional Perspectives (VPC-Thu)

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

4401 Retirement: It's Not Just About the Money (ADI-Tue)

2908 Saving Money in the Modern World (VPC-Fri)

2403 Spending Money with Confidence in Retirement (VPC-Thu)

2514/2515 Wisdom, Wealth, and Wellbeing: Shaping Your Retirement Blueprint (VPC/Zoom-Thu)

GARDENING

2200 Creating a Tiny Forest and Native Perennial Pollinator Garden at VPC (VPC-Wed)

4404 Gardening Forum: Wrapping It Up for the Season (ADI-Tue)

2508/2509 Gravel Gardening: A New Way to Garden (VPC/Zoom-Thu)

9017 Spring Grove Cemetery Walking Tour: Fall Colors (Other-Thu)

1901/1902 Spring Wildflowers and Climate Change (VPC/Zoom-Wed)

HEALTH & WELLNESS

2107 A Layperson's Guide to Understanding and Responding to Mental Illness (VPC-Wed)

2510/2511 Boomers Are Stuck in the Cognitive Longevity Gap (VPC/Zoom-Thu)

1500 Cardio, Strength, and Balance (VPC-Tue & Thu)

2517 Care for the Caregiver (Zoom-Thu)

1202 FDA and PhRMA: Dance Partners or Double-Edged Swords? (VPC-Mon)

4608 Functional Herbs and Teas for Everyday Health (ADI-Tue)

2204 How to Get the Most Out of Being a Patient (VPC-Wed)

2504/2505 Mental Health, Addiction, and Trauma: What You Need to Know (VPC/Zoom-Thu)

1100 Move Into Ease (VPC-Mon)

2108 Osteoporosis Is More Than a DEXA Score! Let's Talk Prevention and Practice (VPC-Wed)

4602 Strategies to Improve Brain Function Backed by Clinical Evidence (ADI-Tue)

2700 Tai Chi Easy (VPC-Fri)

1205/1206 Understanding Problem Gambling (VPC/Zoom-Mon)

1304/1305 Visits with Medical Specialists and Medical Experts (VPC/Zoom-Mon)

HISTORY & SOCIAL SCIENCES

9004 Abolitionists and African Americans of Walnut Hills Walking Tour (Other-Fri)

1905/1906 Antisemitism: History Through Today (VPC/Zoom-Wed)

1403 Beer and Cincinnati: A Love Story History (VPC-Tue)

2701 Byzantine-Arab-Norman Sicily and the Mediterranean World (VPC-Fri)

3005 Hamilton Avenue Road to Freedom (1820-1860) (OHLL-Fri)

4600 Holocaust Remembrance: A History We Must Not Forget (ADI-Tue)

1003 How Cincinnati Changed the World (VPC-Mon)

4801 How Cincinnati Grew: Neighborhood by Neighborhood (ADI-Thu)

2909 How Did JFK and Lee Harvey Oswald Both Arrive in Dealey Plaza on 11/22/1963? (VPC-Fri)

1210/1211 How Electricity Revolutionized Our Homes and Changed Our Lives (VPC/Zoom-Mon)

1004 Late 19th-Century America, 1865-1900 (VPC-Mon)

2803 Lessons from the Great Depression (Zoom-Fri)

1501 Memoirs of a Marauder Man: Stories From a WWII B-26 Bomber Crewman (VPC-Tue)

1903/1904 Myaamiaki neehi Myaamionki: Miami People and Miami Land (VPC/Zoom-Wed)

3003 Mill Creek: From "Most Endangered Urban River" to Urban Oasis (OHLL-Fri)

2907 Ohio Women's Suffrage Movement and Challenges Voters Face Today (VPC-Fri)

2802 Paris sera toujours Paris (Paris Will Always Be Paris), Pt 2 (VPC-Fri)

9015/9016 Spring Grove Cemetery Tram Tour: Back to School (Other-Thu)

3006 Swimmigly: Beach and Poolside History and Swimwear (OHLL-Fri)

9001 Tour the Winkler Center for the History of the Health Professions (Other-Tue)

9011 Tri-State Warbird Museum Tour (Other-Sat)

4606 Ulysses S. Grant: Reconstruction President (ADI-Tue)

9005 Voice of America Museum Tour (Other-Sat)

9006 Voice of America Museum Tour (Other-Sun)

9010 Walnut Hills Redevelopment Walking Tour (Other-Fri)

2608 Women of the Holocaust: Context and Voices (VPC-Thu)

HOBBIES, SPORTS & OTHER

2000 American Colonial Dance: Celebrate Our Country's Beginnings with Dance (VPC-Wed)

2302 Backgammon for ABSOLUTE BEGINNERS: Terminology, Rules, and Strategy (VPC-Thu)

2400 Backgammon for Those Who Already Know How to Play (No Teaching Offered!) (VPC-Thu)

4900 Basic Genealogy (ADI-Thu)

8001 Bridge 101: An Introduction to Bridge (Other-Tue)

2904 Computer-Related Cartoons and Humor and Its Historical Transition (Zoom-Fri)

2103 Conversations for the Curious (VPC-Wed)

8002 Cooking for Wellness: A Four-Part Culinary Journey (Other-Tue)

9008 Crayons and Beyond: Tour, Lunch, and Project (Other-Wed)

1502 Creating Your Own Fun with Family History (VPC-Tue)

2804 Discover Short-Bridge: Bridging the Gap Between Euchre and Bridge (VPC-Fri)

2912 Euchre Tournament (VPC-Fri)

8009/8010 Explore U.S. Pacific Northwest Wines (Other-Fri)

8007 Have Fun Learning English Country Dance (Other-Thu)

9012 Hops, Barley, Yeast! Esoteric Brewery Tour (Other-Tue)

2603 How to Identify Glass, Ceramics, Pottery, Silver, Jewelry, and Furniture (VPC-Thu)

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1300 Learn and Do Pivot: Moderators Turning Knowledge Into Community Impact (VPC-Mon)

2404 Magic for the Young at Heart (VPC-Thu)

2105 Mah Jongg for Those Who Already Know How to Play (Open Play) (VPC-Wed)

5000 Mastering the Deck: Learn and Play Five Classic Social Card Games (ADI-Thu)

1406/1407 Myths and Memories: An Institutional History of the Baseball Hall of Fame (VPC/Zoom-Tue)

1408/1409 One Hundred Key Cincinnati in Sports You Should Know (VPC/Zoom-Tue)

4607 Same Family, Different Words: Understanding Today's Youngest Generations (ADI-Tue)

1002 Spice of Life: A Global Spice Odyssey—The World's Foundational Cuisines (VPC-Mon)

9018 Tea-Tasting Experience at Churchill's Fine Teas (Other-Fri)

2607 Tour de France 2026 (Zoom-Thu)

2202 What's Jung Got to Do with It? A Jungian Approach to the Tarot (VPC-Wed)

LANGUAGES

2308 Intermediate/Advanced French Conversation (VPC-Thu)

4800 Intermediate Conversational Spanish (ADI-Thu)

4400 Intermediate Spanish 1 (ADI-Tue)

LEARN & DO

9008 Crayons and Beyond: Tour, Lunch, and Project (Other-Wed)

2200 Creating a Tiny Forest and Native Perennial Pollinator Garden at VPC (VPC-Wed)

1300 Learn and Do Pivot: Moderators Turning Knowledge Into Community Impact (VPC-Mon)

LITERATURE & DRAMA

1207 Afternoon with Paul Laurence Dunbar: Extemporaneous Recitation of Works (VPC-Mon)

4803 American Classics: Moby-Dick (ADI-Thu)

1404 A Reader Lives a Thousand Lives (VPC-Tue)

1702 Bootleggers and Bookwomen: Reading Appalachian Literature (Zoom-Tue)

2800 Friday Book Class: 250 Years of Read, White, and Books (VPC-Fri)

1005 Great American Short Fiction (Zoom-Mon)

2307 Great "Genre" Novels (Zoom-Thu)

2304 Hidden Prizes: Discovering What Familiar Fairy Tales Have to Say to Adults (VPC-Thu)

2906 History and Literature: "The Hazelbourne Ladies Motorcycle and Flying Club" (VPC-Fri)

4702 Love in the Poems of Robert Frost (ADI-Tue)

1508 More Murder and Mayhem (Zoom-Tue)

5002 Shakespeare Alive! (ADI-Thu)

1203/1204 "The Tavern": Teaching Life Philosophy by an Epic Poem—Honey to the Ear (VPC/Zoom-Mon)

2405 Two Comic Masterworks: "Lily, the Felon's Daughter" and "Three Men in a Boat" (VPC-Thu)

MUSIC

1900 Cincinnati String Project: Open Rehearsal and Performance (VPC-Wed)

1405 Esoteric Wagner Operas (VPC-Tue)

1504 Exploring Opera (VPC-Tue)

2406/2407 For the Love of Music (VPC/Zoom-Thu)

2902 Freddie Mercury, Queen, and Neil Diamond (VPC-Fri)

1101 Golden Age of Recorded Opera Arias—And When Was That? (VPC-Mon)

1701 Horror Operas: Magic and Menace through Music (VPC-Tue)

2601 Jazz History (VPC-Thu)

2900 Mike Nesmith: Much More Than a Monkee (VPC-Fri)

1607 Roc Docs—Expanding (VPC-Tue)

1503 Shape Note Singing (VPC-Tue)

5001 Sing Karaoke (ADI-Thu)

2109 Sing Together for Fun (VPC-Wed)

2519 Third-Annual Christmas Song Extravaganza (VPC-Thu)

PHILOSOPHY & RELIGION

8005 Beyond The Biblical Canon, Pt 3: The Book of Enoch (Other-Thu)

2408 Biblical Magic: Folklore at the Bible's Core (Zoom-Thu)

5003 Buddhism 101: Introduction to

Principles and Practices (ADI-Thu)

4704 Forgotten Exodus: Jews of the Middle East and North Africa, Pt 2 (ADI-Tue)

4502 History of Buddhism (ADI-Tue)

1103 In Search of the Historical Jesus (VPC-Mon)

1104 Mystical Experience in Its Diverse Forms (VPC-Mon)

1000 Plato's Reflections on the Meaning of Love (VPC-Mon)

2100 "The Hindu Paradox" as Reflected in Art, Sexuality, and Politics (VPC-Wed)

1907/1908 World Religions: A Series on Diverse Spiritual Beliefs—Introduction (VPC/Zoom-Wed)

4603 Tour Adath Israel (ADI-Tue)

PHOTOGRAPHY

1602 Photo Organizing Project—POP! (VPC-Tue)

2401 Fundamentals of Photography for DSLR and Mirrorless Cameras Only (VPC-Thu)

2516 Photography Workshop: Intermediate to Advanced (VPC-Thu)

SCIENCE, MATH & PSYCHOLOGY

4500 Amazing Women Scientists (That You Probably Haven't Heard Of) (ADI-Tue)

~~2300 Big Bang, the Collapse of Stars, the Solar System, and Tectonic Plates (VPC-Thu)~~

4403 Birds of Prey (ADI-Tue)

2506/2507 Brent Spence Bridge Corridor Project Update (VPC/Zoom-Thu)

9007/9023 Cincinnati Observatory Tour (Other-Tue)

2702 Exploring the Basics of Genetics (Zoom-Fri)

2911 Lou Andreas-Salomé: "The Audacity to Be Free" (VPC-Fri)

2301 Planet Earth and Its People in the Year 2100 (VPC-Thu)

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2303 Rise and Fall of the American Automobile Industry (VPC-Thu)

1212/1213 SpaceX's Starship: Transportation System for the Moon and Mars (VPC/Zoom-Mon)

9021 Tour Mt. Rumpke: Colerain Township Landfill (Other-Thu)

3000 When Will Autonomous Vehicles Be Available for Everyone? (OHLL-Fri)

2905 Will We Ever Get Electrical Energy from Fusion? (VPC-Fri)

2102 Your Weather, Our Weather, and Weather Data Exploration (VPC-Wed)

SELF-EXPLORATION

2910 Family and Politics: Strategies for Navigating Differences (VPC-Fri)

2801 Introduction to Mindfulness-Based Stress Reduction (VPC-Fri)

1402 Learn to Meditate from Christian, Hindu, and Buddhist Perspectives (VPC-Tue)

2104 Pathways to Connections 2: New Topics, New Conversations (VPC-Wed)

2101 Pausing for Rest (Zoom-Wed)

1400 Peace Education Program: Discover Your Inner Resources (VPC-Tue)

1306 Reframe: Sensemaking in a Complex World (VPC-Mon)

2001 Seekers Study Group (VPC-Wed)

2602 Sustainability in Action: Creating a Better World (VPC-Thu)

1600 Understanding Vipassana Meditation (VPC-Tue)

2518 Vipassana Meditation Practice (VPC-Thu)

SOCIAL

9022 Dinner and a Show (Other-Thu)

9009 Fall Fashion and Fun at Threads Boutique (Other-Thu)

9003 Happy Hour at Slatts Pub and Grill (Other-Thu)

8008 Let's Do Lunch: Tried and True (Other-Fri)

1308 Midterm Mixer (VPC-Mon)

9019 OLLI on Tap at West Side Brewing (Other-Mon)

9000 Pub Night at Miamiville Trilayard (Other-Tue)

8006 Take Back the Town—Lunch on the Square (Other-Thu)

STAGE & SCREEN

1107 Continued British Invasion of Broadway (Zoom-Mon)

1309 Film Screening and Discussion: "Join or Die" (VPC-Mon)

8003 "Hitch" Your Wagon to Film Suspense (Other-Wed)

1302 Holiday Movies (VPC-Mon)

4903 Intro to Improvisational Comedy (Improv) (ADI-Thu)

5100 Movies of the 1970s (ADI-Thu)

4703 Original Hollywood Musicals: Moving Into the 21st Century (ADI-Tue)

2205/2206 Sinatra: He Did It His Way (VPC/Zoom-Wed)

1910/1911 Spooky "Horror"ible Movies (VPC/Zoom-Wed)

2208 Stream the Dream: Movies (Zoom-Wed)

1703 Stream the Dream: TV (Zoom-Tue)

2606 Stream the Nightmare: TV and Movies (Zoom-Thu)

TRAVEL

2512/2513 Albuquerque Hot Air Balloon Festival and Other Attractions (VPC/Zoom-Thu)

1301 Fun and Adventure in New York City (VPC-Mon)

1105/1106 History and Beauty of Our National Parks (VPC/Zoom-Mon)

1603 On Your Bucket List? Bolivia, Bangladesh, and Cyprus (VPC-Tue)

1604 Our Exciting Trip to France: Six Places from Paris to the French Riviera (VPC-Tue)

WRITING

***1601 Advanced Poetry Writing (VPC-Tue)**

1509 A Picture Is Worth 1,000 Words (More or Less): Writing Your Memories (Zoom-Tue)

5101 Introduction to Memoir Writing (ADI-Thu)

2203 Let's Do It! Write Your Legacy Letter Using Jay Sherwin's Format (VPC-Wed)

1700 Memoir Wisdom: Stories Worth Sharing (VPC-Tue)

4902 Poetry Writing Workshop—The Basics (ADI-Thu)

1605 Writing for Children (VPC-Tue)*

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OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

FULL COURSE DESCRIPTIONS

1000 Plato's Reflections on the Meaning of Love UPDATED

Mon, Sep 28-Nov 16, 9:30-10:45 am (VPC) \$5

LIMIT 15

The word "love" covers so many aspects of human interaction. Yet we have all experienced it. Plato's dialogue "The Symposium" is constructed as a conversation at a dinner party during which each guest has to speak about love as he sees it. The course will be a weekly discussion of each speech in turn. You are expected to keep up with the reading and join in the discussions. Required text: *The Symposium* (ed. Christopher Gill, Penguin Classics), available from Amazon.

Moderator: Michael Marchal has an AB in English from Xavier and an MA and PhD (cand.) from Fordham in Philosophy. He taught English and languages in high school for 44 years while also teaching philosophy part-time in area colleges. In retirement, he has enjoyed teaching mature people in OLLI. He has also written five books and numerous articles.

1001 Political Polarization: History, Sources, Impact, and Tools

Mon, Sep 28-Oct 26, 9:30-10:45 am (VPC) \$5

LIMIT 30

Dive into the landscape of American political polarization with our thought-provoking course that explores its historical roots and consequential impact over the past 35 years. Through interactive sessions and discussion-oriented formats, we will unravel the complexities of the polarized political climate, understanding its evolution and the driving forces behind it. Beyond a mere exploration of the issue, this course takes a proactive stance by investigating strategies to depolarize both individuals and communities. We will engage in lively discussions, share perspectives, and explore practical approaches to fostering understanding and bridge-building.

Moderators: Mel Cohen, Professor Emeritus of Political Science at Miami Univ., is a trained ambassador and debate chair for Braver Angels, a nonprofit organization focused on the problem of political polarization. Poppy Evans is a retired mental health counselor and trained moderator for Braver Angels.

***1002 Spice of Life: A Global Spice Odyssey—The World's Foundational Cuisines* UPDATED**

Mon, Sep 28-Nov 16, 9:30-10:45 am (VPC) \$5

LIMIT 35

Take a culinary journey through the world's great food traditions. Explore the spices, ingredients, dishes, and cooking techniques that define India, Mexico, Greece, China's regional cuisines, Morocco, Türkiye, Japan, and the Caribbean flavors of Cuba and Puerto Rico. Learn how these influential food cultures developed and continue to inspire cooks around the globe. Includes recipes, spice education, and practical cooking tips.

Moderator: Sharon Schwartz is a retired social worker. She is a lifetime lover of learning and curious about everything. Other loves are cooking, reading, and genealogical research.

***1003 How Cincinnati Changed the World* UPDATED**

Mon, Sep 28-Nov 16, 9:30-10:45 am (VPC) \$5

LIMIT 25

Many residents of our region are unaware of the worldwide impact of past and present Cincinnatians. Join our exploration and discussion of how Cincinnatians influenced the world in areas such as media, medicine, education, consumer products, politics, and more!

Moderator: Robert Eveslage is Professor Emeritus and retired Biology Department chair at Cincinnati State. He developed his interest and knowledge in Cincinnati history by being a docent for Spring Grove Cemetery and the Over-the-Rhine Brewery District. He also is a re-enactor of various figures from Cincinnati's past.

1004 Late 19th-Century America, 1865-1900 NEW

Mon, Sep 28-Nov 16, 9:30-10:45 am (VPC) \$5

LIMIT 150

In the 35 years following the Civil War, Americans experienced dramatic changes: Reconstruction and Jim Crow, surging immigration, and the second industrial revolution. In this course, we will examine how these changes transformed the United States. We will also ask how Americans responded to unfolding conditions and whether their reactions help us better understand our choices today.

Moderator: Christine Anderson is Professor Emerita of American History and Gender and Diversity Studies at Xavier Univ. Her work focuses on women, African-Americans, and public history.

1005 Great American Short Fiction UPDATED

Mon, Sep 28-Nov 16, 9:30-10:45 am (ZOOM) \$5

LIMIT 45

We'll read these short stories in order: "Young Goodman Brown" (Hawthorne); "Bartleby the Scrivener" (Melville); "The Tell-Tale Heart" (Poe); "The Private History of a Campaign That Failed" (Twain); "The Bride Comes to Yellow Sky" (Crane); "To Build a Fire" (London); "The Real Thing" (James); "The Short Happy Life of Francis Macomber" and "The Killers" (Hemingway); "The Ice Palace" and "The Curious Case of Benjamin Button" (Fitzgerald); "A Good Man Is Hard to Find," "Revelation," and "A Late Encounter with the Enemy" (O'Connor); "The Egg" (Anderson); and "Victory Lap" (Saunders).

Moderator: John Briggs has moderated many OLLI course, usually with survivors. He believes these courses are for your enjoyment. Read what you want, and come when you want. Speak a lot or stay silent.

1006 Found Objects and Your Imagination UPDATED

Mon, Sep 28-Oct 26, 9:30-10:59 am (VPC) \$5

LIMIT 8

A class small in size but BIG on hands-on fun for developing and creating your own innovative and personal mixed-media artwork. No special art skills are needed! Basic supplies will be provided while encouraging the addition of your choice of found objects reflecting your life, personality, and interests. This small class encourages your attendance and active participation—and is an excellent opportunity to craft a special gift for friends or family.

Moderator: Thelma Shotten is a docent at the Contemporary Arts Center and has taught in Cincinnati Public Schools, Art Academy, and NKU. Her mixed-media, enamel, and porcelain artworks (the latter inspired by sea coral formations) have been displayed at Cincinnati-area galleries and exhibitions.

***1100 Move Into Ease* UPDATED**

Mon, Sep 28-Nov 16, 11 am-12 pm (VPC) \$5

LIMIT 25

A touch of yoga, energizing movement, a bit of relaxation, soulful stretching, all pumping life into each cell. This one-hour class oils your joints and bones, and builds valuable communication between your mind and body. Balance, strength, and movement awareness bring helpful attention to challenges of aging. Wear comfortable clothing and bring a towel or mat. Expect to depart each class feeling rejuvenated. You've given yourself a massage.

Moderator: Karen Zaugg brings a lifetime of dance training, yoga, and a variety of bodywork experiences to welcome you to exercise and a sense of wellbeing. She is a recipient of OLLI's Stephen Appel Award for excellence in teaching.

**1101 Golden Age of Recorded Opera Arias—
And When Was That? NEW**

Mon, Sep 28-Nov 16, 11 am-12:15 pm (VPC) \$5

LIMIT 30

In this eight-week course, we will listen to and see (when possible) the most unique interpretations of some of opera's most beautiful and dramatic moments recorded in the 20th century. Join in for a look at and discussions of how recoded operas changed over the course of time. Who are some of your favorite singers?

Moderator: Eric Williamson's parents were classically trained musicians, but he was not introduced to opera until his mother's second husband (an Italian-American) presented the music of Verdi and Puccini to him through the artistry of Maria Callas and Giuseppe Di Stefano. He was hooked! It was the beginning of a never-ending search for the best vocal recordings of opera.

***1102 Knitting for Newbies: Design and Knit a Hat* NEW**

Mon, Sep 28-Nov 2, 11 am-12:15 pm (VPC) \$0+fee

LIMIT 10

This hands-on course will cover the essentials to create a hat that is unique to you. In the six sessions, you will learn to cast on, knit, purl, increase, decrease, bind-off, and invisibly seam. If time allows, there may be some advanced techniques included. Supply kits of needles and yarn will be available for a minimal charge.

Moderator: Wyn Jones was taught to knit by her fifth-grade English teacher over 50 years ago. She has taught basic knitting and advance technique classes at many venues (retail stores, recreation centers, libraries, and historical re-enactments). Between items for personal use and commissioned projects, she has made socks, sweaters, shawls, rugs, lampshades, and Halloween masks. Anything can be knit!

***1103 In Search of the Historical Jesus* UPDATED**

Mon, Sep 28-Nov 16, 11 am-12:15 pm (VPC) \$5

LIMIT 30

Did the nativity scene happen? Did Jesus walk on water? Biblical scholars disagree about what events in the gospels are probably historical—that probably happened—which are questionable, and which probably did not happen. This topic should make for some stimulating discussion.

Moderators: Tom Backer has a PhD in History from UC and is retired from teaching, mainly at Covington Latin. He has been part of several Bible study groups, one led by the co-moderator, Stan Heck, who is a retired psychologist but is still active reporting on research in the field. Tom likes gardening, and Stan enjoys leading discussion groups.

1104 Mystical Experience in Its Diverse Forms NEW

Mon, Sep 28-Oct 26, 11 am-12:15 pm (VPC) \$5

LIMIT 50

In the present course, we will focus on the phenomenon of human "consciousness" with two emphases: (1) on the ways consciousness can be controlled, altered, and expanded through either natural or chemical means; and (2) on how some states of consciousness (and of the "unconscious") are labeled "divinely inspired" or as experiences of the divine. We will also consider how specific religions view such experiences.

Moderator: Don Maloney taught psychology, philosophy, and religion for Univ. of Maryland at U.S. military bases in Europe and Asia. He has also taught at several stateside universities, most recently XU. After receiving his master's from Gonzaga Univ., he did post-graduate study at Boston College and at universities in France and Germany. He has received OLLI's Stephen Appel Award for excellence in teaching.

1105 (VPC) / 1106 (Zoom) History and Beauty of Our National Parks NEW

Mon, Sep 28-Nov 16, 11 am-12:15 pm, \$5
VPC LIMIT 150 / ZOOM UNLIMITED

This class will include an overview of the history of our National Park System along with a visual tour of some of the most famous and iconic of 63 national parks. We will also visit some of the lesser-known but equally beautiful and fascinating gems. We will discuss how our parks came to be and the challenge of preserving them today. Hopefully the class will inspire visits to the parks or at least a greater admiration of them. The class will be enhanced with videos.

Moderator: Gregory Gibson is a retired Presbyterian minister and attorney and now a professional artist. He served as chaplain for Glacier and Yellowstone National Parks.

1107 Continued British Invasion of Broadway NEW

Mon, Sep 28-Nov 16, 11 am-12:15 pm (ZOOM) \$5
UNLIMITED

Through film clips and discussion, we'll continue the history of musicals originating in Britain (and other European countries) and then moving to Broadway. Prominent composers and lyricists include Andrew Lloyd Webber, Tim Rice, ABBA, Elton John, Gilbert and Sullivan, and Monty Python. Featured musicals include *Sunset Boulevard*, *Chess*, *Miss Saigon*, *Aida*, *Billy Elliot*, and others.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for several years. He has received OLLI's Stephen Appel Award for excellence in teaching.

1200 (VPC) / 1201 (Zoom) The Art of Charley Harper: Creatures Wild and Tame NEW

Mon, Sep 28, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Join Bree Lehman, art historian and exhibition catalogue contributor, for an engaging presentation on the Cincinnati Art Museum's *The Art of Charley Harper: Creatures Wild and Tame*. Explore the life and work of the celebrated Cincinnati artist known for his distinctive Modernist style and playful depictions of animals. Lehman will highlight key works featured in the exhibition, examine Harper's innovative approach to design and nature, and discuss his passion for wildlife conservation. This presentation offers a deeper appreciation of Harper's unique visual language and artistic legacy.

Moderator: Bree Lehman

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

1202 FDA and PhRMA: Dance Partners or Double-Edged Swords? UPDATED

Mon, Oct 5, 12:45-2 pm (VPC) \$0
LIMIT 150

Ever wonder how the medications you take make their way to the pharmacy or supermarket shelf? Holistic clinical pharmacist Cathy Rosenbaum will review the regulatory history of the FDA (Food and Drug Administration) and PhRMA (Pharmaceutical Research and Manufacturers of America) and discuss the importance of FDA standards and compliance for ethical pharmaceutical clinical research methodologies. You'll learn about standardized processes for Rx to OTC switches, brand to generic switches, management of drug information, drug safety, drug availability, recalls, lobbyists, clinical science liaisons, marketing, pricing, and more.

Moderator: Cathy Rosenbaum

1203 (VPC) / 1204 (ZOOM) "The Tavern": Teaching Life Philosophy by an Epic Poem—Honey to the Ear NEW

Mon, Oct 12, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Madhushala (1935), an epic poem by celebrated Indian poet Bachchan, is about both hedonic life in a tavern and life-at-large. Dr. Kris will recite "honeyed" verses and elucidate each verse for its immediate hedonism as well as its joyful lessons on such facets of life as aspiration, ambition, romance, fate, fandom, devotion, death anxiety, peace of mind, and immersion. He will also spotlight the old-age memory benefit of memorizing poetry. No prior love of poetry is required. Dr. Kris's translation of *Madhushala* is forthcoming (HarperCollins, 2027).

Moderator: Dr. Kris Krishna

1205 (VPC) / 1206 (ZOOM) Understanding Problem Gambling NEW

Mon, Oct 19, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

This interactive workshop will equip you with practical resources to understand problem gambling prevention, education, and treatment. A panel of experts led by Dr. Greg Stewart, MSW, MS, will share insights, strategies, and best practices contributing to a statewide effort to combat gambling addiction and advocate for problem gambling prevention initiatives. They will also explore the expanding landscape of gambling opportunities; implications for older adults; the need for increased awareness, programming, and policy; clinical distinctions of Gambling Disorder; impacts to the field of behavioral health; and how to get involved.

Moderator: Gregory Stewart

**1207 Afternoon with Paul Laurence Dunbar:
Extemporaneous Recitation of Works NEW**

Mon, Oct 26, 12:45-2 pm (VPC) \$0
LIMIT 150

Experience the words of Paul Laurence Dunbar brought to life by Ralph Moon through an engaging extemporaneous recitation of his poetry and prose. This captivating program explores the life, artistry, and legacy of one of America's most influential literary voices. Through dramatic performance and historical context, you will gain a deeper appreciation for Dunbar's enduring impact on American literature and culture. Moon is a retired educator, veteran, and graduate of Union Institute (BA) and UC (MA).

Moderator: Ralph L. Moon Jr.

**1208 (VPC) / 1209 (ZOOM) Edie McKee Harper:
Modernist at Play NEW**

Mon, Nov 2, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Cincinnati artist Edie McKee Harper (1922–2010) developed a distinctive modernist vision across a wide variety of media over her 60-year career. The Taft Museum of Art has organized the first museum show—on view Oct 17-Jan 24—presenting her work on its own terms. Harper mastered photography, weaving, screen-printing, painting, and enameling, imbuing each artwork with her unique sense of abstraction and playful spirit. Tegan Recker, Research Fellow for the exhibition, will trace the evolution of Harper's career, revealing a creative life infused with wit, whimsy, and wonder.

Moderator: Tegan Recker

**1210 (VPC) / 1211 (ZOOM) How Electricity Revolutionized
Our Homes and Changed Our Lives**

Mon, Nov 9, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

How did electric appliances end up in our homes? Their appearance resulted from a fascinating convergence of events that occurred at the turn of the 20th century: the domestic servant shortage, the electric service's introduction, and scientific management principles emphasizing housekeeping efficiency. We'll explore these events and how they drove the marketing and adoption of electric appliances. You'll see advertisements and electric appliances from the period from presenter Mary Schramm's collection. Schramm is Professor Emerita of Marketing at Quinnipiac University. Her research includes adoption of innovations.

Moderator: Mary Schramm

NEW REGISTRATION PROCESS

- **Classes listed in RED with *STARS* open for registration on August 18, 10am.**
- **All other classes open August 1 for online or mail-in registration.**
- **Phone registration begins August 19, 9am.**

**1212 (VPC) / 1213 (ZOOM) SpaceX's Starship:
Transportation System for the Moon and Mars NEW**

Mon, Nov 16, 12:45-2 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

SpaceX is developing a revolutionary new launch vehicle called Starship. Not only is it the most powerful launch vehicle ever, but it will be the world's first fully reusable launch system. Later this decade, the Starship may land astronauts on the Moon for the first time in over 55 years. In the late 2030s, the Starship may also be used to land the first astronauts on Mars. Presenter Gerald Black, a retired aerospace engineer, served as chair of the Ohio chapter of the Mars Society for 11 years.

Moderator: Gerald Black

**1300 Learn and Do Pivot: Moderators Turning Knowledge
Into Community Impact UPDATED**

Mon, Sep 28-Oct 12, 2:15-3:30 pm (VPC) \$0
LIMIT 25

We propose revitalizing engagement through OLLI's Learn and Do Innovation Model, a three-session train-the-moderator workshop that combines active learning with meaningful community action. Session One introduces the model and demonstrates how learning can lead to service using a real-world example. Session Two features community organizations presenting needs, projects, and volunteer opportunities to foster partnerships. Session Three is an interactive workshop where participants transform community action ideas into potential future courses. You will better understand the model, strengthen community connections, develop leadership skills, and generate future Learn and Do course proposals.

Moderators: Ralph Brueggemann, Professor Adjunct Emeritus, UC College of Engineering and Applied Science. Dave Butler, UC Emeritus Professor of Biomedical Engineering, leader of the OLLI Self-Exploration Academic Team. Lori Payne, retired teacher and OLLI Board Vice Chair. Holly Richards, public library retiree and member of OLLI Curriculum Committee.

1301 Fun and Adventure in New York City NEW

Mon, Sep 28-Nov 16, 2:15-3:30 pm (VPC) \$5
LIMIT 50

From the Empire State Building to the 9/11 Memorial, from Central Park to Radio City Music Hall, get tips on skip-the-line tours, where to eat, must-see museums, and more. We will explore all the great places along with instructions on getting to them. Afraid of the subway? Don't be! Central Park, Rockefeller Center, Yankee Stadium, and many more—it's all part of the adventure!

Moderator: Dick Dowd grew up in Poughkeepsie, NY, taking the Penn Central to Grand Central Station and experiencing New York City in many different ways. Getting around NYC is easy—he did it as a teenager!

1302 Holiday Movies NEW

Mon, Sep 28-Nov 16, 2:15-4:15 pm (VPC) \$5

LIMIT 35

We shall view and discuss the wide range of films celebrating various holidays (fall into winter). What did your family watch during the holidays? What do you watch each year with your family still? Do you go for comedies? There are more serious ones, as well. This series may stretch into the winter term, because there are so many great holiday movies.

Moderator: Shannon Womer has spent way too many hours watching movies and enjoying them (mostly). He has been moderating OLLI classes for a long time. He can't hear so well any more, but he makes up for it by talking a lot!

1303 Failure of a Political System That Was Already Broken UPDATED

Mon, Sep 28-Nov 16, 2:15-3:30 pm (VPC) \$5

LIMIT 26

Let's look to weaknesses in the American political system. We'll compare political systems in other countries to learn how our system could be improved. We will look at other American systems that have problems, such as healthcare, criminal justice, corrections, and economics, finding out how other countries handle some of these issues and what we can learn from them. Come to class prepared to share your ideas of how our systems could be improved. This is a revised version of a class that was offered last year.

Moderator: David Robertson extensively follows international news and speaks three foreign languages. He had the chance to live abroad (in West Germany) in the 1970s, so he gained some insight into how systems work in other countries. He has also done extensive internet research on the topic.

1304 (VPC) / 1305 (ZOOM) Visits with Medical Specialists and Medical Experts NEW

Mon, Sep 28-Nov 16, 2:15-3:30 pm, \$5

VPC LIMIT 150 / ZOOM UNLIMITED

Each week, a different medical specialist will share information with the class. This term, we will focus on four specialties: endocrinology, cardiology, oncology, and autoimmune diseases.

Moderators: Richard Wendel is a retired physician with an MBA and long-time moderator on medical subjects at OLLI. As a licensed physician, he is active in the TriHealth resident teaching program. He has received OLLI's Stephen Appel Award for excellence in teaching. Mark Witte is Vice President of Clinical Services at TriHealth.

***1306 Reframe: Sensemaking in a Complex World* NEW**

Mon, Sep 28-Nov 16, 2:15-3:30 pm (VPC) \$5

LIMIT 20

Learn to recognize your own thinking patterns and develop new skills to make sense of our increasingly complex world. This

course includes short, discussion-driven lectures and scenario-based group work—building both conceptual understanding and practical skills in systems thinking, visualization, and sensemaking. Be prepared to challenge yourself and have fun!

Moderator: Tracy Moss, MA, MDes, is a retired U.S. Air Force Intelligence Officer and Joint Special Operations Univ. faculty member. She developed and taught introductory and advanced curriculum in Design Thinking for Complex Systems based on her military education and experience in global special operations campaign planning. She is a lifelong learner and believes in the power of play.

1307 Race and Racism in Cincinnati: A Three-Part Docuseries

Mon, Oct 26-Nov 9, 2:15-4:15 pm (VPC) \$5

LIMIT 30

Race and Racism in Cincinnati, A Three-Part Docuseries is the people's telling of Cincinnati's history from the racial margins, a history that is not often told in school curricula or in mainstream (White) culture. This series features three separate hour-long videos that each tackle a different time span, starting from Cincinnati's birth and bringing us to the present day. Each viewing will be followed by a facilitated discussion session.

Moderator: Bekky Baker is a Program Director at Ignite Peace (formerly Intercommunity Justice and Peace Center). For five years, she has led their criminal justice work and facilitates programming on nonviolence and anti-racism. She attended Ohio Univ. to receive a bachelor degree in Journalism and Environmental Studies and attended the Univ. of South Carolina to obtain her Master of Social Work degree.

1308 Midterm Mixer UPDATED

Mon, Oct 19, 3:31-5 pm (VPC) \$0

LIMIT 75

Head over to VPC for a fun afternoon of socializing with other OLLI members. Please consider bringing a drink or snack to share with the group. Very informal—just come and enjoy!

1309 Film Screening and Discussion: "Join or Die" NEW

Mon, Oct 26, 3:45-5:45 pm (VPC) \$0

LIMIT 110

If you think Halloween is scary, consider the half-century decline of American community connections and civic engagement. Join us for a screening of the 2023 documentary *Join or Die* and find out what you can do to reverse this trend. Learn about the importance of joining groups like OLLI and why it is essential for personal health and the survival of democracy. OLLI Board Chair Diane Slovin, along with other OLLI volunteer leaders, will lead the post-screening discussion, including OLLI volunteer opportunities.

Moderator: Diane Slovin, OLLI Board Chair.

1400 Peace Education Program: Discover Your Inner Resources

Tue, Sep 22-Nov 10, 9:30-10:45 am (VPC) \$5
LIMIT 30

This innovative series of video-based workshops helps people discover their inner strength and personal peace. Rather than describing or defining personal peace, the program empowers you to reach your own understanding. Each workshop features video excerpts of author and peace educator Prem Rawat's inspiring presentations, speeches, and interviews on the following ten themes: Peace, Appreciation, Inner Strength, Self-Awareness, Clarity, Understanding, Dignity, Choice, Hope, and Contentment. Included is facilitated reflection time, participant interactions, workbook activities, and reading materials. Previous attendees are welcome to retake the course.

Moderator: Llee Sivitz has been trained by the nonprofit organization The Prem Rawat Foundation (tprf.org) to facilitate its Peace Education Program. A Cincinnati resident, she has facilitated 20+ such courses since 2016, both on Zoom and in person, including through OLLI. She is a former fitness reporter for the Cincinnati Enquirer, avid gardener, and local race participant.

***1401 Finding Solutions to America's Problems* UPDATED**

Tue, Sep 22-Nov 10, 9:30-10:45 am (VPC) \$5
LIMIT 18

Using the National Issue Forums Institute (NIFI.org) public deliberation process, we will weigh alternatives from various courses of action using NIFI issues guides. You are encouraged to express, listen to, and consider all points of view. Discussion includes three major issues: (1) 1776: What Should We Do? (2) Land of Plenty: How Should We Ensure That People Have the Food They Need? (3) Driverless Vehicles: What Priorities Should Be at the Top of Our List? Come ready to consider and discuss.

Moderators: Cheryl Newman retired teacher and healthcare executive. Roy Newman retired Information Technology Manager for AT&T in cybersecurity.

1402 Learn to Meditate from Christian, Hindu, and Buddhist Perspectives

Tue, Sep 22-Nov 10, 9:30-10:45 am (VPC) \$5
LIMIT 22

We all deserve to quiet our minds and listen to our souls. Meditation and mindfulness have been practiced for 2,000+ years. This calming 15- to 20-minute practice could improve your tomorrows. Everyone is welcome regardless of your religious tradition. Being in silence for a period of time is essential in every spiritual path. Please join us.

Moderator: Kevin Celarek earned a masters degree from UC in 1974. He has meditated daily for the past 45 years and attends two to three week-long spiritual retreats every year to deepen his awareness. He has studied and practiced

Christian centering prayer, Hindu Siddha meditation, and Buddhist insight meditation during his spiritual journey.

1403 Beer and Cincinnati: A Love Story History UPDATED

Tue, Sep 22-Nov 10, 9:30-10:45 am (VPC) \$5
LIMIT 58

We will discuss the history of beer and Cincinnati's love of it. Cincinnati was once home to 36 beer barons who influenced much of the life of the city. You can still find the remains of many of the breweries that thrived here before Prohibition. The population of Cincinnati once consumed twice as much beer as any other city in the U.S. We will look at the effect of Prohibition on the German population of Cincinnati and Over-the-Rhine and investigate how the brewing industry has changed over the years.

Moderator: Michael Ward is a frequent moderator of OLLI classes. He holds a BS in history and an MEd in education. He is a retired teacher, principal, and current OTR Brewery District tour guide.

1404 A Reader Lives a Thousand Lives

Tue, Sep 22-Nov 10, 9:30-10:45 am (VPC) \$5
LIMIT 15

This course provides a book-club experience based on subject matter rather than specific titles—a great way to share the excitement of reading and hear what other people are reading. General reading topics will be listed before the course starts, and books can be fiction or nonfiction. Books you have previously read, or are currently reading, are fair game. Come and share your love of reading.

Moderators: Tom Cislo is a retired risk manager with interests in engineering, energy, and environmental issues. Sue Hallsted is a former chairperson of Cincinnati's local Miami Group Sierra Club and has explored the wild places of the U.S., Costa Rica, and Canada. Both are avid readers.

1405 Esoteric Wagner Operas UPDATED

Tue, Sep 22-Nov 10, 9:30-10:45 am (VPC) \$5
LIMIT 30

We will be exploring the esoteric music dramas of German Romantic Composer Richard Wagner. Fall term is dedicated to Wagner's *Parsifal* and possibly other works as well.

Moderator: Jim Slouffman has moderated for UC-OLLI for the past 20 years and taught at the college level for 50 years. His teaching philosophy has always been student centered and inspirationally oriented

NEW REGISTRATION PROCESS

- **Classes listed in RED with *STARS* open for registration on August 18, 10am.**
- **All other classes open August 1 for online or mail-in registration.**
- **Phone registration begins August 19, 9am.**

1406 (VPC) / 1407 (ZOOM) Myths and Memories: An Institutional History of the Baseball Hall of Fame NEW

Tue, Sep 22-Oct 27, 9:30-10:45 am, \$5
VOC LIMIT 150 / ZOOM UNLIMITED

For baseball fans, Cooperstown is an almost sacred place. How did it end up in a small inaccessible village in upstate New York? What were its origins, and how has it evolved? Of all the major sports halls of fame, why are the selections for the baseball HOF the most argued about? This class will take an in-depth look at the origins, history, ownership, and current state of the Baseball Hall of Fame, and the writers and committees who select the players. And, yes, we will discuss Pete Rose.

Moderator: Greg Gajus is a lifelong baseball fan/historian who spent a week in Cooperstown researching *Baseball Revolutionaries* about the 1869 Cincinnati Red Stockings. He has presented at Cooperstown and the Reds Hall of Fame in addition to teaching several baseball-related OLLI classes. He has also taught OLLI classes on Eisenhower, NASA, and *WKRP in Cincinnati*.

1408 (VPC) / 1409 (ZOOM) One Hundred Key Cincinnatians in Sports You Should Know NEW

Tue, Nov 3-10, 9:30-10:45 am, \$0
VOC LIMIT 150 / ZOOM UNLIMITED

Cincinnati has a rich sports heritage and history. Beginning with the renowned 1869 Cincinnati Red Stockings, Cincinnati has been home to many other professional sports teams, notable individual athletes, and others who served in a sports capacity. They are individuals who were born, educated, or lived in Greater Cincinnati or who played for Cincinnati during their lifetimes. After sharing his top 100, the moderator will open the discussion for your suggestions.

Moderator: Gary Crouch is a fan of many sports. He is a freelance writer and occasional moderator for UC's OLLI program with seven programs under his belt. He also has given 100+ programs on a variety of topics including Cincinnati sports, and space exploration for Miami Univ. Institute for Learning in Retirement, public libraries, and senior citizen facilities.

***1500 Cardio, Strength, and Balance* UPDATED**

Tue & Thu, Sep 22-Oct 29, 11-11:45 am (VPC) \$5
LIMIT 20

This 45-minute, twice weekly fitness class combines a variety of exercises designed to build cardio endurance while strengthening total body muscles and improving balance. NOTE: Class meets on Tuesdays and Thursdays.

Moderator: Rita Moreau has been teaching group fitness since the 1980s. She is certified by the American College of Sports Medicine as a personal trainer and is a Program Champion for Tivity Health Silver Sneakers Fitness. She has taught fitness classes as an adjunct instructor at Univ. of South Florida for the Department of Exercise Science and Physical Education.

1501 Memoirs of a Marauder Man: Stories from a WWII B-26 Bomber Crewman NEW

Tue, Sep 22-Oct 6, 11 am-12:15 pm (VPC) \$5
LIMIT 50

Technical Sergeant Joe Girz flew 57 combat missions during WWII as a Radio Operator in B-26 Martin Marauder bombers. Between August 1944 and May 1945, he and his crewmates flew bombing missions in support of Allied ground operations in Italy, France, and Germany. Compiled from diaries, interviews, and official mission records, his first-person memoirs have become a compelling story of those challenging times and are a thrilling retrospective about true patriotism, courage, and survival—not uncommon traits in those we now refer to as the Greatest Generation.

Moderator: Tom Girz has been researching his family history for 25+ years. He has written the life stories of many members along several family lines back into the late 1500s and is currently working on his father's WWII memoirs. A career USAF employee for 32 years, he is an experienced and compelling public speaker, having given talks on this topic multiple times.

1502 Creating Your Own Fun with Family History NEW

Tue, Oct 27-Nov 3, 11 am-12:15 pm (VPC) \$5
LIMIT 50

Tom will share experiences: (1) Planning a successful four-day family reunion with multiple events honoring his ancestors' personal sacrifices in coming to America. A "how-to" template for you to plan a get-together using the unique knowledge of your family's journey to jumpstart the creative process for a meaningful family reunion. (2) Numerous "coincidental" instances of meeting people who revealed information about ancestors, uncovered seemingly by happenstance over the course of decades of research. Highlights what you can do to create coincidences to advance knowledge of your family's story.

Moderator: Tom Girz (SEE INFORMATION ABOVE: #1501).

1503 Shape Note Singing UPDATED

Tue, Sep 22-Oct 27, 11 am-12:15 pm (VPC) \$5
LIMIT 30

Shape note musical notation was developed in New England around 1800 to simplify teaching music. In this class, we will sing folk hymns from the 1844 tune book *The Sacred Harp*. This tradition had almost died out by the 1950s, but has since seen a revival. The songs are religious, but the singings are secular, with people from many spiritual backgrounds attending. This class will be primarily singing, learning as we sing. No musical experience is necessary.

Moderator: Rich Overturf has been singing shape note music for 30+ years. He is a member of the Cincinnati Sacred Harp Singers. He has helped organize many local singings and has traveled to many singings in the Midwest and South.

1504 Exploring Opera UPDATED

Tue, Sep 22-Nov 10, 11 am-12:15 pm (VPC) \$5

LIMIT 40

This term, we shall explore some lesser-known operas by the Italian composer Giacomo Puccini (1858-1924). We shall view the operas on large screens with subtitles after which we shall discuss the operas and performers.

Moderators: Richard Goetz, PhD, is a retired research manager from the chemical industry who has been listening to, studying, and attending opera since 1949. Steve DeHoff is the principal trumpet for the Cincinnati Community Orchestra and a long-time opera fan.

1505 Current Events Discussion UPDATED

Tue, Sep 22-Nov 10, 11 am-12:15 pm (VPC) \$5

LIMIT 120

Join us for a lively and respectful review and discussion of local, regional, state, national, and international current events. Class is driven by member participation. All contributions and viewpoints are welcomed, encouraged, and respected. We especially encourage disclosure of sources of information when alleged facts are brought forth.

Moderators: Holly Doan Spraul, former attorney now art gallery proprietor. Jim Sears, retired educator. Marty Greenwell, retired accountant and financial executive. Charlie Doan, retired attorney. Janine Gage, former global supply chain executive, extensively involved with nonprofit organizations.

1506 Having the Best Life Possible with the Money You Have UPDATED

Tue, Oct 20-Nov 10, 11 am-12:15 pm (VPC) \$5

LIMIT 20

This course is for individuals who want to improve their understanding of retirement income planning. Many course topics come from material used to inform today's Certified Financial Planners. There will be an emphasis on easily understood "dos and don'ts"—advanced degree in finance not required! Rest assured, there will be no promotion of advisory services or complimentary office appointments. The goal is to help you gain knowledge so that you can achieve the best life possible with the money you have.

Moderator: David McCarley provided financial advice as a Certified Financial Planner for 25+ years. He is now retired and enjoying a "planned" lifestyle. Part of his personal purpose is to give back to the community the knowledge he accumulated when advising his former clients on how they could achieve their own retirement lifestyle goals.

1507 Baby Boom Turns 80 NEW

Tue, Sep 22-Nov 10, 11 am-12:15 pm (VPC) \$5

LIMIT 26

Those of us who were born between 1946 and 1964 are facing

financial, medical, housing, and supportive care challenges that no other generation has had to face. Over the course of eight classes, we will cover the history and development of Social Security, Medicare, and Medicaid; highlight the challenges those programs are facing; and then discuss how you might plan your own and your family's future during this period. Different housing, caregiving environments, and supportive care will also be discussed.

Moderator: Michael Barber designed and implemented care systems in each of his positions: family physician who practiced in Fairfield, Chief Medical Officer of ChoiceCare, CEO of a continuing care and long-term care alliance, board member of Episcopal Retirement Homes, and Chief Medical Officer of a large provider of affordable housing for the elderly and permanent supportive housing for the homeless.

***1508 More Murder and Mayhem* UPDATED**

Tue, Sep 22-Nov 10, 11 am-12:15 pm (ZOOM) \$5

LIMIT 35

It's a lovely day in the neighborhood...or is it? Alas, there's something nefarious afoot! Join us to read and discuss these novels where murder lurks in the nicest neighborhoods: *In a Hard Wind* by David Housewright, *Mother-Daughter Murder Night* by Nina Simon, *Those People* by Louise Candlish, and *The Close* by Jane Casey. Replace the burned-out bulb in your porch light, check the locks, and settle in for some murderous times in these unsuspecting neighborhoods.

Moderators: Barbara Burke and Brenda Gatti, both retired elementary school teachers, so enjoy talking murder and mayhem with their fellow OLLI members. They have received OLLI's Stephen Appel Award for excellence in teaching.

1509 A Picture Is Worth 1,000 Words (More or Less): Writing Your Memories

Tue, Sep 22-Nov 10, 11 am-12:15 pm (ZOOM) \$5

LIMIT 7

Story to tell? Urge to write? Looking for inspiration? Let's scratch that itch together. Unearth the tidbits of life through old photos. Then, look at the scene and imagine more: the smell of Dad's cigar, the taste of Grandma's pie, the scratch of Grandpa's beard, the sound of your dog's bark, and the feel of Mom's hug. Express your memories in a captivating narrative. Weekly prompts will kickstart writing 300-500 words to be shared with the class. We will each read, listen, critique, and praise. Let's remember and write together.

Moderator: Thomas Fahey, Cincinnati, English major, XU. Teaching was his goal; but life is one big story whose plot is murky, whose telling requires lots of Wite-Out. Forty-five years of supermarket retail filled his cup to overflowing. Retired, he works at his passions—photography, remembering, writing, and self-publishing.

1600 Understanding Vipassana Meditation UPDATED

Tue, Sep 22-Nov 10, 12:30-2 pm (VPC) \$5

LIMIT 10

Vipassana (insight) meditation practice technique was instituted by the Buddha over 2,500 years ago. The procedure guided him to attain the state of enlightenment. Concepts and step-by-step of the practice will be introduced. You will learn how to slowly develop insights by close attentiveness to and experiential phenomena of your own mind-body processes. Everyone who has an interest or wants to fulfill their curiosity is welcome.

Moderator: Manit Vichitchot has been practicing vipassana meditation on a consistent basis since January 2009. Since then, he has participated in numerous intensive vipassana meditation retreats in Thailand. He has guided OLLI members on their meditation journeys since 2013.

***1601 Advanced Poetry Writing* UPDATED**

Tue, Sep 22-Nov 10, 12:30-2 pm (VPC) \$5

LIMIT 15

If you have previous experience writing poetry, then this discussion workshop is for you. We will share work in class to gain a greater appreciation and sophistication in the practice of the art. You will show your work to others and gain an understanding of the possibilities of poetic language and prosodic forms of expression that arise from what you and your fellow writers are doing and aspire toward. You will also conceptualize the possibilities of your subject matter to be shaped into effective poetic communication.

Moderator: David Schloss, a professional poet, attended the Iowa Writers Workshop (MFA, 1967). He taught at UC (1968-74), Miami Univ. (OH) 1974-2014, and OLLI since then. He has published six full-length poetry collections plus three chapbooks as well as scores of poems in literary journals and anthologies over the years.

1602 Photo Organizing Project—POP!

Tue, Sep 22-Oct 20, 12:45-2 pm (VPC) \$5

LIMIT 25

Our photos and memories are our most valuable asset, but they can also be the most overwhelming. Photo Organizing Project will give you the framework for gathering your photos and memories (in all their various formats), bringing organization to the collection in one permanent digital home, creating your legacy collection, and celebrating it by bringing your memories back to life. Have a mess? Need some tips? How about some coaching for your project? This course is for you!

Moderator: Tabitha O'Connor has been a personal memory manager since 2001 and has the privilege of helping clients tell their stories through their photos, videos, and more so future generations know their history and aren't left to guess.

1603 On Your Bucket List? Bolivia, Bangladesh, and Cyprus NEW

Tue, Oct 27-Nov 10, 12:45-2 pm (VPC) \$5

LIMIT 40

Interested in visiting a place off the grid for most Americans? Try Bolivia, where the La Paz airport is at 13,400 feet and the runway just as long. Or Bangladesh, which Henry Kissinger labelled a "Basket Case" due to its poverty. What about Cyprus? A demilitarized zone has separated the Turks from the Greeks since 1974.

Moderator: David Dreher was the senior U.S. Embassy Consular Officer in Bolivia, Bangladesh, and Cyprus during his career with the U.S. Foreign Service. He understands why some Americans might want to visit "different" places.

1604 Our Exciting Trip to France: Six Places from Paris to the French Riviera NEW

Tue, Sep 22-Nov 10 (no class Sep 29), 12:45-2 pm (VPC) \$5

LIMIT 50

Our exciting two week trip to France in 2024, including stops in Paris, the Loire Valley, Lyon, Annecy, Provence and the French Riviera. It was a Rick Steves MyWay Tour where we planned most of the daily activities, and the hotels and bus transportation were provided for us. The presentation will include historical and cultural background information of the places visited, many personal photos, some internet photos and some interesting videos.

Moderator: Jim Jacobson is a retired attorney who has attended many OLLI classes in Dayton and Cincinnati. He has also presented several one-time classes on travel and history for both organizations.

1605 Writing for Children UPDATED

Tue, Sep 22-Nov 10, 12:45-2 pm (VPC) \$5

LIMIT 10

Do you finally have time to write the children's book you've been thinking about for years? Do you want to share your knowledge on a subject in words a child will understand? Do you enjoy writing and want to try a new genre? Class will include free-writes, reviews of favorite children's books, manuscript critiquing, and discussions about publishing.

Moderator: Connie Trounstone, former newspaper reporter, is author of four children's books, Her most recent is *Luna's Luck*, a chapter book about community and neighborhood.

***1606 Become the Boss of Your iPhone/iPad+ UPDATED**

Tue, Sep 22-Nov 10, 12:45-3:15 pm (VPC) \$5

LIMIT 30

Learn to tell your iPhone or iPad what to do! Besides that, explore new features of iOS26 and learn how to solve problems when you are stumped. Also, learn tips and tricks for dealing

with new equipment, a new interface, and new features. We will be learning by doing, so bring your device(s) to class. This will be a double period and includes learning, doing, and practicing. Bring your Apple passwords to install/upgrade software and for some settings changes.

Moderator: Jill Mitchell reads, travels, gardens, and plays tennis. She finds her iPhone/iPad are useful supports for almost everything she does. She’s taught variations of this class several times and helped lots of people “Become the Boss!”

1607 Roc Docs—Expanding UPDATED
Tue, Sep 22-Nov 10, 12:45-3:15 pm (VPC) \$5
LIMIT 150

Welcome to another season of rock and roll themed documentaries. We’ll be expanding our offerings by showing a few classic rock-themed movies such as *Almost Famous*, *The Commitments*, and *A Hard Day’s Night*. Our goal has always been to make class interesting, entertaining, and fun. We’ll still show plenty of documentaries. A few options include Chrissie Hynde (The Pretenders), Bruce Springsteen, Johnny Cash, and hopefully just-released documentaries including *Peter Asher: Everywhere Man*, *Ann Wilson: In My Voice*, and *Billy Preston: That’s The Way God Planned It*.

Moderators: Alan Sunderman has no training as a musician but is a giant fan of the music of his early years. After a few years of having too much fun, he became an IT professional and elementary school teacher. Jim Nunn has long been a music fan, with special attention paid to the rock music popular during the days of his misguided youth. With assistance from friends and the internet, he continues to discover fascinating rabbit holes to plunge down and more to learn.

1700 Memoir Wisdom: Stories Worth Sharing
Tue, Sep 22-Nov 10, 2:15-3:30 pm (VPC) \$5
LIMIT 9

Memoir writing gives voice to your personal stories of “becoming”—who you were back then, how you navigated life’s passages, who you are today—a reflective process. Your narratives, crafted into creative nonfiction (plot, characters, setting, dialogue), turn real-life experiences into legacy stories your reading audience will cherish. In this course, each writer shares his/her stories online. Then the writer changes hats, becoming an insightful reader—offering praise, questions, and constructive ideas to fellow writers. Both beginner and advanced writers are welcome.

Moderator: Regina (Jean) Hellyer retired from UC Blue Ash College where she taught composition, literature, and study skills. She writes her own memoirs as “creative nonfiction”—truthful narratives written in story form. She believes every older adult has stories to share. Written memoirs and reflections constitute a valuable legacy for family, friends, and all other audiences.

1701 Horror Operas: Magic and Menace through Music NEW
Tue, Sep 22-Nov 10, 2:15-3:30 pm (VPC) \$5
LIMIT 20

Horror operas combine the dramatic vocal power of traditional opera with terrifying themes like psychological torment, the supernatural, and murder. These dark masterpieces span centuries, utilizing eerie orchestrations and chilling librettos to bring classic Gothic tales and modern nightmares to the stage. As we travel into the darkest months of the year, let’s explore the frightening and at times ghoulish horror opera genre. We will move from an overview of the multitude of stories and their elements to viewing specific operas where we will see these elements in action.

Moderator: Deborah Lewis, President of the Wagner Society of Cincinnati and Board President of Queen City Opera, has developed an interest in the “ghoulish” since attending her first performance of Carl Maria von Weber’s *Der Freischütz* (*The Magic Marksman*) in Cincinnati.

***1702 Bootleggers and Bookwomen: Reading Appalachian Literature* NEW**
Tue, Sep 22-Nov 10, 2:15-3:30 pm (ZOOM) \$5
LIMIT 15

Appalachia has been the fertile setting for many works of American literature. We will read a selection of a few novels, peppered with shorter works in between. For the first class, read Kim Michele Richardson’s *The Book Woman’s Daughter*. If you would like to get ahead and read the second novel scheduled for later in the term, read Donna Everhart’s *The Moonshiner’s Daughter*. (Yes, there are a lot of parent-daughter themes in these works.) Syllabus with the remaining works will be sent to registrants shortly before the class begins.

Moderator: Judy Schechter enjoys reading; writing; theater; music, especially Broadway musicals, jazz, and the American Songbook standards; dancing, especially Jazzercise; swimming; spending time with family and friends; and OLLI. Since she loves learning and exchanging ideas with other people, being involved with OLLI makes her happy.

1703 Stream the Dream: TV
Tue, Sep 22-Nov 10, 2:15-3:30 pm (ZOOM) \$5
LIMIT 25

Let’s each stream a TV series at home and all watch the same episodes. We will then check in each week to discuss what we’re watching. We will be using Netflix and HBO Max.

Moderator: Karen Grosser is a retired software engineer who worked at GE Aviation. She has two grown children whom she raised to love movies and TV. She grew up in New Jersey where the best pizza on planet earth is made!

CLASS LOCATION ABBREVIATIONS	
ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

1900 Cincinnati String Project: Open Rehearsal and Performance NEW

Wed, Sep 23, 9:30 am-12 pm (VPC) \$0
LIMIT 150

Ever wonder how musicians work together without a conductor? Cincinnati String Project will perform some short pieces for string quartet and then rehearse one—with your involvement! Musicians' work involves lots of questioning and discussion, and you will be part of both! As they rehearse, they'll share their different viewpoints about the piece and what the composer is trying to tell us. They'll share insights about how they work together and why the democracy of a chamber music group is the perfect way to teach their students collaborative skills.

Moderators: The Cincinnati String Project has flourished since 2015 as both a high-level performing ensemble, presenting innovative programs to sold-out audiences across the Tristate, and as educators. For 10 years, CSP has provided free private lessons and chamber music instruction to 55 students each week at Title I schools in Norwood and Winton Woods.

1901 (VPC) / 1902 (ZOOM) Spring Wildflowers and Climate Change NEW

Wed, Sep 30, 9:30 am-12 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Each spring, many species of native wildflowers bloom in our local deciduous forests. We will begin by exploring their ecology: how they live in the shade, support pollinators, and disperse their seeds. Through close observation exercises, we will learn how to identify the most common species and discuss which ones are the easiest to grow in backyard gardens. Finally, we will examine how these plants are responding to warming winters, using a local data set begun in 1962.

Moderator: Carol Trosset is a lifelong naturalist with graduate degrees in cultural anthropology and biology. Now retired from a career studying higher education effectiveness, she is a frequent speaker and field trip leader for local nature and garden clubs. She is the author of *The Woods: The Natural History of an Acre in Southwestern Ohio*, published by the Ohio Biological Survey.

1903 (VPC) / 1904 (ZOOM) Myaamiaki neehi Myaamionki: Miami People and Miami Land UPDATED

Wed, Oct 7, 9:30 am-12 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

So many places and institutions in our region contain the name "Miami," but what do you know about the indigenous people from whom that name is taken? Join Logan York for a presentation on Miami Tribal history, an introduction to their culture, insights about the Miami people, their connection to the land, and projects the tribe is doing today.

Moderator: Logan York is the Tribal Historic Preservation Officer for the Miami Tribe of Oklahoma.

1905 (VPC) / 1906 (ZOOM) Antisemitism: History Through Today NEW

Wed, Oct 14, 9:30 am-12 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

We are hearing much in the news about antisemitism. This presentation will provide an overview of how antisemitism—hatred of Jews—has emerged throughout history and continues to impact Jews today.

Moderator: Rabbi Ari Jun is a dynamic spiritual leader, scholar, and community organizer, currently serving as the Senior Rabbi of Temple Sholom in Cincinnati. A prolific writer and speaker, he contributes regularly to local and national publications and is recognized for his leadership in interfaith dialogue, his fight against antisemitism, and his nuanced perspectives on Israel and Zionism.

1907 World Religions: A Series on Diverse Spiritual Beliefs—Introduction NEW

Wed, Oct 21, 9:30 am-12 pm, \$0
VPC LIMIT 150 / ZOOM UNLIMITED

Are religions exclusive, inclusive, or complementary? In this introduction to an ongoing series, we'll define "religion" broadly and in specific, distinguish religions "of the book" from religions "of experience," and consider indigenous religions. Because all religions have been altered by historical and cultural forces, present forms differ from original ones. Throughout this series, we'll look at religions in their original and ideal forms. In order to move beyond mere tolerance, we will outline a theological position that emphasizes the truth in all religions and our common goals.

Moderator: Don Maloney taught psychology, philosophy, and religion for Univ. of Maryland at US military bases in Europe and Asia. He has also taught at several stateside universities, most recently XU. After receiving his master's from Gonzaga Univ., he did post-graduate study at Boston College and at universities in France and Germany. He is a recipient of OLLI's Stephen Appel Award for excellence in teaching.

1909 Aging in Ohio and the U.S. NEW

Wed, Oct 28, 9:30 am-12 pm (VPC) \$0
LIMIT 150

This presentation explores how major shifts in population, family structure, education, careers, housing, and caregiving are reshaping life in America and Ohio. Using accessible data and real-world examples, you will learn how these interconnected trends affect communities, economic stability, and family life. The session also highlights what these changes mean for older adults, positioning them as informed observers, active contributors, and essential leaders in helping families and communities adapt to a changing future.

Moderator: Crystal Kendrick is the president of The Voice of Your Customer and publisher of The Voice of Black Cincinnati.

As a market researcher, she uses best practices to share statistical and quantifiable demographic data drawn from credible, authoritative sources. Her classes are informative, interactive, and a lot of fun. See you there!

1910 (VPC) / 1911 (ZOOM) Spooky “Horror”ible Movies NEW

Wed, Nov 4, 9:30 am-12 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

Rooted in folklore and ancient mythology, horror fiction is a staple of Hollywood. Continuing a series on movie genres, we'll explore the fascination audiences have with “scary movies” through film clips and discussion. We'll feature notable actors and directors, cinematic characteristics, and literary bases through a historical exploration of Hollywood's spooky films.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for several years. He is a recipient of OLLI's Stephen Appel Award for excellence in teaching.

1912 (VPC) / 1913 (ZOOM) Significant Constitutional Controversies 3.0 UPDATED

Wed, Nov 18, 9:30 am-12 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

The U.S. Supreme Court has numerous pending cases that touch all aspects of American society. As it gears up to issue decisions, the new term (2026–27) has already begun. Professor Katkin will discuss the most significant decisions of the present U.S. Supreme Court term as well as other notable cases percolating in the lower courts or from the White House.

Moderator: Ken Katkin is Professor of Law at Salmon P. Chase Law School, NKU. He holds a JD from Northwestern Univ. School of Law and a BA in mathematics from Princeton. He appears frequently in local and national media as analyst for legal issues. Prior to Chase, he litigated constitutional and election law cases at Wiley, Rein & Fielding, Washington, DC.

***2000 American Colonial Dance: Celebrate Our Country's Beginnings with Dance* NEW**

Wed, Sep 23-Oct 28, 11 am-12 pm (VPC) \$5

LIMIT 20

If you can walk, you can dance. No partner required. Join us for this inviting journey into the lively reels, circles, and set dances (no minuets!) that shaped early American communities. You'll experience authentic colonial-era music, learn easy-to-follow patterns, and embrace the joy of movement that once brought towns together. This course gives you a vibrant way to connect with America's origins through dance.

Moderators: Rosie Lemkin has danced with two vintage troupes, the Flying Cloud Academy and Forget Me Not for 36+ years. Steven Percer has been director of Forget Me Not for 40+ years.

2001 Seekers Study Group UPDATED

Wed, Sep 23-Nov 18 (no class 11/11), 11 am-12:15 pm (VPC) \$5
LIMIT 30

Seekers is a welcoming group of curious minds and open hearts. We explore the big questions of life, faith, meaning, and values through thoughtful study, dialogue, and shared experiences. Our mission is to learn together, respect one another, and deepen our understanding of ourselves, our world, and the Divine.

Moderator: Jim Slouffman has moderated for UC-OLLI for the past 20 years and taught at the college level for 50 years. His teaching philosophy has always been student centered and inspirationally oriented.

2100 “The Hindu Paradox” as Reflected in Art, Sexuality, and Politics UPDATED

Wed, Sep 23-Oct 14, 12:30-2 pm (VPC) \$5

LIMIT 30

Experience a fun and thought-provoking overview of Hinduism—the religion and the culture—practiced globally by over 1 billion people. Hinduism is also prevalent in such diluted forms as yoga and meditation. Part mythology, part philosophy, it is the only major religion that embraces God in multiple genders. Over millennia, Hinduism has evolved to include contradictory elements like the Kama Sutra and goddesses on one hand and repression and sexism on the other. We'll incorporate multimedia, Socratic/Upanishadic discussion, and visits to a Hindu temple and Indian restaurant. Two optional Zoom sessions will be added.

Moderator: Rama “Ray” Nandyal is a lifelong student of comparative religion with degrees in physics, philosophy, and English literature. He was raised an orthodox Hindu but was a church-going Christian for much of his life. A retired telecom engineer and current teacher of yoga, he enjoys dealing with belief systems as beautiful collections of myth and metaphor, a la Joseph Campbell.

2101 Pausing for Rest NEW

Wed, Sep 23-Oct 21, 12:45-1:15 pm (ZOOM) \$5

UNLIMITED

Many of us move through our days carrying more than we realize. Even when we stop physically, our minds often continue working. This gentle five-week mindfulness series explores an often-overlooked practice: learning how to rest while awake. Together, we will soften effort, reconnect with the body, quiet the mind, and cultivate greater ease and restoration. Weekly themes include Letting the Body Rest, Letting the Mind Unclench, Resting with Emotion, Resting Without Guilt, and Carrying Rest Into Life. No prior meditation experience is required—only a willingness to pause.

Moderator: Nune Sargsyan, PhD, brings over a decade of experience in meditation and mindfulness. Through guided

practices, discussion, and practical tools, she helps people reduce stress, build awareness, and live more fully in the present. With a compassionate teaching style, she supports both beginners and experienced practitioners on their journey toward greater calm and clarity.

2102 Your Weather, Our Weather, and Weather Data Exploration NEW

Wed, Oct 21-Nov 4, 12:45-2 pm (VPC) \$5

LIMIT 25

Session one: Finding weather data that keeps you and your family safe and helps with decision-making and planning for everyday events. Session two: Citizen science and ways you can contribute to weather databases. Session three: Open forum on any weather phenomenon and related data sets. Session four: Field trip to a National Weather Service office or local television station (date/location TBD).

Moderator: Sylvia Reeves has a BS in Atmospheric Sciences from Cornell Univ. and a MS in Science Policy from North Carolina State Univ. As a meteorologist with 45 years of experience forecasting, briefing, and planning for weather events, she also has decades of parallel experience as an emergency management professional.

***2103 Conversations for the Curious* UPDATED**

Wed, Sep 23-Nov 18 (no class 11/11), 12:45-2 pm (VPC) \$5

LIMIT 35

Prior to each class, you will listen, read, watch, and evaluate a selected topic from the worlds of science, psychology, economics, pop culture, or whatever strikes our fancy. No expertise required and none expected. Expect to chat, laugh, and maybe learn something.

Moderator: Suesann Sepela worked for Miami Univ. for 20+ years where she designed, implemented, and assessed programs supporting students from less-privileged backgrounds. While at MU, she led book clubs, discussion groups, and lectures. After leaving MU, she became COO at YWCA Hamilton. Her love of reading, running, and having good conversations guides all she does.

***2104 Pathways to Connections 2: New Topics, New Conversations* NEW**

Wed, Sep 23-Nov 18 (no class 11/11), 12:45-2 pm (VPC) \$5

LIMIT 20

Whether or not you took the original Pathways to Connections, anyone is invited to join us for this highly interactive class exploring new topics related to connection, friendship, and belonging. Along with fresh insights and communication strategies, you will spend time getting to know one another through guided conversations, small-group activities, and skill-building exercises. Topics will explore ways of balancing conversations, overcoming feelings of invisibility, supporting

grieving friends, navigating difficult conversations, and asking deeper questions. Come for the discussions; stay for the connections!

Moderators: Lori Payne taught high school English and public speaking for 30+ years. Karen Zaugg was a university administrator and community mediator/conflict resolution practitioner and trainer. Both love fostering connections. Karen has received OLLI's Stephen Appel Award for excellence in teaching.

2105 Mah Jongg for Those Who Already Know How to Play (Open Play) UPDATED

Wed, Sep 23-Nov 18 (no class 11/11), 12:45-2 pm (VPC) \$5

LIMIT 20

For people who already know how to play mah jongg. Bring your 2026 card and your enthusiasm for the game. Please note that we are not teaching anyone how to play the game.

Moderator: Diane Slovin learned to play mah jongg with her three daughters-in-law six years ago. She is excited to spend her Wednesday afternoons socializing with OLLI friends and playing mah jongg for fun.

2106 Making Comics UPDATED

Wed, Sep 23-Nov 18 (no class 11/11), 12:45-2 pm (VPC) \$5

LIMIT 20

Making Comics is a relaxed, hands-on studio course designed for anyone who wants to draw—especially those who think they can't. Through weekly activities, simple prompts, and approachable demonstrations, you will learn to build characters, experiment with expression, tell visual stories, and develop a regular drawing practice. The class emphasizes spontaneity, low-stakes creativity, and supportive feedback. No previous art experience is required; curiosity and willingness to play are more than enough.

Moderator: Steve Kroeger, a retired UC special education faculty and former public school intervention specialist, embraces cartooning and graphic narrative in areas that include the food shed and breastfeeding as well as international relations and human sexuality. His cartoons have been published in peer-reviewed journals. He has self-published four chicken comics with his grandsons.

2107 A Layperson's Guide to Understanding and Responding to Mental Illness UPDATED

Wed, Sep 23-Nov 18 (no class 11/11), 12:45-2 pm (VPC) \$5

LIMIT 50

According to the National Institute of Mental Health, 23% of Americans live with mental illness. The continuing stigma and stereotyping are a direct result of the lack of education about mental illness. This course, edited and updated, will provide the latest information about mental illness and focus on gaining knowledge, raising awareness and changing expectations. The course will include a Q&A panel of persons living with mental

illness. It will also provide important skills for interacting with persons diagnosed with a mental illness.

Moderator: T. Victor Lloyd, MTh, MAPC, is a caseworker and Law Enforcement Training Specialist. He has 30 years' experience as a mental health professional and 20+ years' experience providing education and training on mental illness and crisis intervention to law enforcement and other professionals both locally and throughout the U.S.

2108 Osteoporosis Is More Than a DEXA Score! Let's Talk Prevention and Practice NEW

Wed, Sep 23-30 (ZOOM); Oct 7-21 (IN PERSON),
12:45-2 pm (VPC) \$5
LIMIT 20

Osteoporosis exists within a web of interconnected conditions and physiological processes. Conditions linked to bone loss include diabetes, thyroid disorders, inflammatory bowel disease, kidney and liver conditions, autoimmune disorders, eating disorders, and more. Functionally, loss of muscle mass (sarcopenia), poor balance, reduced coordination, inactivity, chronic inflammation, and hormonal changes all intertwine with fracture/fall risk. Fortunately, any condition linked to bone loss is not a sentence—it's information. Let's take a broader view together by paying attention to building muscle and balance through safe, effective movement.

Moderator: Sharon Byrnes holds master's degrees in Health and PE, and in Learning Disabilities. A Yoga Therapist also Certified in Bones for Life®, she is dedicated to teaching fall risk reduction, stemming from the death of her mother who never recovered from a serious fall. She created "Vibrant Aging," to help you feel and move better to enjoy life.

2109 Sing Together for Fun UPDATED

Wed, Sep 23-Nov 18 (no class 11/11), 12:45-2 pm (VPC) \$5
LIMIT 150

We will sing fun/beautiful songs, accompanied by YouTube videos. And we may even incorporate some Nia dance moves! Everyone can be involved in picking songs, mostly from the 1960s, '70s, and '80s, as well as show tunes and beautiful songs from Sara Thomsen, Karen Drucker, and others. No special singing skills needed—just the fun of singing with friends.

Moderators: Janice Alvarado's passion is building community through song. She sings often with Singing in Sacred Circle, Sing Out Sisters, Just Sing, SongFarmers, and Queen City Balladeers where she is an operating board member. Ray Rechenberg's background includes the U.S. Navy, church choirs, cantatas, canticles, and Sacred Harp. He leads Rise Up Singing at Queen City Balladeers Leo Coffeehouse.

NEW REGISTRATION PROCESS

- **Classes listed in RED with *STARS* open for registration on August 18, 10am.**
- **All other classes open August 1 for online or mail-in registration.**
- **Phone registration begins August 19, 9am.**

2110 Holiday Card Workshop: Fall/Winter Themes NEW

Wed, Oct 14-Nov 4, 1-3 pm (VPC) \$0+fee
LIMIT 12

Get a jump on the holidays by making unique notecards with seasonal and holiday themed stamps and dies. Every class will have four different stations, each with a different technique or holiday symbol. The only thing you need to bring is a small pair of sharp pointed scissors. At the first class, you will pay to the moderator a \$5 material fee that covers all papers, inks, and embellishments.

Moderator: Cathy Berrens is a retired teacher who has been making scrapbooks and cards for decades. She has taught a papercrafting tools and techniques class for OLLI since 2019.

2200 Creating a Tiny Forest and Native Perennial Pollinator Garden at VPC NEW

Wed, Sep 23-Oct 7, 2:15-3:30 pm (VPC) \$5
LIMIT 25

This Learn and Do course combines learning and community action through hands-on experiences. We will explore the benefits of native trees, perennial pollinator gardens, biodiversity, and healthy ecosystems while helping create a living landscape at Victory Parkway Campus. The course begins with three classroom sessions focused on nature-based solutions, Tiny Forest concepts, perennial pollinator gardens, native plants, habitat creation, and project planning. Additional field sessions will be scheduled to support site installation and stewardship activities. Resources and tools will be provided. You should have sufficient mobility for outdoor activities.

Moderator: Ralph Brueggemann, Ohio Certified Volunteer Naturalist, Professor Adjunct Emeritus, UC College of Engineering and Applied Science, and author, with management consulting, leadership, and nonprofit board service.

2201 "On Tyranny" and "On Freedom" by Timothy Snyder NEW

Wed, Sep 23-Nov 18 (no class 11/11), 2:15-3:30 pm (VPC) \$5
LIMIT 20

What better way is there of celebrating America's 250th anniversary as an independent, free country than by reading and discussing these two books? *On Tyranny* addresses what we are against, and *On Freedom* what we are for. Perhaps by so doing, we can become more empowered to further flesh out our citizenship by actively doing our part in contributing toward a more perfect union. Our efforts may go toward a "new birth of freedom," as Lincoln eloquently said. Read the first seven lessons in *On Tyranny* for the first class.

Moderator: Mick Parker, a 27-year OLLI member, rejoices in the freedom at OLLI to moderate courses that he currently has a passion for. Moderating at OLLI has accelerated his learning and sense of community in beautiful ways.

2202 What's Jung Got to Do with It? A Jungian Approach to the Tarot UPDATED

Wed, Sep 23-Nov 18 (no class 11/11), 2:15-3:30 pm (VPC) \$5
LIMIT 20

Join this course for an overview of the Rider Waite tarot deck as a form of divination and personal development in the Jungian tradition with an emphasis on individuation, synchronicity, archetypes, and the Jungian aspect of the "Self." Discover alternative pathways to your own "inner knowing" with an emphasis on Jungian perspectives as a system for personal insight. Familiarity with the tarot is useful but not required.

Moderator: Donata Glassmeyer has a BA and MA in English literature from UC and additional studies in symbolism and psychology.

***2203 Let's Do It! Write Your Legacy Letter Using Jay Sherwin's Format* NEW**

Wed, Sep 23-Nov 18 (no class 11/11), 2:15-3:30 pm (VPC) \$5
LIMIT 7

"Every time an old person dies, it's as if a library burns down." Maybe you have thought about it but not pushed to write your legacy letter. It's time to review your life, think about pivotal experiences, what you have learned, what you value and want to pass on, how you want to be remembered, and leave this legacy for family and friends. We will follow Jay Sherwin's format as given in OLLI presentations—one of six parts each week and discussion with classmates (5-6 pages total).

Moderator: Kathy Richardson taught English and history at Seven Hills School for 42 years as well as ESL in Wuhan, China, and with Sister Cities exchange teachers in Cincinnati. She has led OLLI courses in memoir writing, poetry, American poets laureate, novels on coming of age or barriers and boundaries, Scout and Atticus Finch, and co-chaired Wednesday WOWs.

2204 How to Get the Most Out of Being a Patient NEW

Wed, Sep 23-Nov 4, 2:15-3:30 pm (VPC) \$5
LIMIT 24

This seven-week interactive course explores a more positive patient experience. Understand what is the role of the patient, how to prepare for a medical visit, how to communicate effectively and comfortably with healthcare providers, basic understanding of diagnostic tests and labs results, what questions you should be asking, how to navigate the healthcare system, how to self-advocate, how to promote safer healthcare, and how to build a long-term relationship with your healthcare partners.

Moderator: Gail Bongiovanni, 1972 BA Smith, 1977 MD Case Western Reserve Univ, 1977-80 Internal Medicine Residency Massachusetts General Hospital, 1980-82 Gastroenterology Fellowship Columbia Univ. 1982-89 Assistant/Associate Clinical Professor of Medicine, Director Gastrointestinal Endoscopy UC, 1989-2015 President of Cincinnati GI, 2015-24 Adjunct Clinical

Professor of Medicine UC, 2017-24 Director Gastroenterology Fellowship Training Program UC. Author Medical Spanish, Essentials of Clinical Gastroenterology.

2205 (VPC) / 2206 (ZOOM) Sinatra: He Did It His Way NEW

Wed, Sep 23-Oct 14, 2:15-3:30 pm, \$5
VPC LIMIT 150 / ZOOM UNLIMITED

From Hoboken to Vegas to Hollywood, from bobbysoxer fame to recognition as "Singer of the Century," Frank Sinatra was a dominant entertainment figure for decades. "The Voice," "The Chairman of the Board," "Ol' Blue Eyes," he had legions of fans and critics, his legacy complicated by his mob connections and Rat Pack image. We'll trace Frank's life and career, illustrated with a collection of songs and movie clips.

Moderator: Greg Rhodes has taught many OLLI courses. He grew up listening to Sinatra records on the family hi-fi.

2207 "Good Events"—Stories that Give Off Positive Vibes NEW

Wed, Oct 21-Nov 4, 2:15-3:30 pm (VPC) \$5
LIMIT 150

This three-week course will unveil five "Good Events" each week that will produce good feelings. No doom and gloom allowed. Topics will include adventure, discoveries, weird events, medical breakthroughs, etc. Local to international. Silly to serious. Each story will be followed by a short class discussion on how and why this event transpired. This course is a spin-off of the "Good Events" section of OLLI's long-time Current Events class

Moderator: Marty Greenwell is a long-time OLLI participant who has recently been facilitating the "Good Events" section of OLLI's popular Current Events class. He likes to pass along good news amidst the dour happenings that are the spotlight of today's current news reporting. He is a retired CPA who likes to redefine what numbers really mean.

2208 Stream the Dream: Movies UPDATED

Wed, Sep 23-Nov 18 (no class 11/11), 2:15-3:30 pm (ZOOM) \$5
LIMIT 25

Let's stream movies at home and all watch the same thing. We will then check in each week to discuss what we've watched. We will be using Netflix and HBO Max.

Moderator: Karen Grosser is a retired software engineer who worked at GE Aviation. She has two grown children whom she raised to love movies and TV. She grew up in New Jersey where the best pizza on planet earth is made!

CANCELLED! 2300 Big Bang, the Collapse of Stars, the Solar System, and Tectonic Plates CANCELLED!

Thu, Sep 24-Oct 29, 9:30-10:45 am (VPC) \$5
LIMIT 30

We'll begin with the origin of the universe starting with the Big Bang, then show how stars were/are still being made from

cosmic dust. We will look at ways to find the distance to stars and galaxies and touch on dark matter and dark energy. Closer to home, we'll examine how the top layer of the Earth is moved by tectonic plates, how different rocks are made, and the relationship between climate and types of soil beginning here in Ohio.

Moderator: Rick Takanen has been a member of OLLI since 2009. He has moderated many travel-related programs and is beginning his third year moderating this course. He currently serves on the OLLI Board of Directors. He graduated from Worcester Polytechnic Institute in Massachusetts. He retired from GE Aviation after a 35-year career in 2009.

2301 Planet Earth and Its People in the Year 2100 UPDATED

Thu, Sep 24-Nov 12, 9:30-10:45 am (VPC) \$5

LIMIT 26

This course will build on a spring course of the same name—but it's not a prerequisite. That course was proposed to address mostly technological and climate issues. The research to present it indicated that social and governance evolution during the next 75 years will have more influence than technology. After spectacular population and economic growth in the last 75 years, we as Americans and as humans face significant cusps in the next 75. There will probably be fewer of us in 2100 than there are now. That's a sharp turn. Discussion will be encouraged.

Moderator: Alan Flaherty has conducted several OLLI courses addressing intersections among technological, social, and governance issues. This one will continue to address the delights and challenges his sub-teen grandchildren will face in 2100, when they'll be approaching the same age he is now. He is a retired engineer and media executive who has focused on process analysis and process design.

***2302 Backgammon for ABSOLUTE BEGINNERS: Terminology, Rules, and Strategy* UPDATED**

Thu, Sep 24-Oct 29, 9:30-10:45 am (VPC) \$5

LIMIT 8

MUST ATTEND FIRST 3 SESSIONS! Absolute beginners will learn the basic board setup as well as the terminology, rules, and strategy of backgammon, preparing you for playing with friends and family. If you have a game board at home or if you know someone who has a board but not using it, bring it with you to this class. By the end of this six-week course, you will be playing this wonderful game with knowledge and confidence.

Moderators: Dave Dargis plays backgammon every Wednesday with a friend. He also plays occasionally online. He is a good player who can teach all aspects of the game, including the basic board setup, rules, and strategy. Melody Dargis has also co-moderated OLLI courses on tarot and divination.

CLASS LOCATION ABBREVIATIONS	
ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

2303 Rise and Fall of the American Automobile Industry NEW

Thu, Sep 24-Nov 12, 9:30-10:45 am (VPC) \$5

LIMIT 40

For more than a century, the American automobile industry shaped the nation's economy and culture. This course traces the ascent of U.S. automakers—from pioneering innovators at the turn of the 20th century to global industrial powerhouses—and examines the forces that contributed to their long, complex decline. Each session blends historical narrative with analysis of business strategy, labor relations, technology, and global competition, and highlights some of the key people in the industry.

Moderator: Jim Rauf, BA physics, Thomas More College; BME, mechanical engineering, Univ. of Detroit. Retired from GE Aviation where he was a manager and principal engineer in the Commercial Engines Product Support Group.

2304 Hidden Prizes: Discovering What Familiar Fairy Tales Have to Say to Adults NEW

Thu, Sep 24-Nov 12, 9:30-10:45 am (VPC) \$5

LIMIT 50

Crucial for children's psychological development, fairy tales offer much to older folk. Symbolic, often dark narratives like "Hansel and Gretel" or "Cinderella," provide a framework for understanding life's difficulties and achieving a sense of mastery and hope. Even the humblest stories reveal depths of meaning that astonish adult readers. The stories will be read aloud in class and discussed as we go. You will be entertained and elucidated as you cultivate a knack for decoding archetypes and spotting elusive hidden meanings.

Moderator: Rick Sowash is a classical composer, author, and publisher of his own music, books, and CDs. He has studied fairy tales for decades, tapping the writings of thinkers like Carl Jung and Bruno Bettelheim. With degrees in Music Composition as well as Comparative Literature, he enlivens a multi-disciplined perspective with the instincts of an entertainer. Fun and astonishment are offered. He is a recipient of OLLI's Stephen Appel Award for excellence in teaching.

2305 (VPC) / 2306 (ZOOM) Adapting to the New World Order NEW

Thu, Sep 24-Nov 12, 9:30-10:45 am, \$5

VPC LIMIT 150 / ZOOM UNLIMITED

As China and the U.S. compete for primacy, old alliances are in flux. How are they responding to the realities of this changing global restructuring? Many of these countries have chosen their own paths to become more independent and to thrive with new alliances based on trade and mutual security. This class will offer a history and current profile of Brazil, Indonesia, Chile, South Korea, Australia, and Vietnam as well as events in the E.U. Canada is aggressively shifting to a more pragmatic approach to trade and security.

Moderator: Doug MacCurdy is a naturalized American citizen and native Canadian. Educated in Winnipeg at Univ. of Manitoba

and Univ. of Winnipeg, he has lived and worked in the U.S. on three separate occasions as well as having international work experience in France, Holland, Japan, the UK, and other countries. He has received OLLI's Stephen Appel Award for excellence in teaching.

2307 Great "Genre" Novels UPDATED

Thu, Sep 24-Nov 12, 9:30-10:45 am (ZOOM) \$5
LIMIT 45

Historical/adventure fiction, supernatural horror, psychological thriller... We will read four novels: *'Salem's Lot* and *Misery* by Stephen King; and *Flashman in the Great Game* and *Flashman and the Mountain of Light* by George MacDonald Fraser—thus, two weeks for each novel. These are fairly long but so well-written that the reading is easier.

Moderator: John Briggs has taught numerous (and sometimes strange) courses—often with survivors. He believes the courses are for enjoyment. Come always, come occasionally, show yourself, stay out of view, talk a lot, or stay silent. But above all, enjoy yourself! No pressure to talk, and disagreement is very welcome.

***2308 Intermediate/Advanced French Conversation* UPDATED**

Thu, Sep 24-Nov 11, 9:30-10:45 am (VPC) \$5
LIMIT 20

Come and share your love for this beautiful language with like-minded Francophiles in a relaxed group setting. Working knowledge of grammar is required as the class is conducted entirely in French. Work on pronunciation, translation, spontaneous discussion, and a bit of grammar review as necessary.

Moderator: Deanna Hurtubise is a retired high school French teacher. She earned her MA in French language and civilization from UC and is the author of several picture books for children and a series of French historical fiction for middle schoolers.

2400 Backgammon for Those Who Already Know How to Play (No Teaching Offered!) UPDATED

Thu, Sep 24-Oct 29, 11 am-12:15 pm (VPC) \$5
LIMIT 12

For people who already know how to play backgammon—we are not teaching. Bring your backgammon board and join us to compete with other enthusiasts. Just for fun—not for teaching!

Moderators: Dave Dargis plays backgammon every Wednesday with a friend. He also plays at a site online. He is a good player whose goal is to bring people together to play this great game both socially and competitively. Melody Dargis has also co-moderated OLLI courses on tarot and divination.

***2401 Fundamentals of Photography for DSLR and Mirrorless Cameras Only* UPDATED**

Thu, Sep 24-Nov 12, 11 am-12:15 pm (VPC) \$5
LIMIT 12

You have a new DSLR or mirrorless camera! So now how do you

create some great images? This course is intended for folks wanting to learn the basics of how to use their digital camera (NOT point-and-shoot!) with little or no previous knowledge. We'll cover learning the fundamentals of photography including the major parts of a camera. You'll learn shooting in aperture priority, shutter priority, program, and manual modes. We'll discuss the basics of exposure, depth of field, focusing, lenses, and composition. Let's make some great pictures together!

Moderator: Ray Rawlinson has pursued photography for 65+ years. He studied portrait photography/lighting at Sandwell College of Art and photographic conferences. He worked as a professional photographer for three years.

2402 Navigating End-of-Life Decisions: Legal, Medical, and Emotional Perspectives

Thu, Sep 24-Oct 15, 11 am-12:15 pm (VPC) \$5
LIMIT 40

This thoughtful and practical multiweek course provides essential knowledge and tools for making informed decisions about end-of-life care while addressing the emotional landscape of loss. Through expert-led sessions, you will gain clarity on critical legal documents, understanding your healthcare options, and learn healthy approaches to grief.

Moderators: Nancy Macke (end-of-life doula, Compassionate Transitions), Olivia Smith (estate planning/elder law attorney), Krista Powers (author and Executive Director, Giving Voice Foundation), and Maria Lees-Dunlap (Community Liaison, Grace Hospice) bring complementary expertise to end-of-life care. Together, they guide families through tender transitions, navigate elder law with dignity, explore grief's transformative power, and reshape how communities navigate mortality and bereavement.

2403 Spending Money with Confidence in Retirement

Thu, Oct 22-Nov 12, 11 am-12:15 pm (VPC) \$5
LIMIT 40

A recent survey reported that 84% of retirees die with more money than when they began retirement. Obviously, they cannot take it with them, but apparently they try. This course offers ways to rethink the mindset of "anxiously saving" to "confidently spending." We will identify cultural predispositions that handicap participating in more of the good life. The course will also present client-tested successful income strategies. People who are able to embrace a "confident spender" mindset are likely to have a best life possible with the money they have.

Moderator: David McCarley provided financial advice as a Certified Financial Planner for 25+ years. He is now retired and enjoying a "planned" lifestyle. Part of his personal purpose is to give back to the community the knowledge he accumulated when advising his former clients on how they could achieve their own retirement lifestyle goals.

2404 Magic for the Young at Heart UPDATED

Thu, Sep 24-Oct 22, 11 am-12:15 pm (VPC) \$0+fee

LIMIT 12

Put some real magic in your life! Amaze and amuse your grand-kids, family, and friends by performing easy-to-learn feats of magic! You can be the cool grandpa or grandma magician or be the magician who teaches your grandkids astonishing and fun magic tricks. Over this five week class, you will learn the sleight-of-hand skills necessary to perform many basic but powerful magic effects with everyday objects including coins, cards, ropes, balls, etc. You will pay a \$25 fee to the instructor for your magic kit.

Moderator: Mark Hogan, for the past 10 years, has performed magic in schools throughout Cincinnati and has taught magic to fifth and sixth graders in Kilgour Elementary as well as to adults through OLLI, both in Cincinnati and in Sarasota, FL. This year, he received the 2026 John E. Pepper Award for Outstanding Volunteer of the Year in Public Education.

2405 Two Comic Masterworks: “Lily, the Felon’s Daughter” and “Three Men in a Boat” NEW

Thu, Sep 24-Nov 12, 11 am-12:15 pm (VPC) \$5

LIMIT 50

Lily, the Felon’s Daughter, a parody tear-jerker, stars virtuous Lily Fairweather whose romance with weak but handsome Compton is thwarted when Craven Sinclair lures Compton into a life of crime. Rick will improvise at the piano while some enrollees read the parts, and others hiss, boo, and cheer. Jerome K. Jerome’s comic novel, *Three Men in a Boat (To Say Nothing of the Dog)* describes a two-week boating holiday by the author and two real-life friends: George and Harris. Everything goes wrong, but a good time is had by all.

Moderator: Rick Sowash is a classical composer, author, and publisher of his own music, books, and CDs. He has presented *Lily* on stage a dozen times and lists *Three Men* among his favorite books. His OLLI courses are surprising, entertaining, and sometimes even informative! Above all, he promises, “Fun is what we’re going to have and nothing else but.” He received OLLI’s Stephen Appel Award for excellence in teaching.

2406 (VPC) / 2407 (ZOOM) For the Love of Music UPDATED

Thu, Sep 24-Nov 12, 11 am-12:15 pm, \$5

VPC LIMIT 150 / ZOOM UNLIMITED

We will sample excerpts and discuss forthcoming performances by Cincinnati Symphony Orchestra, Chamber Music Cincinnati, Linton Chamber Music, Cincinnati Ballet, and other Cincinnati musical organizations to explore great compositions. Contexts include performance practice and reception history, composers, and performers. There is always time for discussion and class participation.

Moderators: Bob Zierolf is a retired UC vice provost, dean of the Graduate School, and professor of music theory at CCM.

He has received OLLI’s Stephen Appel Award for excellence in teaching. Steve Winter is a retired GE engineer with no formal musical training who has enjoyed classical music for most of his adult life.

***2408 Biblical Magic: Folklore at the Bible’s Core* NEW**

Thu, Sep 24-Nov 12, 11 am-12:15 pm (ZOOM) \$5

LIMIT 15

Elijah vanishing a drought, Jesus raising the dead, a mysterious threshing floor beneath Solomon’s temple: Biblical “wonder-works” constitute phenomena rooted in folkloric magic. We’ll apply a pragmatic definition to magic: the manifestation of the extraordinary out of the ordinary. Applying the social sciences, we’ll uncover a diverse, often cross-cultural domain to understand magic’s mechanics and transformations. Through lecture and discussion, we’ll explore thematics and create models to illustrate magic as the Bible’s core motivation for belief and delve deeply into its significance. Bring a Bible, your ideas, and respect for others’ views.

Moderator: Craig Miller holds a doctorate in theology, specializing in biblical/classical languages. He has taught for 40+ years at nearly all levels of academia, 25 of which for adult education programs, including OLLI. His courses focus on a range of specialized topics taught innovatively. His mantra: Any topic can be made accessible and enjoyable via student-centered teaching.

2500 (VPC) / 2501 (ZOOM) Your Vote, Your Voice: Understanding Today’s Voting Landscape NEW

Thu, Sep 24, 12:45-2 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

What’s changing in the way Americans vote—and why does it matter? Join Nicole Klungle and Karen Bratburd from the Greater Cincinnati Voter Collaborative leadership team for a nonpartisan discussion of voting rights and voter suppression concerns, including the latest changes in Ohio and federal election laws. We will explore the impact these laws will have on registration, voting, and ballot counting. We will share specific steps you can take to stay informed and engaged. You will leave with tools, resources, and practical actions to strengthen civic participation.

Moderators: Nicole Klungle, Karen Bratburd

2502 (VPC) / 2503 (ZOOM) Dare to Stare: 19th-Century Circus and Sideshow Portraits NEW

Thu, Oct 1, 12:45-2 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

Step right up! Enormous crowds attended circuses and sideshows to engage in bold looking. Thrilled by colorful spectacles, death-defying acts, exotic cultures, wild animals, rousing music, amusing clowns, and people with distinctive physical characteristics, audiences savored watching dynamic performances

in person and sustained portrait gazing afterwards. This presentation by Theresa Leininger-Miller, PhD, explains the FotoFocus exhibition on view at the DAAP Library, UC, this fall. Leininger-Miller is Professor of Art History at UC.

Moderator: Theresa Leininger-Miller

2504 (VPC) / 2505 (ZOOM) Mental Health, Addiction, and Trauma: What You Need to Know

Thu, Oct 8, 12:45-2 pm, \$0

VPC LIMIT 150 /ZOOM UNLIMITED

This presentation is packed with critical, practical information and lists of resources to help people dealing with mental health, addiction, and trauma challenges. It provides answers to the many questions people have about specifics on how to determine if an issue exists and how to get help if it does. It includes personal stories, music, and humor and has a Q&A session afterwards. Presenter Steve McCamley is President of Stop the Stigma Productions (STSP), a nonprofit created to raise awareness and reduce stigma about mental health and addiction.

Moderator: Steve McCamley

2506 (VPC) / 2507 (ZOOM) Brent Spence Bridge Corridor Project Update **UPDATED**

Thu, Oct 15, 12:45-2 pm, \$0

VPC LIMIT 150 /ZOOM UNLIMITED

The Brent Spence Bridge Corridor project is one of the most consequential infrastructure projects in the country. Tommy Arnold, Brent Spence Bridge Project Manager for the Ohio Department of Transportation, will provide an update on construction with a particular focus on building the new cable-stayed, independent deck companion bridge. This presentation will include construction videos and progress photos. Arnold is a 2003 graduate of the Univ. of Dayton, earned his Professional Engineering license in 2007, and lives with his wife and three kids in Cincinnati.

Moderator: Tommy Arnold

2508 (VPC) / 2509 (ZOOM) Gravel Gardening: A New Way to Garden **NEW**

Thu, Oct 22, 12:45-2 pm, \$0

VPC LIMIT 150 /ZOOM UNLIMITED

Discover a new way to garden made popular in the U.S. by famed garden designer Jeff Epping. Explore the history of gravel gardens, why they work, how they support pollinators, and, of course, how to design and create a gravel garden of your own. This program is presented by award-winning garden designer Jennifer Smith of Wimberg Landscaping, who has such a garden herself.

Moderator: Jennifer Smith

2510 (VPC) / 2511 (ZOOM) Boomers Are Stuck in the Cognitive Longevity Gap **NEW**

Thu, Oct 29, 12:45-2 pm (VPC) \$0

VPC LIMIT 150 /ZOOM UNLIMITED

Discover how strengthening your brainspan can help you stay sharp, confident, and independent as you age. While we're living longer than ever, the brain doesn't always keep pace—cognitive decline actually begins as early as our 40s. This session explains the Cognitive Longevity Gap and shows how supporting brainspan leads to better healthspan and lifespan. Learn practical steps you can take now to protect memory, decision making, and long term brain health. Presenter Patricia Faust is an international award-winning gerontologist who focuses on the neuroscience of brain aging and cognitive longevity.

Moderator: Patricia Faust

2512 (VPC) / 2513 (ZOOM) Albuquerque Hot Air Balloon Festival and Other Attractions **NEW**

Thu, Nov 5, 12:45-2 pm, \$0

VPC LIMIT 150 /ZOOM UNLIMITED

The Hot Air Balloon Festival is held every October in Albuquerque, New Mexico. Dan Kemme will share information about the festival including many photos of the stunning and beautiful hot air balloons from the 2025 festival. He will also review other attractions in the area including the National Museum of Nuclear Energy, Petroglyph National Monument, the Sandia Mountains, Old Town, Bio Park, and the Georgia O'Keefe Museum in Santa Fe.

Moderator: Dan Kemme

2514 (VPC) / 2515 (ZOOM) Wisdom, Wealth, and Wellbeing: Shaping Your Retirement Blueprint

Thu, Nov 12, 12:45-2 pm, \$0

VPC LIMIT 150 /ZOOM UNLIMITED

Financial planning falls into two categories: income and legacy. The only three sources of guaranteed retirement income are Social Security, pensions, and annuities. Without careful planning, a significant portion of your estate could be diminished by taxes, delays, or unintended distribution outcomes. Estate planning can be complex, deeply personal, and downright overwhelming. Natalie Gillespie will review sources of guaranteed income and discuss the ins and outs of estate planning. She majored in international business at XU, worked for Great American Insurance Group, then transitioned to MassMutual Ascend.

Moderator: Natalie Gillespie

2516 Photography Workshop: Intermediate to Advanced* **UPDATED*

Thu, Sep 24-Nov 12, 12:45-2 pm (VPC) \$5

LIMIT 12

Designed to improve your "photographer's eye" and challenge your artistry with a camera, this workshop is for those who

have previously completed a photography course, have a good working knowledge of their DSLR/mirrorless camera, and want to engage in visual creativity. Each week, you'll shoot a specific assignment and share four of those photos that show your current skill level. We'll participate in active discussion of the presented work. The workshop stresses taking good photographs; however, you should have a basic knowledge of photo-editing software such as Lightroom or Photoshop.

Moderators: Ray Rawlinson has pursued photography for 65+ years. He studied portrait photography/lighting at Sandwell College of Art and photographic conferences. He worked as a professional photographer for three years. Angela Wilcox, BFA, Univ. of Michigan, became interested in photography in high school and college using black-and-white film and traditional darkrooms. She enjoys the freedom of shooting and processing images digitally.

2517 Care for the Caregiver NEW

Thu, Sep 24-Oct 22, 12:45-2 pm (ZOOM) \$5

LIMIT 15

One in four of us are a family caregiver, providing care for a spouse, parent, or child with chronic conditions or disabilities. If that is you, take a break in your day to support fellow caregivers and learn new skills. We will form a "Genius Bar" to provide each other with practical answers as well as give emotional encouragement and support.

Moderator: Melissa Broome has been a caregiver for her husband for 20+ years. Moderating and participating in OLLI classes has given her a new life away from the house. Her next goal is to write the Yelp guide to hospital ERs and surgical family waiting areas.

2518 Vipassana Meditation Practice UPDATED

Thu, Sep 24-Nov 12, 12:45-2:45 pm (VPC) \$5

LIMIT 10

If you have prior experience with the fundamentals of vipassana (insight) meditation practice, this is an opportunity to cultivate the Buddha's way of liberation through the practice of ethics, meditation, and insight. More technical explanations concerning the practice procedures will be introduced. The session starts with a short chanting and follows by the walking and sitting practices. Thorough discussion about the practice experiences will follow. The session is concluded with an extended loving-kindness observation. Each class meets for two hours.

Moderator: Manit Vichitchot has been practicing vipassana meditation on a consistent basis since January 2009. Since then, he has participated in numerous intensive vipassana meditation retreats in Thailand. He has guided OLLI members on their meditation journeys since 2013.

2519 Third-Annual Christmas Song Extravaganza UPDATED

Thu, Dec 3, 1-3 pm (VPC) \$0

LIMIT 150

Bruce Bowdon returns to Cincinnati to present the Third-Annual Christmas Song Extravaganza! As a result of hours of research, Bruce will play the stupidest Christmas song ever written. PLUS, he will play a carol from the 22nd century. There will be old favorites, songs you haven't thought about in years, and carols you hoped you would never hear again. So put on your ugliest sweater, your Rudolph nose, and your elfin ears to ring in the season.

Moderator: Bruce Bowdon arranged 43 Christmas programs during his middle school teaching career. He has received OLLI's Stephen Appel Award for excellence in teaching.

2601 Jazz History

Thu, Sep 24-Nov 12, 2:15-3:30 pm (VPC) \$5

LIMIT 35

This course traces the development of jazz from the Swing Era through Bebop, Cool, Hard Bop, Avant-Garde/Free Jazz, and Fusion to its present post-contemporary forms. Attention will be given to both the major and specific jazz innovations. Upon completion of this course, you will be able to participate in an in-depth discussion in regard to the essential periods, schools, performers, and external aspects of American jazz from its origins to the present. Furthermore, you will be able to identify composers, compositions, schools, and styles from recorded examples.

Moderators: Alvin Crawford majored in music in college. He is Emeritus Professor in the Department of Orthopedic Surgery at UC, served as Assistant Instructor in Jazz History at the UC-CCM in 2023 and 2024, and currently is a member of the Queen City Concert Band and the UC Alumni Band. Craig Bailey is Interim Director of Jazz Studies and Associate Professor of Music in Jazz Saxophone at CCM. Jean Crawford will also assist.

2602 Sustainability in Action: Creating a Better World UPDATED

Thu, Sep 24-Nov 12, 2:15-3:30 pm (VPC) \$5

LIMIT 25

Sustainability in Action explores practical solutions to climate change, resource conservation, the nature effect, and circular economy principles that support present and future generations. As society faces extreme weather, climate instability, resource depletion, environmental contamination, including persistent "forever chemicals," and growing social disparities, the course examines effective strategies and emerging technologies, including artificial intelligence and its energy demands. Through expert guest speakers, real-world examples, interactive discussions, and hands-on activities, you'll gain practical knowledge to better understand sustainability challenges and opportunities while helping create resilient communities,

ecosystems, and a sustainable future.

Moderator: Ralph Brueggemann, Professor Adjunct Emeritus, UC College of Engineering and Applied Science. He is a published author and has practical experience in independent consulting, quality improvement, nonprofit board experience, and managing the development of commercial products for national and international corporations.

2603 How to Identify Glass, Ceramics, Pottery, Silver, Jewelry, and Furniture NEW

Thu, Sep 24-Nov 12, 2:15-3:30 pm (VPC) \$5
LIMIT 26

You don't need a ticket for *Antiques Roadshow* to learn about the small pieces of glass, ceramics, jewelry, or furniture that you have collected or inherited. In this course, you'll learn to find the tiny names and symbols that identify the objects you own or when you shop. We will look at real items and see where the marks are on them. Then, from pictures you bring in, we will see if we can appraise and identify your items.

Moderator: Kay Quinn has been in the antique and collectibles market for 30 years. As a dealer, appraiser, estate manager, and now appraiser and seller at Legacies consignment store, she can show the inside tips on your items.

2604 Making Sense of Modern Art: 1886–1913 NEW

Thu, Oct 8-Nov 12, 2:15-3:30 pm (VPC) \$5
LIMIT 58

Confused by modern art? So was everyone in 1913. This hybrid lecture/discussion course begins where Cézanne, Van Gogh, and Gauguin left off, tracing how their radical ideas inspired the next wave of painters to push further and faster. Movement by movement, examining and decoding key artworks, we follow that rebellion all the way to the explosive 1913 Armory Show, where America was forced to reckon with it all. No art background required, just curiosity.

Moderators: Albert is a Cincinnati attorney and post-modern residential developer. Anne Brack is a former P&G global product supply director and Cincinnati Art Museum docent with a range of personal interests. Both are experienced OLLI moderators, and their research into modern painters and early collectors reflects a shared conviction: modern art is one of the great stories of human creativity.

2605 iPhone Next

Thu, Sep 24-Nov 12, 2:15-3:45 pm (VPC) \$5
LIMIT 35

Are you an Apple iPhone user who knows the basic apps and is now interested in learning what's next? If so, this class may help you discover new and exciting ways to customize and use your phone. It is designed for people who have taken the iPhone Basics class or are skilled at using the basic apps and are ready to learn more. Information will be presented from

Apple's iPhone Users Guide, which can be found on their website. You must have an iPhone 11 or later.

Moderators: Janet Keller and Karen Klein each bring decades of Apple product knowledge and enthusiasm. They both love learning new technology and sharing that knowledge.

2606 Stream the Nightmare: TV and Movies NEW

Thu, Sep 24-Oct 29, 2:15-3:30 pm (ZOOM) \$5
LIMIT 25

This course is a spin-off of Stream the Dream (#1703, #2208). Leading up to Halloween, we'll explore "darker" movies and TV shows. We will be using Netflix and HBO. So, buckle up and let's see how brave you really are!

Moderator: Karen Grosser is a retired software engineer who worked at GE Aviation. She has two grown children whom she raised to love movies and TV. She grew up in New Jersey where the best pizza on planet earth is made!

2607 Tour de France 2026 UPDATED

Thu, Oct 8-15, 2:15-3:30 pm (ZOOM) \$0
UNLIMITED

The Tour de France is the world's biggest sporting event. First held in 1903, the race challenges 175+ elite cyclists, racing 2100 miles in 23 days in France and neighboring countries. In Week 1, you'll learn a brief history including team strategies, technologies, nutrition, costs, and legendary winners. In Week 2, we'll review the just-completed 2026 tour including both high and low points in the race. Lots of videos and interesting stories. No need to be a cyclist or Tour follower to enjoy this course!

Moderator: Dave Butler is Emeritus Professor of Biomedical Engineering at UC. His research focused on knee and ligament function, injury, and ways to improve healing including the use of stem cells. He has been a long-time cyclist, riding in many locations around the U.S. He enjoys watching the Tour de France each year.

2608 Women of the Holocaust: Context and Voices NEW

Thu, Sep 24-Nov 12 (no class 10/8), 4-5:15 pm (VPC) \$5
LIMIT 150

What can the efforts of women reveal about one of history's darkest chapters? This course explores important events and lesser-known dimensions of Holocaust history through the experiences of women both honorable and notorious—as victims, resisters, rescuers, scholars, and even supporters of the Nazi regime. As we investigate topics including propaganda, medicine, rescue, resistance, memory, and justice, we will expand our focus beyond notable European women to include American women before, during, and after the war. Guest experts will share their knowledge in several sessions, enriching our understanding of these stories.

Moderator: Anne Flick is a gifted education specialist and secondary social studies teacher who has taught courses on

Holocaust and genocide history as well as Holocaust literature. Volunteering with the Holocaust and Genocide Education Network, she works to bring Holocaust and genocide education to Ohioans (and neighbors) from age 10 to 100. She also is an adjunct teaching graduate courses at Xavier Univ.

***2700 Tai Chi Easy* NEW**

Fri, Sep 25-Oct 30, 9:30-10:30 am (VPC) \$5
LIMIT 20

Tai Chi Easy™ combines mindful movements with breathing practices and can be done standing, seated, or in motion—making it accessible for ages 50+. It's moving meditation with added benefits (relaxation, flexibility, balance, strength). Weekly one-hour classes take place in a relaxed atmosphere with a scented candle and meditative music.

Moderator: Dr. Cathy Rosenbaum, Tai Chi Easy Practice Leader

2701 Byzantine-Arab-Norman Sicily and the Mediterranean World NEW

Fri, Sep 25-Nov 13, 9:30-10:45 am (VPC) \$5
LIMIT 40

Come explore the beauty of Arabic gardens and their pleasure palaces, linguistic connections, the architectural magnificence of Arab-Norman cathedrals, and this period's intellectual involvement in the Translation Movement. The introduction of new agricultural practices, crops, and spices was fundamental to Arabic cooking, which underlies much of Sicily's creative cuisine. Week 4 entails a discussion of the novel *A Sultan in Palermo* by Tariq Ali (available at Amazon). Don't read?—come anyway: we will be discussing the great mapmaker Muhammad al-Idrisi.

Moderator: Roger Pomplas is a retired geologist, science teacher, and Arabic research assistant.

2702 Exploring the Basics of Genetics

Fri, Sep 25-Nov 13, 9:30-10:45 am (ZOOM) \$5
UNLIMITED

A certified genetic counselor and guest speakers will provide a basic overview of human genetics while exploring several hot topics in the genetics field. We'll cover an introduction to genetics and the field of genetic counseling, how to take a family history and its utilization in risk management, genetics of common diseases, genetic testing and screening, and more.

Moderators: Sarah Crawford, CGC, and Rachel Doberstein, CGC, are pediatric genetic counselors at Cincinnati Children's Hospital Medical Center.

2800 Friday Book Class: 250 Years of Read, White, and Books UPDATED

Fri, Oct 2, Oct 16, Oct 30, Nov 13, 11 am-12:15 pm (VPC) \$5
LIMIT 20

We will read and discuss four works from defining moments of the past 250 years in the U.S. Oct 2: The American Revolution—

The Unexpected Abigail Adams by John L. Smith, Jr. Oct 16: The Westward Expansion—*Undaunted Courage* by Stephen E. Ambrose. Oct 30: The Civil Rights Movement—*Cora Unashamed* by Langston Hughes and *Letters from Birmingham Jail* by Martin Luther King, Jr. Nov 13: The Attacks of 9/11—*The Submission* by Amy Waldman.

Moderators: Susan Robinson and Monique Rothschild have attended and moderated The Friday Book Class for many years, although fewer than 250.

2801 Introduction to Mindfulness-Based Stress Reduction

Fri, Sep 25-Nov 13, 11 am-12:15 pm (VPC) \$5
LIMIT 10

The Mindfulness Based Stress Reduction (MBSR) course is a systematic, participant-centered education program which uses training in meditation and gentle mindful yoga as the core of a program to guide you in the process of developing the skills of better self-care. You will participate in an introduction/overview of the course developed by Jon Kabat-Zinn, PhD, at the Univ. of Massachusetts Medical Center. It is discussed in detail in his book, *Full Catastrophe Living*. This course is presented through a combination of lecture, discussion, experiential learning, and home practices.

Moderator: Ron Lech is a retired cardiologist with a 15-year interest in stress management, mindfulness meditation, and yoga. He is a qualified MBSR instructor and certified yoga instructor having done mindfulness teacher training at Univ. of Massachusetts Medical Center. He has taught the entire MBSR program since 2015.

2802 Paris sera toujours Paris (Paris Will Always Be Paris), Part 2 NEW

Fri, Oct 9-30, 11 am-12:15 pm (VPC) \$5
LIMIT 56

Following Part 1 in spring 2025, this new four-session series continues our exploration of how Paris became the city we know today. Presented by Clémence Pailha and Gérald Checco, the series combines broad historical themes with intriguing behind-the-scenes stories that bring Paris's past to life. You'll explore A Century of Revolutions, Haussmannian Paris, La Commune, and conclude with Green Paris, a vision of the city's future shaped by its past. That is why "Paris sera toujours Paris."

Moderators: Clémence Pailha, PhD in history, specializes in early modern France's economic and urban history, focusing on Parisian markets and commercial practices. She has peer-reviewed publications and has taught at Paris Sorbonne. Gérald Checco, retired Cincinnati public administrator, has taught about 20 OLLI sessions and is interested in history, mathematics, and the environment.

2803 Lessons from the Great Depression **UPDATED**

Fri, Sep 25-Oct 9, 11 am-12:15 pm (ZOOM) \$5

UNLIMITED

Three sessions will cover events in the 1920's leading up to the start of The Great Depression, including ominous parallels between the 1920s and the 2020s. We will discuss political and economic conditions during the 1920s, 1930s and the early years of WW II with detailed examination of the lives of a diverse group of Americans who lived during this tumultuous period of American life. There will be a discussion of lessons learned with questions and comments solicited.

Moderator: Ed Linz, a 1965 graduate of the Naval Academy is the author of nine books, including a novel, works on the Great Depression and the Vietnam War, and most recently, four children's books. He holds advanced degrees from Oxford Univ. and George Mason Univ. and lives in Maine and Virginia.

2804 Discover Short-Bridge: Bridging the Gap Between Euchre and Bridge **NEW**

Fri, Sep 25-Nov 13, 11 am-12:30 pm (VPC) \$5

LIMIT 16

Short-bridge is a bidding and trick-taking card game played with a partner that introduces bridge concepts in a game that moves quickly. Designed for beginners, it requires no prior experience. You'll learn basic bidding and play-of-the-hand techniques through hands-on instruction then put your skills into practice during open play sessions and an end-of-term tournament. Short-bridge offers a fun, social game experience on its own while serving as one of the fastest and easiest pathways to learning and enjoying contract bridge.

Moderator: Tricia Smaracko has been playing bridge for 25+ years. While teaching at a local high school, she developed short-bridge as a way to introduce school-age players to the game of bridge. Its simplified format makes learning bridge approachable while preserving the basics that make the game rewarding. Experience has shown short-bridge can be enjoyed by players of all ages.

2900 Mike Nesmith: Much More Than a Monkee **NEW**

Fri, Sep 25, 1-3 pm (VPC) \$0

LIMIT 150

Mike Nesmith is known by most as the wool-hat wearing guitar player of the "Prefab Four," but he lived a multi-faceted life both before and after the Monkees made their splash in the mid-1960s. Come along and "travel to the beat of the different drum" of this pioneer in music, film, TV, and literature over the past 60 years.

Moderator: Dan Brady was a pre-teen in the mid-1960s—the perfect target audience for the Monkees. A fan of the slapstick antics of Micky Dolenz back then, with time he came to appreciate the more cerebral humor and philosophy of Mike Nesmith. He has previously given OLLI talks on Jeopardy and "The B-17 in the Beanfield."

2901 Medicare 101 **UPDATED**

Fri, Sep 25, 1-3 pm (ZOOM) \$0

UNLIMITED

Experience an educational overview of the federal Medicare program. We will discuss Medicare Parts A and B, Medicare Supplements, Medicare Advantage, and stand-alone prescription plans. There will be time to ask questions.

Moderator: Jonathan Wallace is a full-time insurance agent who has specialized in Medicare-based plans since 2011. He promises an unbiased educational presentation without a sales pitch.

2902 Freddie Mercury, Queen, and Neil Diamond **NEW**

Fri, Oct 2, 1-3 pm (VPC) \$0

LIMIT 150

Freddie Mercury, as lead singer and pianist for the British rock band Queen, and American singer-songwriter Neil Diamond have enjoyed ongoing fame as musical heavyweights—and renewed interest lately from a new generation of music lovers. Both have been inducted into the Rock and Roll Hall of Fame. This presentation is guaranteed to leave you with an earworm or two! (DA DA DA!)

Moderators: Sue Kircher is an octogenarian who is Queen obsessed. Deb Price has been a fan of Neil Diamond since "Sweet Caroline."

2903 Generative AI: Time to Put These Tools to Work **UPDATED**

Fri, Oct 9, 1-3 pm (VPC) \$0

LIMIT 150

Gemini summaries appear in your Google search results. Copilot is included in your Microsoft subscription. You tried ChatGPT and marveled at a simple output. Now, it is time to make these tools work for you. This presentation will teach you better prompting and help you understand how to use the tools to complete more complex tasks. Most importantly, we will discuss how the technology can help you expand your critical thinking.

Moderator: Crystal Kendrick is the president of The Voice of Your Customer and publisher of The Voice of Black Cincinnati. As a market researcher, she shares generative AI best practices drawn from credible, authoritative sources. Her classes are informative, hands-on, and a lot of fun. See you there!

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

2904 Computer-Related Cartoons and Humor and Its Historical Transition **NEW**

Fri, Oct 9, 1-3 pm (ZOOM) \$0
UNLIMITED

Humor involving computers has been around since the first computer but really took off in the 1980s when microcomputers became part of everyone's lives. This presentation will examine some of the witty and satirical amusements found in pictures, comics, movies, and words related to the electronic brains that the moderator has found over the years with an examination of how some of the humor has evolved over time.

Moderator: Russell McMahon is Emeritus (2023) Professor of Information Technology from UC. In 2024, he joined the Peace Corps as a Response Volunteer, serving as a visiting professor at the Univ. of the Philippines Los Banos. In 2026, he taught at the Universidad Nacional de Itapúa in Encarnacion, Paraguay, as a Fulbright Specialist.

2905 Will We Ever Get Electrical Energy from Fusion? **NEW**

Fri, Oct 16, 1-3 pm (VPC) \$0
LIMIT 150

Manmade fusion energy was first released at large scale in 1952 by the U.S. hydrogen bomb, which released enough energy to power the entire U.S. for more than a day. It happened in 600 nanoseconds at temperatures seven times as high as the surface of the sun. Since then, scientists and engineers have been trying to figure out how to sustain, moderate, and capture fusion energy to produce electricity on a sustained basis. It's been slow going. This presentation will examine the real-world challenges facing usable fusion energy.

Moderator: Alan Flaherty recognizes the limits of earth's fossil fuels and wonders what energy sources will replace them. Fusion is often mentioned as an attractive step beyond the now-contentious solar panels and wind turbines. He's skeptical and curious. He is a retired engineer and media executive who focuses on process analysis and design.

2906 History and Literature: "The Hazelbourne Ladies Motorcycle and Flying Club" **NEW**

Fri, Oct 16, 1-3 pm (VPC) \$0
LIMIT 50

Historical novels tell interesting stories about a time, place, and people living there. Authors do extensive research so their writing accurately reflects the history. Using Helen Simonson's *The Hazelbourne Ladies Motorcycle and Flying Club* as the launching point, this class will offer a one-hour look at the history of England after World War I and the Spanish Influenza pandemic, emphasizing rapidly changing political, economic, and social realities. We will then spend an hour discussing the novel as contemporary literature. Readers and history buffs welcome! Please read the novel before class.

Moderators: Stan and Diane Henderson are avid readers—

Stan reads history, Diane fiction. In other lives, they would have been history and English professors. Now they team up to share their passions with us. Pre-retirement, Stan was Vice Chancellor for Enrollment Management and Student Life at the Univ. of Michigan-Dearborn, and Diane an educational program planner/consultant. Both are failing retirement.

2907 Ohio Women's Suffrage Movement and Challenges Voters Face Today **NEW**

Fri, Oct 23, 1-3 pm (VPC) \$0
LIMIT 150

Learn about Ohio's long history of social reform and women's rights, recognizing how folks working at the state and local level drove national movements for change, leading to Ohio becoming the fifth state to ratify the 19th Amendment. This class connects Ohio's history to challenges its voters face today, including voter suppression, The SAVE America Act, and other barriers to registering to vote and voting. Learn of current efforts being employed to secure our fundamental right in a democracy—the right to vote.

Moderator: Kimberly Jacobs returns to OLLI after giving a short presentation at the "Suffs" class last winter. She is a long-time member and former Vice President, Voter Services, for League of Women Voters, Cincinnati Area. She also serves as Vice President of the East Walnut Hills Community Council and is a steering committee member of the local Food Policy Council.

2908 Saving Money in the Modern World **NEW**

Fri, Oct 30, 1-3 pm (VPC) \$0
LIMIT 150

Learn tips and strategies to help you save money on your everyday needs. This course will showcase proven resources that help get the most bang for your buck. We will cover ways to save money on prescription medication, utilities, groceries, restaurants and more.

Moderator: PJ Ginty is a local government urban planner who is passionate about helping people save money. He is a graduate of UC and NKU. He's known to his friends and family as always having a way to save money and is eager to share his expertise.

2909 How Did JFK and Lee Harvey Oswald Both Arrive in Dealey Plaza on 11/22/1963? **NEW**

Fri, Nov 6, 1-3 pm (VPC) \$0
LIMIT 150

If there was a conspiracy in the JFK assassination, then regardless of whether Oswald was a patsy or participant, the conspiracy would have had to include placing both Oswald and Kennedy in Dealey Plaza. So, how did it come about that the two men shared this small piece of Dallas real estate at 12:30 pm on November 22, 1963? This presentation will discuss who made the decisions that put Oswald in the Texas Book Depository and Kennedy in an open limo in the plaza below.

Moderator: Michael Brooks is an attorney, retired FBI agent, and former Army officer. He has read 50+ books about the JFK assassination, including the Warren Commission Report. He grew up in Louisville and lives in Loveland. He has been an OLLI member for the last two years.

2910 Family and Politics: Strategies for Navigating Differences **UPDATED**

Fri, Nov 13, 1-3 pm (VPC) \$0

LIMIT 150

Family relationships can be casualties of a toxic political environment, making holiday gatherings places where bitter political arguments take place and family divisions grow worse. This workshop offers a chance to gain a deeper understanding of why family differences over politics are uniquely challenging and teaches strategies and skills for dealing with family political differences in constructive ways. Braver Angels is a nonprofit organization with a mission to inspire and equip Americans to practice courageous citizenship across political differences through convening, skill-building, and collaborative action.

Moderator: Mel Cohen, Professor Emeritus of Political Science at Miami Univ., is a trained Braver Angels Ambassador and debate chair for Braver Angels, a nonprofit organization focused on the problem of political polarization. Poppy Evans is a retired mental health counselor and trained moderator for Braver Angels.

2911 Lou Andreas-Salomé: "The Audacity to Be Free" **NEW**

Fri, Oct 16-23, 1-3:30 pm (VPC) \$0

LIMIT 20

Meet Lou Andreas-Salomé, an accomplished 19th-century writer, thinker, and psychoanalyst. With socially unconventional mores, this muse of Nietzsche, Rilke, and Freud was labeled *femme fatale*. Was she? Over two weeks, we will look at Salomé's biography and involvement with significant male figures by watching and discussing two compelling and contrasting films. *When Nietzsche Wept* (Perry, 2007, English language) conveys Nietzsche's perspective. *Lou Andreas-Salomé: The Audacity to be Free* (Kablitz-Post, 2016, German language) takes Salomé's point-of-view. English subtitles will be shown for both insightful films.

Moderator: Mary Marx loves Carl Jung and the humanities, serves on Cincinnati and Columbus Jung associations, holds master's degrees from UC and Pacifica Graduate Institute, taught myth and folktale courses at Chatfield College. OLLI moderator for Remedios Varo's Wondrous Art, 1001 Snow Whites, Myth and Symbols in Mary Renault's *The King Must Die*, and Seamus Heaney's *Sweeney Astray* with Bob Shanklin.

2912 Euchre Tournament

Fri, Nov 6, 1:30-4:30 pm (VPC) \$0+fee

LIMIT 25

OLLI card players will compete for cash prizes and bragging rights. You must already know how to play to compete. This is a formal tournament, and you will receive information in advance about how play will proceed. \$10 cash at the door. Cash prizes to top winners.

Moderator: Sandy Crawfis is an avid competitor and OLLI volunteer.

3000 When Will Autonomous Vehicles Be Available for Everyone? **NEW**

Fri, Oct 2, 9:30 am-12 pm (OHLL) \$0

LIMIT 130

Broad use of autonomous vehicles has been anticipated for nearly a generation, but it's always been just a few years away. Now ride-share programs such as Waymo have demonstrated that autonomy can work in limited areas. These programs can extend to individually owned and operated vehicles, but the timetable for broad vehicle autonomy is unclear. This course will outline possible paths and milestones to full vehicle autonomy. It's surely coming.

Moderator: Alan Flaherty conducted an OLLI course on electric and autonomous vehicles eight years ago, anticipating wide adoption in just a few years. He's been following their progress ever since, recognizing new obstacles all the way. But real progress has been made.

3001 Changing U.S. Demographics: What It Means Now and in Future Generations **NEW**

Fri, Oct 9, 9:30 am-12 pm (OHLL) \$0

LIMIT 130

For the first time, the United States is projected to have a declining population in the 2030 census. This presentation will explore why this is happening and what it means for the nation and future generations. See the trends. Hear the commentary. Understand what is being done to reverse this trend.

Moderator: Crystal Kendrick is president of The Voice of Your Customer and publisher of The Voice of Black Cincinnati. As a market researcher, she uses best practices to share statistical and quantifiable demographic data drawn from credible, authoritative sources. Her classes are informative, interactive, and a lot of fun. See you there!

3002 Behind Closed Doors: Understanding Child Welfare and Juvenile Justice **NEW**

Fri, Oct 16, 9:30 am-12 pm (OHLL) \$0

LIMIT 130

Most people don't know what happens in juvenile/family courtrooms. Vicki Reed spent decades working in the systems and put those experiences into two novels: *The Car Thief* and

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

Sleight of Hand. Have you ever wondered what happens when someone calls child protection? When a child is arrested? These questions and more will be answered. And if you've wanted to "write for a cause," Reed will discuss how her novels came to publication. You will also discover how to help youth in your community by supporting ProKids (Cincinnati CASA).

Moderator: Vicki Reed has a master's degree in Criminal Justice and has written two novels, choosing to use fiction to bring the stories of kids involved in the system to life. She frequently presents at national conferences with presentations known for humor and engagement. She enjoys riding her horse and working in her native plant garden.

3003 Mill Creek: From "Most Endangered Urban River" to Urban Oasis NEW

Fri, Oct 23, 9:30 am-12 pm (OHLL) \$0

LIMIT 130

The presentation will trace Mill Creek's history and the factors that led to it being named "the most endangered urban river in North America" in 1997. We will then trace the work of Mill Creek Alliance and many partners to restore the stream, its amazing recovery, and what it can become for our watershed communities moving forward.

Moderator: Dave Schmitt has been Executive Director of the Mill Creek Alliance since 2017. He earned a BS in Biology (Marietta College), MS in Forestry (Univ. of Maine), and JD from UC College of Law. He has served on the Board of American Rivers and other environmental nonprofits. He is also chair of the City of Cincinnati's Environmental Advisory Board.

3004 Effective Governance: Democratic Ideals and Realistic Expectations UPDATED

Fri, Oct 30, 9:30 am-12 pm (OHLL) \$0

LIMIT 130

The discord in our current politics makes it vital for our political stability for citizens to have an educated understanding of the processes of democratic decision-making and possess realistic expectations for arriving at public policy through healthy civic debate. With an informed approach to politics, we can more effectively work to balance our ideal expectations of democracy and the pragmatic reality of politics.

Moderator: JT Spence, PhD, American Institute of Certified Planners, is a recently retired professor of Political Science and Public Administration, former elected official, and urban planner with 30+ years of experience in community development. He is a member of The Cincinnati Association and the Covington Neighborhood Collaborative.

NEW REGISTRATION PROCESS

- **Classes listed in RED with *STARS* open for registration on August 18, 10am.**
- **All other classes open August 1 for online or mail-in registration.**
- **Phone registration begins August 19, 9am.**

3005 Hamilton Avenue Road to Freedom (1820-1860) NEW

Fri, Nov 6, 9:30 am-12 pm (OHLL) \$0

LIMIT 130

In 1853, Hamilton Avenue recorded the largest and best-documented flight to freedom across the Ohio River through Cincinnati. Over several decades around that date, the infrastructure of the Underground Railroad developed in communities along Hamilton Avenue. Follow the footsteps from Petersburg, KY, through ravines and creeks, local cemeteries, and communities including Cumminsville, Northside, College Hill, North College Hill, and Mt. Healthy, where Black and white abolitionists conducted and facilitated the local escape route. Learn how we traced these stories of the first interracial civil-rights movement known as the Underground Railroad.

Moderators: Diana Porter (historian and driver of the project), Lisa Schumann (genealogist), and Karen Arnett (amateur historian) are three of the five "history ladies" who contributed to HamiltonAvenueRoadToFreedom.org. Deepen your understanding of the work on the Hamilton Avenue Underground Railroad as they share the contributions they and their team uncovered for this extensive multi-year project.

3006 Swimmably: Beach and Poolside History and Swimwear NEW

Fri, Nov 13, 9:30 am-12 pm (OHLL) \$0

LIMIT 130

Did you know that here is a International Swimming Hall of Fame, recognizing aquatic athletes, heroes, contributions, and influencers? And that Benjamin Franklin is honored there? Sign up to learn historical tidbits about swimming, swimmers, and swimwear. Bette Sherman will show us suits and bathing hats by the decades. Deb Price will tell us about Olympians, how the butterfly came about, and more.

Moderators: Bette Sherman is a fashion historian and collector who has shared her wit and knowledge with groups throughout the U.S. and even aboard cruise ships. Deb Price is a retired educator who taught swimming at Coney Island's Sunlite Pool for many years. Both are long-time OLLI moderators.

4400 Intermediate Spanish 1 UPDATED

Tue, Sep 22-Nov 10, 9:30-10:45 am (ADI) \$5

LIMIT 20

This is the second entry (of 4) in the OLLI Spanish language program. We will pick up where we left off in the introductory class and cover preterit, imperfect, future, and conditional verb tenses, along with lessons on pronouns, prepositions, and vocabulary. Class is designed for lots of practice time as well as instruction. Prerequisites: basic Spanish: alphabet, noun gender, regular present tense, numbers.

Moderators: Leo (Leonor) Ennis is our native speaker and Spanish resource; Rick Marra is a student of Leo's and organizes the class. They have taught the intro class many times and also teach an intermediate and a conversational class.

4401 Retirement: It's Not Just About the Money UPDATED

Tue, Sep 22-Oct 13, 9:30-10:45 am (ADI) \$5

LIMIT 18

We'll explore the personal side of retirement and how to create purpose, structure 2.0, and the importance of maintaining a healthy social circle.

Moderator: Don Talbert, financial advisor and coach, specializes in working with retired and soon-to-retire people.

4402 Financial Terms UPDATED

Tue, Oct 27-Nov 3, 9:30-10:45 am (ADI) \$0

LIMIT 18

Get easy-to-understand definitions to help you decode the many terms used to create and manage a financial plan, including types of assets, investment methods, and markets.

Moderator: Gail Taylor is retired from a 42-year career in information technology, most recently at GE Aviation. She has moderated previous OLLI classes. She has a BS in information science from OSU and MBA in finance from Wright State.

4403 Birds of Prey NEW

Tue, Sep 22-Oct 13, 9:30-10:45 am (ADI) \$5

LIMIT 24

Also known as raptors, birds of prey actively hunt and feed on other vertebrates. In addition to speed and strength, these predators have keen eyesight, strong feet, sharp talons, and powerful curved beaks. Let's learn about these kingpins of the sky and soaring acrobats: eagles, hawks, falcons, owls, and vultures—the cleanup crew.

Moderator: Deb Price is a retired educator and inveterate reader who loves to learn new things and share information with others. She has moderated dozens of OLLI classes.

4404 Gardening Forum: Wrapping It Up for the Season UPDATED

Tue, Oct 20-Nov 10, 9:30-10:45 am (ADI) \$5

LIMIT 24

As the season turns to fall, it's time to clean up, prepare for winter, and look ahead to next year's garden. Join other gardeners to share tips, triumphs, and failures.

Moderator: Deb Price is a retired educator and lifelong gardener who loves to learn new things and share that information with others. She has moderated dozens of OLLI classes.

4405 How the Aging Network Helps UPDATED

Tue, Sep 22-Oct 13, 9:30-10:45 am (ADI) \$5

LIMIT 50

Over four sessions, Pro Seniors and our nonprofit partners will educate you on services that are available as you or your loved ones age. We'll cover how to choose long-term care in nursing, assisted living, or group homes; how to sort through the sea of health insurance information including Medicare,

Medicaid, and long-term care insurance; how to detect and protect against the latest scams targeting seniors; and how to find in-home care, transportation, home-delivered meals, caregiver support, and more.

Moderators: Nick Stockburger is a Long-Term Care Ombudsman with Pro Seniors, a 501(c)(3) nonprofit; Mary Hurlburt is a volunteer Long-Term Care Ombudsman; Becky Hayward is a volunteer ombudsman with Ohio Senior Health Insurance Information Program; Brian Rhame is a peer educator for Senior Medicare Patrol; Lisa Kruse is Communications Specialist, Council on Aging.

4500 Amazing Women Scientists (That You Probably Haven't Heard Of) NEW

Tue, Sep 22-Oct 27, 11 am-12:15 pm (ADI) \$5

LIMIT 24

Women have been contributing to math and science from the beginning, but their stories are only starting to be told. In this six-week course, we'll explore some of their amazing accomplishments, the impact they have had on our lives, and the inspiring stories of how they were able to accomplish them. The class is for both non-scientists and scientists.

Moderator: Linda Winslow is a retired research chemist and research manager with a PhD in chemistry.

4501 NOTE TIME CHANGE Knitting Special Holiday Gifts NEW

Tue, Sep 22-Nov 3, 12:45-2 pm (ADI) \$5

LIMIT 10

Have you ever struggled trying to find a unique holiday gift? During this seven-week course, you will knit special projects to give as holiday gifts. You must know how to knit and purl.

Moderator: Barbara Solomon is a lifelong crafter who loves to knit. Her grandmother taught her to knit when she was ten.

4502 History of Buddhism NEW

Tue, Sep 22-Nov 10, 11 am-12:15 pm (ADI) \$5

LIMIT 20

The course will discuss how the teachings of the Buddha began and moved from Central Asia west to the Middle East and Europe, then east to Southeast Asia, China, and Japan...and now North America. How did different Buddhist schools develop? Discussions will consider different cultures, festivals, art, architecture, and academic studies in universities especially when European colonialism was at its peak.

Moderators: Robert Douglas has studied and attempted informally to practice Buddhism since an undergraduate student. Roger Pomplas has been a serious, lifelong practitioner of Kagyu Buddhism, now engaged in Ngondro practice.

4503 Sketchy Abstractions—A Drawing Experience NEW

Tue, Sep 22-Nov 10, 11 am-12:15 pm (ADI) \$5

LIMIT 8

Each class will start with a brief look at steps in the historic development of late 19th century to early 20th century art styles progressing from the French Academy styles to pure abstraction. The second part of each class includes a demonstration of sketching techniques to create sketchy abstracts and time to work on your own sketchy abstract. You need to bring a sketch pad and colored pencils or illustration markers to each session.

Moderator: Harold Dreibelbis has always thought of himself as an artist, from a toddler to a teetering old man. Although self-taught, he has exhibited in a slew of local group shows, won prizes, and had a couple of solo gallery exhibits. He'd love to share techniques that will allow you to sketch abstractions with abandon.

4600 Holocaust Remembrance: A History We Must Not Forget NEW

Tue, Sep 22, 12:45-2 pm (ADI) \$0

LIMIT 120

The Holocaust was the systematic murder of six million Jews and millions of others—Roma, people with disabilities, LGBTQ+ individuals, and political opponents—by the Nazi regime between 1933 and 1945. Howie Baum examines its historical roots, the key figures who enabled it, and the network of camps built across occupied Europe but focuses on the extraordinary acts of resistance and rescue. Drawing on family history, he offers a remembrance that honors the victims while affirming the enduring importance of bearing witness. He has received OLLI's Stephen Appel Award for excellence in teaching.

Moderator: Howie Baum

4601 First Amendment Matters: Saving Our Constitutional Rights UPDATED

Tue, Sep 29, 12:45-2 pm (ADI) \$0

LIMIT 120

Join a speaker representing Congregation Beth Adam's Social Justice committee to explore the First Amendment, its origins, and place in our democracy. The freedoms that the First Amendment protects are now under siege. Find out why this is happening, how this unprecedented erosion of these protections impacts our daily lives, and what is being done to fight this attack on our freedoms.

Moderator: TBA

4602 Strategies to Improve Brain Function Backed by Clinical Evidence NEW

Tue, Oct 6, 12:45-2 pm (ADI) \$0

LIMIT 120

Mike Gelfgot, COO and co-founder of Activate Brain and Body Fitness, reveals five practical, science-backed strategies you

can use to improve your brain function at any age. Based on clinical research and real-world evidence, you will learn how targeted movement, smart nutrition, sleep, stress management, and cognitive training work together to sharpen memory, strengthen focus, and support long-term brain health. You will leave with clear, doable action steps you can implement immediately, plus an understanding of the key studies that support each strategy.

Moderator: Michael Gelfgot

4603 Tour Adath Israel

Tue, Oct 13, 12:45-2 pm (ADI) \$0

LIMIT 120

Learn about the rituals and holidays while viewing the ancient artifacts and beautiful stained-glass windows. You'll also have a rare opportunity to see up close a hand-written Torah. Jo-Ann Casuto has been leading tours of Adath Israel for many years.

Moderator: Jo-Ann Casuto

4604 Iran Beyond the Headlines: Family, Hopes, Fears NEW

Tue, Oct 20, 12:45-2 pm (ADI) \$0

LIMIT 120

Iran appears often in American news through the language of crisis: nuclear negotiations, sanctions, protest, war, religion, and women's rights. Yet behind these headlines is a country of deep history, diverse peoples, powerful poetry, complex religious life, and everyday practices of hospitality, humor, family, and resilience. Drawing on her experience in Iran during the twelve-day war and her connection with family in Tehran during recent crises, historian and educator Pouye Khoshkhoosani, PhD, moves beyond political binaries to situate contemporary Iran within a broader social, cultural, and historical framework.

Moderator: Pouye Khoshkhoosani

4605 Advance Directives and End-of-Life Planning: The Gifts of Clarity UPDATED

Tue, Oct 27, 12:45-2 pm (ADI) \$0

LIMIT 120

When we don't plan, we leave the people we love most to make difficult decisions under pressure. Certified End-of-Life Doula Nancy Macke guides you through nine essential questions that define your end-of-life wishes, explores what quality of life means to you personally, and demystifies advance directives. Practical, honest, and surprisingly hopeful—you'll leave equipped to protect your autonomy and spare your family unnecessary burden. As founder of Compassionate Transitions, Nancy also leads community education on advance-care planning—ensuring every person's wishes are known, respected, and honored.

Moderator: Nancy Macke

4606 Ulysses S. Grant: Reconstruction President NEW

Tue, Nov 3, 12:45-2 pm (ADI) \$0

LIMIT 120

U.S. Grant was intelligent, a quick study, and had a great memory. Along with his ability to lead armies to victory during the Civil War, these qualities would serve him well during his two terms as president. He would need all those traits to navigate America through the tumultuous times of reconstruction, a major recession, westward expansion, and potential foreign wars during the 1870s. Presenter Chris Burns is a Civil War historian and lifelong Ohio resident. His passion is linking the past to the present and bringing history to life.

Moderator: Chris Burns

4607 Same Family, Different Words: Understanding Today's Youngest Generations NEW

Tue, Nov 10, 12:45-2 pm (ADI) \$0

LIMIT 120

Your grandchild hasn't replied to your text in days. Your teenage niece is constantly on her phone yet strangely distant. Sound familiar? Through real-life examples, including presenter Howie Baum's 12-year-old grandson and two Gen Z granddaughters, he'll decode the slang, acronyms, and technology habits of today's younger generations. He'll go deeper too, because this generation is facing real mental health crises. You'll learn how to show up, speak their language, and make a difference in a young person's life. Howie has received OLLI's Stephen Appel Award for excellence in teaching.

Moderator: Howie Baum

***4608 Functional Herbs and Teas for Everyday Health* NEW**

Tue, Sep 22-Oct 27, 12:45-2 pm (ADI) \$5

LIMIT 24

Discover how to use the power of nature to support your wellbeing and health everyday. In this six-week course, you'll explore the science and traditions behind the functional herbs and teas that can enhance energy, digestion, sleep, immunity, stress, balance, and more. Each week focuses on a different aspect of wellness, combining practical nutrition insights, herbal wisdom, and simple delicious ways to incorporate these plants into your daily routine.

Moderator: Peachy Seiden is a registered dietitian-nutritionist with a nutrition consulting practice in Cincinnati, helping people with weight loss, disease prevention, and health promotion using the principles of mind-body interaction and integrative nutrition. She also conducts weekly healthy cooking classes, yoga/tai chi/qigong classes, and workplace wellness programs in the Tristate.

4700 Nature Journaling

Tue, Sep 22-Oct 13, 2:15-3:30 pm (ADI) \$5

LIMIT 20

This nature journaling class will guide you in exploring the

natural world through observation, creativity, and reflection. You will learn simple techniques to capture the beauty and details of your surroundings, fostering mindfulness, enhancing your connection to nature, and providing a meaningful, lasting way to document your outdoor experiences. You are encouraged to compile your drawings and written observations into a journal or notebook. All levels are welcome, from novices to experienced journalers. We will spend time outdoors and will share our discoveries in a welcoming, collegial environment.

Moderator: Lisa Koepke is a lifelong nature enthusiast and fine artist. With a rich career in branding, packaging, and graphic design consulting, she now focuses on fostering and supporting nature journaling projects through community and private classes. BFA, Michigan State Univ. Cincinnati Art Club, Signature Member, Digital Arts Working Group founder. Ohio Certified Volunteer Naturalist. Certified Interpretive Guide. Ambassador with WildWonder.org.

4701 DIY Polish Folk Art Nativity Scenes NEW

Tue, Oct 6-27, 2:15-3:30 pm (ADI) \$5

LIMIT 14

In this four session workshop, we will make traditional Polish folk art Nativity scenes. These Nativity scenes, called *Szopka Krakowska*, have added sparkle to the Christmas season in Poland for 100+ years. Made of cardboard and metallic foil papers and incorporating architectural elements like towers and domes, they range from simple children's creations to exquisite masterpieces. We will make small, simple versions to learn the craft. If you observe Jewish holidays instead of Christmas, we can easily tailor the project for Hanukkah.

Moderator: Grace Severyn has taught a variety of hands-on art courses for OLLI. This new class was inspired by a recent trip to Poland in which she fell in love with traditional Polish folk art.

***4702 Love in the Poems of Robert Frost* NEW**

Tue, Sep 22-Nov 10, 2:15-3:30 pm (ADI) \$5

LIMIT 14

With classic New England understatement, U.S. Poet Laureate and four-time Pulitzer poet Robert Frost aims his poetic storytelling prowess at love. Despite his down-to-earth public image as a friendly rural poet, his tragic private life was beset by emotional suffering and loss. Loneliness, depression, and guilt led him to believe that love vacillates between duty and desire. His unwavering dedication to his craft helped bring order and meaning to his troubled inner life. We'll read aloud and talk about poems that showcase Frost's understanding of love's mystery and power.

Moderator: Cecil Albright has led 13 previous poetry discussion groups for OLLI.

4703 Original Hollywood Musicals: Moving Into the 21st Century NEW

Tue, Sep 22-Nov 10, 2:15-3:30 pm (ADI) \$5
LIMIT 18

Hollywood musicals had a resurgence during the late 20th and early 21st century including animated and live action films. Through discussion and film clips, we'll explore this phenomenon with movies such as *Hercules*, *Anastasia*, *Mulan*, *Prince of Egypt*, *Moulin Rouge*, etc. Composers include Alan Menken, Stephen Flaherty, Stephen Schwartz, Phil Collins, and others.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught popular classes on Broadway and film at OLLI for many years. He has received OLLI's Stephen Appel Award for excellence in teaching.

4704 Forgotten Exodus: Jews of the Middle East and North Africa, Part 2 NEW

Tue, Sep 22-Nov 10, 2:15-3:30 pm (ADI) \$5
LIMIT 24

This course is a continuation of the Spring class, but no need to have attended to enroll this Fall. This term. We will explore the history, culture, liturgy, and music of the Jewish Diaspora of North Africa. Our intent will be to begin a familiarity to these non-European communities, their connections to each other, and their connections with other Jewish communities in the Diaspora. We'll also look at the relationship between the Jewish communities and the population within which they dwelled.

Moderator: Paul Evers has been teaching a course on Jewish music for a number of years. This led to a deepening interest in Diaspora communities in various regions. He does not claim an historian's expertise, but that of a well-read history buff.

4800 Intermediate Conversational Spanish UPDATED

Thu, Sep 24-Nov 12, 9:30-10:45 am (ADI) \$5
LIMIT 20

This class is designed for intermediate-level Spanish students. We will be speaking, listening, and writing in Spanish. The moderators will communicate primarily in Spanish to create a more immersive learning environment. You should have a familiarity with basic Spanish vocabulary as well as basic verb conjugations. This class will be similar to the Conversational Spanish classes offered last year. The class will include both material covered in the past classes as well as new material. You do not need to have completed a previous Conversational Spanish class to attend.

Moderators: Leo Ennis is a native Spanish speaker from Mexico who has been teaching Spanish to OLLI students for several years. Jennifer Fedorov and Barb Hanley are Leo's students and speak Spanish at a C1 (High Advanced) and A2 (Low Intermediate) level respectively.

***4801 How Cincinnati Grew: Neighborhood by Neighborhood* UPDATED**

Thu, Sep 24-Nov 12, 9:30-10:45 am (ADI) \$5
LIMIT 24

Cincinnati is a city of 52 recognized neighborhoods. We will explore why, how, and when these distinct areas became part of Cincinnati, many giving up their own "city" status. Did you know that College Hill had a town hall and a mayor? You will be encouraged to contribute information about your own neighborhoods.

Moderator: Marcha Hunley has been an educator for 40 years and is a lifelong Cincinnati resident. Currently, she keeps her brain in tiptop shape by moderating courses for OLLI and designing historical tours for Spring Grove Cemetery and the OTR Brewery District.

***4802 Origami (Creating Folded-Paper Figures)* UPDATED**

Thu, Sep 24-Nov 12 (no class 10/1, 10/22),
9:30-10:45 am (ADI) \$0+fee
LIMIT 8

No talent needed to enjoy origami. In this six-class session, we will learn 20 figures (including Crane, Hungry Dino, Hopping Frog, Sea Turtle, Winged Box, Flapping Bird, Lacy Star, and Box & Lid). All paper and other materials are provided; a \$5 fee (covering all six classes) will be collected in the first class. For each project, you will receive a handout of step-by-step instructions, plus a variety of extra paper to continue your origami fun at home. NOTE: No class on 10/1 and 10/22.

Moderators: Linda Kegg and Jennifer Kegg are looking forward to "origami-ing" with you.

4803 American Classics: Moby-Dick NEW

Thu, Sep 24-Nov 12, 9:30-10:45 am (ADI) \$5
LIMIT 20

Many critics consider Herman Melville's epic saga of obsession and high seas adventure to be the Great American Novel. A challenging but captivating read, it grapples with so many issues central to our national identity: racism, manifest destiny, power, science, commerce, and regeneration through violence. All these, of course, are pertinent to our current national moment. We'll read the entire novel in eight weeks, with side glances toward its avatars in popular culture from Hollywood films to greeting cards, home decor, and New Yorker cartoons.

Moderator: John Tallmadge is a retired professor of literature who has taught *Moby-Dick* to college classes and church reading groups. He is particularly interested in exploring the relations among nature, culture, and the human journey.

CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

4900 Basic Genealogy UPDATED

Thu, Sep 24-Nov 12, 11 am-12:15 pm (ADI) \$5

LIMIT 15

What can you discover about your ancestors through the basics of genealogy? We'll discuss methods of building your tree using family sources and digital tools, and then learn how to document and organize our findings. You are strongly advised to have an Ancestry account. Depending on class interest, a field trip to Cincinnati Public Library downtown genealogy department is possible.

Moderator: Melissa Broome fell in love with telling her family story by participating in OLLI classes. Curiously going deeper, she taught herself genealogy to learn the details of her ancestors. Combining her skills as a scrapbooker, librarian, and technology and history educator, she is recording the story of her family. Happily, her story will always be a work in progress.

4901 Beginning Knitting, Part 2 NEW

Thu, Sep 24-Nov 5 (no class 10/15), 11 am-12:15 pm (ADI) \$5

LIMIT 10

This class is a follow up to the spring beginning knitting. We will review the stitches covered in the spring and move forward with learning some additional ones. Any knitters with basic skills are welcome to participate.

Moderator: Barbara Solomon is a lifelong crafter who loves to knit. Her grandmother taught her to knit when she was ten.

4902 Poetry Writing Workshop—The Basics UPDATED

Thu, Sep 24-Nov 12, 11 am-12:15 pm (ADI) \$5

LIMIT 10

Whether you are just dipping your pen into poetry or have a bundle of poems in the bottom of a desk drawer, you can find guidance, inspiration, and information about the craft of poetry in this workshop. We'll learn from examples, explore literary devices and poetic forms, write together, and share our writing with the aim of improvement and support. Be ready to attend, write, and participate in discussion each week. To facilitate getting to know each other, please bring a favorite poem by any poet to the first class.

Moderator: Cate O'Hara has moderated several poetry workshops for OLLI. She holds an MA in English from Univ. of California, Berkeley, and is director of OLLI. She loves words, poetry, and writing and looks forward to interacting with like-minded, curious learners.

4903 Intro to Improvisational Comedy (Improv) UPDATED

Thu, Sep 24-Nov 12, 11 am-12:15 pm (ADI) \$5

LIMIT 12

This is a participatory class! Improv is comedy made up on the spot. In class, you will experience exercises and games that will focus on the improv skills of confidence and acceptance, atten-

tion and memory, playing in space, emotion and character, and gifts and reactions. Tailored for adults, it's fun and you can learn to do this! This eight-week course is limited to 12 members. Join us for an awesome Improv experience!

Moderator: Harold Dreibelbis has too many former occupations to list! Now retired from all that. Relevant to improv: 1991, BS in Education from UC; 2023-24, classes/seminars at Improv Cincinnati: Academy Courses, Graduate Team, How to Coach a Team, How to Host a Show, Mentor Program (as Mentee). Performed in front of many live audiences; 2025, teaching/coaching: Improv with Harold! and Fuzzy Improv!

5000 Mastering the Deck: Learn and Play Five Classic Social Card Games NEW

Thu, Sep 24-Oct 29, 12:45-2 pm (ADI) \$5

LIMIT 16

Join us for a 6-week journey through classic card games, from the trick-taking strategy of Hearts and Oh Hell to the fast-paced thrills of Egyptian Ratscrew and Swoop. Each 75-minute session balances clear instruction and friendly competition, utilizing *Hoyle's Rules of Games* to keep us on track. Whether you are a beginner or looking to sharpen your skills, come ready to shuffle, learn, and play. The final week features a participant showcase—bring your own favorite game to share! All levels are welcome for this mix of strategy and fun.

Moderator: Holly Richards, a former public librarian and self-proclaimed "forgetful" card player, is excited to transition from two years of being an OLLI student to her first role as an OLLI moderator. She looks forward to leading a lively series where the focus is on social connection and learning.

5001 Sing Karaoke UPDATED

Thu, Sep 24-Nov 12, 12:45-2 pm (ADI) \$5

LIMIT 10

Come join us for a fun-filled time. We have the songs, the mics, and the applause. If you have ever sat in a bar and thought you'd like to sing karaoke but weren't sure what to do, let us show you how. You too can be a star!

Moderators: Glenn King and Bill Meyer recently retired from The Martinaires, a singing group that entertained in various Ohio and Indiana locations for 10+ years.

5002 Shakespeare Alive! UPDATED

Thu, Sep 24-Nov 12, 12:45-2 pm (ADI) \$5

LIMIT 20

Discover the joy of reading Shakespeare aloud in a relaxed, informal atmosphere. We will cover *King Lear* during the eight-week session. Class members will read the different parts and participate in lively discussion. Video clips of various productions of the play will be shown. No memorizing or acting experience required—just a love of Shakespeare. Bring a copy of *King Lear* to the first class.

Moderators: Bill Park has had a lifelong passion for the works of Shakespeare. He has a doctorate in counseling from UC. His career has included experience in public education, university teaching, and psychotherapy. With a stint at the Library of Congress and as an English teacher, Judy Murray has developed a keen enthusiasm for Shakespeare's plays and poetry.

5003 Buddhism 101: Introduction to Principles and Practices **NEW**

Thu, Sep 24-Nov 12, 12:45-2 pm (ADI) \$5

LIMIT 24

Join us for a discussion addressing the following questions. What does it mean to be a Buddhist? What does it mean to be Enlightened? What are the Wheel of Dharma, meditation, the Noble Eight-Fold Path? Are all Buddhists the same? We will explain the core concepts and principles as well as how they are commonly applied in a person's day-to-day life.

Moderators: Robert Douglas has studied and attempted informally to practice Buddhism since an undergraduate student. Roger Pomplas has been a serious, lifelong practitioner of Kagyu Buddhism, now engaged in Ngondro practice.

5100 Movies of the 1970s **UPDATED**

Thu, Oct 1-Nov 12, 2:15-3:30 pm (ADI) \$5

LIMIT 24

This survey course will delve into the best and the brightest filmmakers of the 1970s in America. These filmmakers continue to produce top-notch films and have evolved in their art. We will screen clips and discuss the films, exploring what makes them unique. The course will cover the vision of filmmakers with a wealth of details about the films and your experiences of the films and the times.

Moderator: Rachel Lyon served as a professor of media and production and has produced and directed 65 movies and documentaries.

5101 Introduction to Memoir Writing

Thu, Sep 24-Nov 12, 2:15-3:30 pm (ADI) \$5

LIMIT 12

Reveal some of the most memorable writing of your life in an easy, safe and positive environment. This short-form memoir writing method involves directed writing in 20-minute segments with positive feedback, no experience necessary. Barbara facilitates workshops for groups ranging from digital marketing firm Helium SEO in Cincinnati to various religious organizations. Examples at www.mymemoirgroup.com. She welcomes diversity of thought and creativity.

Moderator: Barbara L. Morgenstern is a licensed attorney and writer. Before law school, she worked as a reporter for The Cincinnati Post. As a lawyer she practiced with her father, a Harvard Law School graduate; chaired the Teaching Committee of the American Bar Assn.'s Forum on Communications Law; and taught writing classes at Miami Univ. here and in Italy.

5102 Artificial Intelligence (AI) for Seniors **UPDATED**

Thu, Oct 8-29, 2:15-3:30 pm (ADI) \$5

LIMIT 20

Artificial intelligence (AI) has been making headlines in the last few years. This is an opportunity for learning more about how AI is making our life richer, what problems it may generate, and how it is changing the world around us. You can become better at searching for and finding useful information on the internet with and/or without AI tools.

Moderator: Katalin Molnar is a retired software engineer, former researcher in artificial intelligence and text recognition. She wants to share knowledge with more people and mitigate fears of AI for those who may have doubts.

5103 Future of Personal Finance: We're Not in Kansas Anymore Edition **NEW**

Thu, Sep 24-Nov 12, 2:15-3:30 pm (ADI) \$5

LIMIT 25

The class will explore the many varied and interesting financial topics of the day from the emergence of AI and massive new public companies to the near-term/long-term impact of current public policy. We'll discuss what it means for you and how best to make sense of it all. (Spoiler alert—the fundamentals of financial planning are as important as ever.) A lively and engaging discussion of these topics is encouraged and welcome.

Moderators: Bob Carroll, CPA, CFP®, is a long-time OLLI moderator as well as past Board member. In addition, His colleagues Heidi Rose, CFP®, and Skye Barry CFP®, CFA®, will contribute as moderators of this class.

8000 Fundamentals of Hand-Building with Clay

Mon, Sep 28-Oct 19, 10 am-12 pm (Baker Hunt) \$25

LIMIT 12

Learn the basics of ceramic hand-building. You will be introduced to the methods of pinch-pot, coil, and slab building and will create corresponding projects over four weeks. You will glaze your work on the final week and then pick up once it has been fired. You get to keep the pottery you make! Class fee includes clay, materials, tools, and glazes. Good hand strength and dexterity are necessary. Location: 620 Greenup St, 41011.

Moderator: Charity Rust-Jordan is a local potter and artist who works in clay, textiles, watercolor, and more. She also teaches Art & Mindfulness classes. She is an instructor at the Baker Hunt Art and Cultural Center with 10+ years of teaching experience.

8001 Bridge 101: An Introduction to Bridge UPDATED

Tue, Sep 22-Dec 8, 2:40-5:10 pm (Cinti Bridge Ctr) \$5

LIMIT 24

Newcomers to bridge will begin a two-course journey to learn this great card game from the beginning (Bridge 102 in winter term). No prior bridge experience necessary, but you should have a serious interest in spending some time to learn how to play the game with a commitment to attend all or most classes. TEXTBOOK: *ACBL Bridge in the 21st Century Series* (provided). Location: 2860 Cooper Rd, 45241 (occasional classes might be virtual).

Moderator: Larry Newman: Gold Life Master, Best Practices accredited teacher of the American Contract Bridge League (ACBL), member of the Cincinnati Bridge Association (CBA) education committee and the American Bridge Teachers Association (ABTA). Other teaching staff of the CBA may also be occasionally involved.

8002 Cooking for Wellness: A Four-Part Culinary Journey

Tue, Oct 6-27, 11 am-1 pm (Baker Hunt) \$75

LIMIT 12

Elevate your health and delight your taste buds in our Cooking for Wellness series! Over four hands-on classes, you'll explore nutritious, flavorful meals designed to support your wellbeing. From vibrant mains and fresh salads to satisfying snacks and wholesome desserts, each session combines practical skills with mindful, delicious cooking. Learn, create, and savor meals that nourish both body and soul. NOTE: This is a hands-on experience that requires standing for the duration of the class.

Moderator: Mona Bronson-Fuqua: culinarian, chef, educator. She celebrates food as more than just nourishment, bringing knowledge of elevating marginalized cultural cuisine, healthy cooking, and sustainable food practices to her years of teaching at Baker Hunt, Cooking for the Family, La Soupe, Jungle Jim's, Cancer Support Community of Greater Cincinnati and NKY, Communiversity, Green Umbrella, Queen Mother's Market, and CareSource of Ohio.

8003 "Hitch" Your Wagon to Film Suspense NEW

Wed, Sep 23-Nov 11, 1-4 pm (Chesterwood) \$5

LIMIT 60

Director Alfred Hitchcock is known as the master of film suspense. Through our three-hour class, we will watch an entire movie and then discuss it, with an eye toward how Hitchcock builds his suspense. Movies shown (mostly in order) include *The Lady Vanishes*, *Spellbound*, *Notorious*, *Stage Fright*, *Rear Window*, *North by Northwest*, *Psycho*, and *Mr. and Mrs. Smith*. Actors include Cary Grant, Ingrid Bergman, Gregory Peck, Carole Lombard, Richard Todd, James Stewart, Eva Marie Saint, and Marlene Dietrich.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original

Broadway scores. He has taught classes on Broadway and film at OLLI for several years. He has received OLLI's Stephen Appel Award for excellence in teaching.

8004 Treasures of the Cincinnati Art Museum

Wed, Sep 23-Nov 11, 1:20-2:20 pm (CAM) \$5

LIMIT 12

Week 1: Cincinnati art—by Cincinnatians, for and about Cincinnati; Week 2: religion in art; Week 3: Egyptian/Greek/Roman/Middle Eastern art; Week 4: French and Italian art; Week 5: Spanish and Dutch art; Week 6: American art; Week 7: Impressionism to Modern; Week 8: Modern to Contemporary. Free admission and parking. Portable, lightweight chairs available (no backs). Museum membership is not required. Location: 953 Eden Park Dr, 45202.

Moderator: Bob Zierolf is a docent at the Cincinnati Art Museum. He has toured and led tours in major European

museums. He has received OLLI's Stephen Appel Award for excellence in teaching.

8005 Beyond The Biblical Canon, Part 3:**The Book of Enoch NEW**

Thu, Sep 24-Nov 12, 11 am-12:20 pm (Temple Shalom) \$5

LIMIT 60

We will study important works not found in the Bible from a variety of religious traditions—Pirkei Avot (Wise Sayings of the Sages), The Book(s) of Enoch, and selected readings from the Dead Sea Scrolls. Join us for this exciting adventure in diverse religious literature! Location: 10828 Kenwood Rd, 45242.

Moderator: Gerry Walter is Rabbi Emeritus of Temple Shalom and also retired director of pastoral care at Cedar Village. He has taught Jewish and religious studies and Bible at Hebrew Union College, NKU, Virginia Tech, and Roanoke College.

8006 Take Back the Town—Lunch on the Square NEW

Thu, Sep 24-Oct 15, 12:30-1:30 pm (Fountain Sq) \$0

LIMIT 20

Grab lunch at your choice of nearby places or "brown bag it" and meet me on Fountain Square. Look for the OLLI table tent and take a seat. Lunch choices include Subway, Potbelly, Chipotle, City Bird, and even Graeter's. Most days there will be a food truck, too. Remember the office days when you enjoyed lunch on the Square? Catch that energy again in the heart of the city. No class in case of inclement weather that would make outdoor dining uncomfortable.

Moderator: Rebecca Pace is a CPA who now works on the east side. She has good memories of eating lunch on the Square when she worked downtown.

8007 Have Fun Learning English Country Dance UPDATED

Thu, Sep 24, Oct 8, Oct 22, Nov 5, 8-10 pm
(Ascension & Holy Trinity Church) \$0+fee
LIMIT 20

In this four-week class, you will learn beginner English Country Dances and practice them. Each dance is done to live music after a complete walkthrough. Moves will be called throughout the length of the dance. No previous dance experience necessary. No partner necessary. Dress casually and wear soft-soled, non-marking shoes to preserve the dance floor in the Community Room. Fee: \$5 per session, paid by cash or check at the door. Location: 344 Burns Ave, 45215.

Moderators: From the English Renaissance to the era of Jane Austen to a thriving contemporary revival, English Country Dancing has inspired dancers of all ages across six centuries. Our instructors have taught this timeless form of social dancing to people of all ages for decades.

8008 Let's Do Lunch: Tried and True UPDATED

Fri, Sep 25-Nov 13, 1-2:30 pm (Various) \$5
LIMIT 18

Join us at a different location each week for the social experience of lunching with others. We will lunch at eight different places across the Greater Cincinnati region that past Let's Do Lunchers have given a thumb's-up approval for return visit. NOTE: we make reservations, so we need your commitment to attend (even when the venue is not near your home!). Please consider whether you can attend most weeks before you sign up. You will receive information about the first lunch location about one week in advance.

Moderators: Caryl Miller and Deb Price have been organizing this program for more than 100 restaurants. They are Cincinnati natives who enjoy regional restaurants, food, and dining experiences with friends old and new.

***8009 Explore U.S. Pacific Northwest Wines* NEW**

Fri, Sep 25, 2-4 pm (Walnut Hills) \$20
LIMIT 20

Explore one of America's most exciting and under-appreciated wine regions in this engaging one-day class. The Pacific Northwest produces some of the country's most versatile wines, shaped by coastal fog, cool breezes, and diverse soils. You'll discover what makes the wines unique, how to identify regional characteristics, and how climate and geography influence taste. No experience necessary—just curiosity and an open palate. Tasting included.

Moderator: Lynn Love is owner of Market Wines Walnut Hills. She enjoys sharing her passion with others.

***8010 Explore U.S. Pacific Northwest Wines* NEW**

Fri, Oct 2, 2-4 pm (Walnut Hills) \$20
LIMIT 20

Explore one of America's most exciting and under-appreciated wine regions in this engaging one-day class. The Pacific Northwest produces some of the country's most versatile wines, shaped by coastal fog, cool breezes, and diverse soils. You'll discover what makes the wines unique, how to identify regional characteristics, and how climate and geography influence taste. No experience necessary—just curiosity and an open palate. Tasting included.

Moderator: Lynn Love is owner of Market Wines Walnut Hills. She enjoys sharing her passion with others.

9000 Pub Night at Miamiville Trailyard UPDATED

Tue, Sep 29, 6:30-8 pm (Miamiville) \$0
LIMIT 35

Join with old and new OLLI friends upstairs (no elevator!) at the Miamiville Trailyard to raise a glass and enjoy the company

of other lifelong learners. Drinks and food on your own. The camaraderie is free! Location: 368 Center St, 45140.

9001 Tour the Winkler Center for the History of the Health Professions NEW

Tue, Oct 6, 9-10 am (UC East Campus) \$0
LIMIT 30

Devhra BennettJones, Archivist Curator, and Sharon Purtee, Director, will lead a tour of the Henry R. Winkler Center for the History of the Health Professions, an archive and exhibit facility chronicling the history of the health sciences through 35,000+ volumes of rare and classic works on health history that date back almost 500 years. In addition to its archival collections, books, and medical objects, the Winkler Center presents educational programming, research opportunities, and workshops. Directions and parking information will be sent to registrants in advance. Location: 231 Albert Sabin Way, 45267.

9002 Hamilton County Emergency Communications Center

Wed, Oct 7, 10-11:30 am (Springdale) \$5
LIMIT 40

Tour the new Hamilton County Emergency Communications Center. See the latest technology in 911 dispatching, including locating 911 callers, also alerts to residents who have signed up on SMART 911. and the new program sending alerts to CPR-trained residents for a nearby cardiac arrest. This tour is organized by Larry Bennett, UC Professor Emeritus, who was Program Chair of Fire Science and Emergency Management. No refunds. Location: 111 Tri-County Pkwy, 45246.

9003 Happy Hour at Slatts Pub and Grill UPDATED

Thu, Oct 8, 6-8 pm (Blue Ash) \$0

LIMIT 45

Come enjoy time with other OLLI members at Slatts Pub and Grill in Blue Ash. Pay your own way and enjoy food and drink of your choice. Note: a gratuity will be added to your bill because we are a large group. Location: 4858 Cooper Rd, 45242.

***9004 Abolitionists and African Americans of Walnut Hills Walking Tour* NEW**

Fri, Oct 9, 1-3 pm (Walnut Hills) \$15

LIMIT 30

Did you know that Underground Railroad conductors, Olympic gold medalists, internationally famous authors, and myriad small businesses have all thrived in Walnut Hills throughout its history? Learn about the women and men who built and invested in this neighborhood for the past 200 years. This docent-led walk will last just under two hours. Starts and ends at the Harriet Beecher Stowe House, No refunds. Location: 2950 Gilbert Ave, 45206.

9005 Voice of America Museum Tour

Sat, Oct 10, 10-11:30 am (West Chester) \$10

LIMIT 25

On this tour, you will learn how using innovative technology to spread the concepts and benefits of democracy is not new. Since the early 1940s, the Voice of America's pioneering journalists and engineers created and maintained a powerful voice of truth and fact. In the beginning, they used the new technology of the time, shortwave radio. Today, they embrace the full array of digital technologies. The tools have changed, but the message remains. "Tell the truth and let the world decide." No refunds. Location: 8070 Tylersville Rd, 45069.

9006 Voice of America Museum Tour

Sun, Oct 11, 10-11:30 am (West Chester) \$10

LIMIT 25

On this tour, you will learn how using innovative technology to spread the concepts and benefits of democracy is not new. Since the early 1940s, the Voice of America's pioneering journalists and engineers created and maintained a powerful voice of truth and fact. In the beginning, they used the new technology of the time, shortwave radio. Today, they embrace the full array of digital technologies. The tools have changed, but the message remains. "Tell the truth and let the world decide." No refunds. Location: 8070 Tylersville Rd, 45069.

***9007 Cincinnati Observatory Tour* UPDATED**

Tue, Oct 13, 7-8:30 pm (Mt Lookout) \$10

LIMIT 40

Experience the night sky full of planets and constellations at

the historic Cincinnati Observatory, the oldest professional observatory in the U.S. Astronomer Wes Ryle will lead a short presentation on observatory history and what's up in the sky, followed by a tour and viewing with the telescope (weather permitting). No refunds. Location: 3489 Observatory Pl, 45208.

9008 Crayons and Beyond: Tour, Lunch, and Project UPDATED

Wed, Oct 14, 11 am-2:30 pm (Bond Hill) \$15

LIMIT 20

Founded in 1997, Crayons and Beyond (formerly called Crayons to Computers) has worked to level the playing field in the classroom by ensuring that teachers can provide students in need with the tools to succeed in school by providing free school supplies that have been donated or purchased at reduced or wholesale prices. We will visit the warehouse, work on a learning project for students, and enjoy lunch together. No refunds. Location: 1350 Tennessee Ave, Bond Hill.

9009 Fall Fashion and Fun at Threads Boutique UPDATED

Thu, Oct 15, 6-8 pm (Oakley) \$0

LIMIT 30

Grab your friends and join us for a fashion-filled evening at Threads Boutique in Oakley! Sip seasonal drinks, snack on light bites, and browse fresh fall feminine apparel—all in a relaxed, style-full shop. While no fashion show will happen, professional stylists will be on hand to offer tips and help you find looks you'll love. Come mingle, shop, and make it a night to remember with OLLI friends old and new! Location: 3054 Madison Rd, 45209.

***9010 Walnut Hills Redevelopment Walking Tour* NEW**

Fri, Oct 16, 4-5:30 pm (Walnut Hills) \$0

LIMIT 20

Samantha Miller, Executive Director of the Walnut Hills Redevelopment Foundation, will give a walking tour of the Peebles Corner Business District to discuss the development of the neighborhood over time. Topics will include history, community collaboration, real estate projects, and current businesses. If you're free, plan to stick around for dinner at a local establishment. Location: 954 E McMillan St, 45206.

9011 Tri-State Warbird Museum Tour

Sat, Oct 17, 1-2:30 pm (Batavia) \$12

LIMIT 40

The Tri-State Warbird Museum was formed in 2003 with a commitment to preserve the aircraft of World War II, educate visitors on America's role in WWII, and honor the greatest generation, the veterans who fought and those who made the ultimate sacrifice. We will tour the 22,000 square-foot facility, viewing 11 significant WWII aircraft, including the rare air-worthy authentically restored RNZAF P-40M Kittyhawk and Fw 190 F-8. No refunds. Location: 4021 Borman Dr, 45103.

9012 Hops, Barley, Yeast! Esoteric Brewery Tour

Tue, Oct 20, 4-6 pm (Walnut Hills) \$0

LIMIT 30

Join us at Esoteric Brewing in our Walnut Hills neighborhood for a brewery tour and optional tasting. Esoteric Brewery pays homage to traditional Belgian, English, German, and American beers made with old world character and brews with local and organic ingredients. Learn about ingredient sourcing and the beer-making process. Tour is free. Beer tasting and light bites available for purchase. Location: 918 E McMillan St, 45206.

9013 iPhone Not-So-Genius Bar Night

at Oriental Wok UPDATED

Tue, Oct 20, 5-8 pm (Hyde Park) \$0

LIMIT 25

We have had a great time at past Not-So-Genius Bar nights. Come early: the first hour is for dinner and chatting at the Oriental Wok (bring money for your choice of food and drinks) then the last two hours we can informally discuss our iPhones and help with questions and share what we know—or learn something new. iPhones only—no help available for Androids. Your iPhone-loving hosts are Karen Klein, Janet Keller, Betty Huck, Jim Dewan, and Cliff Wicks. Location: 2444 Madison Rd, 45208.

9014 Joseph Clark Gallery Arts of Africa Tour UPDATED

Wed, Oct 21, 1-3 pm (Northside) \$0

LIMIT 30

Sub-Saharan West Africa's rich cultural heritage unfolds in the Joseph Clark Gallery, where traditional tribal artifacts create a welcoming space for reflection, curiosity, and discovery. You can linger among works that reveal layers of artistry, symbolism, and spiritual tradition, allowing each object to speak in its own time. In this setting, conversation emerges naturally and can deepen appreciation for the cultural, historical, and aesthetic significance of each artifact, as Africa's enduring legacy comes into view with warmth, nuance, and grace. Location: 4038 Hamilton Ave, 45223.

9015 Spring Grove Cemetery Tram Tour: Back to School

Thu, Oct 22, 10-11:30 am (Spring Grove) \$5

LIMIT 24

Take a tram ride through historic Spring Grove Cemetery to appreciate the landscape, history, architecture, and tales of Cincinnati's educators from the past. No refunds. Location: 4521 Spring Grove Ave, 45232.

9016 Spring Grove Cemetery Tram Tour: Back to School

Thu, Oct 22, 1-2:30 pm (Spring Grove) \$5

LIMIT 24

Take a tram ride through historic Spring Grove Cemetery to appreciate the landscape, history, architecture, and tales of

Cincinnati's educators from the past. No refunds. Location: 4521 Spring Grove Ave, 45232.

***9017 Spring Grove Cemetery Walking Tour:**

Fall Colors* UPDATED

Thu, Oct 29, 10-11:30 am (Spring Grove) \$5

LIMIT 24

Join horticulture staff on a walking tour of America's second oldest cemetery and National Historic Landmark. You will see the best of autumn color, a variety of champion trees, multiple lakes, and serene landscapes and learn what goes on behind the scenes to keep this officially sanctioned arboretum in tiptop shape. Walking for 1½ miles is required. Dress for the weather and wear comfortable shoes. No refunds. Location: 4521 Spring Grove Ave, 45232.

9018 Tea-Tasting Experience at Churchill's Fine Teas NEW

Fri, Oct 30, 3-5 pm (Madisonville) \$45

LIMIT 14

Churchill's Fine Teas specializes in premium loose leaf teas, herbal blends, and wellness tisanes. They offer 285+ types of tea, carefully sourced from renowned tea-growing regions around the world. At this event, you will experience an expert-led introduction to tea and tea culture, try five different teas, and learn about their origins and nuances. No refunds. Location: 6709 Madison Rd, 45227.

9019 OLLI on Tap at West Side Brewing UPDATED

Mon, Nov 2, 6-8 pm (Westwood) \$0

LIMIT 60

Join us for a fun, casual evening at West Side Brewing in the heart of Westwood. Enjoy your choice of craft beer, wine, cider, or soda—available for purchase at the bar. You can also grab a delicious bite from Catch-a-Fire Pizza, located on site. It's the perfect chance to relax, connect with old friends, and make new ones in a fun, welcoming atmosphere. We will meet in the private, quieter room in back. Cheers to good times and great conversations! Location: 3044 Harrison Ave, 45211.

***9020 Cincinnati Art Museum Tour:**

The Art of Charley Harper* NEW

Fri, Nov 6, 1:30-2:30 pm (CAM) \$0

LIMIT 40

Take a docent-guided tour of the special exhibition "The Art of Charley Harper: Creatures Wild and Tame," which takes an in-depth look at the beloved work of this Cincinnati artist, illustrator, designer, and nature advocate. The exhibition features 140+ of his drawings, gouaches, collages, screen prints, paintings, and posters in his unique "minimal realism." You'll enjoy Harper's elegant, witty, vividly colored imagery that breathes with life and personality. CAM members attend free. All others purchase tickets at CAM (\$14 for seniors) or online (\$12 for seniors). Location: 953 Eden Park Dr, 45202.

***9021 Tour Mt. Rumpke: Colerain Township Landfill* NEW**

Thu, Nov 12, 10-11am (Colerain Twp) \$5

LIMIT 21

Learn what happens to your garbage after it gets collected from your home. This landfill tour, via mini bus, includes a brief history of Rumpke, overview of truck types, and explanations of landfill gas removal and recovery, leachate (wastewater) collection, surface water controls, and other points of interest. The tour concludes with a description of standard landfill closure processes and future landfill property use. No refunds. Location: 3800 Struble Rd.

9022 Dinner and a Show UPDATED

Thu, Nov 12, 5:30-9:30 pm (Mariemont) \$0

LIMIT 20

It's friends night out—OLLI style, with OLLI providing the companionship of fellow lifelong learners. Meet for dinner at the National Exemplar Restaurant, located on the first floor of the historic Mariemont Inn, before walking down the block to see a movie together at the Mariemont Theatre (movie TBA). You'll pay for your meal and movie ticket individually. Location: 6880 Wooster Pike, 45227.

***9023 Cincinnati Observatory Tour* UPDATED**

Tue, Nov 10, 7-8:30 pm (Mt Lookout) \$10

LIMIT 40

Experience the night sky full of planets and constellations at the historic Cincinnati Observatory, the oldest professional observatory in the U.S. Astronomer Wes Ryle will lead a short presentation on observatory history and what's up in the sky, followed by a tour and viewing with the telescope (weather permitting). No refunds. Location: 3489 Observatory Pl, 45208.

NEW REGISTRATION PROCESS

- **Classes listed in RED with *STARS* open for registration on August 18, 10am.**
- **All other classes open August 1 for online or mail-in registration.**
- **Phone registration begins August 19, 9am.**