Communiversity
Enrich Your Life with Quality Courses

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Learn Something New!

Personal Enrichment .... 24
Business & Career ........... 6
Music & Dance ............... 17
Sports & Adventure ...... 26
Test Preparation ............ 28

www.uc.edu/ce/commu/
Classes at University of Cincinnati Communiversity are designed to boost your career and enrich your life. Classes are noncredit, informal, and fun! Online or face-to-face class options abound. Enrollment is easy — just a quick phone call (513-556-6932) or a few mouse clicks away (www.uc.edu/ce/commu).

Come, join us!

Donna Burns
Director, Communiversity

Contents

Arts and Handicrafts 3
Astronomy 5
Business & Career 6
Business & Career Online 8
Computer Skills 21
Communication & Writing 9
Explore the World 10
Fitness & Health 11
Home & Garden 14
Languages 15
Money Matters 17
Music & Dance 17
Online Classes with Ed2Go 21
Personal Development 24
Photography 25
Sports & Adventure 26
Test Preparation 28
Program Information 30
4 Easy Ways To Enroll 31

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www.uc.edu/ce/commu
Arts and Handicrafts
Classes in antiques, art, bead jewelry, painting, pottery, stained glass

Bead Jewelry Making I
Make your own unique jewelry using a wide variety of sterling silver and glass beads. Learn basic beading techniques including bead selection, clasp attachment, and bracelet, necklace and earring design. Use your new skills in class to fashion two pieces of jewelry (your choice between earrings, bracelet or 16” necklace - with $1 per extra inch wanted). Come away with the skills to not only create more jewelry on your own but also to repair broken jewelry. No experience necessary.

*Megan Painter will guide you through the process of creating professional looking jewelry.

- Tues., 7-9 pm; March 27; $19 (no discounts), plus $20 supply fee payable to instructor in class (includes all beads, wire, clasps, and supplies to complete the in-class projects); #3668-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Create Oriental Paintings in a Weekend
Begin with the basics and end with beautiful paintings! You’ll learn simple, quick strokes that can enhance your painting skills while learning the Oriental way of the brush. No drawing needed; you will produce paintings of flowers, animals or landscapes using brush strokes only. A great background for beginners, it will also boost brush handling skills of those who have painted before. Experience painting with unique brushes, ink and paper for a relaxing and creative weekend.

Jean Vance, MFA, MA, has that rare combination of being a talented artist and a gifted teacher; and she especially enjoys introducing adults to the fun of painting. She has studied Oriental Brush Painting since 1982 as the demonstrating artist with the First Ohio Trade Fair in Wuhan, China.

- Sat. and Sun. 10 am-4 pm; May 5 & 6; 2 days; $124 (no discounts), plus $15 lab fee payable to instructor first day to defray cost of materials used in class. Purchase your own pack of paper, brushes (two or three sizes) and ink (liquid or ink stick and stone) from art supply store and bring to class. (Sold under the Japanese name “Sumi” for about $30). Bring a brown bag lunch if you wish, or have lunch on your own at an area restaurant; #3717-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Earrings: Make and Take Away
Making wire-wrapped jewelry is easy! Make and take away two finished earrings—one basic tear-drop earring set and one swirly earring set (hoop design with swirls and beads). You will also take away the techniques and skills to make great pieces on your own to wear, sell, or give as gifts, plus some resources for project ideas. Prereq: either our Wire Wrap Jewelry Making class OR prior experience wire wrapping.

*Megan Painter will guide you through the process of making professional-looking jewelry.

- Tues., 7-9 pm; May 1; $19 (no discounts), plus $25 supply fee payable to instructor in class (includes all beads, anti-tarnish silver plated or copper wire (upgrade to sterling silver for $10 more), clasps, and supplies to complete the in-class projects); #3720-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Wire Wrap Jewelry Making
In this class, you will make a wire wrap linked bracelet and earrings (or a pendant if you'd rather) using head pins. Both pieces will incorporate anti-tarnish silver plated wire and glass beads (we'll give you a variety to choose from in class). Learn to wrap, twist, and sculpt wire using simple tools and materials (you will not wrap beads or stones). After practicing a bit, you'll find you can create your own unique jewelry to get the same effect you see in pieces in upscale boutiques.

*Taught by Megan Painter.

- Tues., 7-9 pm; April 10; $19 (no discounts), plus $20 supply fee payable to instructor in class (includes all beads, wire, clasps, and supplies to complete the in-class projects); #3708-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

CALL (513) 556-6932
Plein-Air Landscape Painting

Plein-Air is a French expression meaning “in the open air.” Experience the pleasure of painting, self-expression, and seeing the world in a new way as you meet at various locations and scenic parks around Cincinnati to learn to sketch and to paint with oils. Drawing on ideas of impressionism, you’ll practice techniques needed to complete painted sketches, including basic composition, value, pattern, color spotting, and covering the canvas. Building on those skills, you will complete a larger landscape painting that captures the impression of light and color of the Cincinnati landscape. In case of rain, we’ll meet indoors or in parks with overhead cover. Details and directions to the various locations will be given in class. No experience needed.

Richard Luschek studied classical painting under Boston painter Paul Ingbretson for three years after earning his BFA degree with UC's DAAP program. He is a working artist who maintains his own art studio.

• Sat., 10 am-1 pm; April 14-June 2; 8 wks; $189 (no discounts), supplies are the student's responsibility. A list will be sent with your enrollment confirmation or see www.uc.edu/dam/uc/ce/docs/Commu/Classes/paintingsupplies.pdf); #3715-01

Location: First class meets at artist's studio in Eden Park; then at various parks thereafter.

Stained Glass Classes

Mary Jane Riggi has an abundance of skill as a stained glass artisan and instructor.

Location: 2214 West North Bend Rd. 45239 (Artist's Studio)

Lunch: not included–bring your own or order pizza with the group (for all day classes)

Supplies: Some studio tools may be available for use by students; others may be purchased from instructor. Registered students must call instructor a few days in advance to discuss project ideas and tools.

Beginning Stained Glass

Learn the basics of building a Tiffany style panel using the copper foil method to complete a panel of your choosing. Learn types of glass, glass cutting techniques, grinding, foiling, soldering and framing a panel. Panel sizes will vary, with the average being 11” x 17.”

• Sat., 10 am-4 pm; May 19; 1 day; $99 (no discounts), plus $125-150 for materials and toolkit payable to instructor in class; #3500-01

Create a Kaleidoscope

Construct a beautiful kaleidoscope in class to give as a gift or keep for yourself. No previous glass cutting experience required; basic glass cutting and soldering techniques will be taught. Patterns and supplies will be available from the instructor.

• Sat., 10 am-4 pm; April 28; 1 day; $59 (no discounts), plus approximately $60-70 for supplies payable to instructor in class; #3605-01

Lead Panel Stained Glass

Create a panel in one afternoon! You will learn the old method of stained glass using lead channel instead of copper foil and you will have a choice of pattern and glass. Whether you have never cut glass before or have had previous experience, you are welcome.

• Sat., 10 am-4 pm; April 21; 1 day; $99 (no discounts), plus anywhere from $40–140 for materials and equipment (depending on the project you choose) payable to instructor in class; #3677-01
Astronomy Classes at the COC

These classes are held atop Mt. Lookout in one of our city’s true treasures, where the views are great (and the parking is free)!

Eclipses and Transits: Crazy Antics of the Sun, Moon, and Planets

May and June promise to be busy this year, with the Sun, Moon, and planets conspiring to create some interesting events: a “Super-full” moon on May 5, an annular solar eclipse on May 20, a partial lunar eclipse on June 4, and the long-awaited Transit of Venus on June 5. Discover what causes each of these phenomena, where and when to see them, and why they’re all lumped together at the same time of year. Be prepared to do some spinning, as we use both computer and human simulations to illustrate what’s happening in space. Weather permitting, we’ll view the real Sun, Moon, and Venus in their current positions, too. This program is guaranteed to get you excited for the coming month... and hopefully not too dizzy.

Leo Sack is the Outreach Educator with the Cincinnati Observatory Center.

• Tues., 7-9 pm; May 1; $18, #1228-01
• Location: Cincinnati Observatory Center

Mars

What is it about the “red planet” that has intrigued astronomers and captured the imagination of Sci-Fi buffs for nearly half a century? Find out the answer to this question, and many more, as you become acquainted with the many features of this fascinating planet. Then, discuss the observations of Mars from the discovery of the “canals” to the most current spacecraft missions. You will also hear about some of the mysteries that remain. If the atmosphere is clear and steady, our large refracting telescopes will give everyone a wonderful view of Mars!

Basil Rowe has taught astronomy courses for Communiversity since 1996 and he is a board member of the Cincinnati Observatory Center.

• Wed., 7-9 pm; April 11; $18, #1061-01
• Location: Cincinnati Observatory Center

Stargazing 101

Constellations change in the heavens from season to season. In this class you will study the imaginative figures we call constellations. Learn to use a planisphere to find any constellation at any given time and date. If the weather is clear, we will go outside to find many of the brighter constellations; and you will also have the option of looking through the observatory telescope.

Dean Regas is the outreach astronomer with the Cincinnati Observatory Center.

• Tues., 7-9 pm; April 17; $18, plus $3 optional materials fee for star chart payable to instructor at class; #1209-01
• Location: Cincinnati Observatory Center

Training for the Transit of Venus

What’s cooler than seeing the sun get eclipsed by the moon? How about this — seeing the sun get eclipsed by another planet. Twice per century, we have the ultra-rare opportunity to witness the planet Venus cross directly in front of the sun, appearing as a small black circle against the sun’s larger face. But to view it, you need the right equipment and the right training. Join us three weeks before the June 5 Transit of Venus — your last chance for the next 105 years — to learn how to view the big event safely and effectively. Weather permitting, we’ll practice several methods of safely viewing the sun; and we’ll take a peek at Venus in its current position just after sunset. We’ll also explore the Transit’s world-changing role in the history of astronomy and science, and discuss a global science experiment that you can take part in during this year’s Transit.

Leo Sack is the Outreach Educator with the Cincinnati Observatory Center.

• Mon., 7-9 pm; May 14; $18, #1229-01
• Location: Cincinnati Observatory Center

To enroll, see page 30
Business and Career

Business Analytics Boot Camp: A First Course in Data Mining
Following the deluge of data over the past few years, businesses are inundated and looking for qualified help. This course will give you the knowledge you need to get the edge in your current job or start your new career. You will learn how to find relationships in data, spot trends, find mistakes in reports and construct meaningful visualizations with charts and graphs. Our last session will show you how to find data analytics jobs. No prior experience necessary.

Rex Daisey, MBA, is a practicing director of analytics; drawing from over 10 years of experience leading and mentoring analytics teams, he teaches from real life experience and is ready to coach you through the nuts and bolts of this exciting field.

• Tues., 6:15-8:15 pm; April 3-May 1; 5 wks; $199 (no discounts), bring a laptop computer to every class since this will be hands-on and interactive; #1149-01
Location: UC main campus

Career Exploration & Decision Making
No matter your age or stage, we can help with your career decision making. Identify your own personal strengths, interests, and values using in-class assessment tools. Benefit from our instructor's analysis of the test outcomes, plus the practical information she has to share about positioning yourself in the world of work. Learn how to research possible occupations and their potential; pinpoint steps you need to develop your own individual plan; and focus on some specific job search tips and techniques.

Mary Ann Davis, MA, is a licensed professional counselor who maintains a private practice where she offers guidance in adult transition issues and in career management.

• Wed., 6:30-9 pm; April 18-May 9 (no class May 2); 3 meetings; $69 (no discounts), plus $50 for testing materials payable to instructor at first class; #5207-01
Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Getting Started in Voice Acting Class
Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, “I could do that”? If so, then you could have what it takes to begin working as a professional voiceover artist. The current voiceover trends have made it easy and affordable for just about anyone to get involved. In this fun and empowering two-hour introductory workshop, you will learn about the different types of voiceovers and what tools are needed in order to find success in the voiceover industry. You will have the opportunity to get a taste of what it's like to be a voice actor as you perform a real voiceover script. You will be recorded so that you can receive professional voiceover evaluation later. Come ready to laugh, learn and be inspired.

Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.

Your choice of dates & locations:

• Mon., 6-8 pm; April 16; $39 (no discounts), #1140-02
Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)
• Fri., 6-8 pm; April 20; $39 (no discounts), #1140-03
Location: UC Blue Ash Campus (formerly Raymond Walters)

Getting Started in Voice Acting: One-on-One Live
Fun and empowering, this one hour experience introduces you to the different types of voiceovers and what tools are needed to find success. This is your opportunity to work individually with an instructor who will coach you in this one-on-one, online setting as you read from real scripts. Notes will be taken on your performance so you can receive a professional voice evaluation later. Acquire the knowledge you’ll need to help you decide if this is something you’d like to pursue. This class is taught through iChat, Skype, or over the phone - your choice. After enrolling with us, the class will be scheduled between just you and your instructor, at your mutual convenience.

Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.

• Arrange your one hour session when you wish during this time span: March 1-June 8; $49 (no discounts), #1150-01
Location: Taught through iChat, Skype or over the phone — your choice
High Style Flower Arranging
Using store bought or home grown flowers and herbs, learn the basic principles of floral arranging and create beautiful centerpieces. In addition, you will discover ways to care and treat fresh cut flowers to maximize their use. You may apply class experience towards obtaining a job in the floral industry (the instructor has numerous contacts and leads) or simply use what you've learned in your own home or office decorating.

Peachy Seiden founded, owned, managed and operated Peachy's Blossoms, Inc. for 25 years.

- Sat., 2-4 pm; April 14-May 19; 6 wks; $149 (no discounts), plus $90 to cover entire cost of all greenery and fresh flowers for the series; it will be payable to your instructor at the first class.
- You create an arrangement each week and you get these materials at cost. Bring sharp scissors, vase or container (maybe something fun like a teapot or a watering can); #1145-01

Location: 7400 Montgomery Rd. (Silverton)

Job Search on Steroids: A How-to Guide
Amp up your job search by using social media! Over 73 percent of companies now use social media for recruiting. We'll focus on four key areas — LinkedIn, Facebook, Twitter, and Blogs - with specific strategies for getting noticed, plus do's and don'ts. Within each of these online platforms, you'll learn how to develop your profile, how to use the tools within each platform, and how to use each tool to enhance your job search. By strategically using social media tools, you can target companies, locate positions, connect with hiring managers and recruiters, and establish yourself as an expert or thought leader in your industry.

Nikki Means, MBA, is founder and managing partner of Project Socialize, LLC. She has created a strategy for successful social media programs while leveraging eight years of project and process management to ensure seamless implementation.

- Mon., 6:30-9 pm; March 26-April 23 (no class April 16); 4 wks~10 hrs total; $179 (no discounts). Bring laptop, smart phone, or tablet with WiFi capability if you wish to be hands-on. If not, don't worry — it's not necessary — we'll project all of the information on an overhead and you'll be able to follow along; #1117-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Landlord Fundamentals
Do you already own rental units or are thinking of becoming a landlord? Being a landlord is so much more than just collecting the rent. Those who are unaware of their responsibilities can find themselves with legal difficulties that create just the opposite situation from the income-producing project they imagined. Likewise, failure to properly select and manage tenants can turn a small side venture into a time-consuming nightmare. Focus on basic principles and strategies to guide you through your rental enterprise. Topics include: complying with responsibilities through federal, state (Ohio), and local laws; identifying ways to reduce liability, decrease evictions, and reduce crime and damage to rental units; implementing landlord rights; and operating rentals as an effective business.

Nancy Dashner is a landlord and trainer. As a rental property owner herself, she discovered that managing rentals was not an inherent ability; yet there was no manual to consult. Through practical experience, study, and much research, she developed her own unique and structured approach to "land lording" as a business.

- Sat., 9 am-2 pm; April 14; $59 (no discounts), #1102-01

Location: UC main campus

The Next Big Thing: From Idea to Market
So you have an idea for the next big thing…now what? Launching a new product or bringing an idea to market can be overwhelming. This class is designed to cover the basics of what every inventor should know, from idea development through commercialization. Topics will include: ways to protect your idea; understanding patents; packaging and staging your product; selling, licensing or starting your own company; plus an exploration of marketing venues. Join us and find the encouragement and motivation you need to get your idea off the ground.

Ryan McAleer, MBA, is co-owner of Lean4Ward, Inc., where he specializes in the creation of training programs, inventor coaching and product design. He has previously served as product manager, associate brand manager, and marketing manager with several Fortune 500 companies.

- Mon., 6:30-8:30 pm; May 7; $29, #1118-01

Location: UC main campus

Online Classes Also Available:
See www.ed2go.com/uc; select “Business,” click on “Start Your Own Business” to explore specific careers.

CALL (513) 556-6932
Online Certificates and Courses
Get Skills for the 21st Century ~ Boost your organization’s bottom line.
• Led by an expert instructor
• Interactive discussion areas
• 24/7 classroom access
• Audio/slide presentations
• Supplemental readings included
• Retake class at no charge (up to 12 months)
• Work at your own pace

See course details: content, outlines, objectives, outcomes, instructor bios, and how to enroll at www.yougotclass.org/catalog.cfm/Ucincinnati.

Questions? Just call 513-556-6932

CERTIFICATES
Take all courses in a category to earn a certificate (or just take individual courses that interest you). Fees vary (no discounts).

Business Coaching Certificate
Acquire skills to develop, implement, and support coaching and mentoring programs in your workplace. Improve your employees’ performance and create a rewarding work environment.
Two-month online course, begins April 2; $295

Business Research Certificate
Learn to succeed in research, utilizing the best and most appropriate data for decision making. Find out how to communicate results for maximum impact. Components: Intro to Business Research; Business Statistics; and Qualitative Business Research.
Comprised of three online courses; begins April 2; $495

eMarketing Essentials Certificate
Relevant for any type of organization, including companies, non-profits, and government agencies.
• Improving Email Promotions (April 2; $195)
• Boosting Your Web Site Traffic (May 7; $195)
• Online Advertising (June 4; $195)
Three one-month online courses; take all three to earn certificate for just $495, includes readings

LEED Green Associate Exam Prep
Acquire fundamental concepts of green building; then prepare yourself to take exam and earn the LEED Green Associate credential from the Green Building Certification Institute.
Two month course, begins April 2; $695

Mobile Marketing Certificate
Find out about location-based marketing, mobile payments, QR codes, applications, and mobile coupons. You will learn how mobile marketing can increase your capabilities to retain current customers and gain new ones.
• Mobile Marketing (April 2; $195)
• Creating Cell Phone Apps (May 7; $245)
• Adv. Mobile Marketing (June 4; $245)
Three one-month online courses; take all three to earn certificate for just $595

Social Media for Business Certificate
Communicate, market and serve your customers:
• Intro to Social Media (April 2; $195)
• Marketing with Social Media (May 7; $195)
• Integrating SM in Your Org. (June 4; $195)
Three one-month online courses; take all three to earn certificate for just $495

Supervisory & Leadership Certificate
Get practical and insightful methods for new and even experienced supervisors and managers.
One two-month online certificate program; begins April 2; $395

Video Marketing Certificate
Use simple online video to quickly bond with your viewer, drive traffic to your website, boost business and build brand awareness.
• Video Marketing (May 7; $195)
• YouTube for Business (May 7; $195 also available July 2)
Two one-month online courses; take both to earn certificate for just $395

COURSES (one-month-long)
(multiple start dates; fees vary; details at web link below)

Adv. Web Strategies
Cyber Security
Design Successful Webinars
Entrepreneur Boot Camp
Extraordinary Customer Service
Facebook for Business
Google Analytics
Green Workplace
Media Buying Strategies
Photoshop
Practical Math for the Workplace
Recruiting/Retaining Gen X & Y
Successful Survey Techniques
Twitter

Visit www.yougotclass.org/catalog.cfm/Ucincinnati for all the details about these classes!
How to Have an Awful Marriage

Just kidding…but since this is a funny workshop with the focus on communication in marriage, there will be lots of tongues in cheeks and you’ll probably come away laughing. Have you noticed that men and women seem to speak a different language? Words can come between us in our relationships. Learn how the “purpose of conversation” is totally different for men than for women, as are questions, silence, gift giving, tears and more. Practice translating male and female language, and you’ll be able to reduce 60-80 percent of your arguments and miscommunications. Both couples and singles are welcome.

Karen Gail Lewis, MSW, EdD in consulting psychology and family therapy is a marriage and family therapist and an author of numerous books. She has been on faculty with UC College of Medicine, Virginia Tech, and Johns Hopkins.

• Fri., 6:30-8:30 pm; April 20; $29 (no discounts), per individual; plus $10 (optional) for “Why Don’t You Understand? The World’s First Gender Relationship Dictionary” payable to instructor in class; #6154-01

Location: UC Victory Parkway Campus (historic Edgecliff by Eden Park); park free

Online Classes Also Available:

See www.ed2go.com/uc; select “Writing & Publishing;” see Grant Writing, Business Writing, and a Variety of Specialized Creative Writing Topics

To enroll, see page 30
Explore the World

Explore the World with Vicky Mary
These destination travel classes will give you valuable information about pre-trip planning, transportation options, accommodations, points of interest, local customs and culture. Vicky Mary shares her enthusiasm and love for travel along with her wealth of professional experience. She is the owner and president of Victoria Travel.

Best of the British Isles
Follow our travel pro’s trail through England, Wales and Scotland as you explore some of the most popular and some of the more out-of-the-way places to visit. First, focus on points of interest; then turn your attention to the nuts and bolts of transportation within the British Isles, from the rail passes to the bus passes to the London Visitor Card. Finally, look at alternative accommodations, such as manor houses, B & B’s, apartments in London, pub stays in the countryside, and hotels with good values. From considerations such as “Should we base ourselves in London and take day trips to the countryside, or get a rental car and meander,” careful pre-trip planning can make all the difference.

• Mon., 7-9 pm; May 7; $18, #1074-01
  Location: UC Victory Pkwy Campus
  (historic Edgecliff by Eden Park); park free

Solo Travel
Some people dream of seeing the world but hesitate to venture out by themselves. Turn traveling solo to your advantage as you learn valuable information about the challenges and opportunities available to those who travel on their own. Find out practical tips on how to travel smart (following local customs, safety) while having a great time. Learn where to go, how much it will cost and what to expect as you explore a variety of vacation and travel experiences. And learn how to cope with the ever-present “single supplement” for hotels and on cruises. Vicky Mary has traveled solo all over the world and gives you personal as well as professional insights.

• Mon., 7-9 pm; March 26; $18, #1060-01
  Location: UC Victory Pkwy Campus
  (historic Edgecliff by Eden Park); park free

Southeast Asia: Time to Travel
Ever considered travel to this part of the world? It may be time! Learn about travel in the People's Republic of China, including Beijing and the Great Wall, the treasure-filled Forbidden City and Shanghai, plus scenic Tibet and the historic Yangtze River. Hong Kong will be one of our “stops,” since it is one of the most fascinating cities of the world. There are some fantastic values in travel to Vietnam and Cambodia as well. Acquire loads of information about accommodations, transportation, and customs, so you can make the most of your travels.

• Mon., 7-9 pm; April 2; $18, #1506-01
  Location: UC Victory Pkwy Campus
  (historic Edgecliff by Eden Park); park free

Greece, Croatia, Turkey: Mediterranean Travel
Explore what Greece has to offer — from the ancient to the modern, from the mainland to the exotic islands. Learn about the variations between the many islands, about accommodations in villas or in small beach resorts, and about cruises that offer an economical alternative to land trips. Dip up into Croatia — rich with history, culture, and natural beauty, from the Dalmatian Coast to Montenegro. Then find out about travel to Turkey—with its wealth of well-preserved ancient sites, such as Ephesus and Troy, and its colorful modern sites, such as the bazaars of Istanbul. Find out about pre-trip planning, transportation options, accommodations, points of interest, local customs and culture.

• Mon., 7-9 pm; April 16; $18, #1510-01
  Location: UC Victory Pkwy Campus
  (historic Edgecliff by Eden Park); park free

www.uc.edu/ce/commu
Alexander Technique: An Introduction
As children, our coordination and balance develop instinctively and movement is naturally poised. Over the years, as we spend hours slouching at desks, sitting cross-legged, squinting and craning our necks, many of us develop unconscious behaviors that aggravate or cause pain, tension, fatigue and anxiety. The Alexander Technique helps you recognize your own harmful habits and replace them with conscious conduct. With increased awareness and guiding directions you can feel lighter, taller, looser and calmer. Poor posture? Nothing can help as much as the Alexander Technique.
Claire Rechnitzer, certified Alexander Technique teacher, has benefited personally from the technique by learning to stop habits that were causing lower back pain and muscle spasms. She enjoys teaching others to reduce their tensions.
• Tues., 6:30-8 pm; April 3-May 8; 6 wks; $129 (no discounts), bring a mat or towel to lie on and a thick phone book; #4354-01
  Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Beginner’s Mind–Yoga Basics
Learn the foundational yoga postures typically practiced in a yoga-asana sequence. A wonderful experience for those new to yoga, just learning the basics of alignment, breath and intention, these classes include an introduction to sun salutations, standing postures, backbends, forward bends, twists, inversions, restorative poses, breathing, relaxation and more. Come and enjoy a relaxing atmosphere with soothing music and gentle movements for any body.
Anna Ferguson, BA, RYT, CYTA, has studied with many remarkable teachers and master yoga practitioners over the years; she has completed both 200-hour and 500-hour teacher training courses.
• Tues., 5:15-6:15 pm; April 3-May 22; 8 wks; $99 (no discounts), #4325-01
  Location: World Peace Yoga & Motion Studio (Clifton near Ludlow)

Boot Camp Lite
No fear here — you can do it! This kinder, gentler boot camp is designed to improve your cardiovascular endurance, muscular strength, balance, and flexibility with fun, easy-to-follow drills. Bring a pair of hand held weights suitable to your fitness level, a mat for floor work, and supportive aerobic shoes.
Pat Woellert, MEd in health education, is ACE-certified (the American Council on Exercise) in group fitness and personal training.
• Thurs., 5:35-6:35 pm; March 29-June 7 (no class May 24); 10 wks; $44 (no discounts), #4339-01
  Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Beginners Vinyasa Yoga
Enjoy this soft flowing class using deep rhythmic breathing and a balanced stream of postures that are connected in a gentle manner, easing into each yoga asana in a moving and meditative state. It is sure to leave you feeling peaceful and calm. Gentle sun salutations, inversions, forward bends, back bends, and standing postures are among the positions that will be introduced.
Anna Ferguson, BA, RYT, CYTA, has studied with many remarkable teachers and master yoga practitioners over the years; she has completed both 200-hour and 500-hour teacher training courses.
• Tues., 6:30-7:30 pm; April 3-May 22; 8 wks; $99 (no discounts), #4328-01
  Location: World Peace Yoga & Motion Studio (Clifton near Ludlow)

Face Lift Massage: Do It Yourself
Acquire some simple techniques so that you can give yourself a face lift massage — or bring a partner and work on each other. Through demonstration and self-application, you can learn to tone and condition your skin, tighten and lift your facial muscles, reduce the stress you carry there, and look and feel more youthful. Learn to work with trigger points — 30 different muscles — in your cheeks, jaw, eyes, scalp, brow, nose, neck, and shoulders. Discuss the best sequence of strokes, how to build massage into your routine, what you need to know about oils, and the profound effect that massage can have.
Stephanie Nelms is a trained medical massage therapist who is licensed by the Ohio Medical Massage Board; she is dedicated to providing quality therapeutic massage.
• Mon., 6:30-8:30 pm; May 7 & 14; 2 wks; $59 (no discounts), per person; for your comfort bring along a small pillow for your back plus a small blanket or throw; #4361-01
  Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

CALL (513) 556-6932
Massage for Two

Bring your partner! Whether you pair up with your spouse, mom, or your best friend, you’ll take turns mastering some massage basics that you can use to help relax tension and offer some relief to aching muscles — without tiring yourself out. We will focus on different areas of the body, including head, neck, shoulders, arms, legs, and back. You can also learn individual techniques (primarily Swedish massage) for you or your partner’s specific muscle needs. Please dress in shorts and t-shirts.

Stephanie Nelms is a highly trained medical massage therapist and is licensed by the Ohio Medical Massage Board. She is dedicated to providing quality therapeutic massage and educating people about wellness.

- Mon., 6:30-8:30 pm; April 23 & 30; 2 wks; $59 (no discounts), per person; wear shorts and t-shirt; bring a mat, a small blanket or throw and a bath towel to class; #4348-01
- UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Simple Health-Smart Cooking: With An Ethnic Flair

In this fun, informal, and interactive class series, you’ll discover how healthy and tasty meals can be prepared quickly and simply. As your instructor dices, chops, sautés, and stir fries, you’ll see how easy and enjoyable cooking can be. Join in with your comments and questions. Sessions will include: Asian, Mexican, and Mediterranean cooking; creative fridge/pantry cooking; and all will emphasize what foods to eat to promote healthy hearts, bones, and bodies. Then, the best part of all — time to eat!

Peachy Seiden, MS, RD is a nutrition consultant who has maintained her own private practice, the Cincinnati Nutrition Counseling Center, since 1990. She has found that one of the best ways to get people to eat healthy is to show them how to cook that way!

- Sat., 12-1:30 pm; April 14-May 19; 6 wks; $139 (no discounts), includes all materials and food; #8124-01
- Location: Cincinnati Nutrition Center (Silverton)

Sun Style Tai Chi Introduction

Sun style is the newest of the major styles of Tai Chi. Developed in 1912 by Sun Lu Tang, it is performed with higher stances and has powerful qigong movements within the sequence to promote health, healing and relaxation. This simplified introductory set is especially good for beginners, people with arthritis, hypertension or balance challenges. It is easy to learn and fun to do.

Ralph Dehner is a certified personal trainer, certified Tai Chi instructor and one of 16 USA master/trainers in Dr. Paul Lam’s Tai Chi for Health Programs.

- Thurs., 6-7 pm; March 29-May 17; 8 wks; $99 (no discounts), #4356-01
- Location: Mighty Vine Wellness (on Vine)

Tai Chi for Beginners

Tai Chi is often described as “meditation in motion.” Discover the fundamentals and some basic movements of Yang Style Tai Chi Chuan (also known as Taijiquan or Tai Chi) with us. Originally taught only as a martial art, Tai Chi has been used to improve athletic performance, reduce stress, improve balance, coordination and overall function. Tai Chi has been practiced by a whole range of people - from world class athletes to mature adults - and this class is a great way to get started or review the fundamentals.

Ralph Dehner is a certified personal trainer, certified Tai Chi instructor and one of 16 USA master/trainers in Dr. Paul Lam’s Tai Chi for Health Programs.

Your choice of dates & locations:
- Mon., 6-7 pm; March 26-May 14; 8 wks; $99 (no discounts), #4510-01
- Wed., 7-8 pm; March 28-May 16; 8 wks; $99 (no discounts), #4510-02
- Location: Instructor’s Home Studio (Fairfield)

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Learn to Cook for Better Health!
Yoga by Chair…and Anywhere!
You can do yoga almost anywhere in a chair! Great for people who sit a lot, work in offices, or just want to incorporate more fitness into their day. You’ll learn and practice a sequence of simple exercises, stretches, and breathing techniques that are designed to reduce tension and to improve balance and flexibility. The exercises demand very little time and can easily be done off and on throughout your day — whether at your desk or at home!

Melissa Berling, nationally certified in Ashtanga Vinyasa Yoga, has modified many gentle yoga poses for use in a chair in order to help you de-stress quickly and unobtrusively so you stay fresh and energized wherever you are.

• Wed., 6:15-7:15 pm; April 18 & 25; 2 sessions; $18, #4360-01
Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Weight Loss Hypnosis
Our focus is weight loss; however, with hypnosis, there is no “diet.” The premise is that overeating is a habit and hypnosis can stop the habit. Begin by identifying the stressors in your life and be hypnotized for stress reduction. The next week, explore what habits control your eating and be hypnotized to change those habits. Finally, discuss ways to make exercise a safe, healthy and enjoyable part of your day. A third hypnosis helps instill the desire to incorporate exercise as part of your life. Change your life as you experience hypnosis as a tool to reduce stress and change eating and exercise habits.

Natalie McKerrell, PhD in holistic health sciences, is a certified hypnotherapist; she has studied at the Cincinnati School of Hypnosis.

• Sat., 10 am-12 pm; May 12-26; 3 sessions; $59, plus $35 CDs and material fee payable to instructor at first class; #6120-01
Location: Essex Studios (at Taft and I-71)

Zumba
This unique workout is a “feel-happy” approach to fitness. Its high energy, motivating music and rhythms are a fusion of Latin and International dance themes. Great for the body and great for the mind, this workout combines fast and slow rhythms designed to sculpt the body, burn calories and fat, and tone you up. Bring floor mat or towel and wear supportive aerobic shoes.

Pat Woellert, MEd in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a certified Zumba * Instructor through Zumba * Fitness, LLC.

Offered two evenings:
• Mon., 5:35-6:35 pm; March 26-June 11 (no class May 21 and 28); 10 wks; $44 (no discounts), #4352-01
• Wed., 5:35-6:35 pm; March 28-June 6 (no class May 23); 10 wks; $44 (no discounts), #4352-02
Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Zumba® Toning
Zumba® Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba® moves to create a calorie-torching, strength-training dance fitness-party. You will learn how to use light weights (1-2 pounds) to tone all your target zones, including arms, abs, glutes and thighs. Sculpt your body naturally while having a total blast. Bring 1-2 pound dumbbells, a mat for floorwork, and wear supportive aerobic shoes.

Pat Woellert, MEd in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a certified Zumba ® Instructor through Zumba ® Fitness, LLC.

Offered two evenings:
• Tues., 5:35-6:35 pm; March 27-June 5 (no class May 22); 10 wks; $44 (no discounts), #4311-01
Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

To enroll, see page 30
Be Your Own Designer
Have you ever walked into a home and immediately felt “at home?” Are you attracted to certain colors but hesitant to use them? Do you wish your home expressed more of your personality? In this course, you’ll learn placement, color, lighting and accessory theories. Discover how to express your personality through the interior design of your home. As part of the class, you will design a room of your choice that captures your preferences and accommodates your lifestyle.

Tim Mendenhall, MEd, has been an interior designer for some of the finest residential design firms in the area. He now owns and operates his own firm.

- Thurs., 6:30-8:45 pm; April 19-May 3; 3 wks; $59, #8338-01
- Location: UC main campus

Buying a House in a Down Market
Whether a first time or step up seasoned buyer, all will benefit from this fact-filled fun class. It is still a buyer’s market and we will keep you up to date on all the latest changes, such as new FHA guidelines, grant money for Ohio college graduates, and the effects of government first time buyer tax credits. Explore essential topics such as determining the best way to go about finding that property you want, what you can afford, using the MLS, and the ins and outs of contracts, financing, and insurance. Delve into a few special areas like buying foreclosure property, for sale by owner, and is cash king? Also get the scoop on what to look for in roofs, furnaces, electrical systems, plumbing, structures, and more. Class is strictly educational in nature; learn from the pro’s about buying smart in today’s market.

Gary Rossignol, course facilitator, has been a practitioner in real estate since 1986 and is a certified instructor in Ohio and Kentucky for realtor continuing education courses. Course is strictly educational in nature.

- Tues., 6:30-9 pm; April 10-May 8; 5 wks; $59, #8401-01
- Location: UC main campus

Selling Your Home in a Buyer’s Market – Fast and for Top Dollar
Invest two hours in learning the ins and outs of how to sell your home and the returns could be enormous. Find out the key points of pricing, marketing, and showing your home to maximum advantage. Learn critical information about state requirements, inspections, documentation and financing. If you do consider listing with an agent, how do you interview and select one? And what’s the #1 most common mistake in selling a house? Come and find out!

Gary Rossignol has been a practitioner in real estate since 1986 and is a certified instructor in Ohio and Kentucky for realtor continuing education courses. Course is strictly educational in nature.

- Tues., 6:30-8:30 pm; April 3; $29, #8344-01
- Location: UC main campus
Arabic for Beginners
Acquire a basic understanding of the Arabic language and learn to express yourself in that language as you focus on alphabet recognition, basic structures and vocabulary. Emphasis will be on pronunciation, expressions and basic communication skills. You should also be prepared to work on your own outside of class in order to get the most out of this experience.

Youssef Costandi, MD, was past president of the Egyptian-American Club and has an abiding desire to help others learn the basics of his native language. Dr. Costandi is multi-lingual; he received his early education in a French school which was directed by the Jesuit Fathers in Cairo.

- Mon., 6-8 pm; April 2-May 14; 7 wks; $169, plus $10 for vocabulary CD plus 100 pages of resource material--payable to instructor at first class; #7502-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Beginning Mandarin Chinese
We'll introduce you to the basics of pronunciation, grammar, and everyday vocabulary of Mandarin, the official language of China. You will focus on speaking and listening comprehension, though an introduction to Chinese characters will also be included. Whether your aim is to access China's explosive economic market, broaden your exposure to Chinese culture, or prepare for travel, you're sure to have fun and learn much from this course.

Amy Zhao received her Chinese Language Teaching Certificate from the Shanghai International Language Institute; she has over a decade of experience teaching Chinese to Americans.

- Mon., 6-8:15 pm; April 16-June 18 (no class May 28); 9 wks; $215 (no discounts), plus text "Ni Hao I" (ISBN: 978-1876739065) and workbook (ISBN: 978-1876739072) — both available at UC and DuBois bookstores plus online booksellers. Additional $10 materials fee payable to instructor at first class; #7510-01

Location: UC main campus

English as a Second Language: Everyday Life
If you are a non-native speaker of English, join us for this introduction to oral and written English communications where you will focus on social expectations and interactions, how to get around (transportation by car, bus, train), transactions (shopping, rental leases, acquiring services), and safety and security. Find out about looking for employment, filling out applications, and interviewing. Other topics will include how to get involved in the community, social activities and events; additional topics will be added based on your interests and needs. Increase your confidence and your communication abilities.

Eun Chong Yang, EdD, is a graduate of UC's Teaching ESL program; she has a wealth of experience with adult non-native speakers.

- Mon., 6:30-8:30 pm; April 2-May 21; 8 wks; $169 (no discounts), plus $10 materials fee payable to instructor at first class; #7519-01

Location: UC main campus

French for Beginners
Master the basics of the most romantic of the romance languages. Simple dialogues, questions, basic vocabulary, and expressions for travel and everyday situations will be the focus. Enjoy learning correct pronunciation and how to communicate while traveling as you explore aspects of life in modern French speaking countries.

Joe Costandi, MD, received his early education in the French school, College de la Sainte Famille, which was directed by the Jesuit fathers in Cairo. He speaks French fluently and is an active member of the Alliance Francaise.

- Thurs., 6-8 pm; April 5-May 24; 8 wks; $169, plus text "Learn French the Fast and Fun Way" and companion CD by Bourquin-Leete, published by Barron's (ISBN: 978-0764176890 available at UC and DuBois Bookstores plus online booksellers); #7002-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free
French for Advanced Beginners
Do you already have a passing acquaintance with this beautiful language but want to learn a little more? This course will help you with simple conversations, dialogs, vocabulary, pronunciation, expressions for travel and everyday situations. Come and have fun while you freshen up your French.

Colette Wiltz is an experienced instructor of French who enjoys teaching her native language to others.

- Tues., 6:15-8:15 pm; April 3-May 22; 8 wks; $169, plus text “Learn French the Fast and Fun Way” and companion CD by Bourquin-Leete, published by Barron’s (ISBN: 978-0764176890 available at UC and DuBois bookstores plus online booksellers); #7003-01
- Location: UC main campus

Hindi: Conversational
Whether you want to learn Hindi for travel, business, or to speak with friends or relatives, this introductory course will get you off to a great start. Develop the ability to converse on a variety of everyday topics in different social situations. All will be reinforced in a supportive atmosphere through use of role play, rhymes, catchy and repetitive songs, and flash cards—anything to enhance your memory.

Nidhi Mehrotra, MBA, is a native Hindi speaker from India. She has been part of the American corporate world for 12 years, is well-versed in cultural and linguistic differences, and has conducted classes for adults with diverse backgrounds and needs.

- Wed., 6:30-8:30 pm; April 4-June 6; 10 wks; $199, plus text (optional) “Teach Yourself Hindi Conversation” by R. Snell with Audio; supplemental materials such as flash cards may be purchased from instructor in class (also optional); #7514-01
- Location: UC main campus

Italian for Beginners
Learn to communicate in this beautiful, musical language. You’ll acquire the basics of pronunciation, vocabulary, grammar and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation, plus special expressions for travelers. Tips on traveling, sightseeing, and enjoying the culture of Italy will also be included.

Antonio Iemmola specializes in introducing adults to the language of his native country.

- Thurs., 7-9 pm; March 29-May 17; 8 wks; $169, plus text “Italian: A Self Teaching Guide” by E. Lebano (ISBN: 978-0471359616 available at UC and DuBois bookstores plus online booksellers); #7004-01
- Location: UC main campus

Spanish for Beginners
Whether you plan to travel or not, you can find a foreign experience right here in town as you study the culture and language of Spanish speakers. Become acquainted with one of the world’s loveliest languages. Focus on the fundamentals, learn basic structures and useful expressions, and then put them into practice. Find out how easy it is to boost your skills and to improve a little each week. No previous exposure to Spanish required.

Constance Lardas is an adjunct assistant professor with Romance Languages and Literature Department at UC.

- Wed., 6-7:35 pm; March 28-May 30; 10 wks; $169, plus text “Spanish Now! Level 1 with CDs” published by Barron’s 2005 (ISBN: 978-0764177743 available at UC and DuBois bookstores plus online booksellers); #7076-01
- Location: UC main campus

Spanish II
Do you already have some basic knowledge of the Spanish language but want to learn a little more? Refresh your skills and increase your confidence as you focus on pronunciation, vocabulary and grammar, with special emphasis on conversational skills.

Aimelin Schweitzer is an adjunct assistant professor with Romance Languages and Literature Department at UC.

- Fri., 5:30-7:30 pm; April 13-June 1; 8 wks; $169, plus text “Spanish Now! Level 1 with CDs” published by Barron’s 2005 (ISBN: 978-0764177743 available at UC and DuBois bookstores plus online booksellers); #7093-01
- Location: UC main campus

Explore New Worlds through Language!
Money Matters
Classes in finance, money management, retirement planning

Women and Finance: Lessons Mother Never Taught You
Consider these stunning statistics: two-thirds of all recent first marriages will end in divorce; one-third of all women who have ever been widowed were under age 50; and nearly 80 percent of all married women will become widows. Whether you’re married or single, you need to understand those financial issues that affect you as a woman. This program is a primer that teaches financial survival tactics for the real world. If you’ve ever entertained questions you were afraid or too embarrassed to ask, join us. Learn how to protect yourself from financial catastrophe.

Suzan B. Kotler, CFP, has devoted her career to helping people with money matters. Knowledgeable and motivating, she has been recognized by Cincinnati Magazine as a five star wealth manager for three consecutive years.

• Sat., 10 am-1 pm; April 21 & 28; 2 mtgs; 6 hrs total; $69, includes workbook. Please note: Our seminars are educational in nature. The university does not endorse or promote any products, strategy or views. Any presented are those of the instructor only; #9030-01
Location: UC main campus

Music and Dance
Classes in ballroom dance, hula, salsa dance, swing dance, tango, Celtic fiddle, guitar, piano

Argentine Tango Introduction
Experience the unique flavor and style of the traditional Argentine Tango featuring beautiful and sensual movements and figures. Learn to master the basics, including the walking embrace, the connection, line and cross walking, and the contra body position. This is a partner dance, so please be sure your partner signs up too; and do wear shoes that allow for smooth turning. Now, start the music and count on having fun!

Patricia Paz was born in Buenos Aires and has had two careers, physical education and Argentine native dances and folklore. She is an experienced performer and teacher of dance here and abroad.

• Fri., 6-7 pm; April 20-May 25; 6 wks; $69 (no discounts), plus $5 materials fee for CD payable to instructor at first class; #5259-01
Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Hula for Beginners
Discover the graceful dances of Hawaii. For centuries, Hawaiians have used dance as a way to tell stories about their ancestors, gods and culture. Find out the meaning behind the dance and why you “keep your eyes on the hands.” You will learn basic steps of the hula and two dances, one hapa haole (lyrics in English) and one sung in Hawaiian. Wear comfortable clothes; instructor will discuss other clothing options at the first class.

Wendy Dunning is a partner in Na Mea Hula O Cincinnati, a local Polynesian dance group. She has studied ethnic dance for 15 years, taught hula for five years, and performs regularly.

• Tues., 6:45-7:45 pm; April 17-May 22; 6 wks; $69, #4203-01
Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

To enroll, see page 30
Celtic Fiddling for Beginners

Want to play Irish or Scottish fiddle music? And have fun doing it? Rest assured, there is no need to read music since Celtic fiddling is an oral tradition. Learn to ‘hear’ the tune and play it by ear; and we’ll introduce you to music notation — if and when you want. Play a jig, a reel and other tunes; and learn the difference between these time signatures, as well as the techniques and tricks to make your tune sound really Irish or Scottish. Each class will consist of learning tunes in sections, then putting the sections all together, with some music history, technique, warm-ups and listening games, plus some tips on playing with others. This class is for you if you can’t play a tune and if you don’t even know how to hold the instrument and bow.

Justin Bonar-Bridges has been playing Irish music in the U.S., Ireland, and Canada for nearly 20 years, studying with some of the tradition’s greatest masters and winning international accolades. Since 2001 he has taught at the Riley School of Irish Music and has played in the celebrated Celtic band Silver Arm.

• Thurs., 6-7 pm; April 12-May 17; 6 wks; $139 (no discounts). You’ll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town (East-siders can look up “Strings ‘N Things” or “Antonio Violins,” West-siders try “Baroque Violin” or “A Violin Makers Workshop”) and can be had for as little as $13 per month. Also bring a recording device (cassette, mp3, laptop, cell phone) to record at least three minutes of music per week; #4207-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Celtic Fiddling for Intermediates

See preceding description for Celtic Fiddling for Beginners. It’s essentially the same class and is taught by the same instructor; but this one is for anyone who can already play two or three tunes (from any culture).

Justin Bonar-Bridges has been playing Irish music in the U.S., Ireland, and Canada for nearly 20 years, studying with some of the tradition’s greatest masters and winning international accolades. Since 2001 he has taught at the Riley School of Irish Music and has played in the celebrated Celtic band Silver Arm.

• Thurs., 7:15-8:15 pm; April 12-May 17; 6 wks; $139 (no discounts). You’ll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town (East-siders can look up “Strings ‘N Things” or “Antonio Violins,” West-siders try “Baroque Violin” or “A Violin Makers Workshop”) and can be had for as little as $13 per month. Also bring a recording device (cassette, mp3, laptop, cell phone) to record at least three minutes of music per week; #4208-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Dancing for Two: Ballroom-Style

Tired of watching all the fun and ready to join in? Transform yourself into a dancer as you learn the basics of the beautiful, ballroom-style dances — slow fox trot, waltz, mambo, cha-cha, and rumba. This is an introductory level, especially for those who have had no prior dance classes. Both couples and singles are welcome, although we cannot guarantee partners for singles. Wear smooth hard leather soled shoes to enable turns and changes in direction.

Jeff Greatorex is a dance enthusiast and experienced teacher of dance.

• Fri., 7:40-8:40 pm; March 23-May 18 (no class April 6); 8 wks; $69, #4211-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free
Dancing for Two: The Next Step
Expand your knowledge of the Waltz, Foxtrot, Cha Cha, and Rumba, as you devote two weeks to each of these dances. Each class will begin with a review of the basics and then will move into variations. We will be doing some traveling and stationary/pivot turns. Wear smooth hard leather soled shoes to enable turns and changes in direction. If you have attended our “Dancing for Two: Ballroom-Style” class (or have equivalent experience with these dances), this class is for you!

Taught by Jeff Greatorex.
• Fri., 8:45-9:45 pm; March 23-May 18 (no class April 6); 8 wks; $69, #5258-01
Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Guitar
Explore varying styles of music as you conquer the fundamentals of guitar technique, reading music, and chord study in a group setting. Increase your enjoyment of playing as you establish proper playing techniques. Bring an acoustic (not electric) guitar to all classes and find out that anyone can read music and anyone can play!

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music, is an active performer and guitar teacher.
• Wed., 6-7:15 pm; April 4-May 16; 7 wks; $159, plus text “The FJH Young Beginner Guitar Method: Book 1” (G1016 - CD not required) available from UC or DuBois bookstores plus online booksellers; #5224-01
Location: Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Piano I
It's never too late to learn! Whether you're a true beginner or whether you've been away from piano since childhood and want to return, this class will get you into the fun of playing. You will go at your own pace, with lots of interaction from the instructor; and each student will play on a state-of-the-art electronic piano. Learn the fundamentals of reading music, chords, music rhythm and basic piano technique; and by the end of class, you'll be playing some popular tunes. To get the most out of the class, you should have a piano available for practice between sessions.

Yukiko Kaneko has taught piano for over 10 years to students of all ages and levels; she is currently pursuing a doctorate degree in piano with CCM. Previously, at the U of Illinois, she was awarded the Teaching Excellence Award, rated “outstanding” for three consecutive years.
• Tues., 6:10-7:10 pm; April 3-May 22; 8 wks; $159 (no discounts), plus "Musical Moments: A Recreational Music Making Program: Book One with CD." Available online at: www.everylifeneedsmusic.com/MMOrdering.htm — or at UC Bookstore; #5268-01
Location: UC main campus

Guitar II
Refine and hone your guitar playing in this continuation class. Focus will be on the same major topics from Guitar I, but they will be covered in more depth. You must be able to read notes on the guitar in first position and know basic chords. Bring an acoustic guitar to all classes.

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music, is an active performer and guitar teacher.
• Wed., 7:15-8:30 pm; April 4-May 16; 7 wks; $159, plus text “The FJH Young Beginner Guitar Method: Book 2” (CD not required) available from UC or DuBois bookstores plus online booksellers; #5225-01
Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Piano II: More Musical Moments
This continuation class will help you gain more skills in reading, chord playing, and the background of music making. Progress at your own pace, with lots of interaction from the instructor; each student will play on a state-of-the-art electronic piano. To get the most out of the class, you should have a piano available for practice between sessions. Class is designed for those continuing from Piano I or for those with nearly one year of experience.

Susan C. Ha has been an active teacher and performer throughout the U.S. In 2008, she completed the training for Yamaha Clavinova Recreational Music Making. Her teaching experience includes working at major music festivals; and she instructs music majors at CCM while pursuing her doctoral degree in piano.
• Tues., 6:10-7:10 pm; April 3-May 22; 8 wks; $159 (no discounts), plus "Musical Moments: A Recreational Music Making Program: Book One with CD" plus "Reflective Moments Book I with CD." Available online at: www.everylifeneedsmusic.com/MMOrdering.htm — or at UC Bookstore; #5217-01
Location: UC main campus

CALL (513) 556-6932 19
Piano, Continuing: Making More Music
Progress at your own pace, with lots of interaction from the instructor. Each of you will play on a state-of-the-art electronic piano; we'll introduce you to reading beyond the 5-finger position, 8th notes, 7th chords, and more pop music. To get the most out of the class, you should have a piano available for practice between sessions. Class is designed for those who have completed Piano II and/or a year of piano experience.

Susan C. Ha has been an active teacher and performer throughout the U.S. In 2008, her teaching experience includes working at major music festivals; and she instructs music majors at CCM while pursuing her doctoral degree in piano.

- Tues., 7:15-8:15 pm; April 3-May 22; 8 wks; $159 (no discounts), plus "Musical Moments: A Recreational Music Making Program: Book Two with CD." Available online at: www.everylifeneedsmusic.com/MMOrdering.htm or at UC Bookstore. Other material will either be optional or will be provided by instructor; #4202-01

Location: UC main campus

Salsa and Merengue Dance
Capture the spirit and the rhythm of these popular Latin dances as you learn their special moves, steps, shines, and styles. Focus will be on the Cuban style Salsa and the Merengue, a quick even-stepping hip-moving dance which originated from the Dominican Republic. You'll practice holds, hand positions, and turns as you gain confidence in adjusting your moves to the speed of the music and flowing from one move to the next. Both couples and singles are welcome, although we cannot guarantee partners for singles. Class is geared for beginners. You must wear soft-soled shoes (leather or others that allow for smooth turning).

Doni Jessen, MBA, has a wealth of experience teaching, performing and choreographing Latin dance.

- Thurs., 7-8 pm; April 5-May 24; 8 wks; $89, plus $8 materials fee for tape, payable to instructor at first class; #5229-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Swing Dances: An Introduction
From Jitterbug (Single Time Swing) to East Coast Swing (Triple Time), you'll be picking up your feet and having a ball. Swing to music from the '50s and '60s, honky-tonk, C & W, and even rock. Gain self-confidence in maneuvering around a dance floor and increase your repertoire of fast dance movements as you learn these always popular styles of dance. You'll begin by mastering the basics and then add some new combinations as you go. Wear leather soled shoes to allow for smooth turning, please. Partner recommended but not required.

Jeff Greatorex is a dance enthusiast and experience teacher of dance.

- Tues., 8-9 pm; April 10-May 15; 6 wks; $49, #5262-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

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3. Enroll: You may enroll yourself and pay for your classes at www.uc.ed2go.com/uc. Plus, three other ways to enroll are available (see page 31).

4. Return to our Online Learning Center and click the My Classroom tab when your course starts. To begin your studies, simply log in with the name and password you provided during enrollment.

Start Dates: A new section of every online course will begin on the following dates:
March 21
April 18
May 16

Requirements: All courses require Internet access, e-mail, and the Microsoft Internet Explorer or Mozilla Firefox Web browser. Some may have additional requirements—visit our Online Learning Center for details.

Fees: Most classes are just $119.
(Note: no discounts for online classes).

WEB AND COMPUTER PROGRAMMING

CSS and XHTML
Learn how to create state-of-the-art web sites, taking your existing HTML skills to the next level. Start building sites like the pros. Intro and intermediate levels.

Creating Web Pages
Acquire the basics of HTML so you can design, create, and post your very own site.

Dreamweaver
A veteran designer helps you master the industry-standard tool for building professional web sites. Intro and intermediate levels available.

Java Programming
An experienced Java programmer introduces important Java topics with clear, step-by-step instructions. Intro and intermediate levels available.

PHP and My SQL
Learn how to create an interactive web site, allowing visitors to post and retrieve information provided by you or your site's visitors. Intro and intermediate levels.

Other class titles available:
Introduction to Programming
Achieving Top Search Engine Positions
ASP.Net
Flash
Ajax, Java, Perl, Python, and Ruby Programming

COMPUTER APPLICATIONS

Microsoft Excel
Discover the secrets to setting up fully formatted worksheets quickly and efficiently. Beginning, intermediate and advanced levels.

Microsoft Access
Find out how to store, locate, print, and automate access to all types of information. Beginning and intermediate levels.

Microsoft Word
Gain the tools to create and modify documents with the world's most popular word processor. Beginning, intermediate and advanced levels.

QuickBooks
Quickly and efficiently gain control over the financial aspects of your business. Also offered: Performing Payroll in QuickBooks.
Microsoft PowerPoint
Create dazzling slide presentations with multimedia, charts, outlines, graphs, clip art, and hypertext links.

Learn online anytime, anywhere!
A new section of every course in this online section will begin on the following dates:
MAR. 21 APRIL 18 MAY 16
www.ed2go.com/uc

Writing and Publishing

Beginning Writer’s Workshop
Get a taste of the writer’s life and improve your writing skills in this intro to writing creatively.

Effective Business Writing
Improve your prospects by developing powerful written documents that draw readers in and keep them motivated to continue to the end.

Technical Writing
Apply technical writing conventions, interviewing skills, documentation management, publishing and formatting techniques; get tips on how to get that first job.

Magazine Writing
Are you a determined new writer? Acquire the skills you need to get published.

Effective Editing
If you aspire to be an editor, this course will teach you the fundamentals of top-notch editing for both fiction and nonfiction.

Grammar Refresher
Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

Other class titles available:
Poetry
Special Topics (i.e., SitCom, Non Fiction, Life Story, Children’s, Travel Writing)
Write Fiction Like a Pro
Writing Essentials
Writing & Selling Self-Help Books

Database Management

SQL
Gain a solid working knowledge of the most powerful database programming language in the introductory class. Go beyond the basics in the Intermediate level.

C# Intro and Intermed Classes
Learn to program in C#, even if you have no prior programming experience.

Crystal Reports
Make the points you want to make by converting raw database or accounting information into impressive and meaningful reports.

Visual Basic
Learn to create Windows applications using the popular and easy-to-master Visual Basic. Available in intro and intermediate levels.

Other class titles available:
C++ Programming
Oracle

Grant Writing and Nonprofit

A to Z Grant Writing
Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns, and prepare proposals.

Other class titles available:
Nonprofit Management
Marketing/Starting a Nonprofit

Healthcare Careers

Explore a Career in:
Medical Transcription
Medical Coding
Admin. Medical Assistant

Languages

Spanish, Italian, Japanese, French, English
Your choice! Prepare to speak a new language in a wide variety of settings and situations and you will enrich your experiences while traveling.

Accounting

Accounting Fundamentals
Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

Accounting Fundamentals II
Gain practical experience working with dividends, plant assets, depreciation, accrued revenue and expenses, retained earnings, stockholders’ equity, and various financial reports.

Technology

Networking
Learn the fundamentals of networking and prepare for a career in a new and fast-growing field. Also available at intermediate level.

PC Security
Security expert teaches the fundamentals of PC and network security.

PC Troubleshooting
Decipher and solve problems with your PC.
Certification Prep
Note price exception: Certification Prep courses are $149 each (no discounts).

CompTIA Network+ Certification Prep
CompTIA A+ Certification Prep (All Levels)
CompTIA Security+ Certification Prep

Windows
Get up to speed quickly on Microsoft Windows with this fun and easy hands-on course for beginners.

Business

Project Management Fundamentals
Gain the skills you’ll need to succeed in the fast-growing field of project management.

Project Management Applications
Experienced project manager teaches you tricks of the project management trade.

PMP Certification Prep 1 & 2
Comprehensive preparation for exam offered by Project Management Institute.

Start Your Own Business – Your choice!
Discover how to translate your passion into a profitable business. Classes available in these specialty areas:

Event Planning
Art & Crafts
Consulting Practice
E-Bay Buying & Selling
Home Based Business
Interior Design
Pet Sitting
Publishing

Other class titles available:
Computer Skills for the Workplace
Keys to Effective Communication
Real Estate Investing
Supervision and Management Levels I & II

Graphics and Multimedia Design

Photoshop Elements
Learn to edit and correct digital images to repair deficiencies and bring out the best in all your photographs. Level II also available.

Photoshop
Learn how to use Photoshop to fix and process photos and create original images. Beginning, intermediate, and Creating Web Graphics available.

Secrets of Better Photography
Explore strategies and learn a variety of tricks to create excellent photographs in all types of situations.

TEST PREPARATION

GMAT Preparation
Discover powerful test-taking techniques and methods for improving your score on the GMAT.

GRE Preparation Parts 1 & 2
Identify powerful strategies for success in the verbal and analytical sections. Then acquire a variety of useful techniques for tackling the math section.

LSAT Preparation Parts 1 & 2
Learn about law school entrance procedures, developing analytical reasoning skills, and improving your test-taking skills. Then, improve your reading comprehension and logical reasoning skills, and discover proven approaches for selecting correct exam answers.

SAT/ACT Preparation Parts 1 & 2
Master the reading, writing, English, and science questions on the ACT and new SAT. Then, prepare for the math questions on these tests.

More courses available (200 in all)
Visit our Online Instruction Center:
www.ed2go.com/uc
for all of the details.

Online learning anytime, anywhere… just a click away!

www.ed2go.com/uc
Heart of Meditation: Concentration and Insight
Learn to live in the present moment by developing a meditative practice of mindful awareness. This class offers an exploration of that process, emphasizing concentration and insight. Special attention will be given to mind states that can interrupt our progress. Learn how to work with sleepiness, worry, anger, desire, and doubt in order to deepen our practice all along the path. We provide chairs and meditation cushions; try to avoid eating for an hour before class. No particular belief system required—just a desire to find the clarity and peace that meditation can bring.

Bonnie Beverage, a teacher in the Theravada Tradition, is one of the founding members of the Dharma Center. She has taught History of Buddhism since 1998 at UC. She is also the author of “Take-Home Dharma” and “Impermanence: the Only Lesson You Will Ever Need.”

- Thurs., 7-8:30 pm; April 12-May 3; 4 wks; $49, #6042-01
- Location: Dharma Center of Cincinnati (Upper Northside)

Pet Care and First Aid
Perfect for pet owners or pet professionals, this class is a combination of lecture, demonstration, and hands-on skill practice. No furry friends will actually be in the classroom; all demos are done using life-like stuffed animals. You will learn: the three things you should do for your pet every day; ABC's of pet first aid; snout-to-tail assessment; pet CPR; rescue breathing; 10 situations that require immediate veterinary care; and how to assemble your own pet first aid kit.

Darlene Ehlers is a Pet Tech, Inc. pet first aid instructor and a member of Emergency Animal Rescue Service (EARS), TriState County Animal Response Team (CART), and founder of PETS Network of SW Ohio. She was Pet Sitters International 2006 Pet Sitter of the Year and operates her own professional pet sitting business.

- Sat., 10 am-2 pm; April 14; $64 (no discounts), plus $15 for workbook and certificate payable to instructor in class. Bring a brown bag lunch if you’d like; #6158-01
- Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Sacred Contracts: How They Bring Purpose and Meaning into Your Life
Best-selling author Caroline Myss believes we all come into the world with “sacred contracts.” Some may know this as a “calling” and some, as a “mission.” What are those voices from within that help steer you on your journey? C.G. Jung defined them as archetypes. Many of these archetypes are ancient and affect us deeply. In this class you will explore the ways archetypal energies such as the artist, princess, trickster, or king manifest themselves. Begin to identify your sacred contracts and find out how they enhance your life and help you fulfill your life purpose.

Gloria Charlier, RN, BSN, is a member of the American Holistic Nurses’ Association. She has continued her professional education in accredited seminars in areas such as healing touch, aromatherapy, herbal studies, and plus an intensive program by C. Myss based on her work with sacred contracts.

- Fri., 6:30-8:30 pm; April 27-May 25 (no class May 11); 4 wks; $99, plus “Sacred Contracts” book by C. Myss is recommended, but not required; #6117-01
- Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free
Professional Make-Up Skills
Do you want to learn professional techniques and secrets to doing your own make-up - without the sales pitch and the very public department store environment? In this fun, relaxed class, you'll bring in your own make-up bag. Find out what your make-up will do for you, what basics you really need, how to select and purchase makeup, and how to handle some of the tools. Explore daytime and evening looks, how to minimize flaws, and how to take care of your skin. The second session is really hands-on, so come fresh-faced. We'll be starting from scratch as you learn how to apply your make-up as if it was done professionally every day.

Nora Fink is a professional wardrobe stylist and make-up artist. She doesn't represent any company nor sell any products; she currently works in the industry for a variety of companies.
- Wed., 6:30-8:30 pm; May 2-16; 3 wks; $54 (no discounts), plus $10 fee payable to instructor for use of supplies in class; remember to bring in your own make-up to learn application techniques; #6138-01
  Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

What to Wear and How to Wear It
From wardrobe planning and accessories to discovering your best colors and most flattering styles, find out how you can achieve that “put together” look. Focus on personal appearance and polish, find out about image killers, and do’s and don'ts.

Nanci Glendening, of Glendening Image Research, is co-founder and past-president of the Association of Image Consultants International OH-PA Chapter. She also modeled in Miami Fl and was a former Miss Cincinnati USA.
- Wed., 6:30-8:30 pm; March 28; $29, #6156-01
  Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Photography
Classes in digital cameras, digital photography, art photography

Digital Photography: Basic Level
Get started with the basics in this introductory class. Bring your Point and Shoot digital camera and camera manual to class as we explain some of the most common functions and features; i.e., focus, zoom, flash, shutter speed, ISO, white balance, storing images, and composition. Become familiar with some of the terminology and basic photo editing as well (sizing, cropping, toning and printing). We'll incorporate some feedback of images you take outside of class, so you can learn by doing. The focus is on taking better pictures -- while your camera is left in the automatic mode.

Mark Bealer and Vickie Daniels are co-owners of Studio 66 LLC, a wedding and studio photography business. Vickie has an associate's degree in photography and has worked as a professional photographer since 2005. Our lead instructor, Mark, has been a professional photographer since 1988.
- Thurs., 5:30-6:55 pm; April 5-May 10; 6 wks; $119 (no discounts), #3823-01
  Location: UC main campus

Digital Photography: Advanced Level (for D-SLR only)
Are you ready to shoot in manual exposure with your digital single lens reflex (D-SLR) camera? We will introduce you to the control of your D-SLR's features; i.e., shutters, apertures, lens characteristics, custom white balance, sensor resolution and go into more detail with all of the other topics listed in our Basic Level I description. Bring your camera and your camera's manual to class as we move you into the realm of D-SLR photography. We'll incorporate critiques of images you take outside of class, so you can learn by doing. The focus is on taking better pictures — while your camera is in the manual mode.

Mark Bealer and Vickie Daniels are co-owners of Studio 66 LLC, a Cincinnati-based wedding and studio photography business.
- Thurs., 7-8:30 pm; April 5-May 10; 6 wks; $159 (no discounts), #3824-01
  Location: UC main campus
High Dynamic Range (HDR) Photography
HDR Photography is the process of taking multiple exposures (9 or more of the same image) and overlaying them together into one image. This creates a whole new amazing image, one that is positively vibrant. Learn and practice proper techniques for shooting the image on your camera, then through examples, demonstration, and some hands-on “test-driving” of your own, you’ll take turns working together on the instructor’s software. This is a great way to try something new to see how you like it—before investing money on software yourself. Bring your camera to class (D-SLR or digital camera that can shoot in raw format—shutter release helpful, but not required) and a tripod if you have one. Bring a writable CD or a flash drive and you’ll come away with some images of your own that will amaze you!

Jan McComas, graduate of Antonelli College (photography) operates her own photography business; she attended the Dan Burkholder Workshop in NY to learn this technique.

- Mon., 6:30-8:30 pm; April 16-May 14; 5 wks; $110 (no discounts), #3827-01
- Location: UC main campus

Online Classes Also Available:
See www.ed2go.com/uc; select “Personal Development;” click on "Digital Photography "to see PhotoShop and Making Movies classes

Aviation: Is Flying in Your Future?
Ever dreamed of flying an airplane or wondered how they work? In this exploratory class, you’ll discover the basic aerodynamic forces that make flight possible and learn about airplanes, their controls and their basic instruments. Enhance your understanding of climbs, descents, and turns through a realistic computer-generated video. Find out about the possibilities of general aviation, whether for business, personal, or just plain fun. Each lesson may put you a step closer to the pilot seat, since you may decide to sign up for an introductory flight in a new Cessna 172 with your instructor, following completion of the class series. Flights are entirely optional and will be arranged at a special price with your instructor through Sporty’s Academy.

Tom Baresel is an FAA certified flight instructor working with Sporty’s Academy, the home of the world’s largest pilot shop. Tom has extensive experience in the cockpit and holds a commercial pilot license and instrument rating along with the flight instructor certificate.

- Sat., 11:30 am-2 pm; April 21 & 28; two meetings; $44, #4103-01
- Location: UC main campus

Earthjoy Tree Adventures
Create your own safe place high in the trees! Do you ever dream about a special place…where you can go to and hide out just with your thoughts and dreams? Where you can be gently rocked to sleep? And feel safe too? And be able to play for hours? At our next tree climb class we teach you how to get in and out of the Hammock trees safely using the DRT system. Learn how to ascend and descend in the trees — always on rope.

Shelly and Bill Byrne, founder of Earthjoy LLC, have been climbing professionally since 2004, having received training with Tree climbing USA. By day, Shelly has been practicing as a licensed physical therapist for 20 years and Bill is an electrical engineer.

- Sat., 10:30 am-12:30 pm; April 7; $49 (no discounts), plus $15 equipment rental fee payable to your instructor at start of class (for climbing helmet, certified arborist ropes, locking carabiners and saddles provided for your use during class); #4121-01
- Location: Casper the Friendly Sycamore in AJ Jolly Park (Campbell County KY Park)
**Golf: Beginning**

Don’t want to be left out of the golf outing again this year? Just want to feel more at ease playing with friends? This class is designed to prepare new or beginner golfers to feel comfortable with the fundamentals of the game. Topics will include putting, chipping, pitching, and the full swing with irons and woods. We will also cover basic rules and etiquette with one on-course playing class to make you more confident in taking your game to the golf course. Bring your own clubs if you can; if not, equipment will be provided.

*Kyle Voska and Tom Bach are PGA professionals.*

- Wed., 6:15-7:45 pm; April 11-May 23; 7 wks; $99 (no discounts), plus a one-time $10 practice range fee payable at first class (includes all range balls); #4101-01
- Thurs., 6:15-7:45 pm; April 12-May 24; 7 wks; $99 (no discounts), plus a one-time $10 practice range fee payable at first class (includes all range balls); #4101-02

Location: Sharon Woods Golf Course

**Golf: Intermediate**

Instruction will focus on refinement of strokes and strategy in the areas of driving, long and short iron play, and putting. It is designed for golfers beyond the beginner level who want to improve their game. It is preferable that you have your own clubs but it is not required.

*Kyle Voska and Tom Bach are PGA professionals.*

- Tues., 6:15-7:45 pm; April 10-May 22; 7 wks; $99 (no discounts), plus a one-time $10 practice range fee payable at first class—includes all range balls; #4104-01
- Sat., 9:30-11 am; April 14-May 26; 7 wks; $99 (no discounts), plus a one-time $10 practice range fee payable at first class—includes all range balls; #4104-02

Location: Sharon Woods Golf Course

**Scuba Diving: The Basics**

Experience the same sense of fun and excitement shared by scuba divers throughout the world - but within the safe confines of a pool. All students must be present for first class session. If you wish to go on to earn Open Water SCUBA Certification, you must complete four open water dives. Travel and equipment costs for these open water certification dives are not included as part of this course.

*Taught by professional staff of Scuba Unlimited, which is the exclusive dive center of the Newport Aquarium.*

- Tues., 6:30-10:30 pm; April 10-May 22; 7 wks; $85 (no discounts) for instructional fee plus supply fees payable to Scuba Unlimited at first class: $180 for in-class equipment rental and insurance and $60 for PADI crewpak. Bring own mask, fins and snorkel (or purchase in class - packages start at $170); #4502-01

Location: Scuba Unlimited (Blue Ash)

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**TENNIS RAIN OR SHINE**

At Anderson Mercy Healthplex

Indoor tennis classes are facilitated by Joe Foley, winner of over 100 tournaments and former captain of the best tennis team in UC’s history.

**Tennis for Beginners**

Get in shape with tennis! Work on hand-eye coordination, racquet skills, basic strokes, and scoring. This experience is designed for the player who has never played the game or is unfamiliar with the rules. Bring your own racquet.

*Joe Foley has introduced this sport to thousands of people who continue to play for a lifetime.*

- Sun., 4-5 pm; March 18-April 29 (no class April 8); 6 wks; $69 (no discounts), #4105-02
- Sun., 4-5 pm; May 20-June 24; 6 wks; $69 (no discounts), #4105-01

Location: Mercy Healthplex Anderson

**Tennis for Intermediates**

This is an enjoyable way to get in shape and stay in shape! You are ready for this experience if you have had some previous instruction or if you can hit ground strokes and serves in play from the baseline with reasonable success. You’ll have the chance to work on strokes with movement, rally skills, overheads, and volleys. And for those who are ready, you may practice getting that first serve in, adding spin, net play, strategy, and control. Bring your own racquet.

*Facilitated by Joe Foley.*

- Sun., 5-6 pm; March 18-April 29 (no class April 8); 6 wks; $69 (no discounts), #4107-02
- Sun., 5-6 pm; May 20-June 24; 6 wks; $69 (no discounts), #4107-01

Location: Mercy Healthplex Anderson

To enroll, see page 30
ACT Preparation

Losing sleep and getting anxious about test day? In this intensive class, you’ll build confidence and make the most of your potential by studying strategies for taking the ACT and by reviewing topics covered by the ACT (math, writing and reading comprehension). Learn a variety of test-taking methods and work with the instructor to adapt the ones that best suit your unique style and personal strengths. You’ll get support for questions and concerns; plus discussions, PowerPoints, use of TPR materials, and lots of concrete examples. Discover approaches to increase your odds on each question type, how to use a process of elimination, construct a well-defined essay (optional) on this test, plan your critical reading passage strategy, and learn when it’s good to guess.

Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.

Your choice of sections and dates:

- Sat. & Sun., 9 am-3 pm; March 31 & April 1; 2 days; $154 (no discounts), #4604-01
- Sun., 9 am-3 pm; May 27 & June 3; 2 days; $154 (no discounts), #4604-02

Text: “Cracking the ACT” 2012 edition, a publication of The Princeton Review (available from UC and DuBois bookstores plus online booksellers)

Other: Bring a calculator. Lunch not included — bring your own or a few dollars extra to order pizza with the group

Location: UC main campus

GMAT Preparation

Are you in the market for a business school? Enhance your chances of acceptance with this structured study of the Graduate Management Admission Test. The English instructor covers the analytical writing assessment and verbal sections in the first three weeks while the math instructor covers the quantitative section in the latter half of the course. Concepts of algebra and geometry will be reviewed. You’ll work with authentic test questions and responses and gain confidence by learning helpful strategies.

- To register for the GMAT test, call 1-800-717-GMAT or see www.mba.com
- To register for this GMAT test prep class, call 513-556-6932 or visit www.uc.edu/ce/commu

Allen Feibelman, MA, is an associate professor at Chatfield College and has taught with the UC English Department. Allen has also taught for Princeton Review.

Jane Allen, MEd in mathematics, has taught for 17 years. Currently, she is teaching College Preparatory and Honors Math at Kings High School.

- Sat., 9 am-1 pm; April 14-May 26 (no class May 5); 6 wks; $259 (no discounts), plus text “The Official Guide for GMAT Review” (12th Ed.), Wiley Publishing, Inc. (ISBN: 978-0470449745 available from UC and DuBois bookstores plus online booksellers). NOTE ~ The current test is offered through June 2. This class prepares you for that test; #4600-01

Location: UC main campus

GRE Preparation

Do you want to maximize your ability to score well on the GRE and get admitted to graduate school? In a relaxed atmosphere, you’ll lay the foundation for success as you’re guided through actual test questions, enhancing your answer strategy. The math instructor teaches quantitative reasoning skills in the first three weeks and the English instructor completes the course with analytical writing and verbal reasoning. Concepts of algebra and geometry will be reviewed. You will work with authentic test questions and responses and gain confidence by learning helpful strategies.

- To register for the GRE test at UC, call 513-556-7173
- To register for this GRE test prep class, call 513-556-6932 or visit www.uc.edu/ce/commu

Jane Allen, MEd in mathematics, has taught for 17 years. Currently, she is teaching College Preparatory and Honors Math at Kings High School.

Allen Feibelman, MA, is an associate professor at Chatfield College and has taught with the UC English Department. Allen has also taught for Princeton Review.

- Sat., 9 am-1 pm; April 14-May 26 (no class May 5); 6 wks; $259 (no discounts), plus text “The Official Guide to the GRE revised General Test with CD-ROM,” a publication of The Educational Testing Service (ISBN: 978-0071700528 available from UC and DuBois bookstores plus online booksellers); #7142-01

Location: UC main campus
LSAT Preparation

The key to success on the Law School Admission Test is practice, strategy, and timing. Delve into a detailed analysis of each LSAT problem type: reading comprehension, analytical reasoning, and logical reasoning. By discussing the problems and explanations, you’ll develop the ability to approach the LSAT as a series of intellectual games to which you can apply strategies studied in class. You will also benefit from the instructor’s critique of your LSAT writing samples. The course culminates in a full-length mock exam. Using actual questions from previous tests, under timed conditions, will prepare you for the real environment. In addition, and outside of classroom hours, the instructor offers individualized assistance with the personal statement essay required for all law school applications.

Mina Ludwig, JD, UC College of Law, is currently in private practice and counsel for the Hamilton County Board of Mental Health and Recovery Services.

- Sat., 12-4 pm; April 21-May 19 (no class May 5); 4 mtgs; $299 (no discounts), plus “Barron’s LSAT” by Bobrow (13 Ed.) and “The Official LSAT SuperPrep” by the Law School Admission Council (available from UC and DuBois bookstores plus online booksellers);
  #4601-01
  Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

SAT Preparation

Gain confidence and make the most of your potential by studying strategies for taking the SAT and by reviewing topics covered by the SAT. You will learn specific techniques for taking the math, writing and reading comprehension parts of the test. Discover how the test is structured, effective methods for solving each problem type, and what to expect. Acquire an arsenal of tools to help you succeed, including how to use a process of elimination, construct a well-defined essay on test day, plan your critical reading passage strategy, and decide how to handle the conundrum “to guess or not to guess.”

Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.

- Sun., 9 am-3 pm; April 22 & 29; 2 days; $154 (no discounts), plus test "Cracking the SAT" 2012 edition, a publication of The Princeton Review (ISBN: 978-0375428296 available from UC and DuBois bookstores plus online booksellers). Lunch is not included—bring your own or a few dollars extra to order pizza with the group; #4603-01
  Location: UC main campus

TOEFL iBT Preparation

The Test of English as a Foreign Language (TOEFL) is used to measure English language proficiency. It is the most accepted test in the world; and Internet-based testing has made it even more accessible. This course will help you prepare to take the TOEFL as you focus on the main features of the test, test-taking strategies, exercises, and practice. We will cover the types of skills evaluated by the various sections of the test, including reading, listening, writing and speaking.

- To register for the TOEFL iBT test with UC call 513-556-7173 or see www.uc.edu/sas/testing_services/
- To register for this TOEFL test preparation class, call 513-556-6932 or visit www.uc.edu/ce/commu.

Eun Chong Yang, EdD, is a graduate of UC’s Teaching ESL program; she has a wealth of experience with adult non-native speakers.

- Tues. 6:30-8:30 pm; April 3-May 22; 8 wks; $169 (no discounts), plus the text “Cracking the TOEFL iBT with audio CD” by Princeton Review (any edition from 2009 and after is fine); #4602-01
  Location: UC main campus

Online Classes Also Available:

See www.ed2go.com/uc; select “Personal Development;” click on “Test Prep” for other options

CALL (513) 556-6932
Enroll Early
Courses can fill up quickly! To ensure a space in the class of your choice, please enroll now. We will accept registrations as long as there is room.

If the class you want is filled, we'll put you on a wait list and notify you as soon as possible. You may choose to remain on the wait list, transfer to another class, or receive a refund (if you paid by credit card you will not be charged). Every effort will be made to accommodate you — we've even been known to create new class sections to meet your needs.

For Adults
While most of our classes are designed for adults (18 and over) there are exceptions. Our ACT Prep, SAT Prep, and Mini Medical College classes welcome high school students. If you're a 16 and 17 year-old interested in challenging yourself and learning something new, you are welcome to many of our other classes (we are not able to admit you to physical classes which require release forms since they aren't valid if signed by minors).

Class Changes
We don't like to make changes, but sometimes it's unavoidable. We reserve the right to change times, locations or instructors. If we must cancel a class, we will make every effort to notify you immediately. Please provide daytime phone numbers so that we may contact you. You may then choose to transfer to another class or receive a full refund.

Location and Parking
Our classes are held online, face-to-face, at UC's Main Campus, at UC's Victory Parkway Campus, and at 20 other locations around town — see the last line of each description for the class location.

Exact room and building locations, parking information, and directions will be mailed to you with confirmation of your enrollment.

If you have a disability and need specialized services, call the Disability Services Office at 513-556-6823 well in advance of your class to discuss your needs.

Confirmation of Enrollment
If you have not received confirmation within two days of starting date for your class, please call 513-556-6932. Office hours are 8 am-5 pm Monday-Friday.

Material and Supply Fees
Some classes require additional fees for supplies or materials — they are noted in the class listing. These fees are to be paid to the instructor at the first class session. These fees are nonrefundable and discounts do not apply to them.

Books
A few courses require the purchase of book(s); those are noted in the description. You may buy them from local or online booksellers. If you buy your books from UC (513-556-1400) or DuBois (513-281-4120), you will find them in a special Communiversity section.

Discounts
In order to take advantage of these discounts, you must request your discount at the time you first enroll. Only one discount may apply per class. Classes not available at a discount are marked with a “no discounts” notation.

UC Faculty and Staff Discount
Full-time UC faculty and staff may take one class per quarter at half-price. Spouses and dependents are ineligible. This discount requires special handling and is not available online. Call 513-556-6932 to arrange.

Senior Citizens Discount
Golden Buckeye card holders are eligible for a 20 percent discount on many of our classes – be sure to provide us with your card number, please.

Refunds
A refund of the enrollment fee can be made up to 48 hours before the first session. We regret that no refunds may be made anytime thereafter.

However, we do stand behind our programs and will do whatever it takes to ensure your satisfaction.

4 Easy Ways to Enroll
Choose what is simplest for you — online, phone, in-person or mail. See details on the next page.

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Published by: Continuing Education
University of Cincinnati
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www.uc.edu/ce/commu
### 4 Easy Ways to Enroll

**ONLINE** at [www.uc.edu/ce/commu](http://www.uc.edu/ce/commu)

**CALL** 513-556-6932, press 2. Office hours are 8 a.m.-5 p.m. Monday-Friday.

**COME** to our office, UC Victory Pkwy, Admin Bldg–Ste. 208, 2220 Victory Pkwy, 45206. (No cash accepted.) Office hours listed above.

**MAIL** this convenient form along with your payment. Send to: Communiversity

Make checks payable to University of Cincinnati.

PO Box 6248

Cincinnati, OH 45206

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**Name**

**Additional Names**

**E-mail Address**

**Mailing Address**

**City**

**State**

**Zip**

**Phone (home)**

**Phone (work)**

**I am enrolling for:**

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<th>Title</th>
<th>Course #</th>
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**Preferred Customer No:** 9

**Payment Options:**

- Payment by Check or Money Order: (See MAIL above for instructions)

- Payment by Credit Card:
  - [DISCOVER](#)
  - [MASTERCARD](#)
  - [VISA](#)

**Charge Card Number**

**Exp. Date**

**Signature as name appears on card**
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Spring 2012
Course Catalog