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Bring your sense of fun, adventure, and curiosity as you choose from our wide variety of classes.

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Come, join us,

Donna Burns

Donna Burns

Director, Communiversi



Play a New Song!

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Work That Body!



Make Mugs for Gifts!

Arts and Handicrafts

Classes in antiques, art, bead jewelry, painting, pottery, stained glass



Art Deco Design: In a Nutshell

Come for a crash course in some of the most fascinating facets of Art Deco, from its attributes and influences to its sources and history. Meet in one of the most iconic Art Deco settings in Cincinnati, the Hilton Netherland Plaza Hotel, as we steep ourselves in this distinctive style. Get a behind-the-scenes tour of this Cincinnati landmark, take in the Carew Tower, and talk more about the elegance of the age that produced this style of architecture and decorative arts as we lunch together in the Palm Court.

Frank Farmer Loomis IV is a fine arts appraiser, author, journalist, lecturer and NPR talk show host.

• Sat., 10 am-4 pm; Feb. 9; \$49 (no discounts), plus we will lunch together (at your own expense); #3111-01

Location: Meet in the lobby in front of the Palm Court, Hilton Netherland (Downtown)

Create a Pair of Tall Whimsical Mugs

Create a pair of tall whimsical mugs to drink your hot chocolate or warm cider during the rest of the winter. During the first class you will hand-build your mugs from extruded clay tubes. The pair will then be bisque-fired before the second class when you will decorate and glaze them. After a glaze-firing they are ready for you to pick-up. They will be ready before Valentine's Day.

Rick Hoffman has over 20 years of experience making pottery and teaching others how to make it. He currently owns, runs and teaches at Covington Clay - a pottery studio and gallery in Covington, KY.

• Sat., 10 am-12 pm; Jan. 26 & Feb. 9; 2 sessions; \$45 (no discounts), plus \$20 for materials, equipment and firing fee payable to the instructor at the first class; #3151-01

Location: Covington Clay, Covington KY (Historic Business District)

Bead Jewelry Making I

Make your own unique jewelry using a wide variety of sterling silver and glass beads. Learn basic beading techniques including bead selection, clasp attachment, and bracelet, necklace and earring design. Use your new skills in class to fashion two pieces of jewelry (your choice between earrings, bracelet or 16" necklace - with \$1 per extra inch wanted). Come away with the skills to not only create more jewelry on your own but also to repair broken jewelry. No experience necessary.

Megan Painter will guide you through the process of creating professional looking jewelry.

• Wed., 7-9 pm; Jan. 23; \$19 (no discounts), plus \$20 supply fee payable to instructor in class (includes all beads, wire, clasps, and supplies to complete the in-class projects); #3668-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park)

Beginning Stained Glass

Begin with the basics of building a Tiffany style panel using the copper foil method. Learn types of glass, glass cutting techniques, grinding, foiling, soldering and framing a panel. Complete a panel of your choosing (sizes vary; average is 11 x 17").

Mary Jane Riggi is experienced in the art of stained glass, from design and building to teaching.

• Sat., 10 am-4 pm; Feb. 2; 1 day; \$75 (no discounts), plus \$125-150 for materials and toolkit payable to instructor in class. You may use some of the studio tools during class. Lunch not included—bring your own or order pizza with the group; #3500-01

Location: Artist's Studio (Mt. Airy)

What People Like Best...

“It was fun. Instruction was great. And I actually got a project done!”

Students in “Stained Glass” class

Create a Kaleidoscope

Construct a beautiful kaleidoscope in class to give as a gift or keep for yourself. No previous glass cutting experience required; basic glass cutting and soldering techniques will be taught. Patterns and supplies will be available from the instructor.

Mary Jane Riggi has a wealth experience as a stained glass artisan and teacher.

- Sat., 10 am-4 pm; Feb. 23; 1 day; \$59

(no discounts), plus approximately \$60-70 for supplies payable to instructor in class; you may use some of the studio tools during class. Lunch not included—bring your own or order pizza with the group; #3605-01

Location: Artist's Studio (Mt. Airy)

Drawing Mandalas: Expression through Circular Designs

Learn to create and design your own mandalas, circular designs created through the use of repeated images and geometries. In one evening you will learn the basics of circular geometry, how to divide spaces, and how to use that knowledge to create wonderful artworks to treasure and share. Use the skills and supplies you acquire in the class to create as many designs as you like. No previous art experience is necessary. If you can, please sign up five days in advance so instructor can order supplies at the best price.

Alisa Strauss has years of experience creating and designing stained glass pieces, blown glass sculptures, jewelry, graphic designs, and pencil and ink artworks. She has won a variety of awards and has been featured in museum exhibits and art shows.

- Tues., 6:30-9 pm; Feb. 19; \$29, plus \$20 supply fee payable to instructor for complete kit so you can make multiple designs in and out of class; #3718-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Prospective Instructors

We welcome new class ideas and proposals.

If you'd like to be considered, call Donna at 513-556-9197 or see "Apply to Teach" at our web site.



Make Some Jewelry!

Earrings: Make and Take Away

Making wire-wrapped jewelry is easy! Make and take away two finished earrings--one basic tear-drop earring set and one swirly earring set (hoop design with swirls and beads). You will also take away the techniques and skills to make great pieces on your own to wear, sell, or give as gifts, plus some resources for project ideas. Prereq: either our Wire Wrap Jewelry Making class OR prior experience wire wrapping.

Megan Painter will guide you through the process of making professional-looking jewelry.

- Wed., 7-9 pm; Feb. 6; \$19 (no discounts), plus \$25 supply fee payable to instructor in class. This includes all beads, anti-tarnish silver plated or copper wire (upgrade to sterling silver for \$10 more), clasps, and supplies to complete the in-class projects; #3720-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Glass Fusing Primer

Focus on fundamentals of kiln forming and warm glass work as you create your own fused glass pieces, including decorative and functional items and jewelry. Techniques include glass cutting, setting up a kiln, shelf preparation, glass compatibility, annealing cycles and slumping. You'll prepare several pieces for firing; then return to the studio two weeks after the class to retrieve your fired pieces.

Mary Jane Riggi has an abundance of experience as a stained glass artisan and instructor.

- Sat., 11 am-4 pm; Feb. 9; \$69 (no discounts), plus between \$50-75 for tools and supplies payable to instructor at class; lunch not included—bring your own or order pizza with the group; #3707-01

Location: Artist's Studio (Mt. Airy)

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Handmade Paper

Curious about the art and craft of handmade paper-making? We'll introduce you to the fun, creative and earth-friendly process of making handmade paper using recycled items. See samples and demonstrations, get detailed instructions for making and drying paper and artistic sheets, find out about equipment involved, and learn about the pulp making process. By the end of class, you'll have enough information to spread your wings and make your own paper, notecards or art project at home.

Peggy Lisnek has taught art classes to various ages of students over the years; she is now following her passion for paper making and would love to share it with you.

• Mon., 7-9 pm; Jan. 14; \$24, #3110-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Instant Mittens

Learn to knit with a fun and "instant" project-mittens! You will learn casting on, the knit stitch, the purl stitch and knitting in the round. This is a great introduction to knitting and will give you the tools to move on to more complex projects.

Audra Morrison has been knitting, spinning, and weaving for over 20 years; she is a talented teacher who loves to knit and to share her knowledge.

• Sat., 10 am-12 pm; Feb. 2-16; 3 wks; \$49, plus about \$20 materials fee for special yarn and needles payable to instructor in class; #3607-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Quilt Making in a Day: Fundamentals

Learn the basics of quilt making, including planning, color, design, cutting, stitching, quilting, and binding. Learn the correct, time honored techniques which result in treasures to cherish for years to come. At the end of the day, take home your completed project to enjoy as either a table runner or wall hanging, in your choice of color scheme. Bring to class your sewing machine plus a mastery of simple sewing skills - how to thread machine, operate, and wind bobbins, sew backwards and forwards.

Pamela Reising founded and owned Comforts of Home quilt shop, was a columnist for Sew Business Magazine and a contributor to needle-work publications.

• Sat., 9 am-4 pm; Feb. 9; one day; \$69 (no discounts), plus \$69 supply fee for quality fabrics, batting, a universal template, plus basic quilting tools to continue using to create projects on your own; #6625-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Watercolor Weekend Workshop

Acquire the basics, explore a wealth of tips and techniques, and delve into composition and color mixing. Beginners and more advanced painters are welcome. Jean teaches through demonstration, hands-on experience, and individual coaching. She'll also introduce you to some fun experimental techniques such as pouring, masa paper, and yuppo. Experience the joy of painting, of self-expression, and of seeing the world in a new way as you create your own original paintings.

Jean Vance, MFA, MA, has that rare combination of being a talented artist and a gifted teacher; and she especially enjoys introducing adults to the fun of painting.

• Sat. & Sun., 10 am-4 pm; Feb. 16 & 17; 2 days; \$124 (no discounts), Supplies will be furnished by students; see web for details; #3503-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Wire Wrap Jewelry Making

In this class, you will make a wire wrap linked bracelet and earrings (or a pendant if you'd rather) using head pins. Both pieces will incorporate anti-tarnish silver plated wire and glass beads (we'll give you a variety to choose from in class). Learn to wrap, twist, and sculpt wire using simple tools and materials (you will not wrap beads or stones). After practicing a bit, you'll find you can create your own unique jewelry to get the same effect you see in pieces in upscale boutiques.

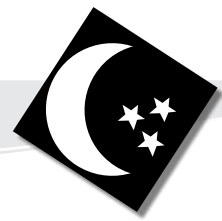
Taught by Megan Painter.

• Wed., 7-9 pm; Jan. 30; \$19 (no discounts), plus \$20 supply fee payable to instructor in class (includes all beads, wire, clasps, and supplies to complete the in-class projects); #3708-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free



*Try Your Hand
at Quilting!*



Astronomy Classes at the COC are held atop Mt. Lookout (near Hyde Park) in one of our city's true treasures, where the views are great (and the parking is free)!

Behind the Scenes at the Observatory

Look to the heavens through the oldest continuously used telescope in the world; explore the depths of the 1873 observatory including its attic and basement; and learn why President Adams laid the observatory's original cornerstone in 1843. Hear the fascinating history of the founding of the observatory; investigate how the 19th century astronomers determined time for the city of Cincinnati; discover why the observatory was designated a National Historic Landmark; and find out what is in store for the future.

Craig and Valerie Niemi are with the Cincinnati Observatory Center.

- Tues., 7-9 pm; Feb. 12; \$18, #1226-01

Location: The Cincinnati Observatory Center (Hyde Park/Mt. Lookout)

Dance of the Gods: Motions of the Planets

For thousands of years our ancestors believed that our earth was the immovable center of the universe. The apparent motions of the five naked-eye "wandering stars" (planets) presented a great challenge to anyone attempting to explain their changing locations in the night sky. Not until the European Renaissance did we finally glimpse the true nature of the motions of the planets and realize for the first time earth's place in the solar system. Travel with us through history to investigate the model of Ptolemy and how scientists who came more than a thousand years later deciphered nature's clues to the understanding of the complex motions of the planets. We will discuss ideas and observations of Copernicus, Tycho, Kepler and Galileo and how these great scientists solved the mystery of "The Dance of the Gods." Weather permitting, telescope viewing with the 1845 telescope will be part of the evening's activities.

Terry Flesch is an astronomer and a presenter at the Cincinnati Observatory Center.

- Fri., 7-9 pm; Feb. 8; \$18, #1218-01

Location: The Cincinnati Observatory Center (Hyde Park/Mt. Lookout)

Fact & Fiction of Mars

The fiction part will primarily focus on the H.G. Wells' classic, War of the Worlds, since it was in part inspired by Giovanni Schiaparelli's claims and Percival Lowell's embellishments. The fact will be a survey of the successful probes that have been sent to Mars.

Terry Endres is a presenter with the Cincinnati Observatory Center and teaches astronomy at Cincinnati State.

- Wed., 7-9 pm; Feb. 6; \$18, #1232-01

Location: The Cincinnati Observatory Center (Hyde Park/Mt. Lookout)

NASA Missions Update: Where Are They Now?

They're driving across Mars, navigating between asteroids, staring unblinkingly at the Sun, and racing faster than a speeding bullet towards distant Pluto. NASA missions are all over the solar system. Join us as we use NASA's "Eyes on the Solar System" software to illustrate exactly where all of these missions are now; and explore the latest images, discoveries, and updates from several of our favorites. Weather permitting, we will end with some stargazing – and perhaps satellite-gazing - of our own.

Leo Sack is the outreach educator with the Cincinnati Observatory Center.

- Wed., 7-9 pm; Feb. 27; \$18, #1231-01

Location: The Cincinnati Observatory Center (Hyde Park/Mt. Lookout)

Stargazing 101

Constellations change in the heavens from season to season. In this class you will study the imaginative figures we call constellations. Learn to use a planisphere to find any constellation at any given time and date. If the weather is clear, we will go outside to find many of the brighter constellations; and you will also have the option of looking through the observatory telescope.

Dean Regas is the outreach astronomer with the Cincinnati Observatory Center.

- Tues., 7-9 pm; Feb. 19; \$18, plus \$3 optional materials fee for star chart payable to instructor at class; #1209-01

Location: The Cincinnati Observatory Center (Mt. Lookout/Hyde Park)

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Jupiter

Jupiter looks like a very bright star when viewed with the naked eye; and through binoculars, it appears as a tiny disk. A large telescope, however, transforms it into magnificent swirling clouds of white, brown, blue and orange. Dark belts, white oval storms, the great red spot, and occasionally the shadows of one of the four moons are a visual delight. Explore Jupiter through the eyes of Voyager I and II, discuss the nature of this great planet, and delve into the mysteries that remain. If weather permits, you may look through the observatory telescope to see for yourself what a beautiful planet it is.

Basil Rowe has taught astronomy courses for Communiiversity since 1996 and he is a member of the Cincinnati Observatory Center.

• Mon., 7-9 pm; Feb. 25; \$18, #1049-01

Location: The Cincinnati Observatory Center (Hyde Park/Mt. Lookout)



*Space the
Final Frontier!*

Business and Career

Classes in business analytics, job seeking, career selection, floral business, inventing, land lording, social media, voice acting



An Introduction to Voiceovers: Class

Are people always telling you that you have a great voice? Do you often find yourself listening to your favorite audiobook, commercial or cartoon character and thinking, "I could do that"? If so, then you could have what it takes to begin working as a professional voiceover artist. The current voiceover trends have made it easy and affordable for just about anyone to get involved. In this fun and empowering two-hour introductory workshop, you will learn about the different types of voiceovers and what tools are needed in order to find success in the voiceover industry. You will have the opportunity to get a taste of what it's like to be a voice actor as you perform a real voiceover script. You will be recorded so that you can receive professional voiceover evaluation later. Come ready to laugh, learn and be inspired.

Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.

Your choice of two different formats:

• One-on-One Live (1.5 hours): arrange your personal session with your instructor at your mutual convenience – through our office; \$49 (no discounts); #1150-01

Location: Taught through IChat, Skype or over the phone - your choice

• Mon., 6-8 pm; Feb. 18; \$39 (no discounts), #1140-01

Location: UC main campus

Courage to Take Action in the Workplace

Gain the knowledge you need to revolutionize your career by enhancing your relevance and becoming a go-to person in the workplace. Be looked upon as a partner and not just a resource. These two sessions focus on developing and presenting a three tiered signature of presence that will promote who you are, what's your motive and what you bring to the table. This is the first step towards achieving C.A.R.E. certification in the workplace. C.A.R.E. is the Courage to take Action Relevant to Everyone and YES building a better workplace starts with you!

Charlie Lobosco is a certified seminar leader, author and technology VP with almost 40 years of experience in the corporate workplace. His C.A.R.E. brand was awarded the President's service award in 2012.

Eva Lewandowski is a certified life coach and consultant with over 25 years of experience in the corporate workplace. Together they bring incredible energy and enthusiasm to the classroom

• Tues., 6:30-9 pm; Feb. 26 & March 5; 2 sessions; \$59, workbook and reference materials included; #1156-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Harnessing the Power of PR for Your Small Business

No spin doctors allowed! Public relations can produce huge results for far less money than traditional marketing. Used correctly, it can be a great vehicle for getting the word out about your business, product, or yourself. It's also a wonderful way to increase your audience and customer base. This course will explain what authentic PR is, how it's different from marketing, and provide specific tools and tactics for putting PR to work for your business.

Mary Beth Weaver, MS, has 15 years of experience in public relations, media relations, and communications. She has been a spokesperson for a \$3-billion publicly traded company, managed social media for a web development company with a worldwide audience, and managed promotions for a variety of special event projects.

• Tues., 6:15-8:15 pm; Jan. 15 & 22; 2 wks; \$49, #1155-01

Location: UC main campus

Job Search on Steroids

Amp up your job search by learning how to leverage social media tools to increase networking and tap into job opportunities. Focus on specific strategies for getting noticed, plus do's and don'ts, particularly through LinkedIn (and with Facebook, Twitter, and Blogs, too). By strategically using social media tools, you can identify companies, locate positions, connect with hiring managers and recruiters, and establish yourself as an expert or thought leader in your industry. Prereq: You must have a LinkedIn account, started your profile, and loaded your resume.

Nikki Means, MBA, is founder and managing partner of Project Socialize, LLC. She has created a strategy for successful social media programs while leveraging eight years of project and process management to ensure seamless implementation.

• Mon. 6-9 pm; Feb. 4; \$49, includes all materials. Bring your laptop, smartphone or tablet with WiFi capability; #1112-01

Location: UC Victory Pkwy Campus (historic Edgecliff next to Eden Park); park free

What People Like Best...

“I absolutely LOVED this class; it was definitely worth it.”

Students in “Wedding Planner” class

So You Think You Want to Be a Wedding Planner

There's more to being a wedding planner than meets the eye. And if you're considering a career in this field, it's best to go into it with your eyes open! This introductory course will cover all the essentials you'll need to consider, from getting started in the business, creating a preliminary business plan, marketing ideas, client services, what's needed to stay on top of your business, plus steps to working with the client from beginning to completion.

Joyce C. Smith, MEd, is a master bridal consultant™ with the Association of Bridal Consultants (ABC). She travels internationally for ABC, teaching novice classes to those considering a career in bridal consulting.

• Thurs., 6:30-8:30 pm; Feb. 21-March 7; 3 sessions; \$129 (no discounts), includes all materials; #1119-01

Location: UC main campus

The Next Big Thing: From Idea to Market

So you have an idea for the next big thing...now what? Launching a new product or bringing an idea to market can be overwhelming. This class is designed to cover the basics of what every inventor should know, from idea development through commercialization. Topics will include: ways to protect your idea; understanding patents; packaging and staging your product; selling, licensing or starting your own company; plus an exploration of marketing venues. Join us and find the encouragement and motivation you need to get your idea off the ground.

Ryan McAleer, MBA, co-owner of Lean4Ward, Inc., specializes in creating training programs, inventor coaching and product design. He has been a product manager, associate brand manager, and marketing manager with several Fortune 500 companies.

• Tues., 6:30-8:30 pm; Feb. 5; \$29, #1118-01

Location: UC main campus

Business & Career Online with UGotClass



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See course details: content, outlines, objectives, outcomes, instructor bios, and how to enroll at youtgotclass.org/catalog.cfm/Ucincinnati.

Questions? Just call 513-556-6932

CERTIFICATES

Take all courses in a category to earn a certificate (or just take individual courses that interest you). Fees vary (no discounts).

Business Coaching Certificate

Acquire skills to develop, implement, and support coaching and mentoring programs and see your employees' performance improve.

Two-month online course, \$295, begins Feb. 4

Business Research Certificate

Learn to succeed in research, utilizing the best and most appropriate data for decision making. Find out how to communicate results for maximum impact. Comprised of 3 courses: Intro to Business Research; Business Statistics; and Qualitative Business Research; \$495, begins Feb. 4

eMarketing Essentials Certificate

Relevant for any organization—including companies, non-profits, and government agencies.

- Improving Email Promotions (\$195, Feb. 4)
- Boosting Your Web Site Traffic (\$195, Mar. 4)
- Online Advertising (\$195, Apr. 1)

Three one-month online courses; take all three for just \$495 to earn certificate

Mobile Marketing Certificate

Find out about location-based marketing, mobile payments, QR codes, applications, and mobile coupons so that you may increase capabilities to retain current customers and gain new ones.

- Mobile Marketing (\$195, Feb. 4)
- Creating Cell Phone Apps (\$245, Mar. 4)
- Adv. Mobile Marketing (\$245, Apr. 1)

Three one-month online courses; take all three for just \$595 to earn certificate

Social Media for Business Certificate

Communicate, market, and serve your customers:

- Intro to Social Media (\$195, Feb. 4)
- Marketing with Social Media (\$195, Mar. 4)
- Integrating SM in Your Org. (\$195, Apr. 1)

Three one-month online courses; take all three for just \$495 to earn certificate

Supervisory & Leadership Certificate

Get practical and insightful methods for new and even experienced supervisors and managers.

Two-month online program; \$395, begins Feb. 4

Video Marketing Certificate

Use simple online video to quickly bond with your viewer, drive traffic to your website, boost business, and build brand awareness.

- Video Marketing (\$245, Feb. 4)
- YouTube for Business (\$245, Mar. 4)

Two one-month online courses; take both for just \$395 to earn certificate

Other September Certificate Programs:

- Certified Webinar Planner
- Customer Service Certificate
- LEED Green Associate Exam Prep
- Managing Telework Certificate

COURSES (details at web link below)

Beginning Feb. 4:

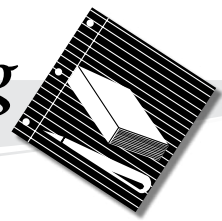
Entrepreneur Boot Camp
PhotoShop
Program Evaluation: Nonprofits
Recruiting/Retaining Gen X & Y
Revenue Generation: Nonprofits

Beginning Mar. 4:

Content Marketing
Cyber Security for Managers
Design Successful Webinars
Facebook for Business
Google Analytics
Management Boot Camp
Media Buying Strategies
Spanish for Medical Professionals
Successful Survey Techniques
The Business Plan
Twitter
Using Personality Profiles

Visit

youtgotclass.org/catalog.cfm/Ucincinnati
for all the details about these classes!



How to Write Your Internet Dating Profile

Your online dating profile is more than merely a list of your hobbies or a description of the person you seek. It's a concise and compelling piece of writing. Your online profile must engage your reader. It has to be part introduction, part marketing, part flash-fiction, part essay, and part easy cheese dip. Better than a late-night, TV infomercial, this course examines the mechanics of language, the buzz words people use and what they really mean, how to use language to stand out from the crowd, how to target specific readers, how to engage them, and what sorts of photographs to use so that you attract the sort of people you want and compel them to respond. Come to our boot camp and find out ten ideas designed to increase your chances of meeting your ideal date online.

Brian L. Meyers, MA, is an engaging, informative educator, writer, former community journalist, and veteran of the internet dating scene.

• Tues., 6:30-8:30 pm; Feb. 26-March 12; 3 wks; \$59, #3306-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Writing the Personal Essay: Bringing Memories to Life

The personal essay is the literary exploration of the self - it stretches memory's arms wide to find what else is within reach. Rather than a simple chronological record of events, it investigates how and why these events occurred and what they have meant. The writer might take a single moment from her life (a haunting memory, an instant caught in a photograph) and delve into notions of family, childhood, love, birth, nature, etc. In this class, we'll look at the many facets of the personal essay; engage in writing exercises and lively discussions about our work.

Ian Stansel, MFA, PhD, is a graduate of the Iowa Writers' Workshop and the University of Houston's program in literature and creative writing. He has served as a teacher and editor and has published widely.

• Wed., 6-8 pm; Jan. 30-March 6; 6 wks; \$129 (no discounts), #3309-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Writing to Publish: Level II

You already know the nuts and bolts of being a writer. In this series, we'll take your book idea, select one target publication and submit a query/proposal (as appropriate, according to genre and publisher). Prepare to come with one focused, solid idea and know who the audience is for that subject. We will also workshop your writing in at least one class. We recommend that you have completed at least one of Wendy's other courses, such as "Writing to Publish I."

Wendy Hart Beckman, MA, is an award-winning freelance writer, editor, "book doctor," college instructor and corporate writer. She has published five books and more than 250 freelance articles; she frequently leads workshops and mentors writers in becoming published authors.

• Mon., 6:15-8:15 pm; Jan. 28-March 4; 6 weeks; \$119, #3302-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Writing: Exposition and Action

There are two very special sides of the storyteller's coin: Exposition and Action. A really great novel has the perfect balance of both. Too much of one or not enough of the other can leave your manuscript as dry as last week's turkey or as dizzying and fleeting as a roller coaster. Exposition feeds intellectual engagement. Dramatic action keeps the pages turning. A healthy balance of both will mean have your readers clamoring for more. Whether it's harm's way for your characters or lover's lane, a really good page-turner is all about teasing and tickling your readers. This course offers simple, concrete strategies for putting your characters into the thick of it and building a compelling backstory to explain how they got there.

Brian L. Meyers, MA, is an engaging, informative educator, writer, and former community journalist. He is currently plotting for more action.

• Tues., 6:30-8:30 pm; Jan. 15-Feb. 12; 5 wks; \$99 (no discounts), #3311-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Join Communiversity on **facebook**.

Explore the World

Classes in trip planning, destination travel, sightseeing, cultures of the world



The Moundbuilders: Exploring the Ancient Earthworks of the Ohio Valley

Who were the Moundbuilders? Why did they build so many complex earthworks? Examine archaeological data about the earthworks in the region surrounding present day Cincinnati to learn how the prehistoric inhabitants built their impressive monuments. Learn how changes in society over time are reflected in the types of monuments people built, art and artifact styles, and burial customs. This is the ideal course for anyone who wants to see and learn about the prehistory of the region.

Alisa Strauss, PhD, teaches in the Anthropology Dept. at UC; she is especially interested in prehistoric pottery and projectile points, American Indian food techniques, mythology and religion.

- Thurs., 6:30-9 pm; Feb. 7; \$29, #1543-01

Location: UC main campus

These destination travel classes will give you valuable information about pre-trip planning, transportation options, accommodations, points of interest, local customs and culture. Vicky Mary shares her enthusiasm and love for travel along with her wealth of professional experience. She is the owner and president of Victoria Travel.

Alaska: Grand American Destination

Going to Alaska sometime in the near future or just want to know more about it? Come with us on this “talking tour” and explore Alaska, from its coastline to its heartland. Learn about Denali Park, rugged Fairbanks, the wild west town of Skagway, and the rich Indian and Eskimo culture. Small yacht tours of glacial areas, whale watching, and the Alaska Ferry System are just a few of the ways you can enjoy some incredible scenery! Careful and creative pre-trip planning can make all the difference.

- Mon., 7-9 pm; Feb. 4; \$18, #1311-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Central Europe

Connect with the charisma, culture, and charm of countries such as Germany, Switzerland, Austria, the Czech Republic, and Hungary. These countries offer wonderful travel opportunities and allow you to explore the rich history and beauty of these lands. You can see cosmopolitan cities, quaint medieval villages, bustling market squares, craggy mountains, dark pine forests, imperial palaces, and soaring cathedrals. Learn about food, festivals, and local customs plus transportation options such as railway passes, rental cars, and special driving routes. You'll also discuss accommodations, like bed & breakfasts, royal castles, hotels, or spas

- Mon., 7-9 pm; Feb. 18; \$18, #1514-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Ireland: The Emerald Isle

Ireland's rich past combined with its cultural and musical traditions make it a must-see destination. It is possible to travel Ireland on your own and in this class, we will explore topics such as how to meet the wonderful people of Ireland, using bed and breakfast vouchers, plus transportation options, including rental cars, trains, buses, and escorted tours. Travel to Northern Ireland will also be discussed. From the quaint villages to the gorgeous gardens to the lush green of this special island, you can plan your own unforgettable trip.

- Mon., 7-9 pm; Jan. 28; \$18, #1526-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Italy Insights

Join us on a “talking tour” to survey this region, from the historic, pre-Roman areas of southern Italy, through the scenic Tuscany hill towns and Renaissance wonders of Florence to romantic Venice and the Alpine lakes. Learn about some of the less explored areas too, such as Sicily and the Veneto. Take a look at special interest travel like spas and cooking schools; then examine the pros and cons of rental cars and rail passes. We'll discuss accommodations, such as pensions, economical villa and apartment rentals, and even some famous palaces that are available to tourists.

- Mon., 7-9 pm; Feb. 11; \$18, #1314-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free



Alexander Technique: A Proactive Approach to Better Health and Performance

Are aches and pains slowing you down? Wish it was easier to get-up-and-go? Learn to consciously apply the basic principles of natural poise, carriage and coordination that can help you feel lighter, taller, looser and calmer. Embraced by performing artists, athletes and others who need to use their bodies for maximum efficiency and endurance, the Alexander Technique has been helping people from all walks of life to excel at their work, play and daily activities with ease and joy for over one hundred years. This introductory class is suitable for people of all levels of fitness and health.

Claire Rechnitzer, certified Alexander Technique teacher, has personally benefited from the Technique by learning to stop poor postural habits that were causing lower back pain and muscle spasms.

• Wed., 6:30-8 pm; Feb. 20-March 27; 6 wks; \$129 (no discounts), bring a mat or towel to lie on and a thick phone book; #4354-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Beginner's Mind~Yoga Basics

Learn the foundational yoga postures typically practiced in a yoga-asana sequence. A wonderful experience for those new to yoga, just learning the basics of alignment, breath and intention, these classes include an introduction to sun salutations, standing postures, backbends, forward bends, twists, inversions, restorative poses, breathing, relaxation and more. Come and enjoy a relaxing atmosphere with soothing music and gentle movements for any body.

Anna Ferguson, BA, RYT, CYTA, has studied with many remarkable teachers and master yoga practitioners over the years; she has completed both 200-hour and 500-hour teacher training courses.

Your choice of days – or take them both!

• Tues., 5:15-6:15 pm; Jan. 22-March 12; 8 wks; \$99 (no discounts), #4325-01

• Thurs., 5:15-6:15 pm; Jan. 24-March 14; 8 wks; \$99 (no discounts), #4325-02

Location: World Peace Yoga & Motion Studio (Clifton near Ludlow)

Face Lift Massage: Do It Yourself

Acquire some simple techniques so that you can give yourself a face lift massage -- or bring a partner and work on each other. Through demonstration and self-application, you can learn to tone and condition your skin, tighten and lift your facial muscles, reduce the stress you carry there, and look and feel more youthful. Learn to work with trigger points - 30 different muscles - in your cheeks, jaw, eyes, scalp, brow, nose, neck, and shoulders. Discuss the best sequence of strokes, how to build massage into your routine, what you need to know about oils, and the profound effect that massage can have.

Stephanie Nelms is a trained medical massage therapist who is licensed by the Ohio Medical Massage Board; she is dedicated to providing quality therapeutic massage.

• Mon., 6:30-8:30 pm; Jan. 28 & Feb. 4; 2 wks; \$59 (no discounts), per person; for your comfort bring along a small pillow for your back plus a small blanket or throw; #4361-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Massage for Two

Bring your partner! Whether you pair up with your spouse, mom, or your best friend, you'll take turns mastering some massage basics that you can use to help relax tension and offer some relief to aching muscles – without tiring yourself out. We will focus on different areas of the body, including head, neck, shoulders, arms, legs, and back. You can also learn individual techniques (primarily Swedish massage) for you or your partner's specific muscle needs. Please dress in shorts and t-shirts.

Stephanie Nelms is a highly trained medical massage therapist and is licensed by the Ohio Medical Massage Board. She is dedicated to providing quality therapeutic massage and educating people about wellness.

• Mon., 6:30-8:30 pm; Feb. 18 & 25; 2 wks; \$59 (no discounts), per person; wear shorts and t-shirt; bring a mat, a small blanket or throw and a bath towel to class; #4348-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

“Fitness Flex Pass” with Pat

The flexibility you’ve asked for! Take any of Pat Woellert’s scheduled classes—see details of Zumba Gold; Zumba Toning; Zumba Fitness; or Boot Camp Lite. Depending on the size of the pass you purchase, you have the right to attend any of Pat’s classes—until either you’ve used up your pass or the expiration date of your Flex Pass has come and gone. When that happens, simply buy another pass! Please note that passes do expire on the end date listed and may not be carried over into another term.

- 5-Class Pass; \$22 (no discounts), #4363-05
- 10-Class Pass \$44 (no discounts), #4363-10

About your instructor: Pat Woellert, MEd in health education, is ACE-certified (the American Council on Exercise) in personal training and in group fitness instruction. She is also a licensed Zumba® Instructor through Zumba® Fitness, LLC.

Boot Camp Lite

No fear here - you can do it! This kinder, gentler boot camp is designed to improve your cardiovascular endurance, muscular strength, balance, and flexibility with fun, easy-to-follow drills. Bring a pair of hand held weights suitable to your fitness level, a mat for floor work, and supportive aerobic shoes.

Taught by Pat Woellert, MEd in health education.

• Thurs., 5:35-6:35 pm; Jan. 10-March 14; 10 wks; \$44 (no discounts), we encourage you to enroll through our “Fitness Flex Pass;” #4339-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Zumba Gold®

This is a dance-fitness class that feels friendly, and most of all, fun. All of the elements that Zumba is known for are here: the zesty Latin music; the exhilarating, easy-to-follow moves; and the invigorating, party-like atmosphere. What’s different is that the moves and pacing have been modified to suit the needs of those just starting their journey to a fit and healthy lifestyle and those who want to move in a gentler way but still have the fun of Zumba. Bring floor mat and wear supportive aerobic shoes.

Taught by Pat Woellert, licensed Zumba® instructor.

• Mon., 5:35-6:35 pm; Jan. 7-March 18 (no class Jan. 21); 10 wks; \$44 (no discounts), we encourage you to enroll through our “Fitness Flex Pass;” #4362-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Zumba® Fitness

This unique workout is a “feel-happy” approach to fitness. Its high energy, motivating music and rhythms are a fusion of Latin and International dance themes. Great for the body and great for the mind, this workout combines fast and slow rhythms designed to sculpt the body, burn calories and fat, and tone you up. Bring floor mat and wear supportive aerobic shoes.

Taught by Pat Woellert, MEd in health education, and licensed Zumba® instructor.

• Wed., 5:35-6:35 pm; Jan. 9-March 13; 10 wks; \$44 (no discounts), we encourage you to enroll through our “Fitness Flex Pass;” #4352-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Zumba® Toning

Zumba® Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba® moves to create a calorie-torching, strength-training dance fitness-party. You will learn how to use light weights (1-2 pounds) to tone all your target zones, including arms, abs, glutes and thighs. Sculpt your body naturally while having a total blast. Bring 1-2 pound dumbbells, a mat for floorwork, and wear supportive aerobic shoes.

Taught by Pat Woellert, licensed Zumba® instructor.

• Tues., 5:35-6:35 pm; Jan. 8-March 12; 10 wks; \$44 (no discounts), we encourage you to enroll through our “Fitness Flex Pass;” #4311-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free



Health-Smart Cooking for Healthy You!

Good Food!

What's the relationship between eating "good foods" and foods that are "good for you?" Confused about carbohydrates? Curious about calories? Do fat requirements and types of fat leave you befuddled? Do you want to discuss anti-cancer nutrition and learn more about antioxidants and polyphenols? How about eating for a healthy heart? Or for diabetes control and prevention? Join us to acquire customized information you can apply to fit wellness and nutrition into your life.

Peachy Seiden, MS, RD is a nutrition consultant who maintains her own private practice, the Cincinnati Nutrition Counseling Center.

- Sat., 2-4 pm; Feb. 9-March 2; 4 wks; \$99 (no discounts), includes all materials and recipes; #4309-01

Location: Cincinnati Nutrition Center (Silverton)

Shape Up with Belly Dance

Dance your way into shape with this captivating combo of low impact exercise and natural dance that celebrates the personal beauty of all women - of all sizes, all ages. These stretching and swaying movements, electrifying shimmies, and flowing arms are rooted in thousands of years of feminine history. Belly dance promotes flexibility, strength and grace; it helps you unwind and inspires a positive attitude. Learn authentic steps, correct techniques and appealing dance routines. From your fingertips to your toes, and from your head to your heart, this dance will draw you in.

Nanci Glendenning's teaching experience as well as her stage experience is extensive.

- Mon., 6:45-7:45 pm; Jan. 28-March 4; 6 wks; \$69 (no discounts), wear bike shorts, leotard or yoga clothes and bring a scarf to tie around your hips. Wear ballet slippers or socks; #5261-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Qi Gong

Over 3,000 years old, Qi Gong is a practice with a variety of styles. Its goal is to stimulate and smooth out the flow of qi (chee), or life force energy, creating energetic balance and increasing the strength of the life force. We'll lead you through what the Chinese Qi Gong for Health Institute calls "the most effective qi gong routines for health promotion." Qi Gong has been shown to normalize blood pressure, improve strength and balance, increase immune system response and reduce stress.

Ralph Dehner has had a daily Qi Gong practice since 1990 and is authorized to teach Qi Gong. He received his training in these routines by Professor Wang Ichih, founder of the Cincinnati Taijiquan Club.

- Thurs., 6-7 pm; Jan. 17-March 28 (no class Jan. 24; Feb. 21; or March 21); 8 wks; \$99 (no discounts), #4366-01

Location: Mighty Vine Wellness (on Vine)

Tai Chi for Better Balance

Recent studies show Tai Chi to be a safe and effective exercise for increasing balance. The Center for Disease Control Bureau of Injury Prevention endorses Tai Chi as a modality "that effectively reduces falls in older adults." Tai Chi was recognized as both an "exercise-based intervention" and an "effective, community-based fall prevention program." The American College of Sports Medicine recently stated that Tai Chi increases balance, coordination, strength and agility as well as prevents knee and ankle injuries in athletes as well as older adults.

Ralph Dehner is one of only 20 master/trainers in Tai Chi for Health Programs developed by Paul Lam, MD.

- Thurs., 5-6 pm; Jan. 17-March 7; 8 wks; \$99 (no discounts), #4356-01

Location: Mighty Vine Wellness (on Vine)

The Natural Spa

Create your own personal "spa" at home - starting in your kitchen! Find out about lots of natural products you usually have on hand (like fruits, eggs, honey, and avocado); then learn how to prepare and use them to benefit you. Discover simple and natural ways to cleanse, tighten, strengthen and moisturize your hair, nails, and skin.

Stephanie Nelms is a licensed esthetician (skin care specialist) who also teaches "Face Lift Massage" with Communiversity.

- Mon., 6:30-8:30 pm; March 4; \$29 (no discounts), bring a towel and a bowl to class; #4367-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Simple Health-Smart Cooking: With An Ethnic Flair

In this fun, informal, and interactive class series, you'll discover how healthy and tasty meals can be prepared quickly and simply. As your instructor dices, chops, sautés, and stir fries, you'll see how easy and enjoyable cooking can be. Join in with your comments and questions. Sessions will include: Asian, Mexican, and Mediterranean cooking; creative fridge/pantry cooking; and all will emphasize what foods to eat to promote healthy hearts, bones, and bodies. Then, the best part of all -- time to eat!

Peachy Seiden, MS, RD is a nutrition consultant who has maintained her own private practice, the Cincinnati Nutrition Counseling Center, since 1990. She has found that one of the best ways to get people to eat healthy is to show them how to cook that way!

• Sat., 12-1:30 pm; Jan. 26-March 2; 6 wks; \$139 (no discounts), includes all materials and food; #8124-01

Location: Cincinnati Nutrition Center (Silverton)

Home and Garden

Classes in interior decorating, interior design, real estate



Buying a House in a Down Market

Whether a first time or step up seasoned buyer, all will benefit from this fact-filled fun class. It is still a buyer's market and we will keep you up to date on all the latest changes. Explore essential topics such as determining the best way to go about finding that property you want, what you can afford, using the MLS, and the ins and outs of contracts, financing, and insurance. Class is strictly educational in nature; learn from the pro's about buying smart in today's market.

Gary Rossignol, course facilitator, has been a practitioner in real estate since 1986. Guest experts include an attorney, a mortgage broker, and a home inspector.

• Tues., 6:30-9 pm; Feb. 19 & 26; 2 wks; \$29, #8401-01

Location: UC main campus

Selling Your Home in a Buyer's Market - Fast and for Top Dollar

Invest two hours in learning the ins and outs of how to sell your home and the returns could be enormous. Find out the key points of pricing, marketing, and showing your home to maximum advantage. Learn critical information about state requirements, inspections, documentation and financing. If you do consider listing with an agent, how do you interview and select one? And what's the #1 most common mistake in selling a house? Come and find out!

Gary Rossignol has been a practitioner in real estate since 1986 and is a certified instructor in Ohio and Kentucky for realtor continuing education courses. Course is strictly educational in nature.

• Tues., 6:30-8:30 pm; March 5; \$29, #8344-01

Location: UC main campus

Home Makeover Essentials: Making Color Count

Learn to apply some basic skills, tips and techniques that professional interior designers use to transform homes. The focus of this class is on enhancing your home with colors and patterns -- it's a relatively simple and inexpensive path toward a home makeover. Topics include basic color theories, patterns and textures as they apply to space, and choosing a color palette based on hue, value, intensity, and mood. Find out how to use colors and patterns effectively throughout every room while making one cohesive statement.

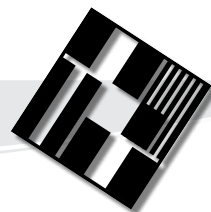
Timothy Mendenhall, MEd, has been an interior designer for some of the finest residential design firms in Cincinnati. He works independently with Tim Mendenhall Interior Design Group, a full-service interior design firm.

• Thurs., 6:30-8:45 pm; Jan. 17-31; 3 wks; \$59, includes optional one-half hour one-on-one meeting with instructor to discuss your color schemes; #8339-01

Location: UC main campus

Language

Classes in Arabic, Chinese, ESL, French, Hindi, Italian, Spanish



Arabic for Beginners

Acquire a basic understanding of the Arabic language and learn to express yourself in that language as you focus on alphabet recognition, basic structures and vocabulary. Emphasis will be on pronunciation, expressions and basic communication skills. You should also be prepared to work on your own outside of class in order to get the most out of this experience.

Youssef Costandi, MD, was past president of the Egyptian-American Club and has an abiding desire to help others learn the basics of his native language. Dr. Costandi is multi-lingual; he received his early education in a French school which was directed by the Jesuit Fathers in Cairo.

• Mon., 6-8 pm; Jan. 28-March 11; 7 wks; \$169, plus \$10 for vocabulary CD plus 100 pages of resource material—payable to instructor at first class; #7502-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Beginning Mandarin Chinese

We'll introduce you to the basics of pronunciation, grammar, and everyday vocabulary of Mandarin, the official language of China. You will focus on speaking and listening comprehension, though an introduction to Chinese characters will also be included. Whether your aim is to access China's explosive economic market, broaden your exposure to Chinese culture, or prepare for travel, you're sure to have fun and learn much from this course.

Amy Zhao teaches in an encouraging and relaxed atmosphere. She has received her Chinese Language Teaching Certificate from the Shanghai International Language Institute and has over a decade of experience teaching Chinese to Americans.

• Mon., 6-8 pm; Feb. 18-Apr. 22; 10 wks; \$215 (no discounts), plus text "Ni Hao I" (ISBN: 978-1876739065) and workbook (ISBN: 978-1876739072) – both available at UC and DuBois bookstores plus online booksellers. Additional \$10 materials fee payable to instructor at first class; #7510-01

Location: UC main campus

French for Beginners

Learn the basics of the most romantic of the romance languages! Simple dialogues, questions, basic vocabulary, and expressions for travel and everyday situations will be the focus. Enjoy learning correct pronunciation and how to communicate while traveling as you explore aspects of life in modern French speaking countries.

Colette Wiltz is an experienced instructor of French who enjoys teaching her native language to others.

• Tues., 6:15-8:15 pm; Jan. 22-March 19 (no class Feb. 12); 8 wks; \$169, plus text "Learn French the Fast and Fun Way" and companion CD, published by Barron's (ISBN: 978-0764176890 available at UC and DuBois bookstores plus online booksellers); #7507-01

Location: UC main campus

French for Advanced Beginners

Do you already have a passing acquaintance with this beautiful language but want to learn a little more? This course will help you with simple conversations, dialogs, vocabulary, pronunciation, expressions for travel and everyday situations. Come, have fun while you freshen up your French.

Colette Wiltz is an experienced instructor of French who enjoys teaching her native language to others.

• Thurs., 6:15-8:15 pm; Jan. 24-March 14; 8 wks; \$169, plus text "Learn French the Fast and Fun Way" and companion CD by Bourquin-Leete, published by Barron's (ISBN: 978-0764176890 available at UC and DuBois bookstores plus online booksellers); #7003-01

Location: UC main campus

Italian for Beginners

Learn to communicate in this beautiful, musical language. You'll acquire the basics of pronunciation, vocabulary, grammar and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation, plus special expressions for travelers. Tips on traveling, sightseeing, and enjoying the culture of Italy will also be included.

Antonio Iemmola specializes in introducing adults to the language of his native country.

• Thurs., 7-9 pm; Jan. 17-March 7; 8 wks; \$169, plus text "Italian: A Self Teaching Guide" by E. Lebano (ISBN: 978-0471359616 available at UC and DuBois bookstores plus online booksellers); #7004-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Join Communiversity on **facebook**.

Money Matters

Classes in finance, money management, retirement planning



Women & Finance: Lessons Mother Never Taught You

Consider these stunning statistics: 2/3 of all recent first marriages will end in divorce; 1/3 of all women who have ever been widowed were under age 50; and nearly 80 percent of all married women will become widows. Whether you're married or single, you need to understand those financial issues that affect you as a woman. This program is a primer that teaches financial survival tactics for the real world. If you've ever entertained questions you were afraid or too embarrassed to ask, join us. Learn how to protect yourself from financial catastrophe.

Suzan B. Kotler, CFP, has devoted her career to helping people with money matters. Motivating and knowledgeable, she has been recognized by Cincinnati Magazine as a five star wealth manager for four consecutive years.

• Sat., 10 am-1 pm; Jan. 26-Feb. 2; 2 sessions; 6 hrs total \$69, includes workbook; Please note: Our seminars are educational in nature. The university does not endorse or promote any products, strategy or views. Any presented are those of the instructor only; #9030-01

Location: UC main campus

Music and Dance

Classes in ballroom dance, hula, salsa dance, swing dance, tango, Celtic fiddle, guitar, piano



Argentine Tango Introduction

Experience the unique flavor and style of the traditional Argentine Tango featuring beautiful and sensual movements and figures. Learn to master the basics, including the walking embrace, the connection, line and cross walking, and the contra body position. This is a partner dance, so please be sure your partner signs up too; and do wear shoes that allow for smooth turning. Now, start the music and count on having fun!

Patricia Paz was born in Buenos Aires and has had two careers, physical education and Argentine native dances and folklore. She is an experienced performer and teacher of dance here and abroad.

• Fri., 6-7 pm; Jan. 25-March 1; 6 sessions; \$69 (no discounts), plus \$5 materials fee for CD payable to instructor at first class; #5259-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

British Invasion

Join us for an enjoyable journey back to the 1960's where we look at how Britain's popular music and culture exploded into the American consciousness. Britain and the U.S. have been playing transatlantic musical ping pong ever since! There will be lots of fun bits - hearing snatches of songs, participating in a pub quiz, and exploring the connections and influences of performers such as the Beatles, Rolling Stones, James Taylor, Eric Clapton, and Rod Stewart.

Liz Archer, higher national diploma in music and performing arts, has over 20 years' experience as a singer, recording artist, and voice teacher. Originally from Britain, she cut her teeth singing in the clubs and halls of northern England.

• Sat., 10 am-12 pm; March 2; \$29, #4209-01
Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Dancing for Two: Ballroom-Style

Tired of watching all the fun and ready to join in? Transform yourself into a dancer as you learn the basics of the beautiful, ballroom-style dances – slow fox trot, waltz, mambo, cha-cha, and rumba. This is an introductory level, especially for those who have had no prior dance classes. Both couples and singles are welcome, although we cannot guarantee partners for singles. Wear smooth hard leather soled shoes to enable turns and changes in direction.

Jeff Greatorex is a dance enthusiast and experienced teacher of dance.

• Fri., 7:40-8:40 pm; Jan. 18-March 8; 8 wks; \$69, #4211-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Getting in Tune with Your Ukulele

Ukuleles aren't just for luau! You'll be amazed at the variety of styles you can play - from blues and country to pop and light rock. After mastering the fundamentals (tuning, holding and finger placement), we'll focus on really getting comfortable with your instrument. Watch, listen, and play along as you build on the basics of chords, strumming, playing up the neck, and trying out some variations and tempos. No musical experience needed. Bring your ukulele and let's make some music!

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music would love to get you in tune with your ukulele and keep you playing.

• Tues., 5:15-6:30 pm; Jan. 15-Feb. 26; 7 wks; \$159 (no discounts), bring your own ukulele (soprano, concert, or tenor - no baritone) and text for Hal Leonard Ukulele Method Book 1 with audio CD (only about \$9); #4214-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Celtic Fiddling for Beginners

Want to play Irish or Scottish fiddle music? And have fun doing it? Rest assured, there is no need to read music since Celtic fiddling is an oral tradition. Learn to 'hear' the tune and play it by ear; and we'll introduce you to music notation - if and when you want. Play a jig, a reel and other tunes; and learn the difference between these time signatures, as well as the techniques and tricks to make your tune sound really Irish or Scottish. Each class will consist of learning tunes in sections, then putting the sections all together, with some music history, technique, warm-ups and listening games, plus some tips on playing with others. This class is for you if you can't play a tune and if you don't even know how to hold the instrument and bow.

Justin Bonar-Bridges has been playing Irish music in the U.S., Ireland, and Canada for nearly 20 years, studying with some of the tradition's greatest masters and winning international accolades. Since 2001 he has taught at the Riley School of Irish Music and has played in the celebrated Celtic band Silver Arm.

• Thurs., 6-7 pm; Jan. 24-Feb. 28; 6 wks; \$139 (no discounts); you'll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town (East-siders can look up "Strings 'N Things" or "Antonio Violins," West-siders try "Baroque Violin" or "A Violin Makers Workshop") and can be had for as little as \$13 per month. Also bring a recording device (cassette, mp3, laptop, cell phone) to record at least three minutes of music per week. If you haven't got a recording device, most office supply stores sell some inexpensive ones; #4207-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Celtic Fiddling for Intermediates

See preceding description for Celtic Fiddling for Beginners. It's essentially the same class and is taught by the same instructor; but this one is for anyone who can already play two or three tunes (from any culture).

Justin Bonar-Bridges has been playing Irish music in the U.S., Ireland, and Canada for nearly twenty years, studying with some of the tradition's greatest masters and winning international accolades. Since 2001 he has taught at the Riley School of Irish Music and has played in the celebrated Celtic band Silver Arm.

• Thurs., 7:15-8:15 pm; Jan. 24-Feb. 28; 6 wks; \$139 (no discounts); you'll need to bring a fiddle/violin to each session, including the first. Rentals are available all over town (East-siders can look up "Strings 'N Things" or "Antonio Violins," West-siders try "Baroque Violin" or "A Violin Makers Workshop") and can be had for as little as \$13 per month. Also bring a recording device (portable cassette, mp3 recorder, laptop, cell phone) to record at least three minutes of music per week. If you haven't got a recording device, most office supply stores sell some inexpensive ones; #4208-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Guitar

Explore varying styles of music as you conquer the fundamentals of guitar technique, reading music, and chord study in a group setting. Increase your enjoyment of playing as you establish proper playing techniques. Bring an acoustic (not electric) guitar to all classes and find out that anyone can read music and anyone can play!

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music, is an active performer and guitar teacher.

• Tues., 6:40-7:55 pm; Jan. 15-Feb. 26; 7 wks; \$159, plus text "Hal Leonard Method: Book 1" (CD not required) available from UC or DuBois bookstores plus online booksellers; #5224-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Guitar III

Take your guitar playing to the next level as you focus on advanced note reading on all strings, key signatures, and main chord shapes as we have fun with some popular songs. Bring an acoustic guitar to all classes.

Saul Meyerson-Knox, MM in classical guitar performance with UC's College Conservatory of Music, is an active performer and guitar teacher.

• Tues., 8-9:15 pm; Jan. 15-Feb. 26; 7 wks; \$159, plus text "The FJH Young Beginner Guitar Method: Lesson Book 3" (CD not required) available from UC or DuBois bookstores plus online booksellers; #4213-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Piano I

Always wanted to learn the piano but didn't have the opportunity? Here is your chance! Based on the "Musical Moments" curriculum, you will begin to read music and play the basic C, F and G chords. You'll start with the fundamentals, with your hand position staying in one place and hands together optional. Learn on a state-of-the-art electronic piano (with headphones), enabling you to go at your own pace, with lots of interaction from the instructor. Let this be your first step, then continue on with Piano II in the spring, covering more notes on the staff, more hand positions and more chords.

Susan C. Ha has been an active teacher and performer throughout the U.S. Her teaching experience includes working at major music festivals; and she instructs music majors at CCM while pursuing her doctoral degree in piano.

• Tues., 6-7:15 pm; Jan. 15-March 5; 8 wks; \$179 (no discounts), includes optional "open piano lab" time for one-half hour prior to each class to practice on your own. Purchase and bring to class "Musical Moments: A Recreational Music Making Program: Book One with CD (available online at: everylifeneedsmusic.com/MMOrdering.htm – or at UC Bookstore; #5268-01

Location: UC main campus



*Begin to Play on
the First Day!*

Salsa and Merengue Dance

Capture the spirit and the rhythm of these popular Latin dances as you learn their special moves, steps, shines, and styles. Focus will be on the Cuban style Salsa and the Merengue, a quick even-stepping hip-moving dance which originated from the Dominican Republic. You'll practice holds, hand positions, and turns as you gain confidence in adjusting your moves to the speed of the music and flowing from one move to the next. Both couples and singles are welcome, although we cannot guarantee partners for singles. Class is geared for beginners. You must wear soft-soled shoes (leather or others that allow for smooth turning).

Doni Jessen, MBA, has a wealth of experience teaching, performing and choreographing Latin dance.

• Thurs., 7-8 pm; Jan. 17-March 7; 8 wks; \$89, plus \$8 materials fee for tape, payable to instructor at first class; #5229-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Swing Dances: An Introduction

From Jitterbug (Single Time Swing) to East Coast Swing (Triple Time), you'll be picking up your feet and having a ball. Swing to music from the '50s and '60s, honky-tonk, C & W, and even rock. Gain self-confidence in maneuvering around a dance floor and increase your repertoire of fast dance movements as you learn these always popular styles of dance. You'll begin by mastering the basics and then add some new combinations as you go. Wear leather soled shoes to allow for smooth turning, please. Partner recommended but not required.

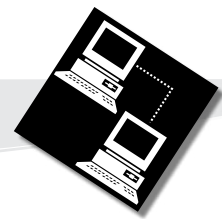
Jeff Greatorex is a dance enthusiast and experience teacher of dance.

• Fri., 8:45-9:45 pm; Jan. 18-March 8; 8 wks; \$69, #5262-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

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Gain the skills you'll need to succeed in the fast-growing project management field. Experienced project manager teaches you tricks of the trade in these two classes.

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Acquire the basics of HTML so you can design, create, and post your very own site.

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Discover the secrets to setting up fully formatted worksheets quickly and efficiently.

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Gain a marketable new skill by learning the basics of double-entry bookkeeping and financial reporting. Then go to the next level with dividends, plant assets, depreciation, accrued revenue and expenses, retained earnings, stockholders' equity, and financial reports.

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Learn how to create an interactive Web site, allowing visitors to post and retrieve information provided by you or your site's visitors. Intro & intermed. levels.

Writer's Workshop for Beginners

Get a taste of the writer's life and improve your writing skills in this intro to writing creatively.

Photoshop Elements: Digital Photographer I, II

Learn to edit and correct digital images to repair deficiencies and bring out the best in your photographs.

Microsoft Access

Find out how to store, locate, print, and automate access to all types of information. Intro and intermediate levels.

Java Programming

An experienced Java programmer introduces important Java topics with clear, step-by-step instructions. Intro and intermed. levels available.

Explore a Career or Start Your Own Business in:

Administrative Medical Assistant; Medical Coding; or Medical Transcription; Event Planning; Consulting Practice; Publishing; Home-Based Business; and more.

SQL

Gain a solid working knowledge of the most powerful database programming language in the introductory class. Go beyond the basics in the intermediate level.

Secrets of Better Photography

Explore strategies and a variety of tricks to create excellent photographs in all types of situations.

Illustrator

Gain confidence and skills to use this powerful software tool for graphic arts.

PMP Certification Prep 1 & 2

This comprehensive preparation for the exam is offered by the Project Management Institute.

InDesign

Learn how to use this software to design and produce professional-quality letterhead, brochures, business cards, and more.

CSS and XHTML

Learn how to create state-of-the-art Web sites, taking your existing HTML skills to the next level. Start building sites like the pros. Intro and intermed. levels.

Creating WordPress Websites

Master the technical elements of WordPress; learn how to organize a blog or website, create appealing content, and achieve better positions on search engines.

Dreamweaver Intro, Intermed

A veteran designer helps you master the industry-standard tool for building professional Web sites.

Grammar Refresher

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

Photoshop

Learn how to create original images and to fix and process photos. Levels I & II; Creating Web Graphics.

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Create powerful, interactive, community-based sites.

Flash

Learn how to create engaging Web sites, Flash movies, animation, and interactive applications.

Microsoft Word Intro, Intermed, Adv

Gain the tools to create and modify documents with the world's most popular word processor.

QuickBooks

Quickly and efficiently gain control over the financial aspects of your business. Performing Payroll offered too.

Microsoft PowerPoint

Create dazzling slide presentations with multimedia, charts, outlines, graphs, clip art, and hypertext links.

Effective Business Writing

Improve your prospects by developing powerful written documents that draw readers in and keep them!

Technical Writing

Apply technical writing conventions, interviewing skills, documentation management, publishing and formatting techniques; get tips on how to get that first job.

Research Methods for Writers

Learn the most efficient and effective methods to conduct research for any writing project.

Effective Editing

If you aspire to be an editor, we can teach you the basics of top-notch editing for both fiction and nonfiction.

Write Fiction Like a Pro

Hollywood writer shows how professional writers use story outlines to structure any type of story.

A to Z Grant Writing

Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns, and prepare proposals.

Languages: Spanish, Italian, Japanese, French

Your choice! Prepare to speak a new language in a wide variety of settings and situations and you will enrich your experiences while traveling.

Certification Preparation:

Note price exception: \$159 each (no discounts).

CompTIA Network+ Certification Prep

CompTIA A+ Certification Prep (All Levels)

CompTIA Security+ Certification Prep

Microsoft Project

Discover how to effectively plan, implement, and control projects using Microsoft Project 2010, the world's most popular project management software.

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Learn how to be an effective manager or supervisor. Master the basics of communicating effectively, and learn tools for developing your own interpersonal skills.

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Identify powerful strategies for success in the verbal and analytical sections. Then acquire a variety of useful techniques for tackling the math section.

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GMAT Preparation

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How to Get Started:

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2. Browse or Search the catalog for the courses you want. Click any title to view course details, syllabus, instructor bio, requirements, student reviews and course demos.
3. Enroll and pay for your classes at ed2go.com/uc
Or choose from three other ways to enroll on page 31.
Fees: Most online classes are only \$119 (no discounts).
4. Return to our Online Learning Center and click the My Classroom tab when your course starts. To begin your studies, simply log in with the name and password you provided during enrollment.
5. Start Dates: A new section of every online course will begin on the following dates:

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For complete Online Course Catalog,
see ed2go.com/uc.

Personal Development and Special Interest

Classes in meditation, mindfulness, pet care, make-up, wardrobe, image, finding your purpose

Anger Is ...

Anger is a basic human emotion that is often denied, misunderstood and misused. A powerful force, it can contribute to any number of emotional or physical afflictions (i.e., guilt, anxiety, headaches, ulcers) and can also infect your relationships. Learn what anger is, where it comes from, and how we express or dilute it. Understand how to channel anger constructively. Develop new strategies of authentic communication and perception that can transform your relationship with yourself and others. This healthier approach to anger can lead to fuller relationships, better physical health and personal growth.

Sherry McHenry is a stress management consultant who teaches heart-focused communication skills. She has an interest in peace making and is trained as a mediator for conflict resolution. She also incorporates mind-body strategies within her practice.

• Sat., 10 am-12 pm; Jan. 19 & 26; 2 wks; \$59, #6024-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Aromatherapy: An Introduction

Become acquainted with the basics of aromatherapy - what it is, how to apply it to your daily life, how to use it to help reduce anxiety and stress, uplift your moods, and bring balance to your life naturally. Find out about and experience essential oils.

Gloria Charlier, RN, BSN, is a member of the American Holistic Nurses' Association. She has pursued her professional education by continuing her studies in accredited seminars and workshops in areas such as healing touch, aromatherapy, and herbal studies.

• Wed., 6:30-8:30 pm; Jan. 16; \$25, plus \$8 supply fee payable to instructor for oils used in class and booklet; #6081-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Contemporary Social and Business Dining Etiquette

Knowing how to conduct yourself over the table provides a tremendous advantage throughout life. Learn to be comfortable in any dining situation, whether formal, informal, business or social. Join Ms. Glendenning at deSha's as you polish your table manners in an enjoyable, private setting over a delicious dinner. Topics include: navigating the table; the silent service code; forms of service; and the five most common dining mistakes. From "How do I eat this?" to "Faux Pas Recovery 101," we'll have fun while learning some important lessons in this unforgettable class!

Nanci Glendenning, co-founder and past president of the Association of Image Consultants International OH-PA Chapter, has conducted appearance and etiquette programs for all types and sizes of organizations.

• Mon., 6:45-8:45 pm; Jan. 14; \$39 (no discounts), plus \$32 for five-course dinner, taxes and gratuities payable to instructor at beginning of class; #6045-01

Location: DeSha's (Harper Point)

What People Like Best...

"Intriguing."

**"Informative – I learned
a lot in two hours!"**

Students in "Aromatherapy" class

Coupons: A Crash Course

“Saving money is the same as making money,” is what our instructor says. Do you ever wonder how the coupon queens get all that stuff for free? Do you want to learn how to coupon like a pro? And this class is about so much more than saving a few dollars a week with a few coupons. It’s all about how to eat healthy and how to realistically adopt some not-so-extreme coupon skills into your life. Some of the concepts covered: meal planning; where to find coupons; organizing your coupons; buying in bulk; stockpiling with sense; finding your own deals; and matching coupons with sales.

Cindy Ewing, domestic savings specialist, began by teaching herself how to slash her grocery budget as a hobby; then it became a passion, and then a career. She is eager to teach you how you can cut your grocery bills in half.

- Tues., 6:30-9 pm; Jan. 15; \$29, #6037-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Finishing Touches

A polished image, a pulled-together appearance and knowing what to do and say in any situation develops self-confidence and prepares you for new relationships and experiences. Discover and master many concepts: contemporary social etiquette; the art of conversation and charisma; what goes into good grooming, fashion, wardrobe, hair, and makeup; how to use body language and posture to your advantage; plus pointers on personality and aesthetics. You can practice and learn the techniques you’ll need to present yourself at your personal and professional best.

Nanci Glendening, co-founder and past president of the Association of Image Consultants International OH-PA Chapter, has conducted appearance and etiquette programs for all types and sizes of organizations.

- Wed., 6:30-8:30 pm; Jan. 23-Feb. 13; 4 wks; \$159 (no discounts), #6046-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Fortune Telling

Learn about how anthropologists categorize the wide variety of fortune telling (divination) techniques used around the world and discuss examples from a wide variety of cultures, both past and present. After looking at the many ways that one can accomplish an act of divination, we will then put our knowledge into practice by learning how to use at least two fortune telling methods (tarot and runes).

Alisa Strauss, PhD, teaches in the Anthropology Department at UC. She is especially interested in the study of mythology, folklore, magic, and religion both cross-culturally and through time.

- Tues., 6:30-9 pm; Jan. 29; \$29, plus \$20 supply fee for your own deck of tarot cards, set of Viking runes, and instructional materials payable to instructor in class; #6157-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Hypnotherapy for Weight Management

Are you ready to finally gain control of daily lifestyle patterns that have led to weight gain and feelings of heaviness? Hypnotherapy is a safe, natural, positive and effective tool that assists those who want lifestyle change. Each week focuses on transforming and healing stuck patterns through wanted behavior modification and hypnotic suggestions. Recent research within the field of neuroscience will be shared and discussed. Areas addressed in class are: goal-setting and motivation; coping with daily stressors/triggers; identifying self-talk/saboteurs; exercise; and nurturing your inner life.

Sherry McHenry, certified clinical hypnotherapist, is a seasoned practitioner, offering mind-body therapies such as guided meditation, hypnotherapy and biofeedback.

- Sat., 1-3 pm; Jan. 12-26; 3 wks; \$69, plus \$25 supply fee for workbook and audio file for daily listening and reinforcement (payable to instructor at first class). Bring a mat or blanket; #4365-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Professional Make-Up Skills

Do you want to learn professional techniques and secrets to doing your own make-up -- without the sales pitch and the very public department store environment? In this fun, relaxed class, you'll bring in your own make-up bag. Find out what your make-up will do for you, what basics you really need, how to select and purchase makeup, and how to handle some of the tools. Explore daytime and evening looks, how to minimize flaws, and how to take care of your skin. The second session is really hands-on, so come fresh-faced. We'll be starting from scratch as you learn how to apply your make-up as if it was done professionally every day.

Nora Fink is a professional wardrobe stylist and make-up artist. She does not represent any company and does not sell any products; she currently works in the industry for a variety of companies.

- Wed., 6:30-8:30 pm; Feb. 20-March 6; 3 wks; \$54 (no discounts), plus \$10 fee payable to instructor for use of supplies in class; remember to bring in your own make-up to learn application techniques; #6138-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

The Heart of Meditation: The Path of Simplicity

2500 years ago, the Buddha set forth a path of great simplicity and directness, by which the whole of life can be transformed. That profoundly original path, still taught today, requires no exotic practices - only a willingness to let life's confusion and conflict settle down in the clear space of meditation. The awareness developed in meditation can begin to pervade all aspects of our lives, bringing wisdom to our actions. We will provide chairs and mediation cushions; try to avoid eating for an hour before class. No particular belief system required--just a desire to find the clarity and peace that mediation can bring.

Bonnie Beverage, a teacher in the Theravada Tradition, is one of the founding members of the Dharma Center. She has taught History of Buddhism since 1998 at UC. She is also the author of "Take-Home Dharma" and "Impermanence: The Only Lesson You Will Ever Need."

- Thurs., 7-8:30 pm; Feb. 7-28; 4 wks; \$49, #6038-01

Location: Dharma Center of Cincinnati (Upper Northside)



*Find out the best
looks for you!*

Wedding Planning 101

Are you a bride, groom or mother who would like some guidance on how to plan a beautiful wedding on any budget? Discuss average costs of all bridal services, pitfalls to avoid when choosing vendors and insider secrets to help you ask the right questions to get what you want. Find out ways to personalize your wedding and how to navigate through the planning process. Bring your senses - you'll get to see color, theme and design ideas, feel fabric swatches, hear music samples, and experience video clips from real weddings - plus you'll have access to a library of notebooks full of inspiring ideas!

Brigid Horne-Nestor, owner of I-do Weddings & Events, is a professional bridal consultant. Since 1995 she's been helping brides plan beautiful weddings and is an active member of the Association of Bridal Consultants.

- Tues., 7-9 pm; Feb. 5; \$29 (no discounts), #6036-01

Location: i-do- Boutique (O'Bryonville)

What to Wear and How to Wear It

From wardrobe planning and accessories to discovering your best colors and most flattering styles, find out how you can achieve that "put together" look. Focus on personal appearance and polish, find out about image killers, and do's and don'ts.

Nanci Glendening, of Glendening Image Research, is co-founder and past-president of the Association of Image Consultants International OH-PA Chapter. She also modeled in Miami Fl and was a former Miss Cincinnati USA.

- Wed., 6:30-8:30 pm; Jan. 16; \$29, #6156-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

Photography

Classes in digital cameras, digital photography, art photography



Digital Photography: Basic Level

Get started with the basics in this introductory class. Bring your Point and Shoot digital camera and camera manual to class as we explain some of the most common functions and features; i.e., focus, zoom, flash, shutter speed, ISO, white balance, storing images, and composition. Become familiar with some of the terminology and basic photo editing as well (sizing, cropping, toning and printing). We'll incorporate some feedback of images you take outside of class, so you can learn by doing. The focus is on taking better pictures – while your camera is left in the automatic mode.

Mark Bealer and Vickie Daniels are co-owners of Studio 66 LLC, a wedding and studio photography business. Vickie has an associate's degree in photography and has worked as a professional photographer since 2005. Our lead instructor, Mark, has been a professional photographer since 1988.

• Thurs., 5:30-6:55 pm; Jan. 24-Feb. 28; 6 wks; \$119 (no discounts), #3823-01
Location: UC main campus



*Learn the Secrets of
Taking Great Photos!*

What People Like Best...

“Great way to learn terminology for camera settings and when to use what.”

Students in “Digital Photography II” class

Digital Photography: Advanced Level (for D-SLR only)

Are you ready to shoot in manual exposure with your digital single lens reflex (D-SLR) camera? We will introduce you to the control of your D-SLR's features; i.e., shutters, apertures, lens characteristics, custom white balance, sensor resolution and go into more detail with all of the other topics listed in our Basic Level I description. Bring your camera and your camera's manual to class as we move you into the realm of D-SLR photography. We'll incorporate critiques of images you take outside of class, so you can learn by doing. The focus is on taking better pictures – while your camera is in the manual mode.

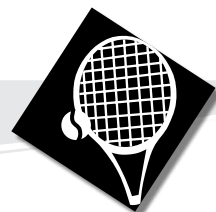
Mark Bealer and Vickie Daniels are co-owners of Studio 66 LLC, a Cincinnati-based wedding and studio photography business.

• Thurs., 7-8:30 pm; Jan. 24-Feb. 28; 6 wks; \$159 (no discounts), #3824-01
Location: UC main campus

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Sports and Adventure

Classes in aviation, golf, tennis, tree climbing, scuba diving



Aviation: Is Flying in Your Future?

Ever dreamed of flying an airplane or wondered how they work? In this exploratory class, you'll discover the basic aerodynamic forces that make flight possible and learn about airplanes, their controls and their basic instruments. Enhance your understanding of climbs, descents, and turns through a realistic computer-generated video. Find out about the possibilities of general aviation, whether for business, personal, or just plain fun. Each lesson may put you a step closer to the pilot seat, since you may decide to sign up for an introductory flight in a new Cessna 172 with your instructor, following completion of the class series. Flights are entirely optional and will be arranged at a special price with your instructor through Sporty's Academy.

Tom Baresel is an FAA certified flight instructor working with Sporty's Academy, the home of the world's largest pilot shop. Tom has extensive experience in the cockpit and holds a commercial pilot license and instrument rating along with the Flight Instructor certificate.

- Sat., 11:30 am-2 pm; Feb. 23-March 2; 2 meetings; \$44, #4103-01
Location: UC main campus

Ice Skating

Learn the fundamentals of this fascinating sport. Even if you've never been on the ice before, you can begin to master forward and backward stroking, turns, stops, very basic starter jumps and the elements of spinning. One-half hour will include specific instruction in figure skating techniques. If you wish, you may stay on and skate until 4 pm as part of the "open skate" (included in fee) to spend time on your own practicing and perfecting your skills.

Heidi Hartley, NSA figure skating instructor, is skating director at Northland Ice Skating.

- Sat., 1:30-2 pm; Jan. 19-Feb. 23; 6 wks; \$75 (no discounts), includes rink admission and skate rental plus "open skate" time until 4 pm to practice on your own; #4517-01
Location: Northland Ice Skating (Evendale)

Skiing

All levels of skiers will have the chance to get the most out of skiing! Perfect North Slopes is open from 9:30 a.m.-9:30 p.m.; it has three triple chair lifts and two quads, carpet lifts, 100 percent snow-making capability and lighted slopes. Groups will be formed with people of similar capabilities so that you may learn at your own pace. Please arrive at least 30 minutes early the first night. In order to start your lesson promptly, we need to allow time to process your pass and to assign the groups.

Perfect North Slopes professional staff concentrates on making skiing easy by utilizing the American Teaching System (ATS).

- Tues., 6-9 pm; Jan. 8-29
- Thurs., 6-9 pm; Jan. 10-31

TIMES: Your choice of start times for each one-hour lesson: 6, 7 or 8 p.m.

No matter your level of skiing ability, come when it suits you best; four one-hour lessons;

FEES: (Four-week lesson program)

\$40 paid to UC for instruction (no discounts)

\$50 paid to Perfect North for ski and boot rental (optional)*

\$80 paid to Perfect North for lift tickets (required)*

**Fees to Perfect North to be paid at first class. Please note: Equipment rental and lift tickets are good for up to eight hours each visit. Each lift ticket also includes snow tubing; #2010-01*

Location: Perfect North Slopes, Lawrenceburg, Indiana

What People Like Best...

"Tom was very down to earth and knowledgeable."

Students in "Aviation" class

Join Communiversity on **facebook**.

Snowboarding

All levels of boarders will have the opportunity to enhance their riding ability. Groups will be formed with people of similar capabilities so that you may learn at your own pace. Please arrive at least 30 minutes early the first night. In order to start your lesson promptly, we need to allow time to process your pass and to assign the groups.

Perfect North Slopes Professional Staff strive to make snowboarding lessons geared to individual needs.

Tues., 6-9 pm; Jan. 8-29

Thurs., 6-9 pm; Jan. 10-31

TIMES: Your choice of start times for each one-hour lesson: 6, 7 or 8 p.m.

No matter your level of ability, come when it suits you best; 4 one-hour lessons; \$40 (no discounts),

FEES: (Four-week lesson program)

\$40 paid to UC for instruction (no discounts)

\$50 paid to Perfect North for snowboard and boot rental (optional)*

\$80 paid to Perfect North for lift tickets (required)*

**Fees to Perfect North to be paid at first class.*

Please note: Equipment rental and lift tickets are good for up to eight hours each visit. Each lift ticket also includes snow tubing; #4136-01

Location: Perfect North Slopes, Lawrenceburg, Indiana

Scuba Diving: The Basics

Experience the same sense of fun and excitement shared by scuba divers throughout the world - but within the safe confines of a pool. All students must be present for first class session. If you wish to go on to earn Open Water SCUBA Certification, you must complete four open water dives. Travel and equipment costs for these open water certification dives are not included as part of this course.

Taught by professional staff of Scuba Unlimited, which is the exclusive dive center of the Newport Aquarium.

• Tues., 6:30-10:30 pm; Jan. 22-March 5; 7 wks; \$85 (no discounts), \$85 instructional fee, plus supply fees payable to Scuba Unlimited at first class: \$180 for in-class equipment rental and insurance and \$60 for PADI crewpak. Bring own mask, fins and snorkel (or purchase in class-packages start at \$170); #4502-01

Location: Scuba Unlimited (Blue Ash)



*Lace Up Those Skates
and Glide Away!*

TENNIS RAIN OR SHINE

At Anderson Mercy Healthplex

Joe Foley, winner of over 100 tournaments and former captain of the best tennis team in UC's history, facilitates these indoor sessions.

Tennis for Beginners

Get in shape with tennis! Work on hand-eye coordination, racquet skills, basic strokes, and scoring. This experience is designed for the player who has never played the game or is unfamiliar with the rules. Bring your own racquet.

Joe Foley has introduced this sport to thousands of people who continue to play for a lifetime.

• Sun., 4-5 pm; Jan. 27-March 3; 6 wks; \$69 (no discounts), #4105-01

Location: Mercy Healthplex Anderson

Tennis for Intermediates

This is an enjoyable way to get in shape and stay in shape! You are ready for this experience if you have had some previous instruction or if you can hit ground strokes and serves in play from the baseline with reasonable success. You'll have the chance to work on strokes with movement, rally skills, overhands, and volleys. And for those who are ready, you may practice getting that first serve in, adding spin, net play, strategy, and control. Bring your own racquet.

Facilitated by Joe Foley.

• Sun., 5-6 pm; Jan. 27-March 3; 6 wks; \$69 (no discounts), #4107-01

Location: Mercy Healthplex Anderson

Test Preparation

Classes in ACT Prep, SAT Prep, GRE Prep, GMAT Prep, LSAT Prep, TOEFL Prep



ACT Preparation

Losing sleep and getting anxious about test day? In this intensive class, you'll build confidence and make the most of your potential by studying strategies for taking the ACT and by reviewing topics covered by the ACT (math, writing and reading comprehension). Learn a variety of test taking methods and work with the instructor to adapt the ones that best suit your own unique style and personal strengths. You'll get support for questions and concerns; plus discussions, PowerPoints, use of TPR materials, and lots of concrete examples. Discover approaches to increase your odds on each question type, how to use a process of elimination, construct a well-defined essay (optional) on this test, plan your critical reading passage strategy, and learn when it's good to guess.

Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.

- Sun., 9 am-2 pm; Jan. 27 & Feb. 3; 2 days; \$154 (no discounts), plus bring calculator and text "Cracking the ACT" 2013 edition, a publication of The Princeton Review (available from UC and DuBois bookstores plus online booksellers). Lunch not included – bring own or a few dollars extra to order pizza with the group; #4604-01

Location: UC main campus

GMAT Preparation

Are you in the market for a business school? Enhance your chances of acceptance with this structured study of the Graduate Management Admission Test. The course is team taught. The English instructor covers the analytical writing assessment and verbal sections while the math instructor covers the quantitative and integrated reasoning sections. Concepts of algebra and geometry will be reviewed. You'll work with authentic test questions and responses and gain confidence by learning helpful strategies.

- To register for the GMAT test, call 1-800-717-GMAT or see mba.com

- To register for this GMAT test prep class, call 513-556-6932 or visit uc.edu/ce/commu

Allen Feibelman, MA, is an associate professor at Chatfield College and has taught with the UC English Department. Allen has also taught for Princeton Review.

Jane Allen, MEd in mathematics, has taught for 17 years. Currently, she is teaching College Preparatory and Honors Math at Kings High School.

Sat., 9 am-1 pm; Jan. 26-March 2; 6 wks; \$259 (no discounts), plus text "The Official Guide for GMAT Review" (13th Ed.), Wiley Publishing, Inc. (ISBN: 978-1118109793 available from UC and DuBois bookstores plus online booksellers); #4600-01

Location: UC main campus

GRE Preparation

Do you want to maximize your ability to score well on the GRE and get admitted to graduate school? In a relaxed atmosphere, you'll lay the foundation for success as you're guided through actual test questions, enhancing your answer strategy. The course is team taught. The math instructor teaches quantitative reasoning skills; and the English instructor, analytical writing and verbal reasoning. Concepts of algebra and geometry will be reviewed. You will work with authentic test questions and responses and gain confidence by learning helpful strategies.

- To register for the GRE test at UC, call 513-556-7173

- To register for this GRE test prep class, call 513-556-6932 or visit uc.edu/ce/commu

Jane Allen, MEd in mathematics, has taught for 17 years. Currently, she is teaching College Preparatory and Honors Math at Kings High School.

Allen Feibelman, MA, is an associate professor at Chatfield College and has taught with the UC English Department. Allen has also taught for Princeton Review.

Sat., 9 am-1 pm; Jan. 26-March 2; 6 wks; \$259 (no discounts), plus text "The Official Guide to the GRE revised General Test with CD-ROM," 2nd ed., a publication of the Educational Testing Service (ISBN: 978-0071791236) available from UC and DuBois bookstores plus online booksellers; #7142-01

Location: UC main campus

LSAT Preparation

The key to success on the Law School Admission Test is practice, strategy, and timing. Delve into a detailed analysis of each LSAT problem type: reading comprehension, analytical reasoning, and logical reasoning. By discussing the problems and explanations, you'll develop the ability to approach the LSAT as a series of intellectual games to which you can apply strategies studied in class. You will also benefit from the instructor's critique of your LSAT writing samples. The course culminates in a full-length mock exam. Using actual questions from previous tests, under timed conditions, will prepare you for the real environment. In addition, and outside of classroom hours, the instructor offers individualized assistance with the personal statement essay required for all law school applications.

Mina Ludwig, JD, UC College of Law, is currently in private practice and counsel for the Hamilton County Board of Mental Health and Recovery Services.

- Sat., 12-4 pm; Jan. 5-26; 4 mtgs; \$299 (no discounts), plus "Barron's LSAT" (ISBN: 978-0764140846) by Bobrow (13 Ed.) ~ must have this text for immediate use in class sessions 1, 2 & 3; plus "The Official LSAT SuperPrep" by the Law School Admission Council (ISBN: 978-0979305061) for use in class session 4 & for self-study – both available from UC and DuBois bookstores plus online booksellers; #4601-01

Location: UC Victory Pkwy Campus (historic Edgecliff by Eden Park); park free

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Allen Feibelman has taught over 1000 hours of test prep and has won awards for teaching college English at UC and at Chatfield College. His personalized approach in the classroom provides maximum support for your preparation.

- Sun., 9 am-2 pm; Jan. 13 & 20; 2 days; \$154 (no discounts), plus text "Cracking the SAT" 2013 edition, a publication of The Princeton Review (ISBN: 978-0307944788 available from UC and DuBois bookstores plus online booksellers). Lunch is not included – bring your own or a few dollars extra to order pizza with the group; #4603-01

Location: UC main campus

TOEFL iBT Preparation

The Test of English as a Foreign Language (TOEFL) is used to measure English language proficiency. It is the most accepted test in the world; and Internet-based testing has made it even more accessible. This course will help you prepare to take the TOEFL as you focus on the main features of the test, test-taking strategies, exercises, and practice. We will cover the types of skills evaluated by the various sections of the test, including reading, listening, writing and speaking.

- To register for the TOEFL iBT test with UC call 513-556-7173 or see uc.edu/testingservices.html

- To register for this TOEFL test preparation class, call 513-556-6932 or visit uc.edu/ce/commu

Jennifer Wiebe, EdD, is a graduate of U of Illinois Urbana-Champaign; she is an experienced teacher who has a love of languages.

- Wed. 6:30-8:30 pm; Jan. 16-March 13 (no class Jan. 30); 8 wks; \$189 (no discounts), plus text "Cracking the TOEFL iBT with audio CD" (13th Ed.) by Princeton Review; #4602-01

Location: UC main campus

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Program Information

Enroll Early

Courses can fill up quickly! To ensure a space in the class of your choice, please enroll now. We will accept registrations as long as there is room.

If the class you want is filled, we'll put you on a wait list and notify you as soon as possible. You may choose to remain on the wait list, transfer to another class, or receive a refund (if you paid by credit card you will not be charged). Every effort will be made to accommodate you — we've even been known to create new class sections to meet your needs.

For Adults

While most of our classes are designed for adults (18 and over) there are exceptions. Our ACT Prep, SAT Prep, and Mini Medical College classes welcome high school students. If you're a 16 and 17 year-old interested in challenging yourself and learning something new, you are welcome to many of our other classes (we are not able to admit you to physical classes which require release forms since they aren't valid if signed by minors).

Class Changes

We don't like to make changes, but sometimes it's unavoidable. We reserve the right to change times, locations or instructors. If we must cancel a class, we will make every effort to notify you immediately. Please provide daytime phone numbers so that we may contact you. You may then choose to transfer to another class or receive a full refund.

Location and Parking

Our classes are held online, face-to-face, at UC's Main Campus, at UC's Victory Parkway Campus, and at 20 other locations around town — see the last line of each description for the class location.

Exact room and building locations, parking information, and directions will be mailed to you with confirmation of your enrollment.

If you have a disability and need specialized services, call the Disability Services Office at 513-556-6823 well in advance of your class to discuss your needs.

Confirmation of Enrollment

If you have not received confirmation within two days of starting date for your class, please call 513-556-6932. Office hours are 8 am-5 pm Monday-Friday.

Material and Supply Fees

Some classes require additional fees for supplies or materials — they are noted in the class listing. *These fees are to be paid to the instructor at the first class session.* These fees are nonrefundable and discounts do not apply to them.

Books

A few courses require the purchase of book(s); those are noted in the description. You may buy them from local or online booksellers. If you buy your books from UC (513-556-1400) or DuBois (513-281-4120), you will find them in a special *Communiversity* section.

Discounts

In order to take advantage of these discounts, you must request your discount at the time you first enroll. Only one discount may apply per class. Classes not available at a discount are marked with a "no discounts" notation.

UC Faculty and Staff Discount

Full-time UC faculty and staff may take one class per quarter at half-price. Spouses and dependents are ineligible. This discount requires special handling and is not available online. Call 513-556-6932 to arrange.

Senior Citizens Discount

Golden Buckeye card holders are eligible for a 20 percent discount on many of our classes — be sure to provide us with your card number, please.

Refunds

A refund of the enrollment fee can be made up to 48 hours before the first session. We regret that no refunds may be made anytime thereafter.

However, we do stand behind our programs and will do whatever it takes to ensure your satisfaction.

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Choose what is simplest for you — online, phone, in-person or mail. See details on the next page.

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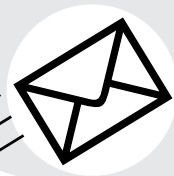
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