

MASTERING THE ART OF PASSWORD MANAGEMENT

Your Guide To Digital Security

Your passwords are the initial barrier against unauthorized access to your digital repositories of sensitive data, research, and coursework.

Effective **password management** is your primary defense, ensuring the security of your valuable information and guarding it against theft or compromise.



LOCKING DOWN YOUR DIGITAL LIFE

Experts Tips for Password Creation and Management

Complexity is Key

- Use uppercase and lowercase letters, numbers, and special characters.
- Avoid easily guessable information like names, birthdays, or common words.

Length Matters

- Aim for passwords that are at least 12 characters long.
- Longer passwords are generally more secure.

Passphrases Are Strong

- Consider using a passphrase composed of multiple words or a sentence; **BlueSky\$2 @Smile.**
- Stay away from patterns like **123456** or sequential characters like **abcdef**.

Managing Passwords

- Use a reputable password manager app to store and manage your passwords securely.
- Enable Multi-Factor Authentication, like Duo Mobile for an additional layer of security.
- Change your passwords periodically, especially for critical accounts like email and banking.
- Always log out of your accounts when you're done using them, especially on shared or public computers.

For any Cyber Security questions, please visit the
Office of Information Security or email us at infosec@uc.edu