

OLLI FALL 2022 COURSE CATALOG

IMPORTANT DATES

Fall Term: Sep 19–Nov 14, 2022

Check individual course listings for specific meeting dates.

[Registration](#) Opens: Aug 16, 10 am

CLASS INFORMATION

Both in-person and online classes are offered. Download free [Zoom Client for Meetings](#) for the best online class experience. Online classes are offered in real time, are interactive, and are not recorded. Class format and location are indicated in the course descriptions. No tests; no grades!

Along with professors and other educators, OLLI classes are taught by professionals from many fields as well as passionate hobbyists. A brief biography of each class moderator is included with the course description.

OLLI MEMBERSHIP

OLLI programs are designed for adults aged 50 and older. The only prerequisite is a desire to learn.

PRICING & REFUNDS

Fall Term Membership: \$90

- Most multiweek classes: \$5
- Most one-time programs: \$0
- Fieldtrips: \$0–\$8

Refunds after the term begins at director's discretion.

Moderators of multiweek Fall courses and UC Foundation Tower of Strength donors receive complimentary membership. Please notify the office before trying to register if you are eligible for a free membership.

FINANCIAL ASSISTANCE

Financial assistance is available to all who need it. Send a short statement of need to olli@uc.edu to request a scholarship or call 513-556-9186 for information.

REGISTRATION

Registration opens Tuesday, Aug 16, 10 am.

You may [register online](#) (strongly recommended) or by mail by printing and mailing the completed [registration form](#) with a check for \$90 plus any class fees.

No phone registration!

WAIT LISTS

If a class you want is full, you may place yourself on a wait list. If a place opens in that class, the first person on the list will be notified by phone or email and have a limited amount of time to respond before the place is offered to the next person on the list.

TEACHING FOR OLLI

If you would like to share your expertise with the OLLI community, please consider volunteering to moderate a class. Visit the [OLLI website](#) or call 513-556-9186.

DISCLAIMER

The views and opinions expressed in OLLI courses are strictly those of the moderators and their guest speakers. Course content has not been reviewed by the Osher Lifelong Learning Institute at the University of Cincinnati. Consult your financial advisor before acting on any implied or actual recommendations concerning the investment of your money. Consult your physician before following any medical, nutritional, or exercise program or advice.

[LOCATIONS & PARKING](#)

UC Victory Parkway Campus (VPC)—2220 Victory Pkwy., 45206. Permits for free parking in the OLLI lot accessed from Cypress St. are distributed during the first week of classes and available later in the OLLI office (VPC Admin 207).

Adath Israel (ADI)—3201 E. Galbraith Rd., 45236. Free parking in the adjacent lot. No food or drink except water is permitted in this facility.

Ohio Living Llanfair (OHLL)—1701 Llanfair Ave., 45224. Free parking in the adjacent lot. Look for OLLI signs.

UC Blue Ash (UCBA)—9555 Plainfield Rd, 45236. Registrants will receive information about parking.

COVID RULES FOR IN-PERSON PROGRAMS

OLLI follows all [COVID protocols](#) of the University of Cincinnati. At this time (but subject to change), proof of vaccination, facial coverings, and social distancing are NOT required. Some locations may have other protocols.

CONTACT US

EMAIL: olli@uc.edu

PHONE: 513-556-9186

VISIT: 2220 Victory Pkwy., Admin 207, Cincinnati, OH 45206

MAIL: OLLI at UC, PO Box 210093, Cincinnati, OH 45221-0093

CLASSES BY CATEGORY

ART & ART HISTORY

- 2824** A Closer Look: Sutton Hoo and Scandinavian Burial Treasures (ZOOM-FRI)
1027 Found Objects and Your Imagination (VPC-MON)
9028 Galloping through Dynasties: The Horse in Chinese Art (OTHER-FRI)
2229/2230 History of Art Making (VPC/ZOOM-THU)
4003 Life and Art of Pablo Picasso (ADI-THU)

COMPUTERS & TECHNOLOGY

- 1242** Future Perfect (ZOOM-MON)
2016 Introduction to Excel (VPC-WED)
1720 Introduction to Personal Computers (VPC-TUE)
2517 iPhone Basics and Beyond (VPC-THU)
4103 Smartphone and Social Media for Seniors (ADI-THU)

CURRENT EVENTS, LAW & POLITICS

- 2822** Cincinnati Collaborative on Police Reform: 20 Years Old and National Model (VPC-FRI)
2453 ~~Contemporary Economic Policy Issues (ZOOM-THU)~~
2114 Demystifying the Court System (VPC-WED)
2116 Documenting Democracy (VPC-WED)
2225 Finding Solutions to America's Problems (VPC-THU)
1310 Focus on Latin America (VPC-MON)
3807 Great Legal Issues of the 21st Century (ADI-THU)
6026 The Other Epidemic-- Ohio's Prescription Drug Overdose Crisis (OHLL-FRI)
1314/1315 ~~Principle, Politics, and Preference at the Supreme Court (VPC/ZOOM-MON)~~
2828 "Solving" Problems with Reason and Civility (VPC-FRI)
6025 ~~Taking a Data-Driven Approach to Understanding Disparities in Cincinnati (OHLL-FRI)~~
4202 Worldwide Impacts from the Coronavirus and the Russian Invasion of Ukraine (UCBA-WED)

EXERCISE, HEALTH & WELLNESS

- 6031** Aging Well by Eating Well (OHLL-FRI)
1236/1237 Complementary and Alternative Medicine (VPC/ZOOM-MON)
1808 Exploring Common Orthopedic Problems with the Experts (ZOOM-WED)
1636/1637 Finding Life Purpose with a Little Help from Nature (VPC/ZOOM-TUE)
1631 Ice and Snow—Oh NO! How to Survive a Fall (ZOOM-TUE)
2018 Hospice: How It Can Help Your Loved One (ZOOM-WED)
2115 Layperson's Guide to Recognizing and Responding to Mental Illness (VPC-WED)
1424 Learn to Meditate from Christian, Hindu, and Buddhist Traditions (VPC-TUE)
1425 Medical Information to Make You a Better Steward of Your Healthcare (VPC-TUE)
1124 Move into Ease (VPC-MON)
1628 Understanding Vipassana Meditation (VPC-TUE)
2448 Vipassana Meditation Practice (VPC-THU)

FINANCE & RETIREMENT

- 1234/1235** Aging Gracefully: Important Lessons Learned Taking Care of Aging Parents (VPC/ZOOM-MON)
1230/1231 Downsizing Right for You? (VPC/ZOOM-MON)
1634/1635 Income Tax Planning (VPC/ZOOM-TUE)
3005 Integrated Wealth Management (ADI-MON)
1533 Medicare Scams, Choosing a Nursing Home, and Navigating Medicare-Medicaid (ZOOM-TUE)
1313 Passport to Retirement (VPC-MON)
2323 Two Generations and One-Stop Shop: What You Need to Know Now (ZOOM-THU)
3908 Wealth Preservation In Volatile Times (ADI-THU)

FOREIGN LANGUAGE

- 1807** ~~Caffé Italiano (ZOOM-WED)~~
2452 French for the Fun of It (VPC-THU)
2223 ~~Italian Conversation/Past Tense (ZOOM-THU)~~
1423 Italian for Beginners (ZOOM-TUE)
2227 Intermediate/Advanced French Conversation (VPC-THU)
3007 Intermediate Spanish (EMAIL, ZOOM, & ADI-MON)
2705 Introduction to American Sign Language through Song (VPC-FRI)
2319 Revision of French Grammar (VPC-THU)

GARDENING & LANDSCAPE

- 3108** Putting the Garden to Bed (ADI-MON)

HISTORY & SOCIAL SCIENCES

- 1530** 20th-Century American History Nuggets in a Nutshell (VPC-TUE)
3808 Causes of WWI, the War, and Peace Treaties (ADI-THU)
5047/5048 Discover Cincinnati's Two Private Library Gems: Mercantile and Lloyd (VPC/ZOOM-WED)
9024 Discover the Charm of Sharon Woods Heritage Village Museum (OTHER-FRI)
3109 First Mothers: The Hands that Rocked the Cradles of POTUS (ADI-MON)
2324 Growing Up in Cincinnati: Popular Culture of the '50s, '60s, and '70s (ADI-THU)
3804 History, Lives, and Beliefs of Native American People (ADI-THU)
1428/1429 History of NATO (VPC/ZOOM-TUE)
3004 How Cincinnati Grew Neighborhood by Neighborhood (ADI-MON)
2518/2519 I Like Ike: The Remarkable Career of Dwight D. Eisenhower (VPC/ZOOM-THU)
9027 John Hunt Morgan in Glendale: Walking Tour (OTHER-SAT)
4302 ~~Life in Victorian England (UCBA-WED)~~
5039/5040 Marquis de Lafayette (VPC/ZOOM-WED)
1232/1233 Resilient Guatemalan Maya Community (VPC/ZOOM-MON)
4009 Siege of Cincinnati (ADI-THU)

9026 Tour of Holocaust & Humanity Center with Guest Speaker (OTHER-FRI)

1642/1643 Toys that Shaped Our Youth (VPC/ZOOM-TUE)

3006 U.S. Grant: Local Boy Makes Good (ADI-MON)

9025 Walkabout Hyde Park Square (OTHER-WED)

5041/5042 What Happened to Kenyon-Barr? (VPC/ZOOM-WED)

1312 Women in World War II (VPC-MON)

1125 World War II in Asia and the Pacific (VPC-MON)

HOBBIES, SPORTS & OTHER

6028 Baseball's Great Experiment: 75th Anniversary (OHLL-FRI)

8105 Bridge 101: Introduction to Bridge (OTHER-TUE)

5043/5044 Cincinnati Bengals: An Illustrated Timeline (VPC/ZOOM-WED)

1638/1639 Come on Down! Everything You Wanted to Know about The Price Is Right (VPC/ZOOM-TUE)

9030 Ducks, Ducks, Ducks (VPC & OTHER-FRI)

5035/5036 Eighteen Holes in the Seven Hills: Earliest History of Golf in Cincinnati (VPC/ZOOM-WED)

2118 First-Ever OLLI Mystery Theater (YOU Solve the Mystery!) (ZOOM-WED)

3909 Football 101 (ADI-THU)

9022 From Maker to Market: Artisan Stories behind Creating a Fair Trade World (OTHER-FRI)

8405 Let's Do Lunch: Rooms with a View (OTHER-FRI)

2451 Magic for the Young at Heart (VPC-THU)

3110 Origami (Paper Folding) (ADI-MON)

2447 Papercrafting: Fall Themes (-THU)

4004 Pet Therapy Response Team (ADI-THU)

9023 Pub Night with OLLI Authors (OTHER-TUE)

1528 Researching Your Family History (VPC-TUE)

2117 Speed Friending (VPC-WED)

1311 Spice of Life: Spices and Cuisines of the World (VPC-MON)

4007 Start Researching Your Family History (ADI-THU)

6030 Taking Your Genealogy to New Levels: Seldom-Used Records and Powerful Stories (OHLL-FRI)

LITERATURE & DRAMA

4102 The Amazing World of Billy Collins (ADI-THU)

3911 Books that Deal with Books (ADI-THU)

1316 Come Live in My Skin: People with a Disability in Literature (ZOOM-MON)

2119 Considering "The Ministry for the Future" by Kim Stanley Robinson (-WED)

5037/5038 David Pepper: Writing Political Fiction in a Time of Political Chaos (VPC/ZOOM-WED)

1809 ~~Delusions of Consciousness: Three Novels (VPC-WED)~~

1122 Demystifying Poetry (VPC-MON)

2224 ~~Grace Paley: The Collected Stories (VPC-THU)~~

1126 Great Historical Fiction (ZOOM-MON)

2520 Great Short Fiction (ZOOM-THU)

2827 ~~The History and the Literature: "The Lincoln Highway" (VPC-FRI)~~

1532 More Murder and Mayhem! (ZOOM-TUE)

4101 Novels by Award-Winning Writers You May Not Have Read (THU-THU)

2706 Novels from South Africa (VPC-FRI)

1719 O. Henry Prize Winners: The Best Short Stories of 2021 (VPC-TUE)

2454 Reading Ruth Ozeki (ZOOM-THU)

1529 Shakespeare Alive! (VPC-TUE)

2013 ~~Twentieth-Century Short Stories by American Writers (VPC-WED)~~

MUSIC

1526 Exploring Opera (VPC-TUE)

1025/1026 Fifties Rock (VPC/ZOOM-MON)

2321/2322 For the Love of Music (VPC/ZOOM-THU)

2226 How Music Means (VPC-THU)

8308 Indispensable Composers (EMAIL-THU)

1722 Jewish Music and its Influence around the World (ZOOM-TUE)

6025 Lost Cincinnati: Concert Venues of the '50s, '60s, and Beyond (OHLL-FRI)

8307 More Indispensable Operas (EMAIL-THU)

4010 Sing for Fun (ADI-THU)

1426/1427 Wagner's Ring Cycle, Part 2 (VPC/ZOOM-TUE)

5045/5046 What's New in Opera? Discover with CCM's Robin Guarino—AND Hear Singers! (VPC/ZOOM-WED)

PHILOSOPHY & RELIGION

2015 C. G. Jung's Red Book: Journey of the Soul (VPC-WED)

4105 "May You Be Like Ruth...": Women of Strength in the Hebrew Bible (ADI-THU)

3910 Sophia, the Eternal Feminine (ADI-THU)

9029 Tour Adath Israel Synagogue (ADI-TUE)

1022 What Is the Meaning of Love? Plato's Viewpoint (VPC-MON)

PHOTOGRAPHY

2516 Creative Photography: Intermediate to Advanced (VPC-THU)

1024 Fundamentals of Photography, Part 1 (VPC-MON)

2228 Phone Photography (VPC-THU)

1123 Photography Workshop: Intermediate to Advanced (VPC-MON)

2318 Photos by Everything Else but the Numbers (VPC-THU)

6029 Through the Lens: Pioneer Photography of Malcolm Wilson and Nancy Ford Cones (OHLL-FRI)

SCIENCE, MATH & PSYCHOLOGY

- 3805** Astrophysics: From the Big Bang to Now (ADI-THU)
- 1228/1229** Citizen Science for Seniors (VPC/ZOOM-MON)
- 4201** Consciousness and Causality (UCBA-WED)
- 4006** Energy from the Wind (ADI-THU)
- 1430** Free Energy Principle of Lifelong Learning (ZOOM-TUE)
- 4203** ~~How Do They Measure Distance In...~~ (UCBA-WED)
- 4008** How You Became You (ADI-THU)
- 2320** Let's Talk Science (VPC-THU)
- 2826.1/2826.2** "One Word" Screening (VPC/ZOOM-FRI)
- 1632/1633** Physics Will Blow Your Mind: An Epic Journey through Cosmic Scale (VPC/ZOOM-TUE)
- 6027** Protecting and Preserving Nature from the Mill Creek to the Great Miami River (OHLL-FRI)
- 2450** Sustainability: The Greening of America (VPC-THU)
- 1531** Tracing Homo Sapiens through Europe into the Americas (ZOOM-TUE)
- 4104** Volcanoes and the Formation of Rocks (ADI-THU)
- 5033/5034** Welcome to the Ice Age in Cincinnati (VPC/ZOOM-WED)
- 1238/1239** Who Speaks for Nature? (VPC/ZOOM-MON)
- 2019** Who Speaks for Nature? (ZOOM-WED)
- 1240/1241** "Why-ways" of Highways (VPC/ZOOM-MON)

SELF-IMPROVEMENT

- 1721** Aging, Spirituality, and the Hero's Journey (VPC-TUE)
- 2707** Aging, Spirituality, and the Hero's Journey (ZOOM-FRI)
- 2012** Confrontation-Listening Skills: More JOY in Relationships (VPC-WED)
- 2017** Creating What's Next (VPC-WED)
- 1718** Dispute Resolution: Negotiating and Mediating through Conflict (VPC-TUE)
- 2825** Good Grief (VPC-FRI)
- 4301** Improving Your Memory (UCBA-WED)
- 1023** Navigating the Second Fifty: Spiritual Dimensions of Later Life (VPC-MON)
- 4005** You Can Change How You Feel (ADI-THU)

STAGE & SCREEN

- 3907** ~~A Twist on How Plays Can Help in Understanding Families~~ (ADI-THU)
- 2014** The Play's the Thing (VPC-WED)
- 8202** They Call Me Mister Movie (OTHER-WED)
- 1127** Trends in 21st-Century Broadway Theater (ZOOM-MON)
- 1629** Would You/Should You Make a Movie Like This Today? Why or Why Not? (VPC-TUE)

TRAVEL

- 1640/1641** Explore Antarctica (VPC/ZOOM-TUE)
- 1644/1645** Favorite Websites and Apps for Enhancing Travel (VPC/ZOOM-TUE)
- 1021** ~~Italia Mia/My Italy~~ (ZOOM-MON)

WRITING

- 1527** Advanced Poetry Writing (VPC-TUE)
- 1630** A Picture is Worth 1,000 Words (More or Less): Writing Your Memories (ZOOM-TUE)
- 2449** Curing the Blank Page (VPC-THU)
- 1717** Memoir Wisdom: Stories Worth Sharing (VPC-TUE)
- 2606** Playwriting Workshop—Intro and Ongoing (VPC-FRI)
- 1317** Women Writing for (a) Change® (ZOOM-MON)
- 2823** Writing a Legacy Letter (ZOOM-FRI)
- 3107** Writing Sonnets: Learn and Break the Rules (ADI-MON)

COMPLETE CLASS DESCRIPTIONS BY CLASS NUMBER

1021 Italia Mia/My Italy

Mondays, Sep 19–Oct 24, 9–10 am (ZOOM) \$5
LIMIT 20

Come and explore Italy and discover what makes it a popular tourist destination. You will learn how to use the two train systems, one of which was created by the president of Ferrari. We will talk about Italian food, how to order a meal, and tipping. Find out how best to navigate Venice, Florence, Rome, and little towns. Let a native Italian answer all your questions and show you one of the most beautiful countries in the world. *Ciao e grazie.*

Moderator: Antonio Iemmola has been teaching Italian at UC for 25 years and NKU for 29 years. He enjoys sharing his love of his native country.

1022 What Is the Meaning of Love? Plato's Viewpoint

Mondays, Sep 19–Nov 7, 9:30–10:45 am (VPC) \$5
LIMIT 15

The word “love” covers so many aspects of human interaction. Yet we have all experienced it. Plato’s dialogue “The Symposium” is constructed as a conversation at a dinner party during which each guest has to speak about love as he sees it. After an introduction to Plato and “dialogue,” the course will be a weekly discussion of each speech in turn. You are expected to keep up with the assigned reading in order to participate fully in the conversation.

Moderator: Michael Marchal taught high school English for 44 years as well as evening college philosophy. He enjoys the give-and-take of a good discussion since everyone has their own experiences to share.

1023 Navigating the Second Fifty: Spiritual Dimensions of Later Life

Mondays, Sep 19–Oct 31, 9:30–10:45 am (VPC) \$5
LIMIT 30

As we reach a certain age, adaptation is the name of the game. Physical, emotional, economic, and educational challenges present themselves with startling frequency. But have you considered the implications of all this for your spirituality? Here is an opportunity to read, view films, reflect, and share on topics such as your image of the divine, your personal history and legacy, types of spirituality, and sources of strength in the face of life’s inevitable diminishment. The spiritual insights of Ignatius of Loyola will provide one example of embracing the divine.

Moderators: Denis Walsh enjoyed a long career in clinical social work and remains involved in community education on topics regarding spirituality and mental health. Connie Widmer has taught a variety of classes, including several in psychology, during her 20+ years at NKU and also taught Religion and Human Development in the Spirituality Institute at Mt. St. Joseph Univ.

1024 Fundamentals of Photography, Part 1 UPDATED

Mondays, Sep 19–Nov 7, 9:30–10:45 am (VPC) \$5
LIMIT 12

You have a great camera! Now what do you do to create great images? This is the first of a two-part course that involves learning the fundamentals of photography and beyond. You’ll learn composition, exposure, light meters, lenses, sensors, color temperature, camera body parts and functions, depth-of-field, focusing, equivalent exposure, shooting in aperture and shutter priority, program and manual modes, camera set-up, shooting examples, timer, bracketing, camera supports, and introduction to flash. You will create images to share with the class. This course is NOT for point-and-shoot cameras.

Moderator: Craig Rouse has been immersed in photography and videography for 50+ years. He has a BFA in broadcasting from UC-CCM and has been fortunate enough to win numerous photography and video awards over the years.

1025 (VPC) / 1026 (ZOOM) Fifties Rock UPDATED

Mondays, Sep 26–Nov 7, 9:30–10:45 am, \$5
VPC LIMIT 100 / ZOOM UNLIMITED

We will explore how R&B and country music morphed into rock. We will also examine why rock started in the mid-1950s, the stars who enchanted the teens, and how their stardom faded. Class does not start until the week of Sept. 26. If you show up on Sept. 19, you will find yourself “down at the end of lonely street...”

Moderator: Bruce Bowdon was a middle school teacher for 43 years at Summit Country Day School. He loves all kinds of music and is a songwriter.

1027 Found Objects and Your Imagination UPDATED

Mondays, Sep 19–Oct 17, 9:30–10:59 am (VPC) \$5
LIMIT 6

A class small in size but BIG on hands-on fun for developing and creating your own innovative and personal mixed-media artwork. Basic supplies will be provided while encouraging the addition of your choice of found objects reflecting your life, personality, and interests in an artistic collage. This small class encourages your attendance and active participation—and is an excellent opportunity to craft a special gift for friends or family.

Moderator: Thelma Shotten is a docent at the Contemporary Arts Center and has taught in Cincinnati Public Schools, Art Academy, and NKU. Her mixed-media, enamel, and porcelain artworks (the latter inspired by sea coral formations) have been displayed at many Cincinnati-area art galleries and exhibitions.

1122 Demystifying Poetry NEW

Mondays, Sep 19–Nov 7, 11 am–12:15 pm (VPC) \$5
 LIMIT 32

Poetry can feel mystifying, a project for intellectuals. In this eight-week course, poet C. D. Wright's claim that poetry is the place where she can "do battle with...the anesthetized heart, the heart that does not react" will both clarify and guide our study of this art. Each week, you will receive a thematic set of poems with a particular focus. Classes will be centered around conversations and close readings on these poetic themes.

Moderator: Jacob Zimmerman earned his BA in English from UC. He has taught in a number of roles, most recently as a teaching artist in creative writing at WordPlay Cincy, where he also served on the selection committee for the Cincinnati Youth Poet Laureate. He believes in the power of literature to make us more awake and alert to the world.

1123 Photography Workshop: Intermediate to Advanced UPDATED

Mondays, Sep 19–Nov 7, 11 am–12:15 pm (VPC) \$5
 LIMIT 12

With the moderators serving as facilitators and coaches, you will share your work, and all will participate in gentle discussion. Each week, we will have a challenge assignment of six photos to share. This workshop is designed for those who have previously completed a photography course, have a basic working knowledge of their camera, and want to engage at the next level. Beginners may consider courses #1024 or #1531.

Moderators: David Kempton is a longtime photo enthusiast and has exhibited in several galleries around Cincinnati. Craig Rouse has been immersed in videography and photography for 50+ years. He has a BFA in broadcasting from UC-CCM and has been fortunate enough to win numerous video and photography awards over the years.

1124 Move into Ease UPDATED

Mondays, Sep 19–Nov 7, 11 am–12 pm (VPC) \$5
 LIMIT 18

A touch of yoga, some energizing movement, a time for relaxation, soulful stretching, and pumping life into each cell. This one-hour class oils your joints and breathes ease into your bones, like giving yourself a massage. Wear comfortable, loose clothing and bring a mat or towel on which to lie. Expect to feel rejuvenated!

Moderator: Karen Zaugg brings a lifetime of dance training, yoga, and a variety of bodywork experiences to welcome you to exercise and a sense of wellbeing.

1125 World War II in Asia and the Pacific NEW

Mondays, Sep 19–Nov 14 (no class 10/3),
 11 am–12:15 pm (VPC) \$5
 LIMIT 35

World War II in Asia and the Pacific was a war of immense distances, daunting geographic challenges, open racial hostility on all sides, and graphic brutality. It was a land war in the jungles of the South Pacific and Burma, the volcanic archipelagos of mid-Pacific islands, and the fields, valleys, towns, and villages of China. In the vastness of the Pacific Ocean, the battles at sea were the largest fleet actions in all history.

Moderator: John Lane has 20 years of teaching experience in world civilizations, AP European history, and US history. His undergraduate and graduate degrees are from UC and NKU with additional graduate training from Indiana Univ. He has traveled extensively in Britain and Continental Europe. His major fields of study are British and military history.

1126 Great Historical Fiction NEW

Mondays, Sep 19–Nov 7, 11 am–12:15 pm (ZOOM) \$5
 LIMIT 35

We'll read four great historical novels: *The Killer Angels* by Michael Shaara, *A Gentleman in Moscow* by Amor Towles, *The Name of the Rose* by Umberto Eco, and *The Siege of Krishnapur* by J. G. Farrell, in that order with each novel taking two weeks. These are great novels: give them a try. You don't have to have read each book, and you can say not a word, but you should enjoy the class.

Moderator: John Briggs has degrees in literature, loves math and physics, and has taught many courses for OLLI.

1127 Trends in 21st-Century Broadway Theater NEW

Mondays, Sep 19–Nov 7, 11 am–12:15 pm (ZOOM) \$5
 UNLIMITED

Entering the 21st century, Broadway musicals continue relying on old movies for storylines and modern whizbang technology to generate interest. Producers have also set their eyes on a younger, hipper, more street-savvy audience. We'll review those trends through a combination of discussion and video clips of Broadway shows of the early 2000s, including *The Full Monty*, *The Producers*, *Mamma Mia*, *Moving Out*, *Avenue Q*, *Wicked*, and *Spamalot*.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for many years.

1228 (VPC) / 1229 (ZOOM) Citizen Science for Seniors NEW

Monday, Sep 19, 12:45–2 pm, \$0
VPC LIMIT 100 / ZOOM UNLIMITED

Citizen science is about ordinary people advancing science. This is an opportunity for simultaneous learning and creating knowledge. Having a disciplined and curious mind, you can do a lot even with limited mobility. For the mobile, many outdoor activities can help research projects. Learn about these opportunities from Katalin Molnar. She is a retired software engineer and former researcher in artificial intelligence and text recognition. She has been participating in citizen science projects for years. She wants to share the why and how of it with more people.

Moderator: Katalin Molnar

1230 (VPC) / 1231 (ZOOM) Is Downsizing Right for You? NEW

Monday, Sep 26, 12:45–2 pm, \$0
VPC LIMIT 100 / ZOOM UNLIMITED

Have you been living in the same home for many years? Are you questioning the need for all the space you currently have? Are you beginning to feel overwhelmed with the maintenance and upkeep of your current home? If you have stairs, do you wish you didn't? If you answered YES to any of these questions, join us to learn an organized way to help in the decision-making process. Gary Hagan, Real Estate broker since 1980 will be your guide. We'll have FUN with the process!

Moderator: Gary Hagan

1232 (VPC) / 1233 (ZOOM) Resilient Guatemalan Maya Community NEW

Monday, Oct 3, 12:45–2 pm, \$0
VPC LIMIT 100 / ZOOM UNLIMITED

Janet Schneider has a personal mission to Rio Negro, a Maya community that government troops massacred in 1982. Survivors were displaced, but in 1991, some families returned. She has visited Rio Negro twice a year since 2012 and has raised money to help the community of 40 adults and 60 children improve their lives. Janet will have copies of her bilingual children's book, *Los Armadillos del Rio Negro*, available for a donation of \$15 or more.

Moderator: Janet Schneider

1234 (VPC) / 1235 (ZOOM) Aging Gracefully: Important Lessons Learned Taking Care of Aging Parents NEW

Monday, Oct 10, 12:45–2 pm, \$0
VPC LIMIT 100 / ZOOM UNLIMITED

Everyone desires to age gracefully, right? Have a plan? Know who is going to help you? Great! You are halfway there! Having just helped his parents transition from independent living to memory care, Bob Carroll received an advanced degree in

elder care (physical needs, social relationships, downsizing, finances) by drinking from the proverbial fire hose. There was a lot he didn't know, and he's a financial planner well-versed in many of these topics working with clients! He hopes to leave you with some easy action items and food for thought.

Moderator: Bob Carroll

1236 (VPC) / 1237 (ZOOM) Complementary and Alternative Medicine NEW

Monday, Oct 17, 12:45–2 pm, \$0
VPC LIMIT 100 / ZOOM UNLIMITED

Richard Wendel, MD, will discuss how complementary and alternative medicine is becoming an important part of mainstream holistic medicine and offer some suggestions as to where it might fit in your quest for good health and a healthy lifestyle. Dr. Wendel is a retired surgeon who is active in the residency training program at TriHealth. He has moderated several OLLI courses on this and other medical topics.

Moderator: Richard Wendel

1238 (VPC) / 1239 (ZOOM) Who Speaks for Nature? NEW

Monday, Oct 24, 12:45–2 pm, \$0
VPC LIMIT 100 / ZOOM UNLIMITED

52 years since Earth Day and the planet is more at risk than ever. Citizens are boxed into minimized activism while laws and regulations continue to allow harm to our health and the future. Susan Vonderhaar is a founding member of Citizens for Rights of the Ohio River Watershed, part of a growing international movement to give ecosystems the legal standing needed to protect the rights to exist unharmed and to thrive. Learn about the grassroots work to shift our paradigm away from one of dominion to one of belonging.

Moderator: Susan Vonderhaar

1240 (VPC) / 1241 (ZOOM) "Why-ways" of Highways NEW

Monday, Oct 31, 12:45–2 pm, \$0
VPC LIMIT 100 / ZOOM UNLIMITED

What were those engineers thinking? Retired civil engineer Dick Lenz will try to explain the mystery, touching briefly on environmental, societal, economic, and routing alternatives. His concentration will be on design and construction considerations. Learn the importance of design speed, sight distance, grades, earthwork balance, alignment geometry, drainage, and safety. Understand loading considerations, differences in horizontal curves and vertical curves, and the materials of construction. Finally, who pays for highways and how will that continue or change in the future?

Moderator: Dick Lenz

1242 Future Perfect NEW

Monday, Nov 7, 12:45–2 pm (ZOOM) \$0
UNLIMITED

Remember George Orwell’s 1984, and THAT was the future! How about 2000, the new millennium, and THAT was the future! We’ve lived through those futures: what’s the next future? Certainly, the pace of technological change has accelerated. Let’s look ahead about ten years. Remember life prior to the smartphone? What’s likely to happen by 2030, driven by technology? Autos, airplanes, railroads, space travel, highways, healthcare, education, climate and environment, energy, and more! (Ready for pilot-less jets?) Doug Stowell is a national OLLI presenter with a long career in market research.

Moderator: Doug Stowell

1310 Focus on Latin America UPDATED

Mondays, Sep 19–Nov 7, 2:15–3:30 pm (VPC) \$5
LIMIT 35

Why are so many Central Americans seeking asylum in the US? Are all Latin-American countries the same, as one US president said? Each country has its own distinct culture, history, and music. What’s been the US role in these countries? We’ll focus on one or two Latin-American countries each week including Guatemala (from which the majority of Latino immigrants in Cincinnati come), Cuba, Mexico, Colombia, and Chile among others Let’s learn more about our southern neighbors!

Moderator: David Robertson has traveled to five different Latin-American countries and speaks Spanish semi-fluently. He loves the music and culture of this region and would like to share his knowledge with others.

1311 Spice of Life: Spices and Cuisines of the World UPDATED

Mondays, Sep 19–Nov 7, 2:15–3:30 pm (VPC) \$5
LIMIT 25

Join us on a continuing journey around the culinary world. This term, we will explore the spices and cuisines of Europe, the Middle East, Mexico, the Mediterranean, southern Africa, as well as African American and Jewish cuisines. We will also learn a little history and some techniques along the way, and we will always have fun! Come, learn, and get hungry. You do not need to have participated in a previous class to attend.

Moderator: Sharon Schwartz is a retired social worker. She is a lifetime lover of learning and curious about everything. Other loves are cooking, reading, and genealogical research.

1312 Women in World War II NEW

Mondays, Sep 19–Oct 24, 2:15–3:30 pm (VPC) \$5
LIMIT 32

From the home front to the front lines, we will discuss women who were spies, saboteurs, nurses, and pilots. The women of our country stepped up and did jobs with gusto and grit.

Moderator: Deb Price has moderated dozens of multiweek and one-time OLLI courses. She is a retired educator who loves history and books of all kinds.

1313 Passport to Retirement UPDATED

Mondays, Sep 19–Nov 7, 2:15–3:30 pm (VPC) \$5
LIMIT 20

Learn how to manage your retirement to be financially secure through a comprehensive approach that helps you set realistic goals and make more informed decisions for your overall financial retirement management. Address your concerns with tools that will last a lifetime. Full-color graphics help to explain concepts clearly and concisely. You will receive a 135-page full-color workbook packed with exercises, checklists, and self-analysis quizzes. This valuable resource helps you apply what you learn to your personal financial situations.

Moderator: Gary Hollander, CFP, is a practicing financial professional with 46+ years of experience who conducts financial workshops to help with financial success in retirement. Accredited A+ Member Cincinnati BBB since 1991, he was recently awarded the “FIVE STAR Best in Client Satisfaction Wealth Manager” by Cincinnati Magazine. He is president of Hollander & Associates LLC since 1976.

1314 (VPC) / 1315 (ZOOM) Principle, Politics, and Preference at the Supreme Court UPDATED

Mondays, Oct 3–Oct 17, 2:15–3:30 pm, \$5
VPC LIMIT 100 /ZOOM UNLIMITED

Preview the major issues before the Court in the 2022-23 term—cases involving affirmative action, adoption of native American children, Clean Water Act, free speech, and the death penalty. A review of the prior term’s judgments will include cases on abortion, capital punishment, free speech, state secrets, and gun rights. Professor Tolley will examine how political ideology, legal principles, and personal preference impact the appointment of Justices, the decisions they reach, judicial activism, and the alignment of conservative and liberal voting blocs.

Moderator: Howard Tolley is Professor Emeritus of political science and former adjunct professor of law at UC where for 27 years he taught undergraduate and graduate public law courses including classes on the US legal system, civil liberties, and international human rights.

1316 Come Live in My Skin: People with a Disability in Literature **NEW**

Mondays, Sep 19–Nov 7, 2:15–3:30 pm (ZOOM) \$5
LIMIT 12

We can't know the reality of living with a disability without actually living with one, but experience tells us that we can get "into the heads" of characters we meet in literature. This class will "live the lives" of people with disabilities as we read works centering on differently abled protagonists and memoirists. Works will include both fiction and nonfiction, written by and for all ages. For the first class, read *The Curious Incident of the Dog in the Night Time*, by Mark Haddon. Come learn and chat with us.

Moderator: Judy Schechter has taught at all levels of education. She has always loved reading and talking about books with other people.

1317 Women Writing for (a) Change® **NEW**

Monday, Nov 7, 2:15–3:45 pm (ZOOM) \$0
LIMIT 16

This class is open to all genders. Imagine a world that nurtures creative expression and silences no one. Imagine a community that embodies equity and encourages people to craft more conscious lives through writing. Herein lies the vision and mission statement of Women Writing for (a) Change. After opening the session with intention, we will follow an agenda to experience what a typical class is like. Bring pen and paper to engage with suggested prompts. More info: www.womenwriting.org.

Moderator: Debbie Westheimer is an active student at WW and Conscious Feminine Leadership Academy graduate. She attended her first WW class with founder Mary Pierce Brosmer in 1997. She begins each morning writing a journal entry.

1423 Italian for Beginners

Tuesdays, Sep 20–Oct 25, 9–10:30 am (ZOOM) \$5
LIMIT 20

Learn to communicate in this beautiful, musical language. You'll acquire the basics of pronunciation, vocabulary, grammar, and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation plus special expressions for travelers. We'll include tips on traveling, sightseeing, and enjoying Italian culture. Text: *Italian: A Self-Teaching Guide* by Edoardo A. Lèbano.

Moderator: Antonio Iemmola has been teaching Italian at UC for 25 years and NKU for 29 years. He enjoys sharing his love of his native country.

1424 Learn to Meditate from Christian, Hindu, and Buddhist Traditions **UPDATED**

Tuesdays, Sep 20–Nov 8, 9:30–10:45 am (VPC) \$5
LIMIT 25

Meditation is a marvelous way to quiet your mind and listen to yourself. People throughout the world have practiced meditation for centuries. Learn the simple 15-minute practice that may change how you look at the world around you. Everyone is welcome, and you will find it interesting regardless of your religious background. You may realize more than you expect.

Moderator: Kevin Celarek has meditated nearly every morning for 39 years. He studied Christian Centering Prayer, Hindu Siddha Yoga, and Buddhist Insight Meditation. He continues to attend Christian and Buddhist retreats to seek deeper knowledge.

1425 Medical Information to Make You a Better Steward of Your Healthcare **UPDATED**

Tuesdays, Sep 20–Nov 8, 9:30–10:45 am (VPC) \$5
LIMIT 40

We will focus on some of the body's systems with their associated common medical disorders. The menu will include gastrointestinal, respiratory, genitourinary, skin, and skeletal systems. Current medical approaches to treatment will be a part of the discussion.

Moderator: Richard Wendel, MD, MBA, is a retired surgeon who retains his medical license to practice and is active in the residency training program at TriHealth.

1426 (VPC) / 1427 (ZOOM) Wagner's Ring Cycle, Part 2 **UPDATED**

Tuesdays, Sep 20–Nov 8, 9:30–10:45 am (VPC) \$5
LIMIT 32

Der Ring des Nibelungen (The Ring of the Nibelung), is a cycle of four German-language epic music dramas composed by Richard Wagner (1813–1883). The works are based loosely on characters from Germanic heroic legend, namely Norse legendary sagas and the *Nibelungenlied*. We will study the Patrice Chéreau centenary Ring production (1976) with the Bayreuther Festspiele conducted by Pierre Boulez. Last term, we covered *Das Rheingold* and *Die Walküre*. This fall, we'll tackle *Siegfried* and *Götterdämmerung*.

Moderator: Jim Slouffman has been an artist and educator for 40+ years. He received his BFA from Wright State Univ. and his MFA from UC. He is President Emeritus of the Wagner Society of Cincinnati. He has also attended multiple Wagner Ring Cycles in the past.

1428 (VPC) / 1429 (ZOOM) History of NATO NEW

Tuesdays, Sep 20–Nov 8, 9:30–10:45 am, \$5

VPC LIMIT 100 / ZOOM UNLIMITED

From its inception to the present, NATO has been central to the recovery of post-war Europe, the renaissance of central Europe, and the counter to the USSR/Russia. It has survived defections, regional conflicts, and security failures. In more than 70 years of existence, it remains our best asset. Let's discuss NATO's past and future.

Moderator: Doug MacCurdy is a long-time OLLI moderator with an interest in history.

1430 Free Energy Principle of Lifelong Learning UPDATED

Tuesdays, Sep 20–Nov 8, 9:30–10:45 am (ZOOM) \$5

UNLIMITED

Viewed as too complex or beautifully simple, this cognitive neuroscientific theory of Karl Friston, like natural selection, describes change over time. It contains thermodynamics, electrodynamics (MRI), and information processing. We will also review the anatomy and physiology of the human body-brain system and Claude Shannon's theory of digital information, all difficult topics. We will then be better able to watch Karl Friston's video interviews. His scientific and mathematical formalism is very precise and dense, but we will try to unpack what it means for OLLI's lifelong learning.

Moderator: Kirtland E. Hobler MS (physiology), MD, FACS, retired general surgeon, faculty teaching and research at Univ. of Rochester and UNC, Chapel Hill.

1526 Exploring Opera UPDATED

Tuesdays, Sep 20–Nov 8, 11 am–12:15 pm (VPC) \$5

LIMIT 32

This term, we will study operas from three different centuries. From the 18th century, Mozart's *The Marriage of Figaro*; from the 19th century, Verdi's *Il Trovatore*; and from the 21st century, Hegge's *Moby Dick*. You will learn the stories and backgrounds of the operas, something about the composers, and view the operas on DVD complete with subtitles. Your opinions of the operas and the performers are encouraged. We will also discuss the upcoming Metropolitan Opera live HD telecasts

Moderator: Richard Goetz, PhD is a retired research manager from the chemical industry who has been listening to, studying, and attending opera since 1949.

1527 Advanced Poetry Writing UPDATED

Tuesdays, Sep 20–Nov 8, 11 am–12:15 pm (VPC) \$5

LIMIT 10

If you have previous experience writing poetry, then this discussion workshop is for you. We will share work in class to gain a greater appreciation and sophistication in the

practice of the art. You will show your work to others and gain an understanding of the possibilities of poetic language and prosodic forms of expression that arise from what you and your fellow writers are doing and aspire toward. You will also conceptualize the possibilities of your subject matter to be shaped into effective poetic communication.

Moderator: David Schloss is a retired professor of creative writing, Miami Univ. His latest publication is *The Heartbeat as an Ancient Instrument* (Dos Madres Press, 2020).

1528 Researching Your Family History UPDATED

Tuesdays, Sep 20–Nov 8, 11 am–12:15 pm (VPC) \$5

LIMIT 35

Learn the basics of finding your ancestors, where they lived and died, whom they married and the children they had, whether they fought in wars, etc. We will discuss how to get started and how to document and organize your findings. We will look at resources: census and other government records, newspapers, wills, land records, and more. This class is for beginning genealogists as well as those with some experience.

Moderator: Kathy Womer is a member of the Hamilton County Chapter Ohio Genealogical Society. She has been researching family records for 15 years and moderating genealogy classes at OLLI for 5+ years.

1529 Shakespeare Alive! UPDATED

Tuesdays, Sep 20–Nov 8, 11 am–12:15 pm (VPC) \$5

LIMIT 20

Discover the joy of reading Shakespeare aloud in a relaxed, informal atmosphere. We will cover *Romeo and Juliet* and *As You Like It* during the eight-week session. You will read the different parts and participate in a lively discussion. No memorizing or acting experience required—just a love of Shakespeare. Bring a copy of *Romeo and Juliet* to the first class.

Moderators: Bill Park is a retired psychotherapist with a life-long passion for the works of Shakespeare. Sally Moore is a longtime OLLI moderator and admirer of Shakespeare's genius and relevance today.

1530 20th-Century American History Nuggets in a Nutshell NEW

Tuesdays, Sep 20–Nov 8, 11 am–12:15 pm (VPC) \$5

LIMIT 100

American history is a great story of people and events that are being ignored or forgotten these days. Meet again key people of the first 60 years of the 20th century like Rockefeller, the Roosevelts, Harry Truman, Martin Luther King Jr., Eisenhower, and John F. Kennedy. Delve into the times and crises that people of that era experienced.

Moderator: Richard Weis has spent 50+ years teaching US history at the high school and college levels. He believes our

nation's history is an inspiring story full of important people and events that many have forgotten or never learned. He has BA degrees from OSU, an MA from UC, and attends numerous Road Scholar programs on subjects of interest.

1531 Tracing Homo Sapiens through Europe into the Americas

Tuesdays, Sep 20–Nov 8, 11 am–12:15 pm (ZOOM) \$5
LIMIT 35

After tracing the routes of our modern ancestors into Europe, we will focus on their splitting and branching into the peoples who crossed the Bering Strait into America during the last Ice Age. A brief recap of the modern science of ancient DNA will be offered. Finally, we will survey the new American eras: the Lithic, Archaic, and Woodland eras demonstrate the transition from hunter-gatherers to early farmers to agricultural settlements. This survey highlights artifacts and archeological evidence.

Moderator: Denis Hogya, 40 years of teaching at UC. Many years of quality management training and seminars. Former Cleveland Metropolitan Parks naturalist.

1532 More Murder and Mayhem! NEW

Tuesdays, Sep 20–Nov 8, 11 am–12:15 pm (ZOOM) \$5
LIMIT 30

There's more murder and mayhem afoot! Bring your best detective skills to the discussions about Tony Hillerman's *The Blessing Way*, Sue Grafton's *A is for Alibi*, Linda Castillo's *Shamed*, Ann Cleeves' *Raven Black*, Mark Pryor's *The Bookseller*, and Will Thomas' *Some Danger Involved*. All will be revealed—or, maybe not!

Moderators: Barbara Burke and Brenda Gatti appear at first glance to be a couple of retired teachers who have become avid OLLI volunteers. Yes, sweet ladies—who have a penchant for discussing murder!

1533 Medicare Scams, Choosing a Nursing Home, and Navigating Medicare-Medicaid UPDATED

Tuesdays, Sep 20–Oct 4, 11 am–12:15 pm (ZOOM) \$5
LIMIT 25

We put off thinking about moving into a nursing home or considering how it will be paid for, and we don't think we will be the target of Medicare fraud. Pro Seniors is a nonprofit serving senior residents of Ohio. In this three-week session, you'll learn how to choose long-term care in nursing, assisted living, or group homes; how to sort through the sea of health insurance information including Medicare, Medicaid, and long-term care insurance; and the latest scams targeting seniors and how to detect and protect against them.

Moderators: Linda Kerdolff is Long-Term Care Ombudsman with Pro Seniors, Inc.; Mary Hurlburt is volunteer Ombudsman Associate of the Long-Term Care Ombudsman program;

Becky Hayward is a volunteer ombudsman with Ohio Senior Health Insurance Information Program; Brian Rhame is peer educator for Senior Medicare Patrol.

1628 Understanding Vipassana Meditation UPDATED

Tuesdays, Sep 20–Nov 8, 12:30–2 pm (VPC) \$5
LIMIT 10

Vipassana (insight) meditation practice technique was instituted by the Buddha over 2,500 years ago. The procedure guided him to attain the state of enlightenment. Concepts and step-by-step of the practice will be introduced. You will learn how to slowly develop insights by close attentiveness to and experiential phenomena of your own mind-body processes. Everyone who has an interest or wants to fulfill their curiosity is welcome.

Moderator: Manit Vichitchot has been practicing vipassana meditation on a consistent basis since January 2009. Since then, he has participated in numerous intensive vipassana meditation retreats in Thailand.

1629 Would You/Should You Make a Movie Like This Today? Why or Why Not? NEW

Tuesdays, Sep 20–Nov 8, 12:45–3:30 pm (VPC) \$5
LIMIT 35

We'll explore films that poke fun/take issue with such subjects as sex, race, religion, sexual orientation, politics, and human characteristics. The films are comedies, and many are spoofs of one type or other. Expect adult language, nudity, suggestive behavior, and some caricatures that may be deemed offensive. We will discuss all these issues in class. We will watch and discuss *Zorro*, *the Gay Blade*; *Airplane*; *The Birdcage*; *Under the Rainbow*; *Blazing Saddles*; *Life of Brian*; *Death at a Funeral*; and *Robin Hood*, *Men in Tights*.

Moderator: Shannon Womer has a BA in psychology from UC and is a retired employee of the healthcare field who has enjoyed movies of all sorts going on 60 years.

1630 A Picture Is Worth 1,000 Words (More or Less): Writing Your Memories UPDATED

Tuesdays, Sep 20–Nov 8, 12:45–2 pm (ZOOM) \$5
LIMIT 7

Have a story to tell? Feel an urge to write? Looking for inspiration? Let's scratch that itch together. Memoir writing can be personal writing for oneself, sharing with family and friends, or shouting to the world. Unearth the tidbits of life through photos, keepsakes, conversations, and questions that energize the memory. Express the memories in a captivating narrative. Weekly prompts will kickstart writing 300–500 words to be shared with the class. We will each read, listen, critique, and praise. Let's remember and write together.

Moderator: Thomas Fahey, Cincinnati, English major, XU. Should have been a teacher. Life is one big story whose plot

is murky, whose writing requires lots of white-out. Dad said “people gotta eat,” so he invested 47 years in supermarket bagging, meat cutting, management, buying, merchandising, human resources, training, and owner. Retired, he works at his passions—photography, remembering, and writing.

1631 Ice and Snow—Oh NO! How to Survive a Fall NEW

Tuesday, Sep 20, 12:45–2 pm (ZOOM) \$0

UNLIMITED

Animals fear falling because we instinctively want to thrive and survive. As toddlers, we fell repeatedly as a necessary part of learning to stand upright and move. As seniors, falling has serious consequences like broken bones, fractures, and concussions that affect our independence and impact our lifestyle. In the US, over 36 million adults 65 and older fall each year, making falls the leading cause of injury deaths (CDC). Learn what to do if you fall, too. Sharon Byrnes addresses the needs, desires, and abilities of seniors to maintain/improve wellness.

Moderator: Sharon Byrnes

1632 (VPC) / 1633 (ZOOM) Physics Will Blow Your Mind: An Epic Journey through Cosmic Scale NEW

Tuesday, Sep 27, 12:45–2 pm, \$0

VPC LIMIT 100 / ZOOM UNLIMITED

We will travel from the mind-blowing hugeness of the cosmos to the unimaginably small scale of the quantum world. This presentation is based on the book *The Zoomable Universe: An Epic Journey through Cosmic Time* by award-winning astrobiologist Caleb Scharf. Presenter Rick Marra is a physics hobbyist and has made several presentations on the wonders of the physics world.

Moderator: Rick Marra

1634 (VPC) / 1635 (ZOOM) Income Tax Planning NEW

Tuesday, Oct 4, 12:45–2 pm, \$0

VPC LIMIT 100 / ZOOM UNLIMITED

Income tax planning is a year-round process. David Robertson will discuss how to file your taxes including programs that file your taxes for free. We will discuss situations that can get taxpayers in trouble, how to minimize your tax liability, and even what to do if you are audited by the IRS. By tracking your income on a month-to-month basis you can avoid either a large refund (which means you gave the Treasury free use of your money) or penalties for underpayment.

Moderator: David Robertson

1636 (VPC) / 1637 (ZOOM) Finding Life Purpose with a Little Help from Nature NEW

Tuesday, Oct 11, 12:45–2 pm, \$0

VPC LIMIT 100 / ZOOM UNLIMITED

The WHY matters. Have you entered the third stage in your life with a clear idea of your WHY? Gerontologist Patricia Faust discusses the value of finding your life purpose—from the benefits to your brain to the impact on your life. The gift of longevity must be coupled with purpose to find peace and contentment through your later years. And Mother Nature is providing assistance to help you find your WHY. Faust specializes in issues of brain aging, brain health, brain function, and dementia.

Moderator: Patricia Faust

1638 (VPC) / 1639 (ZOOM) Come on Down! Everything You Wanted to Know about The Price Is Right NEW

Tuesday, Oct 18, 12:45–2 pm, \$0

VPC LIMIT 100 / ZOOM UNLIMITED

Learn the ins and outs of *The Price Is Right*, from obtaining tickets all the way through checking out as a double show-case winner. Hear all about the show and the process. Learn many interesting facts and tidbits. Presenter Rose Brauch will share clips and souvenirs from the show as well. And we'll play a pricing game, too! Brauch is a retired computer programmer, and this is her first OLLI presentation. She is eager to share this story with her OLLI friends.

Moderator: Rose Brauch

1640 (VPC) / 1641 (ZOOM) Explore Antarctica NEW

Tuesday, Oct 25, 12:45–2 pm, \$0

VPC LIMIT 100 / ZOOM UNLIMITED

This ice-bound continent is not owned or governed by any nation. Learn about some of it's history, wildlife, and beauty and the challenges to its future management and preservation. Presenter Nancy Herbert traveled to this amazing continent in spring 2022.

Moderator: Nancy Herbert

1642 (VPC) / 1643 (ZOOM) Toys that Shaped Our Youth NEW

Tuesday, Nov 1, 12:45–2 pm, \$0

VPC LIMIT 100 / ZOOM UNLIMITED

There was the Easy Bake Oven, Slinky, Radio Flyer, and so many more toys that we loved and remember. Take a nostalgic look back on the joys of childhood with Deb Price, a retired educator who loves history and other old stuff—like toys!

Moderator: Deb Price

1644 (VPC) / 1645 (ZOOM) Favorite Websites and Apps for Enhancing Travel

Tuesday, Nov 8, 12:45–2 pm, \$0

VPC LIMIT 100 / ZOOM UNLIMITED

With thousands of online travel resources, how do you sort through them to get what you need to plan a fabulous vacation? Deb Moy will review her most valuable websites and apps for enhancing travel, with time at the end for you to add your favorites to the list. Deb is a retired hospitality and tourism instructor who seeks off-the-beaten path locations to complement well-known destinations.

Moderator: Deb Moy

1717 Memoir Wisdom: Stories Worth Sharing

Tuesdays, Sep 20–Nov 8, 2:15–3:30 pm (VPC) \$5

LIMIT 7

Memoir writing gives voice to your personal stories of “becoming”—who you were back then, how you navigated life’s passages, who you are today—a reflective process. Your stories, crafted into creative nonfiction (plot, characters, setting, conflict, dialogue, voice), can turn real-life experiences into stories your reading audience will cherish. In this course, each writer will share his/her stories online. Then the writer changes hats, becoming an insightful reader—offering praise, questions, and constructive ideas to fellow writers. Both beginner and advanced writers are welcome.

Moderator: Regina (Jean) Hellyer retired from UC Blue Ash College where she taught composition, literature, and study skills. She writes her own memoirs as “creative nonfiction”—truthful narratives written in story form. She believes every older adult has stories to share. Written memoirs and reflections constitute a valuable legacy for family, friends, and all other audiences.

1718 Dispute Resolution: Negotiating and Mediating through Conflict **UPDATED**

Tuesdays, Sep 20–Nov 8, 2:15–3:30 pm (VPC) \$5

LIMIT 16

An insider’s examination of how public and private disputes have been resolved through negotiation, facilitation, and other dispute-resolution strategies. Analysis behind the scenes of successful and failed negotiations to uncover the value of determining each party’s interests, creating options for settlement, communicating and listening purposefully, assessing the parties’ alternatives to agreement, and developing a good working relationship with the other side. We’ll use interactive video and role-playing to demonstrate and discuss successful negotiation and mediation skills and strategies.

Moderator: James K. L. Lawrence. OSU, BA, JD. Labor and employment law and dispute-resolution advocate as a member of Frost Brown Todd LLC for 52 years. Adjunct professor of negotiation, mediation, and dispute resolution at OSU

and UC colleges of law. Former adjunct at Straus Institute for Dispute Resolution at Pepperdine Univ.

1719 O. Henry Prize Winners: The Best Short Stories of 2021 **UPDATED**

Tuesdays, Sep 20–Nov 8, 2:15–3:30 pm (VPC) \$5

LIMIT 32

Each year the O. Henry Prize is awarded to the best short stories selected from American popular and literary magazines. Each week, we will read and discuss two of the stories from the 2021 collection. The O. Henry Prize is widely regarded as the most distinguished award for short fiction. Text: *The Best Short Stories of 2021: The O. Henry Prize Winners* (ed., Chimamanda Ngozi Adichi).

Moderator: Rick Stein has been taking OLLI classes for many years and has moderated a number of classes as well as previous year’s versions of the best short story classes. As a former English teacher, writer, and stained glass artist, he brings enthusiasm for the material.

1720 Introduction to Personal Computers **UPDATED**

Tuesdays, Sep 20–Nov 8, 2:15–4 pm (VPC) \$20

LIMIT 10

This class is about the basics of using a PC computer (NOT Apple/Mac)—how they work, the difference between hardware and software, staying safe using one, finding interesting things on the Internet, typing documents using basic word processing, Windows 10, and a whole lot more. Whether you’re getting started with your first computer or looking to learn more about how to use one, you’ll find the information you need from class discussions, printed handouts, and short videos.

Moderator: Howie Baum (BS in industrial design, AS in mechanical engineering) worked as a mechanical and industrial engineer at companies in Cincinnati and Dayton doing product and process design. He taught part-time for 36 years at four universities and colleges. He currently volunteers to teach computer skills to veterans at the VA.

1721 Aging, Spirituality, and the Hero’s Journey **NEW**

Tuesdays, Sep 20–Oct 25, 2:15–3:30 pm (VPC) \$5

LIMIT 30

Aging can be looked at as a spiritual journey. Aging well also requires us to understand and embrace change. The Hero’s Journey is a time-tested model that gives insight to spiritual growth and the value of change. In this, the first of a three-part course exploring the heroic journey of life, we will examine the Hero’s Journey from several perspectives. Subsequent classes in this series will include the Heroine’s Journey, a more feminist perspective, and the Elder’s Journey, aging as a sacred pilgrimage.

Moderator: Rick Warm has a PhD in leadership and change

from Antioch Univ. and is director of the Center for Wisdom in Leadership, a newly founded research and educational organization based in Cincinnati.

1722 Jewish Music and its Influence around the World **NEW**

Tuesdays, Oct 18–Nov 15, 2:15–3:30 pm (ZOOM) \$5
LIMIT 40

“Jewish Music is modern and ancient, sacred and secular, communal and personal, universal and particular,” Jeff Janeczko, Curator, Millikin Archive of Jewish Music. In this course, we will explore these various aspects of Jewish music from all over the world and discover the characteristics that make these sounds “Jewish.” We will also explore the influence that Jewish music has had on other cultures and how those cultures, in turn, influenced Jewish music. But mostly, we will listen to and enjoy hearing some interesting music.

Moderators: Paul Evers, with degrees in mathematics and public health, recently retired as a consultant to hospitals on administrative issues. His musical ability extends to turning on record players, radios, and similar devices. Barbara Taggart-Milberg holds a music education degree from Indiana Univ. A retired programmer-analyst, she has performed as a member of orchestras, bands, and small ensembles.

1807 Caffè Italiano **UPDATED**

Wednesdays, Sep 21–Oct 26, 9–10 am (ZOOM) \$5
LIMIT 20

Join a lively group for nothing but conversation: it will be just like being in a coffee shop in Italy. You will need a working knowledge of Italian, including past tense. This is a great opportunity for those who have completed both Italian for Beginners (#1423) and Beginning Italian Conversation: Past Tense (#2223). Have your espresso, cappuccino, or caffelatte, and let’s talk in our virtual piazza. Antonio will even teach you how to gesticulate like a true Italian.

Moderator: Antonio Ammola has been teaching Italian at UC for 25 years and NKU for 29 years. He enjoys teaching this beautiful language with a great culture, cuisine, and fascinating history that goes back a long time.

1808 Exploring Common Orthopedic Problems with the Experts **NEW**

Wednesdays, Oct 5–Nov 9, 9–10:15 am (ZOOM) \$5
UNLIMITED

Most of us have experienced various orthopedic problems over the years, including problems in our bones and joints that limit our ability to stay active and engaged. Many of us have visited a doctor or therapist to fix these problems. Orthopedic surgeon educators from the Department of Orthopedic Surgery at UC will discuss some of these common problems and how they are diagnosed, treated, and possibly avoided. Topics to be covered: bone infections, the shoulder, femur fractures and osteoporosis, metastatic bone disease, bone loss, and

back and neck pain. This online course is a collaboration with Miami University Institute for Learning in Retirement.

Moderator: David Butler, Professor Emeritus of Biomedical Engineering at UC, has organized a team of orthopedic doctors for this course: H. Claude Sagi, professor; Brian Grawe, associate professor; Michael Beltran, associate professor; Michael Archdeacon, professor and department chair; John Wyrick, professor; and Ferhan Asghar, professor and vice chair of academic affairs.

1809 Delusion of Consciousness: Three Novels **NEW**

Wednesdays, Sep 21–Oct 26, 9:30–10:45 am (VPC) \$5
LIMIT 15

In this discussion course, we will focus on three novels, all of which address the theme of perception and reality: *The Night Watch* (Sarah Waters), *Warlight* (Michael Ondaatje), and *Sweet Tooth* (Ian McEwan)

Moderator: Jennifer Manoukian loves the opportunity provided by OLLI to read and discuss literature she enjoys with interested and interesting adults!

2012 Confrontation-Listening Skills: More JOY in Relationships

Wednesdays, Sep 21–Nov 16, 12:30–2 pm (VPC) \$5
LIMIT 24

Unless you have been extremely fortunate, you have rarely been “listened” to starting at a very young age and continuing to this day. Why? Is it you or is it “them”? In this course, you will be listened to as we learn and practice specific skills that, research shows, when used appropriately, people will respond to you in positive ways. (Predictable outcome: More JOY in Relationships!) This is definitely a participation class where we learn and practice new behaviors in a safe environment.

Moderator: Everett Nissly, BS, Ball State Univ.; MEd, MU; retired school principal/administrator; past adjunct instructor of Effectiveness Training for Educators (six different colleges/universities); world traveler.

2013 Twentieth-Century Short Stories by American Writers **NEW**

Wednesdays, Sep 21–Nov 9, 12:45–2 pm (VPC) \$5
LIMIT 16

We will read and discuss one short story per class session along with the history and background of each writer. A new story and author will be assigned and copies distributed at the end of each session or the following week. No books will be required. All lovers of the short story are welcome and encouraged to sign up.

Moderator: Steven Shane, a practicing lawyer, has been an avid reader of short stories throughout the years and looks forward to leading the discussion of these works at each class meeting.

2014 The Play's the Thing UPDATED

Wednesdays, Sep 21–Nov 9, 12:45–2 pm (VPC) \$5
LIMIT 25

Comedies, tragedies, classics, one-act plays...whatever seems appealing for our own reader's theater. We choose the plays, read the parts, direct action, select distinguishing props/costumes, or be part of the audience. No memorizing involved. No acting experience required. Let your voice be heard, and join in the great fun.

Moderator: Karen Zaugg is a theater enthusiast and sometimes actor in local productions.

2015 C. G. Jung's Red Book: Journey of the Soul UPDATED

Wednesdays, Sep 21–Nov 9, 12:45–2 pm (VPC) \$5
LIMIT 22

A significant scholarly book, *Jung's Red Book for Our Time*, edited by Murray Stein and Thomas Arzt (2017), features essays by major figures in the international Jungian community of scholars. It will bring us up to date on how the Red Book has been viewed since its posthumous publication in 2009. Join us for this interesting exploration into the subconscious!

Moderator: Jim Slouffman has been an artist and educator for 40+ years. He received his BFA from Wright State Univ. and MFA from UC. He is a member of The Greater Cincinnati Friends of Jung Committee where he has presented on a variety of subjects.

2016 Introduction to Excel

Wednesdays, Sep 21–Nov 9, 12:45–2 pm (VPC) \$5
LIMIT 10

This hands-on introductory course is designed for the individual who has never used Microsoft Excel: it assumes no previous knowledge. You will learn to enter, edit, arrange, and modify data into an Excel spreadsheet. You will create data tables and use mathematical functions. Printing, page layout, and margin setting will be introduced through the use of Page Setup. You will also learn to access the internet for assistance with various Excel topics.

Moderator: Tom Schimian is a graduate of XU with a degree in economics. He retired in 2004 after a rewarding career as a programmer/analyst. Additionally, he was an adjunct instructor in such subjects as Computer Concepts and Facilities, Programming Logic and Methods, and Visual Basic/Visual Basic.Net at UC and Cincinnati State.

2017 Creating What's Next NEW

Wednesdays, Sep 21–Oct 19, 12:45–2 pm (VPC) \$5
LIMIT 40

The Creating What's Next™ program reveals the secret sauce to living well. Through documentary film and inter-

active exercises, you'll learn six inner skills that support health and vitality. The uplifting program reshapes your view of what aging can be and focuses on building purpose, resilience, optimism, and connections in retirement and beyond.

Moderator: Molly Prues is a gerontologist with 25+ years of experience working with older adults. She developed the Connections™ workshop series to empower individuals to find purpose in retirement and later life. She founded VistaLynk to promote awareness and develop solutions to reframe society's vision of aging.

2018 Hospice: How It Can Help Your Loved One NEW

Wednesdays, Sep 21–Oct 19, 12:45–2 pm (ZOOM) \$5
UNLIMITED

This four-week course will give you an opportunity to meet hospice professionals from across the discipline. You will learn what to expect and what people are entitled to. Our speakers will help to break down stereotypes and stigmas around hospice. You will also learn about spiritual care and resources for people who are caring for loved ones with dementia. The presenters will also share how the community can be involved in hospices and how a hospice team is organized.

Moderator: Shelby Duncan has worked in the hospice field in Cincinnati for the past eight years in both for-profit and nonprofit hospices. It is definitely a work of the heart. She will share her love of this sector of the healthcare industry with you!

2019 Who Speaks for Nature? UPDATED

Wednesdays, Oct 12–Nov 9, 12:45–2 pm (ZOOM) \$5
UNLIMITED

The Ohio River is the most polluted river in the US. Our present system protects corporate property rights and profits but does not recognize the rights of the natural world to flourish. Citizens for Rights of the Ohio River Watershed (CROW) is actively seeking a paradigm shift to empower citizens to take responsibility for protecting ecosystems. This interactive, multimedia course will cover the extent of the damage, failures of government, how this international grassroots movement is working, and how we can help the Ohio River thrive again.

Moderator: Susan Vonderhaar has studied life sciences since the first Earth Day in 1970. With degrees in science (BS, MS), she worked 25 years as a project scientist at the US EPA. As a post-retirement educator, she has come to see the fallacy of the regulatory system as one of protection of industry not a healthy planet.

2114 Demystifying the Court System NEW

Wednesdays, Sep 21–Oct 26, 2:15–3:30 pm (VPC) \$5
LIMIT 40

Abortion. Redistricting. Criminal justice reform. Courts are in the headlines every day, but how much do people know about the court system? Court decisions impact lives in often profound ways. In this course, a group of judges and lawyers will explain how the modern court system operates to promote broader understanding of the judiciary and contextualize important court decisions. We'll explore everything from jury trials to the US Supreme Court, challenges facing the courts, and proposals for reform. We'll also tour the courthouse. Expect some reading and lots of discussion.

Moderators: Judge Pierre Bergeron has lined up a series of judges and lawyers to lead the five in-person classes at VPC. The sixth class will be a tour of the courthouse.

2115 Layperson's Guide to Recognizing and Responding to Mental Illness UPDATED

Wednesdays, Sep 21–Nov 9, 2:15–3:30 pm (VPC) \$5
LIMIT 20

One in five Americans in any given year will experience a mental illness (NIMH). Depression, anxiety, and schizophrenia are just a few of the nearly 300 different illnesses listed in the Diagnostic and Statistical Manual (DSM-V). What causes mental illness? What are its signs and symptoms? Can it be cured? Why is there so much myth and stigma around mental illness? These are timely questions, and this course will explain the many aspects of mental illness using easy-to-understand language, analogy, and personal experience.

Moderator: T. Victor Lloyd, MTh, MAPC, is a caseworker and Law Enforcement Training Specialist. He has 30 years' experience as a mental health professional and 20+ years' experience providing education and training on mental illness and crisis intervention to law enforcement and other professionals both locally and throughout the US.

2116 Documenting Democracy UPDATED

Wednesdays, Sep 21–Nov 9, 2:15–4 pm (VPC) \$5
LIMIT 100

The first four weeks will feature documentaries about environmental issues including nuclear power and its tie to military weaponry. The last four films will be about understanding democracy in relation to protection of citizens rights and the rights of nature. Films will run 60 to 90 minutes with additional time for discussion.

Moderator: Lynn Hamamoto likes to share rare and award-winning documentaries and discuss them with other interested people.

2117 Speed Friending NEW

Wednesday, Nov 9, 2:15–3:30 pm (VPC) \$0
LIMIT 50

Finding it hard to make friends in retirement or just always ready to meet new people? Join us for a casual, fun, fast-paced afternoon where you'll spend a few minutes each with other participants getting to know them with provided questions—or ask your own. NOTE: this is NOT speed dating—come and make some new friends at OLLI.

Moderator: Deb Price is not shy about meeting new people and looks forward to sharing the fun with you.

2118 First-Ever OLLI Mystery Theater (YOU Solve the Mystery!) NEW

Wednesdays, Oct 19–Nov 9, 2:15–3:30 pm (ZOOM) \$5
LIMIT 60

You will use your genius to deduce the villainous murderer! A complete description of the crime will be presented with OLLI "actors" appearing as detective, suspects, and others present at the scene. You can give the detective questions to be put to suspects and will have every chance to solve the mystery on your own or in Zoom groups. Mystery theater comes to OLLI for four Zoom weeks!

Moderator: John Briggs has taught numerous mystery courses for OLLI and has advanced degrees in literature. He has also published some mystery short stories.

2119 Considering "The Ministry for the Future" by Kim Stanley Robinson NEW

Wednesdays, Sep 21–Nov 9, 2:15–3:30 pm (VPC) \$5
LIMIT 15

We will do a close reading of Kim Stanley Robinson's *The Ministry for the Future*. This challenging fiction of our near future is both Utopian and Machiavellian—hopeful and frightening. The scientific, political, economic, social, and religious elements of Robinson's story offer many opportunities to consider how humankind got here and what can be done. Robinson's suggestions will force us to consider whether we are wise enough, brave enough, or capable enough to make the kind of choices that must be made. Come join us in our reading and discussion.

Moderator: Mark Breitenstein is a retired teacher. He taught language arts, literature, and writing in middle and high schools and as an adjunct at UC. During his last seven years, he taught a program of teacher education and monitored students as they assisted in classrooms. As a retiree, he reads, writes, gardens, golfs, and travels.

2223 Italian Conversation/Past Tense

Thursdays, Sep 22–Oct 27, 9–10:30 am (ZOOM) \$5
LIMIT 20

Increase your knowledge of Italian through conversation, culture, and camaraderie. We'll spend the first part of each class on grammar, past tense, and vocabulary with the second part devoted to conversation, Italian crosswords, and interesting topics in Italian culture. You will need some knowledge of basic Italian or to have taken Italian for Beginners (#1425). Text: *Italian: A Self-Teaching Guide* by Edoardo A. Lèbano.

Moderator: Antonio Iemmola has been teaching Italian at UC for 25 years and NKU for 29 years. He enjoys teaching this beautiful language with a great culture, cuisine, and fascinating history. When you speak Italian, it seems as if you are singing opera because it is very musical.

2224 Grace Paley: The Collected Stories **NEW**

Thursdays, Sep 22–Nov 10, 9:30–10:45 am (VPC) \$5
LIMIT 15

Grace Paley was born on August 22, 1922, in the Bronx to Polish Jewish immigrant parents. She was a poet, essayist, and, most of all, writer of short stories. It was her short stories that gained her the high praise, esteem, and gracious affection of her readers and of literary critics and scholars. Moderator will read the stories out loud in class, and we will discuss as we go along. We will start with the first story, "Goodbye and Good Luck." Text: *The Collected Stories by Grace Paley*.

Moderator: Robert Shanklin, long-time OLLI moderator, grateful to be back at OLLI again and moderating again. He is pursuing his lifetime love of literature.

2225 Finding Solutions to America's Problems **UPDATED**

Thursdays, Sep 22–Nov 10, 9:30–10:45 am (VPC) \$5
LIMIT 20

This is the 13th OLLI course using the National Issues Forum (NIF) public deliberation process. We will weigh alternatives from various courses of action using NIF issues guides. You are encouraged to express, listen to, and consider all points of view. Discussions include these major issues: 1) A Nation in Debt: How Can We Pay the Bills? 2) Land of Plenty: How Should We Ensure that People Have the Food They Need? 3) What is the 21st-Century Mission for Our Public Schools?

Moderator: Kent Friel, MBA, UC, 1965. Former business owner and Community Fellow with the KnowledgeWorks Foundation. He is a trained moderator by the NIF, a subsidiary of the Kettering Foundation.

2226 How Music Means

Thursdays, Sep 22–Nov 10, 9:30–10:45 am (VPC) \$5
LIMIT 40

No musical background is required for this class, only a curiosity about how classical and Hollywood composers use the elements of music (intervals, chords, melody) to fashion metaphors in sound for the experiences of life. Rick will share these elements "before your very ears," demonstrating and improvising on a keyboard in the classroom. Together, we'll construct tunes! We'll tackle some big questions: Does music mean anything? If musical gestures "metaphorize" life experiences and states of mind, then how? What is greatness in music?

Moderator: Rick Sowash is a composer and author. He publishes his own sheet music, CDs, and books. His music is heard on classical music radio including WGUC. His clarinet concerto was recorded by the St. Petersburg Symphony. His cello concerto premiered at Carnegie Hall. He has written 400 works of music and eight books. More info at www.sowash.com.

2227 Intermediate/Advanced French Conversation **UPDATED**

Thursdays, Sep 22–Nov 10, 9:30–10:45 am (VPC) \$5
LIMIT 12

Brush up on your speaking and listening comprehension of one of the most beautiful languages in the world in a relaxed but structured setting. We'll do some grammatical review, but a basic knowledge of French is required. This course is conducted primarily in French. Beginners should register for French for the Fun of It (#2015); and intermediate speakers may also benefit from Revision of French Grammar (#2319).

Moderator: Deanna Hurtubise is a retired high school French teacher. She earned her MA in French language and civilization from UC and is the author of several picture books for children and a series of French historical fiction for middle schoolers.

2228 Phone Photography **UPDATED**

Thursdays, Sep 22–Nov 10, 9:30–10:45 am (VPC) \$5
LIMIT 20

Are you now using your phone as your primary camera? Learn tips and tricks and every little thing you need to know to make better pictures using the camera that you carry around with you every day.

Moderator: Peter Nord, PhD, has more than 50 years' experience in various aspects of photography. And it turns out he'd rather make pictures on his phone than mess around with chemicals in the darkroom.

2229 (VPC) / 2230 (ZOOM) History of Art Making NEW

Thursdays, Sep 22–Nov 10 (no class 10/20),

9:30–10:45 am, \$5

VPC LIMIT 100 / ZOOM UNLIMITED

Most art history discussions generally describe various art works and artist's lives overlaid with the history of the times of creation. In this series, we will cover the history of the art-making process, from inception to finished work. From prehistoric "cave art" to today's NFTs, we will cover the evolution of materials and techniques that reflect technologies of the times. In short, we will discover how what we call art gets made.

Moderator: Sam Hollingsworth—OLLI moderator for 12 years; Stephen Appel Award recipient for excellence in teaching; exhibiting artist, NYC and Cincinnati; graduate of UC-DAAP; studied at Art Academy of Cincinnati; teaching artist (watercolor).

2318 Photos by Everything Else but the Numbers NEW

Thursdays, Sep 22–Nov 10, 11 am–12:15 pm (VPC) \$5

LIMIT 12

Struggle with f-stops, ISO, shutter speeds? No more! Just use your eye to find a sliver of life in your viewfinder. Learn how to see that sliver of life to begin with, how to put the little frame around the parts of the sliver that arouse interest and convey meaning, and how to package that moment of discovery so others share and value the image. Your photo skills will improve with weekly assignments and appreciative sharing of results.

Moderator: Dennis Foster's professional career includes photography, motion pictures, film, television, video production, multimedia, and software development. With the advent of digital cameras, he returned to photography for the simple joy of it.

2319 Revision of French Grammar UPDATED

Thursdays, Sep 22–Nov 10, 11 am–12:15 pm (VPC) \$5

LIMIT 12

Review and refresh your knowledge of French grammar to help you feel more confident in using the beautiful French language. Course will be geared to speaking correctly with emphasis on usage and pronunciation. This is NOT a beginner class; some previous knowledge of French grammar is required. Beginners may sign up for French for the Fun of It (#2015).

Moderator: Deanna Hurtubise is a retired high school French teacher. She earned her MA in French language and civilization from UC and is the author of several picture books for children and a series of French historical fiction for middle schoolers.

2320 Let's Talk Science NEW

Thursdays, Sep 22–Oct 27, 11 am–12:15 pm (VPC) \$5

LIMIT 15

Scientific research plays a critical role in our lives. Whether it's medicine, the social sciences, materials, engineering, the environment, or new products and processes, scientific work is important. Topics will be provided for the first meetings while class participants with a special interest or expertise are invited to lead later meetings if they desire. The goal is to provide information, facilitate conversation, entertain, and inspire—something like Science Friday or the NOVA series.

Moderators: Thomas Cislo is a retired risk manager with interests in engineering, energy, and environmental issues. Juris Mezinskis is a retired psychologist with an interest in understanding what constitutes scientific evidence and in worldwide public policy efforts related to alcohol and drug use.

2321 (VPC) / 2322 (ZOOM) For the Love of Music UPDATED

Thursdays, Sep 22–Nov 10, 11 am–12:15 pm, \$5

VPC LIMIT 100 / ZOOM UNLIMITED

We will sample excerpts and discuss forthcoming performances by Cincinnati Symphony Orchestra, Chamber Music Cincinnati, Linton Chamber Music, Cincinnati Ballet, CCM, and other Cincinnati musical organizations to explore great compositions. Contexts include performance practice and reception history, composers, and performers.

Moderators: Bob Zierolf is a retired UC vice provost, dean of the Graduate School, and professor of music theory at CCM. Steve Winter is a retired GE engineer with no formal musical training who has enjoyed classical music for most of his adult life.

2323 Two Generations and One-Stop Shop: What You Need to Know Now NEW UPDATED

Thursdays, Oct 20–Nov 3, 11 am–12:15 pm (ZOOM) \$5

UNLIMITED

How many layers are in YOUR family's generational sandwich? Boomers and their parents are being squeezed with caregiving, financial, health, physical, and emotional challenges. Stop the juggling. Reduce the strain. Hear the experts. Over three weeks you will hear three separate panel presentations from area professionals on "Relocation and Downsizing," "Financial and Future Planning," and "Home and Health Transitions." An efficient, stressless way to learn about area resources and tips to help you navigate life decisions.

Moderator: David Peterson, marketing professional, TAT2 Marketing in Cincinnati. Panel presenters are members of Cincinnati Senior Connection Foundation, a nonprofit organization providing counsel, assistance, affirmation, encouragement, and support for older adults and their families. We empower seniors to celebrate and enjoy "the rest of their lives as the best of their lives." More information at www.cincinnati-seniorconnection.org.

2324 Growing Up in Cincinnati: Popular Culture of the '50s, '60s, and '70s **NEW**

Thursdays, Sep 22–Nov 10, 11 am–12:55 pm (VPC) \$5
LIMIT 35

Join us for discussion about Cincinnati through the decades of the 1950s, 1960s, and 1970s. Remember growing up with Uncle Al on TV, drive-in movies, German bakeries in every neighborhood, dressing up to go shopping and to the movies downtown, drinking beer at 18 years old in high school, and all the great restaurants that closed. Who remembers teen dances and bars in Mt. Adams and Clifton, where we met our first love? This is an opportunity to share stories, pictures, videos, and maybe 8mm home movies!

Moderator: Michael Ward is a retired teacher, principal, and college adjunct. He has been an OTR tour guide for the past ten years. He has a undergraduate degree in history and master's degree in education. He grew up in Cincinnati, retiring from Cincinnati Public Schools. He previously moderated OLLI classes on beer and Over-the-Rhine.

2447 Papercrafting: Fall Themes **UPDATED**

Thursdays, Sep 22–Nov 3, 12–2:30 pm (VPC) \$5 + fee
LIMIT 8

Learn techniques using different types of stamps, inks, die cutting, embellishments, and dry and heat embossing. The focus will be on fall-themed and special occasion card making, but techniques can be applied to scrapbooking, decorations, and more. You will need to bring small, sharp-pointed scissors to class, and you are welcome to bring supplies from home for your projects. Moderator will collect a \$10 material fee that covers papers, inks, embellishments, and some adhesives.

Moderator: Cathy Berrens is a retired teacher. She has taken a variety of card-making classes over the last decade. She occasionally sells her crafts at school fundraisers but mostly makes cards for friends and family.

2448 Vipassana Meditation Practice **UPDATED**

Thursdays, Sep 22–Nov 10, 12:45–2:45 pm (VPC) \$5
LIMIT 10

The course is for those who have prior experience with the fundamentals of vipassana meditation practice. It is an opportunity to cultivate the Buddha's way of liberation through the practice of ethics, meditation, and insight. More technical explanations concerning the practice procedures will be introduced. The session starts with a short chanting and follows by the walking and sitting practices. Thorough discussion about the practice experiences will follow. The session is concluded with an extended loving-kindness observation. Each class meets for two hours.

Moderator: Manit Vichitchot has been practicing vipassana meditation on a consistent basis since January 2009. Since then, he has participated in numerous intensive vipassana meditation Retreats in Thailand.

2449 Curing the Blank Page **UPDATED**

Thursdays, Sep 22–Nov 10, 12:45–2 pm (VPC) \$5
LIMIT 10

Suffer from writer's block? There is a cure: support and encouragement from other budding writers. Regardless of your chosen genre—great American novel, short story, Hollywood screenplay—moderator and classmate input will help you fill those blank pages. Weekly writing limited to 300 words or less with prompts and ideas to get you started.

Moderator: Wayne Page has written musicals, movie screenplays, short stories, and two novels on Cincinnati library shelves: *Barnstorm* and *Up the River*. He likes Hitchcock-type twist endings.

2450 Sustainability: The Greening of America **UPDATED**

Thursdays, Sep 22–Nov 10, 12:45–2 pm (VPC) \$5
LIMIT 25

Increase your awareness of the vital importance of sustainability in our global community. This course introduces sustainability and explores how to balance economic, social, and environmental change for everyone's long-term benefit. Sustainability is the oversight for managing our present resource needs without compromising the ability of future generations to meet their needs and without undue damage to the wider global environment. Guest speakers bring their practical expertise to impart their sustainability knowledge that encompasses learning how to lead individual, organizational, and societal change from a multidisciplinary perspective.

Moderator: Ralph Brueggemann, MBA, MEd, is an adjunct professor at the UC College of Engineering and Applied Science. He has experience in independent consulting, quality improvement, nonprofit board experience, and developing commercial products for national and international corporations.

2451 Magic for the Young at Heart **UPDATED**

Thursdays, Sep 22–Oct 13, 12:45–2 pm (VPC) \$5 + fee
LIMIT 10

Whether you have taken this class before or just want to amaze and amuse your grandkids, family, and friends by performing easy-to-learn feats of magic, this class is for you! You can be the "cool" magician yourself or be the magician who teaches your grandkids astonishing magic tricks. Over this four-week class, you will learn the sleight-of-hand skills necessary to perform many basic but powerful magic effects with everyday objects including, coins, cards, ropes, balls, etc. You will purchase a magic kit from the instructor for \$25.

Moderator: Mark Hogan is a passionate amateur magician who has been performing and teaching magic for 30+ years. He is currently a moderator of magic clubs at Kilgour and Milford elementary schools and has taught magic at OLLI for several years. He has written two books for beginning magicians, one for young magicians and one for seniors.

2452 French for the Fun of It

Thursdays, Sep 22–Nov 10, 12:45–2 pm (VPC) \$5
 LIMIT 12

Through colorful resources—toys, dioramas, sleight-of-hand tricks, funny hats, “mystery objects”—you will learn basic French. Via lively humorous anecdotes, Rick will also share his knowledge of the culture and history of France, the land of his ancestors, which he has visited many times. You will “repeat after me,” learning to pronounce French words and phrases. Through impromptu guided dialogues, you will learn how to politely ask for directions, check into “un hôtel,” order “un café et un croissant,” and locate “les toilets” (an important skill!).

Moderator: Rick Sowash is a classical composer and the author of eight books. He publishes his own sheet music, books, and CDs. For six years, he taught high school French at Leaves of Learning, a Cincinnati alternative school. He and Jo, his wife of 49 years, love France and French culture. More info at www.sowash.com.

2453 Contemporary Economic Policy Issues NEW

Thursdays, Sep 22–Oct 27, 12:45–2 pm (ZOOM) \$5
 UNLIMITED

Economics plays a central role in the functioning of every aspect of society. This course will address a set of prominent policy issues with economics at their core. We will explore their origins as policy matters, the underlying data and evidence, and what policy levers are available to deal with them. Each class will be taught by a different subject-matter expert.

Moderator: Jon Haveman is the Executive Director of the National Economic Education Delegation (NEED) and is an expert on economic policy. He holds a PhD in economics from the Univ. of Michigan. He will be joined by other economists during this course.

2454 Reading Ruth Ozeki NEW

Thursdays, Sep 22–Nov 10, 12:45–2 pm (ZOOM) \$5
 LIMIT 15

We will read three novels by prize-winning Japanese American novelist and Zen Buddhist priest Ruth Ozeki. In *All over Creation*, seeds of change blossom into the theme of environmental protection from the ground up. *A Tale for the Time Being* allows us to explore the depth and meaning of how and when things and people develop. *The Book of Form and Emptiness* embraces hope for the “other” in each of us. Read sections First, Second, Third in *All over Creation* for initial class.

Moderators: Donata Glassmeyer, MA, English literature; Carolina Kendrick-Alcantara, PhD, Latin American languages and literature.

2516 Creative Photography: Intermediate to Advanced UPDATED

Thursdays, Sep 22–Nov 10, 2:15–3:45 pm (VPC) \$5
 LIMIT 12

This is an intermediate and above workshop. You must have a good working knowledge of your DSLR camera and be using a post-production program like Lightroom or Photoshop Elements. We will explore the creativity that aperture, shutter priority, and manual modes can offer. A series of creative exercises will be challenging and self-inspiring. Most of all, it will be fun. The weekly photographic assignments will offer the opportunity to share your printed work with the class. Beginners may register for #1024 or #1531.

Moderator: Larry Pytlinski is an award-winning amateur photographer who, since his retirement, has devoted his time to his passion for photography. He’s had several solo shows, and his pictures are currently in several local galleries.

2517 iPhone Basics and Beyond UPDATED

Thursdays, Sep 22–Nov 10, 2:15–3:45 pm (VPC) \$5
 LIMIT 20

Whether you are new to the Apple iPhone or just suspect there might be a bit more you can do with it than make calls, this is the class for you. Beginning with buttons and hardware, lock and unlock, contacts, control center, gestures, phone apps, messages, mail, photos, iCloud, and much more, we will cover many of the basics. We will be using the latest IOS (iPhone Operating System), which is currently IOS 15. This class is for users of Apple iPhones only!

Moderators: Janet Keller has been an avid fan of Apple products for almost 30 years. She loves learning new ways to use technology and sharing that knowledge. Karen Klein has been a longtime Apple enthusiast going back to her first Mac computer in 1988 and her first iPhone in 2009. She loves to share and learn about all things Apple.

2518 (VPC) / 2519 (ZOOM) I Like Ike: The Remarkable Career of Dwight D. Eisenhower UPDATED

Thursdays, Sep 22–Nov 10, 2:15–3:30 pm, \$5
 VPC LIMIT 100 / ZOOM UNLIMITED

In 1941, Dwight D. Eisenhower was an obscure, over-age colonel commanding a battalion at Ft. Lewis. Eleven years later he was the most famous person in the world, having been elected to his first of two successful terms as president after leading the Allies to victory in Europe in World War II. We will take a deep dive into how a Kansas farm boy became a great American general and president, his influences, lucky breaks, and leadership style.

Moderator: Greg Gajus has been a history enthusiast his entire life and consulted 20 different books on Eisenhower to prepare for this class. Pre-COVID, he also visited the Eisenhower Boyhood Home and Museum in Abilene, the Eisenhower Farm

in Gettysburg, and Normandy. He has previously taught OLLI classes on the history of NASA and is the co-author of *Baseball Revolutionaries*, which sadly contains no references to Ike.

2520 Great Short Fiction NEW

Thursdays, Sep 22–Nov 10, 2:15–3:30 pm (ZOOM) \$5
LIMIT 35

We'll read eight short novels: *The Waves* by Virginia Woolf, *The Stranger* by Albert Camus, *Wide Sargasso Sea* by Jean Rhys, *Surfacing* by Margaret Atwood, *Breakfast at Tiffany's* by Truman Capote, *A Rage in Harlem* by Chester Himes, *A Clockwork Orange* by Anthony Burgess, and *Seize the Day* by Saul Bellow. These works are generally short. Please read Woolf's *The Waves* for week one.

Moderator: John Briggs has taught numerous literature courses for OLLI and has a master's degree in English.

2606 Playwriting Workshop—Intro and Ongoing UPDATED

Fridays, Sep 23–Nov 4, 9:30 am–12 pm (VPC) \$5
LIMIT 10

Join us for discussion, exercises, and practice in natural and effective dialogue, viable characters, context, plot, true dramatic action, and effective story arc. Practicing playwrights to newcomers are invited.

Moderator: Paul Shortt, UC-CCM Professor Emeritus, Theater Design and Production; 250+ productions designed for CCM and professional companies; design consultation worldwide; playwright, poet, and short story writer. Univ. of Michigan, BS in design; Yale Drama School, MFA; United Scenic Artists; Dramatist Guild; Literary Club.

2705 Introduction to American Sign Language through Song NEW

Fridays, Sep 23–Nov 4, 11 am–12:15 pm (VPC) \$5
LIMIT 12

American Sign Language is a beautiful, practical, and fun skill. In this class, we will start with the alphabet and work our way up to vocabulary needed to interpret a selected song in sign. In addition to practicing basic ASL signs, you will also learn how to notate ASL vocabulary, construct sentences in ASL, seek out resources to learn new signs, and touch on principles of Universal Design and how they intersect with Deaf culture and history.

Moderator: Kristin Suess, in addition to being a professional singer, arts administrator, serial student, and Program Coordinator for OLLI, has trained in ASL off-and-on since she was in kindergarten. She attended Cincinnati State's Interpreter Training program with the thought of going into theatrical interpreting but cut her training short and finished with a certificate in Deaf studies.

2706 Novels from South Africa NEW

Fridays, Sep 30, Oct 14, Oct 28, Nov 4,
11 am–12:15 pm (VPC) \$5
LIMIT 15

We will discuss four novels by a diverse group of contemporary South African authors. Our class will meet every other week beginning Friday, September 30. We will read *The Woman Next Door* by Yewande Omotoso (9/30), *The Promise* by Damon Galgut (10/14), *The Madonna of Excelsior* by Zakes Mda (10/28) and *Still Life* by Zoë Wicomb (11/4).

Moderator: Susan Robinson has co-moderated the Friday Book Class for the past several years. She is a former Peace Corps Volunteer and a lifelong reader. Recent classes featured novels from West and East Africa.

2707 Aging, Spirituality, and the Hero's Journey NEW

Fridays, Sep 23–Oct 28, 11 am–12:15 pm (ZOOM) \$5
LIMIT 25

Aging can be looked at as a spiritual journey. Aging well also requires us to understand and embrace change. The Hero's Journey is a time-tested model that gives insight to spiritual growth and the value of change. In this, the first of a three-part course exploring the heroic journey of life, we will examine the Hero's Journey from several perspectives. Subsequent classes in this series will include the Heroine's Journey, a more feminist perspective, and the Elder's Journey, aging as a sacred pilgrimage.

Moderator: Rick Warm has a PhD in leadership and change from Antioch Univ. and is director of the Center for Wisdom in Leadership, a newly founded research and educational organization based in Cincinnati.

2822 Cincinnati Collaborative on Police Reform: 20 Years Old and National Model NEW

Friday, Sep 23, 1–3 pm (VPC) \$0
LIMIT 100

Explore the roots of the Cincinnati Collaborative Agreement, the challenge of implementing police reforms, and the future of police-community relations in the post-George Floyd protest era. See how police accountability through the Citizen's Complaint Authority and reducing racial disparities are foundational. Learn how problem solving reduces arrests while improving public safety. Let's even learn the SARA (scanning, analysis, response, and assessment) format and apply it to real problems of crime and disorder. Also learn about the Collaborative 20th-anniversary celebrations. Enjoy some positive news about public safety for a change!

Moderators: Al Gerhardstein is a civil rights attorney with extensive experience in police and criminal justice reform. He is founder of the Ohio Justice and Policy Center and a drafter of the Collaborative Agreement. Iris Roley is program director of Cincinnati Black United Front, consultant to the

City of Cincinnati, and passionate advocate for the Collaborative Agreement.

2823 Writing a Legacy Letter

Friday, Sep 30, 1–3 pm (Zoom) \$0
LIMIT 25

A legacy letter (also called an ethical will) is a written document that allows you to share your life lessons, express your values, and transmit your blessings to future generations. A legacy letter is shorter than a memoir, typically just a few pages. Writing one is a rewarding experience that creates an enduring gift for family and friends. This one-session online workshop includes discussion and brief writing exercises: it offers advice, encouragement, and a model structure to help you draft and complete your own legacy letter.

Moderator: Jay Sherwin has practiced law, given away money for five different charitable foundations, and served as a hospital chaplain. In 2019, he created the Life Reflections Project to educate people about legacy letters, ethical wills, and other legacy documents. He has extensive experience facilitating online adult learning programs and has offered this workshop for OLLI programs nationwide.

2824 A Closer Look: Sutton Hoo and Scandinavian Burial Treasures **NEW**

Friday, Oct 7, 1–3 pm (Zoom) \$0
UNLIMITED

While teaching in East Anglia, England, Sandra Geiser was fascinated by the historic burial site called Sutton Hoo (about 597–625 CE). Later, in art history classes at UC, she delved into a study of the site, its historical importance, and the challenges of the preservation of this unique treasure. During recent travels to Norway, Geiser recognized parallels and differences at the Viking Museum near Oslo. Recent finds are yielding new understanding of this period, and the 2021 film *The Dig* has heightened interest in Sutton Hoo.

Moderator: Sandra Geiser taught French and English in Norfolk, England, where she became involved with the burial site of Sutton Hoo. Her UC art history studies and recent Scandinavian travels have increased her curiosity and fascination with early Anglo-Saxon and Viking cultures.

2825 Good Grief **UPDATED**

Friday, Oct 14, 1–3 pm (VPC) \$0
LIMIT 32

Grief is our response to loss and change: like retirement, death, natural disasters, and even pandemics. We can learn to be more resilient in how we process grief and not get stuck in anger, depression, or alcohol. Some is minor (loss of routine), and some is major (loss of loved ones). What can we do to minimize the damage and move on?

Moderators: Mike Shryock and Diane Beeker are retired social

workers who have many years of experience assisting clients as they deal with grief and loss.

2826.1 (ZOOM) /2826.2 (VPC) “One Word” Screening **NEW**

Friday, Oct 21, 1–3 pm (VPC/Zoom) \$0
VPC LIMIT 100 / ZOOM UNLIMITED

What would you do if your home country was at stake? And what would you say to the ones that cause the threat? *One Word* is a documentary about the impacts of climate change on the Republic of the Marshall Islands and its people. The movie was developed and filmed with the inclusion of Marshallese people through film workshops. The movie is narrated by the protagonists. It is only their voices that count. Q&A with Dr. Michael Roman follows the screening. More information at www.one-word-the-movie.com.

Moderator: Michael Roman, former Kiribati Peace Corps volunteer and Fulbright Fellow, received his PhD from the Department of Anthropology at the Univ. of Pittsburgh in 2014. His dissertation topic has been turned into several movies. *One Word* humanizes climate change by highlighting the Marshall Islanders’ fight for climate justice and survival in contemporary times. He works at UC.

2827 The History and the Literature: “The Lincoln Highway” **NEW**

Friday, Oct 28, 1–3 pm (VPC) \$0
LIMIT 32

Historical novels tell interesting stories about a time and its people, requiring extensive research so the writing accurately reflects the history. Using *The Lincoln Highway* by Amor Towles as the launching point, this class will offer a one-hour look at the history of the US in the 1950s, as the country confronted the Cold War, embraced TV and rock and roll, and engaged with civil rights. We will continue with a discussion of the novel as contemporary literature. Readers and history buffs welcome! Please read *The Lincoln Highway* before class.

Moderators: Stan and Diane Henderson are avid readers—Stan reads history, Diane fiction. In other lives, they would have been history and English professors. They now share their passions with us. Pre-retirement, Stan was Vice Chancellor for Enrollment Management and Student Life at Univ. of Michigan-Dearborn, and Diane was an educational program planner/consultant. Both are currently failing retirement.

2828 “Solving” Problems with Reason and Civility NEW

Friday, Nov 4, 1–3 pm (VPC) \$0

LIMIT 100

What if instead of arguing about the issues facing the world, we sat down together to discuss, listen, and brainstorm ideas and solutions? Join veteran OLLI moderators for a free-wheeling attempt to take on some of the big issues in the news today. We’ll set some ground rules before breaking into smaller groups to work together in a solution-based environment. We will not argue, debate, name-call, or otherwise introduce partisanship into our conversations. Then we’ll come back together to share our best ideas. Interested in this thought experiment? Join us!

Moderators: Pat Niskodé, Professor, Miami U. and Cate O’Hara, OLLI Director, will invite some additional OLLI moderators to assist in this undertaking.

3004 How Cincinnati Grew Neighborhood by Neighborhood UPDATED

Mondays, Oct 24–Nov 21, 9:30–10:45 am (ADI) \$5

LIMIT 30

Cincinnati is a city of 52 recognized neighborhoods. We will explore why, how, and when these distinct areas became part of Cincinnati, many giving up their own “city” status. Did you know that College Hill had a town hall and a mayor? You will be encouraged to contribute information about your own neighborhoods.

Moderator: Marcha Hunley has been an educator for 40 years and is a lifelong Cincinnati resident. Currently, she keeps her brain in tiptop shape by moderating courses for OLLI and designing historical tours for Spring Grove Cemetery and the OTR Brewery District.

3005 Integrated Wealth Management UPDATED

Mondays, Oct 24–Nov 14, 9:30–10:45 am (ADI) \$5

LIMIT 14

All the pieces of wealth management (financial planning, taxes, investments, and estate planning) are integrated and should be viewed as one relationship rather than separately. Too often, families view them in silos without coordination. Learn the steps you can take to integrate them and other personal-finance areas that can increase the efficiency and effectiveness of your assets and plans to achieve the goals you define.

Moderator: Tom Bentley is a principal at Truepoint Wealth Counsel, a fee-only wealth management firm.

3006 U.S. Grant: Local Boy Makes Good NEW

Mondays, Oct 24–Nov 14, 9:30–10:45 am (ADI) \$5

LIMIT 20

Learn about the life and accomplishments of Ulysses S. Grant—from his childhood in Point Pleasant, Ohio, to the White House, with multiple challenges in between.

Moderator: Deb Price has become a big fan of Grant and believes he should get more credit than he has.

3007 Intermediate Spanish UPDATED

Mondays, Sep 19–Nov 14, 9:30–10:45 am

(ZOOM, EMAIL, ADI) \$5

LIMIT 20

We will build on the introductory class offered during the Spring session. (The Intro class material will be available for review). The focus will be on past and future tenses and on the subjunctive mood. This will be a combination Zoom/email/in-person class: 9/19 Zoom, 9/26 email, 10/3 Zoom, 10/10 email, 10/17 ADI, 10/24 email, 10/31 ADI, 11/7 email, and 11/14 ADI.

Rick Marra is a student of Leo’s and the organizer of the class. Leo Ennis is a native speaker. Rick and Leo have presented Spanish classes for several years.

3107 Writing Sonnets: Learn and Break the Rules UPDATED

Mondays, Oct 24–Nov 14, 11 am–12:15 pm (ADI) \$5

LIMIT 12

Thirteenth-century poet Giacomo da Lentini gets credit for inventing the sonnet, Shakespeare popularized it in English, and poets today continue to find inspiration in this compact 14-line form. We’ll learn the history, form, and structure of the sonnet and write Petrarchan (Italian), Shakespearean (English), and Modern (American) sonnets. It’s not all iambic pentameter! Come prepared to write and share your sonnets each week. We’ll learn the rules and learn how to break them.

Moderator: Cate O’Hara holds an MA in English from Univ. of CA, Berkeley, and has led poetry writing work-shops for OLLI and others. She is director of OLLI.

3108 Putting the Garden to Bed UPDATED

Mondays, Oct 24–Nov 14, 11 am–12:15 pm (ADI) \$5

LIMIT 20

Learn the things we should do before the snow flies to make our gardens more productive and even extend the growing season.

Moderator: Deb Price, certified Master Gardener, has been presenting gardening classes for several years and has learned so much from the other gardeners.

3109 First Mothers: The Hands that Rocked the Cradles of POTUS NEW

Mondays, Oct 24–Nov 14, 11 am–12:15 pm (ADI) \$5

LIMIT 15

Over four weeks, we shall get to know the mothers of our presidents. Some were memorable for an unusual skill like arm wrestling; some never told their sons they loved them.

Moderator: Caryl Miller is a retired educator, history sleuth, and lifelong learner.

3110 Origami (Paper Folding) UPDATED

Mondays, Oct 24–Nov 14, 11 am–12:15 pm (ADI) \$5 + fee
LIMIT 8

No talent needed to enjoy creating origami to decorate cards, gifts, tree, and table—or, just for fun! This session includes Pleated Butterfly, Swan, Turkey, Scottie Dog, Hopping Frog, Winged Box, Heart Napkin Ring, Gift Box, etc. You will receive illustrated instructions for each project. All materials are provided, including extra paper for you to continue your origami fun at home. In the first class, instructors will collect a \$3 fee (which covers all materials for the four-week session).

Moderators: Linda Kegg and Jennifer Kegg look forward to helping you enjoy becoming an origami master.

3804 History, Lives, and Beliefs of Native American People NEW

Thursdays, Sep 22–Nov 10, 9:30–10:45 am (ADI) \$5
LIMIT 50

Native Americans are the indigenous peoples of the US, including Hawaii, US territories, and Alaska. Their history goes back to when they arrived over a land bridge from Asia into what is now Alaska more than 12,000 years ago before migrating throughout the continent. We will focus on their lives, living habitats, beliefs, respect for nature, agriculture, and their mistreatment by later white settlers. One class will feature a speaker from the Greater Cincinnati Native American Coalition.

Moderator: Howie Baum, BS industrial design and AS mechanical engineering, worked as an engineer at companies in Cincinnati and Dayton doing product and process design. He has taught for 36 years at four universities and colleges.

3805 Astrophysics: From the Big Bang to Now NEW

Thursdays, Sep 22–Nov 10, 9:30–10:45 am (ADI) \$5
LIMIT 23

The universe began some 13.8 billion years ago from a tiny speck of intensely dense, hot matter and has been expanding ever since. We will take a lay person's look at some of the theory and experimental evidence that supports the physics of expansion of the universe, the formation of atoms, the building blocks of all the matter that form all the planets, stars, galaxies, black holes, and even us. We will even discuss the invisible dark matter and dark energy and how they were "discovered."

Moderator: James P. Rauf, BA, physics, Thomas More College, BME, mechanical engineering, Univ. of Detroit; is retired from GE Aircraft Engines where he was a manager and principal engineer in the Commercial Engines Product Support Group.

3806 THIS IS NOW COURSE #2324 Growing Up in Cincinnati: Popular Culture of the '50s, '60s, and '70s NEW

Thursdays, Sep 22–Nov 10, 9:30–10:45 am (ADI) \$5
LIMIT 27

3807 Great Legal Issues of the 21st Century UPDATED

Thursdays, Sep 22–Nov 10, 9:30–10:45 am (ADI) \$5
LIMIT 25

We will explore several significant legal issues that have confronted the courts and have an impact on the day-to-day lives of Americans. They include workplace harassment, free speech, minority and LGBTQ rights, church-state separation, abortion, Second Amendment, religious freedom, etc. Outstanding lawyers who are active in these areas will from time to time, be guest speakers. They will share both sides of the issues as well as their own positions. You will be encouraged to debate their points of view.

Moderator: Donald B. Hordes, JD, LL.M., George Washington Univ.; practicing law since 1969; frequent lecturer in all areas of employment discrimination law; currently head of the Litigation Department at Ritter and Randolph, LLC.

3808 Causes of WWI, the War, and Peace Treaties UPDATED

Thursdays, Sep 29–Nov 10, 9:30–10:45 am (ADI) \$5
LIMIT 25

The course begins with the causes of WWI, then covers the war itself, and finishes with the peace treaties.

Moderator: Ken Schneider, BA, history, Miami Univ. and MA, history, UC. He began teaching high school history in 1975 and started teaching AP European History in 1990. Read the AP exams starting in 1996 and presented AP workshops for the College Board at the same time.

3907 A Twist on How Plays Can Help in Understanding Families UPDATED

Thursdays, Sep 22–Oct 27, 11 am–12:15 pm (ADI) \$5
LIMIT 14

The twist is we will all be moderators because of our passion for plays and understanding issues pertaining to families. We will read the following plays: *The Clean House* by Sarah Ruhl (9/22–9/29), *The Diary of Anne Frank* by Frances Goodrich and Albert Hackett (10/6–10/13), and *Pride and Prejudice* by Jane Austen (10/20–10/27). Discussion themes will include parenting, siblings, gender roles, love-hate relationships, trust, and generational relationships. PLEASE read each play by its scheduled dates as it enriches discussion and participation.

Moderators: Debbie Zook was a teacher for 25+ years and now enjoys time with grandchildren, gardening, traveling, and reading. Julie Metz was in the pharmaceutical industry for 20+ years. She is an active volunteer at various arts organizations and ushers at theaters in the area.

3908 Wealth Preservation In Volatile Times UPDATED

Thursdays, Sep 22–Nov 10, 11 am–12:15 pm (ADI) \$5
LIMIT 20

This course will help you navigate the investment universe in today's volatile times. We will discuss increasing income as well as preserving and protecting our savings and investments. We will also discuss how a challenging economic environment will impact the markets and our investments. We will learn how to distinguish between "good" and "bad" investments. Estate and retirement account protection strategies will also be covered.

Moderator: Edward Apfel is a First Vice President and Financial Planning Specialist at Morgan Stanley with 27+ years of experience. He received his bachelor's degree from UC.

3909 Football 101 UPDATED

Thursdays, Sep 22–Nov 10, 11 am–12:15 pm (ADI) \$5
LIMIT 27

Both football novices and armchair coaches will gain a better understanding of the games they might watch on TV or in person. We'll cover an overview of the current strategies, positions, offenses, and defenses being played at most levels of football. Become a more knowledgeable and enthusiastic fan. Everyone is welcome!

Moderator: Robert Berta coached high school football for 45 years, mostly as head football coach at Turpin HS on the east side of Cincinnati.

3910 Sophia, the Eternal Feminine NEW

Thursdays, Sep 22–Nov 10, 11 am–12:15 pm (ADI) \$5
LIMIT 25

This course will provide you with a basic understanding of Sophia, goddess of wisdom and the Divine Feminine in our time. This understanding will also provide you with a greater insight into healing qualities of feminine energies as they apply to inner spiritual realms. We will also examine Divine Feminine worship as it was practiced in many ancient cultures.

Moderator: Jim Slouffman has been an artist and educator for 40+ years. He received his BFA from Wright State Univ. and his MFA from UC. He is a member of the Greater Cincinnati Friends of Jung Committee where he has presented on a variety of subjects.

3911 Books that Deal with Books NEW

Thursdays, Sep 22–Nov 10, 11 am–12:15 pm (ADI) \$5
LIMIT 15

If you love books, you'll love books about books. We will focus on books that reveal the joy of reading. The first one up is *The End of Your Life Book Club* by Will Schwalbe.

Moderator: Deb Price has been reading everything from soup labels to any fiction/nonfiction that catches her eye.

4003 Life and Art of Pablo Picasso NEW

Thursday, Sep 22, 12:45–2 pm (ADI) \$0
LIMIT 60

Pablo Picasso (1881–1973) was a Spanish painter, sculptor, printmaker, ceramist, poet, and theatre designer who spent most of his adult life in France. Regarded as one of the most influential artists of the 20th century, he is known for cofounding the Cubist movement, inventing constructed sculpture, and co-inventing collage as well as for the wide variety of styles that he helped develop and explore. Presenter Howie Baum is an engineer by training who loves to share his wide variety of interests, including art.

Moderator: Howie Baum

4004 Pet Therapy Response Team NEW

Thursday, Sep 29, 12:45–2 pm (ADI) \$0
LIMIT 60

Pet Partners of Greater Cincinnati has about 140 members who provide stress relief for schools and local businesses. Lawrence Bennett, UC Professor Emeritus and Program Chair, Fire Science and Emergency Management, has formed a new Pet Therapy Response Team to provide stress relief for 911 dispatchers, firefighters, emergency medical services workers, police, and other emergency responders. His team currently includes 11 dogs and one large rabbit. He will share information about this program and bring along some pet therapists.

Moderator: Lawrence Bennett

4005 You Can Change How You Feel

Thursday, Oct 6, 12:45–2 pm (ADI) \$0
LIMIT 60

While anger, fear, and hurt are normal feelings, sometimes we have too much of them for our own good. This session will introduce you to the Albert Ellis, PhD, method to change feelings. Rational Emotive Therapy (RET) is a self-help skill that you can use to manage stress or change negative self-talk. Presenter Mike Shryock is a licensed clinical counselor with many years' experience using RET.

Moderator: Mike Shryock

4006 Energy from the Wind NEW

Thursday, Oct 13, 12:45–2 pm (ADI) \$0
LIMIT 60

Carl Bishop, PhD, will discuss the principles of wind energy. He'll explain how a wind turbine functions and how the amount of power they generate is calculated. He'll also describe wind farms, including off-shore facilities. Bishop is a chemist who worked with Department of Energy contractors for 32 years. After retiring, he spent 17 years teaching part time at Miami University, Hamilton.

Moderator: Carl Bishop

4007 Start Researching Your Family History NEW

Thursday, Oct 20, 12:45–2 pm (ADI) \$0

LIMIT 60

Thought about researching your family history but not sure where or how to get started? Join LeeAnn McNabb, Genealogy Coordinator of the German-American League, for a discussion on delving into your family history. McNabb, who holds a master's in library and information science, began researching her family history 28 years ago when she inherited boxes of letters, photographs, books, and more after her great grandmother's death.

Moderator: LeeAnn McNabb

4008 How You Became You NEW

Thursday, Oct 27, 12:45–2 pm (ADI) \$0

LIMIT 60

This is your life. Every you is slightly different from every other you. Jack Berninger will take us through the mystery and mysterious functioning of around 200 different cells, beginning with a fertilized egg, and changes that occur throughout a lifetime. We'll also find out how modern medicine is able to alter and make a better you. A long-time OLLI presenter, Berninger is a retired biology teacher who still loves to teach.

Moderator: Jack Berninger

4009 Siege of Cincinnati

Thursday, Nov 3, 12:45–2 pm (ADI) \$0

LIMIT 60

In 1862, Confederate troops spread north into Kentucky with plans to seat a Confederate government and attack Cincinnati, creating the greatest scare in Cincinnati history and lighting the spark that united thousands of civilian volunteers from all walks of life to build forts and miles of trenches to prepare for the forthcoming attack. This is their story of fear, passion, and exhilaration. Christopher Burns is a Civil War historian and former adjunct history faculty at NKU. His passion is linking the past to the present and bringing history to life.

Moderator: Christopher Burns

4010 Sing for Fun NEW

Thursday, Nov 10, 12:45–2 pm (ADI) \$0

LIMIT 60

Sing your favorite songs along with your favorite artists. Great fun! Janice Alvarado will show the lyrics to sing along to YouTube videos of music. You don't need to be a great singer, just someone who enjoys singing with others. Alvarado's passion is building community, health, and happiness by singing together. She has sung in various choruses including the MLK Chorale in the World Choir Games! She sings together often with Queen City Balladeers, Women Singing in Sacred Circle, and

Threshold Choir.

Moderator: Janice Alvarado

4101 Novels by Award-Winning Writers

You May Not Have Read NEW

Thursdays, Sep 22, Oct 6, Oct 20, Nov 3,

2:15–3:30 pm (ADI) \$5

LIMIT 12

We'll read in order: *The Round House* (Louise Erdrich), National Book Award; Erdrich's *The Night Watchman* won the Pulitzer (2021). *The Water Dancer* (Ta-Nehisi Coates), "an exercise in occult storytelling ala Stephen King/Toni Morrison." *Harlem Shuffle* (Colson Whitehead), crime fiction and family saga; Whitehead won the Pulitzer and National Book Award for *Underground Railroad*. *Violeta* (Isabel Allende), a fictional account of the life of Violeta Del Valle who witnessed various 20th-century upheavals; Allende has 22 works of fiction and 35+ awards since *Novel of the Year* (Chile, 1983).

Moderators: Jim Rulli, master's degree in education, Univ. of St. Thomas, St. Paul, MN; Creative Problem-Solving Facilitator, P&G; high school English teacher. Wayne Perin, BS, anthropology; long-time member of the Cincinnati Fantasy Society; retired P&G manager.

4102 The Amazing World of Billy Collins NEW

Thursdays, Sep 22–Nov 10, 2:15–3:30 pm (ADI) \$5

LIMIT 14

Take a mental health break from COVID-19 and cable news—have fun with fellow OLLI members talking about life as seen through the eyes of former US Poet Laureate Billy Collins. His disarming candor has made him the most popular American poet since Robert Frost. His crafty poems often move otherwise self-controlled people to laugh out loud or emit a telltale groan. The magic of Billy Collins leaves many readers wanting more—and looking beyond life's familiar surfaces to find it.

Moderator: Cecil Albright has moderated five previous courses for OLLI.

4103 Smartphone and Social Media for Seniors UPDATED

Thursdays, Sep 22–Nov 10, 2:15–3:30 pm (ADI) \$5

LIMIT 35

Social media can bring the world to you without the need to go anywhere. We'll show how to use your smartphone or tablet in a safer way to navigate in this world of information. Topics to be covered: 1) Smartphone and tablet. 2) Social media—Facebook, Twitter, and the ads. 3) Sharing pictures on Google, viewing pictures or videos made by smartphone on TV. 4) Podcasts and getting music on smartphone 5) Security and safety when using smartphone and social media. 6) Smartphone, social media and society, and smartphone exercises.

Moderator: Katalin Molnar is a retired software engineer, former researcher in artificial intelligence and text recognition. She has taught this class at OLLI, Miami Township Senior Center, and Anderson Senior Center and wants to share it with more people.

4104 Volcanoes and the Formation of Rocks **UPDATED**

Thursdays, Sep 22–Nov 10, 2:15–3:30 pm (ADI) \$5

LIMIT 27

This class rocks! We will begin by showing how rocks are made and what elements are used to make rocks. We will look at the material that is belched out of different types of volcanoes like Kilauea in Hawaii, Mt. Saint Helens in Washington, Mt. Pinatubo in the Philippines, and Yellowstone. We'll contrast the igneous rocks from those volcanoes with the sedimentary rocks around Cincinnati and the metamorphic rocks in the Appalachian Mountains. We'll also determine why Cincinnati's hillsides are on a downward slide and more rockin' topics.

Moderator: Richard Longshore is a retired family physician with an interest in various types of volcanoes and what happens to the material that they belch out. He is NOT a volcanologist. He was graduated from XU and Univ. of Louisville College of Medicine.

4105 “May You Be Like Ruth...”: Women of Strength in the Hebrew Bible **NEW**

Thursdays, Sep 22–Nov 10, 2:15–3:30 pm (ADI) \$5

LIMIT 50

We will study the entire biblical Book of Ruth and, time permitting, study additional Hebrew bible readings describing strong women such as Rahab, Deborah, Hagar, Hannah, Michal, Tamar, Jezebel, and others. Required text: *Tanakh, The Holy Scriptures*, published by the Jewish Publication Society, 1985 or later edition (available in paperback from Amazon)

Moderator: Gerry Walter is Rabbi Emeritus of Temple Sholom and also the recently retired director of pastoral care at Cedar Village. He has taught Jewish and religious studies and Bible at HUC-JIR, NKU, Virginia Tech, and Roanoke College.

4201 Consciousness and Causality **NEW**

Wednesdays, Sep 21–Nov 9, 2:30–3:45 pm (UCBA) \$5

LIMIT 10

Together, we will explore the perspective that human consciousness has two causal based “operating systems.” We are very familiar with one system, which is based on bottom-up causality, or conscious decision-making. The other is based on top-down causality, which operates outside of our consciousness but is crucial to our insights, creativity, humor, and spontaneous thoughts (“Omigosh, today’s our anniversary!”), We will discuss research that validates and

explains these processes, but the course will also have a “lab” component. So, bring your mind for new cognitive software installation!

Moderator: Thomas Fruth, BS, chemical engineering, Purdue; master’s in clinical psychology, XU. He has spent the past 20 retirement years reading related books.

4202 Worldwide Impacts from the Coronavirus and the Russian Invasion of Ukraine **NEW**

Wednesdays, Sep 21–Oct 5, 2:30–3:45 pm (UCBA) \$5

LIMIT 25

Three issues have emerged from the coronavirus epidemic and the Russia-Ukraine War: how to balance the simultaneous demand for fossil fuel-based and renewable sources of energy; the need to localize some parts of global supply chains in both manufacturing and services; and Russia’s reaction to the West’s increased unity in European security and geopolitical affairs. Book summaries and newspaper/ magazine articles will give context to our discussions.

Moderator: Dan Nagel is a retired CPA with a lifetime interest in modern history.

4203 How Do They Measure Distance In... **NEW**

Wednesdays, Oct 19–Nov 9, 2:30–3:45 pm (UCBA) \$5

LIMIT 25

We will look at how distance is measured on the ocean, on a treadmill, in physics, and on your smartphone. Each week, we will cover one topic.

Moderator: Jack Baldwin is a retired engineer from GE Aviation. He has degrees in mechanical engineering and polymer chemistry. He enjoys teaching and helping others learn about the world around them.

4301 Improving Your Memory **UPDATED**

Wednesdays, Sep 21–Nov 9, 4–5:15 pm (UCBA) \$5

LIMIT 25

Recent research has indicated that there are “super seniors” whose brains have withstood dementia diseases through education and exercise. To improve memory, we will practice such brain exercises as rhyming pegs, links, phonic pegs, and several mnemonic devices. This memory course has been revised to be more effective in actually improving your memory, not just talking about it.

Moderator: Neal Jeffries, PhD, has been studying memory improvement since high school, and he used some of the methods to earn degrees from UC, Purdue, MIT, and Stanford. He has researched new methods to learn people’s names, to avoid forgetting important dates and meetings, and especially how to recall items from long-term memory.

4302 Life in Victorian England **UPDATED**

Wednesdays, Sep 21–Nov 9, 4–5:15 pm (UCBA) \$5
LIMIT 25

With all the recent interest in the British royal family, let's take a look back at their Victorian forebears. We will explore the political, cultural, and economic influences that made the Victorian era such a dynamic and fascinating period in the history of England.

Moderator: Keith Marrott, MEd, former professor of education, traveler with a love of teaching and lifelong learning.

5033 (VPC) / 5034 (ZOOM) Welcome to the Ice Age in Cincinnati **NEW**

Wednesday, Sep 21, 9:30 am–12 pm, \$0
VPC LIMIT 100 / ZOOM UNLIMITED

It was only 20,000 year ago that an ice sheet had terminated just north of Sharonville. The environment was completely different from what we know today, and changes in the climate are used as a model for what we are experiencing now. Lets explore the Pleistocene past, the plants and animals that were once here, and what the Ice Age can tell us about our warming climate today.

Moderator: Brenda Hunda received her BS with honors in paleontology and her MS in earth sciences from Univ. of Alberta. She received her PhD in earth sciences from Univ. of California, Riverside in 2004. She is currently Curator of Invertebrate Paleontology at Cincinnati Museum Center, and adjunct professor in the geology department at UC.

5035 (VPC) / 5036 (ZOOM) Eighteen Holes in the Seven Hills: Earliest History of Golf in Cincinnati **NEW**

Wednesday, Sep 28, 9:30 am–12 pm, \$0
VPC LIMIT 100 / ZOOM UNLIMITED

Golf began in Greater Cincinnati around 1894. With humble beginnings, it was introduced by many of the city fathers of that era—Procter, Longworth, Armleder, Schmidlapp, Fleischmann, and others. But it was also promoted by Scottish immigrants who became the first professionals. Cincinnati's new middle class welcomed the game as clubs appeared all over the Tristate and held on through depressions, wars, and Prohibition to be a large part of the present-day fabric. This is the story of a city and golf growing together.

Moderator: Gerry A. Lanham is author of *Golf Reaches the Seven Hills*, a history of golf in Cincinnati from 1890 to 1960 (Orange-Frazer). He is a USGA golf official and National Committee member and a member of the Board of the Greater Cincinnati Golf Association, the Donald Ross Society, and the Golf Heritage Society. Info: www.cincygolfhistory.com.

5037 (VPC) / 5038 (ZOOM) David Pepper: Writing Political Fiction in a Time of Political Chaos **NEW**

Wednesday, Oct 5, 9:30 am–12 pm, \$0
VPC LIMIT 100 / ZOOM UNLIMITED

David Pepper will describe and read from his four political thrillers. He weaves real current events into intricate plots in novels praised by critics and former governors. He will share information from his latest book, *A Simple Choice*, as well as his Jack Sharpe series. Hear about frightening similarities to actual events—and his explanations. And hear how he journeyed from political activism to publishing popular fiction.

Moderator: David Pepper has written thought-provoking thrillers: *The People's House*, *The Wingman*, *The Voter File*, and *A Simple Choice* (released in August). The former Ohio Democratic Party Chairman now teaches at UC law school. He previously served on Cincinnati City Council.

5039 (VPC) / 5040 (ZOOM) Marquis de Lafayette **NEW**

Wednesday, Oct 12, 9:30 am–12 pm, \$0
VPC LIMIT 100 / ZOOM UNLIMITED

May 19, 2025, will commemorate the 200th anniversary of the visit of General Lafayette in Cincinnati. As the only surviving American Revolutionary War general, Lafayette visited as part of a tour of all American states to celebrate the 50th birthday of the USA. Who was this French nobleman who adopted the egalitarian ideals of this new country? What was his role in revolutions both in America and in France? What was his role in the anti-slavery movement?

Moderator: Gerald Checco has been a popular speaker, with eclectic presentations including walking the Camino de Santiago, a history of sewers, various plagues, and the history of numbers. A retired public servant, originally from France, he wanted to explore the life of his compatriot, le Marquis de Lafayette.

5041 (VPC) / 5042 (ZOOM) What Happened to Kenyon-Barr? **NEW**

Wednesday, Oct 19, 9:30 am–12 pm, \$0
VPC LIMIT 100 / ZOOM UNLIMITED

At one time, there was a thriving Black community in what is now known as Queensgate near the West End. Kenyon-Barr was that thriving Black community. While some sections were considered slums, others housed businesses and homes. When urban renewal came in the 1950–60s, more than 4,000 people were relocated to build I-75. Many were told the move would be temporary, and slum-ravaged buildings replaced with modern housing with indoor toilets. Where did the residents go? We'll examine local migration and how the city dealt with Kenyon-Barr.

Moderator: Gina Ruffin Moore, author and amateur local historian, holds a BS in journalism from OU and MA in HR from XU. She authored the vintage image book *Cincinnati*:

Black America Series. She spent many years in training, public relations, and journalism. She is on the boards of Princeton School District, Housing Opportunities Made Equal, and Harriet Beecher Stowe House.

5043 (VPC) / 5044 (ZOOM) Cincinnati Bengals: An Illustrated Timeline NEW

Wednesday, Oct 26, 9:30 am–12 pm, \$0
VPC LIMIT 100 / ZOOM UNLIMITED

The Bengals shocked the NFL with their run to Super Bowl LVI. Sparked by Joe Burrow, Bengaldom roared the loudest since the Ickey Shuffle. In their new book, Jeff Suess and Rick Pender guide fans young and old through the biggest games and greatest players, all the way back to Paul Brown founding the team in 1968. Hear about the two Super Bowls in the 1980s. Shiver through the coldest game in NFL history. They'll share photos, anecdotes, profiles, and more.

Moderators: Jeff Suess and Rick Pender have written books separately on a several topics; this is their first collaboration. Jeff is a history reporter at the Cincinnati Enquirer and author of *Lost Cincinnati* and *Cincinnati: An Illustrated Timeline*. Rick writes for Cincinnati CityBeat and is author of *100 Things to Do in Cincinnati Before You Die* and *Oldest Cincinnati*.

5045 (VPC) / 5046 (ZOOM) What's New in Opera? Discover with CCM's Robin Guarino—AND Hear Singers! NEW

Wednesday, Nov 2, 9:30 am–12 pm, \$0
VPC LIMIT 100 / ZOOM UNLIMITED

Robin Guarino, nationally acclaimed opera and film director now on UC's faculty, discusses Opera Fusion: New Works and CCM's fall production, *Dialogues of the Carmelites*. While the traditional opera canon is wonderful, so are many new works, and Professor Guarino introduces the innovations. Learn about the workshop process and how several operas she workshopped made it to the professional stage. Broaden your knowledge of the director's role and trends in modern opera. Several CCM opera students will perform selections.

Moderator: Robin Guarino, the J. Ralph Corbett Distinguished Chair of Opera at UC-College-Conservatory of Music, has directed a dozen productions at Metropolitan Opera and 90+ original productions at theaters from New York to San Francisco and Seattle, including six world premieres and nine workshops of new operas. She will share the stage with CCM opera singers.

5047 (VPC) / 5048 (ZOOM) Discover Cincinnati's Two Private Library Gems: Mercantile and Lloyd NEW

Wednesday, Nov 9, 9:30 am–12 pm, \$0
VPC LIMIT 100 / ZOOM UNLIMITED

Before public libraries, 35 local businessmen intent on self-improvement decided to form their own library in 1835—The Mercantile. Their goal: “democratizing knowledge.” In the 187 years since, their speaker series has featured Herman

Melville, Harriet Beecher Stowe, Ralph Waldo Emerson, Margaret Atwood, Bob Woodward, and Colson Whitehead. Meanwhile, the Lloyd Library and Museum, world-renowned independent research library/cultural center, was established in the 1870s focused on medicinal plants by the Lloyd brothers, manufacturers of nature-based drugs. Now it also features natural history and botanical art.

Moderators: John Faherty, Executive Director of the Mercantile Library with its 10,000-year lease, declares Book Advisor (her actual title) Hillary Copsey is “almost certainly the greatest reader in the Western World.” Patricia Van Skaik, Executive Director of the Lloyd Library and Museum, is known for bringing fresh approaches and historical insights to timely topics—including medicinal cannabis and food scarcity.

6025 Taking a Data-Driven Approach to Understanding Disparities in Cincinnati NEW

Friday, Sep 23, 9:30 am–12 pm (OHLL) \$0.

6025 Lost Cincinnati: Concert Venues of the '50s, '60s, and Beyond NEW

Friday, Sep 23, 9:30 am–12 pm (OHLL) \$0
LIMIT 100

Put on your bobby socks and blue jeans, and stroll down memory lane with Steve Rosen as he recounts Cincinnati's music and entertainment venues that are now gone and the acts that made them famous. Did you see blues crooner Charles Brown at the Sportsman's Club in Newport, incendiary comedian Lenny Bruce at the Surf Club on the west side, iconic rockers at Jim Tarbell's Ludlow Garage, or Iggy Pop at the 1970 Cincinnati Summer Pop Festival at Crosley Field? Dig out those ticket stubs and share some music memories.

Moderator: : Steven Rosen is a longtime Cincinnati arts journalist whose first book, *Lost Cincinnati Concert Venues of the '50s and '60s: From the Surf Club to Ludlow Garage*, was published in 2022. He has worked for the Cincinnati Enquirer, Denver Post, Cincinnati CityBeat and other newspapers and as a freelancer for multiple local and national publications.

6026 The Other Epidemic-- Ohio's Prescription Drug Overdose Crisis NEW

Friday, Sep 30, 9:30 am–12 pm (OHLL) \$0
LIMIT 100

Learn about the epidemiology of opioid overdose deaths in Ohio, how the prescription opioid problem occurred, and responses from PhRMA, the state public health department, and local healthcare professionals. Emphasis will be placed on safe prescribing, dispensing, storing/handling, and using powerful prescription analgesics for pain control. The presentation will include a multidisciplinary panel discussion on various aspects of the problem and possible solutions. Questions are encouraged.

Moderator: Dr. Cathy Rosenbaum is a holistic clinical pharmacist and founder and CEO, Rx Integrative Solutions, a consulting practice in integrative health and wellness. Panelists: Richard Wendel, MD, retired Cincinnati urologist; Chris Tuell, EdD, LPCC-S, LICDC-CS, Clinical Director of Addiction Services, Lindner Center of HOPE; and Stacie Schmidt, DEA Special Agent, Tactical Diversion Squad, Columbus, Cincinnati Extension.

6027 Protecting and Preserving Nature from the Mill Creek to the Great Miami River NEW

Friday, Oct 7, 9:30 am–12 pm (OHLL) \$0
LIMIT 100

No need to drive far to discover eagles, migrating birds, wildflowers, hiking trails, beauty, and solitude. Discover how the Western Wildlife Corridor and Oxbow Inc. protect, restore, preserve, and share with the community the natural habitat along the Ohio River between the Mill Creek and the Great Miami River.

Moderators: Jon Seymour has been President of the Board of Oxbow, Inc. for nearly 20 years. Matt Taylor and Joyce Richter are members of the Board of Trustees of Western Wildlife Corridor.

6028 Baseball's Great Experiment: 75th Anniversary NEW

Friday, Oct 14, 9:30 am–12 pm (OHLL) \$0
LIMIT 100

Jackie Robinson and the Brooklyn Dodgers integrated baseball 75 years ago in 1947. This presentation focuses on that event as well as Robinson's experiences in Cincinnati, the history of the integration of the Cincinnati Reds lineup, and the Negro leagues in Cincinnati.

Moderators: Greg Rhodes, Reds historian, and John Erardi, sportswriter, have co-authored four books on the Cincinnati Reds. John's most recent book is *Tony Perez: From Cuba to Cooperstown* and Greg's most recent book is *Redleg Memories: The Reds of the Fifties and Sixties*.

6029 Through the Lens: Pioneer Photography of Malcolm Wilson and Nancy Ford Cones NEW

Friday, Oct 21, 9:30 am–12 pm (OHLL) \$0
LIMIT 100

Follow Jason French through his documentary profiling the work of Appalachian photographer Malcolm Wilson who captured the lives, culture, and indomitable spirit of people living, playing, working, and surviving in Kentucky's rugged central Appalachian Mountains. Then Pepper Stetler, curator of the Taft Museum of Art's exhibition *Craft and Camera: The Art of Nancy Ford Cones*, discusses the discovery of Cones' early 20th-century photographs and the exciting challenges of organizing her complex body of work ranging from cozy domestic scenes and striking portraits to fantastical and mythological visions.

Moderators: Jason French is Curator of Collections of the Behringer-Crawford Museum in Covington. Dr. Pepper Stetler is Associate Professor of Art and Architecture History at Miami Univ. in Oxford, and Associate Director of the Miami University Humanities Center. Her essays on early 20th-century art and photography have appeared in numerous publications and journals.

6030 Taking Your Genealogy to New Levels: Seldom-Used Records and Powerful Stories NEW

Friday, Oct 28, 9:30 am–12 pm (OHLL) \$0
LIMIT 100

Genealogical resources are being digitized and indexed at a rapid rate, and lesser-known sites may hold the answers to your family mysteries. In this presentation, you'll visit new and unusual online sites—beyond Ancestry—that can provide unique details for family history. Then you'll learn how to create dramatic stories about ancestors, even when limited facts are available. Using examples from four celebrity genealogy shows, Deb Cyprych will give you fresh inspiration for locating new records and using them to tell interesting stories.

Moderator: Deb Cyprych has been a professional genealogist for 20 years and is the editor of the National Genealogical Society's NGS Magazine.

6031 Aging Well by Eating Well NEW

Friday, Nov 4, 9:30 am–12 pm (OHLL) \$0
LIMIT 100

Learn practical information and related skills on healthy eating for optimal aging. Considerations will be given to best food and beverage choices for optimal hydration and disease prevention. Health-promoting dietary patterns such as the Mediterranean and DASH dietary patterns will be reviewed as well as considerations for use of nutritional supplements.

Moderator: Sarah Couch, PhD, RDN, is a professor and graduate program director of Nutritional Sciences at UC. She is a registered dietitian with over 30 years of academic and professional experience related to designing and evaluating dietary approaches to lower chronic disease risk factors in adults and youth. She also teaches graduate classes in clinical nutrition across the lifespan.

8105 Bridge 101: Introduction to Bridge UPDATED

Tuesdays, Sep 20–Nov 8, 2:45–5 pm (Cinti Bridge Ctr) \$5
LIMIT 24

Newcomers to bridge will begin a two-course journey to learn this great card game from the beginning (Bridge 102 in winter term). No prior bridge experience is necessary, but you should have a serious interest in spending time to learn how to play the game with a commitment to attend all or most classes. Text: *ACBL Bridge in the 21st Century Series*. NOTE: Some classes may be conducted virtually on Zoom. 2860 Cooper Rd., 45241.

Moderator: Larry Newman, Ruby life master, American Contract Bridge League certified Best Practices teacher.

8202 They Call Me Mister Movie NEW

Wednesdays, Sep 21–Nov 9, 1–4 pm (Chesterwood Village) \$5
LIMIT 50

In this three-hour class, we will feature male actors in a variety of film genres including comedy, science fiction, sports, drama, thrillers, and musicals. We will watch the entire film and then discuss themes, acting, direction, set design, scoring, cinematography, etc. Films include *Lilies of the Field*, *On Golden Pond*, *Bladerunner*, *Singing in the Rain*, *The Natural*, *Operation Madball*, *Space Cowboys*, and *Entrapment*, featuring Clint Eastwood, Henry Fonda, Sidney Poitier, Robert Redford, Jack Lemmon, Sean Connery, Gene Kelly and Harrison Ford. 8073 Tylersville Rd., West Chester Township, 45069.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for many years.

8307 More Indispensable Operas NEW

Thursdays, Sep 22–Nov 9, 4:55–5 pm (EMAIL) \$0
UNLIMITED

In this email-only course, you will receive an email each week with information and links to explore on your own. This class does not meet in person or on Zoom. After an introduction covering the beginnings of opera, you will learn about Mozart's *Così fan Tutte*, *The Magic Flute*, and *The Marriage of Figaro*; Verdi's *Rigoletto*; and Wagner's Ring Cycle (parts one and two), *Parsifal*, *Lohengrin*, and *Tannhäuser*.

Moderator: Rafael de Acha has been involved in the performing arts as a singer, director, producer, and writer for more than 60 years. This is his eighth year moderating courses for OLLI.

8308 Indispensable Composers NEW

Thursdays, Sep 22–Nov 9, 4:55–5 pm (EMAIL) \$0
UNLIMITED

You'll receive an email each week with information and links to explore on your own. This class does not meet in person or online. Syllabus: 1) Spaniards: Albeniz, Granados, Falla, Turina, Rodrigo. 2) Theatre and film composers: Weill, Leonard Bernstein, Elmer Bernstein, Sondheim, Rosza, Williams, Korngold, Newman. 3) French: Berlioz, Saint-Saens, Fauré. 4) Americans: Gershwin, Barber, Bernstein, Copland. 5) Latin Americans: Ginastera, Nepomuceno, Ponce, Cervantes. 6) Russians: Rachmaninoff, Stravinsky, Prokofiev, Shostakovich. 7) The Mighty Five: Borodin, Mussorgsky, Cui, Balakireff, Rimsky-Korsakov. 8) English: Holst, Britten, Vaughan Williams.

Moderator: Rafael de Acha has been involved in the performing arts as a singer, director, producer, and writer for more than 60 years. This is his eighth year moderating courses for OLLI.

8405 Let's Do Lunch: Rooms with a View UPDATED

Fridays, Sep 23–Nov 4, 1–2:30 pm (Various) \$5
LIMIT 30

Let's visit some restaurants around the region that take in great views. Join us for lunch and conversation in rooms with a view. Please do not sign up if you know you will miss more than one session of this popular offering. Planning and reservations depend on a consistent number of attendees. You will receive notice of the first restaurant before the class begins.

Moderators: Deb Price and Caryl Miller are Cincinnati natives who enjoy sharing knowledge of regional restaurants and dining experiences with friends old and new.

9022 From Maker to Market: Artisan Stories behind Creating a Fair Trade World UPDATED

Friday, Sep 30, 9–11 am (Ten Thousand Villages) \$0
LIMIT 15

Visit Ten Thousand Villages nonprofit store in O'Bryonville for a morning full of fair-trade coffee, tea, and chocolate sampling and a talk by Pam Venable about artisans around the world who are connected with their mission. From women escaping human trafficking in Bangladesh to Cambodian artisans using the bombshells of a recent civil war to ignite positive social and economic change, their stories are certain to inspire. There will be time to shop for a good cause after the talk. 2011 Madison Rd., 45208.

9023 Pub Night with OLLI Authors UPDATED

Tuesday, Oct 4, 7–9 pm (Cock & Bull, Glendale) \$0 + fee
LIMIT 30

Join your OLLI friends upstairs at the Cock & Bull, Glendale. We've invited along some of OLLI's published authors who will share their writing journeys with us. Pay \$5 (cash) at the door to cover the cost of bar snacks. Drinks on your own. 275 E. Sharon Rd., 45246.

9024 Discover the Charm of Sharon Woods Heritage Village Museum NEW

Friday, Oct 7, 9–10:30 am (Sharon Woods) \$5
LIMIT 25

Heritage Village Museum and Educational Center, located within Sharon Woods Park, comprises 13 buildings spanning different periods of the 19th century. The museum is owned and operated by Historic Southwest Ohio (HSO), a nonprofit corporation, and is not affiliated with Great Parks. This program will include a presentation on the history and current activities of Historic Southwest Ohio Inc. and a walking tour through the village with an inside look at several of the historic buildings. Your guides are Frank Davis, HSO Board member, and Steve Preston, HSO Executive Director.

9025 Walkabout Hyde Park Square UPDATED

Wednesday, Oct 19, 1–3 pm (Hyde Park Square) \$0
LIMIT 25

We will step back in time to visit Hyde Park Square, remembering, as we go, how it was in the 1960s. The history of this east side neighborhood will come alive as we chat about the businesses, shops, and restaurants that we remember from decades past. Your guides are Deb Price and Joe Warkany, who both have connections to the neighborhood. Meet at the fountain to begin this stroll down memory lane. Erie Ave. near Edwards Rd., Hyde Park.

9026 Tour of Holocaust & Humanity Center with Guest Speaker

Friday, Oct 21, 1–3 pm (Holocaust & Humanity Ctr) \$8
LIMIT 90

Take a docent-led tour of the Holocaust & Humanity Center. Located in historic Union Terminal, the museum showcases the experiences of local Holocaust survivors who arrived in Union Terminal via train in the 1940s to rebuild their lives in Cincinnati. In addition, you will hear from a member of HHC's Speakers Bureau, which provides a platform for Holocaust survivors and their families to share their experiences.

9027 John Hunt Morgan in Glendale: Walking Tour NEW

Saturday, Oct 22, 1–3 pm (Glendale) \$5
LIMIT 20

In July 1863 at the height of the American Civil War, Confederate Brigadier General John Hunt Morgan led nearly 2,500 cavalymen on a daring special operations mission into the Union states of Kentucky, Indiana, and Ohio. Take a walking tour through Glendale with historian and author David Mowery to learn about some local impacts of Morgan's Great Raid. Meet in the parking lot at the former Grand Finale restaurant: 3 E. Sharon Rd., Glendale.

9028 Galloping through Dynasties: The Horse in Chinese Art NEW

Friday, Oct 28, 1:30–3 pm (Cincinnati Art Museum) \$0
LIMIT 50

Take a docent-guided tour of a wonderful special exhibition at the Cincinnati Art Museum. The graceful, magnificent horse is one of the oldest and most interesting art subjects in China. This exhibition explores the evolution of Chinese horse images in both its symbolic and stylistic contents through the dynasties. It will illustrate how the horse played an important role in shaping the social and political world of China. You will gain insight into unique aspects of Chinese art, culture, and history.

9029 Tour Adath Israel Synagogue

Tuesday, Nov 1, 12:45–2 pm (ADI) \$0
LIMIT 20

View the beautiful stained glass windows and the unusual artifacts while you learn about Jewish rituals and holidays. Your tour guide, Jo-Ann Casuto, is a longtime member of Adath Israel Synagogue and looks forward to sharing her knowledge with you.

9030 Ducks, Ducks, Ducks NEW

Fridays, Nov 4–11, 9–10:30 am (VPC and Fernald Preserve) \$5
LIMIT 20

Rick Marra, an avid birder and member of the Ohio Audubon Society, will lead a two-part program on ducks and waterfowl during the fall migration period. Week one: you will meet at Victory Parkway Campus for a seminar on waterfowl identification. Week two, you will meet at Fernald Preserve in Hamilton to look for waterfowl. Please do not sign up unless you can commit to attend both sessions. Fernald Preserve Visitors Center, 7400 Willey Rd., Hamilton.