IMPORTANT DATES
Winter Term: Jan. 24–Mar. 18, 2022
No classes at Adath Israel, Presidents Day, Feb. 21.
Registration Opens: Jan. 4, 10 am.

CLASS INFORMATION
Both in-person and online classes are offered. Download Zoom Client for the best online class experience. Online classes are offered in real time, are interactive, and are not recorded. Class format and location are indicated in the course descriptions. No tests; no grades!
Along with professors and other educators, OLLI classes are taught by professionals from many fields as well as passionate hobbyists. A brief biography of each class moderator is included with the course description.

OLLI MEMBERSHIP
OLLI programs are designed for adults aged 50 and older. The only prerequisite is a desire to learn.

PRICING & REFUNDS
Term Membership: $75
  • Multiweek in-person classes: $5
  • Multiweek Zoom classes: $0
  • Most one-time programs: $0
  • Fieldtrips: fee to cover expenses
Refunds after the term begins at director’s discretion.
Moderators of multiweek Winter courses and UC Foundation Tower of Strength donors receive complimentary membership. Please notify the office before trying to register if you are eligible for a free membership.

FINANCIAL ASSISTANCE
Thanks to the generosity of donors to Friends of OLLI, Financial assistance is available to all who need it. Send a short statement of need to olli@uc.edu to request a scholarship or call 513-556-9186 for information.

REGISTRATION
Registration opens Tuesday, Jan. 4, 10 am.
You may register online (strongly recommended) or by mail by printing and mailing the completed registration form (p. 30) with a check for $75 plus any class or admission fees.
No phone registration.

WAIT LISTS
If a class you want is full, you may place yourself on a wait list. If a place opens in that class, the first person on the list will be notified by phone or email and have a limited amount of time to respond before the place is offered to the next person on the list.

TEACHING FOR OLLI
If you would like to share your expertise with the OLLI community, please consider volunteering to moderate a class. Visit the OLLI website or call 513-556-9186.

DISCLAIMER
The views and opinions expressed in OLLI courses are strictly those of the moderators and their guest speakers. Course content has not been reviewed by the Osher Lifelong Learning Institute at the University of Cincinnati. Consult your financial advisor before acting on any implied or actual recommendations concerning the investment of your money. Consult your physician before following any medical, nutritional, or exercise program or advice.

LOCATIONS & PARKING
UC Victory Parkway Campus (VPC)—2220 Victory Pkwy., 45206. Permits for free parking in the OLLI lot accessed from Cypress St. are distributed during the first week of classes and available later in the OLLI office (VPC Admin 207).
Adath Israel (ADI)—3201 E. Galbraith Rd., 45236. Free parking in the adjacent lot. Absolutely no food or drink is permitted in this facility.
Ohio Living Llanfair (OHLL)—1701 Llanfair Ave., 45224. Free parking in the adjacent lot.

COVID RULES FOR IN-PERSON PROGRAMS
PROOF OF VACCINATION must be uploaded to UC COVID website before classes begin.
FACIAL COVERINGS must be worn over nose, mouth, and chin at all times while indoors.
EATING AND DRINKING are not permitted in any classrooms and are never permitted inside Adath Israel (ADI).

CONTACT US
EMAIL: olli@uc.edu
PHONE: 513-556-9186
VISIT: 2220 Victory Pkwy., Suite 207, Cincinnati, OH 45206
MAIL: OLLI at UC, PO Box 210093, Cincinnati, OH 45221-0093
ART & ART HISTORY
2415 IN PERSON: Comic Bee Songs in American Sheet Music, 1900–1925 (VPC-THU)
2416 ONLINE: Comic Bee Songs in American Sheet Music, 1900–1925 (ZOOM-THU)
9009 Contemporary African American Artists (OTHER-FRI)
1014 Found Objects and Your Imagination (VPC-MON)
5011 IN PERSON: Life and Magnificent Art of Vincent van Gogh (VPC-WED)
5012 ONLINE: Life and Magnificent Art of Vincent van Gogh (ZOOM-WED)
9005 Simply Brilliant: Artist-Jewelers of the 1960s and 1970s (OTHER-FRI)
2310 Sketches and Correspondence of Elizabeth Nourse in WWI France (ZOOM-THU)
6016 Taft Museum of Art: Where Art and History Live on the Walls—and in the Walls (OHLL-FRI)

COMPUTERS & TECHNOLOGY
3102 Smartphone and Social Media for Seniors (ADI-MON)

CURRENT EVENTS, LAW & POLITICS
2110 Audio-Book Club for Slow Readers and Inquiring Minds (ZOOM-WED)
6012 Charter Committee of Greater Cincinnati (OHLL-FRI)
2212 Finding Solutions to America’s Problems (ZOOM-THU)
2808 Great Decisions: Climate Change (VPC-FRI)
2813 How Does the US Rank, 2022? A Top-Ten Summary (ZOOM-FRI)
2423 IN PERSON: Innovating to Reduce Poverty and Supporting Families’ Self-Sufficiency (VPC-THU)
2424 ONLINE: Innovating to Reduce Poverty and Supporting Families’ Self-Sufficiency (ZOOM-THU)

EXERCISE, HEALTH & WELLNESS
2421 IN PERSON: Body/Mind/Spirit: Integration for Healing (VPC-THU)
2422 ONLINE: Body/Mind/Spirit: Integration for Healing (ZOOM-THU)
3802 Getting Older Ain’t for Sissies (ADI-THU)
1204 IN PERSON: Implication of Nutrients on Alzheimer’s Onset and Prognosis (VPC-MON)
1205 ONLINE: Implication of Nutrients on Alzheimer’s Onset and Prognosis (ZOOM-MON)
2002 Medical Bioethics: Making Decisions about Health Issues (VPC-WED)
1108 Move into Ease (VPC-MON)
6011 Stop the Bleed (OHLL-FRI)
1416 Taking the Next Step in Your Meditation Practice (ZOOM-TUE)
6009 Theories of Aging (OHLL-FRI)
1617 Understanding Vipassanā Meditation (VPC-TUE)

FINANCE & RETIREMENT
1203 Confab about Retiree Life—Glory to Agony (VPC-MON)
8303 Elder Law: Protecting Life’s Savings and Quality of Life (OTHER-THU)
2217 Financial Workshop: Your Source for Financial Information (ZOOM-THU)
2812 Four Pillars of the New Retirement (ZOOM-FRI)
1515 I Don’t Want to Think about That Yet! (ZOOM-TUE)
1208 IN PERSON: VANTAGE Aging: Retired and Senior Volunteer Program (VPC-MON)
1209 ONLINE: VANTAGE Aging: Retired and Senior Volunteer Program (ZOOM-MON)
3604 Your Hard-Earned Possessions: Downsizing, Donating, and Recycling (ADI-TUE)

FOREIGN LANGUAGE
1309 Beginning German Conversation (ZOOM-MON)
1807 Caffé Italiano (ZOOM-WED)
2306 French for the Fun of It (VPC-THU)
2211 Italian Conversation: Past Tense (ZOOM-TU)
1410 Italian for Beginners (ZOOM-TUE)

GARDENING & NATURE
3001 Gardening: Ask the Experts (ADI-MON)
2429 IN PERSON: What’s New at the Arc of Appalachia Preserve System, Bainbridge, OH (VPC-THU)
2430 ONLINE: What’s New at the Arc of Appalachia Preserve System, Bainbridge, OH (ZOOM-THU)
HISTORY & SOCIAL SCIENCES
9010 American Sign Museum (Morning) (OTHER-TUE)
9011 American Sign Museum (Afternoon) (OTHER-TUE)
1710 IN PERSON: Australia: The Country and the Colony (VPC-TUE)
1711 ONLINE: Australia: The Country and the Colony (ZOOM-TUE)
3003 Cincinnati and How It Grew: Neighborhood by Neighborhood (ADI-MON)
3801 Cold Serial: The Jack the Strangler Murders (ADI-THU)
6014 Crossing the Ohio River: Cincinnati’s Historic Bridges (OHLL-FRI)
3902 Economics and You, Part 1 (ADI-THU)
1201 IN PERSON: FDR’s Funeral Train (VPC-MON)
1202 ONLINE: FDR’s Funeral Train (ZOOM-MON)
5001 IN PERSON: History of African Americans in Cincinnati (VPC-WED)
5002 ONLINE: History of African Americans in Cincinnati (ZOOM-WED)
1411 How Cincinnati Changed the World (VPC-TUE)
3606 Lincoln and Grant: The Alliance that Won the Civil War (ADI-TUE)
3401 Life and Times of Will Shakespeare (ADI-TUE)
2604 Life in Ancient Greece and Rome (VPC-FRI)
9006 Mercantile Library Tour and History (OTHER-WED)
2005 Mythology with Joseph Campbell, Part 2 (ZOOM-WED)
6015 Ohio History Connection: Sparking Discovery of Ohio’s Stories (OHLL-FRI)
9008 Pub Night at the Cock & Bull, Glendale (OTHER-TUE)
2107 Race and the City (Cincinnati), 1820–Present (ZOOM-WED)
1513 IN PERSON: Rage for Order: Reconstruction and Jim Crow in America (VPC-TUE)
1514 ONLINE: Rage for Order: Reconstruction and Jim Crow in America (ZOOM-TUE)
3602 Rescuing the African Queen Halftrack (ADI-TUE)
2214 IN PERSON: Revolutions: Causes and Legacies (VPC-THU)
2215 ONLINE: Revolutions: Causes and Legacies (ZOOM-THU)
1414 Road to Revolution: British Colonial America, 1763–1776 (VPC-TUE)
3605 Top-Ten Archaeological Discoveries of All Time (ADI-TUE)
1620 Tracing Homo Sapiens through Europe into the Americas (ZOOM-TUE)
1112 IN PERSON: Vietnam (VPC-MON)
1113 ONLINE: Vietnam (VPC-MON)
6010 Walnut Hills: Vignettes from a Diverse Community (OHLL-FRI)
3402 World War I (ADI-TUE)
1110 World War II: Normandy Campaign, June–August 1944 (VPC-MON)

HOBBIES, SPORTS & OTHER
2809 Architecture of Food (ZOOM-FRI)
3502 Art for the Artless (ADI-TUE)
8103 Bridge 102: For Those Who Know Some of the Basics (OTHER-TUE)
9007 Chocolate Mystery Tour (OTHER-TUE)
1206 IN PERSON: CROWN—Tri-State Trails (VPC-MON)
1207 ONLINE: CROWN—Tri-State Trails (ZOOM-MON)
5009 IN PERSON: Eighteen Holes in the Seven Hills (VPC-WED)
5010 ONLINE: Eighteen Holes in the Seven Hills (ZOOM-WED)
2810 Food Fables (ZOOM-FRI)
3803 Gemology, Jewelry, and the Jewelry Business (ADI-THU)
2004 Jung and the Tarot (ZOOM-WED)
2003 Knit and Crochet (ADI-WED)
8403 Let’s Do Lunch: Comfort Food (OTHER-FRI)
1212 IN PERSON: My Journey as a Voice Actor (VPC-MON)
1213 ONLINE: My Journey as a Voice Actor (ZOOM-MON)
2311 Papercrafting (VPC-THU)

LITERATURE & DRAMA
3101 Books about Books (ADI-MON)
1115 Espionage Novels as Literature (ZOOM-MON)
2701 Friday Book Class: East African Fiction (VPC-FRI)
1517 More Murder and Mayhem! (ZOOM-TUE)
3903 Read-Through of Children’s Literature (ADI-TUE)
1510 Spies, Murderers, and Thieves: Three Current Takes on the Detective Story (VPC-TUE)
2510 Three Shakespeare Plays (ZOOM-THO)

MUSIC
1511 Exploring Opera (VPC-TUE)
2308 IN PERSON: For the Love of Music (VPC-THU)
2309 ONLINE: For the Love of Music (ZOOM-THU)
2213 How Music Means (VPC-THU)
1012 IN PERSON: Jazz between 1945 and 1965 (VPC-MON)
1013 ONLINE: Jazz between 1945 and 1965 (ZOOM-MON)
2418 ONLINE: Music, Science, and Nature (ZOOM-THU)
8304 Times, Lives, and Music of the Great Romantic Composers (EMAIL-THU)
1712 What Is Jewish Music—Coda (ZOOM-TUE)

CLASS LOCATION ABBREVIATIONS
ADI Adath Israel
OHLL Ohio Living Llanfair
VPC UC Victory Parkway Campus
PHILOSOPHY & RELIGION

1114  C. G. Jung’s Seven Sermons to the Dead (ZOOM-MON)
1412  Plato’s Understanding of Love: Reading the Symposium (VPC-TUE)
8102  Radiance of the Mystics: Self-Study Course (EMAIL-TUE)
3901  To Everything There is a Season: Ecclesiastes, a Scroll for Skeptics (ADI-THU)
3504  Tour Adath Israel Synagogue (ADI-TUE)

PHOTOGRAPHY

1010  Fundamentals of Photography, Part 2 (VPC-MON)
2307  Fun with Phone Photography (VPC-THU)
1111  Photography Workshop (VPC-MON)

SCIENCE, MATH & PSYCHOLOGY

2427  IN PERSON: Chixculub Incident (VPC-THU)
2428  ONLINE: Chixculub Incident (ZOOM-THU)
5003  IN PERSON: Elephants at the Cincinnati Zoo (VPC-WED)
5004  ONLINE: Elephants at the Cincinnati Zoo (ZOOM-WED)
1415  Engineering the Modern World (ZOOM-TUE)
3501  Exploring C. G. Jung: Psychologist or Philosopher? (ADI-TUE)
1621  Free Energy Principle of Karl Friston: A Theory of Lifelong Learning (ZOOM-TUE)
2109  Genetics as It Applies to You (ZOOM-WED)

SELF-IMPROVEMENT

2509  Creativity and Innovation: Powering the Future (VPC-THU)
1306  Dispute Resolution: Negotiating and Mediating through Conflict (VPC-MON)
3601  Exceeding Expectations in Sales and Life (ADI-TUE)
2605  Six P’s to Fulfilling Relationships (ZOOM-FRI)

STAGE & SCREEN

2108  Broadway: Moving into the 21st Century (ZOOM-WED)
5013  IN PERSON: Golden Age of Broadway (VPC-WED)
5014  ONLINE: Golden Age of Broadway (ZOOM-WED)
2001  The Play’s the Thing (VPC-WED)
2603  Shakespeare for All (VPC-FRI)
3103  Tragedy Tomorrow, Film Comedy Tonight (ADI-MON)

TRAVEL

6013  Beginner’s Guide to Travel in Ireland (OHLL-FRI)
1009  Italia Mia/My Italy (ZOOM-MON)
3603  “Magic Minutia” and “Socorro Sojourn” (ADI-TUE)
2815  Trip to Barcelona, Spain, and Southern France (ZOOM-FRI)
5015  IN PERSON: Wonder and Mystery of Beach Sands and Their Magnificent Colors (VPC-WED)
5016  ONLINE: Wonder and Mystery of Beach Sands and Their Magnificent Colors (ZOOM-WED)

WRITING

1512  Advanced Poetry Writing (VPC-TUE)
1708  Memoir Wisdom: Stories Worth Sharing (VPC-TUE)
1308  Remembering, Reflecting, and Writing Your Memoirs (VPC-MON)
2811  Writing a Legacy Letter (ZOOM-FRI)

CLASS LOCATION ABBREVIATIONS

ADI  Adath Israel
OHLL  Ohio Living Llanfair
VPC  UC Victory Parkway Campus
1009 Italia Mia/My Italy
Mondays, Jan. 24–Feb. 28, 9–10 am (ZOOM) $0
LIMIT: 20

Come and explore Italy to discover what makes it a popular tourist destination. You will learn how to use the two train systems, one of which was created by the president of Ferrari. We will talk about Italian food, how to order a meal, and tipping. Find out how best to navigate Venice, Florence, Rome, and little towns. Let a native Italian answer all your questions and show you one of the most beautiful countries in the world. Ciao e grazie.

Moderator: Antonio Ilemmola has been teaching Italian at UC for 25 years and NKU for 29 years. He enjoys sharing his love of his native country.

1010 Fundamentals of Photography, Part 2  UPDATED
Mondays, Jan. 24–Mar. 14, 9:30–10:45 am (VPC) $5
LIMIT: 14

You have a great camera! Now what do you do to create great images? This is the second of a two-part course that involves learning the fundamentals of photography and beyond. You’ll learn composition, exposure, light meters, lenses, sensors, color temperature, camera body parts and functions, depth-of-field, focusing, equivalent exposure, shooting in aperture and shutter priority, program and manual modes, camera set-up, shooting examples, timer, bracketing, camera supports, and introduction to flash. You will create jpeg images to share with the class via a USB flash drive stick. This course is NOT for point-and-shoot cameras.

Moderator: Craig Rouse has been immersed in photography and videography for 50+ years. He has a BFA in broadcasting from UC-CCM and has been fortunate enough to win numerous photography and video awards over the years.

1011 Saving the World One Mission at a Time  UPDATED
Mondays, Jan. 24–Feb. 14, 9:30–10:45 am (VPC) $5
LIMIT: 15

Col. Koloc takes you through US humanitarian Civil Military Operations (CMO) in Afghanistan, the Horn of Africa, and the Balkans in an effort to win hearts and minds. You will experience in-depth discussions, pictures, and film of the various operations that Col. Koloc participated in.

Moderator: Mark A. R. Koloc Sr., Colonel, US Army (retired), is a combat veteran with 33 years of military service. He has an extensive background in strategic planning, operations, and command and served in Africa, Afghanistan, and numerous other countries. He is currently managing director of the nonprofit African Queen Project.

1012 IN PERSON: Jazz between 1945 and 1965  NEW
Mondays, Jan. 24–Feb. 7, 9:30–10:45 am (VPC) $5
LIMIT: 100

After World War II, jazz giants roamed the earth. Some were royalty such as Duke and Count. Others were gods named Miles, ‘Trane, Dizzy, Bird, and Monk. Others were mere mortals named Brubeck. We will introduce all of them plus many more.

Moderator: Bruce Bowdon taught middle school for 43 years and is a songwriter. He recently completed OLLI classes on the history of rock and roll, the blues, Celtic music, and bluegrass.

1013 ONLINE: Jazz between 1945 and 1965  NEW
Mondays, Jan. 24–Feb. 7, 9:30–10:45 am (ZOOM) $0
UNLIMITED

LIMIT: 15

NOTE:

A class small in size but BIG on hands-on fun for developing and creating your own innovative and personal mixed-media artworks. Basic supplies will be provided while encouraging the addition of your choice of found objects reflecting your life, personality, and interests. This small class encourages your attendance and active participation—and is an excellent opportunity to craft a special gift for friends or family.

Moderator: Thelma Shotten is a docent at the Contemporary Arts Center and has taught in Cincinnati Public Schools, Art Academy, and NKU. Her mixed-media, enamel, and porcelain artworks (the latter inspired by sea coral formations) have been displayed at many Cincinnati-area art galleries and exhibitions.

1014 Found Objects and Your Imagination
Mondays, Jan. 24–Feb. 21, 9:30–11 am (VPC) $5
LIMIT: 6

A class small in size but BIG on hands-on fun for developing and creating your own innovative and personal mixed-media artworks. Basic supplies will be provided while encouraging the addition of your choice of found objects reflecting your life, personality, and interests. This small class encourages your attendance and active participation—and is an excellent opportunity to craft a special gift for friends or family.

Moderator: Thelma Shotten is a docent at the Contemporary Arts Center and has taught in Cincinnati Public Schools, Art Academy, and NKU. Her mixed-media, enamel, and porcelain artworks (the latter inspired by sea coral formations) have been displayed at many Cincinnati-area art galleries and exhibitions.

1108 Move into Ease  UPDATED
Mondays, Jan. 24–Mar. 14, 11 am–12 pm (VPC) $5
LIMIT: 15

A touch of yoga, some energizing movement, a time for relaxation, soulful stretching, and pumping life into each cell. This one-hour class oils your joints and breathes ease into your bones, like giving yourself a massage. Wear comfortable, loose clothing, and bring a mat or towel on which to lie. Expect to feel rejuvenated! NOTE: class ends at 12 pm.

Moderator: Karen Zaugg brings a lifetime of dance training, yoga, and a variety of bodywork experiences to welcome you to exercise and a sense of wellbeing.
110  World War II: Normandy Campaign,
June–August 1944  UPDATED
Mondays, Jan. 24–Mar. 14, 11 am–12:15 pm (VPC) $5
LIMIT: 40

Inspired by the recent 75th anniversary of the D-Day
landings, we will explore the pivotal decision to proceed
with the Allied landings in France; the battles to secure
Normandy on June 6, 1944; the bitter fighting in the
Normandy hedgerows, Caen, Cherbourg, and Saint-Lô; the
breakout at the Falaise Gap; the plan to bypass Paris; and,
finally, the French Resistance uprising in Paris that forced
the Allies to liberate Paris before it was destroyed.

Moderator: John Lane retired after a 20-year teaching
career (Covington Latin School, Woodbury HS in MN); BA,
UC; BS, Winona State Univ.; MA, NKU; US Army, Vietnam
War veteran. Taught world civilizations, AP European
history, AP US history, world wars of the 20th century, and
economics. Led two World War II tours of Europe and one
historical tour of Britain.

1111  Photography Workshop
Mondays, Jan. 24–Mar. 14, 11 am–12:15 pm (VPC) $5
LIMIT: 12

With the moderators serving as facilitators and coaches,
you will share your work, and all will participate in gentle
discussion. Each week, we will have a challenge assignment
of six photos to share. This workshop is designed for those
who have previously completed a photography course, have
a basic working knowledge of their camera, and want to
engage at the next level.

Moderators: David Kempton is a long-time photo enthusiast
and has exhibited in several galleries around Cincinnati.
Craig Rouse has been immersed in videography and
photography for 50+ years. He has a BFA from UC-CCM in
broadcasting and has been fortunate enough to win
numerous video and photography awards over the years.

1112  IN PERSON: Vietnam
Mondays, Jan. 24–Mar. 14, 11 am–12:15 pm (VPC) $5
LIMIT: 100

1113  ONLINE: Vietnam
Mondays, Jan. 24–Mar. 14, 11 am–12:15 pm (ZOOM) $0
UNLIMITED

We will study the history of Vietnam from ancient times
to the defeat of the French in 1954 at Diem Bien Phu. We
will see how the effects of colonialism and the fear of
communism collided to create the causes of the United
States’ disastrous involvement.

Moderator: Tom Sundermann is a Vietnam War veteran and
worked for 43 years as a financial advisor.

1114  C. G. Jung’s Seven Sermons to the Dead  UPDATED
Mondays, Jan. 24–Mar. 14, 11 am–12:15 pm (ZOOM) $0
LIMIT: 40

We will explore the fascinating Seven Sermons to the Dead
by C. G. Jung through PowerPoint presentations, lecture,
readings, and guided group discussions. Jung wrote and
privately published this collection of seven mystical, or
“Gnostic,” texts in 1916.

Moderator: Jim Slouffman is a retired educator at the
college level, member of Greater Cincinnati Friends of Jung
Committee, and active visual artist.

1115  Espionage Novels as Literature  NEW
Mondays, Jan. 24–Mar. 14, 11 am–12:15 pm (ZOOM) $0
LIMIT: 25

We’ll read and discuss (in order): The Kill Artist (David Silva);
At Risk (Stella Rimington); Transcription (Kate Atkinson);
The Increment (David Ignatius); and The Spy Who Came in from
the Cold and Tinker, Tailor, Soldier, Spy (both John le Carré).
These books move from “a really good story” to “first-rate
literature,” with all being very enjoyable. We’ll develop a
feel for the genre and a sense of quality. The first session
will be a discussion of the genre and the upcoming books.

Moderator: John Briggs worked in military Intelligence and
has moderated numerous literature courses for OLLI.

1201  IN PERSON: FDR’s Funeral Train  NEW
Monday, Jan. 24, 12:45–2 pm (VPC) $0
LIMIT: 100

1202  ONLINE: FDR’s Funeral Train  NEW
Monday, Jan. 24, 12:45–2 pm (ZOOM) $0
UNLIMITED

A spy, a mistress, and a dead president—the train trip from
Warm Springs, Georgia, to Hyde Park, New York, held
tragedy and intrigue. Deb Price will provide commentary
on the historical people while Joe Warkany will provide
information about the train itself. Deb is a retired educator,
and Joe is a retired engineer who is also an aficionado of
historic trains. Come join us for this team’s interesting take
on a unique part of our past.

CLASS LOCATION ABBREVIATIONS:
•  ADI – Adath Israel, Amberley Village
•  OHLL – Ohio Living Llanfair, College Hill
•  VPC – UC Victory Parkway Campus, East Walnut Hills
1203  Confab about Retiree Life—Glory to Agony  NEW
Monday, Jan. 31, 12:45–2 pm (VPC)  $0
LIMIT: 100
Join us for a lively exchange: your chance to marvel at a world that has left you behind (or did you leave it?) and to grab ahold of the wonders of being in charge of your own time. The good, the bad, and the ugly of retirement: your views and insights shared with peers. In the end, you've vented and then appreciated some delights of retirement. Session moderator Karen Zaugg draws on her work with group dynamics and a willingness to box ears if necessary.

1204  IN PERSON: Implication of Nutrients on Alzheimer’s Onset and Prognosis  NEW
Monday, Feb. 7, 12:45–2 pm (VPC)  $0
LIMIT: 100
We will explore how different aspects of our lifestyle—diet, exercise, and nutrient intake—can play a role in neurological health. This can then impact both onset and prognosis for several neurological conditions including Alzheimer’s disease. Preeti Bansal Kshirsagar is a registered dietitian whose practice, Integrative Nutrition and Healing, focuses on diet, lifestyle, and nutrients to improve overall wellness.

1205  ONLINE: Implication of Nutrients on Alzheimer’s Onset and Prognosis  NEW
Monday, Feb. 7, 12:45–2 pm (ZOOM)  $0
UNLIMITED

1206  IN PERSON: CROWN—Tri-State Trails  NEW
Monday, Feb. 14, 12:45–2 pm (VPC)  $0
LIMIT: 100
Rachel Culley, Tri-State Trails’ Trail and Bikeway Coordinator, will give an overview of Tri-State Trails as an organization as well as a presentation on one of the organization’s main projects, CROWN. CROWN (Cincinnati Riding or Walking Network) is a vision for a contiguous, off-road, 34-mile, shared-use path encompassing Cincinnati. The vision connects Wesson Way, Little Miami Scenic Trail, Ohio River Trail, and Mill Creek Greenway. Tri-State Trails believes CROWN will transform the way people navigate our city while creating healthier communities.

1208  IN PERSON: VANTAGE Aging: Retired and Senior Volunteer Program  NEW
Monday, Feb. 21, 12:45–2 pm (VPC)  $0
LIMIT: 100

1209  ONLINE: VANTAGE Aging: Retired and Senior Volunteer Program  NEW
Monday, Feb. 21, 12:45–2 pm (ZOOM)  $0
UNLIMITED
Gretchen Eagle, manager for RSVP Cincinnati, is passionate about connecting amazing volunteers with the organizations that depend on them to provide necessary services for the benefit or our community. VANTAGE Aging’s RSVP is one of the largest volunteer networks in the nation for people aged 55 years and better. They partner with nonprofit agencies to match older adults with impactful volunteer opportunities. Find out about the work they do and how you can become involved.

1210  IN PERSON: Saving the Planet . . . with Your Fork!  NEW
Monday, Feb. 28, 12:45–2 pm (VPC)  $0
LIMIT: 100

1211  ONLINE: Saving the Planet . . . with Your Fork!  NEW
Monday, Feb. 28, 12:45–2 pm (ZOOM)  $0
UNLIMITED
Can altering your eating habits have a significant impact on reducing the effects of climate change? The meat and dairy industries are major contributors of greenhouse gases. Artist and environmental activist William Messer served on Cincinnati’s Environmental Advisory Board and chaired the Green Cincinnati Plan’s Food Action Team, for which he authored the Meat Consumption Reduction Recommendation, described as doing “more to reduce the effects of climate change than any of the 80+ other recommendations.” Messer will help us understand how we can effect change by what we eat.

1212  IN PERSON: My Journey as a Voice Actor
Monday, Mar. 7, 12:45–2 pm (VPC)  $0
LIMIT: 100

1213  ONLINE: My Journey as a Voice Actor
Monday, Mar. 7, 12:45–2 pm (ZOOM)  $0
UNLIMITED
Dottie Janson is a retired IT project manager who started a side career as a voice actor. She often gets questions about how she got started in voice acting, what is involved, and how she built her business. She will share the story of her journey to build a voice-acting business and will answer the question “What is voice acting, anyway?”

CLASS LOCATION ABBREVIATIONS:
- ADI – Adath Israel, Amberley Village
- OHLL – Ohio Living Llanfair, College Hill
- VPC – UC Victory Parkway Campus, East Walnut Hills
1214 IN PERSON: “We Have No Idea”—Mysteries of Physics NEW
Monday, Mar. 14, 12:45–2 pm (VPC) $0
LIMIT: 100

1215 ONLINE: “We Have No Idea”—Mysteries of Physics NEW
Monday, Mar. 14, 12:45–2 pm (ZOOM) $0
UNLIMITED

Physics has come a long way in the last 50 years. However, many mysteries remain—dark energy, entangled particles, black holes, and the beginning of the universe, to name a few. Based on the book We Have No Idea: A Guide to the Unknown Universe by Jorge Cham and Daniel Whiteson, Rick Marra will take us on a tour of these fascinating mysteries. Marra is a chemical engineer and amateur physicist.

1306 Dispute Resolution: Negotiating and Mediating through Conflict UPDATED
Mondays, Jan. 24–Mar. 14, 2:15–3:30 pm (VPC) $5
LIMIT: 16

An insider’s examination of how public and private disputes have been resolved through negotiation, facilitation, and other dispute-resolution strategies. Analysis behind the scenes of successful and failed negotiations to uncover the value of determining each party’s interests, creating options for settlement, communicating and listening purposefully, assessing the parties’ alternatives to agreement, and developing a good working relationship with the other side. We’ll use interactive video and role-playing to demonstrate and discuss successful negotiation and mediation skills and strategies.

Moderator: James K. L. Lawrence. OSU, BA, JD. Labor and employment law and dispute-resolution advocate as a member of Frost Brown Todd LLC for 44 years. Adjunct professor of negotiation, mediation, and dispute resolution at OSU and UC colleges of law. Former adjunct at Straus Institute for Dispute Resolution at Pepperdine Univ.

1307 What Has DNA Done for Me Lately? NEW
Mondays, Jan. 24–Feb. 21, 2:15–3:30 pm (VPC) $5
LIMIT: 15

Over five meetings, we’ll read and discuss The Double Helix by James Watson and The Code Breaker, a biography of Nobel Prize–winner Jennifer Doudna by Walter Isaacson. These books describe the discovery of the DNA double helix and the development of CRISPR—a tool for “editing” the DNA sequence of our genes—which offers the science-fiction-like power to alter human inheritance, raising daunting ethical questions. Join in discussing this groundbreaking research, the challenges and successes of women scientists, and human-kind’s future evolution. More info at http://brackspace.net.

Moderator: Robert Brackenbury is a cell and molecular biologist, avid reader, and excellent listener. He is Professor Emeritus of Cancer Biology at UC, has published more than 50 research papers, and has won awards for teaching. His interests include Italy and the Italian language, reading, boats, Photoshop shenanigans, and creating puzzles for his grandchildren.

1308 Remembering, Reflecting, and Writing Your Memoirs
Mondays, Jan. 24–Mar. 14, 2:15–3:30 pm (VPC) $5
LIMIT: 7

From child to teen to adult, from college to career to retirement, from influence of family to that of friends and peers, each of us has experienced events and people who have shaped who we are. Remember significant incidents and influential people in your life—and write about them. Reflect and understand more of who you are (and why). Maybe you will write for others, too, but write primarily for yourself. Respond to prompts. Share your writing and life experiences with each other in this intimate workshop for personal writing.

Moderator: Kathy Richardson has moderated OLLI courses in novels, poetry, nonfiction, and autobiography writing and has co-chaired Wednesday WOWs. She retired after 42 years as English teacher and middle school head at Seven Hills School. She loves writing both poetry and prose and feels privileged to share life experiences in writing classes.

1309 Beginning German Conversation
Mondays, Jan. 24–Mar. 14, 2:15 am–3:30 pm (ZOOM) $0
LIMIT: 20

A variety of authentic communicative activities for the student of German to function in real-life situations. Focus is on everyday situations: giving biographical information, making telephone calls, telling time, ordering in a restaurant, describing the family, packing a suitcase, going shopping, giving directions, and the like. Introduction of structural elements of German (grammar). With limited time, we hope to complete the first two or three chapters of Deutsch: Schritt für Schritt (2nd ed., 1993) by Elke Godfrey.

Moderator: Dieter Kohler was born and raised in Germany. Undergraduate and graduate study in business administration, German, political science, public administration, and international relations. Taught German for 15 years; adjunct faculty, Univ. of MD, Heidelberg, Germany. Retired from US military and US civil service.
Learn to communicate in this beautiful, musical language. You’ll acquire the basics of pronunciation, vocabulary, grammar, and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation plus special expressions for travelers. We’ll include tips on traveling, sightseeing, and enjoying Italian culture. Text: *Italian: A Self-Teaching Guide* by Edoardo A. Lèbano.

Moderator: Antonio lemmola has been teaching Italian at UC for 25 years and NKU for 29 years. He enjoys teaching this beautiful language with a great culture, cuisine, and fascinating history that goes back a long time. When you speak Italian, it seems as if you are singing opera because it is a very musical language. *Ciao e grazie.*

**1411 How Cincinnati Changed the World**

Tuesdays, Jan. 25–Mar. 15, 9:30–10:45 am (VPC) $5  
**LIMIT: 25**

Many residents of our region are unaware of the worldwide impact of past and present Cincinnatians. Join our exploration and discussion of how Cincinnatians influenced the world in areas such as media, medicine, education, consumer products, politics, and more.

Moderator: Robert Eveslage is Professor Emeritus and retired biology dept. chair at Cincinnati State. He developed his interest and knowledge in Cincinnati history by being a docent for Spring Grove Cemetery and Over-the-Rhine Brewery District. He also is a re-enactor of various figures from Cincinnati’s past.

**1412 Plato’s Understanding of Love: Reading the Symposium**

Tuesdays, Jan. 25–Mar. 15, 9:30–10:45 am (VPC) $5  
**LIMIT: 15**

The word “love” covers so many aspects of human interaction. It is notoriously difficult to translate into another language. Yet we have all experienced it. Plato’s dialogue “The Symposium” is constructed as a conversation at a dinner party during which each guest has to speak about love as he sees it. After an introduction to Plato and “dialogue,” we will discuss each speech in turn. You will be expected to keep up with the reading; translations are readily available.

Moderator: Michael Marchal graduated from XU with an AB in English and history, and from Fordham with an MA and PhD (candidate) in philosophy. He taught high school English for over four decades as well as philosophy as an adjunct at XU and Thomas More College. He has written three books on conversion and education. In retirement, he has enjoyed travelling and exploring.

**1413 Three Months in Bethlehem: Rights, Wrongs, and Realities UPDATED**

Tuesdays, Jan. 25–Mar. 1, 9:30–10:45 am (VPC) $5  
**LIMIT: 40**

Drawing on her experience as an international observer in the West Bank, Susan Brogden will lead an examination of the long conflict between modern Israel and the Palestinian people. Updated material will cover history, politics, religion, and America’s role. Readings and documentaries will illuminate this challenging and often contentious topic.

Moderator: Susan Brogden spent three months of 2018 in the West Bank as an international observer with the Ecumenical Accompaniment Program in Palestine and Israel. Since her return, she has worked as a regional coordinator for Churches for Middle East Peace, seeking to broaden Americans’ understanding of the Israeli/Palestinian conflict and advocate for a just peace for both Israelis and Palestinians.

**1414 Road to Revolution: British Colonial America, 1763–1776 NEW**

Tuesdays, Jan. 25–Mar. 15, 9:30–10:45 am (VPC) $5  
**LIMIT: 100**

Learn about the historical aftermath of the Treaty of Paris that ended the French and Indian War on the North American continent. We will explore significant events, societal attitudes, political cultures, activist leaders, and the mindset of Colonial citizens and British leaders in the years leading to the Declaration of Independence.

Moderator: Bob Wilhelmy, BA and MA, American history, UC. His hope for the course is that it will stimulate your questions, insights, contributions, and opinions.

**1415 Engineering the Modern World**

Tuesdays, Jan. 25–Mar. 15, 9:30–10:45 am (ZOOM) $0  
**UNLIMITED**

Products and services designed, developed, and brought to market during the 20th and 21st centuries have had a profound effect on the quality of our lives and on society. Without getting too technical, we will discuss the history, development, and some of the people behind 20 or so of the most important engineering achievements and how developments in one field of engineering have led to advances in other fields and affected the development of modern society.

Moderator: Jim Rauf, BA, physics, Thomas More College; BME, mechanical engineering, Univ. of Detroit. Retired from GE Aviation where he was a manager and principal engineer in the Commercial Jet Engines Product Support Group.
1416 Taking the Next Step in Your Meditation Practice
Tuesdays, Jan. 25–Mar. 15, 9:30–10:45 am (ZOOM) $0
LIMIT: 30
This course is for those who have been meditating for a while or who have taken Kevin’s meditation class in the recent past. You will explore the teacher-student relationship, the three stages of meditation, the role of friends on your spiritual path, various forms of spiritual purification, the usefulness of spiritual retreats, and your spiritual brain. You will learn more about standing and walking meditation and try some qigong exercises. These topics are blended from Christian, Hindu, and Buddhist traditions.
Moderator: Kevin Celarek earned a master’s degree from UC in 1974. He has taken dozens of self-improvement workshops and attended numerous spiritual retreats in three religious traditions during his 42-year spiritual journey with meditation and societal values. His spiritual search still continues.

1510 Spies, Murderers, and Thieves: Three Current Takes on the Detective Story NEW
Tuesdays, Jan. 25–Mar. 1, 11 am–12:15 pm (VPC) $5
LIMIT: 15
We will do a close reading of three novels all published at the end of 2021: Harlem Shuffle (Colson Whitehead), Silverview (John le Carré), and The Man Who Died Twice (Richard Osman). Each novel provides a different version of the detective story. All are available in print, digital, and audio formats.
Moderator: Jennifer Manoukian loves the opportunity provided by OLLI to read and discuss literature she enjoys with interested and interesting adults. Before retiring, she taught high school and college English for 31 years.

1511 Exploring Opera UPDATED
Tuesdays, Jan. 25–Mar. 15, 11 am–12:15 pm (VPC) $5
LIMIT: 40
We will explore “bel canto” opera with two operas that contain famous mad scenes. They are I Puritani by Vincenzo Bellini and Lucia di Lammermoor by Gaetano Donizetti. We will also study The Daughter of the Regiment, a lighter opera by Donizetti. You will learn the stories and backgrounds of the operas, something about the composers, and view the operas on DVD complete with subtitles. Your opinions of the operas and the performers will be welcome. We will also discuss the upcoming Metropolitan Opera live HD telecasts.
Moderator: Richard Goetz, PhD, is a retired industrial chemical research manager who has been listening to, studying, and attending opera since 1949.

1512 Advanced Poetry Writing UPDATED
Tuesdays, Jan. 25–Mar. 15, 11 am–12:15 pm (VPC) $5
LIMIT: 10
If you have previous experience writing poetry, then this discussion workshop is for you. We will share work in class to gain a greater appreciation and sophistication in the practice of the art. You will show your work to others and gain an understanding of the possibilities of poetic language and prosodic forms of expression that arise from what you and your fellow writers are doing and aspire toward. You will also conceptualize the possibilities of your subject matter to be shaped into effective poetic communication.
Moderator: David Schloss is a retired professor of creative writing, Miami Univ. His latest publication is The Heartbeat as an Ancient Instrument (Dos Madres Press, 2020).

1513 IN PERSON: Rage for Order: Reconstruction and Jim Crow in America NEW
Tuesdays, Jan. 25–Mar. 15, 11 am–12:15 pm (VPC) $5
LIMIT: 100
NEW
1514 ONLINE: Rage for Order: Reconstruction and Jim Crow in America NEW
Tuesdays, Jan. 25–Mar. 15, 11 am–12:15 pm (ZOOM) $0
UNLIMITED
We will describe and explain the history and racial and economic issues of the 40 years after the Civil War, issues that also agitate America today—racism, access to citizenship, civil and social rights, the relative powers of the national and state governments, the relationship between political and economic democracy, and the proper response to domestic terrorism. All are also questions related to Reconstruction, an era that has long been misunderstood.
Moderator: John Wilson is a retired attorney who previously moderated OLLI courses on slavery and the coming of the Civil War, FDR and Lincoln, and the US Constitution.

1515 I Don’t Want to Think about That Yet! NEW
Tuesdays, Jan. 25–Feb. 8, 11 am–12:15 pm (ZOOM) $0
LIMIT: 25
We put off thinking about preparing a will, assigning power-of-attorney, or moving into a nursing home. And we don’t think we will be the one scammed by Medicare fraud. Pro Seniors is a nonprofit serving senior and long-term care residents of Ohio. Over three weeks, we’ll cover: 1) The latest scams targeting seniors and how to protect against them. 2) How to choose and pay for long-term care in nursing, assisted living, or group homes. 3) What legal documents you need in place for the latter years of life.
Moderators: Brian Rhame, Senior Medicare Patrol; Mary Hurlburt, Long-Term Care Ombudsman; Miriam Sheline, Senior Managing Attorney. All represent Pro Seniors.
1516 TED Talks on Contemporary Topics  NEW  
Tuesdays, Jan. 25–Mar. 15, 11 am–12:15 pm (ZOOM) $0  
LIMIT 40

We will pick topics that are hot news as well as topics of interest to the OLLI community. Topics may include pandemic, climate change, immigration, racial injustice, voting rights, technology advances, health and aging, happiness, procrastination, listening and speaking, and others suggested by the class. You are expected to watch the assigned TED Talk prior to class and participate voraciously in the discussion. Different points of view are always welcome.

Moderator: Ram Darolia, PhD, is a longtime OLLI moderator and Board member. He is passionate about TED Talks. This will be his third class on TED Talks. Typically he moderates classes on science and engineering, but sometimes he veers off his comfort zone.

1517 More Murder and Mayhem!  NEW  
Tuesdays, Jan. 25–Mar. 15, 11 am–12:15 pm (ZOOM) $0  
LIMIT: 20

Alas, there’s more murder and mayhem afoot! Join us to discuss Jane Harper’s The Dry, Troy Soos’ The Cincinnati Red Stalkings, P. D. James’ A Taste for Death, Colin Dexter’s Last Bus to Woodstock, Tana French’s The Searcher, and Ruth Ware’s One by One. Follow the clues and you’ll find murder and mayhem lead to gripping conversations.

Moderators: Barbara Burke and Brenda Gatti are looking forward to another session of thought-provoking discussions. These two retired educators continue to be devoted OLLI volunteers and avid mystery readers.

1518 Who Speaks for Nature?  NEW  
Tuesdays, Feb. 1–Mar. 8, 12:45–2 pm (VPC) $5  
LIMIT: 40

The Ohio River is the most polluted river in the US. Our present system protects corporate property rights and profits but does not recognize the rights of the natural world to flourish. Citizens for Rights of the Ohio River Watershed (CROW) is actively seeking a paradigm shift to empower citizens to take responsibility for protecting ecosystems. This interactive, multimedia course will cover the extent of the damage, failures of government, how this international grassroots movement is working, and how we can help the Ohio River thrive again.

Moderator: Susan VonderHaar is a retired environmental scientist, educator, and lifelong advocate for nature. She worked as a researcher at the US EPA and as an adjunct college instructor at multiple Cincinnati-area campuses. She currently is an informal nature educator for K–12 schools and founding member of CROW.

1617 Understanding Vipassanā Meditation  UPDATED  
Tuesdays, Jan. 25–Mar. 15, 12:45–2:15 pm (VPC) $5  
LIMIT: 10

Vipassanā (insight) meditation practice technique was instituted by the Buddha over 2,500 years ago. The procedure guided him to attain the state of enlightenment. Concepts and step-by-step practice will be introduced. You will learn how to slowly develop insights by close attentiveness to and experiential phenomena of your own mind-body processes. Everyone who has an interest or wants to fulfill their curiosity is welcome.

Moderator: Manit Vichitchot has been practicing vipassanā meditation on a consistent basis since January 2009. Since then, he has participated in numerous intensive vipassanā meditation retreats in Thailand.

1618 Tracing Homo Sapiens through Europe into the Americas  
Tuesdays, Jan. 25–Mar. 15, 12:45–2 pm (ZOOM) $0  
LIMIT: 24

After tracing the routes of our modern ancestors into Europe, we will focus on their splitting and branching into the peoples who crossed the Bering Strait into America during the last Ice Age. A brief recap of the modern science of ancient DNA will be offered. Finally, we will survey the new American eras: the Lithic, Archaic, and Woodland eras demonstrate the transition from hunter-gatherers to early farmers to agricultural settlements. This survey highlights artifacts and archaeological evidence.

Moderator: Denis Hogya, 40 years of teaching at UC. Many years of quality management training and seminars. Former Cleveland Metropolitan Parks naturalist.
Viewed as too complex or beautifully simple, this cognitive neuroscience theory, like natural selection, describes change over time. It comprises thermodynamics, electrodynamics (MRI), and information processing, all difficult topics. We will review the anatomy/physiology of human body-brain system, concepts of potential and kinetic energy, and Claude Shannon’s theory of digital information. We will then be better able to watch Karl Friston’s YouTube video interviews. His scientific and mathematical formalism is very precise and dense, but we will try to unpack what it means for OLLI’s lifelong learning.

Moderator Kirtland E. Hobler, MS (physiology), MD, FACS (retired general surgeon), basic research in molecular biology, (oxidative metabolism), clinical research using computerized data processing (SAS), faculty teaching Univ. of Rochester and UNC, Chapel Hill.

Memoir writing gives voice to your personal stories of “becoming”—who you were, how you navigated life’s passages, who you’ve become. Your stories, with a bent toward creative nonfiction (plot, characters, setting, conflict, voice), can turn those real-life experiences into stories your audience will cherish. In this course, you will share your stories online. Then the writer changes hats, becoming an insightful reader—offering praise, questions, and constructive ideas. Both beginner and advanced writers are welcome.

Moderator: Regina (Jean) Hellyer retired from teaching at UC Blue Ash, where she taught writing, literature, and study skills. She enjoys writing her own memoirs using the genre called creative nonfiction—truthful narratives in story form. The method uses description, realistic characters, action, dialogue, and reflection. Revising is key as the writer “sees again” from a fresh perspective.

T. S. Eliot wrote, “What we call the beginning is often the end, And to make an end is to make a beginning.” Between an end and a new beginning is “liminal space.” In this space, both possibility and fear of the unknown exist. We experience this space often as we age. We’ve also experienced liminality globally during the pandemic. Something is ending; something new is beginning. In this course, we’ll explore liminal space and what we can learn about life after retirement, post-pandemic, and in facing uncertainty and change. NOTE: Also available as Zoom course #2702.

Moderator: Rick Warm has a PhD in leadership and change from Antioch Univ. and is director of the Center for Wisdom in Leadership, a research and educational organization based in Cincinnati.

Australia is the only country in the world that covers an entire continent. It is among the largest countries on earth. This illustrated course will explore Australia’s history, its early inhabitants, and the European colonists’ arrival. The relationships among colonists, their successors, and the indigenous population of Australia will also be a featured. You will learn about Aborigines, transportation, penal colonies, settlers, flora and fauna, Australian culture, and the contributions Australia has made to the world. G’ day mate!

Moderator: Keith Marriott, MEd, former professor of education, is a world traveler with a lifelong love of teaching and learning.

We continue our exploration of Jewish music with a look at more current trends in the music and explore in depth such Jewish artists as Leonard Cohen, Carol King, Bob Dylan, and others who have had a major impact on contemporary popular music. In addition, we will look at Israeli music and its evolution to a trendsetter on the world’s music stage. No need to have attended the fall session to enjoy this coda.

Moderators: Paul Evers, with degrees in mathematics and public health, recently retired as a consultant to hospitals on administrative issues. His musical ability extends to turning on record players, radios, and similar devices. Barbara Taggart-Milberg holds a music education degree from Indiana Univ. A retired programmer-analyst, she has performed as a member of orchestras, bands, and small ensembles.
1807 Caffé Italiano NEW
Wednesdays, Jan. 26–Mar. 2, 9–10 am (ZOOM) $0
LIMIT: 20

Join a lively group for nothing but conversation: it will be just like being in a coffee shop in Italy. You will need a working knowledge of Italian, including past tense. This is a great opportunity for those who have completed both Italian for Beginners (#1410) and Beginning Italian Conversation: Past Tense (#2211). Have your espresso, cappuccino, or caffe latte, and let’s talk in our virtual piazza. Antonio will even teach you how to gesticulate like a true Italian. Ciao.

Moderator: Antonio Iemmola has been teaching Italian at UC for 25 years and NKU for 29 years. He enjoys teaching this beautiful language with a great culture, cuisine, and fascinating history that goes back a long time. When you speak Italian, it seems as if you are singing opera because it is a very musical language.

2001 The Play’s the Thing UPDATED
Wednesdays, Jan. 26–Mar. 16, 12:45–2 pm (VPC) $5
LIMIT: 25

Comedies, tragedies, classics, one-act plays . . . whatever seems appealing for our own reader’s theater. We choose the plays, read the parts, direct action, select distinguishing props/costumes, or be part of the audience. No memorizing involved. No acting experience required. Let your voice be heard, and join in the great fun.

Moderator: Karen Zaugg is a theater enthusiast and sometimes actor in local productions.

2002 Medical Bioethics: Making Decisions about Health Issues NEW
Wednesdays, Jan. 26–Mar. 16, 12:45–2 pm (VPC) $5
LIMIT: 20

Advances in medicine challenge our deepest moral beliefs. We face situations in which the correct moral path may be hard to determine. This course will focus on two areas. First is what core beliefs are important in making moral decisions. Second is a focus on several areas of concern, including patient/doctor relationship (patient autonomy, the right to refuse treatment), end-of-life decisions (living wills, medical power of attorney, the right to die), and other issues chosen by the class. We will use short readings and be discussion oriented.

Moderator: Douglas Burks, PhD, was a professor of biology at Wilmington College for 28 years. He taught a bioethics course for biology and religion majors and several courses for nonmajors including Evolution and Creationism. He enjoys small classes with student-centered learning and discussion. He also taught incarcerated people in Lebanon Correctional Institution.

2003 Knit and Crochet UPDATED
Wednesdays, Jan. 26–Mar. 16, 12:45–2 pm (VPC) $5
LIMIT: 16

Beginning, intermediate, and advanced knitters and crocheters are welcome. Learn the basics, how to read patterns (it’s a new language), and tips and tricks from someone who has been teaching for about 40 years. You will work on your own projects with advice and assistance as needed in the company of other needle-workers.

Moderator: Sally Santoro has a passion for crafts and enjoys teaching others to enjoy them too. She has taught knitting to the blind (and they have taught her).

2004 Jung and the Tarot NEW
Wednesdays, Jan. 26–Mar. 16, 12:45–2 pm (ZOOM) $0
LIMIT: 20

Survey Jungian concepts as applied to the tarot to include archetypal imagery, active imagination, male/female assimilation, the process of individuation, symbols, colors, and the development of simple tarot card spreads for group interpretation and personal development. No experience with Carl Jung or tarot necessary. Lots of experiential exercises and group interface (via Zoom). You will need a 78-card tarot deck—any kind, any genre. Or you may purchase the Rider-Waite deck (available on Amazon), if you wish.

Moderator: Donata Glassmeyer has 45+ years of experience reading and evaluating tarot decks from around the world. She studied Jungian theory in graduate school and incorporates Jungian concepts in her classes and personal experience with the cards.

2005 Mythology with Joseph Campbell, Part 2
Wednesdays, Jan. 26–Mar. 16, 12:45–2 pm (ZOOM) $0
LIMIT: 40

We will continue viewing and discussing a set of lectures by Joseph Campbell (1904–1987). Campbell’s best-known work is his book The Hero with a Thousand Faces (1949), in which he discusses his theory of the journey of the archetypal hero shared by world mythologies, termed the monomyth. No need to have taken Part 1 to participate in this course.

Moderator: Jim Slouffman has been an artist and educator for 50+ years. He is the coordinator of the Steering Committee at the Greater Cincinnati Friends of Jung.

CLASS LOCATION ABBREVIATIONS:
- ADI – Adath Israel, Amberley Village
- OHLL – Ohio Living Llanfair, College Hill
- VPC – UC Victory Parkway Campus, East Walnut Hills
2107 Race and the City (Cincinnati), 1820–Present NEW
Wednesdays, Jan. 26–Mar. 16, 2:15–3:30 pm (ZOOM) $0
LIMIT: 30

The course will center around six chapters from the book *Race and the City: Work, Community, and Protest in Cincinnati, 1820–1970*, by Henry Louis Taylor Jr. Together, we will explore the historic systems that created generational barriers to equitable opportunities for African Americans in Cincinnati. You will listen to the reading of selected chapters posted on the moderator’s YouTube channel and interact virtually by posting comments and questions in the YouTube comments section. You will also have an opportunity to give a brief report on one of the chapters not covered in the class.

Moderator: Melanie Moon’s grandparents moved to Cincinnati from the South during the Great Migration. One of three children of working-class parents, she earned master’s degrees in early childhood development and library science. She served as library director for Princeton City Schools, Cincinnati Hills Christian Academy Middle School, and Brown Mackie College. She is an active member of her community council.

2108 Broadway: Moving into the 21st Century NEW
Wednesdays, Jan. 26–Mar. 16, 2:15–3:30 pm (ZOOM) $0
UNLIMITED

We will continue our journey through the history of Broadway musicals by featuring shows from the late 1990s and into the 2000s. Through film clips and discussion, we will cover shows including *Ragtime*, *Fosse*, *The Full Monty*, *The Producers*, *Mamma Mia*, and *Hairspray*.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for several years.

2109 Genetics as It Applies to You
Wednesdays, Jan. 26–Mar. 16, 2:15–3:30 pm (ZOOM) $0
UNLIMITED

Genes! We all have them, but how do we use that information to take care of ourselves, catch criminals, and learn about our dogs? As a follow-up to the popular course Exploring the Basics of Genetics, we will expand on the basics of genetics and discuss specific tests like newborn screening, direct-to-consumer testing, and forensics. We will also cover recent topics such as gene therapies, ethics, and the COVID mRNA vaccines.

Moderators: Dharti Adhia is a licensed genetic counselor who works in the molecular lab and at the hemophilia and prenatal clinics as a genetic counselor at Cincinnati Children’s Hospital Medical Center. Beatrix Wong is a licensed genetic counselor at Cincinnati Children’s Hospital. She sees patients in the General Genetics Clinic and the Cincinnati Fetal Center.

2110 Audio-Book Club for Slow Readers and Inquiring Minds NEW
Wednesdays, Jan. 26–Mar. 16, 2:15–3:30 pm (ZOOM) $0
LIMIT: 10

Core “hearing” will center around *An Indigenous Peoples’ History of the United States* by Roxanne Dunbar-Ortiz, *A People’s History of the United States* by Howard Zinn, and *How to Hide an Empire* by Daniel Immerwahr. You will also receive a curated selection of suggested books on economics, environment, and issues of equity to broaden the range of discussion.

Moderator: Lynn Hamamoto is vision-impaired but uses the resources of the Public Library of Cincinnati and Hamilton County to borrow audiobooks, e-books, hard-copy books, and magazines using the Libby or Hoopla apps and films, documentaries, and academic classes using the Kanopy app. Audiobooks save her time, especially when she adjusts the speed up a bit. Podcasts too.

2211 Italian Conversation: Past Tense
Thursdays, Jan. 27–Mar. 3, 9–10:30 am (ZOOM) $0
LIMIT: 20

Increase your knowledge of Italian through conversation, culture, and camaraderie. We’ll spend the first part of each class on grammar, past tense, and vocabulary with the second part devoted to conversation, Italian crosswords, and interesting topics in Italian culture. You will need some knowledge of basic Italian or to have taken Italian for Beginners (#1410). Text: *Italian: A Self-Teaching Guide* by Edoardo A. Lèbano.

Moderator: Antonio Iemmola has been teaching Italian at UC for 25 years and NKU for 29 years. He enjoys teaching this beautiful language with a great culture, cuisine, and fascinating history. When you speak Italian, it seems as if you are singing opera because it is very musical.

2212 Finding Solutions to America’s Problems UPDATED
Thursdays, Jan. 27–Mar. 17, 9:30–10:45 am (ZOOM) $0
LIMIT: 9

This is the 12th OLLI course using the National Issues Forum (NIF) public deliberation process. We will weigh alternatives from various courses of action using NIF issues guides. You are encouraged to express, listen to, and consider all points of view. Discussions involve these major issues: 1) Climate Choices: How Should We Meet the Challenges of a Warming Planet? 2) School, Interrupted: How Should We Teach in a Pandemic? 3) What Should We Do about the Opioid Epidemic?

Moderator: Kent Friel, MBA, UC, 1965. Former business owner and Community Fellow with KnowledgeWorks Foundation. He is a trained moderator in the deliberation process by the NIF, a subsidiary of the Kettering Foundation.
2213 How Music Means NEW
Thursdays, Jan. 27–Mar. 17, 9:30–10:45 am (VPC) $5
LIMIT: 40

No musical background required: only a curiosity about how classical and Hollywood composers use the elements of music (intervals, chords, melody) to fashion metaphors in sound for the experiences of life. Rick will share these elements “before your very ears,” demonstrating and improvising on a keyboard in the classroom. Together, we’ll construct tunes! We’ll listen to scores, some by Rick, to discover composers’ “tricks.” We’ll tackle some big questions: Does music mean anything? If musical gestures metaphorize life experiences and states of mind, then how? What is greatness in music?

Moderator: Rick Sowash is a composer and author. He publishes his own sheet music, CDs, and books. His music is heard on classical music radio including WGUC. His clarinet concerto was recorded by the St. Petersburg Symphony. His cello concerto premiered at Carnegie Hall. He has written 400 works of music and eight books. More info at www.sowash.com.

2214 IN PERSON: Revolutions: Causes and Legacies NEW
Thursdays, Jan. 27–Mar. 17, 9:30–10:45 am (VPC) $5
LIMIT: 100

We will explore the causes and legacies of the American, French, and Russian revolutions and the historical background and policies that initiated them. Conventional history may not be complete.

Moderator: Doug MacCurdy has presented many OLLI programs and courses. Expect to hear lots of versions of the truth from the entire class.

2215 ONLINE: Revolutions: Causes and Legacies NEW
Thursdays, Jan. 27–Mar. 17, 9:30–10:45 am (ZOOM) $0
UNLIMITED

Through colorful resources—toys, dioramas, sleight-of-hand tricks, funny hats, “mystery objects”—you will learn basic French. Via lively humorous anecdotes, Rick will also share his knowledge of the culture and history of France, the land of his ancestors, which he has visited many times. You will “repeat after me,” learning to pronounce French words and phrases. Through impromptu guided dialogues, you will learn how to politely ask for directions, check into “un hôtel,” order “un café et un croissant,” and locate “les toilettes” (an important skill!).

Moderator: Rick Sowash is a classical composer and the author of eight books. He publishes his own sheet music, books, and CDs. For six years, he taught high school French at Leaves of Learning, a Cincinnati alternative school. He and Jo, his wife of 49 years, love France and French culture. More info at www.sowash.com.

2216 Public Lands-Sacred Spaces UPDATED
Thursdays, Jan. 27–Mar. 17, 9:30–10:45 am (ZOOM) $0
LIMIT: 30

Presidents Clinton and Obama used the 1906 Antiquities Act to protect millions of acres of public land by creating national monuments. The Sagebrush Rebellion, which began in the 1970s, seeks to transfer ownership of public land to the states so it can be exploited. The fight over federal land began with the passage of the Federal Land Ordinance of 1785. This course, first presented in 2018, covers the some-times contentious history of federal land. New material will follow a shortened recap of the earlier presentation.

Moderator: Bill Menrath recently retired from UC College of Medicine where he did research in environmental and occupational health. He also served as director of the Great Lakes OSHA Education Center and worked for the UN Environment Programme to assist Chinese laboratories develop quality-control methods for analyzing environmental samples.

2217 Financial Workshop: Your Source for Financial Information
Thursdays, Jan. 27–Mar. 17, 9:30–10:45 am (ZOOM) $0
UNLIMITED

Financial education is an important step in helping you achieve a better future. That is why this financial workshop offers clear and practical investing education in a convenient and comfortable format. By attending this workshop, you’ll gain a better understanding of the key principles of saving and investing and also learn specific strategies to help you reach your long-term goals.

Moderator: Timothy J. Payne is a financial advisor with Edward Jones. His primary goal is to help individual investors and business owners develop an investment strategy geared toward their unique long-term goals. Whether you need to save for a child’s education, reduce taxes, or plan for retirement, he can help.

2306 French for the Fun of It NEW
Thursdays, Jan. 27–Mar. 17, 11 am–12:15 pm (VPC) $5
LIMIT: 40

Fun with Phone Photography UPDATED
Thursdays, Jan. 27–Mar. 17, 11 am–12:15 pm (VPC) $5
LIMIT: 20

While the moderator’s experience is with the iPhone, the photo composition lessons apply to any phone camera. Course covers: Adjusting the photo both before and after you take it. Effects of camera settings on a photo. Editing software for changing the image after the photo is taken. Storing photos in the camera or in the cloud. Composition techniques for various scenes, such as portraits both single and group, landscapes, closeups, etc. Please add Peter’s email address in your contacts directory to prevent your email system from trashing his email: pnord@fuse.net.
Moderator: Peter Nord, PhD, has some decades of photo experience. Even with several degrees in chemistry, he is happy to make photographs without those nasty chemicals.

2308 IN PERSON: For the Love of Music UPDATED
Thursdays, Jan. 27–Mar. 17, 11 am–12:15 pm (VPC) $5
LIMIT: 100

2309 ONLINE: For the Love of Music UPDATED
Thursdays, Jan. 27–Mar. 17, 11 am–12:15 pm (ZOOM) $0
UNLIMITED

We will sample excerpts and discuss forthcoming performances by Cincinnati Symphony Orchestra, Chamber Music Cincinnati, Linton Chamber Music, Cincinnati Ballet, and other Cincinnati musical organizations to explore great compositions. Contexts include performance practice and reception history, composers, and performers.

Moderator: Bob Zierolf, retired UC vice provost, dean of the Graduate School, and professor of music theory at CCM.

2310 Sketches and Correspondence of Elizabeth Nourse in WWI France NEW
Thursdays, Jan. 27–Feb. 10, 11 am–12:15 pm (ZOOM) $0
UNLIMITED

Cincinnati-born Franco-American salon painter Elizabeth Nourse chronicled the harsh realities she and her sister Louise faced living in Paris when war began on August 3, 1914. Agonizing atrocities, demoralizing hardships, and deaths of friends in Paris and Brittany continued even after victory on November 19, 1918. Archival photos reinforce Nourse’s documentation. Nourse wrote letters to family and friends with startling details and quiet humor. Her sketches record poignant moments of grief and joy.

Moderator: Sandra Geiser, art historian, spent eight years at the Mercantile Library archiving the Niehoff Nourse Collection (now at the Cincinnati Art Museum). There, she discovered Nourse’s letters and sketches revealing the impact and hardships of World War I. Geiser’s MA in French, research trips to Brittany, and sojourns in Paris gave insights to the anguish Nourse shared with the French.

2311 Papercrafting UPDATED
Thursdays, Jan. 27–Mar. 17, 12:30–3 pm (VPC) $5 (+fee)
LIMIT: 8

Learn techniques in stamping, sponging, die cutting, dry and heat embossing, and more. These techniques can be applied to card-making, scrapbooking, decorations, etc. Bring a pair of sharp, pointed craft scissors to every class. After the first class, you will need to purchase the adhesive of your choice. At the first class, Cathy will collect a $10 fee to cover all inks, papers, markers, and embellishments as well as a sample bag of adhesives and useful craft aids.

Moderator: Cathy Berrens is a retired teacher who spent most of her career in preschool and kindergarten settings. She has taken a variety of card-making classes in the last ten years and occasionally sells at fundraisers, but she mostly makes cards and scrapbooks for friends and family.

2315 IN PERSON: Comic Bee Songs in American Sheet Music, 1900–1925 NEW
Thursday, Jan. 27, 12:45–2 pm (VPC) $0
LIMIT: 100

2316 ONLINE: Comic Bee Songs in American Sheet Music, 1900–1925 NEW
Thursday, Jan. 27, 12:45–2 pm (ZOOM) $0
UNLIMITED

With images and music, Theresa Leininger-Miller examines honey bees and bumblebees in early 20th-century illustrated sheet music, considering the convergence/divergence of entertaining imagery with lyrics. Such popular culture appealed to pianists with bold graphics, saturated colors, and comic scenes and narratives. Anthropomorphized bees express pleasures of romantic human relationships as well as heartache and physical misery. Fantastic size discrepancies between gigantic bees and tiny people wooed consumers, as did oversized blossoms, patriotic fervor, and the taste of honey. Dr. Leininger-Miller, UC art history professor, published two essays on these topics.

2317 IN PERSON: Music, Science, and Nature NEW
Thursday, Feb. 3, 12:45–2 pm (VPC) $0
LIMIT: 100

2318 ONLINE: Music, Science, and Nature NEW
Thursday, Feb. 3, 12:45–2 pm (ZOOM) $0
UNLIMITED

Mara Helmuth, composer and computer musician, and her two graduate assistants, Yunze Mu and Grace Choi, from UC-CCM’s Center for Computer Music will discuss their recent electronic music compositions involving nature and science. Helmuth’s work has involved bird sounds and other nature sounds from the US, Uganda, Australia, and Asia. Mu has created a neural network to recognize mahjong tiles that are played by performers in his composition.

CLASS LOCATION ABBREVIATIONS:
- ADI – Adath Israel, Amberley Village
- OHLL – Ohio Living Llanfair, College Hill
- VPC – UC Victory Parkway Campus, East Walnut Hills
IN PERSON: Plastics and the Environment: Hear the Truth and Be Amazed NEW
Thursday, Feb. 10, 12:45–2 pm (VPC) $0
LIMIT: 100
By reading over 2,000 peer-reviewed articles, Chris DeArmitt discovered that we have been misled about plastics and the environment. He will present the evidence, based on his influential book *The Plastics Paradox: Facts for a Brighter Future*. Only by starting with solid information can we hope to make wise choices. The talk will cover waste, litter, degradation, ocean plastics, microplastics, and more. Furthermore, the presentation will reveal who misled the public and why.

DeArmitt (PhD; Fellow of the Royal Society of Chemistry; Fellow of the Institute of Materials, Minerals, and Mining) will replace the fiction we believe now with fact.

Thursday, Mar. 3, 12:45–2 pm (VPC) $0
LIMIT: 100
We cannot stop aging, but we can slow down its effects by embracing the seven dimensions of wellness. Presenter Roy Franchi practices what he preaches and will share his real experiences—not just theory. Franchi worked for many years at P&G before undertaking his current work covering the aging process and retirement issues.

IN PERSON: What’s New at the Arc of Appalachia Preserve System, Bainbridge, OH NEW
Thursday, Mar. 17, 12:45–2 pm (VPC) $0
LIMIT: 100
Naturalist and board advisor John Jaeger will provide an explanation of one plausible theory.

IN PERSON: Innovating to Reduce Poverty and Supporting Families’ Self-Sufficiency NEW
Thursday, Feb. 24, 12:45–2 pm (VPC) $0
LIMIT: 100
Moira Weir, President and CEO of United Way of Greater Cincinnati; Audrey Treasure of the Cincinnati Chamber, VP and Executive Director of the Workforce Innovation Center; and Sister Sally Duffy, community volunteer, will share information about their collaborative efforts to create systemic solutions that support long-term success for families. Workforce Innovation Center consults with companies to advance the adoption of inclusive practices to meet business goals and support employees. Project Lift is a public/private partnership that helps families remove barriers to securing sustainable income and achieving financial stability.

IN PERSON: Plastics and the Environment: Hear the Truth and Be Amazed NEW
Thursday, Feb. 10, 12:45–2 pm (ZOOM) $0
UNLIMITED

ONLINE: Body/Mind/Spirit: Integration for Healing NEW
Thursday, Feb. 17, 12:45–2 pm (VPC) $0
LIMIT: 100
The segmented approach to healing has finally been put to rest. We are beings who have the power to heal ourselves. This presentation will look at the input that each part of us—body, mind, and spirit—contributes to healing and living an integrated life. Patricia Faust is a gerontologist and brain health specialist who has researched and written on many aspects of living a healthy and fulfilling lifestyle.

ONLINE: Body/Mind/Spirit: Integration for Healing NEW
Thursday, Feb. 17, 12:45–2 pm (ZOOM) $0
UNLIMITED

ONLINE: What’s New at the Arc of Appalachia Preserve System, Bainbridge, OH NEW
Thursday, Mar. 17, 12:45–2 pm (ZOOM) $0
UNLIMITED
IN PERSON: What’s New at the Arc of Appalachia Preserve System, Bainbridge, OH
Thursday, Mar. 17, 12:45–2 pm (ZOOM) $0
UNLIMITED

ONLINE: What’s New at the Arc of Appalachia Preserve System, Bainbridge, OH
Thursday, Mar. 17, 12:45–2 pm (ZOOM) $0
UNLIMITED
IN PERSON: What’s New at the Arc of Appalachia Preserve System, Bainbridge, OH
Thursday, Mar. 17, 12:45–2 pm (VPC) $0
LIMIT: 100

ONLINE: Plastics and the Environment: Hear the Truth and Be Amazed NEW
Thursday, Feb. 10, 12:45–2 pm (VPC) $0
UNLIMITED

ONLINE: Plastics and the Environment: Hear the Truth and Be Amazed NEW
Thursday, Feb. 10, 12:45–2 pm (ZOOM) $0
UNLIMITED
IN PERSON: Plastics and the Environment: Hear the Truth and Be Amazed
Thursday, Feb. 10, 12:45–2 pm (VPC) $0
LIMIT: 100
IN PERSON: Plastics and the Environment: Hear the Truth and Be Amazed
Thursday, Feb. 10, 12:45–2 pm (ZOOM) $0
UNLIMITED
2508 Vipassanā Meditation Practice NEW
Thursdays, Jan. 27–Mar. 17, 1:30–3:30 pm (VPC) $5
LIMIT: 10
The course is for those who have prior experience with the fundamentals of vipassanā (insight) meditation practice. It is an opportunity to cultivate the Buddha’s way of liberation through the practice of ethics, meditation, and insight. More technical explanations concerning the practice procedures will be introduced. The session starts with a short chanting and follows with the walking and sitting practices. Thorough discussion about the practice experiences will follow. The session is concluded with an extended loving-kindness observation. Each class meets for two hours.
Moderator: Manit Vichitchot has been practicing vipassanā meditation on a consistent basis since January 2009. Since then, he has participated in numerous intensive vipassanā meditation retreats in Thailand.

2509 Creativity and Innovation: Powering the Future UPDATED
Thursdays, Jan. 27–Mar. 17, 2:15–3:30 pm (VPC) $5
LIMIT: 25
Learn new ways to ignite your imagination, discover creative insights, explore innovation, and pursue entrepreneurial opportunities. We are experiencing exponential change and perplexing, tenacious, and complex problems. You will learn how to use creativity and innovation to address the environmental, social, and governance issues that we’re experiencing. The course focuses on building an understanding of the essential competencies to unlock your talent through practical exercises. You will be able to improve your creative problem solving and critical thinking to solve all types of problems to improve your life choices.
Moderator: Ralph Brueggemann, MBA, MEd, is an adjunct professor at the College of Engineering and Applied Science, UC. He is an author, has practical experience in independent consulting, and held management position in national and international corporations developing commercial technology products and implementing quality improvement programs.

2510 Three Shakespeare Plays NEW
Thursdays, Jan. 27–Mar. 17, 2:15–3:30 pm (ZOOM) $0
LIMIT: 25
We will read three plays, in order: Richard III, an early history; Hamlet, a great tragedy; and Twelfth Night, arguably Shakespeare’s best comedy. First, we will discuss Shakespeare in general and how to read (and survive) the Bard, and then we will begin with Richard III. The last week will be devoted to an evaluation of our reading of Shakespeare.
Moderator: John Briggs has moderated numerous literature courses for OLLI and holds advanced degrees in literature.

2603 Shakespeare for All NEW
Fridays, Jan. 28–Mar. 4, 9:30–10:45 am (VPC) $5
LIMIT: 20
The Cincinnati Shakespeare Company believes that by breathing life into the Bard’s work in new and exciting ways, the plays of William Shakespeare can be valuable to anyone. Through script analysis, ensemble building, and learning about the history of the play as it’s been produced around the world, this course will do a deep dive into Shakespeare’s classic tragedy, Hamlet. The class will culminate in students attending a live performance of Hamlet at the Cincinnati Shakespeare Company followed by a Q&A session with actors involved in the production.
Moderator: Crystian Wiltshire is the Associate Artistic Director of the Cincinnati Shakespeare Company. He has worked as a professional actor, director, and teaching artist for nearly a decade across the country. He has a wealth of experience bringing Shakespeare to life for all audiences in an easy, fun, and accessible way.

2604 Life in Ancient Greece and Rome UPDATED
Fridays, Jan. 28–Mar. 18, 9:30–10:45 am (VPC) $5
LIMIT: 100
Explore aspects of life and culture in ancient Greece and Rome. Doctoral students, faculty, and staff from the UC Department of Classics will present a series of engaging presentations such as “Ancient Plagues and Pandemics,” “The Crowd Goes Wild: Gladiators in Rome,” “Democracy through the Eyes of a Woman: Aspasia,” “A Funny Thing Happened on the Way to Fountain Square,” “What Do Archaeologists Do, Anyway?” and others. You will learn about the importance of the Classical past to modern values and traditions.
Moderator: Kathleen Lynch is Professor of Classics at UC. She is an archaeologist with a specialty in ancient Greek ceramics. At UC, she teaches mythology and has won the Cohen Excellence in Teaching Award.

2605 Six F’s to Fulfilling Relationships NEW
Fridays, Jan. 28–Mar. 18, 9:30–10:45 am (ZOOM) $0
LIMIT: 20
What are the keys to a fulfilling relationship? How do we covenant through the challenges of everyday living as a couple? How do we live lovingly and authentically together? Amy and Dan Weyand-Geise share their insights along with other couples each week as they address the six F’s to healthy relationships: Faith, Family, Friends, Finances, Fighting, and Frolicking.
Moderators: Amy and Dan Weyand-Geise have been a couple nearly 30 years. They have four adult children and have served the past 21 years in the College Hill community at the First United Church of Christ.
2701 Friday Book Class: East African Fiction  UPDATED
Fridays, Jan. 28, Feb. 11, Feb. 25, Mar. 11, 11 am–12:15 pm (ZOOM) $5
LIMIT: 15
We will discuss four varied works of fiction by East African authors. Two are coming-of-age novels from the points of view of a girl from Zimbabwe and a boy from Tanzania. One is a modern epic poem from Uganda, and the last is a novel set in current-day Kenya. Jan. 28: Nervous Conditions by Tsitsi Dangarembga (Zimbabwe); Feb. 11: Paradise by Abdulrazak Gurnah (Tanzania); Feb. 25: Song of Lawino/ Song of Ocol by Okot p’Bitek (Uganda); Mar. 11: Dust by Yvonne Adhiambo Owuor (Kenya).
Moderator: Susan Robinson has co-moderated the Friday Book Class for the past several years. She is a former Peace Corps volunteer and lifelong reader.

2702 Understanding “The Space Between”—Lessons in Change for Aging Well NEW
Fridays, Jan. 28–Mar. 18, 11 am–12:15 pm (ZOOM) $0
LIMIT: 24
T. S. Eliot wrote, “What we call the beginning is often the end, And to make an end is to make a beginning.” Between an end and a new beginning is “liminal space.” In this space, both possibility and fear of the unknown exist. We experience this space often as we age. We’ve also experienced liminality globally during the pandemic. Something is ending; something new is beginning. In this course, we’ll explore liminal space and what we can learn about life after retirement, post pandemic, and in facing uncertainty and change.
NOTE: Also available as in-person course #1709.
Moderator: Rick Warm has a PhD in leadership and change from Antioch Univ. and is director of the Center for Wisdom in Leadership, a research and educational organization based in Cincinnati.

2809 Architecture of Food NEW
Friday, Feb. 4, 1–3 pm (ZOOM) $0
UNLIMITED
Chefs, just like architects, design foods to have a specific aesthetic and function. One of the founders of French grande cuisine, Marie-Antoine Carême (1784–1833) studied as an architect before becoming an international chef. His career-changing decision led the way to modern food plating, including the modern wedding cake. We’ll explore the great architecture of the world and its lasting influence on every plate placed before you in restaurants around the world.
Moderator: Larry Canepa is a Certified Culinary Educator and Le Cordon Bleu Chef, author, researcher, food historian, and lecturer on culinary topics. With 40+ years of food and beverage expertise in cooking, food, and culture, he has a dynamic, innovative, and engaging style that incorporates food history, culinary arts, and education into every class.

2810 Food Fables NEW
Friday, Feb. 11, 1–3 pm (ZOOM) $0
UNLIMITED
Food seeps into our consciousness at a very early age—through folktales, parables, fables, rhymes, and bedtime stories. Explore the mysterious, suspicious, famous, and surprising stories behind your favorite foods. From soup to nuts, dozens of famous foods have delicious stories to tell.
Moderator: Larry Canepa is a Certified Culinary Educator and Le Cordon Bleu Chef, author, researcher, food historian, and lecturer on culinary topics. With 40+ years of food and beverage expertise in cooking, food, and culture, he has a dynamic, innovative, and engaging style that incorporates food history, culinary arts, and education into every class.

2811 Writing a Legacy Letter
Friday, Feb. 18, 1–3 pm (ZOOM) $0
LIMIT: 20
A legacy letter (also called an ethical will) is a written document that allows you to share your life lessons, express your values, and transmit your blessings to future generations. A legacy letter is shorter than a memoir, typically just a few pages. Writing one is a rewarding experience that creates an enduring gift for family and friends. This one-session online workshop includes discussion and brief writing exercises; it offers advice, encouragement, and a model structure to help you draft and complete your own legacy letter.
Moderator: Jay Sherwin has practiced law, given away money for five different charitable foundations, and served as a hospital chaplain. In 2019, he created the Life Reflections Project to educate people about legacy letters, ethical wills, and other legacy documents. He has extensive experience facilitating online adult learning programs and has offered this workshop for OLLI programs nationwide.
2812 Four Pillars of the New Retirement  NEW
Friday, Feb. 25, 1–3 pm (ZOOM) $0
UNLIMITED

We will share insights from the Edward Jones/Age Wave research about how retirement is changing. You will gain knowledge about the four essential pillars (health, family, purpose, and finances) that can impact quality of life in retirement.

Moderator: Timothy J. Payne is a financial advisor with Edward Jones. His primary goal is to help individual investors and business owners develop an investment strategy geared toward their unique long-term goals. Whether you need to save for a child’s education, reduce taxes, or plan for retirement, he can help.

2813 How Does the US Rank, 2022? A Top-Ten Summary  NEW
Friday, Mar. 4, 1–3 pm (ZOOM) $0
UNLIMITED

We’ll look at global factors like incomes, deductions, and taxes; environment and pollution; energy sources; healthcare costs and outcomes; education levels and achievement; life expectancy and paid vacations; religiosity and atheism; national prosperity index; murder and crime rates; a change-readiness index; happiest and most competitive countries; “best” countries ranked; where to be born in 2022; and more. All charts and links to data sources will be provided to you in advance. This is the fourth year for the compilation of credible survey rankings and the most comprehensive yet.

Moderator: Doug Stowell has been a national OLLI Instructor since 2018. His career includes director of market research for the Xerox Corp.; US director for the UK firm National Opinion Polling, Ltd.; and senior consultant with Wirthlin Polling in DC. He opened his own firm in 2002 and continues today conducting global consumer-issues surveys and lecturing on global issues.

2814 Russia and the United States  NEW
Friday, Mar. 11, 1–3 pm (VPC) $0
LIMIT: 100

Russia and the US have many areas of conflict and some possible areas of mutual interest. Arms control, Russian interference in US elections and support of cyberattacks, the status of Ukraine, the fate of opposition politicians in Russia—all continue to be concerning. How will the current administration in Washington approach these issues? This program is presented in collaboration with the World Affairs Council of Cincinnati and Northern Kentucky.

Moderators: Pat Niskodé, PhD, adjunct professor, Miami U. Richard Lauf, PhD (board member), Michelle Harpenua (Executive Director), and Erika Lundstedt (Global Education Manager), World Affairs Council, Cincinnati and Northern KY.

2815 Trip to Barcelona, Spain, and Southern France
Friday, Mar. 18, 1–3 pm (ZOOM) $0
UNLIMITED

Sit back and armchair travel to Barcelona, Spain, and southern France through pictures, maps, stories, videos, and background information. You’ll make stops around Barcelona, the cosmopolitan capital of Spain’s Catalonia region, known for its art and architecture. In southern France, you’ll visit Collioure on the Mediterranean coast, the hilltop town of Carcassonne, Arles in Provence, Nice on the French Riviera, and many other interesting and scenic places.

Moderator: Jim Jacobson is a retired attorney who loves travel and history. He has taken many OLLI courses in Dayton and Cincinnati and has taught a few, as well.

3001 Gardening: Ask the Experts  UPDATED
Mondays, Jan. 24–Mar. 14 (no class 2/21), 9:30–10:45 am (ADI) $5
LIMIT: 20

From landscaping ideas to native plants, each week, an expert on specific gardening techniques and plants will speak on their area of expertise. Come join us for new ideas in gardening.

Moderator: Deb Price is a long-time enthusiast of all aspects of gardening. Each class session will feature experts from within and outside of the OLLI ranks, but all professionals in their subjects. Literally and figuratively they are “outstanding in their fields.”

3002 What Will the Next Ten Years Bring?  NEW
Mondays, Jan. 24–Mar. 14 (no class 2/21), 9:30–10:45 am (ADI) $5
LIMIT: 50

What will the future bring in these areas? 1) Agriculture and food. 2) Aerospace—living on the moon, Mars, farther space exploration. 3) Smart cities, housing, farms. 4) Finance—cryptocurrency, blockchain, digital currency. 5) Computers and communications—smartphones, 5G phone network, smart wearables, the cloud, the internet of things, big data. 6) Energy. 7) Entertainment—3D television and movies, augmented and virtual reality. 8) Medicine. 9) Robotics. 10) Transportation—autonomous vehicles and farm equipment, flying, water transportation.

Moderator: Howie Baum, BS industrial design and AS mechanical engineering, worked as a mechanical and industrial engineer at companies in Cincinnati and Dayton doing product and process design. He has taught for 36 years at four universities and colleges.
3003  Cincinnati and How It Grew: Neighborhood by Neighborhood  UPDATED
Mondays, Jan. 24–Mar. 14 (no class 2/21),
9:30–10:45 am (ADI)  $5
LIMIT: 20
Cincinnati is a city of 52 recognized neighborhoods. We will explore why, how, and when these distinct areas became part of Cincinnati, many giving up their own “city” status. Did you know that College Hill had a town hall and a mayor? You will be invited to contribute information about your own neighborhoods.
Moderator: Marcha Hunley has been an educator for 40 years and is a lifelong Cincinnati resident. Currently, she keeps her brain in tiptop shape by moderating courses for OLLI and designing historical tours for Spring Grove Cemetery and the OTR Brewery District.

3011  Books about Books  NEW
Mondays, Jan. 24–Mar. 14 (no class 2/21),
11 am–12:15 pm (ADI)  $5
LIMIT: 20
What’s a better topic for a book than . . . books? If you love books about books, then this is the class for you! First up, The Book Thief by Markus Zusak. Some of our selections will be heart-wrenching, some light, but all good reads.
Moderator: Deb Price has moderated more than a dozen multiweek OLLI courses on books. She enjoys all types of reading—even cereal boxes.

3102  Smartphone and Social Media for Seniors  UPDATED
Mondays, Jan. 24–Mar. 14 (no class 2/21),
11 am–12:15 pm (ADI)  $5
LIMIT: 20
Social media can bring the world to you without the need to go anywhere. We’ll show how to use your smartphone or tablet in a safer way to navigate this world of information. Topics to be covered: 1) Smartphone and tablet—opening a window on the world. 2) Social media—Facebook, Twitter, and the ads. 3) Sharing pictures on Google, viewing pictures or videos made by smartphone on TV. 4) Podcasts and getting music on smartphone. 5) Security and safety when using smartphone and social media.
Moderator: Katalin Molnar is a retired software engineer, former researcher in artificial intelligence and text recognition. She has taught this class at OLLI, Miami Township Senior Center, and Anderson Senior Center and wants to share it with more people.

3103  Tragedy Tomorrow, Film Comedy Tonight  NEW
Mondays, Jan. 24–Mar. 14 (no class 2/21),
11 am–12:15 pm (ADI)  $5
LIMIT: 50
Why do we laugh? What makes something funny? We’ll explore those questions by discussing eight film comedies including political satire, several spoofs, musical comedy, and rom-coms. This will be a discussion class only, so please view the movies prior to the class. All films are readily available at the library, streaming services, or retail outlets. The movies, in this order, are Arsenic and Old Lace, A Funny Thing Happened on the Way to the Forum, Dr. Strangelove, MASH, Young Frankenstein, Moonstruck, The Princess Bride, and Knives Out.
Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for many years.

3401  Life and Times of Will Shakespeare  NEW
Tuesdays, Jan. 25–Mar. 15, 9:30–10:45 am (ADI)  $5
LIMIT: 20
Learn about Elizabethan England (customs, hygiene, law-and-order, religious turmoil, education, history of theater, plague, social ranking), and discover William Shakespeare. We’ll follow him from his early years in Stratford (education, hasty marriage, father’s rise and fall), through the “lost years” (tutor? traveling actor?), to success in London (with colorful friends and enemies), then retirement, obscurity—and rediscovery. Fascinating stuff!
Moderator: Linda Kegg has led various OLLI classes, including Extraordinary Women, Easy Exercise, Origami, and The Tumultuous Tudor Era.

3402  World War I  UPDATED
Tuesdays, Jan. 25–Mar. 15, 9:30–10:45 am (ADI)  $5
LIMIT: 20
We will start with the causes of WWI, go through the war, and end with the peace treaties.
Moderator: Edward Schneider, BA in history from Miami Univ., MA in history from UC. Taught history and AP European history at Madeira and Indian Hill high schools. Presenter for College Board in European history from 1996 to 2016.

CLASS LOCATION ABBREVIATIONS:
• ADI – Adath Israel, Amberley Village
• OHLL – Ohio Living Llanfair, College Hill
• VPC – UC Victory Parkway Campus, East Walnut Hills
3403 Let’s Get Down to Earth  UPDATED  
Tuesdays, Jan. 25–Mar. 15, 9:30–10:45 am (ADI) $5  
LIMIT: 20

Using excerpts from The Nature of Earth: An Introduction to Geology by Professor John Renton for Great Courses, supplemented with other resources, we’ll discuss the origins of the universe and the stars beginning with the Big Bang, look at ways to find the distance to stars and galaxies, touch on dark matter and dark energy, and show how cosmic dust makes new stars and us. Down on Earth, we’ll explore plate tectonics, how bonds in chemical elements make rocks and graphene, and the relationship between climate and types of soils. 

Moderator: Richard Longshore, MD, is a graduate of XU and Univ. of Louisville College of Medicine. He is NOT a geologist or astrophysicist, but he has an interest in what we see around us.

3501 Exploring C. G. Jung: Psychologist or Philosopher?  UPDATED  
Tuesdays, Jan. 25–Mar. 15, 11 am–12:15 pm (ADI) $5  
LIMIT: 20

Carl Jung developed a vast work concerning self-knowledge, personal development, art, culture, and spirituality. We’ll start by reviewing basic concepts of Jungian philosophy. Then you will have the opportunity to learn in greater depth the aspect of Jung’s teaching that has special interest for you by researching and presenting a topic for class discussion. Sally and Tom will suggest resources to help your journey of discovery.

Moderators: Sally Moore, coordinator emerita of Great Cincinnati Friends of Jung and retired director of Research Services, Convergys, Inc. Tom Flautt, PhD, retired P&G executive, involved in organizational development, executive coaching, and personality research.

3502 Art for the Artless  NEW  
Tuesdays, Jan. 25–Mar. 15, 11 am–12:15 pm (ADI) $5  
LIMIT: 12

If you think you can’t draw a straight line, this class is for you. No judging—just fun. The only thing you’ll need is an interest in all kinds of art and a sketchbook. Deb will provide the rest: crayons, gel pens, calligraphy markers, and more. Come join us!

Moderator: Deb Price is not an artist, but she enjoys dabbling in various media. Her interest is in natural themes, especially sycamore trees.

3503 You Can Change How You feel  UPDATED  
Tuesdays, Jan. 25–Mar. 15, 11 am–12:15 pm (ADI) $5  
LIMIT: 15

While anger, fear, and hurt are normal feelings, sometimes we have too much of them for our own good. This session will introduce you to the Albert Ellis, PhD, method to change feelings. Rational Emotive Therapy (RET) is a self-help skill that you can use to manage stress or change negative self-talk.

Moderator: Mike Shryock is a licensed clinical counselor with many years’ experience using Rational Emotive Therapy (RET). He is also a facilitator for Smart Recovery, a program using RET for people with addiction.

3504 Tour Adath Israel Synagogue  
Tuesday, Mar. 1, 12:45–2 pm (ADI) $0  
LIMIT: 20

Learn about Jewish rituals and holidays while observing the beautiful stained-glass windows and artifacts throughout Adath Israel Synagogue. Jo-Ann Casuto, a longtime member of Adath Israel, will lead the tour.

3601 Exceeding Expectations in Sales and Life  NEW  
Tuesday, Jan. 25, 12:45–2 pm (ADI) $0  
LIMIT: 50

Through the lens of a 45-year career in sales and broadcast management, Terry Dean presents strategies for identifying customer needs, setting and achieving goals, and managing the time to accomplish your objectives. While the information presented is useful for salespeople, it is applicable for anyone who would like to get better at getting things done.

3602 Rescuing the African Queen Halftrack  UPDATED  
Tuesday, Feb. 1, 12:45–2 pm (ADI) $0  
LIMIT: 50

Col. Mark Koloc walks us through the efforts to successfully rescue a historical artifact from the East African desert and return it to the US. This artifact is the only one left of its kind and is currently on display at the National Museum of the US Air Force in Dayton. A combat veteran who served three tours in Afghanistan, East Africa, and the Balkans, Koloc is executive director of the African Queen Project, an educational nonprofit.

3603 “Magic Minutia” and “Socorro Sojourn”  NEW  
Tuesday, Feb. 8, 12:45–2 pm (ADI) $0  
LIMIT: 50

Join underwater videographer Mary Anne Pedoto for her most recent underwater adventure to the Philippines for a look at some of the most amusing and cryptic critters the sea has to offer. We’ll then travel to the Socorro, Mexico, area (also known as the Revillagigedo Archipelago) for the “big guys”—giant friendly manta rays, sharks, and dolphins. Pedoto has been shooting underwater video for more than 20 years in many parts of the world.
3604 Your Hard-Earned Possessions: Downsizing, Donating, and Recycling  **UPDATED**
Tuesday, Feb. 15, 12:45–2 pm (ADI)  $0
**LIMIT: 50**

Jack Brendamour, CEO of Junk King, is an expert in downsizing. He’ll help you understand the best outlets for disposing of or recycling different household items along with other downsizing suggestions. As you let go of your sometimes-sentimental possessions, it’s helpful to receive donating and recycling advice that considers what is best for our community and the environment.

3605 Top-Ten Archaeological Discoveries of All Time  **NEW**
Tuesday, Feb. 22, 12:45–2 pm (ADI)  $0
**LIMIT: 50**

Betty Beaumont will take us on a “tour” of what some experts agree are the top-ten archaeological discoveries ever, e.g., Pompeii, King Tut’s tomb, China’s terracotta army, etc. Exactly what was found? Why are these so significant? What other discoveries would you add to the list? Beaumont is a P&G retiree but previously majored in classical studies at the University of Tennessee. She has taught several OLLI classes on history and culture.

3606 Lincoln and Grant: The Alliance that Won the Civil War  **NEW**
Tuesday, Mar. 1, 12:45–2 pm (ADI)  $0
**LIMIT: 50**

Abraham Lincoln and Ulysses S. Grant knew each other personally for only 13 months before Lincoln’s assassination. However, during that perilous time, the nation’s soul and future were at stake. The two westerners thought alike and both matured greatly and fervently enjoyed each other’s company. Civil War historian Chris Burns unveils their alliance that forged a friendship and eventually won the war. Burns is a former adjunct history faculty member at Northern Kentucky University.

3607 Separation of Church and State: Vital in 1787, Vital Now  **UPDATED**
Tuesday, Mar. 8, 12:45–2 pm (ADI)  $0
**LIMIT: 50**

American presidents from Washington and Jefferson to JFK believed the wall of separation between church and state must be absolute. We will look at the history of this foundational principle, enshrined in our Constitution’s first amendment, and why the “wall of separation” is as vitally important to protecting Americans’ freedom today as ever. Presenter Michael Goldman represents Congregation Beth Adam’s Social Justice Committee, which has been studying this issue for two years and seeks to educate others about its current significance.

3608 Race, Ethnicity, and Genetic Ancestry in Medicine  **NEW**
Tuesday, Mar. 15, 12:45–2 pm (ADI)  $0
**LIMIT: 50**

Various terminologies are used to group humans into categories including race and ethnicity. The Human Genome Project and subsequent genomics research have reinforced the notion that humans are more alike than we are different, and racial and ethnic grouping is more sociopolitical than biological. Tesfaye Mersha explores the history of human racial/ethnic classification and the use and misuse of race, ethnicity, and ancestry information to investigate human health determinants and biomedical research. Dr. Mersha is associate professor at Cincinnati Children’s Hospital and UC, where he leads the Population Genetics, Ancestry and Bioinformatics Laboratory.

3801 Cold Serial: The Jack the Strangler Murders  **UPDATED**
Thursdays, Jan. 27–Mar. 17, 9:30–10:45 am (ADI)  $5
**LIMIT: 20**

Investigate recently uncovered murders and rapes that could lead to a serial killer in the Cincinnati-Dayton area. The time, 1900–1911. Understand the nature of serial killers. Meet the victims and hear their stories. One woman escaped and identified a person of interest. In the final class, you will assume the role of a juror to grant justice to these girls and women and convict a suspect on multiple counts of murder to solve a murder that has been unsolved for more than a hundred years.

Moderator: Brian Forschner has a PhD from OSU, operated halfway houses, and taught at UD, XU, and Wright Patterson AFB. He studied criminal justice systems in Europe and the former USSR, was president of the Senior Service division of Mercy Health, and worked with health professionals in Cuba and Croatia. A play based on his book, Cold Serial, was staged at the Aronoff Center.

3802 Getting Older Ain’t for Sissies  **UPDATED**
Thursdays, Jan. 27–Mar. 17, 9:30–10:45 am (ADI)  $5
**LIMIT: 20**

General information about the changes and challenges we face as we age. Designed to help those of us who are getting older and those who care for and care about aging family and friends. Taught by a master’s-prepared nurse and author of a book of the same name.

Moderator: Terri Gaitskill is a master’s-prepared RN with many years of experience teaching nursing. A favorite subject is gerontologic nursing. After she retired, she wanted to continue to share her knowledge. She has made well-received presentations at local churches, the YMCA, and senior centers. Now a published author of a book titled Getting Older Ain’t for Sissies.
3803 Gemology, Jewelry, and the Jewelry Business
**UPDATED**
Thursdays, Jan. 27–Mar. 17, 9:30–10:45 am (ADI) $5
**LIMIT: 20**
We will begin our journey through the world of gems and jewelry with introductory talks focused on the structure and chemical properties of gems, diamonds, and precious metals; the three major colored stones; and the full array of colored stones. The last weeks of the course, we plan to have several guest speakers.

Moderator: Richard Wendel, MD, MBA, and Graduate Gemologist, is a retired urologist who owned and operated an upscale jewelry store in downtown Cincinnati for many years. He is a SCORE counselor and maintains his love for fine jewelry.

3901 To Everything There is a Season: Ecclesiastes, a Scroll for Skeptics
**NEW**
Thursdays, Jan. 27–Mar. 17, 11 am–12:15 pm (ADI) $5
**LIMIT: 20**
We will study the biblical Book of Ecclesiastes, written partially or entirely by aging King Solomon. He is a skeptic in his senior years, having accumulated fabulous riches, power, and hundreds of wives. He expresses his doubts about the meaning and justice of it all—and comes to the conclusion that a meaningful life comes from some simple things: faith, loving relationships, and the performance of good deeds for others. Join Rabbi Walter in taking Solomon’s journey from skepticism and doubt to affirmation and hope.

Moderator: Gerry Walter is rabbi emeritus of Temple Sholom and also the recently retired director of pastoral care at Cedar Village. He has taught Jewish and religious studies and Bible at Hebrew Union College, NKU, Virginia Tech, and Roanoke College.

3902 Economics and You, Part 1
**NEW**
Thursdays, Jan. 27–Feb. 24, 11 am–12:15 pm (ADI) $5
**LIMIT: 20**
This class is organized around entertaining, easy to understand presentations in an interactive format that separate fact from fiction. PowerPoint, videos of fascinating, evidence-based topics, and stories reveal how history, politics, and economics collide with the present day. See how economic events, past and present, affect daily life for you and your grandchildren. If you were bored by economics in school, this is for you! This is your chance to get in on the beginning of a continuing series of Economics and You courses.

Moderator: Paul Lohr holds a bachelor’s degree in economics with a minor in political science and a master’s degree in education. He had a 12-year second career as a teacher prior to retirement. He enjoys sharing the hidden stories behind events or history. He also teaches for Miami Univ. Institute for Learning in Retirement.

3903 Read-Through of Children’s Literature
**NEW**
Thursdays, Jan. 27–Mar. 17, 11 am–12:15 pm (ADI) $5
**LIMIT: 12**
Experts emphasize the importance of reading to children. It’s been the best bedtime routine for decades. We’ll discuss bedtime classics and move on to board books for babies, easy readers, picture books, and young adult novels. We expect lots of discussion and participation from everyone. Be ready to share your own favorites.

Moderator: Caryl Miller is an educator with 44 years of classroom experience. She loves books for children and owns hundreds of them. She is drawn to books with beautiful illustrations. A career highlight was teaching a reading seminar to multi-handicapped teens.

5001 IN PERSON: History of African Americans in Cincinnati
**UPDATED**
Wednesday, Jan. 26, 9:30 am–12 pm (VPC) $0
**LIMIT: 100**
5002 ONLINE: History of African Americans in Cincinnati
**UPDATED**
Wednesday, Jan. 26, 9:30 am–12 pm (ZOOM) $0
**UNLIMITED**
Take a closer look at Cincinnati through the eyes of African Americans dating back to the late 1800s and up to the 1980s. Located on the banks of the Ohio River, Cincinnati was a stop on the Underground Railroad and a gateway to the North for thousands of African Americans during the Great Migration after the Civil War and Reconstruction. This historic legacy is revealed through images of Black life in the community, churches, education, politics, civil rights, and sports.

Moderator: Gina Ruffin Moore reported on-air for several radio stations. Her current leadership roles include board memberships at Housing Opportunities Made Equal, Harriet Beecher Stowe House, and Woodview Homeowners’ Association. She’s active in Toastmasters International and the Greater Cincinnati Association of Training and Development. Cofounder of the Woodlawn Historical and Preservation Society, she authored Cincinnati (Black America Series).

**CLASS LOCATION ABBREVIATIONS:**
- ADI – Adath Israel, Amberley Village
- OHLL – Ohio Living Llanfair, College Hill
- VPC – UC Victory Parkway Campus, East Walnut Hills
Val Nastold knows elephants. He has been working with them at the Cincinnati Zoo for 30 years. He will take us through the history of elephants at the zoo, going all the way back to how the zoo came to have elephants. He will share with us the care and feeding of these amazing creatures, then and now. Finally, he will fill us in on the future of elephants at our nationally recognized zoo.

Moderator: Val Nastold has been at the Cincinnati Zoo for 36 years. He has been working with elephants there for 30 years. A Cincinnati native who attended college at UC, he loves the city so much that he decided to stay.

Since early times people have looked to the skies and tried to explain what they saw. How does the universe work? What do our measurements tell us? For all our successes, history warns that our understanding is incomplete and subject to change. What have we learned about dealing with uncertainty? Can we understand our limitations in a way that helps us? What lessons can we apply to our everyday lives as consumers of science? What questions should we ask? How does one find reliable information in the marketplace of ideas?

Moderator: Christopher Jacobs, raised and educated in Anderson Township, is a scientist at Caltech’s Jet Propulsion Laboratory, NASA’s solar system exploration center. He makes star maps for interplanetary navigation. He has contributed to 300 papers and spoken professionally across six continents.
5011 IN PERSON: Life and Magnificent Art of Vincent van Gogh  NEW
Wednesday, Mar. 2, 9:30 am–12 pm (VPC) $0
LIMIT: 100

5012 ONLINE: Life and Magnificent Art of Vincent van Gogh  NEW
Wednesday, Mar. 2, 9:30 am–12 pm (ZOOM) $0
UNLIMITED

We will look at the interesting life and amazing artworks of Vincent van Gogh (1853–1890). He was a Dutch Post-Impressionist painter who posthumously became one of the most famous and influential figures in the history of Western art. In a decade, he created about 2,100 artworks, including around 860 oil paintings, most of which date from the last two years of his life.

Moderator: Howie Baum, BS industrial design and AS mechanical engineering, worked as a mechanical and industrial engineer at companies in Cincinnati and Dayton doing product and process design. He has taught for 36 years at four universities and colleges.

5013 IN PERSON: Golden Age of Broadway  NEW
Wednesday, Mar. 9, 9:30 am–12 pm (VPC) $0
LIMIT: 100

5014 ONLINE: Golden Age of Broadway  NEW
Wednesday, Mar. 9, 9:30 am–12 pm (ZOOM) $0
UNLIMITED

Using great stories and marvelous video recordings of everyone from Ethel Merman to Hugh Jackman, Irving Berlin to Joel Gray, we’ll take an entertaining walk down musical theater memory lane. You’ll want to sing along to classic old favorites.

Moderator: Rabbi Ken Kanter, formerly associate dean at Hebrew Union College, is a lecturer and author of books, journals, and articles on the history of American culture, focusing on Jewish contributions to American popular music. A Harvard BA, he was honored by the British Royal Society for the Arts “to the outstanding student in the arts from America’s premier university.”

5015 IN PERSON: Wonder and Mystery of Beach Sands and Their Magnificent Colors  NEW
Wednesday, Mar. 16, 9:30 am–12 pm (VPC) $0
LIMIT: 100

5016 ONLINE: Wonder and Mystery of Beach Sands and Their Magnificent Colors  NEW
Wednesday, Mar. 16, 9:30 am–12 pm (ZOOM) $0
UNLIMITED

Since you missed your beach vacation due to COVID 19, we will visit about a dozen beaches around the world to amaze you with the beauty of various shapes and colors of sands as well as their origins and locations. Part beach vacation, part science lesson, all fascinating!

Moderator: Ram Darolia is a long-time OLLI moderator and Board member. Born and raised in the Thar desert of India, he is passionate about anything and everything about sands.

6009 Theories of Aging  NEW
Friday, Jan. 28, 9:30 am–12 pm (OHLL) $0
LIMIT: 50

The presenters will provide information and education on the theories of aging and on the changing trends in science and medicine with regard to the aging process. NOTE: The moderators will be presenting from a remote location.

Moderators: Tom Hageman is a certified nutritionist. His wife and co-moderator is Beverly Lansden, MD (ret.). She is a graduate of the UC College of Medicine and holds Board certifications in internal medicine, endocrinology, and anti-aging and regenerative medicine.

6010 Walnut Hills: Vignettes from a Diverse Community  NEW
Friday, Feb. 4, 9:30 am–12 pm (OHLL) $0
LIMIT: 50

From its earliest settlement, Walnut Hills has a history of diversity in housing, transportation, and community institutions. Stories from that rich past inform the opportunities and struggles of the neighborhood today. You’ll learn about how Harriet Beecher Stowe’s house was transformed into a hotel listed in the Green Book; how road arteries connected the “Hills” to wider Cincinnati while dividing local neighbors and businesses; and how schools, churches, and civic societies have worked and are working to maintain an environment where all our neighbors can thrive.

Moderators: JoAnn Morse, Geoff Sutton, and Christina Hartlieb are core members of the Walnut Hills Historical Society. Hartlieb is director of the Harriet Beecher Stowe House. Morse and Sutton (retired professors) use their training in history to focus on their neighborhood of Walnut Hills.

6011 Stop the Bleed  NEW
Friday, Feb. 11, 9:30 am–12 pm (OHLL) $0
LIMIT: 50

You could save a life. Stop the Bleed is a nationwide campaign to empower individuals to act quickly and save lives. Uncontrolled bleeding injuries result from natural and manmade disasters and from everyday accidents. It can kill within minutes, potentially before trained responders arrive. Bystanders with little or no medical training can become heroic lifesavers. Similar to the use of CPR or automatic defibrillators, improving public awareness about how to stop severe bleeding and expanding access to Bleeding Control Kits can be the difference between life and death.
Moderator: Regina Menninger is the Trauma Prevention and Outreach Coordinator for UC Health. She is responsible for educating the community on different types of trauma as well as teaching trauma prevention. She graduated from UC with a bachelor’s degree in nursing and has been a registered nurse for 15 years.

6012 Charter Committee of Greater Cincinnati NEW
Friday, Feb. 18, 9:30 am–12 pm (OHLL) $0
LIMIT: 50

In 1924, the Charter Committee of Greater Cincinnati was organized to combat the corruption of the Boss Cox machine. At the time, Cincinnati was considered to be the most corrupt city in the US. Murray Seagood, who headed the Charter Committee, proposed a new type of organization, the council-manager form of government. The new City Charter and the six Charterites who were elected to Council eliminated political patronage and corruption. We will cover the history of the Charter Committee, Charter principles, and other important milestones of the past century.

Moderator: Bill Menrath recently retired from UC College of Medicine where he did research in environmental and occupational health. He also served as director of the Great Lakes OSHA Education Center and worked for the UN Environment Programme to assist Chinese laboratories develop quality-control methods for analyzing environmental samples.

6013 Beginner’s Guide to Travel in Ireland NEW
Friday, Feb. 25, 9:30 am–12 pm (OHLL) $0
LIMIT: 50

Interested in traveling to Ireland? Steve Ulm has made multiple visits to the Emerald Isle and will give an overview of Ireland travel for first-time visitors. What are popular sights? Is Northern Ireland safe? How to travel around Ireland? How hard is it to drive on the left side of the road? How to use your cell phone? Where can I get a Guinness? What are helpful travel tips in general? He’ll attempt to answer these and other questions.

Moderator: Steve Ulm is a retired engineer who likes travel and history. This, along with a wife of Irish descent and multiple trips to Ireland, has led to an interest in the history and culture of the Emerald Isle.

6014 Crossing the Ohio River: Cincinnati’s Historic Bridges NEW
Friday, Mar. 4, 9:30 am–12 pm (OHLL) $0
LIMIT: 50

Cincinnati was a river town from its first moments in 1788. Newport and Covington began around the same time. Getting back and forth across the mighty Ohio River presented logistical challenges and numerous opportunities—ferries until 1866 when the Cincinnati-Covington Bridge (today’s Roebling Suspension Bridge) literally connected the cities. This program traces the history of the spans that have kept traffic and commerce flowing between Ohio and Kentucky—as well as some of the challenges, from politics to necessary repairs.

Moderator: Rick Pender, Cincinnati journalist, historian, and author, has promoted Greater Cincinnati for more than four decades. His latest book, Oldest Cincinnati, pays homage to more than two centuries of Cincinnati’s oldests, firsts, and finests. He continues to write for Cincinnati CityBeat and guides tours to introduce people to Cincinnati’s history.

6015 Ohio History Connection: Sparking Discovery of Ohio’s Stories NEW
Friday, Mar. 11, 9:30 am–12 pm (OHLL) $0
LIMIT: 50

Find out about the mission and history of the Ohio History Connection (formerly known as Ohio Historical Society) and its programs, member services, and sites, including the Ohio History Center in Columbus. We will also provide a traveler’s guide to the many fantastic stories and historic sites and museums all around Ohio, from presidential homes to Native American Indian earthworks to nature preserves to corduroy roads leading to the moon.

Moderators: Erin Bartlett has been with the Ohio History Connection (OHC) for more than 30 years and is its Regional Site Coordinator for historic sites in its western region. Bill Kennedy is another OHC Regional Coordinator, with responsibility for 27 archaeological and historic sites.

6016 Taft Museum of Art: Where Art and History Live on the Walls—and in the Walls NEW
Friday, Mar. 18, 9:30 am–12 pm (OHLL) $0
LIMIT: 50

Explore the 200-year history of downtown Cincinnati’s oldest surviving wooden residence still in its original location—the Baum-Longworth-Sinton-Taft house. This National Historic Landmark became a public museum in 1932 to house the exceptional art collection of its final residents, Charles Phelps and Anna Sinton Taft. Go behind the scenes to learn about the major restoration project undertaken in 2021. Then hear about the current exhibition, In a New Light: Treasures from the Taft, reinterpreting the collection, and what visitors can expect when the historic house is reopened after the preservation project.

Moderators: Tamera Lenz Muente has been part of the curatorial team of the museum since 2006 and was promoted to curator in 2021. She co-curated In a New Light. Angela Fuller joined the Taft Museum of Art in 2016 as assistant registrar/curatorial assistant.
8102 Radiance of the Mystics: Self-Study Course  UPDATED
Tuesdays, Jan 25–Mar. 15 (Email) $0
UNLIMITED

Each week, you will receive via email a self-study packet on the subject of a different Western mystic. A mystic is a person who seeks by contemplation and self-surrender to obtain unity with or absorption into the deity or the absolute, or who believes in the spiritual apprehension of truths that are beyond the intellect. Get ready to meet eight fascinating individuals through quotations, pictures, and essays.

Moderator: Jim Slouffman is a retired educator of over 50 years, a member of the Greater Cincinnati Friends of Jung Committee, and an active artist.

8103 Bridge 102: For Those Who Know Some of the Basics  UPDATED
Tuesdays, Jan. 25–Mar. 22, 2:45–5 pm
(Cincinnati Bridge Center) $5
LIMIT: 16

Those who have taken an introductory bridge course or have experience playing socially will gain additional skills. Those who have not completed Bridge 101 must be approved for participation. Topics and course curriculum will follow the American Contract Bridge League text *Play of the Hand in the 21st Century* but will be adjusted to fit student experience levels. Topics to be covered: techniques for play, strong and weak 2 bids, communication, and beginning conventions beyond the basics. 2860 Cooper Rd., Evendale. NOTE: Some sessions may be moved to Zoom to accommodate the moderator’s schedule.

Moderator: Larry Newman, Ruby Life Master, Best Practices Accredited teacher of the ACBL and member of the Cincinnati Bridge Assn. education committee. For questions about eligibility, email ltpbridge@gmail.com.

8304 Times, Lives, and Music of the Great Romantic Composers  NEW
Thursdays, Jan. 27–Mar. 17 (Email) $0
UNLIMITED

Each week, you will receive via email a self-study packet featuring sound links, images, and text describing and discussing the great Romantic composers of the 19th and early 20th centuries.

Moderator: Rafael de Acha has been involved in the performing arts as a singer, director, producer, and writer for more than 60 years. This is his eighth year moderating courses for OLLI.

8305 Simply Brilliant: Artist-Jewelers of the 1960s and 1970s  NEW
Friday, Jan. 28, 1:30–3 pm (Cincinnati Art Museum) $0
LIMIT: 50

Take a docent-guided tour of the Cincinnati Art Museum’s special exhibition *Simply Brilliant: Artist-Jewelers of the 1960s and 1970s*. Using yellow gold and incorporating both precious and semi-precious gems, these artists were inspired by nature. The 120 pieces explore the international renaissance in fine jewelry in the 1960s and ’70s. Assembled by Cincinnatian Kimberly Klosterman and one of the most important private collections in the world, this exhibition features the work of independent jewelers and work created for Bulgari, Cartier, and other major houses. 953 Eden Park Dr., Eden Park.
**9006 Mercantile Library Tour and History**  NEW  
**Wednesday, Feb. 2, 1–3 pm (Mercantile Library)**  $0
**LIMIT: 20**

Founded in 1835 as the Young Men’s Mercantile Library Association, downtown’s Mercantile Library continues to serve Cincinnatians as a membership library and center for discussion of literature and important topics of the day. Find out about its fascinating history and browse the stacks. Paid parking nearby. 414 Walnut St., 11th floor, Downtown.

**9007 Chocolate Mystery Tour**  NEW  
**Thursday, Feb. 10, 1–3 pm (Mystery!)**  $5 (no refunds)
**LIMIT: 20**

Do you love surprises? Do you love chocolate? Sign up for this tour of two different chocolatiers. Registrants will receive information about the first location a day or two ahead of time. One hint: both are on the east side of the metro area.

**9008 Pub Night at the Cock & Bull, Glendale**  UPDATED  
**Tuesday, Mar. 1, 7–9 pm (Cock & Bull)**  $0 (+fee)
**LIMIT: 25**

Join us for a lively evening with OLLI friends. Longtime moderators Caryl Miller and Deb Price will challenge us with trivia questions based on women’s history in honor of Women’s History Month. $5 at the door covers pub snacks; drinks on your own. 275 E. Sharon Rd., Glendale.

**9009 Contemporary African American Artists**  NEW  
**Friday, Mar. 4, 1:30–3 pm (Cincinnati Art Museum)**  $0 (+fee for CAM nonmembers)
**LIMIT: 50**

Take a docent-guided tour of two of the Cincinnati Art Museum’s special exhibitions. *Working Together* is the first major museum exhibition about the Kamoinge Workshop, the groundbreaking African American photographers’ collective, and includes more than 150 photographs by 15 of the group’s early members. *David Driskell: Icons of Nature and History* highlights the vibrant paintings, prints, and collages of one of the most revered American artists of his generation. Through both his art and his advocacy on behalf of Black artists, Driskell made vital contributions to art history. Members of the Cincinnati Art Museum admitted free; all others pay exhibition admission (TBA) at the door. 953 Eden Park Dr., Eden Park.

**9010 American Sign Museum (Morning)**  UPDATED  
**Tuesday, Mar. 8, 11 am–12:30 pm (American Sign Museum)**  $10 (no refunds)
**LIMIT: 20**

**9011 American Sign Museum (Afternoon)**  UPDATED  
**Tuesday, Mar. 8, 1–2:30 pm (American Sign Museum)**  $10 (no refunds)
**LIMIT: 20**

Take a guided tour of Cincinnati’s American Sign Museum. This unique attraction, dedicated to the art and history of signs and sign making, is the largest public museum dedicated to signs in the US. Covering more than 100 years of American sign history in 20,000 square feet of indoor space, the museum is a walk through the ages of nostalgia, sign technologies, and design. 1330 Monmouth Ave., Camp Washington.

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**CLASS LOCATION ABBREVIATIONS:**
- ADI – Adath Israel, Amberley Village
- OHLL – Ohio Living Llanfair, College Hill
- VPC – UC Victory Parkway Campus, East Walnut Hills
# OLLI MAIL-IN REGISTRATION FORM

## First Registrant (Please Print)

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**Membership Fee:** $75*  
**Total Payment:** $

**Enclose payment by check payable to OLLI at UC and mail to:**

OLLI at UC, PO BOX 210093  
CINCINNATI, OH 45221-0093

*For moderators of multiweek classes in this term, scholarship students, & Tower of Strength Society members.

Register online: [www.uc.edu/olli](http://www.uc.edu/olli)  
Questions: 513-556-9186. No phone registration!