Course Catalog

Osher Lifelong Learning Institute at the University of Cincinnati

A Vibrant Learning Community

Osher Lifelong Learning Institute

WINTER 2014
JANUARY 13 – MARCH 7

ONLINE REGISTRATION!
www.uc.edu/ce/olli
You’ve spent years focused on your career and raising a family …

Now’s the time to rediscover the joy of learning.

Osher Lifelong Learning Institute (OLLI) at the University of Cincinnati offers great classes and terrific teachers in a relaxed, informal environment—and you don’t have to worry about tests or grades.

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CLASS DATES
Winter Quarter 2014
January 13–March 7
Week for makeup classes: March 10–14
Winter Weather: No OLLI classes on days UC is closed for weather emergency. Check local media for weather closings.

Spring Quarter 2014
March 31–May 23

HOW TO USE THIS CATALOG
Courses are listed three ways in this catalog:

1. By Category alphabetically by course title. Begin here if you are looking for classes on a particular topic. Use the course number to find the complete course description and moderator biography.

2. By Course Number including complete descriptions of course content and biography of the moderator. Browse them all to discover what OLLI has to offer. Courses meet once per week for the eight weeks of the quarter unless a specific date or date range is listed under the course title.

3. Schedule-at-a-Glance organized by location/day/time. If you are available only on a particular day of the week or interested in taking classes at only a single location, use this section printed on buff-colored paper in the center of the catalog. The Schedule-at-a-Glance is also a handy pull-out guide to keep track of the classes that interest you while you browse the catalog.

Special thanks
2013–14 Sponsors

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HOW OLLI WORKS

Classes Offered
Each school year, OLLI offers more than 400 courses ranging from eight-week seminars to one-and-a-half hour presentations on topics including science, literature, history, and philosophy as well as financial planning, exercise, hobbies, health, technology, and more. Along with professors and other educators, volunteer moderators who lead each class include medical doctors, professionals from nearly every field, and passionate hobbyists.

OLLI Membership
Anyone aged 50 or older is eligible to join OLLI and take OLLI courses. The only other prerequisite is a desire to learn. You do not need a college degree to join OLLI.

Cost
For a single payment of $85 per quarter, OLLI members may register for as many classes as they desire. Most people sign up for at least three courses. Some courses may require an additional fee, which is listed in the course description.

Scholarships
Financial assistance is available to cover the full membership fee for those who need it. We are grateful for scholarship gifts from Neal Jeffries in memory of his wife, Karen Jeffries, and from Cecilia and Tom Kloecker. For scholarship application information, please call the OLLI office at 513-556-9186.

Wait Lists
OLLI does not keep wait lists for closed classes. If a class reopens because it has been moved to a larger space or someone has dropped it, a notice will be posted at www.uc.edu/ce/olli. Information may also be sent to recipients of the OLLI e-Newsletter and posted on the OLLI at University of Cincinnati Facebook page.

Registration Restrictions
You may not register for more than one class that meets at the same time. If you send in a registration that includes two or more classes that meet simultaneously, you will be registered for only the first one.

Attendance
Although attendance is not mandatory, your presence in the courses for which you register enhances the learning experience for you and your classmates. If you attend classes for which you are not registered, you will be taking a space reserved by someone who is registered, and you may be asked to leave the classroom.

Teaching a Class
If you would like to share your expertise with the OLLI community, please consider becoming a volunteer moderator. Visit www.uc.edu/ce/olli or call 513-556-9186.

Volunteering
OLLI at UC runs on volunteer power! Volunteers moderate classes, select curriculum, distribute catalogs, assist with registration, work on publicity and marketing, organize special events, welcome and orient members during the first week of classes, and much more. For more information about volunteer opportunities, call 513-556-9186.

Disclaimer
The views and opinions expressed in OLLI courses are strictly those of the moderators and their guest speakers. Course content has not been reviewed by the Osher Lifelong Learning Institute at the University of Cincinnati. Consult your financial advisor before acting on any implied or actual recommendations concerning the investment of your money. Consult your doctor before following any medical, nutritional, or exercise program or advice.

CLASS LOCATIONS & PARKING

Tangeman University Center (TUC)—University of Cincinnati Uptown-West Campus, Cincinnati, OH 45221. OLLI will provide passes for free parking on main campus. You must request a pass before class starts by calling the office at 513 556-9186 or emailing your request to gay.laughlin@uc.edu. OLLI can no longer reimburse parking expenses after the fact.

UC Blue Ash College (UCBA)—9555 Plainfield Rd., Cincinnati, OH 45236. Park for free in any white-lined parking place. Blue-lined spaces are reserved for handicapped parking with appropriate license plate or placard. You will be ticketed if you park in a yellow-lined space.

Adath Israel (ADI)—3201 E. Galbraith Rd., Cincinnati, OH 45236. Park for free in the adjacent parking lot. Absolutely no food or drink is permitted at this facility.

Sycamore Senior Center (SSC)—4455 Carver Woods Dr., Cincinnati, OH 45242 (Blue Ash). Park for free in the adjacent parking lot.

Spring Grove Cemetery (SGC)—4521 Spring Grove Ave., Cincinnati, OH 45232. Park for free in the adjacent parking lot.

See pages 30–31 for maps of each major location. Parking instructions and the addresses of other locations are listed within the individual course descriptions.
REGISTRATION OPTIONS

1. Register online using a credit card at www.uc.edu/ce/olli. This is the fastest way to submit your registration. You will find complete instructions below and on the online registration page.

2. Complete and mail in the registration form inside the back cover of this catalog. Include payment by check or credit card.

3. Call the office at 513-556-9186. Have your course list and credit card information ready.

ONLINE REGISTRATION INSTRUCTIONS

1. Unless you registered for OLLI courses in the summer or fall of 2013, you must create a new account—even if you have had an OLLI account in the past. Scroll down to click <Login> below the gray box on the left and then <Create a New Account>.

   After you fill in all the fields, click <Save> at the bottom of the page. Each member must have a unique email account. If you do not have your own email account, you cannot register online.

2. If you registered for summer or fall 2013, DO NOT create a new account. To access your existing account, select <Login> and fill in your email address and password.

   If you mailed or phoned in your registration previously or don’t remember your password, click <I forgot my password>. It will be emailed to you immediately.

3. Select and pay for your membership. Click <Subscriptions> at the top of the menu in the gray box on the left side of the page. Click <View Dates> and <Select>. Then <Add to Shopping Cart>.

4. You will see your Pending Schedule showing your membership selection and price.

   Go to the bottom of the page and select <Checkout and Complete Registration> BEFORE selecting any classes.

   The only thing in your Pending Schedule at this point is your membership—NO CLASSES. Complete all payment information and <Submit Payment>. You will receive an immediate email confirmation of your payment.

5. When you have successfully purchased your membership subscription, DO NOT click the link for more information. This will return you to the OLLI homepage.

6. Now you may select any courses you wish to attend. Search by course number or use the category listings in the gray box on left side of the page. Click <View Dates> to <Select> and <Add to Shopping Cart>.

   You may continue to <Add Another Class> to your Pending Schedule in this manner until you have selected as many as you desire.

   You may not register for more than one class that meets at the same time on the same day.

   Use <Remove Class> and <Recalculate Shopping Cart> to remove errors or duplicates.

7. When your Pending Schedule is complete, select <Checkout and Complete Registration>.

   You will receive immediate email confirmation of your class schedule.

If you have any questions or problems while you are registering, call the office at 513-556-9186. We are happy to help! Office hours are Monday–Friday, 9 am.–5 p.m.

CREATIVE VOICES

Each spring, OLLI at UC publishes a literary and art magazine to celebrate the talents of our members and moderators. We accept submissions of short fiction, essays, poetry, photography, and two-dimensional graphic art such as drawings, prints, and paintings. For information about how to submit work for consideration, visit: www.uc.edu/ce/olli/creative-voices.html or call the office at 513-556-9186.
Art & Art History
4704 Behind the Scenes in the Arts (TUC-THU)
1611 In Conversation With (UCBA-THU)

Computers & Technology
1206 Introduction to Excel (UCBA-TUE)
1502 TechConnect @ Your Library (UCBA-WED)
1411 Word Processing Using MS Word 2013 (UCBA-WED)

Current Events, Law & Politics
4904 The American Legal System (TUC-THU)
3202 Discussion of Controversial Issues (ADI-TUE)
3609 Federal Budget Sequester (ADI-THU)
1709 Federal Regulations—What They Are and How They Work (UCBA-THU)
1208 Foreign Policy (UCBA-TUE)
5015 Getting Where You Want to Go in Cincinnati (SSC-WED)
2415 Housing Rights and Responsibilities (UCBA-WED)
1209 In the News (UCBA-TUE)
4403 Let’s Talk Current Events (TUC-TUE)
3309 Political Paranoia (ADI-TUE)
2210 ProKids Snapshot: Volunteer Opportunity (UCBA-TUE)
2212 Russia in Turmoil (UCBA-TUE)
2611 The Uptown Consortium (UCBA-THU)
5014 What’s the Big Deal? It’s Just Pot! (SSC-WED)

Exercise, Health & Wellness
3308 Eating to Live (ADI-TUE)
1707 Enhancing Functional Fitness for Daily Living (UCBA-THU)
1408 Gaming that Is Brain Changing! (UCBA-WED)
4306 Gentle Taiji and Qigong for Health and Tranquility (TUC-TUE)
3201 Let’s Exercise (ADI-TUE)
4307 Longevity and the Mediterranean Diet (TUC-TUE)
4809 Move into Ease (TUC-THU)
1608 Qigong for Wellness and Healing (UCBA-THU)
3207 Stress Less with Mind-Body Bridging (ADI-TUE)
3600 Tai Chi Experience (ADI-THU)
5013 What Is Memory, and How Is It Altered in Disease and Aging? (SSC-WED)
2408 You Too Can Be Younger Next Year! (UCBA-WED)

Financial & Retirement Planning
5010 Back to Work after Retirement? We Can Help! (SSC-WED)
2613 Extended Care: You, Your Family, and Your Money (UCBA-THU)
5012 Housing Accessibility/Visitability Issues for Adults 55 and Older (SSC-WED)
1705 How to Develop and Assess Your Own Financial Plan (UCBA-THU)
1305 Investment Strategies for Retirees (UCBA-TUE)
1409 Issues and Answers for Boomers Plus (UCBA-WED)
2411 Medicare Made Clear (UCBA-WED)
1506 Plan a Comfortable Financial Future (UCBA-THU)
4808 Planning Your Second Adulthood (TUC-THU)
2414 The Quality of Life in an Aging World (UCBA-WED)
1708 Savvy Wealth and Retirement Strategies for Boomers (UCBA-THU)
2612 Social Security (UCBA-THU)

Foreign Language
4701 French Conversation (TUC-THU)

History & Social Sciences
1210 20th-Century European History (UCBA-TUE)
2208 40 Years in the Life of William McKinley, 1861–1901 (UCBA-TUE)
3307 The Age of Insight (ADI-TUE)
5008 Chautauqua: An American Tradition (SCC-WED)
8202 Hebrew Union College-Jewish Institute of Religion: The Pride of Clifton Avenue (OTHER-WED)
3208 History of Immigration to Cincinnati (ADI-TUE)
1510 Life in Georgian England (UCBA-WED)
2413 More People Who Shaped Great Smoky Mountains National Park (UCBA-WED)
8401 National Underground Railroad Freedom Center Tour (OTHER-FRI)
2412 Saratoga, 1777—Turning Point of the Revolution (UCBA-WED)
4204 Some Interesting Civil War Generals (TUC-TUE)
1706 WWII and the Holocaust in France as Experienced and Witnessed by the Moderator (UCBA-THU)

Find the detailed class descriptions (listed by class number) beginning on page 7.

ADI—Adath Israel
SGC—Spring Grove Cemetery
SSC—Sycamore Senior Center
TUC—Tangeman University Center
UCBA—UC Blue Ash College
OTHER—other location
Photography
4301 Adventuring into Photography (TUC-TUE)
1700 Adventuring into Photography (UCBA-THU)
3203 The Art of Photography (ADI-TUE)
6000 Beyond the Snapshot: Digital Foundations (SCC-MON)
3703 Intermediate Digital Photography Workshop (ADI-THU)
6200 Photography Workshop Challenges (SCC-WED)
3603 Yes! You Can Become a Better Photographer (ADI-THU)

Science, Math & Psychology
3710 C. G. Jung Study/Discussion Group (ADI-THU)
2214 The Discovery of Beautiful Designs in Nature (UCBA-TUE)
3206 Evolution II (ADI-TUE)
4205 Human Genetics: Science, Technology, and Social/Ethical Issues (TUC-TUE)
2215 Light and Color (UCBA-TUE)

Self-Improvement
1406 Be Happy. Think Positive. Accept Change. (UCBA-WED)
3709 Can We Talk? Why Are “Over-the-Hill” Themes about Aging So Popular? (ADI-THU)
1202 Confrontation-Listening Skills (UCBA-TUE)
1508 Dispute Resolution: Negotiating through Conflict (UCBA-WED)
1308 Personal and Business Win-Win Negotiation (UCBA-THU)
3311 Understanding Yourself and Others with the Enneagram (ADI-TUE)

Stage & Screen
1309 Central European Film after the Second World War (UCBA-TUE)
5011 Cincinnati’s Madcap Theater (SSC-WED)
3606 Hooray for Hollywood Musicals, Part 2 (ADI-THU)
3708 “Loesser” Known Broadway Musicals, Part 5 (ADI-THU)
1306 My Friend Rod Serling (UCBA-TUE)

Travel
5009 Berea: A History of Firsts, a Future of Growth (SSC-WED)
2615 The Hellmanns’ Trip to China (UCBA-THU)
2209 OLLI’s Next Road Scholar Charter (UCBA-TUE)
3711 Travel Seminar (ADI-THU)

Writing
4200 Writing Down Your Life’s Stories (TUC-TUE)
1609 Writing for Children (UCBA-THU)
1201 Hero’s/Heroiné’s Journey  
Tuesdays, 2–3:25 pm (UCBA)  
We will read, view, and discuss Richard II. One of Shakespeare’s great history plays, Richard II gives us more than a history lesson. It shows us a man dealing with the trials of his life, a life lived in a different time and context from our own but one involving the same existential issues. As Shakespeare takes us on Richard’s journey, he makes us see that the life issues Richard faces are universal, that they are also our own.

Moderator: James Bridgeland Jr., BA, Akron Univ.; MA, Harvard Graduate School of Arts and Sciences; JD, Harvard Law School; advanced studies in literature, Oxford and Cambridge universities.

1202 Confrontation—Listening Skills  
Tuesdays, 2–3:25 pm (UCBA)  
CLASS LIMIT: 24  
If you sometimes wish the quality of your communication with others was more enjoyable and even appreciated, then this class might be what you have been looking for. We will learn the specific skills (even suggest specific words) that research shows will elicit positive responses from others. This is an interactive class where participants practice skills in a safe environment. Class sessions are sequential; each week will build on the week before.

Moderator: Everett Nissly, BS, Ball State Univ.; MEd, Miami Univ.; retired school principal/administrator; past adjunct instructor of Effectiveness Training for Educators (six different colleges/universities); world traveler.

1206 Introduction to Excel  
Tuesdays, 2–3:25 pm (UCBA)  
CLASS LIMIT: 15  
This introductory class is designed for the individual who has never used Excel; it assumes no previous knowledge. This is a hands-on class—the student will learn to enter, edit, arrange, and modify data into an Excel spreadsheet. Creating data tables and using mathematical functions will also be covered. Printing, page layout, and margin setting will be introduced through the use of Page Setup. Students will also learn to access the Internet for assistance with various Excel topics.

Moderator: Tom Schimian, XU, economics, retired in 2004 after a rewarding career as a programmer/analyst. Additionally, he was an adjunct instructor in such subjects as Computer Concepts and Facilities, Programming Logic and Methods, and Visual Basic/Visual Basic.Net at UC and Cincinnati State.

1207 A Brief History of Italian Opera  
Tuesdays, 2–3:25 pm (UCBA)  
Rafael de Acha returns to OLLI with a survey course featuring Italian opera. This eight-session journey through the world of Italian opera will feature audio and visual presentations of great moments from the lyric stage along with Rafael’s insights into the great composers, stories, and singers of the world of grand opera.

Moderator: Rafael de Acha, a graduate of CCM’s class of ’70, continues to enjoy a 43-year career in the arts and education since retiring to Cincinnati in 2010.

1208 Foreign Policy  
Tuesdays, 2–3:25 pm (UCBA)  
One may argue that the US has been in too many wars lately with less than satisfactory results. Perhaps it is time to reevaluate the justification for military intervention. Should the US continue to have an aggressive policy, or should we rely more on diplomacy? What is the compelling interest that requires military intervention? It certainly isn’t isolation, as that strategy has been tried and found to be insufficient. These are some of the questions that need to be resolved.

Moderator: Alan Brody, BA, Cleveland State Univ.; MA and ABD, UC.

1209 In the News  
Tuesdays, 2–3:25 pm (UCBA)  
We will select serious and some not-so-serious articles from the previous week’s news that call for full discussion pro and con. The real success of the course will depend on the degree of participation and exchange of often conflicting positions and ideas by as many class members as possible. We may not change anyone’s opinion (nor will we try). We may change the pace from week to week with an outside speaker or a guest moderator. Class members are encouraged to present news items as well.

Co-Moderators: Neal Jeffries is an engineer with 40 years’ experience teaching courses in manufacturing and five years’ moderating at OLLI, including travel courses. Dick Lenz is a retired engineer with a keen interest in current events and is a past moderator of this course and others at OLLI.
1210 20th-Century European History
Tuesdays, 2–3:25 pm (UCBA)

The course will begin with the causes of WWI and then cover the major events of the 20th century. Topics will include WWI, the Russian revolution and Communist dictatorship, the Great Depression, the rise of fascism, WWII, the Cold War, and the post-WWII rise of Western Europe as a major political and economic power.

Moderator: Ken Schneider has a BA in European history from Miami Univ. and MA in European history from UC. He has taught European history for five years at Madeira and 37 years at Indian Hill. He has presented workshops for the College Board for 17 years.

1305 Investment Strategies for Retirees
Tuesdays, 3:35–5 pm (UCBA)

4-WEEK COURSE: Feb.11–Mar. 4
CLASS LIMIT: 20

Participants will understand the ten key principles for investing and how to identify and avoid the most common financial mistakes. The course will include discussions on the features of bonds, stocks, mutual funds, asset allocation, and the impact of inflation. The four-week workshop has a workbook provided and is taught by a seasoned local financial advisor.

Moderator: Mike Vagle, financial advisor with Edward Jones, holds a BA from Hope College in Holland, MI.

1306 My Friend Rod Serling
Tuesdays, 3:35–5 pm (UCBA)

Rod Serling is best known for The Twilight Zone, but what rocketed him to fame were his teleplays on Playhouse 90, Kraft Theater, etc. He accumulated a shelf full of Emmy’s that sent him packing from New York to Hollywood where he wrote several films. Rod and Carol Serling moved into the apartment across the hall when WLW hired him out of Antioch College. I had originally planned on entering the entertainment field, and Rod allowed me to live vicariously through him. I’ll discuss his life and too-early death and show some of his famous efforts and documentaries about his life.

Moderator: Saul Marmer, BBA, UC; certified pedorthist, Ball State Univ., Northwestern, NYU, and UCLA; president of Marmer’s Shoes; president of Ohio Shoe Retailer’s Association; board of directors of National Shoe Retailer’s of America; president and founder of National Prescription Footwear Association.

1307 Richard Wagner’s Ring of the Nibelung, Part 2
Tuesdays, 3:35–5 pm (UCBA)

This is the second part of a course watching and discussing the new Metropolitan Opera production of Richard Wagner’s Ring of the Nibelung created by Robert Lepage. This quarter will be devoted to Siegfried and Götterdämmerung. Attendance at the first part is not a prerequisite.

Moderator: Charles Bretz has been attending operas throughout the US for his entire adult life. His love of the art form began as a teenager when he was introduced to opera at the Cincinnati Zoo.

1308 Personal and Business Win-Win Negotiation
Tuesdays, 3:35–5 pm (UCBA)

This class will cover the principles and practices involved in successfully negotiating to reach win-win agreements. It will address personal situations as well as business-related ones, from reaching an agreement with a spouse or relative to purchasing a car or working with a home-improvement contractor. Handouts will be provided, and guest speakers will provide additional perspectives.

Moderator: Donald Rhoad, 30 years of management experience in purchasing and supply management at P&G, Bethesda Hospitals, LensCrafters, and Jacobs Engineering. For five years, he served as a SCORE business counselor, providing guidance to small-business owners. He brings extensive experience in purchasing, contract negotiation, and business leadership.

1309 Central European Film after the Second World War
Tuesdays, 3:35–5 pm (UCBA)

CLASS LIMIT: 12

The course follows West German, East German, and Polish films immediately following World War II. Students will note and discuss themes unique to all three nationalities’ respective film genres: Communism and its promises, rebuilding the physical and abstract, and the Jew in postwar Central Europe. (Based on master’s thesis delivered to UC history, 2009.)

Moderator: Everett Campbell’s master’s study at UC was in early modern and modern European history. This experience led him to discover a new level of diligence and creativity. He would like to inspire in his students a desire to find kernels of their own potential for hard work and originality.
Tuesdays, 3:35–5 pm (UCBA)
India plays a huge role in today’s world, and relations between the US and India are in its prime time. Therefore, it is vitally important that Hinduism, the major religion of India, is understood in both historical and modern contexts. Understanding Hinduism can be a daunting task, even for Hindus, and can be especially confusing to non-Hindus. This course presents basic tenets of Hinduism in a comprehensive and objective fashion, highlighting the eternal wisdom enshrined in it, which anybody can benefit from in our ever-shrinking world.

Moderator: Koti Sreekrishna, PhD, studied biochemistry and is currently a senior scientist in the Global Biotechnology division at P&G. His interests include philosophy, inter-religious dialogue, public speaking (Toastmaster since 1985 and a DTM), and studying the Hindu scriptures. He serves as religious counselor of the Hindu Society of Greater Cincinnati.

1400 Religion beyond Dogma
Wednesdays, 2–3:25 pm (UCBA)
Each week, a different panel of religious leaders will discuss their various beliefs. Panelists will include Catholic, Islamic, Jewish, and Protestant teachers/leaders. This course does not seek to reduce faith to a common denominator; rather, it attempts to identify areas of agreement and disagreement among individuals of different religions. Panelists will express their own views of faith with the understanding that, even within a single religious tradition, individual believers may not always agree. We will also discuss how or whether the different faith groups should work together or individually to make the world more peaceful and just.

Moderator: Dan Weyand-Geise has served as pastor of First United Church of Christ in College Hill since 2000. He is currently president of the Metropolitan Area Religious Coalition of Cincinnati and chairs the UCC’s Mission Priority Board for Southern Ohio and Northern Kentucky. He earned his undergraduate degree from the Univ. of Dayton and his master of divinity from the Athenaeum of Ohio (Mt. St. Mary’s) in Cincinnati.

1406 Be Happy. Think Positive.  Accept Change.
Wednesdays, 2–3:25 pm (UCBA)
Life is an incredible journey. Sure, it has sad and imperfect moments, but it is still extraordinary. Join us as we explore some techniques we can use to support positive attitudes. Professional analysis is not on our agenda. However, we do promise to share some insights and life skills that can help all of us feel more confident and secure as we make this ever-changing voyage.

Moderator: Nancy Schpatz, JD, George Washington Univ. Law School, is a member of the OLLI Curriculum Committee and is a positive and happy moderator on a variety of OLLI subjects.

1407 The 1869–70 Cincinnati Red Stockings
Wednesdays, 2–3:25 pm (UCBA)
This course will be devoted entirely to the first professional baseball team’s first two seasons in 1869 and 1870: the origins, accomplishments, and legacy of the Red Stockings. I have included this topic in previous classes, but this will be an in-depth review.

Moderator: Greg Rhodes is the Cincinnati Reds team historian and former director of the Reds Hall of Fame and Museum. He has written several books on the Reds, including one on the 1869–70 Red Stockings.

1408 Gaming that Is Brain Changing!  NEW
Wednesdays, 2–3:25 pm (UCBA)
CLASS LIMIT: 15
Come play with us as we explore fun and games that are designed to keep your brain revved up for life! Learn how specific activities impact different brain functions.

Co-Moderators: Lynn Ritchey, PhD, and Deb Frame, PhD, are UCBA undergraduate professors and have moderated previous OLLI classes.

1409 Issues and Answers for Boomers Plus  UPDATED
Wednesdays, 2–3:25 pm (UCBA)
Living longer brings a host of challenging new issues. Eight speakers from Cincinnati Senior Connection provide expert advice, facts, and legislative updates for an easier path. Discussion topics may include home healthcare, Medicare, making your money last, retirement living choices, paying for extended care, estate planning, using digital technology and stories for lasting legacies, downsizing and organizing tips, and geriatric care management. Attendees say, “Very relevant,” “Excellent resources,” “Solid, concrete, useful information,” and “Speakers are enthusiastic with real-life experience, not just theory.”

Moderator: Karen Rosenthal, MHA, XU; independent
and certified LTC insurance specialist. She is a member of Cincinnati Senior Connection, “a group of experts and resources linked together” to help those in middle years and beyond.

1410 The Existentialists
Wednesdays, 2–3:25 pm (UCBA)
This course covers the history of a recent movement in philosophy that begins with Kierkegaard and includes German and French thinkers such as Nietzsche, Heidegger, Sartre, Marcel, and Jaspers. It begins with an overview of classical thought as background and includes references to Hegel and Husserl.

Moderator: Pedro Adams holds a PhD from Catholic Univ. of Leuven in Belgium and a master's in clinical social work. A former professor of philosophy at the College of Mt. St. Joseph, his second part-time career involves psychotherapy.

1411 Word Processing Using MS Word 2013
NEW
Wednesdays, 2–3:25 pm (UCBA)
CLASS LIMIT: 15
This course is an intermediate-level word processing course using Microsoft Word 2013. EXPERIENCE WITH EARLIER VERSIONS OF MS WORD IS REQUIRED. You will learn how to apply many of the new Word 2013 features. Working with and formatting pictures and additional features such as large documents (table of contents, indexing, special paging, etc.) and tables are included. This is a hands-on course held in a computer classroom. You will need a flash drive to preserve your work.

Moderator: James Daiker has been an adjunct instructor at UCBA for 13 years teaching computer courses in the Business and Economics department. He has been training computer users for more than 30 years.

1502 TechConnect @ Your Library
Wednesdays, 3:35–5 pm (UCBA)
3-WEEK COURSE: Jan. 15–29
Join us for a course discovering the Public Library's online resources and downloadable collection! In the first class, we will show you that the library is more than just books. With our online resources, you can learn a foreign language, take an online class, search for product reviews from Consumer Reports, and more. In the second class, you will learn how to search for and download e-books, audiobooks, music, and magazines from the library’s collection. Bring your e-reader, iPad, MP3 player, etc. to the third class, and the instructors will provide assistance using your device to download library materials.

Co-Moderators: Sandy Bolek, reference librarian in the Virtual Information Center, and Allison Schultz, reference team leader, Information and Reference Department, Public Library of Cincinnati and Hamilton County.

1506 Plan a Comfortable Financial Future
UPDATED
Wednesdays, 3:35–5 pm (UCBA)
Take charge of your own financial affairs. Learn about goals-based financial planning in retirement. Minimize the worry of running out of money. Learn how to protect against loss, reduce taxes, and fight inflation. Learn about common financial mistakes that can cost you money. Evaluate your tolerance for risk and which investments are appropriate for this stage of your financial life. Know whether you’re paying excessive fees on your savings and investments. Guest speakers will address legal, accounting, and other components of a successful financial plan. The moderator will provide a 165-page, full-color workbook.

Moderator: Gary E. Hollander, CFP, has been providing financial educational workshops for more than 37 years and was recently awarded “Five Star Best in Client Satisfaction Wealth Manager” by Cincinnati Magazine. He has been president of Hollander & Associates LLC since 1976.

1507 Rules of Golf
UPDATED
Wednesdays, 3:35–5 pm (UCBA)
If you play golf, if you wish to learn the changes to the rules of golf that became effective Jan. 1, 2012, if at times you would like to have a better idea of how to proceed on the course, if you and your fellow competitors argue about how to apply the rules—this course is for you. You will learn the structure of the rules, how to apply them, and how to avoid violating the most frequently broken rules. Many film clips from actual competitions will illustrate the rules.

Moderator: Jim Cissell has been a golf rules official for almost 60 USGA national championships, including 15 US Opens, and more than 30 NCAA national championships and numerous other competitions. He is also president of the Greater Cincinnati Golf Association. During the day, he is judge of the Hamilton County Probate Court.
1508 Dispute Resolution: Negotiating through Conflict

**UPDATED**

Wednesdays, 3:35–5 pm (UCBA)

**CLASS LIMIT: 30**

Experience an insider’s examination of how public and private disputes have been resolved through negotiation, facilitation, and other dispute-resolution strategies. Look behind the scenes of successful and failed negotiations to uncover the value of determining each party’s interests, creating options for settlement, communicating and listening purposefully, assessing the parties’ alternatives to agreement, and developing a good working relationship with the other side. Interactive video and role-playing are used to demonstrate and discuss successful negotiation and mediation skills and strategy.

Moderator: James K. L. Lawrence, BA, JD, OSU; practicing labor and employment law specialist and lead negotiator as a member of Frost Brown Todd LLC for 43 years; adjunct professor of negotiation, mediation, and dispute resolution at OSU, Straus Institute for Dispute Resolution at Pepperdine Univ., and UC colleges of law.

1509 The Spoken Word

**NEW**

Wednesdays, 3:35–5 pm (UCBA)

Students will be encouraged to offer subject matter to be read aloud in class: poetry, prose pieces, song lyrics, or scenes from theatrical productions. This course is designed for students to read aloud words that move them, amuse them, and make them think.

Moderator: Rick Stein has taught high school English, been editor of several poetry magazines, and been published (both poetry and prose). He is enthusiastic, supportive, and creative.

1510 Life in Georgian England

Wednesdays, 3:35–5 pm (UCBA)

This course follows the previous course on Stuart England. It will cover the Georgian period from 1714 to 1830 and will include a historical perspective with insights as to how life was lived during that time. Great social, political, and geographical changes took place during the Georgian period, and these themes will be presented and explored. The course is designed for all comers and should suit those particularly interested in the history of England.

Moderator: Keith Marriott, MEd, teacher and principal in international schools, and now retired professor of education, has a love of travel, people, and lifelong learning.

1601 Pet First Aid with OTC Drugs and Supplies

**NEW**

Thursdays, 2–3:25 pm (UCBA)

**CLASS LIMIT: 25**

Learn how to take care of simple medical problems for your pets with over-the-counter medications and supplies that are easily available at your drugstore. Get simple instructions on doses and techniques for taking care of simple medical emergencies that you may encounter with your pets at home. This course was originally used to help police officers in canine units who ran across medical emergencies for their partners while on duty at night.

Moderator: Dr. Zeke Zekoff, Auburn Univ. College of Veterinary Medicine, 1983, founded and has operated Towne Square Animal Clinic in Blue Ash since 1986. In addition to a number of leadership positions in the past for local and state veterinary organizations, he is founder of United Pet Fund—a nonprofit dedicated to providing support services to the more than 150 animal rescues and services in the Tristate area.

1604 Preview of Opera

**UPDATED**

Thursdays, 2–3:25 pm (UCBA)

We will study in-depth some of the operas to be presented in the area either by Cincinnati Opera or UC College-Conservatory of Music. Included will be recorded performances of the complete operas.

Moderator: Richard Sininger, AB, Oberlin College; MEd, Miami Univ.; English teacher, Forest Hills School District for more than 31 years, mostly teaching American literature; lifelong love for and interest in opera; attended more than 1,600 performances of more than 300 operas.

1608 Qigong for Wellness and Healing

**NEW**

Thursdays, 2–3:25 pm (UCBA)

4-WEEK COURSE: Jan. 16–Feb. 6

**CLASS LIMIT: 20**

Experience a sampler of theory and practice including body alignment, self-massage, meditation, energy points, and gentle, focused movement and breathing to build qi and open energy pathways. Qigong is one of the foundations of tai chi and is part of traditional Chinese medicine. Regular practice will improve balance, flexibility, relaxation, and speed of recovery from injury or surgery.

Moderator: Larry Murray has been practicing tai chi since 2004 and in recent years has increased his focus on qigong.
Class descriptions by CLASS NUMBER

1609 Writing for Children
Thursdays, 2–3:25 pm (UCBA)
CLASS LIMIT: 15
Do you have an idea for a children’s book? This class will take you from that idea to a creative manuscript that could be submitted to an editor for publishing. We will discuss the pros and cons of self-publishing. Students will be asked to review their favorite children's book. The first 15 minutes of class will be freestyle creative writing on an assigned topic. In-class writing, book reviews, lectures, guest speakers, and marketing tools will help the student create a written story of ten pages or fewer that is suitable for children aged three through early teens.

Moderator: Connie Trounstine was a reporter for the Kentucky Post for 29 years. She is author of The Worst Christmas Ever, a chapter book for middle-grade students. Her newest book, Fingerprints on the Table, a picture book about a table that has been in the White House since President Ulysses S. Grant, was published by the White House Historical Association in 2013.

1610 F. Scott Fitzgerald: The Short Stories
NEW
Thursdays, 2–3:25 pm (UCBA)
CLASS LIMIT: 20
This selection of stories written between 1920 and 1937, when Fitzgerald was at the height of his creative powers, represents some of his finest fiction. From Tarleton, Georgia, to New York and Paris, Fitzgerald masterfully brings the society of “The Lost Generation” to life: a southern belle seeks adventure in the north, a tragic hero loses more than money in the stock market, young men and women become giddy and dissipated during the interwar period. Our text will be Babylon Revisited and Other Stories (Scribner). Please read “The Ice Palace” for our first meeting.

Moderator: Barbara Kuroff has been enthralled by the work and life of F. Scott Fitzgerald for longer than she cares to admit. She has a BA in literature and creative writing from UC and worked as a book editor for most of her professional life until retiring as editorial director of Writer’s Digest Books. She is currently writing a novel and a book of short stories.

1611 In Conversation With
NEW
Thursdays, 2–3:25 pm (UCBA)
Rafael de Acha sits down for an in-depth interview with exceptional individuals in the arts who are changing the landscape of the performing arts and the visual arts in Cincinnati.

Moderator: Rafael de Acha, a graduate of CCM’s class of ’70, continues to enjoy a 43-year career in the arts and education since retiring to Cincinnati in 2010.

1700 Adventuring into Photography
UPDATED
Thursdays, 3:35–5 pm (UCBA)
Don’t throw your camera into the river: take this course. We’ll learn to have fun with photography while we figure out the elements of good photographs and practice making and sharing them. We’ll examine great photographs and listen to what experts say about making good ones. The best camera is the one you have with you, so bring what you have. You’ll shoot the subjects you like and astound family and friends on how well you’re doing. After you register, please email me at pnord@cinci.rr.com so that I may send you instructions for the first class.

Moderator: Peter Nord, PhD, has more than 50 years’ experience in various aspects of photography.

1705 How to Develop and Assess Your Own Financial Plan
UPDATED
Thursdays, 3:35–5 pm (UCBA)
CLASS LIMIT: 25
Everyone needs a financial plan whether it is formalized or not. Unfortunately, there is a lot of noise as it relates to both financial information and advice. This course will explore the elements of a good financial plan and how it can help you navigate the challenging economic environment that exists today. Topics include investing, use of cash flow projections, tax landscape, social security options, estate planning, long-term care, and how to be an informed consumer for financial services. Designed to be an interactive process, this course offers something for both the beginner and advanced student.

Moderator: Bob Carroll, CFP®, CPA, is a fee-only financial planner with the Alpine Financial Group and has moderated several OLLI courses on financial planning. When not helping clients with their most important financial-planning needs, Bob is a drummer in the local band More Cowbell.

1706 WWII and the Holocaust in France as Experienced and Witnessed by the Moderator
NEW
Thursdays, 3:35–5 pm (UCBA)
CLASS LIMIT: 25
We’ll study in depth the historical, cultural, and political themes of the moderator’s recent book, Whisper Your Name into My Ear: A Memoir of Survival, in which she describes her experiences of WWII in France during the Nazi occupation:
the mass exodus from Paris, tweaking the family’s papers as a teenager, and living incognito in the French Alps with her family as Christians, eventually joining the French Resistance. The course material is based on thorough research and personal experiences; original documents are used throughout.

Moderator: Marguerite Levy-Feibelman was born in Mannheim, Germany, and educated in Paris at the Sorbonne (philosophy) and New York City at Columbia Univ. (MA, sociology). In the US, she built an import business and then spent 20 years writing and researching her WWII memoir.

1707 Enhancing Functional Fitness for Daily Living
Thursdays, 3:35–5 pm (UCBA)
Functional Fitness is simplified with emphasis on the physical, physiological, psychosocial, and performance benefits of regular exercise programs. The class is interactive with discussion and demonstration of the impact that regular, periodized, integrated exercise programming has on chronic preventable illnesses, daily activities, and overall wellbeing. Topics covered include simplified anatomy and physiology, physical and performance assessments, and exercise selection and modalities with particular attention to developing and preserving core strength, balance, and flexibility. Current and emerging exercise trends will be presented in addition to basic exercise nutrition and supplementation for mature adults. Guest speakers will augment course material and content.

Moderator: Michael Simpson is a National Academy of Sports Medicine certified personal trainer and senior fitness specialist, former Episcopal Retirement Home wellness coordinator, and owner of PRIMA Personal Training, which specializes in Functional Fitness training for mature adults.

1708 Savvy Wealth and Retirement Strategies for Boomers
Thursdays, 3:35–5 pm (UCBA)
We will focus on all aspects of the challenging transition to retirement—mental, physical, and fiscal. After looking at the demographics of the Boomer generation and their effect on society in general, we will consider analysis of portfolios and determine risk/reward in current holdings. We will take a look at tax impact and planning. We will cover Social Security and Medicare, including income planning and spousal and survivor benefits. Lastly, we will look at insurance, risk management, estate planning, and probate avoidance.

Moderator: Rik Saylor is president and CEO of Rik Saylor Financial in Fairfield. With more than 30 years of wealth management experience, he is registered as an Investment Advisory Representative and Registered Financial Consultant. He is the host of “Rik Saylor Financial Wealth Management Hour” and “Rik Saylor Financial Money Minute.”

1709 Federal Regulations—What They Are and How They Work
Thursdays, 3:35–5 pm (UCBA)
CLASS LIMIT: 30
The history of federal regulations and the legal processes controlling all federal agencies will be reviewed. We will discuss current events and the role of the various federal agencies in carrying out the will of the people. Citizens’ rights and responsibilities will be explored as well as how they are being shaped by current cases before the Supreme Court.

Moderator: Lee Tougas is past adjunct professor of administrative law at Concordia Univ., River Forest, IL; retired global entrepreneur; and Navy captain, retired.

2208 40 Years in the Life of William McKinley, 1861–1901
Tuesday, Jan. 14, 12:30–1:50 pm (UCBA)
McKinley’s career during the Civil War and his life after the war will be discussed. Two books are primary sources: Major McKinley: William McKinley and the Civil War by William H. Armstrong (2000) and The President and the Assassin: McKinley, Terror, and Empire at the Dawn of the American Century by Scott Miller (2011).

Moderator: David Feldstein

2209 OLLI’s Next Road Scholar Charter
Tuesday, Jan. 21, 12:30–1:50 pm (UCBA)
The first was so great that we’re doing it again! Get all the information on our trip to the Finger Lakes in New York, June 8–13, 2014.

Moderator: Barbara Burke

2210 ProKids Snapshot: Volunteer Opportunity
Tuesday, Jan. 28, 12:30–1:50 pm (UCBA)
For 32 years, ProKids, a local nonprofit organization, has advocated for abused and neglected children in Hamilton County’s child protection system. The heart of this program is our Court Appointed Special Advocate (CASA) volunteers. Come to our Snapshot, a one-hour information session
where you’ll learn more about ProKids’ mission, the incredible children we serve, and how you can make a difference in a child’s life. You will not be asked for a donation.

Co-Moderators: Tracy Cook, Jennifer Mc Kettrick, and Stephanie Kuzma

2211 What You Didn’t Know about OLLI
Tuesday, Feb. 4, 12:30–1:50 pm (UCBA)
Learn about the behind-the-scenes workings of OLLI at UC. Find out how you can volunteer and become more involved. We will also have a tutorial on the online registration system.

Co-Moderators: Rosemary Deitzer and Cate O’Hara

2212 Russia in Turmoil
Tuesday, Feb. 11, 12:30–1:50 pm (UCBA)
Get an update on what is happening in Russia.

Moderator: Dan Jacobs

2213 Organic Farming and Maple Syrup
Tuesday, Feb. 18, 12:30–1:50 pm (UCBA)
We will discuss products from dairy cows and harvesting maple syrup.

Co-Moderators: Don and Susan Wenker

2214 The Discovery of Beautiful Designs in Nature
Tuesday, Feb. 25, 12:30–1:50 pm (UCBA)
Benoit Mandelbrot’s autobiography, The Fractalist (2012), will be reviewed. The discovery involves a brilliant, curious mind, a world-class polymath education, and a great job at IBM for this French immigrant. In 1979, with digital computer assistance, the previously hidden geometry and beauty in natural complex processes became visible to us all.

Moderator: Kirtland Hobler

2215 Light and Color
Tuesday, Mar. 4, 12:30–1:50 pm (UCBA)
Why is the sky blue and the sunset red? How are rainbows formed? How do the primary color mixtures produce the spectrum of colors on the TV or the theater screen? The wave nature of light will be used to explain these and other physical phenomena such as holography. The presentation will include colorful demonstrations.

Moderator: Henry Fenichel

2408 You Too Can Be Younger Next Year!
Wednesday, Jan. 15, 12:30–1:50 pm (UCBA)
Discuss health and wellness trends. Learn the ways to achieve optimal health. Draft goals to reach personal wellbeing.

Moderator: Kerry Loeffler

2409 Amazing Trivia
Wednesday, Jan. 22, 12:30–1:50 pm (UCBA)
Come for a rundown of about 150 trivia facts that most people don’t know and find amazing. For example, find out how many people die each year because of their doctor’s bad handwriting and how many emails Bill Gates gets each day.

Moderator: John Duke

2410 Tolerance in Islam and Addressing Misconceptions
Wednesday, Jan. 29, 12:30–1:50 pm (UCBA)
The actions of Islamic extremists such as the 9/11 hijackers and Major Nidal Hasan bring some people to the conclusion that Islam teaches violence and is an intolerant religion. This session will address how Islam, in fact, teaches peace and tolerance and will address some other misconceptions.

Moderator: Zeinab Schwen

2411 Medicare Made Clear
Wednesday, Feb. 5, 12:30–1:50 pm (UCBA)
Confused about your Medicare insurance options? This class will help you understand the benefits, timelines, costs, and penalties of original Medicare parts A and B. We will also review supplemental insurance, Medicare Advantage Plans (part C), and prescription drug plans (part D). Keep up to date!

Moderator: Kathy Liguzinski

2412 Saratoga, 1777—Turning Point of the Revolution
Wednesday, Feb. 12, 12:30–1:50 pm (UCBA)
We will discuss Britain’s ambitious strategy to split the American colonies in 1777—a campaign that pitted the new Continental Army against British and Hessian professionals,
saw local militias fight against Loyalists and Indians, and even involved a naval battle in upstate New York. Britain's loss at Saratoga and the humiliating surrender of its entire army convinced the French to aid America with the military and financial support that would be critical to our ultimate victory.

Moderator: Stephen Appel

2413 More People Who Shaped Great Smoky Mountains National Park
Wednesday, Feb. 19, 12:30–1:50 pm (UCBA)
Great Smoky Mountains National Park is one of the few national parks that was once a community of families and farmers who deeded their land to the park system to become one of our national treasures. Stories of Lem Ownby, Mayna Avent, Colonel Townsend, the Wonderland Hotel, and Millionaires' Row are included.

Moderator: Bill Deitzer

2414 The Quality of Life in an Aging World
Wednesday, Feb. 26, 12:30–1:50 pm (UCBA)
The introduction to this course discusses the need for eldercare planning, defines long-term care, and clarifies the difference between Medicare and Medicaid. The next section discusses asset protection solutions for those who have time to plan ahead, including examples of the new combination policies. The final section discusses Medicaid spend down and asset protection solutions for those who are currently spending assets to pay for long-term care, including the Veterans Administration's Aid and Attendance benefit.

Moderator: James Schafer

2415 Housing Rights and Responsibilities
Wednesday, Mar. 5, 12:30–1:50 pm (UCBA)
Whether you live in an apartment, condo, or single-family home, you have the right to live where you choose without dealing with discrimination. Most people know about protections based on religion or race, but protections also extend to families with children and people with disabilities. Learn about your rights in housing as well as your responsibilities, especially if you are a member of a condo or homeowner association board.

Moderator: Myra Calder

2608 Take the Wheel with a Racecar Driver
Thursday, Jan. 16, 12:30–1:50 pm (UCBA)
Enjoy a brief review of the history of auto racing with an explanation of the different types of racetracks and cars. Hear about one person's personal experience of what it is like to be a racecar driver.

Moderator: John Sedlacek

2609 Home Efficiency Improvements
Thursday, Jan. 23, 12:30–1:50 pm (UCBA)
Save money with simple and inexpensive home efficiencies. Spend $50 on little jobs you can do to save ten times that for winter.

Moderator: Dick Hellmann

2610 Growing Your Own—Four Seasons of Food Growth from One Small Garden
Thursday, Jan. 30, 12:30–1:50 pm (UCBA)
We love a fresh tomato in the summer. How about a carrot from the garden for Thanksgiving, or a spinach salad in February? With a little technique and methods of sheltering, we can all grow some photosynthesizing food year round.

Moderator: Juliann Gardner

2611 The Uptown Consortium
Thursday, Feb. 6, 12:30–1:50 pm (UCBA)
Janelle Lee will describe the activities of the Uptown Consortium, a nonprofit development company whose members include Cincinnati Children's Hospital, UC Health, TriHealth, University of Cincinnati, and Cincinnati Zoo. The Uptown Consortium is dedicated to promoting improvements in Uptown Cincinnati, especially in the areas of public safety, transportation, and housing.

Moderator: Janelle Lee

2612 Social Security
Thursday, Feb. 13, 12:30–1:50 pm (UCBA)
We will discuss Social Security basics and advance-planning strategies.

Moderator: Jim Blair
2613 Extended Care: You, Your Family, and Your Money
Thursday, Feb. 20, 12:30–1:50 pm (UCBA)
What is your plan for living a long life? Learn how to protect your retirement money, avoid burdening family, and maintain your lifestyle with dignity if care is needed. Discussion includes government incentives such as State Partnership Program for private long-term care insurance.
Moderator: Karen Rosenthal

2614 “How Can You Do That?” The Rewards of Hospice Volunteering
Thursday, Feb. 27, 12:30–1:50 pm (UCBA)
Hospice volunteers hear that question all the time. Serving dying patients and their families can be the most inspirational and rewarding work you’ll ever do. You’ll hear about the mission of Hospice of Cincinnati, its work, and its most valuable link—its volunteers.
Moderator: Jo Ann Ropp

2615 The Hellmanns’ Trip to China
Thursday, Mar. 6, 12:30–1:50 pm (UCBA)
Dick and Kathy Hellmann will discuss their three-week trip to China from Beijing (Forbidden City, Great Wall, Olympic stadium) to Xian (terracotta warriors). They will take us on their river adventures on the Yangtze, make stops in Singapore and Hong Kong, and review other nooks and crannies as time allows.
Co-Moderators: Dick and Kathy Hellmann

3201 Let’s Exercise
Tuesdays, 9:25–10:15 am (ADI)
Enjoy a variety of easy-does-it exercise for range-of-motion, posture, muscle tone, breathing, balance, body awareness—and a smile—in this 50-minute class. Exercises are done sitting in a chair or standing (no floor exercises, no routines to learn). Music makes the time fly. Wear appropriate (secure) shoes. Before beginning any exercise program, get your doctor’s advice.
Moderator: Linda Kegg taught yoga and other fitness classes for more than 30 years at Blue Ash YMCA, Blue Ash Recreation Center, and other locations.

3202 Discussion of Controversial Issues
Tuesdays, 9–10:25 am (ADI)
The topics will be selected by the class, and the moderator will enter the discussion on the side that seems to have the least support. This should be a lot of fun. We will be using the Great Courses lectures. The first class will be led by Jim Miller and will be devoted to a Great Courses lecture and discussion.
Moderator: Edward Levy describes himself as a professional has-been. To name just a few examples: CEO, athlete, and lay member of the institutional review board at UC Medical School. The board’s function is to review proposals for medical research. As a lay member, he represents the research subjects and deals with ethical issues.

3203 The Art of Photography
Tuesdays, 9–10:25 am (ADI)
This course will offer new and intermediate enthusiasts an opportunity to learn, practice, and explore photography from an aesthetic as well as technical perspective. The emphasis will be more about making photographs rather than taking pictures. Assignments are designed to culminate in accumulative bodies of work with unified themes, initiate productive critiques and idea sharing, and motivate aspirations to ultimately present in a curated exhibition.
Moderator: Jymi Bolden has combined the creative freedom of being a fine art photographer with the discipline of working as a documentary photojournalist and commercial photographer for more than 30 years. His documentary work has been recognized by the Society of Professional Journalists with multiple First Place News Photography awards, and his fine art photography has been exhibited in many galleries.

3206 Evolution II
Tuesdays, 9–10:25 am (ADI)
Where did we come from? What are we? Where are we going? If you are curious about these questions or a new history of evolution based on insect, animal, and human groupings, you should join us. For the first class, please read chapters 1–4 of Edward O. Wilson’s The Social Conquest of Earth (New York: Liveright, 2012; about $14 online).
Co-Moderators: Weller Crandell, BS, industrial engineering, Syracuse Univ. Gilbert Minson, BS and doctor of dental surgery, OSU. Dean Moore, precollege and college educator, three degrees from Ohio Univ. and UC.
Dispute Resolution: Negotiating through Conflict
1508 James K. L. Lawrence

The Spoken Word
1509 Rick Stein

Life in Georgian England
1510 Keith Marriott

THURSDAY 2–3:25 PM
Pet First Aid with OTC Drugs and Supplies
1601 Zeke Zekoff

Preview of Opera
1604 Richard Sininger

Qigong for Wellness and Healing
1608 Larry Murray

Writing for Children
1609 Connie Trounstine

F. Scott Fitzgerald: The Short Stories
1610 Barbara Kuroff

In Conversation With
1611 Rafael de Acha

THURSDAY 3:35–5 PM
Adventuring into Photography
1700 Peter Nord

Plan a Comfortable Financial Future
1506 Gary E. Hollander

How to Develop and Assess Your Own Financial Plan
1705 Bob Carroll

UC BLUE ASH COLLEGE

1310 Koti Sreekrishna

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Confrontation-Listening Skills
1202 Everett Nissly

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Introduction to Excel
1206 Tom Schimian

A Brief History of Italian Opera
1207 Rafael de Acha

Foreign Policy
1208 Alan Brody

In the News
1209 Neal Jeffries, Dick Lenz

20th-Century European History
1210 Ken Schneider

UC BLUE ASH COLLEGE

Investment Strategies for Retirees
1305 Mike Vagle

My Friend Rod Serling
1306 Saul Marmer

Richard Wagner’s Ring of the Nibelung, Part 2
1307 Charles Bretz

Personal and Business Win-Win Negotiation
1308 Donald Rhoad

Central European Film after the Second World War
1309 Everett Campbell

UC BLUE ASH COLLEGE

TechConnect @ Your Library
1502 Sandy Bolek, Allison Schultz

Plan a Comfortable Financial Future
1506 Gary E. Hollander

Rules of Golf
1507 Jim Cissell

UC BLUE ASH COLLEGE

Religion beyond Dogma
1400 Dan Weyand-Geise

Be Happy. Think Positive. Accept Change.
1406 Nancy Schpatz

The 1869–70 Cincinnati Red Stockings
1407 Greg Rhodes

Gaming that Is Brain Changing!
1408 Lynn Ritchey, Deb Frame

Issues and Answers for Boomers Plus
1409 Karen Rosenthal

The Existentialists
1410 Pedro Adams

Word Processing Using MS Word 2013
1411 James Daiker

UC BLUE ASH COLLEGE

WWII and the Holocaust in France as Experienced and Witnessed by the Moderator
1706 Marguerite Levy-Feibelman

Enhancing Functional Fitness for Daily Living
1707 Michael Simpson

Savvy Wealth and Retirement Strategies for Boomers
1708 Rik Saylor

Federal Regulations—What They Are and How They Work
1709 Lee Tougas

UC BLUE ASH COLLEGE

Brown Bag Lunches
12:30–1:50 PM
Pack your own lunch.

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Jan. 14: 40 Years in the Life of William McKinley, 1861–1901
2208 David Feldstein

Jan. 21: OLLI’s Next Road Scholar Charter
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Jan. 28: ProKids Snapshot: Volunteer Opportunity
2210 Tracy Cook, Jennifer Mckettrick, Stephanie Kuzma

Feb. 4: What You Didn’t Know about OLLI
2211 Rosemary Deitzer, Cate O’Hara
UC BLUE ASH COLLEGE
BROWN BAG LUNCHES
12:30–1:50 PM
Pack your own lunch.
Tuesdays continued
Feb. 11: Russia in Turmoil
2212 Dan Jacobs
Feb. 18: Organic Farming and Maple Syrup
2213 Don and Susan Wenker
Feb. 25: The Discovery of Beautiful Designs in Nature
2214 Kirtland Hobler
Mar. 4: Light and Color
2215 Henry Fenichel
Wednesdays
Jan. 15: You Too Can Be Younger Next Year!
2408 Kerry Loeffler
Jan. 22: Amazing Trivia
2409 John Duke
Jan. 29: Tolerance in Islam and Addressing Misconceptions
2410 Zeinab Schwen
Feb. 5: Medicare Made Clear
2411 Kathy Liguzinski
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Thursdays
Jan. 16: Take the Wheel with a Racecar Driver
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TUESDAY
9–10:25 AM
Let’s Exercise
3201 Linda Kegg
Discussion of Controversial Issues
3202 Edward Levy
The Art of Photography
3203 Jymi Bolden
Evolution II
3206 Weller Crandell, Gilbert Minson, Dean Moore
Stress Less with Mind-Body Bridging
3207 Katie Hoffman
History of Immigration to Cincinnati
3208 Josephine Gately

TUESDAY
10:35 AM–12 PM
The Age of Insight
3307 Franklin Colón, Dean Moore
Eating to Live
3308 Jeba Moses
Political Paranoia
3309 Dennis O’Keefe
Teaching Effective Study Skills to Your Grandchild
3310 Barbara Solomon
Understanding Yourself and Others with the Enneagram
3311 Tom Flault

THURSDAY
9–10:25 AM
Tai Chi Experience
3600 David Schiel
Yes! You Can Become a Better Photographer
3603 Muriel Foster
Hooray for Hollywood Musicals, Part 2
3606 Doug Iden
Chekhov’s Short Stories
3607 Pamela Kuby
Researching Your Family Tree
3608 Kathy Womer
Federal Budget Sequester
3609 Shannon Womer

THURSDAY
10:35 AM–12 PM
Intermediate Digital Photography Workshop
3703 Muriel Foster
A Twist on How Plays Can Help in Understanding Families
3707 Debbie Zook
“Loesser” Known Broadway Musicals, Part 5
3708 Doug Iden
Can We Talk? Why Are “Over-the-Hill” Themes about Aging So Popular?
3709 Ina Schwartz
C. G. Jung Study/Discussion Group
3710 Sally Moore, Joan Murray, Tom Flault
Travel Seminar
3711 David Yockey
THURSDAY 9–10:25 AM
French Conversation
4701 Gloria Giannestras

More of Flannery: Short Stories of Flannery O’Connor
4702 Bob Shanklin

Ideas in Philosophy
4703 Rollin Workman

Behind the Scenes in the Arts
4704 Janelle Gelfand

THURSDAY 10:35 AM–12 PM
For the Love of Music
4803 Dick Waller, Charles Parsons

Planning Your Second Adulthood
4808 Kent Friel

Move into Ease
4809 Karen Zaugg

THURSDAY 1–2:25 PM
The American Legal System
4904 Jim Coogan

TUESDAY 9–10:25 AM
Writing Down Your Life’s Stories
4200 Tracy Connor

Some Interesting Civil War Generals
4204 Jim Dempsey

Human Genetics: Science, Technology, and Social/Ethical Issues
4205 Martha Walker

TUESDAY 10:35 AM–12 PM
Adventuring into Photography
4301 Peter Nord

Exploring Opera
4304 Richard Goetz

Gentle Taiji and Qigong for Health and Tranquility
4306 Ivy Glennon

Longevity and the Mediterranean Diet
4307 Kimberly Scardicchio

TUESDAY 1–2:25 PM
Let’s Talk Current Events
4403 Len Harding, David Kempton

What’s New in Genealogy Today?
4404 Karen Everett

Satan and God paid a visit to “Exposing the Devil with Classics” to debate the nature of good and evil — and bring John Milton’s Paradise Lost to life.

Brown Bag Lunch talks attracted large crowds at UC Blue Ash for topics including art, health, music, history, travel, science, and genealogy.

Cincinnati Enquirer photographer Cara Owsley shared “A Day in the Life of a Photojournalist” at a Brown Bag Lunch in September.
### SYCAMORE SENIOR CENTER

#### WEDNESDAY WOWS!

##### WEDNESDAY

9 AM–12 PM

Jan. 15: Chautauqua: An American Tradition
5008 Ralph A. Arnold

5009 Steven Connelly, Mary Galloway

Jan. 29: Back to Work after Retirement? We Can Help!
5010 Tom Harris, Harry Snyder

Feb. 5: Cincinnati’s Madcap Puppet Theater
5011 John Lewandowski

Feb. 12: Housing Accessibility/Visitability Issues for Adults 55 and Older
5012 Deb Jetter

Feb. 19: What Is Memory, and How Is It Altered in Disease and Aging?
5013 Michael Behbehani

Feb. 26: What’s the Big Deal? It’s Just Pot!
5014 Coalition for a Drug-Free Greater Cincinnati

Mar. 5: Getting Where You Want to Go in Cincinnati
5015 Terry Garcia Crews, John Schneider, TBA

#### SPRING GROVE CEMETERY

TUESDAY, 9:30–11:30 AM

Mar. 4: Pruning Seminar for the Homeowner
7104 Spring Grove Staff

#### MAPLE KNOLL VILLAGE

WEDNESDAY, 1–3 PM

Art and Hobby Workshop
8200 Glenn King

#### HUC-JIR

WEDNESDAY, 1–2:30 PM

Hebrew Union College-Jewish Institute of Religion: The Pride of Clifton Avenue
8202 Abby Schwartz

#### NATL. UNDERGROUND RR. FREEDOM CENTER

FRIDAY, 1–4 PM

Jan. 14: National Underground Railroad Freedom Center Tour
8401 John Berten

#### JOSEPH-BETH BKS.

FRIDAY, 10:30 AM–12 PM

Road Not Taken
8403 Herb Sedlitz, Bunny Phelps, John Bossert

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**HELP US SPREAD THE JOY OF LEARNING**

We welcome the opportunity to speak to your church, club, or professional organization about OLLI. We will provide a 15-minute presentation on OLLI and bring brochures and catalogs to share.

Contact Sally Peterson at speterson@fuse.net

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OLLI member Alex Gellen got some help with his Kindle from UC Blue Ash students in “Old Dog–New Tricks: Successful Aging and New Technologies.”

UC Blue Ash Dean Cady Short-Thompson and faculty members Jody Ballah, Sara Cummins-Sebree, and Deb Frame joined OLLI for the Back-to-School Party.
3207 Stress Less with Mind-Body Bridging NEW
Tuesdays, 9–10 am (ADI)
4-WEEK COURSE: Jan. 14–Mar. 4
This course (one hour per week for four weeks) encompasses Life Skills training and is based on the techniques of Mind-Body Bridging (MBB), as created by Dr. Stanley Block. MBB provides you with the tools to better manage your stressful thoughts and can be a powerful method to manage life’s stress. MBB is an experiential program that includes learning about mind-mapping exercises, thought labeling, and awareness practices. Learning these three tools is your gateway to gaining an ability to cope with daily stress. Better yet, these tools can be utilized virtually anywhere. YOU MUST BE ABLE TO ATTEND ALL FOUR SESSIONS TO FULLY BENEFIT FROM MBB TRAINING. A workbook needed for the course will be available for $5 on the first day of class.

Moderator: Katie Hoffman, president and director of StressLess, LLC, is a board-certified practitioner of MBB and will be teaching the Life Skills formulated by Dr. Block.

3208 History of Immigration to Cincinnati UPDATED
Tuesdays, 9–10:25 am (ADI)
The course traces the journey of different ethnic groups to their settlements in Cincinnati. Members of the class are invited to participate and share their family stories.

Moderator: Josephine Gately was born and educated in England and has child-welfare experience in both England and Canada. After completing graduate studies at Smith College, she immigrated to the US and fulfilled a career in psychiatric settings. From her own experience and those of others, she has delved into the lives of immigrants to Cincinnati.

3307 The Age of Insight NEW
Tuesdays, 10:35 am–12 pm (ADI)
What happens when leaders in medicine, science, and art meet and discuss integrating disciplines to improve the brain, medical advances, science and art processes, and problem solving? These meetings over a period of time in 20th-century Vienna led to many changes, new sciences, and art production and interpretation. If interested in learning about these unusual experiments, works, and professional practices, join us. For the first class, please read chapters 1–4 of Eric Kandel’s Age of Insight (New York: Random House, 2012; about $25 online).

Co-Moderators: Franklin Colón, MD, and emeritus professor of family medicine, UC; and Dean Moore, precollege and college educator, three degrees from Ohio Univ. and UC.

3308 Eating to Live UPDATED
Tuesdays, 10:35 am–12 pm (ADI)
With hundreds of food choices on the supermarket shelf, what should one choose to ensure better health for the entire person, not just for the tongue’s taste buds? This course will help you make informed choices and eat healthier and better without breaking your budget.

Moderator: Jeba Moses, pastor of the Clifton Adventist Church, doctorate in theology with secondary emphasis in health.

3309 Political Paranoia NEW
Tuesdays, 10:35 am–12 pm (ADI)
More than 50 years ago, professor Richard Hofstadter wrote that American politics was often characterized by extremist rage and opposition to policies that benefited certain groups, often minorities (Anti-intellectualism in American Life and The Paranoid Style in American Politics). We will examine Hofstadter’s work and more recent examples of political paranoia.

Moderator: Dennis O’Keefe, PhD, political science, and experienced teacher of constitutional law.

3310 Teaching Effective Study Skills to Your Grandchild NEW
Tuesdays, 10:35 am–12 pm (ADI)
6-WEEK COURSE: Jan. 14–Feb. 18
This class will unlock the mystery of teaching more effective study skills. The course will cover organization (time, possessions, and ideas), development of good listening skills, how to take good notes, improving memory, and different methods to study for different kinds of tests. In order to cover the copying costs of the handbook, there will be a $10 supply fee payable to the moderator on the first day of class.

Moderator: Barbara Solomon has been a classroom teacher for 20 years. In addition, she has her own tutoring business that deals with the needs of students from kindergarten through grade 12. She has also been the developer and director of a resource room.
Class descriptions by CLASS NUMBER

3311 Understanding Yourself and Others with the Enneagram
Tuesdays, 10:35 am–12 pm (ADI)
The Enneagram personality system describes basic motivations behind behavior. Develop an understanding of the system as a whole as well as your personal preferences. We will discuss using the Enneagram to develop better relationships with others including family, friends, and intimates. The Enneagram can also be used to understand movies, literature, politicians, spiritual paths, and even cultures.

Moderator: Tom Flautt is retired from P&G. While there, he developed an interest in what makes people tick. He is certified as an Enneagram teacher by major Enneagram schools. He also teaches an OLLI course on Carl Jung.

3600 Tai Chi Experience
Thursdays, 9–10:25 am (ADI)
This class offers an introduction to the graceful, noncompetitive Chinese soft martial art of tai chi. Patient instruction allows individuals to proceed at their own pace and ability. As a gentle physical exercise form, doing tai chi can lead to increased stamina and muscle tone, improved balance, and more effective breathing. As a form of “meditation in motion,” tai chi can provide mental benefits of stress reduction and relaxed disposition. Performing tai chi can be used as a convenient and effective regular exercise program.

Moderator: David Schiel is a tai chi enthusiast.

3603 Yes! You Can Become a Better Photographer
Thursdays, 9–10:25 am (ADI)
7-WEEK COURSE: Jan. 16–Feb. 27
CLASS LIMIT: 12
This workshop is about becoming a better photographer. As in any visual art form, good photographs are created by what one sees. Becoming more aware allows the images you see to become the photographs you want. People using inexpensive digital cameras can and do take good—even great—photographs. This is a basic working class with photography field assignments each week. We will learn from each other as we share each week's assignment results.

Moderator: Muriel Foster is an award-winning photographer whose fine art photographs are in corporate and private collections. Her exhibition experience includes major regional competitions, national shows, and four one-woman shows. She is a published writer and photographer with a studio and gallery at the Loveland Artist Studios on Main where she teaches private classes.

3606 Hooray for Hollywood Musicals, Part 2
Thursdays, 9–10:25 am (ADI)
4-WEEK COURSE: Feb. 13–Mar. 6
Hollywood musicals were different from Broadway musicals. Starting with the first “talkies,” we will take a trip through the history of movie musicals through their recent resurgence.

Moderator: Doug Iden is a retired financial advisor and a big fan of Broadway musicals with an extensive collection of Broadway scores and movies.

3607 Chekhov's Short Stories
Thursdays, 9–10:25 am (ADI)
CLASS LIMIT: 20
Anton Chekhov (1860–1904) remains an acknowledged master of the short story. His work has been called subtle, delicate, rebellious, and brutal. Using The Selected Stories of Anton Chekhov, translated by Pevear and Volokhonsky, we will read the stories chronologically. Please read the first four (very short) stories for the first class.

Moderator: Pamela Kuby has degrees from Bryn Mawr College (magna cum laude, philosophy), Bank Street College of Education (MS, early childhood education), and New York Univ. (MS, psychology). She is an avid reader and theatergoer and loves Chekhov.

3608 Researching Your Family Tree
Thursdays, 9–10:25 am (ADI)
Learn the basics of finding your ancestors, where they lived and died, who they married and the children they had, whether they fought in the wars and received military pensions, and other facts about your family history. We will discuss how to get started and how to document and organize your findings. Resources such as the census and other government records, online sources, newspapers, family histories, and many more areas will be explored. There will also be opportunities for sharing ideas—and who knows, maybe you are searching for the same families that other class members are!

Moderator: Kathy Womer is a member of the Hamilton County Chapter Ohio Genealogical Society and has been researching
her own and her husband’s families for seven years.

3609 Federal Budget Sequester  
**NEW**  
**Thursdays, 9–10:25 am (ADI)**  
We will review the history of the budget process to see why there is a sequester, define what the budget sequester is, and analyze what it’s designed to accomplish. We will discuss if the sequester is working and if it will—or should—be allowed to continue. Hopefully, the class will come up with some constructive suggestions concerning the law and how it’s being applied. There will be handouts.

**Moderator:** Shannon Womer is a retired City of Cincinnati employee who worked with budgets and fiscal matters for more than 25 years. He has a BA in psychology from UC.

3703 Intermediate Digital Photography **Workshop**  
**NEW**  
**Thursdays, 10:35 am–12 pm (ADI)**  
**7-WEEK COURSE: Jan. 16–Feb. 27**  
**CLASS LIMIT: 12**  
This workshop will help those of you with a basic understanding of photography and a desire to learn more at the next skill level. You will learn to train your eyes to find artistic photo opportunities and to make choices, thus turning what you see into photos you will be proud to show as works of art. This is not a technology class. We are learning to see differently with a camera as a tool. Weekly assignments are combined with sharing the results to advance your knowledge and abilities beyond the basic level.

**Moderator:** Muriel Foster is an award-winning photographer whose fine art photographs are in corporate and private collections. Her exhibition experience includes major regional competitions, national shows, and four one-woman shows. She is a published writer and photographer with a studio and gallery at the Loveland Artist Studios on Main where she teaches private classes.

3707 A Twist on How Plays Can Help in Understanding Families  
**NEW**  
**Thursdays, 10:35 am–12 pm (ADI)**  
**6-WEEK COURSE: Jan. 16–Feb. 20**  
Our new twist is that we will all be moderators because of our passion for plays and studying issues pertaining to families. We’ll read three plays: The Trip to Bountiful by Horton Foote (1/16, 1/23), A Delicate Balance by Edward Albee (1/30, 2/6), and Butterflies Are Free by Leonard Gershe (2/13, 2/20). Discussion themes will include, but are not limited to, parenting, siblings, gender roles, love/hate, trust, and transgenerational issues. We will continue to be a fun, interactive class. Having each play read before its scheduled date is not required but enriches discussion and participation.

**Moderator:** Debbie Zook was a teacher for more than 25 years and now enjoys spending time with her grandchildren, gardening, traveling, reading, and cooking.

3708 “Loesser” Known Broadway Musicals, Part 5  
**NEW**  
**Thursdays, 10:35 am–12 pm (ADI)**  
**4-WEEK COURSE: Feb. 13–Mar. 6**  
We’ll continue our journey of lesser-known Broadway musical composers such as Rodgers and Hart, Charles Strouse, and Kander and Ebb plus lesser-known shows by better-known composers.

**Moderator:** Doug Iden is a retired financial advisor and a big fan of Broadway musicals with an extensive collection of Broadway scores and movies.

3709 Can We Talk? Why Are “Over-the-Hill” Themes about Aging So Popular?  
**NEW**  
**Thursdays, 10:35 am–12 pm (ADI)**  
Most Americans tend to have little tolerance for older people and very few reservations about harboring negative attitudes toward them. We will talk about the origins, effects, and examples of ageism, what they do to us, and how we can respond to them.

**Moderator:** Ina Schwartz is a licensed clinical social worker, geriatric consultant, and former adjunct instructor of interpersonal communication at UC. She provides workshops for mental health professionals and facilitates support groups on aging issues. MA, communication, UC; MSW, UC.

3710 C. G. Jung Study/Discussion Group  
**NEW**  
**Thursdays, 10:35 am–12 pm (ADI)**  
Carl Jung developed a vast work concerning self-knowledge, personal development, art, culture, and spirituality. The class will start by reviewing basic concepts of Jungian psychology. Then participants will have the opportunity to learn in greater depth the part of Jung’s teaching that has special interest for them by researching and presenting a topic for class discussion. The moderators will suggest resources to help your journey of discovery.

**Co-Moderators:** Sally Moore, coordinator of Greater Cincinnati...
Class descriptions by **CLASS NUMBER**

**Friends of Jung and retired director of Research Services, Convergys, Inc.; Joan Murray, occupational therapist and chemical dependency counselor; Tom Flautt, PhD, retired P&G executive, involved in organizational development, executive coaching, and personality research.**

**3711 Travel Seminar**  
**UPDATED**  
Thursdays, 10:35 am–12 pm (ADI)  
**7-WEEK COURSE: No Class Feb. 6**  
This course will focus on travel tips, how to find the best prices, and information on “hot” destinations. Learn about car rentals, travel insurance, European rail travel, etc.

Moderator: David Yockey, AB, MEd, MA, DS, retired as a department head at Milford HS and has worked as an independent travel consultant with Provident Travel for the past 22 years. He has traveled extensively.

**4200 Writing Down Your Life’s Stories**  
Tuesdays, 9–10:25 am (TUC)  
Participants will work to wrangle and wrestle their favorite stories down on paper. Write as you’ve never written: without rules, without censor, without judgment. Each class is a unique experience, colored and inspired by the writings of the participants. Create a Family Story Chapbook that will be a treasure in decades to come.

Moderator: Tracy Connor is a writer, improviser, and actress. A Los Angeles resident for 18 years, she worked with poet Jack Grapes and created her first chapbook. A resident of Cincinnati since 2007, she produces a quarterly literary salon, Tongue & Groove/Cincinnati, in Clifton that features local writers, poets, storytellers, and musicians.

**4204 Some Interesting Civil War Generals**  
Tuesdays, 9–10:25 am (TUC)  
Most people are familiar with the leading Civil War generals: Grant, Lee, Sherman, and Stonewall Jackson. Other generals were very well known, famous (and sometimes controversial) at the time of the war and shortly thereafter. However, memories of these men have faded over the years. This course will cover some of these generals: Thomas, Meade, and Sheridan for the Union; Longstreet, Joseph Johnston, and Hood for the Confederacy. We will review their lives and careers as well as their impact on key battles and on the course of the war overall. Attention will also be given to their activities after the war.

Moderator: Jim Dempsey, BA, Cornell Univ., MBA, Univ. of Michigan, is a retired P&G executive with an abiding interest in the Civil War.

**4205 Human Genetics: Science, Technology, and Social/Ethical Issues**  
**UPDATED**  
Tuesdays, 9–10:25 am (TUC)  
**CLASS LIMIT: 24**  
From your doctor’s office to your favorite TV or radio show, the topic of genetics seems to be everywhere. This course will provide detailed and up-to-date information on the genetic basis of human disease, DNA forensics, ethical considerations, the human genome project, and the impact of genetics research on everyday life.

Moderator: This course will be taught by genetic counselors, physicians, and laboratory specialists from Cincinnati Children’s Hospital Medical Center.

**4301 Adventuring into Photography**  
**UPDATED**  
Tuesdays, 10:35 am–12 pm (TUC)  
Don’t throw your camera into the river: take this course. We’ll learn to have fun with photography while we figure out the elements of good photographs and practice making and sharing them. We’ll examine great photographs and listen to what experts say about making good ones. The best camera is the one you have with you, so bring what you have. You’ll shoot the subjects you like and astound family and friends on how well you’re doing. After you register, please email me at pnord@cinci.rr.com so that I may send you instructions for the first class.

Moderator: Peter Nord, PhD, has more than 50 years’ experience in various aspects of photography.

**4304 Exploring Opera**  
**UPDATED**  
Tuesdays, 10:35 am–12 pm (TUC)  
Our exploration this quarter will include a top-20 opera, Verdi’s *Il Trovatore*; the less-familiar *Pique Dame* by Tchaikovsky; and the contemporary *The First Emperor* by Tan Dun.

Moderator: Richard Goetz, PhD, is a retired industrial chemical research manager who has been attending opera since 1949.

**4306 Gentle Taiji and Qigong for Health and Tranquility**  
**NEW**  
Tuesdays, 10:35 am–12 pm (TUC)  
The flowing movements of taiji (alternate spelling of tai chi) and nurturing postures of qigong (its meditation dimension)
promote not only calmness and equanimity but also bone and muscle strength, balance, and agility. This course uses a fundamental taijiquan form set as well as moving, standing, sitting, and lying down qigong movements to improve health and nurture our strengths. This Evidence Based Qigong and Taiji (EBQT) was developed by 19th-generation Chen taiji master Dr. Yang Yang. To learn more, peruse www.chentaiji.com.

Moderator; Dr. Ivy Glennon, 15-year student of Chen taiji and qigong through Master Yang Yang’s Center for Taiji Studies in Illinois, recently moved to Cincinnati after retiring from the Institute of Communications Research at the University of Illinois. A certified teacher of EBQT since 2008, she can be reached at ivy.taiji@gmail.com.

**4307 Longevity and the Mediterranean Diet**  
Tuesdays, 10:35 am–12 pm (TUC)

Nutrition’s impact on aging is improved by a simple and flavorful Mediterranean lifestyle. Discern food combinations that strengthen organs through nutritional remedies that treat the disease and not the symptoms (noted in evidence-based Western medical research). Identify nutrient requirements, dietary changes, and energy sources for metabolism that will promote healthy longevity. Keeping in mind one’s personal life and emotional balance, students will be able to distinguish foods that best meet their dietary needs, plan personalized meals, and communicate which lifestyle elements they intend to change by the end of the course.

Moderator; Kimberly Scardicchio is a UC alum, having completed studies in the didactic program of dietetics (BASC) from the College of Allied Health and Sciences. She is a certified dietetic technician registered and a member of the Greater Cincinnati Dietetic Association and the Academy of Nutrition and Dietetics. She has 20 years of experience studying, teaching, and consulting on the Mediterranean diet during her time abroad in Italy and in the US, having lectured for representatives at Coldwell Banker, GE, Eli Lilly, churches, charities, schools, and galas.

**4403 Let’s Talk Current Events**  
Tuesdays, 1–2:25 pm (TUC)

This course is intended to deal with the political, economic, and social events of the day.

Co-Moderators: Len Harding is a semi-retired, but not at all retiring, person who has not had a traditional career and is not locked into any particular view of anything. He has been, by turns, an adjunct instructor of history, technical writer, architectural specifications writer, and LEED (green construction) contract administrator in Las Vegas. David Kempton, AS, history and government from Ohio Univ, MS, education from UC, worked for the Hamilton County Board of Developmental Disability Services for 35 years where his primary job was to assist students with developmental disabilities transition from school to work.

**4404 What’s New in Genealogy Today?**  
Tuesdays, 1–2:25 pm (TUC)

Something old, something new, something borrowed, and something more fascinating than a mystery novel because it involves YOU and YOUR family. New sources for information are almost endless. WARNING! Your search may be addictive. Moderator is an experienced genealogist dedicated to helping the novice or the experienced researcher.

Moderator: Karen Everett, BS, education, magna cum laude, UC; post grad, College of Mt. St. Joseph, XU, UC, Miami Univ.; 30 years district librarian, education director, Hamilton County Chapter of Ohio Genealogical Society; member, First Families of Hamilton County, Ohio; recipient, DAR Service Award and Hamilton County Genealogical Society Distinguished Service Award.

**4701 French Conversation**  
Thursdays, 9–10:25 am (TUC)

Take this opportunity to improve your speaking skills and brush up on the structural components of one of the most beautiful languages of the world by applying them in a systematic conversational format. Some basic knowledge of French is required.

Moderator: Gloria Giannestras attended only French-speaking schools until college. She holds a BA from the College of William and Mary in French and Spanish.

**4702 More of Flannery:**  
Short Stories of Flannery O’Connor  
Thursdays, 9–10:25 am (TUC)

*CLASS LIMIT: 15*

Flannery O’Connor, Irish and a devoted lifelong Catholic born and bred in deep-South Baptist Georgia, declined centering her art in either of those cultures. Instead, ironically, she chose her characters and the setting of her stories from the rural, backwoods people of the South who profess to their own version of Christianity. She illuminated their lives with great
artistry and an abiding affection. The book required is *Flannery O'Connor: The Complete Stories*. Please read “The River” prior to the first class.

Moderator: Bob Shanklin is a lifelong lover of literature and poetry with an ever-growing gratitude to OLLI for providing a venue for expressing his passion.

### 4703 Ideas in Philosophy

**Thursdays, 9–10:25 am (TUC)**

Two rather different topics will occupy the course in one order or the other. First, the concept of “knowing something” and the philosophical concept of innate concepts. Second: Plato’s ideal state as described in his fifth-century BC book, *The Republic*, and its degeneration. The first topic leads to the view of reality advocated by Immanuel Kant. The second topic leads to Machiavelli’s prediction of the ultimate failure of republics. Class format: lectures with as much class discussion as possible.

Moderator: Rollin Workman, retired UC professor of philosophy.

### 4704 Behind the Scenes in the Arts

**Thursdays, 9–10:25 am (TUC)**

Back by popular demand, we invite arts leaders from many disciplines—dance, opera, symphony, or visual arts—to discuss, enlighten, and debate. Janelle will talk about behind-the-scenes changes in the newspaper industry as well.

Moderator: Janelle Gelfand has written for the *Cincinnati Enquirer* since 1991 and has been its classical music critic since 1993. BA, music, Stanford; Master’s, PhD, UC College-Conservatory of Music. CCM instructor, music history, for three years. Articles, reviews in local and national music publications.

### 4803 For the Love of Music

**Thursdays, 10:35 am–12 pm (TUC)**

“Listening to great music has always affected my entire being. This course will continue to share the wonder of great music and how it enriches our lives. There will be different composers and some of my performing colleagues to add to the mix,” says Dick Waller. The counterpoint between the moderators: gentle, retired CSO principal clarinetist (1960–94) Dick Waller and the guru of things musical and operatic, Charles Parsons, sparks interest, love, and loyalty.

Co-Moderators: Dick Waller, artistic director, Linton Chamber Music Series, 1976–2009; and Charles Parsons, retired librarian, UC College of Law; author; lecturer, UC College-Conservatory of Music; honorary PhD, Univ. of Wales, Lampeter.

### 4808 Planning Your Second Adulthood

**Thursdays, 10:35 am–12 pm (TUC)**

**CLASS LIMIT: 15**

Would you like to continue an active, contributing life after retirement? Do you need to earn income, or are you mostly interested in volunteering? Are you having trouble figuring out how to move forward with your interests? This course will explore your interests and needs, assist you in reviewing and defining your skills, help you prepare a resume, identify outlets for your interests, and assist you with strategies to accomplish your goals.

Moderator: Kent Friel, MBA, UC, 1965; retired senior vice president of Lee Hecht Harrison, world’s leading careerservices firm. He recently served as a community fellow with KnowledgeWorks Foundation.

### 4809 Move into Ease

**Thursdays, 10:35–11:35 am (TUC)**

**CLASS LIMIT: 20**

A touch of yoga, some energizing movement, a time for relaxation, soulful stretching, and pumping life into each cell. This ONE-HOUR class oils your joints and breathes ease into your bones, like giving yourself a massage. Wear comfortable, loose clothing and bring a mat or towel on which to lie. Expect to feel rejuvenated!

Moderator: Karen Zaugg brings a lifetime of dance training, yoga, and a variety of bodywork experiences to welcome you to exercise and a sense of wellbeing.

### 4904 The American Legal System

**Thursdays, 1–2:25 pm (TUC)**

This survey course covers our legal system’s origins: natural law, common law, the Declaration of Independence, the Constitution; the three branches of government; our court systems: federal, state, and local; the jury system: verdicts, burden of proof, appeals; cases in equity, contracts, torts, agency, criminal law; and order of procedure, rules of evidence, precedents, and stare decisis.

Moderator: Jim Coogan is a former managing partner of the Drew Law Firm Co., LPA, where he is now of counsel and consulting in probate, trust, and premarital agreements. UC, BA, economics, 1959; JD, 1961. Former chair, Professional
Ethics Committee of the Cincinnati Bar Association; former “Super Lawyer,” Cincinnati Magazine; Trustees Award, Cincinnati Bar Association.

5008 Chautauqua: An American Tradition
Wednesday, Jan. 15, 9 am–12 pm (SSC)
The Chautauqua Institution has provided cultural, educational, and entertainment experiences for more than 135 years. Located on Lake Chautauqua in western New York State, it is the birthplace of the nationwide Chautauqua movement. The lecture will incorporate slides and historical background of this unique American treasure.

Moderator: Ralph A. Arnold

5009 Berea: A History of Firsts, a Future of Growth
Wednesday, Jan. 22, 9 am–12 pm (SSC)
Berea, KY, and Berea College, long known for skilled Appalachian craftspeople, are much more than that. Their history is fascinating—the town the first to incorporate racial interspersion in its housing and the first interracial college in the South, which proudly says, “It’s the best education money cannot buy.” Berea’s mayor and a member of the college administrative staff will tell the stories of the town and the college, both the history and the future direction of this one-of-a-kind place. This is the first part of a focus on Berea in 2014; in the spring term, you can join an April 25 bus trip to Berea for an exclusive, up-front tour.

Co-Moderators: Mayor and private practice attorney Steven Connelly, MA, history, Eastern Kentucky Univ., and JD, Univ. of Kentucky; and Mary Galloway, Berea College administrative staff. Both are graduates of Berea College

5010 Back to Work after Retirement? We Can Help!
Wednesday, Jan. 29, 9 am–12 pm (SSC)
The Bureau of Labor Statistics states that, following retirement, the number of working seniors is actually on the rise. In fact, it’s more than doubled since 1990. Mature workers bring assets to the workplace that employers need, including strong work ethic, reliability, good judgment, and strong interpersonal and communication skills. In promising to remove barriers and expand adults’ learning opportunities, the state recognizes that Ohio’s Technical Centers (formerly Adult Career-Technical Centers) can help prepare you in this endeavor. Ohio Technical Centers offer a well-integrated network of programs and services that allow those reentering the workforce to update their skills and to succeed in an innovation- and technology-driven economy and in most cases earn college credit at the same time.

Co-Moderators: Tom Harris is director of adult education and workforce development for the Warren County Career Center in Lebanon, OH. He has been involved in Career Technical Education for the US Air Force, State of Utah, and Ohio for the past 28 years. Harry Snyder is the director for adult workforce education for the Great Oaks Career Campuses. He has been with Great Oaks since 1996 and has focused on economic development issues, workforce development solutions, and collaborations and partnerships that benefit the region and the State of Ohio.

5011 Cincinnati’s Madcap Puppet Theater
Wednesday, Feb. 5, 9 am–12 pm (SSC)
Please join John Lewandowski and his puppet friends for an interesting discussion about the history of puppetry and the future of the Madcap Puppet Theater. We will learn how these amusing puppets are constructed and how they work. We will see huge puppets and small puppets. And Mr. Lewandowski might even let you talk to them.

Moderator: John Lewandowski is the artistic and executive director of Madcap Puppet Theater. He has devoted his career of more than 25 years to creating puppet theater organizations throughout the US and Europe.

5012 Housing Accessibility/Visitability Issues for Adults 55 and Older
Wednesday, Feb. 12, 9 am–12 pm (SSC)
Don’t miss this informative symposium of professional speakers who will address the issues that confront older adults concerning accessibility/visitability needs in housing. Whether you are a renter, homeowner, or family member, come hear invaluable information from a panel of experts who will share what their organizations can do in assisting consumers with current or potential housing accessibility needs.

Moderator: Deb Jetter, staff representative from Housing Opportunities Made Equal. Panel experts include Jere McIntyre, People Working Cooperatively; Kat Lyons, Center for Independent Living Options; Danette Ellis, Council on Aging; and TBA, Cincinnati builder.

5013 What Is Memory, and How Is It Altered in Disease and Aging?
Wednesday, Feb. 19, 9 am–12 pm (SSC)
Neurodegeneration (ND) is defined as the loss of structure and function of neurons in the body. In nearly all cases, ND occurs in the central nervous system (CNS), which includes
the spinal cord and the brain. Many diseases of the CNS such as Alzheimer’s, Parkinson’s, amyotrophic lateral sclerosis (Lou Gehrig’s disease), and Huntington’s disease occur as the result of ND processes. In recent years, many of the mechanisms of ND have been discovered. The focus of this talk is the processes of ND in the memory and learning systems of the brain.

Moderator: Michael Behbehani, PhD, professor emeritus, Department of Molecular and Cellular Physiology, UC.

5014 What’s the Big Deal? It’s Just Pot!
Wednesday, Feb. 26, 9 am–12 pm (SSC)
Marijuana is one of the most controversial drugs in society today. Pro-marijuana advocates make claims that approving marijuana medicinally will aid those with medical conditions such as cancer and glaucoma. During this three-hour course, participants will understand the harms of marijuana use and listen to panelists from law enforcement, medicine, drug treatment, and the business sector discuss how marijuana legalization would impact communities.

Moderators: This workshop will be moderated by the Coalition for a Drug-Free Greater Cincinnati, a nonprofit aimed at promoting wellness through the prevention of substance abuse across the lifespan throughout the Tristate.

5015 Getting Where You Want to Go in Cincinnati
Wednesday, Mar. 5, 9 am–12 pm (SSC)
Public transportation connects people and places, supports the local economy, and improves the quality of life. Learn more about three important transportation issues that have the potential to affect all of us. Learn how the Metro transit system is working with the community and local businesses to keep our region on the move and recent improvements to make us more connected. Hear about the proven track record modern streetcars have for repopulating once-abandoned areas of the cities where they have been constructed and their continued expansion over the past few years. Understand the current status of the Brent Spence Bridge project and why the Build Our New Bridge Now Coalition believes we need to act to build a new bridge before not doing so cripples our region.

Moderators: Terry Garcia Crews is CEO and general manager of the Metro Transit System. John Schneider, called “Mr. Streetcar” by former mayor Mark Mallory, chairs Cincinnati’s Alliance for Regional Transit and is managing director of First Valley Holdings LLC. Speaker TBA from Build Our New Bridge Now Coalition.

6000 Beyond the Snapshot: Digital Foundations
Mondays, 2:30–4 pm (SCC)
7-WEEK COURSE: Jan. 13–Feb. 24
CLASS LIMIT: 14
Photography is the use of technology to create artistic images. In this beginner class, we combine both aspects to make a good photograph by increasing our technical knowledge to improve the artistic quality of our photographs. The sessions weave together the power and limitations of the camera with the basics of visual composition. Any digital camera will work for this class. We will discuss inexpensive digital cameras at the first class meeting for those who don’t have one. There will be weekly assignments between classes to try out the techniques. You will learn by doing.

Moderator: Howard Todd is a professor at UC and lifelong photographer.

6200 Photography Workshop Challenges
Wednesdays, 2:30–4 pm (SCC)
7-WEEK COURSE: Jan. 15–Feb. 26
CLASS LIMIT: 14
In this workshop, the moderators serve as facilitators and coaches. Participants will share their work, and all will participate in gentle discussion. Each week, we will have a challenge assignment of six photos to share. The workshop is designed for participants who have previously completed a photography course, have a basic working knowledge of their camera, and want to engage at the next level. For beginners, other OLLI photography classes are available.

Co-Moderators: Howard Todd is a professor at UC and lifelong photographer. Bernadette Clemens-Walatka is an award-winning photographer.

7104 Pruning Seminar for the Homeowner
Tuesday, Mar. 4, 9:30–11:30 am (SGC)
CLASS LIMIT: 50
Learn from the horticulture staff of Spring Grove Cemetery and Arboretum how proper pruning can make all the difference for your trees and shrubs. They’ll show you how to apply the right techniques and tools for your yard. Walking one mile is required. Meet in the Reception Center in the rear of Gwen Mooney Funeral Home at Spring Grove Cemetery and Arboretum. Enter either through the main gate or the
funeral home gate. Watch for seminar signage. Course will be held rain or shine. Dress for the weather.

Co-Moderators: Spring Grove Horticulture Staff

**8200 Art and Hobby Workshop**
Wednesdays, 1–3 pm (Maple Knoll Village)

**CLASS LIMIT: 8**

Come share your hobby or art talent in a casual atmosphere. We love creative people. It’s your call. Bring what you need with you and get ready to have a good time. Large tables are waiting in a sunny, pleasant room. We enjoy talking and getting to know how talented our wonderful OLLI members are. Help is available on your project if requested. Maple Knoll Village, 11200 Springfield Pike, Cincinnati, OH 45246.

Moderator: Glenn King, BFA, Univ. of Texas and L’Ecole des Beaux-Arts in Paris, France. She is currently illustrating a series of books on child safety for Trauma Service at Children’s Hospital.

**8202 Hebrew Union College-Jewish Institute of Religion: The Pride of Clifton Avenue**
Wednesdays, 1–2:30 pm (HUC-JIR)

**4-WEEK COURSE: Feb. 5–26**

**CLASS LIMIT: 20**

Spend four weeks exploring this national treasure with experts from the faculty and staff of Hebrew Union College-Jewish Institute of Religion. Week 1: Learn about the history of HUC-JIR and visit the Scheuer Chapel in the Classroom Building. Week 2: Explore the rare and beautiful books housed in Klau Library. Week 3: Discover the international importance of the Jacob Rader Marcus Center of the American Jewish Archives. Week 4: Tour the Skirball Museum. Each week will offer the opportunity to learn about the place of HUC-JIR in Cincinnati and world history and interact with experts and important objects from its collections. HUC-JIR, 3101 Clifton Ave., Cincinnati, OH 45220.

Moderator: Abby S. Schwartz is interim director of the Skirball Museum at HUC-JIR. She will be joined by faculty and staff from the college for each session.

**8401 National Underground Railroad Freedom Center Tour**
Friday, Jan. 24, 1–4 pm (NURFC)

**CLASS LIMIT: 25**

On this tour of the permanent and temporary exhibits at the National Underground Railroad Freedom Center, we will discuss the introduction of African slaves to our shores as far back as 1619. Our discussions will take us through the history of our state and country to the present time including how Ohio played an important part in the Underground Railroad system. Admission is $10, payable at the door, and paid parking is available under the museum. National Underground Railroad Freedom Center, 50 E. Freedom Way, Cincinnati, OH 45202.

Moderator: John Berten, retired GE executive, volunteer tour guide at NURFC since its opening nine years ago, extensive tour experience with visitors of all ages and nationalities.

**8403 Road Not Taken**

**UPATED**
Fridays, 10:30 am–12 pm (Joseph Beth Booksellers)

**CLASS LIMIT: 12**


Co-Moderators: Herb Sedlitz, retired computer programmer; Bunny Phelps, nutrition consultant; John Bossert, BA, English, Vanderbilt Univ.; retired physician; lifelong interest in literature.
DIRECTIONS TO TANGEMAN UNIVERSITY CENTER
From Jefferson Avenue, turn onto Corry Blvd.
• Turn left into Corry Garage.
- or -

Continue on Corry Blvd. to CCM Garage down ramp. After parking at CCM garage:
• Take Electronic Media elevator to 4th floor
• Exit left and then left again at first doors
• Cross bridge and enter TUC straight ahead
• Take first elevators on right to 4th floor

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Upcoming Events

Lisa Biales
February 15, 2014
8:00 p.m.
“Belle of the Blues” Lisa Biales sings from the heart and writes playful music about the simple things in life. She weaves a down home blues vernacular with finger style guitar to create songs that feel like they have been around forever. Lisa will be joined by Ricky Nye on piano and Chris Douglas on upright bass.

The Wonder Bread Years Starring Pat Hazell
March 8, 2014
8:00 p.m.
This one-man-show salutes the baby boomer generation and the nostalgia of family life in the 1960s. Pat Hazell, an original writer for the sitcom “Seinfeld,” gracefully walks the line between stand-up comedy and theater. The show leaves audience members laughing over memories of the past, and aims to restore a much-needed sense of wonder.

The Faux Frenchmen
April 5, 2014
8:00 p.m.
Following from the traditions of Django Reinhardt and the Hot Club movement of the 1930s, the Faux Frenchmen's style is a unique blend of European and American jazz, referred to as “gypsy jazz.” The group is made up of acoustic guitarists Brian Lovely and George Cunningham, acoustic bassist Don Aren, and violinist Paul Patterson.

Tickets
$10

Tickets & Info:
www.ucblueash.edu/performingarts or (513) 745-5705
Join fellow OLLI members on a Road Scholar learning adventure

Finger Lakes Sampler:
Nature’s Bounty, History, Art and Wine
Program #1757  |  Sunday, June 8 – Friday, June 13, 2014
Double Occupancy: $528 | Single: $838

ROAD SCHOLAR®
Call us toll free at (800) 328-7286 to enroll.

Don’t stop the music!

Whether you’re a beginner on violin, cello, viola or bass, or returning to music after a long while, you’re welcome at New Horizons Orchestra of Cincinnati. We look forward to making music with you!

Rehearsals Wednesdays Jan. 15 - April 15 at UC’s Tangeman Center. Call 513-556-2595 or go online to ccm.uc.edu/prep for more info. BettyAnne Gottlieb, music director

SPRING 2014 SEASON FEATURING:

THE ARIEL QUARTET PRESENTS THE
BEETHOVEN CYCLE
Jan. 23 - March 29

THE SOUNDS OF STAN GETZ
Jan. 26, 7 p.m.

GERALD FINLEY, BARITONE
JULIUS DRAKE, PIANO
Feb. 5, 8 p.m.

METAMORPHOSES
Feb. 5 - 9
For Mature Audiences

PIANOPALOOZA IX
Feb. 16, 7 p.m.

LES MISÉRABLES
Feb. 27 - March 9

DON PASQUALE
April 3 - 6

GISELLE
April 17 - 19

… and dozens of other events spanning the spectrum of the performing and media arts!

CATCH A RISING STAR
at UC’s College-Conservatory of Music, a nationally ranked and internationally renowned conservatory for the performing and electronic media arts.

Discover the world-class musicians, virtuoso performances, creative collaborations and inspiring productions that make us CCM! Subscription and flex ticket packages are on sale now!

513-556-4183
boxoff@uc.edu
ccm.uc.edu
It would be hard to find a more enthusiastic and energized group of people than the members of the Osher Lifelong Learning Institute at the University of Cincinnati. Volunteers abound. Few members ever miss a class. Participation is contagious. We have a great thing going.

In an organization driven by volunteers, your contributions make a major difference in OLLI’s success. Your support guarantees that OLLI will continue to offer a superb program at a bargain price.

We know that lifelong learning is important to you, and we know that OLLI plays an important role as your source of lifelong learning.

A contribution to the Friends of OLLI helps to sustain the program and make it accessible to your friends and neighbors as well.

A gift to Friends of OLLI supports:
- Scholarships for those who need financial assistance
- Parking expenses for members attending classes on main campus
- Purchase of audiovisual equipment
- Underwriting of special events

Please consider a generous gift to Friends of OLLI. Your classmates are counting on you.
**OLLI registration form**

*Take as many courses as you wish for one $85 fee. You’ll receive confirmation of your registration.*

### PLEASE PRINT

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**PAYMENT**

- ☐ $85/person  
- ☐ $205 for fall, winter & spring/person  
- ☐ $170/2 persons  
- ☐ $410 for fall, winter & spring/2 persons

- ☐ Check  
- ☐ Visa  
- ☐ MasterCard  
- ☐ Discover

**Card Number**  
**Expiration Date**  
**Name on Card**

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**PLEASE SEND ENTIRE FORM OR REGISTER ONLINE**

Make check payable to University of Cincinnati. Please mail completed registration form and payment to:

**OLLI at UC**  
PO Box 6249  
Cincinnati, OH 45206

- ☐ TUC Parking Pass needed

**QUESTIONS? Contact:**

Phone: 513-556-9186  
Email: olli@uc.edu
Class Dates
Winter classes begin on January 13, 2014

Vision Statement
OLLI is the premier organization offering educational and social experiences to the mature residents of Greater Cincinnati by:
- Nourishing intellect, expanding knowledge, and exploring new ideas
- Sharing interests and experiences
- Cultivating friendships

Mission Statement
OLLI provides opportunities for lifetime learning and social interaction to the mature residents of Greater Cincinnati.

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