Self-Designed Experience Proposal

**Guidelines**

* **Timeline**: Submit proposals and revisions to the UHP database by the 5th of each month. Proposals should be submitted one month prior to the expected start date of the experience. International travel experiences require at least two months’ notice.
* **Format**: Maintain the proposal format (e.g. headers, layout). Do not delete boxes.
* **Submission process**: Access the UHP Database (<https://webapps.uc.edu/uchonorsstudent>). Add a new record in the “Tracking Project” tab and upload your proposal document as an attachment (Word documents only – no PDFs).

***Note regarding Financial Aid and Honors Grants****: All proposals with a grant request are reviewed in collaboration with the Office of Student Financial Aid. There is no guarantee of grant funding nor of a specific grant amount. The UHP no longer funds unpaid research or unpaid internships. Honors grant awards are typically 20% or less of the approved budget. The quality of your proposal can also impact a grant award. Honors grants are posted to students' accounts as scholarships and can affect an individual student’s financial aid. Some students may not be eligible to receive a grant due to their financial aid status. If awarded an honors grant, students acknowledge full awareness of possible financial aid implications.*

**Independent International Travel**

If you are proposing travel independent of UC faculty, staff or a UC student group, you must submit your self-designed proposal by the following deadlines:

* October 5 – winter break experiences
* January 5 – spring break experiences
* March 5 – May/June experiences
* April 5 – July/August experiences
* June 5 – fall experiences

All independent, international honors experiences require a completed Worldwide Honors Experience application through UC International. UC International will verify successful completion of the application before an experience can be approved. Additionally, the [Student Travel Policy](https://www.uc.edu/content/dam/uc/af/financialpolicies/Docs/Student%20Travel%20Policy.pdf) restricts UC-sponsored travel to countries under a [U.S. Department of State Travel Advisory](http://travel.state.gov/content/passports/english/alertswarnings.html). Those who wish to visit a country with a **Level 3 or higher Travel Advisory Level** must seek an [exemption](http://www.uc.edu/international/study-abroad/applying-to-study-abroad/travel-restrictions---exemptions.html) through UC International. Students traveling without a faculty or staff leader must individually request an exemption. ***We cannot allow you to count this travel as an honors experience nor can we give you a grant without an approved exemption.***

**ACKNOWLEDGEMENT AND ASSUMPTION OF RISK**

*Assumption of Risks: The honors experience and related experiential learning as described below may contain certain inherent risks that cannot not be eliminated. Aware of the risks, dangers, and hazards known and unknown to me, I agree individually, and on behalf of my heirs, successors, assigns and personal representatives, to* ***ASSUME AND ACCEPT ALL THE RISKS, DANGERS, HAZARDS, AND RESPONSIBILITIES*** *resulting in or arising from my participation in the experience.*

*Your e-signature, which will be completed in the UHP database prior to proposal submission, confirms that you acknowledge that you have read the entire proposal, that you understand its terms, that you have had the time and opportunity to read and ask questions regarding the proposal, you are fully aware of possible financial aid and tuition implications, and that you have signed it knowingly and voluntarily.*

**Basic Information**

Full Name: Magdelana G Kelley

Title of Experience: CECH Tribunal President

[Competency/Competencies](https://www.uc.edu/honors/about/competencies.html): Community Engagement, Leadership

Expected Start Date: 04/6/2019

Expected End Date: 04/10/2020

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| **Personal Connection****Section must include:*** Explanation of why this experience matters to you
* Explanation of how this experience will help you progress toward becoming a [global citizen scholar](https://www.uc.edu/honors/about/vision.html)

Last year I had a small role on the CECH Tribunal exec team as “Tribunal Assistant.” This mainly included assisting other exec members with their initiatives and learning the ropes. During this time, I learned a great deal of how Tribunal worked and saw the need for community within CECH. My goal was to obtain a position on the exec team with more responsibilities, so I could lead others in facilitating community and culture. This experience is important to me because it’s a big step in achieving this goal. CECH has a diverse community of learners. Due to the vast differences in each major and each individual student, it can be challenging to find common ground. I want to provide opportunities to bring people together so these relationships can be built. Meanwhile, I want to take advantage of CECH’s diversity and use this as a base for a diverse culture in all aspects. Last year I reflected on what being a global citizen scholar meant to me. My mission is: I am driven by my passionate beliefs in community, service, and religion. I pursue these passions by utilizing my core strengths of responsibility, developer, and belief. I plan to live out these values through opportunities where I am giving and learning to achieve cultural and spiritual reflection that impacts the community. To do so, I will seek opportunities to make organizational changes and improve the process. When I face challenges or obstacles along the way, I will remember to surround myself with friends who support my mission and seek spiritual guidance.This experience will allow me to act upon my passion for community, while providing opportunities for me to be a developer. I’m actively making organizational changes in how Tribunal is run and motivating my teammates to reach their full potential as a leader. I saw a need to community and culture within CECH and this experience allows me to build and facilitate the growth of these things. As I go through this experience and grow as a leader, I’m also taking a major step toward becoming a global citizen scholar.Advisor Revisions/Feedback |

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| **Abstract****Section must include:*** Brief description of the experience and explanation of how you will reach the 75+ hours requirement
* Description of risks (if any) inherent in this experience and safety precautions you will take
* Itinerary, including locations and dates, for any travel experience

As CECH Tribunal president I will design the way Tribunal is run this year, as well as lead the exec team in all initiatives. This includes, but is not limited to setting goals, deciding meeting times and community outreach events, service learning, managing the exec team, hosting the Golden Apple Awards Luncheon, and an empathy conference. To meet the 75+ hours requirement I have broken it down as follows: 10 hours completing SAB trainings + planning the year's structure over the summer, a total of 30 hours for exec meetings (1 hour/week for the year), a total of 20 hours towards community events, 10 hours meeting with our advisor to plan + make progress on initiatives, and 10 hours dedicated to 1-1 meetings with each exec. member.Advisor Revisions/Feedback: |

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| **Advisor****Section must include:*** Experience advisor name and contact information
* Description of why advisor was selected
* Specific plans to engage with advisor

*Note: Advisor(s) should have knowledge or expertise in an area related to the experience and be able to help you craft your experience goals. Honors advisors, undergraduate students, and family members cannot be experience advisors.*The CECH Tribunal advisor is Greg Hollon, Program Director for the Dean’s Office. His email address and office phone number are: hollone@ucmail.uc.edu and +1 (513) 556 3386. Greg’s office can be located in suite 336 in the Teacher’s Dyer Complex.Greg is the advisor for CECH Tribunal because of his unique position as Program Director. He is the ultimate resource in terms of connections within CECH. In order for Tribunal to be successful the exec team needs assistance in all areas. For example, marketing and collaborating within CECH. Greg is able to connect exec members to faculty in marketing, as well as the Dean’s Office. Lastly, when planning events for the students of CECH, Tribunal exec needs to run things past Greg to insure it fits the CECH schedule.I worked with Greg over the summer via email to plan the structure of Tribunal for the 2019-2020 academic year. In addition to this, I also email him weekly to plan and work through current initiatives. Greg also attends the weekly exec meetings to assist other exec members in their initiatives and give insight. His goal is to provide the resources necessary for Tribunal to be successful.Advisor Revisions/Feedback: |

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| **Goals Related to Competency/Competencies:****Section must include:*** Two specific and measurable **experience** goals related to chosen [competency/competencies](https://www.uc.edu/honors/about/competencies.html) outlining the intended results/outcomes/achievements
* Two specific **personal** goals related to chosen [competency/competencies](https://www.uc.edu/honors/about/competencies.html) outlining how you hope to grow as a result of this experience
* Examples of activities and explanation of how each will assist in the progress toward the goals

I hope to gain support of the Dean’s Office by the beginning of Spring semester. I want to build a strong relationship between Tribunal and the Dean’s Office, so we may collaborate and work together in the future. This will further allow me to reach the goal of having 200+ students at each community event Tribunal puts on. Having the Dean’s support means access to more resources and reaching the entire college. This relates to the Community Engagement competency. The overall goal for Tribunal this year is to facilitate a diverse community of learners. Gaining support from the Dean’s Office means expanding the community from students to all faculty members. Also, having 200+ students attend each event means there’s 200+ relationships being made, and the community is expanding.One of my personal goals for Tribunal this year is to form relationships with each of my exec teammates. Last year on Tribunal exec I never got to know my teammates. We only worked on Tribunal things. This year, my goal is to meet up with each exec member at least once outside of Tribunal. I hope to do this by elections for the 2020-2021 academic year. Each exec team member is involved with another organization on campus. My plan is to attend an event put on by the other organization they’re involved in. This way, I get to learn more about their interests. My second personal goal is to have created a format/system that I can pass on to the next exec team. Tribunal can be whatever the current exec team wants, but it’s nice to have a starting place. I was given very little to go on for this year, and so I want to leave behind a flexible structure for the next president. Both of these goals relate to the Leadership competency. A good leader knows their teammates. They build relationships and show they care about the individual. This fosters an effective work ethic among the team. It also makes the whole experience more personal. Having a format/system to leave behind with ultimately reflect the success of my leadership as Tribunal president. Organization is key to leadership. If I find at the end of the year that my structure was effective, I’ll pass it on to the next exec team. It will act as a portfolio of my leadership skills—capturing all the work I’ve done and how it’s helped.Advisor Revisions/Feedback: |

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| **Academic Resources Connected to the Goals** **Section must include:*** Two to three academic resources connected to your goals
* Title and author of each resource
* Description of how resources will help make progress toward the goals

*Note: Academic resources are professional/academic works that can be used to assist your understanding of the topic. Some examples are books, research journals, documentaries, or videos.* 1. *How to Keep Going When You Don’t Know What’s Next* by Darius Foroux (The Medium)

Foroux, Darius. “How to Keep Going When You Don't Know What's Next.” *Medium*, Forge, 15 Aug. 2019, https://forge.medium.com/how-to-keep-going-if-you-dont-know-what-s-next-9cb8346885f7.1. *5 Choices You’ll Regret Forever* by Dr. Travis Bradberry

BradberryInfluencerFollowCoauthor, Travis, and Travis BradberryInfluencerCoauthor. “5 Choices You'll Regret Forever.” *LinkedIn*, 16 Sept. 2015, <https://www.linkedin.com/pulse/worst-decisions-youll-never-make-dr-travis-bradberry/>.1. *How to Be a Leader — For Someone Who Hasn’t Been A Leader Before* by Tim Denning

Denning, Tim. “How To Be A Leader - For Someone Who Hasn't Been A Leader Before.” *Medium*, The Startup, 4 Mar. 2019, <https://medium.com/swlh/how-to-be-a-leader-for-someone-who-hasnt-been-a-leader-before-930696bb86c5>.1. *How Great Leaders Inspire Action* by TED

Sinek, Simon. “How Great Leaders Inspire Action.” *TED*, Sept. 2009, <https://www.ted.com/talks/simon_sinek_how_great_leaders_inspire_action?utm_campaign=tedspread&utm_medium=referral&utm_source=tedcomshare>.Each of these resources will assist me in my leadership development. They stand as motivation, advice, and provide clarity. After reading/watching these resources I am reminded why I’m doing what I’m doing. I’m also reminded that it’s okay to fail as a leader and that growth is attainable. They’ll help me reach my goals by communicating the importance of collaboration, motivation, and the responsibility behind my choices.Advisor Revisions/Feedback: |

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| **On-going Reflection****Section must include:** * Method for ongoing reflection
* List questions you plan to ask yourself to gauge your growth related to your goals as well as understanding of the selected competency/competencies

*The on-going reflection should help you process the experience and progress toward the goals you have identified.* *Note: A variety of methods can be used for reflection. Some examples are videos, drawings, blogs, songs, and journals.*Each week I submit progress reports to Internal Holdover Senator, Joanna Rebitski. In addition to these I will keep a journal of weekly reflections. In these reflections I keep track of progress made by each individual exec member and their initiative, what I need to do to assist them, my own progress in regard to my initiatives, and any feedback I’ve received from my team. I’ll ask myself: What were my goals for the previous week? Did I meet them? What are my goals for this week? Then I will make a game plan and schedule to keep myself accountable.I will also rewrite my four goals for this experience and the competencies they relate to. By writing this each week, I will be reminded of the “why” behind my Tribunal experience. In addition to this, I will ask myself: What steps have you made toward reaching \_\_\_\_\_\_\_ goal? What further steps can you make to get closer to achieving your goal? The project you’re currently working on, does it reflect the competencies you’re focusing on?Advisor Revisions/Feedback: |

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| **Sharing Your Learning****Section must include:** * At least one method to actively share what you learned focused on growth connected to competency/competencies
* A specific audience and why the audience was selected

*While social media can be an effective platform for sharing, only posting on your learning portfolio or social media account(s) does not reach a targeted audience.* *Consider signing up for the* [*Global Citizen Scholar Showcase*](http://www.uc.edu/honors/students/uhppride/impactforum.html) *as a method of sharing.*I will update my Learning Portfolio throughout this experience. I’ve shared my portfolio with friends and family, this way, they can stay updated on my college activities. In addition to this, I will share what I’ve learned with my exec team. Hopefully this will inspire each of them to reflect on their own leadership experience thus far. I will also share my progress and reflections with my advisor, Greg. This way he can easily see the progress being made and know his efforts are effective. Advisor Revisions/Feedback: |

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| **Budget (if applicable)****Section must include:** * Itemized budget of expenditures with sources to justify estimates (review information on [Honors Grants](http://www.uc.edu/honors/students/grants.html))

*The UHP no longer provides honors grants for unpaid research or internships. You can still complete these as honors experiences, but cannot receive a grant.* *Enter budget information in this space.*Advisor Revisions/Feedback: |