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|  <p><b>Category:</b><br/>Student Affairs</p> <p><b>Policy applicable for:</b><br/>Faculty/Staff &amp;<br/>Students</p> | <p><i>Policy Title:</i><br/><b>Suicide Prevention and Resources</b></p> <p><b>Effective Date:</b><br/>mm/dd/yyyy</p> <p><b>Enabling Acts:</b><br/>O.R.C. 3345.37</p> | <p><i>Policy Number:</i><br/><b>4.1.3</b></p> <p><b>Policy Owner:</b><br/>VP for Student Affairs</p> <p><b>Responsible Office(s):</b><br/>Student Affairs;<br/>Human Resources</p> |
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## **BACKGROUND**

The University of Cincinnati is committed to the health and well-being of its students, faculty and staff. The purpose of this policy is to protect the health and well-being of all students, faculty and staff by establishing programs for advising and for disseminating information to students, faculty and staff about the resources available both on and off-campus committed to the prevention of suicide. This policy serves to further the University of Cincinnati's commitment in accordance with O.R.C. 3345.37.

## **DEFINITIONS**

**Suicide** means the purposeful act of causing one's own death.

**Attempted Suicide** means any act, threat, or gesture in which a person engages in life threatening behavior(s) with the intent of jeopardizing his/her life.

**Threatened Suicide (gesture)** means any expression of intent to seriously harm oneself or take one's life.

## **SUICIDE PREVENTION PROGRAMMING**

Suicide is known to be a leading cause of death for college and university students. In addition, suicide, attempted suicide and threatened suicide have a significant detrimental effect, not only on the individual involved, but on others in the campus community. The purpose of this policy is to provide a comprehensive list of resources offered both on and off campus to aid the University of Cincinnati community in any way possible to ensure a healthy environment. Such programming and other resources available include, but are not limited, the resources listed below. In addition, to ensure the most up-to-date contact information for the following resources, please visit <http://www.uc.edu/counseling.html>.

- I. Crisis intervention access, which includes information for national, state, and local suicide prevention hotlines.
  - (a) National: 1-800-273-TALK (8255)  
<http://www.suicidepreventionlifeline.org/>
  - (b) National Text Hotline: Text START to 741-741  
<http://www.crisistextline.org/>
  - (c) State: 1-800-273-TALK (8255)

<http://mha.ohio.gov/Default.aspx?tabid=111>

(d) Local: 1-513-281-2273 (Hamilton County/Cincinnati)

<http://www.ohiospf.org/countymain.php?countyid=31>

(e) University: 1-513-584-8577

<https://www.med.uc.edu/uhs/emergencysituations/mentalhealth>

II. Mental health program access, which provides information on the availability of local confidential mental health clinics, student health services, and counseling services.

**(a) Specific resources available to Students:**

- UC Counseling & Psychological Services (CAPS): A professional counseling office within Student Affairs that provides counseling, outreach programs, and related services for UC students and those concerned about their welfare.
  - Open Monday through Friday from 8:00a.m. - 5:00p.m.
  - 1-513-556-0648
  - <http://www.uc.edu/counseling.html>
- University Health Services Mental Health: UHS Mental Health provides professional and confidential mental health services to UC students.
  - Hours are as follows:
    - Monday & Thursday from 8:30a.m.-5:30p.m.
    - Tuesday & Friday from 8:30a.m.-4:30p.m.
    - Wednesday from 9:30a.m.-4:30p.m.
  - UHS main campus: Richard E. Lindner Center, 3<sup>rd</sup> Floor, 2751 O'Varsity Way, Cincinnati, Ohio 45221
    - 1-513-556-2564
  - [http://www.uc.edu/uhs/mental\\_health.html](http://www.uc.edu/uhs/mental_health.html)
  - <https://www.med.uc.edu/ush>

**(b) Specific resources available to Faculty/Staff:**

- Employee Assistance Plan: Impact Solutions: Provides unlimited phone consultation for employees as well as five (5) complimentary face-to-face counseling sessions per person per occurrence
  - Open 24 hours a day, 7 days a week
  - 1-800-227-6007
  - <http://www.uc.edu/hr/faqs/benefits/eap.html>
  - <http://www.myimpactsolution.com>
- Anthem LifeHealth Online Psychology: Available to all faculty and staff as well as their dependents who participate in a University of Cincinnati medical plan. Anthem LifeHealth provides virtual behavioral health visits with licensed therapists.
  - Appointments available from 7:00a.m.-11:00p.m.
  - 1-844-784-8409

**(c) Resources available to all students and faculty/staff:**

- UC Psychiatric Emergency Service: Emergency care for suicidal, homicidal patients and case management.
  - Open 24 hours a day, 7 days a week
  - 311 Straight Street, 5<sup>th</sup> Floor, Cincinnati, Ohio 45221
  - 1-513-584-8577
- Cincinnati Academy of Professional Psychology: Organization of psychologists in the Greater Cincinnati area.
  - 1-513-779-2181
  - <http://www.cappnet.org/asp/index.asp>
  - [http://www.uc.edu/uhs/mental\\_health.html](http://www.uc.edu/uhs/mental_health.html)
- Talbert House: Talbert House provides mental health and substance use assessment and treatment services for adults throughout Greater Cincinnati and surrounding counties.
  - Open 24 hours a day, 7 days a week
  - 2600 Victory Parkway, Cincinnati, OH 45206-1711
  - 1-513-221-HELP (4357)
  - <http://www.talberthouse.org/>
- Mercy Professional Services: Individual therapy, couples therapy, group therapy; Bilingual therapists on staff (Spanish).
  - 2330 Victory Parkway #500, Cincinnati, Ohio 45206
  - 1-513-221-2330
  - <http://www.wellness.com/dir/3852751/psychologist/oh/cincinnati/mercy-professional-services#referrer>
- Greater Cincinnati Behavioral Health: Licensed social workers, counselors and therapists use an integrated approach to help people identify their strengths and access the tools needed to overcome barriers and lead meaningful and productive lives.
  - 3730 Glenway Avenue, Cincinnati, Ohio 45205
  - 1-513-345-8555
  - <http://lifepointsolutions.org/>
- Catholic Social Services: Licensed counselors and social workers will provide between 15-20 sessions.
  - 7162 Reading Road, Suite 600, Cincinnati, Ohio 45237
  - 1-513-241-7745
  - <http://www.catholiccincinnati.org/ministries-offices/catholic-charities-of-southwestern-ohio/>
- Professional Pastoral Counseling Institute: Spiritually grounded and psychologically informed professional counseling and psychotherapy provided to individuals, couples and families.
  - 8035 Hosbrook Road, Cincinnati, Ohio 45236
  - 1-513-791-5990
  - <http://www.pastoral-counseling.org/asp/index.asp>
- Central Clinic: Quality mental health, addiction, and forensic services for children, families and adults.
  - 311 Albert Sabin Way, Cincinnati, Ohio 45229

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- 1-513-558-5825
- <http://www.centralclinic.org/>

III. Warning signs of suicide vary on a case-by-case basis; however, a general list of what signs to look for can be found here:  
<http://www.suicidepreventionlifeline.org/learn/warningsigns.aspx>.

IV. Postvention plans, which consists of creating a strategic plan to communicate effectively with students, staff/faculty, and parents after a loss of a person to suicide.

- (a) For a comprehensive account of the postvention plans, please see the Student Related Critical Incidents Response policy, [Policy 4.1.1](#).
- (b) For additional resources, please see *After a Suicide: A Toolkit for Schools*, which can be found here:  
[www.afsp.org/wp-content/uploads/2016/01/toolkit.pdf](http://www.afsp.org/wp-content/uploads/2016/01/toolkit.pdf).

## **MENTAL HEALTH EDUCATION**

All incoming students and new hires shall be provided with information about mental health topics, including depression and suicide prevention available to them (provided above). The information provided shall include available mental health services and any other available support services, including student-run organizations for individuals at risk of or affected by suicide and faculty/staff wellness programs (provided above). Such education shall also include orientation training for incoming students as well as Gatekeeper Training for required faculty and staff.

## **RESOURCE CENTER**

University web pages have been established for students, faculty and staff that provide information on suicide prevention as described in this policy, in addition to other mental health and clinical resources.

Webpage URL TBD

## **ADDITIONAL RESOURCES:**

[Student Related Critical Incidents Response Policy](#)  
[O.R.C. 3345.37](#)

[Community Mental Health Providers](#)

[Students in Crisis](#)

[Additional Resources](#)

[Faculty/Staff 911 Guide](#)

[Communicating During an Emergency Guide](#)

[EthicsPoint Anonymous Reporting](#) (Not for Emergency Reporting – Please call 911 to report a medical or psychiatric emergency)

**PHONE CONTACTS:**

|  |  |
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| African American Cultural & Resource Center  | (513) 556-1177                                     |
| Anonymous Reporting Hotline (EthicsPoint)  | (800) 889-1547                                     |
| Dean of Students   | (513) 556-4119                                     |
| Disability Services <ul style="list-style-type: none"> <li>• Blue Ash</li> <li>• Clermont</li> <li>• Clifton</li> </ul>                      | (513) 792-8625<br>(513) 732-5327<br>(513) 556-6823 |
| Environmental Health & Safety  | (513) 556-4968                                     |
| Ethnic Programs & Multicultural Services <ul style="list-style-type: none"> <li>• Blue Ash</li> <li>• Clifton</li> </ul>                     | (513) 745-5961<br>(513) 556-6008                   |
| Facilities Management <ul style="list-style-type: none"> <li>• Blue Ash</li> <li>• Clermont</li> <li>• Clifton</li> </ul>                    | (513) 745-5708<br>(513) 732-5230<br>(513) 558-2500 |
| Human Resources  | (513) 556-6381                                     |
| International Programs   | (513) 556-4278                                     |
| LGBTQ Center   | (513) 556-4329                                     |
| NightRide  | (513) 556-RIDE (7433)                              |
| Office of Diversion & Inclusion  | (513) 556-8463                                     |
| Office of Equal Opportunity & Access   | (513) 556-5503                                     |
| Office of Judicial Affairs   | (513) 556-6814                                     |
| Office of Ombuds   | (513) 556-5956                                     |
| Office of Provost  | (513) 556-2588                                     |
| On-Campus Confidential Counseling <ul style="list-style-type: none"> <li>• Blue Ash</li> <li>• Clermont</li> <li>• Clifton (CAPS)</li> </ul> | (513) 745-5670<br>(513) 732-5263<br>(513) 556-0648 |
| Student Wellness Center  | (513) 556-6124                                     |
| Title IX Office  | (513) 556-3349                                     |
| University Health Services <ul style="list-style-type: none"> <li>• Uptown Campus</li> <li>• Medical Campus</li> </ul>                       | (513) 556-2564<br>(513) 584-4457                   |
| Veterans Services <ul style="list-style-type: none"> <li>• Blue Ash</li> <li>• Clermont</li> <li>• Clifton</li> </ul>                        | (513) 745-5787<br>(513) 558-5358<br>(513) 556-6811 |
| Victim Services (UC Police Department)   | (513) 556-4905                                     |
| Women's Center   | (513) 556-4401                                     |