# Developing a Unit/Module Cycle for Your Course

The chart below will help you develop your own cycle or rhythm for your course. Week 0 is an example course cycle, but your course cycle could last longer than a week. The important thing is to have consistency to help ensure students can progress through the class smoothly.

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| Week | Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Week 0 (Example Week) | * Instructor publishes new unit/module * Instructor posts video or announcement that provides context and beginning instructions | * Students post response to first lecture/reading of unit on discussion board | * Student workday (students complete asynchronous modules at their own pace) | * Students take mid-unit/module quiz to help prepare for higher-stakes assessment at end of module * Students reply to another student’s discussion board post | * Student workday * Instructor weighs-in on discussion board to highlight interesting and important points made by students | * Instructor posts final video or announcement summing up the learning outcomes for the unit and reviews key concepts for final assessment | * Students complete all remaining assessments and assignments in module by midnight * Instructor begins new module or cycle on Sunday |
| Week 1 |  |  |  |  |  |  |  |
| Week 2 |  |  |  |  |  |  |  |