



Drug-Free Schools and Campuses Regulations (Edgar Part 86) Biennial Review: Academic Years 2014-2015 & 2015-2016

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Overview

The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) require an institution of higher education (IHE) such as the University of Cincinnati to certify it has adopted and implemented programs to prevent the abuse of alcohol and use or distribution of illicit drugs both by university students and employees both on its premises and as a part of any of its activities. At a minimum, each institution of higher education must annually distribute the following in writing to all students and employees:

- Standards of conduct that clearly prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees.
- A description of the legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol.
- A description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry programs that are available to employees or students.
- A clear statement that the institution will impose sanctions on students and employees and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct

The law further requires that the institution conduct a biennial review of its program with the following objectives:

- 1) Determining the effectiveness of programs and policies and make changes as needed.
- 2) Ensure that disciplinary sanctions developed are enforced consistently.

The following campus units provided information for this report:

- Counseling and Psychological Services (CAPS)
- Human Resources
- Student Activities and Leadership Development—Fraternity and Sorority Life
- Student Wellness Center
- Student Conduct and Community Standards
- University Health Services
- Undergraduate Student Government
- University of Cincinnati-Clermont
- University of Cincinnati-Blue Ash

Materials Reviewed

The following materials were examined for this review:

- Annual reports from various campus units
- Complying with The Drug-Free Schools and Campuses Regulations (EDGAR Part 86), A Guide for University and Campus Regulations prepared by the Higher Education Center
- Campus Policies
- American College Health Association-National College Health Assessment Executive Summary, Spring 2016
- University of Cincinnati Right To Know
- University of Cincinnati Websites

Compliance with Drug-Free Schools and Communities Act

The University of Cincinnati complies with the requirements of the Drug-Free Schools and Communities Act. The University of Cincinnati has implemented a variety of programs and services to prevent the abuse of alcohol and use of illicit drugs both by students and employees, as demonstrated through this biennial review.

Policy

Distribution of Policies

The federally mandated policy on alcohol and other drugs is distributed annually to all staff and students at the University of Cincinnati. The university has developed a website called *Right to Know*, which contains all information that is required to share with students and staff at the university. The website can be found at www.uc.edu/righttoknow. The information is distributed in the following ways:

- The *Right to Know* website link is sent via e-mail by Public Safety to the UC community (students, staff and faculty) when it is annually updated.
- The *Right to Know* is also sent via Nixle annually. Nixle is a text message notification system for which anyone in or outside of the campus community may sign up. The system is used to notify the UC community of emergencies, safety and security issues, campus closings and other important information.

Alcohol Policy

It is the goal of the University of Cincinnati to maintain an on campus environment that is conducive to intellectual, emotional, and social growth of all members of its community. The University of Cincinnati has established the following policy governing the possession, sale, and consumption of alcohol on its campuses. It is the university's intention, through these policies, to be clear about university consequences attributed to irresponsible or illegal usage of alcohol on campus.

The university shall implement and enforce the laws of the state of Ohio as stated in the Ohio Revised Code. It is the responsibility of each student, staff, and faculty member to be familiar with the requirements of the Ohio Revised Code and the provisions of this policy and to conduct themselves accordingly.

As permitted by law, individual students, faculty and/or staff may purchase, possess and/or consume beer or intoxicating liquor on campus at certain campus events, in designated campus facilities and in campus facilities having permits issued by the Ohio department of liquor control.

Restrictions in the Ohio Revised Code include the following:

- (1) It is unlawful for a person under 21 years of age to purchase, consume, possess, or transport any beer or intoxicating liquor.
- (2) It is unlawful to knowingly and falsely misrepresent one's age to obtain alcoholic beverages and/or to misrepresent that another is of legal age for such purpose.
- (3) It is unlawful to have in one's possession in a public place without a permit an open container of beer or intoxicating liquor.
- (4) It is unlawful to possess an open container and/or consume any beer or intoxicating liquor in a motor vehicle.
- (5) It is unlawful to serve, distribute beer and/or intoxicating liquor to a minor.

These laws are contained in Chapter 4301 of the Ohio Revised Code. The complete text of the state liquor laws and administrative regulations may be obtained from the department of campus security, campus library, or the Ohio department of liquor control.

Student organizations will be permitted to schedule and/or sponsor on-campus events at which alcohol would be available only at those locations having permits issued by the Ohio department of liquor control.

Student organizations that sponsor off-campus events are expected to adhere to state law. Organizations found to have violated state law may be subjected to the loss of registered status.

Administrative and academic units (colleges, departments) are permitted to schedule and/or sponsor on-campus student events at which beer or intoxicating liquor would be available only in designated areas within those units and only with the approval of the unit head. These events may not be all campus events and must adhere to regulations for on-campus events

Policy for Campus Events

The following regulations must be followed at on-campus events at which beer or intoxicating liquor are served and/or sold:

- (1) The events must be properly authorized by the administrative unit responsible for the facility(s) to be used.
- (2) Consumption and/or sales are permitted only within the approved area for the event.
- (3) Non-alcoholic beverages must be available at the same place as alcoholic beverages and featured as prominently as the alcoholic beverages.
- (4) The sponsors of the event will implement precautionary measures to ensure that alcoholic beverages are not accessible or served to persons under the legal drinking age or to persons who are intoxicated.
- (5) The sponsors of the event must require proof of legal age for those individual in question as to legal age.
- (6) Marketing, advertising and promotion of events with alcoholic beverages being served should not emphasize the serving of alcohol and/or have any drinking games there associated with the event.
- (7) Management of licensed facilities on-campus reserve the right to limit consumption and/or sales at events in the designated facilities.

(D) Policy violations and sanctions.

Individuals and organizations found in violation of university regulations will be subject to disciplinary action and may be subject to action outlined in the Ohio Revised Code.

Alcohol or drug possession disclosure from Student Code of Conduct

(a) Alcohol or Drug Possession: Parental Disclosure

In order to reach its goal of maintaining an on campus environment that is conducive to intellectual, emotional, and social growth of all members of its community, the University of Cincinnati's Student Code of Conduct provides for discipline and parental notification as deterrents to alcohol and drug abuse.

- (i) The University of Cincinnati may notify the parents or guardians of any student who is under the age of 21 and who has been found to be in violation of the SCOC with respect to any federal, state, or local law or university policy governing the use or possession of alcohol or a controlled substance.
- (ii) Students will receive copies of notification letters sent to their parents or

guardians.

- (iii) The university also reserves the right to make any other parental disclosures as permitted by FERPA.

(b) Student Code of Conduct Violations: Nonacademic Misconduct

- (i) Section (C)(2)(g) Drugs or narcotics

Uses, manufactures, distributes, buys, sells, offers for sale, or possesses illegal drugs, narcotics, drug paraphernalia, or prescription medication.

- (ii) Section (C)(3)(aa) Violation of federal, state, or local law

Violation of any federal, state, or local law where the effect is interference with university activities or an identifiable individual's university work or academic activities.

(c) Student Code of Conduct Sanctions

The unlawful use of alcohol or others drugs may result in disciplinary action by the university, as well as criminal charges and legal penalties. Examples of these may include, but are not limited to, the following:

- Substance abuse education or treatment;
- Loss of privileges as students or organizations;
- Suspension or dismissal from the university;
- Suspension or termination of employments;
- Fines as determined under state, local, and federal laws;
- Incarceration;
- Forfeiture of personal or real property; and/or
- Denial of federal benefits such as financial aid.

Reasonable Cause Drug and Alcohol Testing for Employees

Background

1. The University of Cincinnati is committed to providing a safe and secure environment for its students, faculty, staff and visitors. Toward that goal, faculty, staff, volunteers and student workers are prohibited from being impaired due to illegal drugs and/or alcohol use while on the job. The following policy addresses the process for reasonable cause drug and alcohol testing.
2. In compliance with the Drug-Free Workplace Act and the Drug-Free Schools and Community Act, the university maintains a drug-free campus and prohibits the unlawful manufacture, distribution, dispensing, or possession of illicit drugs or alcohol on its campuses or as part of any university activity.

3. This policy applies to employees who are not covered by a collective bargaining agreement or for whom the agreement contains no provision regarding this subject.

Definitions

1. Illegal Drug means a substance whose use or possession is controlled by federal or state law but that is not being used or possessed under the supervision of a licensed health care professional.
2. Refuse to Consent means to obstruct the collection or testing process; to submit an altered, adulterated, or substitute sample; to fail to show up for a scheduled test; to refuse to complete the requested drug testing forms; or fail to promptly provide specimen(s) for testing when directed to do so, without a valid medical basis for the failure.
3. Under the Influence of Alcohol means actions, appearance, speech or bodily odors that reasonably cause a supervisor, manager, or administrator to conclude that an employee is impaired because of alcohol use.
4. Under the Influence of Drugs means a confirmed positive test result for illegal drug use per this policy. In addition, it means the misuse of legal drugs (prescription and possibly over-the-counter) where there is not a valid prescription from a physician for the lawful use of a drug in the course of medical treatment (prescription containers must include the patient's name, the name of the substance, quantity/amount to be taken, and the period of authorization).

Policy

1. Any faculty, staff, volunteer or student worker suspected of being impaired due to illegal drug and/or alcohol use while on the job shall be required to submit to a drug and/or alcohol test. The test shall be administered by University Health Services (UHS) or an agency contracted through UHS.
2. The university shall not conduct random drug and/or alcohol tests unless required by federal or state law.
3. Refusal by faculty, staff, volunteers or student workers to submit to a drug and/or alcohol test shall have the same force and effect as a positive test result.
4. Managers, supervisors and administrators are responsible for enforcing this policy in a consistent manner. Managers, supervisors and administrators who are found to have knowingly violated this policy will be subject to disciplinary action up to and including termination of employment.
5. All faculty, staff, volunteers or student workers are required to report known or suspected violations of this policy to their supervisor, manager or an appropriate administrator. Any faculty, staff, volunteer or student worker convicted of any criminal drug statute violation shall notify his or her supervisor, manager or appropriate administrator not later than five days after such conviction. Failure to follow these requirements may result in disciplinary action up to and including termination of employment.
6. This policy is subject to all applicable collective bargaining agreements and state and federal statutes.

Procedure

1. Criteria for Reasonable-Cause Testing:

Drug and/or alcohol testing may be ordered when a manager, supervisor or appropriate administrator has a reasonable suspicion that a faculty, staff, volunteer or student worker is under the influence of drugs and/or alcohol while on the job. Reasonable suspicion may be based on, among other things:

1. Direct observation of the physical symptoms of being impaired by drugs or alcohol in the workplace;
2. A pattern of abnormal conduct or erratic behavior in the workplace that is consistent with impairment;
3. Information provided either by reliable and credible sources or independently corroborated; or
4. Newly discovered evidence that the faculty, staff, or student worker has tampered with a previous drug test.

Physical symptoms and abnormal behavior may include, but are not limited to the following:

- 1) slurred/incoherent speech
- 2) drowsiness and/or sleepiness
- 3) unusually aggressive behavior
- 4) unexplained work errors
- 5) rapid changes in mood
- 6) impaired manual dexterity
- 7) lack of coordination in walking
- 8) dilated pupils
- 9) smell of alcohol or marijuana on the breath with observed behavior issues

Note: Because the symptoms listed above could be attributable to causes other than drugs or alcohol, the manager, supervisor or appropriate administrator will document those facts that led him or her to believe the faculty, staff, volunteer, or student worker was impaired. In addition, personnel at UHS will evaluate the faculty, staff, volunteer, or student worker before testing (if possible) to ensure reasonable suspicion of drug or alcohol use or impairment exists.

2. Confirmation and Documentation of Reasonable Suspicion:

Where a manager, supervisor or appropriate administrator has reasonable suspicion that a faculty, staff, volunteer or student worker is impaired by drugs and/or alcohol on the job, he or she shall immediately notify his or her immediate supervisor or other appropriate administrator. If the immediate supervisor is unavailable for confirmation, the manager or supervisor may utilize any of the following to confirm his or her reasonable suspicion of impairment due to drugs or alcohol:

- 1) another manager, supervisor or administrator
- 2) public safety or health services personnel
- 3) another UC employee
- 4) union official (for bargaining unit employees)

Where the reasonable suspicion is confirmed, the manager or supervisor shall, soon after ensuring the suspected faculty, staff, volunteer or student worker is transported to UHS, prepare a written report supporting his or her finding that a reasonable suspicion exists. The report will be kept confidential to the extent permitted by law and the use of the report shall be limited to the administration of this policy. Copies of the report shall be filed with UHS and Human Resources.

Information and records relating to positive test results, drug and alcohol dependencies and legitimate medical explanations provided by the suspected faculty, staff, volunteer or student worker shall be kept confidential to the extent required by law and maintained in secure files separate from personnel files. Such records and information may be disclosed among managers and supervisors on a need-to-know basis and may also be disclosed where relevant to a grievance, charge, claim or other legal proceeding initiated by or on behalf of an employee or applicant.

If this suspicion takes place on third shift, weekends, holidays, etc., and no one listed above is available, then the manager or supervisor shall act on his/her own suspicion. In this case, the supervisor or manager will call On Site Drug & Alcohol Collection Service (ODACS) Inc. at 513-761-0539. ODACS Inc. will respond to the place of employment within 30 minutes for testing.

3. Relief of Duty:

Where reasonable suspicion exists, the faculty, staff, volunteer or student worker shall be immediately relieved of all duty pending the outcome of the screen by UHS or ODACS Inc. The faculty, staff, or student worker may be placed on paid administrative leave pending the outcome of the screen. Under no circumstances shall the faculty, staff, volunteer or student worker be permitted to operate machinery or equipment, including a motor vehicle, until cleared to do so by UHS or ODACS Inc.

4. Submission for Drug or Alcohol Screen:

The supervisor or designee shall arrange for the suspected faculty, staff, volunteer or student worker to be transported to UHS for a drug and/or alcohol screen. If UHS personnel are not available, ODACS, Inc. will respond to the place of employment. Either UHS or ODACS Inc. personnel will, at that time, confirm and document the existence of reasonable suspicion for testing. The faculty, staff, volunteer or student worker will be asked to consent to permission to perform the drug and/or alcohol screen and release the resulting information to UHS, the employing unit and Human Resources. Faculty, staff, volunteers or student workers who refuse to consent will be advised that no screen will be conducted. Refusal by faculty, staff, volunteers

or student workers to consent to a test shall have the same force and effect as a positive test result, and may result in disciplinary action up to and including termination of employment. A positive result may result in disciplinary action up to and including termination of employment. All appropriate chain- of-custody procedures will be observed by UHS and ODACS Inc.

5. Supervisory Training:

Managers and supervisors may be trained to recognize behaviors that give rise to and to document circumstances that support reasonable suspicion of drug and/or alcohol impairment on the job. Failure to receive such training, however, shall not invalidate otherwise proper reasonable suspicion testing.

6. Employee Assistance:

Faculty and staff are encouraged to take advantage of the university's employee assistance plan (EAP). Voluntary submission for treatment of substance abuse problems will not subject faculty, staff, volunteers or student workers to disciplinary action; however, submission for treatment shall not serve as a shield or a substitute for disciplinary action under this, or any other university policy.

Data Collection

In order to better understand the behaviors and needs of students, The American College Health Association-National College Health Assessment (ACHA-NCHA) is conducted at the University of Cincinnati every three years. The ACHA-NCHA is a nationally recognized research survey that collects data about students' health habits, behaviors, and perceptions. The assessment was last conducted at UC in spring 2016; 950 students participated in the assessment. The assessment is used to determine the needs of the community. Programming and initiatives are developed based on its findings. Key alcohol and other drug findings of the assessment are listed below.

Alcohol and Other Drug Use

Reported use versus perceived use - reported use for all students within the past 30 days compared with how often students perceived the typical student on campus used substances within the same time period. The last line of each table combines all categories of any use in the last 30 days.

Alcohol	Actual Use	Perceived Use
Never used	15.3%	3.0%
Used, but not in the last 30 days	10.0%	1.7%
Used 1-9 days	53.4%	32.4%
Used 10-29 days	19.4%	44.5%
Used all 30 days	1.9%	18.4%

Any use within the last 30 days	74.7%	95.3%
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Marijuana	Actual Use	Perceived Use
Never used	56.7%	8.0%
Used, but not in the last 30 days	20.6%	8.0%
Used 1-9 days	13.2%	42.9%
Used 10-29 days	5.0%	27.0%
Used all 30 days	4.5%	14.2%
Any use within the last 30 days	22.7%	84.0%

The table below represents the number of drinks consumed the last time students "partied" or socialized. Only students reporting one or more drinks were included.

4 or fewer drinks	36.6%
5 drinks	10.2%
6 drinks	8.7%
7 or more drinks	44.5%

UC students reported doing the following most of the time or always when they "partied" or socialized during the last 12 months:

Alternate non-alcoholic with alcoholic beverages	20.7%
Avoid drinking games	21.5%
Choose not to drink alcohol	16.0%
Determine in advance not to exceed a set number of drinks	26.4%
Eat before and/or during drinking	72.3%
Have a friend let you know when you have had enough	27.5%
Keep track of how many drinks being consumed	49.8%
Pace drinks to one or fewer an hour	19.0%
Stay with the same group of friends the entire time drinking	79.8%
Stick with only one kind of alcohol when drinking	37.3%
Use a designated driver	83.3%
Reported one or more of the above	96.5%

UC students who drank alcohol reported experiencing the following in the last 12 months when drinking alcohol.

Did something you later regretted	45.7%
Forgot where you were or what you did	46.7%
Got in trouble with the police	4.7%
Someone had sex with me without my consent	3.6%

Had sex with someone without their consent	1.0%
Had unprotected sex	28.8%
Physically injured yourself	21.6%
Physically injured another person	3.1%
Seriously considered suicide	3.0%
Reported one or more of the above	64.8%

Additional Statistics

- Within the last 12 months, 6.8% of students reported alcohol use impacted their individual academic performance.
- Within the last 12 months, 3.2% of students reported drug use impacted their individual academic performance.
- 2.8% of college students reported driving after having 5 or more drinks in the last 30 days.
- 18.9% of college students reported driving after having any alcohol in the last 30 days.
- 18.8% of UC students reported using at least one of the following prescription drugs that were not prescribed to them within the past 12 months; antidepressants, erectile dysfunction drugs, pain killers, sedatives, and/or stimulants.

Programs, Services & Other Initiatives

Many departments on campus are involved in educating the university community about alcohol and other drugs. Below is a summary of the University of Cincinnati initiatives:

Be Wise Party Packs

Be Wise Party Packs are available to students throwing off-campus parties; the purpose of the party packs is to provide students with the resources and tools to encourage safe partying. The Be Wise Party Pack includes a cooler carrying case, “Guide to a Safe & Successful Party,” trash bags, taxi cards, solo cups with standard drink information, magnet with food delivery information, cozies with low-risk drinking tips, and 2 posters (alcohol poisoning and BAL information).

- 193 students obtained a party pack in 2014-15
- 124 students obtained a party pack in 2015-16

Greek Life Initiatives

- The Joint Homecoming Policy is still in effect and has been absorbed into our FSL Community Guidelines Manual. This policy states that all chapters must follow Fraternity Information Programming Group (FIPG) Guidelines for BYOB/third party vendors.
- Chapters received FIPG and the Safe Social Event training in March 2016, August 2016, and October 2016.
- The Interfraternity Council (IFC) and College Panhellenic Council (CPH) Judicial Boards received FIPG and Safe Social Event training in January 2016.

Campus Clarity/Think About It

The Student Wellness Center and the Title IX office helped coordinate an online gender-based violence program for incoming students, including undergraduate, graduate, and transfer students. The program is called Think About It and is provided by Campus Clarity. Topics covered include: healthy relationships, consent, alcohol and sex, and sexual assault. While the program is not mandated, incoming students are highly encouraged to participate. Incentives were provided to encourage students to complete the program; this helped increase participation. The program was also promoted during summer orientation and through social media. Below are completion rates for UC's three campuses, as well as for graduate students.

	2014-2015	2015-2016
Total undergraduate	47.9%	42.8%
Clifton-undergraduate	32.1%	55.5%
Blue Ash-undergraduate	16.1%	22.9%
Clermont-undergraduate	26.3%	21.5%
Graduate	30.3%	64.1%

Poster Program

The Student Wellness Center developed this initiative to offer health and wellness 11 x 17 posters to RAs, Greek houses, and advisors to hang in their halls, houses, and offices. The posters are on a variety of health and wellness issues and are created by peer educators. The purpose of this program is to bring awareness to these issues and create a culture of health and wellness across campus. Several of the posters are related to alcohol and other drug issues. See table below for the number of posters distributed across campus. Compared to previous years, the number of posters that were requested has increased.

Topic	2014-2015	2015-2016
Alcohol	48	50
Prescription drugs	4	6
Totals	52	56

RA Bulletin Board Program

The Student Wellness Center peer educators develop a variety of bulletin boards on health and wellness topics that can be used in the residence halls by RAs. The packs include all information for the board and a schematic to help with arrangement of the board. The purpose of this program is to increase awareness of health and wellness issues and make sure RAs are putting up correct information about the topics. There are several boards related to alcohol and other drugs available for distribution. See table below for the number of bulletin boards that were distributed to RAs.

Topic	2014-2015	2015-2016
Alcohol	44	10
Marijuana	9	3
Predatory drugs	n/a	n/a
Prescription drugs	4	1
Totals	57	14

Residence Hall Alcohol & Drug Programming

A variety of educational programming is conducted in the residence halls for students living on campus. There were many different alcohol and drug programs implemented over the biennial review period as indicated in the chart below.

2014-2015	2015-2016
13	8

Student Wellness Center Peer Education Workshops

These workshops are conducted by peer educators from the Student Wellness Center for a variety of groups and settings, including classrooms, residence halls, Greek houses, and student organizations. The peer educators conduct programming on alcohol and concentrate on basic alcohol facts and how to avoid the high-risk consequences of alcohol use. These programs also provide students with campus resources to address these issues. The general wellness programs include an overview of health topics, including alcohol and other drugs.

2014-2015 School Year

28 alcohol programs conducted, 614 students reached

49 general wellness programs, 1,150 students reached

2014-2015	Alcohol		2014-2015	General Wellness	
	Fall 2014	Spring 2015		Fall 2014	Spring 2015
I understand/feel comfortable applying concepts... ^{1,2,3,4,5}	93.27%	93.54%	I learned information regarding general wellness. ^{1,5}	100.00%	100.00%
As a result of this program, I am able to recognize at least 2 signs of alcohol poisoning. ^{1,2,4,5}	93.69%	88.56%	I understand/feel comfortable applying concepts... ^{1,5}	100.00%	100.00%
As a result of this program, I understand what a standard drink is. ^{1,2,4,5}	93.18%	87.38%	As a result of this program, I am familiar with at least 2 ways to live a healthier lifestyle. ^{1,5}	83.33%	83.33%
As a result of this program, I am aware of at least 2 low-risk drinking skills. ^{1,2,4,5}	90.80%	89.33%	As a result of this program, I am familiar with the financial wellness resources... ^{1,5}	100.00%	100.00%
As a result of this program, I am familiar with the consequences of high-risk drinking. ^{1,2,4,5}	94.24%	93.59%	As a result of this program, I recognize the importance of managing stress while... ^{1,5}	83.33%	83.33%
As a result of this program, I will change my behavior. ^{1,2,3,4,5}	88.01%	48.10%	As a result of this program, I am aware of at least 2 tips to being social media savvy. ^{1,5}	66.67%	66.67%
As a result of this program, I am aware of how alcohol affects individuals differently. ³	98.11%	100.00%	The presenter(s) were effective. ^{1,5}	100.00%	100.00%
As a result of this program, I understand the myths associated with alcohol use. ³	94.34%	100.00%	I would recommend this presentation to a friend. ^{1,5}	83.33%	83.33%
As a result of this program, I am able to identify 2 ways to avoid a hangover. ³	98.11%	100.00%	As a result of this program, I will change my behavior. ^{1,5}	33.33%	33.33%
As a result of this program, I better understand the common misconceptions... ⁵	85.29%	83.78%			
As a result of this program, I understand how sex is affected by alcohol. ³	92.45%	100.00%			
I learned information regarding alcohol today. ^{1,2,3,4,5}	90.81%	100.00%			
The presenter(s) were effective. ^{1,2,3,4,5}	92.99%	94.38%			
I would recommend this presentation to a friend. ^{1,2,3,4,5}	76.15%	80.64%			

Key:

Alcohol Programs

- 1) Alcohol Taboo
- 2) Alcohol Jeopardy
- 3) Alcohol Debunked
- 4) Blame it on the Alcohol
- 5) Catch the Party Buzz

Wellness Programs

- 1) Wellness Taboo
- 2) Wellness 101
- 3) Freshman Game Plan
- 4) Wellness Jeopardy
- 5) ELS General Wellness

2015-2016 School Year

46 alcohol programs conducted, 931 students reached

27 general wellness programs, 348 students reached

2015-2016	Alcohol		2015-2016	General Wellness	
	Fall 2015	Spring 2016		Fall 2015	Spring 2016
I understand/feel comfortable applying concepts... ^{1,2,3,4,5}	93.23%	97.10%	I understand/feel comfortable applying concepts... ^{1,2,3,4,5}	92.6%	98%
As a result of this program, I am able to recognize at least 2 signs of alcohol poisoning. ^{1,2,4,5}	93.88%	95.83%	As a result of this program, I am familiar with at least 2 ways to live a healthier lifestyle. ¹	87.50%	80%
As a result of this program, I understand what a standard drink is. ^{1,2,5}	92.96%	96.51%	As a result of this program, I am aware of at least 2 low risk drinking skills. ^{1,2,4}	62.61%	67.31%
As a result of this program, I am aware of at least 2 low-risk drinking skills. ^{1,2,4,5}	91.97%	92.43%	As a result of this program, I am aware of at least 2 ways to protect myself and my partners... ^{1,2}	90.29%	96.15%
As a result of this program, I am familiar with the consequences of high-risk drinking. ^{1,2,4,5}	91.63%	97.70%	As a result of this program, I understand the importance of managing my stress. ^{1,2}	81.79%	100%
As a result of this program, I will change my behavior. ^{1,2,3,4,5}	52.83%	48.25%	As a result of the program, I understand the importance of my financial wellness. ^{1,2}	63.74%	91.15%
As a result of this program, I am aware of how alcohol affects individuals differently. ³	98.11%	93.88%	As a result of this program, I am aware of at least 2 tips to being social media savvy. ¹	89.29%	90%
As a result of this program, I understand the myths associated with alcohol use. ³	94.34%	97.96%	As a result of this program, I understand the importance of adopting good nutrition and... ²	84.68%	100%
As a result of this program, I am able to identify 2 ways to avoid a hangover. ³	98.11%	97.96%	As a result of this program, I am aware of on-campus resources available for students. ^{2,3,5}	75.8%	94.35%
As a result of this program, I understand that consent cannot be	89.30%	98.44%	As a result of this program, I understand the importance of	88.70%	88.70%

given under the influence of alcohol. ⁴			using a barrier method during sex. ³		
As a result of this program, I better understand the common misconceptions... ⁵	95.00%	90.91%	As a result of this program, I know at least 2 ways to use alcohol responsibly. ³	93.04%	93.91%
As a result of this program, I understand how sex is affected by alcohol. ³	92.45%	n/a	As a result of this program, I better understand how to manage my time. ³	75.65%	75.65%
I learned information regarding alcohol today. ³	98.11%	n/a	As a result of this program, I am familiar with the financial wellness resources provided... ³	93.91%	93.91%
			I would recommend this presentation to a friend. ⁴	n/a	n/a
			As a result of this program, I understand the importance of stress management in college. ⁴	n/a	n/a
			As a result of this program, I can recognize at least 2 ways to eat healthier at fast food restaurants. ⁴	n/a	n/a
			As a result of this program, I am familiar with local resources for STI testing. ⁴	n/a	n/a
			I learned information regarding general wellness today. ⁵	90%	90%
			As a result of this program, I know how to manage my wellness. ⁵	100%	90%
			As a result of this program, I will change my behavior... ^{1,2,3,4,5}	51.3%	68.6%

Key:

Alcohol Programs

- 6) Alcohol Taboo
- 7) Alcohol Jeopardy
- 8) Alcohol Debunked
- 9) Blame it on the Alcohol
- 10) Catch the Party Buzz

Wellness Programs

- 6) Wellness Taboo
- 7) Wellness 101
- 8) Freshman Game Plan
- 9) Wellness Jeopardy
- 10) ELS General Wellness

Student Government Initiatives

Undergraduate Student Government at the University of Cincinnati is involved in several initiatives to help raise awareness and provides resources to students around alcohol and other drugs, including tobacco.

- They partnered with the Student Safety Board, which is housed under Public Safety, to provide presentations to student organizations around a number of safety issues, including alcohol and other drugs.
- In 2014, SG passed two resolutions that focused on alcohol and other drugs. One was a resolution to support an Ohio House bill that would protect good Samaritans (otherwise known as a “medical amnesty” bill). The other was in support of the University of Cincinnati Tobacco-Free Campus initiative.
- SG launched a 20,000 Bearcats campaign in Fall 2015 to help fight the stigma associated with mental illness. The campaign helped promote the resources at UC’s Counseling and Psychological Services (CAPS). In addition, SG gave funding for CAPS to provide free visits to students. The result of this campaigned was a 157% increase in direct services at CAPS for the fall semester compared to the prior year.

Online Alcohol Screening

Counseling and Psychological Services (CAPS) offers an online alcohol screening to the university community. The brief screenings are a quick way to determine if you or someone you care about should connect with a mental health professional. The program is completely anonymous and confidential, and immediately following the brief questionnaire, participants will see their results, recommendations, and key resources. See online screening results in chart below.

2014-2015	Total	Severity of Alcohol (%)		
		No Symptoms	Harmful or Hazardous	Harmful with Dependence
Total of completed survey	34	15%	62%	24%
2015-2016	Total	Severity of Alcohol (%)		
		No Symptoms	Harmful or Hazardous	Harmful with Dependence
Total of completed survey	33	27%	48%	24%

21st Birthday Card Program

The Student Wellness Center sends electronic 21st birthday cards to students across all three campuses who are turning 21. The cards contain information about celebrating your 21st birthday safely and provides low-risk drinking tips for those that choose to use alcohol on their birthday. Over the two year period, 7,411 cards were distributed to students electronically through their university email address.

University of Cincinnati-Blue Ash

The University of Cincinnati has a regional campus located in Blue Ash, Ohio, approximately 11 miles from the Clifton/Uptown campus. Some UCBA students live on Clifton's campus and take classes on the Blue Ash campus. In this sense, some UCBA students receive information and resources provided to students on the Clifton campus, although it is difficult to estimate the number of students receiving those services/resources. UCBA provides alcohol and drug education to students on their campus. Below is a listing of what took place in 2014-16.

2014-2015

- Student Code of Conduct is distributed to all first year students (in handbook)
- Drunk Driving Simulator (as a part of Fall Involvement Expo & Service Fair)
- Binge Drinking poster & information (presented at Health Fair sponsored by the Nursing Department)

2015-2016

- Student Code of Conduct distributed to all first year students (in handbook)
- Texting and Driving Simulator (as a part of Spring Fling)
- Various alcohol awareness posters (presented at Health Fair sponsored by the Nursing Department)

University of Cincinnati-Clermont

The University of Cincinnati has a regional campus located in Blue Ash, Ohio, approximately 26 miles from the Clifton/Uptown campus. Because of the distance, there are not as many UC-Clermont students who live or take classes on the Clifton campus. UC-Clermont provides alcohol and drug education to students on their campus. Below is a listing of what took place in 2014-16.

- In May 2015, UC-Clermont hosted “The Opiate Task Force – Breaking the Cycle: Clermont County’s Response to the Heroin and Rx Drug Epidemic.” This was a community wide event.
- In April 2016, the campus hosted a three-day event for National Drug & Alcohol Awareness Week. Activities included a movie and a discussion panel, panel discussion with a question and answer session, and a game event called “Know Your Drug Facts.”

Impact Solutions Employee Assistance Program (EAP)

The University of Cincinnati EAP offers assessment, counseling and referral services that are confidential and professional. Services are available to benefit-eligible employees, spouses/domestic partners, children and other individuals who live in the employee's home. Impact's services are provided 24/7/365 at no cost to employees. See data from 2014-2016 below.

2014 calendar year:

- Website hits – addiction and recovery: 16
- Counselor visits with primary presenting problem of substance abuse: 6
- Counselor visits with secondary presenting problem of substance abuse: 2

2015 calendar year:

- Website hits – addiction and recovery: 44
- Counselor visits with primary presenting problem of substance abuse: 6
- Counselor visits with secondary presenting problem of substance abuse: 2

2016 calendar year (through June 30, 2016):

- Website hits – addiction and recovery: 29
- Counselor visits with primary presenting problem of substance abuse: 1

Violations & Sanctions

Alcohol & Drug Violations

The University of Cincinnati Office of Student Conduct and Community Standards oversees and enforces the Student Code of Conduct. Alcohol and drug violations for 2014-2015 and 2015-2016 are listed below.

	2014-2015	2015-2016
Alcohol	517	613
Drugs	106	120

A variety of sanctions are available depending on the violation and personal need of the students. University educational sanction options include alcohol workshops, reflection paper, research paper, Personal Accountability with Community Expectations Workshops (PACE), parental notification, bulletin boards (residence halls), conversations with staff, hall reassignment or suspension. University disciplinary sanctions include reprimand, probation, suspension and dismissal.

Recommendations—Updated from 2012-14 Biennial Review

The following recommendations were identified in the 2012-14 biennial review. Updates for each recommendation are included below:

- Development of a formal committee to put together the next Biennial Review in 2016.
 - A small committee of staff was formed to identify important information for the 2014-16 Biennial Review and help with the completion of the report.

- Restructure the alcohol and other drug task force and development new goals and objectives approved and championed by university administration. Also expand on membership of the task force; this may include community representation, parents of students, more faculty and students.
 - With the changing of staff, the alcohol and drug task force stopped meeting in Fall 2015.
- Increase Student Affairs staff to include an alcohol, tobacco and other drug prevention specialist.
 - At the time of publication, this is in process.
- Develop a university budget line for alcohol and other drug prevention initiatives.
 - At the time of publication, this is in process.
- Review and update campus alcohol and other drug policies, including the development of a Medical Amnesty Policy.
 - At the time of publication, this is in process.
- Continue to develop and strengthen partnerships across campus to address alcohol and other drug use and misuse at the university.
 - At the time of publication, this is in process.
- Develop a formalized plan to address alcohol and other drug violations of the Student Code of Conduct. Provide tiered sanction options for students depending on violation and student need.
 - At the time of publication, this is in process.
- Review programs and initiatives and work to ensure that evaluation components include effectiveness data, not just number of students and staff that participated.
 - At the time of publication, this is in process.

Recommendations

The following recommendations have been identified for 2016-2018:

- Create an alcohol, tobacco, and other drug committee or task force that would review policies, provide feedback on programming efforts, and develop goals and strategic plans around ATOD programming and initiatives. The committee should be comprised of students, staff, and faculty from the University of Cincinnati, as well as community members.
- Create a structured and formalized process for alcohol and drug sanctions that are well-publicized around campus.
- Provide more education around alcohol and other drugs to the fraternity and sorority community, including to new members.
- Re-institute online alcohol education programming with incoming students, including students at the regional campuses.
- Review alcohol and drug policies and update, as necessary, on a continual basis.

- Provide consistent enforcement of alcohol and drug policies, including for students living in the residence halls and those students living off campus.
- Consider providing alcohol and drug education to parents and other family members.
- Provide education for students across their academic career—not just first year students or people in fraternities/sororities.
- Utilize evidence based, best practices for alcohol education and policies.
- Develop a strategic plan and timeline for resources and programming for students in recovery.