

# OSHER LIFELONG LEARNING INSTITUTE

# OLLI

AT THE UNIVERSITY OF CINCINNATI

*A Vibrant Learning Community*

ONLINE & MAIL  
REGISTRATION  
BEGINS

**JAN. 16  
9 AM**

## COURSE CATALOG

WINTER 2018





## CONTACT

513-556-9186  
uc.edu/ce/olli  
olli@uc.edu

## CONTENTS

Important News for Winter . . . . .	3
How to Use This Catalog . . . . .	3
Locations & Parking . . . . .	3
Registration Options & Instructions . . . . .	3
Classes by Category . . . . .	4
Classes by Number . . . . .	8
Schedule-at-a-Glance . . . . .	21
Maps . . . . .	41
Friends of OLLI . . . . .	42
<b>Registration Form . . . . .</b>	<b>43</b>

## CLASS DATES Winter Quarter 2018

Feb. 5 – March 30

**Online & Mailed  
Registration Begins**  
Jan. 16, 9 am

**Telephone  
Registration Begins**  
Jan. 23, 9 am

## Classes Offered

Each school year, OLLI offers more than 500 courses ranging from eight-week seminars to one-time presentations on a wide range of topics. Along with professors and other educators, volunteer moderators who lead each class include professionals from nearly every field and passionate hobbyists.

## OLLI Membership

Anyone aged 50 or older is eligible to join OLLI and take OLLI courses. The only other prerequisite is a desire to learn. You don't need a college degree.

## Pricing & Refunds

- Quarterly membership: \$80

With paid membership:

- Multi-week courses: \$5
- Most one-time programs: \$0

No refunds under \$10.

Refunds after quarter begins at director's discretion.

## Scholarships

Financial assistance is available to cover the full membership fee for those who need it. We are grateful for scholarship gifts from donors to Friends of OLLI. For scholarship application information, please call 513-556-9186 or email [olli@uc.edu](mailto:olli@uc.edu).

## Wait Lists

If a class you want is full, you may place yourself on a wait list. If a place opens in that class, the first person on the list will receive a call and have a limited time to respond before the place is offered to the next person on the list. If you do not receive a call, there is not a place for you in the class. Please do not attend classes for which you are not registered even if you are on the wait list.

## Registration Restrictions

You may not register for more than one class that meets at the same time. If you send in a registration that includes two or more classes that meet simultaneously, you will be registered for only one of them.

## Attendance

Although attendance is not mandatory, your presence in the courses for which you register enhances the learning experience for you and your classmates. If you attend classes for which you are not registered, you will be taking a space reserved by someone who is registered, and you may be asked to leave the classroom.

## Teaching a Class

If you would like to share your expertise with the OLLI community, please consider becoming a volunteer moderator. Visit [uc.edu/ce/olli](http://uc.edu/ce/olli) or call 513-556-9186.

## Disclaimer

The views and opinions expressed in OLLI courses are strictly those of the moderators and their guest speakers. Course content has not been reviewed by the Osher Lifelong Learning Institute at the University of Cincinnati. Consult your financial advisor before acting on any implied or actual recommendations concerning the investment of your money. Consult your doctor before following any medical, nutritional, or exercise program or advice.

## Cover Photos

1. The popular Brown Bag Lunches, OLLI Samplers, Wednesday WOWs, and FAB Fridays all come free with your membership.
2. Jo-Ann Casuto shows the treasures of Adath Israel in her behind-the-scenes tours. *Photo: Bill Brandt*
3. Kathy and Jim Finley enjoyed the Back-to-School Party in September. *Photo: Peter Nord*



## IMPORTANT NEWS FOR WINTER

- Online and mailed-in registration begins January 16, 9 a.m. Because of changes at UC to protect your identity and credit card information, OLLI cannot accept telephone registration until January 23. You may mail or bring your registration with payment by check, and it will be processed beginning January 16.
- When attending OLLI programs, you must wear the name badge and lanyard you receive during the first week of classes. Returning students: save and reuse the ones you have.
- For security reasons, the door to the classroom building at ADI is locked except 15 minutes before and 15 minutes after each class start time. Outside those times, you must ring the bell and show your OLLI name badge for admittance.

## HOW TO USE THIS CATALOG

Courses are listed three ways in this catalog:

- 1. Schedule At-A-Glance** organized by location/day/time. If you are available only on a particular day of the week or interested in taking classes at only a single location, use this section printed on buff-colored paper in the center of the catalog. It is also a **handy pull-out guide** to keep track of the classes that interest you while you browse the catalog.
- 2. By Course Number** including complete description of course content, biography of the moderator, meeting day, date or date range, time, location, and cost.
- 3. By Category** alphabetically by course title. Begin here if you are looking for classes on a particular topic. Use the course number to find the complete course description, moderator biography, and other details.

## LOCATIONS & PARKING

**UC Victory Parkway Campus (VPC)**—2220 Victory Pkwy., 45206. Classes take place in the Administration and Classroom buildings. Passes for free parking in the East Lot accessed from Cypress St. distributed during first week of classes and later at OLLI office in VPC Admin 207.

**Adath Israel (ADI)**—3201 E. Galbraith Rd., Cincinnati, OH 45236 (Amberley). Park for free in the adjacent parking lot. Absolutely no food or drink is permitted at this facility.

**Ohio Living Llanfair (OHLL)**—1701 Llanfair Ave., 45224 (College Hill). Park for free in visitor parking.

**Spring Grove Cemetery (SGC)**—4521 Spring Grove Ave., Cincinnati, OH 45232. Park for free in the adjacent lot.

**See page 41 for maps of each major location.** The addresses of other locations are listed within the individual course descriptions.

## REGISTRATION OPTIONS

- 1. Register online** at [uc.edu/ce/olli](http://uc.edu/ce/olli). This is the fastest way to register. Instructions are below and online. You will know immediately if the classes you want are available.
- 2. Complete and mail or bring in the registration form.** Include payment by check. Your registration will be processed in order of postal cancellation date after registration opens.
- 3.** Because of changes at UC to protect your identity and credit card information, **OLLI cannot accept telephone registration until January 23.** After January 23, you may call the office at 513-556-9186 to register by phone using a credit card.

## ONLINE REGISTRATION INSTRUCTIONS

- 1. LOGIN.** Go to [uc.edu/ce/olli](http://uc.edu/ce/olli) and click on **Register**. Click **Login** in the shaded box at top left. If you are a new member, follow the instructions to **Create a New Account**. All others, login with email address. Each person must have an individual account and register separately.
- 2. SUBSCRIBE.** Select your membership by clicking **Subscriptions** near the top of the shaded menu box. Click **View Dates, Select,** and **Add to Shopping Cart**. Skip this step if you purchased membership in advance.
- 3. REGISTER FOR CLASSES.** From your **Shopping Cart/Pending Schedule**, click **Add Another Class**. Use the category listings in the shaded menu box on the left. For each course, click **View Dates to Select** and **Add to Shopping Cart**. Continue to **Add Another Class** to your **Pending Schedule** in this manner. Use **Remove Class** and **Recalculate Shopping Cart** to remove errors or duplicates.
- 4. CHECK OUT.** When your **Pending Schedule** is complete, scroll to the bottom of the screen to select **Checkout and Continue Registration**. Complete all payment information and **Submit Payment**. You will receive an email within minutes confirming your payment and class schedule.

## TROUBLE SHOOTING!

- You cannot register for courses that meet at the same time on the same day. If you want to attend a one-time class or Extra Treat that meets during one of your multi-week classes, call the office at 513-556-9186.
- If registration is open and you don't see courses listed, check that the box labeled "Term" says "Winter 2018." You may also need to refresh your browser.
- If you have questions or problems, call 513-556-9186. Office hours are Monday–Friday, 9 a.m.–5 p.m.

# Classes by CATEGORY

## ART & ART HISTORY

- 1917 The Artmakers (VPC-THU)  
 1416 Art—What about It! (VPC-TUE)  
 4333 The Artworks of Jim Slouffman: An Inner Journey (ADI-TUE)  
 1516 Great Art, Architecture, Public Spaces, and Museums of the World, Part 2 (VPC-TUE)

## COMPUTERS & TECHNOLOGY

- 1918 Become the Boss of Your iPhone/iPad (VPC-THU)  
 4023 Getting to Know Your iPad (ADI-THU)

## CURRENT EVENTS, LAW & POLITICS

- 6084 Can “Soupe” Save the City? (OHLL-FRI)  
 2637 Common-Sense Gun Legislation (VPC-TUE)  
 1613 A Congress that Serves the People (VPC-TUE)  
 3403 Controversial Issues (ADI-TUE)  
 4336 Creating One Greater Community: Welcoming New Cincinnati Refugees (ADI-TUE)  
 4426 Gerrymander in Ohio (ADI-THU)  
 5105 Healing the Wounds of War (VPC-WED)  
 1603 Let’s Talk Current Events (VPC-TUE)

- 1915 The Other Major Military/Economic Powers: China, India, Japan, and Russia (VPC-THU)  
 1013 Public Lands—Sacred Spaces (VPC-MON)  
 4331 Solving Hunger: A Workforce Development Solution by Freestore Foodbank (ADI-TUE)

## EXERCISE, HEALTH & WELLNESS

- 5104 Ask the Pharmacist: Dietary Supplements and Prescription Medications (VPC-WED)  
 1418 Cardiovascular Disease—Cholesterol, Type II Diabetes, Hypertension, Blood Clotting (VPC-TUE)  
 4335 The Aging Brain, Alzheimer’s, and How to Minimize the Aging Process (ADI-TUE)  
 3400 Easy-Does-It Exercise (ADI-TUE)  
 3529 Exploring Our Sense of Touch (ADI-TUE)  
 8218 Float, Flex, and Be Fit (OTHER-WED)  
 2636 Full Legalization of Addicting Drugs: A New Direction on the War on Drugs (VPC-TUE)  
 8220 Get Golf Ready (OTHER-WED)  
 3632 Happy Feet Series (ADI-TUE)

- 1914 Learn to Meditate from Christian, Hindu, and Buddhist Perspectives (VPC-THU)  
 2826 Live Longer-Live Better with the Seven Dimensions of Senior Wellness (VPC-THU)  
 2632 Master Mindfulness/Meditation without Moving to the Himalayas! (VPC-TUE)  
 3506 Move into Ease (ADI-TUE)  
 1309 Nutrition and Disease Prevention (VPC-MON)  
 3423 Smarter Age Brain Enhancement (ADI-TUE)  
 3802 Tai Chi+ (ADI-THU)  
 1602 Understanding Vipassana Meditation (VPC-TUE)  
 2102 Vipassana Meditation Practice (VPC-THU)

## FINANCIAL & RETIREMENT PLANNING

- 1517 Auto Insurance Discount—Here’s How! (VPC-TUE)  
 6078 Avert a Crisis! Be a Super Hero! Make a Plan! (OHLL-FRI)  
 3926 Financial Planning and Investment Workshop (ADI-THU)  
 3410 Financial Workshop: Your Source for Financial Education (ADI-TUE)

- 2537 Five Practical Steps: Know What to Do and Expect When a Death Occurs (VPC-MON)  
 2012 Planning Your Second Adulthood (VPC-THU)  
 2015 Savvy Social Security Planning for Baby Boomers (VPC-THU)  
 4334 Six Strategies to Pay for Extended Care: Which Is Your Plan? (ADI-TUE)  
 4429 Spousal Preparedness for Financial and Estate Planning (ADI-THU)  
 4025 Wealth Preservation (ADI-THU)

## FOREIGN LANGUAGE

- 3421 Intermediate French Conversation (ADI-TUE)  
 2208 Intermediate Italian (VPC-FRI)  
 3406 Introductory Spanish, Part 2 (ADI-TUE)  
 1417 Italian for Beginners (VPC-TUE)  
 3530 L’Invitation au Voyage (ADI-TUE)

## GARDENING & LANDSCAPE

- 3823 Gardening Forum (ADI-THU)  
 1122 How to Start a Vegetable Garden (VPC-MON)  
 7104 Pruning Seminar for the Homeowner (SGC-TUE)

Find the detailed class descriptions (listed by **class number**) beginning on page 8.

ADI—Adath Israel  
 OHLL—Ohio Living Llanfair

SGC—Spring Grove Cemetery  
 VPC—Victory Parkway Campus

OTHER—all other locations





## WINTER WEATHER POLICY

- If UC is closed, OLLI is closed at all locations. Check local media, call 513-556-3333, or go online to [uc.edu/alerts](http://uc.edu/alerts).
- If UC is delayed, only classes that begin after UC opens will take place.
- Other class locations may be closed with UC is open. Check local media or call 513-556-9186.

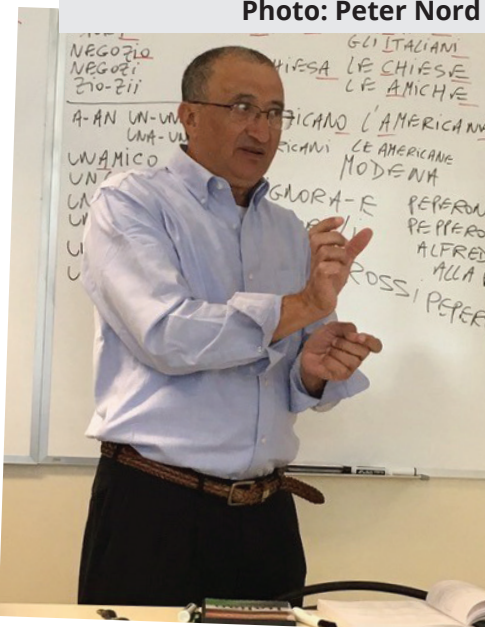


OLLI members got their hands dirty at Spring Grove Cemetery.  
**Photo: Warren Dedich**



Dean Moore received the first Stephen Appel Award for an outstanding OLLI moderator (with Curriculum Committee Chair Doug Iden).

**Photo: Peter Nord**



Moderator Antonio Iemmola continues teaching Italian this term (#1417, #2208).

**Photo: Connie Springer**



Hirsh Cohen and his bands return this winter with a program of Dixieland favorites (#5111).



Michael Black and Pat Gullett appreciated Wine Appreciation with moderator Mary Fruehwald.

# Classes by CATEGORY

## HISTORY & SOCIAL SCIENCE

- 2824 An Afternoon with Paul Laurence Dunbar (VPC-THU)
- 8567 All-American Law Enforcement in Greater Cincinnati Tour (OTHER-TUE)
- 1714 Cornwall: History, Mystery, Mansions, Mines, and Modernity (VPC-WED)
- 4026 Cuba Inside Out (ADI-THU)
- 4427 Destination Unknown: Adventures of a WWII American Red Cross Girl (ADI-THU)
- 6081 Discovering the Secrets of the Fernald Preserve (OHLL-FRI)
- 2825 The Gifts They Gave: Contributions by African Americans (VPC-THU)
- 2829 Hidden History of Cincinnati (VPC-THU)
- 5108 "I Didn't See It that Way": Racial Identity Development and Our Worldview (VPC-WED)
- 5106 Incarceration and After: A Japanese-American Story (VPC-WED)
- 8569 Irish Heritage Center Tour and Tea (OTHER-FRI)
- 5107 Morgan's Great Raid: Taking the Civil War to the North (VPC-WED)

- 6080 Northside: A Sassy Family Neighborhood (OHLL-FRI)
- 2827 Outbreak! Epidemics that Changed the World (VPC-THU)
- 2533 Rocking the Cradle of Presidents (VPC-MON)
- 2634 See the USA the Italian Way (VPC-TUE)
- 3634 Taiwan: A History of Agonies (free, subsidized by SF-Taiwan) (ADI-TUE)
- 2538 US Air Force Museum at Wright-Patterson AFB (VPC-MON)
- 4428 US Air Force Museum at Wright-Patterson AFB (ADI-THU)
- 2113 What If? (VPC-THU)
- 2532 William Tecumseh Sherman: The Devil in the Blue Uniform (VPC-MON)

## HOBBIES, SPORTS & OTHER

- 8221 Art and Hobby Workshop (OTHER-WED)
- 3920 Beginning Knitting (ADI-THU)
- 8306 Bridge 101: Intro to Bridge (OTHER-THU)
- 8110 Bridge 102: For Those Who Know Some of the Basics (OTHER-TUE)
- 8222 Cooking Made Easy (OTHER-WED)
- 1701 Knitting and Crocheting (VPC-WED)

- 8568 Let's Check Out the Library (OTHER-FRI)
- 6083 Meet John Erardi: Newspaper and Book Sports Writer (OHLL-FRI)
- 1120 Origami (Paper-Folding) (VPC-MON)
- 3822 Paper Bead Jewelry-Making Workshop (ADI-THU)
- 1811 Redleg Memories (VPC-WED)
- 3821 Researching Your Family History (ADI-THU)
- 2638 South in Your Mouth (VPC-TUE)
- 8570 Taste Ohio Wines at Meier's Wine Cellars (OTHER-FRI)

## LITERATURE & DRAMA

- 8417 Abortion and Fiction (OTHER-FRI)
- 2114 Barriers and Boundaries: Racial Divisions in American Literature (VPC-THU)
- 3534 The Color of Water (ADI-TUE)
- 3532 New York (Books) State of Mind, Part 2 (ADI-TUE)
- 2311 A Reader Lives a Thousand Lives (VPC-FRI)
- 3903 A Twist on How Plays Can Help in Understanding Families (ADI-THU)

- 2301 Voices from the Heart (VPC-FRI)
- 1119 Wendell Berry: A Poetic Novel and Novel Poetry (VPC-MON)
- 1910 White Nights and Other Stories by Fyodor Dostoyevsky (VPC-THU)

## MUSIC

- 6082 All that Jazz: An Overview of American Jazz Music from the Piano (OHLL-FRI)
- 2535 The Audacity and Wit of Tom Lehrer (VPC-MON)
- 1501 Exploring Opera (VPC-TUE)
- 2003 For the Love of Music (VPC-THU)
- 1118 Giants of Jazz of the 20th Century (VPC-MON)
- 3631 Musical Masterpieces of the Romantic Era (ADI-TUE)
- 3925 Old-Time Music and the Country Cousins: The Golden Age of Radio, 1920s-1950s (ADI-THU)
- 4024 Sing Karaoke (ADI-THU)
- 1314 Songs of Resistance (VPC-MON)
- 5111 Way Down Yonder in New Orleans (VPC-WED)

Find the detailed class descriptions (listed by **class number**) beginning on page 8.

ADI—Adath Israel  
OHLL—Ohio Living Llanfair

SGC—Spring Grove Cemetery  
VPC—Victory Parkway Campus

OTHER—all other locations



## PHILOSOPHY & RELIGION

- 3531 21st-Century Ideas that Matter (ADI-TUE)
- 8565 Athenaeum of Ohio Tour and Lunch with the Seminarians (OTHER-FRI)
- 3635 Bhagavad-Gita: The Most Renowned and Redeemable Hindu Book (ADI-TUE)
- 1012 The Buddha's Middle Way: A Path to Peace in a Divided World (VPC-MON)
- 1121 Henry David Thoreau and the Modern World (VPC-MON)
- 3633 Here Come the Judges, Part 2 (ADI-TUE)
- 3422 Living World Religions, Part 2 (ADI-TUE)
- 8566 Tour Adath Israel Synagogue (ADI-MON)

## PHOTOGRAPHY

- 1313 Photography Made Easy, or I Got a Camera for Christmas, Now What? (VPC-MON)
- 3418 Photography Workshop (ADI-TUE)
- 1713 Studies in Photographic Creativity (VPC-WED)

## SCIENCE, MATH & PSYCHOLOGY

- 2013 Active Imagination in Mathematics and Science: Some Limits and Discoveries (VPC-THU)
- 2828 AHA! The Neuroscience of Creativity (VPC-THU)

- 3924 Amazing Ways that Everyday Products Are Designed (ADI-THU)
- 1712 Biotechnology and American Society (VPC-WED)
- 3928 C. G. Jung Study/Discussion Group (ADI-THU)
- 2635 Conservation Biology: A Deep-Time Perspective to Modern Conservation Issues (VPC-TUE)
- 1014 Exploring Genetics (VPC-MON)
- 3533 The FDA Story: Labels, Antifreeze, Antibiotics, and Orphan Drugs (ADI-TUE)
- 2639 Fusion Power: Will a Private Company Succeed Where Governments Have Failed? (VPC-TUE)

- 1415 Global Change on Coral Reefs: A Personal 50-Year Perspective (VPC-TUE)
- 5109 Here Come the Sharks! A Visit from WAVE Foundation at Newport Aquarium (VPC-WED)
- 1711 How to Recognize Propaganda and Brainwashing in Marketing and Media (VPC-WED)

- 2112 How What You See Came to Be, Part 1 (VPC-THU)
- 4422 Light and Color (ADI-THU)
- 4332 Nikola Tesla's Work in Wireless: Communication, Power, and Remote Control (ADI-TUE)

- 4337 Nuclear Electricity, Nuclear Batteries, and Nuclear Homicide (ADI-TUE)

- 1615 The Wonders of the Atom (VPC-TUE)

## SELF-IMPROVEMENT

- 2531 The ABCs of Creating Conditions for Healing (VPC-MON)
- 2209 Applied Creativity and Innovation (VPC-FRI)
- 1510 Confrontation-Listening Skills: More JOY in Relationships (VPC-TUE)
- 1315 Exploring Your Inner Child (VPC-MON)
- 2633 Good Grief (VPC-TUE)

- 2534 In Search of the Highest Truth: One Man's Journey to India and Back (VPC-MON)

- 1916 Peace Education Program (VPC-THU)

- 1812 Rebuilding Your Life after Loss (VPC-WED)

- 6079 SMART Self-Defense Class (OHLL-FRI)

- 4425 The Top Five Secrets to Aging Well (ADI-THU)

- 1614 Topics in Wisdom—Exploring Character and Aging through the Movies (VPC-TUE)

- 3819 Understanding Yourself and Others with the Enneagram, Part 2 (ADI-THU)

- 1813 You Can Change How You Feel (VPC-WED)

## STAGE & SCREEN

- 8004 Bond with James' Films (OTHER-MON)

- 3927 The Golden Age of Broadway, Part 5 (ADI-THU)

- 3820 Hooray for Hollywood Musicals, Part 12 (ADI-THU)

- 2830 An Inside Look at the Cincinnati Ballet (VPC-THU)

- 2536 Laurel and Hardy Are Coming to Town! (VPC-MON)

- 5110 Tragedy Tomorrow, Comedy Tonight: The Stephen Sondheim Story (VPC-WED)

- 2312 Women in Cinema (VPC-FRI)

- 2831 Writes: Camera, Action! (VPC-THU)

## TRAVEL

- 4330 Indonesia, The Maldives, and Coco's Island: Below and above the Sea (ADI-TUE)

- 4423 North to Alaska: Glaciers, Gorges, and Gorgeous (ADI-THU)

- 3535 Travel Seminar (ADI-TUE)

- 4424 Yellowstone National Park: The World's First National Park (ADI-THU)

## WRITING

- 1808 Everyone Has a Story to Tell (VPC-WED)

- 3929 Guided Autobiography (ADI-THU)

- 1503 Poetry Writing Workshop (VPC-TUE)

- 2014 Writing for Children (VPC-THU)

# Class descriptions by CLASS NUMBER

---

## **NEW** 1012 The Buddha's Middle Way: A Path to Peace in a Divided World

Mondays, Feb. 5–Mar. 26, 9:30–10:45 am (VPC) \$5

The Buddha lived in a troubled time; different beliefs, doctrines, and attitudes toward authority contended with one another, each presenting itself as the one true way. Against all these, the Buddha presented a path that demanded neither particular belief nor adherence to doctrine, tradition, or authority and that all could test for themselves against the difficulties and distractions of their particular lives. In this course, we'll see how that ancient Path might help each of us live peacefully and calmly through our own troubled times.

*Moderator:* Richard Blumberg has been a student of the teachings collected in the Pāli Canon for the past 20 years. He has moderated a number of OLLI courses based on those teachings as well as teaching at other venues in the Cincinnati area.

---

## **NEW** 1013 Public Lands—Sacred Spaces

Mondays, Feb. 5–26, 9:30–10:45 am (VPC) \$5

Before President Obama left office, he used the 1906 Antiquities Act to provide additional protection to more than 1.7 million acres of federal land by giving it National Monument status. The Sagebrush Rebellion is a movement started in the 1970s that seeks to transfer ownership of federal land to the states. The movement is mostly political, but there has been radical action like the seizure of Malheur National Wildlife Refuge. Some of this land is sacred to Native American Indians. This is a complex issue; let's explore it together.

*Moderator:* Bill Menrath has researched environmental and occupational contaminants at UC College of Medicine for the past 28 years. He recently received an award from the Department of Housing and Urban Development for his leadership in the area of healthy housing training. He recently retired from his position as director of the Great Lakes OSHA Educational Center.

---

## **UPDATED** 1014 Exploring Genetics

Mondays, Feb. 5–Mar. 26, 9:30–10:45 am (VPC) \$5

*CLASS LIMIT:* 30

This lecture series will provide a basic overview of human genetics and delve into hot topics in the genetic field. Topics will include genetic counseling and genetic education, family history taking, the process of doing direct to consumer ancestry testing, and the genetics of common diseases and cancer. We'll also discuss the ethics and psychosocial implications of genetic testing.

*Moderator:* Emily Wakefield, MS, LGC, is a certified genetic counselor for the Division of Human Genetics at Cincinnati Children's Hospital Medical Center. She has worked as a laboratory genetic counselor in the Molecular Genetics Laboratory since 2014. She also provides clinical counseling services in the RASopathy clinic.

---

## **NEW** 1118 Giants of Jazz of the 20th Century

Mondays, Feb. 5–Mar. 19, 11 am–12:15 pm (VPC) \$5

Jazz is the uniquely American contribution to the world of music. Each week, as we highlight a different instrument from trumpet to saxophone to piano and others, we will enjoy more than 150 selections from dozens of great jazz artists from Louis Armstrong to Nina Simone to Keith Jarrett to John Coltrane.

*Moderator:* Hirsh Cohen is a retired healthcare executive. He studied classical bass and tuba in Montreal, played in the Canadian Army and Air Force bands, and directed successful big band and small ensemble dance bands. He is now retired and just very happy to play several instruments in several community bands in Cincinnati.

---

## **NEW** 1119 Wendell Berry: A Poetic Novel and Novel Poetry

Mondays, Feb. 5–Mar. 26, 11 am–12:15 pm (VPC) \$5

*CLASS LIMIT:* 20

We will explore the mythic rural Kentucky community where prize-winning author Wendell Berry lives and creates remarkable characters who share their lives and loves over generations. We will create a literary community of our own as we share the novel *Hannah Coulter* (Counterpoint Press, 2004) as well as some of Berry's most provocative essays and poems from his *Collected Poems* (2012).

*Moderator:* Ellen Frankenberg, PhD, was an English teacher who became a psychologist and consultant to entrepreneurial families. She has written widely about psychological dynamics within family businesses. She holds a master's degree from XU and a doctorate from OSU.



## 1120 Origami (Paper-Folding)

Mondays, Feb. 5–Mar. 12, 11 am–12:15 pm (VPC) \$5 + materials fee

*CLASS LIMIT: 11*

No talent needed to enjoy creating origami to decorate cards, gifts, or table—or just for fun! In this six-week session, we'll make Box on Legs, Butterfly, Egg Stand, Hungry Dino, Kissing Lips, Hopping Frog, Swan, Star Box, Bookmarks, 4x6 Photo Frame, and Dove. You'll learn two new figures each day (in a variety of paper) and review last week's projects (as time allows). On the first day, Linda will collect a \$3 fee, which covers all materials for the six classes (and includes extra for you to take home).

*Moderator:* Linda Kegg struggled to learn origami from books. She wants to make it easier—and a lot more fun—for you.

## **NEW** 1121 Henry David Thoreau and the Modern World

Mondays, Feb. 5–Mar. 12, 11 am–12:15 pm (VPC) \$5

*CLASS LIMIT: 35*

Henry David Thoreau (1817–1862) enjoys a place of authority in American culture. Early writings like *Walden* champion the individual. "Civil Disobedience" inspired world-renowned leaders in social justice (e.g., King, Gandhi), and contemporary activities like the Sanctuary Movement assure continued relevance. Finally, Thoreau's naturalist writings attract interest as the environmental crisis becomes widely recognized and feared. We ask: What were Thoreau's ideas? How did he come by them? Are they sound? This class seeks answers.

*Moderator:* Charles H. Seibert is emeritus professor of philosophy, McMicken College of Arts and Sciences, UC.

## **NEW** 1122 How to Start a Vegetable Garden

Mondays, Feb. 5–Apr. 2, 11 am–12:15 pm (VPC) \$5

*CLASS LIMIT: 10*

This course will cover the basic tentative steps to becoming a successful grower of vegetables. We'll cover how to read a seed catalogue, plan a garden, rotate crops, and what crops to start as seedlings vs. plant by seed. We'll explore briefly planting by moon phases, seasons, and certain dates for certain crops. Expect class participation that may include supplies the moderator will provide.

*Moderator:* Lois Thompson ran an inner-city garden for a local nonprofit as garden manager and volunteer coordinator all rolled into one. She was instrumental in doing horticulture therapy as well as teaching how to garden to various volunteer groups from teenagers on up. She loves passing on tips and tricks of the garden.

## 1309 Nutrition and Disease Prevention

Mondays, Feb. 5–Mar. 26, 2:15–3:30 pm (VPC) \$5

Proper diet and daily exercise are necessary to maintain overall health. This course focuses on the benefits of proper nutrition and consistent activity to achieve wellness and to help prevent the most common, non-infectious diseases plaguing our population: cardiovascular disease, diabetes, cancer, osteoporosis, and neurological and other degenerative diseases.

*Moderator:* Peachy Seiden is a registered dietitian nutritionist with a nutrition consulting practice in Cincinnati helping people with weight loss, disease prevention, and health promotion using the principles of mind-body interaction and integrative nutrition. She also conducts weekly healthy cooking classes, yoga/tai chi/qigong classes, and workplace wellness programs in the Tristate.

## **NEW** 1313 Photography Made Easy, or I Got a Camera for Christmas, Now What?

Mondays, Feb. 5–Mar. 26, 2:15–3:30 pm (VPC) \$5

New Christmas camera or just back from a world cruise with ten or twenty thousand photos? Don't sign up for therapy; take this course and learn what to do with your camera and photos. We'll cover what you need to know to shoot, process, store, share, and print your memories and family treasures. No experience necessary, but if you've been at it since Kodachrome was ASA 10, come and learn a few new tricks. Any type camera will do, including the one on your phone. Questions welcome: pnord@fuse.net.

*Moderator:* Peter Nord, PhD, has more than 60 years of experience in various aspects of photography.

## **NEW** 1314 Songs of Resistance

Mondays, Feb. 5–Mar. 26, 2:15–3:30 pm (VPC) \$5

We will lift up our voices and learn songs that have had a powerful effect on social change. These are not just 1960s protest songs. Some are from old slave spirituals. Some are funny, some original, and some are children's songs. (Did you know that "Baa Baa Black Sheep" was written as a tax-protest song?) All are powerful, universal, and easy to sing, stirring up resistance to the established old way and making way for a new way. Come sing with us. Experience the power and love of music.

*Co-Moderators:* Robin Roland and Janice Alvarado are passionate about building community through song. Robin has a lifetime of experience leading songs with his beautiful voice and guitar. Janice has sung in choruses since grade school and even competed in the World Choir Games.

# Class descriptions by CLASS NUMBER

---

## **NEW** 1315 Exploring Your Inner Child

Mondays, Feb. 5–Apr. 2, 2:15–3:30 pm (VPC) \$5

*CLASS LIMIT: 10*

The course is based on *Recovery of Your Inner Child* by Lucia Capacchione, PhD. Before the first class, please obtain a copy (used is fine!) and look it over, noting a couple of exercises in the book that look appealing. The first class will be a meet-and-greet along with experiencing a brief selection of exercises. Your choices of exercises will dictate the flow of lessons. Each lessons may require different supplies such as crayons, paper, etc.

*Moderator:* Lois Thompson is self-employed. Her deep, rich, interest and curiosity in how plants—and she as an individual—tick have enriched her life. Just like good soil produces many good products, she knows that the better we understand ourselves the more profound of a positive effect we can have on others.

---

## **NEW** 1415 Global Change on Coral Reefs: A Personal 50-Year Perspective

Tuesdays, Feb. 6–20, 9:30–10:45 am (VPC) \$5

During my 50-year career as a paleobiologist, I have been privileged to conduct research on coral reefs around the world using SCUBA diving. I have witnessed profound changes in reef life resulting from hurricanes, mass mortalities, coral bleaching, and invasive species. This in-depth three-week course will be my personal record of these changes, using my own colorful underwater photos from the Caribbean and the Pacific. I will explain how many of these changes are related to global environmental change caused by human activity.

*Moderator:* David Meyer, professor of geology emeritus, UC. Before joining UC in 1975, he worked with the Smithsonian Tropical Research Institute in Panama, 1971–75. His research interests include paleontology as well as coral reef ecology.

---

## **NEW** 1416 Art—What about It!

Tuesdays, Feb. 6–Mar. 27, 9:30–10:45 am (VPC) \$5

Each week, Sam and Paul will introduce you to a different creator or purveyor of visual art from traditional to cutting edge. You will hear about technique, inspiration, marketing, collecting, and cultural attitudes about art. The class will be interactive, encouraging questions and discussion.

*Co-Moderators:* Sam Hollingsworth is a graduate of UC College of DAAP and a current exhibiting artist at the WashPark Gallery in OTR, Cincinnati. He has been a moderator for ten years teaching art history and appreciation. Paul Schaff has been involved in the visual

arts for 40+ years as a dealer, consultant, framer, lighting designer, appraiser, and painter.

---

## **1417 Italian for Beginners**

Tuesdays, Feb. 6–Mar. 27, 9–10:45 am (VPC) \$5

*CLASS LIMIT: 10*

Learn to communicate in this beautiful, musical language. You'll acquire the basics of pronunciation, vocabulary, grammar, and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation plus special expressions for travelers. We'll include tips on traveling, sightseeing, and enjoying Italian culture. Text: *Italian: A Self-Teaching Guide* by Edoardo A. Lèbano. Note: class begins at 9 am.

*Moderator:* Antonio Iemmola has been teaching Italian at UC for 20 years and NKU for 25 years. He enjoys teaching this beautiful language with a great culture, cuisine, and fascinating history that goes back a long time. When you speak Italian, it seems as if you are singing opera because it is a very musical language. *Ciao e grazie.*

---

## **NEW** 1418 Cardiovascular Disease—Cholesterol, Type II Diabetes, Hypertension, Blood Clotting

Tuesdays, Feb. 6, Feb. 13, Mar. 6, Mar. 13, 9:30–10:45 am (VPC) \$5

The course will focus on the ways cholesterol, type II diabetes, hypertension, and blood clotting affect cardiovascular disease. We will focus on prevalence, prevention, genetics, therapy, and outcomes of treatment.

*Moderator:* Charles J. Glueck, MD—Harvard College, AB; Case Western Reserve Univ. College of Medicine, MD; medical resident, Massachusetts General Hospital; fellow, molecular disease, NIH Heart, Lung, and Blood Institute; director, Cholesterol-Metabolism-Thrombosis Center, 2017–present; resident education and research, Jewish Hospital Graduate Medical Education, 2016–17; director, Cholesterol Center, Jewish Hospital, 1987–2016; professor, medicine and pediatrics, UC College of Medicine, 1969–87.

---

## **UPDATED** 1501 Exploring Opera

Tuesdays, Feb. 6–Mar. 27, 11 am–12:15 pm (VPC) \$5

This quarter we will view and discuss Verdi's last opera, *Falstaff*, and Jules Massenet's *Thaïs*. Continuing our study of operatic voices, we will look at some combinations of voices, such as duets, trios, etc.

*Moderator:* Richard Goetz, PhD, is a retired industrial chemical research manager who has been attending opera since 1949.

## **UPDATED** 1503 Poetry Writing Workshop

Tuesdays, Feb. 6–Mar. 27, 11 am–12:15 pm (VPC) \$5

*CLASS LIMIT: 14*

Whether you are a published or private penner of poems, join us for an interactive writing experience. We'll talk about themes, forms, literary devices, and favorite poems while we write and share together in a supportive atmosphere. We welcome newcomers and those who've taken the course before with new content each week. For the first session, bring a favorite poem by any poet and be ready to tell us what you like about it.

*Co-Moderators:* Cate O'Hara has an MA in English from Univ. of CA, Berkeley, and has taken and taught poetry workshops for many years. Judi Morress is a published poet and member of the Monday Morning Writers Group; she plans to publish a book of her poems soon.

## **1510 Confrontation-Listening Skills: More JOY in Relationships**

Tuesdays, Feb. 6–Apr. 3, 11 am–12:30 pm (VPC) \$5

If you sometimes wish the quality of your communication with others was more enjoyable and even appreciated, then this course might be what you have been looking for. You'll learn specific skills (even specific words) that research shows, when used appropriately, persons will respond to you in positive ways. (Predictable outcome: more JOY in relationships!) This is definitely a participation course where we practice skills in a safe environment. We will meet for nine weeks.

*Moderator:* Everett Nissly; BS, Ball State Univ.; MEd, Miami Univ.; retired school principal/administrator; past adjunct instructor of Effectiveness Training for Educators (six different colleges/universities); world traveler.

## **NEW** 1516 Great Art, Architecture, Public Spaces, and Museums of the World, Part 2

Tuesdays, Feb. 6–Mar. 27, 11 am–12:15 pm (VPC) \$5

And when we are VERY lucky they all happen in the same place. We'll view and discuss what experts tell us are the greatest historic and current creative achievements worldwide. We will also discuss how humanity's visual voice, at its best, propels us into the future and influences how we interact with our world. Great creative projects have been humanity's legacy to the world for centuries. We will explore how new materials and methods make new legacies exciting as we enter into a different world of creative thinking.

*Moderator:* Gene Johnston is an American/Parisienne living in Paris and the US. She is also a designer of interiors,

furniture, fashion, and jewelry and owner of retail stores and art galleries.

## **NEW** 1517 Auto Insurance Discount—Here's How!

Tuesdays, Feb. 12–Mar. 27, 11 am–12:15 pm (VPC) \$5 + certification fee

Auto insurance is expensive enough, and what with the other drivers, even an experienced driver has to pay up. The state of Ohio has certified drive-rite and Walt Neary to help you achieve an annual discount. A seven-week investment in time, final assessment, and one-hour in-car can earn you the necessary certificate. A \$10 fee is required for the in-car assessment and Certificate of Completion. You'll be a better, safer driver—and save money.

*Moderator:* Walt Neary began his career in driver education 18 years ago with teenagers, then expanded to adults: Driver Improvement Programs (remedial), Abbreviated Adult Driver Training (ages 18–25), Driver Disabilities, and Mature Driving.

## **UPDATED** 1602 Understanding Vipassana Meditation

Tuesdays, Feb. 6–Mar. 27, 2:15–3:45 pm (VPC) \$5

*CLASS LIMIT: 25*

This course offers an understanding about meditation practices. The emphasis will be on concepts of Vipassana (insight) Meditation. The meditation practice will be introduced step-by-step. You will learn how to slowly develop insights by close attentiveness to and experiential phenomena of your own mind-body process. The Buddha introduced this practice; however, this is a non-religious class. Everyone who has an interest or wants to fulfill their curiosity is welcome.

*Moderator:* Manit Vichitchot was a Vipassana Meditation instructor at the International Meditation Study and Retreat Center, Wat Mahadhat Yuwarachangsarit, Bangkok, Thailand, during 2009–13.

## **UPDATED** 1603 Let's Talk Current Events

Tuesdays, Feb. 6–Mar. 27, 2:15–3:30 pm (VPC) \$5

We discuss current news and other developments each week. You'll also hear from a few guest speakers on current topics.

*Co-Moderators:* Len Harding is a semi-retired, but not at all retiring, person who has not had a traditional career and is not locked into any particular view of anything. David Kempton, AS, history and government, OU; MS, education, UC; worked for Hamilton Co. Board of Developmental Disability Services for 35 years.



# Class descriptions by CLASS NUMBER

---

## **NEW** 1613 A Congress that Serves the People

Tuesdays, Feb. 6–Mar. 27 (no class Mar. 13–20), 2:15–3:30 pm (VPC) \$5

Congress has had a very high disapproval rating for almost a decade, no matter which party has been in the majority. They have raised the deficit every year since 2000 and excluded themselves from laws they pass for us. Many people want to see Congress work together on the nation's problems but feel congressional members put party, personal, or donor interests first. Have you had enough of politics as usual? Would you like to see big changes made in our national government processes? What changes and how?

*Moderator:* Bob Viney, a former US nuclear submarine officer and P&G executive, is adjunct professor of organizational leadership at UC. He also attended a week-long educational program on citizenship from the Freedom Foundation and Medal of Honor Society at Valley Forge, PA, last summer.

---

## **NEW** 1614 Topics in Wisdom—Exploring Character and Aging through the Movies

Tuesdays, Feb. 6–Mar. 13, 2:15–3:30 pm (VPC) \$5

*CLASS LIMIT: 20*

This class will look specifically at character as it relates to getting older—and getting older as it relates to character. Each week a different film will serve as the basis of discussion as we examine character through the lens of “conscious aging”—the development of wisdom and the tendency toward inner growth versus the more common “successful aging” model that focuses on maintaining physical and cognitive abilities. We will use the VIA classification and survey of character strengths and reference James Hillman's work on character as well.

*Moderator:* Rick Warm has a PhD in leadership and change from Antioch Univ. and is director of the Center for Wisdom in Leadership, a newly founded research and educational organization based in Cincinnati.

---

## **NEW** 1615 The Wonders of the Atom

Tuesdays, Feb. 6–Mar. 27, 2:15–3:30 pm (VPC) \$5

Explore what's inside the atom, how small and how many there are, what holds them together, how atoms of the elements differ, and why there are more of one than others in our universe. These casual conversations will also touch on radioactivity, splitting the atom, and more. We'll meet some of the interesting women and men of history who were insightful enough to figure all this out. This course is for anyone, particularly writers, poets, and artists; come see the wondrous, at times bizarre, beauty of nature.

*Moderator:* Stephen McClanahan, since retirement, has been involved in numerous volunteer roles on issues of poverty, homelessness, and incarceration; his main focus now is environmental advocacy and search/rescue. He enjoys camping, backpacking, motorcycling. He and his wife, Judy, met in graduate school, both hold PhDs (chemistry and pharmaceutical science, respectively), have been married 39 years, and have three adult children.

---

## 1701 Knitting and Crocheting

Wednesdays, Feb. 7–Mar. 28, 12:45–2 pm (VPC) \$5

*CLASS LIMIT: 20*

Beginning, intermediate, and advanced knitters and crocheters are welcome. Learn the basics, how to read patterns (it's a new language), and tips and tricks from someone who has been teaching for about 40 years. You will work on your own projects with advice and assistance as needed.

*Moderator:* Sally Santoro has a passion for crafts and enjoys teaching others to enjoy them too. She has taught the blind (and they have taught her).

---

## **NEW** 1711 How to Recognize Propaganda and Brainwashing in Marketing and Media

Wednesdays, Feb. 7–Mar. 28, 12:45–2 pm (VPC) \$5

*CLASS LIMIT: 12*

Propaganda, brainwashing, and other “weapons of influence” have become common practice today. Much of the time, we don't realize how these psychological persuasion techniques are being used, for they prey on the everyday shortcuts we use to cope with our busy worlds. During this course, you will learn how to recognize your own cognitive biases and how to avoid being a marketer's dream.

*Moderator:* Johanna Kremer is a retired marketing and communications professional who has more than two decades of experience working for educational institutions (high school, school district, and university).

**NEW 1712 Biotechnology and American Society**

Wednesdays, Feb. 7–Mar. 28, 12:45–2 pm (VPC) \$5

*CLASS LIMIT: 20*

This course is a series of discussions on current issues in the field of biotechnology and how they impact social, economic, psychological, and political questions and challenges in modern American society. You will receive a series of non-technical readings that will serve as a basis for our discussions. In each class, after an introduction to the topic, we will delve into a collection of questions based on the readings.

*Moderator:* John Morrow holds a PhD in genetics from the Univ. of WA (Seattle) with post-doctoral training in cell genetics at the Univ. of Pavia, Italy. He has worked in the pharma/biotech academic and private sectors and written hundreds of articles in the biotechnology trade press. He stays current through continuing writing and consulting in the field.

**UPDATED 1713 Studies in Photographic Creativity**

Wednesdays, Feb. 7–Mar. 28, 12:45–2 pm (VPC) \$5

*CLASS LIMIT: 14*

This is an intermediate and above workshop. You must have a good working knowledge of your DSLR camera and be using a post-production program like Lightroom or Photoshop Elements. We will explore the creativity that aperture, shutter priority, and manual modes can offer you. A series of creative exercises will be challenging and self-inspiring. Most of all, it will be fun. The weekly photographic assignments will offer you the opportunity to share your printed work with the class.

*Moderator:* Larry Pytlinski is an award-winning amateur photographer who, since his retirement, has devoted his time to his passion for photography. He's had several solo shows, and his pictures are currently in several local galleries.

**UPDATED 1714 Cornwall: History, Mystery, Mansions, Mines, and Modernity**

Wednesdays, Feb. 7–Mar. 28, 2:15–3:30 pm (VPC) \$5

We delve into the mystical story of Cornwall and her sturdily independent people: Druids, King Arthur, trade with Phoenicia, rebellions, civil war, inventions, Industrial Revolution, rise of Methodism, emigration, and reinvention today. Part of the Celtic fringe, Cornwall is the southwestern tip of Britain, bounded by the Atlantic to the north and English Channel to the south. Cornwall's beautiful and varied scenery embraces rugged cliffs, bleak moors, great estates,

fertile farms, quaint villages, megalithic monuments, and abandoned tin mines—settings for *Doc Martin*, *Jamaica Inn*, and *Poldark*.

*Moderator:* Richard Hoskin, raised in Cornwall in a family of journalists and historians, was educated in England at Liskeard Grammar School, Clifton College, and Oxford, studying history. Joining P&G, he went on temporary assignment to America and put down roots. Retiring later from management consulting, he authored *The Miner and the Viscount*, an acclaimed historical novel set in 18th-century Cornwall.

**UPDATED 1808 Everyone Has a Story to Tell**

Wednesdays, Feb. 7–Mar. 28, 2:15–3:30 pm (VPC) \$5

*CLASS LIMIT: 12*

All writing pulls from the raw material of life. In this course, we will learn how to transform the everyday into personal narratives, memoir, essay, and even fiction that illustrate broader truths and themes. You will have one or two opportunities to share your work and receive feedback from the instructor and classmates. We will use Vivian Gornick's *The Situation and the Story* as our text. Those interested in writing memoir, nonfiction, essay, and fiction, from beginners to seasoned writers, are welcome.

*Moderator:* Amy Purcell is a corporate storyteller by day and fiction writer by night. She has written about everything from Prada to Preparation H and has had several short stories published in literary journals. She received an MFA in creative writing from Kent State Univ. and BS in journalism from OU. She is currently working on a novel.

**UPDATED 1811 Redleg Memories**

Wednesdays, Feb. 7–Mar. 28, 2:15–3:30 pm (VPC) \$5

Celebrate the history of the Cincinnati Reds. Topics include the 1869–70 Red Stockings, Cincinnati ballparks, Crosley Field, the Reds of the 1950s and 1960s, the Big Red Machine, and Opening Day (just in time for the 2018 opener!).

*Moderator:* Greg Rhodes is the Cincinnati Reds team historian and former director of the Reds Hall of Fame and Museum. He has written several books on the Reds, including one on the 1869–70 Red Stockings.

# Class descriptions by CLASS NUMBER

---

## 1812 Rebuilding Your Life after Loss

Wednesdays, Feb. 14–Apr. 4, 2:15–3:30 pm (VPC) \$5

CLASS LIMIT: 12

There are few experiences in life with the ability to shake your faith in yourself, the world, and everything you thought you knew to be true like losing a spouse or life partner. You suddenly become a “me” instead of a “we,” experiencing emotions like sadness, loneliness, anger, grief, and an anxious uncertainty about what the future now holds. While this is potentially the most painful time of your life, you can create something beautiful and meaningful out of this experience. This course supports you to do that.

*Moderator:* Carrie Doubts is a Professional Certified Coach specializing in supporting people through life transitions. As the founder of Life’s Next Chapter Coaching, she works with men and women who have lost a spouse/partner to reconnect with their heart, reclaim their power, and realign with their purpose to create their life’s next chapter.

---

## 1813 You Can Change How You Feel

Wednesdays, Feb. 7–Mar. 28, 2:15–3:30 pm (VPC) \$5

While anger, fear, and hurt are normal feelings, sometimes we have too much of them for our own good. This session will introduce you to the Albert Ellis, PhD, method to change feelings. Rational Emotive Therapy (RET) is a self-help skill that you can use to manage stress or change negative self-talk.

*Moderator:* Mike Shryock is a licensed professional clinical counselor with many years’ experience using RET. He is also a facilitator for Smart Recovery, a program using RET for people with addiction.

---

## UPDATED 1910 White Nights and Other Stories by Fyodor Dostoyevsky

Thursdays, Feb. 8–Mar. 29, 9:30–10:45 am (VPC) \$5

CLASS LIMIT: 15

Dostoyevsky’s life was beset by hardship and suffering throughout: impoverishment, debt, exile, prison, illness (epilepsy), an episode of heinous cruelty. Out of that came a visionary literary voice that gained him an esteemed place in its canon and the devotion of the Russian masses. We will read from the Dover Thrift Edition translated by Constance Garnett with the same title as above. Please read “White Nights” for the first class. Moderator will read each story aloud in class before discussion.

*Moderator:* Robert Shanklin, OLLI moderator for the past ten years, always on the subjects of literary fiction and poetry, two of the loves of his life. Many of his classes have been on stories of Flannery O’Conner.

---

## NEW 1914 Learn to Meditate from Christian, Hindu, and Buddhist Perspectives

Thursdays, Feb. 8–22, 9:30–10:45 am (VPC) \$5

CLASS LIMIT: 20

Meditation is a marvelous way to quiet your mind and listen to yourself. People throughout the world have practiced meditation for centuries. Come learn the simple 15-minute practice that may change how you look at the world around you. Everyone is welcome, and you will find it interesting regardless of your religious background. You may realize more than you expect.

*Moderator:* Kevin Celarek graduated from Butler Univ. in 1971 and received a master’s degree from UC in 1974. He has been meditating almost every morning for 38+ years and studied Christian Centering Prayer, Hindu Siddha Yoga, and Insight Buddhist Meditation. It is interesting how similar these three processes are. He attended two Christian and two Buddhist retreats in 2017.

---

## NEW 1915 The Other Major Military/Economic Powers: China, India, Japan, and Russia

Thursdays, Feb. 8–Mar. 29, 9:30–10:45 am (VPC) \$5

As the world order shifts, what is the impact of these countries on us, the EEC, and the other emerging economies? We will review their history and current policies. Discussion and opinions are always welcome.

*Moderator:* Doug MacCurdy has recently moderated a lively course on Seven Blunders of the Modern World. Expect to hear lots of versions of the truth from the entire class.

---

## UPDATED 1916 Peace Education Program

Thursdays, Feb. 8–Mar. 29, 9:30–10:45 am (VPC) \$5

The purpose of this media-based, educational program created by the Prem Rawat Foundation is to help participants explore the possibility of personal peace and discover inner resources—tools for living such as inner strength, choice, appreciation, and hope. These workshops focus on a selection of core themes from the addresses of International Ambassador of Peace Prem Rawat. Each session includes several video segments, time for reflection, and accompanying reading materials. This course is about self-discovery with secular content, a workbook, and no tests.

*Co-Moderators:* James and Llee Sivitz, husband and wife, are local volunteers who have been trained by the Prem Rawat Foundation to facilitate this course. It is an ongoing offering at the Cancer Support Community in northern KY and also at the Warren and Lebanon correctional institutions.



**NEW 1917 The Artmakers**

Thursdays, Feb. 8–Mar. 22, 9:30–10:45 am (VPC) \$5

From the earliest cave paintings to the most edgy contemporary art, we will discuss various artists and the mediums and methods they used to create their work.

*Moderator:* Sam Hollingsworth is a graduate of UC College of DAAP and a current exhibiting artist at the WashPark Gallery in OTR, Cincinnati. He has been a moderator at OLLI for ten years teaching art history and appreciation.

**UPDATED 1918 Become the Boss of Your iPhone/iPad**

Thursdays, Feb. 8–Mar. 29, 9:30 am–12:15 pm (VPC) \$10

*CLASS LIMIT: 16*

These are computers that can enrich your life in many ways. We will look at what you can do and why you'd want to do that. Learn to manage your device by using settings. We'll look at all the standard "stuff" that came with it along with tools for learning about your i-device. Then there are apps: travel, news and weather, health, learning, utilities, and more. Hands on: bring your device and questions to this double-period class! BECAUSE OF LIMITED SPACE, YOU MAY NOT ENROLL IN MORE THAN ONE IPHONE/IPAD COURSE.

*Moderator:* Jill Mitchell has loved computers since she got her first Apple computer. And when her memory started going, she bought an iPhone and was "saved" by the calendar app! She used to work in software development and taught math and English long ago.

**UPDATED 2003 For the Love of Music**

Thursdays, Feb. 8–Mar. 29, 11 am–12:15 pm (VPC) \$5

"Listening to great music has always affected my entire being. The course will continue to share the wonder of great music and how it enriches our lives. There will be different composers and some of my performing colleagues to add to the mix," says long-time moderator Dick Waller. Experience the world's great classical music and operatic selections presented by professionals who share your deep love of music.

*Co-Moderators:* Dick Waller, artistic director, Linton Chamber Music Series (1976–2009); CSO principal clarinetist (1960–94). Charles Parsons, retired librarian, UC College of Law; author; lecturer, UC CCM; honorary PhD, Univ. of Wales, Lampeter. Bob Zierolf, retired UC vice provost, dean of Graduate School, and professor of music theory at CCM.

**2012 Planning Your Second Adulthood**

Thursdays, Feb. 8–Mar. 29, 11 am–12:15 pm (VPC) \$5

*CLASS LIMIT: 15*

Would you like to continue an active, contributing life after retirement? Do you need to earn income, or are you mostly interested in volunteering? Are you having trouble figuring out how to move forward with your interests? This course will explore your interests and needs, assist you in reviewing and defining your skills, help you prepare a resume, identify outlets for your interests, and assist you with strategies to accomplish your goals.

*Moderator:* Kent Friel, MBA, UC, owned a career services business for many years. Currently, he is a Certified Mentor with SCORE, assisting those who are looking to start a business.

**UPDATED 2013 Active Imagination in Mathematics and Science: Some Limits and Discoveries**

Thursdays, Feb. 8–Mar. 1, 11 am–12:15 pm (VPC) \$5

Human conjecture, followed by experimentation and peer review, has produced discoveries that have led to the information age, including quantum mechanics, general relativity, and the chemistry of life. We will emphasize the imaginations of Plato, Kepler, Newton, Leibniz, Galileo, Darwin, Euler, Jung, and Pauli because their ideas survived argumentative critical analysis to become essential ingredients of our current scientific laws and theories (e.g., a crown jewel of human imagination—the periodic table).

*Moderator:* Kirt Hobler, retired general surgeon and lover of science and liberal arts.

**2014 Writing for Children**

Thursdays, Feb. 8–Mar. 29, 11 am–12:15 pm (VPC) \$5

*CLASS LIMIT: 11*

Do you want to be a child again, using your imagination and life experiences to write for children? Once written, would you like to send your fiction or nonfiction story off to a publisher or to hand it down to your grandchildren? Freestyle creative writing on an assigned topic in class, book reviews, lectures, and guest speakers will help you create a story that is suitable for children aged three through early teens. We'll also discuss marketing tools and pros and cons of self-publishing.

*Moderator:* Connie Trounstein is the author of *The Worst Christmas Ever* and *The Phantom Five*, both chapter books for middle-grade students, and *Fingerprints on the Table*, a picture book about a table that has been in the White House since President Ulysses S. Grant. Nine presidents signed historic peace documents on the table.

# Class descriptions by CLASS NUMBER

---

## **UPDATED** 2015 Savvy Social Security Planning for Baby Boomers

Thursdays, Mar. 8–15, 11 am–12:15 pm (VPC) \$5

Social Security planning is complex. This two-week course will teach you how Social Security works to avoid costly mistakes and maximize your family's benefit. We'll explore answers to the following questions: Will Social Security be there for me? How much can I expect to receive? When should I apply for Social Security benefits? How can I maximize my benefits? Will Social Security be enough to live on? Social Security is too important for guesswork. Treat this resource as a significant asset and maximize it to its greatest extent possible.

*Moderator:* Michael J. Durkin is president of Durkin Financial, LLC. He is a Certified Financial Planner®, and Retirement Income Certified Professional®. He has been helping individuals and business owners prepare for replacing their paycheck in retirement with emphasis on maximizing their Social Security benefits for 35+ years.

---

## **UPDATED** 2102 Vipassana Meditation Practice

Thursdays, Feb. 8–Mar. 29, 2:15–4:15 pm (VPC) \$5

*CLASS LIMIT: 15*

Each class meets for two hours. The course is offered to those who have learned the fundamentals of Vipassana Meditation. It is an opportunity to cultivate the Buddha's way of liberation through the practice of ethics, meditation, and insight. More technical explanations concerning the practice procedure will be introduced. The session starts with a short talk and chant before the walking and sitting practices. Thorough discussion about the practice experience will follow. The session is concluded with an extended loving-kindness observation.

*Moderator:* Manit Vichitchot was a Vipassana Meditation instructor at the International Meditation Study and Retreat Center, Wat Mahadhat Yuwarachrangsarit, Bangkok, Thailand, during 2009–13.

---

## 2112 How What You See Came to Be, Part 1

Thursdays, Feb. 8–Mar. 29, 2:15–3:30 pm (VPC) \$5

Let's take a journey of discovery from the far reaches of the universe to the center of the earth. Where did the universe come from? What is a quasar? What is a black hole? Where is here? What is the origin of the solar system? What is cosmic dust? What is a tectonic plate? What are the layers of the earth? Where does basaltic magma come from? Where does it go? What are electrons, and what do they do? How do we make rocks? Are there different kinds of dirt, and if so, what does each do? What does dirt have to do with climate?

*Moderator:* Richard Longshore, MD, is a graduate of XU and Univ. of Louisville College of Medicine. He is NOT a geologist, but he has an interest in what we see around us and especially how it got here. He will use Great Courses DVDs as a starting point, supplemented by commentary and class discussion.

---

## **NEW** 2113 What If?

Thursdays, Feb. 8–Mar. 29, 2:15–3:30 pm (VPC) \$5

In this crazy course, we'll argue what the world might be like if the outcomes of various events had turned out differently. For instance: 1) If a major earthquake and subsequent tsunami in 1450 BCE had not destroyed Minoan civilization. 2) If Hannibal and the Carthaginians had conquered the Romans in 202 BCE. 3) If there were no religions. 4) If Europeans had adopted Native American Indian culture instead of forcing European culture on them. 5) If the British had won the American Revolution. And many more.

*Moderator:* Joan L. Howison, PhD (better known as Jody except to telemarketers), is a retired asst. professor of geography at UC where she taught everything from historical geography of all parts of the world to oddball geography, which is probably why she's so odd.

---

## **UPDATED** 2114 Barriers and Boundaries: Racial Divisions in American Literature

Thursdays, Feb. 8–Mar. 29, 2:15–3:30 pm (VPC) \$5

*CLASS LIMIT: 20*

America in 2018 is divided. However, barriers and boundaries between racial groups are not new to our country and were, in fact, codified in harsh laws. Explore racial boundaries in *A Farewell to Manzanar* (1940s) by Jeanne Wakatsuki Houston, *The Invention of Wings* (1803–38) by Sue Monk Kidd, and *The Tortilla Curtain* (1980s) by T. C. Boyle. Learn about life in Japanese internment camps; see racial struggles on Southern plantations; contrast intertwining lives of illegal immigrants and privileged whites in California. Read part 1 of *Manzanar* for the first class.

*Moderator:* Kathy Richardson taught English and history at Seven Hills School for 42 years as well as ESL in Wuhan, China, in 1982. She now volunteers with OLLI and our China Sister City. Previous OLLI courses include American poets laureate, novels on coming of age, and Scout and Atticus Finch.

## 2208 Intermediate Italian

Fridays, Feb. 9–Mar. 23, 9:30–11:30 am (VPC) \$5

*CLASS LIMIT: 10*

Increase your knowledge of Italian by joining this intermediate course. We will learn past tense of this beautiful and musical language. A prior knowledge of basic Italian is required. We will use the same book as the Italian for Beginners course (#1417): *Italian: A Self-Teaching Guide* by Edoardo A. Lèbano.

*Moderator:* Antonio Iemmola has been teaching Italian at UC for 20 years and NKU for 25 years. He enjoys teaching this beautiful language with a great culture, cuisine, and fascinating history that goes back a long time. When you speak Italian, it seems as if you are singing opera because it is a very musical language. *Ciao e grazie.*

## UPDATED 2209 Applied Creativity and Innovation

Fridays, Feb. 9–Mar. 30, 9:30–10:45 am (VPC) \$5

*CLASS LIMIT: 15*

Learn new ways to ignite your imaginations, discover creative insights, and explore innovation and entrepreneurial opportunities. We are experiencing exponential change and need new approaches to solve a growing list of perplexing, tenacious, and complex problems. The course focuses on building an understanding of the essential competencies to broaden each person by developing task-relevant attitudes, skills, and knowledge that can unlock your talent through practical exercises. You will be able to improve your critical thinking, solve social and economic problems, and improve your life choices.

*Moderator:* Ralph Brueggemann, MBA, MEd, is an adjunct professor at the Carl H. Lindner College of Business, UC. He has experience in independent consulting as well as in national and international corporations developing commercial technology products.

## UPDATED 2301 Voices from the Heart

Fridays, Feb. 9–Mar. 30, 11 am–12:15 pm (VPC) \$5

Voices from the Heart is a course about sharing yourself. Share your favorite stories, poems, or jokes. It is a chance to let the inner performer out and give interpretive readings of favorite poems or songs. It is a lively, fun class. All forms of public discourse welcome. Come and join in, or just come and listen.

*Moderator:* Rick Stein is a former teacher who reads and writes prose and poetry, loves speeches, loves all kinds of movies and theater, has a few pet peeves, and secretly wishes to be either an actor or famous writer.

## UPDATED 2311 A Reader Lives a Thousand Lives

Fridays, Feb. 9–Mar. 30, 11 am–12:15 pm (VPC) \$5

*CLASS LIMIT: 12*

This course provides a book-club experience based on subject matter rather than assigned titles—a great way to share the excitement of reading and hear what other people are reading. The moderator will solicit and schedule participant book presentations and stimulate class discussion. Each week we will focus on a different reading topic, fiction or nonfiction. Books you have read or are currently reading are fair game.

*Moderator:* Tom Cislo is the moderator for a local book club based on this same concept and now in its 15th year. He has written book reviews for a community newspaper for eight years. The course title comes from George R. R. Martin (*Game of Thrones*): “A reader lives a thousand lives before he dies. Someone who never reads lives only one.”

## NEW 2312 Women in Cinema

Fridays, Feb. 9–Mar. 30, 11 am–12:15 pm (VPC) \$5

This course explores the history of women in the film industry. Choosing certain female figures who stand out over the decades, we will learn about these actresses, directors, producers, etc. From the early era of film to the present day, women have been a part of movies. This course will give you the opportunity to learn about the many uncredited women who were pioneers in the film business.

*Moderator:* Sarah Keefe is a recent graduate of UC with an MFA and BA in electronic media broadcasting and cinema studies. She held graduate assistantships teaching various undergraduate courses in mixed media such as basic video, visual art studies, and graphic design and looks forward to sharing her love of and knowledge about film with OLLI members.

## 2531 The ABCs of Creating Conditions for Healing

Monday, Feb. 5, 12:45–2 pm (VPC) \$0

Discover three key ingredients for thriving in every area of your life. Learn simple new ways to update your attitudes, behaviors, and major life choices to assist with conquering dis-ease and feeling better—for anything from ALS to what to do during retirement. The presentation includes a gentle guided visualization so you can discover your own clues for experiencing more vibrant health.

*Moderator:* Heidi Bright



# Class descriptions by CLASS NUMBER

---

**NEW 2532 William Tecumseh Sherman: The Devil in the Blue Uniform**

Monday, Feb. 12, 12:45–2 pm (VPC) \$0

William Tecumseh Sherman: a name that still rankles southerners. More than a Civil War general, Sherman had a hand in the transcontinental railroad and the placement of the Statue of Liberty. Come hear about the lesser-known “Billy.”

*Moderator:* Deb Price

---

**NEW 2533 Rocking the Cradle of Presidents**

Monday, Feb. 19, 12:45–2 pm (VPC) \$0

Ohio is well known as the cradle of US presidents, having sent no fewer than eight gentlemen on to the White House. But did you know that most of those eight cut their teeth in Cincinnati? Many of our future presidents spent significant time in the Queen City before heading to Washington, making some interesting connections in the process. In honor of Presidents Day, Mary Ladrack, historian and owner of Cincinnati’s Best Walking Tours, takes a closer look at some of the local people and places brushed by presidential greatness.

*Moderator:* Mary Ladrack

---

**NEW 2534 In Search of the Highest Truth: One Man’s Journey to India and Back**

Monday, Feb. 26, 12:45–2 pm (VPC) \$0

When my wife left me 35 years ago, I turned to self-improvement workshops to heal. One year later, I journeyed to India to an ashram in the foothills of the Himalayas. For two weeks, I faced each of my numerous fears, was sick with a fever, conformed to the rigors of ashram life, and seldom spoke. Then Babaje arrived, and my life was turned upside down. He answered my five questions plus one. The highest truth was in the journey, which I will share with you at this presentation.

*Moderator:* Kevin Celarek

---

**NEW 2535 The Audacity and Wit of Tom Lehrer**

Monday, Mar. 5, 12:45–2 pm (VPC) \$0

Tom Lehrer has been described as “one of the great American songwriters without a doubt, right up there with everybody, the top guys. As a lyricist, as good as there’s been in the last half of the 20th century.” We will learn about his legacy and hear his many contributions to the satirical songs of the latter part of the 20th century.

*Moderator:* Hirsh Cohen

---

**NEW 2536 Laurel and Hardy Are Coming to Town!**

Monday, Mar. 12, 12:45–2 pm (VPC) \$0

The 21st International Sons of the Desert Convention will be coming to Cincinnati in July. Learn the history of how a bunch of fans continue to keep the “boys” alive through local chapters and conventions. You’ll see a video highlighting Cincinnati convention plans and a short Laurel and Hardy film to showcase their classic comedy. There will also be time to learn about the upcoming convention—and plenty of laughs!

*Moderator:* Gene Sorkin

---

**NEW 2537 Five Practical Steps: Know What to Do and Expect When a Death Occurs**

Monday, Mar. 19, 12:45–2 pm (VPC) \$0

Take this quiz: Who has a copy of the will? What happens if someone becomes a “coroner’s case”? When do you need a certified copy of a death certificate? Who must authorize a cremation in Ohio? Who notifies Social Security that a death has occurred? If you are a co-signer on a bank account, can you access funds after a death has occurred? Learn what to expect and how to preplan for the end of life. You’ll take home a checklist and additional resources.

*Moderator:* Kay Walters

---

**NEW 2538 US Air Force Museum at Wright-Patterson AFB**

Monday, Mar. 26, 12:45–2 pm (VPC) \$0

Get ready to visit the National Museum of the United States Air Force—on a motor coach trip with OLLI during spring quarter or on your own. Don Gray from the museum at Wright-Patterson AFB will introduce us to the museum and its extraordinary exhibits on military aviation history, boasting more than 360 aerospace vehicles and missiles on display—many rare and one-of-a-kind—along with historical items and powerful sensory exhibits that bring history to life and connect the Wright brothers’ legacy with today’s stealth and precision technology.

*Moderator:* Don Gray

---

**NEW 2632 Master Mindfulness/Meditation without Moving to the Himalayas!**

Tuesday, Feb. 6, 12:45–2 pm (VPC) \$0

Join Sharon Byrnes for a midday pause to refresh your mind and re-establish your center in the midst of your busy winter. Regardless of research findings touting the benefits of mindfulness and meditation, if the process makes you feel like a failure, you're not likely to keep trying. Or perhaps you don't have time to sit around, or the grandkids, pets, or snow blowers are too distracting? Sharon will share simple solutions that don't require you to sit with pretzel legs, hum strange words, or even close your eyes!

*Moderator:* Sharon Byrnes

**2633 Good Grief**

Tuesday, Feb. 13, 12:45–2 pm (VPC) \$0

Grief is our response to loss and change, like retirement and death—and hurricanes. We can learn to be more resilient in how we process grief and not get stuck in anger, depression, or alcohol. Goodbyes hurt. Hello is the antidote.

*Moderator:* Mike Shryock

**UPDATED 2634 See the USA the Italian Way**

Tuesday, Feb. 20, 12:45–2 pm (VPC) \$0

The US is the only country that enjoys a truly multiethnic society and recognizes their many contributions to our rich culture. Guided by postage stamps with Italian themes, we'll tell stories, evoke memories, and transmit the many (known and lesser-known) contributions that Italians and Italian Americans have embedded in American culture. For trivia lovers: name three Italians who are honored on US postage stamps but never came to America. (You'll have to attend to learn the answer!)

*Moderator:* Gerardo Perrotta

**UPDATED 2635 Conservation Biology: A Deep-Time Perspective to Modern Conservation Issues**

Tuesday, Feb. 27, 12:45–2 pm (VPC) \$0

Biologists describe our modern times as the sixth great extinction event, the only extinction event mediated by another biological species. Modern conservation movements are trying to save as many species as possible, but since we cannot save them all, how do we choose? The paleontological record is a rich source of paleobiological and paleoecological information that can inform these choices.

*Moderator:* Brenda Hunda

**NEW 2636 Full Legalization of Addicting Drugs: A New Direction on the War on Drugs**

Tuesday, Mar. 6, 12:45–2 pm (VPC) \$0

Richard Wendel is a retired urologist who has written and lectured about the drug problem for a number of years. He believes that we cannot arrest our way out of the drug crisis. The only way to address the problem effectively is to eliminate the drug cartels by making the drug trade unprofitable. Moreover, drug addiction should be treated as a medical disease with the major focus on prevention and rehabilitation.

*Moderator:* Richard Wendel

**NEW 2637 Common-Sense Gun Legislation**

Tuesday, Mar. 13, 12:45–2 pm (VPC) \$0

The debate over gun-control legislation versus second-amendment rights continues. Hear about a grassroots gun violence prevention movement that uses strategies and tactics to advocate for common-sense solutions to decrease gun violence and increase gun safety. We'll also talk about Ohio and federal proposed firearm legislation and gun-safety programs. Michele Mueller is Ohio chapter leader of Moms Demand Action for Gun Sense in America.

*Moderator:* Michele Mueller

**NEW 2638 South in Your Mouth**

Tuesday, Mar. 20, 12:45–2 pm (VPC) \$0

It's biscuits, red-eye gravy, hummingbird cake, and muffalettas. The South brings a new level of culinary panache to the American palette. Come see and taste what's new in southern cuisine.

*Moderator:* Deb Price

**2639 Fusion Power: Will a Private Company Succeed Where Governments Have Failed?**

Tuesday, Mar. 27, 12:45–2 pm (VPC) \$0

Nuclear fusion powers the sun and the stars. Scientists and engineers have long dreamed of constructing a nuclear fusion device that would provide clean energy with neither greenhouse gases nor pollution and that would be cheaper than any other energy source. However, the fusion megaprojects sponsored by the world's governments have been floundering. Hope is not lost. We'll discuss several private companies that have come up with smaller and simpler approaches that show promise.

*Moderator:* Jerry Black

# Class descriptions by CLASS NUMBER

---

**NEW** **2824 An Afternoon with Paul Laurence Dunbar**

Thursday, Feb. 8, 12:45–2 pm (VPC) \$0

Experience a PowerPoint presentation of Mr. Dunbar's life with his accomplishments and his disappointments plus a critical look at the zeitgeist of the era in which he lived. Extemporaneous recitations of his works and audience involvement round out the program. A wonderful exposé of the first nationally acclaimed African American political figure in the history of the US.

*Moderator:* Ralph Moon

---

**NEW** **2825 The Gifts They Gave: Contributions by African Americans**

Thursday, Feb. 15, 12:45–2 pm (VPC) \$0

From the traffic light to crop rotation used to prevent soil erosion, African Americans have improved our lives in more ways than most of us realize. Come hear about their inventions and the first cosmetic millionaire who sold door to door.

*Moderator:* Caryl Miller

---

**2826 Live Longer-Live Better with the Seven Dimensions of Senior Wellness**

Thursday, Feb. 22, 12:45–2 pm (VPC) \$0

What is the point of living longer if you don't also live better? Understanding and implementing the Seven Dimensions of Senior Wellness will help you do both. This presentation is based on the presenter's real-life experiences and not abstract theory.

*Moderator:* Roy Franchi

---

**NEW** **2827 Outbreak! Epidemics that Changed the World**

Thursday, Mar. 1, 12:45–2 pm (VPC) \$0

We still shudder when we hear the words cholera, typhoid, and the Black Plague, yet these diseases changed world history. Hear about these epidemics and what new diseases may lurk in the future.

*Moderator:* Deb Price

---

**2828 AHA! The Neuroscience of Creativity**

Thursday, Mar. 8, 12:45–2 pm (VPC) \$0

Creativity is a whole-brain process involving cognition, emotion, and conscious and unconscious processing. You will learn about the three large-scale brain networks involved. We will also talk about why creativity in older brains is so powerful. Finally, you will learn ten tips to maximize your creativity.

*Moderator:* Patricia Faust

---

**NEW** **2829 Hidden History of Cincinnati**

Thursday, Mar. 15, 12:45–2 pm (VPC) \$0

Jeff Sues, librarian of the Cincinnati *Enquirer*, where he keeps the archive and writes about Cincinnati history, reveals the triumphs and tribulations of the first major American city founded after the American Revolution. Find out about topics as varied as the last passenger pigeon on earth, the deadliest maritime disaster in American history, the nation's first train robbery, the Black Brigade's role in protecting Cincinnati against Confederate siege, and the original 1937 Cincinnati Bengals. His book *Hidden History of Cincinnati* will be available for purchase and signing after the talk.

*Moderator:* Jeff Sues

---

**NEW** **2830 An Inside Look at the Cincinnati Ballet**

Thursday, Mar. 22, 12:45–2 pm (VPC) \$0

Ever wanted to know what goes into producing high-quality professional dance programs? We will provide an insider's look at the Cincinnati Ballet from all angles, start to finish. Staff members will explain everything from pointe shoes to music and dance, of course. You will find out exactly what goes on backstage and in the rehearsal studio. And we will feature some cool videos as well.

*Moderator:* George Wilkinson

---

**NEW** **2831 Writes: Camera, Action!**

Thursday, Mar. 29, 12:45–2 pm (VPC) \$0

Writer Brian Dobbins will share the tale of his first screenplay, *A Dead Husband in a Western Town*—from idea through writing, marketing, casting, filming, and release as *Western World*. We'll see how his cast of characters in the Wyoming Territory town of Dogwood Pass came to life on the big screen in 2017. Brian has had a wide variety of experiences that he draws on to spin tales of strong characters in unusual situations in novels, short stories, comic books, screenplays, and more.

*Moderator:* Brian Dobbins



# SCHEDULE AT-A-GLANCE

## VICTORY PARKWAY CAMPUS

**MONDAY**  
9:30–10:45 AM (\$5)

*The Buddha's Middle Way: A Path to Peace in a Divided World*  
1012 Richard Blumberg

*Public Lands—Sacred Spaces*  
1013 Bill Menrath

*Exploring Genetics*  
1014 Emily Wakefield

**MONDAY**  
11 AM–12:15 PM (\$5)

*Giants of Jazz of the 20th Century*  
1118 Hirsh Cohen

*Wendell Berry: A Poetic Novel and Novel Poetry*  
1119 Ellen Frankenberg

*Origami (Paper-Folding)*  
1120 Linda Kegg (+ fee)

*Henry David Thoreau and the Modern World*  
1121 Charles Seibert

*How to Start a Vegetable Garden*  
1122 Lois Thompson

**MONDAY**  
2:15–3:30 PM (\$5)

*Nutrition and Disease Prevention*  
1309 Peachy Seiden

*Photography Made Easy, or I Got a Camera for Christmas, Now What?*  
1313 Peter Nord

*Songs of Resistance*  
1314 Robin Roland, Janice Alvarado

*Exploring Your Inner Child*  
1315 Lois Thompson

**TUESDAY**  
9:30–10:45 AM (\$5)

*Global Change on Coral Reefs: A Personal 50-Year Perspective*  
1415 David Meyer

*Art—What about It!*  
1416 Sam Hollingsworth, Paul Schaff

*Italian for Beginners*  
1417 Antonio Iemmola (starts 9am)

*Cardiovascular Disease—Cholesterol, Type II Diabetes, Hypertension, Blood Clotting*  
1418 Charles Glueck

**TUESDAY**  
11 AM–12:15 PM (\$5)

*Exploring Opera*  
1501 Richard Goetz

*Poetry Writing Workshop*  
1503 Cate O'Hara, Judi Morress

*Confrontation-Listening Skills: More JOY in Relationships*  
1510 Everett Nissly (ends 12:30pm)

*Great Art, Architecture, Public Spaces, and Museums of the World, Part 2*  
1516 Gene Johnston

*Auto Insurance Discount—Here's How!*  
1517 Walt Neary (+ fee)

**TUESDAY**  
2:15–3:30 PM (\$5)

*Understanding Vipassana Meditation*  
1602 Manit Vichitchot (ends 3:45pm)

*Let's Talk Current Events*  
1603 Len Harding, David Kempton

*A Congress that Serves the People*  
1613 Bob Viney

*Topics in Wisdom—Exploring Character and Aging through the Movies*  
1614 Rick Warm

*The Wonders of the Atom*  
1615 Stephen McClanahan

**WEDNESDAY**  
12:45–2 PM (\$5)

*Knitting and Crocheting*  
1701 Sally Santoro

*How to Recognize Propaganda and Brainwashing in Marketing and Media*  
1711 Johanna Kremer

*Biotechnology and American Society*  
1712 John Morrow

*Studies in Photographic Creativity*  
1713 Larry Pytlinski

*Cornwall: History, Mystery, Mansions, Mines, and Modernity*  
1714 Richard Hoskin

**WEDNESDAY**  
2:15–3:30 PM (\$5)

*Everyone Has a Story to Tell*  
1808 Amy Purcell

*Redleg Memories*  
1811 Greg Rhodes

*Rebuilding Your Life after Loss*  
1812 Carrie Doubts

*You Can Change How You Feel*  
1813 Mike Shryock

**THURSDAY**  
9:30–10:45 AM (\$5)

*White Nights and Other Stories by Fyodor Dostoyevsky*  
1910 Robert Shanklin

*Learn to Meditate from Christian, Hindu, and Buddhist Perspectives*  
1914 Kevin Celarek

*The Other Major Military/Economic Powers: China, India, Japan, and Russia*  
1915 Doug MacCurdy

*Peace Education Program*  
1916 Llee and James Sivitz

*The Artmakers*  
1917 Sam Hollingsworth

*Become the Boss of Your iPhone/iPad*  
1918 Jill Mitchell (\$10—ends 12:15pm)

**THURSDAY**  
11 AM–12:15 PM (\$5)

*For the Love of Music*  
2003 Dick Waller, Charles Parsons, Bob Zierolf

*Planning Your Second Adulthood*  
2012 Kent Friel

*Active Imagination in Mathematics and Science: Some Limits and Discoveries*  
2013 Kirtland Hobler

*Writing for Children*  
2014 Connie Trounstine

*Savvy Social Security Planning for Baby Boomers*  
2015 Michael Durkin

**THURSDAY**  
2:15–3:30 PM (\$5)

*Vipassana Meditation Practice*  
2102 Manit Vichitchot (ends 4:15pm)

*How What You See Came to Be, Part 1*  
2112 Richard Longshore

*What If?*  
2113 Joan Howison

*Barriers and Boundaries: Racial Divisions in American Literature*  
2114 Kathy Richardson

# SCHEDULE AT-A-GLANCE

**FRIDAY**  
9:30–10:45 AM (\$5)

*Intermediate Italian*  
2208 Antonio Iemmola  
(ends 11:30am)

*Applied Creativity and Innovation*  
2209 Ralph Brueggemann

**FRIDAY**  
11 AM–12:15 PM (\$5)

*Voices from the Heart*  
2301 Rick Stein

*A Reader Lives a Thousand Lives*  
2311 Tom Cislo

*Women in Cinema*  
2312 Sarah Keefe

**ADATH ISRAEL**  
*No food/drink allowed.*

**TUESDAY**  
9:30–10:45 AM (\$5)

*Easy-Does-It Exercise*  
3400 Linda Kegg  
(ends 10:20am)

*Controversial Issues*  
3403 Ed Levy

*Introductory Spanish, Part 2*  
3406 Leo Ennis

*Financial Workshop: Your Source for Financial Education*  
3410 Tim Payne

*Photography Workshop*  
3418 Bernadette Clemens-Walotka, David Kempton

*Intermediate French Conversation*  
3421 David McDiarmid

*Living World Religions, Part 2*  
3422 Dean Moore, Kathy Baker, Bettye Beaumont

*Smarter Age Brain Enhancement*  
3423 Len Singer

**TUESDAY**  
11 AM–12:15 PM (\$5)

*Move into Ease*  
3506 Karen Zaugg  
(ends 12pm)

*Exploring Our Sense of Touch*  
3529 Elisabeth Contadino

*L'Invitation au Voyage*  
3530 David McDiarmid

*21st-Century Ideas that Matter*  
3531 Dean Moore, Gilbert Minson

*New York (Books) State of Mind, Part 2*  
3532 Judy Schechter, Deb Price

*The FDA Story: Labels, Antifreeze, Antibiotics, and Orphan Drugs*  
3533 Michael Scheffler

*The Color of Water*  
3534 Barbara Solomon

*Travel Seminar*  
3535 David Yockey

**TUESDAY**  
2:15–3:30 PM (\$5)

*Musical Masterpieces of the Romantic Era*  
3631 Rafael de Acha

*Happy Feet Series*  
3632 Pam Jacobson

*Here Come the Judges, Part 2*  
3633 Gerry Walter

*Taiwan: A History of Agonies (free, subsidized by SF-Taiwan)*  
3634 Taitzer and Judy Wang (\$0)

## BROWN BAG LUNCHES VICTORY PARKWAY CAMPUS

*You may bring a lunch.*

**MONDAYS**  
12:45–2 PM (\$0)

**Feb. 5:** *The ABCs of Creating Conditions for Healing*  
2531 Heidi Bright

**Feb. 12:** *William Tecumseh Sherman: The Devil in the Blue Uniform*  
2532 Deb Price

**Feb. 19:** *Rocking the Cradle of Presidents*  
2533 Mary Ladrack

**Feb. 26:** *In Search of the Highest Truth: One Man's Journey to India and Back*  
2534 Kevin Celarek

**Mar. 5:** *The Audacity and Wit of Tom Lehrer*  
2535 Hirsh Cohen

**Mar. 12:** *Laurel and Hardy Are Coming to Town!*  
2536 Gene Sorkin

**Mar. 19:** *Five Practical Steps: Know What to Do and Expect When a Death Occurs*  
2537 Kay Walters

**Mar. 26:** *US Air Force Museum at Wright-Patterson AFB*  
2538 Don Gray

**TUESDAYS**  
12:45–2 PM (\$0)

**Feb. 6:** *Master Mindfulness/ Meditation without Moving to the Himalayas!*  
2632 Sharon Byrnes

**Feb. 13:** *Good Grief*  
2633 Mike Shryock

**Feb. 20:** *See the USA the Italian Way*  
2634 Gerardo Perrotta

**Feb. 27:** *Conservation Biology: A Deep-Time Perspective to Modern Conservation Issues*  
2635 Brenda Hunda

**Mar. 6:** *Full Legalization of Addicting Drugs: A New Direction on the War on Drugs*  
2636 Richard Wendel

**Mar. 13:** *Common-Sense Gun Legislation*  
2637 Michele Mueller

**Mar. 20:** *South in Your Mouth*  
2638 Deb Price

**Mar. 27:** *Fusion Power: Will a Private Company Succeed Where Governments Have Failed?*  
2639 Jerry Black

**THURSDAYS**  
12:45–2 PM (\$0)

**Feb. 8:** *An Afternoon with Paul Laurence Dunbar*  
2824 Ralph Moon

**Feb. 15:** *The Gifts They Gave: Contributions by African Americans*  
2825 Caryl Miller

**Feb. 22:** *Live Longer-Live Better with the Seven Dimensions of Senior Wellness*  
2826 Roy Franchi

**Mar. 1:** *Outbreak! Epidemics that Changed the World*  
2827 Deb Price

**Mar. 8:** *AHA! The Neuroscience of Creativity*  
2828 Patricia Faust

**Mar. 15:** *Hidden History of Cincinnati*  
2829 Jeff Suess

**Mar. 22:** *An Inside Look at the Cincinnati Ballet*  
2830 George Wilkinson

**Mar. 29:** *Writes: Camera, Action!*  
2831 Brian Dobbins

# SCHEDULE AT-A-GLANCE

*Bhagavad-Gita: The Most Renowned and Redeemable Hindu Book*  
3635 Koti Sreekrishna

**THURSDAY**  
9:30–10:45 AM (\$5)

*Tai Chi+*  
3802 Larry Murray

*Understanding Yourself and Others with the Enneagram, Part 2*

3819 Tom Flautt

*Hooray for Hollywood Musicals, Part 12*

3820 Doug Iden

*Researching Your Family History*

3821 Kathy Womer

*Paper Bead Jewelry-Making Workshop*

3822 Grace Severyn

*Gardening Forum*  
3823 Deb Price

**THURSDAY**  
11 AM–12:15 PM (\$5)

*A Twist on How Plays Can Help in Understanding Families*

3903 Debbie Zook, Julie Metz

*Beginning Knitting*  
3920 Barb Solomon (+ fee)

*Amazing Ways that Everyday Products Are Designed*

3924 Howie Baum

*Old-Time Music and the Country Cousins: The Golden Age of Radio, 1920s–1950s*

3925 Chuck Black

*Financial Planning and Investment Workshop*

3926 Bob Carroll

*The Golden Age of Broadway, Part 5*

3927 Doug Iden

*C. G. Jung Study/Discussion Group*

3928 Sally Moore, Joan Murray, Tom Flautt

*Guided Autobiography*  
3929 Melissa Schwartz

**THURSDAY**  
2:15–3:30 PM (\$5)

*Getting to Know Your iPad*  
4023 Brenda Gatti

*Sing Karaoke*  
4024 Glenn King, Bill Meyer, Joyce Andrews

*Wealth Preservation*  
4025 Edward Apfel

*Cuba Inside Out*  
4026 Rafael de Acha

## EXTRA TREATS

**Feb. 16:** *Athenaeum of Ohio Tour and Lunch with the Seminarians*  
8565 10:30 am–1 pm (\$15)

**Feb. 26:** *Tour Adath Israel Synagogue*  
8566 10–11:30 am (\$0)

**Feb. 27:** *All-American Law Enforcement in Greater Cincinnati Tour*  
8567 11 am–12:30 pm (\$5)

**Mar. 2:** *Let's Check Out the Library*  
8568 10:30 am–12 pm (\$0)

**Mar. 9:** *Irish Heritage Center Tour and Tea*  
8569 1–4 pm (\$15)

**Mar. 23:** *Taste Ohio Wines at Meier's Wine Cellars*  
8570 2–4 pm (\$0 + fee)

## OLLI SAMPLERS ADATH ISRAEL

**No food/drink allowed.**

**TUESDAYS**  
12:45–2 PM (\$0)

**Feb. 6:** *Indonesia, The Maldives, and Coco's Island: Below and above the Sea*  
4330 Mary Anne Pedoto

**Feb. 13:** *Solving Hunger: A Workforce Development Solution by Freestore Foodbank*  
4331 Kurt Reiber

**Feb. 20:** *Nikola Tesla's Work in Wireless: Communication, Power, and Remote Control*  
4332 Bill Fox

**Feb. 27:** *The Artworks of Jim Slouffman: An Inner Journey*  
4333 Jim Slouffman

**Mar. 6:** *Six Strategies to Pay for Extended Care: Which Is Your Plan?*  
4334 Karen Rosenthal

**Mar. 13:** *The Aging Brain, Alzheimer's, and How to Minimize the Aging Process*  
4335 Kenneth Manges

**Mar. 20:** *Creating One Greater Community: Welcoming New Cincinnati Refugees*  
4336 Robyn Lamont

**Mar. 27:** *Nuclear Electricity, Nuclear Batteries, and Nuclear Homicide*  
4337 Carl Bishop

**THURSDAYS**  
12:45–2 PM (\$0)

**Feb. 8:** *Light and Color*  
4422 Henry Fenichel

**Feb. 15:** *North to Alaska: Glaciers, Gorges, and Gorgeous*  
4423 David Feldstein

**Feb. 22:** *Yellowstone National Park: The World's First National Park*  
4424 Bill Deitzer

**Mar. 1:** *The Top Five Secrets to Aging Well*  
4425 Ryan O'Leary

**Mar. 8:** *Gerrymander in Ohio*  
4426 Joan Gilmore

**Mar. 15:** *Destination Unknown: Adventures of a WWII American Red Cross Girl*  
4427 Kathleen Cox

**Mar. 22:** *US Air Force Museum at Wright-Patterson AFB*  
4428 Don Gray

**Mar. 29:** *Spousal Preparedness for Financial and Estate Planning*  
4429 Mel Marmer



# SCHEDULE AT-A-GLANCE



OLLI volunteers help out in the office. Thank you!

## SPRING GROVE CEMETERY

**TUESDAY**  
9:30–11:30 AM (\$0)

**Mar. 12:** *Pruning Seminar for the Homeowner*  
7104 Brian Heinz, Dave Gressley

## OTHER LOCATIONS

### MONDAY

Chesterwood Village  
1–4 pm (\$5)  
*Bond with James' Films*  
8004 Doug Iden

### TUESDAY

Cincinnati Bridge Assn.  
2:50–4:30 pm (\$5)  
*Bridge 102: For Those Who Know Some of the Basics*  
8110 Larry Newman, John Meinking, Elaine Jarchow, Jane Duncan

### WEDNESDAY

Connection at Twin Lakes  
10–11 am (\$0 + fee)  
*Float, Flex, and Be Fit*  
8218 Tracy Stegall

Tri County Golf Ranch  
10–11:15 am (\$5)  
*Get Golf Ready*  
8220 Melissa Yeazell, Larry King

Maple Knoll Village  
1–3 pm (\$5)  
*Art and Hobby Workshop*  
8221 Glenn King

Chesterwood Village  
2:30–3:45 pm (\$5)  
*Cooking Made Easy*  
8222 Eddie Rickett

### THURSDAY

Cincinnati Bridge Assn.  
2:50–4:30 pm (\$5)  
*Bridge 101: Intro to Bridge*  
8306 Larry Newman, Jane Duncan, Elaine Jarchow

### FRIDAY

Joseph-Beth Booksellers  
10:30 am–12 pm (\$5)  
*Abortion and Fiction*  
8417 John Bossert

**WEDNESDAY WOWS!**  
VICTORY PKWY CAMPUS  
9:30 AM–12 PM (\$0)

**Feb. 7:** *Ask the Pharmacist: Dietary Supplements and Prescription Medications*  
5104 Cathy Rosenbaum

**Feb. 14:** *Healing the Wounds of War*  
5105 Nonie Muller

**Feb. 21:** *Incarceration and After: A Japanese-American Story*  
5106 Kayzuya Sato

**Feb. 28:** *Morgan's Great Raid: Taking the Civil War to the North*  
5107 David Mowery

**Mar. 7:** *"I Didn't See It that Way": Racial Identity Development and Our Worldview*  
5108 Shawn Jeffers, David Weaver

**Mar. 14:** *Here Come the Sharks! A Visit from WAVE Foundation at Newport Aquarium*  
5109 Dan Dunlap

**Mar. 21:** *Tragedy Tomorrow, Comedy Tonight: The Stephen Sondheim Story*  
5110 Doug Iden

**Mar. 28:** *Way Down Yonder in New Orleans*  
5111 Hirsh Cohen

**FAB FRIDAYS!**  
OHIO LIVING LLANFAIR  
9:30 AM–12 PM (\$0)

**Feb. 9:** *Avert a Crisis! Be a Super Hero! Make a Plan!*  
6078 Rebecca Pace

**Feb. 16:** *SMART Self-Defense Class*  
6079 Michelle Berling, James Berling

**Feb. 23:** *Northside: A Sassy Family Neighborhood*  
6080 Tim Jeckering

**Mar. 2:** *Discovering the Secrets of the Fernald Preserve*  
6081 Penny Borgman

**Mar. 9:** *All that Jazz: An Overview of American Jazz Music from the Piano*  
6082 Phil DeGreg

**Mar. 16:** *Meet John Erardi: Newspaper and Book Sports Writer*  
6083 John Erardi

**Mar. 23:** *Can "Soupe" Save the City?*  
6084 Merret Collister

## 3400 Easy-Does-It Exercise

Tuesdays, Feb. 6–Mar. 27, 9:30–10:20 am (ADI) \$5

CLASS LIMIT: 30

Exercise smart (not hard) in this 50-minute-long class, with a wide variety of moving, stretching, and toning (sitting in a chair or standing) for improved range-of-motion, muscle tone, posture, balance, good breathing—and fun! No floor exercise. No “routines” to learn. Music makes the time fly.

*Moderator:* Linda Keggs taught yoga and her own Move to Music classes for over 30 years (at YMCA, Blue Ash Recreation Center, etc.).

## UPDATED 3403 Controversial Issues

Tuesdays, Feb. 6–Mar. 27, 9:30–10:45 am (ADI) \$5

Discussion of current events or topics with arguable issues.

*Moderator:* Ed Levy, former manufacturer, professor, and member of UC College of Medicine Institutional Review Board.

## NEW 3406 Introductory Spanish, Part 2

Tuesdays, Feb. 6–Mar. 27, 9:30–10:45 am (ADI) \$5

CLASS LIMIT: 20

A continuation of Introductory Spanish taught in the fall session. Instruction will continue to be in English. The course will develop an additional 100 words and 30 phrases. We will introduce past and future tenses, comparisons, more irregular verbs, more pronouns, and more practice.

*Moderator:* Leo Ennis is a native speaker who grew up in Mexico. She began this course last year and has also been teaching Spanish to former OLLI students.

## 3410 Financial Workshop: Your Source for Financial Education

Tuesdays, Feb. 6–27, 9:30–10:45 am (ADI) \$5

CLASS LIMIT: 25

We believe financial education is an important step in helping you achieve a better future. That is why our Financial Workshop: Your Source for Financial Education offers clear and practical investing education in a convenient and comfortable format. By attending our workshop, you'll gain a better understanding of the key principles of saving and investing and also learn specific strategies to help reach your long-term goals.

*Moderator:* Timothy J. Payne is a financial advisor with Edward Jones. His primary goal is to help individual investors and business owners develop an investment strategy geared

toward their unique, long-term goals. Whether you need to save for a child's education, reduce taxes, or plan for retirement, he can help.

## UPDATED 3418 Photography Workshop

Tuesdays, Feb. 6–Mar. 20, 9:30–10:45 am (ADI) \$5

CLASS LIMIT: 12

In this workshop, the moderators serve as facilitators and coaches. Participants will share their work, and all will participate in gentle discussion. Each week, we will have a challenge assignment of six photos to share. The workshop is designed for participants who have previously completed a photography course, have a basic working knowledge of their camera, and want to engage at the next level. For beginners, other OLLI photography classes are available.

*Co-Moderators:* Bernadette Clemens-Walatka and David Kempton are friends and serious amateur photographers.

## NEW 3421 Intermediate French Conversation

Tuesdays, Feb. 6–Mar. 27, 9:30–10:45 am (ADI) \$5

CLASS LIMIT: 20

Brush up on your speaking and listening comprehension in French in a relaxed but structured setting. We will discuss topics of interest to all participants with a focus on increased fluency. The goal of this course is for you to improve your communication skills and have fun doing it. Content will be weighted toward informal conversation with brief moments discussing grammar and occasional moments of animated conversation drills. (Once a French teacher, always a French teacher!) Be prepared to be exposed to some French poetry.

*Moderator:* David McDiarmid is a retired high school French teacher with a strong interest in French literature. He has an MA in French studies from Middlebury College and has studied and lived in France.



The Victory Parkway Café is a popular spot.  Photo: Kathy Womer

# Class descriptions by CLASS NUMBER

---

## **NEW** 3422 Living World Religions, Part 2

Tuesdays, Feb. 6–Mar. 27, 9:30–10:45 am (ADI) \$5

*CLASS LIMIT: 27*

Does your philosophy cause you to wonder about different spiritual beliefs? Join us for the last of two courses on living religions. Weekly, we'll explore some history, beliefs, leaders, practices, and symbols of Eastern religions—Hinduism, Jainism, Buddhism, Sikhism, Daoism, Confucianism, and contemporary movements—that give spiritual guidance to many. We'll strive to be objective in guiding our study. Interested? Please secure a copy of Mary Pat Fisher's college text *Living Religions*, 7th ed., Pearson/Prentice Hall, 2008. Read chapter 3 on Hinduism for the first class.

*Co-Moderators:* Dean Moore—precollege and college educator, three degrees, OU and UC; Kathy Baker—precollege history and Chinese cooking teacher, BA and BS, UC; Bettye Beaumont—BA, classics, Univ. of TN, MBA, Univ. of NC.

---

## **NEW** 3423 Smarter Age Brain Enhancement

Tuesdays, Feb. 6–Mar. 27, 9:30–10:45 am (ADI) \$5

*CLASS LIMIT: 50*

As we age, many of us are concerned about deterioration in memory, judgment, and cognitive abilities. There are a number of lifestyle changes you can make now that will optimize your odds of retaining and even enhancing your brain functioning. These range from high-intensity cardio exercise to low-carb nutrition; from silent meditation to tough creative brain challenges; from avoiding rip-off internet solutions and certain over-the-counter medications to aggressively treating hearing loss. All these and more will be analytically reviewed for their abilities to help keep your brain functioning optimally.

*Moderator:* Len Singer, MD, is a surgeon, disaster educator, and neuroscience enthusiast. After practicing in Cincinnati for 20 years, he taught a number of graduate level disaster management/leadership courses at Boston Univ. as well as for several federal agencies. In recent years, he has devoted efforts to analyzing advances in neuroscience as they pertain to brain enhancement in healthy aging individuals.

---

## 3506 Move into Ease

Tuesdays, Feb. 6–Mar. 27, 11 am–12 pm (ADI) \$5

*CLASS LIMIT: 30*

A touch of yoga, some energizing movement, a time for relaxation, soulful stretching, and pumping life into each cell. This one-hour class oils your joints and breathes ease into your bones, like giving yourself a massage. Wear

comfortable, loose clothing and bring a mat or towel on which to lie. Expect to feel rejuvenated!

*Moderator:* Karen Zaugg brings a lifetime of dance training, yoga, and a variety of bodywork experiences to welcome you to exercise and a sense of wellbeing.

---

## **NEW** 3529 Exploring Our Sense of Touch

Tuesdays, Feb. 6–Mar. 27, 11 am–12:15 pm (ADI) \$5

*CLASS LIMIT: 10*

We seldom indulge in our sense of touch as we do with other senses such as hearing when we listen to music or sounds of nature or taste and smell when we eat chocolate. Touch is important. Touch happens at the boundary between our self and everything else in the physical world. Boundaries help us discover the simplicities and complexities of our relationships with our self, others, and our environment. Through a series of experiential exercises including respectful contact with others and discussions, we will explore various aspects of touch.

*Moderator:* Elisabeth Contadino is a Trager practitioner and licensed massage therapist with particular interest in geriatric, oncology, and hospice care. Her background includes a long social work career, teaching tai chi, and various forms of energy work.

---

## **NEW** 3530 L'Invitation au Voyage

Tuesdays, Feb. 6–Mar. 27, 11 am–12:15 pm (ADI) \$5

*CLASS LIMIT: 12*

This course consists of a review of the great poems written in French from François Villon to Guillaume Apollinaire. The course is in French and is aimed at those whose linguistic skills are native, fluent, or advanced intermediate. If you have taught French, if you are French or learned French as a first language, if you have some favorite French poems resonating in your head, or if you would enjoy refreshing your love of French poems and sharing it with others, this class is for you.

*Moderator:* David McDiarmid is a retired high school French teacher with an MA from Middlebury College. He has lived and studied in France (Université de Dijon). He has a lifelong love of French and French poetry that he would like to share with interested OLLI students.



**NEW 3531 21st-Century Ideas that Matter**

Tuesdays, Feb. 6–Mar. 27, 11 am–12:15 pm (ADI) \$5

CLASS LIMIT: 27

Interested in 21st century ideas that matter? In this course, we'll mind-wrestle many ideas put forth by a philosopher with his opinions. Come to understand, agree, disagree, or modify the varied ideas. Plan to read about 20 short ideas and take a position on one to three of them. Moderators will informally debate the first and last ideas each week. Coming? Please read pp. 1–51 of A.C. Grayling's *Ideas that Matter: Concepts that Shape the 21st Century*, Basic Books, 2010.

*Co-Moderators:* Dean Moore—precollege and college educator, three degrees, OU and UC; Gilbert Minson—BS and DDS, OSU.

**NEW 3532 New York (Books) State of Mind, Part 2**

Tuesdays, Feb. 6–Mar. 27, 11 am–12:15 pm (ADI) \$5

CLASS LIMIT: 15

Missed getting into a New York state of mind in books last term or just want more? Interested in books in which NYC or a particular borough is a central part: an idea, an identity, or even a character? Join us for a completely new reading list, taken at a slower pace of about one book every two weeks. To begin, read Truman Capote's *Breakfast at Tiffany's*. If you find yourself in the city that never sleeps, pick up Michael Chabon's *The Amazing Adventures of Kavalier and Clay*.

*Co-Moderators:* Judy Schechter, a former English and gifted teacher, was born in Brooklyn and proves the saying, "You can take the girl out of Brooklyn, but you can't take Brooklyn out of the girl." Deb Price has taught Southern Women Writers, Banned Books, Hemingway, and numerous Brown Bags and WOWs. Her interests are varied and quirky.

**UPDATED 3533 The FDA Story: Labels, Antifreeze, Antibiotics, and Orphan Drugs**

Tuesdays, Feb. 6–Mar. 27, 11 am–12:15 pm (ADI) \$5

We'll discuss the development of the US Food and Drug Administration, beginning as a section of the Department of Agriculture and growing from one crisis to another. It became a world-respected system for reviewing the study and approval of new drugs. The system is often copied worldwide and in the US is successful in preventing most harmful drugs without interfering with the physician-patient relationship.

*Moderator:* Michael Scheffler, PhD, RPh, began his career in the FDA and completed it in the drug industry, contributing to the development of several new drugs. Along the way,

he has learned both sides of drug development, both the regulatory aspects and those of developing new drugs. He is expecting to learn more from our discussions.

**3534 The Color of Water**

Tuesdays, Mar. 6–27, 11 am–12:15 pm (ADI) \$5

Enjoy this riveting memoir by James McBride that begins in 1942 when an Orthodox Jewish woman marries an African American man. Learn about the family's struggle for acceptance as they attempt to find a place to belong amongst the two communities. Marvel at the successes of her 12 children. Integrated in the class discussion will be a review of the civil rights movement during relevant time periods. Please read chapters 1–5 before the first class.

*Moderator:* Barbara Solomon has been a lifelong teacher and lover of history. Because she taught in a Columbus inner-city school during the 1970s, she has some firsthand knowledge of the struggle to integrate our schools.

**UPDATED 3535 Travel Seminar**

Tuesdays, Feb. 6–Mar. 27, 11 am–12:15 pm (ADI) \$5

This course will focus on travel tips, how to find the best prices, and information on "hot" destinations. Learn about car rentals, travel insurance, European rail travel, etc.

*Moderator:* David Yockey, AB, MEd, MA, DS, retired as a department head at Milford HS and has worked as an independent travel consultant with Provident Travel for the past 27 years. He has traveled extensively.

**NEW 3631 Musical Masterpieces of the Romantic Era**

Tuesdays, Feb. 6–Mar. 27, 2:15–3:30 pm (ADI) \$5

CLASS LIMIT: 30

This winter, we'll experience together the music of the great Romantic composers, from Mendelssohn, Schumann, and Brahms in Germany to Russia's Tchaikovsky and the Mighty Five, to the rise of nationalism in the music of Norway, France, Czechoslovakia, Hungary, Spain, Poland, and the US.

*Moderator:* Rafael de Acha has enjoyed a lifetime in the performing arts and now as a freelance music critic and blogger.

# Class descriptions by CLASS NUMBER

---

## **NEW** 3632 Happy Feet Series

Tuesdays, Feb. 6–Mar. 27, 2:15–3:30 pm (ADI) \$5

We will focus on restoring and maintaining natural, healthy foot function using exercises and practices to stretch, strengthen, and mobilize our feet. Each week we'll cover new material. Please bring a yoga mat or bath towel. Removing footwear in class is encouraged.

*Moderator:* Pam Jacobson has an enthusiastic lifelong passion for health, wellness, and movement. For 30+ years, she has practiced and taught a variety of movement modalities including yoga, tai chi, dance, fitness, and weight training. She has a special interest in the feet as our foundation as they relate to total body health.

---

## **NEW** 3633 Here Come the Judges, Part 2

Tuesdays, Feb. 6–Mar. 27, 2:15–3:30 pm (ADI) \$5

The Book of Judges is among the most exciting books in the Bible, filled with fascinating stories about heroes and villains. Judges is often cinematic in style, depicting both inspirational and horrifying events. We will be involved in a deep study of the second half of the Book of Judges, utilizing traditional commentaries as well as historical and religious background. This course covers new self-contained material—completing Part 1 is NOT required for enrollment.

*Moderator:* Gerry Walter is rabbi emeritus of Temple Shalom and also the recently retired director of pastoral care at Cedar Village. He has taught Jewish and religious studies and Bible at HUC-JIR, NKU, Virginia Tech, and Roanoke College.

---

## **UPDATED** 3634 Taiwan: A History of Agonies (free, subsidized by SF-Taiwan)

Tuesdays, Feb. 6–Mar. 27, 2:15–3:30 pm (ADI) \$0

Taiwan is a Pacific island nation of Austronesian origin. 500 years of history marks jurisdiction by Netherlands, Spain, “Chinese” emperors, Japan, and the Republic of China (ROC). Following Japan’s surrender ending WWII (1945) and the rise of Communism during the Chinese Civil War (1949), the ROC fled mainland China for Taiwan. Thirty-eight years’ domestic resentment of the martial law and white terror imposed by Chiang Kai-Shek’s Nationalists Party and, especially, the influences of world politics throughout the history of Taiwan will be discussed in this revised course.

*Co-Moderators:* Taitzer and Judy Wang were born in Taiwan and are long-time US citizens and followers of their native land. Together they translated Bruce Herschensohn’s monumental work *Taiwan: The Threatened Democracy* (2006). Taitzer, PhD in chemistry, was on the faculty of UC College of Medicine for 14 years. Judy has an MS in microbiology.

---

## **UPDATED** 3635 Bhagavad-Gita: The Most Renowned and Redeemable Hindu Book

Tuesdays, Feb. 6–Mar. 27, 2:15–3:30 pm (ADI) \$5

*CLASS LIMIT:* 25

Bhagavad-Gita is the sermon of Lord Krishna as charioteer to warrior Arjuna at the Mahabharata war, fought in 3136 BCE in ancient India. Krishna’s advice to Arjuna is a timeless classic anyone can benefit from. It is also a window to India’s spiritual heritage. Krishna is the Hindu equivalent of Jehovah, David, Solomon, Zarathustra, Jesus, Muhammad, or Martin Luther. This is the first Hindu book to reach America as found in the words of Emerson and Thoreau. We’ll experience new insights and various translations.

*Moderator:* Koti Sreekrishna, PhD (biochemistry), Distinguished Toastmaster, is a senior scientist at P&G. His interests include philosophy, interreligious dialogue, public speaking, and studying Hindu scriptures. He serves as religious counselor of the local Hindu Society. He has co-authored four versions (New, Easy, Complete, and Songs in Pictures) of Bhagavad-Gita, his favorite book, which he had memorized by age nine.

---

## **3802 Tai Chi+**

Thursdays, Feb. 8–Mar. 15, 9:30–10:45 am (ADI) \$5

*CLASS LIMIT:* 24

We will expand our qigong repertoire and learn some basic tai chi partner sticking-hands patterns. Our short form will be supplemented with optional, moderately difficult elements, meditation, and focus on internal organs and energy flow to increase self-awareness and relaxation while heightening the body’s immune response. For this shorter six-week course, we will include a simple, easily learned Sun style form.

*Moderator:* Larry Murray is an instructor of tai chi and qigong with Tai Chi Healthways and a senior instructor for Master Wang, I-Chih, PhD.

---

## **NEW** 3819 Understanding Yourself and Others with the Enneagram, Part 2

Thursdays, Feb. 8–Mar. 29, 9:30–10:45 am (ADI) \$5

This course is designed to be a follow-up to the introductory course given in the fall. It should be useful to people who know their Enneagram type. We will examine in greater detail Enneagram instinctual subtypes, defense mechanisms, growth paths, and relationships.

*Moderator:* Tom Flautt developed an interest in what makes people tick at P&G. He is certified as an Enneagram teacher by major Enneagram schools. He also teaches an OLLI course on the psychology of Carl Jung.

**NEW 3820 Hooray for Hollywood Musicals, Part 12**

Thursdays, Feb. 8–Mar. 29, 9:30–10:45 am (ADI) \$5

We will continue our journey through Hollywood musicals and film scores of the mid-1960s with films including *Flower Drum Song*, *Mary Poppins*, and several Henry Mancini scores. Using film clips and music, we'll explore the significance of the scores and various composers and lyricists. No need to have taken previous classes to enjoy this one.

*Moderator:* Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for several years.

**UPDATED 3821 Researching Your Family History**

Thursdays, Feb. 8–Mar. 29, 9:30–10:45 am (ADI) \$5

*CLASS LIMIT:* 30

Learn the basics of finding your ancestors, where they lived and died, whom they married and the children they had, whether they fought in wars, etc. We will discuss how to get started and how to document and organize your findings. We will look at resources: census and other government records, newspapers, wills, land records, and more. You will learn how to access websites and discover the thrill of seeing your ancestor's name on old records. This class is for beginning genealogists as well as those with some experience.

*Moderator:* Kathy Womer is a member of the Hamilton County Genealogical Society and has taught genealogy courses at OLLI for several years.

**3822 Paper Bead Jewelry-Making Workshop**

Thursdays, Feb. 8–Mar. 29, 9:30–10:45 am (ADI) \$5

*CLASS LIMIT:* 13

Learn to make paper beads using a simple tool: a bead roller. After making a collection of paper beads, you'll learn the fundamentals of jewelry making, so that you can design your own jewelry. Basic materials will be provided to enable you to complete earrings, a bracelet, and a necklace during the course. You are welcome to bring additional materials you might like to incorporate into your jewelry. No prior artistic experience is required.

*Moderator:* Grace Severyn is a member of the Kennedy Heights Arts Center Collective and sells paper bead jewelry in its gift shop. She has taught paper bead making to teens at the public library and has volunteered to lead biweekly paper bead jewelry workshops at a nursing home.

**NEW 3823 Gardening Forum**

Thursdays, Feb. 8–Mar. 29, 9:30–10:45 am (ADI) \$5

Do you like digging in the dirt? This class is designed for both novice and seasoned gardeners. Each week we'll look at another aspect of fun in the dirt, from container gardening to inviting pollinators to visit you. We'll share information, hints, and experiences.

*Moderator:* Deb Price, a master gardener for ten years, still takes classes on anything but turf management.

**UPDATED 3903 A Twist on How Plays Can Help in Understanding Families**

Thursdays, Feb. 8–Mar. 15, 11 am–12:15 pm (ADI) \$5

The twist is that we are all moderators because of our passion for plays and studying issues pertaining to families. We will read three plays: *Guess Who's Coming to Dinner* by Todd Kreidler (2/8, 2/15), *Awake and Sing* by Clifford Odets (2/22, 3/1), and *Sweat* by Lynn Nottage (3/8, 3/15). Discussion themes will include parenting, siblings, gender roles, love/hate, trust, and generational issues. We are a lively and interactive class. Please read each play by its scheduled dates to enrich discussion and participation.

*Co-Moderators:* Debbie Zook was a teacher for 25+ years and now enjoys time with her grandchildren, gardening, traveling, and reading and going to plays. Julie Metz was in the pharmaceutical business for 20+ years. She has been an active volunteer at various arts organizations as well as ushering in the Cincinnati area.

**3920 Beginning Knitting**

Thursdays, Mar. 8–29, 11 am–12:15 pm (ADI)  
\$5 + materials fee

*CLASS LIMIT:* 10

You will learn casting on, garter stitch, stockinette stitch, rib stitch, seed stitch, moss stitch, and binding off. At the conclusion of the course, you should have a scarf made of sample stitches. Purchase size 8 knitting needles and one skein of worsted weight yarn and bring them to the first class. Moderator will collect \$10 to cover the cost of your manual, which you will receive on the first day of class.

*Moderator:* Barbara Solomon is a lifelong crafter who loves to knit. Her grandmother taught her to knit when she was ten.



---

**NEW 3924 Amazing Ways that Everyday Products Are Designed**

Thursdays, Feb. 8–Mar. 29, 11 am–12:15 pm (ADI) \$5

We use many products every day without considering their development. What are the current and future ways that are used to design, test, and make them? Let's take a look at the materials used in everyday products, developing efficient and safe ways to use products, visual and aesthetic design aspects that make products special and give us pleasure to use them, knowledge of the parts of the human body—hands, feet, our five senses—that interact with products, and new technologies such as 3D printing.

*Moderator:* Howie Baum obtained a BS in industrial design in 1971 and AS in mechanical engineering in 1961. He worked as a mechanical and industrial engineer at companies in Cincinnati and Dayton doing product and process design and taught for 36 years at four universities and colleges: occupational ergonomics, materials, manufacturing, design research, user-centered design, computer software, and mathematics.

---

**NEW 3925 Old-Time Music and the Country Cousins: The Golden Age of Radio, 1920s–1950s**

Thursdays, Feb. 8–Mar. 29, 11 am–12:15 pm (ADI) \$5

This course will look at the early history of country music, which started with the first commercial radio station in 1920 and the explosion of recorded music in the 1920s. The tree grew and branched out into related forms of music including folk, mountain music, western swing, bluegrass, cowboy music, honkytonk, and others. It was all one big, happy family until TV came along and changed things as our main culture and entertainment source. We'll study the music, the styles, the record labels, and the personalities of old-time music.

*Moderator:* Chuck Black is in his eighth year of hosting *The Old-Time Music Radio Show Featuring the County Cousins* every Wednesday morning from 8 am to noon on 88.7 WOBO-FM. He is a music historian and board member and past president of the Queen City Balladeers, a folk/roots/Americana music organization founded at UC in 1963.

---

**UPDATED 3926 Financial Planning and Investment Workshop**

Thursdays, Feb. 8–Mar. 29, 11 am–12:15 pm (ADI) \$5

*CLASS LIMIT: 25*

Join us for a hands-on interactive workshop that will delve into the various aspects of a well-thought-out financial plan. In today's environment, it is more important than ever

to revisit your plan and make sure it reflects your needs. We will cover a variety of topics including your investment strategy, retirement planning, estate planning, and how to be a smart/informed financial consumer. Roll up your sleeves and get ready to go to work!

*Moderator:* Bob Carroll is the managing director of the Cincinnati office for Carnegie Investment Counsel. A long-time OLLI moderator, Bob has both the CPA and CFP® licenses.

---

**NEW 3927 The Golden Age of Broadway, Part 5**

Thursdays, Feb. 8–Mar. 29, 11 am–12:15 pm (ADI) \$5

We'll continue our journey through the Golden Age of Broadway during the mid-1950s with shows including *My Fair Lady*, *Candide*, and *Most Happy Fella*. We'll use film clips and music to highlight these shows and their composers and lyricists. You do not need to have attended previous classes to enjoy this one.

*Moderator:* Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for several years.

---

**UPDATED 3928 C. G. Jung Study/Discussion Group**

Thursdays, Feb. 8–Mar. 29, 11 am–12:15 pm (ADI) \$5

Carl Jung developed a vast work concerning self-knowledge, personal development, art, culture, and spirituality. We'll start by reviewing basic concepts of Jungian philosophy. Then you will have the opportunity to learn in greater depth the aspect of Jung's teaching that has special interest for you by researching and presenting a topic for class discussion. The moderators will suggest resources to help your journey of discovery.

*Co-Moderators:* Sally Moore, coordinator of Greater Cincinnati Friends of Jung and retired director of Research Services, Convergys, Inc.; Joan Murray, occupational therapist and chemical dependency counselor; Tom Flautt, PhD, retired P&G executive, involved in organizational development, executive coaching, and personality research.

---

**3929 Guided Autobiography**

Thursdays, Feb. 8–Mar. 29, 11 am–12:15 pm (ADI) \$5

*CLASS LIMIT: 15*

Write the stories of your life two pages at a time. I will guide you with priming questions that will unlock stories filed away in your memory but not forgotten.

*Moderator:* Melissa Kotler Schwartz is a certified guided autobiography instructor from the James E. Birren School of

Autobiography. She's also a blogger and teacher. Find her blog at [strangersihaveknown.com](http://strangersihaveknown.com).

## **UPDATED** 4023 Getting to Know Your iPad

Thursdays, Feb. 8–Mar. 29, 2:15–3:30 pm (ADI) \$5

*CLASS LIMIT: 12*

This course is designed for the beginning iPad user. You will learn how to manage your device using settings, how to take and edit photos and screen shots, how to download apps, how to access a variety of reading materials, and many other tricks of the Pad, including apps that make life so much more fun and interesting. Bring your device fully charged! **BECAUSE OF LIMITED SPACE, YOU MAY NOT ENROLL IN MORE THAN ONE IPHONE/IPAD COURSE.**

*Moderator:* Brenda Gatti is a former elementary school teacher and devoted OLLI volunteer. She is enthused about sharing with you a device she originally thought maybe had only one or two uses. Now she can't imagine living through a day without it.

## 4024 Sing Karaoke

Thursdays, Feb. 8–Mar. 29, 2:15–3:30 pm (ADI) \$5

*CLASS LIMIT: 12*

You love to sing but have never tried karaoke? You want to learn or are a real pro? Come join Glenn and Bill for a musical afternoon of fun. We have a large list of songs to choose from, and who wouldn't enjoy singing with the accompaniment of a big band? We will encourage you to share your voice, but if you would rather listen, we can always use an audience.

*Co Moderators:* Glenn King and Bill Meyer have been singing with The Martinaires for several years and enjoy taking karaoke musical entertainment to retirement communities, organizations, and school reunions on a volunteer service-project basis. Helper Joyce Andrews is our wonderful music organizer.

## **UPDATED** 4025 Wealth Preservation

Thursdays, Feb. 8–Mar. 29, 2:15–3:30 pm (ADI) \$5

In today's uncertain times, how do we protect our savings and investments? This course will focus on preserving and protecting our assets. We will discuss how to make money in a challenging economic environment. We will learn how to distinguish between "good" and "bad" investments and also cover estate and retirement account protection strategies.

*Moderator:* Edward L. Apfel is a first vice president and financial planning specialist at Morgan Stanley with 19 years of experience. He received his bachelor's degree from UC.

## **UPDATED** 4026 Cuba Inside Out

Thursdays, Feb. 8–Mar. 29, 2:15–3:30 pm (ADI) \$5

*CLASS LIMIT: 30*

Rafael will share his experiences growing up in Cuba during the 1940s and 1950s and leaving his birthplace two years after Castro's arrival. He will also share insights into Cuban history, politics, and culture.

*Moderator:* Rafael de Acha, now in his seventh year moderating classes for OLLI, shares his firsthand knowledge of his home country for this course.

## **NEW** 4330 Indonesia, The Maldives, and Coco's Island: Below and above the Sea

Tuesday, Feb. 6, 12:45–2 pm (ADI) \$0

Underwater filmmaker Mary Anne Pedoto will show *Three Directions*, a film from her travels to Indonesia, The Maldives, and Coco's Islands, followed by a discussion of the area and its marine life.

*Moderator:* Mary Anne Pedoto

## **NEW** 4331 Solving Hunger: A Workforce Development Solution by Freestore Foodbank

Tuesday, Feb. 13, 12:45–2 pm (ADI) \$0

We will review a new workforce development initiative in the area of Logistics, Inventory Management, Facilities Management, and Transportation (LIFT) that has been launched by the Freestore Foodbank. With the Tristate area quickly becoming a hotbed of activity in the growing area of logistics, you will learn how the Freestore is working to stabilize families through our LIFT the Tristate training program.

*Moderator:* Kurt Reiber

## **NEW** 4332 Nikola Tesla's Work in Wireless: Communication, Power, and Remote Control

Tuesday, Feb. 20, 12:45–2 pm (ADI) \$0

Nikola Tesla was a pioneer in the field of wireless technology. We will start with his entry into this field in 1893 and follow his dream of a "World System" of communication, which also included wireless transmission of electrical energy, remote control of devices (or, as he called it, "teleautomation"), and even interplanetary communication!

*Moderator:* Bill Fox

# Class descriptions by CLASS NUMBER

---

**NEW** **4333 The Artworks of Jim Slouffman: An Inner Journey**

Tuesday, Feb. 27, 12:45–2 pm (ADI) \$0

Artist Jim Slouffman will share slides of his personal artwork from his early college days up to the present time. He'll discuss how his artwork developed and changed as his life did the same. This is the story of his inner journey toward self-understanding and wholeness.

*Moderator:* Jim Slouffman

---

**NEW** **4334 Six Strategies to Pay for Extended Care: Which Is Your Plan?**

Tuesday, Mar. 6, 12:45–2 pm (ADI) \$0

Are you a planning procrastinator? Do you think you can self-pay extended care costs? Think you'll never need care? You may be surprised by the result of inaction. This talk includes a primer on extended care, expected future care costs, and six planning strategies that can protect your family and finances. You'll hear why having a plan is essential to your overall financial health.

*Moderator:* Karen Rosenthal

---


**4335 The Aging Brain, Alzheimer's, and How to Minimize the Aging Process**

Tuesday, Mar. 13, 12:45–2 pm (ADI) \$0

Forgetfulness can be a normal part of the aging process, but some of us have more difficulty than others. Can you stop the aging process? Can you do things now that will help you later? Get answers to these questions and more about the aging brain from Dr. Manges, a forensic psychologist who frequently testifies about the impact of injury and aging. He will share practical ways for you to maximize your abilities.

*Moderator:* Kenneth Manges



 The Cookie Table is back thanks to volunteers Janet Banks, Shannon Womer, and Kathy Womer—and all the bakers!

---

**4336 Creating One Greater Community: Welcoming New Cincinnati Refugees**

Tuesday, Mar. 20, 12:45–2 pm (ADI) \$0

Learn about Greater Cincinnati's long history as a refugee resettlement community and explore the local innovative approaches to welcoming refugees. By definition, refugees are forcibly uprooted from their homes due to war, violence, or persecution. Refugees may not be accustomed to American culture, customs, language, or transportation and need support as they learn how to navigate this new culture while transitioning from frightening circumstances to become self-sustaining citizens in their newly adopted country. Explore the collaboration of a hundred partner organizations in the region to welcome refugees.

*Moderator:* Robyn Lamont

---

**NEW** **4337 Nuclear Electricity, Nuclear Batteries, and Nuclear Homicide**

Tuesday, Mar. 27, 12:45–2 pm (ADI) \$0

Find out about the applications of five isotopes, the scientists involved, and four related anecdotes.

*Moderator:* Carl Bishop

---

**4422 Light and Color**

Thursday, Feb. 8, 12:45–2 pm (ADI) \$0

Have you wondered why the sky is blue and the sunset red? How are rainbows formed? How do the primary color mixtures produce the spectrum of colors on the TV or the theater screen? The wave nature of light will be used to explain these and other physical phenomena such as photography and holography. The presentation will include light and color demonstrations.

*Moderator:* Henry Fenichel

---

**NEW** **4423 North to Alaska: Glaciers, Gorges, and Gorgeous**

Thursday, Feb. 15, 12:45–2 pm (ADI) \$0

David Feldstein will share 200 photos from an August 2017 trip to Alaska and British Columbia. Subjects include landscapes, animals, native tribes, totems, sculpture, and history.

*Moderator:* David Feldstein



**NEW 4424 Yellowstone National Park: The World's First National Park**

Thursday, Feb. 22, 12:45–2 pm (ADI) \$0

It's one of our largest National Parks and one of the most visited. Hear the fascinating history and the diversity of attractions in the five regions of Yellowstone National Park.

*Moderator:* Bill Deitzer

**NEW 4425 The Top Five Secrets to Aging Well**

Thursday, Mar. 1, 12:45–2 pm (ADI) \$0

Getting old has a bad reputation and can cause a lot of fear and anxiety as we age, but it doesn't need to! Learn five key strategies to help change your perspective, become better prepared for the challenges aging presents, and ultimately create better outcomes during your golden years.

*Moderator:* Ryan O'Leary

**NEW 4426 Gerrymander in Ohio**

Thursday, Mar. 8, 12:45–2 pm (ADI) \$0

A description and explanation of gerrymandering in Ohio and the Fair Districts=Fair Elections campaign.

*Moderator:* Joan Gilmore

**NEW 4427 Destination Unknown: Adventures of a WWII American Red Cross Girl**

Thursday, Mar. 15, 12:45–2 pm (ADI) \$0

LeOna Kriesel Cox was an instructor at Allegheny College when duty called. Asked by a Red Cross recruiter if she would go to war to help our boys, LeOna almost shouted, "YOU BET I WILL!" Based on LeOna's letters from North Africa and Italy as she ran enlisted men's social clubs during 1942–45. It was the time of her life. She met and cut a deal with Pope Pius XII, stowed away on a B24 not to miss a party, and gave courage to lonely, frightened boys fighting WWII.

*Moderator:* Kathleen Cox

**NEW 4428 US Air Force Museum at Wright-Patterson AFB**

Thursday, Mar. 22, 12:45–2 pm (ADI) \$0

Get ready to visit the National Museum of the United States Air Force—on a motor coach trip with OLLI during spring quarter or on your own. Don Gray from the museum at Wright-Patterson AFB will introduce us to the museum and its extraordinary exhibits on military aviation history, boasting more than 360 aerospace vehicles and missiles on display—many rare and one-of-a-kind—along with historical

items and powerful sensory exhibits that bring history to life and connect the Wright brothers' legacy with today's stealth and precision technology.

*Moderator:* Don Gray

**4429 Spousal Preparedness for Financial and Estate Planning**

Thursday, Mar. 29, 12:45–2 pm (ADI) \$0

Spouses (generally over age 50) at all levels of wealth and education need to be informed as to the personal implications of the couple's financial and estate planning arrangements resulting from the death of the first spouse. Rather than educating you about financial planning principles or estate planning techniques or laws, my goal is to encourage a commitment by each spouse to actively participate in the creation (and revisions) of these arrangements and to be prepared for the death of the first spouse.

*Moderator:* Mel Marmer

**NEW 5104 Ask the Pharmacist: Dietary Supplements and Prescription Medications**

Wednesday, Feb. 7, 9:30 am–12 pm (VPC) \$0

After attending this program, you will be able to: (1) Describe how to purchase a high quality dietary supplement. (2) Review indications for popular supplement categories, including general, bone, joint, heart health, sleep, weight, memory, more. (3) Discuss how to approach your physician about more conservative approaches to medication prescribing. (4) Review medications that deplete the body of vitamins and minerals and how to manage. (5) Review medication classes (including side effects) that seniors should avoid whenever possible and why.

*Moderator:* Dr. Cathy Rosenbaum is a holistic clinical pharmacist and founder and CEO of Rx Integrative Solutions, a consulting practice in integrative health and wellness in Blue Ash. She studied herbal research and global healthcare solutions in China. An author and international speaker/educator, she has professional experience in the pharmaceutical industry, hospital-based practice, and medication quality and safety.

# Class descriptions by CLASS NUMBER

---

## 5105 Healing the Wounds of War

Wednesday, Feb. 14, 9:30 am–12 pm (VPC) \$0

Of the many consequences of war, including PTSD and moral injury, our soldiers, veterans, military families, and civilians have all been affected. This presentation will provide an overview of Ed Tick's most recent book, *Warrior's Return: Restoring the Soul after War*, and his Soldier's Heart Program, which states that PTSD is a normal reaction to a traumatic experience and can be healed. The Soldier's Heart Program is a proven, holistic, community-based method of healing for everyone, because all of us have been affected by war.

*Moderator:* Nonie Muller, retired RN, MSN, has participated in four Soldier's Heart Program retreats since 2008. Having worked with veterans exclusively for the last ten years of her career, she wants to tell others of this vital program, which is practical, knowledgeable, wise, and full of hope. She believes we can all learn how to support our warriors and ourselves.

---

## **NEW** 5106 Incarceration and After: A Japanese-American Story

Wednesday, Feb. 21, 9:30 am–12 pm (VPC) \$0

In 1942, President Roosevelt issued Executive Order 9066, thereby disrupting the lives of 117,000 people of Japanese ancestry on the West Coast. Taking only what they could carry, they were forced from their homes and businesses to ten concentration camps. Two thirds of them were citizens. Japanese American Citizens League (JACL) members trace the history of discrimination against Asians in the US, Executive Order 9066, personal experiences of a survivor of the camps, and the impact on Japanese Americans in Cincinnati. What happened to these people after WWII? What aftermath echoes in America today?

*Moderator:* Kayzuya Sato will lead a forum about this shameful chapter in American history. Other members of the JACL—people who lived through it in camps and in the adopted city of Cincinnati or their descendants—will share experiences.

---

## **NEW** 5107 Morgan's Great Raid: Taking the Civil War to the North

Wednesday, Feb. 28, 9:30 am–12 pm (VPC) \$0

July 2–26, 1863, at the height of the American Civil War, Confederate Brigadier General John Hunt Morgan led nearly 2,500 cavalymen on a daring special operations mission into the enemy-held states of Kentucky, Indiana, and Ohio, circumventing Cincinnati along his path. Morgan's objective was to divert Union forces from invading eastern Tennessee. Some historians consider Morgan's Great Raid one of the greatest land-based raids in world history. Come learn the strategies and tactics, and hear the stories from soldiers

and civilians, of one of America's most important military operations.

*Moderator:* David L. Mowery has studied the Civil War for over 35 years. A member of the Cincinnati Civil War Round Table and past historian with the OCWTC, which produced the John Hunt Morgan Heritage Trail of Ohio, he co-wrote the trail's guidebook and authored the book *Morgan's Great Raid*. He will lead a May caravan on the Morgan Heritage Trail.

---

## **NEW** 5108 "I Didn't See It that Way": Racial Identity Development and Our Worldview

Wednesday, Mar. 7, 9:30 am–12 pm (VPC) \$0

With the divisions in America at present, understanding racial identity and healing societal schisms are more important than ever. Learn how the messages that determine how we view ourselves and others are ingrained from an early age and how these messages inform and influence our worldview and shape who we become. We must take ownership of these things that have contributed to the attitudes, beliefs, and biases that prevent us from being able to relate to others. Interracial co-facilitators lead in exploring individual racial identities and the complexities of difference.

*Co-Moderators:* Shawn Jeffers and David Weaver are directors for Youth at the Center—Shawn, director of leadership development, and David, director of strategic partnerships. Collectively, they have over 35 years in working with individuals and groups on aspects of diversity, equity, and inclusion.

---

## **NEW** 5109 Here Come the Sharks! A Visit from WAVE Foundation at Newport Aquarium

Wednesday, Mar. 14, 9:30 am–12 pm (VPC) \$0

PROGRAM LIMIT: 125

The Shark Cart brings live sharks to OLLI with the first ever mobile shark tank on wheels! This program demystifies common misconceptions about sharks and gets you up close and personal with these amazing creatures. Learn the who, what, when, where, and why of sharks. Touch and take photos! In the second hour, learn about crocodilians (four species) and how to tell them apart. NOTE: Because audience members touch and take photos with the sharks, WAVE Foundation has strictly limited attendance. Sign up early!

*Moderator:* Dan Dunlap and staff will provide live animals to offer this unique experience to OLLI. WAVE Foundation's mission is to engage, excite, and educate our community about the wonders of aquatic life and the importance of conservation.

**NEW 5110 Tragedy Tomorrow, Comedy Tonight: The Stephen Sondheim Story**

Wednesday, Mar. 21, 9:30 am-12 pm (VPC) \$0

Tutored by Oscar Hammerstein, Stephen Sondheim started as a lyricist for Broadway musicals including *West Side Story* and *Gypsy* and then became both composer and lyricist on “concept musicals” including *Follies*, *Company*, and *A Little Night Music* before the melodrama *Sweeney Todd*. Through discussion and music, we’ll explore the shows that Sondheim wrote and discuss his legacy on Broadway. Listen, learn, and leave humming favorite songs from Sondheim’s great shows.

*Moderator:* Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for several years.

**NEW 5111 Way Down Yonder in New Orleans**

Wednesday, Mar. 28, 9:30 am-12 pm (VPC) \$0

By popular demand, the bands are back! A great OLLI favorite, Hirsh Cohen brings classical Dixieland music presented by three bands. Come and cheer the New Horizons Dixieland Band, the 275 Brass Band, and special guests, the Buffalo Ridge Jazz Band Trio. You may have heard the bands before, but this exclusive Dixieland sound is new at WOWs. You’ll think you are in a New Orleans nightclub—without the cover charge. Enjoy the music and laugh at the musicians’ humor. Listen and dance to these three great bands!

*Moderator:* Hirsh Cohen is a retired healthcare executive with over 45 years’ experience. He studied classical bass and tuba in Montreal, played in the Canadian Army and Air Force bands, and directed successful big band and small ensemble dance bands. He is now retired and just very happy to play several instruments in several community bands in Cincinnati.

**NEW 6078 Avert a Crisis! Be a Super Hero! Make a Plan!**

Friday, Feb. 9, 9:30 am-12 pm (OHLL) \$0

The Parting Gift interactive workshop guides you through preparing plans for family or friends whether you’re just away on vacation or off to your eternal home. Your friends and family will thank you for this “gift.”

*Moderator:* Rebecca Pace, CPA/PFS, an income tax professional with R Pace Tax Service, LLC, is a former investment advisor and probate paralegal. She is uniquely qualified to coach you on creating a Parting Gift for your loved ones.

**NEW 6079 SMART Self-Defense Class**

Friday, Feb. 16, 9:30 am-12 pm (OHLL) \$0

Awareness, being mentally prepared in the event you get attacked, and basic self-defense skills are touched on in this class.

*Co-Moderators:* Michelle Berling, public affairs officer, has been in law enforcement 17+ years. She is a state-certified defensive tactics instructor for officers and also teaches self-defense classes for the private sector. Officer James Berling has been in law enforcement 19+ years. He is a school resource officer for West Chester Police Department and teaches self-defense classes for the private sector.

**NEW 6080 Northside: A Sassy Family Neighborhood**

Friday, Feb. 23, 9:30 am-12 pm (OHLL) \$0

Northside Cincinnati is a historical gem in the Queen City’s crown. Not just a neighborhood, it’s a lifestyle! Tim will give us a verbal and pictorial past, present, and future of the Northside community.

*Moderator:* Tim Jeckering is a registered architect who lives and works in Northside. He is a past two-term president of the Northside Community Council and served 13 continuous years on the Northside Community Council.

**NEW 6081 Discovering the Secrets of the Fernald Preserve**

Friday, Mar. 2, 9:30 am-12 pm (OHLL) \$0

Throughout history, the Fernald site near Ross, Ohio, has been a place of great interest and, at times, great controversy. This program tells the story of the site’s natural, Native American Indian, settlement and farming, uranium production, and environmental cleanup eras as well as the recent ecological restoration and legacy management mission. Discover who now makes this site’s varied and unique habitats their home.

*Moderator:* Penny Borgman, a naturalist for Great Parks of Hamilton County and contractor for the US Department of Energy, is uniquely qualified to discuss the past, present, and future of this fascinating 1,050-acre site.



# Class descriptions by CLASS NUMBER

---

## **NEW** 6082 All that Jazz: An Overview of American Jazz Music from the Piano

Friday, Mar. 9, 9:30 am–12 pm (OHLL) \$0

Explore jazz history with an overview of American jazz music from traditional to mainstream to bebop to Brazilian and beyond from the point of view of the piano. International performer, recording artist, and teacher Phil DeGreg will demonstrate various jazz styles by playing and discussing examples of songs and identifying some of the artists who made them famous. You will also hear about the Cincinnati jazz scene and performers.

*Moderator:* Phil DeGreg, a Cincinnati native, has performed professionally with dozens of internationally recognized jazz artists as well as leading and recording with his own groups. Throughout his career, he has been dedicated to sharing his love of jazz through teaching. He is currently professor emeritus of jazz studies at CCM and leader of the Phil DeGreg Trio.

---

## **NEW** 6083 Meet John Erardi: Newspaper and Book Sports Writer

Friday, Mar. 16, 9:30 am–12 pm (OHLL) \$0

Baseball has a special place in the history of Cincinnati and hearts of Cincinnatians. Reds historian Greg Rhodes will interview John Erardi about his career in journalism, radio, TV, and books. John will talk about his latest book *From Cuba to Cooperstown: The “Tani” Pérez Story*, about the Cuban-American former professional baseball player, manager, and member of the Baseball Hall of Fame. John interviewed Tony many times and even went to Cuba to gather color, all of it for the book.

*Moderator:* John Erardi is a two-time winner of the Ohio Associated Sports Writer of the Year award and author of seven books, including *From Cuba to Cooperstown: The “Tani” Pérez Story* (release date: March 1).

---

## **NEW** 6084 Can “Soupe” Save the City?

Friday, Mar. 23, 9:30 am–12 pm (OHLL) \$0

Did you know 40 percent of food in the US is thrown away? One Cincinnati chef wanted to reverse that trend so La Soupe was born with the mission: Rescue Transform Share. This program takes over-ordered or “ugly” produce from local grocers and farmers; transforms it into nutritious soups, sides, and salads; and shares the meals with food insecure families through schools, food pantries, community groups, and family programs. Chefs will tell how they use Bucket Brigade, Soupe Mobile, Stone Soupe, and Cincinnati Gives a Crock to feed the underfed.

*Moderator:* Merret Collister, La Soupe special events and outreach coordinator, joined the La Soupe team two-and-a-half years ago. A former Cincinnati Public Schools teacher of ten years, she had seen firsthand the effects of children struggling to learn without proper nutrition. At La Soupe, she found her love of cooking and her background in education a perfect combination.

---

## **UPDATED** 7104 Pruning Seminar for the Homeowner

Tuesday, Mar. 12, 9:30–11:30 am (SGC) \$0

*CLASS LIMIT: 50*

Learn from the horticulture staff of Spring Grove Cemetery and Arboretum how proper pruning can make all the difference for your trees and shrubs. They'll show you how you can apply the right techniques and tools for your yard. Plan on walking one mile over uneven and unpaved terrain. Dress for the weather: we'll be outside. Meet at Spring Grove's Norman Chapel.

*Co-Moderators:* Brian Heinz, horticulture supervisor, joined Spring Grove Cemetery in 1999 and has 20+ years of experience in the horticulture field. Dave Gressley, director of horticulture since 2013, has 30+ years of experience in the horticulture industry.

---

## **NEW** 8004 Bond with James' Films

Monday, Feb. 5–Mar. 26, 1–4 pm (Chesterwood Village) \$5

*CLASS LIMIT: 40*

James Bond films are the most successful movie series of all time. During the three-hour class sessions, we will view eight films in their entirety followed by a discussion period. We will show the first movie of each of the six actors playing Bond in the authorized series plus two others. Featured actors include Sean Connery, Roger Moore, Pierce Brosnan, Daniel Craig, Diana Rigg, and Ursula Andress. Chesterwood Village, 8073 Tylersville Rd., West Chester, 45069.

*Moderator:* Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for several years.

**NEW 8110 Bridge 102: For Those Who Know Some of the Basics**

Tuesdays, Feb. 6–Mar. 27, 2:50–4:30 pm (Cincinnati Bridge Association) \$5

*CLASS LIMIT: 24*

Designed for those who have taken an introductory bridge course or have some experience playing socially, this course will give you additional skills for this great card game, presented by the Cincinnati Bridge Association (CBA). Topics and course curriculum will probably follow the ACBL bridge text *Play in the 21st Century* but will be adjusted to fit student experience levels. Topics likely to be covered: techniques for play of the hand, strong and weak 2 bids, communication, and beginning conventions beyond the basics. CBA, 2860 Cooper Rd., Evendale, 45241.

*Co-Moderators:* John Meinking, CBA president, gold life master, accredited teacher of the American Contract Bridge League; Elaine Jarchow, silver life master, CBA board member, CBA education committee member; Jane Duncan, bronze life master, CBA education committee member; and Larry Newman, silver life master, CBA education committee chairman.

**8218 Float, Flex, and Be Fit**

Wednesdays, Feb. 7–Mar. 28, 10–11 am (The Connection Pool at Twin Lakes) \$0 + course fee

*CLASS LIMIT: 14*

Join us for a 60-minute, deep-water senior aquatic class designed to enhance posture, increase core stability, improve overall flexibility and strength, and develop endurance. You'll be suspended in the water by a belt or noodle. It's an enjoyable, relaxing way to stretch and invigorate your body in our five-foot pool. Facilities include a locker room with showers and keyed lockers. Class fee of \$24 payable to instructor at first class. The Connection Pool at Twin Lakes, 9840 Montgomery Rd., Montgomery, 45242.

*Moderator:* Tracy Stegall, The Connection wellness aquatic pool coordinator, Twin Lakes Retirement Center, and other members of the aquatic staff.

**NEW 8220 Get Golf Ready**

Wednesday, Feb. 7–Mar. 28, 10–11:15 am (Tri County Golf Ranch) \$5

*CLASS LIMIT: 20*

Join PGA professionals Larry King and Melissa Yeazell to get golf ready! We'll start by preparing your body for golf motion with gentle stretching and movement, then work on golf skills (full swing, short game, course management), and finish by rebalancing the body so you can flow the rest of the day. We'll address ways to reduce pain, expand athletic abilities, and learn mental and emotional techniques to give you more enjoyment on the golf course. All ability levels welcome. Tri County Golf Ranch, 455 Tri-County Pkwy., Cincinnati, 45246.

*Co-Moderators:* Larry King, PGA, and Melissa Yeazell, PGA, have created a teaching philosophy based on tour experience and a holistic approach that includes golf fitness, peak performance training (mental/emotional), and traditional full swing, short game, and course management instruction. Through simple drills and teaching aids, they effectively help students develop feel and awareness that translates into a better swing!

**UPDATED 8221 Art and Hobby Workshop**

Wednesday, Feb. 7–Mar. 28, 1–3 pm (Maple Knoll Village) \$5

*CLASS LIMIT: 6*

Come share your hobby or art talent in a casual atmosphere. We love creative people. It's your call. Bring what you need with you and get ready to have a good time. Large tables are waiting in a sunny, pleasant room. We enjoy talking and getting to know how talented our wonderful OLLI members are. Help is available on your project if requested. Maple Knoll Village, 11200 Springfield Pike, Cincinnati, 45246.

*Moderator:* Glenn King, BFA, Univ. of TX, and L'Ecole des Beaux-Arts, Paris, France.

OLLI members toured the studios of WCPO.  
Photo: Carol Heideman



# Class descriptions by CLASS NUMBER

---

## **UPDATED** 8222 Cooking Made Easy

Wednesdays, Feb. 28–Mar. 28, 2:30–3:45 pm (Chesterwood Village) \$5

CLASS LIMIT: 30

Chef Rickett will walk you through easy-to-follow recipes for delicious dishes that can be made for single servings or family-size gatherings. He will discuss several methods to tailor each dish to your dietary needs. You will receive a dish to sample and a recipe card to take home from each session. Classes include breakfast casseroles, sassy salads, seasonal smoothies, BBQ get-together, and delectable desserts. All new recipes from last term! Chesterwood Village, 8073 Tylersville Rd., West Chester, 45069.

*Moderator:* Eddie Rickett is director of dietary management and culinary arts for Hillandale Family of Communities at Chesterwood Village.

---

## **UPDATED** 8306 Bridge 101: Intro to Bridge

Thursdays, Feb. 8–Mar. 29, 2:50–4:30 pm (Cincinnati Bridge Association) \$5

CLASS LIMIT: 24

Newcomers to bridge will get an introduction to this great card game, presented by the accomplished educators at the Cincinnati Bridge Association (CBA). Weekly outline: 1) Introduction. 2) Hand evaluation and opening bids. 3) Responses to 1NT opening. 4) Responses to opening bids of one in a suit. 5) Rebids by opener. 6) Rebids by responder. 7) Overcalls and advancer bids. 8) Take out doubles and responses. We will cover play of the hand in all lessons. CBA, 2860 Cooper Rd., Evendale, 45241.

*Co-Moderators:* Jane Duncan, bronze life master, CBA education committee member; Elaine Jarchow, silver life master, CBA board member, CBA education committee member, ACBL certified instructor; Larry Newman, silver life master, CBA education committee chairman.

---

## **NEW** 8417 Abortion and Fiction

Fridays, Feb. 9, Feb. 23, Mar. 9, Mar. 23, 10:30 am–12 pm (Joseph-Beth Booksellers) \$5

CLASS LIMIT: 15

We will read the works of four well-respected writers of fiction and see what their approach is to the theme of abortion. Please have the first novel read for the first class. The novels in chronological order are *Passenger* by Thomas Keneally, *The Year of Silence* by Madison Smart Bell, *Down by the River* by Edna O'Brien, and *A Book of American Martyrs* by Joyce Carol Oates. Joseph-Beth Booksellers, 2692 Madison Rd., Cincinnati, 45208.

*Moderator:* John Bossert, retired physician with a lifelong interest in literature.

---

## **NEW** 8565 Athenaeum of Ohio Tour and Lunch with the Seminarians

Friday, Feb. 16, 10:30 am–1 pm, \$15 (no refunds)

PROGRAM LIMIT: 40

The Athenaeum of Ohio—Mount St. Mary's Seminary of the West, originally St. Francis Xavier Seminary, is the third-oldest Roman Catholic seminary in the US. Seminarians studying there will lead our tour of the historic building and education center in Mt. Washington, show us their rare books collection, and join us for lunch. The Athenaeum, 6616 Beechmont Ave., Cincinnati, 45230.

---

## **8566 Tour Adath Israel Synagogue**

Monday, Feb. 26, 10–11:30 am (ADI) \$0

PROGRAM LIMIT: 20

Join Jo-Ann Casuto on this popular tour of Adath Israel. Learn about the significance of the artifacts, the Memorial Room, the Chapel, and the Sanctuary that we pass by on our way to classes. Jo-Ann has also promised to include a glimpse behind the scenes.

---

## **NEW** 8567 All-American Law Enforcement in Greater Cincinnati Tour

Tuesday, Feb. 27, 11 am–12:30 pm, \$5 (no refunds)

PROGRAM LIMIT: 20

Cincinnati was the first major city in the nation to incorporate under the new Constitution and, like nowhere else in the nation, law enforcement of the people, by the people, and for the people flourished into a collaborative effort of more than 160 agencies and hundreds of communities in Indiana, Kentucky, and Ohio. This tour will take you through those communities and 200 years of all-American law enforcement. Greater Cincinnati Police Museum, 308 Reading Rd., 2nd floor, Cincinnati, 45202. Across from the casino and courthouse; paid parking across the street.

*Moderator:* Steve Kramer served as a lieutenant in patrol, staff, and investigative assignments in the Cincinnati Police Division and at City Hall for 38+ years. One of the founders of the Greater Cincinnati Police Historical Society, he served as its president for three terms and is the first and still-serving director of the Greater Cincinnati Police Museum.



**NEW 8568 Let's Check Out the Library**

Friday, Mar. 2, 10:30 am–12 pm, \$0

PROGRAM LIMIT: 40

Go behind the scenes of our nationally recognized, award-winning Public Library of Cincinnati and Hamilton County. At the main downtown location, we'll visit the stacks, rare books, and German language book collection with the librarians. Check out all that the library has to offer—it's a lot more than just books! Public Library, 800 Vine St., Cincinnati, 45202.

**NEW 8569 Irish Heritage Center Tour and Tea**

Friday, Mar. 9, 1–4 pm, \$15 (no refunds)

PROGRAM LIMIT: 25

Get inspired for St. Patrick's Day with a visit to the Irish Heritage Center of Greater Cincinnati. Located on the city's east side in a renovated late-19th-century former school, the IHC is dedicated to fostering Irish heritage, culture, and traditions in our city. After our tour, General Manager Maureen Kennedy will join us for tea, Irish, of course! Irish Heritage Center, 3905 Eastern Ave., Cincinnati, 45226.

**NEW 8570 Taste Ohio Wines at Meier's Wine Cellars**

Friday, Mar. 23, 2–4 pm, \$0 + fee


PROGRAM LIMIT: 30


Spend an afternoon in Silverton with your OLLI friends experiencing a sampling of wines from Meier's Wine Cellars, the oldest and largest wine producer in Ohio. Selections will be made from their nationally award-winning, quality table, sparkling, fruit, specialty, and dessert wines along with some nibbles of crackers and cheese. Pay \$15 at the door. Meier's Wine Cellars, 6955 Plainfield Rd., Cincinnati, 45236.



These thoughtful students learned about the Tumultuous Tudor Era from moderator Linda Kegg. **Photo Peter Nord**



 Actors from the Irish American Theater Company.

 Volunteer Sam Hollingsworth checks in OLLI members during the first week of classes. **Photo: Peter Nord**



## Speakers Bureau

**HELP US  
SPREAD THE JOY  
OF LEARNING**

**We welcome the opportunity to speak to your church, club, or professional organization about OLLI. We will provide a 15-minute presentation on OLLI and bring brochures and catalogs to share.**

Contact: 513-556-9186 or [olli@uc.edu](mailto:olli@uc.edu)

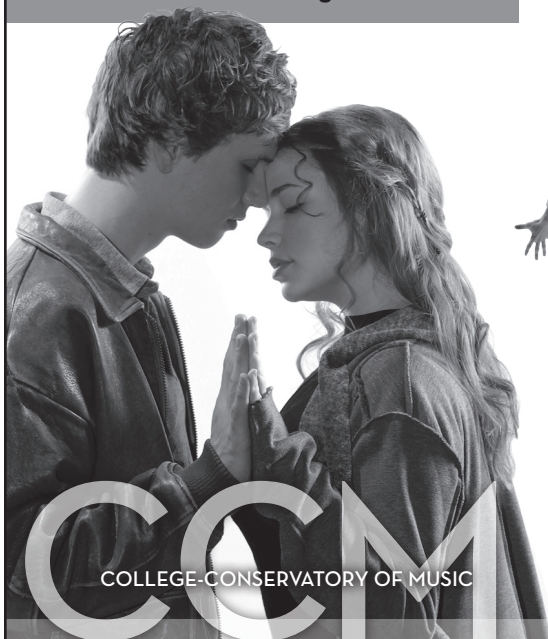
## Volunteer for OLLI

**OLLI RUNS ON  
VOLUNTEER  
POWER**

**OLLI volunteers moderate classes, select curriculum, distribute catalogs, work on publicity and marketing, welcome and orient new members, assist with AV, and much more.**

Information: [olli@uc.edu](mailto:olli@uc.edu) or 513-556-9186

### 2016-17 MAINSTAGE SERIES A Season of Passion, Courage and Romance



**CCM**  
COLLEGE-CONSERVATORY OF MUSIC



#### ROMEO AND JULIET ACTING

By William Shakespeare  
Sept. 29-Oct. 2, 2016

#### A CHORUS LINE MUSICAL THEATRE

Conceived by Michael Bennett  
Book by James Kirkwood, Jr.  
and Nicholas Dante  
Music by Marvin Hamlisch  
Lyrics by Edward Kleban  
Oct. 20-30, 2016

#### CENDRILLON OPERA

Composed by Jules Massenet  
Libretto by Henri Cain  
Nov. 17-20, 2016

#### CLASSICS WITH A TWIST DANCE

Dec. 1-4, 2016



#### HER NAKED SKIN ACTING

By Rebecca Lenkiewicz  
Mature subject matter  
Feb. 9-12, 2017

#### MACK AND MABEL MUSICAL THEATRE

Book by Michael Stewart  
Music and lyrics by Jerry Herman  
March 2-5, 2017

#### IDOMENEO OPERA

Music by W.A. Mozart  
Libretto by Giovanni  
Battista Varesco  
March 30-April 2, 2017

#### MASTERWORKS AND BEYOND DANCE

April 13 - 15, 2017

513-556-4183  
[boxoff@uc.edu](mailto:boxoff@uc.edu)  
[ccm.uc.edu](http://ccm.uc.edu)

Titles and dates subject to change.



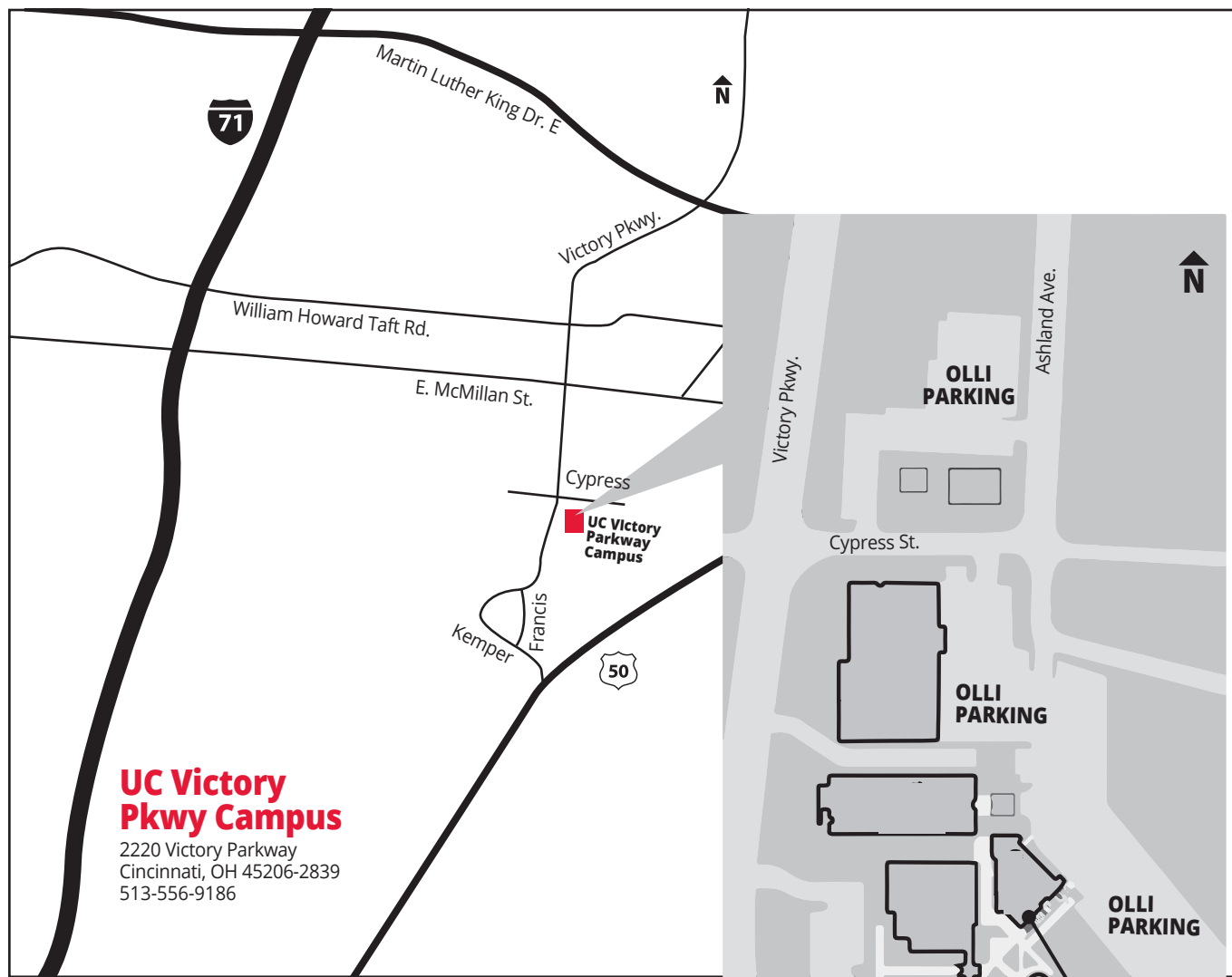
CCH Season Presenting  
Sponsor and Musical  
Theatre Program Sponsor

Mainstage Season  
Production Sponsor  
★ **macy's**

THE OTTO M. BUDIG  
FAMILY FOUNDATION

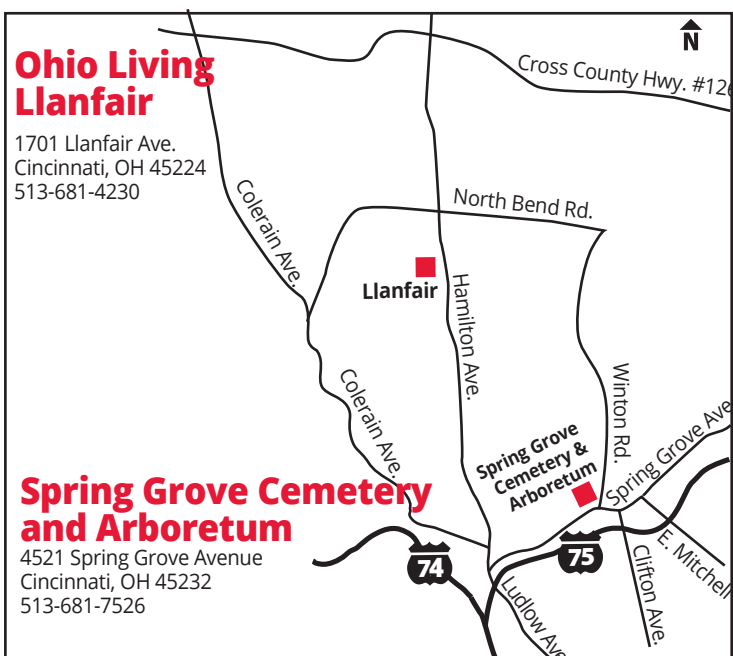
SUBSCRIPTION PACKAGES ON SALE NOW.  
SINGLE TICKETS ON SALE AUG. 29, 2016.

UNIVERSITY OF  
**UC**  
Cincinnati



## UC Victory Pkwy Campus

2220 Victory Parkway  
Cincinnati, OH 45206-2839  
513-556-9186

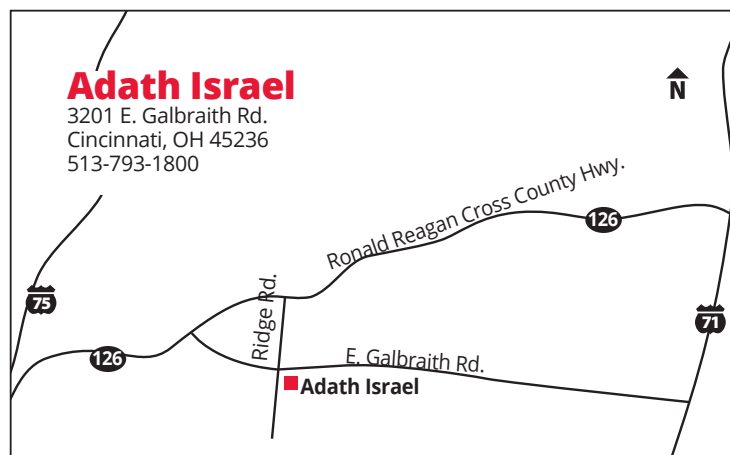


## Ohio Living Llanfair

1701 Llanfair Ave.  
Cincinnati, OH 45224  
513-681-4230

## Spring Grove Cemetery and Arboretum

4521 Spring Grove Avenue  
Cincinnati, OH 45232  
513-681-7526



## Adath Israel

3201 E. Galbraith Rd.  
Cincinnati, OH 45236  
513-793-1800



# FRIENDS OF OLLI

## Friends of OLLI at UC

During January through September 2017, the following generous donors made gifts to Friends of OLLI to support scholarships, purchase necessary classroom equipment, and assure OLLI's future. Won't you join them? To donate, complete the form below and return it with a check or donate online at [foundation.uc.edu/olli](http://foundation.uc.edu/olli).

### Summa Cum Laude

\$1000 & Up

Mr. James R. Bridgeland Jr.  
Elderhostel, Inc. (Road Scholar)  
Mr. & Mrs. Radford V. Ewing  
Hillandale Communities, Inc.  
Dr. & Mrs. Carl A. Huether  
Gladys Wittmeyer Knox Foundation  
Mrs. Carol L. Kormelink  
Mr. Richard R. Lenz  
Dr. & Mrs. Peter J. Nord

### Magna Cum Laude

\$500-\$999

Mr. & Mrs. Dan C. Domis  
Mr. & Mrs. Marvin D. Heller  
Gary E. Hollander, CFP  
Mr. & Mrs. Keith R. Marriotti  
Mr. & Ms. R. B. Mitchell

### Cum Laude

\$100-\$499

Ms. Elizabeth Andres  
Dr. & Mrs. Robert O. Banks  
Mr. & Mrs. Thomas P. Carroll  
Dr. & Mrs. Hirsh J. Cohen  
Dr. & Mrs. V. Franklin Colón  
Mrs. Lynne B. Curtiss  
Ms. Linda J. Dale  
Mrs. Caroline Davidson  
Mrs. Jean H. Davison  
Carole A. Donnelly, PhD  
Mr. Robert W. Dorsey  
Dr. & Mrs. Henry Fenichel

Carol S. Friel  
Mr. & Mrs. Carlo Gatti  
Dr. & Mrs. Richard W. Goetz  
Mr. & Mrs. Ashton Gorton  
Ms. Carol L. Heideman  
Ms. Nancy B. Herbert  
Mr. & Mrs. Joseph W. Hirschhorn  
Dr. & Mrs. Kirtland E. Hobler  
Ms. Emily M. Hodges  
Mr. & Mrs. Samuel R. Hollingsworth  
Mr. Larry J. Pytlinski &  
Dr. Jane R. Hopson  
Mr. & Mrs. William O. Hyatt  
Neal P. Jeffries, PhD  
Dr. & Mrs. Richard A. Jolson  
Mr. & Mrs. Charles C. Jung  
Ms. Carol L. Kruse  
Mrs. Marion F. Levy  
Dr. & Mrs. David C. Lundgren  
Mr. & Mrs. Douglas P. MacCurdy  
Mr. & Mrs. Dick Manoukian  
Mr. William G. Menrath &  
Ms. Lee D. Crooks  
Ms. Susan T. Nastasi  
Mr. & Mrs. John Neumann  
Mr. David A. Robertson  
Mrs. Zelma J. Schulman  
Mr. Coleman R. Smith, Jr.  
Dr. & Mrs. Ronald J. Solomon  
Mr. John Stagich &  
Ms. Dorothy C. Ewing  
Mr. & Mrs. Alexander W. Teass  
Miss Ann L. Turner

Mr. & Mrs. Joseph H. Warkany  
Dr. & Mrs. Richard G. Wendel  
Mrs. Beatrice R. Winkler  
Mr. & Mrs. A. Shannon Womer  
Ms. Karen Zaugg

### Honor Roll

Up to \$99

Mr. Rick Baum  
Rev. & Mrs. David D. Beran  
Mr. Julio Berlonghi  
Ms. Jeannie M. Black  
Ms. Mary L. Bowald  
Mr. & Mrs. William F. Brandt  
Mr. & Mrs. Harold Brown  
Ms. Mary Pat Buck  
Ms. Nancy K. Bunn  
Mrs. Barbara B. Burke  
Mr. & Mrs. Jeffrey D. Chambers  
Mr. & Mrs. Robert B. Craig  
Ms. Patricia L. Crawfis  
Ms. Sandra S. Crawfis  
Mr. & Mrs. David P. Decker  
Mr. Darryl R. Dick & Ms. Bonnie Rib  
Mr. Lee P. & Ms. Carol R.  
Dreyer Yeazell  
Mrs. Kathleen M. Dupriest  
Fallsington HOA  
Dr. & Mrs. Bernard B. Foster  
Mr. & Mrs. Charles E. Gorton  
Mrs. Janet M. Hagins  
Mrs. Suzanne M. Hasl  
Ms. Mary Lou Hoffar

Mr. & Mrs. William F. Hugo  
Mrs. Lois Johnnigman  
Mrs. Leah S. Levy  
Ms. Elaine Liechty  
Mr. Melvin E. Marmer  
Dr. Ralph R. Meyer  
Mr. Gerald S. Greenberg &  
Ms. Pamela S. Meyers  
Miss Caryl K. Miller  
Ms. Ingrid M. Moe  
Mrs. Sally E. Moore  
Mr. & Mrs. Roy C. Newman  
Ms. Hetti Noever  
Mr. & Mrs. Thomas F. Noonan  
Ms. Cate O'Hara  
PEO Sisterhood Chapter Y Ohio  
Mr. Roger B. Powell  
Mr. & Mrs. Arnold M. Rabkin  
Mr. & Mrs. Harold Rice  
Ms. Monique Rothschild  
Ms. Beverly A. Saeks  
Mr. & Mrs. Lee Schimberg  
Ms. Margaret Seyler  
Mr. & Mrs. Edward M. Stagny  
Ms. Susan Stai  
Mr. & Mrs. Jeffrey M. Strauss  
Mr. George Stricker, Jr.  
Ms. Jean M. Swartley  
Ms. Elisa A. Victor  
Mr. & Mrs. Elmer P. Weil  
Mrs. Pam J. Zeller

## Friends of OLLI at UC

Please accept my gift for:

\$1,000  \$500  \$250  \$100

Other \$ \_\_\_\_\_

In memory of \_\_\_\_\_

In honor of \_\_\_\_\_

- Gifts of \$1000 or more will also receive recognition and benefits through UC's Charles McMicken Society, including free OLLI membership, free campus parking, bookstore discounts, and more.
- Your tax-deductible gift can be doubled or tripled with a matching gift from your employer. Many companies match gifts from retirees. Please check with your human resources department.

Name(s)	Today's Date
Address	
City, State, ZIP	
Email address	Telephone

Employer matching gift form enclosed

Mail form and check payable to UC Foundation/OLLI to:

**OLLI at UC**

**PO Box 210093**

**Cincinnati, OH 45221-0093**





*If you receive a duplicate copy,  
please share it with a friend.*

**TIME SENSITIVE MATERIAL!**

**Class Dates**  
**Winter 2018**  
**Feb. 5 – Mar. 30**

**Online and mailed  
registration begins**  
**Jan. 16, 9 a.m.**

**Phone registration**  
**begins Jan. 23, 9 a.m.**

**OLLI Contacts**

**Address & Phone**

OLLI at UC  
PO Box 210093  
Cincinnati, OH 45221-0093  
olli@uc.edu  
513-556-9186

**Website**

[www.uc.edu/ce/olli](http://www.uc.edu/ce/olli)

**Program Director**

Cate O'Hara

**Program Coordinator**

Mary Pat Buck

**Vision Statement**

OLLI is the premier organization offering educational and social experiences to the mature residents of Greater Cincinnati by:

- Nourishing intellect, expanding knowledge, and exploring new ideas
- Sharing interests and experiences
- Cultivating friendships
- Being a resource of UC and supporting its goals

**Mission Statement**

OLLI provides opportunities for lifetime learning and social interaction to the mature residents of Greater Cincinnati.

**Board of Trustees  
Chair**

Marv Heller

**Vice-Chair**

Brenda Gatti

**Curriculum Chair**

Doug Iden

**Finance Chair**

Gary Hollander

**Friends Chair**

Greg Rhodes

**Governance Chair**

Nancy Herbert

**Marketing Chair**

Carol Heideman

**Board of Trustees**

Bill Brandt

Barbara Burke

Frank Colón

Ram Darolia

Dan Domis

Brenda Gatti

Marv Heller

Carol Heideman

Nancy Herbert

Gary Hollander

Doug Iden

Doug MacCurdy

Greg Rhodes

Dennis Trammell

Elisa Victor

Kathy Womer

Karen Zaugg

**Ex Officio**

Melody Clark

Cate O'Hara

**Founder**

Aaron Levine

(1918–2004)

**Advisory Committee**

Gloria Giannestras

Joe Hirschhorn