

# OLLI SPRING 2023 COURSE CATALOG

## IMPORTANT DATES

Spring Term: Apr 24–Jun 16, 2023

*No classes Memorial Day, Monday, May 29*

Check individual course listings for specific meeting dates.

[Registration](#) Opens: Apr 4, 10 am

## CLASS INFORMATION

Both in-person and online classes are offered. Download free [Zoom Client for Meetings](#) for the best online class experience. Online classes are offered in real time, are interactive, and are not recorded. Class format and location are indicated in the course descriptions. No tests! No grades!

Along with professors and other educators, OLLI classes are taught by professionals from many fields as well as passionate hobbyists. A brief biography of each class moderator is included with the course description.

## OLLI MEMBERSHIP

OLLI programs are designed for adults aged 50 and better. The only prerequisite is a desire to learn.

## PRICING & REFUNDS

Spring Term Membership: \$90

- Most multiweek classes: \$5 with membership
- Most one-time programs: \$0 with membership
- Fieldtrips: \$0–\$30 with membership

Refunds after the term begins at director's discretion.

Moderators of multiweek Spring courses and UC Foundation Tower of Strength donors receive complimentary membership. Please notify the office before trying to register if you are eligible for a free membership: 513-556-9186.

## FINANCIAL ASSISTANCE

Financial assistance is available to all who need it. Send a short statement of need to [olli@uc.edu](mailto:olli@uc.edu) to request a scholarship or call 513-556-9186 for information.

## REGISTRATION

Registration opens Tuesday, Apr 4, 10 am.

You may [register online](#) (strongly recommended) or by mail by printing and mailing the completed [registration form](#) with a check for \$90 plus any class fees.

***No phone registration before Apr 6!***

## WAIT LISTS

If a class you want is full, you may place yourself on a wait list. If a place opens in that class, the first person on the list will be notified by phone or email and will have a limited amount of time to respond before the place is offered to the next person on the list.

## TEACHING FOR OLLI

If you would like to share your expertise with the OLLI community, please consider volunteering to moderate a class. Visit the [OLLI website](#) or call 513-556-9186.

## DISCLAIMER

The views and opinions expressed in OLLI courses are strictly those of the moderators and their guest speakers. Course content has not been reviewed by the Osher Lifelong Learning Institute at the University of Cincinnati. Consult your financial advisor before acting on any implied or actual recommendations concerning the investment of your money. Consult your physician before following any medical, nutritional, or exercise program or advice.

## [LOCATIONS & PARKING](#)

**UC Victory Parkway Campus (VPC)**—2220 Victory Pkwy, 45206. Permits for free parking in the OLLI lot accessed from Cypress St are distributed during the first week of classes and available later in the OLLI office (VPC Admin 207).

**Adath Israel (ADI)**—3201 E. Galbraith Rd, 45236. Free parking in the adjacent lot. No food or drink except water is permitted in this facility.

**Ohio Living Llanfair (OHLL)**—1701 Llanfair Ave, 45224. Free parking in the adjacent lot. Look for OLLI signs.

**Other locations as indicated in catalog descriptions.**

## COVID RULES FOR IN-PERSON PROGRAMS

OLLI follows all [COVID protocols](#) of the University of Cincinnati. At this time (but subject to change), proof of vaccination, facial coverings, and social distancing are NOT required. Some locations may have other protocols.

## CONTACT US

**EMAIL:** [olli@uc.edu](mailto:olli@uc.edu)

**PHONE:** 513-556-9186

**VISIT:** 2220 Victory Pkwy, Admin 207, Cincinnati, OH 45206

**MAIL:** OLLI at UC, PO Box 210093, Cincinnati, OH 45221-0093

## CLASSES BY CATEGORY

### ART & ART HISTORY

- ~~3627~~ Amazing Art and Life of Rembrandt (ADI-Tue)  
 2474/2475 A Closer Look: Dixie Selden (1868-1935), Friends, and Mentors (VPC/ZOOM-Thu)  
 1036 Found Objects and Your Imagination (VPC-Mon)  
 9037 Georgia O’Keeffe Photographer: Exhibition Tour (OTHER-Fri)  
 2488/2489 Into the World of Cincinnati’s Great Female Art Collectors (VPC/ZOOM-Thu)  
 2333 Playing with Watercolor (VPC-Thu)  
 8407 Quilling Cards: Vietnamese Paper Art for a Fair Trade World (OTHER-Fri)  
 5077/5078 Taft Museum of Art: Talk with Dr. Rebekah Beaulieu (VPC/ZOOM-Wed)

### COMPUTERS & TECHNOLOGY

- ~~1439~~ Best Ways to Enjoy Using Your PC Computer: An Introduction (VPC-Tue)  
 2527 iPhone Basics (VPC-Thu)  
 1540 Introduction to Excel (VPC-Tue)  
 2839 Powerful Presentations in PowerPoint (ZOOM-Fri)

### CURRENT EVENTS, LAW & POLITICS

- 6043 Advocating for Our Veterans (OHLL-Fri)  
 2130 “American Socialist: The Life and Times of Eugene Victor Debs,” Documentary and Discussion (VPC-Wed)  
 2129 “Before They Take Us Away,” Documentary and Discussion (VPC-Wed)  
 1440 Challenges for the Global Economy In 2023 and Beyond (VPC-Tue)  
 5065/5066 Inside Look at Today’s Criminal Justice System (VPC/ZOOM-Wed)  
 2480/2481 Protecting LGBTQ+ Students and Students of Color (VPC/ZOOM-Thu)  
 2029 Renewing Our Constitutional Democracy (VPC-Wed)  
 2847 Restorative Justice: What It Is and How It Works (VPC-Fri)  
 2528/2529 Supreme Conservative and Liberal Activism by Justices Making Law (VPC/ZOOM-Thu)

- 6046 Taking a Data-Driven Approach to Understanding Disparities in Cincinnati (OHLL-Fri)  
 6044 Time to Balance the Federal Budget and Pay Off the National Debt Again! (OHLL-Fri)

### FINANCE & RETIREMENT

- 4112 Intentional Retirement Income Planning (ADI-Thu)  
 3626 Long-Term Care Medicaid Myths (ADI-Tue)  
 2844 Medicare 101 (VPC-Fri)  
 1546 Medicare Scams, Choosing a Nursing Home, and Navigating Medicare-Medicaid (ZOOM-Tue)  
 6045 Now Alone, Later Alone: Planning for Protection and Security in Later Years (OHLL-Fri)  
 4015 Wealth Preservation in Volatile Times (ADI-Thu)  
 1542 Women and Investing (VPC-Tue)  
 3628 Your Hard-Earned Possessions: Downsizing, Donating, and Recycling (ADI-Tue)

### FOREIGN LANGUAGE

- 2331 French for the Fun of It (VPC-Thu)  
 2235 Intermediate/Advanced French Conversation (VPC-Thu)  
 2711 Introduction to American Sign Language through Song (VPC-Fri)  
 2330 Revision of French Grammar, Continued (VPC-Thu)

### GARDEN & NATURE

- 8310 Gardening Forum: Taking It on the Road (OTHER-Thu)  
 9040 Stanley Rowe Arboretum Tour (OTHER-Thu)  
 2608 Warblers, Warblers, Warblers (Plus Vireos, Thrushes, and More) (VPC/OTHER-Fri and Sat)  
 9042 Wildflower and Bird Walk (OTHER-Thu)

### HEALTH & WELLNESS

- 6041 Are You the Conductor of Your Care? (OHLL-Fri)  
 5069/5070 Celebrating Life before and after an Organ Transplant (VPC/ZOOM-Wed)  
 5067/5068 Honoring Disability Awareness and Inclusion (VPC/ZOOM-Wed)  
 1442 Introduction to Tai Chi and Qigong (VPC-Tue)  
 2125 Layperson’s Guide to Understanding and Responding to Mental Illness (VPC-Wed)  
 1137 Move into Ease (VPC-Mon)  
 3918 Nutritional Best Practices for Sound Health (ADI-Thu)  
 3633 Power of Conscious Breathing for Ultimate Health (ADI-Tue)  
 2843 Review of the Human Immune System and Genetics (VPC-Fri)  
 1261/1262 Senior Health Care Trends through 2030 (VPC/ZOOM-Mon)  
 1268/1269 Successfully Managing Polypharmacy in Seniors (VPC/ZOOM-Mon)  
 2030 Understanding Personality Disorders (VPC-Wed)  
 1653 Understanding Vipassana Meditation (VPC-Tue)  
 2530 Unshakable Habits, Part 2: Is Habit Elimination a Realistic Goal? (ZOOM-Thu)  
 2473 Vipassana Meditation Practice (VPC-Thu)  
 2236 Visits with Medical Specialists and Experts (VPC-Thu)

#### CLASS LOCATION ABBREVIATIONS

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

## HISTORY & SOCIAL SCIENCES

- 1544 Causes of America's Wars (VPC-Tue)
- 1270/1271 Cincinnati and the Green Book Era, 1936-1966 (VPC/ZOOM-Mon)
- 1135 Conflict in the Modern World, 1945-Present (VPC-Mon)
- 1443 Early American History in a Nutshell (VPC-Tue)
- 1267 Fashionable Cincinnati: A Glance Back at What We Wore and Where We Shopped (VPC-Mon)
- 9044 Ghostly Walks and Lantern Talks (OTHER-Fri)
- 2838 History from the Cincinnati Enquirer Archives (VPC-Fri)
- 2482/2483 History of Cincinnati's Unique Foodways (VPC/ZOOM-Thu)
- 5079/5080 Hundred Years' War (VPC/ZOOM-Wed)
- 9046 "Living Museum": Afternoon Tour and Dessert at the Home of Tom and Bette Sherman (Wyoming-Mon)
- 9045 "Living Museum": Morning Tour and Dessert at the Home of Tom and Bette Sherman (OTHER-Mon)
- 5071/5072 Lost Cincinnati Concert Venues of the 50s, 60s, and Beyond (VPC/ZOOM-Wed)
- 1265/1266 The Mob in Cincinnati and Newport (VPC/ZOOM-Mon)
- 3916 More Mound Builders of Ohio (ADI-Thu)
- 9043 New Richmond Underground Railroad Tour (OTHER-Fri)
- 1263/1264 Notable Italian Americans in Cincinnati (VPC/ZOOM-Mon)
- 1259/1260 One-Term Presidents, 1801-1993 (VPC/ZOOM-Mon)
- 2841 Only Hope: My Mother and the Holocaust Brought to Light (ZOOM-Fri)
- 1321 Our First Ladies: An Intimate Look (VPC-Mon)
- 6040 Two Cincinnati Treasures: Memorial Hall and Matinee Musicale (OHLL-Fri)
- 1322 Voices from World War II (VPC-Mon)
- 9038 Walking Tour of OTR: Buildings, Beer, and Steps (OTHER-Tue)

## HOBBIES, SPORTS & OTHER

- 3625 Basic Workshop Tools, Tips, and Workbench Ideas (ADI-Tue)
- 8108 Bridge 103: Defensive Concepts and Review of Basics from Bridge 101-102 (OTHER-Tue)
- 1655 Cycling Fun: Go the Distance (VPC-Tue)
- 3632 Family Bicycling in the USA (ADI-Tue)
- ~~3512 Football 101 (ADI-Tue)~~
- 2486/2487 Joe Nuxhall: The Old Lefthander (VPC/ZOOM-Thu)
- 8001 Learn Contra Dancing: It's Fun and Easy! (OTHER-Mon)
- 2712 Legendary Foods of France: A Culinary Tour (ZOOM-Fri)
- 8408 Let's Do Lunch: Besties (OTHER-Fri)
- 3410 Origami (Paper-Folding) (ADI-Tue)
- 9041 Pancakes and Conversation (OTHER-Thu)
- 5073/5074 Pickleball: Cincinnati Style (VPC/ZOOM-Wed)
- 9039 Pub Night: Americana (OTHER-Tue)
- 2131 Speed Friending: Let's Chat! (ZOOM-Wed)
- 1136 Spice of Life: Spices and Cuisines of the World (VPC-Mon)
- 2840 StrayHaven: Tales of Rescue, Saving Lives One Transport at a Time (VPC-Fri)
- 6047 What's New at the Cincinnati and Hamilton County Public Library? (OHLL-Fri)
- 1728/1729 Why Do Baseball Players Make So Much Money?! (VPC/ZOOM-Tue)

## LITERATURE & DRAMA

- 2128 "Fairy and Folk Tales of Ireland," Edited by W. B. Yeats (VPC-Wed)
- 2531 Great Literature from Other Lands (ZOOM-Thu)
- 2127 Gwendolyn Brooks, James Baldwin, and Alice Walker: Three Essential Voices (VPC-Wed)
- 2846 History and Literature: "The Lincoln Highway" (VPC-Fri)
- ~~4111 Mitchell and Murakami: Fantasy Novels without Dragons (ADI-Thu)~~
- 1545 More Murder and Mayhem (ZOOM-Tue)
- 4109 Quiet Ecstasy: The Poems of Mary

Oliver (ADI-Thu)

- 3411 Reading around the World: One Book at a Time (ADI-Tue)
- 1543 Shakespeare's Women (VPC-Tue)
- 1139 Women in War: Novels about Women Deeply Affected by War (ZOOM-Mon)

## MUSIC

- 1037/1038 Celtic Music (VPC/ZOOM-Mon)
- 1541 Exploring Opera (VPC-Tue)
- 2334/2335 For the Love of Music (VPC/ZOOM-Thu)
- 1444 Great American Composers (VPC-Tue)
- 2237 How Music Means (VPC-Thu)
- 4110 Sing Karaoke (ADI-Thu)
- 1441 Wagner's "Parsifal" (VPC-Tue)
- 1736 What Is Jewish Music? (ZOOM-Tue)
- 8311 Words and Music (Email Course) (EMAIL-Thu)

## PHILOSOPHY & RELIGION

- 3513 Beyond Science: Creative Answers for Faith, Religion, and Soul (ADI-Tue)
- 4014 Finding a Faith That Makes Us Better Humans (ADI-Thu)
- 3629 Tour Adath Israel (ADI-Tue)
- 3917 Wild, Weird, and Wonderful Stories from the Apocrypha (ADI-Thu)

## PHOTOGRAPHY

- 1734 Creative Photography: Intermediate to Advanced (VPC-Tue)
- 2607 Greatest Photographs of All Time (VPC-Fri)
- 2710 Guided Photowalks for Fun and Great Pictures (VPC/OTHER-Fri)
- 1320 Lightroom, Part 1: Library Module, File Handling, and Importing (VPC-Mon)
- 3915 Travel Photography (ADI-Thu)

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## SCIENCE, MATH & PSYCHOLOGY

- 2028** C. G. Jung's Red Book, Part 2 (VPC-Wed)
- 2031** Culture, Society, and Global Public Health (ZOOM-Wed)
- 3409** Forces of Nature: The Earth and Universe (ADI-Tue)
- 2332** Glaciers, Earthquakes/Tsunamis, Erosion in Utah, Formation of Mountains (VPC-Thu)
- 6042** Investigating Commercial Aircraft Accidents and Incidents (OHLL-Fri)
- 3630** James Webb Space Telescope (ADI-Tue)
- 1730/1731** NASA and the Space Race: An Informal History (Mercury and Gemini) (VPC/ZOOM-Tue)
- 2238** Psychology and Religion: Friends or Foes? (VPC-Thu)
- 3812** Short Course in Energy Conversion (ADI-Thu)
- 1735** Solvay Conference of 1927 and the Wireless Revolution (ZOOM-Tue)
- 3631** Something from Nothing: How the Universe Began (ADI-Tue)
- 1547** Tracing Homo Sapiens through Europe into the Americas (ZOOM-Tue)
- 1138** Who Speaks for Nature? (ZOOM-Mon)

## SELF-EXPLORATION

- 1732** Aging, Spirituality, and the Elder's Journey (VPC-Tue)
- 2713** Aging, Spirituality, and the Elder's Journey (ZOOM-Fri)
- 2026** Confrontation-Listening Skills: More JOY in Relationships (VPC-Wed)
- 1654** Creating What's Next (VPC-Tue)
- ~~**3813** Managing a Home Project or Big Event on Time, Budget, and Scope (ADI-Thu)~~
- 2525** Responding to the Challenge of Global Warming (VPC-Thu)
- 1035** Second 50, Too: MORE Navigating Spiritual Issues in Later Life (VPC-Mon)
- ~~**2124** Telling Your Story (VPC-Wed)~~
- 2526** Truth or Lies (VPC-Thu)

## STAGE & SCREEN

- 2478/2479** Advertising That Wowed Us (VPC/ZOOM-Thu)
- 1324** Broadway Musicals in the 2010s (ZOOM-Mon)
- 5075/5076** CET Public Television: Beyond Broadcast, Thanks to "Viewers Like You" (VPC/ZOOM-Wed)
- 8204** Films with a British Accent (OTHER-Wed)
- 2027** Parallel Lives on Stage: Pairing Tragedy and Opera (VPC-Wed)
- 1733** The Play's the Thing (VPC-Tue)
- 1656** Romantic Comedies: How They Change and Why (VPC-Tue)
- 1658** Stream the Dream: Prime (ZOOM-Tue)
- 2126** Taming of the Text: Shakespeare's Problem Plays (VPC-Wed)

## TRAVEL

- 2476/2477** 100 Things To Do In Cincinnati before You Die: A NEW Edition (VPC/ZOOM-Thu)
- 2484/2485** Grand Circle of Utah Parks (VPC/ZOOM-Thu)
- 2842** Nine Months in an RV (VPC-Fri)

## WRITING

- 1539** Advanced Poetry Writing (VPC-Tue)
- 1657** A Picture Is Worth 1,000 Words (More or Less): Writing Your Memories (ZOOM-Tue)
- 1323** Remembering, Reflecting, and Writing: Creating Your Memoir (ZOOM-Mon)
- 2845** Writing a Legacy Letter (ZOOM-Fri)
- 2848** Writing a Legacy Letter (ZOOM-Fri)
- ~~**3514** Writing Poetry for Those Who Wrote Long Ago or Never Wrote a Poem (ADI-Tue)~~

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## COMPLETE CLASS DESCRIPTIONS BY CLASS NUMBER

### **1035 Second 50, Too: MORE Navigating Spiritual Issues in Later Life** **NEW**

Mon, Apr 24–Jun 12 (no class 5/29), 9:30–10:45 am (VPC) \$5  
*LIMIT 20*

Following on the popular Second Fifty course that has been offered several times, we will explore and discuss new topics using articles, music, and videos to stimulate sharing in the class. Topics will include caring for others in their diminishment, personal spiritual practices that you have found helpful, anticipating one's own death, and ways in which succeeding generations add to our spiritual growth. Some spiritual insights of St. Ignatius Loyola will also be shared.

Moderators: Denis Walsh enjoyed a long career in clinical social work and remains involved in community education on topics regarding spirituality and mental health. Connie Widmer has taught a variety of classes, including several in psychology, during her 20+ years at NKU and also taught Religion and Human Development in the Spirituality Institute at Mt. St. Joseph Univ., with Richard LaJeunesse.

### **1036 Found Objects and Your Imagination** **UPDATED**

Mon, Apr 24–May 22, 9:30–11 am (VPC) \$5  
*LIMIT 7*

A class small in size but BIG on hands-on fun for developing and creating your own innovative and personal mixed-media artwork. No special art skills are needed! Basic supplies will be provided while encouraging the addition of your choice of found objects reflecting your life, personality, and interests. This small class encourages your attendance and active participation—and is an excellent opportunity to craft special gifts for friends or family.

Moderator: Thelma Shotten is a docent at the Contemporary Arts Center and has taught in Cincinnati Public Schools, Art Academy, and NKU. Her mixed-media, enamel, and porcelain artworks (the latter inspired by sea coral formations) have been displayed at many area art galleries and exhibitions.

### **1037 (VPC) / 1038 (ZOOM) Celtic Music** **UPDATED**

Mon, Apr 24–May 15, 9:30–10:45 am, \$5  
*VPC LIMIT 150 / ZOOM UNLIMITED*

We will explore traditional and contemporary Irish and Scottish music through discussion, background information, and music and video clips. Your insights are always welcome.

Moderator: Bruce Bowdon, mostly of Irish/Scottish descent, was a middle school music teacher for 43 years.

### **1135 Conflict in the Modern World, 1945-Present** **NEW**

Mon, Apr 24–Jun 12 (no class 5/29), 11 am–12:15 pm (VPC) \$5  
*LIMIT 80*

We will begin with an approximately two-session analysis of the history of war and conflict and the role of military history

in the study of world history. We will then examine war and conflict from the end of World War II to the present day, with an emphasis not only on military issues but on the diplomatic, economic, social, and political issues that led to those conflicts.

Moderator: John Lane retired after a 20-year teaching career (Covington Latin School, Woodbury HS in MN); BA, UC; BS, Winona State Univ.; MA, NKU; US Army, Vietnam War veteran. Taught World Civilizations, AP European History, AP US History, World Wars of the 20th century, and Economics. Led two World War II tours of Europe and one historical tour of Britain.

### **1136 Spice of Life: Spices and Cuisines of the World** **UPDATED**

Mon, Apr 24–Jun 12 (no class 5/29), 11 am–12:15 pm (VPC) \$5  
*LIMIT 35*

Join us on a continuing journey around the culinary world. We will explore the spices and cuisines of Turkey, the Caribbean, Greece, Korea, India, Egypt, and Columbia. We will also learn a little history and some techniques along the way.

Moderator: Sharon Schwartz is a retired social worker. She is a lifetime lover of learning and curious about everything. Other loves are cooking, travel, reading, and genealogical research.

### **1137 Move into Ease** **UPDATED**

Mon, Apr 24–Jun 12 (no class 5/29), 11 am–12 pm (VPC) \$5  
*LIMIT 24*

A touch of yoga, some energizing movement, directed relaxation, soulful stretching, and pumping life between mind and body. This one-hour class oils your joints and breathes ease into your bones, like giving yourself a massage. Flexibility for individual needs encouraged. Wear comfortable clothing and bring a mat or towel. Expect to feel rejuvenated!

Moderator: Karen Zaugg brings a lifetime of dance training, yoga, and a variety of bodywork experiences to welcome you to exercise and a sense of wellbeing.

### **1138 Who Speaks for Nature?**

Mon, May 1–Jun 5 (no class 5/29), 11 am–12:15 pm (ZOOM) \$5  
*UNLIMITED*

Do you believe that ecosystems, rivers, forests, and non-human species have the right to flourish and thrive? Should these rights have legal standing? Do you know that there is no regulatory limit to the number of pollution discharge permits under the Clean Water Act? Do you believe it is our human responsibility to protect and steward the natural world? Join CROW (Citizens for Rights of the Ohio River Watershed) to explore the problems of the most polluted river in the country and a new solution for the future.

Moderator: Susan VonderHaar is a retired project scientist from the Environmental Protection Agency. She taught



environmental science for 10 years in area colleges. She is a founding member of CROW. After spending a lifetime waiting for the first Earth Day, she believes true environmental protection can come only from the people.

**1139 Women in War: Novels about Women Deeply Affected by War NEW**

Mon, Apr 24–Jun 12 (no class 5/29), 11 am–12:15 pm (ZOOM) \$5  
LIMIT 40

We will read four novels concerning the effects of a war on women who “only stood and waited” or at least saw little of conflict. In order, we will discuss Jacqueline Winspear’s *In This Grave Hour: A Maisie Dobbs Novel*; Anthony Doerr’s Pulitzer Prize–winner, *All the Light We Cannot See*; *The Guernsey Literary and Potato Peel Pie Society* by Mary Ann Shaffer and Annie Barrows; and *The Last Bookshop in London* by Madeline Martin. These are all first-rate literature, and they present a picture too rarely seen.

Moderator: John Briggs has moderated numerous courses and has advanced degrees in literature and education. He welcomes all viewpoints and is happy with people who have a lot to say or those who simply want to watch and listen.

**1259 (VPC) / 1260 (ZOOM) One-Term Presidents, 1801–1993 NEW**

Mon, Apr 24, 12:45–2 pm, \$0  
VPC LIMIT 150 / ZOOM UNLIMITED

Meet nine presidents who were fired by the American people: John Adams, John Q. Adams, Van Buren, Benjamin Harrison, Taft, Hoover, Ford, Carter, and George H. W. Bush. Among these one-termers, one had his plane shot down in WWII, one graduated from Annapolis, one was adopted, one saved millions from starvation, and one became US Supreme Court Chief Justice. This course is both informative and interactive. NOTE: Historian Greg Ferro (EdD, Penn State) will present via Zoom and will not be present in the classroom. He lectures widely across the US.

Moderator: Greg Ferro

**1261 (VPC) / 1262 (ZOOM) Senior Health Care Trends through 2030 NEW**

Mon, May 1, 12:45–2 pm, \$0  
VPC LIMIT 150 / ZOOM UNLIMITED

Over the next several years, there will be major developments in senior health care: some good, some not so good. Roy Franchi’s presentation covers all the major trends and shows how you can take advantage of the beneficial ones and mitigate the effects of those developments that will add to the burden of senior health care. In 1987, Franchi left P&G to create a number of diverse organizations under the parent company Redirection Inc. His current work covers the aging process, retirement issues, and whole-person care.

Moderator: Roy Franchi

**1263 (VPC) / 1264 (ZOOM) Notable Italian-Americans in Cincinnati NEW**

Mon, May 8, 12:45–2 pm, \$0  
VPC LIMIT 150 / ZOOM UNLIMITED

Learn the success stories of 12 prominent Italian Americans who have made a lasting, favorable, and very identifiable contribution in the Greater Cincinnati area. Since his retirement from UC Medical Center, Gerardo Perrotta has published a book on Italian themes on US postage stamps (*Phila-Italy Americana*), enjoys local Italian-American history and history of his native Calabria, and gives presentations on these topics.

Moderator: Gerardo Perrotta

**1265 (VPC) / 1266 (ZOOM) The Mob in Cincinnati and Newport NEW**

Mon, May 15, 12:45–2 pm, \$0  
VPC LIMIT 150 / ZOOM UNLIMITED

Starting in the 1930s, we’ll follow the history of the Mob on both sides of the Ohio River, including the 1977 Beverly Hills Supper Club fire that killed 165 people—one of the biggest unsolved cold cases in US history. We’ll cross the river to discover how the Mob moved into Cincinnati and the rest of Ohio with rackets, corruption, and the sex trade. Peter Bronson was an editor and columnist at the Cincinnati Enquirer and other newspapers. He is an author and owns Chilandog Press publishing.

Moderator: Peter Bronson

**1267 Fashionable Cincinnati: A Glance Back at What We Wore and Where We Shopped UPDATED**

Mon, May 22, 12:45–2 pm (VPC) \$0  
LIMIT 150

Remember when driving downtown to spend the day shopping was a delight? Let’s reminisce about our favorite department stores and specialty shops that lined the streets of Cincinnati. We’ll revisit the hosiery and glove counter, lunch at the tea room, and stroll through the different departments of those glorious long-gone emporiums and shopping centers. Bette Sherman, fashion historian and collector, has shared her wit and knowledge with groups throughout the US and aboard cruise ships. She has worked with set decorators and stylists on television and feature films.

Moderator: Bette Sherman

**CLASS LOCATION ABBREVIATIONS**

ADI	Adath Israel
OHLL	Ohio Living Llanfair
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**1268 (VPC) / 1269 (ZOOM) Successfully Managing Polypharmacy in Seniors NEW**

Mon, Jun 5, 12:45–2 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

Lions and tigers and bears, oh my! No, just lots of medications! Cathy Rosenbaum will describe why drug side effects/interactions and medication errors happen and how to manage many of them, discuss how to diplomatically communicate your values about taking medications to your doctor, discuss screening tools used by pharmacists to monitor high risk medications for seniors, and review why herbal side effects/interactions happen and how to avoid them. Rosenbaum is a holistic clinical pharmacist, certified health coach, and founder and CEO of Rx Integrative Solutions.

Moderator: Cathy Rosenbaum

**1270 (VPC) / 1271 (ZOOM) Cincinnati and the Green Book Era, 1936-1966 NEW**

Mon, Jun 12, 12:45–2 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

Join us to discuss the origins of the Green Book, its distribution, and a map documenting Cincinnati Green Book sites over time. We'll delve into the history of the Edgemont Inn (1840s Beecher family home, now the Harriet Beecher Stowe House) and discover where across the US other Green Book sites are open for visitation and interpretation. We'll wrap up by discovering Green Book sites in your location—or discuss why there aren't any. Presented by staff and docents of the Harriet Beecher Stowe House.

Moderator: Harriet Beecher Stowe House Staff

**1320 Lightroom, Part 1: Library Module, File Handling, and Importing NEW**

Mon, Apr 24–Jun 12 (no class 5/29), 2:15–3:30 pm (VPC) \$5  
LIMIT 15

Intended for users of Lightroom Classic, the current desktop version of Lightroom, but 90 percent of the content will still apply to Lightroom 6. This course is designed for any skill level. Requirements: You must have a laptop, iPad, or tablet with Lightroom Classic or Lightroom 6 loaded on it. You will need to bring your device with you as this is a hands-on class.

Moderator: Larry Pytlinski is an award-winning amateur photographer who, since his retirement, has devoted his time to his passion for photography. He's had several solo shows, and his pictures are currently in several local galleries.

**1321 Our First Ladies: An Intimate Look NEW**

Mon, Apr 24–May 15, 2:15–3:30 pm (VPC) \$5

LIMIT 20

First Ladies take on a job they are not elected to and for which there is no job description. Yet, much is expected of them. We will discover talents, legacies, and dirt on our nation's First Ladies while we learn what they were like as people, beyond their roles as wives of the presidents.

Moderators: Caryl Miller and Deb Price are retired educators who love doing classes on women in history.

**1322 Voices from World War II NEW**

Mon, May 22–Jun 12 (no class 5/29), 2:15–3:30 pm (VPC) \$5

LIMIT 30

So many of our greatest generation have passed on, so it is important to listen to the tapes and interviews we have of WWII veterans and those who lived through the conflict.

Moderator: Deb Price has presented several WWII topics and finds it always inspiring and worthy of interest.

**1323 Remembering, Reflecting, and Writing: Creating Your Memoir UPDATED**

Mon, Apr 24–Jun 12 (no class 5/29), 2:15–3:30 pm (ZOOM) \$5  
LIMIT 7

You are the star of your life, and your unique story is important. Recall your life experiences, reflect about their meanings, and record them. We have lived several decades and learned; now, we think about the meaning of our lives and perhaps desire to pass values on to others. Create your memoir for your family or yourself. This small participatory class offers opportunities to read your pieces every week and to get helpful feedback from the moderator and classmates—and to appreciate for yourself what your life means.

Moderator: Kathy Richardson has moderated OLLI courses in novels, poetry, nonfiction, and autobiography writing. She retired after 42 years as English teacher and middle school head at Seven Hills School.

**1324 Broadway Musicals in the 2010s NEW**

Mon, Apr 24–Jun 12 (no class 5/29), 2:15–3:30 pm (ZOOM) \$5  
UNLIMITED

Through film clips and discussion, we will conclude our journey through Broadway musicals in the 21st century. The musicals we will review include *Matilda*, *Kinky Boots*, *Gentleman's Guide to Love and Murder*, *Beautiful*, *Aladdin*, *Something Rotten*, *Come from Away*, and *The Band's Visit*.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for several years.

**CLASS LOCATION ABBREVIATIONS**

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

**1439 Best Ways to Enjoy Using Your PC Computer: An Introduction** **UPDATED**

Tue, Apr 25–Jun 13, 9:30–10:45 am (VPC) \$20  
*LIMIT 10*

Learn the basics of using a PC computer (NOT Apple)—how it works, the difference between hardware and software, staying safe using one, finding interesting things on the internet, typing documents using basic word processing, Windows 10 plus an Introduction to 11 and using e-mail. Whether you're getting started with your first computer or looking to learn more about how to use one, you'll find all the information you need from class discussion, printed handouts, and short videos. You will receive a binder containing all class notes and instructions.

Moderator: Howie Baum worked as a mechanical and industrial engineer at companies in Cincinnati and Dayton doing product and process design and taught for 36 years at four universities and colleges. He also volunteers to teach computer skills at the VA.

**1440 Challenges for the Global Economy in 2023 and Beyond** **NEW**

Tue, Apr 25–May 16, 9:30–10:45 am (VPC) \$5  
*LIMIT 25*

We'll investigate and discuss excessive government-corporate-household debt, the end of easy money, and the return of high interest rates; the inflationary impact of population decline and a shortage of both white- and blue-collar workers; a renewed focus on national security leading to a retreat from globalism, the re-shoring/"friend-sharing" of manufacturing to rebuild fragmented trade patterns and supply chains away from the West's strategic rivals, Russia and China; and the opportunities, challenges, and risks as the world transitions energy sources from fossil fuel to renewables.

Moderator: Dan Nagel is a retired CPA with an MBA in finance and a lifelong interest in economics and investing.

**1441 Wagner's "Parsifal"** **NEW**

Tue, Apr 25–Jun 13, 9:30–10:45 am (VPC) \$5  
*LIMIT 30*

Experience a thorough eight-week study of Richard Wagner's monumental last music drama, *Parsifal* (1882). We will use a variety of films and documentaries to further our study. Wagner considered this work to be his last prophetic gift to humankind. Join us for this exciting study opportunity.

Moderator: Jim Slouffman has been an artist and educator for more than 50 years. He received his BFA from Wright State Univ. and MFA from UC. He is a member of the Greater Cincinnati Friends of Jung where he has presented on a variety of subjects. He is President Emeritus of the Wagner Society of Cincinnati.

**1442 Introduction to Tai Chi and Qigong** **NEW**

Tue, Apr 25–Jun 13, 9:30–10:45 am (VPC) \$5  
*LIMIT 25*

Tai chi and qigong are complementary traditional Chinese arts that help to improve one's health, vitality, and wellbeing. Tai chi is a series of gentle flowing movements based on martial arts. Qigong is a mind/body exercise that helps stimulate "elemental life force." In this class, you will learn some of the basic forms of traditional Yang tai chi and the qigong form Baduanjin. Both can be performed standing or seated. We will also explore some of the philosophy and basic principles behind these arts.

Moderator: Rick Warm has practiced martial arts including tai chi for 40+ years. His study of tai chi and qigong has become more serious and focused over the past 10 years, and he recently qualified as an instructor from the prestigious Deyin Institute in the UK.

**1443 Early American History in a Nutshell**

Tue, Apr 25–Jun 13, 9:30–10:45 am (VPC) \$5  
*LIMIT 150*

American history is a great story of people and events that are often ignored or forgotten these days. Get to know again men who shaped this nation like Washington, Jefferson, Hamilton, Jackson, and Lincoln. Look again at those people who settled Virginia and New England who, though long gone, still influence us today.

Moderator: Richard Weis has spent 50+ years teaching US history at the high school and college levels. He has BA degrees from OSU, an MA from UC, and attends numerous Road Scholar programs on subjects of interest.

**1444 Great American Composers** **NEW**

Tue, Apr 25–Jun 13, 9:30–10:45 am (VPC) \$5  
*LIMIT 40*

Who are America's "great" classical composers? What are their best works? Why does their music sound American? What is musical greatness? We'll listen to segments from many works plus some shorter works in their entirety. Suggestions for additional listening at home will be given. Featured composers will include Billings, Foster, Joplin, Sousa, Ives, Copland, Gershwin, Grofé, Barber, Harris, Thompson, Hanson, Ellington, Bernstein, and Hollywood film composers. Rick, who calls himself a "pretty good" composer, will share some of his works showing how these past composers have influenced today's composers.

Moderator: Rick Sowash is a composer and author. He publishes his own sheet music, CDs, and books. His music is heard on classical music radio including WGUC. His clarinet concerto was recorded by the St. Petersburg Symphony. His cello concerto premiered at Carnegie Hall. He has written 400 works of music and eight books. More info at [www.sowash.com](http://www.sowash.com).



**1539 Advanced Poetry Writing UPDATED**

Tue, Apr 15–Jun 13, 11 am–12:15 pm (VPC) \$5  
LIMIT 10

If you have previous experience writing poetry, then this discussion workshop is for you. We will share work in class to gain a greater appreciation and sophistication in the practice of the art. You will show your work to others and gain an understanding of the possibilities of poetic language and prosodic forms of expression that arise from what you and your fellow writers are doing and aspire toward. You will also conceptualize the possibilities of your subject matter to be shaped into effective poetic communication.

Moderator: David Schloss was born in Brooklyn, NY, in 1944. He taught at Miami Univ. from which he retired in 2014 as Emeritus Professor of English after 40 years. He has published five full-length poetry collections: *The Beloved*, *Sex Lives of the Poor and Obscure*, *Group Portrait from Hell*, *Reports from Babylon and Beyond*, and *The Heartbeat as an Ancient Instrument*.

**1540 Introduction to Excel**

Tue, Apr 25–Jun 13, 11 am–12:15 pm (VPC) \$5  
LIMIT 10

This hands-on introductory course is designed for those who have never used Excel: it assumes no previous knowledge. You will learn to enter, edit, arrange, and modify data into an Excel spreadsheet. You will create data tables and use mathematical functions. Printing, page layout, and margin setting will be introduced through the use of Page Setup. You will also learn to access the internet for assistance with various Excel topics.

Moderator: Tom Schimian is a graduate of XU with a degree in economics. He retired in 2004 after a rewarding career as a programmer/analyst. Additionally, he was an adjunct instructor in such subjects as Computer Concepts and Facilities, Programming Logic and Methods, and Visual Basic/Visual Basic.Net at UC and Cincinnati State.

**1541 Exploring Opera UPDATED**

Tue, Apr 25–Jun 13, 11 am–12:15 pm (VPC) \$5  
LIMIT 36

This term, we will study operas by Mozart: *Don Giovanni*, *The Abduction from the Seraglio*, and *The Magic Flute*. You will learn the stories and backgrounds of the operas, something about the composer, and view the operas on DVD complete with subtitles. Your opinions of the operas and the performers are encouraged. We will also discuss the upcoming Metropolitan Opera live HD telecasts.

Moderator: Richard Goetz, PhD is a retired research manager from the chemical industry who has been listening to, studying, and attending opera since 1949.

**1542 Women and Investing NEW**

Tue, Apr 25–May 30, 11 am–12:15 pm (VPC) \$5  
LIMIT 24

Because of many factors, women have a high probability that, during their lives, they might be responsible for managing their own finances. The goal of this program is to help women feel more confident about making financial decisions by educating them on different wealth management facets including stocks, bonds, estate and education planning, and many more. Light reading and plenty of discussion will help you build your knowledge.

Moderator: Tricia Marteney is a financial advisor with Edward Jones in Centerville, OH. She is passionate about working with and educating women to help them feel more confident in their decision-making around their own finances. During her free time, she enjoys watching her son play soccer, spending time with family and friends, playing golf, reading, and trying new restaurants.

**1543 Shakespeare’s Women NEW**

Tue, Apr 25–Jun 13, 11 am–12:15 pm (VPC) \$5  
LIMIT 25

In Shakespeare’s plays, many of his female characters confront, with intelligence, insight, and charisma, a world dominated by men. In this course, we will explore some of Shakespeare’s women and gain insight into how he portrayed women in roles that ran counter to many of the values and social constrictions of his time. To stimulate discussion, we will view video clips of the plays, and (if you choose to do so) channel your inner actor by reading aloud some relevant monologues and dialogues from the plays.

Moderators: Bill Park has a background in psychotherapy and teaching. He has had a lifelong interest in Shakespeare’s works and his insights into human behavior and emotions. Sally Moore is a longtime OLLI moderator and an admirer of Shakespeare’s genius and relevance today.

**1544 Causes of America’s Wars NEW**

Tue, Apr 25–Jun 13, 11 am–12:15 pm (VPC) \$5  
LIMIT 50

We will describe and explain the causes of America’s major wars, beginning with the American Revolution and then the American Civil War, World War I, World War II, Korea, the Vietnam War, and ending with the Iraq War. We will look at the ideas and fears that coalesced into a major American war.

Moderator: John Wilson has moderated OLLI courses on Slavery and the Coming of the Civil War, Reconstruction, the US Constitution, the Cold War, and the Industrial Revolution.

CLASS LOCATION ABBREVIATIONS	
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**1545 More Murder and Mayhem NEW**

Tue, Apr 25–Jun 13, 11 am–12:15 pm (ZOOM) \$5  
LIMIT 25

Calling all armchair detectives! We've detected more murder and mayhem afoot! Join us to discuss *Ordinary Grace* by William Kent Krueger, *The Man on the Street* by Trevor Wood, *The Other Woman* by Hank Phillippi Ryan, *Dissolution* by C. J. Sansom, *A Killing at Cotton Hill* by Terry Shames, and *Murder at the Kennedy Center* by Margaret Truman. There's even a ghostwriter in this mix—oooooooooh!

Moderators: Barbara Burke and Brenda Gatti so enjoy talking "Murder and Mayhem" with fellow OLLI members. Both ladies are retired elementary school teachers and avid OLLI volunteers.

**1546 Medicare Scams, Choosing a Nursing Home, and Navigating Medicare-Medicaid**

Tue, Apr 25–May 9, 11 am–12:15 pm (ZOOM) \$5  
LIMIT 25

We put off thinking about moving into a nursing home, or how to pay for it, and we don't think we will be the target of Medicare fraud. Pro Seniors is a nonprofit serving senior residents of Ohio. In this three-week session, learn how to choose long-term care in nursing, assisted living, or group homes; how to sort through the sea of health insurance information including Medicare, Medicaid, and long-term care insurance; and how to detect and protect against the latest scams targeting seniors.

Moderators: Linda Kerdolff is a Long-Term Care Ombudsman with Pro Seniors. Mary Hurlburt is a volunteer Ombudsman Associate of the Long-Term Care Ombudsman program. Becky Hayward is a volunteer ombudsman with Ohio Senior Health Insurance Information Program. Brian Rhame is a peer educator for Senior Medicare Patrol.

**1547 Tracing Homo Sapiens through Europe into the Americas**

Tue, Apr 25–Jun 13, 11 am–12:15 pm (ZOOM) \$5  
LIMIT 35

After tracing the routes of our modern ancestors into Europe, we will focus on their branching and splitting into the peoples who crossed the Bering Strait into America during the last Ice Age. A brief recap of ancient DNA will be offered. Finally, we will survey the new American eras: the Lithic, Archaic, and Woodland eras demonstrate the transition from hunter-gatherers to early farmers to agricultural settlements. This survey highlights artifacts and archeological evidence.

Moderator: Denis Hoggia, 40 years of teaching at UC. Many years of quality management training and seminars. Former Cleveland Metropolitan Parks naturalist.

**1653 Understanding Vipassana Meditation UPDATED**

Tue, Apr 25–Jun 13, 12:30–2 pm (VPC) \$5  
LIMIT 10

Vipassana (insight) meditation practice technique was instituted by the Buddha over 2,500 years ago. The procedure guided him to attain the state of enlightenment. Concepts and step-by-step of the practice will be introduced. You will learn how to slowly develop insights by close attentiveness to and experiential phenomena of your own mind-body processes. Everyone who has an interest or wants to fulfill their curiosity is welcome.

Moderator: Manit Vichitchot has been practicing Vipassana meditation on a consistent basis since January 2009. Since then, he has participated in numerous intensive Vipassana meditation retreats in Thailand.

**1654 Creating What's Next**

Tue, Apr 25–May 23, 12:45–2 pm (VPC) \$5  
LIMIT 35

The Creating What's Next™ program reveals the secret sauce to living well. Through documentary film and interactive exercises, you will learn six inner skills that support health and vitality. The uplifting program will reshape your view of what aging can be and focuses on building purpose, resilience, optimism, and connections in retirement and beyond.

Moderator: Molly Prues is a gerontologist with 25+ years of experience working with older adults. She developed the Connections™ workshop series to empower individuals to find purpose in retirement and later life. She founded VistaLynk to promote awareness and develop solutions to reframe society's vision of aging.

**1655 Cycling Fun: Go the Distance UPDATED**

Tue, Apr 25–May 23, 12:45–2 pm (VPC) \$5  
LIMIT 8

Have you thought about pursuing a cycling adventure but not sure how to start? This course will help you prepare for cycling enjoyment over short- or long-distance multi-day rides. Topics include choosing the right bicycle, training tips, cycling safety, bike maintenance, and finding a cycling adventure right for you. Highlights include a group ride and a session exploring the latest equipment and bike fitting with experts at Montgomery Cyclery. Be prepared for an engaging and interactive class experience.

Moderator: Tim Jones completed a 350-mile bicycle ride from Pittsburgh to Washington DC and had the time of his life. He has logged more than 10,000 safe and enjoyable cycling miles. He is a retired business executive who is excited to share his passion for cycling with others.

**1656 Romantic Comedies: How They Change and Why NEW**

Tue, Apr 25–Jun 13, 12:45–3:30 pm (VPC) \$5

*LIMIT 25*

We will discuss the genre of romantic comedies and their reflection on the times by viewing eight films, starting with the 1934 classic *It Happened One Night*. We will skip the '40s (maybe later) and move into the '50s and '60s. This genre can range from almost serious in presentation to slapstick and, surprisingly, features a number of actors not usually seen in a comedy role. I look forward to the banter of your observations and comments. The class will take up two periods.

Moderator: Shannon Womer loves to watch and laugh along with funny movies and TV programs and looks forward to sharing some laughs with you. He is retired from the City of Cincinnati Health Department and has moderated many other OLLI courses on various topics.

**1657 A Picture Is Worth 1,000 Words (More or Less):**

**Writing Your Memories UPDATED**

Tue, Apr 25–Jun 13, 12:45–2 pm (ZOOM) \$5

*LIMIT 7*

Have a story to tell? Feel an urge to write? Looking for inspiration? Let's scratch that itch together. Memoir writing can be personal writing for oneself, shared with family and friends, or shouted to the world. Unearth the tidbits of life through photos, keepsakes, conversations, and questions that energize the memory. Express the memories in a captivating narrative. Weekly prompts will kickstart writing 300–500 words to be shared with the class. We will each read, listen, critique, and praise. Let's remember and write together.

Moderator: Thomas Fahey, Cincinnati, English major, XU. Teaching was his goal, but life is a big story whose plot is murky, whose telling requires lots of white-out. "People gotta eat," so he invested 47 years in supermarket bagging, meat cutting, management, buying, merchandising, human resources, training, and owner. Retired, he works at his passions—photography, remembering, writing, and self-publishing.

**1658 Stream the Dream: Prime UPDATED**

Tue, Apr 25–Jun 13, 12:45–2 pm (ZOOM) \$5

*LIMIT 15*

Let's stream Amazon Prime at home and all watch the same thing. We will then check in each week to discuss what we're watching. Must have an Amazon Prime account—my favorite TV shows are on their streaming service. Just want to emphasize that watching TV is nothing to be ashamed of!

Moderator: Karen Grosser is a retired software engineer who worked at GE Aviation. She has two children and has always loved movies and TV—but can also read!

**1728 (VPC) / 1729 (ZOOM) Why Do Baseball Players Make So Much Money?! NEW**

Tue, Apr 25–May 9, 2:15–3:30 pm, \$5

*VPC LIMIT 150 / ZOOM UNLIMITED*

Baseball contracts boom from \$1 million to \$20 million to \$30 million. Can the Reds ever compete? Is the deck stacked against small-market teams? Over three weeks, baseball historians Greg Rhodes and Greg Gajus discuss the variables of baseball economics, past and present, and what the future holds for the national pastime.

Moderators: Greg Rhodes and Greg Gajus have collaborated on three baseball books, and each has presented several OLLI classes. Rhodes is the former Cincinnati Reds Historian, and Gajus is a long-time Society for American Baseball Research member and a former Turner Broadcasting executive.

**1730 (VPC) / 1731 (ZOOM) NASA and the Space Race: An Informal History (Mercury and Gemini) UPDATED**

Tue, May 16–Jun 13, 2:15–3:30 pm, \$5

*VPC LIMIT 150 / ZOOM UNLIMITED*

In fewer than ten years, the US went from flying a single astronaut for 15 minutes to landing on the moon. Relive the early days of the space race focusing on the Mercury and Gemini programs. We will review each of the missions, meet the astronauts, explore the selection process, and learn about the personalities behind the scenes. We will also review books, movies, and documentaries about NASA.

Moderator: Greg Gajus is a longtime NASA enthusiast who remembers watching launches in elementary school. He has met six of the 12 moonwalkers, and Neil Armstrong gave the commencement address at his college graduation.

**1732 Aging, Spirituality, and the Elder's Journey NEW**

Tue, Apr 25–Jun 13, 2:15–3:30 pm (VPC) \$5

*LIMIT 30*

Following two previous courses exploring aging as a spiritual journey through the lens of the Hero's/Heroine's Journey, we will now examine the development of the elder as the spiritually mature evolution of the hero/heroine. No need to have participated in the first two sessions. Using fairytales, Jungian psychology, and modern stories to prompt discussions, we will consider how aging consciously can transcend the heroic, why it is inherently a mature spiritual journey, and how it applies to what has been popularly called the second half of life.

Moderator; Rick Warm teaches classes and facilitates programs on wisdom, aging, and spirituality as well as leadership. He has a PhD in leadership and change from Antioch Univ. and is director of the Center for Wisdom and Leadership.

**1733 The Play's the Thing UPDATED**

Tue, Apr 25–Jun 13, 2:15–3:30 pm (VPC) \$5

LIMIT 18

Comedies, tragedies, classics, one-act plays...whatever seems appealing for our reader's theater. Everyone participates in choosing the plays. Then we read roles in class, select distinguishing props/costumes, or just be part of the audience. No memorizing or acting experience required. Discussions about the plays bring added dimensions for us all Let your voice be heard and join in the fun.

Moderator: Karen Zaugg is a theater enthusiast and sometimes actor in local productions.

**1734 Creative Photography: Intermediate to Advanced UPDATED**

Tue, Apr 25–Jun 13, 2:15–3:30 pm (VPC) \$5

LIMIT 15

This is an intermediate and above workshop. You must have a good working knowledge of your DSLR camera and be using a post-production program like Lightroom or Photoshop Elements. We will explore the creativity that aperture, shutter priority, and manual modes can offer while concentrating on macro (close-up) photography. A series of creative exercises will be challenging and self-inspiring. Most of all, it will be fun. The weekly photographic assignments will offer you the opportunity to share your printed work with the class.

Moderator: Larry Pytlinski is an award-winning amateur photographer who, since his retirement, has devoted his time to his passion for photography. He's had several solo shows, and his pictures are currently in several local galleries.

**1735 Solvay Conference of 1927 and the Wireless Revolution NEW**

Tue, Apr 25–May 16, 2:15–3:30 pm (ZOOM) \$5

UNLIMITED

The most notable physicists, mathematicians, and philosophers were in Belgium. The nature of light emerging from atoms was on the table. Platonic truth, beauty, and, yes, goodness prevailed to produce a collaborative dialogue. Paul Dirac was able to hold opposites as complementary and unite from the facts what we now call Quantum Field Theory. It explains why our garage doors open, why we can choose to hear beautiful music from our cell phones while exercising, and why our cell phones produce light.

Moderator: Kirtland E. Hobler MD MS FACS Retired general surgeon, teaching/research/practice Univ. of Rochester and UNC Chapel Hill.

**CLASS LOCATION ABBREVIATIONS**

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

**1736 What Is Jewish Music? UPDATED**

Tue, Apr 25–Jun 13, 2:15–3:30 pm (ZOOM) \$5

LIMIT 40

Join us to explore Jewish music. We will examine both the liturgical and popular music base of Jewish music. We will look at some of the current trends in music and explore the major impacts on and by contemporary popular music. In addition, we will look at Israeli music and its evolution to a trend-setter on the world music stage.

Moderators: Paul Evers, with degrees in mathematics and public health, recently retired as a consultant to hospitals on administrative issues. His musical ability extends to turning on record players, radios, and similar devices. Barbara Taggart-Milberg holds a music education degree from Indiana Univ. A retired programmer-analyst, she has performed as a member of orchestras, bands, and small ensembles.

**2026 Confrontation-Listening Skills: More JOY in Relationships UPDATED**

Wed, Apr 26–Jun 14, 12:30–2 pm (VPC) \$5

LIMIT 25

If you sometimes wish the quality of your communication with others was more enjoyable and even appreciated, then this course might be what you have been looking for. You will learn specific skills (even suggestions of specific words) that research shows, when used appropriately, persons will respond to you in more positive ways. Predictable outcome: more JOY in relationships! This is definitely a participation class where we practice skills in a safe environment.

Moderator: Everett Nissly, BS, Ball State Univ.; MEd, Miami Univ.; retired school principal/administrator, past adjunct instructor of Effectiveness Training for Educators (six different colleges/universities), world traveler.

**2027 Parallel Lives on Stage: Pairing Tragedy and Opera NEW**

Wed, May 3–Jun 7, 12:45–2 pm (VPC) \$5

LIMIT 60

Stemming from a partnership between the Classics Department at UC and Cincinnati Opera, this six-week multimedia course combines the close reading of ancient Greek tragedies with live performances of arias from famous operas provided by Cincinnati Opera. We will discuss together how human characters (both in Greek tragedy and live opera) deal with all the complex emotions of our inner life. Our discussion will concentrate on how each art form confronts its audience with dangerous questions and open dilemmas.

Moderator: Cecilia Cozzi is a PhD candidate (soon to be doctor) in Philology at UC. She received both her BA and her MA from Univ. of Trento (Italy). Her PhD thesis employs psychoanalytical categories to investigate how fathers and sons negotiate inheritance in its broad implications (both tangible and spiritual) on the tragic stage.



**2028 C. G. Jung's "Red Book," Part 2 UPDATED**

Wed, Apr 26–Jun 14, 12:45–2 pm (VPC) \$5

LIMIT 30

We will continue our intensive study of Jung's germinal research work *Liber Novus*, or the *Red Book*. We will review major Jungian concepts such as Shadow, Self, and Archetypes. We will also read passages in the *Red Book* and discuss the many visual illustrations that are among the contents of this amazing expression of the roots of analytical psychology. No need to have taken Part 1 to participate.

Moderator: Jim Slouffman has been an artist and educator for 50+ years. He received his BFA from Wright State Univ. and MFA from UC. He is a member of the Greater Cincinnati Friends of Jung where he has presented on a variety of subjects.

**2029 Renewing Our Constitutional Democracy UPDATED**

Wed, May 3–Jun 14, 12:45–2 pm (VPC) \$5

LIMIT 40

The US Constitution is a wonderful document; it focuses on creating the structure for a government that derives its powers from the consent of the governed. But it does not define HOW to govern; those rules are left to the members of Congress. However, too many of these rules have been designed to serve the interests of the members of Congress, their parties, and donors. We will explore the details of new rules that define how citizens might prefer to be governed and how those "Citizen Rules" might be implemented.

Moderator: Robert Viney is a Naval Academy graduate and former nuclear submarine officer, business executive for P&G, chief marketing officer for Arm & Hammer, business coach, and adjunct professor of organizational leadership at UC. He is the author of *American Turning Point—Repairing and Restoring Our Constitutional Republic*.

**2030 Understanding Personality Disorders NEW**

Wed, May 3–Jun 7, 12:45–2 pm (VPC) \$5

LIMIT 24

Personality is the front door to our interactions with society, other individuals, and ourselves. But what happens when those thoughts, feelings, and behaviors become maladaptive and negatively affect those interactions? That is what is defined as a personality disorder, perhaps the hardest to treat and most difficult to understand of all the mental illnesses. We will examine the ten personality disorders, as listed in the DSM-V, including the history, recognition, response, and treatment of these often-disabling disorders.

Moderator: T. Victor Lloyd, MTh, MAPC, is a caseworker and Law Enforcement Training Specialist. He has 30 years' experience as a mental health professional and 20+ years' experience providing education and training on mental illness and crisis intervention to law enforcement and other professionals both locally and throughout the US.

**2031 Culture, Society, and Global Public Health NEW**

Wed, Apr 26, 12:45–2 pm (ZOOM) \$0

UNLIMITED

Global health continues to expand in importance as existing, emerging, and resurging infectious and non-infectious diseases confront our world. Public health issues are not unique to a country or region, rather intertwined among regions within a country, among countries on the same continent, and between continents around the world. The current COVID-19 pandemic starkly attests to this interdependence. This course explores contemporary issues and problems in global health through an interdisciplinary perspective. We will discuss the role of culture and tradition in society to address global public health challenges.

Moderator: Tesfaye Mersha, PhD, professor, UC department of pediatrics, focuses his research on the interplay between biology and environmental conditions, genomics, genetic ancestry, racial disparities, personalized medicine, and bioinformatics.

**2124 Telling Your Story UPDATED**

Wed, Apr 26–Jun 14, 2:15–3:30 pm (VPC) \$5

LIMIT 12

Telling stories of our lives is a rewarding way to appreciate ourselves and to welcome others to hear us. Sharing reaps bushels of caring, insight, and satisfaction—for you, family, and friends. This class offers prompts and guidelines for telling stories to improve experiences with telling. You will prepare stories for oral presentation or write stories for reading aloud. Either way, getting your voice heard delivers rewards. Join us to expand your horizons and have fun.

Moderators: Bill Menrath and Karen Zaugg, both familiar moderators with OLLI, have experience with telling and continue to hone skills. They find that the sharing of stories opens the heart and mind.

**2125 Layperson's Guide to Understanding and Responding to Mental Illness UPDATED**

Wed, Apr 26–Jun 14, 2:15–3:30 pm (VPC) \$5

LIMIT 20

One in five Americans in any given year will experience a mental illness (NIMH). Depression, anxiety, and schizophrenia are just three of the nearly 300 different illnesses listed in the Diagnostic and Statistical Manual (DSM-V). What causes mental illness? What are its signs and symptoms? Can it be cured? Why is there so much myth and stigma around mental illness? These are timely questions, and this course will explain the many aspects of mental illness using easy-to-understand language, analogy, and personal experience.

Moderator: T. Victor Lloyd, MTh, MAPC, is a caseworker and Law Enforcement Training Specialist. He has 30 years' experience as a mental health professional and 20+ years'

experience providing education and training on mental illness and crisis intervention to law enforcement and other professionals both locally and throughout the US.

**2126 Taming of the Text: Shakespeare’s Problem Plays NEW**

Wed, May 3–Jun 7 (no class 5/31), 2:15–3:30 pm (VPC) \$5  
LIMIT 25

While Shakespeare’s work has stood the test of time, many of his perspectives and use of tropes around gender, race, and class do not align with contemporary American audience point of view. This five-session weekly course will examine Shakespeare’s most famously problematic plays and interrogate controversial and well-received productions of these plays from the 18th century to today. Professor of Acting and Directing at Washington and Lee University Jemma Levy will be a guest presenter on her adaptation of *The Taming of the Shrew*, produced at Cincinnati Shakespeare Company.

Moderator: Candice Handy, theatre educator, actor, director, and lover of music.

**2127 Gwendolyn Brooks, James Baldwin, and Alice Walker: Three Essential Voices NEW**

Wed, Apr 26–May 31, 2:15–3:30 pm (VPC) \$5  
LIMIT 15

We will discuss Brooks’, Baldwin’s, and Walker’s place in African American literature from the mid-20th century to our present moment in the US. How did each speak to their own communities and those outside their communities, to their own time and to ours?

Moderator: Tim Leonard is a former high school and university teacher in Cincinnati, Columbus, and Chicago. As a teacher in history and philosophy of education, his primary focus was on confronting racism in schools.

**2128 “Fairy and Folk Tales of Ireland,” Edited by W. B. Yeats NEW**

Wed, Apr 26–Jun 14, 2:15–3:30 pm (VPC) \$5  
LIMIT 15

O, come all ye Irish and all others as well. For we are off into the enchanted world of the fairy and the folktale. You are invited to become beguiled through these old, old tales. Text: *Fairy and Folk Tales of Ireland*, edited by W. B. Yeats. Please read the introduction and “Frank Martin and the Fairies” for the first class. NOTE: moderator will read the tales aloud during the class sessions to facilitate discussion.

Moderator: Robert Shanklin, OLLI moderator since 2010, always on literary fiction or poetry, one of the loves of his life. He has moderated many classes on the writer Flannery O’Connor who has served as his training ground.

**2129 “Before They Take Us Away,” Documentary and Discussion NEW**

Wed, May 10, 2:15–4:15 pm (VPC) \$0  
LIMIT 150

This award-winning documentary chronicles the stories of Japanese Americans who “voluntarily” evacuated from the West Coast in the wake of Executive Order 9066 and spent WWII living outside the concentration camps that held their friends and family members. While these “self-evacuees” had their freedom, many faced isolation, poverty and racial violence as they struggled to rebuild their lives. Filmmaker Antonia Glenn and her mother, who is featured in the film, will join us for discussion after the screening.

Moderator: Lynn Hamamoto is passionate about documentaries and what we can learn from them about ourselves and society.

**2130 “American Socialist: The Life and Times of Eugene Victor Debs,” Documentary and Discussion NEW**

Wed, May 17, 2:15–4:15 pm (VPC) \$0  
LIMIT 150

Bernie Sanders inspired a generation—but who inspired him? This is the passionate, thoughtful biography of the founder of the American Socialist Party, five-time presidential candidate and the only presidential candidate in US history to be imprisoned for his campaign platform. This 2017 film explores his values and his fight for social and economic justice. There will be time for discussion after the showing.

Moderator: Lynn Hamamoto is passionate about documentaries and what we can learn from them about ourselves and society.

**2131 Speed Friending: Let’s Chat! NEW**

Wed, Apr 26–Jun 14, 2:15–3:30 pm (ZOOM) \$5  
LIMIT 24

Finding it difficult to make friends in this new age or just always ready to meet new people? Maybe we can talk about retirement, travel, and any good books or movies you’ve experienced lately. Join us for casual, fun, fast-paced afternoons where we will spend time getting to know each other. Come prepared to tell us something about yourself the first week of class.

Moderator: Lisa Burnett is exuberant, enjoys people, and looks forward to meeting you! Her superpower is being a mom!

**CLASS LOCATION ABBREVIATIONS**

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

**2235 Intermediate/Advanced French Conversation UPDATED**

Thu, Apr 27–Jun 15, 9:30–10:45 am (VPC) \$5

*LIMIT 15*

Brush up on your speaking and listening comprehension of one of the most beautiful languages in the world in a relaxed but structured setting. We'll do some grammatical review, but an intermediate knowledge of French is required. This course is conducted primarily in French. Consider pairing this class with #2330 Revision of French Grammar at 11 am.

Moderator: Deanna Hurtubise is a retired high school French teacher. She earned her MA in French language and civilization from UC and is the author of several picture books for children and a series of French historical fiction for middle schoolers.

**2236 Visits with Medical Specialists and Experts UPDATED**

Thu, Apr 27–Jun 15, 9:30–10:45 am (VPC) \$5

*LIMIT 100*

Each week we will have a different medical expert present: an orthopedist, medical oncologist, pulmonologist, cardiologist, physical therapist, nurse practitioner, and ophthalmologist. They will speak on aspects of their fields and take questions from the class.

Moderator: Richard Wendel, MD, MBA, is a retired urologist and published author. He continues to participate in resident training and is active as a SCORE counselor.

**2237 How Music Means UPDATED**

Thu, Apr 27–Jun 15, 9:30–10:45 am (VPC) \$5

*LIMIT 40*

No musical background is required for this class, only a curiosity about how composers use the elements of music (intervals, chords, melody) to fashion metaphors in sound for the experiences of life. Rick will share these elements "before your very ears," demonstrating and improvising on a keyboard in the classroom. We'll also listen to scores, some by Rick, to discover composers' "tricks." We'll tackle some big questions: Does music mean anything? If musical gestures "metaphorize" life experiences and states of mind, then how? What is greatness in music? Make it a musical morning by pairing this course with 2334 For the Love of Music at 11 am.

Moderator: Rick Sowash is a composer and author. He publishes his own sheet music, CDs, and books. His music is heard on classical music radio including WGUC. His clarinet concerto was recorded by the St. Petersburg Symphony. His cello concerto premiered at Carnegie Hall. He has written 400 works of music and eight books. More info at [www.sowash.com](http://www.sowash.com).

**2238 Psychology and Religion: Friends or Foes? NEW**

Thu, Apr 27–May 25, 9:30–10:45 am (VPC) \$5

*LIMIT 36*

Psychology and religion often deal with the same subjects—that is, with people and communities who label themselves "religious"—but do so from different perspectives and with different assumptions. Some viewpoints in psychology exclude an objective validity to the claims of religious believers, while some religious views exclude any validity to scientific psychology. We will explore both the history of this relationship and how the two approaches might be reconciled in a way that respects the dome of each.

Moderator: Don Maloney taught psychology, philosophy, and religion for Univ. of Maryland at US military bases in Europe and Asia. He has also taught at several stateside universities, most recently XU. After receiving his master's from Gonzaga Univ., he did post-graduate study at Boston College and at universities in France and Germany. He was previously an OLLI instructor in Denver.

**2330 Revision of French Grammar, Continued UPDATED**

Thu, Apr 27–Jun 15, 11 am–12:15 pm (VPC) \$5

*LIMIT 15*

Review and refresh your knowledge of French grammar to help you feel more confident in using the beautiful French language. Course will be geared to speaking correctly with emphasis on usage and pronunciation. This is NOT a beginner class; some previous knowledge of French grammar is required. Consider pairing this class with #2235 Intermediate/Advanced French Conversation at 9:30 am.

Moderator: Deanna Hurtubise is a retired high school French teacher. She earned her MA in French language and civilization from UC and is the author of several picture books for children and a series of French historical fiction for middle schoolers.

**2331 French for the Fun of It NEW**

Thu, Apr 27–Jun 15, 11 am–12:15 pm (VPC) \$5

*LIMIT 20*

Through colorful resources like toys, dioramas, sleight-of-hand tricks, funny hats, mystery objects, etc., you will learn basic French. Via humorous anecdotes, Rick will share his knowledge of the culture and history of France, the land of his ancestors that he has visited many times. You will "repeat after me," learning to pronounce French words and phrases. Through impromptu guided dialogues, you will learn how to politely ask for directions, check into "un hôtel," order "un café et un croissant," and locate "les toilets" (an important skill!).

Moderator: Rick Sowash is a classical composer and the author of eight books. He publishes his own sheet music, books, and CDs. For seven years, he taught high school French at Leaves of Learning, a Cincinnati alternative school. He and Jo, his wife of 50 years, love France and French culture. More info at [www.sowash.com](http://www.sowash.com).

**2332 Glaciers, Earthquakes/Tsunamis, Erosion in Utah, Formation of Mountains**

Thu, Apr 27–Jun 15, 11 am–12:15 pm (VPC) \$5  
*LIMIT 36*

We will begin with how the glaciers helped form the Ohio River in our area, then to Kentucky to see how limestone helps form the bones of horses as well as the stalactites in Mammoth Cave, then to Vietnam for more Karst topography. Next to our Pacific Northwest and the Scablands caused by melting glaciers/Missoula floods. We'll look at erosion in arid areas like Utah and Arizona; examine earthquakes and the destruction they cause, including tsunamis; and conclude with the formation of the Appalachian Mountains.

Moderator: Richard Longshore, MD, is a graduate of XU and Univ. of Louisville College of Medicine. He is NOT a geologist, but he has an interest in what we see around us.

**2333 Playing with Watercolor NEW**

Thu, Apr 27–Jun 15, 11 am–12:15 pm (VPC) \$5  
*LIMIT 20*

Jill Mitchell taught herself watercolor painting during COVID, and you can learn too! Besides painting, we will focus on how to learn, how to see, and some good resources. We will start by exploring how watercolor paint acts, how your brushes work (making strokes), mixing colors, and different paints and papers We'll move on to a little about perspective; seeing shape, light, and shadow; and doing painting exercises. Learn by doing! You will need to purchase some supplies (paint, paper, brushes), and will receive a list after registration.

Moderator: Jill Mitchell worked in IT and loves her iPhone and iPad. She has experience with sewing/embroidery design and making pottery, but painting was new to her! She gardens, reads, plays tennis, and loves finding new travel experiences.

**2334 (VPC) / 2335 (ZOOM) For the Love of Music UPDATED**

Thu, Apr 27–Jun 15, 11 am–12:15 pm, \$5  
*VPC LIMIT 150 / ZOOM UNLIMITED*

We will sample excerpts and discuss forthcoming performances by Cincinnati Symphony Orchestra, Chamber Music Cincinnati, Linton Chamber Music, Cincinnati Ballet, and other musical organizations to explore great compositions. Contexts include performance practice and reception history, composers, and performers. Consider making it a musical morning by pairing this course with #2237 How Music Means at 9:30 am.

Moderators: Bob Zierolf is a retired UC vice provost, dean of the Graduate School, and professor of music theory at CCM. Steve Winter is a retired GE engineer with no formal musical training who has enjoyed classical music for most of his adult life.

**2473 Vipassana Meditation Practice UPDATED**

Thu, Apr 27–Jun 15, 12:45–2:45 pm (VPC) \$5  
*LIMIT 10*

If you have prior experience with the fundamentals of vipassana meditation practice, this class offers an opportunity to cultivate the Buddha's way of liberation through the practice of ethics, meditation, and insight. More technical explanations concerning the practice procedures will be introduced. The session starts with a short chanting and follows by the walking and sitting practices. Thorough discussion about the practice experiences will follow. The session is concluded with an extended loving-kindness observation. Each class meets for two hours.

Moderator: Manit Vichitchot has been practicing vipassana meditation on a consistent basis since January 2009. Since then, he has participated in numerous intensive vipassana meditation Retreats in Thailand.

**2474 (VPC) 2475 (ZOOM) A Closer Look: Dixie Selden (1868-1935), Friends, and Mentors NEW**

Thu, Apr 27, 12:45–2 pm, \$0  
*VPC LIMIT 150 / ZOOM UNLIMITED*

Art historian Sandra Geiser delves into the emergence of Cincinnati artist Dixie Selden by exploring her training and connections with artists and movements in Cincinnati and in Europe during the 19th–21st centuries. Letters, photographs, and art enrich and provide insights. The influences of Frank Duveneck, Elizabeth Nourse, William Merritt Chase, and Henry B. Snell are intriguing.

Moderator: Sandra Geiser

**2476 (VPC) / 2477 (ZOOM) 100 Things to Do in Cincinnati before You Die: A NEW Edition NEW**

Thu, May 4, 12:45–2 pm, \$0  
*VPC LIMIT 150 / ZOOM UNLIMITED*

Editions of Rick Pender's book have been keeping Cincinnatians and visitors busy for years. Since the previous edition (2019), a lot has changed in food and drink, music and entertainment, sports and recreation, culture and history, and shopping. The third edition has new items and numerous updates. Pender is a veteran Cincinnati journalist, theater critic, historian, and tour guide. His previous books include *Oldest Cincinnati* and *The Cincinnati Bengals: An Illustrated Timeline*.

Moderator: Rick Pender

CLASS LOCATION ABBREVIATIONS	
ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus



**2478 (VPC) / 2479 (ZOOM) Advertising That Wowed Us NEW**

Thu, May 11, 12:45–2 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

If you remember the cigarette slogans and all the words to Oscar Meyer jingles, this presentation is for you. Deb Price has done multiple talks on a wide range of topics, from food to history to just plain fun.

Moderator: Deb Price

**2480 (VPC) / 2481 (ZOOM) Protecting LGBTQ+ Students and Students of Color NEW**

Thu, May 18, 12:45–2 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

Book bans and legislation targeting LGBTQ+ students and students of color are increasing. During the 2021-22 school year, 138 school districts adopted book bans restricting access to 1,648 titles with the majority related to race, sexual orientation, or gender identity. Shawn Jeffers will review proposed legislation targeting vulnerable populations, discuss who is behind the bans, and share strategies for how we can advocate for students. Jeffers, Director of Leadership Development for Youth at the Center and lead trainer for GLSEN, Greater Cincinnati, is an advocate for inclusion and student voice.

Moderator; Shawn Jeffers

**2482 (VPC) / 2483 (ZOOM) History of Cincinnati's Unique Foodways NEW**

Thu, May 25, 12:45–2 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

The presentation is based on Polly Campbell's book, *Cincinnati Food, a History of Queen City Cuisine*. Cincinnati developed its quirky and distinctive regional menu over the last 200 years or so, influenced by geography, immigration, and other historical forces. Today, our unique history continues to be inspirational for the local food scene. Campbell was the food writer and restaurant reviewer at the Cincinnati Enquirer, 1996–2020. Her experiences reviewing restaurants and writing about butchers, bakers, ice cream makers, farmers, chefs, and heritage food producers formed the basis of her book.

Moderator: Polly Campbell

**2484 (VPC) / 2485 (ZOOM) Grand Circle of Utah Parks NEW**

Thu, Jun 1, 12:45–2 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

This photo presentation follows the route of the Road Scholar program of the same name that Rick Takanen and his wife, Kathy, took in 2017 to all five National Parks in Utah as well as several other sites including Monument Valley and Upper Antelope Canyon. Takanen has been a member of OLLI since retiring from GE in 2009. He administers the Facebook page

Friends of Road Scholar with 9,400 members and looks forward to sharing his travel adventures with you.

Moderator: Rick Takanen

**2486 (VPC) / 2487 (ZOOM) Joe Nuxhall: The Old Lefthander NEW**

Thu, Jun 8, 12:45–2 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

Author John Kiesewetter tells Joe Nuxhall's favorite baseball stories and some of his own favorite stories about "Nuxy," the beloved Cincinnati Reds broadcaster and former pitcher, from his book, *Joe Nuxhall: The Old Lefthander and Me*. In many recorded conversations, Nuxhall, the youngest Major League Baseball player (age 15 in 1944), told John about his pitching and broadcasting career, the Reds stars he played with or watched from the radio booth, his 31-year partnership with Marty Brennaman, and the pranks they played on each other in the booth.

Moderator: John Kiesewetter

**2488 (VPC) / 2489 (ZOOM) Into the World of Cincinnati's Great Female Art Collectors NEW**

Thu, Jun 15, 12:45–2 pm, \$0

VPC LIMIT 150 / ZOOM UNLIMITED

Four women contributed foundational art collections to both the Cincinnati Art Museum and the Taft Museum of Art. Working with curators, archivists, and historians, Steve Albert, a lifelong arts enthusiast, has created an entertaining and enlightening presentation providing insights into the lives of this quartet. He will take a deep dive into the life and times of Mary Hanna and her fabulous art collection, which is now housed in the Cincinnati Art Museum.

Moderator: Steve Albert

**2525 Responding to the Challenge of Global Warming NEW**

Thu, May 4–Jun 15, 2:15–3:30 pm (VPC) \$5

LIMIT 15

We will consider works by filmmakers, poets, musicians, and artists who have expressed their alarm about global warming—doing as Walt Whitman encouraged: "sounding a barbaric yawp over the roofs of the world." We will focus on three movies: *Mother*, *Don't Look Up*, and *Kiss the Ground*—viewed at home prior to discussion in class. We will also consider poetry, music, and art that sound the alarm about global warming. In our final class, you will share a creative expression/yawp of your own that our discussions will be aimed at encouraging

Moderator: Mark Breitenstein is a retired educator. He has an MA in English Literature from XU and an MA in Composition from Univ. of Massachusetts. He taught English in high schools and college before retiring.

**2526 Truth or Lies NEW**

Thu, Apr 27–Jun 15, 2:15–3:30 pm (VPC) \$5

LIMIT 25

Learn how to distinguish between the truth and lies through simple, yet effective, decision-making strategies that can enable you to protect yourself from reality distortion. The reality distorters that we all experience can be difficult for us to identify. They include blind spots, disinformation, misinformation, noise, cognitive bias, contextual deception, gaslighting, greenwashing, cybercrimes, identity theft, and online fraud. This course is integrative, interdisciplinary, and interactive and includes the expertise of guest speakers using authentic examples and practical exercises.

Moderator: Ralph Brueggemann, MBA, MEd, is an adjunct professor at the UC College of Engineering and Applied Science. He has experience in independent consulting, quality improvement, nonprofit board experience, and developing commercial products for national and international corporations.

**2527 iPhone Basics UPDATED**

Thu, Apr 27–Jun 15, 2:15–3:45 pm (VPC) \$5

LIMIT 25

Whether you are new to the Apple iPhone, need a refresher, or just suspect there might be a bit more you can do with it than make calls, this is the class for you. Beginning with buttons and hardware, lock and unlock, contacts, control center, gestures, phone apps, messages, mail, photos, iCloud, and much more, we will cover many of the basics AND be flexible to needs of class. We will be using the latest IOS 16 (iPhone Operating System). This class is for users of Apple iPhones only!

Moderators: Janet Keller has been an avid fan of Apple products for almost 30 years. She loves learning new ways to use technology and sharing that knowledge. Karen Klein has been a longtime Apple enthusiast going back to her first Mac computer in 1988 and her first iPhone in 2009. She loves to share and learn about all things Apple.

**2528 (VPC) / 2529 (ZOOM) Supreme Conservative and Liberal Activism by Justices Making Law NEW**

Thu, Jun 1–15, 2:15–4:15 pm, \$5

VPC LIMIT 150 / ZOOM UNLIMITED

Learn about the Supreme Court's highly contested decisions on abortion, gun rights, religious liberty, environmental protection, business regulation, voting rights, affirmative action, and more. Professor Tolley will examine how political ideology, legal principles, and personal preference impact the appointment of justices, the decisions they reach, judicial activism, and the alignment of conservative and liberal voting blocs.

Moderator: Howard Tolley is Professor Emeritus of political science and former adjunct professor of law at UC where for 27 years he taught undergraduate and graduate public law courses including classes on the US legal system, civil liberties, and international human rights.

**2530 Unshakable Habits, Part 2: Is Habit Elimination a Realistic Goal? NEW**

Thu, May 4–18, 2:15–3:30 pm (ZOOM) \$5

LIMIT 16

While creating a new habit is hard, eliminating a habit is even harder! Failed resolutions further shake our confidence, so what's next? Join Vibrant Aging Coach Sharon Byrnes and OLLI friends in following a proven path based upon James Clear's book *Atomic Habits*, plus other psychs' and philosophers' perspectives. Habits determine quality of life now and in the future. Let's take action now to eliminate what no longer serves us. Budget 15–20 minutes for weekly homework and group interaction. What have you got to lose? No need to have taken Part 1 to participate.

Moderator: Sharon Byrnes, internationally Certified Yoga Therapist, addresses the needs, desires, and abilities of seniors to maintain/improve wellness because "everyone deserves to feel vibrant, connected, and at ease." Her body-mind balance programs have helped many people, including those with neurologic disorders, to avoid injurious falls. She believes healthy habits can add life to our years.

**2531 Great Literature from Other Lands NEW**

Thu, Apr 27–Jun 15, 2:15–3:30 pm (ZOOM) \$5

LIMIT 40

We'll read two great novels: *Madame Bovary* by Gustave Flaubert and *Anna Karenina* by Leo Tolstoy, with an eye to how they differ as literature and as culture and what qualifies them as great literature. This class is for enjoyment first and discussion second, so come and talk a lot or stay silent.

Moderator: John Briggs has moderated numerous courses and has advanced degrees in literature and education. He welcomes all viewpoints and is happy with people who have a lot to say or those who simply want to watch and listen.

**2607 Greatest Photographs of All Time UPDATED**

Fri, Apr 28–Jun 16, 9:30–10:45 am (VPC) \$5

LIMIT 36

We'll review the greatest photo selections presented by Time and Life magazines, the Newspaper Museum in Washington, DC, and several internet sites to aid in creating a library of the greatest photos of all time. We'll discuss the story behind each. You will offer suggestions and critiques to help establish our final selections. These photos are spectacular, inspiring, emotional, dramatic, riveting, and even terrifying. We will consider images of sports, animals, art, sunrises and sunsets, land and seascapes, babies and children, wonders of the world, and much more.

Moderator: Neal Jeffries has a lifelong interest in photography, so he wants to identify the very best photos in the world. And he wants to know which ones you like best, so we will consider photos you submit. It's fun, and also there's a lot of emotion in these dramatic photographs.

**2608 Warblers, Warblers, Warblers (Plus Vireos, Thrushes, and More) NEW**

Fri, May 12, 9:30–11 am (VPC); Sat, May 13, 9–11 am (Sharon Woods Park) \$5

*LIMIT 15*

Spend Friday and Saturday morning with some feathered friends. On Friday at 9:30 am, we'll meet in the classroom to go over bird ID and birdsong. On Saturday morning at 9 am, we'll meet at Sharon Woods Park to view the migrating birds. Registrants will receive details about meeting location.

Moderator: Rick Marra is an avid birder and wildflower hobbyist who spends much of his free time observing and enjoying our native birds and those that are just passing through.

**2710 Guided Photowalks for Fun and Great Pictures UPDATED**

Fri, Apr 28–Jun 16, 11 am–12:15 pm (VPC and Various Locations) \$5

*LIMIT 20*

Walk with us photographing interesting sites that you will pick from our lists or suggest. Photograph one week, discuss the photographs the next week at VPC. Class will start at VPC on April 28 with explanation then move to the Cincinnati Zoo for photography. We have indoor sites in the event of rain. After an hour to an hour and a half photo session, we will break for an optional lunch. Photo books of previous adventures available at the OLLI office. Questions, call Peter: 513-236-6402. We have shot everything, loving every minute

Moderators: Peter Nord—scientific, commercial/industrial, personal types of photography, 70+ years of experience. Dennis Foster—TV news photography with local stations, travel (ask him about his pictures from Africa and India!), fine art, loves entering contests, once filmed a harness race while seated next to the driver.

**2711 Introduction to American Sign Language through Song UPDATED**

Fri, Apr 28–Jun 16, 11 am–12:15 pm (VPC) \$5

*LIMIT 12*

American Sign Language is a beautiful, practical, and fun skill. In this class, we will start with the alphabet and work our way up to vocabulary needed to interpret a selected song in sign. In addition to practicing basic ASL signs, you will notate ASL vocabulary, construct sentences in ASL, discover resources to learn new signs, and touch on principles of Universal Design and how they intersect with Deaf culture and history. Both new and returning students are welcome!

Moderator: Kristin Suess, in addition to being a professional singer, arts administrator, serial student, and Program Coordinator for OLLI, has trained in ASL off-and-on since she was in kindergarten. She attended Cincinnati State's Interpreter Training program with the thought of going into theatrical interpreting but cut her training short and finished with a certificate in Deaf studies.

**2712 Legendary Foods of France: A Culinary Tour NEW**

Fri, Apr 28–May 12, 11 am–12:15 pm (ZOOM) \$5

*UNLIMITED*

Food is an integral part of French culture, and few countries are as celebrated as France for its inventive approach to cooking and dining. From the Loire Valley to the French Riviera, from Bordeaux to Champagne, French regional cuisine is a unique, cultural experience that melds flavorful, healthy foods with beauty, leisure, and elaborate preparation. We'll travel the many regions of France to see why French cuisine deserves its reputation as among the world's best.

Moderator: Larry P. Canepa is a Certified Culinary Educator and Le Cordon Bleu Chef, author, researcher, food historian, and lecturer of culinary topics. He has a dynamic, innovative, engaging style that incorporates food history, culinary arts, education, and "food-tainment" into every class and event.

**2713 Aging, Spirituality, and the Elder's Journey NEW**

Fri, Apr 28–Jun 16, 11 am–12:15 pm (ZOOM) \$5

*LIMIT 30*

Following two previous courses exploring aging as a spiritual journey through the lens of the Hero's/Heroine's Journey, we will now examine the development of the elder as the spiritually mature evolution of the hero/heroine. No need to have participated in the first two sessions. Using fairytales, Jungian psychology, and modern stories to prompt discussions, we will consider how aging consciously can transcend the heroic, why it is inherently a mature spiritual journey, and how it applies to what has been popularly called the second half of life.

Moderator; Rick Warm teaches classes and facilitates programs on wisdom, aging, and spirituality as well as leadership. He has a PhD in leadership and change from Antioch Univ. and is director of the Center for Wisdom and Leadership.

**2838 History from the Cincinnati Enquirer Archives NEW**

Fri, Apr 28, 1–3 pm (VPC) \$0

*LIMIT 150*

As Cincinnati Enquirer librarian, Jeff Suess has researched and archived photos and stories from the newspaper for many years. He will talk about the history of the Enquirer's archives, how things have changed over the years with advances in technology, and how he uses the archives for his history articles. He will also share some of his favorite stories, photos, books, and other items from the newspaper files.

Moderator: Jeff Suess is the history columnist and librarian at the Cincinnati Enquirer. He is also the author of several Cincinnati history books including *Lost Cincinnati*, *Hidden History of Cincinnati*, *Cincinnati Then and Now*, and *Cincinnati: An Illustrated Timeline*, and co-author of *The Cincinnati Bengals: An Illustrated Timeline*.

**2839 Powerful Presentations in PowerPoint**

Fri, Apr 28, 1–3 pm (ZOOM) \$0

*UNLIMITED*

Learn how to develop, format, and deliver powerful PowerPoint presentations. The class objectives are to understand presentation fundamentals and how to format content that engages your audience. This class is ideal for anyone who is making presentations for family, work, or a volunteer organizations—and especially for OLLI moderators.

Moderator: Susan Thomas worked in industry for 35 years (P&G, Boeing, Micron) and brings her considerable expertise to this program.

**2840 StrayHaven: Tales of Rescue, Saving Lives One**

**Transport at a Time** **NEW**

Fri, May 5, 1–3 pm (VPC) \$0

*LIMIT 150*

StrayHaven is a completely volunteer-run rescue that, through a network of foster homes, partners with other rescues to transport and rehabilitate dogs and cats from under-supported rural communities to be placed with loving fur-ever homes in the Tristate. Learn more about the logistics of a foster-based rescue organization and StrayHaven’s specific rural community focus. And, yes, there will be adoptable animals for you to meet!

Moderator: China Pittenger is founder and director of StrayHaven. Its primary mission is to rescue and find homeless pets amazing homes. StrayHaven is a foster-based program striving to heal the heart and soul while instilling confidence in these abandoned fur babies.

**2841 Only Hope: My Mother and the Holocaust**

**Brought to Light** **NEW**

Fri, May 12, 1–3 pm (ZOOM) \$0

*UNLIMITED*

Before she passed away in 1974, Felicia Bornstein Lubliner wrote about her internment in ghettos and concentration camps (Auschwitz and Gross-Rosen) in Nazi-occupied Poland. Her powerful stories have been published by her son, Irving Lubliner, who also contributed the foreword and afterword to *Only Hope: A Survivor’s Stories of the Holocaust*. He will share excerpts, shedding light on his mother’s experiences and indomitable spirit, as well as his own experience as a child of Holocaust survivors. He will pause during and after his presentation to invite questions and discussion.

Moderator: Irving Lubliner teaches math, music, and literature classes for OLLI at Southern Oregon Univ (SOU). An emeritus SOU professor specializing in mathematics education, he taught for 40 years (all levels, kindergarten through graduate school), led seminars for teachers in 39 states, and gave 350 conference presentations, including several keynote addresses. He has given this presentation for 73 other OLLIs nationwide.

**2842 Nine Months in an RV**

Fri, May 19, 1–3 pm (VPC) \$0

*LIMIT 150*

With no prior experience, Chris and Greg purchased an RV and spent nine months travelling the US. In this educational—and sometimes amusing—presentation, Chris shares the good, the bad, and the ugly! Hear the highlights about the 62 different places they stayed (including rest areas and a Walmart parking lot) and what they learned along the way. You might be inspired to plan your own trip.

Moderator: Chris Klein is a self-employed healthcare writer. She is able to work remotely, which provides the opportunity to work almost anywhere, including an RV. She’s a lifelong Cincinnati who travels every chance she gets.

**2843 Review of the Human Immune System and Genetics** **NEW**

Fri, May 26, 1–3 pm (VPC) \$0

*LIMIT 150*

The human immune system and genetics are timely subjects, yet we are just beginning to understand their complexity. This session is designed to give you a frame of reference about what we know and do not know about them.

Moderator: Richard Wendel, MD, MBA, is a retired surgeon who retains his medical license to practice and is active in the residency training program at TriHealth.

**2844 Medicare 101** **UPDATED**

Fri, Jun 2, 1–3 pm (VPC) \$0

*LIMIT 150*

Confused about Medicare? This course is designed to go over the federal Medicare program and will discuss Medicare Part A, B, C, D and Medicare Supplements. Learn how the programs are designed to work and what to consider when making a decision for you or a loved one. No sales material will be discussed as this is a purely educational presentation.

Moderator: Jonathan Wallace is a full-time insurance broker who specializes in Medicare-based products since 2011.

**2845 Writing a Legacy Letter**

Fri, Jun 2, 1–3 pm (ZOOM) \$0

*LIMIT 20*

A legacy letter (also called an ethical will) is a written document that allows you to share your life lessons, express your values, and transmit your blessings to future generations. A legacy letter is shorter than a memoir, typically just a few pages. Writing one is a rewarding experience that creates an enduring gift for family and friends. This one-session online workshop includes discussion and brief writing exercises; it offers advice, encouragement and a model structure to help you draft and complete your own legacy letter. You may sign up for this section or #2848, but not both.



Moderator: Jay Sherwin has practiced law, given away money for five different charitable foundations, and served as a hospital chaplain. In 2019, he created the Life Reflections Project to educate people about legacy letters, ethical wills, and other legacy documents. He has extensive experience facilitating online adult learning programs and has offered this workshop for OLLI programs nationwide.

**2846 History and Literature: “The Lincoln Highway” NEW**

Fri, Jun 9, 1–3 pm (VPC) \$0

LIMIT 50

Historical novels tell interesting stories about a time and its people, requiring extensive research so the writing accurately reflects the history. Using *The Lincoln Highway* by Amor Towles as the launching point, this class will offer a one-hour look at the history of the US in the 1950s, as the country confronted the Cold War, embraced TV and rock and roll, and engaged with civil rights. We will continue with a discussion of the novel as contemporary literature. Readers and history buffs welcome! Reading *The Lincoln Highway* beforehand will enhance your understanding and class discussion.

Moderators: Stan and Diane Henderson are avid readers—Stan reads history, Diane fiction. In other lives, they would have been history and English professors. They now share their passions with us. Pre-retirement, Stan was Vice Chancellor for Enrollment Management and Student Life at Univ. of Michigan-Dearborn, and Diane was an educational program planner/consultant. Both are currently failing retirement.

**2847 Restorative Justice: What It Is and How It Works NEW**

Fri, Jun 16, 1–3 pm (VPC) \$0

LIMIT 150

What if instead of “locking them up and throwing away the key,” the justice system’s response to a crime was to get offenders to take responsibility for their actions, understand the harm they have caused, give them an opportunity to redeem themselves, and to discourage them from causing further harm? Let’s find out how restorative justice can replace traditional methods of justice, which often focus on retribution, and how it may benefit both offender and victim.

Moderator: Mike Shryock is a licensed clinical counselor with many years’ experience working with people who are or have been incarcerated.

**2848 Writing a Legacy Letter**

Fri, Jun 16, 1–3 pm (ZOOM) \$0

LIMIT 20

See description for course #2845.

**3409 Forces of Nature: The Earth and Universe NEW**

Tue, Apr 25–Jun 13, 9:30–10:45 am (ADI) \$5

LIMIT 24

Want to learn more about questions on natural universe forces affecting Earth and beyond? In this non-technical course, we will explore interesting symmetry related to structures, shapes, sizes, and life origins. We will learn about chemical actions, motions of gases and matter, and how light helps study solar system, galaxies, and other inquiries. Please acquire Brian Cox’s colorful *Forces of Nature* (2016) and read chapter 1 as time permits.

Moderator: Dean Moore, precollege and college educator, three degrees from OU and UC.

**3410 Origami (Paper-Folding) UPDATED**

Tue, Apr 25–May 30, 9:30–10:45 am (ADI) \$5 + fee

LIMIT 9

No talent needed to enjoy creating a wide variety of folded-paper figures (Flapping Bird, Box-on-Legs, Fish, Hopping Frog, Kids’ Paper Boat, Butterfly, Bobbing Swan, and many more). You’ll receive illustrated instructions for each project. On the first day, instructors will collect a \$5 fee, which covers all materials for the six classes (including extra paper for you to continue your origami fun at home).

Moderators: Linda Kegg and Jennifer Kegg are looking forward to helping you enjoy becoming an origami “master.”

**3411 Reading around the World: One Book at a Time NEW**

Tue, Apr 25–Jun 13, 9:30–10:45 am (ADI) \$5

LIMIT 12

Why not take a whirlwind tour of many countries without leaving your easy chair? Each week we will land on a different country and meet some fascinating characters. We’ll begin in Canada, our neighbor to the north, with Louise Penny’s *A World of Curiosities*. Complete reading list provided at first class session.

Moderator: Deb Price has been a teacher, restaurant manager, aquatic instructor, professor, and more. She loves history and most books about everything. She has given at least 34 OLLI talks and counting.

**3512 Football 101 UPDATED**

Tue, Apr 25–Jun 13, 11 am–12:15 pm (ADI) \$5

LIMIT 24

Both football novices and armchair coaches will gain a better understanding of the games they might watch on TV or in person. We’ll cover an overview of the current strategies, positions, offenses, and defenses being played at most levels of football. Become a more knowledgeable and enthusiastic fan. Everyone is welcome!

Moderator: Robert Berta coached high school football for 45 years, mostly as head football coach at Turpin High School on the east side of Cincinnati.

**3513 Beyond Science: Creative Answers for Faith, Religion, and Soul NEW**

Tue, Apr 25–Jun 13, 11 am–12:15 pm (ADI) \$5  
LIMIT 24

Curious about human spiritual and religious ideas, early idea origins, and transformations over time? The focus will be on the creative, emotional, and faithful aspects of the human brain and soul in historical perspective before and under major religions. Please acquire a copy of *The Religions Book: Big Ideas Simply Explained* (DK: 2018) and read pages 1–50.

Moderator: Dean Moore, precollege and college educator, three degrees from OU and UC.

**3514 Writing Poetry for Those Who Wrote Long Ago or Never Wrote a Poem NEW**

Tue, Apr 25–Jun 13, 11 am–12:15 pm (ADI) \$5  
LIMIT 12

Begin with this quotation from *Oops* by Alan Katz: “You can write a poem about most anything: people you know, places you’ve been, stuff you won, stuff you want, things you like and things you don’t, and so on. Or you can dip into your imagination and make up characters, items, and such. You could even write a poem about writing a poem. Or not writing a poem.” We’ll share what we write (no pressure), discuss poetic forms (optional), and possibly create a printed collection as a final project.

Moderator: Diane Germaine (choreographer, writer, photographer) was principal soloist of the Paul Sanasardo Dance Company (NYC). She has received grants from the NEA, Ohio Arts Council, and NYS Council on the Arts; created 50+ pieces of choreography; written 400+ poems; wrote and produced “Didi, a Life” and “Not Yet”; and is about to seek publication of her poetry collection *Rehearsing for the Inevitable*.

**3625 Basic Workshop Tools, Tips, and Workbench Ideas NEW**

Tue, Apr 25, 12:45–2 pm (ADI) \$0  
LIMIT 75

Steve Cone offers up what might be one of the more unusual classes you’ll experience at OLLI with a look at workshop tools, tips, and workbench ideas. Cone (MBA) says that the only thing he misses about his white-collar job since he retired eight years ago is the copy machine. He is a handyman who can make, repair, fix, or reconstruct most things, including his 1829 family home in Terrace Park (but not computers!).

Moderator: Steve Cone

**3626 Long-Term Care Medicaid Myths NEW**

Tue, May 2, 12:45–2 pm (ADI) \$0  
LIMIT 75

Olivia Smith will discuss how long-term care Medicaid works and some of the myths about Medicaid. She will confirm and explain how the process actually works. Smith is an attorney practicing in the areas of elder law, estate planning, and estate administration. She has been practicing for almost 16 years and is licensed in Ohio and Kentucky.

Moderator: Olivia Smith

**3627 Amazing Art and Life of Rembrandt NEW**

Tue, May 9, 12:45–2 pm (ADI) \$0  
LIMIT 75

Rembrandt van Rijn (1606–1669) was a Dutch Golden Age painter, printmaker, and draftsman. An innovative and prolific master in three media, he is generally considered one of the greatest visual artists in the history of art and the most important in Dutch art history. His works depict a wide range of style and subject matter from portraits and self-portraits to landscapes, allegorical and historical scenes, biblical and mythological themes, and animal studies.

Moderator: TBA

**3628 Your Hard-Earned Possessions: Downsizing, Donating, and Recycling UPDATED**

Tue, May 16, 12:45–2 pm (ADI) \$0  
LIMIT 75

Jack Brendamour, CEO of Junk King, is an expert in downsizing. He’ll help you understand the best outlets for disposing of or recycling different household items along with other downsizing suggestions. As you let go of your sometimes-sentimental possessions, it’s helpful to receive donating and recycling advice that considers what is best for our community and the environment.

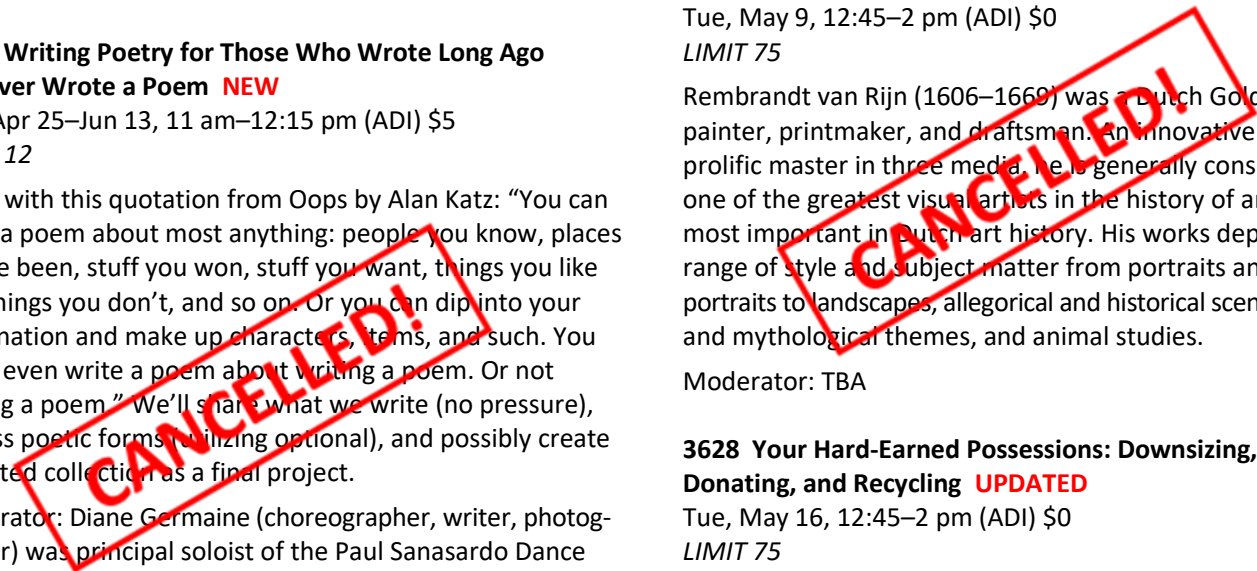
Moderator: Jack Brendamour

**3629 Tour Adath Israel**

Tue, May 16, 12:45–2 pm (ADI) \$0  
LIMIT 25

You may go to classes at Adath Israel, but have you been curious about the beautiful stained-glass windows, ritual items, Jewish holidays, and more? Our guide, Jo-Ann Casuto, has been leading tours of Adath Israel for 50+ years.

Moderator: Jo-Ann Casuto



**CLASS LOCATION ABBREVIATIONS**

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

**3630 James Webb Space Telescope NEW**

Tue, May 23, 12:45–2 pm (ADI) \$0

LIMIT 75

What is the James Webb Space Telescope and how does it compare to Hubble? Let's see as we compare pictures from both of these amazing space telescopes. Jack Baldwin has had an interest in space telescopes for a long time. As an engineer, he is interested in the technology, and as a space enthusiast, he is interested in the pictures.

Moderator: Jack Baldwin

**3631 Something from Nothing: How the Universe Began NEW**

Tue, May 30, 12:45–2 pm (ADI) \$0

LIMIT 75

How did the universe begin? We have no idea! Or do we? Jack Berninger will take us on an exploration of many of the mysteries of the universe. Is there a theory of everything? What are the conflicts between general relativity and quantum mechanics? Berninger is a retired science teacher who loves exploring the oneness of the universe.

Moderator: Jack Berninger

**3632 Family Bicycling in the USA NEW**

Tue, Jun 6, 12:45–2 pm (ADI) \$0

LIMIT 75

For the Bishops, long-distance bicycling is a family affair. Carl Bishop will share his bicycling adventures by himself, with his son David, and with his wife, Mary, in over a dozen states. Cathy Bishop-Clark will describe her bicycle ride across the US from San Diego, California, to St. Augustine, Florida. Carl is a retired adjunct professor of chemistry and mathematics from Miami University, Hamilton. Cathy is a CIT professor and former dean of the Miami University Regionals.

Moderators: Carl Bishop, Cathy Bishop-Clark

**3633 Power of Conscious Breathing for Ultimate Health UPDATED**

Tue, Jun 13, 12:45–2 pm (ADI) \$0

LIMIT 75

This experiential workshop explores various breathing techniques to help heal and balance the mind, body, and spirit. Learn how restricted breath patterns affect the body. Understand and experience how thoughts and suppressed emotions are stored in the body, often leading to chronic pain or distress. Learn how to use the breath for more energy, greater mental clarity, relief from pain, and a deep sense of realization and peace. Mary Schoen, certified Breathwork facilitator, has taught and worked extensively with the vehicle of the breath as an agent of healing.

Moderator: Mary Schoen

**3812 Short Course in Energy Conversion UPDATED**

Thu, Apr 27–Jun 15, 9:30–10:45 am (ADI) \$5

LIMIT 24

Energy: what is it, where does it come from, where does it go, how does it change, and how do we use it? We will take a non-technical look at these questions as well as explore our past and present energy sources and uses. We will also speculate about possible future sources and uses of energy.

Moderator: Jim Rauf, BA physics, Thomas More College; BME, mechanical engineering, Univ. of Detroit. Retired from GE Aviation where he was a manager and principal engineer in the Commercial Engines Product Support Group.

**3813 Managing a Home Project or Big Event on Time, Budget, and Scope**

Thu, Apr 27–May 25, 9:30–10:45 am (ADI) \$5

LIMIT 20

Whether you have a list of home projects or volunteer on a team to plan a big event, this course provides you with tools, tips, and techniques to establish and implement effective and efficient ways to "get things done" on time, on budget, and on scope. This course is based on the Project Management Institute's methodology: Initiating (Week 1), Planning (Week 2), Executing (Week 3), Monitoring and Controlling (Week 4), and Closing (Week 5).

Moderator: Susan Thomas worked in industry for 35 years (P&G, Boeing, Micron) and brings her considerable expertise to this program.

**3915 Travel Photography NEW**

Thu, Apr 27–Jun 15, 11 am–12:15 pm (ADI) \$5

LIMIT 12

Travel photography is more than just toting along a camera and snapping pictures. This class will show you how to plan a trip with photographic potential, select the right equipment for your trip, and take pictures that tell your travel stories. We will provide tips and techniques to help you develop your personal style of travel photography. Assignments will permit you to practice your skills at local scenic attractions and events. You will learn from each other's accomplishments and, most of all, have fun doing it.

Moderators: Peter Skottegard is a retired engineer and an enthusiastic lifelong traveler with a passion for photography. He will share his experiences (good and bad) and photography from all seven continents. Dennis Foster's professional career includes photography, motion pictures, film, television, video production, multimedia and software development. Now with digital cameras, he does photography for the simple joy of it.

**3916 More Mound Builders of Ohio NEW**

Thu, Apr 27–Jun 15, 11 am–12:15 pm (ADI) \$5  
*LIMIT 24*

We will continue our study of the mound builders of Ohio in this new course (no need to have participated in the earlier version). We will explore the religion of these woodland people for the first four weeks . We will finish the second four weeks with field trips to mounds and important earthworks in southern Ohio. You will be responsible for providing your own transportation to the field trips.

Moderator: Jim Slouffman has been an artist and educator for more than 50 years. He received his BFA from Wright State Univ. in 1972 and his MFA from UC in 1976. He is a member of the Greater Cincinnati Friends of Jung where he has presented on a variety of subjects. He is President Emeritus of the Wagner Society of Cincinnati.

**3917 Wild, Weird, and Wonderful Stories from the Apocrypha NEW**

Thu, Apr 27–Jun 15, 11 am–12:15 pm (ADI) \$5  
*LIMIT 30*

Dragon gods? Flying prophets? Exorcism of demons? Ascending archangels? Magical fish? Psychic surgery? All these and much, much more are in the magical tales found in these two books from the Apocrypha: Bel and the Dragon, Book of Tobit. We will read and study them in their entirety. Please obtain a copy of the NRSV translation of the Bible with Apocrypha—there are versions published by Hendrickson Publishers and by the American Bible Society, among others. An NRSV Catholic Bible will also do.

Moderator: Gerry Walter is Rabbi Emeritus of Temple Shalom and also the recently retired director of pastoral care at Cedar Village. He has taught Jewish and religious studies and Bible at HUC-JIR, NKU, Virginia Tech, and Roanoke College.

**3918 Nutritional Best Practices for Sound Health UPDATED**

Thu, Apr 27–May 25, 11 am–12:15 pm (ADI) \$5  
*LIMIT 24*

Peachy Seiden hopes to help you recognize how a healthy diet and wholesome habits positively influence your physical and emotional wellbeing. This course focuses on helping you build or increase your awareness of ways to preserve optimal lifetime health and to prevent chronic disease through good nutrition.

Moderator: Peachy Seiden is a registered dietitian-nutritionist with a nutrition consulting practice in Cincinnati helping people with weight loss, disease prevention, and health promotion using the principles of mind-body interaction and integrative nutrition. She also conducts weekly healthy cooking classes, yoga/tai chi/qigong classes, and workplace wellness programs.

**4014 Finding a Faith That Makes Us Better Humans NEW**

Thu, Apr 27–Jun 15, 12:45–2 pm (ADI) \$5  
*LIMIT 12*

If your religion was right for you 20+ years ago, does it still meet you where you are today? Regardless of what we believed in the past, many of us find that a lifetime of living can lead to incompatibility with what we thought we knew. This is a discussion group. To spur our thinking, we'll use a book provocatively titled *If God Is Love, Don't Be a Jerk* by John Pavlovitz. No particular religion is required, but you will be expected to think and share.

Moderator: The Rev. Canon Wesley Hinton is a retired Episcopal priest. He served locally at St. Thomas Episcopal Church, Terrace Park, and at Christ Church Cathedral.

**4015 Wealth Preservation in Volatile Times UPDATED**

Thu, Apr 27–Jun 15, 12:45–2 pm (ADI) \$5  
*LIMIT 24*

Need help navigating the investment universe in today's volatile times? We will discuss increasing income as well as preserving and protecting our savings and investments. We will also discuss how a challenging economic environment will impact the markets and our investments. We will learn how to distinguish between "good" and "bad" investments. Estate and retirement account protection strategies will also be covered.

Moderator: Edward Apfel is a First Vice President and Financial Planning Specialist at Morgan Stanley with 27+ years of experience. He received his bachelor's degree from UC.

**4109 Quiet Ecstasy: The Poems of Mary Oliver NEW**

Thu, Apr 27–Jun 15, 2:15–3:30 pm (ADI) \$5  
*LIMIT 14*

When not teaching or traveling, Mary Oliver (d. 2019) spent quality time alone, contemplating nature and her place in it. A Pulitzer Prize–winning poet, she possessed a remarkable sensibility, at once compassionate and mystical. After her partner's death, her poems took a decidedly spiritual path. She left few biographical footprints. Yet the body of her work offers a vision of life that, even when alluding to personal suffering and moral darkness, emanates from a place of quiet ecstasy. We'll read and talk about some of her many poems.

Moderator: Cecil Albright has offered seven previous poetry discussion courses for OLLI.

**CLASS LOCATION ABBREVIATIONS**

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus



#### **4110 Sing Karaoke UPDATED**

Thu, Apr 27–Jun 15, 2:15–3:30 pm (ADI) \$5  
*LIMIT 10*

You love to sing but have never tried karaoke? You want to learn or are a real pro? Join us for a musical afternoon of fun. We have a large list of songs to choose from, and who wouldn't enjoy singing accompanied by a big band? We'll encourage you to share your voice, but we can always use an audience if you'd rather listen.

Moderators: Glenn King and Bill Meyer have been singing with the Martinaires for several years and enjoy taking karaoke musical entertainment to retirement communities, organizations, and school reunions. Joyce Andrews is our music organizer.

#### **4111 Mitchell and Murakami: Fantasy Novels without Dragons NEW**

Thu, May 4–Jun 15, 2:15–3:30 pm (ADI) \$5  
*LIMIT 12*

Whether new to these fantasy writers or already love them, let's explore their most approachable works. *Ghostwritten* is David Mitchell's first, a firework display, shooting off in a dozen directions, memorable range and variety, cartoonish, profound, lyrical, cynical, and stylish. *Number9Dream* is Mitchell's second, a "dizzying, imaginative work of first-rate fiction." *A Wild Sheep Chase* is Haruki Murakami's third and among the best of Murakami's books to start with, especially for readers who enjoy thrillers. Murakami called *Hard-Boiled Wonderland and the End of the World* his favorite among his books.

Moderators: Jim Rulli—master's degree, education; creative problem-solving facilitator, P&G; high school English teacher—has moderated several OLLI classes. Wayne Perin, BS in anthropology, long-time member of the Cincinnati Fantasy Society, retired P&G manager.

#### **4112 Intentional Retirement Income Planning**

Thu, Apr 27–Jun 15, 2:15–3:30 pm (ADI) \$5  
*LIMIT 24*

Preferred retirement lifestyles require resources for income. If your retirement appears fraught with financial uncertainty, regardless of stock market volatility, this course is for you. Whether you are retired or nearing retirement, knowing how to optimize resources can enhance your golden years. Together, we will explore the four Ls of retirement income planning: Lifestyle, Longevity, Liquidity, and Legacy. We will also expose myths and biases common in today's financial industry. What we will not do is promote financial products, discuss investing per se, or expect anyone to reveal personal financial information.

Moderators: David McCarley, CFP since 1999, licensed for insurance/investments since 1974. He is currently living a planned retirement lifestyle: he "walks the talk." Thomas J.

Ritter Sr., CSCP, financial professional for 35+ years, with most of those years as an advisor to advisors, including regulatory compliance. His experience includes roles as financial planner and mutual fund analyst.

#### **5065 (VPC) / 5066 (ZOOM) Inside Look at Today's Criminal Justice System NEW**

Wed, Apr 26, 9:30 am–12 pm, \$0  
*VPC LIMIT 150 / ZOOM UNLIMITED*

The US criminal justice system comprises five main elements: law enforcement, prosecution, defense, courts, and corrections. Each component comes into play at a different stage of the process. We will discuss the criminal justice system from each of these perspectives and the reforms needed to make justice for all a reality.

Moderator: Wende Cross (BA, Miami Univ.; JD, Chase College of Law) was elected to the Hamilton Co. Court of Common Pleas in 2020. She is a former federal prosecutor and has served as a magistrate of Hamilton Co. Juvenile Court. She believes that fairness, equity, and accessibility should be prioritized in our judicial system.

#### **5067 (VPC) / 5068 (ZOOM) Honoring Disability Awareness and Inclusion NEW**

Wed, May 3, 9:30 am–12 pm, \$0  
*VPC LIMIT 150 / ZOOM UNLIMITED*

Join us to explore community efforts to address the disability experience. We'll spotlight the book *Sitting Pretty: The View from My Ordinary Resilient Disabled Body* by Rebekah Taussig and the documentary *Crip Camp*, featuring a summer camp for disabled teens whose later activism led to the passage of the Americans with Disabilities Act (ADA). Cincinnati and Hamilton County Public Library staff will introduce their Next Generation Library renovation plan that honors all abilities and ways your public library has exceeded ADA standards to make our libraries welcoming, inclusive spaces.

Moderators: David Siders is Civic Engagement Coordinator of the Cincinnati and Hamilton Co. Public Library, and Natalie Fields is Senior Branch Manager of the Deer Park branch library. Victoria Aslanides is Director of Education at Ensemble Theatre of Cincinnati.

#### **5069 (VPC) / 5070 (ZOOM) Celebrating Life before and after an Organ Transplant UPDATED**

Wed, May 10, 9:30 am–12 pm, \$0  
*VPC LIMIT 150 / ZOOM UNLIMITED*

Could donating your loved one's organs at the time of death give life to someone else? Yes! Listen to John Faherty relate the emotional journey for himself and his young family as he received a pancreas transplant. He'll relate his emotions waiting for the donation, knowing that in order to live someone else would need to die. Jeannie Kuhn of Cincinnati's LifeCenter

Organ Donor Network will answer your questions about organ donation and transplant.

Moderators: John Faherty, executive director of the Mercantile Library, is alive because he received an organ transplant. Jeannie Kuhn, community relations and volunteer engagement associate at LifeCenter Organ Donor Network, has helped people arrange to donate, found donors, and worked with families of donors and beneficiaries in their adjustments.

**5071 (VPC) / 5072 (ZOOM) Lost Cincinnati Concert Venues of the 50s, 60s, and Beyond**

Wed, May 17, 9:30 am–12 pm, \$0  
VPC LIMIT 150 / ZOOM UNLIMITED

Put on your bobby socks and blue jeans and journey down memory lane with Steve Rosen as he recounts Cincinnati's stunning array of live music and entertainment venues that are now gone and the acts that made them famous.

Moderator: Steven Rosen has written about music for Cincinnati CityBeat, Cincinnati Magazine, Cincinnati Enquirer, and national publications. He is the author of *Lost Cincinnati Concert Venues of the '50s and '60s*, published in 2022 by History Press. He has an MS in journalism from Northwestern Univ. and is creator of National One Hit Wonder Day.

**5073 (VPC) / 5074 (ZOOM) Pickleball: Cincinnati Style NEW**

Wed, May 24, 9:30 am–12 pm, \$0  
VPC LIMIT 150 / ZOOM UNLIMITED

Pickleball is the fastest growing sport in the US. What is it all about? Who can play? How would you get started? Hear the story of how one avid pickleball player with a big idea changed the face of Sawyer Point, turning neglected tennis courts into "the place to play pickleball in the Midwest." Who would believe Cincinnati would be the host city for a nationally televised professional tournament less than one year later. Get the insider scoop on everything pickleball at this fun and informative session.

Moderators: Gary Lessis, President of Pickleball at Sawyer Point, is a proud alumnus of UC and avid pickleball player with big ideas. He created a plan to revitalize the dormant and long-neglected Sawyer Point tennis facility. Janet Hagins, VP of Operations for Pickleball at Sawyer Point, found the game of pickleball shortly after retiring from a long career in insurance.

**5075 (VPC) / 5076 (ZOOM) CET Public Television: Beyond Broadcast, Thanks to "Viewers Like You" NEW**

Wed, May 31, 9:30 am–12 pm, \$0  
VPC LIMIT 150 / ZOOM UNLIMITED

CET is the nation's first licensed public television station, and many viewers trust and rely on its on-air programs week after week. Known for Emmy Award-winning local and national broadcast shows, CET is a safe and reliable source

of arts, cultural, and educational content. Join us to meet staff leaders who will share more about CET's impact online and in the community. You will leave with a better understanding of the vast number of free educational resources available to all—regardless of age, background, or beliefs—throughout the region and beyond.

Moderators: Kitty Lensman, President and CEO; Jim Wiener, Chief Programming Officer; Diane Kroplin, Manager of Education and Engagement; Colin Scianamblo, Director of Content, Arts and Culture.

**5077 (VPC) / 5078 (ZOOM) Taft Museum of Art: Talk with Dr. Rebekah Beaulieu NEW**

Wed, Jun 7, 9:30 am–12 pm, \$0  
VPC LIMIT 150 / ZOOM UNLIMITED

Join Dr. Rebekah Beaulieu, the Louise Taft Semple President/CEO of the Taft Museum of Art, in a discussion regarding the museum's recent Bicentennial Infrastructure Project needed to maintain the Taft historic house for the next century. In addition to the Bicentennial Project, Dr. Beaulieu will discuss the museum's upcoming programs, exhibitions, and her vision for the Taft including raising the profile of the Duncanson Artist-in-Residence program, continuing award-winning programs like Artists Reaching Classrooms, and expanding the definition of what a museum can be for its community.

Moderator: Rebekah "Becky" Beaulieu, PhD, is the President/CEO of the Taft Museum of Art. She previously served as the Director of the Florence Griswold Museum in Old Lyme, CT, and as Associate Director of the Bowdoin College of Art in Brunswick, ME. She is the author of the newly published *Endowment Essentials for Museums* (Rowman & Littlefield, 2022).

**5079 (VPC) / 5080 (ZOOM) Hundred Years' War NEW**

Wed, Jun 14, 9:30 am–12 pm, \$0  
VPC LIMIT 150 / ZOOM UNLIMITED

The Hundred Years' War, the longest military conflict in Europe, lasted 116 years. It opposed France and England when the rulers of these two countries were cousins. This war resulted in stronger national identities, national heroes, and innovation in military technology and marks the end of the Middle Ages. The presentation will start by explaining how the monarchies in both countries started, leading to this family conflict. We will explore the battle plans of Agincourt and its hero, Henry V, and the battle of Orléans and its hero, Jeanne d'Arc. This presentation will then explore the French origins of the English language.

Moderator: Gerald Checco is spending his retirement delving into interesting topics—like medieval pandemics, the Black Death, annihilation of the dinosaurs, the history of numbers, and much more.

**6040 Two Cincinnati Treasures: Memorial Hall and Matinee Musicale NEW**

Fri, Apr 28, 9:30 am–12 pm (OHLL) \$0  
LIMIT 100

Designed by Samuel Hannaford and built in 1908 by the Grand Army of the Republic, Memorial Hall stands as a monument to the Cincinnati veterans of the Spanish-American War and US Civil War. Following its renovation in 2015–16, this Beaux Arts treasure offers an active calendar of premier concerts, family entertainment, special events, and performances by Cincinnati’s fine performing arts companies. Also learn the rich history of one of these companies, Matinee Musicale, and some of the renowned performers who have enabled its recital series to flourish for 109 years.

Moderators: Bill Baumann is Chairman of the Board of Cincinnati Memorial Hall Society and the Longworth-Anderson Series held annually at Memorial Hall. He’s eager to share his passion for Memorial Hall with you. Judy Martin has been the Administrative Director of Matinee Musicale since 2016. She played viola with Cincinnati Symphony Orchestra for 34 years.

**6041 Are You the Conductor of Your Care? NEW**

Fri, May 5, 9:30 am–12 pm (OHLL) \$0  
LIMIT 100

MyChart. EPIC. TeleHealth. As a caregiver to yourself, your spouse, partner, family member, or friend, these words can be a part of your daily life. Together we will tackle how to create a plan of care for yourself or your loved ones that looks toward the future.

Moderator: Rachel Hodesh is a Licensed Nursing Home Administrator and Certified Dementia Practitioner. She is president of Senior LifeCare Consultants and an active member of the Association for Professionals in Aging, Eldercare Connections Network, and Aging Life Care Association. She has given workshops on a variety of senior-related subjects. In 2018, she was nominated as a Woman of Cincy.

**6042 Investigating Commercial Aircraft Accidents and Incidents NEW**

Fri, May 12, 9:30 am–12 pm (OHLL) \$0  
LIMIT 100

This program kicks off with a review of the Global Commercial Aviation Fleet’s Safety Statistics. We’ll then transition into an overview of the Global Commercial Aviation Accident or Incident Investigation process. The discussion concludes with a walk-through of a Commercial Engine investigation. Photos and videos throughout will illustrate and emphasize points of interest.

Moderator: Ken Wolski is retired from GE Aviation’s Commercial Flight Safety Office. For 37 years, he was responsible for global investigations of GE and CFM engine applications and was Investigator-in-Charge in over 80 investigations. He also

teaches Investigation techniques at the FAA and USC, and holds a BS in aero studies and certificates in Aviation Safety and Advanced Aviation Safety Investigations.

**6043 Advocating for Our Veterans NEW**

Fri, May 19, 9:30 am–12 pm (OHLL) \$0  
LIMIT 100

Heather French Henry has worked at the local, state, and national levels on behalf of military veterans for over 23 years. As the daughter of a disabled Vietnam veteran, she gained fame as Miss America 2000 with her national campaign to educate officials about homeless veterans. She will describe her work as both deputy commissioner and commissioner of the Kentucky Department of Veterans Affairs for two governors. Her passion is finding creative ways to educate the public about our nation’s heroes, both in and out of conventional spaces.

Moderator: Heather French Henry, from Miss America 2000 to “Every Veteran’s Daughter,” has pushed the many issues of our nation’s veterans to the forefront, worked under two governors as commissioner of the Kentucky Department of Veterans Affairs, and established the Kentucky Prostate Cancer Coalition and the Rosemary Clooney Museum. Today, she is VP of Media Training for Brielle Cotterman Media.

**6044 Time to Balance the Federal Budget and Pay Off the National Debt Again! NEW**

Fri, May 26, 9:30 am–12 pm (OHLL) \$0  
LIMIT 100

Let’s follow up on earlier OLLI classes on how to balance the federal budget and deal with the national debt. Based on the current political scene, let’s revisit these topics. Sharpen your pencils and charge up your calculators as we will respectfully request participation. Please review your current financial situation to better evaluate some of the possibilities we will discuss. It will be useful to better understand the theme. We promise this will be a fun exercise!

Moderators: Kathy and Shannon Womer have both worked in fields that dealt with federal funding and we had to (sort of) balance our budgets. There are rules—really! And Kathy is 15/16 German—enough said!

CLASS LOCATION ABBREVIATIONS	
ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus

**6045 Now Alone, Later Alone: Planning for Protection and Security in Later Years** **NEW**

Fri, Jun 2, 9:30 am–12 pm (OHLL) \$0

*LIMIT 100*

Never married, divorced, widowed—being alone brings a variety of unique issues which may impact you currently and in the future. More older Americans are living alone than ever before, which presents unique issues and concerns. How does it affect you financially, legally, your healthcare, and with life situations? Learn how you can address these to benefit you now and provide protection and security in later years.

Moderator: Mary Ann Jacobs, Esq., is the Senior Partner at Ritter & Randolph, LLC. Her practice is centered in the areas of elder law, estate planning, trust and estate administration, and real estate. She is a graduate of Western Hills HS, Miami Univ., and UC law school. She is active in a variety of charitable and community areas.

**6046 Taking a Data-Driven Approach to Understanding Disparities in Cincinnati** **NEW**

Fri, Jun 9, 9:30 am–12 pm (OHLL) \$0

*LIMIT 100*

Disparities in transportation, housing, education, income, food, access to voting, and more are real issues—and not just for people of color. The elderly, children, women, and others are also affected. So, when we look at the census, how does that translate into the everyday lives of Cincinnatians? Let's see where the data takes us.

Moderator: Crystal L. Kendrick, President of The Voice of Your Customer, has more than 25 years of global and domestic marketing experience specifically targeting hard-to-reach, underserved, international, and niche populations. She is also the publisher of The Voice of Black Cincinnati, a media company designed to educate, recognize, and create opportunities for African Americans in the region.

**6047 What's New at the Cincinnati and Hamilton County Public Library?** **NEW**

Fri, Jun 16, 9:30 am–12 pm (OHLL) \$0

*LIMIT 100*

Do you know that your public library has a writer-in-residence? Adult learning services? This class will enlighten you on vast new services and resources available at the library. Topics will include online resources and databases, book clubs, extensive genealogy research services, and their free "Ask a Librarian" service, which is incredibly helpful for questions large and small. Additionally, you will learn about various library apps to add to your phones, tablets, and devices so you can stream and download things like books, movies, music, and more!

Moderator: Drew Pearson, Outreach Services Manager, along with team members from the library's Genealogy,

Tech Center, and Adult Learning departments will share an update on the vast resources and tools available to you at our Cincinnati and Hamilton County Public Library.

**8001 Learn Contra Dancing: It's Fun and Easy!** **NEW**

Mon, May 1–15, 7:30–10 pm (Wyoming Fine Arts Center) \$0

*LIMIT 20*

Contra dance is a form of folk dancing with long lines of couples. It originated from English and Scottish country dance. It's easy to learn and a partner is not required. If you can walk quickly, you can contra dance! Lessons start at 7:30, and dancing runs 8–10 pm with live music and a caller who will guide your every move. Dances take place in the historic Wyoming Fine Arts Center. Wear clean, soft-soled shoes. Free off-street parking. 322 Wyoming Ave, 45215.

Moderator: Tammy Goyke attended her first contra dance in January 2019. She quickly became an enthusiast. She first heard about contra dancing from an OLLI classmate and now wants to share the experience with others.

**8108 Bridge 103: Defensive Concepts and Review of Basics from Bridge 101-102** **UPDATED**

Tue, Apr 25–Jun 13, 2:45–5 pm (Cincinnati Bridge Center) \$5

*LIMIT 16*

Those who have taken at least one introductory bridge course AND have experience playing socially will gain additional skills for this great card game. This course is designed for those having completed 101 and 102 courses previously. Topics and course curriculum will follow the ACBL text *Defense in the 21st Century* but will be adjusted to fit student experience levels. Topics to be covered: defensive signaling, card play and strategy. NOTES: Proof of COVID vaccine required. Approval required for those who have not completed Bridge 102. 2860 Cooper Rd, #1, 45241 (some classes may be virtual).

Moderator: Larry Newman—Ruby Life Master, ACBL Best Practices Teacher, American Bridge Teacher Assn. member, and Cincinnati Bridge Assn. education committee member.

**8204 Films with a British Accent** **NEW**

Wed, Apr 26–Jun 14, 1–4 pm (Chesterwood Village) \$5

*LIMIT 50*

Many Americans are Anglophiles who find everything British exotic and interesting. We'll examine that phenomenon by viewing EIGHT films in their entirety followed by discussion. Movies include *Kind Hearts and Coronets*, *A Man for All Seasons*, *The Lady Vanishes*, *Rumpole's Return*, *The Time Machine*, *Waking Ned Devine*, and a musical. Actors include Alec Guinness, Leo McKern, Paul Scofield, Anthony Newley, Margaret Lockwood, and Rod Taylor. 8073 Tylersville Rd, 45069.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for several years.



**8310 Gardening Forum: Taking It on the Road UPDATED**

Thu, Apr 27–Jun 15, 2–3:30 pm (Various) \$5

LIMIT 24

Spring is in the air, and we gardeners are hitting the road. We will visit garden centers, private gardens, and arboretums. First week will be at Bowyer Farm, a property maintained by the Cincinnati Zoo and Botanical Garden (2210 Mason Montgomery Rd, Mason, 45040). You will receive information about future locations at the first class meeting.

Moderator: Deb Price is a Master Gardener who has been doing gardening classes at OLLI for many seasons and is still learning from her students.

**8311 Words and Music (Email Course) NEW**

Thu, Apr 27–Jun 15, 5 pm (EMAIL) \$0

UNLIMITED

In Words and Music, Rafael surveys with words, pictures, and sound links the world's great pop singers, from the Beatles to Barbra Streisand, and the great American songwriters, from Rodgers and Hammerstein to Stephen Sondheim, while looking at the poetic devices that made the lyrics of their songs memorable. For this course, you will receive a self-study email each week. This class does not meet in person or online.

Moderator: Rafael de Acha has given courses for OLLI since 2010, after he retired in Cincinnati after a long career in the arts as a performer, director, and theatre producer.

**8407 Quilling Cards: Vietnamese Paper Art for a Fair Trade World NEW**

Fri, May 26, 9:30–11:30 am (Ten Thousand Villages, Harper's Point) \$30

LIMIT 15

Visit Ten Thousand Villages nonprofit store in Harper's Point to explore the ancient technique of quilling popularized by artisans in Vietnam. Quilling turns ordinary strips of paper into works of art. Hear stories about artisan techniques and how fair trade is igniting positive social and economic change around the world. In this beginner's class, you will receive your own set of tools and supplies to keep and continue your new skill at home. There will be time to shop for a good cause after the workshop. 11316 Montgomery Rd, 45249.

Moderator: Danielle Hoffman is a multi-talented artist and artisan advocate who has worked with Ten Thousand Villages for 6+ years. She has brought her passion for fair trade and creativity to hundreds of students who have taken her quilling classes and helped others foster a love and appreciation for this ancient art.

**8408 Let's Do Lunch: Besties UPDATED**

Fri, Apr 28–Jun 16, 1–2:30 pm (Various) \$5

LIMIT 45

Make some new OLLI besties as we meet up for lunch each Friday. This spring, we'll visit restaurants known for a particular "best"—best burger, best salad, best dessert... Restaurants will be located across the Greater Cincinnati region. Please do not sign up if you know will miss more than one or two sessions of this popular offering. Planning and reservations depend on a consistent number of attendees. First week, we'll try out the best peanut butter pie at Schoolhouse Restaurant in Camp Dennison (8031 Glendale Milford Rd, 45111). Let's do the BEST lunches ever!

Moderators: Deb Price and Caryl Miller are Cincinnati natives who enjoy sharing knowledge of regional restaurants, food, and dining experiences with friends old and new.

**9037 Georgia O'Keeffe Photographer: Exhibition Tour NEW**

Fri, Apr 28, 1:30–2:30 pm (Cincinnati Art Museum) \$0 + fee

LIMIT 40

Take a docent guided tour of the special exhibition *Georgia O'Keeffe, Photographer*. Experience nearly 100 photographs by the artist, together with a complementary selection of paintings and drawings. O'Keefe is best known for her distinctive painting style, and these works illuminate her use of the camera to further her modernist vision, showing how she embraced photography as a unique artistic practice. She had been involved in the American photography community since the early 1910s as the wife of the influential photographer Alfred Stieglitz. Free for CAM members, \$8 age 65+, \$12 adults (pay at CAM). 953 Eden Park Dr, 45202.

**9038 Walking Tour of OTR: Buildings, Beer, and Steps NEW**

Tue, May 2, 10–11:30 am (Findlay Market) \$0

LIMIT 30

Join Michael Ward for a walking tour of Over-the-Rhine, which will include a discussion of historic buildings, people, beer production, and the steps that people use to transgress the hillsides of Cincinnati. The tour will include exploring a beer lagering tunnel. Ward is a former teacher, principal, and university adjunct professor. He is a moderator for OLLI and OTR tour guide. Meet at Findlay Market, 1801 Race St, 45202.

**9039 Pub Night: Americana UPDATED**

Tue, May 2, 7–8:30 pm (Cock & Bull, Glendale) \$0

LIMIT 30

Meet old and new OLLI friends upstairs at the pub. We'll enjoy each other's company and an informal program discussing Americana. Drinks and snacks on your own.

275 E Sharon Rd, 45246

**9040 Stanley Rowe Arboretum Tour NEW**

Thu, May 4, 3–4:30 pm (Rowe Arboretum) \$0

*LIMIT 15*

Nestled at the top of a winding road in Indian Hill, Stanley Rowe Arboretum is among the most secluded and scenic gardens in the region. It comprises nearly nine acres of trails through more than 1,800 species of trees and shrubs. You'll tour with arboretum manager and certified arborist Jason Donovan to learn about the spectacular conifers and other flora. 4600 Muchmore Rd, 45243.

**9041 Pancakes and Conversation NEW**

Thu, May 11, 7:45–9:15 am (Original Pancake House) \$0

*LIMIT 12*

Hey, early risers! Meet us at the Original Pancake House in Montgomery before your 9:30 OLLI classes. We'll enjoy breakfast and lively conversation—and maybe make some new friends. NOTE: if you sign up, please show up since the restaurant will be planning for our group of 12.

9977 Montgomery Rd, 45242.

**9042 Wildflower and Bird Walk UPDATED**

Thu, May 11, 9–11 am (Fosters Junction) \$0

*LIMIT 15*

We will take a 45-minute out / 45-minute back walk along the Loveland Bike Trail (paved) at the Fosters Crossing (Kings Island exit off I-75). We will focus on wildflowers and migrating songbirds. This is a great time of year for both. Rick Marra is an avid birder and wildflower hobbyist who spends much of his free time on the bikepath.

**9043 New Richmond Underground Railroad Tour NEW**

Fri, May 19, 10–11:30 am (New Richmond) Donation

*LIMIT 15*

Take a walking tour of select sites in the historic river village of New Richmond. Founded in 1814, New Richmond became a hotbed of abolitionist and Underground Railroad activity. Sites are within reasonable walking distance over three village blocks on flat terrain. Your guide Greg Roberts is Vice President of Historic New Richmond and recognized authority on local abolitionist and Underground Railroad history. Donations accepted in lieu of a fee. Tour begins at Cranston Memorial Presbyterian Church, 200 Union St, 45157.

**9044 Ghostly Walks and Lantern Talks NEW**

Fri, May 19, 7–8:30 pm (Schoolhouse Restaurant) \$20

*LIMIT 25*

Come join us on an adventure by lantern light! Take a journey into the past by leisurely strolling on the grounds of the Schoolhouse Restaurant and briefly detouring on the bike trail. Ghostly figures who appear along the walk will intrigue you with stories of long ago and leave you wanting more. Wear appropriate footwear for walking on unpaved, uneven surfaces. Since we're meeting at the Schoolhouse Restaurant, consider coming early for dinner on your own.

8031 Glendale Milford Rd, 45111.

**9045 "Living Museum": Morning Tour and Dessert at the Home of Tom and Bette Sherman UPDATED**

Mon, Jun 5, 10 am–12 pm (Wyoming) \$15

*LIMIT 20*

**9046 "Living Museum": Afternoon Tour and Dessert at the Home of Tom and Bette Sherman UPDATED**

Mon, Jun 5, 2–4 pm (Wyoming) \$15

*LIMIT 20*

After desserts, coffee, or tea, Bette Sherman will spirit you on a nostalgic tour of three floors of antiques and collectibles in her turn-of-the-century Wyoming home that serves as an artfully arranged "living museum" featuring vintage clothing, accessories, bridal memorabilia, perfume and cosmetics, 20th-century general store advertising items, and an internationally recognized collection of beaded and mesh handbags, among other treasures. Sherman, fashion historian and collector, has shared her wit and knowledge with groups throughout the US and worked with set decorators on television and feature films. Address will be sent to registrants.

**CLASS LOCATION ABBREVIATIONS**

ADI	Adath Israel
OHLL	Ohio Living Llanfair
VPC	UC Victory Pkwy Campus