Impact Solutions- Comprehensive Tools & Resources

Impact Solutions provides confidential telephonic counseling 24/7/365. In addition, Impact’s website provides many interactive and comprehensive tools. The website is easy to navigate and includes a wide variety of topics to help you build resilience and manage life. You can reach an Impact counselor by calling 1-800-227-6007.

Website Features:
- Mobile friendly
- Over 20,000 resources
- More tools: assessments, videos, quizzes


**Financial Resources**
- Look for the green tiles for all financial related tools and topics to help you organize, track and make the most of your finances. Some tools include budgeting, calculators, and estate planning.

**Legal Assistance**
- Look for the orange tiles for all legal services available. A few services include identity theft, insurance, personal injury, child custody, and cars/tickets.

**Health & Well-being**
- Look for the red tiles for health services for a healthier you. This includes how to get started, assessments, educational videos, and many more topics!

**Emotional Well-being**
- The purple tile includes topics on well-being, such as emotional and social/relationships. Visit these to enhance your sense of self and to find help for emotional health issues.

**Depression Awareness**
- The bright blue tile provides information and resources for those who are suffering from depression. Also, look here for tips and resources on managing stress at home and in the workplace.

**Personal Growth**
- Look for dark blue, gray, and teal boxes for tips on training for both personal and professional growth. These tiles include effective communication and supervision, resilience, and a variety of webinars too.

You can call Impact Solutions 24/7/365 for counseling, to ask questions about resources or to help navigate the website: 800-227-6007.