

January–April 2021

COURSE CATALOG

# COMMUNIVERSITY

**LEARN  
SOMETHING  
NEW  
THIS YEAR!**

Just for fun!

**EVENING  
& WEEKEND  
CLASSES**



Art Historian Kathy Stockman guides Community students through the galleries at the Cincinnati Art Museum during their exploration of Art History: The Middle Ages to the Enlightenment

## Keep learning! It's how we broaden our perspectives and enrich our lives.

Dear Community Students,

As I write this, we are preparing to send our course catalog off to the printer with a few unknowns of how the new term will unfold with shifts in the pandemic over the coming months.

We may not know what the updates will bring, but know one thing for sure—community education is a vital part of our city—and the University of Cincinnati is committed to continuing to offer opportunities for adults to stay engaged in lifelong learning!

In light of our success in the Fall term, we want to acknowledge the support from students and instructors who have made significant adjustments to maintain social distancing in our classrooms. A huge “thank you” goes out to you for our shared success in keeping continuing education a vibrant part of the community.

We are looking forward to an even better Spring term, with an understanding we will remain flexible in our planning and implementation. Our commitment is to provide continuing communication with our students for updates on any changes or

enhancements. Most classes will remain in-person, along with an extended calendar to provide classes through the end of April. We are pleased to offer **over 125 local Community classes** and hundreds more through our online education partner ed2go.

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*We've added an additional month to this term with a variety of classes available through April.*

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Let's make 2021 a year to look forward to experiencing personal growth and opportunities with fresh, new topics that will bring joy and knowledge to our life. We're here to provide you with classes that inspire your personal growth. We hope to see you soon!

**Janet Staderman,**  
Academic Director

## Meet our new instructors!

*We are delighted to introduce the addition of several new instructors to our classrooms this term. They bring with them a wealth of knowledge and enthusiasm to teach adult learners, adding fresh, new topics to our curriculum for you to enjoy. Please join us in welcoming our new instructors to our Communiversality community!*



*Diane Kinsella*  
Personal Branding



*Caitlin McCall*  
Textiles Designer



*Kayla Hannsman*  
Health & Fitness



*Milt Staderman*  
Fitness Coach



*Ryan Wenstrup-Moore*  
Social Media



*Anjali Alm-Basu*  
Cartoonist



*Jennifer Belesi*  
Health & Fitness



*Jason Hamzy*  
Childhood Education



*Liz Kitchell*  
Wealth Management



*Kay Worz*  
Artist, Painter



*Ralph Dehner*  
Tai Chi Master



*Kent Lutz*  
Entrepreneurship

**PLEASE NOTE**

**Keeping you safe.** Classes held on campus will adhere to the guidelines from the university for social distancing and mask wearing. Please call us if you have any questions: 513-556-6932.

# Welcome!

## JANUARY-APRIL / 2021 CLASSES

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Enroll online and see full course descriptions at:

**[communiversality.uc.edu](http://communiversality.uc.edu)**

### LOCATION:

Most classes are held at UC's Victory Parkway Campus (VPC) at 2220 Victory Parkway, Cincinnati 45206. If a class will be held at another location, it is noted in the class description. Addresses and maps can be found online.

### INSTRUCTORS:

Classes at Communiversality are taught by skilled educators, professionals and expert craftspeople. For more information about the instructors in each class, see our online catalog.

# COMMUNIVERSITY at UC

## ARTS & HANDICRAFTS



### **BEGINNING WATERCOLOR PAINTING**

This workshop is a comprehensive approach to understanding and experiencing the beauty of watercolor painting. You will learn about paint composition, value, and color mixing, and explore several techniques in order to find the one that works for you. You will advance your skills by watching Kay's demonstrations and receive individual coaching, while gaining further insight through interaction with other painters. Plus, Kay will provide plenty of 'tips' to help you enjoy creating a painting you will love. Subject matter will be provided, but, you may bring a photo of something you'd like to paint.

**One session / \$59** **NEW!** All supplies provided.

Sat, Apr. 17 10am-12pm Kay Worz  
In-person at VPC Campus

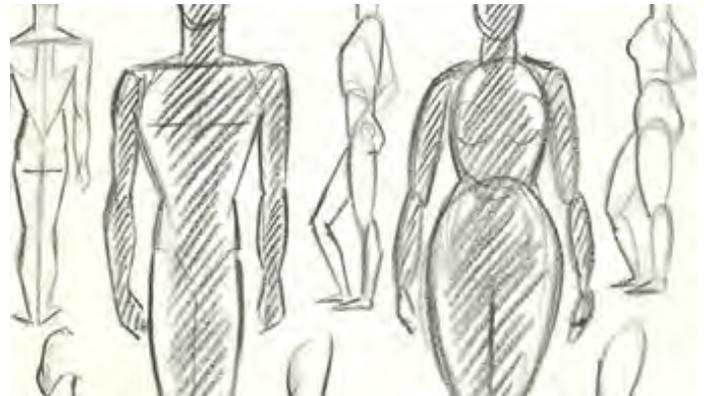


### **ACRYLIC PAINTING WORKSHOP**

This workshop will teach you how to paint with acrylics through the exploration of a piece by Steven Quiller titled "Flickering Light Along the Ridge Trail." Steven is an internationally award-winning contemporary painter living in Colorado. His work is exciting and vibrant and offers a refreshing look at winter scenes. The class will focus on color, composition, and explore his innovative approach to painting colors that evoke strong emotion and capture the rhythm and spirit of the places he paints. You will receive one gallery-wrapped, stretched 11 x 14" fine art canvas, a set of brushes, and a full set of acrylic paints in a wide spectrum of colors, at no extra cost. Take home your own original piece of art ready for framing!

**One session / \$89** **NEW!** All supplies provided.

Sat, Feb. 13 10am-2pm Kay Worz  
In-person at VPC Campus



### **HUMAN FIGURE DRAWING**

If you learn to draw the figure, you can draw anything. This class is a comprehensive guide to drawing the human figure. Using classical methods of instruction, you will learn the basics of foreshortening, perspective, body proportion, line quality, and composition. These tools will provide you with a proven method of rendering the figure in an accurate and esthetically pleasing manner.

This class includes renderings with pencil and charcoal. We will work from printed guides of bone structure and muscles and photographs will be provided for study. We welcome both beginners and practicing artists looking to brush up on fundamental skills! A supply list will be listed online.

**Four-week session / \$149** **NEW!**

M, Mar 8-29 5-7pm Kay Worz  
In-person at VPC Campus



### **DOODLING MASTERPIECES**

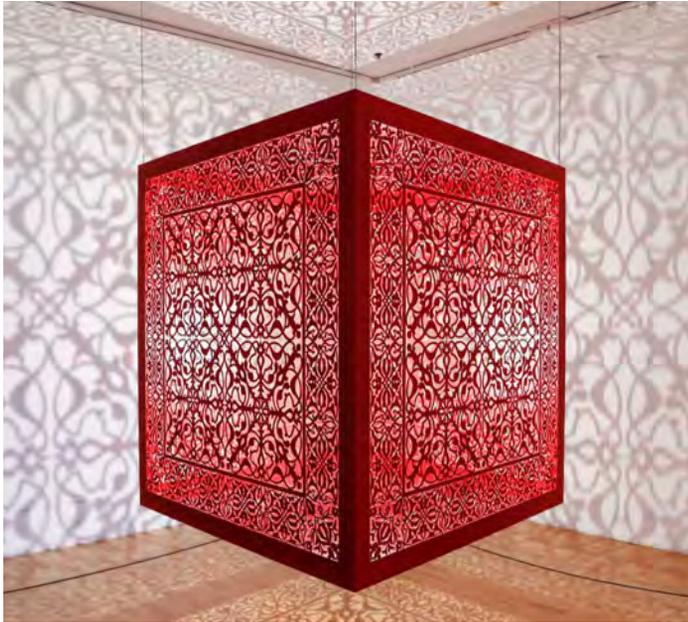
Tangle art. Meditative drawing. Zentangle®. Pattern drawing. All are names for basically the same thing: making artistic renderings out of patterns. In this class, you will learn how to combine simple forms, circles, lines, and dots into eye-catching designs. Next, you will learn how to use those patterns to create unique pieces of art. No drawing skills required. People of all skill levels are invited to join this class to experience how fun making artistic illustrations from patterns can be. In addition, there is a \$15 fee payable to instructor at the class for all drawing supplies needed including pigment pens, papers, pencils, ruler, erasers, and handouts.

**One session / \$29**

M, Feb. 15 6:30-8:30pm Alisa Strauss  
In-person at VPC Campus

cincinnati  art museum

Introducing a new class series for an in-depth exploration of a single artist and the meaning behind their art.



**THE STORY BEHIND THE ART: WORKS BY ANILA QUAYYUM AGHA**

As part of our new series to explore a single artist in-depth, this class focuses on Anila Quayyum Agha, a Pakistani-American cross-disciplinary artist. Her current installation, "All the Flowers Are for Me," will allow us to explore the art historical and cultural influences that make her work enjoyable for all audiences.

A slide lecture will present the role of Medieval liturgical art in Christian churches as well as the influences and the intricate beauty of Islamic Art. This class will also invite us to look at the art of installation, a modern art tradition that forces viewers to think about our lived spaces throughout the world. How do we create spaces that divide? How have artists asked us to think about these divisions and called us into shared spaces that cross cultures?

The lecture will then present how Anila Quayyum Agha has offered these questions and invites her viewers into the shared spaces and experiences that make up many of her installations. Finally, as a class, we will visit the gallery to see and experience "All the Flowers Are for Me." Register early! Class is limited to 10 people.

One session / \$39

**NEW!**

Th, Feb. 4 6-7:45pm Kathy Stockman  
Cincinnati Art Museum

**ABOUT THE INSTRUCTOR:**

With over 20 years of teaching, researching, and writing about art history, Kathy believes an intellectually engaging appreciation of art and culture can and should take place both inside and outside of the classroom. She has devoted herself to inviting all people into that conversation; art historians, artists, and art lovers of every level.

Register early! Classes at CAM are limited to 10 people.

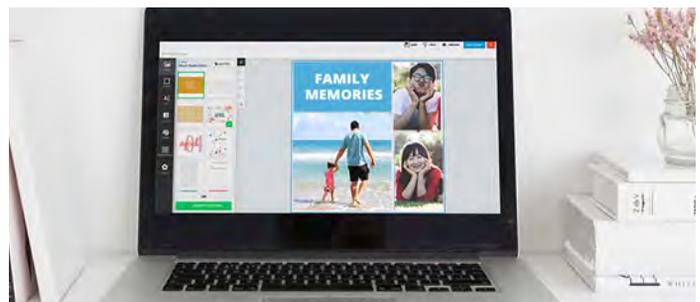
**ART HISTORY III: MODERN AND CONTEMPORARY**

During this third class in our Art History series, you will survey the history of art from the early modern period through the 20th century (roughly 1800-2000) in Europe and the United States. You will learn about key developments of the avant-garde by introducing the aesthetic innovations of Realism, Impressionism, Post-Impressionism, Cubism, Dada, and Abstract Expressionism, among others.

Each class will combine lecture-format learning with gallery exploration. We will visit the galleries of American Art, 19th and 20th Century European Art, Modern and Contemporary Art, as well as the Cincinnati Wing. You will develop a broad understanding of the most representative artists and styles from each period, while also learning how specific objects from the museum's collection fit into the history of art. Register early! Class is limited to 10 people.

Four-week session / \$149

Th, Feb 4-25 6-7:45pm Kathy Stockman  
Cincinnati Art Museum



**INTRODUCTION TO DIGITAL SCRAPBOOKING**

Starting with simple projects, you'll quickly learn how to build pages, use artistic journaling, and produce sophisticated illusions. Photoshop Elements lets you build your own clip art, create frames, and develop multi-layer pages with an endless array of layouts and designs. You'll see how to draw and create your own art, build collages and scrapbooks to share, and work with both color and black and white. If you need to restore or age images—the tools are all available to you. Come take your scrapbooking to a new level

Six-week session / \$119

Sessions start Mar. 17 and Apr. 14 Beverly Schulz  
Online through our educational partner provider ed2Go

## ARTS & HANDICRAFTS

Some 14 million tons of clothing are discarded each year in the United States. Learn to transform your old clothes into something reusable, and you'll have a hand in changing this!



### **CRAFTING UPCYCLED FASHION: REINVENT YOUR JEANS**

This course demystifies the basic materiality of our clothing and home textiles— what they are made of and how they are made. We'll explore familiar fabric upcycling techniques as well as creative and visible mending techniques that are popular today. During the second half of the course, you will apply your basic knowledge with a hands-on project to creatively re-use textiles through craft. Your project may be recombining jeans to make something new, applying visible mending to a much-loved sweater, or turning a pile of old shirts into a quilt. You will receive plenty of 1-on-1 guidance to bring your ideas to life, and your creativity will be a positive step toward the environment!

It is helpful for students to have some knowledge and experience with sewing, knitting, or crochet, but it is not required. The instructor will help you determine your supplies and equipment depending on your chosen project, including sewing and knitting machine rental information, if needed.

**Six-week session / \$199** **NEW!**

Th, Mar. 4-Apr. 8      6-8pm      Caitlin McCall  
In-person at VPC Campus



*I love Evelyn's workshops, they are so chill and relaxed. This was a good first class to getting back in to taking UC Communiversality classes again.*

**—Lynn, student in  
"Sustainable Floristry"**



### **STAINED GLASS FOR BEGINNERS**

Making a stained glass piece is easier than you think and can bring an array of beautiful colors and light to your home. In this beginning class expert, Mary Jane Riggi will teach you the basics of building a Tiffany style panel using the copper foil method. You'll learn different types of glass, glass cutting techniques, grinding, foiling, soldering, and framing a panel. By the end of class, you will have completed your unique design in an 11"x17" panel (size may vary). Register early! Class is limited to 6 people.

**One session / \$79 per class (choose date)**

Sat, Feb. 6 or Mar. 13      10:30am-4:30pm      Mary Jane Riggi  
Plus supply fee payable to instructor.  
In-person at MJ Riggi Stained Glass Studio

### **LEAD PANEL STAINED GLASS**

The creation of stained glass art dates back to England in the 7th Century. You will learn this ancient technique in this fun, fascinating Saturday workshop with expert, Mary Jane Riggi. She'll provide professional instruction for you to create your own work of art in the "old" tradition. You'll learn all about glass selection, methods of cutting glass, leading, and soldering. Patterns available from the instructor (most about 11"x17" approximate size of the project). Register early! Class is limited to 6 people.

**One session / \$79**

Sat, Apr. 17      10:30am-4:30pm      Mary Jane Riggi  
Plus supply fee payable to instructor.  
In-person at MJ Riggi Stained Glass Studio

### **MOSAICS: CREATE A TRAY, TABLETOP OR PANEL**

Turn a plain tray, tabletop, or panel into a working piece of art using various glass pieces, including your own broken cups and plates! In this beginning class expert, Mary Jane Riggi will teach you the basics of the direct mosaic method. You'll learn tips on glass selection, cutting, gluing, and grouting. Please bring your own items to add to your mosaic design, or choose from interesting items available at the studio. Register early! Class is limited to 6 people.

**One session / \$69**

Sat, Mar. 27      10:30am-4:30pm      Mary Jane Riggi  
Plus supply fee payable to instructor.  
In-person at MJ Riggi Stained Glass Studio



**Sign up early for floristry classes!** Class size is limited for a more personalized experience. All tools and materials are provided. Plus refreshments, too!



**SUSTAINABLE FLORISTRY IN STYLE: SPRING EDITION**

Learn to design like the pros with this next edition of floral design with Evelyn Streeter of Eve Floral Co., where you'll create a unique, one of a kind floral centerpiece using forged and found materials and grocery store blooms with a seasonal palette. If you've ever taken a class with Eve, then you know you are in for a treat! She is a true artist and has a passion for creating stunning arrangements using a surprising blend of blooms and greens with a focus on designing for sustainability. In her relaxed and fun way, she will take you step-by-step through creating your centerpiece that will look perfect on your Easter table.

**One session / \$89** **NEW!**

F, Apr. 2                      6:30-8:30pm                      Evelyn Streeter  
In-person at VPC Campus



**GALENTINE'S DAY FLORAL ARRANGING WORKSHOP**

Call your favorite gals and join Evelyn of Eve Floral Co. for an evening of friendship, flowers, and food celebrating Galentine's Day! Learn flower fundamentals, organic and natural floral design techniques while designing with a romantic color palette that works for Valentine's Day, too. Eve's classes are always a treat! She'll provide a beautiful selection of seasonal flowers for you to choose from, and a lovely keepsake vessel to create your personal arrangement to take home.

**One session / \$75**

F, Feb 12                      6:30-8:30pm                      Evelyn Streeter  
In-person at VPC Campus

**Perfect classes for working artists** to learn the importance of framing artwork, including the history of picture framing. Register early! Class is limited to 8 people.

**INTRODUCTION TO PICTURE FRAMING**

In this class, you will learn the importance of framing artwork and the history of picture framing. You begin by learning the basics of frame design, such as how to measure and cut mats, glass, and molding. You will learn how to select the right molding for the subject matter, and how to choose and work with colors to enhance the piece. Further instruction will be provided on how to mount various types of artwork and photos, how to properly fit the work in the frame, attach hangers, and the importance of rammimg.

**Four-week session / \$99**

M, Mar. 3-24                      6:30-8:30pm                      Willie Evans  
In-person at VPC Campus

**ADVANCED PICTURE FRAMING**

This Advanced Picture Framing class is for participants who are ready to cut mats, glass, and picture frame molding. In this advanced class, you will cut the mat board, glass, and molding. You will mount your artwork and miter the corners of the frame. Our expert instructor will provide technical, business, and design training as a hands-on opportunity to gain knowledge of the different techniques used in the trade.

We suggest that you first take Introduction to Picture Framing as a prerequisite to the Advanced Picture Framing Class. You must know how to arrive at an overall size for the mats, glass, and frame molding before taking this class. An understanding of mat design is necessary.

**Six-week session / \$119**

M, Apr. 7-May 12                      6:30-8:30pm                      Willie Evans  
In-person at VPC Campus



**YOGA BASICS FOR STRESS RELIEF**

New to yoga? Are you interested in relieving stress and anxiety? Would you like to increase strength and flexibility? Maybe you would like to experience greater inner peace and improve your mental, physical, and emotional well-being? Then this class is for YOU! Learn foundational yoga postures that assist in enhancing body awareness while accessing the benefits of yoga in a relaxing atmosphere with soothing music. Everybody is welcome! No experience required.

**Four-week session / \$49**

Th, Jan. 14-Feb. 4	<a href="#">9:30-10:30am</a>	<a href="#">5:15-6:15pm</a>
Th, Feb. 11-Mar. 4	<a href="#">9:30-10:30am</a>	<a href="#">5:15-6:15pm</a>
Th, Mar. 11-Apr. 1	<a href="#">9:30-10:30am</a>	<a href="#">5:15-6:15pm</a>
Th, Apr. 8-29	<a href="#">9:30-10:30am</a>	<a href="#">5:15-6:15pm</a>

LIVE Online OR In-person at World Peace Yoga Studio. Instructor Anna Ferguson is co-founder of the studio and is inspirational in helping people to manifest their most exquisite version of themselves through their yoga practice.



**MEDITATION: LIVING WITH A LOVING HEART IN DIFFICULT TIMES**

Using the teachings and meditation techniques taught by the Buddha 2600 years ago, we will explore ways to develop and nurture an open, loving heart for the benefit of all. No particular belief system is required—just the desire to experience the clarity and peace that meditation can bring.

**Four-week session / \$75** NEW!

Th, Mar 4-25	7-8:30pm	Susanne Noble
Dharma Center at 15 Moline Ct., Cincinnati, OH 45223		

*Dr. Cathy Rosenbaum, PharmD, MBA, RPh, CHC, is a Holistic Clinical Pharmacist and a Member of the Academy of Integrative Health and Medicine. She is the Founder and CEO of Rx Integrative Solutions.*



**THE A TO ZZZ'S OF SLEEP**

Have you ever wondered how the body heals itself during sleep? Learn about the active sleep stages and how the body responds to each stage. We will review the pros and cons of different sleep interventions, from prescription/OTC medications to dietary supplements and herbal teas, and mind-body-spirit techniques to reduce stress. We will also discuss conditions that affect your sleep and how to manage them, like restless legs and apnea.

**One session / \$25**

Th, Jan. 21	6:30-8pm	Dr. Cathy Rosenbaum
LIVE Online via WebEx		



**PHARMA & THE FDA: DANCE PARTNERS OR DOUBLE-EDGED SWORDS**

Looking for a better understanding of the pharmaceutical industry and how it affects you as a consumer? In this class, you will review the regulatory history of the FDA and PHARMA. You will also cover the following topics: the importance of compliance with FDA standards, the FDA process for Rx-to-OTC switch, management of drug information, safety, surveillance, availability, the role of lobbyists, drug representatives, clinical science liaisons, insurance companies, and consumers in marketing/advertising and price point determination.

**One session / \$25**

Th, Mar. 4	6:30-8pm	Dr. Cathy Rosenbaum
LIVE Online via WebEx		



**A NEW YEAR, NEW YOU: A UNIQUE COMBINATION OF NUTRITION AND MINDSET**

Did you know that a majority of new year's resolutions focus on self-care, healthy living, and better nutrition, yet only 8% of people report achieving their goal? This two-part class will cover more than your typical new year's resolution. Karen Aerts, Nutrition and Mindset Coach will help you regain your health and to create the habits, routines, and mindset to make it last a lifetime. The first class will cover nutrition - what foods will serve you best, which ones to reduce or avoid, how our food has changed and how that affects your overall health. In the second class, you'll learn how habits control our health, and how to create new, healthy ones and let go of the unhealthy ones. You'll learn how your mindset can transform your health and how mindfulness, healthy habits, and a simple morning routine will make your healthy living goals feel effortless and make them last.

**Two-week session / \$35** NEW!

Th, Jan. 14-21      6:30-8pm      Karen Aerts  
LIVE Online via WebEx



**LOSE WEIGHT AND KEEP IT OFF**

Do you want to lose weight and keep it off? In this comprehensive course, you'll discover how to establish a healthy approach to weight loss and weight maintenance. You'll master how to set and achieve weight-loss and weight-maintenance goals that make sense for you. By the end of this course, you'll know how to set appropriate and effective goals for eating, exercise, and many other elements that affect your weight. You'll have the skills you need to be on your way to losing weight and keeping it off for good.

**Six-week session / \$119**

Sessions start Mar. 17 and Apr. 14      Donna Acosta  
Online through our educational partner provider ed2Go

**Join Jennifer Belesi, Precision Nutrition Level 1**  
Certified in Exercise Nutrition for a comprehensive course on Macros.



**MACROS 101: WHAT ARE THEY AND HOW DO I COUNT THEM?**

This class will explain step-by-step how you can use the power of macro counting to lose weight and keep it off. Macro counting is a sustainable way to lose weight without cutting out the foods you love by helping you to make smart, healthy food choices and feel good about eating. You will learn about the nutritional composition of your food, which will help you pay more attention to how you are fueling your body and how your body reacts. Join Jennifer in this friendly, informative class where you can discover how to transform your body by harnessing the power of macro counting.

**One session / \$35** NEW!

Tu, Jan. 19      6:30-8pm      Jennifer Belesi  
LIVE Online via WebEx



**TAI CHI FOR BEGINNERS**

This is a great introduction to tai chi. You will get all of the fundamentals with this easy to learn short set of moves appropriate for people of all ages and fitness levels. The slow gentle movements are ideal for building strength no matter what your previous activity level. The emphasis on breathing, posture, and a relaxed mental focus can be beneficial to practitioners at all abilities. Be assured that most people face a bit of a learning curve when they begin tai chi classes, but this focus on new and unfamiliar movement is also why tai chi has so many benefits for both the mind and the body.

**Eight-week session / \$139** NEW!

Th, Apr. 1-May 20      6:30-7:30pm      Ralph Dehner  
In-person at VPC Campus

## FITNESS & HEALTH

*The Fitness Flex Pass gives you flexibility to attend classes when you want. Only pay for what you will use. (Please note that passes may not be carried over into another term.)*

### Six-week Flex Pass / \$49

### Twelve-week Flex Pass / \$79 BIGGEST SAVINGS!



#### **ZUMBA® TONING**

Zumba® Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba® moves to create a calorie-torching, strength-training dance fitness-party. You will learn how to use light weights (1-2 pounds) to tone all your target zones, including arms, abs, glutes and thighs. Sculpt your body naturally while having a total blast. Bring 1-2 pound dumbbells, a mat for floor work, and wear supportive aerobic shoes. We encourage you to enroll through our Fitness Flex (12-Class) Pass or our Fitness Flex (6-Class) Pass.

#### **Twelve-week session / \$79**

Tu, Jan. 12-Mar. 30      5:35-6:35pm      Pat Woellert  
LIVE Online via WebEx

#### **ZUMBA® FITNESS**

This unique workout is a "feel-happy" approach to fitness. Its high energy, motivating music and rhythms are a fusion of Latin and International dance themes. Great for the body and great for the mind, this workout combines fast and slow rhythms designed to sculpt the body, burn calories and fat, and tone you up. Bring a floor mat and wear supportive aerobic shoes. We encourage you to enroll through our Fitness Flex (12-Class) Pass or our Fitness Flex (6-Class) Pass.

#### **Twelve-week session / \$79**

W, Jan. 13-Mar. 31      5:35-6:35pm      Pat Woellert  
LIVE Online via WebEx

#### **BOOT CAMP LITE**

No fear here - you can do it! This kinder, gentler boot camp is designed to improve your cardiovascular endurance, muscular strength, balance, and flexibility with fun, easy-to-follow drills. Bring a pair of hand held weights suitable to your fitness level, a mat for floor work, and supportive aerobic shoes. We encourage you to enroll through our Fitness Flex (12-Class) Pass or our Fitness Flex (6-Class) Pass.

#### **Twelve-week session / \$79**

Th, Jan. 14-Apr. 1      5:35-6:35pm      Pat Woellert  
LIVE Online via WebEx



#### **ACE PERSONAL TRAINING CERTIFICATE**

This course is designed to give students the knowledge and understanding necessary to prepare for the ACE Personal Trainer Certification Exam and become effective personal trainers. The program presents a client-centered approach to personal training that features the ACE Integrated Fitness Training® (ACE IFT®) Model as a comprehensive system for designing individualized programs based on each client's unique health, fitness, and performance goals and the ACE Mover Method™ philosophy for empowering clients to make behavioral changes to improve their health, fitness, and overall quality of life. You will learn to design exercise programs that help clients improve posture, movement, flexibility, balance, core function, cardiorespiratory fitness, and muscular fitness.

#### **Eight-week session / \$449**

Session starts 3rd week of each month      Julie Buchanan  
Online. Register at [uc.edu/ce](http://uc.edu/ce) "Business & Career Training"



#### **ACE GROUP TRAINING CERTIFICATE**

This course is designed to provide theoretical knowledge and practical skills in preparation for a national certification exam in group fitness instruction. Topics include guidelines for instructing safe, effective, and purposeful exercise, essentials of the instructor-participant relationship, principles of motivation to encourage adherence in the group fitness setting, effective instructor-to-participant communication techniques, methods for enhancing group leadership, and the group fitness instructor's (GFI's) professional role.

#### **Eight-week session / \$359**

Session starts 3rd week of each month      Julie Buchanan  
Online. Register at [uc.edu/ce](http://uc.edu/ce) "Business & Career Training"

*A great class for parents and teachers.*



**SEX, GENDER AND WHY THE DISTINCTION MATTERS**

Individuals express their identities in many different ways through their dress, behavior, mannerisms, and communication style in a way that feels right for them. Our understanding of identity and gender is always changing. This introductory course delves deep into topics related to gender identity and expression to provide valuable insights to help us navigate our social landscape with greater sensitivity. Participants will gain a better understanding of trans identity and the challenges individuals from these communities face. We will also cover the resources available and strategies for becoming an increasingly supportive ally.

**Two-week session / \$49** **NEW!**

M, Mar. 15-22      6:30-8:30pm      Alandis Johnson  
In-person at VPC Campus

**NATURE-BASED EARLY CHILDHOOD APPROACHES**

This course is beneficial to parents and educators in understanding the core values and benefits of building children's resiliency and social-emotional health through nature. Research indicates that a push for academics at an earlier and earlier age may be harmful to young learners. Programs that allow for a natural developmental approach emphasizing social-emotional health and appropriate physical challenges can build a better foundation for early development. Exposure to nature and observing without judgment are key elements to building confident children who perform better academically in the classroom with a strong foundation for continued learning.

**Two-week session / \$69** **NEW!**

W, Feb. 3-10      6-8pm      Jason Hamzy  
LIVE Online via WebEx



**ASTROLOGY 101**

Learn how to create your own birth chart, a horoscope based on your moment of birth, and explore what it means. In this class, you will learn about the history of Western astrology and how it has changed over time, you'll use simplified methods to cast your own horoscope, and explore what insights the positions of the planets and stars in the sky at the time of your birth provide. Please bring a pen and pencil to write with, extra paper to jot down notes, and your date, time, and location of birth (the more accurate the birth info, the more accurate your horoscope).

**One session / \$29**

Th, Jan. 21      6:30-8:30pm      Alisa Strauss  
In-person at VPC Campus

**FORTUNE TELLING**

Learn about how anthropologists categorize the wide variety of fortune-telling (divination) techniques used around the world and discuss examples from a wide range of cultures, both past, and present. After looking at the many ways that one can accomplish an act of divination, we will then put our knowledge into practice by learning how to use at least two fortune-telling methods (tarot and runes).

**One session / \$29**

Th, Jan. 28      6:30-8:30pm      Alisa Strauss  
Plus \$25 for new Tarot cards and runes payable to instructor in class.  
In-person at VPC Campus

## PERSONAL DEVELOPMENT

### SELF-DISCOVERY THROUGH THE ENNEAGRAM: INTRODUCTION

Understanding the Enneagram increases emotional and social intelligence, two of the most important predictors of success and happiness. It is a great aid in self-understanding and seeing our habits of thinking, feeling, and behaving as well as the underlying motivation. As we become more aware through self-observation, we are better able to make empowered conscious choices.

Learn how the Enneagram symbol describes nine distinct but inter-related personality types, and shows nine ways of seeing and experiencing the world as well as the relationships between personality and psychological development. It explains underlying motivations, and illuminates strengths and weaknesses in navigating life and relating to others.

#### Three-week session / \$79

Tu, Mar. 16-30 6:30-8pm Ron Esposito  
In-person at VPC Campus



### THE ENNEAGRAM PART II: WINGS AND DYNAMIC MOVEMENTS

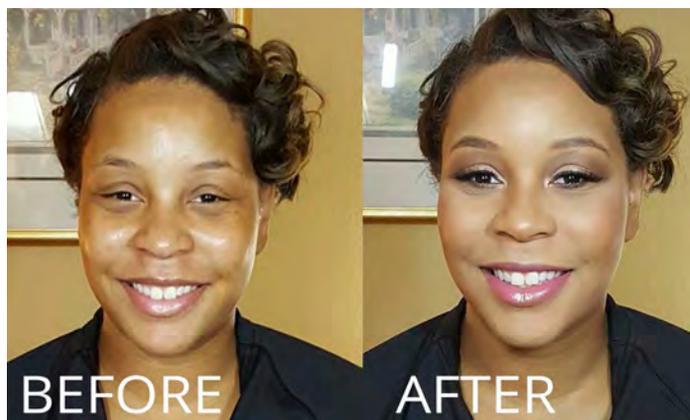
"Are we just one personality type?" is a common question in Enneagram workshops. The answer is both "yes and no!" The Enneagram is a dynamic system, meaning that we are not limited to just one point on the diagram; we often move around to other Enneagram points depending on our needs and circumstances. While we keep our basic personality type as "home base," we also spend time visiting and inhabiting other personality types. However, this is not a random process. The Enneagram diagram itself indicates the patterns or pathways that each personality type tends to follow. This course is open to anyone with a basic understanding of the Enneagram.

#### Three-week session / \$79 **NEW!**

Tu, Apr. 13-27 6:30-8pm Ron Esposito  
In-person at VPC Campus

#### PLEASE NOTE

**Keeping you safe.** Classes held on campus will adhere to the guidelines from the university for social distancing and mask wearing. Please call us if you have any questions: 513-556-6932.



### ESSENTIAL MAKEUP SKILLS: MASTERCLASS

In this comprehensive class you will learn about different types of makeup products and their uses, how to choose the right products for your skin type and tone, and the proper makeup brushes and tools to use. You'll learn how to confidently apply a basic daytime look and how to convert it to a glamorous evening look in just a few steps—without the sales pitch and the very public department store environment. Find out what your makeup will do for you, what basics you really need, how to select and purchase makeup, and how to handle some of the tools. Explore daytime and evening looks, how to minimize flaws, and how to take care of your skin.

#### Two-week session / \$75

Th, Apr. 6-13 6:30-8:30pm Erica Strayhorn  
In-person at VPC Campus



### HELPING ELDERLY PARENTS

Are your parents in their golden years? Learning how to help parents or other loved ones through their transition can prepare you for your own. This compassionate and comprehensive class will give you the tools, techniques, and insights for this passage. You'll understand the impact of retirement, learn how to choose a nursing home, and be prepared to deal with death. You'll learn about financial and legal considerations, health issues, and family interpersonal relationships. You'll be introduced to special communication skills, observation methods, and coping mechanisms to ease the burden for everyone involved. You'll learn how to handle most of the challenges you will face while coming to appreciate and cherish the privilege of the journey.

#### Six-week session / \$119

Sessions start Mar. 17 and Apr. 14 Steve Alcorn  
Online through our educational partner provider ed2Go

*Want to improve your image? Enjoy personal and business etiquette training with image consultant Nanci Glendening.*



**BUSINESS AND SOCIAL DINING ETIQUETTE**

Knowing how to conduct yourself over the table provides a tremendous advantage throughout life. Learn to be comfortable in any dining situation, whether formal, informal, business or social. Join Nanci Glendening as you polish your table manners in an enjoyable, private setting. Topics include: navigating the table; the silent service code; forms of service; and the five most common dining mistakes. From “How do I eat this?” to “Faux Pas Recovery 101,” we’ll have fun while learning some important lessons in this unforgettable class!

**One session / \$29**

Tu, Jan. 26                      6-8pm                      Nanci Glendening  
In-person at VPC Campus

**CIVILITY & SOCIAL GRACE**

Today’s life has many gray areas. Have you ever been unsure of the right thing to do or say in an awkward or unfamiliar situation? Do you become anxious just thinking about meeting and making conversation with new acquaintances? This enjoyable class will help polish your manners and social skills to become more comfortable and confident in social and business situations. In this live workshop, we will focus on etiquette, communication, civility, and entertaining. Nanci makes it simple, practical, and current.

**One session / \$29**

Tu, Jan. 19                      6-8pm                      Nanci Glendening  
LIVE Online via WebEx

**VISUAL POISE: HOW TO PRESENT YOURSELF**

The secret to high caliber presence is comportment—the foundation on which all good looks depend. It broadcasts your background and self-esteem. How you carry yourself tells the world about you, the company you represent, and the product or service you are selling. When you stand, walk, and move smoothly, you look more attractive. Your body looks its best, clothes fit better, and you seem more intelligent and energetic. Good posture makes you appear healthy and happy. In this two-hour workshop, we will focus on the principles of superb comportment, body language, facial expressions, and mannerisms.

**One session / \$29**

Tu, Feb. 2                      6-8pm                      Nanci Glendening  
In-person at VPC Campus



**FINDING YOUR BEST COLORS**

Achieve that healthy, well-coordinated, and polished look by wearing the colors that help you appear at your best. Using color correctly you can present yourself with confidence looking successful and well-coordinated. The wrong colors can make you look tired, dull, and even older. Color choice goes beyond appearance and can be revealing of your self-esteem and sense of taste. This class will help identify your most becoming colors for clothing, accessories, makeup, and hair. You will leave class with a personal color palette that fits your lifestyle and makes you look and feel your best. This class is appropriate for women and men.

**One session / \$29**

**NEW!**

Tu, Feb. 23                      6-8pm                      Nanci Glendening  
In-person at VPC Campus

**WHAT TO WEAR: HOW TO DRESS WITH STYLE**

From wardrobe planning and accessorizing to discovering your best colors and most flattering styles, find out how you can achieve that “put together” look. This class will provide professional guidance on personal appearance and polish. You’ll learn about image killers, and do’s and don’ts to help you achieve the right look to boost your confidence in social and business settings.

**HOW TO DRESS WITH STYLE FOR MEN**

**One session / \$29**

Tu, Feb. 9                      6-8pm                      Nanci Glendening  
In-person at VPC Campus

**HOW TO DRESS WITH STYLE FOR WOMEN**

**One session / \$29**

Tu, Feb. 16                      6-8pm                      Nanci Glendening  
In-person at VPC Campus

**ABOUT THE INSTRUCTOR**

Nanci Glendening is co-founder and past president of the Association of Image Consultants International OH-PA Chapter. She has conducted appearance and etiquette programs for all types of organizations. Nanci has also modeled in Miami, FL and is a former Miss Cincinnati USA.

## MUSIC & DANCE

*Kevin Topmiller earned his Masters of Music degree in classical guitar performance with UC's College-Conservatory of Music. He is an active performer and excellent music instructor our students have enjoyed taking lessons from for many semesters.*



**What to bring to guitar classes:** Bring your guitar and the text "The FJH Young Beginner Guitar Method: Lesson Book 1 G1016" available from online booksellers. (CD not required.)

### **GUITAR FOR BEGINNERS**

Explore varying styles of music as you conquer the fundamentals of guitar technique, reading music, and chord study in a group setting. Increase your enjoyment of playing as you establish proper playing techniques. Bring an acoustic (not electric) guitar to all classes and find out that anyone can read music and anyone can play!

#### **Six-week session / \$129**

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M, Jan. 25-Mar. 1	6-7pm	Kevin Topmiller
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In-person at VPC Campus

### **INTERMEDIATE GUITAR**

This class is a continuation of our Guitar for Beginners where you will build upon your fundamentals of guitar technique, reading music, and chord study in a group setting. Interestingly, the majority of students are stuck at a beginner level no matter how hard they try, while there is a small minority of people who actually make it past the intermediate level. In this class, we can help you become an advanced player!

#### **Six-week session / \$159**

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M, Mar. 8-Apr. 12	6-7pm	Kevin Topmiller
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In-person at VPC Campus

### **UKULELE FOR BEGINNERS**

Ukuleles aren't just for luau's! After mastering the fundamentals (tuning, holding, and finger placement), we'll focus on really getting comfortable with your instrument. Watch, listen and play along as you build on the basics of chords, strumming, playing up the neck, and trying out some variations and tempos. No musical experience is needed. Bring your ukulele, and let's make some music.

#### **Six-week session / \$129**

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M, Jan. 25-Mar. 1	7:15-8:15pm	Kevin Topmiller
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In-person at VPC Campus

Please bring your soprano, concert, or tenor ukulele (no baritone), plus the text "Hal Leonard Ukulele Method Book 1" with audio CD.



**Register early for Piano classes!** Class size is limited to five people, held in-person at state-of-the-art Mary Emery Hall at the College-Conservatory of Music at UC, Room 5205.

Both classes will use the text "Musical Moments, Book One," available from online booksellers. If you're unsure which level to sign up for, please contact the instructor through the Conservatory of Music office at 513-556-6638.

### **PIANO BASICS I**

Using the "Musical Moments, Book One," we will learn to read music and play by chords. No previous musical experience is needed, and your success will be facilitated by the comfortable pacing and logical sequencing of the materials. You will practice on a piano with headphones in our state-of-the-art music room. You will also progress with the aid of some home practice, but we understand that you are busy—this is a guilt-free class to enjoy—and you may repeat it as many times as desired.

#### **2 Five-week sessions (choose one) / \$129**

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<a href="#">Tu, Feb. 9-Mar. 9</a>	<a href="#">7-8pm</a>	Hye-Eun Suh & Grace Eunhye Lee
<a href="#">Tu, Mar. 23-Apr. 20</a>	<a href="#">7-8pm</a>	Hye-Eun Suh & Grace Eunhye Lee

### **PIANO BASICS II**

We will continue and finish the "Musical Moments, Book One," supplementing additional pop chord charts and reading. You will practice on a piano with headphones in our state-of-the-art music room. You will also progress with the aid of some home practice, but we understand that you are busy—this is a guilt-free class to enjoy—and you may repeat it as many times as desired.

#### **2 Five-week sessions (choose one) / \$129**

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<a href="#">Tu, Feb. 9-Mar. 9</a>	<a href="#">7-8pm</a>	Hye-Eun Suh & Grace Eunhye Lee
<a href="#">Tu, Mar. 23-Apr. 20</a>	<a href="#">7-8pm</a>	Hye-Eun Suh & Grace Eunhye Lee

### **ABOUT THE INSTRUCTORS**

Hye-Eun Suh, teacher, and performer of piano is affiliated with the University of Cincinnati College-Conservatory of Music and is trained in Recreational Music Making.

Grace Eunhye Lee is pursuing her doctorate at the University of Cincinnati. She has expanded her teaching career as well as performance and continues to build her collaborative skills as a chamber musician and accompanist for vocalists and instrumentalists.

## PLEASE NOTE

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### SHAPE UP WITH BELLY DANCE

Dance your way into shape with this captivating combo of low impact exercise and natural dance that celebrates the personal beauty of all women of all sizes, all ages. These stretching and swaying movements, electrifying shimmies, and flowing arms are rooted in thousands of years of feminine history. Belly dance promotes flexibility, strength and grace; it helps you unwind and inspires a positive attitude. Learn authentic steps, correct techniques and appealing dance routines. From your fingertips to your toes, and from your head to your heart, this dance will draw you in.

#### Six-week session / \$79

M, Feb. 8-Mar. 15 6:45-7:45pm Nanci Glendening  
In-person at VPC Campus



### THE SOCIAL DANCE OF ARGENTINE TANGO

Learn the basics of Argentine tango as it is danced in Buenos Aires. In this class, you will learn the embrace, the walk, the foundational figures of tango, how to navigate the social dance floor, as well as the codes of the dance. You will also learn about the traditional music of Argentine tango: the beat, the instruments, and the great orchestras. And for our last class, we will create a milonga (the place where dancers dance) that emulates what you would find if you went out dancing in Buenos Aires.

#### Eight-week session / \$129 **NEW!**

W, Mar. 24-May 12 7-8:30pm Michael Wizer  
In-person at VPC Campus



### SOCIAL SWING DANCE WORKSHOP

Looking for a fun time while learning America's favorite dance? Swing is it, baby! Starting with basics and working our way up, we can help you with dance fundamentals (i.e., lead/follow, timing, patterns, etc.) and showing your style on any dance floor. Anyone can dance, and we can show you how. Open to singles and couples. Wear anything comfortable to move in and be ready to have fun!

#### Five-week session / \$119

Fri, Apr. 2-30 6:30-7:30pm Susan Jacob  
In-person at VPC Campus

### BALLROOM BLITZ

Find out how much fun ballroom dancing can be! If you hear the words "ballroom dance," and start feeling anxious, this is the class for you. We will start with basic Ballroom Dance steps of Fox Trot, Tango, and Waltz, then continue with the fundamentals of dance (patterns, timing, lead/follow). By the end of the course, you will discover not only how much fun dancing can be, but also reap the many benefits dance offers, including stress relief, mind and body stimulation, and more opportunities for social activities.

#### Five-week session / \$119

Fri, Apr. 2-30 7:45-8:45pm Susan Jacob  
In-person at VPC Campus



### KASHLAMAR TURKISH BELLY DANCING

Kashlamar is a lively 9/8 Turkish rhythm that inspires an energetic and happy dance! The dance steps are exciting with a slight bounce. As a side benefit, it burns calories! Our class will familiarize you with the rhythm, using finger cymbals (not required), the best choice of steps to keep it interesting, and we will put a routine together.

#### Six-week session / \$79 **NEW!**

Tu, Mar. 23-Apr. 26 6:45-7:45pm Nanci Glendening  
In-person at VPC Campus

## HOME & GARDEN

*Simplify your home and clear your head* with these two informative classes from Alandis Johnson, Ph.D.



### **MINIMIZING, DECLUTTERING AND ORGANIZING YOUR HOME**

*Simplify your home. Simplify your life! Learn how to evaluate and make decisions to minimize, declutter, and organize your space with local expert Alandis Johnson, Ph.D. By the end of the course, you will have new skills and insight to reclaim your intentionality regarding all that “stuff” that overwhelms the typical person. You will look at your possessions in a new way, keeping and using only the ones that better enhance and nurture your life.*

#### **Two-week session / \$49**

M, Feb. 1-8                      6:30-8pm                      Alandis Johnson  
LIVE Online via WebEx



### **TRANSITIONING YOUR HOME TO ZERO-WASTE**

*Reduce. Reuse. Recycle. Refuse. Rot. While producing zero trash is not currently possible in this global, linear economy, we will cover feasible steps and swaps you can make to reduce your carbon footprint, reduce your plastic consumption, and help you be more sustainable. This course will look at aspects of your home including your kitchen, your bathroom, and your consumption patterns to identify ways that you personally can reduce your impact on the planet. We will also talk about the basics of composting.*

#### **Four-week session / \$89 NEW!**

Th, Jan. 21-Feb. 11                      7-8pm                      Alandis Johnson  
In-person at VPC Campus



### **SELLING YOUR HOME FAST & FOR TOP DOLLAR**

*Invest over 2 hours in learning the ins and outs of how to sell your home and the returns could be enormous. Find out the key points of pricing, marketing, and showing your home to maximum advantage. Learn critical information about state requirements, inspections, documentation and financing. If you do consider listing with an agent, how do you interview and select one? And what's the #1 most common mistake in selling a house? Come and find out!*

#### **One session / \$35**

Tu, Mar. 9                                      6-9pm                                      Gary Rossignol  
In-person at VPC Campus



### **THE KEYS TO HOME OWNERSHIP: FROM START TO FINISH**

*Join three local experts as they walk you through the steps of purchasing a home and how to avoid costly mistakes. During this fact-filled workshop, you will explore essential topics, like how to find the right home and for a price that you can afford, how to navigate financing, “ins” and “outs” of contracts, loan closing procedures, and the fundamentals of the whole house inspection.*

*This class is strictly educational. Products and services will not be sold to you.*

#### **Two-week session / \$45**

Tu, Feb. 16-23                                      6:30-8:30pm                                      Gary Rossignol  
In-person at VPC Campus



**INDIAN COOKING WITH CHEF LAKSHMI**

Learn to cook the simple and nourishing comfort food of Southern India in this lively cooking class with Chef Lakshmi Prasad, owner of “Baby Daal.” Lakshmi will provide a step-by-step demonstration to create Daal, a hearty lentil stew infused with Indian spices, and a tasty Palya (vegetable side dish). In India, each household has its own specific way of preparing and enjoying Daal, and you get to learn her unique take on it! Lakshmi believes that food is more than nourishment and taste—food is a lifestyle—a dynamic amalgamation of culture, ecology, creativity, and community. Enjoy the warmth of her cooking you can prepare and enjoy at home.

**One session / \$39**

Su, Feb. 7                      4-5:30 PM                      Lakshmi Prasad  
LIVE Online via WebEx



**ON-SCREEN CINCINNATI: RENTING YOUR PROPERTY TO PRODUCERS**

A veteran feature film and documentary producer offers first-hand advice on how to star your home or business in a commercial or movie. Learn industry standards and practices for location use, rates, insurance and what to expect from industry professionals in search of realistic locations in greater Cincinnati. While on your property producers, their crews and talent adhere to strict protocols that include professional cleaning and sanitation before, during and after filming wraps in homes/neighborhoods, businesses and municipal buildings.

**One session / \$35** NEW!

Th, Feb. 18                      6:30-8:30pm                      Chris Hilsabeck  
In-person at VPC Campus

*Lunchtime class* with registered dietitian Kayla Hannsman to help you make trips to the grocery store work for your lifestyle!



**VIRTUAL GROCERY STORE TRIP**

Simply put, healthy eating starts in the grocery store! What we put in our carts will likely (hopefully) end up on our plates in the coming days and the goal is to maximize the nutrition and eliminate some of the ‘extras’. But have you ever felt lost and confused while navigating the grocery store and wonder what you should be looking for in each of the aisles? Registered dietitian, Kayla Hannsman, will take you on a virtual tour to discuss each section, strategies for buying on a budget, brands and products that are valued, as well as deciphering the nutrition facts label.

**One session / \$25** NEW!

F, Feb. 11                      12-1pm                      Kayla Hannsman  
LIVE Online via WebEx



**MEATLESS MEAL PREP: TAKING THE TIME FOR TOFU, TEMPEH AND MORE!**

Going “meatless” is now trendy every day of the week! Have you ever thought about incorporating more plant-based meals but don’t have the first idea where to begin? It can be difficult to navigate the different types of products and cooking techniques to allow the nutrition and flavor in these products to shine! We’ll go through the basics of selection on these foods, how to incorporate them into sweet and savory dishes as well as prepare a few dishes to give participants a “taste” at those creations.

**One session / \$35** NEW!

M, Jan. 25                      4-7pm                      Kayla Hannsman  
LIVE Online via WebEx



All classes are held at Sharon Woods Golf Course located at 11355 Swing Rd., Cincinnati, OH 45241. Lessons are taught by PGA professional instructors. There is a \$10 ball fee payable at the first class. Please bring your own clubs if you can; if not, equipment will be provided. **Register early! Classes fill up fast and class size is limited.**

**GET GOLF READY I**

Don't want to be left out of the golf outing again this year? Just want to feel more at ease playing with friends? This class is designed to prepare new or beginner golfers to feel comfortable with the fundamentals of the game. Topics will include putting, chipping, pitching, and the full swing with irons and woods. We will also cover basic rules and etiquette with one on-course playing class to make you more confident in taking your game to the golf course.

**Five-week session / \$110 each**

Sat, Apr. 3-May 1                    10:45-11:45am  
 W, Apr. 7-May 5                    5:15-6:15pm

**GET GOLF READY II**

Instruction will focus on refinement of strokes and strategy in the areas of driving, long and short iron play, and putting. It is designed for golfers beyond the beginner level who want to improve their game.

**Five-week session / \$110**

Th, Apr. 8- May 6                    6:45-7:45pm

**GET GOLF READY III**

This class is designed for intermediate golfers that have been through our beginners or intermediate golf sessions. The golf pro and our instructor will let you choose five areas to improve upon and will utilize video analysis.

**Five-week session / \$110**

M, Apr. 5-May 3                    6:45-7:45pm

**GOLF FORE WOMEN**

These beginner ladies-only classes are designed to give you the skills and knowledge to play the game with your friends while making new friends. Golf Fore Women will give you the comfort of learning this difficult game in a low-pressure fun atmosphere! Topics include etiquette, short game, and the full swing.

**Five-week session / \$110 each**

Sat, Apr. 3-May 1                    1-2pm  
 M, Apr. 5-May 3                    5:15-6:15pm





### **MOBILITY AND STRENGTH FOR GOLFERS**

In this course, Coach Milt will apply the foundations as taught by the Titleist Performance Institute to increase your strength and mobility so you can enjoy pain-free, injury-free golf, or other athletics. Golf and the majority of sports require a strong lower body and the ability to transfer that power through your arms to the golf ball. Strength exercises, combined with mobility drills, work your muscles, tendons, and joints through an entire range of motion to help manage imbalances in the body and reduce the risk of injury while making your golf swing more efficient. Coach Milt believes this, too, applies to a variety of other sports as well as to daily life. You will learn an effective warm-up and exercises you can practice at home. After taking this class, you will have greater potential to enjoy an improved playing experience!

Three-week session / \$129 **NEW!**

Th, Jan.21-Feb. 4 6:45-8pm Milt Staderman  
In-person at VPC Campus

*We'll be back in the Spring!* Register early! Classes fill up fast and class size is limited.

# EHI

Eastern Hills Indoor Tennis  
669 Wilmer Ave.  
Cincinnati, OH 45226

Tennis is an enjoyable way to get in shape and stay in shape, and playable all-year-round.

Our classes are held at Eastern Hills Indoor Tennis Center taught by the pro staff who have extensive experience playing and teaching.



### **TENNIS FOR BEGINNERS**

Get in shape with tennis! Work on hand-eye coordination, racquet skills, basic strokes, and scoring. This experience is designed for the player who has played some tennis but needs instruction on basic techniques or is learning to keep the ball in play but needs to improve court positioning and consistency.

Six-week session / \$139

Sun, Apr. 18-May 23 3-4:30pm Chris Pray  
Check-in at the front desk.

### **TENNIS FOR INTERMEDIATES**

This is an enjoyable way to get in shape and stay in shape! You are ready for this experience if you have had some previous instruction or if you can hit ground strokes and serves in play from the baseline with reasonable success. You'll have the chance to work on strokes with movement, rally skills, over-heads, and volleys. And for those who are ready, you may practice getting that first serve in, adding spin, net play, strategy, and control.

Six-week session / \$139

Sun, Apr. 18-May 23 4:30-6pm Chris Pray

### **PLEASE NOTE**

*Keeping you safe.* Classes held on campus will adhere to the guidelines from the university for social distancing and mask wearing. Please call us if you have any questions: 513-556-6932.

Help us to keep our  
Community Education  
programs the best,  
**teach a class!**

SHARE YOUR HOBBIES,  
TALENTS AND SKILLS

We welcome the exploration  
of new ideas for courses that  
inspire and enrich our students!

**COMMUNIVERSITY**  
[uc.edu/ce/commu/apply\\_to\\_teach](http://uc.edu/ce/commu/apply_to_teach)

# PHOTOGRAPHY

## **BASIC PHOTOGRAPHY**

Today's digital cameras can seem overwhelmingly complex. In this course, we spend plenty of time discussing camera operation and how to take advantage of the features provided, but most importantly, we explore what makes a good photograph. Subjects such as composition, selective focus, exposure, and lighting combined with a better understanding of camera controls can open a whole new world of image-making. Each week includes appropriate assignments, and you will be encouraged to share your images with the class. Students of all skill levels are welcome. A DSLR or an advanced point and shoot camera are suggested. The class features interactive demos and a field trip (weather permitting).

**Six-week session / \$199**

Th, Mar. 4-Apr. 1      6-7:20pm      John Engelman  
In-person at VPC Campus

## **INTERMEDIATE PHOTOGRAPHY**

This course is designed for those who love to take pictures and want to enhance their skills. We will spend plenty of time discussing camera operation and how to take advantage of the features provided, but most importantly, we explore what makes a good photograph. Once you have a better idea of how a camera works, you can concentrate on what's in the frame. Subjects such as composition, selective focus, exposure, and lighting combined with a better understanding of camera controls can open a whole new world of image-making. Students should have basic experience taking pictures and have a camera with adjustable controls such as a DSLR, although those with advanced point and shoot cameras will also benefit from this course. The class features interactive demos and a field trip (weather permitting).

**Six-week session / \$199**

Th, Mar. 4-Apr. 1      7:30-8:50pm      John Engelman  
In-person at VPC Campus



## **ABOUT THE INSTRUCTOR**

John Engelman is a professional photographer specializing in commercial, portraiture, and fine art images.



## **SMARTPHONE PHOTOGRAPHY WORKSHOP**

Take amazing photos with your mobile device! If you love shooting, processing and sharing images with your mobile device, this class is guaranteed to up your game. Discover today's most powerful apps to correct, enhance and transform your photos.

In the first session, you will learn the basic principles of photography and creative techniques that you can apply to your mobile device. You'll get a better understanding of focus, exposure & light, and learn quick and easy tricks for taking portraits, action photos and more. In the second session, you will get familiar with the mobile photography tools and review the best apps for shooting, enhancing and editing photos.

Although the course is taught using a phone, everything you learn will benefit you throughout your entire photographic adventure! Bring your smartphone, and your ideas and let's get creating!

**Two-week session / \$49**

W, Feb. 3-10      6:30-8pm      Kyle Slaney  
In-person at VPC Campus

## **ADVANCED SMARTPHONE PHOTOGRAPHY WORKSHOP**

Move beyond basics and increase your ability to shoot and edit photos in this advanced class. We will dive deeper into the editing features of Adobe Lightroom and Photoshop Express on your smartphone. Topics covered will be developing the style, look, and mood of your photos, learning how to better organize your photo library, quick ways to edit multiple photos at one time, use of selective edits, and composite photos to create your own photo masterpiece. Your smartphone pictures will turn out better than you ever thought they could!

**Two-week session / \$49**

W, Mar. 24-31      6:30-8pm      Kyle Slaney  
In-person at VPC Campus

For required text for language classes, please refer to the course descriptions online.



### **INSTANT ITALIAN**

You'll be surprised by how quickly and easily you can learn many useful expressions in Italian! Essential words and phrases are written phonetically by using sounds that are familiar to you from English words. The audio feature lets you hear the words and phrases spoken aloud with just a click of your mouse. Short exercises are included with each lesson to help you reinforce what you've learned and gauge your progress. The exercises also give you immediate feedback—you'll know whether you answered correctly as soon as you finish. The class will also cover cultural notes, and gestures to help you better understand Italians and their way of life.

#### **Six-week session / \$119**

Sessions start Mar. 17 and Apr. 14 Robert Bertoldi  
Online through our educational partner provider ed2Go



### **BEGINNING CONVERSATIONAL FRENCH**

This course has been carefully crafted to ensure you will have no trouble pronouncing French words correctly. The first three lessons introduce the basics needed for most conversations in French, such as "please" and "thank you." You will also learn numbers, days of the week, months of the year, and telling time. The entire course is structured in this logical, systematic method. After the introduction and basic conversation lessons, you will learn common phrases used in travel, and further information on cultural tips and hand and body gestures.

#### **6-week session / \$119**

Sessions start Mar. 17 and Apr. 14 Sarah Hardin  
Online through our educational partner provider ed2Go



### **SPANISH FOR BEGINNERS**

This is a course designed to help students that need to learn the basics of Spanish in eight weeks. Students will learn common Spanish words and expressions that they will come across in everyday life. Some of the topics that will be covered are words/phrases needed while on vacation, ordering food, in a business meeting and having an emergency in a Spanish-speaking city. The course fee includes an E-book.

#### **Eight-week session / \$199**

Th, Jan. 21-Mar. 11 6-8pm Sandra Bazzani  
LIVE Online via WebEx

### **GERMAN FOR BEGINNERS**

Want to learn German but never knew where to start? Auf geht's! German is fun and easy to learn. You'll master the basics of the language by learning pronunciation, sentence structure, useful phrases, and cultural touchstones. By the end of the six weeks, you will be comfortable speaking the language and growing your skills naturally, whether you're in the classroom or traveling abroad. This course feeds into the German for Advanced Beginners course.

#### **Six-week session / \$189**

M, Feb. 1-Mar. 8 6-8pm Michael Burkel  
In-person at VPC Campus



### **GERMAN FOR ADVANCED BEGINNERS**

Already familiar with the basics of German or looking for a language refresher? Sehr gut! This course focuses on travel and expands upon the German for Beginners course by introducing more advanced phrases and vocabulary to allow you the freedom to create your own sentences. The course will explore cultural and linguistic differences between German-speaking countries and regions of Germany, so you'll be comfortable speaking the language wherever your travels take you!

#### **Six-week session / \$189**

M, Mar. 15-Apr. 19 6-8pm Michael Burkel  
In-person at VPC Campus

## COMMUNICATIONS & WRITING



### **ORGANIZE YOUR LIFE WITH BULLET JOURNALING**

Do you have multiple to-do lists? Can't seem to keep your tasks organized? Forget long-term goals as fast as you make them? Then, bullet journaling is for you! Part calendar, part to-do list, part journal, with organization and creativity woven throughout. Bullet journals feed your need to get organized with no artistic abilities required. This course is an introduction to the system, and you will leave with a fully functional 2021 bullet journal. Let's start the new year off right! Your first assignment will be to purchase a journal that is right for you AFTER your first class session.

#### **Four-week session / \$75**

Tu, Jan. 19-Feb. 9      6:30-8pm      Marci Walton  
LIVE Online via WebEx



### **WRITING YOUR MEMOIR WORKSHOP**

There are many reasons why you should write your life story. Memoirs are the stories of your life experiences and a wonderful way to pass along your legacy to your descendants. Or, you may want to remember a trip you took. Maybe yours is a journey of personal development and discovery, or you want to write the story of your expertise and establish yourself as a guru in your field. In this class, you will learn how to transform the events and facts of your life into something really interesting!

#### **Four-week session / \$99** **NEW!**

Tu, Mar. 2-23      6-8pm      Brian Meyers  
In-person at VPC Campus



### **THE UNIQUE ART OF HUMOR WRITING**

Humor is a wonder, and writing that brings smiles to the faces of your readers is a rewarding experience. In this workshop, you will learn the different ways humor is used to evoke emotions that are not always "knee-slapping funny," but add depth to your writing. We will explore how humor is a many-colored beast and help you to understand all the ways it can be used effectively.

#### **Two-week session / \$59**

Tu, Mar. 23-30      6-8pm      John Kachuba  
In-person at VPC Campus

### **CREATIVE WRITING FOR THE ABSOLUTE BEGINNER**

How often have you told yourself "I really should write that short story or that book," but you didn't know how to begin? This course will teach you everything you need to know to get you started writing. We will cover character, plot, setting and a range of skills and useful techniques designed specifically for the novice writer.

#### **Four-week session / \$99**

Th, Apr. 8-29      6-8pm      John Kachuba  
In-person at VPC Campus



### **EDITING IS FOR EVERYONE**

Whether you edit as part of your work or volunteer responsibilities or you want to make your own writing the best it can be, this course will give you the tools, techniques, resources, and hands-on experiences you need to understand the craft of editing and build your editing skills. You will learn the types of editing; what an editor does—and does not do, and how to adopt a reader-centric approach while protecting the author's style and voice. The class will also provide plenty of time for lively discussions.

#### **Four-week session / \$99**

W, Mar. 10-31      6-8pm      Janet Buening  
In-person at VPC Campus



Are you looking to learn a new job skill to advance your career or change careers completely?



**We offer courses to prepare you to earn your professional certificate and accelerate your move forward!**

- [Business Management](#)
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- [Google IT Support](#)
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- [Cybersecurity Bootcamps](#)
- [Microsoft Azure](#)
- [IT Fundamentals](#)
- [TIL® Framework](#)

## Business & Career and Information Technology Certificate Training

For more information, visit [uc.edu/ce](https://uc.edu/ce)



### **COMICS FOR BEGINNERS - HOW TO WRITE AND DRAW COMICS**

*In this fun class, you will explore the world of comics, illustration, and storytelling. You will learn how to write a basic creative fiction plot and develop characters for your story. You will also learn the technical drawing skills required to bring your own short comics to life, including layout, sketching, texting and borders, perspective, and background. By the end of the class, you will have the first sketch of your comics!*

Four-week session / \$89 **NEW!**

W, Feb. 24-Mar. 17      6-7:30pm      Anjali Alm-Basu  
LIVE Online via WebEx



### **VOICE OVER COACHING**

*Do you listen to your favorite audio books, commercials, or cartoon characters and think, "I could do that!" If so, then you could have what it takes to begin working as a professional Voice-over Artist. Explore the voice-over industry with a professional, working voice actor. Your instructor will record you as you read a real script, then offer you coaching. Check out the video at [voicesforall.com/ooo](https://voicesforall.com/ooo) to get a better sense of how the class works.*

One session / \$49

After you are registered, the instructor will contact you to set up your session time.  
LIVE Online

# SCIENCE & ADVENTURE



## **ORIENTEERING WITH MAP AND COMPASS**

Orienteering, often described as physical chess and “cunning running,” is an activity that can be a race or an easy trail-walk in the woods. It can be done competitively or for recreation where you casually use the map to follow trails that lead to designated markers, or run through brush and up steep hillsides where there are no well-defined trails. In this class, you will learn how to use a map and a compass to find hidden markers in a wooded area. We will also cover variations of the sport, including traveling on a bike or finding the markers in the dark. All that is required is an inexpensive compass and a map to have fun in this class!

**One session / \$35**

Sat, Mar. 13                      10am-2pm                      Gary Crouch  
*In-person at VPC Campus followed by a walk in Eden Park to practice what we've learned in class.*



Ed Schneider

## **WELCOME BACK BIRDS! SPRING FIELD ORNITHOLOGY**

Spring is a wonderful time to be outside seeing (and hearing) the amazing birdlife surrounding us. The course will involve an overview of the biology of birds and local bird identification. Our professional ornithologist has over 32 years of research in avian migration, and he will cover topics such as bird anatomy & physiology, evolution, relationships with other birds, ecology and conservation. You will explore bird biology predominately through interactive field labs to prepare you for new bird watching experiences.

**Four-week session / \$199**

Sat, Mar. 20-Apr. 10                      8am-2pm                      Ronald Canterbury  
**Locations:** UC Center for Field Studies, Miami Whitewater. Please bring binoculars and a notepad.



## **100 THINGS TO SEE IN THE NIGHT SKY**

Experience the wonder of our universe, as astronomer Dean Regas shares his best stories and images of the stars, planets, and what other amazing things you'll see in the night sky. Dean will share all his tips and tricks to identify the brightest stars and major constellations, as well as where to look for planets. Equipped with your astronomer's know-how, you can then head outside on your own to enjoy the brilliance of the evening skies.

**One session / \$29** **NEW!**

W, Feb. 24                      7-8pm                      Dean Regas  
*LIVE Online via WebEx*

January	February	March	April	May	June	July	August	September	October	November
<b>December</b>										
1	2	3	4	5	6	7	8	9	10	11
12	13	14	15	16	17	18	19	20	21	22
23	24	25	26	27	28	29	30	31		

## **THE COSMIC CALENDAR FROM THE BIG BANG TO NOW**

In this class, we will virtually explore outer space, learn about how humans are made of “star stuff,” and dive into scientists' best theories about the history of a Universe that is over 13 billion years old. You'll learn how the Universe, the Milky Way Galaxy, our Solar System, and Earth came to be using the Cosmic Calendar, popularized by the late Carl Sagan. This amazing calendar uses a year to represent the passage of time since the Big Bang.

**One session / \$29** **NEW!**

W, Mar. 24                      7-8pm                      Nicole Capella  
*LIVE Online via WebEx*



**WINTER TREE IDENTIFICATION AND HIKES**

This course provides an introduction on how to identify woody plants (trees, shrubs, and vines) during the wintertime, with an emphasis on plants growing wild in the Ohio area. Students will learn the plant anatomy and terminology to develop their plant identification skills. We will also cover the ecology of the plants discovered during our field trips. The book, "Woody Plants of Ohio," by E. Lucy Braun, and a hand lens (10X) would come in handy for this course.

**Four-week session / \$159**

Sat, Feb. 6-27 10am-1pm Denis Conover  
Locations: the class will meet at various locations to enjoy winter-time hikes, including Spring Grove Cemetery and Burnet Woods.



**GEOGRAPHY AND THE HUMAN LANDSCAPE**

How can geography help us understand the world and our place in it? Geography is the study of the Earth, and geographers explore the distribution and organization of people, places, innovations, ideas, and events across space and time. In particular, we are interested in the relationships and connections that form and evolve between each of these.

In this interactive class, we will focus on human geography—the world as it is and the world as it might be made to be by humans—with an emphasis on people: where they are, what they are like, how they interact over space, and what kinds of landscapes of human use (cultural, political, economic, environmental) they erect on the natural landscapes they occupy.

**Three-week session / \$49** **NEW!**

Th, Mar. 4-18 6:30-8pm Jeffrey Brewer  
In-person at VPC Campus



**SPRING WILDFLOWERS AND TREES OF OHIO**

This course provides an introduction to the diversity of the families of flowering plants, with an emphasis on plants growing wild in the Ohio and Indiana areas. Students will learn the plant anatomy and terminology to develop their plant identification skills. We will also cover the ecology of the plants discovered during our field trips.

**Four-week session / \$159**

Sat, April 3-24 10am-1pm Denis Conover  
Locations: the class will meet at various locations, including Spring Grove Cemetery, Burnet Woods, and Bender Mountain Preserve.



**GAME-BASED LEARNING: DISTANCE GAMIFICATION**

Distance Gamification is an online course designed for teachers, trainers, anyone faced with the challenge of engaging students from a social distance. You will learn how to implement game-based learning and gamification training strategies for student to "play" their way through resilience-boosting quests that include free films, readings, and online learning games. Self-paced, there will be periodic deadlines to ensure opportunities for discussion, collaboration, and feedback, including up to one hour of personal instructor support.

**Ten-week session/ \$149**

Choose start date, enroll when ready Jeremy Royster  
Online

## BUSINESS & FINANCE

Join business professor Kent Lutz in two information-packed classes to help you jumpstart a new career! Explore the choices of starting your own business or joining a franchise.



### FRANCHISING 101

Franchising is often the first step into business ownership by inexperienced owners, and it virtually includes almost every retail and wholesale product category. This business model helps reduce the risk associated with owning a small business. The application, opportunities, challenges, and implementation of the franchise model for growing and expanding existing businesses is an equally important part of franchising. This course will help you clearly understand the pros and cons of franchising. There will be an opportunity to hear directly from local franchise owners and franchise consultants on what it takes to be successful in a franchise business. You will also have the opportunity to research a franchise business of your choice and discuss your research.

Four-week session / \$189 **NEW!**

M, Mar. 1-22

6-8pm

Kent Lutz

LIVE Online via WebEx

### ENCORE ENTREPRENEURSHIP

The idea of starting your own business can be very intimidating, but many individuals between the ages of 50 and 65 do it every day. At the beginning of our careers it feels like we have so many expenses ahead of us with weddings, children, college, etc., but once all of that is behind you, it can be easier to take a risk, and perhaps more necessary. Many people find the thrill of being their own boss, an adventure they want to try out at least once in their life. With the right attitude and enough passion, encores can have a successful second career as an entrepreneur. The goal of this course is to help you determine if such a move is right for you, whether it's a for profit or non-profit business, as the need is great for both. We will hear firsthand from encore entrepreneurs who have started successful businesses and the many challenges they faced but were able to overcome.

Four-week session / \$189 **NEW!**

M, Feb. 1-22

6:30-8:30pm

Kent Lutz

LIVE Online via WebEx



*A financial advisor with a heart* is what Glynnis Reinhart is known as. She has been helping women and families to realize their financial goals with her friendly and informative approach.

### FINANCIAL STRATEGIES 101

Many people start a portfolio without professional advice. They don't coordinate their goals and don't know how to stay on track. Debt, inflation, procrastination and a lack of focus are symptoms of poor financial management that can derail the best of your intentions. Get started on smart financial management by setting goals, paying yourself first, keeping emergency reserves, and using company retirement plans.

One session / \$35

Tu, Mar. 16

6:30-8:30pm

Glynnis Reinhart

In-person at VPC Campus



**MANAGING PERSONAL FINANCE DURING A PRESIDENTIAL ELECTION**

*This year has been filled with so many uncertainties, not just due to the COVID-19 pandemic but also because of a divisive presidential election. If you are worried about how the outcome of the election may impact your investments, you are not alone. In this class, you will look at current, as well as the historical perspective of how presidential elections and other significant geopolitical and economic events may influence a market's direction. The class will cover basic financial investing principles and will concentrate on sound strategies that should be implemented so one can be financially successful irrespective of events beyond our control.*

**One session / \$35**

**NEW!**

W, Jan. 13 6:30-8:30pm Glynnis Reinhart  
LIVE Online via WebEx

**SECRETS TO WEALTH Postponed**

*Have you ever heard "how you do anything is how you do everything?" Well, it's true. Do you have balance in your life between the experiential side of money that allows you to live your life, take vacations, and buy things; and the linear that is financial foundations for long-term financial peace. This highly interactive program will help you understand the power of the personality you've adopted along your money journey. You'll gain insights into what automatic patterns help you attract money, what patterns deflect money and how to make small shifts to step into your financial freedom and create lasting wealth. By the end of the program, you'll be able to embrace your money personality in a way that empowers your financial freedom!*

**Five-week session / \$199**

**NEW!**

Tu, Jan. 19-Feb. 16 6-7:30pm Liz Kitchell  
LIVE Online



**IT'S YOUR FUNERAL! Canceled**

*Planning a funeral while grieving can be the most confusing and painful experience of your life. There are about 67 decisions that need to be made in a very short amount of time, and most of them are made within the first 24 hours. The most thoughtful and caring thing you can do for your loved ones is to pre-plan. This course will help you to understand the basic terms of the industry, and explore what options are available to you based on your state of residence. You'll discover how truly simple it is to pre-plan to avoid over-spending on a funeral. Plus, you will receive a free Pre-Planning Organizer to start your own plan and share it with your loved ones.*

**One session / \$35**

W, Mar. 3 6:30-8:30pm Linda Littman  
In-person at VPC Campus

**LANDLORD FUNDAMENTALS Postponed**

*This is a must-attend course if you are venturing into a rental enterprise or already a landlord. Those who are unaware of their responsibilities can find themselves with legal difficulties. In this course, a licensed attorney will guide you through basic principles and strategies for when things go as planned versus when they go sideways. Topics discussed will include fair housing laws, lease basics, and obligations of landlords and tenants. We will also review basic premises liability-when you are and are not liable; mechanics of evictions, issues specific to Cincinnati municipal law and Hamilton County tax abatement strategies. You will have the unique opportunity to discuss specific situations and lessons learned.*

**Two-week session / \$149**

**NEW!**

W, Jan. 20-27 6:30-8:30pm Michael Morgan  
In-person at VPC Campus



**SOCIAL MEDIA PERSONAL BRANDING**

Today's first impressions are formed online and critical for your professional development and job search. Career success is linked to how well you master digital branding. In this comprehensive class, you will learn how to use the right combination of social media and online tools to demonstrate what makes you great, stand out from the competition, and be on the radar of those who are making decisions about you. You will learn how to create the right impression with a digital brand that is congruent with who you are. Using an integrated social media strategy, you'll learn when to post and what platforms will work best for you to get your message right in this world of skim readers. We'll use a 360 assessment to learn what your brand is (from the outside in) - and then create your marketing magnet on LinkedIn and other social media.

**Six-week session / \$199** NEW!

Tu, Feb. 2-Mar. 9      7-9pm      Diane Kinsella  
LIVE Online via WebEx



**SOCIAL MEDIA FOR SMALL BUSINESS**

Do you know everything about your business, but not everything about social media? This course is for you! Learn how to use social media and be able to tell your story, grow your audience, and convert customers. We will cover 101-level platform best practices for Facebook, LinkedIn, Twitter, and Instagram. Measurement and social calendar templates included.

**Three-week session / \$99** NEW!

W, Feb. 17-Mar. 10      6:30-8pm      Ryan Wenstrup-Moore  
LIVE Online via WebEx



**College Readiness Test Prep**

**PSAT/SAT TEST PREP BOOTCAMP (SCHOLASTIC ASSESSMENT TEST)**

Gain confidence and make the most of your potential by studying strategies for taking the SAT and by reviewing topics covered by the SAT. You will learn specific techniques for taking the math, writing, and reading comprehension parts of the test. Discover how the test is structured, practical methods for solving each problem type, and what to expect. Acquire an arsenal of tools to help you succeed, including how to use a process of elimination, construct a well-defined essay on test day, plan your critical reading passage strategy, and decide how to handle the problem "to guess or not to guess."

This class is also beneficial for Juniors who are taking the PSAT in the Fall and are trying to earn National Merit status. The test material is the same (PSAT merely is not as long.)

**Three-week session / \$199**

Sun, Apr. 18-May 2      6-8:30pm      Emily Mulvey  
In-person at VPC Campus

**ACT TEST PREP (AMERICAN COLLEGE TESTING)**

In this intensive class, you'll build confidence and make the most of your potential by studying strategies for taking the ACT and by reviewing topics covered by the ACT (math, writing and reading comprehension). Learn a variety of test-taking methods and work with the instructor to adapt the ones that best suit your unique style and personal strengths. You'll get support for questions and concerns, and lots of concrete examples. Discover approaches to increase your odds on each item type, how to use a process of elimination, construct a well-defined essay (optional) on this test, plan your critical reading passage strategy, and learn when it's good to guess.

**3 Three-week sessions / (choose one) \$199 each**

[Sun, Jan. 17-31](#)      6-8:30pm      Emily Mulvey  
[Sun, Feb. 7-21](#)      6-8:30pm      Emily Mulvey  
[Sun, Mar. 28-Apr. 11](#)      6-8:30pm      Emily Mulvey  
In-person at VPC Campus



## Graduate School and Law School Test Prep

### **GRE INTERACTIVE ONLINE PREPARATION**

If you're planning to apply to graduate school, you'll likely have to take the GRE. Be prepared to excel on the exam while learning from the comfort of your home. Attend two classes a week for a total of 3 hours of weekly live instruction with our expert instructors. This is a comprehensive course which includes reading comprehension, sentence equivalence questions, quantitative comparison and reasoning and data integration. You will also gain pointers on time management, anxiety relief, scoring, and evaluate your writing to improve your GRE score.

#### **Four-week session / \$399**

See our website for class dates  
LIVE Online via Canvas

Mary Carroll  
and Tim Hicks

### **GMAT (GRADUATE MANAGEMENT ADMISSION TEST)**

Applying to graduate business and management schools usually means taking the GMAT (Graduate Management Admission Test). This course will provide you with test-taking techniques and methods for improving your score and saving time on all GMAT question types. You'll review the more familiar questions and learn how to approach question types that may be new to you. You will practice on actual GMAT tests from previous years, which is the best way to prepare for any standardized test.

#### **Four-week session / \$399**

See our website for class dates  
LIVE Online via Canvas

Mary Carroll  
and Tim Hicks

### **LSAT (LAW SCHOOL ADMISSIONS TEST)**

The keys to success on the Law School Admission Test are practice, strategy, and timing. Delve into a detailed analysis of each LSAT problem type: reading comprehension, analytical reasoning, and logical reasoning. By discussing the problems and explanations, you'll develop the ability to approach the LSAT as a series of intellectual games to which you can apply strategies studied in class. You will also benefit from the instructor's critique of your LSAT writing samples. The course culminates in a full-length mock exam.

#### **2 Four-week sessions / \$299**

See our website for class dates and instructor  
LIVE Online via Canvas



### **TOEFL IBT (TEST OF ENGLISH LANGUAGE AS A FOREIGN LANGUAGE)**

The Test of English as a Foreign Language (TOEFL) is used to measure English language proficiency. It is the most accepted test in the world; and Internet-based testing has made it even more accessible. This course will help you prepare to take the TOEFL as you focus on the main features of the test, test-taking strategies, exercises, and practice. We will cover the types of skills evaluated by the various sections of the test, including reading, listening, writing and speaking.

#### **Eight-week session / \$199**

W, Jan. 6-Feb. 24 6:30–8:30 pm Jennifer Wiebe  
LIVE Online via WebEx

*For required text for test preparation courses, please refer to course description online.*

## ABOUT COMMUNIVERSITY

Communiversality is part of the University of Cincinnati's commitment to lifelong learning.

Under the banner of Professional and Continuing Education, Communiversality offers non-credit classes focused on personal enrichment. Classes are held in the evening, on weekends and online, and are tailored with the adult learner in mind. We offer endless opportunities for you to develop, grow and learn something new!

### REGISTER EARLY FOR THE BEST SELECTION

You can register at any time, up to 24-hours before the class start date. However, some classes have limited enrollment, so register early to get into the classes you want.

### 100% SATISFACTION GUARANTEE

We are proud of the quality of our programming and our instructors, and we want you to love your Communiversality experience, which is why your satisfaction is 100% guaranteed. If you are ever less than completely satisfied with a Communiversality class, we will issue a credit for the registration fee toward a future Communiversality class. Please contact us at [ce@uc.edu](mailto:ce@uc.edu) or (513) 556-6932 within 7 days of completing your class.

### CLASS LOCATIONS & PARKING

The majority of our classes are held at UC's Victory Parkway Campus Administration building with ample free parking in the front lot. If class is being held at another location, it is noted. Addresses/maps for all locations are provided online.

### WAIT LISTS

If a class you want to take is full, you may place yourself on a wait list. If a spot opens in that class, anyone on the wait list will receive an email. We will make every effort to accommodate you.



### GROUP DISCOUNTS

Organize a group of 6 or more students and you will receive your class free. All students must participate in the same class and online classes/certificates are excluded. Call 556-6932 for group registration information.

### UC FACULTY & STAFF DISCOUNTS

Full-time UC & UC Health employees receive a 50% discount off one class per term. Online courses/certificates, gift certificates, Food & Drink and Test Preparation classes are excluded from all available discounts. Call 556-6932 to take advantage of this discount.

### CLASS CANCELLATIONS

Classes may be canceled due to insufficient enrollment. Every attempt will be made to contact students by email or telephone and offer alternative accommodations before the class meets.

### EMERGENCY CANCELLATIONS

UC Communiversality classes are automatically cancelled when there is a weather or other emergency and when UC Main Campus is closed. Closing notifications will be sent via email. Check your email for a detailed message from our office for school closings.

## GIFT CERTIFICATES



## Share the love of lifelong learning!

**The opportunity to learn something new can help someone expand their outlook, gain new perspectives, or learn a new skill.**

Give the gift of lifelong learning with a Gift Certificate from UC Communiversality. You can purchase a specific class as a gift, or select **\$50, \$100, or \$150** certificates. The Gift Certificates will be sent to you in a digital format that you can print and share, and they are good for one year from purchase. Choose from holiday or standard-design certificates to share something special this season!

[communiversality.uc.edu](http://communiversality.uc.edu)

## About online courses:



### COMMUNIVERSITY CLASSES LIVE ONLINE

Historically, our classes at Communiversity have been held face-to-face where students enjoy the enriching community aspect of continuing education. Currently, our classrooms are open in accordance with safety guidance from the university and the CDC.

Some classes are held online in live sessions with our local instructors. Our goal is for students to experience the same engaging content that you would enjoy in our classrooms, and participation during class time is encouraged. If you sign up for one of these classes, a WebEx link will be emailed to you the day before class.

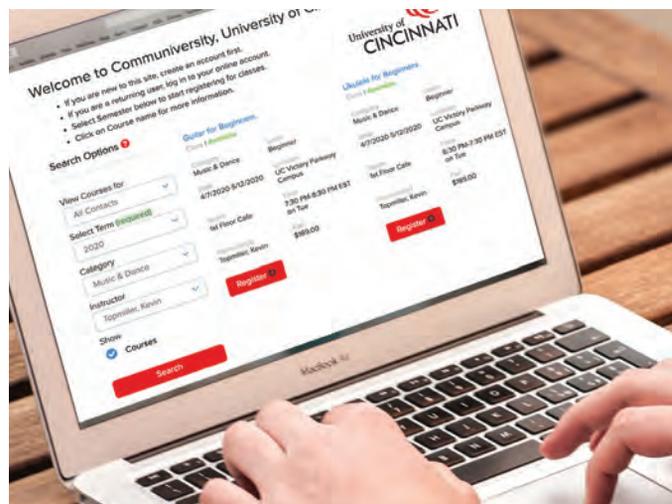


### CLASSES ONLINE WITH OUR NATIONAL EDUCATIONAL PROVIDER PARTNER ed2go

We have hundreds of classes online in partnership with ed2go, one of the nation's top online continuing education providers. You can take these classes either as self-paced or instructor-led. Classes offered are in a wide variety of subjects, taught by expert instructors, and certificates of completion issued by the University of Cincinnati. For a complete catalog, go to:

Short-term classes for Personal Enrichment and Professional Development: [communiversity.uc.edu](http://communiversity.uc.edu)

Career Training Programs: UC [careertraining.ed2go.com/uc](http://careertraining.ed2go.com/uc)



## Register early for your spot, class sizes are limited.



### Easy login!

You create your username and password, and can easily reset it if forgotten.



### Simple search options!

You can search for your favorite classes by the term, category, or instructor.



### Add guests to your registrations!

Now you can add and checkout friends to attend class with or give classes as a gift.

**ONLINE:** Online at [communiversity.uc.edu](http://communiversity.uc.edu)

**CALL:** Call us (513) 556-6932

Office hours are 9:30am-6:30pm  
Monday-Friday

**VISIT:** Visit our office

UC Victory Pkwy., Admin Bldg., Suite 208  
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# ***COMMUNIVERSITY***

January–April 2021 COURSE CATALOG



Explore new classes  
on **business  
opportunities,  
financial  
planning** and  
**social media**  
beginning on page 26!