Secure Password Management

Password security is crucial to protect your academic and personal information.

Here are some password tips:

**Use a strong password:**

- Create passwords that are at least 12 characters long.
- Include a mix of upper- and lower-case letters, numbers, and special characters, (’@#)
- Consider using passphrases composed of multiple words or a sentence.

**Create a unique password for each account:**

- Avoid using the same password for multiple accounts.
- Use a different password for your university email and personal accounts.

**Enable two-factor authentication (2FA):**

- Whenever possible, enable 2FA like Duo Mobile Security for your university account.
- This adds an extra layer of security, making it harder for unauthorized access.

**Use a password manager:**

- Consider using a reputable password manager app.
- Password managers can generate, store, and autofill strong, unique passwords for you.

**Examples of good passwords:**

- itsSUNNYoutside185))
- PinkFluffyTa11C@ts

For any Cyber Security questions, please visit the Office of Information Security or email us at infosec@uc.edu