

WINTER 2022

COURSE CATALOG

COMMUNIVERSITY



Students have fun in hands-on classes for Watercolor Painting and Mozzarella Cheesemaking at UC Communiversity.

Classes designed for you to enjoy:

- *Hands-on Workshops*
- *Interactive Learning*
- *Field Studies & Walking Tours*

ENJOY CLASSES IN THE ARTS, CRAFTS, LANGUAGE, WRITING, MUSIC, DANCE, FITNESS, WELLNESS, FOOD, HOME, SPORTS, SCIENCE, BUSINESS, NATURE & MORE!

#LearnSomethingNew



Snapshots from fun classes from left to right: Stories from the FBI, Painting Your Pet's Portrait, Art History at CAM, and Stained Glass.

Make the start of this year a time to pursue your intellectual and creative development.

We often talk about how *fun* our classes are at UC Communiversity, but our classes are also *good* for you! Attending a class and being open and curious about new things provides you with the personal and professional benefits gained through participation in continued learning.

Why Communiversity?

Evident in our name *Communiversity*, we are an important part of the university's mission to connect with our friends and neighbors in the community. In this time of online programs, podcasts, and websites, we deliver something different. Our programs are designed for hands-on community interaction taught by local experts, instructors, and craftspeople who live and work in our community. It is a place to learn and explore topics for our own self-enrichment in a no-pressure environment.

Our team is continually focused on finding new talent who are willing to share their knowledge and skills with you. We read your suggestions for new courses and find local businesses and subject matter experts with a passion for topics you are interested in learning.

Winter term offers over 50 brand-new classes to inspire you.

Please join us this winter for pursuit of your intellectual and creative development. Enjoy a drawing workshop, a bread-making class, or a local walking tour. Learn to play an instrument, get your body moving, or cook like a pro. Let this be your year to experience and learn something new!

Janet Staderman
Academic Director

Bookmark the Course Catalog page for easy registration!

To make registration for Communiversy courses easier, we have updated our registration system. You can now register from the class description page on our website.

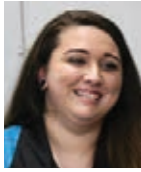
Go to: **communiversy.uc.edu** and bookmark the: **COURSE CATALOG** page.

Meet our new instructors!

We are delighted to introduce the addition of several new instructors to our classrooms this term. They bring with them a wealth of knowledge and enthusiasm to teach adult learners, adding fresh, new topics to our curriculum for you to enjoy.



Jaclyn Lonsway
Candlemaker



Tara Bubemyre
Pet Groomer



Kelly Leon
Fitness Instructor



Melissa McKelvie
Psychologist



Sylvia Brownlee
Skin Care Specialist



Brandon Nelson
Home Winemaker



Amanda Graus
Pet Shelter Coordinator



Caitlin Tracey Miller
Research & Evaluation



Mindy Connell
Mandolin Instructor



Hannah Carter
Horticulturist



Kristen Gebhart
Instructional Designer



Cory Patrin
Mixologist



Katelyn Jarvis
Travel Expert



Susan Gilligan
Fiddle Instructor



Nicole Byrnes
Crochet Instructor



Carol Walkner
Life Guide



Julie Barlow
Intentional Journaling



Kelsey Pearman
Plant Expert



Billy Lonsway
Candlemaker



Kat Klockaw
Writer, Editor

INTERESTED IN TEACHING A CLASS?

PLEASE SHARE YOUR HOBBIES, TALENTS, AND SKILLS!

We are currently looking for instructors for the Spring term. We'd love to hear your ideas! communiversy.uc.edu
Teach a Class

Welcome!

WINTER / 2022 CLASSES

Arts & Handicrafts 4

Personal Development 11

Communications..... 15

Fitness & Health 16

Music & Dance..... 18

Food & Drink.....20

Language 22

Home & Garden 24

Local, Special Interest & History 26

Travel 28

Photography 29

Sports..... 30

Test Prep 30

About Communiversy 31

How to Enroll 31

communiversy.uc.edu

THINGS OF NOTE:

CLASS CHANGES:

Due to the early printing date of this catalog, some class dates, times, and information may change. Please refer to our website for the most up-to-date class details.

KEEPING YOU SAFE:

Classes held on campus follow the guidelines from the university for campus safety measure. For details, please visit: uc.edu/publichealth/campus-safety/visitors

LOCATION:

Most classes are held at UC's Victory Parkway Campus (VPC) at 2220 Victory Parkway, Cincinnati, OH 45206. If a class will be held at another location, it is noted in the class description. Addresses and maps can be found online.

INSTRUCTORS:

Classes at Communiversy are taught by skilled educators, professionals and expert craftspeople. For more information about the instructors in each class, see our online catalog.

COMMUNIVERSITY at UC

Painting



WATERCOLOR FLORAL STUDY

This class, will capture the drama of spring, as the welcome colors of flowers begin to peek through after winter's thaw. We will explore techniques using salt and liquid masking to bring forth the dimensional beauty of spring flowers. Kay will provide tips to help you enjoy creating a painting you will love, and you will have plenty of opportunity to explore different techniques to find the approach that works best for your artistic expression. Subject matter will be provided or you may bring a photo of something you'd like to paint.

Sat., Apr. 9, 12-2 pm / \$59 / One Class

All supplies included in class fee.

Instructor: Kay Worz

In-person at VPC Campus **NEW!**



PAINTING ANIMALS IN BLACK & WHITE ACRYLIC

In this class, we will create vibrant paintings in black and white. Working on a stretched canvas, we will play with contrast to bring out the personality of the animals. Kay will provide tips to help you enjoy creating a painting you will love, and you will have plenty of opportunity to explore different techniques to find the approach that works best for your artistic expression. Choose a Panda, Zebra, Penguin or Dutch Rabbit from the subject matter provided. Working on a stretched canvas, we will create a vibrant painting in black and white. A true study in contrast colors.

Sat., Jan. 22, 12-2 pm / \$59 / One Class

All supplies included in class fee.

Instructor: Kay Worz

In-person at VPC Campus **NEW!**



WATERCOLOR USING LIQUID MASK

Watercolor painting isn't just about where you put your paint, but also where you don't! Leaving some white space on your paper gives your paintings contrast, creates highlights and creates depth in visual interest. In this workshop you will learn about paint composition, value, and color mixing, with a focus on using liquid mask, a technique that is a favorite among artists of all levels. Subject matter will be provided, or you may bring a photo of something you'd like to paint.

Sat., Feb. 19, 12-2 pm / \$59 / One Class

All supplies included in class fee.

Instructor: Kay Worz

In-person at VPC Campus **NEW!**



SPONGE PAINTING

Sponge painting is a great way to express yourself without having to rely on drawing skills. This technique lends itself to creating depth with a minimum amount of effort. We will delve into layering color simply and effectively. Painting with sponges with fluid acrylic paints is fun and easy! Kay will provide plenty of tips to help you enjoy creating a painting you will love. Subject matter will be provided, or you may bring a photo of something you'd like to paint.

Sat., Mar. 26, 12-2 pm / \$59 / One Class

All supplies included in class fee.

Instructor: Kay Worz

In-person at VPC Campus

Drawing



DRAWING 101

If you've always been interested in drawing but don't really know how to get started, then this is the course for you. Gain a solid foundation and understanding of the basics of drawing. This class will focus on the basics of shape, form and shadow, to hone your seeing eye and drawing hand. The basics of rendering both inanimate objects and the human form in graphite will be covered.

Mon., Mar. 7-21, 6:30-8 pm / \$69 / Three Classes

All supplies included in class fee.

Instructor: Anjali Alm-Basu

In-person at VPC Campus

NEW!



DRAWING MANDALAS

Expression through circular designs. Learn to create and design your mandalas, circular designs created through the use of repeated images and geometries. In one session you will learn the basics of circular geometry, how to divide spaces, and how to use that knowledge to create beautiful artwork to treasure and share. Use the skills and supplies you acquire in the class to create as many designs as you like. No previous art experience is necessary.

Thu., Jan. 20 / 6:30-8:30 pm / \$39 / One Class

All supplies included in class fee.

Instructor: Alisa Strauss

In-person at VPC Campus

Please sign up five days in advance so supplies can be ordered.



COLORED PENCIL STUDY

Due to popular demand, this class is back for another term. Colored pencils are a great way to control color while achieving a professional finished work of art. In this class, you will receive helpful tips to create the style you want and learn how to finish your strokes with a blender pen to bring your images to life. Once you fall in love with this easy-to-use medium, you will want take your colored pencils along with you—always ready for some drawing on the go! Subject matter will be provided, or you may bring a photo of something you'd like to draw.

Sat., Mar. 12, 12-2 pm / \$49 / One Class

All supplies included in class fee.

Instructor: Kay Worz

In-person at VPC Campus

NEW!



THE WILD & WACKY WORLD OF COMICS!

New class format! Two shorter sessions. All supplies included.

Instructor: Anjali Alm-Basu

In-person at VPC Campus.

BEGINNING CLASS: Let's bring your stories to life on the page in this introduction to the wild and wacky world of comics! We will cover both writing and technical drawing skills, including layout, sketching, texting and borders, perspective, and background. By the end of the class, you will have the first sketch of your comics!

Mon., Jan. 31-Feb. 7, 6-8 pm / \$59 / Two Classes

INTERMEDIATE CLASS: Ready to bring your comics game up a level? In this continuation class, you will improve your abilities to draw comics using unique character design and graphic novel storytelling. You will work on mastering your character creations with life-like gestures, poses, expressions, faces, and more.

Mon., Feb. 21-28, 6-8 pm / \$59 / Two Classes

Candle Making



THE JOY OF SOY (CANDLEMAKING)!

Candles add warmth and light to every space, making your home feel cozy and inviting. In this class, you will learn to make soy candles with vegetable-based (soy) wax. Soy candles burn cleaner and slower, so you get less soot (cleaner air) and a candle that lasts longer. You will learn to make candles with a few supplies and a little bit of know-how from the professionals. And, as the candle maker, you can control what goes into them, so if you're sensitive to fragrance, you can leave it out. We will cover the importance of choosing the right wax, wicks, and even how to burn your candle once it cools. You will leave with more knowledge about the candle making process and a perfect new addition to your home!

Sat., Mar. 5, 12-2 pm / \$59 / One Class

All supplies included in class fee.

Instructors: Jaelyn and Billy Lonsway

In person at VPC Campus

NEW!



INTRODUCTION TO PICTURE FRAMING

In this class, you will learn the importance of framing artwork and the history of picture framing. You will learn the basics of frame design, how to measure and cut mats, glass, and molding. How to select the right molding for the subject matter, and choose and work with colors to enhance the piece. Further instruction will be provided on how to mount various types of artwork and photos, how to properly fit the work in the frame and prepare it for display.

Tue., Feb. 8-Mar. 1, 6:30-8:30 pm / \$99 / Four Classes

All supplies included in class fee.

Instructor: Willie Evans

In person at VPC Campus

ADVANCED PICTURE FRAMING

This class is for participants who are ready to cut mats, glass, and picture frame molding. In this advanced class, you will cut the mat board, glass, and molding. You will mount your artwork and miter the corners of the frame. Our expert instructor will provide technical, business, and design training as a hands-on opportunity to gain knowledge of the different techniques used in the trade.

Tue., Mar. 8-29, 6:30-8:30 pm / \$125 / Four Classes

Most supplies included in class fee. Additional supplies can be purchased from instructor

Instructor: Willie Evans

In person at VPC Campus

cincinnati art museum



Thu., Feb. 3-24, 6-7:45 pm / \$149 / Four Classes

Instructor: Kathy Stockman

In person at the Cincinnati Art Museum

New format with expanded gallery time!

ART HISTORY II: MIDDLE AGES TO THE ENLIGHTENMENT

This class will survey more than 500 years of artistic and stylistic developments in Western Europe, Central Africa, and the Near East. Over four weeks we will explore these periods of art through museum galleries. This will permit more of a discussion rather than a lecture of the histories of art. Students will develop a broad understanding of the most representative works from each era and region, while also learning how specific objects from the museum's collection fit within the history of art. Visiting the European Art galleries, we will examine some of the museum's most treasured pieces, including works by Sandro Botticelli, El Greco, Caterina van Hemesson, Elizabeth Vigee-Lebrun, and Thomas Gainsborough. Students will learn about the function and stylistic qualities of the beautiful mihrab on display in the gallery of Islamic Art, and see various examples of Islamic calligraphic ceramics. In the gallery of African Art, we will look at objects of power and prestige, including masquerade objects, nkisi power figures, and kente cloth from Ghana. **Register early! Class is limited to 10 people.**



CREATING VALENTINE WINE GLASSES

Sat., Feb. 5, 11 am-3 pm / \$39 / One Class
 Plus \$30 supply fee payable to instructor.
 Instructor: Mary Jane Riggi
 MJ Riggi Stained Glass Studio



Just in time for Valentine's Day! Create your own set of one-of-a-kind wine glasses. They also make a great gift. To customize your wine glass, you will work with etching cream and glass paints. Then add wine charms created from glass jewels from the studio supply (some from the 1940s!) and other embellishments for a unique look. Light refreshments will be served.

Valentine Galentine fun with friends!



GALENTINE'S DAY BRACELET & EARRINGS

Grab your girlfriends and join this fun jewelry-making class to celebrate your friendships. In this class, we will make wire and beaded jewelry using the themes of hearts set with the colors of red and pink. You will learn wire wrapping techniques such as a simple loops and wire wrapped links to create a beautiful set of earrings and a bracelet.

Sat., Feb. 12, 10 am-12 pm / \$55 / One Class

All supplies included in class fee.
 Instructor: Laquetta Kinebrew
 In-person at VPC Campus



VALENTINE'S FLORAL ARRANGING WORKSHOP

Join Evelyn Streeter of Eve Floral Co. for a fun evening of flower arranging for Valentine's Day. Learn flower fundamentals, natural floral design techniques, and more, while designing your own romantic arrangement to take home after class. Students will be provided with all materials including a keepsake vessel for their design. All experience levels are encouraged. Grab a friend or two and make it an evening! Light bites and refreshments will be provided.

Wed., Feb. 9, 6:30-8:30 pm / \$89 / One Class

All supplies included in class fee, plus refreshments
 Instructor: Evelyn Streeter
 In-person at VPC Campus



Knit & Crochet



CROCHET A HAT WITH A COLORFUL POM POM

Apply your beginner or intermediate crochet skills towards making an easy, chunky, winter white beanie with an oversized, multi-color pom pom. Learn to read and follow a pattern, crochet and assemble a hat, weave in ends, and make and attach a pom pom. Prerequisite skills should include foundational crochet knowledge such as how to chain, single crochet, and half double crochet, although this stitch can be learned in this fun, interactive class.

Wed., Jan. 19-Feb. 2 / 6-8 pm / \$75 / Three Classes

All supplies included in class fee.

Instructor: Nicole Byrnes

In-person at VPC Campus

NEW!



NATURAL DYE FOR KNITTING & CROCHETING

We're thinking outside of the dye pot! This two-hour class is an introduction to using natural dyes on protein fibers, covering considerations and techniques for dyeing yarn for yarn-based projects like knitting, crochet and nalbinding. Special attention is paid to how to prep yarn for dyeing, how to maintain the integrity of the yarn during the natural-dye process, and tailoring your dyeing for specific projects. Participants will go home having dyed two skeins of DK merino wool yarn and a fingering weight sock blank to use in your future projects. All materials included in class fee.

Thu., Jan. 27, 6-8 pm / \$125 / One Class

All supplies included in class fee.

Instructor Amber Rose Ostaszewski

Sew Valley 1010 Hulbert Ave., Cincinnati, OH 45214

NEW!



LEARN TO CROCHET WITH CAMIELLE!

Instructor Camielle Howard

In-person at VPC Campus

NEW!

CROCHET 101: ABSOLUTE BEGINNER

Tue., Jan. 18-22, 6-8 pm / \$79 / Six Classes

If you've never picked up a hook before, or you learned a long time ago but don't know how to get started again, this is the class for you! Students will learn the basics (chain, single, half double, and double crochet), as well as an introduction to common crochet abbreviations and how read patterns. Students who feel comfortable can complete a simple scarf in this class.

Bring these supplies: Worsted Weight yarn is most appropriate for this class along with an H (5.0mm) or I (5.5mm) hook.

CROCHET 102: BEGINNER REFRESHER

Mon., Mar. 1-15, 6-8 pm / \$49 / Three Classes

If you know how to crochet and just need a quick refresher before moving to one of the intermediate classes, start here. This is an accelerated course covering the full 6 week beginner course in half the time.

Bring these supplies: Please bring a hook and worsted weight yarn unless you have used another weight and are comfortable with it.

CROCHET 201: INTERMEDIATE

Wed., Jan. 19-23, 6-8 pm / \$79 / Six Classes

This course will cover more pattern reading, increasing and decreasing stitches, and crocheting in the round. A hat, granny square blanket, or cocoon cardigan is the project in this class.

Students may bring: Baby (3), Double Knit (DK) (3), worsted (4), or bulky weight yarn (5) for this class. Hooks G (4.0mm), H(5.0mm), I (6.0mm) and J (6.5mm) are all appropriate for this class.

CROCHET 202: INTERMEDIATE REFRESHER

Wed., Mar. 2-16, 6-8 pm / \$49 / Three Classes

This course will cover everything in the Crochet 201 course in 3 weeks. Students will complete a hat and either a granny square blanket or cocoon cardigan during this class.

Supplies to bring: Please bring a hook and yarn.

CROCHET 301: ADVANCED

Wed., Apr. 6-20, 6-8 pm / \$79 / Three Classes

Students who have completed any combination of Beginner and Intermediate classes should be prepared for the Advanced class. A shawl will be the project in this class.

Bring these supplies: Super fine (1) weight yarn and a 3.5mm hook.



LEARN TO KNIT WITH Q KINEBREW!

All supplies included in class fee.
 Instructor Laquetta Kinebrew
 In-person at VPC Campus

NEW!

KNITTING 101

Sat., Jan. 15-22, 12-2 pm / \$49 / Two Classes

In this class, you will learn the basic stitches to get you started knitting. You will learn to cast on and cast off, and we will give tips to help troubleshoot common mistakes and things that can get you stuck. Your starter project be either a slouch hat or scarf.

KNITTING 102

Sat., Feb. 19-26, 12-2 pm / \$49 / Two Classes

Take your skills to the next level to take you past the knit and purl stitches. You will learn advance techniques such as lace, cables, and chart reading. Next, you will learn even more advance techniques such as using double pointed needles, circle knitting, and color changing.



ENJOY THE SYMBOLISM & BEAUTY OF WAIST BEADS

In this class, you will learn to make waist beads, a beautiful adornment with symbolic meaning of empowerment. Primarily worn by women, but also worn by men, waist beads are tiny ornaments made of glass, stones, and crystals. In African tradition, the beads are strung on thread or twine and knotted at the end to be a permanent piece of jewelry. In some uses they remind us to pay attention to our bodies—if the wearer overeats, the string becomes uncomfortable. In this class we will make versatile pieces you can wear for fun, as they are meant to be worn by people of all shapes, sizes, and races.

Sat., Mar. 19, 10 am-12 pm / \$55 / One Class

All supplies included in class fee.
 Instructor Laquetta Kinebrew
 In-person at VPC Campus

NEW!



ITALIC CALLIGRAPHY

Explore the classic italic hand that many love for its beautiful flourishes!. Controlling the angle of the edged pen as you write is the key. The pen makes thick and thin lines depending on which direction it is moving to create elegant letter forms. Great for invitations, envelopes and special occasions Students build a solid foundation on which to advance to other styles Participants will bring their own materials.

Tue., Feb.,1-Mar. 8, 6-8 pm / \$129 / Six Classes

Plus supplies, see website for details.

Instructor: Marlene Steele

In person at VPC Campus

NEW!



PAINT YOUR PET'S PORTRAIT

Create a lovely portrait of your pet from a photograph to be enjoyed forever. You will learn two methods to sketch the portrait onto your canvas and then choose the one you are most comfortable with: the transfer method or freehand drawing. To bring your pet's personality to life, you will receive guided instruction on mixing acrylic paint colors and using brush strokes to achieve the look you want. No previous painting experience necessary!

Sat., Feb. 5, 10 am-1 pm / \$55 / One Class

Plus supplies, see website for details.

Instructor: Marlene Steele

In person at VPC Campus

ARTS & HANDICRAFTS



HOW-TO RE-DO YOUR WARDROBE BASICS

Re-do your wardrobe this season with what you already own! Reduce your carbon footprint, say no to fast fashion brands, single use tees, and learn to make new clothes out of old ones. Bring 4-6 old tee shirts from your closet and learn some basic techniques for giving your wardrobe a refresh. You can bring a friend and make a "bestie split tee" and go home with a shared new shirt style. Or come solo and re-work some of your favorite old vintage threads.

Sat., Mar. 12, 11 am-3 pm / \$99 / One Class

All supplies included in class fee. Students bring used tees.
Instructor Rosie Kovacs
Sew Valley 1010 Hulbert Ave., Cincinnati, OH 45214 **NEW!**



SPRING FLORAL ARRANGING

Soak up Spring with this delightful floral design workshop with Evelyn Streeter from Eve Floral Co. You'll create a unique, one-of-a-kind floral arrangement using a seasonal color palette and pick up all kinds of tips and tricks to design like the pros! This workshop is open to any and all flower lovers with no experience necessary where all tools and materials are provided. Come solo or grab a friend or two. Drinks and snacks provided. Class size is limited to 16 people for a more intimate, personalized experience.

Wed., Mar. 16, 6:30-8 pm / \$89 / One Class

All supplies included in class fee, plus refreshments provided.
Instructor: Evelyn Streeter
In-person at VPC Campus **NEW!**



INTRODUCTION TO INDUSTRIAL SEWING

Intro to Industrial Sewing will cover the concepts of industrial vs. domestic sewing. This is a very hands-on workshop where you will get to learn your way around the machines, experience using them, and apply your learnings to a sewing project. Students will learn how to use the following machines: straight stitch, walking foot, zig zag, serger, double needle straight stitch, as well as demonstrations on other more specialty machines. Whether you're a lover of new technology, or an appreciator of a well cared for vintage machine, we've got you covered! Come jump in the assembly line, use the real deal equipment, and learn to operate some industrial machinery!

Sat., Jan. 22, 10 am-2 pm / \$139 / One Class

All supplies included in class fee.
Instructor Madeleine Misleh
Sew Valley 1010 Hulbert Ave., Cincinnati, OH 45214



SHARE YOUR HOBBIES, TALENTS, AND SKILLS!

We are currently looking for instructors for the Spring term. Give teaching a try with a single session class!

[uc.edu/ce \(communiversity\)/teach a class](https://uc.edu/ce(communiversity)/teach-a-class)

Glass Art!

Our instructor, Mary Jane, provides a wonderful studio space and some studio supplies for your project. Other supplies may be purchased, typically costing between \$30-\$120*, depending on the scope of your work. She will be happy to discuss your project before class to help you plan out the materials needed. *Cash or check only.



INTRODUCTION TO STAINED GLASS

In this a 4-hour introduction to the art of stained glass we will be making a sun catcher or small panel using 5-10 pieces. The instructor will teach you the basics of the copper foil method, using some of the studio tools and equipment. The following month you may want to take the Beginning Stained Glass class for a more comprehensive exploration and the opportunity to create a larger piece.

Sat., Jan. 15, 12-4 pm / \$39 / One Class

Plus supply fee (typically \$30-35) payable to instructor.

Instructor: Mary Jane Riggi

MJ Riggi Stained Glass Studio

NEW!

BEGINNING STAINED GLASS

The creation of stained glass art dates back to England in the 7th Century. You will learn this ancient technique in this fun, fascinating Saturday workshop with expert, Mary Jane Riggi. She'll provide professional instruction for you to create your own work of art in the "old" tradition. You'll learn all about glass selection, methods of cutting glass, leading, and soldering. Patterns available from the instructor (most about 11"x17" approximate size of the project). Register early! Class is limited to 6 people.

Sat., Feb. 19, 10:30 am-4:30 pm / \$79 / One Class

Plus supply fee (typically \$60-120) payable to instructor.

Instructor: Mary Jane Riggi

MJ Riggi Stained Glass Studio

NEW!



MOSAICS

Turn a plain tray, tabletop, or panel into a working piece of art using various glass pieces, including your own broken cups and plates! In this beginning class, expert Mary Jane Riggi will teach you the basics of the direct mosaic method. You'll learn tips on glass selection, cutting, gluing, and grouting. Please bring your own items to add to your mosaic design, or choose from interesting items available at the studio. Register early! Class is limited to 6 people.

Sat., Mar. 5, 10:30 am-4:30 pm / \$59 / One Class

Instructor: Mary Jane Riggi

Plus supply fee (typically \$30-40) payable to instructor.

MJ Riggi Stained Glass Studio

NEW!



LEAD PANEL STAINED GLASS

The creation of stained glass art dates back to England in the 7th Century. You will learn this ancient technique in this fun, fascinating Saturday workshop with expert, Mary Jane Riggi. She'll provide professional instruction for you to create your own work of art in the "old" tradition. You'll learn all about glass selection, methods of cutting glass, leading, and soldering. Patterns available from the instructor (most about 11"x17" approximate size of the project). Register early! Class is limited to 6 people.

Sat., Mar. 19, 10:30 am-4:30 pm / \$79 / One Class

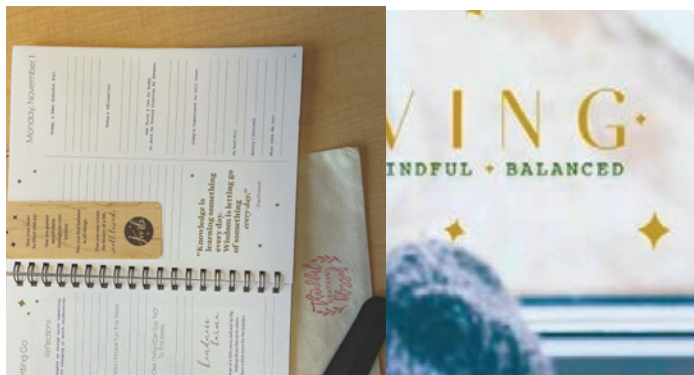
Plus supply fee (typically \$60-120) payable to instructor.

Instructor: Mary Jane Riggi

MJ Riggi Stained Glass Studio

NEW!

Create strategies for the year ahead...



INTENTIONAL JOURNALING

This course explores the many facets of journaling and how you can use a journaling practice as a way to help you lead a more intentional and authentic life. A valuable course for new and experienced journalers. In addition to highlighting a variety of methods, we'll talk about how you can use your journal to cultivate positivity and an abundance mindset. We'll also discuss the value of habit trackers and the science behind making and breaking habits. Mindfulness and reflection are also powerful tools for creating changes you may desire in your life. We'll talk about different ways you can utilize these practices as well using your journal as a guide.

Tue., Mar. 8-22, 6:30-8:30 pm / \$129 / Three Classes

Journal included in class fee (\$45 value).

Instructor: Julie Barlow

In-person at VPC Campus

NEW!



A WHOLE-PERSON APPROACH TO YOUR RETIREMENT

Retirement is an important life transition and thought and attention are typically given to getting your finances in order. It's equally important to understand the normal emotional changes that may occur as you enter this important stage of your life. This class will help you to make the most of it! Through a series of lectures and small group activities, you will gain important understanding into how your psychological well-being can contribute to a positive (or negative) retirement. Using the tools and resources provided, you will gain valuable insight to how you can receive the outcome you want. By the end of the second class, you will have created a tentative personal plan for your positive retirement.

Tue., Jan. 25-Feb. 1, 6-8 pm / \$129 / Two Classes

Includes a workbook.

Instructor: Robert Conyne

In-person at VPC Campus



GET WHAT YOU WANT: VISION BOARDING

Creating a vision collage/dream board gives you clarity and direction to life, work and relationships. Under the guidance of life coach, Carol Walkner, you become the creator and visionary to manifest the life you want to lead. In the first class we will set intentions and delve into who we are and what we value—the first step to discerning what you really want. The second class will be creating your actual collage/dream board. Get ready to create your life, your way, and be ready to have some fun in the process!

Wed., Jan. 26, 6-7:30 pm & Sat., Jan. 29, 10-12:30 pm / \$79 / Two Classes

Paper and tools provided. See website for items students bring.

Instructor: Carol Walkner

In-person at VPC Campus

NEW!



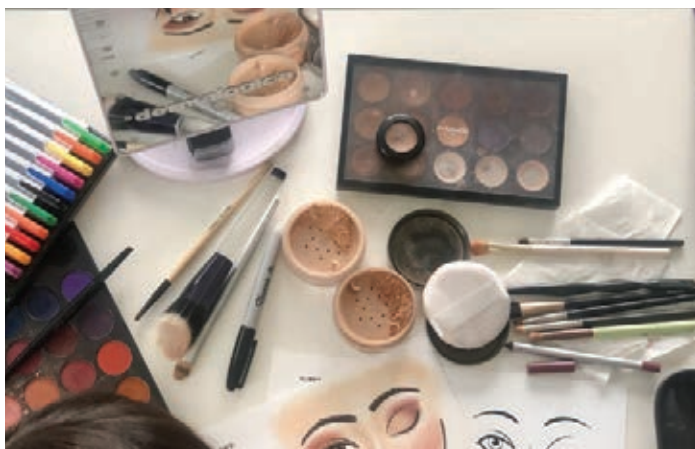
IT'S A NEW YEAR TO GET ORGANIZED! MINIMIZE & DECLUTTER YOUR HOME

Simplify your home. Simplify your life! Learn how to evaluate and make decisions to minimize, declutter, and organize your space with local expert Alandis Johnson, Ph.D. By the end of the course, you will have new skills and insight to reclaim your intentionality regarding all that "stuff" that overwhelms the typical person. You will look at your possessions in a new way, keeping and using only the ones that better enhance and nurture your life.

Tue., Jan. 18-25, 6:30-8 pm / \$49 / Two Classes

Instructor: Alandis Johnson

In-person at VPC Campus

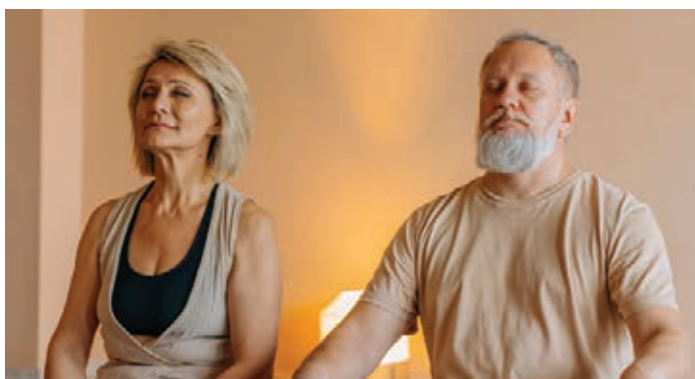


ESSENTIAL MAKEUP SKILLS MASTER CLASS

In this comprehensive class you will learn about different types of makeup products and their uses, how to choose the right products for your skin type and tone, and the proper makeup brushes and tools to use. You'll learn how to confidently apply a basic daytime look and how to convert it to a glamorous evening look in just a few steps—without the sales pitch and the very public department store environment. Find out what your makeup will do for you, what basics you really need, how to select and purchase makeup, and how to handle some of the tools. Explore daytime and evening looks, how to minimize flaws, and how to take care of your skin. Be sure to have your makeup on-hand and ready to apply along with your instructor as you learn the proper steps and techniques.

Tue., Mar. 8-15, 6:30-8:30 pm / \$75 / Two Classes

Instructor: Erica Strayhorn
LIVE Online via WebEx

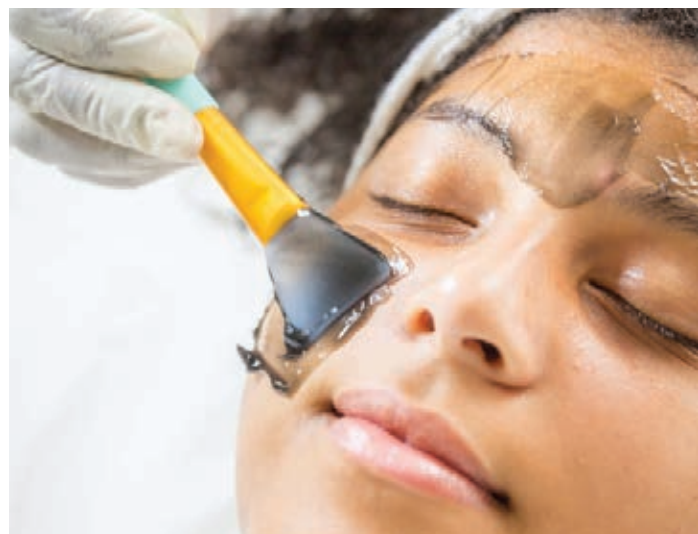


BUDDHIST INSIGHT MEDITATION: CONCENTRATION AND INSIGHT

Learn to live in the present moment by developing a meditative practice of mindful awareness. This class offers an exploration of that process, emphasizing concentration and insight. Special attention will be given to mind states that can interrupt our progress. Learn how to work with sleepiness, worry, anger, desire, and doubt in order to deepen your practice all along the path. We provide chairs and meditation cushions. No particular belief system required—just a desire to find the clarity and peace that meditation can bring.

Thu., Mar. 3-24, 7-8:30 pm / \$79 / Four Classes

Instructor: Sue Noble
Dharma Center, 15 Moline Ct, Cincinnati **NEW!**

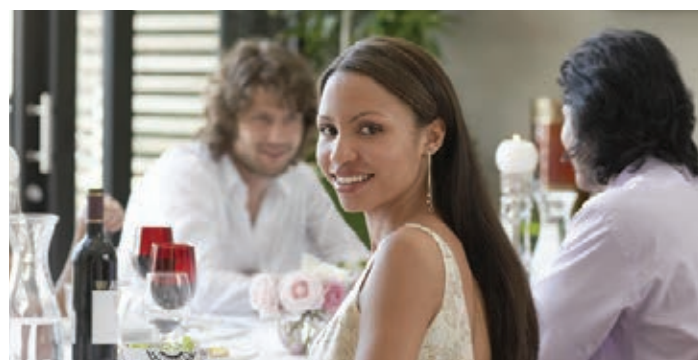


NEW YEAR, NEW SKIN!

It's a new year and it's time to give that skin a refresh. In this class, you will learn how to bring your skin to the next level with professional guidance from esthetician and skin care specialist, Sylvia Brownlee. Make skin care your new year's resolution, and the next time you are at brunch with the girls or at that family gathering, everyone will want to know your secrets on how you got your healthy, glowing skin!

Mon., Jan. 24-31, 6-8 pm / \$99 / Two Classes

Instructor: Sylvia Brownlee **NEW!**
In-person at VPC Campus



BUSINESS AND SOCIAL DINING ETIQUETTE

In this class, you will learn to be comfortable in any dining situation whether formal, informal, business or social. Join our image consultant, Nanci Glendening, as you polish your table manners in an enjoyable, private setting. Topics include navigating the table, the silent service code, forms of service, and the five most common dining mistakes. From "How do I Eat This?" to "Faux Pas Recovery 101," we'll have fun while learning!

Tue., Feb. 22, 6-8 pm / \$29 / One Class

Instructor: Nanci Glendening
In-person at VPC Campus



*"Nanci was very generous in answering individual questions."
-Student in Nanci Glendening's "Best Colors"*

PERSONAL DEVELOPMENT



Understanding the Enneagram increases emotional and social intelligence, two of the most important predictors of success and happiness.

INTRODUCTION TO THE ENNEAGRAM

Learn how the Enneagram symbol describes nine distinct but inter-related personality types, and shows nine ways of seeing and experiencing the world as well as the relationships between personality and psychological development.

Tue., Jan. 25-Feb. 8, 6:30-8:30 pm / \$79 / Three Classes

Instructor: Ron Esposito
In-person at VPC Campus

THE ENNEAGRAM: WINGS & DYNAMIC MOVEMENTS

Explore in depth the Enneagram as a dynamic system. While we keep our basic personality type as "home base," we also spend time visiting and inhabiting other personality types. The Enneagram diagram itself indicates the patterns or pathways that each personality type tends to follow. This course is open to anyone with a basic understanding of the Enneagram.

Tue., Feb. 22-Mar. 8, 6:30-8:30 pm / \$79 / Three Classes

Instructor: Ron Esposito
In-person at VPC Campus

NEW!

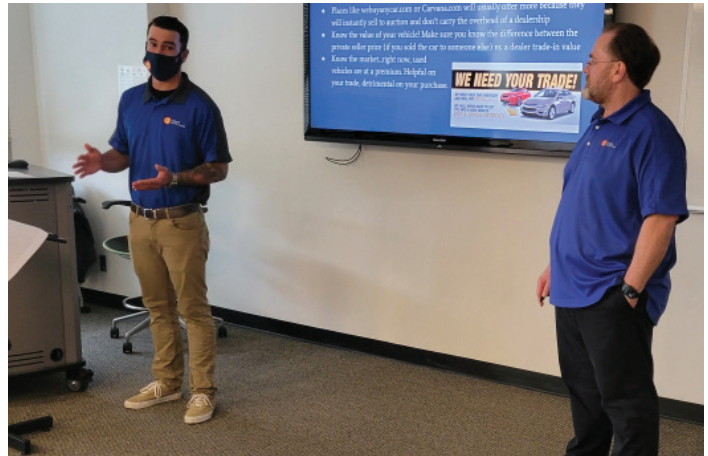


FORTUNE TELLING: DIVINATION TECHNIQUES

Learn about how anthropologists categorize the wide variety of fortune-telling (divination) techniques used around the world and discuss examples from a wide range of cultures, both past, and present. After looking at the many ways that one can accomplish an act of divination, we will then put our knowledge into practice by learning how to use at least two fortune-telling methods (tarot and runes).

Thu., Feb. 17, 6:30-8:30 pm / \$39 / One Class

Supply fee payable to instructor in class: \$25 for runes and a deck of tarot cards.
Instructor: Alisa Strauss
In-person at VPC Campus

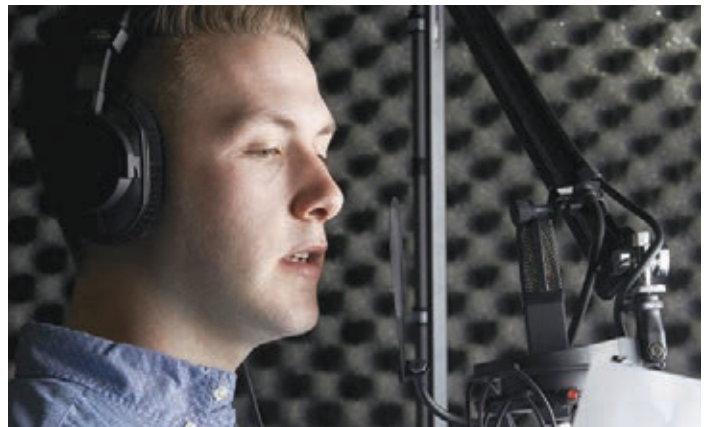


HOW TO BUY A USED CAR & A LIVE CAR INSPECTION

If you're in the market for a used car and you've been searching the web and are overwhelmed with the options, price tags, and just the whole process, this class is for you! Invest two-hours gathering all the knowledge you need about buying a used car. You will discover red flags in pre-purchase inspections with easy-to-understand information. We'll have a car on hand to do a walk-around inspection. Buying a used car shouldn't be so complicated. Equipped with knowledge about the process, you will be less likely to buy a lemon or get scammed by spending more money than you expected.

Wed., Apr. 13, 6-8 pm / \$39 / One Class

Instructors: Darren Weigl and John Ray
In person at VPC Campus



INTRODUCTION TO VOICEOVERS

Explore the craft of voiceovers! Discover current trends, opportunities, and tools you need to find success in this growing remote working industry. Read a real script and receive coaching from your instructor, a professional voice actor, to improve your delivery. One-time, 90 minute, one-on-one, video-chat class! Learn more: <http://www.voicesforall.com/ooo>. Upon registration you will be contacted by VFA to schedule your class for a day and time of your convenience.

Start anytime / \$49 / 90-minute Class

Instructor: Voices for All
After you are registered, you will be contacted to schedule your class for a day and time of your convenience.
LIVE Online



INTERNET VIDEO CONFERENCING BASICS USING ZOOM, WEBEX, AND MICROSOFT TEAMS

Web conferencing and video chat is now at the heart of how we interact with each other, both personally and professionally. This class will take the mystery out of using the leading web conferencing tools such as Zoom, Webex, and Microsoft Teams You will learn the basics of each application guided by expert, Kristin Gebhart. And she will discuss scheduling, hosting, and collaborating so you can become more confident in using these powerful online communication tools at home and for work.

Thu., Jan. 20, 6-8 pm / \$39 / One Class

Instructor: Kristin Gebhart
In-person at VPC Campus

NEW!



WRITING THE SHORT STORY

How often have you told yourself "I really should write that short story or that book," but you didn't know how to begin? This course will teach you everything you need to know to get started writing. Professional writer, John Kachuba, will cover character, plot, setting and a range of skills and useful techniques designed specifically for the novice writer. At the end of class you will leave with a good start to your first chapter and the knowledge and confidence to continue writing your original piece

Tue., Mar. 8-29, 6-8 pm / \$199 / Four Classes

Instructor: John Kachuba
In-person at VPC Campus

NEW!



IS YOUR PROJECT A SUCCESS? INTRO TO EVALUATION

Learn how to evaluate your latest program such as an event, organization or company initiative, or art installation. Find out who participated and why, what the outcomes were, and use this data to develop action steps and effective reporting. This workshop is great for small businesses, nonprofit organizations, community volunteers, or any individual that wants to learn how to conduct an evaluation study. Students are asked to bring a case study and identify what they want to know about its success. We will provide you with practical tools and templates for developing, executing, and presenting effective research and analysis, and leave with a template for action steps you can apply going forward, so your next program is an even bigger success!

Mon., Mar. 7-21, 6:30-8:30 pm / \$89 / Three Classes

Instructor: Caitlin Tracey-Miller
In-person at VPC Campus

NEW!



THE CRAFT OF MAGAZINE WRITING

Have you ever thought about writing for magazines? Turn your dreams into bylines and help yourself to a bright future as a magazine writer. It is fun, easy, and a great source of extra income. If you are a determined new writer, or if you haven't written for magazines in years, this class will jump-start your career. Taught by full-time award-winning writer, Eva Shaw, you will learn plenty of powerful brainstorming techniques designed to get those creative juices flowing with articles that practically write themselves. In addition, you will learn how to market your articles with spin-offs and revisions; seasonal and theme-articles to keep your writing business alive.

Sessions start Jan. 12, Feb. 9, and Mar. 9 / \$119 / Six Weeks

Instructor: Eva Shaw

Online through our educational partner provider ed2go

NEW!



FIT + FULL TO FEEL BETTER!

Fit + Full is for people who want to take back their physical and emotional health and keep it! This class is chock full of information on the power of the physical and emotional connection. You will explore why movement is important and what you can do to improve your personal level of physical activity in a sustainable way. In addition, you will get a clear picture of your personal eating habits and strategies for making healthy choices. With a new understanding of the connection between food/eating habits and emotions, you will know how to recognize and respond to emotional eating. Lead by Melissa McKelvie, a licensed clinical psychologist and certified life coach, and Kelly Leon, a certified group fitness instructor.

Tue., Jan. 11-Feb. 1, 6:30-8:30 pm / \$159 / Four Classes

Instructors: Kelly Leon and Melissa McKelvie
In-person at VPC Campus

NEW!



CLEAN OUT THAT MEDICINE CABINET!

When was the last time you counted up all the OTC medications and dietary supplements you take on a regular basis? Are these products safe for long-term use? Learn about some of the dangers of overuse of OTC medications and dietary supplements including their side effects, interactions, and product quality-related issues (potency/purity/storage/expiration dates). Clinical categories covered include the management of pain, GERD/reflux disease/upset stomach, sleep, memory, and more.

Wed., Jan. 19, 6-7:30 pm / \$29 / One Class

Instructor: Dr. Cathy Rosenbaum
In-person at VPC Campus

NEW!



PLAYING WITH POSTURE: AN INTRODUCTION TO THE ALEXANDER TECHNIQUE

Feeling stiff, tight, tense, or achy? The Alexander Technique teaches basic principles of bearing and coordination that promote easy and sustainable postural support. It is suitable for people of all fitness levels, and applicable to both everyday and specialized activities. Usually taught one-on-one, this class offers an opportunity to explore the dynamics of posture through playful activities and embodied instruction within a small group setting. Participants will leave feeling lighter, looser, taller, and calmer, and with a set of tools they can use on their own. Please bring a yoga mat.

Mon., Jan. 31-Feb. 21, 6:30-8 pm / \$139 / Four Classes

Instructor: Claire Rechnitzer
In-person at VPC Campus



ALEXANDER TECHNIQUE WORKSHOP FOR PERFORMING ARTISTS

Often regarded as the performing artist's secret advantage, Alexander Technique promotes an embodied awareness that helps people reach new heights of expression and confidence. This introductory hands-on workshop will explain what the technique is and how performers use it to transcend psychophysical habits that may be holding them back. Participants should bring a yoga mat and are welcome to bring their musical instrument, text, prop, costume, or anything else they'd like to work with.

Sat., Mar. 5, 12-2 pm / \$49 / One Class

Instructor: Claire Rechnitzer
In-person at VPC Campus

NEW!

The Fitness Flex Pass gives you flexibility to attend classes when you want. Only pay for what you will use. (Please note that passes may not be carried over into another term.)

Six-class Flex Pass / \$49

Twelve-class Flex Pass / \$79

ZUMBA® TONING

Zumba® Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba® moves to create a calorie-torching, strength-training dance fitness-party. You will learn how to use light weights (1-2 pounds) to tone all your target zones, including arms, abs, glutes and thighs. Sculpt your body naturally while having a total blast. Bring 1-2 pound dumbbells, a mat for floor work, and wear supportive aerobic shoes. We encourage you to enroll through our Fitness Flex (12-Class) Pass or our Fitness Flex (6-Class) Pass.

Tue., Jan. 18-Apr. 5, 5:35-6:35 pm / \$79 / Twelve Classes

Instructor: Pat Woellert
In-person at VPC Campus



SHAPE UP WITH BELLY DANCE

Dance your way into shape with this captivating combo of low impact exercise and natural dance that celebrates the personal beauty of all women of all sizes, all ages. These stretching and swaying movements, electrifying shimmies, and flowing arms are rooted in thousands of years of feminine history. Belly dance promotes flexibility, strength and grace; it helps you unwind and inspires a positive attitude. Learn authentic steps, correct techniques and enchanting dance routines.

Mon., Jan. 24-Feb. 28, 6:45-7:45 pm / \$79 / Six Classes

Mon., Mar. 7-Apr. 11, 6:45-7:45 pm / \$79 / Six Classes

Instructor: Nanci Glendening
In-person at VPC Campus



ZUMBA® FITNESS

This unique workout is a "feel-happy" approach to fitness. Its high energy, motivating music and rhythms are a fusion of Latin and International dance themes. Great for the body and great for the mind, this workout combines fast and slow rhythms designed to sculpt the body, burn calories and fat, and tone you up. Bring a floor mat and wear supportive aerobic shoes. We encourage you to enroll through our Fitness Flex (12-Class) Pass or our Fitness Flex (6-Class) Pass.

Wed., Jan. 19-Apr. 6, 5:35-6:35 pm / \$79 / Twelve Classes

No classes the week of Thanksgiving
Instructor: Pat Woellert
In-person at VPC Parkway Campus

BOOT CAMP LITE

No fear here - you can do it! This kinder, gentler boot camp is designed to improve your cardiovascular endurance, muscular strength, balance, and flexibility with fun, easy-to-follow drills. Bring a pair of hand held weights suitable to your fitness level, a mat for floor work, and supportive aerobic shoes. We encourage you to enroll through our Fitness Flex (12-Class) Pass or our Fitness Flex (6-Class) Pass.

Thu., Jan. 20-Apr. 7, 5:35-6:35 pm / \$79 / Twelve Classes

Instructor: Pat Woellert
In-person at VPC Campus



TAI CHI FOR BEGINNERS

This is a great introduction to tai chi. You will get all of the fundamentals with this easy to learn short set of moves appropriate for people of all ages and fitness levels. The slow gentle movements are ideal for building strength no matter what your previous activity level. The emphasis on breathing, posture, and a relaxed mental focus can be beneficial to practitioners at all abilities. Be assured that most people face a bit of a learning curve when they begin tai chi classes, but this focus on new and unfamiliar movement is also why tai chi has so many benefits for both the mind and the body.

Thu., Jan. 13-Mar. 3, 7-8 pm / \$139 / Eight Classes

Thu., Mar. 10-Apr. 28, 7-8 pm / \$139 / Eight Classes

Instructor: Ralph Dehner
In-person at VPC Campus

MUSIC & DANCE



Bring your guitar and the book: *Everybody's Guitar Method 1*
ISBN-13: 978-1-56939-281-2

GUITAR FOR BEGINNERS

Explore varying styles of music as you conquer the fundamentals of guitar technique, reading music, and chord study in a group setting. Increase your enjoyment of playing as you establish proper playing techniques. Bring an acoustic (not electric) guitar to all classes and find out that anyone can read music and anyone can play!

Mon., Jan. 24-Feb. 28, 6-7 pm / \$129 / Six Classes

Instructor: Kevin Topmiller
In-person at VPC Campus

INTERMEDIATE GUITAR

This class is a continuation of our *Guitar for Beginners* where you will build upon your fundamentals of guitar technique, reading music, and chord study in a group setting. Interestingly, the majority of students are stuck at a beginner level no matter how hard they try, while there is a small minority of people who actually make it past the intermediate level. In this class, we can help you become an advanced player!

Mon., Mar. 7-Apr. 11, 6-7 pm / \$139 / Six Classes

Instructor: Kevin Topmiller
In-person at VPC Campus



Bring your soprano, concert, or tenor ukulele (no baritone), and the book: *Everybody's Ukulele Method 1*
ISBN-13: 978-1-61928-016-8

UKULELE FOR BEGINNERS

Ukuleles aren't just for luaus! After mastering the fundamentals (tuning, holding, and finger placement), we'll focus on really getting comfortable with your instrument. Watch, listen and play along as you build on the basics of chords, strumming, playing up the neck, and trying out some variations and tempos. No musical experience is needed. Bring your ukulele, and let's make some music.

Mon., Jan. 24-Feb. 28, 7:15-8:15 pm / \$129 / Six Classes

Instructor: Kevin Topmiller
In-person at VPC Campus

INTERMEDIATE UKULELE

This class is a continuation of our *Ukulele for Beginners* where you will build upon your fundamentals of ukulele technique, reading music, and chord study in a group setting. In this class, we can help you become an advanced player!

Mon., Mar. 7-Apr. 11, 7:15-8:15 pm / \$139 / Six Classes

Instructor: Kevin Topmiller
In-person at VPC Campus



THE SOCIAL DANCE OF ARGENTINE TANGO

Get your flirt on with the basics of Argentine Tango! Learn fundamental dance skills of Argentine Tango including frame, lead/follow, rhythm, and footwork. Then learn patterns and floor craft to weave your way around the room. All skill levels welcome. Advanced dancers will be challenged. Make sure to wear comfortable clothes, shoes with a smooth bottom, and your Tango eyes!

Wed., Jan. 12-Feb. 9, 7:30-8:30 pm / \$119 / Five Classes

Instructor: Susan Jacob
In-person at VPC Campus

NEW!



*"Susan's teaching style left me feeling super confident."
-Emily T., Swing Class Student*



Bring your fiddle and a bow to class.

OLD-TIME FIDDLE FOR THE ABSOLUTE BEGINNER

Students will be exposed to some of the traditional fiddle styles in Appalachian fiddling. Basic fiddling techniques will be introduced, and you will learn at least three new tunes to practice and enjoy. This course requires at least a rudimentary familiarity with the fiddle. Students should already be able to play at least one tune (e.g. Mary Had A Little Lamb).

Tue., Feb. 15-Mar. 22, 7-8:30 pm / \$139 / Six Classes

Instructor: Susan Gilligan
In-person at VPC Campus

NEW!



Bring your mandolin, pick, tuner, and the book *Hal Leonard Mandolin Method Book 1*

MANDOLIN FOR BEGINNERS

In this class, you will learn and enjoy music first-hand by discovering the magic of the mandolin. In addition to learning about the different types of mandolins, we will discuss music theory as it applies to the instrument learning strums, chords, melodies, and the all important tuning. Mindy takes a professional, creative, and fundamental approach to help beginners understand and experience playing this wonderful instrument.

Tue., Feb. 8-Mar. 15, 6-7:30 pm / \$169 / Six Classes

Instructor: Mindy Connell
In-person at VPC Campus

NEW!

Fun, low pressure Dance Classes



LEARN TO BALLROOM DANCE THE FOX TROT & WALTZ

Find out how much fun ballroom dancing can be! If you hear the words "ballroom dance," and start feeling anxious because you haven't learned the steps, this is the class for you! We will start with basic ballroom dance steps of popular dances such as the Fox Trot and Waltz, then continue with the fundamentals of dance patterns of timing and lead/follow. By the end of the course, you will discover not only how much fun dancing can be, but also reap the many benefits dance offers—including stress relief, mind and body stimulation, and more opportunities for social activities.

Wed., Feb. 16-Mar. 16, 7:30-8:30 pm / \$119 / Five Classes

Instructor: Susan Jacob
In-person at VPC Campus



LEARN TO SWING DANCE!

Looking for a fun time while learning America's favorite dance? Swing is it, baby! Starting with the basics and working our way up, we can help you with dance fundamentals such as lead/follow, timing, patterns, and showing your style on any dance floor. Anyone can dance, and we can show you how. Open to singles and couples. Wear anything comfortable to move in and be ready to have fun!

Wed., Mar. 23-Apr. 20, 7:30-8:30 pm / \$119 / Five Classes

Instructor: Susan Jacob
In-person at VPC Campus



FONDUE & FOCACCIA (foe-KA-sha)

The earliest accounts of fondue served with bread date back to Switzerland in the late 17th century. It became popular in the US in the sixties as a reflection of the changing social customs toward the more informal. In this class, you will learn to make a delicious fondue using gourmet cheese from My Artisano Cheese Co. with owner, Eduardo Rodriguez. To pair with the fondue, you will learn to make focaccia bread from scratch with expert baker, Michelle Kovach. You will be mixing and shaping the loaves by hand to take home and bake. At the end of class there will be plenty of time for tasting Michelle's baked bread with your fondue. Plus, you'll have great recipes for your next informal gathering!

Wed., Feb. 16, 6-9 pm / \$99 / One Class

All supplies included in class fee.

Instructors: Eduardo Rodriguez and Michelle Kovach
In-person at VPC Campus

NEW!



YES, YOU CAN MAKE ARTISAN SOURDOUGH BREAD AT HOME!

Never baked bread before but always wanted to try? Start here! This class is an intensive and practical lesson on the science of naturally leavened bread-making and baking. Students will receive instruction on how to maintain a sourdough starter, how to mix dough, and how to shape and bake the loaves. We will bake bread (and break bread!) together to look at crust and crumb textures. Students will leave the class with the new knowledge gained, as well as a proofing basket, a portion of sourdough starter, a loaf to bake on their own the following day, and a bag of organic, freshly-milled whole grain whole wheat flour.

Sun., Feb. 20, 10 am-2 pm / \$89 / One Class

All supplies included in class fee.

Instructor: Michelle Kovach
In-person at VPC Campus

NEW!



CINCINNATI WINE: AN EFFERVESCENT HISTORY & WINE TASTING EVENING

Tip your glasses to Cincinnati's rich history of winemaking with Dann Woellert, Cincinnati food historian, as he shares the history of Cincinnati wine through four of the Native American grapes that led us through the peak of our winemaking from 1840 to 1870. These specific grapes: the Catawba, Norton, Ives, and Delaware grapes created a unique history that fostered the growth of the California wine industry. Students will enjoy tasting three local Norton wines and will receive a copy of Dann's new book "Cincinnati Wine: An Effervescent History."

Thu., Feb. 17, 6:30-8:30 pm / \$59 / One Class

Class fee includes wine tasting and autographed copy of book.
Instructor: Dann Woellert
In-person at VPC Campus



AN INTRODUCTION TO WINEMAKING AT HOME

Cincinnati has a rich history of "fermentation" and often times, you do not need to go to a fancy winery to enjoy your favorite libation. Winemaking can be a "fruitful" and satisfying at-home hobby! This course will cover all the essential materials you will need to start your first wine at home and how to monitor its progress from fermentation to bottling. We'll talk about the kinds of wine you can create, but the only limit is your imagination! Students will receive a tasting of homemade wine and a "champagne yeast" packet for their own wine-making adventures.

Wed., Feb. 24, 6-8 pm / \$59 / One Class

Includes wine tasting, a book, and yeast packet.
Instructor: Brandon Nelson
In-person at VPC Campus

NEW!

Enjoy cheesemaking classes with an expert



LEARN TO MAKE SOFT CHEESES: CAMEMBERT OR BRIE

This class will teach you how to make French soft cheeses with world cheese award winner, Eduardo Rodriguez. You will learn the basics of making a cow's milk Camembert or Brie, both soft, ripened, and creamy cheeses with delicious white rinds considered to be a delicacy. You will also learn about the process of aging to bring out the flavors of the cheese, and then you can finish the aging of your cheese at home to bring it to your desired taste profile.

Wed., Jan. 26, 6:30-8:30 pm / \$79 / One Class

Plus \$47 for cheese mold and aging box, payable to instructor.

Instructor: Eduardo Rodriguez

In-person at VPC Campus

LEARN TO MAKE RICOTTA CHEESE

This class will teach you the basics of Ricotta cheese making—the natural way. And we'll enjoy making some classic recipes with the ricotta cheese we make: herbed spreads, stuffed pasta, and pastries!

Tue., Apr. 19, 6:30-8 pm / \$49 / One Class

Plus \$8 for supplies payable to instructor.

Instructor: Eduardo Rodriguez

In-person at VPC Campus

Tasty ideas for lighter eating...



DELICIOUS VEGAN/VEGETARIAN MEALS YOU CAN MAKE AT HOME

Explore tasty possibilities for a plant-based diet. Mona and Rebecca will guide you through a delicious meat-free option, a complete plant-based option, and a tasty raw dessert. And you will leave with recipes you can make at home. Dishes will include nuts, seeds, and legumes in case of allergies or sensitivities.

Wed., Jan 24, 6-8:30 pm / \$59 / One Class

Instructors: Chefs Mona Bronson Fuqua and Rebecca Denney

In-person at VPC Campus

NEW!



MEAL PREP BASICS FOR HEALTHIER EATING

Learn the basics of meal prepping for a healthier lifestyle. Whether you're on a weight loss journey, or would just like to incorporate more healthy options into your daily routine, preparing your meals will help you reach your goals. This course will teach you a simple breakfast, lunch, dinner, and snack that can be used throughout the week.

Wed., Jan 12, 6:30-8 pm / \$39 / One Class

Instructor: Amanda Valentine

In-person at VPC Campus

NEW!



"I liked Mona's knowledge and enthusiasm."
—Susan H., Student in Roux, Soups & Sauces



"It was hands on!"
—Lee S., Student in Mozzarella Making class

Warm ways to enjoy winter's chill



WARM WINTER COCKTAILS

Our favorite cocktail wizard, Cory Patrin is back this term to bring us delicious recipes for warm winter drinks. And there's no better time than to have this class on "National Hot Toddy Day" January 11! Grab your friends and make a night of it learning how to mix up some amazing libations using Cory's carefully developed recipes. you'll learn to make the perennial favorite, Hot Toddy, and a variety of great drinks for chilly winter evenings using different spirits, mixers, fruits, herbs, and spices. Join us to have fun with hands-on experience developing your mixology skills.

Mon., Jan. 11, 6:30-8:30 pm / \$39 / One Class

All supplies included in class fee.
Instructor: Cory Patrin
In-person at VPC Campus **NEW!**



YUMMY SUPERBOWL SNACKS

The big game is a day for family, friends and a little culinary indulgence. Learn how to whip up some great dips, sauces for wings and meatballs, and other traditional snacks (with a flare) to carry you from kickoff to the final goal.

Thu., Feb. 3, 6-8:30 pm / \$59 / One Class

All supplies included in class fee.
Instructors: Mona Bronson Fuqua and Rebecca Denney **NEW!**
In-person at VPC Campus



MARDI GRAS LOUISIANA STYLE!

Laissez rouler les bon temp! Let the good times roll for Fat Tuesday! Fill your soul the Louisiana flavors of gumbo, dirty rice, maque choux corn cakes and a special sweet treat.

Mon., Feb. 28, 6-8:30 pm / \$59 / One Class

All supplies included in class fee.
Instructors: Mona Bronson Fuqua and Rebecca Denney **NEW!**
In-person at VPC Campus

Antonio Iemmola has been teaching Italian for decades. Learn from the best to speak this beautiful language, rich in culture.

Text for both classes is: *Italian: A Self-Teaching Guide* by Edoardo A. Lèbano. Moderator:



ITALIAN FOR BEGINNERS

Learn to communicate in this beautiful, musical language. You'll acquire the basics of pronunciation, vocabulary, grammar and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation, plus special expressions for travelers. Tips on traveling and enjoying the culture of Italy will also be covered in this fun class.

Mon., Feb. 21-Apr. 4, 6:30-8:30 pm / \$189 / Seven Classes

Instructor: Antonio Iemmola
In-person at VPC Campus

INTERMEDIATE ITALIAN

Increase your knowledge of Italian through conversation, culture, and camaraderie. We'll spend the first part of each class on grammar, past tense, and vocabulary with the second part devoted to conversation, Italian crosswords, and interesting topics in Italian culture. You will need some knowledge of basic Italian or to have taken Italian for Beginners.

Thu., Feb. 24-Apr. 7, 6:30-8:30 pm / \$189 / Seven Classes

Instructor: Antonio Iemmola
In-person at VPC Campus **NEW!**

For required text for language classes, please refer to the course descriptions online.



SPANISH I

This is a course designed to help students that need to learn the basics of Spanish in eight weeks. Students will learn common Spanish words and expressions that they may come across in everyday life. Some of the topics that will be covered are words and phrases needed while on vacation, when ordering food, while in a business meeting, and if you have an emergency in a Spanish-speaking city.

Thu., Jan. 20-Mar. 3, 6:30-8:30 pm / \$199 / Seven Classes

Instructor: Sandra Bazzani

In-person at VPC Campus

Classes will include some online sessions via WebEx and field trips.

SPANISH II

This course is a continuation of Functional Spanish. It will include a variety of activities and vocabulary related to health and cooking, among others. Students will visit some hispanic stores, places and events in the communities of Cincinnati.

Thur., Mar. 10-Apr. 21, 6:30-8:30 pm / \$199 / Seven Classes

Instructor: Sandra Bazzani

In-person at VPC Campus

Classes will include some online sessions via WebEx and field trips



FRENCH FOR BEGINNERS

This course has been carefully crafted to ensure you will have no trouble pronouncing French words correctly. The first three lessons introduce the basics needed for most conversations in French, such as "please" and "thank you." You will also learn numbers, days of the week, months of the year, and telling time.

Sessions start Jan. 12, Feb. 9, and Mar. 9 / \$119 / Six Weeks

Instructor: Sara Hardin

Online through our educational partner provider ed2go



LEARN GERMAN THROUGH POP MUSIC

Want to learn German but don't know where to start? Auf geht's! German is fun and easy to learn. You'll master the basics of the language by learning pronunciation, sentence structure, useful phrases, and cultural touchstones—through the use of German pop songs! By the end of the six weeks, you will be comfortable with simple sentences and growing your skills naturally, whether you're in the classroom or traveling abroad. This course feeds directly into the German for Advanced Beginners course.

Wed., Jan. 19-Feb. 23, 6:30-8:30 pm / \$189 / Six Classes

Instructor: Mike Burkel

In-person at VPC Campus

NEW!



GERMAN FOR ADVANCED BEGINNERS

Already familiar with the basics of German or looking for a language refresher? Gehen wir weiter! This course expands on the German for Beginners course by introducing more advanced phrases and vocabulary to allow you the freedom to converse confidently. With a focus on travel and pop culture, each class will explore cultural and linguistic differences between different regions of Germany and other German-speaking countries, so you'll be comfortable speaking the language wherever your travels take you!

Wed., Mar. 2-Apr. 6, 6:30-8:30 pm / \$189 / Six Classes

Instructor: Mike Burkel

In-person at VPC Campus



*"I enjoyed the interaction with the other classmates. Mike is an entertaining teacher."
—Mike, German Language Student*

4 ways to create little bits of heaven...



THE JAPANESE ART OF KOKEDAMA

The art of Kokedama literally translates from “koke” meaning moss and “dama” meaning ball. These lovely planters are fun to create and make interesting unique plant additions to your home. Join us in creating your unique indoor plant garden where you will learn the centuries-old Japanese techniques using moss, mud and tropical ferns. You'll get your hands dirty, and have fun while learning how to create your own Japanese Kokedama. No green thumb required!

Sat., Mar. 19, 1-3 pm / \$49 / One Class

Instructor: Samantha Watts
All supplies included in class fee.
In-person at VPC Campus

NEW!



CREATING A POLLINATOR FRIENDLY GARDEN

In this class, you will learn to create a beautiful garden where you can enjoy watching our local pollinators such as butterflies, and hummingbirds do their job to keep our plants and trees thriving. We will cover native pollinator plant species that feature nectar-rich and pollen-rich flowers and talk about succession blooms for supporting pollinators through all seasons. As well as a few other sustainable ways to garden and ways to be animal friendly.

Tue., Mar. 1, 6:30-8:30 pm / \$39 / One Class

Instructors: Raechel Tracy and Hannah Carter
In-person at VPC Campus

NEW!



BUILD A “GARDEN UNDER GLASS” TERRARIUM WORKSHOP

Terrariums are a great way to bring nature into your home. Inside their glass garden, the plants don't need much care and can live for a long time before you need to replace or prune them. The term “terrarium” is comprised of the Latin words “terra” (earth) + “arium” (place, or receptacle). In this class, you will learn to create a perfect ecosystem for miniature plants; how to select the right tropical plants, arrange and plant them to create a magical miniature natural world.

Tue., Mar. 8, 6:30-8 pm / \$45 / One Class

Instructor: Kelsey Pearman
All supplies included in class fee.
In-person at VPC Campus

NEW!



STARTING YOUR GARDEN FROM SEEDS

Starting garden plants from seeds indoors can be an enjoyable project for any gardener. It's a relatively inexpensive way to grow a wide variety of plants. Many garden favorites are found in a greater variety of colors, sizes and growth habits as seeds, rather than as started plants. In this class, you will learn how to create your own organic planting soil, how to start seeds, and care for them until you are ready to plant your garden. There will be plenty of time to get your questions answered and you'll gain lots of tips and tricks to growing your own vegetables!

Sat., Apr. 23, 10 am-12 pm / \$39 / One Class

All supplies included in class fee.
Instructor: Camielle Howard
In-person at VPC Campus

NEW!

For the love of pets



THE BASICS OF PET GROOMING AT HOME

Join pet lover and professional groomer, Tara Bubemyre for a workshop covering the basics of how to keep your pet looking good with a healthy coat, nails and ears. You will learn basic coat care and tips on specific brushes for certain hair types. Tara will cover nail trims, ear care, light scissor work, and an introduction to clipper trimming. Have fun and learn how to groom your furry friends!

Tue., Feb. 8-15, 6-8 pm / \$69 / Two Classes

Instructor: Tara Bubemyre
In-person at VPC Campus

NEW!



THE HOW-TO'S OF FOSTERING PETS

Fostering a pet can be an extremely rewarding experience. By opening your home to provide temporary care to a shelter animal you are providing kindness to a pet in need and helping to keep the Cincinnati Animal CARE Humane Society a no-kill shelter. Join us for an evening with foster care coordinator, Amanda Graus, and learn how to become a foster parent, how pets are placed in their forever homes, and the services provided by CACHS. Fostering animals saves lives, and you will learn how to become a part of this important and rewarding program.

Wed., Jan. 26, 6:30-8 pm / \$39 / One Class

50% of class fees go to CACHS
Instructor: Amanda Graus
In-person at VPC Campus

NEW!



STAGING YOUR HOME

Are you thinking about selling your house soon? Wondering what you can do to make it more appealing to potential home buyers? According to the National Association of REALTORS, homes that are staged are selling faster and at higher prices than those that are not. This course will teach you some fundamentals about how to stage your house so that it is easy to maintain for showing requests that can happen at any moment, as well as open houses. This course will also break down the basics of creating a calming, minimal, and aesthetically pleasing home that will help you long after you sell.

Mon., Apr. 4, 6:30-8:30 pm / \$39 / One Class

Instructor: Alandis Johnson
In-person at VPC Campus

NEW!



BUYING OR SELLING A HOME? HOW TO GET MORE OF WHAT YOU WANT

This class is a great overview of how to navigate the home real estate market. Whether you are the buyer or the seller (or both) understanding the goals and approach for each party will arm you with valuable information so you can attract the right buyer or find the right house. You will learn the key points of pricing, financing, and the "ins and outs" of contracts. You'll receive critical information about fair housing and legal requirements. In addition, Gary will cover the fundamentals of whole house inspections, documentation and financing. If you do consider listing with an agent, how do you interview and select one? And what's the #1 most common mistake in selling a house? Plus, learn the one important thing a buyer should watch out for! Join us for an entertaining evening exploring how you can get the most with your housing investment. (This class is strictly educational. Products and services will not be sold to you.)

Wed., Mar. 9, 6-9 pm / \$49 / One Class

Instructor: Gary Rossignol
In-person at VPC Campus

NEW!

LOCAL, SPECIAL INTEREST & HISTORY

Informative guided walking (and riding) tours:



TAKE A RIDE THROUGH PYRAMID HILL SCULPTURE PARK

Pyramid Hill is also the only museum you can experience in an Art Cart! Bring your friends and take a ride through the 300+ acre sculpture park in a landscape of rolling hills, meadows, lakes, and hiking trails. Your tour will be guided by a docent as you take in the stunning landscape and unique architecture as a backdrop to 80+ monumental outdoor sculptures. The Park also features an Ancient Sculpture Museum that displays Greek, Roman, Etruscan, Syrian and Egyptian antiquities dating to 1550 BCE. Also for you to enjoy, is the museum gallery, which hosts exhibitions by local, regional, and national artists.

Sat., Mar. 19, 10 am-12 pm / \$45 / One Class

Instructor: Pyramid Hill Docent
Pyramid Hill, Hamilton, Ohio

NEW!



PENDLETON ART DISTRICT GUIDED MURAL TOUR

Explore the history and colorful artwork that adorns the streets and lights up the cobblestone alleyways of Pendleton—one of the city's most culturally-rich historic neighborhoods. This tour starts at the VPC Campus in a lively discussion with Frank Farmer Loomis on the history of the Pendleton district. The class will then proceed downtown to begin the walking tour highlighting 12 murals, some of Cincinnati's most unique contemporary art installations. Parking is available in OTR at the Gateway Garage or the parking lot at 12th and Vine St. The tour is about one mile long and does include steep hills and some cobblestone, so wear your comfortable shoes and be prepared to be wowed by the art and history that the Pendleton neighborhood has to offer!

Sat., Apr. 30, 10 am-2 pm / \$45 / One Class

Instructors: Frank Farmer Loomis, and a docent from ArtWorks
Location: Class begins at VPC Campus, then proceeds to the Crazy Cat, Crazy Quilt mural at 1107 Walnut Street to meet with our ArtWorks tour guide.

NEW!



HISTORY OF THE FBI 1908-1938

Join author, and former FBI Special Agent William E. Plunkett as he tells early tales of the FBI. From its formation in 1908 as The Bureau of Investigation by President Theodore Roosevelt, onto intelligence gathering during WWI and roundup of communists during The Palmer Raids. In 1921 the Osage Tribal murders were investigated, with the next decade bringing the Kansas City Massacre and resulting laws allowing agents the power of arrest and carrying of firearms. The turbulent Public Enemy era of the 1930s would see the demise of John Dillinger, Machine Gun Kelly, Baby Face Nelson, Pretty Boy Floyd and the Barker/Karpis gang and others. It's the birth of Modern Crime-fighting and the evolution of the early FBI.

Thu., Mar. 10, 6:30-8:30 pm / \$49 / One Class

Class fee includes an autographed book.

Instructor: William Plunkett
In-person at VPC Campus

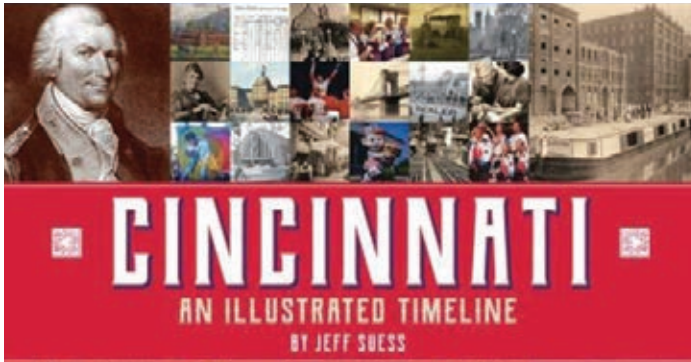
NEW!



Do you have an idea for a local class?

Are you involved with an organization or group that offers interesting local topics to add to our Community program?

Let us know at:
uc.edu/ce: Suggest a Class



CINCINNATI: AN ILLUSTRATED TIMELINE

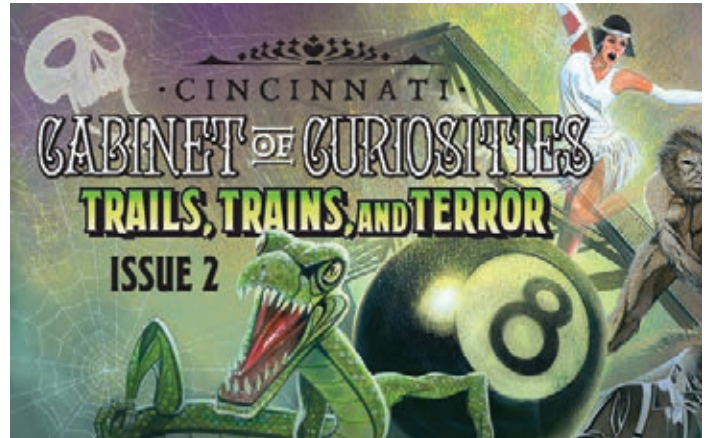
Our city's history may conjure such icons as William Howard Taft, Pete Rose, and Fountain Square, but there are hundreds of stories of Cincinnati's past and present waiting to be discovered. "Cincinnati: An Illustrated Timeline" presents the pivotal moments in the history of the Queen City. Local historian Jeff Suess leads a tour of Cincinnati from the indigenous mound builders to the development of the first American city after the Revolutionary War, all the way up to Fiona the hippo. Whether you're a lifelong resident or a curious traveler, "Cincinnati: An Illustrated Timeline" will help you learn, remember, and discover more than you ever knew about Cincinnati.

Wed., Mar. 16, 6:30-8:30 pm / \$49 / One Class

Class fee includes an autographed book.

Instructor: Jeff Suess

In-person at VPC Campus



CABINET OF CURIOSITIES (IF YOU DARE!)

Cincinnati has long been home to ghost stories, legends, tall tales and other strange history. The stories range from hauntings and cryptids to urban legends. There are tales of a strange creature stalking in Waynesville, Ohio; the ghost residing in the Sorg Opera House in Middletown; sightings of ghostly mists and black hooded figures near a Liberty Township bridge. Kat Klockow, editor of a comic anthology, "Cincinnati Cabinet of Curiosities" will delight you with these tales and so many other local legends. If you are interested in ghost stories, then join us for this fun and illuminating class!

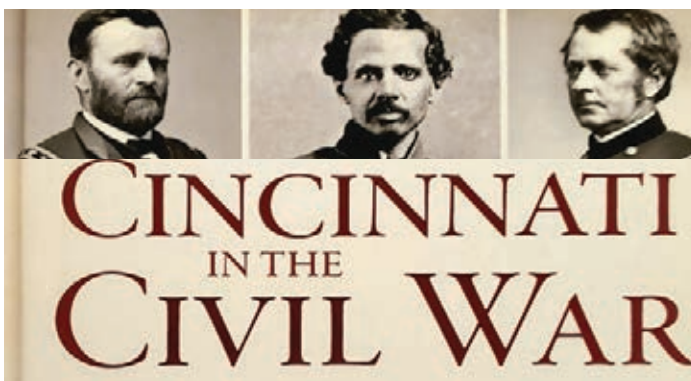
Tue., Mar. 15, 6:30-8 pm / \$39 / One Class

Class fee includes Issues 1 and 2 of the comic anthology.

Instructor: Kat Klockow

In-person at VPC Campus

NEW!



CINCINNATI IN THE CIVIL WAR: THEN AND NOW

During the American Civil War, Cincinnati played a crucial role in preserving the United States. Not only was the city the North's most populous in the West, but also it was the nation's third most productive manufacturing center. The Queen City of the West served as a key provider of the Union's soldiers, weapons, supplies, medical aid, and political influencers. In this class, Cincinnati historian David L. Mowery will reveal some of the Queen City's key structures, such as military installations, hospitals, churches, businesses, and private homes, in the way they appeared at the time of the Civil War. Simultaneously, he will show how those same buildings look today. Come join David as he gives the highlights of Cincinnati's impact on the outcome of the Civil War through a visual comparison of the past with the present.

Thu., Feb. 10, 6:30-8:30 pm / \$49 / One Class

Class fee includes an autographed book.

Instructor: David Mowery

In-person at VPC Campus



OLDEST CINCINNATI

Late in the 18th century, people in American began heading west in search of new frontiers and new lives. Many of them found their way down the Ohio River to Cincinnati, known as the "Queen City of the West." Author, Rick Pender tells the story of a ferry that enabled early settlers to cross the Ohio River at Augusta, Kentucky. Active in 1798, the ferry is still in business today. You'll hear the story of an inn that provided shelter for early stagecoach travelers. It opened in 1803 in Lebanon, Ohio and continues to welcome guests to this day. Spend a fascinating evening learning about one of the first settlements in the Northwest Territory—originally called "Losantiville" before it was dubbed Cincinnati—a city that is full of firsts and oldests.

Tue., Mar. 22, 6-8 pm / \$49 / One Class

Class fee includes an autographed book.

Instructors: Rick Pender

In-person at VPC Campus



In 2017 Katelyn Jarvis set out to win the Guinness World Record for Fastest and Youngest Female to Travel to Every Country in the World. So far, she has traveled to 145 countries.

TRAVEL SOLO FOR WOMEN

Solo female travel can be an amazing experience. It means traveling for yourself the way you want, but it can be daunting if you haven't done it before. Join world-traveler and explorer, Katelyn Jarvis to learn all of the ins and outs of solo travel. Information includes travel logistics like piecing together flight itineraries; earning income while traveling; safety tips like finding help in foreign countries if you encounter an issue; and adapting to different cultures along the way.

Mon., Jan. 31, 6-8 pm / \$35 / One Class

Instructor: Katelyn Jarvis
In-person at VPC Campus

NEW!



TRAVEL HEALTH & SAFETY WORKSHOP

Whether traveling for leisure or business your safety and security can be at risk. Find out practical tips on how to travel smart and learn the necessary skills needed to stay healthy and safe while abroad. The course will cover travel preparation, staying safe at your destination, staying healthy abroad, and what to do in an emergency. Learn how to make informed decisions to help you stay safe while traveling. Whether you're a novice traveler or your passport is worn thin, come empower yourself to become a more capable, confident, and independent traveler.

Thu., Apr. 7, 6-8 pm / \$35 / One Class

Instructor: Katelyn Jarvis
In-person at VPC Campus

NEW!



TRAVEL DESTINATION: TURKEY

Turkey, the gateway to the Middle East, is rich with history, delicious cuisine, and culture. While it is one of the Top 10 Travel Destinations in the World, it still remains a relatively off the beaten path destination and a destination where your dollar goes a lot farther. It is safe to travel Turkey on your own and in this class we will discuss topics such as where to stay, transportation options, how to immerse yourself in the rich Turkish culture, and sights to see. From the ancient Roman ruins, interesting rock structures, relaxing spa experiences, and incredible landscapes you will be able to plan an unforgettable trip!

Thu., Feb. 24, 6-8 pm / \$35 / One Class

Instructor: Katelyn Jarvis
In-person at VPC Campus

NEW!



WINTER TREES OF OHIO

This course provides an introduction to the diversity of the families of flowering plants we'll discover at this beautiful time of year. The emphasis will be on plants growing wild in the Ohio and Indiana areas. Students will learn the plant anatomy and terminology to develop their plant identification skills. We will also cover the ecology of the plants discovered during our field trips.

Sat., Mar. 5-26, 10 am-1 pm / \$159 / Four Classes

Instructor: Denis Conover

This class meets in various locations such as Spring Grove Cemetery.

Capture it on camera!



BASIC PHOTOGRAPHY

In this course, we spend time discussing camera operation and how to take advantage of the features provided, but most importantly, we explore what makes a good photograph. Subjects such as composition, selective focus, exposure, and lighting combined with a better understanding of camera controls can open a whole new world of image-making. Students of all skill levels are welcome. A DSLR or an advanced point and shoot camera are suggested. The class features interactive demos and a field trip, weather permitting.

Wed., Feb. 9-Mar. 16, 6-7:20 pm / \$149 / Six Classes

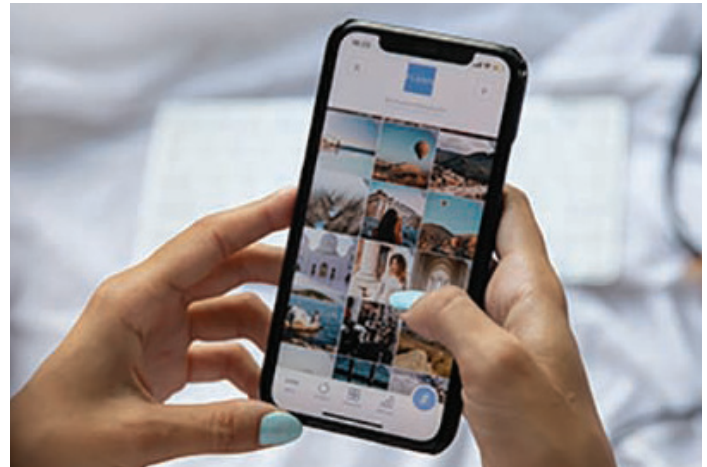
Instructor: John Engelman
In-person at VPC Campus

INTERMEDIATE PHOTOGRAPHY

Now that you have a better idea of how a camera works, you can concentrate on what's in the frame. Students should have basic experience taking pictures and have a camera with adjustable controls such as a DSLR, although those with advanced point and shoot cameras will also benefit from this course. The class features interactive demos and a field trip, weather permitting.

Wed., Feb. 9-Mar. 16, 7:30-8:50 pm / \$149 / Six Classes

Instructor: John Engelman
In-person at VPC Campus



SMARTPHONE PHOTOGRAPHY 101

Take amazing photos with your mobile device by upping your game! You will learn the basic principles of photography and creative techniques that you can apply immediately. You'll get a better understanding of focus, exposure and light, and learn quick and easy tricks for taking portraits, action photos and more. By the end of the class you'll be familiar with the mobile photography tools and review the best apps for shooting, enhancing and editing.

Thu., Jan. 27-Feb. 10, 6:30-8 pm / \$69 / Three Classes

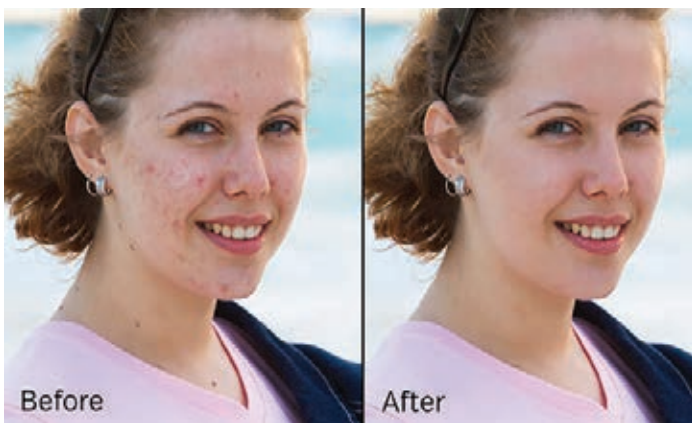
Includes a field trip.
Instructor: Kyle Sliney
In-person at VPC Campus

SMARTPHONE PHOTOGRAPHY 201

Move beyond basics and increase your ability to shoot and edit photos in this advanced class. We will dive deeper into the editing features of Adobe Lightroom and Photoshop Express on your smartphone. We'll focus on developing a style, look, and mood, learning how to better organize your photo library, quick ways to edit multiple photos at one time, use of selective edits, and composite photos to create your own photo masterpiece. (If you already have the basic skills, you are not required to take the Smartphone Photography 101 class as a prerequisite.)

Thu., Mar. 3-10, 6-8 pm / \$69 / Two Classes

Instructor: Kyle Sliney
In-person at VPC Campus



Edit your images

PHOTOSHOP FOR HOBBYIST

Learn the tools and techniques to get started with the basics of Adobe Photoshop! In this class you'll learn how to work within the Photoshop workspace to tackle any project, from photo retouching to creating a poster complete with text and graphics. No previous Photoshop experience required!

Tue., Mar. 15-22, 6:30-8 / \$49 / Two Classes

Instructors: Kyle Sliney
In-person at VPC Campus

NEW!

SPORTS & TEST PREP

Get golf-ready for your spring game!



All classes are held at Sharon Woods Golf Course and taught by PGA professional instructors.

There is a ball fee payable at the first class. Bring your own clubs if you can; if not, equipment will be provided.



Golf Course
11355 Swing Rd., Cincinnati

GET GOLF READY I

Don't want to be left out of the golf outing again this year? Just want to feel more at ease playing with friends? This class is designed to prepare new or beginner golfers to feel comfortable with the fundamentals of the game. Topics will include putting, chipping, pitching, and the full swing with irons and woods. We will also cover basic rules and etiquette with one on-course playing class to make you more confident in taking your game to the golf course. Bring your own clubs if you can; if not, equipment will be provided.

Wed., Apr. 6-May 4, 5-6 pm / \$110 / Five Classes
Sharon Woods Golf Course

GET GOLF READY II

Instruction will focus on refinement of strokes and strategy in the areas of driving, long and short iron play, and putting. It is designed for golfers beyond the beginner level who want to improve their game.

Tue., Apr. 5-May 3, 6:45-7:45 pm / \$110 / Five Classes
Sharon Woods Golf Course

GOLF FORE WOMEN

This beginner class for ladies only, will give you the comfort of learning this difficult game in a low-pressure, fun atmosphere. You will gain the skills and knowledge to play the game with your friends. Topics include etiquette, short game, and the full swing.

Mon., Apr. 4-May 2, 5-6 pm / \$110 / Five Classes
Sharon Woods Golf Course



TEST PREP WITH INSTRUCTOR JAY CUTTS:

LSAT EXAM PREP

The course covers timing strategy and problem-solving strategies. In addition, you will learn specific strategies for overcoming test anxiety, poor standardized test taking, and math anxiety, and how to gain significant extra points through timing strategy.

Registration good for 12 months / \$1250

Personal Coaching - start anytime

Check website for specific classroom-style sessions / LIVE Online

MCAT EXAM PREP

In addition to coaching, the classroom sessions use a unique, hands-on approach to learning how to apply your science knowledge to actual MCAT questions. You will learn all sections of the test so you are well prepared for success.

Registration good for 12 months / \$1499

Personal Coaching - start anytime / LIVE Online

GRE/GMAT EXAM PREP

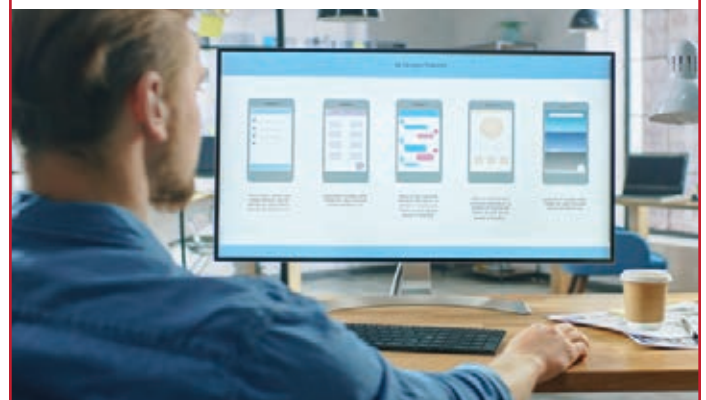
In this course, Jay will create a comprehensive study plan and teach you advanced strategies for overcoming test anxiety, poor standardized test taking, and math anxiety. You will learn how to maximize your use of time on the test, how to avoid the most common timing pitfalls.

Registration good for 12 months / \$1250

Personal Coaching - start anytime / LIVE Online

Register for Test Prep classes at: uc.edu/ce "Test Prep"

LOOKING FOR NEW OR ADVANCED SKILLS?



For more information
uc.edu/ce



About Communiversity

REGISTER EARLY FOR THE BEST SELECTION

Many of our popular classes fill up quickly, and some classes have limited enrollment, so register early to get into the classes you want.

100% SATISFACTION GUARANTEE

We are proud of the quality of our programming and our instructors, and we want you to love your Communiversity experience, which is why your satisfaction is 100% guaranteed. If you are ever less than completely satisfied with a Communiversity class, we will issue a credit for the registration fee toward a future Communiversity class. Please contact us at ce@uc.edu or (513) 556-6932 within 7 days of completing your class.

CLASS LOCATIONS & PARKING

The majority of our classes are held at UC's Victory Parkway Campus Administration building with ample free parking in the West lot. If class is being held at another location, it is noted. Addresses/maps for all locations are provided online.

WAIT LISTS

If a class you want to take is full, you may place yourself on a wait list. If a spot opens in that class, anyone on the wait list will receive an email. We will make every effort to accommodate you.

GROUP DISCOUNTS

Organize a group of 6 or more students and you will receive your class free. All students must participate in the same class and online classes/certificates are excluded. Call 556-6932 for group registration information.

UC FACULTY & STAFF DISCOUNTS

Full-time UC & UC Health employees receive a 50% discount off one class per term. Online courses/certificates, gift certificates, Food & Drink, classes where supplies are included in fee, and Test Preparation classes are excluded from all available discounts. Call 556-6932 to take advantage of this discount.

CLASS CANCELLATIONS

Classes may be canceled due to insufficient enrollment. Every attempt will be made to contact students by email or telephone and offer alternative accommodations before the class meets.

EMERGENCY CANCELLATIONS

UC Communiversity classes are automatically cancelled when there is a weather or other emergency and when UC Main Campus is closed. Closing notifications will be sent via email. Check your email for a detailed message from our office for school closings.



COMMUNIVERSITY CLASSES LIVE ONLINE

Historically, our classes at Communiversity have been held face-to-face where students enjoy the enriching community aspect of continuing education. Currently, our classrooms are open in accordance with safety guidance from the university and the CDC.

Some classes are held online in live sessions with our local instructors. Our goal is for students to experience the same engaging content that you would enjoy in our classrooms, and participation during class time is encouraged. If you sign up for one of these classes, a WebEx link will be emailed to you the day before class.

CLASSES ONLINE WITH OUR NATIONAL EDUCATIONAL PROVIDER PARTNER ed2go

We have hundreds of classes online in partnership with ed2go, one of the nation's top online continuing education providers. You can take these classes are instructor-led. Classes offered are in a wide variety of subjects, taught by expert instructors, and certificates of completion issued by the University of Cincinnati. For a complete catalog, go to:

Short-term classes for Personal Enrichment and Professional Development: communiversity.uc.edu

Career Training Programs: UC careertraining.ed2go.com/uc

We're here to help! Contact us for any questions regarding your registration.

ONLINE: Online at communiversity.uc.edu

EMAIL: ce@uc.edu

CALL: Call us (513) 556-6932

Office hours are 9:30 am-6:30 pm
Monday-Friday

VISIT: Visit our office

UC Victory Pkwy., Admin. Bldg., Suite 208
2220 Victory Pkwy., Cincinnati, OH 45206



Continuing Education
University of Cincinnati
PO Box 210093
Cincinnati, Ohio 45221-0093

Non-Profit Org.
U.S. Postage
PAID
Cincinnati, OH
Permit No. 133

COMMUNIVERSITY

WINTER 2022 / COURSE CATALOG

A photograph of a group of people in a bright, modern dance studio. They are wearing face masks and are captured in the middle of a dance move, with some holding hands. The room has large windows on the left, letting in natural light, and a clean, white floor. The overall atmosphere is active and social.

Get **MOVING**
LEARNING something
fun and **NEW!**

CHECK OUT THE **50+** NEW CLASSES!