COMMUNIVERSITY

SPRING 2020 COURSE CATALOG

ADULT EVENING & WEEKEND CLASSES for lifelong learning at all stages!
Our programs continue to grow to meet your personal and professional needs. Spring term offers over 100 classes for your personal enrichment plus, professional continuing education and training programs.

UC is committed to adult learning and meeting our learners at all stages of their life. Many of our students come to us to experience enrichment through courses in the arts, music, food, fitness, health and many other personal disciplines. We continue to keep these programs fresh and current by offering new classes each term.

We also offer career and business classes to help you stay relevant at work and knowledgeable at home. Now this year, we’ll be offering more professional certificates and continuing education courses designed specifically for you to upskill, change and advance your career. These courses and certificates are part of our new Office of Professional and Continuing Education brand.

While staying true to our foundational base with fun and innovative personal enrichment courses and workshops, our new Office of Professional and Continuing Education will be your connection to UC throughout your lifetime and your career.

UC has committed to reinvesting in our continuing education program, and we are committed to investing that in YOU!

Janet Staderman, Program Director

Why take classes at UC Communiversity?

EXPERIENTIAL LEARNING
Most classes are hands-on where you are actively participating while you learn.

PERSONAL EXPLORATION
Give yourself a chance to do something completely different, earn a new skill or talent.

ACCESS TO CURRENT TOPICS
Our programs constantly change to reflect what is going on in the world. Ongoing courses offer fresh material each term.

DEVELOPING PRACTICAL SKILLS
Sometimes you just want to learn how to do something right, there’s a course here for you!

for your PERSONAL ENRICHMENT

for your PROFESSIONAL DEVELOPMENT

Welcome!

SPRING 2020 CLASSES

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Enroll online and see full course descriptions: communiversity.uc.edu

LOCATION:
Most classes are held at UC’s Victory Parkway Campus at 2220 Victory Parkway, Cincinnati 45206. If a class will be held at another location, it is noted in the class description. Addresses and maps can be found online.

INSTRUCTORS:
Classes at Communiversity are taught by skilled educators, professionals and expert craftpeople. For more information about the instructors in each class, see our online catalog.
LEARN TO PAINT LIKE THE MASTERS WITH KEVIN MCCARTY

ACRYLIC PAINTING, APPLE TREES IN BLOOM
BY CLAUDE MONET

Join us for a glimpse of Monet’s early painting style, a version of more natural, realistic colors of nature than the more colorful impressionistic version that we have come to know. This painting represents nature almost purely in terms of chromatic color, with a flurry of white buds painted amid the subtle pastel shades of spring, presenting the viewer with a scene very evocative of this time of year because it’s how we perceive spring in a realistic fashion.

Come to this class and practice Monet’s early painting style with a more naturalistic lean tending toward Impressionism. Paint your own version of Monet’s Apple Trees in Bloom to take home and enjoy.

**One session / $89**

Sat, Apr. 11 12-4pm  Kevin McCarty

ABOUT THE INSTRUCTOR:

Kevin McCarty has been a professional artist for over 40 years and paints landscapes, portraits, and still life. He was born in Cincinnati, Ohio and has resided in various parts of the country, including Atlanta, Dallas, Clearwater, and New York City. He also spent time working in Europe and obtaining first-hand knowledge of the masters and major schools of painting.

ACRYLIC PAINTING, PEACH TREES IN BLOOM
BY VINCENT VAN GOGH

Let go of the drab colors of winter by enjoying an afternoon with the bright hues of Van Gogh’s painting, Peach Trees in Blossom. Two peach trees, displaying beautiful blossoms of pink, magenta, and white, center this exquisite painting. Shades of blue, purple and ochre are used to portray tree trunks and ground. Green brushstrokes appear in the left corner, suggesting grass growing from the snow. A profusion of color to brighten your day!

Come to this class to create your own Peach Trees in Blossom painting. Learn about and practice Van Gogh’s loose, expressive brush strokes that captivate viewers all around the world.

**One session / $89**

Sat, May 16 12-4pm  Kevin McCarty

ACRYLIC PAINTING, ROAD AT WARGEMONT
BY PIERRE RENOIR

A dreamlike landscape with wind picking up and a storm rolling into the valley - this painting is arguably Renoir’s greatest land- scapes, drawing on the traditions of Rubens’ late landscapes to the present day of the abstract expressionist, William de Kooning, using the power of color! Inspired by the pioneers of Color Field painting we will explore how to use color in a way that is not only lyrical and color saturated, bold brushstrokes and complimentary color palettes evoke a sense of freedom and exuberance. Her work can be found in corporate and private collections throughout the United States.

All materials are provided. Students may want to bring disposable gloves.

**One session / $89**

Sat, Jun. 13 12-4pm  Kevin McCarty

Our classes are appropriate for beginners, but also geared to intermediate students who have previously attended Kevin’s classes.

Supplies include: one gallery-wrapped, stretched 11 x 14” fine art canvas, a set of brushes, and a full set of paints in a broad spectrum of colors and are included in the class fee. Take home your original piece of art ready for framing! (No discounts may be applied to these classes.)

COLOR THEORY AND COLOR FIELD PAINTING

Do you love color but find it mysterious? Learn how to harness the power of color! Inspired by the pioneers of Color Field painting we will explore how to choose color combinations, how to mix what you see, identify color temperature and create contrast. Students will work with acrylic paints on canvas to create their own Color Field creations.

**One session / $119**

Th, May 7 6:30-8:30pm  Andrea Grimsley

All materials are provided.

CREATE YOUR OWN SILK SCARVES

Create your own 1 of a kind silk scarves! Prized for thousands of years for its softness and sheen silk remains a luxurious textile. Surprisingly simple to work with, beautiful results are just a few steps away. We will be working with dyeing techniques, salt, alcohol, and simple heat setting.

**Two-day session / $159**

Tu, Jun. 2 & Th. Jun. 4 6:30-8:30pm  Andrea Grimsley

All materials are included, students may want to bring disposable gloves.

ABOUT THE INSTRUCTOR:

In her decades spanning journey as a designer, painter, sculptor and teacher she has explored a variety of mediums. Inspired by the French Impressionists and the Abstract Expressionism of the Beat generation, she enjoys creating large scale works that is both lyrical and color saturated. Bold brushstrokes and complimentary color palettes evoke a sense of freedom and exuberance. Her work can be found in corporate and private collections throughout the United States.

**One session / $39**

Plus $20 supply fee payable to instructor.

Thu, Jun. 11 6:30-8:30pm  Alisa Strauss

Please sign up five days in advance so the instructor can order supplies at the best price.

“Thank you for an amazing class!” Mollie Showell, Intro to Jewelry Making
**ARTS & HANDICRAFTS**

**cincinnati art museum**

Through a combination of lecture format and gallery exploration, this course aims to provide students with a broad understanding of the most representative works from each period, while also learning how specific objects from the Cincinnati Art Museum’s collection fit within the history of art.

Sun on Prospect Street (Gloucester, Massachusetts) 1934 painting by Edward Hopper (American, b. 1882, d. 1967)

**MODERN AND CONTEMPORARY ART**

During this third class in our Art History series, you will survey the history of art from the early modern period through the 20th century (roughly 1800-2000) in Europe and the United States. You will learn about key developments of the avant-garde by introducing the aesthetic innovations of Realism, Impressionism, Post-Impressionism, Cubism, Dada, and Abstract Expressionism, among others. We will visit the galleries of American Art, 19th and 20th Century European Art, Modern and Contemporary Art, as well as the Cincinnati Wing.

**STAINED GLASS FOR BEGINNERS**

Begin with the basics of building a Tiffany style panel using the copper foil method. Learn types of glass cutting techniques, grinding, foiling, soldering and framing a panel. Complete a panel of your choosing (sizes vary but the average is 11" x 17").

**LEAD PANEL STAINED GLASS**

Learn the “old” method of stained glass, assembling with lead channels. Instruction includes: glass selection, method of cutting glass, leading and soldering. Patterns available from instructor (most about 11" x 17" approximate size of project).

**CONTINUING COPPERPLATE SCRIPT CALLIGRAPHY**

For those of you who have studied the first six weeks or those who would like a refresher course, this class focuses on the use of Script. You will write smaller for practical applications such as letter writing, envelope addressing and placecards. You will learn the versatility of the capitals and design your own monogram. You will refine the lower case, experience different pen nibs and flourish on finer paper, then add color and metallic inks. Expect to create a finished creation worthy of framing.

**LEARN COPPERPLATE SCRIPT CALLIGRAPHY**

The beautiful Copperplate Script, often used for wedding invitations, will be taught in a simple, yet thorough approach in this 6-week class. You will learn how to form the basic strokes to create the lower-case letters, and then pen the elegant capitals, using the flexible pointed nib in the oblique penholder. You will be provided with worksheets for hands-on practice as well as script samplings for inspiration. Expect a lot of pen play and enjoyable results!

**INTRODUCTION TO PICTURE FRAMING**

This is a perfect class for working artists. In this class, you will learn the importance of framing artwork and the history of picture framing. You begin by learning the basics of frame design, such as how to measure and cut mats, glass, and molding. You will also learn how to select the right molding for a subject matter; how to choose and work with colors to enhance; how to mount various types of artwork or photos; and how to properly fit the works in the frame complete with hangers, importance of ramming and more.

**ABOUT THE INSTRUCTOR:**

**Kelly Stockman**

With over 20 years of teaching, researching and writing about art history, Kathy believes an intellectually engaging appreciation of art and culture can and should take place both inside and outside of the classroom, and she has devoted herself to inviting all people into that conversation; art historians, artists, and art lovers of every level.

**ABOUT THE INSTRUCTOR:**

**Mary Jane Riggi**

MJ Riggi Stained Glass Studio

**Spotlight Class**

**CREATE YOUR OWN SILK SCARVES**

Join fiber artist Andrea Grimsley and learn to create your own one of a kind silk scarf! Prized for thousands of years for its softness and sheen, silk remains a luxurious textile. Surprisingly simple to work with, beautiful results are just a few steps away. We will be working with dyeing techniques, salt, alcohol, and simple heat setting.

**SEE PAGE 5 FOR COURSE DATE / TIME**

**ABOUT THE INSTRUCTOR:**

Karen McMannon is a professional calligrapher and author. She began instructing in 1976 and she founded the Greater Cincinnati Calligraphers Guild in 1980. Copperplate Script is Karen’s favorite and most used style.

**ABOUT THE INSTRUCTOR:**

Willie Evans is an artist and framer and the owner of Art Expectations, Ltd., custom wall art designs for commercial and residential.

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**GET AHEAD NEXT WEEK:**

**Call (513) 556-6932 or visit communiversity.uc.edu**

**and @UCContinuingEd**
INTRO TO INDUSTRIAL SEWING
Join us for a one day class, perfect if you have some sewing experience and want to broaden your skill set. In this class, you will learn the concepts of industrial versus domestic sewing, why these are vastly different, and when to know you need one versus the other. You will learn how to use a straight stitch and zig zag machine, a three-thread serger, and iron. You will create a pillow with zipper which you will take home. This class regularly sells out, so register early!

Two sessions (choose one) / $129
Sat, Apr. 11 10-2pm Madeleine Tepe Misleh
Sat, Jun. 13 10-2pm Madeleine Tepe Misleh

MAKE AND DO MEND
Make Do and Mend is a crash course in sustaining your current closet and truly loving your clothes. Taking care of garments is a deliberate counter to mainstream overconsumption practices, in that sense mending is a radical action. You’ll learn how to patch that tear in your jeans and sew that button back on your shirt. Students will get a brief history of mending along with inspiration from local tailors to fine artists. They will also make their own references for hand sewing and patching techniques. Reclaim your closet as you explore visual opportunities for self-expression through mending.

One session / $45
Sat, May 9 10am-1pm Taylor Stewart

CROCHET FOR BEGINNERS
Have you always wanted to learn to crochet, but weren’t sure where to start? Do patterns and patterns charts overwhelm you? Come receive personal instruction from Camielle Howard, owner of Cam’s Crochet. You will learn about types of yarn and hooks as well as beginner stitches that will enable you to complete your first project, a warm hat just in time for winter!

Six-week session / $139
W, Apr. 2 - May 7 6:30-8:30pm Camielle Howard
M, Apr. 5-May 3 6-7pm Mimi fancy

INTRODUCTION TO FRAME LOOM WEAVING
If you are new to weaving, you’re in the right spot! In this 6-week class you’ll explore weaving timne, shape and texture. We will create our own frame looms, and weave samples of basic tapestry tech-niques to build up your weaving vocabulary. This class is great for beginners and fiber enthusiasts alike!

Six-week session / $139
M, Apr. 6-May 11 6:30-8:30pm Abigail Schnure

GROCERY STORE FLORALS SPRING EDITION:
SUSTAINABLE FLORISTRY IN STYLE
Savor spring with this two-hour floral design workshop with Evelyn Streeter of Eve Floral Co. Create a unique, one of a kind floral ar-rangement using foraged and found materials and grocery store blooms with a seasonal palette and a focus on designing with sustainability. You won’t want to miss out on these tips and tricks to design like the pros! This workshop is open to any and all flower lovers with no experience necessary where all tools and materials are provided. Come solo or grab a friend or two. Class size is lim-ited to 15 people for a more intimate, personalized experience.

One session / $59
W, Jun. 3 6:30-8pm Evelyn Streeter

INTRODUCTION TO FRAME LOOM WEAVING
If you are new to weaving, you’re in the right spot! In this 6-week class you’ll explore weaving timne, shape and texture. We will create our own frame looms, and weave samples of basic tapestry tech-niques to build up your weaving vocabulary. This class is great for beginners and fiber enthusiasts alike!

Six-week session / $139
M, Apr. 6-May 11 6:30-8:30pm Abigail Schnure

ABOUT THE INSTRUCTOR
Debbie Schmitz is a professional photographer specializing in commer-cial, portraiture, and fine art images.

“John is an excellent instructor. My favorite class yet!”
- Cyndi Steinbis
INTRODUCTION TO WIRE JEWELRY MAKING
In this course, you will learn incredible jewelry making and beading techniques! Prompted by simple, step-by-step wire working instructions, you will learn wire wrapping techniques such as simple loops, wire wrapped links and wire wrapped pendants. You will walk away with our own personalized set of earrings or bracelet.

PIANO BASICS I
Using the “Musical Moments, Book One,” we will learn to read music and play by chords. No previous musical experience needed. Your success is attributed to the comfortable pacing and logical sequencing of the materials. We will meet in a state-of-the-art piano facility; each piano has headphones. You will progress with the aid of some home practice, but it is understood you are busy—this is a guilt-free class. You may repeat this course as many times as desired.

PIANO BASICS II
We will continue and finish the “Musical Moments, Book One.” Additional pap chord charts and reading will be supplemented. We will meet in a state-of-the-art piano facility; each piano has headphones. You will progress with the aid of some home practice, but it is understood you are busy—this is a guilt-free class. You may repeat this course as many times as desired.

UKULELE FOR BEGINNERS
Ukuleles aren’t just for luaus! After mastering the fundamentals (tuning, holding and finger placement), we’ll focus on really getting comfortable with your instrument. Watch, listen, and play along as you build on the basics of chords, strumming, playing up the neck, and trying out some variations and tempos. No musical experience needed. Bring your ukulele and let’s make some music.

GUITAR FOR BEGINNERS
Explore varying styles of music as you conquer the fundamentals of guitar technique, reading music, and chord study in a group setting. Increase your enjoyment of playing as you establish proper playing techniques. Bring an acoustic (not electric) guitar to all classes and find out that anyone can read music and anyone can play!

Six-week session / $169
Tu, Apr. 7-May 12 7:30-8:30pm Kevin Topmiller
Bring your guitar, plus text “The FJH Young Beginner Guitar Method: Lesson Book 1” (G1016 - CD not required) available from UC or DuBro Bookstores plus online booksellers.

UKULELE FOR BEGINNERS
Ukuleles aren’t just for luaus! After mastering the fundamentals (tuning, holding and finger placement), we’ll focus on really getting comfortable with your instrument. Watch, listen, and play along as you build on the basics of chords, strumming, playing up the neck, and trying out some variations and tempos. No musical experience needed. Bring your ukulele and let’s make some music.

Six-week session / $169
Tu, Apr. 7-May 12 6:30-7:30pm Kevin Topmiller
Please bring your own ukulele (soprano, concert, or tenor (no baritone) plus text for Hal Leonard Ukulele Method Book 1 with audio CD.

COMING THIS SUMMER!
SUMMER KIDS PROGRAMS
Now your children can enjoy new learning experiences at UC Communiversity! We’re tailoring a series of our current classes just for kids!

Classes will be taught by our instructors and take place during the afternoon. This will be a great way to fill your children’s summer with the love of learning, and parents are welcome to partake, too!

Photography / Guitar and Ukulele / Cooking / Dance / Golf / and more.

Check the summer catalog coming out in August!
ITALIAN FOR BEGINNERS
Learn to communicate in this beautiful, musical language. You’ll acquire the basics of pronunciation, vocabulary, grammar and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation, plus special expressions for travelers. Cultural travel tips will also be discussed.

Seven-week session / $189
M, Apr. 13-Jun. 1 6:30-8:30pm Antonio Iemmola

SPANISH FOR BEGINNERS
Spanish for Beginners is a class designed to build a basic working knowledge of the Spanish language through various readings, speaking activities, videos, and cultural readings. Students will learn the foundations of Spanish grammar, allowing for basic conversations in Spanish-speaking countries, and acquire the cultural understanding of the countries where Spanish is spoken.

Seven-week session / $189
Check website for dates.

SPANISH FOR ADVANCED BEGINNERS
The Spanish course for advanced beginners will offer the students the opportunity to exchange information with basic questions and answers. In addition, the students will learn more vocabulary and can practice them with exercises in real everyday contexts. Students will work to improve their reading, listening, writing and oral comprehension skills. We will aim to study concepts of a higher degree of difficulty of the grammar such as the different conjugations of the verbs (-ar, -er and –ir) in the present (regular and irregular).

Seven-week session / $189
Check website for dates.

SPANISH FOR MEDICAL PROFESSIONALS
Are you frustrated by the communication gap that can occur between you and your Spanish-speaking patients? If you answered yes, this Spanish class - designed specifically for healthcare professionals - will help you bridge that gap. You will practice the basic, practical language skills needed to effectively communicate with your Spanish-speaking patients and their families. You will learn the basics of the language, gain an understanding of pronunciation, and know how to ask the questions crucial to quality healthcare.

Two-month online session / $290
M, Apr. 6-May 29 Cristina Sempé

GERMAN FOR ADVANCED BEGINNERS
Already familiar with the basics of German or looking for a language refresher? Sehr gut! This course focuses on travel and conversational language refresher! This course will teach you the basic Spanish phrases you need for conversations in Spanish-speaking countries, and acquire the cultural understanding of the countries where Spanish is spoken.

Six-week session / $189
W, Apr. 1-May 6 6:30-8:30pm Michael Burkel

BASIC CHINESE
This course will focus on speaking and listening to basic Mandarin Chinese with instructions on speaking with the correct tones. Students will begin with a basic understanding of the language and gradually increase their ability to converse with native speakers. Students will learn how to engage in conversation for travel, meeting new people, building relationships, personal accomplishment, and increase cognitive abilities not found in the study of any other languages.

Seven-week session / $189
M, May 18-Jun. 29 6:30-8:30pm Leanna Lee

ESL INTEGRATED ENGLISH CLASS
Do you want to improve your English skills? This 8 week class is for anyone whose first language is not English. We will study grammar, vocabulary, reading, listening, speaking writing, idioms, and colloquialisms. This class will focus on advanced beginner and intermediate skills. This class is for people who have CEFR Levels A2, B1 or law B2. (Here’s a link for a free test to determine your CEFR level https://www.languagelevel.com/)
In this class, we will use three textbooks, please purchase these books before the first class meeting, we will use the books in class.

Eight-week session / $199
T, Apr. 7-May 26 6:30-8:30 pm Jennifer Webbe

WHAT YOU NEED TO DO TO GET YOUR MANUSCRIPT READY TO PUBLISH
Before you submit your manuscript to an editor, you need to take this class! We will cover the necessity of revision and decisions that must be made from getting an idea to the end of the first draft. You will learn basic self-edits and address common writing flaws. You will identify the impact these flaws have on the writer, the publisher, and your manuscript. You will also learn strategies to address general issues, like, when and what to revise; copy edits; and macro and micro content issues.

Four-week session / $119
Tu, May 5-May 26 6-8pm Victoria Ryan

ADVANCED CONTENT REVISION: SCENE WRITING
This class covers the critical importance of scene revision and questions that must be considered after the first draft until your book is on the store shelf. You will review the critical importance of scenes – what all scenes need and how to ensure that they have it. We will discuss basic scene requirements, two-scene design, scene charts, pacing, frequency and other strategies to plan, write and revise your fiction; and you will learn to apply them to your own writing. Whether you have finished your first draft, are stuck on your tenth rewrite or haven’t yet written a word, this class will strengthen your manuscript!

Four-week session / $119
Tu, Jun. 23-30 6-8pm Victoria Ryan

CREATIVE WRITING FOR THE ABSOLUTE BEGINNER
How often have you told yourself “I really should write that short story, or that book,” but you didn’t know how to begin? This course will teach you everything you need to know to get you started writing. We will cover character, plot, setting and a range of skills and useful techniques designed specifically for the novice writer.

Five-week session / $199
M, May 11-Jun. 8 6:30-8:30pm John Kachuba
No class on 5/25

THE UNIQUE ART OF HUMOR WRITING
Humor is a wonder, and writing to bring smiles to the faces of your readers can be wonderful. But humor can also be used in different ways to evoke emotions in readers that may not seem “knee-slap- ping funny,” but add depth to your writing. Humor is a many-colored beast and this workshop will help you understand its ways.

Two-week session / $99
Tu, May 5-May 12 6:30-8:30pm John Kachuba

ABOUT THE INSTRUCTOR
John Kachuba is the author of twelve books, including the best-selling How to Write Funny, and numerous articles and short stories. He has taught Creative Writing through Ohio University for 17 years and an online Humor Writing course through Gotham Writers Workshop for 20 years. Among his many awards are the Thürber Treat Humor Writing Prize and the Top 20 Royal Nonesuch Humor Writing Award.

“...I love Evelyn’s energy and her instruction. I’ve been to multiple classes and they are always great!” — Harrison, Galentine’s Day Floral Class

COMUNICATIONS & WRITING

THE TREAT HUMOR WRITING PRIZE
Submit your best humorous essay, story, or that book,” but you didn’t know how to begin? This course will teach you everything you need to know to get you started writing. We will cover character, plot, setting and a range of skills and useful techniques designed specifically for the novice writer.

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No class on 5/25

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COMMUNICATIONS & WRITING

NEW!

NEW!

NEW!
VISUAL POISE
The secret to high caliber presence is comportment—the founda-
tion on which all good looks depend. It broadcasts your back-
ground and self-esteem. How you carry yourself tells the world
about you, the company you represent, and the product or service
you are selling. When you stand, walk, and move smoothly, you
look more attractive. Your body looks its best, clothes fit better,
and you seem more intelligent and energetic. Good Posture makes
you appear healthy and happy. In this two-hour workshop, we will
focus on the principles of superb comportment, body language,
facial expressions, and mannerisms.

One session / $35
W, Apr. 15 6:30-8:30pm Janice Ash

SPRING CLEANING FOR THE MIND, BODY, AND SOUL!
Spring cleaning is not just for your house or your garage. It’s for
YOU! Winter can leave you feeling heavier, more tired, unfocused,
run down, and with drier skin and a little more around the middle
than you might want. How is the perfect time for a spring clean-
ing for your body and your mind! In this class, you’ll learn how to
gently cleanse and detoxify your body, how to heal your gut system,
and how foods will serve you the best and how to create the healthy
mindset and practical habits you need to start sleeping better, lose
the extra weight or bloat, have more energy, and to think with clarity.

One session / $35
W, Apr. 8 6:30-8:30pm Karen Aerts

I WAS LOOKING FOR THAT! HOW TO DECLUTTER,
ORGANIZE AND EASILY STAY THAT WAY
Are you having problems with clutter and disorganization? Do you
dread the thought of someone coming into your home? Do you
have multiples of items because you can’t find what you’re looking
for? Throughout this 6-week class, you will learn time-tested
methods to move from a clutter afflicted life towards one that feels
good and works better. Based on general and individualized infor-
mation, each student will be empowered to conquer their messes
and move forward in life. From crammed disorganized closets to
entire homes filled with clutter, you will tackle each area in a positive,
satisfying way. Simple step-by-step guidance, along with individualized
plans, will help you achieve your goal of a welcoming, comfortable
space where everyone knows where the scissors are.

Six-week session / $179
Th, Apr. 2 - May 7 6:30 - 8:30 PM Janice Ash

WHAT’S MY TYPE: THE ENNEAGRAM
The word Enneagram derives from two Greek words “ennea” (nine)
and “gram” (drawing or figure) and refers to the nine points on the
Enneagram diagram. The Enneagram symbol describes nine distinct
but interrelated personality types. The Enneagram shows
nine ways of seeing and experiencing the world as well as the
relationships between personality and psychological development.
It explains underlying motivations, as well as strengths and weak-
nesses in navigating life and relating to others. Understanding
the Enneagram increases emotional and social intelligence, two of the
most important predictors of success and happiness. It is a great
aid in self-understanding and seeing our habits of thinking, feeling
and behaving as well as the underlying motivation. As we become
more aware through self-observation, we are better able to make
empowering conscious choices.

Three-week session / $129
W, May 6-20 6:30-8:30pm Ron Esposito, M.A.

INTRODUCTION TO AYURVEDA: RESTORING YOUR
BODY’S HEALTH AND WELLNESS
Ayurveda translates to the knowledge of life. It is a mechanism
for identifying what may be out of balance within your body and
provides options for treating this imbalance through modalities like
diet, essential oils, and lifestyle choices. The seminar will also speak
to Panchakarma, a process used to cleanse the body of toxic materi-
als left by disease and poor nutrition. Panchakarma is the ultimate
mind-body healing experience for detoxifying the body, strengthen-
ing the immune system, and restoring wellbeing.

One session / FREE  (Registration Required)
Fri, Apr. 24 6:30pm Dr. P. Jayan

FOURTH TELLING
Learn about how anthropologists categorize the wide variety of
fortune-telling (divination) techniques used around the world and
discuss examples from a wide range of cultures, both past and
present. After looking at the many ways that one can accomplish
an act of divination, we will then put our knowledge into practice
by learning how to use at least two fortune-telling methods (tarot
and runes).

One session / $39
Plus $25 payable to instructor in class.
W, May 6 6:30-8:30pm Alica Strauss

PERSONAL DEVELOPMENT

ESSENTIAL MAKE-UP SKILLS: MASTERCLASS
In this class you will learn about different types of makeup prod-
ucts and their uses, how to choose the right products for your skin
and tone, the proper makeup brushes and tools to use, and
how to confidently apply a basic daytime look and how to
convert it to a glamorous evening look in just a few steps — with-
out the sales pitch and the very public department store environ-
ment. Find out what your make-up will do for you, what basics
you really need, how to select and purchase makeup, and how to
handle some of the tools. Explore daytime and evening looks, how
to minimize flaws, and how to take care of your skin.

Two-week session / $75
M, May 11-18 6:30-8:30pm Erica Strayhorn
Plus $5 materials fee for class supplies. Bring in your own make-up
and a small hand mirror—a stand-up one would be ideal.

ALEXANDER’S TECHNIQUE FOR PAIN RELIEF,
POSTURE & PERFORMANCE
Alexander Technique helps people recognize unconscious postural
habits that cause or aggravate common complaints such as back
pain, stiff shoulders or tender joints, and replace them with new
movement patterns based on a better feel for basic principles of
bearing, coordination and postural support. In this 4-week class,
we’ll explore the Technique as it applies to everyday activities such
as sitting, standing, walking, bending and other activities. The class
will leave you feeling lighter, looser, taller and calmer and provide
tools for continued practice and exploration on one’s own.

Four-week session / $119
Tu, Apr. 21-May 12 7-8:30pm Claire Rechnitzer

UNLOCKING THE POWER OF EMOTIONS
This half-day workshop will introduce the concept of Emotional
Intelligence (EI) and relate it directly to your work and personal life.
Before the workshop, you will take the Emotional Quotient Inven-
tory (EQ-i 2.0) assessment. The results of the assessment will be
shared with you in class, and you will be able to understand and
validate their own results. You will learn how to leverage your EI
strengths and identify and manage areas of opportunity, and will
create your own personalized developmental action plans.

One session / $189
Sat, Apr. 18 9am-1pm Karen Weinberg
Before the workshop, you will take the Emotional Quotient Inven-
tory (EQ-i 2.0) assessment.

LIFE IS DIFFICULT: THE BUDDHIST PATH TO THE END
OF SUFFERING
Using the meditation techniques taught by the Buddha 2600 years
ago, we allow the mind to settle into tranquility and the heart to
open. From that still space insights arise into the nature of reality.
We will begin exploration of The Four Noble Truths, focusing on
the first: there is difficulty in life. Chairs and meditation cushions
provided; wear comfortable clothing. No particular belief system
is required—just the desire to experience the clarity and peace that
meditation can bring.

Four-week session / $75
Th, May 14-Jun. 4 7-8:30pm Susanne Noble
Location: Dharma Center of Cincinnati

NEW!
FITNESS & HEALTH

Yoga Basics for Stress Relief

New to yoga? Interested in relieving stress and anxiety? Would you like to increase strength and flexibility? Might you like to experience greater inner peace and improve your mental, physical, and emotional well-being? Then this class is for YOU! Learn foundational yoga postures that assist in enhancing body awareness while accessing the benefits of yoga in a relaxing atmosphere with soothing music. Everyone is welcome! No experience required.

Four-week Class / $49
Eight-week Class / $89 BIGGEST SAVINGS!

Tu or Thu, Apr. 7 - Jul. 23 5:15-6:15pm
Anna Ferguson
Location: World Peace Yoga at 268 Ludlow Ave., Cincinnati

8-week Flex Pass / $49
12-week Flex Pass / $79 BIGGEST SAVINGS!

There is no class May 19, 20, 21

Zumba® Toning

Zumba® Toning combines targeted body-sculpting exercises and high-energy cardio work with Latin-infused Zumba® moves to create a calorie-burning, strength-training dance fitness party. You will learn how to use light weights (1-2 pounds) to tone all your target zones, including arms, abs, glutes and thighs. Sculpt your body naturally while having a total blast. Bring 1-2 pound dumbbells, a mat for floor work, and wear supportive aerobic shoes. We encourage you to enroll through our Fitness Flex (12-Class) Pass or our Fitness Flex (6-Class) Pass.

Twelve-week session / $79
Tu, Apr. 7-Jun. 23 5:35-6:35pm
Pat Woellert

Zumba® Fitness

This unique workout is a “feel-happy” approach to fitness. Its high energy, motivating music and rhythms are a fusion of Latin and international dance themes. Great for the body and great for the mind, this workout combines fast and slow rhythms designed to sculpt the body, burn calories and fat, and tone you up. Bring floor mat and wear supportive aerobic shoes.

Twelve-week session / $79
W, Apr. 8-Jun. 24 5:35-6:35pm
No class 5/20
Pat Woellert

BooT Camp Lite

No fear here - you can do it! This kinder, gentler boot camp is designed to improve your cardiovascular endurance, muscular strength, balance, and flexibility with fun, easy-to-follow drills. Bring a pair of hand held weights suitable to your fitness level, a mat for floor work, and supportive aerobic shoes.

Twelve-week session / $79
Th, Apr. 9-Jun. 25 5:35-6:35pm
Pat Woellert

Shake Up with Belly Dance

Dance your way into shape with this captivating combo of low impact exercise and natural dance that celebrates the personal beauty of all women - of all sizes, all ages. These stretching and swinging movements, electrifying shimmies, and flowing arms are rooted in thousands of years of feminine history. Belly dance promotes flexibility, strength and grace; it helps you unwind and inspires a positive attitude. Learn authentic steps, correct techniques and appealing dance routines. From your fingertips to your toes, and from your head to your heart, this dance will draw you in.

Six-week sessions (choose one) / $79
M, Apr. 6-May 11 6:45-7:45pm
Nanci Glendening
M, Jun 1-July 6:45-7:45pm
Nanci Glendening

Introduction to Urban Farming: Container Gardening

Grow your own! Are you concerned about the quality of your store-bought produce? Have you dreamed of having your own vegetable garden but don’t have a yard? Local urban gardener, Camille Howard, will take you on a journey of growing your own food in containers. In this class, you will create your own organic gardening soil, start plants from seed, and transplant store or nursery seedlings to get an easy head start on your garden. Plus, you will learn where you’re planting will determine what you can plant.

One session / $49
Sat, Apr. 25 10am-1pm
All supplies are included.
Camielle Howard

Discover Plants of Ohio

For those interested in plants and hiking outdoors, we have a great new class for you! In this 4-week workshop, you will learn how to identify wild herbaceous and woody plants and determine which are native to the Cincinnati area and which plants are invasive species. You will observe and draw leaves, flowers, fruits, and other plant parts. You will also understand the terminology involved and how to use botanical keys and other resources to identify plants.

Four-week session / $159
Sat, Apr. 25 10am-1pm
Denis Conover
Locations: UC’s Center for Field Studies, Spring Grove Cemetery, Avon Woods, Bender Mountain Preserve, and the Oxbow Area

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The Keys to Home Ownership: From Start to Finish

Join three local experts as they walk you through the steps of purchasing a home and how to avoid costly mistakes. During this 2-night fact-filled workshop, you will explore essential topics, like how to find the right home and for a price that you can afford, how to navigate financing, “ins” and “outs” of contracts, loan closing procedures, and the fundamentals of the whole house inspection. This class is strictly educational. Products and services will not be sold to you.

Two-week session / $49
Tu, May 5-12 6:30-8:30pm
Guests: Kat Miller and John Cordell

Selling Your Home Fast & For Top Dollar

Invest over 2 hours in learning the ins and outs of how to sell your home and the returns could be enormous. Find out the key points of pricing, marketing, and showing your home to maximum advantage. Learn critical information about state requirements, inspections, documentation and financing. If you do consider listing with an agent, how do you interview and select one? And what’s the #1 most common mistake in selling a house? Come and find out!

One session / $35
Tu, Apr. 7 6:30-8:30pm
Gary Rossoignil

Introduction to Interior Design

Are you a creative person with an eye for design? If so, this course will show you how to transform plain living spaces into beautiful and functional rooms. Interior design takes training as well as talent, and these lessons will give you the know-how you need to design a room from floor to ceiling. You’ll delve into color theory, industry trends, spatial arrangements, floor plans, traditional and modern interior design ideas, and other basics. In addition, you’ll explore a range of careers in interior design and get insider tips for entering this exciting field. As you master design skills step-by-step, you’ll complete your first project: a fully developed room design complete with spatial layout, lighting, and finish selections. Your new knowledge and hands-on practice will give you the confidence you need to start creating beautiful residential interiors for yourself and others.

Six-week online course / $135
Sessions start monthly
Sarah Smallwood

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Sarah Smallwood
FOOD & DRINK

SPECIAL SUMMER SALADS

Hot days are coming and meals without turning on your stove are fantastic for your belly and for your budget. Join Chef Mona Bronson-Fuqua and learn to make meal-worthy salads that are inspired by the popular dish Elote, with cucumber, pineapple and pork, plus Italian greens and beans. Come hungry and be prepared to have fun making these hearty summer salads!

One session / $55

W, May 6 6:30-8:30pm Mona Bronson-Fuqua

SPICY TIMES

There really is more to life than salt and pepper! There’s even more than one kind of these. In this course, you will learn the difference among an herb and a spice, how much to measure dry spices versus fresh ones; which spices go together best and which foods go best with which flavors. You will also learn how to get the best infusion of flavor in your dishes. Join Chef Mona Bronson-Fuqua for two hours where you’ll learn to make your food flavors zing, and explore the spicier side of life!

One session / $55

W, Jun. 10 6:30-8:30pm Mona Bronson-Fuqua

ABOUT THE INSTRUCTOR:

Mona Bronson-Fuqua is CEO and Chef of Je Nais Se Fuqua LLC, a restaurant that serves classic American cuisine with a twist. She also works as a private chef, catering weekly wine tastings and dinners for visiting vineyard owners and wine makers.

CALL (513) 556-6932 OR VISIT COMMUNITYUNIVERSITY.EDUCOM

LEARN TO MAKE MOZZARELLA CHEESE

This class will teach participants the basics of mozzarella cheese making, experience the actual making of mozzarella cheese (from curds), and enjoy making some classic recipes with the mozzarella cheese made (caprese salad, panini, or pizza).

One session / $55

Th, Apr. 23 6:30-8:30pm Eduardo Rodriguez

LEARN TO MAKE RICOTTA CHEESE

This class will teach participants the basics of ricotta cheese making (natural way), experience the actual making of ricotta cheese (the natural way), and enjoy making some classic recipes with the ricotta cheese made (herbed spreads, stuffed pasta or pastries).

One session / $55

Th, May 14 6:30-8:30pm Eduardo Rodriguez

DATE NIGHT: THE PERFECT PICNIC

Friday night date night with the Jaded Fork! We will show you how to elevate your picnic to new heights; in this class you and someone special will prepare and customize a 3-course meal that will travel home! Guests will be guided through several hands-on food stations to help prepare the best picnic foods to fill your basket with. You’ll also get the chance to roll up some biscuit sticky buns that you’ll customize with toasted nuts, dried fruits and unique ings.

One session / $75 (for two people)

W, May 6 6:30-8:30pm Mona Bronson-Fuqua

COOKING WITH YOUR KIDS

Join Chef Mona and her son Taye (who really knows his way around a kitchen) for a parent and child cooking class. You will have a lot of fun making a one pot dish and a sweet treat. Enjoy pasta with a nut or soy butter twist along with a quick fruit coconut milk ice cream.

One session / $75 (for two people)

Th, Jun. 11 6:30-8:30pm Mona Bronson-Fuqua

MEAL PREP FOR YOUR HEALTHY VACATION

When traveling you may feel like healthy eating has to go out the window. In this travel meal prep course, you’ll learn some helpful tips and tricks to make healthy choices while on vacation, traveling for work, or on a road trip. Plus, you’ll receive a download of Amanda’s meal prep basics cookbook.

One session / $39

M, May 4 6:30-8:30pm Amanda Loy

FOOD & DRINK

THE BASICS & ORIGINS OF CHEESE: TASTING CLASS

This class will teach participants the basics of cheese making, the origins of cheese over 6,000 years, and the culture of the diverse families of cheese with some tasty pairing tips. Participants will enjoy diverse cheeses and pairings.

One session / $55

Th, Jun. 18 6:30-8:30pm Eduardo Rodriguez

ABOUT THE INSTRUCTOR:

Eduardo Rodriguez is a Master Artisan Cheese maker and owner of My Artisano Foods with a passion to share natural, healthy food.

SCOTLAND & WHISKY: A GUIDED TASTING WITH THE SCOTCH GUY

A comprehensive educational and entertaining class exploring Scotch whisky covering the history, culture, production methods, and flavor profiles of the whisky category. Five classic whiskies will be sampled, representing regional and production styles.

One session / $55

F, Apr. 17 6:30-8:30pm Stuart Maclean Ramsay

CINCINNATI BEER

“Cincinnati Beer” is a wild ride through the evolution of the region’s brewing history, starting with the city’s early pioneers, covering the German lager era that made Cincinnati internationally renowned, through Prohibition and the breweries that rose and fell afterward, and exploring the craft beer renaissance of the past decade. Along the way, we explore how scientific breakthroughs, social change, immigration patterns, WWII and 20th Century marketing campaigns all changed our relationship with beer — as well as changing beer itself.

One session / $39

Th, May 15, 6:30-8pm Michael Morgan

Register two people for only $125

Sat, May 9 11am-1pm The Jaded Fork

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PRE-MOTHER’S DAY BRUNCH

Join the Jaded Fork as they guide you through several food stations to help you prepare for your Mother’s Day brunch experience. Guests will get to create their own tasty meals to take home and cook off on Mother’s Day!

First, coffee and mimosas will be served! Then, as you enjoy eating a freshly backed frittata, fresh fruit yogurt parfaits, bacon and breakfast sausages, you’ll create your own take to home. You’ll also get the chance to roll up some biscuit sticky buns that you’ll customize with toasted nuts, dried fruits and unique ings.

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Guests will be able to enjoy craft beer and wine, while getting to try some of the Jaded Fork’s favorite picnic bites. Each guests will get to participate in preparation of a homemade summer salad, creamy dressings, tasty vinaigrettes, fresh baked bread and roast chicken sandwiches along with sugar cookie lemon crème pies.

Register two people for only $149

Fri, Jun. 12 6:30-8:30pm The Jaded Fork

ABOUT THE INSTRUCTOR:

Chef and owner of The Jaded Fork, Lindsay Cook holds an Associate degree in Culinary Arts, a Bachelor’s in Food and Beverage management, and Masters in Business Management. She started as a consultant for restaurateurs, as well as several small bars and cafes. She also worked as a private chef, catering weekly wine tastings and dinners for visiting vineyard owners and wine makers.

Call (513) 556-6932 or visit communityuniversity.educom

FITNESS & HEALTH

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FITNESS & HEALTH

Stuart Maclean Ramsay

Great class with
ASTRONOMY & SCIENCE

BEHIND THE SCENES AT THE OBSERVATORY
Look to the heavens through the oldest continuously used telescope in the world; explore the depths of the 1873 observatory including its attic and basement; and learn why President Adams laid the observatory’s original cornerstone in 1843. Hear the fascinating history of the founding of the observatory; investigate how the 19th century astronomers determined time for the city of Cincinnati; discover why the observatory was designated a National Historic Landmark; and find out what is in store for the future. The Moon will be viewed through the telescope following the program, weather permitting.

One session / $99

W, May 27 7-9pm
Location: Cincinnati Observatory Center
Craig Niemeyer

SPRING FIELD ORNITHOLOGY
Have you always wanted to study birds? The course will involve an overview of the biology of birds and local bird identification. Our professional ornithologist has over 37 years of research in avian migration, and he will cover topics such as bird anatomy & physiology, evolution, relationships with other birds, ecology and conservation. You will explore bird biology predominantly through interactive field labs to prepare you for new bird watching experiences.

Four-week session / $199

W, May 6-May 27 8 am-2 pm
Ronald Canterbury
Locations: UC Center for Field Studies, Miami Whitewater. Students must bring their own binoculars and a notebook.

SPACEBALLS
How would a home run look on Mars? Could you hit a baseball off the Moon? Answering these questions requires knowledge of physics, mathematics, and planetary science, but it’s not as hard as one might think. With the right information, anyone can figure it out! If the sky is clear, we will also gaze through the best telescope in town.

One session / $99

Tu, Apr. 21 7-9pm
Location: Cincinnati Observatory Center
Aron Eiben

STARGAZING 101
What’s that bright light in the sky? Is it a star or a planet – or something else? This beginner class will teach you all the tips and tricks to identifying the major stars, constellations and constellations of the season and well as train you to look at the Moon and planets.

If it is clear that night we will also head outside to see the real sky and look through the historic telescopes at the Cincinnati Observatory.

One session / $99

Tu, Jun. 2 8-10pm
Location: Cincinnati Observatory Center
Dean Regas

Calls (513) 556-6932 or visit communiversity.uc.edu

ASTROLOGY 101
Learn how to create your own birth chart, a horoscope based on your moment of birth, and explore what it means. In this class, you will learn about the history of Western astrology and how it has changed over time, you’ll use simplified methods to cast your own horoscope, and explore what insights the positions of the planets and stars in the sky at the time of your birth provide.

One session / $39

W, May 6 6:30-8:30pm
Alisa Strauss
Please bring pen and pencil to write with, extra paper to jot down notes, and your date, time, and location of birth (the more accurate the birth info, the more accurate your horoscope).

GET GOLF READY
Don’t want to be left out of the golf outing again this year? Just want to feel more at ease playing with friends? This class is designed to prepare new or beginner golfers to feel comfortable with the fundamentals of the game. Topics will include putting, chipping, pitching, and the full swing with irons and woods. We will also cover basic rules and etiquette with one on-course playing class to make you more confident in taking your game to the golf course. Bring your own clubs if you can; if not, equipment will be provided.

Five-week session / $110

W, Apr. 1-Apr. 29 10:30-11:30am
W, Apr. 15-May 13 6:15-7:15pm
Th, May 21-Jun. 18 6:45-7:45pm

GET GOLF READY II
Instruction will focus on refinement of strokes and strategy in the areas of driving, long and short iron play, and putting. It is designed for golfers beyond the beginner level who want to improve their game.

Five-week session / $110

Th, Apr. 5-May 7 6:15-7:15pm
Sat, Apr. 11-May 9 9-10am
Sat, May 16-Jun. 13 10:30-11:30am
W, May 20-Jun. 17 6:15-7:15pm

GET GOLF READY III
This class is designed for intermediate golfers that have been through our beginners class or intermediate class. The instructor will let you choose the 5 topics. He does require one week of full swing so he can utilize video analysis.

Five-week session / $110

M, Apr. 13-May 11 6:45-7:45pm
Sat, May 16-Jun. 13 9-10am

GOLF FORE WOMEN
These beginner ladies-only classes are designed to give you the skills and knowledge to play the game with your friends while making new friends. Golf Fore Women will give you the comfort of learning this difficult game in a low pressure fun atmosphere! Topics include etiquette, short game, and the full swing.

Five-week session / $110

Sat, Apr. 11-May 9 12:30-1:30pm
M, Apr. 13-May 11 5:15-6:15pm
Th, May 21-Jun. 18 5:15-6:15pm

BEGINNERS JUNIOR CAMP
This four-day camp is for golfers ages 7-17 with little-to-no golf experience. Students have fun while learning the basic fundamentals of golf, including swing techniques for a variety of shots, course management, rules and etiquette. This is a great opportunity to see if your child sparks an interest in the game.

Four-day session / $110

Jun, 9-12 10:45am-12pm

INTERMEDIATE JUNIOR CAMP
This four-day camp is a great way to develop the skills of intermediate and advanced young golfers ages 7-17. PGA instructors use fun to build skills in all aspects of the game. A friendly competition will cap off the final day of camp.

Four-day session / $110

Jun, 16-Jun. 19 10:45am-12pm

SPORTS

Location: 11355 Swing Rd, Cincinnati

All classes are held at Sharon Woods Golf Course and taught by PGA professional instructors. Fees include all range balls. Bring your own clubs if you can; if not, equipment will be provided.

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Five-week session / $110

Th, Apr. 5-May 7 6:15-7:15pm
Sat, Apr. 11-May 9 9-10am
Sat, May 16-Jun. 13 10:30-11:30am
W, May 20-Jun. 17 6:15-7:15pm

GET GOLF READY III
This class is designed for intermediate golfers that have been through our beginners class or intermediate class. The instructor will let you choose the 5 topics. He does require one week of full swing so he can utilize video analysis.

Five-week session / $110

M, Apr. 13-May 11 6:45-7:45pm
Sat, May 16-Jun. 13 9-10am
This is an enjoyable way to get in shape and stay in shape! You are ready for this experience if you have had some previous instruction or if you can hit ground strokes and serves in play from the baseline with reasonable success. You’ll have the chance to work on strokes with movement, rally skills, overheads, and volleys. And for those who are ready, you may practice getting that first serve in, adding spin, net play, strategy, and control.

Location: Eastern Hills Indoor Tennis, 669 Wilmer Ave.
Register early! These classes sell out fast!

**BUSINESS & CAREER**

**GETTING STARTED IN VOICE ACTING**

This fun and empowering two-hour Introductory Class covers the different types of voiceovers and what tools are needed in order to find success in the industry. You’ll be coached as you perform a real voiceover script and be recorded so that you can receive a professional voiceover evaluation later. For ages 18 and over. Taught by a professional voice actor from the Voice Acting Training Company, Voices For All.

Fun, one-on-one, video chat class to get started in Professional Voice Acting, covering some of the many details of the industry. Receive professional voice evaluation. For ages 18 and over. The online format may be through Chat, Skype or by phone (your choice). Check out the video at voicesforall.com get a better sense of how the class works.

One session / $49
Schedule with instructor Leah Frederick

**STOCKS, BONDS AND INVESTING, OH MY!**

Looking for a good solid class in the basics of stocks, bonds, finance, and investing? This enjoyable class walks you through the fundamentals of investing. The course will not only teach you about the stock markets, 401K plans and retirement, but it will also address personal financial issues that are often ignored, but absolutely essential, to your success as an investor. Each lesson explains these concepts in detail, so you understand how and why things work in the investment world. Provide yourself with the independence and confidence you need to make your own investment decisions.

Six-week online course / $129

**INTRODUCTION TO STOCK OPTIONS**

You’ll learn how to evaluate, buy, sell, and profit from stocks, this course is for you. You will begin by examining the origin of stock options and learn the real rules involved. Then, you will identify the jargon, symbols, and other peculiarities of options in a way that’s easy to understand. You will explore exchange-traded funds (ETFs), which offer exciting option investments you may eventually consider. This course will give you a look under the hood of option pricing so you understand what contributes to option value. You will understand why some options are overpriced and some are underpriced. Above all, you will learn how to protect your portfolio and profit in a down market, an up market, or even a flat market.

**FINANCIAL STRATEGIES 101**

Many people start a portfolio without professional advice. They don’t coordinate their goals and don’t know how to stay on track. Debt, inflation, procrastination and a lack of focus are symptoms of poor financial management that can derail the best of your intentions. In this class, you will learn to get started on a smart financial management track by: setting goals, paying yourself first, keeping emergency reserves, and using company retirement plans.

One session / $35

**THE COMPLETE FINANCIAL MANAGEMENT WORKSHOP**

This comprehensive workshop is well-suited for working individuals who need to make sound financial decisions to help protect their families and their assets. You will receive effective instruction on concepts and strategies, including insurance and investment products, and a 164-page workbook that contains current information about financial concepts and tools. The time-tested financial principles presented to you can be applied to a variety of financial situations and address real-life concerns, providing tools that will last you a lifetime. Your instructor is a practicing financial professional who conducts educational workshops to help people see clear of common roadblocks to financial success.

Three-week session / $59

**ABOUT THE INSTRUCTOR**

Matt Crabtree is a Certified Financial Planner ™. His natural aptitude for explaining his material in an easy-to-understand and enjoyable manner allows each student to gain insights into areas that are often considered challenging.

“Glynnis was wonderfully thorough, and the information was pleasantly delivered.”  
-Jim Currie, Estate Planning
The Six Sigma methodology is a data-driven approach to removing defects and improving processes at any organization. As a Six Sigma Black Belt, you will be responsible for initiating projects and applying the elements and methods of Six Sigma. Understand how a vast body of knowledge relates to the DMAIC (define, measure, analyze, improve, and control) model. Determine the relationship of basic features, and are used to develop a two-way communication and marketing strategy for your organization. Get a skill set for very different social media platforms. Then find out what you can be doing, what you should be doing, and take back a plan to integrate social networks into your communication and marketing. You will get a firm foundation in Twitter, LinkedIn, and Facebook platforms. Come away with both an understanding of these social networks and practical, how-to techniques to integrate social networks into your organization or business. Your instructors are outstanding practitioners who also speak, write, and train others on social networks.

### Sessions start monthly

**Tony Swaim**

Three-month online certificate / $495

Check our website for dates/times

Dr. Jennifer Selke

### INSTAGRAM FOR BUSINESS

With over 100 million users, Instagram is a marketing gold mine. Discover ways to grow your audience and engage your customers. Learn how to make Instagram work for you, how to make and keep your followers happy and how a small investment can yield exponential growth.

**Sessions start monthly**

**Nicole Siscarett**

One-month online certificate / $129

Check our website for dates/times

Nico Siscarett

### ACCOUNTING FUNDAMENTALS SERIES

Whether you’re a sole proprietor looking to manage your business finances or you simply want to gain an understanding of accounting basics for career advancement or for personal use, the courses in this bundle will give you a solid foundation in financial matters. If you’re interested in increasing your financial awareness while also gaining a marketable skill, this series of courses is perfect for you.

**Twelve-week online course / $219**

Sessions start monthly

**Charlene Messier**

### MANAGING SOCIAL MEDIA PLATFORMS

Different social networks have distinct characteristics, different features, and are used to develop a two-way communication and marketing strategy for your organization. Get a skill set for very different social media platforms. Then find out what you can be doing, what you should be doing, and take back a plan to integrate social networks into your communication and marketing. You will get a firm foundation in Twitter, LinkedIn, and Facebook platforms. Come away with both an understanding of these social networks and practical, how-to techniques to integrate social networks into your organization or business. Your instructors are outstanding practitioners who also speak, write, and train others on social networks.

**Three-month online certificate / $495**

Check our website for dates/times

**Michael Weiss**

### NEGOTIATION: GET WHAT YOU WANT

Negotiation is a key skill for success in business and everyday life. Knowing strategies to clarify what you want and how to prioritize needs will ensure you get more of what’s essential. Having the skills to help others get what they want will improve relationships and increase your odds of success in the future. Work with a pro to learn how to plan, implement and win in the bargaining process. Save time, grow your business network and gain confidence when dealing with even the shrewdest of deal-makers. Invest in these skills now and reap a lifetime of rewards.

**One-month online session / $195**

Check our website for dates

**Instructor: Sally Klauss**

### INDIRECT MARKETING: THE SOLUTION FOR TODAY’S BUSY ADULT

Each course comes equipped with a knowledgeable and caring instructor, lively discussions with your fellow students and practical information that you can put to immediate use.

**Online courses at communiversity.uc.edu**

### PROFESSIONAL DEVELOPMENT

### LEADERSHIP

Leadership skills can help you gain the respect and admiration of others while also allowing you to enjoy success in your career and more control over your destiny. Contrary to popular belief, leadership skills can be learned and developed. Even if you don’t hold a leadership position, this course will teach you how to use the principles of great leaders to achieve success in almost every aspect of your daily life.

**Six-week online course / $129**

Sessions start Apr. 15 or May 13

**Instructor: Sally Krauss**

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**One-month online session / $195**

Check our website for dates

**Instructor: Sally Klauss**

### INDIVIDUAL EXCELLENCE

Personal development is key to success in and out of the workplace. You can develop career-enhancing skills in a single course that covers twelve popular one-day seminar topics, including goal setting, time management, and personal organization. You will learn how to improve your creative abilities, gain confidence with financial matters, and how to minimize conflict in your life. By the time you finish this course, you will have developed a fulfilling career plan and will hold the skills to improve your interpersonal relationships.

**Six-week online course / $129**

Sessions start Apr. 15 or May 13

**Becky Swaim**

### CONFLICT MANAGEMENT

A recent study conducted by the American Management Association (AMA) revealed that the average manager spends more than 20 percent of their day engaged in or reacting to a conflict situation. This study also identified that out of twenty-five management skills, conflict management was the only one positively correlated to higher earnings and promotion. Discover a workable conflict management model, discuss case studies in conflict management, and then take away successful conflict management strategies to apply in your workplace.

**One-month online course / $245**

Sessions start monthly

**Sally Krauss**

### THE SOCIAL DANCE OF ARGENTINE TANGO

Learn the basics of Argentine tango. You’ll enjoy the wonderful music of great orchestras while you learn to navigate the social dance floor. For the last class we will create a milonga (the place where dancers dance) that emulates what you would find if you went out dancing in Buenos Aires!

**Six-week online course / $129**

Sessions start Apr. 15 or May 13

**Instructor: Lynne Morton**

ARE YOU AN OHIO EMPLOYER LOOKING TO UPSKILL YOUR WORKFORCE?

Communiversity provides industry-recognized certification training for your employees and Ohio Means Jobs may reimburse you.

CompTIA / Adobe Certified / Microsoft Office Specialist / Cisco CCNA / Android App Developer AutoCAD User / AWS Certified SysOps and many more.

Through Ohio’s TechCred Program employers can be reimbursed up to $2,000 per credential when their current or prospective employees complete industry-recognized training.

For more information visit uc.edu/ce/professional_development or call 513-556-4354.

### INBOUND MARKETING

Inbound marketing is a way to help potential customers find you through organic search. It is a process of using your website in a way that attracts visitors naturally through search engines, the blogosphere, and social media. Inbound marketing is more effective than outbound marketing, where you push sales messages to your potential customers. Inbound marketing is the future of the way we market in the 21st century. Discover how to attract customers to your site, what kind of content to share with them, how to use landing pages and forms to collect names and email addresses, and how to implement lead-nurturing campaigns that result in sales.

**Three-month online certificate / $495**

Refer to website for dates/times

Dan Bethavans, Susan Hurrell & Michael Weiss

### CAMBRIDGE UNIVERSITY

You'll enjoy the wonderful music of great orchestras while you learn to navigate the social dance floor. For the last class we will create a milonga (the place where dancers dance) that emulates what you would find if you went out dancing in Buenos Aires!

**See page 11 for course date / time**

### SPOTLIGHT CLASS

### THE SOCIAL DANCE OF ARGENTINE TANGO

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TECHNOLOGY

UNDERSTANDING THE CLOUD

What is the cloud? If you have trouble answering this question, you are not alone. In this course, you will explore how the cloud works, what drives its incredible growth, and how you can use cloud services. You will start by looking at the building blocks of the cloud where it started, and how it has evolved. You will gain a clear understanding of IaaS (infrastructure), SaaS (software), and PaaS (platforms), and examine why each may be attractive to some businesses, but not to others. You will learn about the different kinds of clouds (public, private, and hybrid). You will also look inside the engine rooms of the cloud: data centers. You will examine the concept of big data and how the cloud infrastructure enables data to zip across the globe at lightning speed. You will look at how Facebook and Twitter contribute to the cloud, and how apps go from idea to app store. You will gain an understanding of how mobile devices and major mobile ecosystems continue to shape the cloud. Whatever your technical background, by the end of this course, you will be thoroughly cloud-savvy.

Six-week online course / $139
Sessions start monthly  David Iseminger

COMPTIA™ A+ CERTIFICATION TRAINING

CompTIA A+ Certification is vendor neutral and internationally recognized, giving you a competitive advantage no matter what country you’re working in and what hardware you’re working with. This course will prepare you for CompTIA A+ certification. You can earn this certification after you pass two exams. The CompTIA A+ Certification Exam 220-1001, covers mobile devices, networking technology, hardware, virtualization and cloud computing and network troubleshooting. The CompTIA A+ Certification Exam 220-1002 covers installing and configuring operating systems, expanded security, software troubleshooting and operational procedures.

Six-month online course / $1,695
Sessions start monthly  David Grimes

EXIN CLOUD COMPUTING

EXIN Cloud Computing is not only a technical cloud course, but focuses on the business and marketing side of cloud computing as well. These skill-sets are incredible valuable with the cloud market consistently growing by over 10% per year. With this credential you will be well prepared for positions requiring high level cloud technology expertise. By taking this course, you will become proficient in all areas of cloud technology, allowing you to have a significant advantage in the marketplace. This course also prepares you for the EXIN Cloud Computing Foundation Certification exam. Cloud technology has exploded in popularity over the past 5 years, with thousands of businesses adopting this type of infrastructure. Since the adoption of cloud computing has happened so rapidly, with cloud certifications you stand to benefit greatly in marketability for high level positions.

Six-month online course / $695
Sessions start monthly  Dean R. Bushmiller

OMCP® SOCIAL AND MOBILE MARKETING PROFESSIONAL

In this course, you will learn how to build mobile and social marketing campaigns from start to finish. You’ll master the different opportunities available, understand when to use the different channels, and know the best way to reach people on the go. By the time you complete this course, you’ll be fully prepared to further your career as a social media and mobile marketing focused digital marketer. Throughout the course, you will have access to multiple live workshops and forums that will allow you to interact with faculty and other students online.

This course will prepare you for the OMCP® certification exam.

Six-month online course / $1,995
Sessions start monthly  Avinash Kaushik and Bryan Eisenberg

COMPTIA™ CLOUD+ CERTIFICATION TRAINING

The best time to pursue CompTIA Cloud+ training is right now. Cloud computing is a growing field as experts create innovative ways to store, manage, access, and protect some of the world’s most important data. This important industry growth is increasing the demand for professionals with cloud computing skills. Incorporating visual, auditory, and hands-on learning, the course is aligned with the highly regarded CompTIA Cloud+ certification. It includes applied learning activities to ensure you gain a working knowledge of the concepts taught, as well as the ability to implement them in real-life situations. After completing the course, you will be prepared for the CompTIA Cloud+ CV0-002 Certification designation.

This course offers enrollment with or without a voucher. The voucher is prepaid access to sit for the certifying exam upon eligibility.

Six-month online course / $1,495
Sessions start monthly  David Grimes

INTRODUCTION TO SQL

Learn the key concepts of Structured Query Language (SQL) and gain a solid working knowledge of this powerful and universal database programming language. By the end of this course, you’ll have a solid working knowledge of structured query language. You’ll feel confident in your ability to write SQL queries to create tables; retrieve data from single or multiple tables; delete, insert, and update data in a database; and gather significant statistics from data stored in a database.

Six-week online course / $139
Sessions start monthly  Dr. Cecelia Allison

INTRODUCTION TO JAVA PROGRAMMING

Build your knowledge and confidence with easy-to-understand examples and plenty of skill-building exercises. So, whether you just want to try it out to see if you like it or plan on doing more with Java, this is a great place to start! This course uses the latest release of Java, from Oracle, the company that maintains and supports the language. You will also learn how to use BlueJ, a graphical development environment designed especially for students. Both are free open-source products, and you will receive the proper instructions to download them. By the time you’re done, you will be comfortable with Java programming and ready for more!

Six-week online course / $129
Sessions start monthly  Michael Hall

INTRODUCTION TO PYTHON 3 PROGRAMMING

The Python programming language was developed to provide a way to develop code that’s easy to create and understand. While Python contains the same basic structures as other languages, it also offers unique functionality that makes your life as a programmer easier. This course will show you how to create basic programming structures including decisions and loops. Then you will move on to more advanced topics such as object-oriented programming with classes and exceptions. In addition, you will explore unique Python data structures such as tuples and dictionaries. You will even learn how to create Python programs with graphic elements that range from simple circles and squares to graphical user interface (GUI) objects like buttons and labels.

Six-week online course / $129
Sessions start monthly  Mike Orsega

TO EARN YOUR CERTIFICATE:

You can take our online courses and certificates as non-credit, and participate as a top performing student to earn a certificate.

TECHNOLOGY

SPRING CLEANING

Spring cleaning is not just for your house or your garage, it’s for YOU! Now is the perfect time for a spring cleaning for your body and your mind! In this class, you’ll learn practical habits you need to start sleeping better, lose the extra weight or bloat, have more energy, and to think with clarity.

SEE PAGE 14 FOR COURSE DATE / TIME

your input and feedback are important to helping us provide high-quality programming and exceptional instruction. Please complete a class evaluation at: communi

YOUR OPINION MATTERS!
### TEST PREPARATION

<table>
<thead>
<tr>
<th>Test</th>
<th>Description</th>
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<td>If you're planning to apply to graduate school, you'll likely have to take the GRE. Be prepared to excel on the exam while learning from the comfort of your home. Attend two classes a week for a total of 3 hours of live instruction with our expert instructors. This is a comprehensive course which includes reading comprehension, sentence equivalence questions, quantitative comparison and reasoning and data interpretation. You will also gain pointers on time management, anxiety relief, scoring, and evaluate your writing to improve your GRE score.</td>
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<td>UC Law School</td>
<td>Mary Carroll and Alisa Fisher</td>
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<td>LSAT Preparation</td>
<td>The key to success on the Law School Admission Test is practice, strategy, and timing. Delve into a detailed analysis of each LSAT problem type: reading comprehension, analytical reasoning, and logical reasoning. By discussing the problems and explanations, you'll develop the ability to approach the LSAT as a series of intellectual games to which you can apply strategies studied in class. You will also benefit from the instructor's critique of your LSAT writing samples. The course culminates in a full-length mock exam.</td>
<td>Refer to online course description for dates/times.</td>
<td>One four-week sessions / $299</td>
<td>Sara Barry</td>
<td></td>
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<td>TOEFL IBT Preparation Class</td>
<td>The Test of English as a Foreign Language (TOEFL) is used to measure English language proficiency. It is the most accepted test in the world, and Internet-based testing has made it even more accessible. This course will help you prepare to take the TOEFL as you focus on the main features of the test, test-taking strategies, exercises, and practice. We will cover the types of skills evaluated by the various sections of the test, including reading, listening, writing and speaking.</td>
<td>Sat, May 3, 10, 17 &amp; 31 from 3:00-7:00 p.m.</td>
<td>Four-week sessions / $199</td>
<td>UC Law School</td>
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<td>GMAT Preparation</td>
<td>Applying to graduate business and management schools usually means taking the GMAT (Graduate Management Admission Test). This course will provide you with test-taking techniques and methods for improving your score and saving time on all GMAT question types. You'll review the more familiar questions and learn how to approach question types that may be new to you. You will practice on actual GMAT tests from previous years, which is the best way to prepare for any standardized test.</td>
<td>$199 for one session / $339 for four-week sessions</td>
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<td>UC Law School</td>
<td>Jennifer Wiebe</td>
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</tbody>
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### ONLINE COURSE SERIES: Grant Writing

In this bundled series, learn everything you need to know to start writing grant proposals and consult with potential funding sources, organize grant writing campaigns and prepare proposals.

**Advanced Grant Proposal Writing**
- Gain a full understanding of the criteria funders use to evaluate whether your grant proposal gets funded or rejected.

**Becoming a Grant Writing Consultant**
- Increase your income while working from home by starting a grant writing consulting business.

**Career Training Education**
- 3 ONLINE CLASSES FOR ONE DISCOUNT PRICE!
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### TEST PREPARATION

**ACT Preparation**
- Losing sleep and getting anxious about test day? In this intensive class, build confidence and make the most of your potential by studying strategies for taking the ACT and by reviewing topics covered by the ACT (math, writing and reading comprehension). Learn a variety of test taking methods and work with the instructor to adapt the ones that best suit your own unique style and personal strengths. You’ll get support for questions and concerns; plus discussions, PowerPoints, use of TPR materials, and lots of concrete examples. Discover approaches to increase your odds on each question type, how to use a process of elimination, plan your critical reading passage strategy, and learn when it’s good to guess.

**SAT/PSAT Preparation**
- Cram on actual SAT/PSAT tests from previous years, which is the best way to prepare for any standardized test. | Four-week sessions / $199 | Jennifer Wiebe |                   | Mary Carroll and Tim Hicks                      |

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ABOUT COMMUNIVERSITY

Communiversity is part of the University of Cincinnati’s commitment to lifelong learning. Under the banner of Professional and Continuing Education, Communiversity offers non-credit classes focused on personal enrichment. Classes are held in the evening, on weekends and online, and are tailored with the adult learner in mind. We offer endless opportunities for you to develop, grow and learn something new!

REGISTER EARLY FOR THE BEST SELECTION
You can register at any time, up to 24-hours before the class start date. However, some classes have limited enrollment, so register early to get into the classes you want.

100% SATISFACTION GUARANTEE
We are proud of the quality of our programming and our instructors. We want you to love your Communiversity experience, which is why your satisfaction is 100% guaranteed. If you are ever less than completely satisfied with a Communiversity class, we will issue a credit for the registration fee toward a future Communiversity class. Please contact us at ce@uc.edu or (513) 556-6932 within 7 days of completing your class.

CLASS LOCATIONS & PARKING
The majority of our classes are held at UC’s Victory Parkway Campus Administration building with ample free parking in the front lot. If class is being held at another location, it is noted. Addresses/maps for all locations are provided online.

WAIT LISTS
If a class you want is full, you may place yourself on a wait list. If a spot opens in that class, anyone on the wait list will receive an email. We will make every effort to accommodate you.

GROUP DISCOUNTS
Organize a group of 6 or more students and you will receive a discount. All students must participate in the same class and online classes/certificates are excluded. Call 556-6932 for group registration information.

UC FACULTY & STAFF DISCOUNTS
Full-time UC & UC Health employees receive a 50% discount off one class per term. *Online courses/certificates, gift certificates, Food & Drink and Test Preparation classes are excluded from all available discounts. Call 556-6932 to take advantage of this discount.

CLASS CANCELLATIONS
Classes may be cancelled due to insufficient enrollment. Every attempt will be made to contact students by email or telephone and offer alternative accommodations before the class meets.

EMERGENCY CANCELLATIONS
UC Communiversity classes are automatically cancelled when there is a weather or other emergency and when UC Main Campus is closed. Closing notifications will be sent via email. Check your email for a detailed message from our office for school closings.

How Our Online Courses Work:

ABOUT OUR ONLINE LEARNING COURSES
Online learning is a fun, enjoyable and very productive way to learn. Millions of people are learning online each year. You will engage and get to know your instructor and other participants in the class. You may even make friends.

It's easy. It's fun.

ABOUT HOW AN ONLINE COURSE WORKS
It is easy to participate in your online course. After you register, you will be given a web address to go to get into your online classroom. You will use your email address and create a password to gain access.

ACCESS THE COURSE WHEN YOU WANT
You can participate any time of day or evening. The online classroom is open 24 hours a day, 7 days a week. There are no live real-time requirements or meetings.

You decide when you participate. For the best learning, participants should log into the course on 2-3 different days of the week.

HERE'S WHAT YOU'LL DO
For each Unit, you will:
• Access the online readings
• Listen to the audio presentation for the Unit and view the slides
• Take a self-quiz to see how much you have learned
• Engage in written online discussion with your instructor and other participants

The content (readings, audio lectures, slides) and self quizzes are accessible for the entire course, so you can work ahead, or go back and review again, at your convenience.

Communiversity partners with Ed2Go and UdioClass to offer a wide variety of online courses and certificates.

New online registration is easier than ever!

We’ve received a lot of feedback from students about our registration page. In response, we’re launching a whole new class registration site!

What’s new?

Easier log in!
You create your username and password, and you can easily reset your forgotten password.

More search options!
You can search for your favorite classes by term, category, or instructor.

Add guests to your registrations!
Now you can add and checkout friends to attend class with, or give as a gift.

Course bundles and discounts can now all be done online!

Register Early for Best Selection!

ONLINE
Register at communiversity.uc.edu.

CALL
Call us (513) 556-6932.
Office hours are 9:30 am-6:30 pm Monday–Friday.

VISIT
Visit our office.
UC Victory Pkwy, Admin Bldg, Ste. 208
2220 Victory Pkwy, Cincinnati, OH 45226
Office hours listed above
Payment Options: We kindly accept check, credit or debit card.

Your feedback is very important to us!
As we continue to develop our registration page and our Continuing Education website, please tell us about your experience.
Send your feedback to: janet.staderman@uc.edu

How Our Online Courses Work:
COMMUNIVERSITY

SPRING 2020

Over 100 classes for adult learners for personal enrichment and professional development

SPRINGTIME IS SPORTS TIME!
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