Fall term is packed with great classes!

Enjoy classes in the arts, crafts, language, writing, music, dance, fitness, wellness, food, home, sports, science, business, nature & more!
Dear Communiversity Students,

Welcome Back to UC Victory Parkway Campus!

Here we are in the dog days of summer, as they say! I hope you have been able to reconnect in person with family and friends now that the weather is warm and we’re through those last 12 months! It is nice to see so many familiar faces returning to campus and we are looking forward to serving you with our fantastic Fall lineup.

You may have noticed that we streamlined our online registration process during the Summer term. Our goal is to continue to make it even easier for you to login and sign up. Now, you will find all of your favorite classes listed on the Course Catalog page. Each course has its own web page full of information about the class and your instructor with a link directly to checkout. We hope you like the new website (Communiverstiy.uc.edu) and the ease of signing up!

Welcome back to Fall term. Our classrooms are open for more in-person learning!

This Fall, we have doubled down on the topics you love! We have over 40 NEW classes in travel, painting, jewelry making, cooking, health, dance, and several local interests and history classes for your enjoyment.

We have doubled down on the topics you love with over 40 NEW classes in the Fall term!

Learning is always better when it’s shared. So give your friends a call and invite them to attend a class with you!

Best Regards,

Janet Staderman
Academic Director

Snapshots from fun classes from left to right: Golf at Sharon Woods, Heritage Village Historical Tour, Swing Dance, and Wire Jewelry Making
Bookmark the Course Catalog page for easy registration!

To make registration for Communiversity courses easier, we have updated our registration system. You can now register from the class description page on our website.

Go to: communiversity.uc.edu and bookmark the: COURSE CATALOG page.

Meet our new instructors!

We are delighted to introduce the addition of several new instructors to our classrooms this term. They bring with them a wealth of knowledge and enthusiasm to teach adult learners, adding fresh, new topics to our curriculum for you to enjoy.

Welcome!

FALL / 2021 CLASSES

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Due to the early printing date of this catalog, some class dates, times, and information may change. Please refer to our website for the most up-to-date class details.

communiversity.uc.edu

LOCATION:
Most classes are held at UC’s Victory Parkway Campus (VPC) at 2220 Victory Parkway, Cincinnati 45206. If a class will be held at another location, it is noted in the class description. Addresses and maps can be found online.

INSTRUCTORS:
Classes at Communiversity are taught by skilled educators, professionals and expert craftspeople. For more information about the instructors in each class, see our online catalog.
ARTS & HANDICRAFTS

Relax, paint, enjoy!

In these fun, interactive art classes you will enjoy advancing your art skills by watching live demonstrations and receiving individual coaching from our instructors. Both Kay Wortz and Marlene Steele are working artists and eager to share their love of painting and drawing and professional tips.

BEGINNING WATERCOLOR PAINTING
This workshop is a comprehensive approach to understanding and experiencing the beauty of watercolor painting. You will learn about paint composition, value, and color mixing, and explore several techniques in order to find the one that works for you. Plus, Kay will provide plenty of ‘tips’ to help you enjoy creating a painting you will love. Subject matter will be provided, or you may bring a photo of something you’d like to paint.

Sat., Sept. 11, 12-2 pm / $59 / One Class
All supplies included in class fee.
Instructor: Kay Wortz
In-person at VPC Campus

WATERCOLOR PAINTING SUNFLOWERS & FALL LEAVES
This class, will capture the wonder of the season in the warm colors of sunflowers and autumn leaves. We will explore techniques using salt and liquid masking to bring forth the dimensional beauty of these fall plants in their natural cycle of life. Kay will provide plenty of tips to help you enjoy creating a painting you will love, and you will have plenty of opportunity to explore different techniques to find the approach that works best for your artistic expression. Subject matter will be provided, or you may bring a photo of something you’d like to paint.

Sat., Sept. 18, 12-2 pm / $59 / One Class
All supplies included in class fee.
Instructor: Kay Wortz
In-person at VPC Campus

UNDERSTANDING AND CREATING ABSTRACT ART
Abstract art is currently a popular style for home decor. In this class you will learn to create a mood or a feeling using color and shapes without depending on a particular subject. Approaching painting this way, you can find beauty where you least expect it! We will explore color composition and use various techniques to produce finished artwork using fluid acrylic paints. Guaranteed to be fun and creative! Subject matter will be provided, or you may bring a photo of something you’d like to paint.

Sat., Nov. 20, 12-2 pm / $59 / One Class
All supplies included in class fee.
Instructor: Kay Wortz
In-person at VPC Campus
EXPLORING SNOW SCENES WITH ACRYLIC PAINT
This workshop will teach you how to paint using acrylics to create the beauty and softness of a snowy winter scene. Snow scenes offer a great opportunity to evoke strong emotion and capture the rhythm and spirit of a place in time. We will focus on composition, color, and learn to apply the dramatic use of light and dark to capture the feeling of a winter’s day. You will leave class with your own original piece of art ready for framing. Supplies included with class fee are: one gallery-wrapped, stretched 11 x 14” fine art canvas, a set of brushes, and a full set of acrylic paints in a wide spectrum of colors.

Sat., Dec. 4, 12-2 pm / $59 / One Class
All supplies included in class fee.
Instructor: Kay Worz
In-person at VPC Campus

PAINTING WITH PASTELS
Pastels are a soft pigmented medium in a crayon-type stick that produces wonderful, velvety rich colors that are blended directly on the paper to produce a beautiful luminosity. In this class, you will learn the techniques specific to pastels including layering, blending, and modeling. Students are encouraged to experiment with toned and textured papers to achieve different values and effect. The class will draw from still life arrangements provided by the instructor.

Tues., Oct. 5-26, 6-8 pm / $99 / Four Classes
Plus supplies, see website for details.
Instructor: Marlene Steele
In-person at VPC Campus

PAINTING YOUR PET’S PORTRAIT
Create a lovely portrait of your pet from a photograph to be enjoyed forever. You will learn two methods to sketch the portrait onto your canvas and then choose the one you are most comfortable with: the transfer method or freehand drawing. Then, to bring your pet's personality to life, you will receive guided instruction on mixing acrylic paint colors and using brush strokes to achieve the look you want. No previous painting experience necessary!

Sat., Nov. 13, 10 am-2 pm / $45 / One Class
Plus supplies; see website for details.
Instructor: Marlene Steele
In person at VPC Campus
ARTS & HANDICRAFTS

HOW TO WRITE AND DRAW COMICS FOR BEGINNERS
In this fun class, you will explore the world of comics, illustration, and storytelling. We will cover everything from learning how to write a basic creative fiction plot to developing characters for your story. You will learn the technical drawing skills to bring your own short comics to life, including layout, sketching, text and borders, perspective, and background. By the end of the class, you will have the first sketch of your comics!

Weds., Sept. 15-Oct. 6, 6-7:30 pm / $89 / Four Classes
Instructor: Anjali Alm-Basu
In-person at VPC Campus

COMICS FOR INTERMEDIATES
Expand your horizons as you learn more about comic art! In this continuation class, you will improve your abilities to draw comics using unique character design and graphic novel storytelling. You will work on mastering your character creations with life-like gestures, poses, expressions, faces, and more. Each lesson includes hands-on projects to complete and share with the class.

Weds., Oct. 13-Nov. 3, 6-7:30 pm / $89 / Four Classes
Instructor: Anjali Alm-Basu
In-person at VPC Campus

LEARN COPPERPLATE SCRIPT CALLIGRAPHY
The beautiful Copperplate Script, often used for wedding invitations and perfect for holiday greeting cards, will be taught in a simple, yet thorough approach in this comprehensive class. You will learn how to form the basic strokes to create the lower case letters and then pen the elegant capitals, using the flexible pointed nib in the oblique penholder. You will be provided with worksheets for hands-on practice as well as script samplings to inspire you. Expect a lot of pen play and amazing results with this creative art form!

Tues., Nov. 2-Dec. 7, 6-8 pm / $129 / Six Classes
Plus supplies, see website for details.
Instructor: Marlene Steele
In-person at VPC Campus

INTRODUCTION TO INDUSTRIAL SEWING
Intro to Industrial Sewing will cover the concepts of industrial versus domestic sewing, why these are vastly different and how to determine when to use which machine. Students will learn how to use the machine's straight stitch, walking foot, zig-zag, serger, double-needle straight stitch, and receive demonstrations using our more specialty machines. This is a very hands-on workshop where you will have the opportunity to learn your way around the machines, experience using them, and apply what you've learned to sew a tote bag.

Sat., Sept. 11, 10 am-2 pm / $129 / One Class
Sat., Nov. 6, 10 am-2 pm / $129 / One Class
Sat., Dec. 4, 10 am-2 pm / $129 / One Class
All supplies included in class fee.
Instructor Madeleine Tepe
Sew Valley 1010 Hulbert Ave, Cincinnati, OH 45214

Call (513) 556-6932 or visit communiversity.uc.edu
ARTS & HANDICRAFTS

CREATING HOLIDAY WINE GLASSES
Just in time for Thanksgiving dinner! Create your own set of one-of-a-kind wine glasses for holiday entertaining (they also make a great gift.) You'll create a set of four wine glasses using etching cream and glass paints. Then add wine charms created from glass jewels from the studio supply (some from the 1940s!) and other embellishments for a unique look. Light refreshments will be served.
Sat., Nov. 13, 11 am-3 pm / $39 / One Class
Plus $30 supply fee payable to instructor.
Instructor: Mary Jane Riggi
MJ Riggi Stained Glass Studio: 4811 Chapel Ridge Dr., Cincinnati

WINTER WREATH-MAKING WORKSHOP
Join Evelyn from Eve Floral Co. for our latest floral get-together: an evening of winter wreath making. It’s a great way to celebrate the season creating a fresh evergreen wreath for your home while you eat, drink, and be merry with friends from the community. We’ll start with a natural grapevine base then add on fragrant, textural evergreens like pine, eucalyptus, and juniper. You’ll finish off your unique, handmade wreath with a velvet bow. Sign up early, class size is limited. The workshop is open to any and all flower lovers with no experience necessary. Come solo or grab a friend!
Weds., Dec. 1, 6:30-8:30 pm / $89 / One Class
All supplies are included in class fee.
Instructor: Evelyn Streeter
In person at VPC Campus

BEGINNER CROCHET CLASS
Have you always wanted to learn to crochet but patterns and pattern charts overwhelmed you? Camille will get you started on your path to enjoying the art of crochet! You will receive personal one-on-one instruction to learn about different types of yarn and hooks as well as beginner stitches that will enable you to complete your first project of crocheting your own hat.
Weds., Aug. 18-Sep. 22, 6-8 pm  / $79 / Six Classes
In-person at VPC Campus

INTERMEDIATE CROCHET CLASS
Broaden your knowledge of crochet with pattern stitches, shaping, and crocheting in the round. Also learn tips and tricks to make adding new yarn, changing colors, and finishing your work seem effortless! Students will have a choice of completing a shawl or a blanket.
Weds., Sep. 29-Oct. 13, 6-8 pm / $49 / Three Classes
In-person at VPC Campus

EXPERT CROCHET CLASS
Once you have mastered the combination of complicated stitches and charts, colorwork, and other complex techniques, you are ready to take Camielle's expert class and tackle more advanced patterns.
Weds., Oct. 20-Dec. 1, 6-8 pm / $79 / Six Classes
In-person at VPC Campus

Learn to Crochet!
Students will need to bring yarn and a crochet hook.
ARTS & HANDICRAFTS

Glass Art!

Our instructor, Mary Jane, provides a wonderful studio space and some studio supplies for your project. Other supplies may be purchased, typically costing between $30-$160*, depending on the scope of your work. She will be happy to discuss your project before class to help you plan out the materials needed. *Cash or check only.

STAINED GLASS FOR BEGINNERS
Making a stained glass piece is easier than you think and can bring an array of beautiful colors and light to your home. In this beginning class expert, Mary Jane Riggi will teach you the basics of building a Tiffany style panel using the copper foil method. You’ll learn different types of glass, glass cutting techniques, grinding, foiling, soldering, and framing a panel. By the end of class, you will have completed your unique design in an 11”x17” panel (size may vary). Register early! Class is limited to 6 people.

Sat., Sept. 18, 10:30 am-4:30 pm / $79 / One Class
Plus supply fee (typically $60-160) payable to instructor.
Instructor: Mary Jane Riggi
MJ Riggi Stained Glass Studio: 4811 Chapel Ridge Dr., Cincinnati

LEAD PANEL STAINED GLASS
The creation of stained glass art dates back to England in the 7th Century. You will learn this ancient technique in this fun, fascinating Saturday workshop with expert, Mary Jane Riggi. She’ll provide professional instruction for you to create your own work of art in the “old” tradition. You’ll learn all about glass selection, methods of cutting glass, leading, and soldering. Patterns available from the instructor (most about 11”x17” approximate size of the project). Register early! Class is limited to 6 people.

Sat., Oct. 23, 10:30 am-4:30 pm / $79 / One Class
Plus supply fee (typically $60-160) payable to instructor.
Instructor: Mary Jane Riggi
MJ Riggi Stained Glass Studio: 4811 Chapel Ridge Dr., Cincinnati

MOSAICS: CREATE A TRAY, TABLETOP OR ART PANEL
Turn a plain tray, tabletop, or panel into a working piece of art using various glass pieces, including your own broken cups and plates! In this beginning class, expert Mary Jane Riggi will teach you the basics of the direct mosaic method. You’ll learn tips on glass selection, cutting, gluing, and grouting. Please bring your own items to add to your mosaic design, or choose from interesting items available at the studio. Register early! Class is limited to 6 people.

Sat, Oct. 9, 10:30 am-4:30 pm / $69 / One Class
Instructor: Mary Jane Riggi
Plus supply fee (typically $30-60) payable to instructor.
MJ Riggi Stained Glass Studio: 4811 Chapel Ridge Dr., Cincinnati

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Plus supply fee (typically $30-60) payable to instructor.
MJ Riggi Stained Glass Studio: 4811 Chapel Ridge Dr., Cincinnati

Call (513) 556-6932 or visit communiversity.uc.edu
ART HISTORY I: THE PREHISTORIC ERA TO ANCIENT GREECE AND ROME
Our Cincinnati Art Museum art history series is back! This first class will focus on the prehistoric era through the period of Ancient Greece and Rome. Through a combination of lecture format, gallery exploration, and interactive activities, students will be exposed to a broader understanding of the most representative works from each period. In addition, you will learn how specific objects from the Cincinnati Art Museum’s collection fit within the overall history of art.
Thurs., Oct. 7-28, 6-7:45 pm / $149 / Four Classes
All supplies included in class fee.
Instructor: Kathy Stockman
In person at VPC Campus

MAKE YOUR OWN ALEX & ANI INSPIRED BRACELETS
Learn how to make your own original wire bracelet and adorn it with charms and beads to express your style and personality. Taking a cue from a famous brand, Laquetta will walk you through the steps to bend your wire frame and decorate it with your own combination of charms, beads and jewelry to create an artistic expression that will inspire and empower you. Bring a friend and have fun in this hands-on class!
NEW!
Sat., Oct. 9, 10 am-12 pm, $55 / One Class
All supplies included in class fee. Tools available for purchase.
Instructor: Laquetta Kinebrew
In person at VPC Campus

WIRE-WRAPPED PENDANTS
Another great course for you and a friend! Prompted by simple, step-by-step instructions you will learn wire wrapping techniques to create a beautiful piece of jewelry from polished stones, charms and beads. Creating a wire pendant is surprisingly easy to do as you explore all the ways to use the wire artistically.
NEW!
Sat., Nov. 13, 10 am-12 pm, $55 / One Class
All supplies included in class fee. Tools available for purchase.
Instructor: Laquetta Kinebrew

About Your Instructor: Art Historian Kathy Stockman studied art history at the University of Kansas and went on to earn her graduate degree at the prestigious University of Chicago where she specialized in Modern and Contemporary Art, Race and Latino Identity theory and criticism. She taught art history for ten years at various Ohio colleges and universities.

“"I liked the helpful information and knowledge of what works, what doesn’t work.”
-Prena S., Wire Jewelry Making Student

Jewelry Making

FALL WIRE JEWELRY MAKING
This is a great course for you and a friend! You will learn incredible jewelry making and beading techniques! Prompted by simple, step-by-step wire working instructions, you will learn wire wrapping techniques such as simple loops, wire wrapped links and wire wrapped pendants. You will walk away with your own personalized set of earrings or a bracelet.
Sat., Sept. 11, 10 am-12 pm / $55 / One Class
All supplies included in class fee. Tools available for purchase.
Instructor: Laquetta Kinebrew
In person at VPC Campus
PERSONAL DEVELOPMENT

Continuous learning for all stages of life

A WHOLE-PERSON APPROACH TO YOUR RETIREMENT
Retirement is an important life transition and thought and attention are typically given to getting your finances in order. It's equally important to understand the normal emotional changes that may occur as you enter this important stage of your life. This class will help you to make the most of it! Through a series of lectures and small group activities, you will gain important understanding into how your psychological well-being can contribute to a positive (or negative) retirement. Using the tools and resources provided, you will gain valuable insight to how you can receive the outcome you want. By the end of the second class, you will have created a tentative personal plan for your positive retirement.

Tues., Oct. 26-Nov. 2, 6-8 pm / $129 / Two Classes
Instructor: Robert Conyne
In-person at VPC Campus

YOUR FAMILY TREE & WRITING YOUR MEMOIR
Most people don't think that they are an “important” member of the family tree but certainly, as time passes, they are just as important as their ancestors from near and far. It is time to write these stories down before they are gone forever from your family history or, possibly, other historical archives. In this two-part class we will be working to get you going on your important story, develop a focus that works best for you, and gain valuable feedback to help you begin writing your unique (and important) story.

NEW!

Tues., Sept. 21-28, 6-8 pm / $49 / Two Classes
Class fee includes a copy of Cheri's latest cookbook.
Instructor: Cheri Brinkman
In-person at VPC Campus

PLANNING FOR THE END-OF-LIFE: THE GIFT OF PEACE OF MIND
Thinking and talking about the end-of-life can be difficult, but a necessary step to assure your wants and needs will be honored when the time comes. This class will provide you with valuable tools and resources to address the practical preparation for your own death or that of a family member. We will review the reasons to prepare an end-of-life plan, what documentation to gather, and how to approach talking with the relevant people about your wishes. We will discuss the need for a plan for illness and specifying preferences for a funeral or memorial and, perhaps creating a legacy document or lasting memory to leave behind. This is not a class for legal or medical advice, but you will receive thoughtful, caring information and references to resources to help guide you through this important step.

NEW!

Mon., Oct. 18, 5:30-8:30 pm / $39 / One Class
Instructor: Janet Schultz
In-person at VPC Campus

Call (513) 556-6932 or visit communiversity.uc.edu
DESTINATION WEDDING PLANNING
With the average cost of US weddings around $30,000, it’s no wonder that many brides and grooms opt for a less expensive and more exotic destination wedding. This class will teach you how to choose a destination, create your budget, get free perks, and even get a free wedding ceremony. Destination weddings can be a lot less stressful than traditional weddings when you know these tips and tricks from an expert!

NEW!
Tues., Sept. 28, 6-8 pm / $35 / One Class
Instructor: Beth Duppstadt
In-person at VPC Campus

INTRODUCTION TO VOICEOVERS
Do you listen to your favorite audio books, commercials, or cartoon characters and think, “I could do that!” If so, then you could have what it takes to begin working as a professional Voice-over Artist. Explore the voice-over industry with a professional, working voice actor. Your instructor will record you as you read a real script, then offer you coaching. Check out the video at voicesforall.com/ooo to get a better sense of how the class works.

Start anytime / $49 / 90-minute Class
Instructor: Alicia Midgely
After you are registered, the instructor will contact you to set up your session.
LIVE Online

BUDDHIST INSIGHT MEDITATION: THE BASICS
Relax within the peace of our meditation room using the teachings and meditation techniques taught by the Buddha 2600 years ago. We will explore ways to develop and nurture an open, loving heart for the benefit of all. No particular belief system is required—just the desire to experience the clarity and peace that meditation can bring. All are welcome!

Thurs., Oct. 7-28, 7-8:30 pm / $79 / Four Classes
Instructor: Sue Noble
Dharma Center, 15 Moline Ct, Cincinnati

BUSINESS AND SOCIAL DINING ETIQUETTE
Knowing how to conduct yourself across the table provides a tremendous advantage throughout life. In this class, you will learn to be comfortable in any dining situation whether formal, informal, business or social. Join our image consultant, Nanci Glendening, as you polish your table manners in an enjoyable, private setting. Topics include navigating the table, the silent service code, forms of service, and the five most common dining mistakes. From “How do I Eat This?” to “Faux Pas Recovery 101.” We’ll have fun while learning some important lessons in this unforgettable class!

Tues., Sept. 14, 6-8 pm / $29 / One Class
Instructor: Nanci Glendening
In-person at VPC Campus
PERSONAL DEVELOPMENT

Take a moment to focus on yourself

**AGELESS MAKEUP FOR MATURE SKIN**
As we age our skin doesn't stay the same, so our makeup products and routine shouldn't stay the same either. In this class you'll learn how to age gracefully, in beauty, by confidently applying tips you will learn in class to achieve an even complexion with a natural and youthful glow. Erica will show you how to sculpt and lift your features with techniques suited for more mature skin. You will learn techniques on using the right makeup, brushes, and tools, grooming your brows and minimizing creases, fine lines and wrinkles—with applications for a long-lasting look.

**NEW!**
Tues., Oct. 12-19, 6:30-8:30 pm / $75 / Two Class
Instructor: Erica Strayhorn
In-person at VPC Campus

**HOW TO LOVE & CARE FOR YOUR SKIN THE RIGHT WAY**
If you're brand-new to the idea of a skin-care routine, it helps to start at the very beginning and understand exactly what your skin needs to be as healthy as it can be. This class will cover the skin-related issues such as acne, hyperpigmentation and the challenges of aging skin. Sylvia Brownlee, esthetician and skin care specialist, will cover how to properly take care of your skin, as well as guide each student to develop an individualized plan, and demonstrate how to properly include skin care products and techniques into your daily routine for a healthier you!

**NEW!**
Mon., Sept. 20-27, 6-8 pm / $99 / Two Classes
Instructor: Sylvia Brownlee
In-person at VPC Campus

**SEX, GENDER, AND WHY THE DISTINCTION MATTERS**
Individuals express their identities in many different ways through their dress, behavior, mannerisms, and communication style in a way that feels right for them. Our understanding of identity and gender is always changing. This introductory course delves deep into topics related to gender identity and expression to provide valuable insights to help us navigate our social landscape with greater sensitivity. Participants will gain a better understanding of trans identity and the challenges individuals from these communities face. We will also cover the resources available and strategies for becoming an increasingly supportive ally.

**Weds., Oct. 6-13, 6:30-8:30 pm / $49 / Two Classes**
Instructor: Alandis Johnson
In-person at VPC Campus

“I received great examples and specific details to carry into my own space.”
-Ronda B., Feng Shui Student

“Aashi is very engaging and clearly knowledgeable and experienced.”
-Grant Writing Student

Call (513) 556-6932 or visit communiversity.uc.edu
For required text for language classes, please refer to the course descriptions online.

**FUNCTIONAL SPANISH I**
This is a course designed to help students that need to learn the basics of Spanish in eight weeks. Students will learn common Spanish words and expressions that they may come across in everyday life. Some of the topics that will be covered are words and phrases needed while on vacation, when ordering food, while in a business meeting, and if you have an emergency in a Spanish-speaking city.

Thurs., Aug. 19-Sept. 30, 6:30-8:30 pm / $199 / Eight Classes
Instructor: Sandra Bazzani
In-person at VPC Campus
Classes will include some online sessions via WebEx and field trips.

**FUNCTIONAL SPANISH II**
This course is a continuation of Functional Spanish. It will include a variety of activities and vocabulary related to health and cooking, among others. Students will visit some hispanic stores, places and events in the communities of Cincinnati.

Thurs., Oct. 7-Dec. 2, 6:30-8:30 pm / $199 / Eight Classes
Instructor: Sandra Bazzani
In-person at VPC Campus
Classes will include some online sessions via WebEx and field trips.

**ITALIAN FOR BEGINNERS**
This popular language class is finally back in-person! Learn to communicate in this beautiful, musical language. You’ll acquire the basics of pronunciation, vocabulary, grammar and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation, plus special expressions for travelers. Tips on traveling and enjoying the culture of Italy will also be covered in this fun class.

Thurs., Sept. 23-Nov. 4, 6:30-8:30 pm / $189 / Seven Classes
Instructor: Antonio Lemmola
In-person at VPC Campus

**DISCOVER SIGN LANGUAGE**
Gain confidence in your ability to sign with the Deaf community. This course immerses you in silence to help you gain an understanding of the perspective of the hearing impaired and uses videos to demonstrate not only how to make signs, but how to communicate with facial expression.

Sessions start Sept. 15 and Oct. 13 / $119 / Six Weeks
Instructor: Erin Trimble
Online through our educational partner provider ed2go

**FRENCH FOR BEGINNERS**
This course has been carefully crafted to ensure you will have no trouble pronouncing French words correctly. The first three lessons introduce the basics needed for most conversations in French, such as “please” and “thank you.” You will also learn numbers, days of the week, months of the year, and telling time.

Sessions start Sept. 15 and Oct. 13 / $119 / Six Weeks
Instructor: Sara Hardin
Online through our educational partner provider ed2go
TAI CHI FOR BEGINNERS
This is a great introduction to tai chi. You will get all of the fundamentals with this easy to learn short set of moves appropriate for people of all ages and fitness levels. The slow gentle movements are ideal for building strength no matter what your previous activity level. The emphasis on breathing, posture, and a relaxed mental focus can be beneficial to practitioners at all abilities. Be assured that most people face a bit of a learning curve when they begin tai chi classes, but this focus on new and unfamiliar movement is also why tai chi has so many benefits for both the mind and the body.

Thurs., Sept. 23-Nov. 18, 7-8 pm / $139 / Eight Classes
Instructor: Ralph Dehner
In-person at VPC Campus

PLAYING WITH POSTURE: AN INTRODUCTION TO THE ALEXANDER TECHNIQUE
Feeling stiff, tight, tense or achy? The Alexander Technique teaches basic principles of bearing and coordination that promote easy and sustainable postural support. It is suitable for people of all fitness levels, and applicable to both everyday and specialized activities. Usually taught one-on-one, this class offers an opportunity to explore the dynamics of posture through playful activities and embodied instruction within a small group setting. Participants will leave feeling lighter, looser, taller and calmer, and with a set of tools they can use on their own.

Mon., Oct. 5-25, 6:30-8 pm / $139 / Four Classes
Instructor: Claire Rechnitzer
In-person at VPC Campus

CONNECT WITH YOUR ANXIETY BY EMBRACING YOUR EMOTIONS
Anxiety is a major issue in our culture and the goal of this class is to educate and correct misinformation about it. With the aid of worksheets and handouts, you will be encouraged to explore a greater understanding of basic human emotions, and be guided through techniques to help you label and connect with those emotions. Once you learn to feel the physical and body connections, understand impulses, and the images connected to those emotions, you will have tools to better manage your feelings of happiness, sadness, fear and anger. Additionally, this course will help you to recognize anxiety as an alarm system to intense or repressed emotions, and offer insights into gaining a deeper understanding of yourself.

Mon., Oct. 18-Nov 1., 6-8 pm / $159 / Three Classes
Instructor: Jason Wright
In-person at VPC Campus

NEW!

CONNECT WITH YOUR ANXIETY BY EMBRACING YOUR EMOTIONS

“I will personally be looking for the classes this instructor teaches. I enjoyed it so much.”
-Student, Dining Etiquette

“I was fun! Susan had great energy the whole time on top of being extremely knowledgeable. Her teaching style left me feeling super confident, wanting to do more!”
-Emily T., Dance Student
SHAPE UP WITH BELLY DANCE

Dance your way into shape with this captivating combo of low impact exercise and natural dance that celebrates the personal beauty of all women of all sizes, all ages. These stretching and swaying movements, electrifying shimmies, and flowing arms are rooted in thousands of years of feminine history. Belly dance promotes flexibility, strength and grace; it helps you unwind and inspires a positive attitude. Learn authentic steps, correct techniques and enchanting dance routines.

Mon., Sept. 13-Oct. 18, 6:45-7:45 pm / $79 / Six Classes
Instructor: Nanci Glendening
In-person at VPC Campus

YOGA FOR ALL: BASICS, VINYASA AND YIN-RESTORATIVE

If you are new to yoga or want to restart your practice, there's a class here for you! In Basic Yoga you will learn the foundational postures that assist in enhancing body awareness to access all the benefits of yoga. Yin-Restorative is low intensity yoga consisting of floor postures held for several minutes. Vinyasa Yoga is low-medium intensity flowing from one pose to the next by standing, bending and gently twisting in a peace flow. Come experience greater inner calmness, improved mental, physical, and emotional well-being by enjoying the practice of yoga in a supportive environment. No experience required.

Tues., Vinyasa, 9:30-10:30 am / $49 / Four Classes
Sessions: Sept. 7-28, Oct. 5-26, Nov. 2-23

Weds., Yin-Restorative, 7:15-8:30 pm / $49 / Four Classes
Sessions: Sept. 8-29, Oct. 6-27, Nov. 3-24

Thurs., Basics, 5:15-6:15 pm / $49 / Four Classes
Sessions: Sept. 9-30, Oct. 7-28, Nov. 4-Dec. 2

Instructor: Anna Ferguson
World Peace Yoga Studio at 268 Ludlow Ave., Cincinnati

ZUMBA® TONING

Zumba® Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba® moves to create a calorie-torching, strength-training dance fitness-party. You will learn how to use light weights (1-2 pounds) to tone all your target zones, including arms, abs, glutes and thighs. Sculpt your body naturally while having a total blast. Bring 1-2 pound dumbbells, a mat for floor work, and wear supportive aerobic shoes. We encourage you to enroll through our Fitness Flex (12-Class) Pass or our Fitness Flex (6-Class) Pass.

Tues., Sept. 28-Dec. 14, 5:35-6:35 pm / $79 / Eleven Classes
No classes the week of Thanksgiving.
Instructor: Pat Woellert
In-person at VPC Campus

ZUMBA® FITNESS

This unique workout is a “feel-happy” approach to fitness. Its high energy, motivating music and rhythms are a fusion of Latin and International dance themes. Great for the body and great for the mind, this workout combines fast and slow rhythms designed to sculpt the body, burn calories and fat, and tone you up. Bring a floor mat and wear supportive aerobic shoes. We encourage you to enroll through our Fitness Flex (12-Class) Pass or our Fitness Flex (6-Class) Pass.

Weds., Sept. 29-Dec. 15, 5:35-6:35 pm / $79 / Eleven Classes
No classes the week of Thanksgiving
Instructor: Pat Woellert
In-person at VPC Parkway Campus

BOOT CAMP LITE

No fear here - you can do it! This kinder, gentler boot camp is designed to improve your cardiovascular endurance, muscular strength, balance, and flexibility with fun, easy-to-follow drills. Bring a pair of hand held weights suitable to your fitness level, a mat for floor work, and supportive aerobic shoes. We encourage you to enroll through our Fitness Flex (12-Class) Pass or our Fitness Flex (6-Class) Pass.

Thurs., Sept. 30-Dec. 16, 5:35-6:35 pm / $79 / Eleven Classes
No classes the week of Thanksgiving
Instructor: Pat Woellert
In-person at VPC Campus
MUSIC & DANCE

No-pressure dance classes for couples and individuals

Call (513) 556-6932 or visit communiversity.uc.edu

LEARN TO SWING DANCE!
Looking for a fun time while learning America’s favorite dance? Swing is it, baby! Starting with the basics and working our way up, we can help you with dance fundamentals such as lead/follow, timing, patterns, and showing your style on any dance floor. Anyone can dance, and we can show you how. Open to singles and couples. Wear anything comfortable to move in and be ready to have fun!

Fri., Sept. 17-Oct. 15, 6:30-7:30 pm / $119 / Five Classes
Instructor: Susan Jacob
In-person at VPC Campus

LEARN TO BALLROOM DANCE THE FOX TROT & WALTZ
Find out how much fun ballroom dancing can be! If you hear the words “ballroom dance,” and start feeling anxious, because you haven’t learned the steps, this is the class for you! We will start with basic ballroom dance steps of popular dances such as the Fox Trot and Waltz, then continue with the fundamentals of dance patterns of timing and lead/follow. By the end of the course, you will discover not only how much fun dancing can be, but also reap the many benefits dance offers—including stress relief, mind and body stimulation, and more opportunities for social activities.

Fri., Sept. 17-Oct. 15, 7:45-8:45 pm / $119 / Five Classes
Instructor: Susan Jacob
In-person at VPC Campus

THE SOCIAL DANCE OF ARGENTINE TANGO
Learn the basics of Argentine tango as it is danced in Buenos Aires. In this class you will learn the embrace, the walk, the foundational figures of tango, how to navigate the social dance floor, as well as the codes of the dance. You will also learn about the traditional music of Argentine tango: the beat, the instruments, and the great orchestras. And for our last class we will create a milonga (the place where dancers dance) that emulates what you would find if you went out dancing in Buenos Aires.

Weds., Sept. 8-Oct. 20, 7-8:30 pm / $139 / Seven Classes
Instructor: Michael Wizer, Julie Barnett and Brandon Craig
In-person at VPC Campus

Teach something you love.
SHARE YOUR HOBBIES, TALENTS, AND SKILLS!
We are currently looking for instructors for the Winter term. Give teaching a try with a single session class!
uc.edu/cc/commu/apply_to_teach
COMMUNIVERSITY
UKULELE FOR BEGINNERS

Ukuleles aren’t just for luaus! After mastering the fundamentals (tuning, holding, and finger placement), we’ll focus on really getting comfortable with your instrument. Watch, listen and play along as you build on the basics of chords, strumming, playing up the neck, and trying out some variations and tempos. No musical experience is needed. Bring your ukulele, and let’s make some music.

Mon., Sept. 20-Oct. 25, 7:15-8:15 pm / $129 / Six Classes
Instructor: Kevin Topmiller
In-person at VPC Campus

What to bring to guitar classes: Bring your guitar and the text “The FJH Young Beginner Guitar Method: Lesson Book 1 G1016” available from online booksellers. (CD not required.)

What to bring to ukulele classes: Bring you soprano, concert, or tenor ukulele (no baritone), plus the text “Hal Leonard Ukulele Method Book 1” with audio CD.

INTERMEDIATE UKULELE

This class is a continuation of our Ukulele for Beginners where you will build upon your fundamentals of ukulele technique, reading music, and chord study in a group setting. In this class, we can help you become an advanced player!

Mon., Nov. 1-Dec. 6, 7:15-8:15 pm / $129 / Six Classes
Instructor: Kevin Topmiller
In-person at VPC Campus

THE KING RECORDS LEGACY

King Records was an independent recording studio, founded in 1943 in the Evanston neighborhood of Cincinnati. It was at one point the sixth largest record company in the United States, representing artists such as James Brown, Bonnie Lou, The Stanley Brothers, and Otis Williams and The Charms. Though the company closed in 1971, the site still stands with an historical marker from the Rock and Roll Hall of Fame. Learn the encapsulating history of King Records’ influence in America’s mid-twentieth century music culture, and the renovation designs proposed to preserve this significant part of Cincinnati’s history.

NEW!

Thurs., Aug. 12, 6-8:30 pm / $29 / One Class
Instructors: Stephen Slaughter and Henry Hildebrandt
In-person at VPC Campus

GUITAR FOR BEGINNERS

Explore varying styles of music as you conquer the fundamentals of guitar technique, reading music, and chord study in a group setting. Increase your enjoyment of playing as you establish proper playing techniques. Bring an acoustic (not electric) guitar to all classes and find out that anyone can read music and anyone can play!

Mon., Sept. 20-Oct. 25, 6-7 pm / $129 / Six Classes
Instructor: Kevin Topmiller
In-person at VPC Campus

INTERMEDIATE GUITAR

This class is a continuation of our Guitar for Beginners where you will build upon your fundamentals of guitar technique, reading music, and chord study in a group setting. Interestingly, the majority of students are stuck at a beginner level no matter how hard they try, while there is a small minority of people who actually make it past the intermediate level. In this class, we can help you become an advanced player!

Mon., Nov. 1-Dec. 6, 6-7 pm / $129 / Six Classes
Instructor: Kevin Topmiller
In-person at VPC Campus

What to bring to guitar classes:

What to bring to ukulele classes:
FOOD & DRINK

Cooking with friends!

COLD PICKLING 201
The first class was so much fun we want to do it again! Quick or cold pickling is a brilliant solution for preserving the plethora of harvest vegetables from the market or your garden. Quick pickling doesn’t require canning when refrigerated and you don’t need a bushel of vegetables, so you can prepare little bit of whatever is fresh in season. Join chefs Rebecca Denney and Mona Bronson Fuqua and dive a little deeper in the brine. In this class, we will explore making a traditional cold cucumber pickle, pickled beets, and one other pickle requested by our first pickling class. There is no pre-requisite for taking this class, but if you were in Pickling 101, please come back for this dilly of a class!

NEW!
Tues., Sept. 14, 6-8:30 pm / $49 / One Class
Tues., Sept. 28, 6-8:30 pm / $49 / One Class
All supplies included in class fee.
Instructors: Mona Bronson Fuqua and Rebecca Denney
In-person at VPC Campus

MAKING DELICIOUS MEALS WITH RAW FOODS
In this class you will learn to make healthy meals that require zero cooking using delicious food in their natural state. We will explore why is raw food good for you and methods of preparation that do not require cooking. Join this fun class with chefs Mona and Rebecca and get a jump start adding healthy options to your diet before the new year kicks in.

NEW!
Tues., Dec. 7, 6-8:30 pm / $59 / One Class
All supplies included in class fee.
Instructors: Mona Bronson Fuqua and Rebecca Denney
In-person at VPC Campus

SAVORY SOUPS FROM BISQUE TO BROTH
Bisque to broth, vegan or not, there are so many choices for making tasty soups. And soups are a wonderful meal as the chill of autumn turns towards winter. In this class, we will explore the basics of creating a variety of deeply satisfying soups that provide warmth for your bowl and satisfy your belly.

NEW!
Tues., Nov. 16, 6-8:30 pm / $59 / One Class
All supplies included in class fee.
Instructors: Mona Bronson Fuqua and Rebecca Denney
In-person at VPC Campus

ROUX, SOUPS & SAUCES, THE BASICS, OH MY!
Knowing how to make a roux is one of the most useful kitchen tips you will learn, as a good roux is the basic for many good soups and sauces. Join Chef Mona Bronson Fuqua as she helps you get started building your own version of a good roux. You will also learn how to adjust the roux to be gluten-free, and develop one of the five “mother” sauces and how to modify each for certain recipes. This class is a good prelude to the “Savory Soups” class in December, and great to take with a friend!

Tues., Oct. 26, 6-8:30 pm / $59 / One Class
All supplies included in class fee.
Instructor: Mona Bronson Fuqua
In-person at VPC Campus
LEARN TO S-T-R-E-T-C-H MOZZARELLA

In this fun class, you will learn the basics of mozzarella cheese making. You will get hands-on experience stretching and shaping premade curds to create authentic mozzarella balls. (Gloves included.) And we will explore classic recipes made with the mozzarella such as caprese salad, panini, or pizza to take home and enjoy!

Tues., Oct. 5, 6:30-8 pm / $39 / One Class
Plus $8 for supplies payable to instructor.
Instructor: Eduardo Rodríguez
In-person at VPC Campus

LEARN TO MAKE SOFT CHEESES: CAMEMBERT OR BRIE

This class will teach you how to make French soft cheeses with world cheese award winner, Eduardo Rodríguez. You will learn the basics of making a cow’s milk Camembert or Brie, both soft, ripened, and creamy cheeses with delicious white rinds considered to be a delicacy. You will also learn about the process of aging to bring out the flavors of the cheese, and then you can finish the aging of your cheese at home to bring it to your desired taste profile.

NEW!
Tues., Nov. 9, 6:30-8:30 pm / $79 / One Class
Plus $47 for cheese mold and aging box, payable to instructor.
Instructor: Eduardo Rodríguez
In-person at VPC Campus

CHEESE BASICS AND PAIRINGS

Back by popular demand, this class will explore the basics of cheese making and the historical origins of cheese going back over 6,000 years. You will explore cultures around the many families of cheese and learn about pairings with other foods. You’ll be tasting the delicious samples to get a deeper understanding of the flavor combinations so, when you leave this class, you will have the confidence to put together a cheese party with family and friends where you become the cheese-monger host!

Tues., Oct. 19, 6:30-8 pm / $55 / One Class
Plus $12 for supplies and cheese tasting payable to instructor.
Instructor: Eduardo Rodríguez
In-person at VPC Campus

PUMPKIN RAVIOLI

Making ravioli from scratch is relatively easy to do and is as fun to make as it is for your friends and family to enjoy. Basically, you just need to make a simple fresh pasta and then you can stuff it with almost anything. Since the pumpkin season is just around the corner, and pie isn’t the only yummy option, chefs Mona Bronson Fuqua and Rebecca Denney will teach you how to make homemade dough with a tasty pumpkin filling bathed in a delicious butter sage sauce.

NEW!
Tues., Oct. 12, 6-8:30 pm / $59 / One Class
All supplies included in class fee.
Instructors: Mona Bronson Fuqua and Rebecca Denney
In-person at VPC Campus
FOOD & DRINK & HOME

A Taste of History

CREATE YOUR OWN SUCCULENT ARRANGEMENT
Succulents are great even if you don't have a green thumb. They are easy to take care of and both their flowers and foliage range in beautiful shapes and sizes. In this hands-on class, students will learn how to create their own interesting succulent arrangement. You will leave the class with your own living creation and the knowledge to care for it. The class includes instruction on techniques for selecting succulents, planting, and arranging them, as well as best practices for keeping your finished planter vibrant and healthy to enjoy for a long time.

Wed., Sept. 29, 6-8 pm / $55 / One Class
All supplies are included in class fee.
Instructor: Samantha Watts
In-person at VPC Campus

CINCINNATI WINE: AN EFFERVESCENT HISTORY & WINE TASTING EVENING
Tip your glasses to Cincinnati's rich history of winemaking with Dann Woellert, Cincinnati food historian, as he shares the history of Cincinnati wine through four of the Native American grapes that led us through the peak of our winemaking from 1840 to 1870. These specific grapes: the Catawba, Norton, Ives, and Delaware grapes created a unique history that fostered the growth of the California wine industry. Students will enjoy tasting three local Norton wines and will receive a copy of Dann's new book “Cincinnati Wine: An Effervescent History.”

Thurs., Sept. 16, 6:30-8:30 pm / $59 / One Class
All samples included in class fee, plus autographed copy of book.
Instructor: Dann Woellert
In-person at VPC Campus

ADOPTING THE PRINCIPLES OF FENG SHUI
Feng shui is a way of balancing the energies within a space to bring good fortune to those who live there. Energy is key to feng shui, meaning that every part of your space needs to be arranged for a favorable flow of energy known as chi. In this class, you'll discover how your physical space connects to who you are and where you're going. You will learn how and why you should use the principles of instinctive feng shui, to clear what is blocking your success.

Mon., Nov. 1-8, 6:30-8:30 pm / $45 / Two Classes
Instructor: Tandy Pryor
In-person at VPC Campus

MINIMIZING, DECLUTTERING AND ORGANIZING YOUR HOME
Simplify your home. Simplify your life! Learn how to evaluate and make decisions to minimize, declutter, and organize your space with local expert Alandis Johnson, Ph.D. By the end of the course, you will have new skills and insight to reclaim your intentionality regarding all that "stuff" that overwhelms the typical person. You will look at your possessions in a new way, keeping and using only the ones that better enhance and nurture your life.

Mon., Sept. 13-20, 6:30-8 pm / $49 / Two Classes
Instructor: Alandis Johnson
In-person at VPC Campus

Call (513) 556-6932 or visit communiversity.uc.edu
SELLING YOUR HOME FAST & FOR TOP DOLLAR
In this class, you will learn the key points of pricing, marketing, and showing your home to maximum advantage. Learn critical information about state requirements, inspections, documentation and financing. If you do consider listing with an agent, how do you interview and select one? And what’s the #1 most common mistake in selling a house? Come and find out! (This class is strictly educational. Products and services will not be sold to you.)

Tues., Oct. 26, 6:30-8:30 pm / $39 / One Class
Instructor: Gary Rossignol
In-person at VPC Campus

LANDLORD FUNDAMENTALS
This is a must-attend course if you are venturing into a rental enterprise or already a landlord. Those who are unaware of their responsibilities can find themselves with legal difficulties. In this course, a licensed attorney will guide you through basic principles and strategies for when things go as planned versus when they go sideways. Topics discussed will include fair housing laws, lease basics, and obligations of landlords and tenants. We will also review basic premises liability—when you are and are not liable, mechanics of evictions, and issues specific to Cincinnati municipal law and Hamilton County tax abatement strategies. You will have the unique opportunity to discuss specific situations and lessons learned.

Thurs., Oct. 7-14, 6:30-8:30 pm / $149 / Two Classes
Instructor: Michael Morgan
In-person at VPC Campus

BUYING YOUR HOME FROM START TO FINISH
During this fact-filled workshop, you will explore essential topics, like how to find the right home and for a price that you can afford, how to navigate financing, “ins” and “outs” of contracts, loan closing procedures, and the fundamentals of the whole house inspection. (This class is strictly educational. Products and services will not be sold to you.)

Tues., Oct. 5-12, 6:30-8:30 pm / $49 / Two Classes
Instructor: Gary Rossignol
In-person at VPC Campus

START YOUR OWN SMALL BUSINESS
Learn how to transform your passion and talent into a viable small business. This course will teach you about financing, marketing techniques, employee management, policy writing, and time management—everything you need to know to start your very own small business.

Sessions start Sept. 15 and Oct. 13 / $119 / Six Weeks
Instructor: Kris Solie-Johnson
Online through our educational partner provider ed2go
SPECIAL INTEREST & HISTORY

CINCINNATI: AN ILLUSTRATED TIMELINE
Our city’s history may conjure such icons as William Howard Taft, Pete Rose, and Fountain Square, but there are hundreds of stories of Cincinnati’s past and present waiting to be discovered. “Cincinnati: An Illustrated Timeline” presents the pivotal moments in the history of the Queen City. Local historian Jeff Suess leads a tour of Cincinnati from the indigenous mound builders to the development of the first American city after the Revolutionary War, all the way up to Fiona the hippo. Whether you’re a lifelong resident or a curious traveler, “Cincinnati: An Illustrated Timeline” will help you learn, remember, and discover more than you ever knew about Cincinnati.

NEW EXPANDED FORMAT!
Wed., Nov. 3-10, 6:30-8:30 pm / $49 / Two Classes
Class fee includes an autographed book.
Instructor: Jeff Suess
In-person at VPC Campus

JT TOWNSEND DETECTIVE SERIES: THE SENSATIONAL MURDERS OF THE 1960s
Help JT Townsend unravel four murders of sixties, as you become part of his detective team! Uncover the evidence behind the 1964 murder of teenager Beverly Jarosz, Cleveland’s second most notorious cold case, viciously slain in her own bedroom in broad daylight with witnesses nearby. Next up is the case of Speck and Whitman, the drug addled drifter and the brooding sniper who ushered in the modern age of mass murder during a 2-week spree in the summer of 1966. Then you will uncover the Mystery at the Mansion: The Murder of Valerie Percy. The audacious 1966 home-invasion murderer of the daughter of a high-profile senatorial candidate, found bludgeoned to death. And finally, who was the Zodiac Killer? The sadistic slayer terrorized the San Francisco area in the late 1960s, killing at least five people and overwhelming the media and the FBI. Put on your detective hat and be prepared to solve the unthinkable!

NEW!
Thurs., Oct. 7-28, 6:30-8:30 pm / $89 / Four Classes
Instructor: JT Townsend
In-person at VPC Campus

CINCINNATI IN THE CIVIL WAR: THEN AND NOW
In this fascinating class, we will explore the significant impact Cincinnatians made on the American Civil War. Not only was it the North’s most populous city in the west, it was also the nation’s third-most productive manufacturing center. Instrumental in the Underground Railroad prior to the conflict, Cincinnati became a focal point for curbing Southern incursion into Union territory. Nearby Camp Dennison was Ohio’s largest camp in the Civil War and one of the largest in the United States. Join Cincinnati historian David L. Mowery, as he examines the many different facets of the Queen City during the war, from the enlistment of the city’s area residents in more than 590 Federal regiments and artillery units to the city’s production of seventy-eight U.S. Navy gunboats for the nation’s rivers.

NEW!
Thurs., Sept. 9, 6:30-8:30 pm / $49 / One Class
Class fee includes an autographed book.
Instructor: David Mowery
In-person at VPC Campus

Call (513) 556-6932 or visit communiversity.uc.edu
Late in the 18th century, people in American began heading west in search of new frontiers and new lives. Many of them found their way down the Ohio River to Cincinnati, known as the “Queen City of the West.” In the book, “Oldest Cincinnati,” author Rick Pender tells the story of a ferry that enabled early settlers to cross the Ohio River at Augusta, Kentucky. Active in 1798, the ferry is still in business today. You’ll hear the story of an inn that provided shelter for early stagecoach travelers. It opened in 1803 in Lebanon, Ohio and continues to welcome guests to this day. Spend a fascinating evening learning about one of the first settlements in the Northwest Territory–originally called “Losantiville” before it was dubbed Cincinnati–a city that is full of firsts and oldests.

**NEW!**

**Tues., Oct. 19, 6-8 pm / $49 / One Class**
Class fee includes an autographed book.
Instructors: Rick Pender
In-person at VPC Campus

**OLDEST CINCINNATI**

Maria Longworth Storer is the granddaughter of Nicholas Longworth of Taft House fame and is the founder of Rookwood Pottery. Rookwood was just the beginning Maria's good deeds that earned her the recognition as the First Lady of Cincinnati. She is credited with making Cincinnati the culture center it is today. Learn about her fascinating life with historian Frank Farmer Loomis and book co-author, Nancy Broermann, as they entertain you with a pictorial overview of Maria's life, followed by a tour of the grounds of the Saint Ursula Convent where you will view rare pieces of Maria's Rookwood pottery and the stained glass windows in the chapel she funded. You will learn about Maria's involvement with helping WWI wounded soldiers, national politics and her many gifts to the city that, until now, are little known accomplishments.

**NEW!**

Sun., Oct. 3, 1-5 pm / $49 / One Class
Instructors: Frank Farmer Loomis and Nancy Broermann
In-person at VPC Campus

**THE FIRST LADY OF CINCINNATI: MARIA LONGWORTH STORER**

**NEW!**

**Tues., Sept. 23, 6:30-8:30 pm / $49 / One Class**
Class fee includes an autographed book.
Instructor: William Plunkett
In-person at VPC Campus

**THE G-MAN AND THE NURSE: A 1929 FBI COLD CASE**

Join author and former special agent William Plunkett in his fascinating expose of the sensational Washington, D.C. death case that punctuated the end of the roaring twenties. The victim was an attractive young nurse, Virginia McPherson, found dead in her apartment under suspicious circumstances. Her case became a cause célèbre in the capital city where it occupied the headlines for weeks. A maverick patrolman, Robert Allen, doggedly pursued the “suicide” investigation, convinced it was a murder, while it was being reported by the half-dozen daily papers that hung on every bizarre turn. Because of the fervor he created, the entire police investigation was thrown out, a massive public relations disaster for a metropolitan force already besieged by its futile attempts to police the effects of Prohibition. Experience the case unfold in this riveting evening with the author.
PHOTOGRAPHY

Go beyond point and shoot...

SMARTPHONE PHOTOGRAPHY 101
Take amazing photos with your mobile device by upping your game! You will learn the basic principles of photography and creative techniques that you can apply immediately. You’ll get a better understanding of focus, exposure and light, and learn quick and easy tricks for taking portraits, action photos and more. By the end of the class you’ll be familiar with the mobile photography tools and review the best apps for shooting, enhancing and editing. 

Thurs., Sept. 23-Oct. 7, 6:30-8 pm / $69 / Three Classes
Includes a field trip.
Instructor: Kyle Sliney
In-person at VPC Campus

SMARTPHONE PHOTOGRAPHY 201
Move beyond basics and increase your ability to shoot and edit photos in this advanced class. We will dive deeper into the editing features of Adobe Lightroom and Photoshop Express on your smartphone. We’ll focus on developing a style, look, and mood, learning how to better organize your photo library, quick ways to edit multiple photos at one time, use of selective edits, and composite photos to create your own photo masterpiece. (If you already have the basic skills, you are not required to take the Smartphone Photography 101 class as a prerequisite.)

Thurs., Oct. 21-28, 6-8 pm / $69 / Two Classes
Instructor: Kyle Sliney
In-person at VPC Campus

BASIC PHOTOGRAPHY
Today’s digital cameras can seem overwhelmingly complex. In this course, we spend plenty of time discussing camera operation and how to take advantage of the features provided, but most importantly, we explore what makes a good photograph. Subjects such as composition, selective focus, exposure, and lighting combined with a better understanding of camera controls can open a whole new world of image-making. Each week includes appropriate assignments, and you will be encouraged to share your images with the class. Students of all skill levels are welcome. A DSLR or an advanced point and shoot camera are suggested. The class features interactive demos and a field trip, weather permitting.

Thurs., Sept. 23-Oct. 28, 6-7:20 pm / $149 / Six Classes
Instructor: John Engleman
In-person at VPC Campus

INTERMEDIATE PHOTOGRAPHY
This course is designed for those who love to take pictures and want to enhance their skills. We will spend plenty of time discussing camera operation and how to take advantage of the features provided, but most importantly, we explore what makes a good photograph. Once you have a better idea of how a camera works, you can concentrate on what’s in the frame. Subjects such as composition, selective focus, exposure, and lighting combined with a better understanding of camera controls can open a whole new world of image-making. Students should have basic experience taking pictures and have a camera with adjustable controls such as a DSLR, although those with advanced point and shoot cameras will also benefit from this course. The class features interactive demos and a field trip, weather permitting.

Thurs., Sept. 23-Oct. 28, 7:30-8:50 pm / $149 / Six Classes
Instructor: John Engleman
In-person at VPC Campus

Call (513) 556-6932 or visit communiversity.uc.edu
TRAVEL SAFETY
Do you love to travel, but have some concerns about safety while on the road? In this class, we will address some of the top safety concerns for travel within the United States and also Internationally. Topics include post-pandemic travel, solo travel, traveling with children, travel insurance, and how to choose your destination. The information explored will provide you with the tools to relax and enjoy your next travel journey!

NEW!
Tues., Sept. 21, 6-8 pm / $35 / One Class
Instructor: Beth Duppstadt
In-person at VPC Campus

BECOME A TRAVEL INFLUENCER
Do you love social media? Have you thought about making a career out of it? Travel bloggers and social media influencers are being used more and more by companies to promote their brands. This two-hour class is packed full of information on how travel influencers can make money, how you can get more followers, and how to partner with companies that fit your demographic to bring your unique travel insights to life on social media.

NEW!
Tues., Oct. 5, 6-8 pm / $35 / One Class
Instructor: Beth Duppstadt
In-person at VPC Campus

TRAVEL ADVISING 101
In this introduction course you will learn what it takes to be a successful travel advisor in the ever-changing landscape of the leisure travel industry. We will cover the skills and education needed, how to get started in the industry, legal and license requirements and what an average day looks like for a travel advisor. If you have a passion for travel and are considering a part-time business or full-time career, then this class is the first step!

NEW!
Tues., Sept. 7, 6-8 pm / $35 / One Class
Instructor: Beth Duppstadt
In-person at VPC Campus

LGBTQ+ TRAVEL
Travel for members of the LGBTQIA can come with challenges and concerns. This course will provide resources and tips for members of the community traveling solo, as a couple or as a family. Find out the top destinations for 2022, learn about group travel, and how to find out if a hotel is LGBTQ+ inclusive. From destination choice to partnering with gay-friendly travel suppliers, there are many ways to make your travel experience more enjoyable and fulfilling.

NEW!
Tues., Oct. 12, 6-8 pm / $35 / One Class
Instructor: Beth Duppstadt
In-person at VPC Campus
SCIENCE & NATURE

THE COSMIC CALENDAR FROM THE BIG BANG TO NOW
In this class, we will virtually explore outer space, learn about how humans are made of “star stuff,” and dive into scientists’ best theories about the history of a universe that is over 13 billion years old. You’ll learn how the Universe, the Milky Way Galaxy, our Solar System, and Earth came to be using the Cosmic Calendar, popularized by the late Carl Sagan. Explore the fascinating calendar that represents the passage of time since the Big Bang.

Weds., Aug. 18, 7-9 pm / $29 / One Class
Instructor: Nicole Capella
Cincinnati Observatory: 3489 Observatory Place, Cincinnati

DISCOVER PLANTS OF OHIO: FALL FOLIAGE
This course provides an introduction to the diversity of the families of flowering plants we’ll discover at this beautiful time of year. The emphasis will be on plants growing wild in the Ohio and Indiana areas. Students will learn the plant anatomy and terminology to develop their plant identification skills. We will also cover the ecology of the plants discovered during our field trips.

Sat., Oct. 2-23, 10 am-1 pm / $159 / Four Classes
Instructor: Denis Conover
This class meets in various locations such as Spring Grove Cemetery.

BEHIND THE SCENES AT THE CINCINNATI OBSERVATORY
Look to the heavens through the oldest continuously used telescope in the world, explore the depths of the 1873 observatory including its attic and basement, and learn why President Adams laid the observatory’s original cornerstone in 1843. You’ll hear the fascinating history of the founding of the observatory, investigate how the 19th century astronomers determined time for the city of Cincinnati, discover why the observatory was designated a National Historic Landmark, and find out what is in store for the future. The Moon will be viewed through the telescope following the program, weather permitting.

Tues., Sept. 14, 7-9 pm / $29 / One Class
Instructor: John Ventre
Cincinnati Observatory: 3489 Observatory Place, Cincinnati

AUTUMN BIRD WATCHING: FIELD ORNITHOLOGY
Fall is a wonderful time to be outside seeing (and hearing) the amazing bird life surrounding us. The course will involve an overview of the biology of birds and local bird identification. Our professional ornithologist has over 32 years of research in avian migration, and he will cover topics such as bird anatomy and physiology, evolution, relationships with other birds, ecology, and conservation. You will explore bird biology predominately through interactive field labs to prepare you for new bird watching experiences.

Sat., Oct. 2-23, 8 am-2 pm / $199 / Four Classes
Instructor: Ron Canterbury
This class meets at the UC Center for Field Studies. Please bring binoculars and a notepad.

Call (513) 556-6932 or visit communiversity.uc.edu
CONSERVATION IMPACT COURSE
Many people volunteer or join nature centers and other conservation organizations because they want to help support conservation. This course will give you a foundation from which you can plan to go further in a strategic and intentional way to address conservation issues that matter to you. In this interactive program, you’ll be challenged to investigate environmental issues and assess your ability to contribute to their resolution, either as an individual or collectively. Through lectures, readings, discussions, and projects, you’ll gain context for how your contributions fit into larger environmental goals. Discover ways you can influence positive change through conservation by sharing your values, experiences, and knowledge in an effective way.

Saturdays, Nov. 13 and Dec. 8, 9 am-12 pm in person at the Cincinnati Nature Center
Tuesdays, Nov. 16-Dec. 14, 6-8 pm online via Zoom
$249 / Seven Classes
Instructor: Connie O’Connor

THE MYTH OF THE MOUNDBUILDERS, CINCINNATI
Explore the Ancient Earthworks of the Ohio Valley, as we learn who were the Moundbuilders and why they built so many elaborate earthworks. We will examine archaeological data about the earthworks surrounding the Cincinnati region and learn how the prehistoric inhabitants made their impressive monuments. You will also learn how changes in society over time are reflected in the monuments, art and artifact styles, and burial customs. This is a great course to take with your family, as a precursor to visiting the ancient mounds in and around Cincinnati!

Weds., Sept. 29, 6:30-8:30 pm / $39 / One Class
Instructor: Alisa Strauss
In-person at VPC Campus

ASTROLOGY 101
Learn how to create your own birth chart, a horoscope based on your moment of birth, and explore what it means. In this class, you will learn about the history of Western astrology and how it has changed over time. You’ll use simplified methods to cast your own horoscope and explore the insights the positions of the planets and stars in the sky presented at the time of your birth. Please bring a pen and pencil to write with, extra paper to jot down notes, and your date, time, and location of your birth—the more accurate the birth info, the more accurate your horoscope.

Weds., Nov. 10, 6:30-8:30 pm / $35 / One Class
Instructor: Alisa Strauss
In-person at VPC Campus

“I liked the instructor’s knowledge and passion for the subject. I learn so much. Please offer more!”
-Cher R., The Moundbuilders Student
**SPORTS**

**Indoor Tennis**

Register early for Tennis and Golf. Classes size is limited to allow one-to-one instruction and they fill up fast!

**TENNIS FOR BEGINNERS**
Get in shape with tennis! Work on hand-eye coordination, racquet skills, basic strokes, and scoring. This experience is designed for the player who has played some tennis but needs instruction on basic techniques or is learning to keep the ball in play but needs to improve court positioning and consistency.

**Sun., Sept. 12-Oct. 17, 3-4:30 pm / $139 / Six Classes**
**Sun., Oct. 24-Dec. 12, 3-4:30 pm / $139 / Six Classes**
Instructor: Chris Pray
Eastern Hills Indoor Tennis

**TENNIS FOR INTERMEDIATES**
This is an enjoyable way to get in shape and stay in shape! You are ready for this experience if you have had some previous instruction or if you can hit ground strokes and serves in play from the baseline with reasonable success. You’ll have the chance to work on strokes with movement, rally skills, overheads, and volleys. And for those who are ready, you may practice getting that first serve in, adding spin, net play, strategy, and control.

**Sat., Sept. 11-Oct. 9, 10:45-11:45 / $110 / Five Classes**
Sharon Woods Golf Course

**GET GOLF READY I**
Don’t want to be left out of the golf outing again this year? Just want to feel more at ease playing with friends? This class is designed to prepare new or beginner golfers to feel comfortable with the fundamentals of the game. Topics will include putting, chipping, pitching, and the full swing with irons and woods. We will also cover basic rules and etiquette with one on-course playing class to make you more confident in taking your game to the golf course. Bring your own clubs if you can; if not, equipment will be provided.

**Sat., Sept. 11-Oct. 9, 9-10 am / $110 / Five Classes**
Sharon Woods Golf Course

**GET GOLF READY II**
Instruction will focus on refinement of strokes and strategy in the areas of driving, long and short iron play, and putting. It is designed for golfers beyond the beginner level who want to improve their game.

**Sat., Sept. 11-Oct. 9, 9-10 am / $110 / Five Classes**
Sharon Woods Golf Course

**GET GOLF READY III**
This class is designed for intermediate golfers that have been through our beginners class or intermediate class. The instructor will let you choose the 5 topics. He does require one week of full swing so he can utilize video analysis.

**Thurs., Sept. 9-Oct. 7, 6-7 pm / $110 / Five Classes**
Sharon Woods Golf Course
TEST PREP

MCAT EXAM PREP
In addition to coaching, the classroom sessions use a unique, hands-on approach to learning how to apply your science knowledge to actual MCAT questions. You will learn all sections of the test so you are well prepared for success, and the class will cover specific strategies for overcoming test anxiety, poor standardized test taking, and math anxiety. You will learn how to maximize your use of time on the test, how to avoid the most common timing pitfalls, and how to gain significant extra points through timing strategy.

Registration good for 12 months / $1499

Personal Coaching - start anytime
Instructor: Jay Cutts
LIVE Online

GRE/GMAT EXAM PREP
In this course, you will receive personal coaching directly by phone and video conferencing. Students typically work with him once or twice each week. Sessions can be as long or short as needed. Jay will create a comprehensive study plan for you, and during your sessions, he will give you specific assignments and review your progress. Jay will create a comprehensive study plan and teach you advanced strategies for overcoming test anxiety, poor standardized test taking, and math anxiety. You will learn how to maximize your use of time on the test, how to avoid the most common timing pitfalls, and how to gain significant extra points through timing strategy.

Registration good for 12 months / $1250

Personal Coaching - start anytime
Instructor: Jay Cutts
LIVE Online

LOOKING FOR NEW OR ADVANCED SKILLS?

- Business Management
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- Healthcare & Fitness
- Technology Skills & Applications
- Google IT Support
- Microsoft Excel
- Cybersecurity Bootcamps
- Microsoft Azure
- IT Fundamentals
- TIL® Framework

For more information, visit uc.edu/ce

Prepare for Exams

LSAT EXAM PREP
The instructor is the lead author of the Barron’s LSAT prep book. The course covers timing strategy and problem-solving strategies for the Reading Comprehension, Logical Reasoning, and Analytical Reasoning sections of the test, as well as for the essay. In addition, you will learn specific strategies for overcoming test anxiety, poor standardized test taking, and math anxiety. You will learn how to maximize your use of time on the test, how to avoid the most common timing pitfalls, and how to gain significant extra points through timing strategy.

Registration good for 12 months / $1250

Personal Coaching - start anytime
Check website for specific classroom-style sessions
Instructor: Jay Cutts
LIVE Online

ABOUT OUR TEST PREP INSTRUCTOR:
Jay is the Director of Cutts Graduate Reviews and Lead Author of Barron’s Test Prep MCAT and LSAT books, as our new instructor for graduate school test prep courses for the GRE, LSAT and MCAT.

Jay is one of the country’s top test prep specialists, and has been a pioneer in the development of powerful intuitive strategies for mastering graduate school testing. He believes that personal coaching is highly effective in helping students to master the material and his courses include live weekly coaching. He will guide your study plan and make sure you are staying on track and provide a month-by-month email planning system that guides you step-by-step to a successful graduate school application.

Register for Test Prep classes at:
uc.edu/ce “Test Prep”
REGISTER EARLY FOR THE BEST SELECTION
You can register at any time, up to 24-hours before the class start date. However, some classes have limited enrollment, so register early to get into the classes you want.

100% SATISFACTION GUARANTEE
We are proud of the quality of our programming and our instructors, and we want you to love your Communiversity experience, which is why your satisfaction is 100% guaranteed. If you are ever less than completely satisfied with a Communiversity class, we will issue a credit for the registration fee toward a future Communiversity class. Please contact us at ce@uc.edu or (513) 556-6932 within 7 days of completing your class.

CLASS LOCATIONS & PARKING
The majority of our classes are held at UC’s Victory Parkway Campus Administration building with ample free parking in the West lot. If class is being held at another location, it is noted. Addresses/maps for all locations are provided online.

WAIT LISTS
If a class you want to take is full, you may place yourself on a wait list. If a spot opens in that class, anyone on the wait list will receive an email. We will make every effort to accommodate you.

GROUP DISCOUNTS
Organize a group of 6 or more students and you will receive your class free. All students must participate in the same class and online classes/certificates are excluded. Call 556-6932 for group registration information.

UC FACULTY & STAFF DISCOUNTS
Full-time UC & UC Health employees receive a 50% discount off one class per term. Online courses/certificates, gift certificates, Food & Drink, classes where supplies are included in fee, and Test Preparation classes are excluded from all available discounts. Call 556-6932 to take advantage of this discount.

CLASS CANCELLATIONS
Classes may be canceled due to insufficient enrollment. Every attempt will be made to contact students by email or telephone and offer alternative accommodations before the class meets.

EMERGENCY CANCELLATIONS
UC Communiversity classes are automatically cancelled when there is a weather or other emergency and when UC Main Campus is closed. Closing notifications will be sent via email. Check your email for a detailed message from our office for school closings.

ABOUT COMMUNIVERSITY
Communiversity is part of the University of Cincinnati’s commitment to lifelong learning. Under the banner of Professional and Continuing Education, Communiversity offers non-credit classes focused on personal enrichment. Classes are held in the evening, on weekends and online, and are tailored with the adult learner in mind. We offer endless opportunities for you to develop, grow and learn something new!

HOLIDAY GIFT CERTIFICATES!
Share the love of lifelong learning!

The opportunity to learn something new can help someone expand their outlook, gain new perspectives, or learn a new skill.

Give the gift of lifelong learning with a Gift Certificate from UC Communiversity. You can purchase a specific class as a gift, or select $25, $50, $100, or $150 certificates. The Gift Certificates will be sent to you in a digital format that you can print and share, and they are good for one year from purchase.

communiversity.uc.edu
About online courses:

COMMUNITY CLASSES LIVE ONLINE
Historically, our classes at Communiversity have been held face-to-face where students enjoy the enriching community aspect of continuing education. Currently, our classrooms are open in accordance with safety guidance from the university and the CDC.

Some classes are held online in live sessions with our local instructors. Our goal is for students to experience the same engaging content that you would enjoy in our classrooms, and participation during class time is encouraged. If you sign up for one of these classes, a WebEx link will be emailed to you the day before class.

CLASSES ONLINE WITH OUR NATIONAL EDUCATIONAL PROVIDER PARTNER ed2go
We have hundreds of classes online in partnership with ed2go, one of the nation’s top online continuing education providers. You can take these classes are instructor-led. Classes offered are in a wide variety of subjects, taught by expert instructors, and certificates of completion issued by the University of Cincinnati. For a complete catalog, go to:

Short-term classes for Personal Enrichment and Professional Development: communiversity.uc.edu
Career Training Programs: UC careertraining.ed2go.com/uc

We’ve updated our registration system:

View Course Catalog by Category
You can browse classes by category and quickly explore all the new opportunities to learn something new!

Click “Register Here”
From the course information page, the registration link will take you right to checkout.

Set Up An Account or Checkout as Guest
The first time you checkout, you can set up an account in our new system, or check out as a guest if you’re in a hurry!

We’re here to help! Contact us for any questions regarding your registration.

ONLINE:
Online at communiversity.uc.edu

EMAIL:
ce@uc.edu

CALL:
Call us (513) 556-6932
Office hours are 9:30 am–6:30 pm Monday–Friday

VISIT:
Visit our office
UC Victory Pkwy., Admin. Bldg., Suite 208
2220 Victory Pkwy., Cincinnati, OH 45206
COMMUNIVERSITY
FALL 2021 / COURSE CATALOG

CHECK OUT THE 106 CLASSES - 40 NEW!

WELCOME BACK to having fun & learning new things!